# **Medical Genetics**

## Klinefelter, Turner & Down Syndrome

**Reproductive Block, 2020** 

# Lecture Objectives:

#### By the end of this lecture, the students should be able to:

- Describe cell cycle and stages of Mitosis and Meiosis
- Define nondisjunction and describe its consequences for meiosis and mitosis.
- Classify chromosomal abnormalities
- Understand the common numerical chromosomal disorders: monosomy and trisomy
- Understand the common numerical autosomal & sex chromosome disorders: Down, Turner & Klinefelter syndromes

### The cell cycle

Cellular components are replicated = **Interphase** 

Cell distributes its contents into two

daughter cells = Mitosis

**G1 and G 2** = cell duplicates specific molecules and structures

**S phase** = cell replicates DNA



#### **Stages of Mitosis & Meiosis**

#### Mitosis in a human cell



#### **Stages of Mitosis & Meiosis**

#### **Stages of Meiosis**

#### **Meiosis** I



#### **Stages of Mitosis & Meiosis**

#### **Stages of Meiosis**

#### **Meiosis II**



#### **Comparison of Mitosis and Meiosis**

lls
urity
ing

# Summary of the chromosome and chromatid number during Mitosis, MeiosisI & II in humans:

Phase (Mitosis)	# Chromosomes	# Chromatids
Prophase	46	92
Metaphase	46	92
Anaphase	92	92
Telophase	92	92
End of Mitosis (separated cells)	46	46
Phase (Meiosis I)	# Chromosomes	# Chromatids
Prophase I	46	92
Metaphase I	46	92
Anaphase I	46	92
Telophase I	46	92
End of Meiosis I (separated cells)	23	46
Phase (Meiosis II)	# Chromosomes	# Chromatids
Prophase II	23	46
Metaphase II	23	46
Anaphase II	46	46
Telophase II	46	46
End of Meiosis II (separated cells)	23	23

### **Nondisjunction in Meiosis**

- Nondisjunction "not coming apart" is the failure of a chromosome pair to separate properly during meiosis 1, or of two chromatids of a chromosome to separate properly during meiosis 2 or mitosis.
- Can affect each pair of chromosomes
- ✤ Is not a rare event
- As a result, one daughter cell has two chromosomes or two chromatids, and the other has none.
- The result of this error is a cell with an imbalance of chromosomes (Aneuploidy)

**MEIOSIS** 

#### **MITOSIS**





# Aneuploidy

### Autosomal

Trisomy 21 (Down syndrome)

Sex chromosome 47XXY (Klinefelter syndrome) 45X (Turner syndrome)



### **Down Syndrome**





## **Down Syndrome**

 Three copies of chromosome 21





### Down syndrome, trisomy 21 Karyotype: 47,XY,+21

- Most cases arise from nondisjunction restricted to meiotic errors in the egg
- Mothers are the source of the extra chromosome in the majority of cases.
- advanced maternal age was significantly associated with both meiosis I (MI) and meiosis II (MII)
- nondisjunction occurred in MII, mothers were 15.1 times more likely to be ≥40 years compared to 8.5 times of nondisjunction in MI
- A small proportion of cases are mosaic and these probably arise from a nondisjunction event in an early zygotic division = mitotic

### **Down Syndrome**



The incidence of trisomy 21 rises sharply with increasing maternal age

#### Meiosis II oöcytes from younger and older women









## **Features of Down Syndrome**

- Low muscle tone = loose and floppy side
- Head and facial malformations: (Small round face, protruding tongue = Sticks to the mouth floor)
- Abnormalities of the extremities: (Short and broad hands, Stubby fingers), single deep crease across the center of the palm
- Developmental delays (mental retardation)
- Heart malformations
- Impotency in males = Inability to sustain an erection sufficient for sexual intercourse or the inability to ejaculate
- Life expectancy increased from 25 in 1983 to 60 today

# Sex chromosome imbalance is much less deleterious

### **1.Klinefelter Syndrome (47,XXY)**

**2.47,XYY Syndrome** (May be without any symptoms. Males are tall but normally proportioned. 10 - 15 points reduction in IQ compared to sibs)

**3.Trisomy X (47,XXX) females:** (It seems to do little harm, individuals are fertile and do not transmit the extra chromosome. They do have a reduction in IQ comparable to that of Klinfelter males)

4.Turner Syndrome (45,X and variants)

Turner syndrome (Monosomy X: 45, XO) and variants





# **Turner Syndrome**

- Monosomy of sex chromosome: (Monosomy X: 45, XO) i.e. only one X chromosome is present.
- Occurrence 1 in 2500 live female births
- The only viable monosomy in humans
- Individuals are genetically female, not mature sexually and sterile

# **Features of Turner Syndrome**

- Short stature, Broad chest, Low hairline
- Neck abnormalities (webbed neck)
- Skeletal disorders (e.g. scoliosis, dislocated hips/elbows)
- Lack of ovarian development (Streak ovaries)
- Increased risk of osteoporosis, cardiovascular anomalies
  e.g. constriction of aorta and hypertension
- No developmental delays, Normal intelligence
- Normal life span

# **XO – Turner Syndrome**





96-98% do not survive to birth



swollen feet

Foundation, all rights reserved

# Features of Turner Syndrome,

Continued...

Cardiovascular **Bicuspid aortic valve** Coarctation of aorta Thoracic aortic aneurysm (aortic root dilatation) Skeletal Short stature Short 4<sup>th</sup> metacarpal/metatarsal bone  $(\pm \text{ short } 3^{\text{rd}} \text{ and } 5^{\text{th}})$ Osteoporosis (due to lack of estrogen) Scoliosis **Reproductive** Women with Turner syndrome are almost universally infertile

### **Klinefelter Syndrome**





Brown spots (nevi)





### **Klinefelter Syndrome**

#### 1 in 1,100 births

**47 chromosomes** 

47, XXY



### Klinefelter Syndrome: 47,XXY males



: Photograph showing development of gynecomastia in a old male after 2 months of isoniazid containing Category ATT



### Features of Klinefelter Syndrome

- Tall
- Sexually underdeveloped & infertile\* (no spermatogenesis)
- Sparse facial and body hair
- Delays in speech and motor skills
- Deficits in attention, auditory processing and social skills.
- Low mental ability (slight reduction in IQ, but usually normal intelligence)

\* In some cases testicular function is preserved

### Features of Klinefelter Syndrome, continued...

- Longer fingers and arms
- Delicate skin
- Gynaecomastia and other feminine body characteristic
- Increased risk of autoimmune disorders, breast cancer, osteoporosis, leg ulcers, depression, and dental problems
- Normal life span
- Very rarely more extreme forms of Klinefelter syndrome occur where the patient has 48, XXXY or even 49, XXXXY karyotype. These individuals are generally severely retarded.
- Treatment includes testosterone therapy and assisted learning

### When to do a chromosomal test

- Prenatal:
- Maternal age>37yrs;
- Ultrasound scan (USS) changes
- Triple test:
- measuring the alpha fetoprotein (AFP) = detect the vast majority of neural tube defects and and a small portion of trisomy 21–affected pregnancies
- human chorionic gonadotropin (hCG), and estriol: if positive it indicates an increased risk of trisomy 21 and 18

#### • Postnatal:

Learning & developmental disability; growth retardation

#### • Infertility:

Recurrent miscarriage, primary infertility

### Rapid Aneuploidy Screening by Fluorescence in situ hybridization (FISH)

- Available on amniocentesis sample
- Uncultured amniocytes
- FISH probes for X,Y, 21
- Result in 24-48 hours
- Proceed onto full karyotype (11-14 days)

### **New techniques**

- Quantitative Fluorescence PCR (qf PCR): is able to measure number of copies of a chromosome – used for trisomy screening
- Cell-free fetal DNA from maternal plasma at 6-8 weeks of gestation. It is a non-invasive prenatal diagnostic tool for chromosomal aneuploidy. It can be used to determine the fetus sex–: look for presence of Y chromosome material

# Take home message

- Normal human karyotype is 46,XY or 46,XX
- Chromosome abnormalities can be numerical or structural
- Numerical abnormalities include aneuploidy and polyploidy
- In monosomy or trisomy, a single extra chromosome is absent or present, usually as a result of nondisjunction in the 1<sup>st</sup> or 2<sup>nd</sup> meiotic division
- Structural abnormalities include translocations, inversions, deletions, isochromosome & rings

### **THANK YOU!**