



# 1-Physiology of the eye & Refraction By Prof/Faten zakareia College of medicine King Saud University Physiology Dept

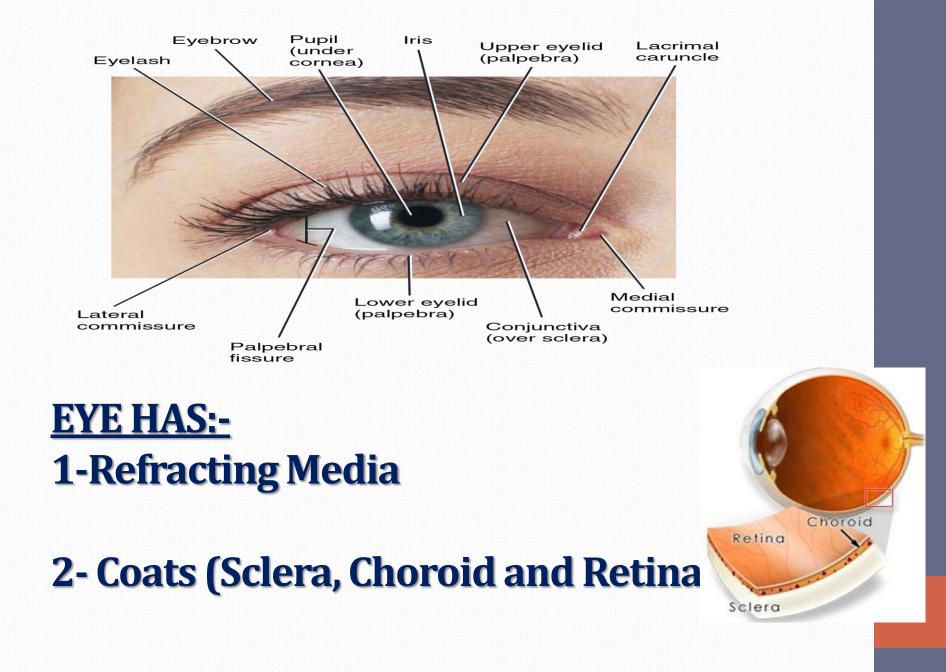
#### **OBJECTIVES:-**

At the end of this lecture, the student should be able to

Describe different components of the eye and function of each -understand the eye protection media

- Describe the refractive media of the eye
- -Know glocuma and binocular vision
- -Know layers of retina, blind spot, and fovea centralis
- -explain the different light sensitivities of the fovea, peripheral retina and optic disk
- -Know principles of optics and errors of refraction
- Light pathway in the eye-
- -<u>Textbook/Guyton & Hall</u>

Reference book/Ganong review of medical physiology

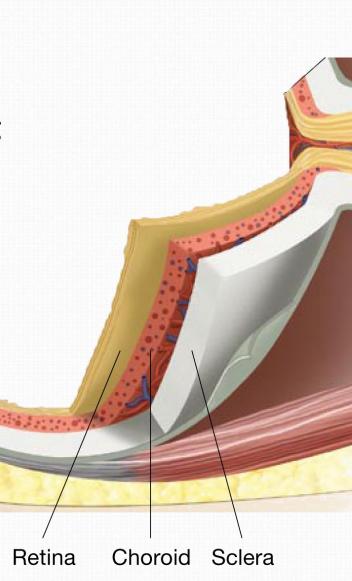


The eye is a fluid-filled sphere enclosed by three specialized tissue layers.

<u>1-the sclera</u> is a tough outer covering of connective tissue.

2-the middle layer is the <u>choroid</u> containing blood vessels.

3-the <u>retina</u> is the innermost layer which contains light sensitive cells



## 

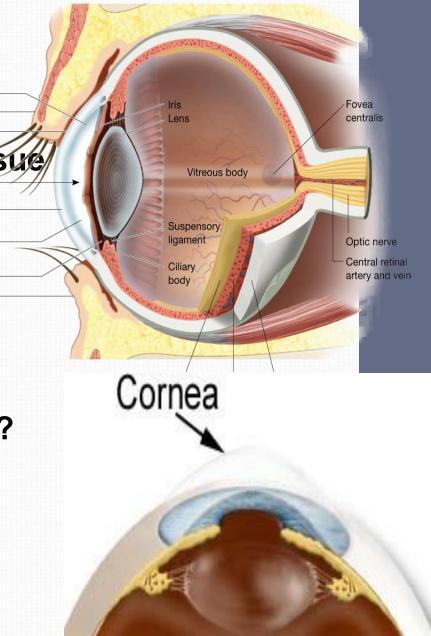
- <u>Sclera (</u> thick ,white fibrous tissue for protection- spherical appearance)

Anterior

Upper lid

Conjunctiva

- 2- cornea (modified ant 1/6 of amber sclera) to allow light to enter the eyes, transparent, avascular.
- Q.From where it gets its nutrition? -A/ Tears& aquous humor
- Refractive or diopteric power 40-45 D at its anterior surface.





# <u>3- conjuctiva</u>

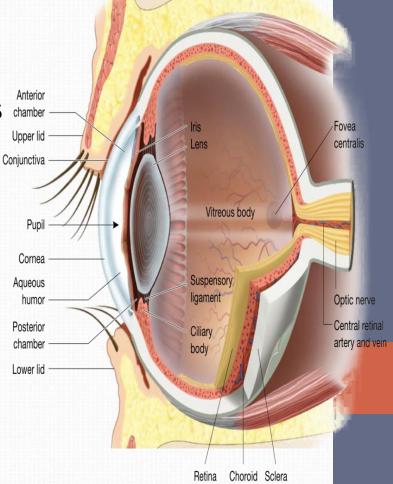
- Transparent membrane cover anterior surface of eye,reflected on inner surface of eye lids
- Covered with thin film of tears for protection, wetness, cleaning

- Middle layer
- <u>1-Choroids</u>

-inside sclera , highly vascular

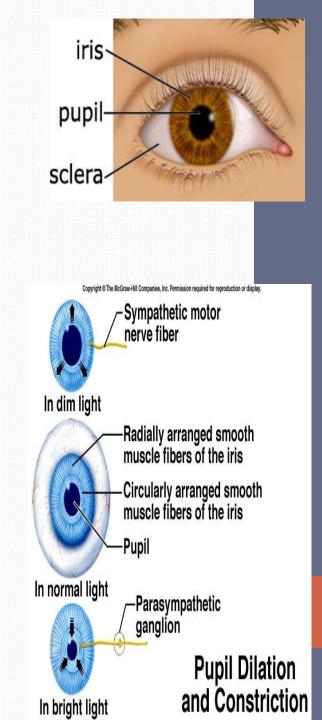
-the capillaries in the choroid are the primary source of nourishment for retinal photoreceptors & oxygen to rods and cones

- post 2/3 of choroid has retina (innermost layer lining) -

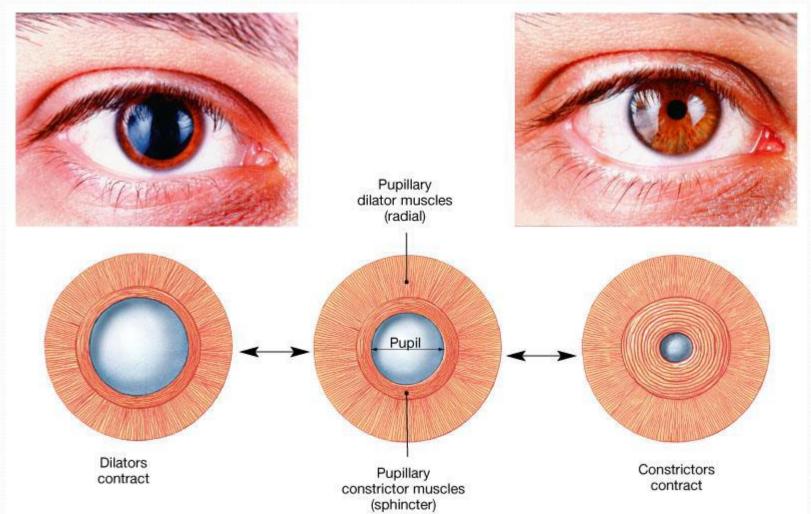


# <u>2-Iris</u>

**Colored part ( has radial muscle** dilates the pupil as in dimlight (supplied by sympathetic) + ( constrictor pupillae(circular muscles constrict the pupil (by parasympathetic), as in bright light 3-pupil / behind center of cornea, control & allow light to enter the eye, appears black because, as you look through the lens, you see the heavily pigmented back of the eye (choroid and retina)



#### The Pupillary Muscles: consists of 🛛 Radial and Circular parts



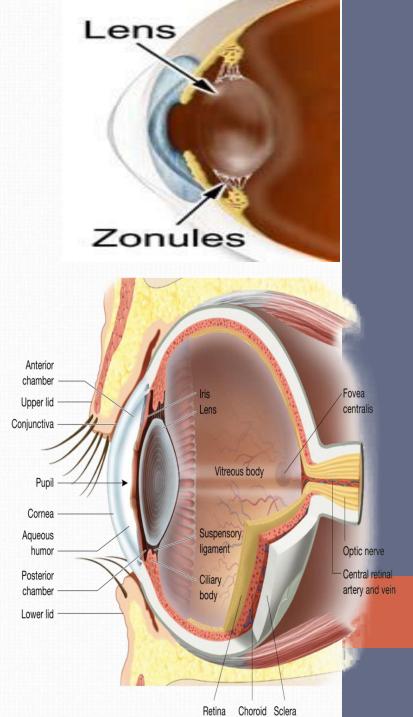
#### -Cilliary muscles (body) Thick ant part of choroid to which

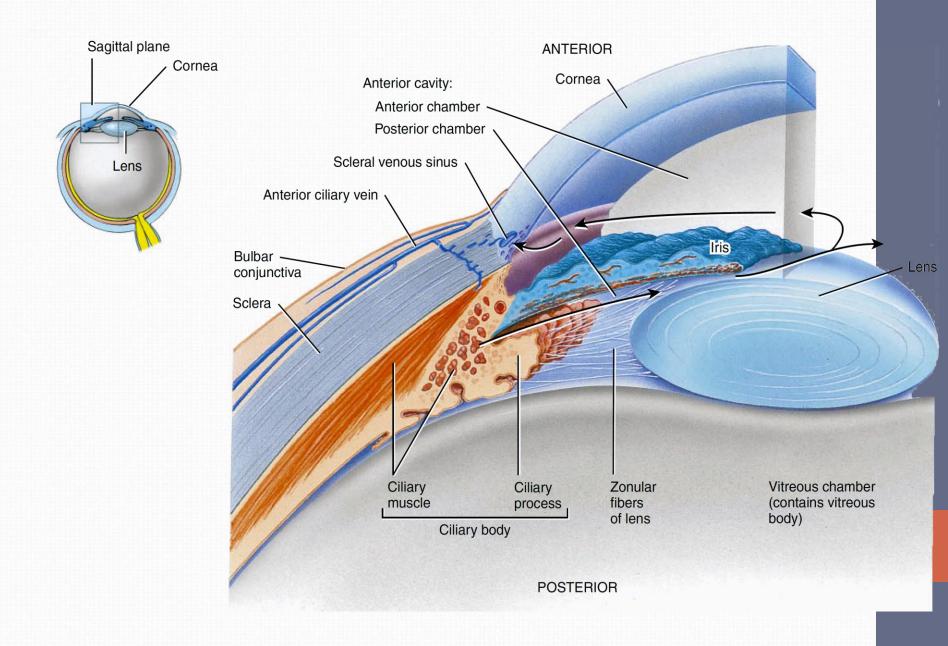
Thick ant part of choroid to which attached suspensory ligaments (zonule) attached to lens)

# - <u>Lens</u>

Transparent, biconvex, semisolid, diopteric power 15-20 D, held in place by zonule =lens ligament=suspensory ligament) attached to ant part of cilliary body within the cells of the lens, proteins called <u>crystallins</u> are arranged like the layers of <u>an onion,this</u> makesup the refractive media of the lens -Lens helps focus images on the retina to facilitate clear vision.

- <u>Uvea</u> = choroid + iris + cilliary muscles



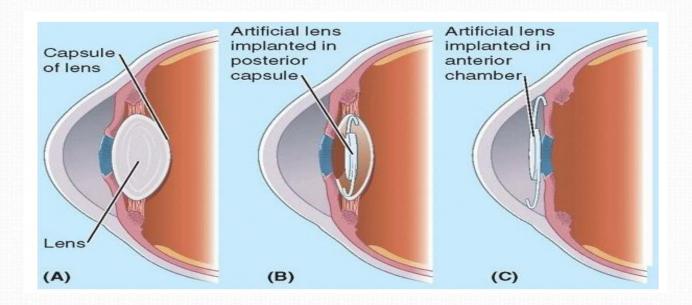


q.what is cataract?

Cataracts" occurs in older people. is a cloudy or opaque area or areas in the lens

- the proteins in some lens fibers coagulate to form opaque areas .

-cataract impairs vision

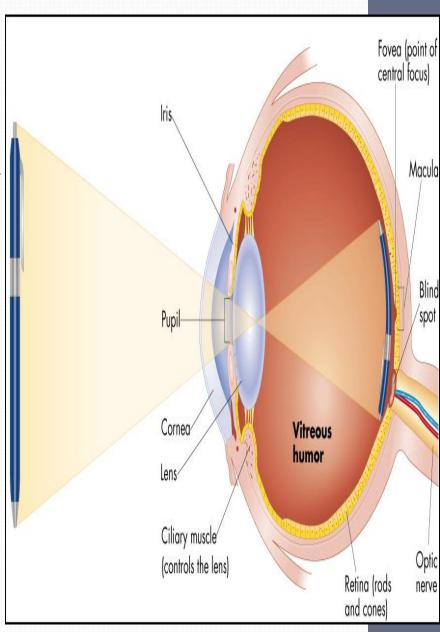


# <u>The Anterior & Posterior</u> <u>Cavities</u>

• The Ciliary Body ,suspensary ligament and lens divide the eye into: • (1) Anterior cavity which contains a fluid called Aqueous Humor (2) Posterior cavity (which contains fluid called Vitreous Humor) Anterior cavity divided by iris into 2 chambers:-

<u>Anterior chamber of the eye</u> \* <u>/</u>Between iris & cornea.

-<u>posterior chamber of the eye</u> / Between iris & cilliary muscles - Iris between both



# **INNERMOST LAYER**

## **RETINA**

#### -Outer pigmented portion ( part ) -Inner neural part , containing

Photoreceptors called Rods and Cones.

1-Photoreceptors (RODS + CONES)

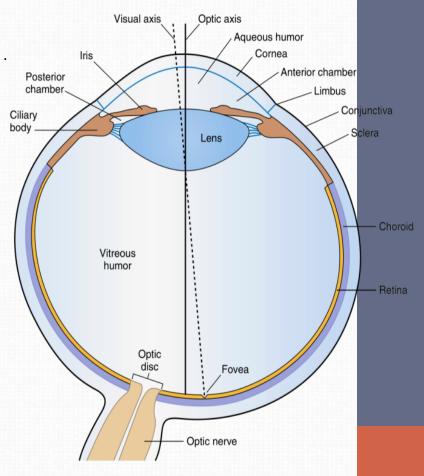
<u>2-OPTIC DISC (blind spot</u>. Why?)

- 3mm medial & above post pole of eye
- optic nerve leave & retinal bld vessles enter
- no photoreceptors so it is blind spot)

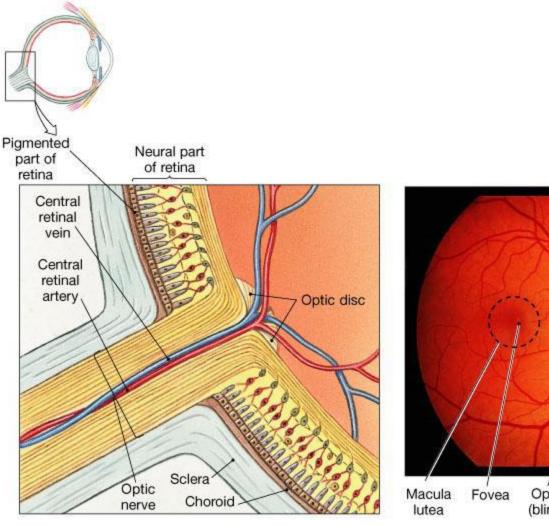
#### 3-FOVEA CENTRALIS :-

-Depression or spot inside macula lutea ,yellow pigmented at post pole of eye

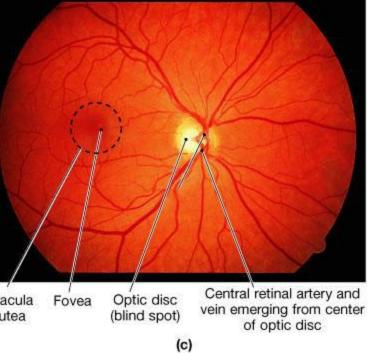
- contains only cones
- -high visual acuity
- -for colors vision & details detection



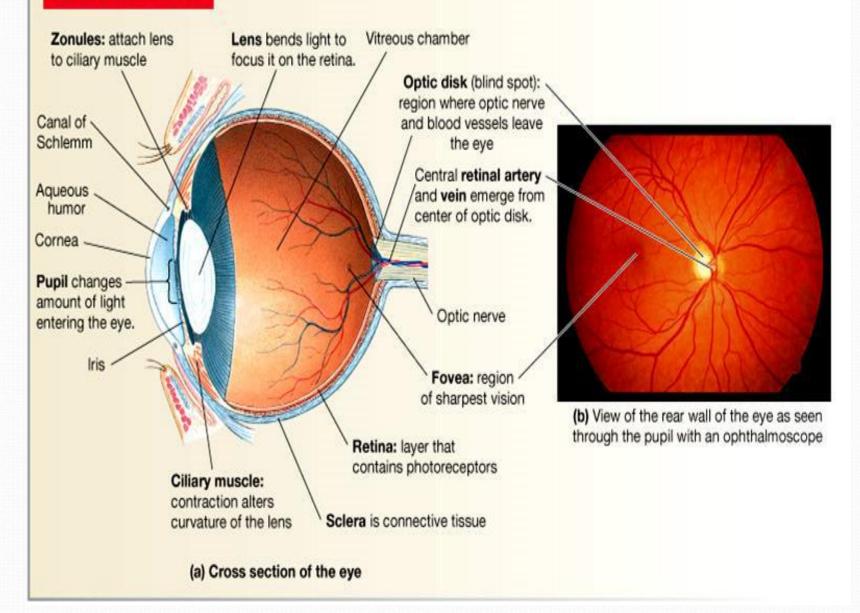
### **Organization of the retina**

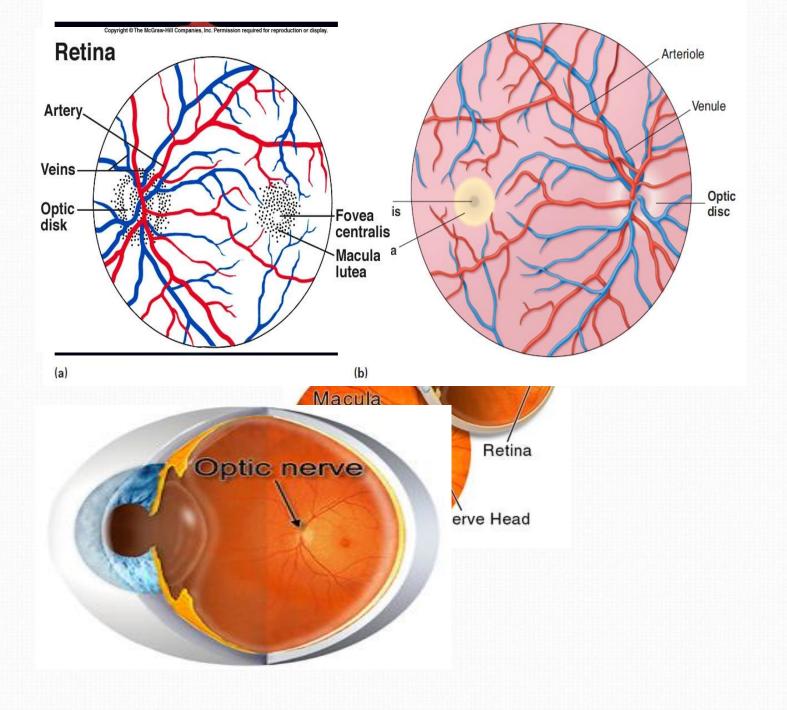


(b)



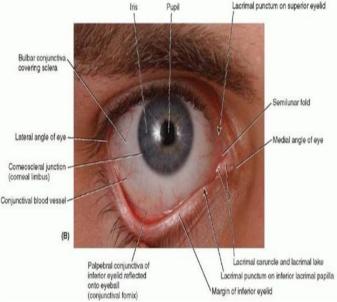
#### STRUCTURE OF THE EYE





# External protection of the eye

1- Bony orbit
2- lids blinking keep cornea moist
3 -Conjuctiva
4-Tears from lacrimal gland has antibacterial, lubricating effect ,keep cornea moist
& clear & provide nutrition
to the cornea)



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# **Lacrimal Apparatus**

Lacrimal gland

Superior and — inferior canaliculi

Lacrimal sac -

Nasolacrimal duct

# <u>Refractive media of the eye:-</u>

1) the interface between air and the anterior surface of the cornea, (2) the interface between the posterior surface of the cornea and the aqueous humor,

(3) the interface between the aqueous humor and the anterior surface of the lens of the eye,

(4) the interface between the posterior surface of the lens and the vitreous humor.

- A total refractive power ABOUT <u>59 -60 diopters</u> when the lens is accommodated for distant vision

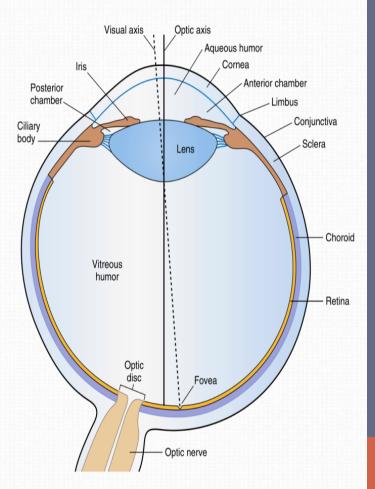
# Refractive media of the

eye:-

# 1-Cornea

- Its diopteric power is <u>40-45 diopter</u> at its anterior surface.

- About <u>two thirds of the 59 -60</u> <u>diopters of refractive power of the</u> eye
- The principal reason for this is that the refractive index of the cornea is markedly different from that of air



#### **2-THE AQUEOUS HUMOUR** -the aqueous humour is a transparent, slightly gelatinous (gel-like) fluid similar to plasma **CILIARY BODY** POSTERIOR **CHAMBER** ANTERIOR-SUSPENSORY CAVITY ANTERIOR LIGAMENT **CHAMBER POSTERIOR CAVITY** IRIS CONTAINING VITREOUS HUMOR FLOW OF AQUEOUS HUMOUR CILIARY BODY INSIDE **CILIARY MUSCLE** CANAL OF SCHLEMM

#### -The aqueous humor

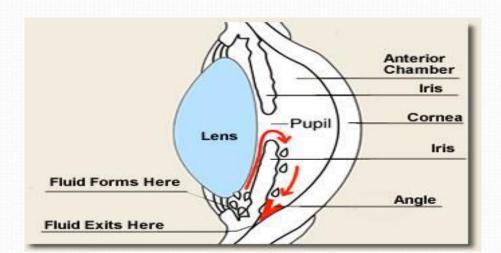
- is continually being formed and reabsorbed.

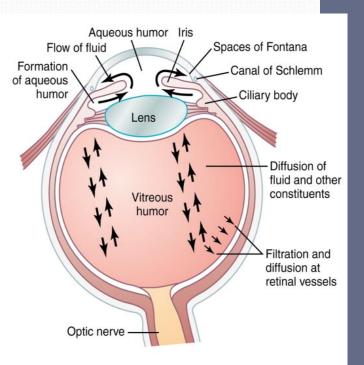
-- nourishes the cornea and iris

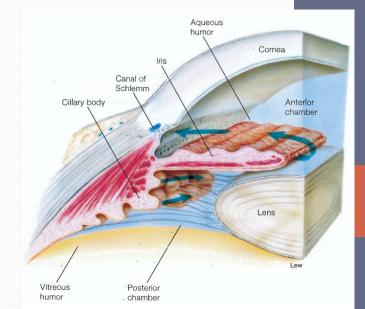
produced in the ciliary body by an active secretion by ciliary processes..
 GO TO → posterior chamber>>> to pupil >>>> ant chamber >>>>drained into canal of Schlemm in anterior chamber angle >>>> into veins
 It causes intra-ocular pressure <u>10-20</u> mmhg

- Obstruction of this outlet leads to increased intraocular pressure , a

critical risk factor for glaucoma





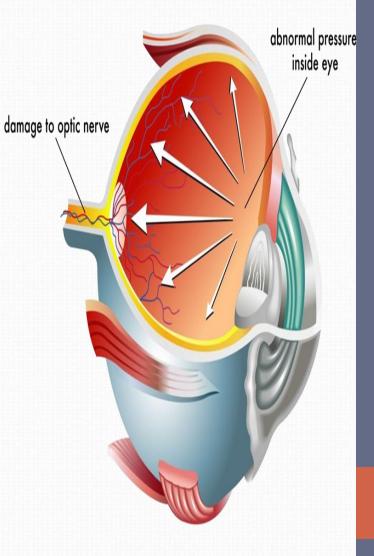


#### GLAUCOMA

## What is glucoma ?

(intraocular pressure more than 20mm Hg)

-obstruction of Aquous humor outlet leads to increased intraocular pressure.
- pushes the lens backwards into vitreous, which pushes against the retina.
- compression causes retinal and optic nerve damage that can cause blindness



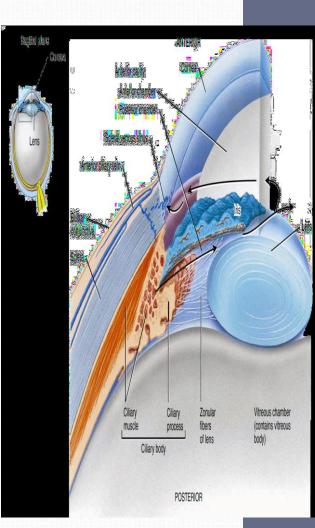
# <u>3-lens:-</u>

- Has diopteric power 15-20 D
- -(1/3 refractive power of eye), more important than cornea.

why?

"

-in response to nervous signals from the brain, *its curvature can be increased* markedly to provide "accommodation,



#### **<u>4-THE VITREOUS HUMOUR</u>**

-is the transparent, colourless, gelatinous mass .fills the vitreous chamber between the posterior surface of lens and the retina (for nourishing retina & keep spheroid shape of the eye) -the vitreous humour is clear and allows light to pass through



# VITREOUS HUMOUR REMAINS FROM BIRTH



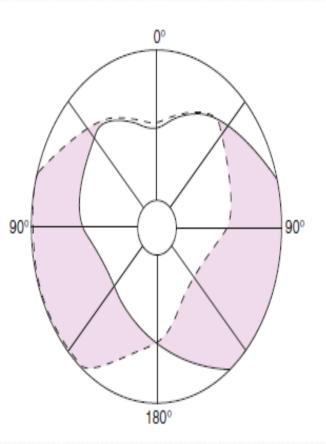
# **BINOCULAR VISION for** :-

- 1- Large visual field
- 2- cancel the effect of blind spot
- **3- stereoscopic vision**

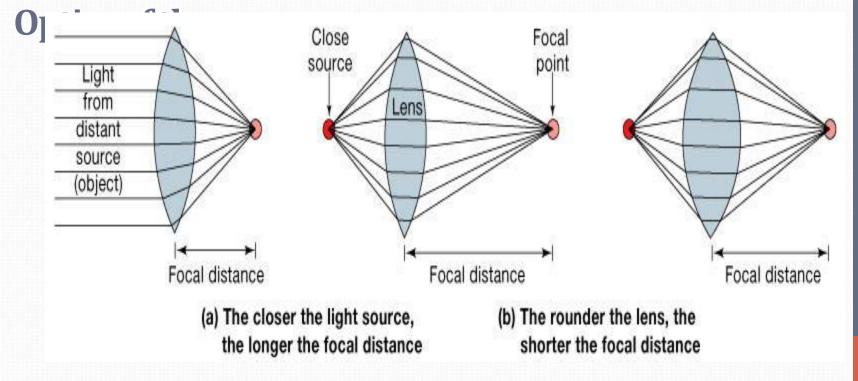
# 4- one eye lesion does not affec vision

Monocular and binocular visual fields. -The dashed line encloses the visual field of the left eye;

- the solid line, that of the right eye. -The common area (heart-shaped in the center) is viewed with binocular vision.
- The colored areas are viewed with monocular vision.



## The image-forming mechanism –



#### principle focus PF:-

□parallel rays strike biconvex lens refracted in a point is PF.

#### principle axis:-

PF lies on line pass through centers of lens curvatures

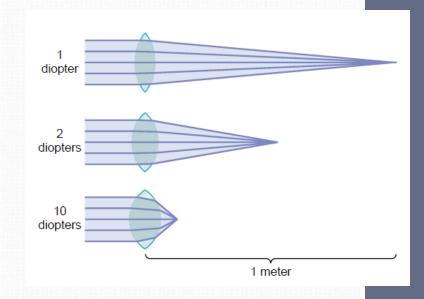
#### Principal focal distance:-

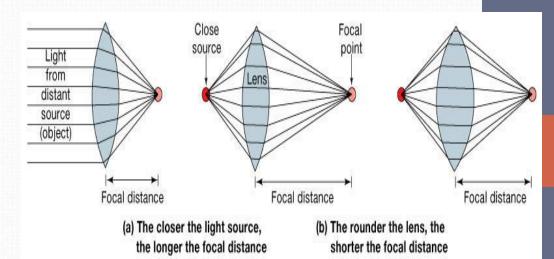
□ distance between lens & PF

- -Lens----retina distance =15mm
- Dioptre (s) = 1 / Focal length (in meters)

#### Diopteric power of the eye: -Cornea ......40-45 D

- -Lens ..... 15-20 D
- -Accomodation by lens .... +12 D





#### Priciples of optics:-

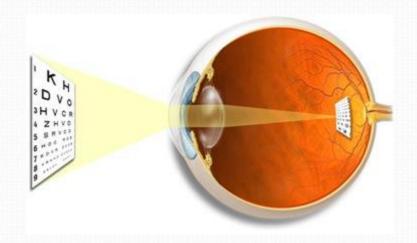
--Biconvex lens(converge) & biconcave lens(diverge)

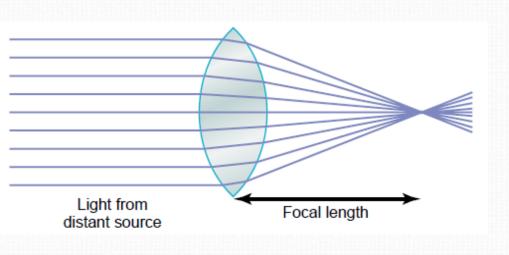
-<u>Diopter (measure of refractive power</u> R.P = 1 / Principal focal distance <u>in</u> Exp/if Principal focal distance of a lens is 25cm, so its R.P =1 / 0.25 meter = 4D

--The greater the curvature of the lens, the greater the refractive power of the eye

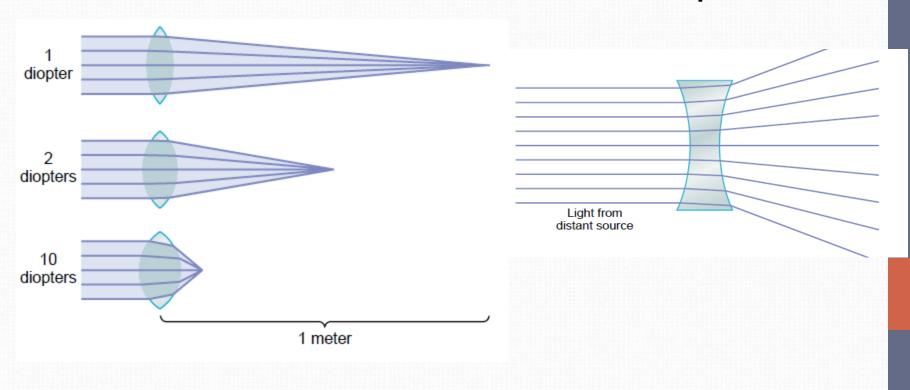
<u>Emmetropic eye;</u>- is the normal eye has image on retina, has diopteric power 59-60D

-It can see all distant objects clearly with its ciliary muscle relaxed & see close objects clearly with ciliary muscles contracted Normal eye = Emmetropia





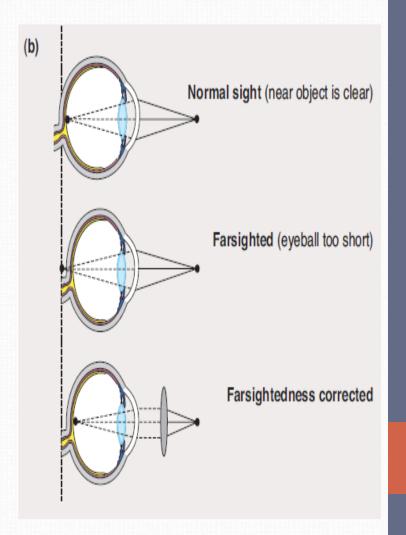
Concave lenses "neutralize" the refractive power of convex lenses. Thus, placing a 1-diopter concave lens immediately in front of a 1-diopter convex lens results in a lens system with zero refractive power



# 1-Errors of refraction

# 1/Hyperopia(hypermetropia-farsightedness)

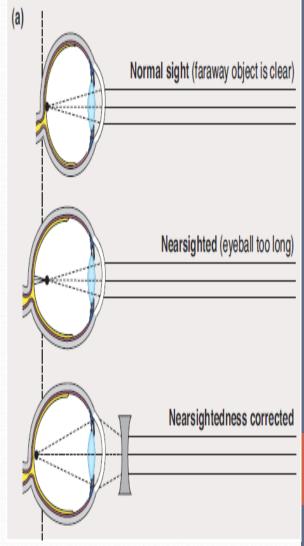
- -Small eye ball weak lens system -Focus behind retina -Causes headache & blurred vision -Continuous accomodation to bring image on retina causes muscular effort on cilliary muscle & prolonged convergence , this leads to headache & finally squint
- Correction by biconvex lens

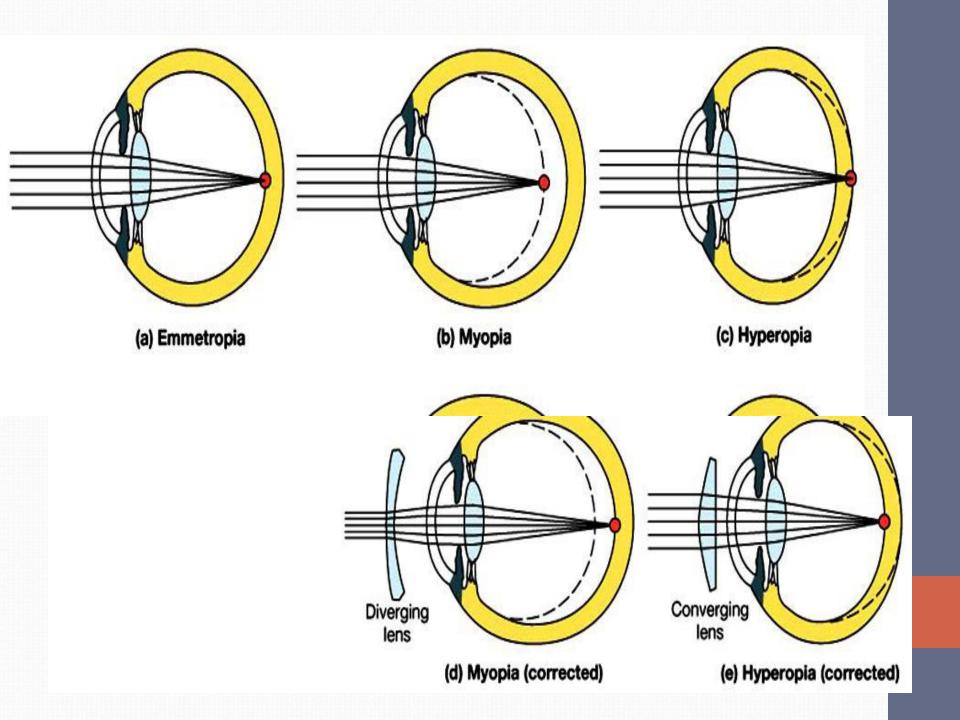


## 2-Myopia(near sightedness)

-Genetic large eye ball or too much refractive power of lens system or cornea due to its too curved surface- or due to long anteroposterior diameter of the eye

Focus in front the retina
Correction by biconcave lens to diverge rays before strike the lens





# 3-Presbyopia

(eye near point receeds by age due to loss of accomodation

- -Focus behind retina
- -correction by biconvex lens

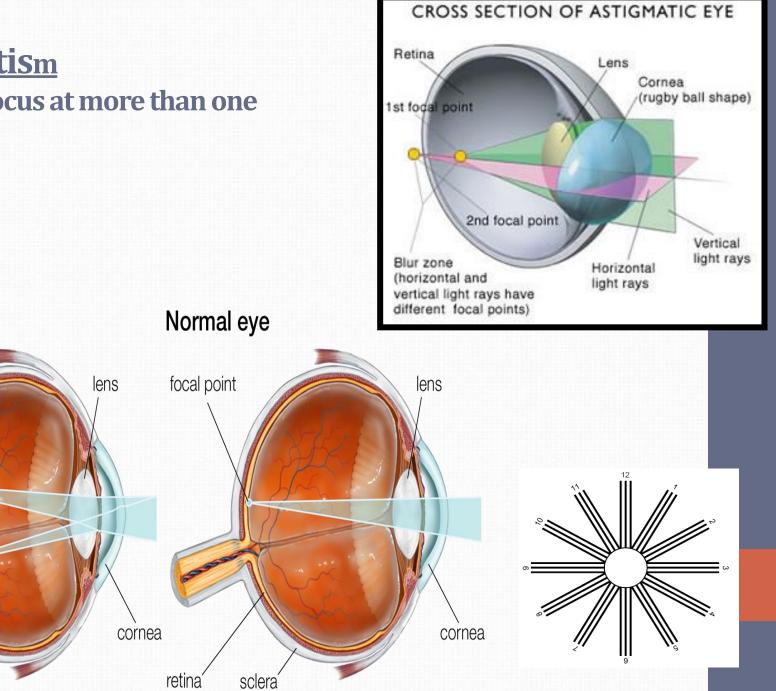
# 4-Astigmatism

(mainly uneven & ununiform corneal curvature and very little due to uneven lens curvature

-rays refracted to different foci >>>>> blurred vision

-correction by cylindrical lens which bends light rays in only one plane ( a focal line)

### **Astigmatism** light rays focus at more than one focal point



retina sclera

Astigmatism

focal points

## • LAYERS OF RETINA (10 layers), the most important are :-

1-Pigment cell layer (vit A) (outermost layer) .what is its value?

(absorb light & prevent its reflection back)

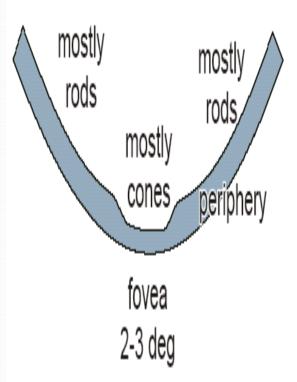
-The pigment layer also stores large quantities of *vitamin A* an important precursor of the photosensitive chemicals of the rods and cones.

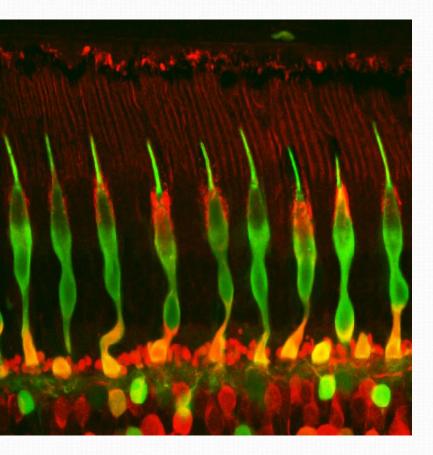
# 2- rodes & cones

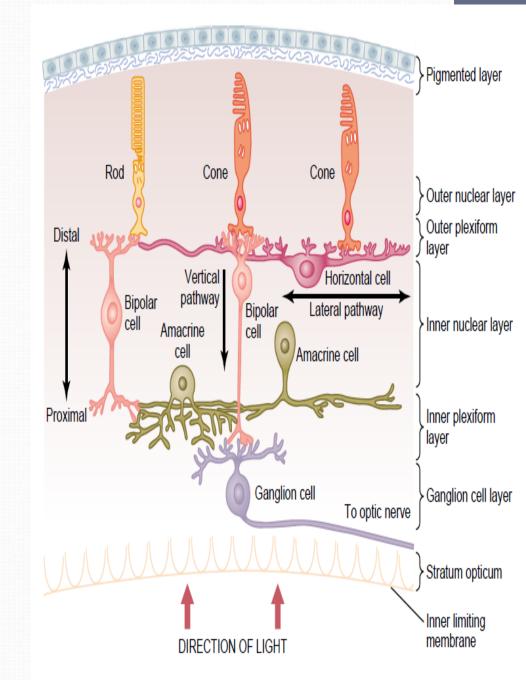
-( their outer& inner segments), but not cell bodies

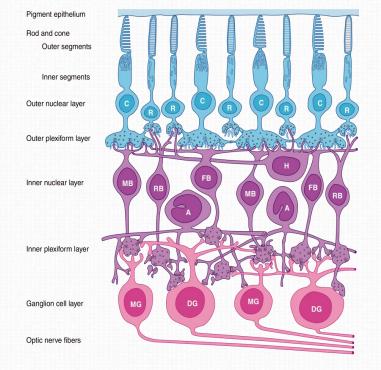
-( rodes 90-120 million & cones 4.5- 6 million ) - describe their distribution.

photoreceptor cells are responsible for capturing light and transforming this into generator potential to be used by the nervous system



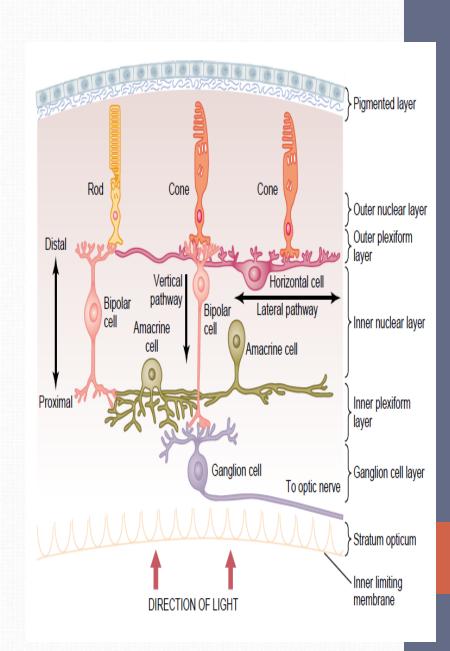






#### **RETINAL CELLS**

- there are five basic classes of neurones in the retina:
  - photoreceptors,
  - bipolar cells,
  - horizontal cells,
  - amacrine cells.
  - ganglion cells



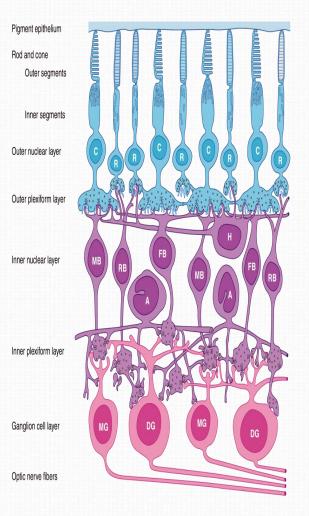
#### **<u>3-Outer nuclear layer( cell bodies of rodes</u>**

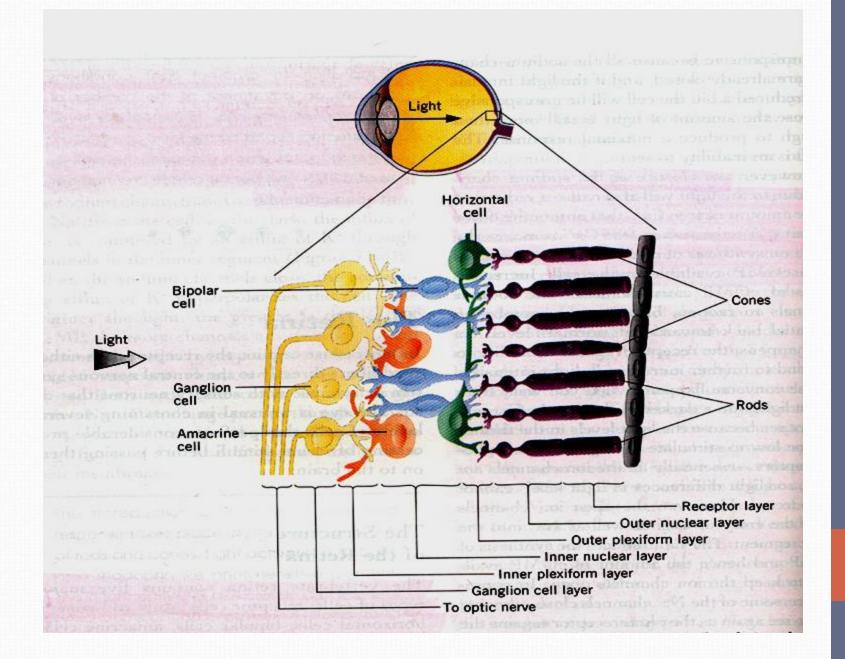
& cones) <u>4-Outer plexiform layer</u> mainly of <u>Horizontal cells.</u> <u>5-Inner nuclear layer (bipolar cells)</u> 6-Inner plexiform layer. (amacrine cells) interposed between the inner nuclear and ganglion cell layers.)

#### **7-Ganglion cell layer**

#### 8-Optic nerve fibers (1.2 million fibers)

-# Horizontal cells (outer plexiform layer)
(Make synaptic connections with receptors
# Amacrine cells (inner plexiform layer)
(make synaptic connections with ganglion cells)

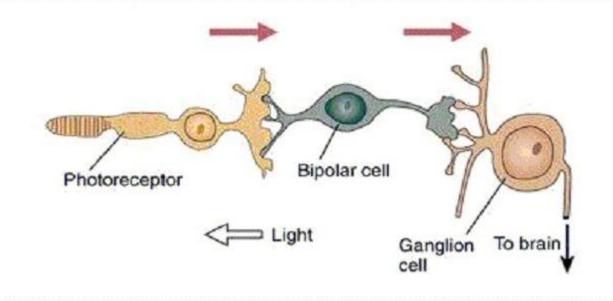




# Retinal neural

# <u>circuits</u>

Light hits photoreceptors, sends signal to the bipolar cells then to ganglion cells



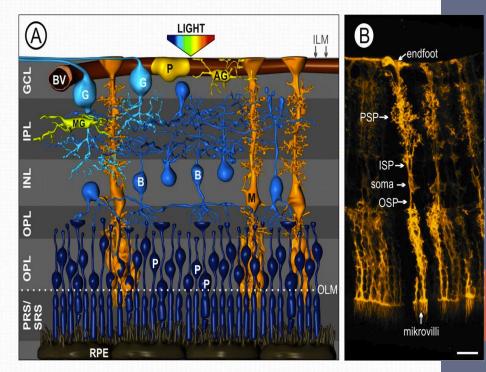
# <u>Müller cells are the major glial element of the</u> <u>retina.</u>

-located in the inner nuclear layer

-providing metabolic support to retina

-maintaining synaptic levels of neurotransmitters.

-act as light conductor.



MÜLLER CELLS ARE SHOWN IN ORANGE

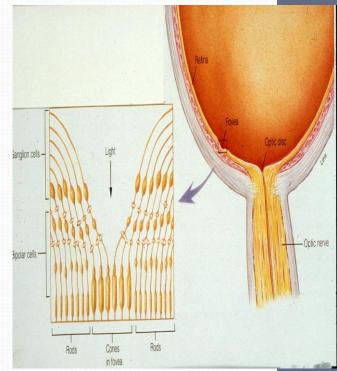
# Light pathway in the eye:

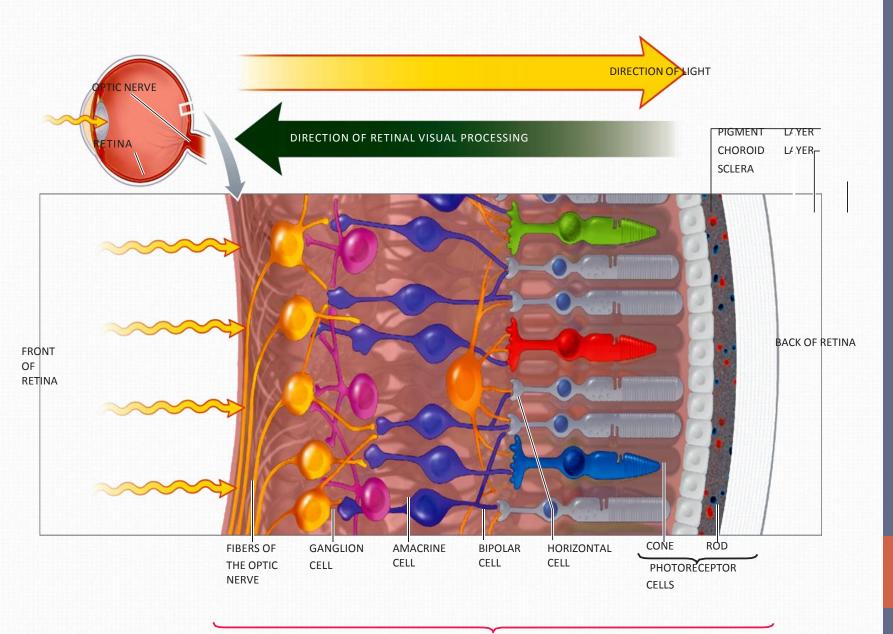
After light passes through the lens system of the eye and then through the vitreous humor, it *enters retina* 

-it passes <u>first through the ganglion ce</u>lls and then through the plexiform and nuclear layers before it finally reaches the layer of rods and cones located on the outer edge of the retina

--Light absorbed by pigment cell layer contain melanin pigment

 then to rodes& cons then impulses pass from them to rest of layers finally to ganglion cell layer -to optic nerve





Retina

Thank you for listening



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