

SALMONELLA & SHIGELLA

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Objectives

- 1- Develop an algorithm using biochemical tests to identify and classify *Salmonella* and *Shigella*
- 2- Describe the antigenic structures and virulence factors of *Salmonella* and *Shigella*
- **3-** Compare the pathogenesis of various species of *Salmonella* and *Shigella*
- **4-**Describe the clinical features and risk factors for the infection with the two organisms
- 5- Describe the general concepts for the management of gastroenteritis caused by both organisms.

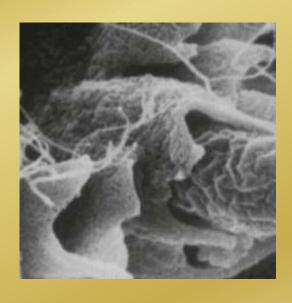
Salmonella

Salmonella

- > Gram negative ,motile ,facultative anaerobic bacilli
- > Non lactose fermenting colonies
- Highest during the rainy season in tropical climates and during the warmer months in temperate climates.

VIRULENCE FACTORS

- Fimbria Adherence
- Endocytosis
 - **SPI 1 T3SS**
 - TLR
- Replication in microphage
- Enterotoxin



Classification

Two species of Salmonella:

- > S.enterica (six subspecies I, II, III, IV, V, VI)
- > S.borgori (rare)

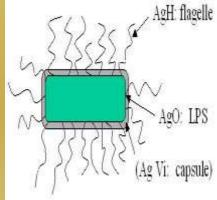
Found in cold blooded animal, birds, rodents, turtles, snakes and fish

SALMONELLA SPECIES AND SUBSPECIES	NO. OF SEROTYPES WITHIN SUBSPECIES	USUAL HABITAT
S. enterica subsp. enterica (I)	1504	Warm-blooded animals
S. enterica subsp. salmae(II)	502	Cold-blooded animals and the environment*
S. enterica subsp. arizonae (IIIa)	95	Cold-blooded animals and the environment*
S. enterica subsp. diarizonae (IIIb)	333	Cold-blooded animals and the environment*
S. enterica subsp. houtenae (IV)	72	Cold-blooded animals and the environment*
S. enterica subsp. indica(VI)	13	Cold-blooded animals and the environment*
S. bongori (V)	22	Cold-blooded animals and the environment*
Total	2541	

Antigenic structures

- O. Somatic antigen
- H. Flagellar antigen
- K. Capsular antigen

- V_I in Salmonella serotype typhi (virulence heat-labile capsular homopolymer of N-acetylgalactosamino-uronic acid) vs phagocytosis
- O Antigen (Heat stable) is lipopolysaccharide in the outer
 - membrane A,B,C1,C2,D,E
- Hantigen (Heat labile)



Clinical diseases

- Acute gastroenteritis
- Typhoid fever
- Nontyphoidal bacteremia
- **□** Carrier state following Salmonella infection

Source

- * Water, food and milk contaminated with human or animal excreta.
- * S.typhi and S.paratyphi: the source is human.

Salmonella gastroenteritis

- Food poisoning through contaminated food
- * S. enterica subsp. enterica the common cause
- Source :poultry, milk, egg & egg products and handling pets
- **❖** Infective dose: 10⁶ bacteria
- Incubation period: 8 36 hrs.
- fever, chills, watery diarrhea and abdominal pain. Self limiting.
- * In sickle cell, hemolytic disorders, ulcerative colitis, elderly or very young patients; the infection may be very severe.
- * Patients at high risk for dissemination and antimicrobial therapy is indicated.

Enteric fever (Typhoid fever)

- Prolonged fever
- Bacteremia
- > Involvement of the reticulo endothelial system (liver, spleen, intestines and mesentery)
- Dissemination to multiple organs
- Ingestion of contaminated food by infected or carrier individual
- Caused by Salmonella serotype typhi or S. paratyphi A, B and C (less severe)
- > Common in tropical, subtropical countries, and travelers (sewage, poor sanitation).
- > IP: 9 14 days.

- **First week:** fever, malaise, anorexia, myalgia and a continuous dull frontal headache then,
- Patient develops constipation
- ❖ Mesenteric lymph node → blood stream liver, spleen and bone marrow
- * Engulfment of Salmonella by mononuclear phagocytes.
- Bacteria released into the blood stream again and can lead to high fever. Blood culture is positive.

2nd and 3rd week

- Sustained fever & prolonged bacteremia.
- Invade gallbladder and Payer's patches
- * Rose spots 2nd week of fever
- ⇒ Billiary tract → GIT
- * Organism isolated from stool.

Management & Antibiotics

Enteric fever:

- Ceftriaxone
- Ciprofloxacin
- **□** Trimelhoprim Sulfamethoxazole
- Ampicillin
- Azithromycin or Ceftriaxone for patients from India and SE Asia due to strains resistant to Ciprofloxacin. Ciprofloxacin can be used for patients from other areas.

Salmonella gastroenteritis:

 Uncomplicated cases require fluid and electrolyte replacement <u>only</u>.

COMPLICATIONS

- Necrotizing cholecystitis
- Bowel hemorrhage and perforation
- Pneumonia and thrombophlebitis
- Meningitis, osteomyelitis, endocarditis and abscesses.

Shigella

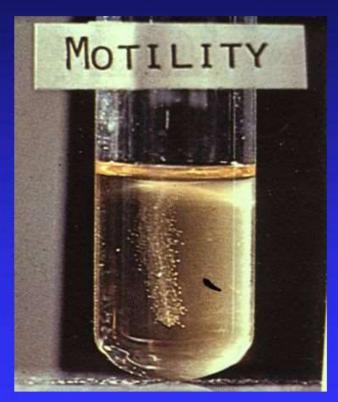
- Shigella is non lactose fermenting Gram negative bacteria.
- Cause bacillary dysentery (blood, mucus and pus in the stool)

ANTIGENIC STRUCTURES

- Shigella has 4 species and 4 major
 O antigen groups:
- All have O antigens, some serotypes has K antigen (heat labile removed by boiling)
- Shigella are non motile, lack H antigen

Shigella on MacConkey Agar





Non-lactose fermenter

Non-motile

CLINICAL INFECTION

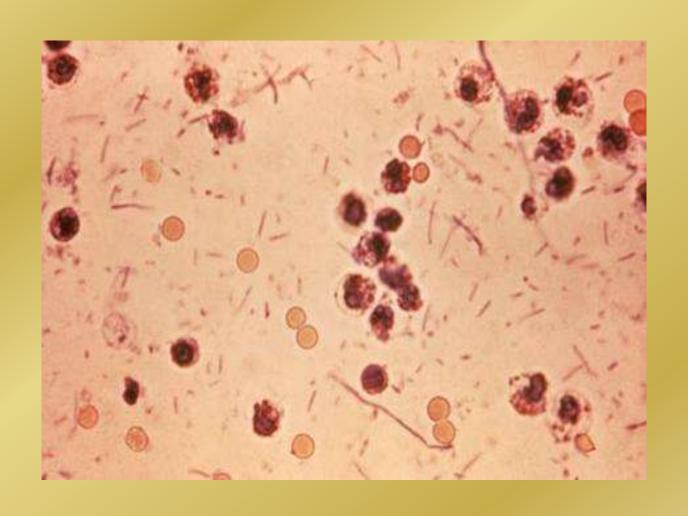
- **□** *S. sonnei* (group D1) most predominant in USA (fever, watery diarrhea)
- S. flexneri (group B15) 2nd most common
- Young adult (man who have sex with man)
- S. dysenteriae (group A 6) and S. boydii (group C 20) are most common isolates in developing countries
- *S. dysenteriae* type 1 associated with morbidity and mortality.
- Human is the only reservoir

- > Person to person through fecal -oral route.
- > Flies, fingers (have a role in spread).
- > Food and water.
- Young children in daycare, people in crowded area and anal oral sex in developed countries.
- ➤ Low infective dose < 200 bacilli
- Penetrate epithelial cells ,leads to local inflammation, shedding of intestinal lining and ulcer formation.

SYMPTOMS

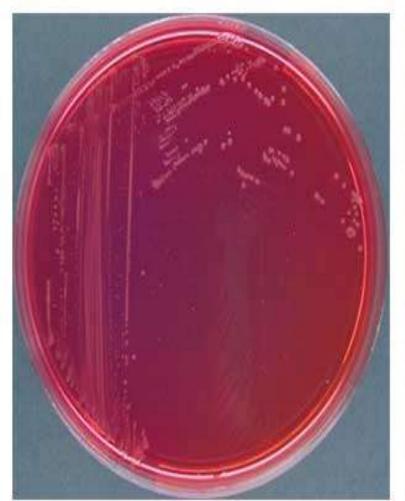
- High fever, chill, abdominal cramp and pain accompanied by tenesmus, bloody stool with mucus & leukocytes.
- Incubation period : 24 48 hrs
- Can lead to rectal prolapsed in children
- Complications: ileus, obstruction dilatation and toxic mega colon
- Bacteremia in 4 % of severely ill patient
- Seizures, HUS

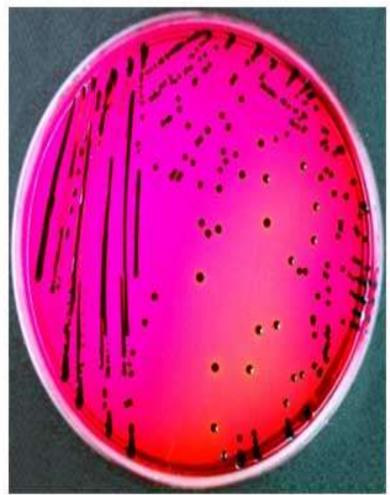
DYSENTRY STOOL



Laboratory diagnosis of Salmonella & Shigella from stool

- -Both are Gram negative bacilli
- -Culture on selective media (*Salmonella* produce black colonies due to H2S)
- -Biochemical tests
- -Motility test
- -Serology for serotypes.





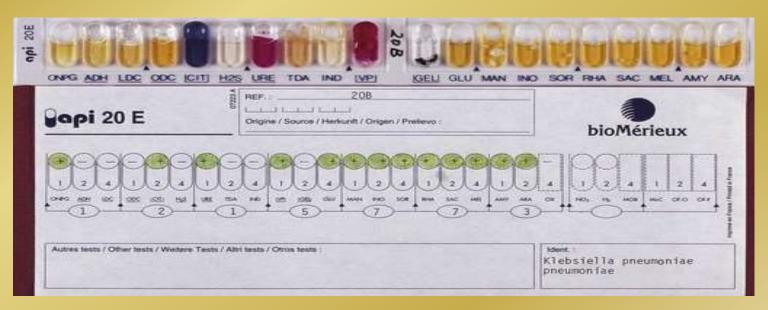
Shigella on XLD.

Salmonella on XLD.

Image Source: Faculty of Health and Medical Sciences - University of Copenhagen, Denmark

BIOCHEMICAL TESTS

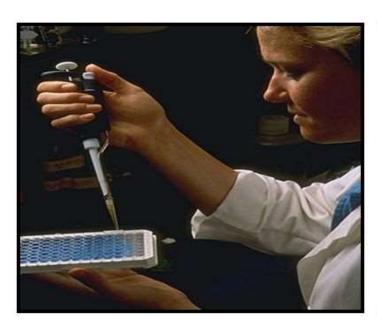




Serology



Usually in *Salmonella*, *Shigella* and *E.coli* the final detection is by serotyping using agglutination Ag+Ab test.





Diagnosis

- Stool culture on selective selenite enrichment broth media, MAC, SS and XLD, HEA, BS
- Sero-grouping based on O and H antigen
- Sereny test



TREATMENT

Antibiotics used to reduce duration of illness

Ampicillin, IV ceftriaxone, oral TMP-SMX,
 Ciprofloxacin or Azithromycin

References

Ryan, Kenneth J.. Sherris Medical Microbiology, Seventh Edition. McGraw-Hill Education.

- Intestinal flora, part of chapter 1
- Enteric infections and food poisoning, part of the chapter on Infectious Diseases.
- -Typhoid fever
- Dysentry