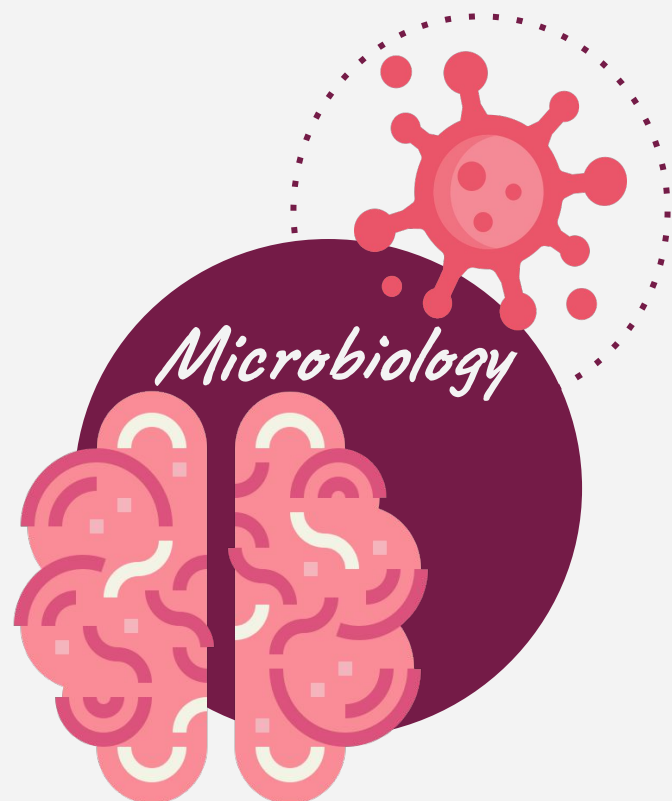


# Summary File

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# Otitis media

**Otitis Media** is inflammation of the middle ear .

**Middle ear** is the area between the tympanic membrane and the inner ear including the Eustachian tube .

<b>Epidemiology</b>	1- <b>Most common in infants 6 to 18 months</b> of age (2/3 of cases) 2- Improve with age, why? <b>The Eustachian Tube which vents the middle ear to the nasopharynx , is horizontal in infants</b> :-Difficult to drain -its surface is cartilage .and the lymphatic tissue lining is an extension of adenoidal tissue from the back of the nose. 3-Often preceded by viral upper respiratory infection (URTI)		
<b>Pathogenesis</b>	1- URTI or allergic condition cause edema or inflammation of the tube 2-Functions of the tube (ventilation, protection and clearance) disturbed 3- Oxygen lost leading to negative pressure 4- Pathogens enter from Nasopharynx into the middle ear 5- Colonization and infection result		
<b>Risk factors</b>	1- Anatomic abnormalities 2- Medical conditions such as Cleft palate, obstruction due to adenoid or Nasogastric tube or malignancy, immune dysfunction 3- Exposure to pathogens from day care 4-Exposure to smoking		
<b>Classification of OM</b>	1- Acute	2- Chronic OM	3-Serous (serous) OM
<b>Complications</b>	<b>Extracranial</b> (intratemporal) <b>Hearing loss / Tympanic Membrane Perforation / Mastoiditis /Cholesteatoma / Labyrinthitis &amp; others</b>		<b>Intracranial</b> <b>Meningitis / Extradural abscess / Subdural empyema / Brain abscess &amp; others</b>
<b>Types</b>	<b>Acute</b>	<b>Chronic</b>	<b>Serous</b>
<b>Bacterial cause</b>	<b>&lt; 3 months of age: Group B Streptococcus / H.influenzae</b> (non typhable) / <b>S.pneumoniae</b> .(40%) /Gram negative bacteria including Pseudo.aeruginosa, E.coli <b>&gt; Than 3 months of age: H.influenzae / S.pneumoniae / Others</b> (S.pyogenes, Moraxella catarrhalis, S.aureus)	Mixed flora in 40% of cases <b>Pseudo.aeruginosa / Anaerobic bacteria / H.influenzae / S.aureus / Proteus species / K.pneumoniae / Moraxella catarrhalis</b>	Same as chronic OM, but most of the effusions are sterile with a few acute inflammatory cells.
<b>Viral cause</b>	1- RSV (Respiratory Syncytial Virus) 74%. 2- Rhinovirus. 3- Parainfluenza virus. 4- Influenza virus		
<b>Clinical presentation</b>	Mostly Bacterial → <b>Severe and continuous Pain</b> Often a complication of viral URTI. <b>First 1-2 days: Fever/hyperthermia</b> (39 C), irritability, earache ( <b>otalgia</b> ). / muffled nose. / <b>Bulging tympanic membrane, (Pain)</b> <b>After 3-8 days: Pus and ear exudative discharge</b> released spontaneously ( <b>otorrhea</b> ) → then pain and fever begin to <b>decrease</b> . <b>After 2-4 weeks: Healing phase</b> , discharge clears and hearing becomes normal.	<b>Usually result from unresolved acute infection / Involves perforation</b> (rupture/hole formation) <b>of tympanic membrane</b> and active bacterial infection for long period. / <b>Pus may drain to the outside (otorrhea)</b> . / Results in destruction of middle ear structures and significant risk of permanent hearing loss.	Collection of fluid within the middle ear as a result of negative pressure produced by altered Eustachian tube function. / Represents a form of chronic otitis media or allergy related inflammation. <b>Over weeks to months: Thickening of middle ear fluid ( glue ear) / Tends to be chronic with non-purulent secretions. / Cause conductive hearing impairment.</b>
<b>Management</b>	<b>Empirical</b> antimicrobial therapy depending on the most likely bacterial pathogens, usually to cover <b>S.pneumoniae</b> and <b>H.influenzae</b> . / <b>Amoxicillin +/- Clavulanic acid, or cefuroxime / Careful follow up / Drainage of exudates may be required.</b>	<ul style="list-style-type: none"> <li>Need complex management, Possibly surgical.</li> </ul>	
<b>How to diagnose</b>	<ul style="list-style-type: none"> <li><b>Clinical examination</b></li> <li>Tympanometry (detect the presence of fluid)</li> <li>Gram stain &amp; culture of aspirated fluid to detect the etiologic agents.</li> </ul>		

## Pyogenic Meningitis

<b>Definition</b>	A serious infection that causes inflammation of the meninges affecting the pia, arachnoid and subarachnoid space, and it is associated with marked inflammatory exudation
<b>Characteristics</b>	-Acute onset -Usually caused by bacterial infection -May be preceded by URTI -Can be fatal if left untreated
<b>Common etiologic agents</b>	-Neisseria Meningitidis -Streptococcus Pneumoniae -Haemophilus Influenzae
<b>Epidemiology of Meningitis</b>	- A worldwide disease, about 1.2 million cases annually and 135,000 deaths. - Bacterial meningitis is one of the top ten infections that causes death worldwide. - Half of the survivors suffer neurological damage, and/or permanent side effects afterwards.

## ★ Causes according to the age

Age	Pathogens
<b>Newborns</b>	<b>Group B Streptococcus</b> (strept.agalactiae), <b>E. coli</b> (and other gram negative bacilli), <b>Listeria monocytogenes</b> .
<b>Infants / Children</b>	<b>S. pneumoniae</b> , <b>N. meningitidis</b> , <b>H. influenzae</b> .
<b>Adults</b>	<b>S. pneumoniae</b> , <b>N. meningitidis</b> , <b>Listeria Monocytogenes</b> also if the patient >50y
<b>Special circumstances</b>	<b>S. aureus</b> , S. epidermidis, <b>S. pneumoniae</b> , anaerobes, P. aeruginosa.

## Signs & Symptoms of Acute Meningitis

<b>Most common</b> (children and adults)	-Fever -Severe Headache -Stiff neck. - <b>Sensitivity to light</b> - Nausea & vomiting - Confusion	
<b>In infant</b> (Neonates and young children)	-Inactivity -Vomiting -Irritability -Poor feeding	
<b>Advanced cases</b>	Bruises under skin (rapidly spread).	
<b>Advanced disease</b>	- Brain damage -Coma -Death	
<b>Physically demonstrable symptoms of meningitis</b>	<b>Brudzinski's sign</b>	Severe <b>neck stiffness</b> (due to the inflammation of the meninges) causes the patient's hips and knees to flex when the neck is flexed.
	<b>Kernig's sign</b>	Severe stiffness of the hamstrings cause an inability to straighten leg when the hip is flexed to 90 degrees.

Morphology	
Listeria Monocytogenes	<ul style="list-style-type: none"> <li>Gram +ve rods (diphtheroids like)</li> <li>Small Rods (basilli) Aerobes</li> <li>Human intestinal colonization (2-12%)</li> <li>Facultative intracellular</li> <li>Tumbling motility</li> </ul>
S. Pneumoniae	<ul style="list-style-type: none"> <li>Gram +ve diplococci</li> <li>Catalase -ve</li> <li>Diplococci</li> <li>Coagulase -ve</li> <li>Alpha-hemolytic</li> <li>Optochin sensitive</li> </ul>
Group B Streptococcus agalactiae (GBS)	<ul style="list-style-type: none"> <li>Gram +ve cocci in chains</li> <li>Beta hemolytic</li> <li>Coagulase -ve</li> <li>Catalase -ve</li> <li>Bacitracin Resistant</li> <li>Resident bacteria in <b>GIT &amp; vagina</b> (10-30%)</li> </ul>
N. Meningitidis	<ul style="list-style-type: none"> <li>Gram -ve diplococci oxidase-positive present in the nasopharynx of 10% of people (potentially pathogenic)</li> <li>Kidney bean shaped diplococci</li> <li>Grows on thayer-martin agar</li> <li>Latex particle agglutination</li> <li>Catalase and Oxidase +ve</li> <li>Utilises maltose and glucose</li> <li>Grows on chocolate agar</li> </ul>
E. Coli	<ul style="list-style-type: none"> <li>Gram -ve bacilli</li> <li>Most common cause of neonatal meningitis</li> <li>Many features similar to GBS (Group B Streptococcus)</li> <li>Oxidase -ve</li> <li>Lactose fermenter</li> </ul>
H.Influenzae (B)	<ul style="list-style-type: none"> <li>Small gram -ve coccobacilli</li> <li>Has polysaccharide <b>capsule</b>, other H. Influenza species has no capsule.</li> <li>Need blood for optimal growth, Hematin (<b>factor X</b>) and NAD (<b>factor V</b>)</li> <li>Found in the nasopharynx normal flora</li> <li>Major cause of lower RTI; occasionally invade deeper tissues and cause bacteremia.</li> <li>Bacteremia : bacteria spread to the CNS ,bones or other organs</li> <li>Coccobacilli</li> </ul>

Pathogenesis	
Listeria Monocytogenes	<ul style="list-style-type: none"> <li>Widespread among animals in nature including those associated with certain foods (<b>cheese and meat</b>)</li> <li>Spread to fetus following hematogenous spread in mother or from birth canal.</li> <li>Has tropism to the CNS</li> </ul>
S. Pneumoniae	<ul style="list-style-type: none"> <li>S. Pneumococcal meningitis may follow <b>Pneumococcal Pneumonia</b> or other infections caused by this bacteria</li> <li><b>Capsule</b> is a polysaccharide polymer</li> <li><b>Pneumolysin</b> toxin decreases inflammatory immune response and leads to severe infection.</li> </ul>
Group B Streptococcus agalactiae (GBS)	<ul style="list-style-type: none"> <li><b>Gain access to amniotic fluid during delivery</b> or colonize newborn during passage through birth canal</li> <li>Causes <b>sepsis</b> and meningitis in the first few days of life and after 4 weeks</li> </ul>
N. Meningitidis	<ul style="list-style-type: none"> <li><b>Colonization of nasopharynx</b> → <b>Septicemia</b> → crosses <b>blood brain barrier</b> → <b>endothelial damage</b> → activation of coagulation cascade → thrombosis and platelets aggregation → <b>bleeding</b> : skin rash and adrenal hemorrhage</li> <li>Shortly: <b>Colonization of nasopharynx</b> → <b>Septicemia</b> → crosses <b>blood brain barrier</b> → <b>Meningitis</b></li> <li>It stimulates antibody production in carriers</li> <li><b>Pili</b> attach to microvilli of <b>nasopharynx</b> → invasion → bacteremia <b>endotoxin LPS</b> (lipopolysaccharide) produced which spreads to the meninges</li> <li><b>Capsule</b> resists <b>phagocytosis</b></li> </ul>
E. Coli	<ul style="list-style-type: none"> <li>Vaginal E.coli colonize infant via rupture of amniotic membrane or during birth.</li> <li>Failure of preterm maternal IgM to cross placenta &amp; special susceptibility of newborn.</li> <li>K1 sialic acid capsule of some strains invade brain microvascular endothelial cells.</li> </ul>

Serotypes	
N. Meningitidis	<ul style="list-style-type: none"> <li>B,C,Y,W135 cause isolated ,sporadic small epidemics in close population.</li> <li>★ <b>Serotype A</b> has an epidemic potential in Sub-Saharan Africa (<b>meningitis belt</b>)</li> </ul>
H.Influenzae (B)	<ul style="list-style-type: none"> <li>Many serotypes a-f</li> <li>H.influenzae <b>Type B</b> has a <b>capsule</b> made of a polymer of <b>PRP (Polyribosylribitol Phosphate)</b> that causes acute life threatening invasive infections</li> </ul>

Risk Factors	
Listeria Monocytogenes	<ul style="list-style-type: none"> <li>Causes meningitis in <b>newborns and immunosuppressed</b> patients and <b>elderly</b>.</li> </ul>
S. Pneumoniae	<ul style="list-style-type: none"> <li><b>Skull Trauma</b></li> <li>Unvaccinated patients (infection rate decreased with vaccination)</li> </ul>
Group B Streptococcus agalactiae (GBS)	<ul style="list-style-type: none"> <li>Premature rupture of membrane</li> <li><b>Prematurity</b></li> <li>Low infant innate immunity</li> </ul>
N. Meningitidis	<ul style="list-style-type: none"> <li>Susceptible individuals Unvaccinated people</li> </ul>

Prognosis	
S. Pneumoniae	<ul style="list-style-type: none"> <li>Recovered cases develop sustained (long period) learning disabilities</li> <li>High mortality rate &gt;30% due to invasive disease</li> </ul>
N. Meningitidis	<ul style="list-style-type: none"> <li>11-20% of recovered patients suffer permanent hearing loss, mental retardation while 10-14% of cases are fatal</li> </ul>
H.Influenzae (B)	<ul style="list-style-type: none"> <li>3-6% mortality rate</li> <li>1/3 of survivals have significant neurological sequelae</li> <li>Infection rate decreased since the routine use of Hib vaccine</li> </ul>

N. Meningitidis	
Transmission	<ul style="list-style-type: none"> <li>Inhalation of aerosolized droplets &amp; close contact</li> </ul>
Prevalence	<ul style="list-style-type: none"> <li>Common in children who are younger than 6 and young adults</li> </ul>

Diagnosis	
<ul style="list-style-type: none"> <li><b>Clinically:</b> Sign &amp; symptoms</li> <li><b>Specimens:</b> CSF analysis acquired through lumbar Diagnosis of puncture and blood specimen for Meningitis culture.</li> <li>CSF is analyzed for cells, proteins, glucose and chloride in addition to culture and antimicrobial susceptibility testing.</li> </ul>	

# Acute Pyogenic Meningitis

CNS PARAMETERS		
	Normal CSF	Pyogenic Meningitis
Adults	<ul style="list-style-type: none"> <li>WBC = 0-5 /cmm<sup>3</sup></li> <li>PMN= 0 %</li> <li>glucose = &gt; 60 % of blood</li> </ul>	<ul style="list-style-type: none"> <li>protein =&lt; 30 mg/dl</li> <li>chloride = 115-130mmol/L</li> </ul>
Neonates	<p><b>Term (mature):</b> WBC = 0-32 /cmm<sup>3</sup> PMN=&gt;60 % glucose = &gt;60 % of blood protein= 20-170 mg/dl</p> <p><b>Preterm (premature):</b> WBC=0-29/cmm<sup>3</sup> PMN= &lt;60 % glucose = &gt;60 % of blood protein= 60-150 mg/dl</p>	<ul style="list-style-type: none"> <li>↑WBC= 5 - 5000/cmm<sup>3</sup></li> <li>↑PMN<sup>[1]</sup>= &gt; 60%</li> <li>↓Glucose<sup>[2]</sup> = &lt; 45 % of blood</li> <li>↑Protein<sup>[3]</sup> = &gt;60 mg/dl</li> <li>↓Chloride = 110 mmol/L</li> </ul>

CSF Evaluation			
Condition	WBC	Protein (mg/dL)	Glucose (mg/dL)
Normal	<5, ≥75% lymphos	20-45	>50 (or 75% serum glucose)
Bacterial, acute	100-10,000 or more; usually 300-2,000; <b>Neutrophils predominate</b>	Usually 100-500	Decreased, usually <40 (or <50% serum glucose)
Bacterial, partially treated	5-10,000	Usually 100-500	Low to normal
TB	10-500 Lymph	100-3000	<50
Viral or meningoencephalitis	Rarely > 1000 Lymph	Usually 50-200	Generally normal; may Viral or be decreased

Abnormal findings of CSF in some pathological conditions				
Parameter	Bacterial Meningitis	Tuberculous Meningitis	Viral Meningitis	Brain Tumor
Protein	↑↑	↑↑	Normal	↑
Glucose	↓↓	↓↓	Normal or slightly ↓	↓
Chlorides	↓↓	↓↓	Normal or ↓	Normal or ↓

Management	
	<ul style="list-style-type: none"> <li>A medical emergency.</li> <li>Antibiotics given after taking specimens for lab diagnosis.</li> <li>Parenteral administration</li> </ul>
Children & Adults	<ul style="list-style-type: none"> <li>★ <b>Ceftriaxone</b> (or Cefotaxime) + <b>Vancomycin</b> (covers the main 3 pathogens).</li> <li>○ Add <b>ampicillin</b> if the patient age is &gt; 50 or at risk for Listeria.</li> </ul>
Neonates	<ul style="list-style-type: none"> <li>★ <b>Ampicillin + Gentamicin + Cefotaxime</b></li> <li>○ Modify treatment after lab results (as needed)</li> </ul>
Duration	<ul style="list-style-type: none"> <li>○ 10-14 days (or more) according to the medical condition</li> </ul>
Prevention	<ul style="list-style-type: none"> <li>○ Vaccination</li> <li>○ Prophylactic antimicrobial agent for contacts (Hib &amp; N. meningitidis)</li> </ul>

# Cerebral infections

Chronic meningitis	
Definition	Meningeal inflammation that persists for more than 4 weeks
General causes	<ol style="list-style-type: none"> <li>1. Infectious: <ul style="list-style-type: none"> <li>○ <b>Bacterial including TB</b></li> <li>○ Viral</li> <li>○ Fungal</li> <li>○ Parasitic</li> </ul> </li> <li>2. Neoplasm</li> <li>3. Chemical</li> <li>4. Parameningeal</li> <li>5. Autoimmune</li> <li>6. Idiopathic</li> </ol>

Causes of Chronic Cerebral infection and Meningitis	
Bacterial,	<p><b>Common in Saudi Arabia:</b></p> <p>Not common in Saudi Arabia : Lyme disease-caused by <i>Borrelia burgdorferi</i> .</p> <p>Others:</p> <ul style="list-style-type: none"> <li>○ Partially treated acute meningitis.</li> <li>○ Syphilis-caused by <i>Treponema Pallidum</i>.</li> <li>○ Liptosporosis- caused by <i>L.Icterohaemorrhagiae</i>.</li> <li>○ Nocardiosis-caused by <i>Nocardia species</i> .g <i>N. Asteroids</i>.</li> <li>○ <b>Actinomycosis caused by actinomycetes.</b></li> </ul> <p>These organisms can also cause Cerebral abscesses,, preferred as chronic infection</p>
Risk factors	<ul style="list-style-type: none"> <li>○ Age and Gender (listeria, brucella and SLE)</li> <li>○ Regional preponderance.</li> <li>○ Occupation and Recreational activities.</li> <li>○ Immune status.</li> <li>○ Sexual exposure</li> <li>○ Animals or ticks contact.</li> </ul>
Can produce	<ul style="list-style-type: none"> <li>○ Neurological disability</li> <li>○ May be Fatal if not treated</li> </ul>
They usually have	<ul style="list-style-type: none"> <li>○ <b>Slow insidious onset</b></li> <li>○ With progression of signs and symptoms over a period of weeks</li> </ul>
They differ from those of acute infection which have	<ul style="list-style-type: none"> <li>○ Rapid onset of symptoms and signs</li> </ul>
<ul style="list-style-type: none"> <li>○ They are usually diagnosed ,if the neurological syndrome exists for <b>&gt; 4 weeks</b> ,</li> <li>○ Should differentiated from recurrent aseptic meningitis , aseptic meningitis symptoms are less than 4 weeks</li> <li>○ Chronic meningitis affects about 10% of patients diagnosed with meningitis</li> </ul>	

# Cerebral infections

Clinical Presentation of chronic cerebral & meningitic infection	
Symptoms	<ul style="list-style-type: none"> <li>-Chronic headache.</li> <li>-Neck or back pain.</li> <li>-Changes in the personality</li> <li>-Facial weakness</li> <li>-Double vision</li> <li>-Leg &amp; arm weakness</li> <li>-Clumsiness</li> </ul>
Signs	<ul style="list-style-type: none"> <li>-+/-Papilloedema</li> <li>-Brudzinski or Kerning 'positive (sign of meningeal irritation)</li> <li>-Altered mental status, memory loss, etc</li> <li>-Seventh nerve palsy</li> <li>-3,4,6th,Nerve palsy</li> <li>-Ataxia</li> <li>-Hydrocephalus</li> </ul>
They should be differentiated on the basis of:	<ul style="list-style-type: none"> <li>-Clinical History</li> <li>-Occupation</li> <li>-Clinical symptoms</li> <li>-CSF findings</li> <li>-Clinical signs in other organism</li> </ul>
Diagnosis of chronic cerebral & meningeal infections	<ul style="list-style-type: none"> <li>-History for brucellosis &amp; TB</li> <li>-Clinical examination</li> <li>-Laboratory findings</li> <li>-Imaging ( X-ray, MRI or Ultrasound )</li> </ul>

Tuberculous Meningitis		
Diagnostic Features	Clinical	<ul style="list-style-type: none"> <li>- Fever and headache (for more than 14 days).</li> <li>- Vomiting.</li> <li>- Altered sensorium or focal.</li> <li>- Neurological deficit.</li> </ul>
	CSF	<ul style="list-style-type: none"> <li>- Pleocytosis (more than 20 cells, more than 60% lymphocytes)</li> <li>- Increased protein (more than 100 mg/dl)</li> <li>- Low sugar (less than 60% of corresponding blood sugar)</li> <li>- India ink studies and microscopy for cryptococcus Neoformans</li> <li>- Malignant cells should be negative</li> </ul>
	Imaging	<ul style="list-style-type: none"> <li>- Exudates in basal cisterns or in sylvian fissure</li> <li>- Hydrocephalus</li> <li>- Infarcts (basal ganglionic)</li> <li>- Gyral enhancement</li> <li>- Tuberculoma formation</li> </ul>
Complications		<ul style="list-style-type: none"> <li>○ <b>Hydrocephalus</b> due to obstruction of the foramina of Luschka and Magendie or the aqueduct of Sylvius</li> <li>○ Vasculitis, sometimes causing arterial or venous occlusion and stroke</li> <li>○ <b>Cranial nerve deficits</b>, particularly of the 2nd, 7th, and 8th cranial nerves</li> </ul>



	Tuberculosis	Brucellosis
<b>Etiology</b>	Caused by <b>Mycobacterium tuberculosis</b> .	In KSA caused by Br.melitensis.
<b>Epidemiology</b>	<ul style="list-style-type: none"> <li>It is the most common cause of chronic meningitis</li> <li>It infects one-third of the human race.</li> </ul>	<ul style="list-style-type: none"> <li>It is a common disease in Saudi Arabia.</li> </ul>
<b>Transmission</b>	Airborne disease, the bacteria is very small and can stay in air for a long time and spread to a long distance.	It affects people who: <ul style="list-style-type: none"> <li><b>Are in contact with domestic animals.</b></li> <li>Consume raw milk and milk products.</li> <li>And through inhalation.</li> </ul>
<b>Clinical presentation</b>	<ul style="list-style-type: none"> <li>The patient usually presents with <b>fever of long duration</b>.</li> <li>In some cases present as <b>meningitis and cerebral infection</b> presenting chronic neurological symptoms and signs. (Headache, vomiting, meningeal signs, focal deficits, vision loss, cranial nerve palsies, and raised ICP)</li> <li>Symptoms of cough and coughing up blood (Haemoptysis) when the chest is affected.</li> </ul>	<ul style="list-style-type: none"> <li>It usually presents with <b>Pyrexia (fever) of unknown organism</b> of intermittent nature (rising and falling)</li> <li>The fever is accompanied by <b>night sweating</b>, in between the attacks of fever the patient is not very ill.</li> <li>Influenza-like symptoms.</li> </ul>
<b>Can cause</b>	Parenchymal CNS involvement can occur in the form of tuberculoma or more rarely abscess.  Also can cause: <ul style="list-style-type: none"> <li>Spinal meningitis</li> <li>Spinal cord infarction (Pott's spine, Pott's paraplegia).</li> </ul>	<ul style="list-style-type: none"> <li>It can cause chronic cerebral infections &amp; meningitis.</li> </ul>
<b>Prevention</b>	Immunization with Bacille Calmette-Guerin (BCG) to newborns.	<ul style="list-style-type: none"> <li><b>Prevention in animal:</b> Vaccination.</li> <li><b>Eradication:</b> can only be achieved by test-and slaughter combined with effective prevention measures and control of animal movements</li> <li>Cook the meat, avoid contact with animals when they are giving birth and drink pasteurized milk</li> </ul>
<b>Treatment</b>	<b>Total 9-12 months</b> For the first <b>2 months</b> : <ul style="list-style-type: none"> <li>- Rifampicin</li> <li>★ Isoniazid (INH)</li> <li>- Ethambutol</li> <li>- Pyrazinamide</li> </ul> For the next ( <b>4-6</b> ), ( <b>7-10</b> ) months: <ul style="list-style-type: none"> <li>- Rifampicin</li> <li>- INH</li> </ul>	Two of the following 3 drugs: <ul style="list-style-type: none"> <li>- Tetracycline</li> <li>- Rifampicin</li> <li>- Cotrimoxazole</li> </ul> Usually Rifampicin and Cotrimoxazole are preferred as they have good penetration power in the Blood-Brain-Barrier

# Cerebral infections

## CSF and Laboratory Findings

### Tuberculosis & Brucellosis

<b>Biochemical investigation</b>	<ul style="list-style-type: none"> <li>-Total protein→↑ <b>protein</b> level due to presence of inflammatory substance, dead organism, protein and WBC.</li> <li>-Glucose level in comparison to the serum glucose level→↓ <b>glucose</b> level (Normally is 2/3 of serum glucose level).</li> </ul>
<b>Microscopy</b>	<ul style="list-style-type: none"> <li>-Presence of organism.</li> <li>-Total white cell count →↑ local white cell count but in chronic infection the differential shows <b>lymphocytosis</b> while in acute infections there is ↑of polymorph.</li> <li>-Gram stain can same time rarely shows causative organism.</li> <li>-Differential count mainly for:             <ul style="list-style-type: none"> <li>-Polymorphic</li> <li>-Lymphocytes → <b>Neutrophil</b></li> </ul> </li> </ul>
<b>Culture for CSF</b>	<ul style="list-style-type: none"> <li>-For Brucella, T.B Mycobacterium tuberculosis, Leptospira other Bacteria.</li> <li>-TB:             <ul style="list-style-type: none"> <li>-Media :CSF culture a solid medium L.J or fluid medium.</li> <li>-Stain: <b>Z-N Stain</b> can show <b>AFB</b> of T.B</li> </ul> </li> </ul>
<b>PCR</b>	Or other molecular biopsy test for presence of bacterial element
<b>Serology</b>	For Brucella.

## CSF Findings in different cases

Topic	Viral meningitis	TB meningitis	Fungal meningitis	Bacterial meningitis
Cell count 0-5	< 2000 cell/ mL predominantly lymphocytes	<b>100-2000 cells/mL predominantly lymphocytes</b>	100-500 cells/mL predominantly lymphocytes	>1000-20000 cell/mL predominantly Neutrophil
Protein 15-50	30-150 mg/dl	<b>High (100-500 mg/dl)</b>	40-150 mg/dl	High (>250 mg/dl)
Glucose 45-100	30-70 mg/dl	<b>Decreased &lt;40 mg/dl</b>	30-70 mg/dl	<40 mg/dl (<40% of serum Glucose)

# Fungal infections

## Risk factors

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>○ HIV/AIDS</li> <li>○ Hematopoietic stem cell transplant ( HSCT )</li> <li>○ Malignancies</li> <li>○ Hereditary immune defects</li> <li>○ Solid organ transplantation</li> </ul> | <ul style="list-style-type: none"> <li>○ Immunosuppressive medications</li> <li>○ surgery/trauma</li> <li>○ Indwelling catheters ( e.g candidemia -&gt; CNS seeding )</li> <li>○ Diabetes mellitus</li> <li>○ Neutropenia</li> </ul> |
|---|--|

## How fungi reach the CNS

Traumatic introduction	<ul style="list-style-type: none"> <li>○ Surgical procedures</li> <li>○ Head trauma</li> <li>○ Contaminated Injections</li> <li>○ Lumbar punctures</li> </ul>
Local extension	From the paranasal sinuses, the ear, or the orbits.
Hematogenous spread	More common with yeast

## Clinical syndromes

Meningitis	Brain abscess
A. Sub acute    B. Chronic	A. With vascular invasion B. Without vascular invasion

- These clinical syndromes can occur either alone or in combination
- Certain clinical syndromes are specific for certain fungi

## Etiology

Mould / Filamentous	Dimorphic	Yeast
<ul style="list-style-type: none"> <li>○ <b>Aspergillus spp</b></li> <li>○ Zygomycetes</li> <li>○ Fusarium spp</li> <li>○ Exophiala spp</li> <li>○ Cladophialophora Bantiana</li> <li>○ <b>Rhinoctadiella Mackenziei</b></li> <li>○ Curvularia , Bipolarid</li> <li>○ Others</li> </ul>	<ul style="list-style-type: none"> <li>○ Histoplasma spp</li> <li>○ Blastomyces spp</li> <li>○ Coccidioides spp</li> <li>○ Paracoccidioides spp</li> <li>○ Penicillium marneffeii</li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Candida spp</b></li> <li>○ Cryptococcus spp (Encapsulated yeast)</li> </ul>

## Cryptococcal Meningitis

Etiology	<p><b>Cryptococcus neoformans is the most common etiology</b> + cryptococcus gattii</p> <ul style="list-style-type: none"> <li>○ <b>Capsulated</b> yeast cells</li> <li>○ Naturally in birds droppings ( Pigeon ) , tree hollows and soil</li> </ul>
Predisposing factor	<b>AIDS</b> is the leading predisposing factor
Acquired by	Inhalation
Clinical Syndrome	Mainly meningitis

# Fungal infections

## Candidiasis

Candida species are the 4th most common cause of hospital acquired bloodstream infections.

Etiology	<ul style="list-style-type: none"> <li>○ <b>Candida albicans</b> &amp; other species including : C.glabrata, C. tropicalis C. parapsilosis, &amp; C. krusei.</li> </ul>
Morphology	<ul style="list-style-type: none"> <li>○ Hematogenously</li> <li>○ Surgery, Catheters</li> </ul>
Clinical syndrome	<ul style="list-style-type: none"> <li>○ <b>Meningitis</b></li> <li>○ Cerebral abscesses</li> </ul>

## CNS Zygomycosis (mucormycosis)

Etiology	Zygomycetes e.g: Rhizopus, Absidia, Mucor Fast growing fungi
Common risk factors	★ <b>Diabetes with ketoacidosis</b> , in addition to other risk factors.
Clinical syndrome	<ul style="list-style-type: none"> <li>○ The <b>rhinocerebral</b> form is the most frequent presenting clinical syndrome in CNS zygomycosis</li> <li>○ The clinical manifestations of the rhinocerebral form start as sinusitis, rapidly progress and involve the orbit, eye and optic nerve and extend to the brain.</li> <li>○ <b>Facial edema</b>, pain, necrosis, eye infection, loss of vision, black discharge Angiotropism due to blood vessel invasion; As angio-invasion is very frequent</li> <li>○ Usually brain abscesses</li> </ul>
Prognosis	Mortality rate is High (80- 100%) -Progression rapid-
To improve outcome	<ul style="list-style-type: none"> <li>○ Rapid diagnosis</li> <li>○ Control the underlying disease</li> <li>○ Early surgical debridement</li> <li>○ Appropriate antifungal therapy</li> </ul>

## Pheohyphomycosis

-Fungal infections caused by dematiaceous fungi - Neurotropic fungi

Etiology	<ul style="list-style-type: none"> <li>★ <b>Rhinoctadiella mackenziei</b> (Mainly reported from Middle East)</li> <li>○ Cladophialophora, Exophiala , Curvularia, Fonsecaea.</li> </ul>
Common risk factors	★ <b>Reported in immunocompetent hosts</b>
Clinical syndrome	Chronic and Usually brain abscesses

## CNS Aspergillosis

Etiology	<ul style="list-style-type: none"> <li>○ <b>Aspergillus fumigatus</b></li> <li>○ A. flavus</li> <li>○ A. terreus</li> </ul>
Reach CNS by	<ul style="list-style-type: none"> <li>○ Spread Hematogenously</li> <li>★ May also occur via direct spread from the anatomically adjacent sinuse Dr: This is called: <b>Rhinocerebral aspergillosis</b></li> <li>○ Angiotropism (infarction and hemorrhagic necrosis)</li> </ul>
Common risk factors	<ul style="list-style-type: none"> <li>○ Hematological malignancies</li> <li>○ Cancer chemotherapy</li> <li>○ Transplantation</li> </ul>
Clinical syndrome	<ul style="list-style-type: none"> <li>○ Usually brain abscesses (single or multiple)</li> </ul>
Prognosis	<ul style="list-style-type: none"> <li>○ Mortality rate is high</li> </ul>

# Fungal infections

## Other infections

- Histoplasmosis
- Blastomycosis
- Coccidioidomycosis
- Paracoccidioidomycosis

### Can be caused by:

- Cause by primary pathogens
- Subacute or chronic Meningitis (common), & brain abscess
- Following a primary infection, mainly respiratory

## Diagnosis

<b>Clinical features</b>	( history, risk factors... ect): Not specific for fungal infection)					
<b>Neuro-imaging</b>	Good value in diagnosis and therapy monitoring					
<b>Lab Investigations</b>	<b>Clinical Examples</b>	-CSF	-Biopsy	-Pus	-Aspirate	-Blood (for serology)
	<b>CSF Abnormalities:</b>	-Cell count -Glucose level(↓) -Protein level (high): Not specific for Fungal infections				
	<b>Direct Microscopy</b>	Fungal stains: -Giesma -GMS -PAS -India ink: (mostly for Cryptococcus neoformans)				
	<b>Serology</b>	-Candida -Blastomyces	-Aspergillus -Coccidioidis	-Cryptococcus -Paracoccidioides	-Histoplasma	
	<b>PCR</b>	-				
	<b>Culture</b>	Fungal media: -SDA agar -BHI agar -Other media if needed				

## Lab diagnosis

CNS infection	Direct microscopic	Culture	Serology
Cryptococcal Meningitis	Yeast cells <b>capsulated (india ink)</b>	Yeast	<ul style="list-style-type: none"> <li>○ Cryptococcal Ag (capsule)</li> <li>○ Latex agglutination</li> </ul>
Candidiasis	<b>Budding</b> yeast cells and pseudohyphae	Yeast	Manann Ag (cell wall)
Aspergillosis	<b>Septate</b> branching hyphae	Hyaline mould	<b>Galactomannan Ag</b> (specific for aspergillus)
Zygomycosis	Broad <b>non-septate</b> hyphae	Hyaline mould Fast growing	No serology available
Pheohypho-mycosis	<b>Brown septate hyphae</b>	Dematiaceous ( <b>Black</b> ) mould	No serology available

**Serology:**  $\beta$ -D- Glucan<sup>1</sup>, for diagnosis of invasive fungal infections except cryptococcosis and zygomycosis

## Treatment

1. Control of the underlying disease
2. Reduce immunosuppression, restore immunity if possible
3. Start antifungal therapy promptly: Polyenes / Azoles / Echinocandins
4. Consider surgery in certain situations

<b>Antifungal Therapy</b>	CNS fungal infection	Treatment
	Cryptococcal meningitis	<b>Amphotericin B</b> (combination with Flucytosine)
	CNS Candidiasis	<b>Caspofungin, Fluconazole</b> , Voriconazole, Amphotericin B
	CNS Aspergillosis	<b>Voriconazole</b> , Amphotericin B (Combination of voriconazole and Caspofungin)
	CNS Zygomycosis	<b>Amphotericin B</b>

# Viral infections

## Etiology

Enteroviruses	<ul style="list-style-type: none"> <li>○ <b>Poliovirus</b>, Coxsackieviruses (A&amp;B) . Enteroviruses, Echoviruses</li> <li>○ Can cause 1-Aseptic meningitis. 2-Paralysis. 3-Encephalitis</li> </ul>
Herpes simplex Encephalitis	<ul style="list-style-type: none"> <li>○ <b>Herpes simplex virus -1 (HSV-1)</b></li> </ul>
Rabies encephalitis	<ul style="list-style-type: none"> <li>○ <b>Rabies virus</b></li> </ul>
Arthropod borne virus	<ul style="list-style-type: none"> <li>○ <b>West Nile Virus</b>, Common in middle east</li> </ul>

## Pathogenesis

Enteroviruses	<ul style="list-style-type: none"> <li>○ Fecal-oral route → replicate in the GIT mucosa and oropharynx → reaches the blood (viremia) → it targets many organs.</li> <li>○ Inhalation of infectious aerosols</li> </ul>
Poliovirus	<ul style="list-style-type: none"> <li>○ <b>Pathway to CNS by:</b> <ul style="list-style-type: none"> <li>- Blood (viraemia).</li> <li>- Peripheral nerves.</li> </ul> </li> <li>★ <b>Causing destruction of motor neurons AHCs</b> ( Anterior horn cells ) .</li> <li>○ <b>Rarely affects brain stem (bulbar Poliomyelitis)</b></li> <li>○ <b>Immunity:</b> <ul style="list-style-type: none"> <li>- IgA &amp; IgG = Lifelong type-specific immunity.</li> </ul> </li> </ul>
Herpes simplex Encephalitis	<ul style="list-style-type: none"> <li>○ <b>Primary infection:</b> Virus enters via cutaneous or mucosal surface → infect sensory or autonomic nerve endings → transport to the cell body in ganglia before establishing latent phase</li> <li>○ <b>Latent phase</b></li> <li>○ <b>Reactivation (lytic phase):</b> deactivation of HSV in trigeminal ganglion can result in spread to temporal lobe via meningeal branch of CN-V (trigeminal nerve)</li> </ul>
West Nile Virus	<ul style="list-style-type: none"> <li>○ <b>West Nile Virus</b> spread to humans through the bite of an infected vector (<b>Mosquito</b>, Tick, &amp; Sandfly ) , the vector get the virus when they bite an infected <b>Wild birds &amp; Mammals</b> .</li> <li><b>which causes:</b> <ul style="list-style-type: none"> <li>- Fever, Rash, &amp; Arthralgia</li> <li>- Hemorrhagic fever ± hepatitis.</li> <li>- CNS diseases (<b>meningitis &amp; encephalitis</b>)</li> </ul> </li> </ul>
Rabies encephalitis	<ul style="list-style-type: none"> <li>○ <b>Route of transmission:</b> <ul style="list-style-type: none"> <li>- <b>Bite of rabid animal ( bats , dogs and cats )</b></li> <li>- Inhalation while in a bat infested cave</li> <li>- Corneal transplant</li> </ul> </li> </ul>

## Phases

Of Rabies encephalitis

The incubation period

1-3 month

The prodromal phase

Fever, Nausea, Headache, Vomiting, Malaise, Anorexia,  
★ **Abnormal sensation around the wound**

Neurological phase

1- Encephalitis: Nervous, lacrimation, salivation, **hydrophobia** (fear of water), convulsion, coma & death  
2- Paralytic illness: Ascending, death, associated with Bat bite

Recovery

Extremely rare

# Viral infections

## Diagnosis

CSF analysis	Color:Clear      Cells:↑ Lymphocytes      Glucose: Normal      Protein:Normal or↑
Enteroviruses	<ul style="list-style-type: none"> <li>- RT-PCR to detect Enteroviruses RNA in CSF. (Molecular testing)</li> <li>- Virus isolation (old method). Stool sample and inoculate in cell culture</li> <li>- Serology</li> </ul>
Herpes simplex Encephalitis	<ul style="list-style-type: none"> <li>- <b>PCR:</b> Detection of HSV-1 DNA in CSF, ↑ in Lymphocytes, glucose is normal &amp; ↑protein</li> <li>- <b>MRI:</b> For temporal lobe lesion</li> <li>- The clinical presentation: Fever, headache, vomiting, seizures &amp; altered mental status</li> </ul>
Rabies encephalitis	<ul style="list-style-type: none"> <li>- <b>RT-PCR</b> Rabies RNA in saliva</li> <li>- <b>Rapid virus antigen detection</b> Neck skin biopsy, Corneal impressions, Brain tissue</li> <li>- Histopathology: Neuronal brain cell Intracytoplasmic inclusions (negri bodies)</li> <li>- Virus cultivation</li> <li>- Serology</li> </ul>
Arthropod borne virus	<ul style="list-style-type: none"> <li>- <b>Isolation (Gold standard)</b></li> <li>- <b>IgM -AB, ELISA, IF (most used)</b></li> <li>- Arbovirus RNA by RT-PCR</li> </ul>

## Infections

Poliovirus	<ul style="list-style-type: none"> <li>o <b>No illness (90-95%):</b> Asymptomatic</li> <li>o <b>Minor illness (4-8%):</b> Abortive poliomyelitis (No CNS involvement).</li> <li>o <b>Major illness (1-2%):</b> <ul style="list-style-type: none"> <li>- Non-paralytic poliomyelitis (Aseptic meningitis).</li> <li>- Paralytic poliomyelitis (Flaccid paralysis). <b>Usually affects the lower limb (no sensation loss)</b></li> </ul> </li> </ul>
Arthropod borne virus	<ul style="list-style-type: none"> <li>o Asymptomatic infections</li> <li>o Diseases: <ul style="list-style-type: none"> <li>- Fever, Rash, &amp; Arthralgia</li> <li>- Hemorrhagic fever ± hepatitis.</li> <li>- CNS diseases (meningitis &amp; encephalitis)</li> </ul> </li> </ul>

## Prevention

Poliovirus	<ul style="list-style-type: none"> <li>o Inactivated/killed polio vaccine (IPV), <b>for adults</b> (Salk, injection).</li> <li>o Live-attenuated polio vaccine (OPV), (Sabin, oral) → has a potential risk of reverting to its virulent form. (good <b>for children</b>).</li> </ul>
Herpes simplex Encephalitis	<ul style="list-style-type: none"> <li>o <b>Treatment:</b> Acyclovir</li> </ul>
Rabies encephalitis	<ul style="list-style-type: none"> <li>o Control measures against canine rabies includes <ul style="list-style-type: none"> <li>- Stray animals control.</li> <li>- Vaccination of domestic animals</li> </ul> </li> <li>o <b>Pre-exposure prophylaxis (vaccine)</b> for persons at risk of rabies ex, animal handlers</li> <li>o <b>Post-exposure prophylaxis:</b> <ul style="list-style-type: none"> <li>- Wound treatment</li> <li>- <b>Passive immunization</b> human anti-rabies immunoglobulin</li> <li>- <b>Active immunization:</b> Human Diploid Cell Vaccine (HDCV) 5-6 doses</li> </ul> </li> </ul>
Arthropod borne virus	<ul style="list-style-type: none"> <li>o <b>Vector control:</b> <ul style="list-style-type: none"> <li>- Elimination of vector breeding sites</li> <li>- using insecticides</li> <li>- Avoidance contact with vectors (repellants, net)</li> </ul> </li> <li>o <b>Vaccines:</b> <ul style="list-style-type: none"> <li>- Tick-borne encephalitis vaccine, Japanese encephalitis vaccine</li> </ul> </li> </ul>

# Members Board

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## Team Leaders



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