

**College of Pharmacy** 

# Drugs used in schizophrenia

By

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# Objectives

At the end of the lecture, students should be able to :

- List the classification of antipsychotic drugs used in schizophrenia.
- Describe briefly the mechanism of antipsychotic action of these drugs.
- Describe the pharmacological actions of antipsychotic drugs.

# Objectives

- Relate between pharmacological actions & adverse effects of antipsychotic drugs.
- Enumerate the clinical uses of antipsychotic drugs.
- Describe the advantages of atypical antipsychotic drugs over typical drugs.

• Drugs used in the treatment of schizophrenia are called :

# Antipsychotic drugs

old name ( neuroleptic drugs)

# **PSYCHOSES**

### 1. Affective Psychoses:

- Mania
- Depression
- Manic-depressive illness ( bipolar affective disorder )
- 2. Schizophrenia

# Schizophrenia

#### • **<u>DEFINITION</u>**:

- It is a thought disorder
- Characterized by a divorcement from reality in the mind of the patient
- It may involve hallucinations, delusions, intense suspicion, feelings of persecution or control by external forces (paranoia)

# Schizophrenia

### **Positive Symptoms**

- Hallucinations
- Delusions
- Paranoia

#### **Negative Symptoms**

- Social withdrawal
- Anhedonia (absence of pleasure)
- Emotional blunting

### **Dopamine System**

- **Dopaminergic pathways in the brain :** 
  - Mesolimbic mesocortical pathway (behavior)
  - Nigrostriatal pathway (co-ordination of voluntary movements)
  - Tuberoinfundibular pathway (endocrine effects)
  - Medullary periventricular pathway (metabolic effects)

### **Dopamine System**

- **Dopamine receptors**
- There are at least five subtypes of receptors:

# D 1, D 2, D 3, D 4, D 5

# **Antipsychotic Drugs Classification:**

According to chemical structure into :

• **Typical Antipsychotic Drugs:** 

#### 1. Phenothiazine derivatives

- > Chlorpromazine
- > Thioridazine
- 2. Butyrophenones
  - Haloperidol
- 3. Thioxanthene
  - Thiothixene

# **Antipsychotic Drugs Classification:**

# • Atypical Antipsychotic Drugs:

- Clozapine
- Risperidone
- Olanzapine
- Quetiapine
- Ziprasidone
- Cariprazine

# **Pharmacological Actions**

• C.N.S:

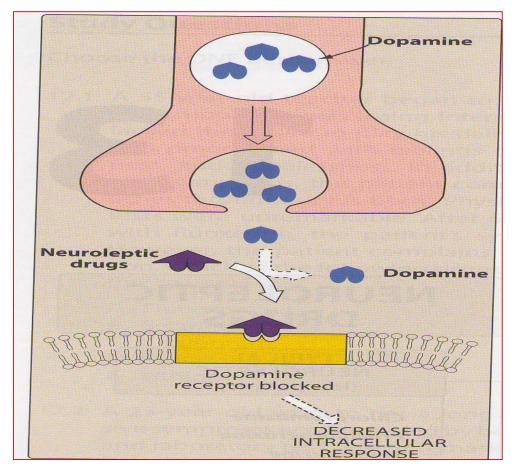
#### **Antipsychotic effect :**

- Produce emotional quieting and psychomotor slowing
- Decrease hallucinations, delusions and agitation

#### Mechanism:

• Blockade of dopamine receptors in the mesolimbic system

### **Mechanism of Antipsychotic Action**



# • Atypical drugs exert their antipsychotic action through blocking:

- Serotonergic (5HT<sub>2</sub>) receptors
- Dopaminergic receptors.

#### **Extrapyramidal Symptoms:**

- Abnormal involuntary movements such as:
  - Tremors
  - Parkinsonism
  - Tardive dyskinesia

#### Mechanism:

• Blockade of dopamine receptors in the nigrostriatum

#### **Endocrine effects**

• Galactorrhea, amenorrhea, gynecomastia & impotence.

#### Mechanism:

• Prevent dopamine inhibition of prolactin release from pituitary  $\rightarrow$  Hyperprolactinemia

#### **Metabolic effects:**

• Changes in eating behavior and weight gain

#### Mechanism:

• Blockade of dopamine receptors in the medullary – periventricular pathway

#### Anti-emetic effect:

• Effective against drug & disease- induced vomiting ( not- motion sickness)

#### Mechanism:

• Blockade of dopamine receptors in the CTZ of the medulla

#### • A.N.S

#### **Anticholinergic Effects:**

- Blurred vision
- Dry mouth
- Urinary retention
- Constipation

#### Mechanism

• Blockade of muscarinic receptors

#### **Antiadrenergic Effects:**

- Postural hypotension
- Impotence
- Failure of ejaculation

#### Mechanism:

• Blockade of  $\alpha$ - adrenergic receptors

#### Other Actions:

#### **Temperature regulation:**

• May cause lowering of body temperature

#### Mechanism:

• Heat loss as a result of vasodilation ( $\alpha$ - blocking) or due to central effect

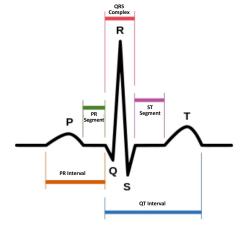
### **ECG changes**:

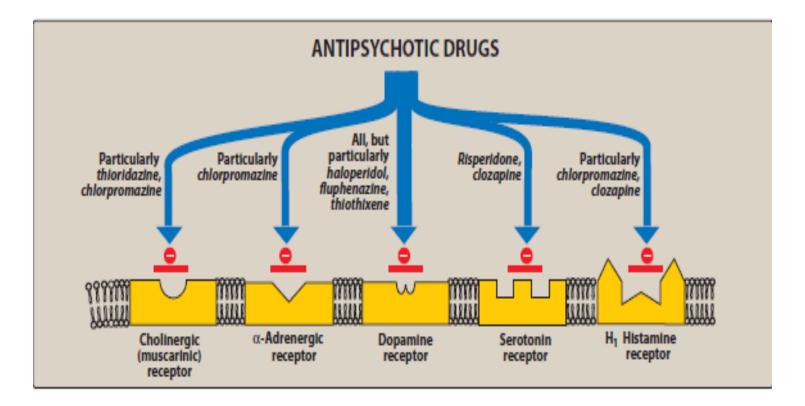
- Prolongation of QT interval
- Abnormal configuration of ST- segment & T wave.

### Antihistaminic effect:

• Sedation due to H1 receptor blockade

### **Quinidine** – like actions





### **Therapeutic Uses**

#### **Psychiatric:**

- Schizophrenia (primary indication)
- Acute mania
- Manic-depressive illness ( bipolar affective disorder ) during the manic phase

### **Therapeutic Uses**

### **Non-psychiatric:**

- Nausea and vomiting
  - prochlorperazine and benzquinamide are only used as antiemetics
- Pruritis
- Preoperative sedation ( rare use )

#### C.N.S.

- Sedation, drowsiness, fatigue (haloperidol, Risperidone)
- Extrapyramidal symptoms:

Some <u>occurring early</u> in treatment as: Parkinson's syndrome

#### **Other Extrapyramidal Symptoms are** <u>late-occurring</u>:

### • Tardive Dyskinesia

- (from Latin tardus, slow or late coming)
- It is a disorder of involuntary movements (choreoathetoid movements of lips, tongue, face, jaws, and limbs )

#### • Choreoathetosis :

• Combination of chorea and athetosis ; is a movement disorder characterized with irregular migrating contractions

#### **Neuroleptic Malignant Syndrome**

- Rare but life threatening
- Symptoms are muscle rigidity and high fever (clinically similar to anesthetic malignant hyperthermia)
- The stress leukocytosis and high fever associated with this syndrome may wrongly suggest an infection

#### **A.N.S.**

#### **Anticholinergic Effects:**

- Blurred vision
- Dry mouth
- Urinary retention
- Constipation

(Chlorpromazine, Clozapine)

#### **Antiadrenergic Effects:**

- Postural hypotension
- Impotence
- Failure of ejaculation

(Chlopromazine, Thioridazine)

#### **Endocrine Effects**:

- Gynecomastia
- Galactorrhoea
- Amenorrhoea

#### **Miscellaneous Effects:**

- Obstructive jaundice
- Granular deposits in cornea
- Retinal deposits (thioridazine)
- Weight gain

#### **Agranulocytosis**

- Clozapine about 1-2%
- Usually happen after 6-18 weeks
- Weekly WBC is mandatory

#### <u>Seizures</u>

• Clozapine

# PHARMACOKINETICS

- Incompletely absorbed
- Highly lipid soluble
- Highly bound to plasma proteins
- Undergo extensive first-pass hepatic metabolism.
- Excretion by the kidney

# **Atypical Antipsychotics**

- 2<sup>nd</sup> Generation antipsychotics
- Are now considered to be first line treatments for schizophrenia
- Little or no extrapyramidal side effects
- Effective in treatment of resistant schizophrenia

# **Atypical Antipsychotics**

- Are effective on both positive & negative symptoms.
- Block both dopaminergic & serotonergic receptors.

### **CLINICAL USES**

- Refractory cases of schizophrenia
- To reduce the risk of recurrent suicidal behavior in patients with schizophrenia

# CLOZAPINE

- Blocks both D<sub>4</sub> & 5HT<sub>2</sub> receptors
- Main adverse effects
  - Agranulocytosis
  - Seizures
  - Myocarditis
  - Excessive salivation ( during sleep )

# RISPERIDONE

- Blocks D<sub>2</sub> & 5HT<sub>2</sub> receptors
- Main adverse effects
  - Postural hypotension
  - QT prolongation
  - Weight gain
- Contraindicated in patients with long QT interval

# OLANZAPINE

- Blocks D<sub>1</sub>- D<sub>4</sub> & 5HT<sub>2</sub> receptors
- Main adverse effects
  - Weight gain
  - Sedation
  - Flatulence, increased salivation & thirst
  - Postural hypotension

# QUETIAPINE

- Blocks D<sub>1</sub>-D<sub>2</sub> & 5HT<sub>2</sub> receptors
- Main adverse effects
  - Sedation
  - Hypotension
  - Sluggishness
  - Dry mouth
  - Increased appetite (weight gain)
  - Abdominal pain
  - Constipation

# Ziprasidone

- Blocks D2 & 5HT2 receptors
- Main adverse effects
  - Drowsiness
  - Akathisia
  - Headache
  - Dizziness
  - Weight gain

### Ziprasidone

#### **Drug interactions**

- should not be used with any drug that prolongs the QT interval
- Activity decreased by carbamazepine (inducer of CYP3A4)
- Activity increased by ketoconazole (inhibitor of CYP3A4)

### Ziprasidone

- <u>WARNING</u> Increase mortality in elderly patients
- Dementia-related psychosis

# Cariprazine

- Approved in 2015 by the FDA
- Has higher affinity at D3 receptor
- Has a positive impact on the cognitive symptoms of schizophrenia

# Summary

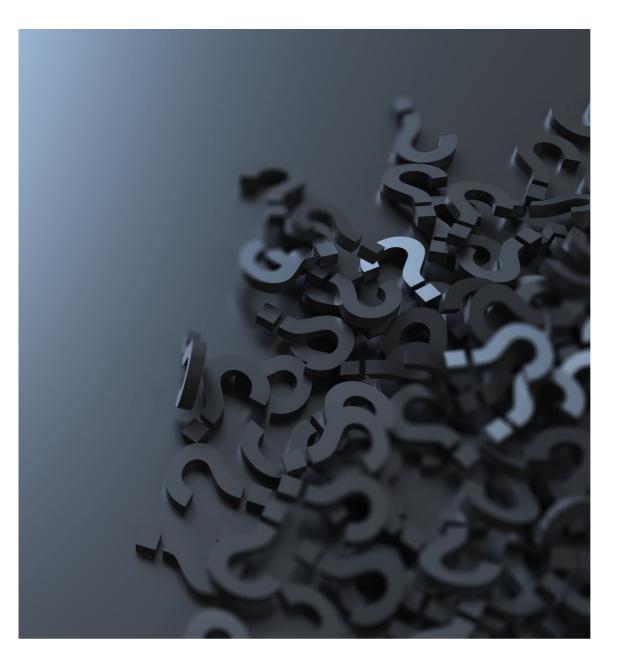
- Drugs used in schizophrenia are classified according to chemical structures.
- The advantages of atypical drugs include :
  - They block both dopaminergic & serotonergic drugs.
  - They are effective in refractory cases of schizophrenia
  - They produce few extrapyramidal effects

# Summary

- The pharmacological actions of antipsychotic drugs result from :
  - Blocking dopamine receptors at different areas in the brain.
  - Blocking muscarinic receptors
  - Blocking α-adrenergic receptors
  - Blocking H1 receptors
- Adverse effects on CNS are due to blocking dopamine receptors at areas other than mesolimbic area

# Summary

- Blockade of H1, muscarinic &  $\alpha$  adrenergic receptors.
- The main clinical use is in schizophrenia
- Examples of atypical drugs includes:
  - Clozapine Risperidone Olanzapine Quetiapine Ziprasidone



# **Questions** ???

10/28/20