







اللهم لا سهل الا ماجعلته سهلا و انت تجعل الحزن إذا شئت سهلا







Cerebrovascular Diseases

- **Definition** : the broad category of brain disorders caused by pathologic processes * involving blood vessels.
- The three main pathogenic mechanisms are: ❖







-All of these three pathogenic mechanisms can lead to stroke

- It is also the most prevalent neurological disorder in terms of both morbidity and ❖ mortality.
- Cerebrovascular disease is the third leading cause of death (after heart disease ✨ and cancer) in the United States.

Review the following terms

- **Hypoxia**: Deficiency in the amount of oxygen reaching the tissues.
- **Ischemia**: An inadequate blood supply to an organ or part of the body, **Ischemia** causes hypoxia which causes infraction
- **Infarction**: Obstruction of the blood supply to an organ or region of tissue, causing local death ✨ of the tissue.

Robbin's note :The brain is a highly oxygen-dependent tissue that requires a continual supply of glucose and oxygen from the blood. Although it constitutes no more than 2% of body weight, the brain receives 15% of the resting cardiac output and is responsible for 20% of total body oxygen consumption.

The brain may be deprived of oxygen by several mechanisms :			
Functional hypoxia	lschemia, either transient or permanent		
1-low partial pressure of oxygen. (e.g. High Altitude)	1-reduction in perfusion pressure, as in hypotension, cardiogenic shock & local hemorrhage due to rupture		
2-Impaired oxygen-carrying capacity. (e.g. severe anemia, carbon monoxide poisoning)	of an aneurysm		
3-Inhibition of oxygen use by tissue. (e.g. cyanide	2-Vascular obstruction.		
poisoning)	3-Both		

Stroke

Stroke: It is the clinical term for a disease with acute onset of a neurologic deficit as the result of vascular lesions, either hemorrhage or loss of blood supply

Etiology:

Thrombosis & embolism have similar consequences for the brain , loss of oxygen
 & metabolic substrates, resulting in infarction or ischemic injury of regions supplied by
 the affected vessel .

Infarction is complete loss of perfusion , hypoxemia (hypovolemic shock) or hypoglycemia

 Hemorrhage accompanies rupture of vessels and leads to direct tissue damage as well as secondary ischemic injury (aneurysm or trauma)

Clinical Presentation

- Strokes can be asymptomatic or painless, however they may also present with symptoms depending on which part of the brain is injured, and how severely it is injured.
- It is very important to recognize the warning signs (BE FAST) of a stroke and to get immediate medical attention if they occur.
- If the brain damage sustained has been slight, there is usually complete recovery , but most survivors of stroke require extensive rehabilitation.



There can be **speech problems** and **weak face muscles**, causing **drooling (uncontrolled** salivation)

***Sudden** -Numbness or tingling is very common

In cases of severe brain damage there may be **deep coma**, **paralysis of one side of the body**, and loss of speech, followed by death or permanent neurological disturbances after recovery

headache but stroke can also be completely painless

A stroke involving the **base of the brain** can affect **balance**, **vision**, **swallowing**, **breathing and even unconsciousnes**s

Sometimes people have a

The most common is weakness or **paralysis of one side of the body (Hemiplegia)** with partial or complete loss of voluntary movement or sensation in a leg or arm





nrombotic stroke

Definition	Formation of blood clot (thrombus) inside a blood vessel, obstructing the flow of blood
Overview	 The majority of thrombotic occlusions causing cerebral infarctions are due to atherosclerosis Thrombotic occlusions usually are superimposed on atherosclerotic plaques, accompanied by anterograde extension, fragmentation, and distal embolization. Thrombotic occlusions causing small infarcts of only a few millimeters, so called "lacunar infarcts", occurs when small penetrating arteries are occluded.
The most common sites of primary thrombosis	 1- The carotid bifurcation 2- The origin of the middle cerebral artery 3- At either end of the basilar artery

Embolic stroke				
Definition	Intravascular solid, liquid, or gaseous mass that is carried by the blood to a site distant from its point of origin			
Overview	-Embolic infarction are more common than thrombotic infarction			
The sites of emboli	 The territory of distribution of the middle cerebral arteries (branches from the internal carotid arteries) most frequently affected by embolic infarction . Emboli tend to lodge where vessels branch or at stenotic areas caused by atherosclerosis 			
Sources of emboli include	 1- Cardiac mural thrombi (frequent): a.*Myocardial infarct , b. Valvular disease , c. Atrial fibrillation 2- Paradoxical (unexpected) emboli :* particularly in children with cardiac anomalies (e.g. patent foramen ovale) 3- Arteries :(often atheromatous plaques within the carotid arteries or the aortic arch) 4- Emboli associated with cardiac surgery 5 -Emboli of other material (tumor, fat, or air) 			

Global cerebral ischemia					
Definition	Widespread ischemic/hypoxic injury occurs when there is a generalized reduction of cerebral perfusion, * usually below systolic (normally 120 mmHg) pressures of less than 50 mmHg. Global means ischemia to the whole brain .				
Etiology	 Cardiac arrest Cardiac arrest 	Severe hypotension or shock or b	radycardia		
Clinical outcome	 Mild state : When the insult is mild → there may be only a transient postischemic confusional state, with eventual complete recovery Sever state : In severe global cerebral ischemia, widespread neuronal death, and patients who survive often remain severely impaired neurologically & in : persistent vegetative state : * - individual who survive in this state often remain severely impaired neurologically and deeply comatose . They breath & may move their eyes but they aren't communicating . Respirator brain : Other patients meet the clinical criteria for "brain death" including evidence of diffuse cortical injury (isoelectric, or "flat" EEG) and brain stem damage, including absent pupillary reflexes and respiratory drive. When the patients with this irreversible form of injury are maintained on mechanical ventilation, the brain gradually undergoes autolysis, results in the so-called "respirator brain". 				
Overview	 Neurons are much more sensitive to hypoxia than other glial cells The most susceptible to ischemia of short duration are: 1-pyramidal cells of the Sommer sector (CA1) of the hippocampus 2-Purkinje cells of the cerebellum 3-pyramidal neurons in the neocortex 				
(Gross) Macroscopically pathology	 The brain is swollen (edema), with wide gyri and narrowed sulci. The cut surface shows poor demarcation between gray and white matter because of edema . 				
	Early changes (12-24 H)	Subacute changes (24 H- 2 W)	Repair (after 2 W)		
Microscopic	 Red neurons : characterized initially by microvacuolization, cytoplasmic eosinophilia, and later nuclear pyknosis and karyorrhexis Similar changes occur later in glial cells. 	 The reaction to tissue damage begin with the infiltration by neutrophils. Necrosis of tissue, influx of macrophages, vascular proliferation and reactive gliosis. 	 ^S • Removal of all necrotic tissue • Loss of the organized CNS structure • Gliosis • No scars, only shrunken areas. 		
Microscopic Features We don't call it granulation tissue due to the absence of fibrosis in the brain .	* Red (angry) Neurons(Early)	 * By day 10, an area of infarction shows the presence of macrophages and surrounding reactive gliosis (Subacute) * Infiltration of a cerebral infarction by neutrophils begins at the edges of the lesion where the vascular supply is intact (Subacute) 	 * Old intracortical infarcts are seen as areas of tissue loss with a modest amount of residual gliosis. All The pictures was found in both male's and female's slide, and Robin 		

Focal cerebral ischemia					
Definition	 Cerebral arterial occlusion or cerebral hemorrhage lead first to focal ischemia then an infarction in the distribution of the compromised vessels. (not caused by hypotension or something affect heart) The size, location and shape of the infarct and the extent of tissue damage may be modified by collateral blood flow. 				
Collateral blood flow in focal cerebral ischemia	 The major source of collateral flow is the circle of Willis ואל פורב אין ועל פורב אין ועל פורב אין ועל פורב אין אין פור אין אין פור אין אין פור אין אין פור אין אין אין אין אין אין אין אין אין אין				
Infarcts	 Infarcts can be divided into two broad groups based on their macroscopic and corresponding radiologic appearance: Dr. Note: it is difficult to make classification of all infarction of the brain Non hemorrhagic infarcts : which result from acute vascular occlusions. Hemorrhagic infarcts : which result from reperfusion of ischemic tissue, either through collaterals or after dissolution of emboli, and often produce multiple, sometimes confluent petechial hemorrhages. usually manifest as multiple, sometimes confluent, petechial hemorrhages The microscopic picture and evolution of hemorrhagic infarction parallel those of ischemic infarction 				
	First 6 hours the tissue is the tissue unchanged in appearance				
	By 48 hours	the tissue becomes pales (caused by occlusion) , soft and swollen , * and the corticomedullary junction becomes indistinct			
(Macroscopically) Gross pathology Of <u>Non</u> -	2-10 days	the tissue becomes gelatinous , friable and the boundary between normal and abnormal tissue becomes more distinct as edema resolves in the adjacent viable tissue.			
infarct:	Day 10- week 3	The tissue liquifies leaving a fluid-filled cavity (★ lined by dark gray tissue) which gradually expands as dead tissue is removed. مرحلة الذوبان			
		 * Old cystic infarct shows destruction of cortex and surrounding gliosis . Middle cerebral artery is blocked (loss of tissue, No scar or fibrosis) The pictures was found in both male's and female's slide , But the explanation was found only in female's slid, and Robins 			

	Focal cerebral ischemia		
Microscopic Features for <u>Non</u> - nemorrhagic infarct:	 After the first 12 hours : Ischemic neuronal change (red neurons) and edema Endothelial & glial cells swell & myelinated fibers begin to disintegrate. Loss of the usual characteristics of white and gray matter structures During the first several days neutrophils infiltrate the area of injury. Until 48 hours : There is some neutrophil emigration followed by mononuclear phagocytic cells in the ensuing 2 to 3 weeks. Macrophages containing myelin breakdown products or blood may persist in the lesion for months to years. As the process of phagocytosis and liquefaction proceeds, astrocytes at the edges of the lesion progressively enlarge, divide, and develop a prominent network of protoplasmic extensions. Gliosis at the edge of the stroke not in the middle After several months : The striking astrocytic nuclear and cytoplasmic enlargement recedes/disappears. In the wall of the cavity, astrocyte processes form a dense feltwork of glial fibers admixed with new capillaries and a few perivascular connective tissue fibers. In the cerebral cortex the cavity is delimited from the meninges and subarachnoid space by a gliotic layer of tissue, derived from the molecular layer of the cortex. The pia and arachnoid are not affected and do not contribute to the healing process 		
Microscopic Features for lemorrhagic Infarcts	 -Hemorrhagic infarcts usually manifest as multiple, sometimes confluent petechial hemorrhages. -The microscopic picture and evolution of hemorrhagic infarction parallel those of ischemic infarction, with the addition of blood extravasation & resorption. -In individuals with coagulopathies or receiving anti-coagulants, hemorrhagic infarcts may be associated with extensive intracerebral hematomas. Image discolored focally hemorrhagic region in the left middle cerebral artery distribution (hemorrhagic or parallel those of ischemic infarct or parallel those of ischemic infarct or parallel those of a second parallel those of ischemic infarct or parallel those of infarct or parallel those of ischemic infarct or parallel those of infarct or parallel those of ischemic infarct is parallel those of ischemic infarct		

injury, is present in the

temporal lobe.

(Leptomeningeal vessels)

The pictures was found in both male's and female's slide , But the explanation was found only in female's slid, and Robins

red infarction).

Border zone (watershed) infarcts:

- It is not a disease but a term to describe to an infarction.
- Wedge-shaped areas of infarction that occur in those regions of the brain and spinal cord that lie at the most distal fields of arterial perfusion
- It is usually seen after hypotensive episodes
- In the cerebral hemispheres, the border zone between the <u>anterior</u> and the <u>middle cerebral</u> artery distributions is at greatest risk
- Damage to this region produces a band of necrosis over the cerebral convexity a few centimeters lateral to the interhemispheric fissure (فی نص المخ)



Intracerebral Hemorrhage

- Hemorrhages within the brain tissue (intracerebral) can occur secondary to :
 - Hypertension (most common reason)
 - ≻ Tumor
 - ➤ ★ CAA (Cerebral amyloid angioplasty)
 - Arteriovenous/vascular malformation
 - An intraparenchymal tumor (can produce abnormal vessels)
 - vascular wall injury like vasculitis (Aneurysm)
 - Hemorrhages associated with the dura (in either subdural or epidural spaces) make up a pattern associated with trauma
 - brain hemorrhage accounts for roughly 15% of deaths among individuals with chronic hypertension. Intracerebral hemorrhage can be clinically devastating when it affects large portions of the brain or extends into the ventricular system



Dr. Note: This is important Memorize the distribution with percentage

we will talk about this picture in the next slides in details

Subarachnoid Hemorrhage

Bleeding into the subarachnoid space.

Causes

- Rupture of a saccular (berry) aneurysm (the most common frequent clinically significant cause)
 if we know that he has subarachnoid hemorrhage we could say that he has berry aneurysm
- Vascular malformation
- Trauma
- Hematologic disturbances E.x: Hemophilia
- Tumors
- Rupture of an intracerebral hemorrhage into the ventricular system

General info.

- Rupture can occur at any time, but in about one-third (1\3) of cases it is associated with acute increases in intracranial pressure, (* such as with straining at stool or sexual orgasm).
- Increased intracranial pressure is a medical term that refers to growing pressure inside a person's skull
- Sneezing and (constipation) can lead to Increase intracranial pressure



"This is very important subject especially in young people it's called **Berry aneurysm**: It is an aneurysm around circle of willis , the bleeding will happen in the subarachnoid layer , it's congenital (but not from birth) It takes time to grow, can lead to rupture and severe hemorrhage

MEMORIZE THE DISTRIBUTION.



Figure 22–10 Saccular aneurysms. A, View of the base of the brain, dissected to show the circle of Willis with an aneurysm of the anterior cerebral artery (arrow). B, Circle of Willis dissected to show large aneurysm. C, Section through a saccular aneurysm showing the hyalinized fibrous vessel wall. Hematoxylin-eosin stain.

Subarachnoid Hemorrhage

- Symptoms: Patient stricken with sudden, excruciating headache (very painful classically described as "the worst headache l've ever had") and rapidly lose consciousness.
- Location: About 90% of saccular aneurysms occur in the anterior circulation near major arterial branch points.
- ✤ Multiple aneurysms exist in 20% to 30% of cases.

-They are sometimes referred to as congenital but don't present at birth but develop over time because of underlying defects in the vessel media

- Diseases at risk of aneurysm: Ehlers-Danlos syndrome 2-Autosomal dominant polycystic kidney disease Said by Female's doctor
- The probability of aneurysm rupture increases with the size of the lesion such that , aneurysms greater than 10 mm have a roughly 50% risk of bleeding per year.
- In the early period after a subarachnoid hemorrhage, there is a risk of additional ischemic injury from vasospasm involving other vessels. The body reacts to hemorrhage by vasospasm (the constriction of arteries) so this contributes to an additional ischemic injury.

Prognosis

- The prognosis worsens with each episode of bleeding
- Between 25% and 50% of individuals die with the first rupture, although those who survive typically improve and recover consciousness in minutes
- Recurring bleeding is common in survivors; it is currently not possible to predict which individuals will have recurrences of bleeding and we don't know the risk factor of each individual.



Hypertensive Cerebrovascular Disease

- Hypertension affects the deep penetrating arteries and arterioles that supply the basal ganglia and hemispheric white matter and the brain stem.
- ♦ Hypertension causes several changes, including hyaline (pink material) arteriolar sclerosis in arterioles
 → weaker than normal vessels and are more vulnerable to rupture.
- In some instances, chronic hypertension is associated with the development of minute aneurysms in vessels that are less than 300 µm in diameter → Charcot-Bouchard microaneurysms, which can rupture.
- Charcot-Bouchard microaneurysms are microaneurysms of **retinal** blood vessels & lead to loss of vision.
- Hyaline arteriolar sclerosis and Charcot-Bouchard microaneurysms are associated with hypertension .



Lacunar infarcts

- Small cavitary infarcts
 Location of lacunar infarct :
- Most commonly in deep gray matter (basal ganglia and thalamus), internal capsule, deep white matter, and pons
- Consist of cavities of tissue loss with, (repair stage)
 scattered lipid-laden macrophages and surrounding gliosis due to ischemia
- Depending on their location in the CNS, lacunes can either be clinically silent or cause significant neurologic impairment
- Caused by occlusion of a single penetrating branch of a large cerebral artery

Lacunar infarction can associated with chronic hypertension patient





Acute hypertensive encephalopathy

A clinicopathologic syndrome:

 Sudden stained Increase in diastolic blood pressure to greater than 130 mm Hg (very high):

-Clinically: diffuse cerebral dysfunction, including headaches, confusion, vomiting, and convulsions, sometimes leading to coma.

- Does not usually remit spontaneously.
- Grossly : May be associated with an edematous brain, with or without transtentorial or tonsillar herniation.
- Microscopically: Petechiae (small hemorrhages) and fibrinoid necrosis of arterioles in the gray and white matter may be seen microscopically
- Most often associated with sudden sustained increase in diastolic blood pressure to greater than 130 mmHg



*the image is EXTRA

Hypertensive Cerebrovascular Disease

Slit hemorrhage		Massive hypertensive intracerebral hemorrhage (Most important)	
*	Rupture of the small-caliber penetrating vessels and the development of small hemorrhages in time, these hemorrhages resorbed , leaving behind a slit like (needle like) , cavity surrounded by brownish discoloration	*	Massive hypertensive hemorrhage rupturing into the lateral ventricle. *Discussed earlier





Intracerebral & subarachnoid hemorrhage

Vascular diseases

Vasculitis Inflammation					
Definition	Infectious	Infectious arteritis of small and large vessels			
	Infectious	 Previously in association with syphilis and tuberculosis Now more commonly occurs in the setting of immunosuppression ex.(HIV patient , patient after transplantation) and opportunistic infection (such as toxoplasmosis, aspergillosis, and CMV encephalitis) 			
Etiology	*	Systemic forms of vasculitis, such as polyarteritis nodosa, may involve cerebral vessels and cause single or multiple infarcts throughout the brain			
	Non Infectious	 Primary angiitis of the CNS: Vasculitis of the brain blood vessels An inflammatory disorder that involves multiple small to medium-sized parenchymal and subarachnoid vessels – Affected individuals manifest a diffuse encephalopathic clinical picture, often with cognitive dysfunction Improvement occurs with steroid and immunosuppressive treatment 			

- They are classified into four principal types based on the nature of the abnormal vessels:
 - a. Arteriovenous malformations (AVMs)
 - b. Cavernous malformations (cerebellum, pons, subcortical)
 - c. Capillary telangiectasias (pons)
 - d. Venous angiomas (varices)

Arteriovenous Malformations				
Definition	 arteriovenous malformation (AVM) is an abnormal tangle of blood vessels connecting arteries and veins, which disrupts normal blood flow and oxygen circulation 			
Overview	 AVM is the most common type of vascular malformations 			
Epidemiology	affect males twice as frequently as females and most commonly manifest between 10 and 30 years of age with seizures, an intracerebral hemorrhage, or a subarachnoid hemorrhage. In the newborn period, large AVMs may lead to high-output congestive heart failure because of blood shunting from arteries to veins.			
Location	AVMs may involve subarachnoid vessels extending into brain parenchyma or occur exclusively within the brain The risk for bleeding makes AVM the most dangerous type of vascular malformation.			
	 Multiple AVMs can be seen in the setting of hereditary hemorrhagic telangiectasia, an autosomal dominant condition often associated with mutations affecting the TGFβ pathway 			
	Image: the transmission of the			

Homework

Q1 . Define: Transient ischemic attack ?

Regional Ischemia that results in neurological deficits with symptoms lasting less than 24 hours. Is like a stroke, producing similar symptoms, but usually lasting only a few minutes and causing no permanent damage

Q2 . What are the risk factors of stroke ?





MCQs

01 Which of the following is not a common site of primary thrombosis in the brain:						
A) The carotid bifurcation	B)The anterior cerebral artery	C) The origin of the middle cerebral artery	D) At either end of the basilar artery			
02 Which one of the tissue?	02 Which one of the following functional hypoxia is due inhibition of oxygen use by tissue?					
A) High altitude	B) Severe Anemia	C) Cyanide poisoning	D) Carbon monoxide poisoning			
03 Early microscopi	c feature of global cer	rebral ischemia ?				
A)Infiltration of neutrophils and macrophage	B)Red neurons	C)Gliosis	D) both A , C			
04 What is the major source of collateral blood flow in focal cerebral ischemia ?						
A)cortical-leptomening eal anastomoses	B)Basal artery	C)Circle of willis	D)middle cerebral artery			
05 which of the following hypertensive cerebrovascular diseases consists of cavities of tissue loss with scattered lipid-laden macrophages?						
A) Slit hemorrhage	B) Hypertensive encephalopathy	C) Intracerebral hemorrhage	D) Lacunar infarcts			
06 Autopsy was done to a patient with history of diffuse cerebral dysfunction, the histopathology report indicated a petechiae and fibrinoid necrosis in some arterioles in the gray and white matter, what is the diagnosis?						
A) Intracerebral hemorrhage	B) Lacunar infarcts	C) acute hypertensive encephalopathy	D) Slit hemorrhage			

MCQs	01	02	03	04	05	06
Answer key	В	С	В	С	D	С



MCQs

07 Charcot-Bouchard Aneurysms are associated with :								
A) Chronic hypertension	B)Slit hemorrhage	C) Vasculitis	D) Lacunar Infarcts					
08 The most important effects of hypertension on the brain								
A) Massive hypertensive intracerebral hemorrhage	B) Lacunar infarcts	C) Hypertensive encephalopathy	D) Slit hemorrhage					
09 Which of the following triggers a Subarachnoid Hemorrhage with the highest clinical significance:								
A)Hematologic disturbance	B)Tumors	C)Hypertension	D) Rupture of a saccular aneurysm					
10 Regarding subacute changes of GCl, which of the following is not present in histopathological slide examination:								
A)Neutrophils infiltration	B)Reactive Gliosis	C)Red neurons	D)Scaring formation					
11 The watershed infarct happens in the cerebral hemisphere in:								
A) Between the anterior and the middle cerebral artery	B) Between the lateral and middle cerebral arteries	C) At the basal ganglia	D) At the occipital lobe only					
12 In the healing phase of subarachnoid hemorrhage, occur:								
A) Scarring	B) Necrosis	C) Inflammation	D) Slit hemorrhage					

MCQs Answer key	07	08	09	10	11	12
	A	A	D	D	А	A

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