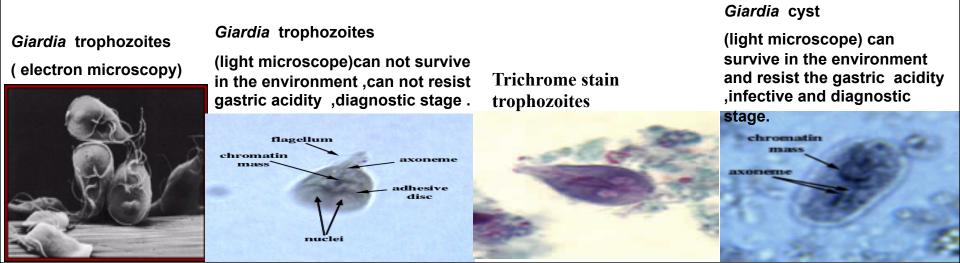
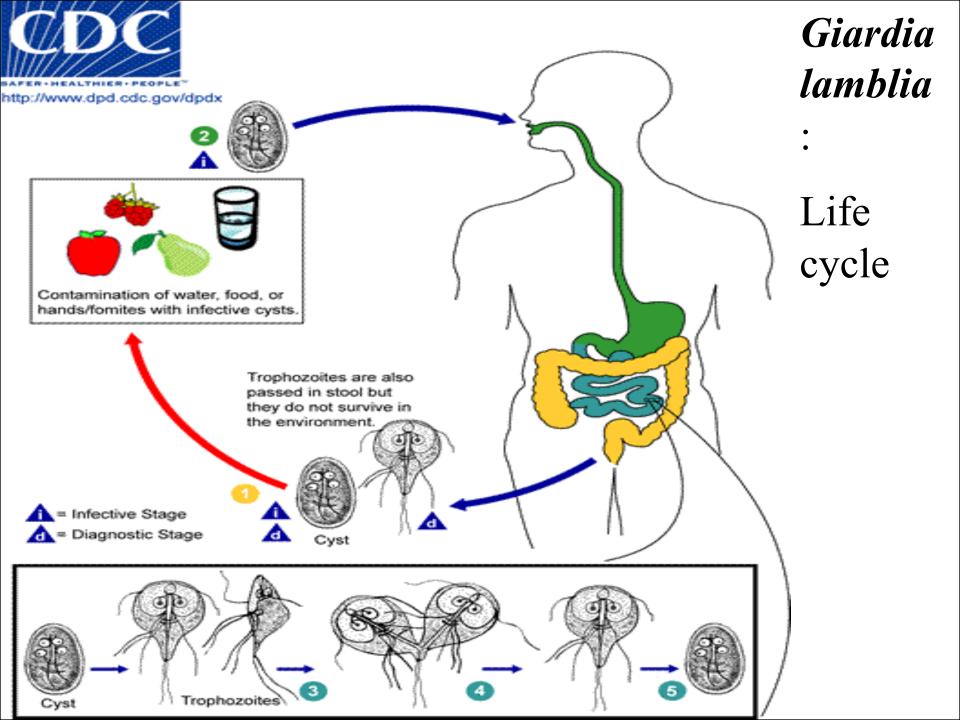


## Intestinal Protozoa

#### **DR: MONA BADR**

**<u>Giardia. lamblia</u>** is a protozoan parasite capable of causing sporadic or epidemic diarrheal illness. Giardiasis is an important cause of waterborne and foodborne disease, daycare center outbreaks, and illness in international travelers, Giardiasis is especially common in areas with poor sanitary conditions and limited water-treatment facilities, Water is a major source of giardiasis transmission





### *Giardia lamblia* : Life cycle

*Giardia* species have two forms: **cysts** & **trophozoites**. Cysts are the *infectious stage* of the parasite; they are excreted in stool . Following cyst ingestion, excystation occurs in the small intestine with release of trophozoites.

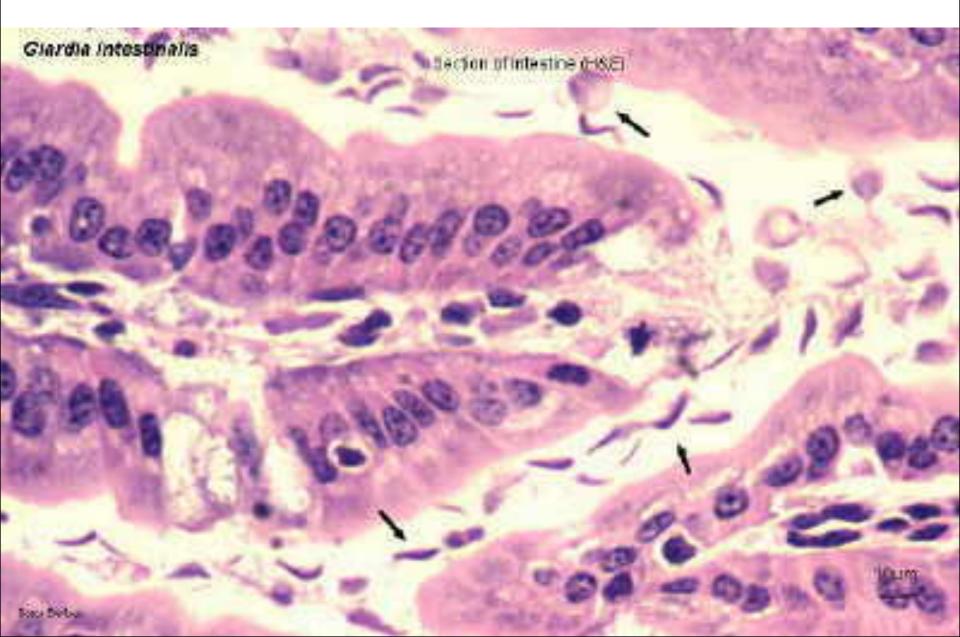
Trophozoites are pear-shaped, bi-nucleate, multi-flagellated parasite forms capable of division by binary fission. Following cyst ingestion, infections have an incubation of a week or more before symptoms of acute giardiasis may develop.

Trophozoites are localize to the small intestine, trophozoite attachment to the mucosal surface of the duodenum and jejunum, although the trophozoite does not invade the mucosal epithelium.

**Clinical manifestation:** It is mainly asymptomatic infection occurs in both children and adults, and asymptomatic cyst&trophozoits shedding can last six months or more, however, If symptoms occur will be as diarrhea, malaise, abdominal cramps, flatulence, weight loss & vomiting .

**Complications** : In a small number of patients, persistent infection is associated with development of malabsorption and weight loss ,Chronic giardiasis may affect growth and development in children .

#### Giardia trophozoites in tissue section



## Giardiasis: diagnosis& treatment

- Stools examination :
  - Microscopy for cysts & trophozoits
- Antigen detection assays a number of immunoassays using antibodies against cysts or trophozoites antigens have been developed for stool analysis. **Examination of duodenal contents :** look for trophozoites. **Tteatment : Drug of choice is Metronidazole**

## **Intestinal Amoebae**

	Entamoeba coli	Endolimax nana	lodamoeba bütschlii	Dientamoeba fragilis	Enfamoeba histolytica	Entarnoeba dispar	Entamoeba hartmannii
Cyloplasm inclusions	With haematoxylin, stains bluish-grey Stain black except glycogen as clear area				RBCs also stain black	Loon of particular	
Nuclear characteristics	Ð		0	۲	F	B	S
Membrane	Thick	Thin	Thick	Very delicate		Delicate	
Chromatin on membrane	Coarse	None	Sometimes granular	None	-	Fine granules	
Karyosome	Coarse, generally eccentric	Large irregular	Large lateral	Central granules		Small central	
Fibril network	May be chromalin particles	No chromatin	No chromatin	Delicate fibrils		Not often seen	
Pathogenicity	Harmless commensal	Harmless commensal	Harmless commensal	Disputed	Invasive	Harmless commensal Non-invasive	Harmless commensa Non-invasiv

#### ENTAMOEBA HISTOLYTICA...

500 million people worldwide are infected. 100,000 deaths per year. It is a waterborne infection.

There are 6 species of *Entamoeba:* 

# **E.Histolytica** amoebae that are pathogenic& invasive.

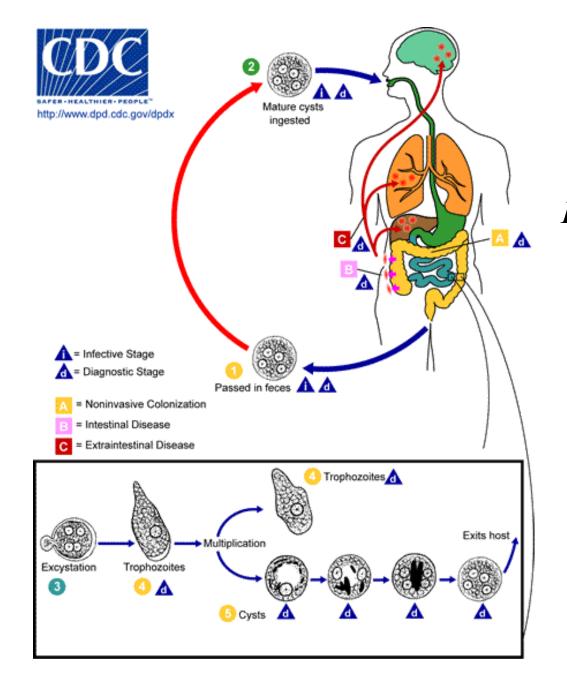
**E.dispar** is non invasive form ,but can't be distinguish by microscopic observation.

E.coli

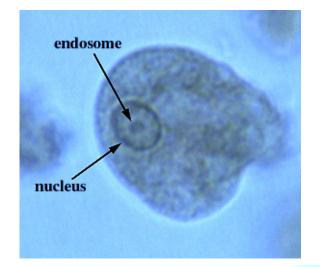
E.gingivalis

**Amebiasis** occurs worldwide; the prevalence is increased in developing countries because of poor socioeconomic conditions and sanitation levels. The parasite exists in two forms, a cyst stage (the infective form) and a **trophozoite stage** which causes invasive disease. The cysts pass through the stomach to the small intestine, where they excyst to form trophozoites. The trophozoites can invade and penetrate the mucous barrier of the colon, causing tissue destruction colitis and increased intestinal secretion and can thereby ultimately lead to bloody diarrhea.

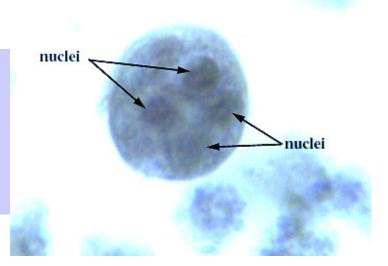
**Clinical manifestation:** The majority of entamoeba infections are **asymptomatic**, some have Symptoms which range from mild diarrhea to severe **amebic dysentery( abdominal pain , bloody diarrhea and mucus in stools) &fulminant amebic colitis.** Weight loss occurs in about half of patients, and fever can occur . **Fulminant colitis** with **bowel necrosis** leading to **perforation**, and peritonitis has been observed in approximately 0.5 percent of cases; associated mortality rate is more than 40 percent.



Trophozoite: vegetative stage, must encyst to survive in the environment. It is a fragile structure.



Cyst: infective stage. Resist to the harsh conditions of the environment.



Entamoeba histolytica Mode of transmission: fecal oral rout

Water, food

Flies can act as vector.

Can be sexually transmitted person to person contacts(homosexual)

Not a zoonosis

The infective dose can be as little as 1 cyst (very virulent).

The incubation period can be from few days to few weeks depending on the infective dose

Cysts can survive for weeks at appropriate temperature and humidity





E. histolytica



#### PATHOLOGY

Intsetinal amoebiasis :

Remarkable and unique ability to produce **enzymes** that lyse host issues.

Lesions are found mainly in the **colon**.

They may heal.

Or it may cause **<u>serious</u>** complications :

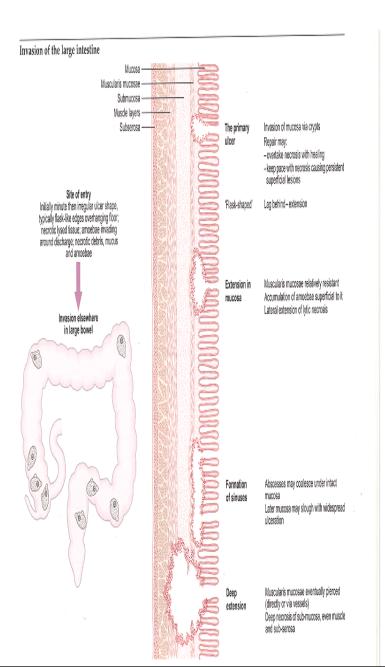
•Perforation of the colon.

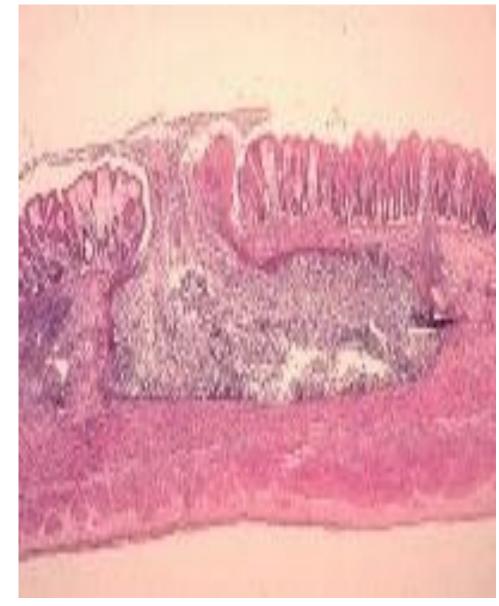
• Amoeboma : Granulomatous mass obstructing the bowel

 Blood invasion; Amoebic liver abscess , lung, brain

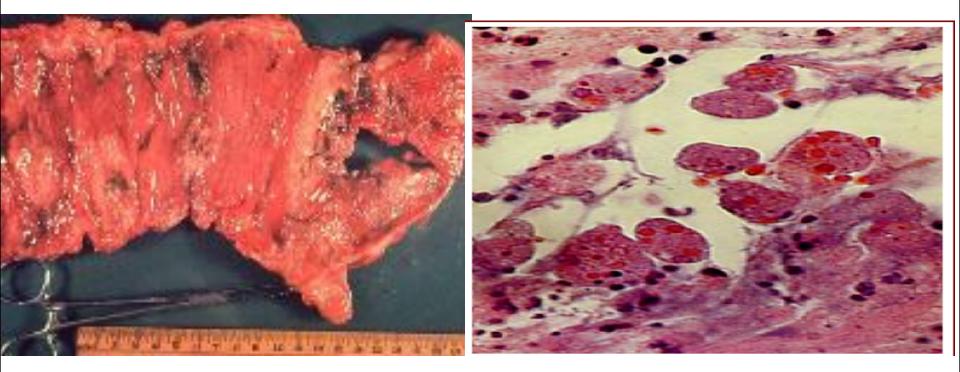
Direct extension

#### PATHOLOGY: Intsetinal amoebiasis :





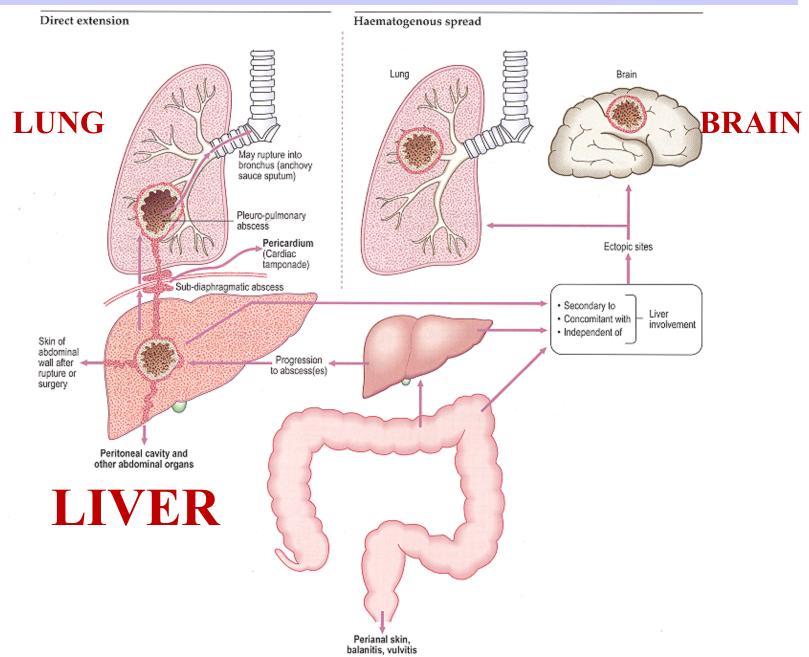
#### **PATHOLOGY** : Intsetinal amoebiasis

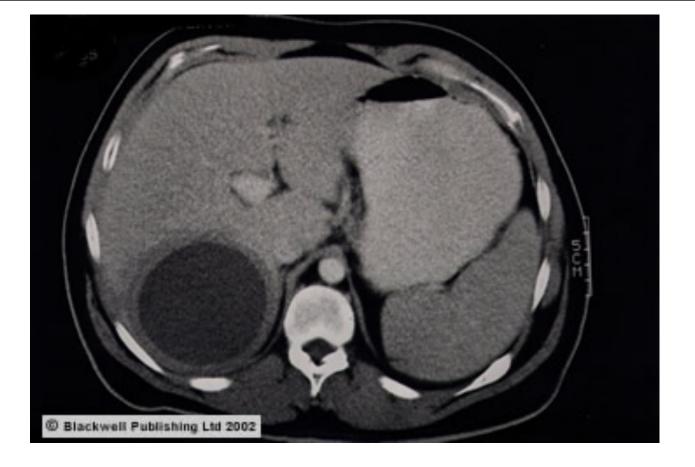


*E. Histolytica* in mucosa.

Numerous trophozoites can be seen with ingested erythrocytes.

#### PATHOLOGY: Extra-intsetinal amoebiasis :



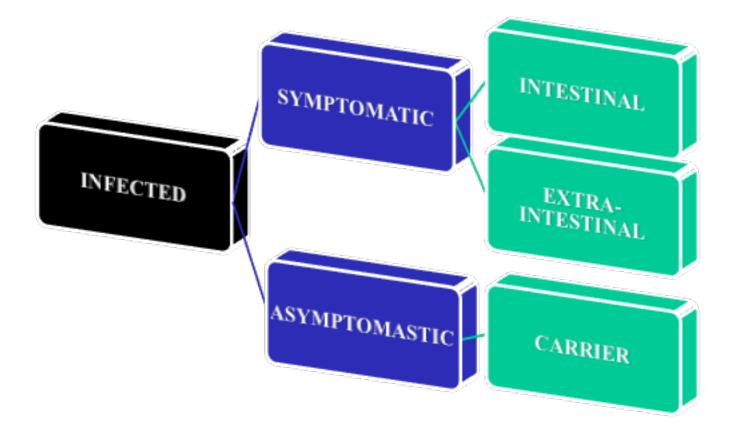


A 30-year-old male experienced diarrhea for two weeks with fever of  $39^{\circ}$  C, nausea, vomiting, malaise **and right upper abdominal pain.** Physical examination revealed hepatomegaly 6 cm below the right costal margin. CT scan showed a single hypodense mass in the right lobe of 7.8 x 5.2 cm, round, with well defined borders. Serology was positive for Enamoeba histolytica at 1/512.

## Amebic liver abscess was diagnosed.

#### THE CLINICAL OUTCOMES OF INFECTION WITH

## Entamoeba histolytica



## Laboratory Diagnosis of Amoebiasis

- Diagnostic techniques include microscopy, antigen detection(serology), molecular, and colonoscopy with histological examination.
  - <u>Stools examination(Microscopy) :</u>
    - Wet mount ( cysts and trophozoites)
    - Concentration methods ( only cysts)
  - <u>Serology antigen detection</u> (mainly for invasive infections): IHA, ELISA.
  - <u>Molecular</u> Detection of parasitic DNA or RNA in feces via probes can also be used to diagnose amebic infection and to differentiate between the different strains.

#### • Extra-intestinal:

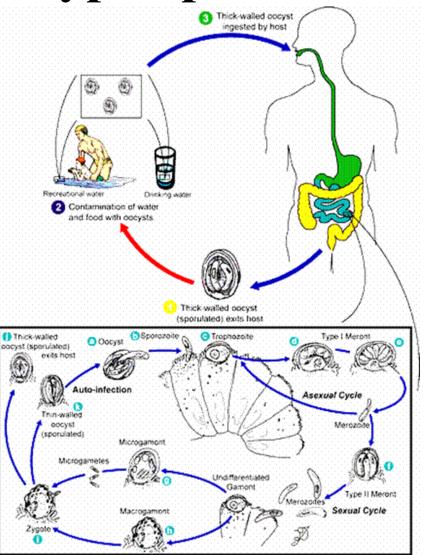
- Serology: IHA, ELISA
- Surgical aspirate (not done as a diagnostic procedure due to risk of extension) trophozoite
- Sigmoidoscopy and/or colonoscopy and taking biopsy : trophozoite.

## Main Drugs for Treatment of Amoebiasis

### • Intestinal :

- Asympromatic (cysts only): diloxanide furoate (Furamide)
- Symptomatic(cysts and trophozoites): metronidazole
- Extra-intestinal:
  - Metronidazole

## **Cryptosporidium Parvum**



## **Cryptosporidium**

• **Cryptosporidium** is an intracellular protozoan parasite that is associated with self-limited diarrhea in normal immunocompetent hosts and severe debilitating diarrhea with weight loss and malabsorption in HIV-infected patients.

The diagnosis of cryptosporidiosis is generally based upon microscopy since *Cryptosporidium* species **cannot be cultivated in vitro.** 

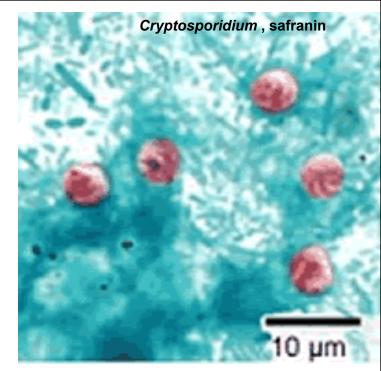
Transmission of cryptosporidiosis occurs via spread from an infected person or animal, by fecal oral rout. ,Contaminated environment, such as a food or water source.

## **Cryptosporidium Diagnosis**

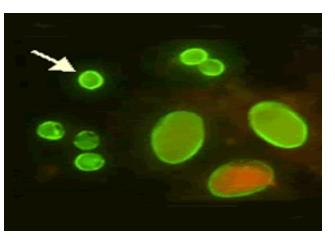
From stool The diagnosis of cryptosporidiosis is made by finding OOCYSTS in fecal smears when using modified acid –fast stain(ZN) And by Antigen detection by using ELIZA,IF.

<u>From duodenal aspirates, bile</u> <u>secretions& biopsy specimens from</u> <u>affected gastrointestinal tissue</u> also we can do polymerase chain reaction(PCR), or enzyme immunoassays(ELIZA) & IF.

> IMMUONOFLOURECENT IF



<u>Cryptosporidium</u>, modified acid-fast stain ZN.



## CryptosporidiosisTreatment

- Self-limited in immunocompetent patients
- In AIDS patients : paromomycin



## **Resources on Parasitology**

Centre for Disease Control and Prevention (CDC) :

#### http://www.dpd.cdc.gov/DPDx/HTML/Para\_Health.htm

