

Anatomy Team MED 439





# Development of the Spinal Cord & Vertebral Column

CNS Block

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Contact us: Anatomy439@gmail.com Content Male slides Female slides Important Doctors notes Extra information, explanation

### **Objectives**

At the end of the lecture, students should be able to:

- Describe the development of the spinal cord from the neural tube.
- List the layers of the spinal cord and its contents.
- List subdivisions of mantle & marginal zones
- List meningeal layers and describe positional changes of spinal cord.
- Describe development of vertebral column from sclerotomic portion of paraxial mesoderm.
- Describe chondrification & ossification stages in vertebral development.
- Describe spina bifida and its types

### Introduction



### **Development of neural tube**

It is a derivative of the ectoderm
Gives rise to the brain and the spinal cord



Ectodermal cells above "dorsal" to \*notochord thickens to form "**neural plate".**  A longitudinal groove develops in the neural plate "<u>neural</u> <u>groove</u>" Neural plate folds to form <u>"neural groove".</u> The margins of the neural plate (neural folds) approach to each other and fuse to form the <u>neural</u> <u>tube.</u> Then Neural tube separates from the overlying ectoderm. <u>Closer</u> of the neural tube begins in the future neck region (<u>4th somite</u>), then proceeds <u>cranially and caudally.</u>

- The most cranial and caudal ends of the tubes still open as
- Anterior neuropores
- Posterior neuropores
- $\cdot$  Anterior (cranial) neuropores  $\rightarrow$  will close at day 25  $\rightarrow$  lamina terminalis
- · Posterior (caudal) neuropores → will close at day 27
- The lumen of the tube will give:
  - 1- ventricles of the brain
  - 2- central canal of spinal cord.

Notochord stimulates the formation of: Neural tube & vertebral column.

### **Development of spinal cord**



Neural tube cells<u>"neuroepithelial</u>" arranged in 3 layers: **1- Inner ventricular zone** of undifferentiated cells **2- Middle mantle zone** of cell bodies of neurons(further grey matter)

**3- Outer marginal zone** of nerve fibers or axons of neurons(further white matter)



Proliferation and bulging of both alar & basal plates result formation of:

- 1- Dorsal median septum
- 2- Ventral median fissure

3- Narrowing of the lumen of the neural tube to form small central canal.



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<u>Neural tube</u> differentiates into 2 regions: Upper  $\frac{1}{3} \rightarrow$  brain region. Lower  $\frac{2}{3} \rightarrow$  spinal cord region.



Neurons of mantle layer (future grey matter ) differentiate into 2 areas separated by **sulcus limitans** (a longitudinal groove) into :

**1- Dorsal alar plate** (future dorsal horn): containing sensory neurons.

2- Ventral basal plate (future ventral horn): containing motor

neurons

4



Marginal layer (future white matter) increases in size due to addition of ascending, descending, intersegmental nerve fibers. It divides into: **dorsal, ventral, lateral funiculi.** (White column) **Myelination** of nerve fibers starts at **4th month** and continues during **1st postnatal period**.

Motor fibers myelinated before sensory fibers .

So after nerve injury, both motor and sensory axons have the ability to regenerate and are given a proper pathway.

# Meninges

There are 3 membranes covering the neural tube:

- Outer thick dura mater: <u>MESODERMAL</u> in origin
- Middle arachnoid mater: <u>Ectodermal</u> in origin
- Inner thin **pia** mater: <u>ECTODERMAL</u> in origin.
- Subarachnoid cavity appears between arachnoid & pia matters, filled with CSF.

# **Positional changes of spinal cord**

# Initially, the **spinal cord occupies the whole length of the vertebral canal.**

As a result of the <u>faster growth of vertebral column</u>, the <u>caudal end</u> of the spinal cord (conus medullaris) <u>shift</u> gradually to a <u>higher level</u> (spinal cord become shorter than vertebral column).





# Vertebral development Males slides

Paraxial mesoderm → somite →sclerotome (part that gives vertebrae and ribs)

1- Sclerotome around neural tube: forms vertebral (neural) arch

2- Sclerotome around notochord: forms body of vertebra

**3- Sclerotome** in **body wall** near to neural tube & notochord : forms **costal process** (gives ribs in thoracic region)





### Intraembryonic mesoderm

#### Introduction:

The mesoderm is located between ectoderm and endoderm except in the central axis of embryo where notochord is found.

The first sign of specialization of mesoderm is appearance of notochord.

Three collections of the mesoderm appear lateral to the notochord

- Somites
- · Intermediate mesoderm
- $\cdot$  Double sheets of lateral plate mesoderm



Neural groove

Paraxial

mesoderm

Intermediate

mesoderm

#### **Formation of body of vertebrae**



centrum

develops from the ventromedial parts(sclerotomes) of the somites At week 4,each sclerotome is formed of: 1-A cranial part of loosely arranged cells 2-A caudal part of densely packed cells

The vertebral column

The caudal part of each sclerotome/somite fuses with the cranial part of succeeding sclerotome/somite to form the centrum(body primordium/of vertebra) Each **centrum** develops from 2 adjacent sclerotomes. Thus the bodies of the vertebrae are intersegmental in origin. **The fused sclerotomes grow:** (A)**dorsally** around neural tube and form the vertebral(neural) arch. (B)**ventrolaterally** to form costal processes that give rise to ribs in thoracic region

#### Fate of notochord:

-in region of the bodies of vertebrae it degenerates -between bodies of Vertebrae forms the intervertebral discs(nucleus pulposus)

**N.B**:Annulus fibrosus part of the intervertebral discs is formed by the mesoderm surrounding the notochord





### **Vertebral development**



### **Curvatures of vertebral column**

**Primary curves(concave anterior):** Thoracic and pelvic (or sacral): develop **prenatally** 

Secondary curves(convex anterior):

Develop **postnatally** 

1- Cervical (concave posteriorly): as a result of lifting the head

2- **Lumbar** (concave posteriorly): as a result of walking ,help support trunk,upper body.



# Spina bifida

Cause: Failure of fusion of the halves of vertebral arches. Incidence: 0.04-0.15% Sex: More frequent in females Types: 1- Spina bifida occulta(20%)

2- Spina bifida cystica(80%).

Spina bifida occulta		Spina bifida cystica	
The closed type		The open type. Most severe and complex form of spina bifida	
Only one vertebra is affected		It usually involves serious <b>neurological problems.</b> A portion of the nerves and the spinal cord are exposed outside the body	
No clinical symptoms Usually doesn't involve underlying neural tissue		Subdivided into: <b>1-Spina bifida with meningocoele:</b> protrusion of sac containing meninges	
Skin overlying it is intact, sometimes covered by a tuft of hair	-	and cerebrospinal fluid <b>2-spina bifida with meningomyelocoele:</b> protrusion of sac containing meninges with spinal cord and/or nerve roots <b>3-spina bifida with myeloschisis:</b> spinal cord is open due to failure of fusion of neural folds	
<ul> <li>Failure of vertebral arch bony growth and fusion.</li> <li>Neurologic symptoms are usually absent, although problems may occur during growth owing to "tethering" of the spinal cord.</li> <li>Skin Transverse process</li> <li>Skin Skin Skin</li> <li>Skin Skin Skin Skin</li> <li>Skin Skin Skin Skin</li> <li>Skin Skin Skin Skin</li> <li>Skin Skin Skin Skin Skin Skin</li> <li>Skin Skin Skin Skin Skin Skin Skin Skin</li></ul>	Arachnoid Spinal Cord Dura Meninges bulge through the defect B Meningocele	With meningomyelocoele       With myeloschisis         Image: Comparison of the system of	
Spinal cord and its nerves enter the defect C Meningomyelocele	Neural tissue Neural tissue is directly exposed Rachischisis Myeloschisis		

# MCQ

Q1: The neural tube is a derivative of ?					
A: Endoderm	B: Ectoderm	C: Mesoderm	D: Notochord		
Q2: What stimulates the development of the vertebral column?					
A: Ectoderm	B: Mesoderm	C: Neural tube	D: Endoderm		
Q3: The spinal cord develops from theof the neural tube.					
A: Caudal 2/3	B: Caudal 1/3	C: Cranial 2/3	D: Cranial 1/3		
Q4: Marginal layer of the spinal cord is divided into all of the following except:					
A: Dorsal funiculi	B: Lateral funiculi	C: Ventral funiculi	D: Medial funiculi		
Q5: The inner thin pia mater originates from:					
A: Mesoderm	B: Ectoderm	C: Endoderm	D: Subarachnoid space		
Q6: Somites develop from the ?					
A: Paraxial mesoderm	B: Intermediate mesoderm	C: Lateral mesoderm	D: Medial mesoderm		
Answer key: 1 (B) , 2 (C) , 3 (A) , 4 (D) , 5 (B) , 6 (A)					

# MCQ

Q7: At which one of the following periods of life fusion of bony halves of vertebral arch occurs					
A: Puberty	B: 3-5 years	C: 3-6 years	D: Around 25 years		
Q8: What is the correct sequence of vertebral development?					
A: Mesenchymal,primary ossification,fusion, chondrification, secondary ossification	B: Mesenchymal,chondrification, primary ossification,fusion, secondary ossification	C: Mesenchymal,fusion, primary ossification, chondrification, secondary ossification	D: Fusion,Mesenchymal, primary ossification, chondrification, secondary ossification		
Q9: Secondary vertebral column curves are:					
A: Cervical & sacra	B: Lumbar & thoracic	C: Thoracic & pelvic	D: Lumbar & cervical		
Q10: Spina Bifida is most common in:					
A: Females	B: Males	C: Children	D: Elderly		
Q11: Which type of spina bifida is caused by profusion of sac containing meninges & cerebrospinal fluid?					
A: Spina bifida with meningomyelocele	B: Spina bifida with myeloschisis	C: Spina bifida with meningocele	D: Spina bifida occulta		
Q12: Which part of the somite forms the dermis of the skin on the dorsal part of the body?					
A: Sclerotome	B: Myotome	C: Dermatome	D: None of the above		
Answer key: 7(B) , 8(B) , 9(D) , 10(A) , 11(C) , 12(C)					

### SAQ

Q1: What separates the ventral basal plate from the dorsal alar plate?

Q2: What are the 2 types of spina bifida?

Q3: Which type of spina bifida occurs do to failure of development of neural folds?

Q4: What is the subarachnoid space?

#### Answers

1: A longitudinal groove (sulcus limitans)

2 : Spina bifida occulta & Spina bifida cystica.

3 : Spina bifida with myeloschisis

4: Is a cavity that appears between the arachnoid & pia mater. It becomes filled with cerebrospinal fluid (CSF)

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