



Mid Term Revision

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Disclaimer

This file is a students effort. it is <u>NOT</u> a source to study from. study your slides carefully then check this file please and make sure you cover the important things that we obtained from doctors. Some points we need to clarify:

- 1- Prof.Meo's revision is <u>NOT</u> included in this file.
- 2- There are tremendous differences between the boys and girls slides. Make sure you cover them both.
- 3- We highly recommend that you study the teamwork since the best students work on it.



Physiology of Motor Tracts

Motor Areas

The Primary Motor Area (M1 Motor area 4):

Cccupies the precentral gyrus & contains large , highly excitable Betz cells, anterior to central sulcus, Betz cells are also called pyramidal cells

. M1 of one side controls skeletal muscles of the opposite side of the body. Left motor area innervate right body side and vice versa

 \clubsuit Feet are at the top of the gyrus and face at the bottom , arms and the hand area in the mid portion. Inverted

• Facial area is represented bilaterally, but rest of the representation is generally unilateral.

Area of representation is proportional with the complexity of function done by the muscle. So, muscles of hands and speech (lips, tongue, and vocal cord) occupies 50% of this area

The neurons of this area arranged in vertical Columns. Each column has six distinct layers of cells, The pyramidal cells that give rise to the to the corticospinal fibers all lie in the fifth layer.

The Betz cells fibers transmit nerve impulses to the spinal cord at a velocity of about 70 m/sec, the most rapid rate of transmission of signals from the brain to the cord.

Betz cells axons send short collaterals back to the cortex to inhibit adjacent regions of the cortex when the Betz cells discharge, thereby "sharpening" the excitatory signal.

The Supplementary Motor Area (M2):

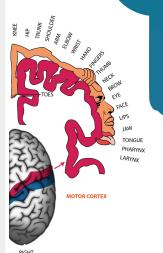
primitive type of movements.

Iocated on the lateral side of the brain in front of area 4 and above the pre-motor area & extends on medial side of the cerebral hemisphere.

Concerned with planning ,programming and organizing motor sequences.

Stimulation of this area leads to bilateral (bimanual)grasping movements of both hands simultaneously.Example:playing piano

This area make motor programs for axial muscles. It provides background adjustment for finer motor control of the arms and the hands by the premotor area and primary motor cortex



 Generally focus on functions of each one and make sure to differentiate
 between the motor areas (1,2, and 3)
 Focus on Betz
 cells and know that they have a high
 conduction velocity
 <u>AND Minimum</u> synaptic delay

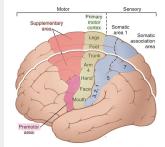


Figure 56-1. Motor and somatosensory functional areas of the cerebral cortex. The numbers 4, 5, 6, and 7 are Brodmann's cortical areas, as explained in Chapter 48.

Motor Areas



skills and learned type of movements.

lies in front of the primary motor area & below supplementary motor area.

Stimulation of the premotor area produces complex coordinated movements, such as setting the body in a certain posture to perform a specific task. Steady position . مسؤولة عن الحركات المعقدة زي الكورشيه

It works in association with the supplemental motor area, * establishing the motor programs necessary for execution of complex movements.

It contains mirror neurons which are important for understanding the action of other people and for learning new skills by imitation.

A few highly specialized motor centers have been found in the premotor areas of the human cerebral cortex:

Premotor Area	Location	Function
Broca's Area for Speech Damage to this area can cause Broca's aphasia (motor aphasia or aphemia)	Broca's Area	Speech
Frontal Eye Movements Area	Above Broca's area in the frontal lobe	Controls voluntary movements of the eyes toward different objects in the visual field
Head Rotation Area	Above the Eye movement area in the motor cortex	Directing the head toward different visual objects
Hand Skills Area Damage to this area causes motor apraxia (motor disorder in which the individual has difficulty with the motor planning to perform tasks or movements) راح يخسر الحركات الدقيقة	Above the Head rotation area	Hand Skills

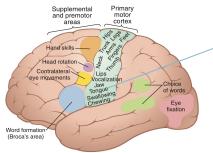
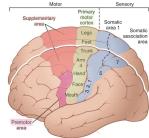
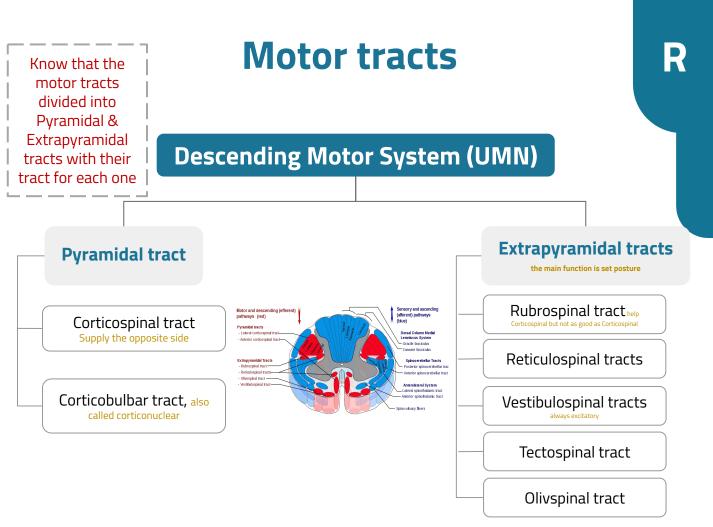


Figure 56-3. Representation of the different muscles of the body in motor cortex and location of other cortical areas responsible for specific types of motor movements

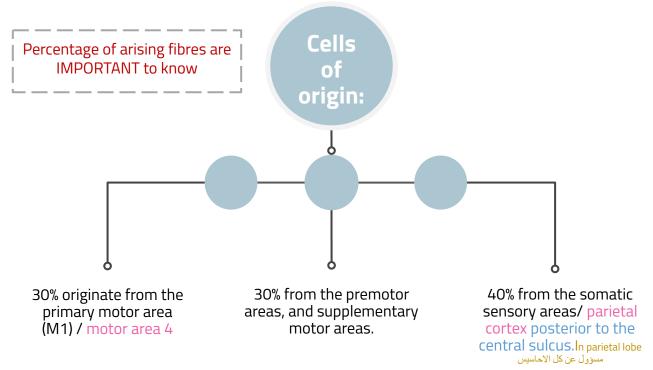
If we stimulate this area the patient will produce unmeaning words

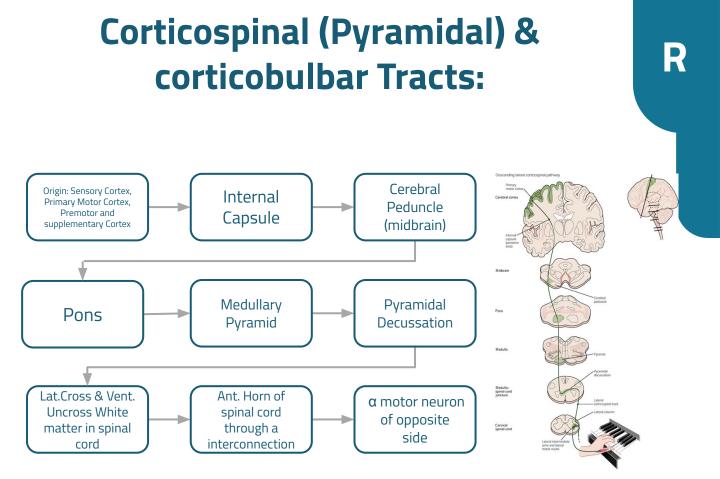
۲۰ notor and somatosensory functional areas of the cere tex. The numbers 4, 5, 6, and 7 are Brodmann's cortical areas ained in Chapter 48.





Corticospinal (Pyramidal) & corticobulbar Tracts:





Motor cortex

Corpus callosum

Basis pedunculi of mesencephalon

Longitudinal fascicles of pons

Pyramid of medulla oblongata

-Lateral corticospinal tract

-Ventral corticospinal tract

Corticospinal Tracts (Pyramidal) Divides into:

	Lateral C.S. Tract	Ventral (anterior) C.S. Tract	12
Function	These fibers controls and initiates fine discrete skilled movement of distal limb muscles (i.e. Fingers and hands)	These fibers control the axial and proximal limbs muscles so it concern with control of posture.	



1-Initiation of fine, discrete, skilled voluntary movements for opposite side

2-Effect on stretch reflex: Facilitate muscle tone through gamma motor neurons intrafusal fibers

3-Corticobulbar tracts control face & neck muscles & facilitate their tone, and are involved in facial expression, mastication & swallowing.+ Extraocular muscle in eye movement

Rubrospinal Tract :

1-It receives **ipsilateral** fibers from the primary motor cortex through the corticorubral tract & from the corticospinal tract .

2-Receive afferents from **contralateral** cerebellum & from basal ganglia .

Function corticorubrospinal Tract :

The corticorubrospinal pathway serves as an accessory route for transmission of discrete signals from the motor cortex to the spinal cord. When the corticospinal fibers are destroyed, discrete fine control of the fingers

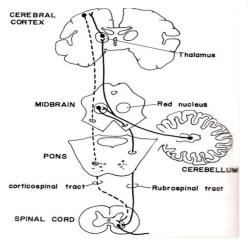
movements can still occur but impaired.

Rubrospinal tract lies in the lateral columns of the spinal cord, along with the corticospinal tract. Therefore, together are called **the lateral motor system of the cord**,

in contradistinction to a vestibulo-reticulospinal system, which lies mainly medially in the cord and is called **the medial motor system of the cord.**

2- Vestibulospinal (V.S) tracts:

	Lateral V.S. Tract	Medial V.S. Tract	Medulia
Cells of origin	Lateral V.S Nucleus	Medial V.S Nucleus	Cervical corri
Function	Excitatory influences upon extensor motor neurons to maintain posture & righting reflex	Coordination of head and eye movements	Lumbar cord



Motor tracts

3- Reticulospinal tracts:

Types	Pontine (Medial) Reticulospinal Tract	Medullary (Lateral) Reticulospinal Tract
Cells of origin	Pontine Reticular Formation which has high degree of excitability & they receive strong excitatory signals from the vestibular nuclei and the neocerebellum.	Medullary Reticular Formation
Pathway of the axons	Descends in anterior (ventral) white column at all levels of the spinal cord. Terminates mainly on interneurons in the spinal gray matter.	Descend in lateral white column at all levels of the spinal cord on both sides.
Function	Increases the medially situated Gamma and alpha efferent activity (excitatory to axial & antigravity, extensor muscles of the body (lower limb) & increases muscle tone) -It causes powerful excitation of antigravity muscles - It is excitatory for extensors & inhibitory for flexors (unlike rubro-spinal).	 -It receives strong input (afferent) from The corticospinal tract (the premotor area of cerebral cortex) The rubrospinal tract (red nucleus) The paleocerebellum -These activate the medullary reticular inhibitory system to counterbalance the excitatory signals from the pontine reticular system Synapse with interneurons that inhibits Gamma and Alpha efferent activity of antigravity and extensor muscles, but they facilitate the Gamma and Alpha of flexor muscles. -Transmit inhibitory signals to antigravity extensor muscles & decreases muscle tone. (Like rubro-spinal)

Basically both the Vestibulospinal tracts and the Reticulospinal tracts help to maintain posture. The main differences in achieving that are:

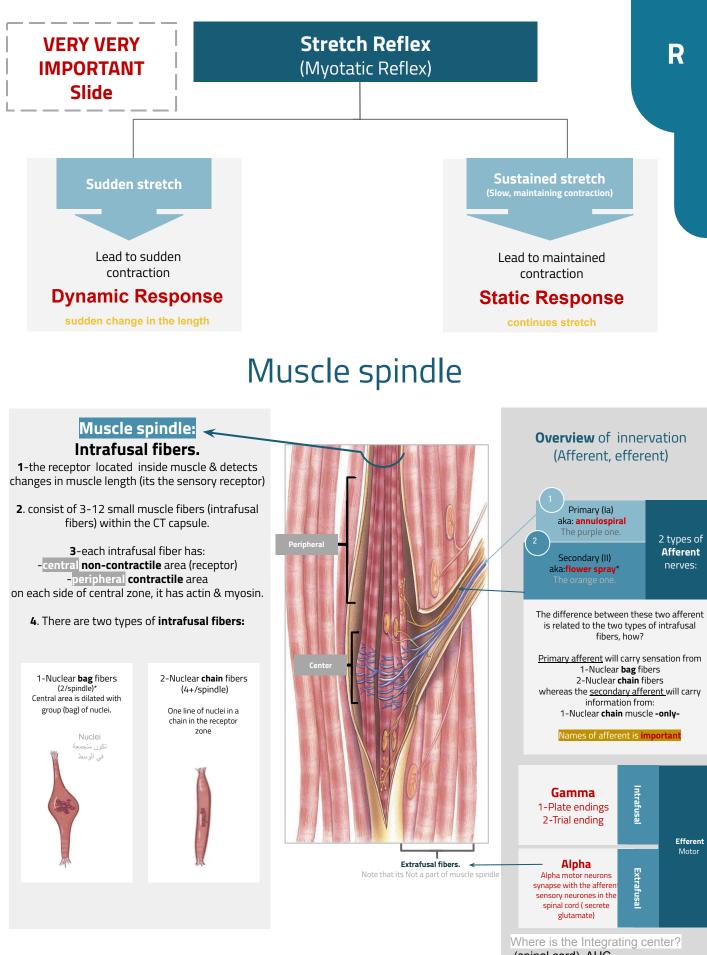
1. The R.S tract is both excitatory and inhibitory, but the V.S is only excitatory.

2. The V.S tract maintains posture by being mainly stimulated by the vestibular apparatus.

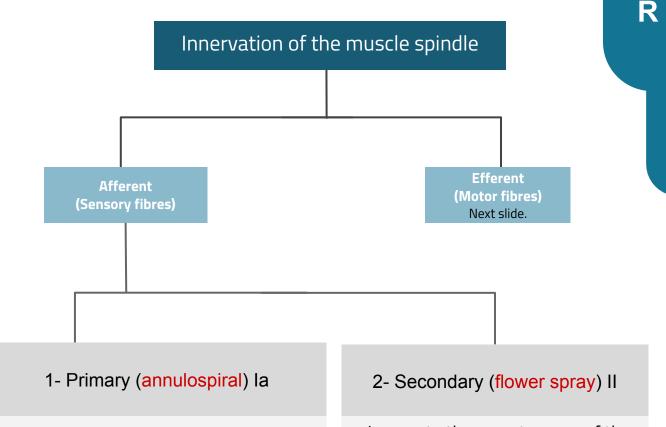
Physiology of Stretch reflex

Q from females Doctor

What's the type of gamma efferent? What's the role of gamma efferent? What's the benefits of gamma efferent?



(spinal cord) AHC What is the Effect? Muscle contraction & Reciprocal Inhibition of antagonist



-Fast, transmits sensory signals to the spinal cord at a velocity of 70 - 120 m/sec -encircle receptor areas of nuclear bag fibers mainly, but also nuclear chain fibres -17 micrometers diameter
-Discharge most rapidly if the muscle is suddenly stretched(dynamic response) & less rapidly (or not)during sustained stretch (static response)
-Measure the rate & or velocity of change in muscle length of nuclear bag fibres

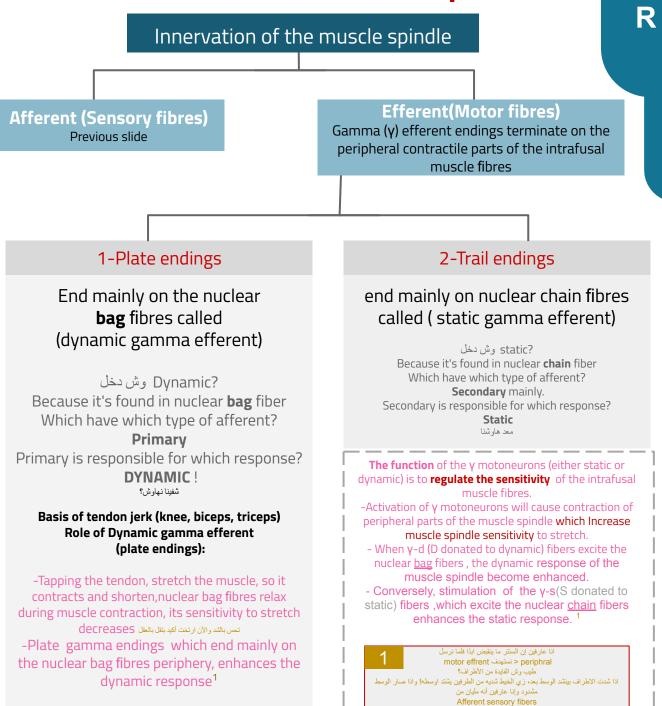
 -innervate the receptor area of the nuclear chain fibres ONLY

 -8 micrometers in diameter
 -Discharge throughout the period of muscle stretch,
 (sustained stretch) measure mainly muscle length (static response)
 - directly proportional to the degree of stretch

N.B: IMPORTANT

	Supplied by Which afferent	Responsible for
Nuclear bag Fibres	primary endings only	the dynamic response
Nuclear chain fibres	both primary and secondary endings	the static response





Alpha- gamma COACTIVATION: to avoid opposition

IMPORTANT

Signals from the motor cortex to the alpha motorneurons, mostly transmitted to the gamma motorneurons simultaneously, an effect called coactivation. it's the maximum stimulation

The purpose of Coactivation:

First, it keeps the length of the receptor portion of the muscle constant. Otherwise receptor portion of the spindle would sometimes be flail and sometimes be overstretched, causing unsmooth muscle contractions.

1- central of reception portion of the muscle constant.

2- Oppose sudden changes in muscle length.

Dynamic stretch reflex (dynamic or phasic Response

This is the basis of Tendon Jerks (dynamic stretch reflexes)

sudden contraction Sudden rapid stretch of a muscle 1 Stimulate Nuclear **bag** fibers which respond to velocity of change of receptor length causes synchronous strong burst of excitatory discharges in annulospiral afferents to the alpha motor neuron 2 causes the latter to send strong motor excitatory impulses to extrafusal fibers. Discharge <u>synchronous*</u> strong impulses to the primary ending mainly to the alpha motor neuron *(motor units discharge all together) 3 Motor alpha nerve Causing sudden contraction of muscle extrafusal fibers (jerk movement) 4 Synchronously (jerk movement) followed by relaxation 5 As the muscle shortens (cause it contract), the spindle becomes lax and هو كان يرسل اشار ات لما ينشد فلما صار ريلاكس وقف الديشارج ceases to discharge 6 no more stimulation of alpha motor neuron 7 no more excitatory impulses from alpha motor neuron to the extrafusal fibers 8 Muscle relax 9 Static stretch reflex (static Response) Sustained stretch Sustained/maintained contraction Maintained stretch of a muscle Stimulates the receptor portion of the nuclear **chain** fibers 2 discharge slowly, both the **primary** and the **secondary** endings are stimulated to the alpha motor neuron to the alpha motor Impulses from muscle spindle travel through spindle afferents (mainly along secondary ending) to alpha motor neuron,

contraction of muscle fibers Asynchronously (motor units not discharge all together)

stimulating it to produce muscle contraction)

Resulting in mild sustained contraction of muscle extrafusal fibers as long as it is stretched

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Reflexes <u>diagram</u> 3

4

Factors that Influence Stretch Reflex (all act on gamma motor neurons)		
Inhibitory	Facilitatory	
Supraspinal:I.Cortical (suppressor area 4 & Area 6)II.Basal gangliaIII.Red NucleusIV.Medullary RF (Reticular formation)V.paleocerebellum	Supraspinal: I. Cortical (Primary motor area 4) II. Vestibular N (nucleus) III. Pontine RF(reticular formation) (bulboreticular) IV. Neocerebellum	
Excessive stretch of muscle (golgi tendon reflex)	Anxiety: <u>Gamma motor neuron will be active</u>	
Muscle contraction	Noxious painful stimuli طبعًا الألم بيحفز الريفكلس	
مساحة فاضية ماعرفنا وش نقولكم فيها, نقولكم بالتوفيق بكم لغة ؟ French :Bonne chance. German : Viel Glück. Italian : In bocca al lupo.	Jendrassik-manuver هذا تكنيك يوصلنا لريفلكس واضح، كيف؟ يقولون للمريض عض على اسنانك مثلا أو اضغط باصابعك ضد بعض -اي شيء مؤلم شوي الغاية منها نلهي The cortex from inhibitory impulses للمكان اللي قاعدين نختيره ونخليها ترسل مثبطات لألم الأسنان بدل المكان اللي نختيره وبكذا يصير الريفكلس واضح لنا	

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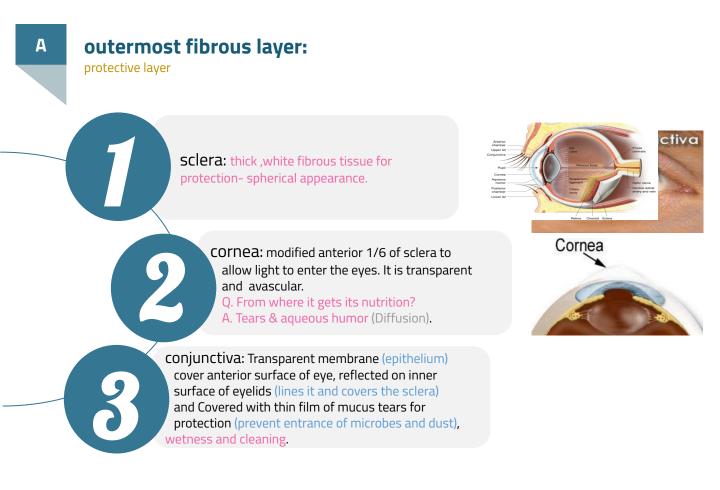
Comparison Between Stretch & Inverse Reflexes

	Stretch reflex	Inverse stretch reflex
Stimulus	Increased muscle l <mark>ength</mark>	Increased muscle <mark>tension</mark>
Receptor	Muscle spindles	Golgi tendon organs
Afferents	Type Ia & II fibers	Type Ib fibers
Response	Muscle contraction	Muscle relaxation
Synapses	Monosynaptic	Polysynaptic
RECIPROCAL INNERVATION Regulation	Inhibit antagonists through inhibitory interneurons	Excites antagonistic muscles through excitatory interneurons
PHYSIOLOGICAL SIGNIFICANCE	Regulate muscle length	Regulate muscle tension to prevent excessive tension increase & tendon avulsion
CLINICAL ASSESSMENT	Sudden tap of muscle causes brisk contraction muscle jerk	Overstretch of muscle sudden muscle relaxation (lengthening reaction)

Physiology of Eye and Refraction

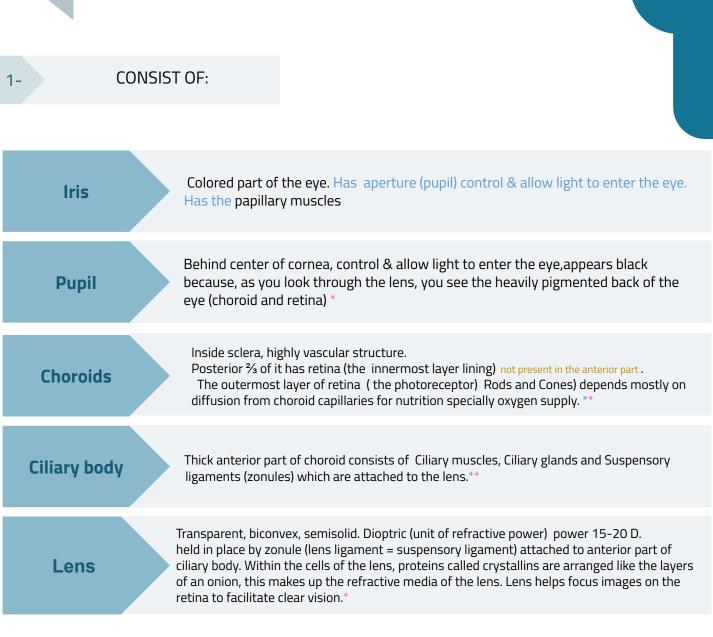
Doctor mentioned a lot of details about this lecture, I have put them all just in case, but the things he mentioned them as IMPORTANT you will find them with red bold color

Structure of The Eye

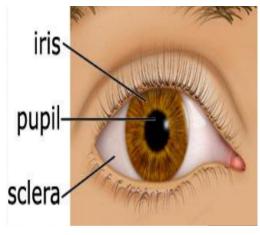


В

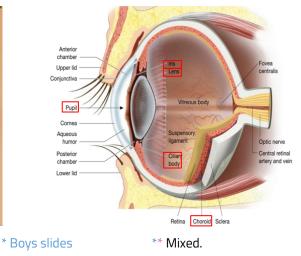
middle vascular layer:



Uvea is: choroid + iris + ciliary body fleshy parts in the eye



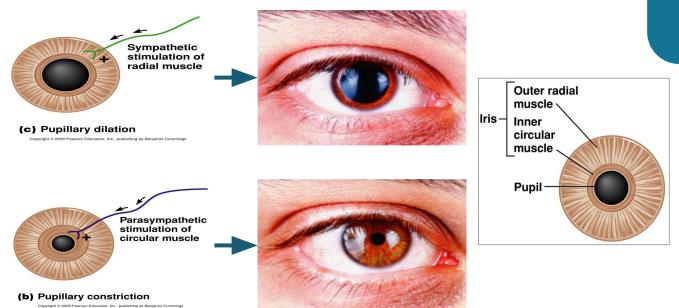
* Girls slides.



2- **The pupillary muscle** consists of:

1- radial muscle dilates the pupil as in dim light supplied by sympathetic mydriasis

2- constrictor pupillae (circular muscles) constrict the pupil by parasympathetic as in bright light. Myosis



The Anterior & Posterior Cavities:

The Ciliary Body (& its suspensory ligament) and lens divide the eye into :



2-

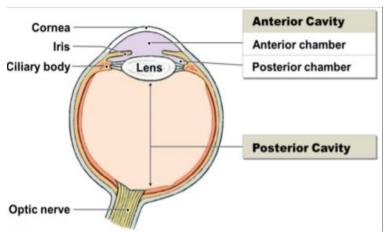
Anterior cavity

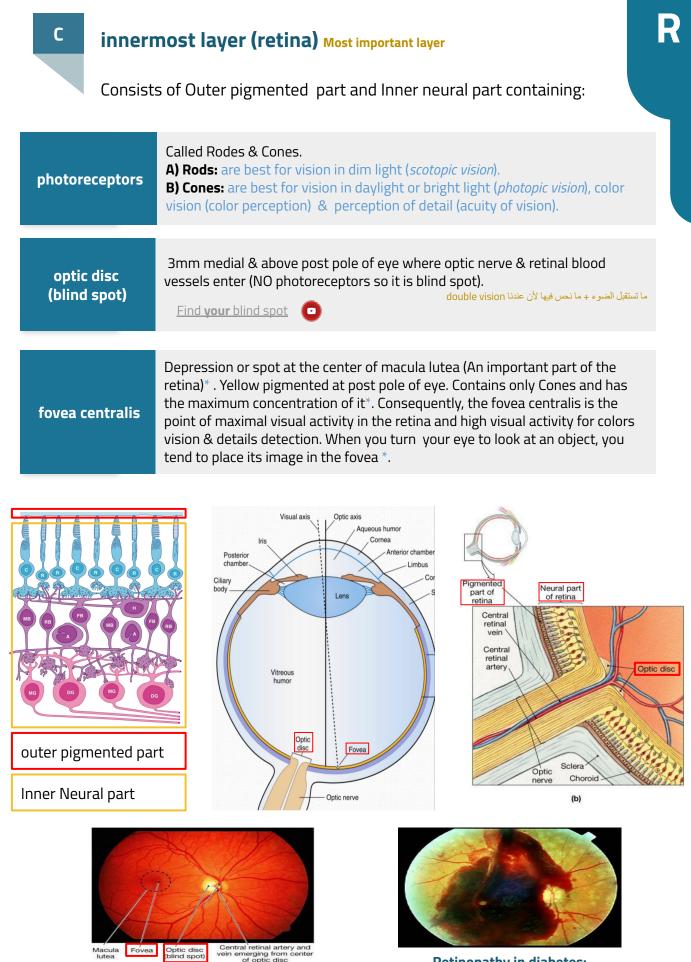
which contains a fluid called aqueous Humor. The Iris further divides the anterior cavity into: **a- Anterior Chamber** (between cornea and iris). **b- Posterior Chamber** (behind the iris; between the iris and lens).



Posterior cavity:

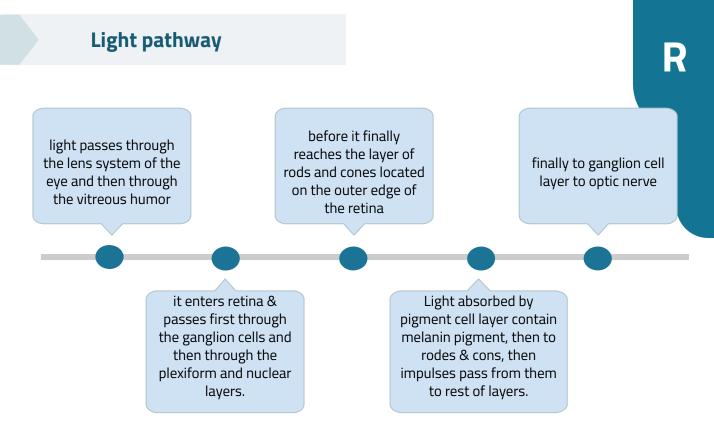
which contains fluid called Vitreous Humor.

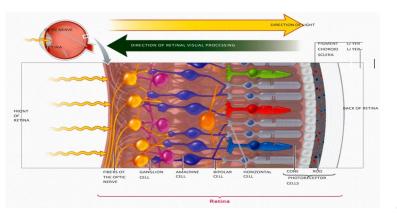


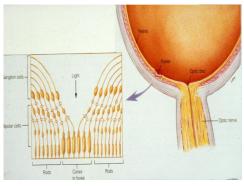


Normal ophthalmoscopy view

Retinopathy in diabetes: Vessels have weak walls causes hemorrhaging and blindness.







Nerve fibers and ganglion axons go two both side away from the center to allow direct striking of the light to the cones of the fovea centralis to give the best color vision and the best details detection

Diopter

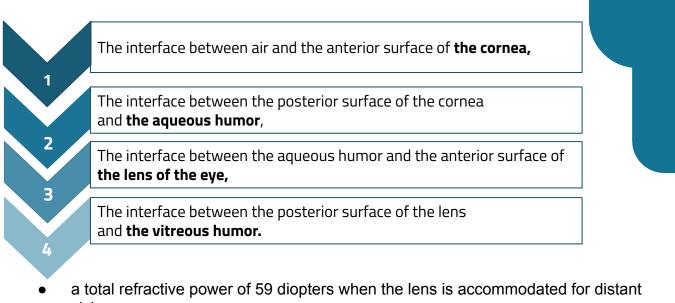
Diopters are a measure of refractive power =

1 Principle focal distance in **meters**

Example: If Principal focal distance of a lens is 25cm, how much refractive power would it have?

The greater the curvature of the lens the greater the refractive power of the eye (in accommodation, We increase the curvature of the lens) Concave lenses "neutralize" the refractive power of convex lenses. Thus, placing a 1-diopter concave lens immediately in front of a 1-diopter convex lens results in a lens system with zero refractive power *

Refractive Media of The Eye



vision.

8

The Cornea	 It's dioptric power is 40-45 diopter at its anterior surface. About two thirds of the 59-60 diopters of refractive power of the eye is provided by the anterior surface of the cornea. The principal reason for this is that the refractive index of the cornea is markedly different from that of air N.B/ The internal index of air is 1 the cornea 1.38 the aqueous humor 1.33 the crystalline lens 1.40 the vitreous humor 1.34 	Total refractive power = 59 diopters
Aqueous Humor	 Fluid produced by ciliary body (ciliary processes)>to post chamber > to pupil > to ant chamber > to canal of schlemm at angle of ant chamber > to veins Function: Nourishing avascular structures (cornea ,lens) Causes intraocular pressure 10-20mm Hg Produced at a rate of 2-3 microliter/min by active transport of NA+, followed by CI- and HCO3- and then osmosis of water Contains many nutrients like amino acids ascorbic acids and glucose is continually being formed and reabsorbed. nourishes the cornea and iris produced in the ciliary body by an active secretion by ciliary processes. the aqueous humour is a transparent, slightly gelatinous (gel-like) fluid similar to plasma It causes intraocular pressure 10-20 mmhg obstruction of this outlet leads to increased intraocular pressure , a critical risk factor for glaucoma 	Aueous Formation View of the second secon

*

Boys

Girls

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9

Errors of Refraction

IMPORTANT

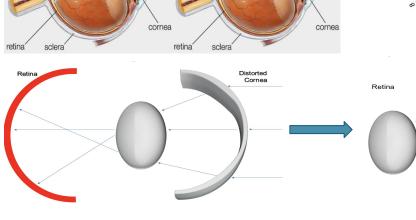
Abnormality	Hypermetropia (hyperopia = far-sightedness)	Myopia(nearsightedness)	
cause	Short (Small) eyeball + weak lens system	 Myopia is thought to be partially genetic in origin However, there is a positive correlation between sleeping in a lighted room before the age of 2 and the subsequent development of myopia. * In young adults the extensive close work involved in activities such as studying accelerates the development of myopia * 	
features	An affected individual has to use accommodation even for distant objects. *	Genetic, large eyeball ,long anteroposterior diameter of the eye,or too much refractive power of lens system or cornea due to its too curved surface	
leads to	Continuous accomodation to bring image on retina causes muscular effort on ciliary muscle & prolonged convergence , this leads to headache & blurred vision & finally squint, focus behind retina	focus in front of retina	
Correction by	correction by biconvex lens.	Correction by biconcave lens to diverge rays before strike lens	
graphs	Normal sight (near object is clear) Hyperopia (eyeball too short) Hyperopia corrected	Normal sight (faraway object is clear) Myopia (eyeball too long) Myopia corrected	

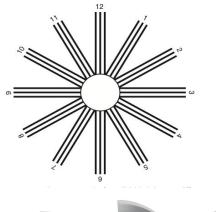
Image Focusing

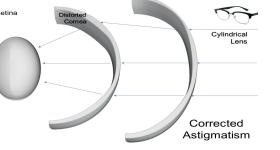
Emmetropia (normal vision)	EMMETROPIA (eyeball length just right)	Fully relaxed unaccommodated
Myopia (Short sight)	MYOPIA (eyeball length too long)	Iens Far object > short FD > focus in front of the retina
Hyperopia (long sight)	HYPEROPIA (eyeball length too short)	Near object >long FD > focus behind the retina

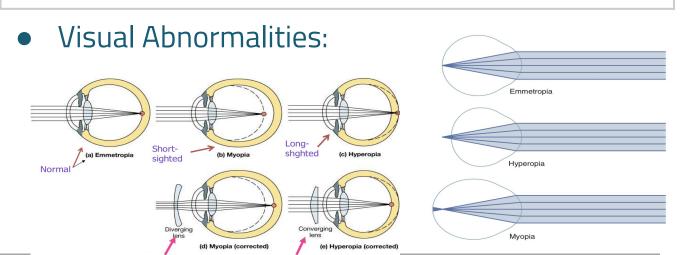
Errors of Refraction cont...

	العراف Astigmatism	Presbyopia
* *	Mainly Uneven & ununiformed corneal curvature, very rare ununiformed lens curvature Rays refracted to diff focus > blurred	Eye near point recedes by age due to loss of accommodation > Focus behind retina > correction by biconvex lens
*	vision Correction by cylindrical lens which bends light rays in only one plane (a focal line)	ciliary للي أعمار هم فوق الخمسين مثلاً يصير و يلبسو نظار ات قر اءة لانه يصير لهم muscle weakness
Astig	gmatism Pictures :	12 12
Astign focal poi		





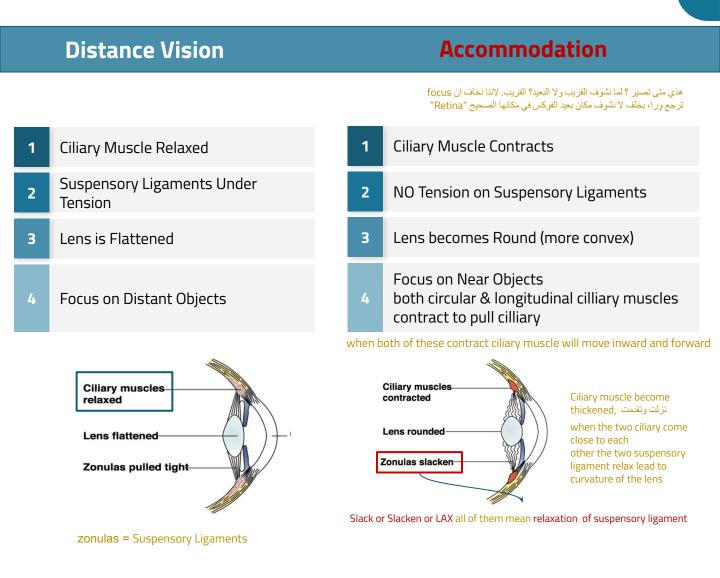




Vision, Accommodation and light Pathway lesions R

Accommodation

Modification of the refractive power of the eye (curvature of the lens) the goal: clearing the vision view of a nearby object



Visual Pathway

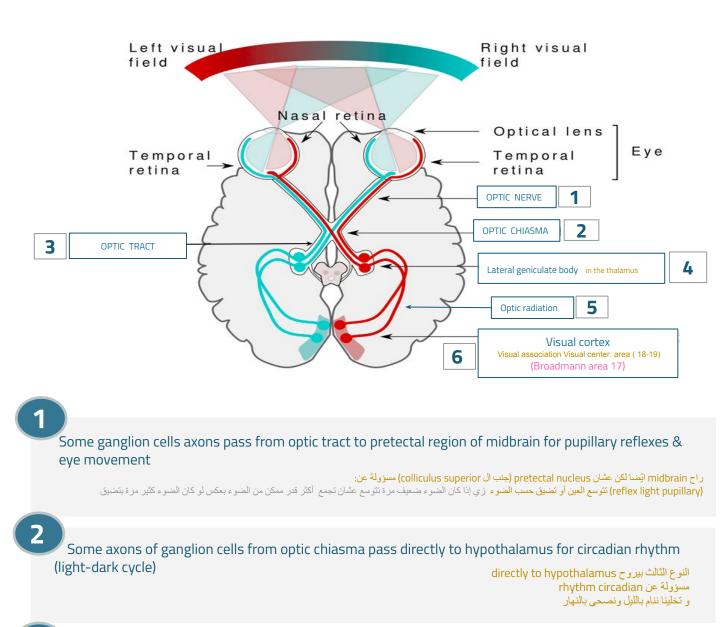
VERY IMPORTANT Slide

R

- Pathway from Retina to the Visual Centers in the Brain
- Photoreceptors : Rods and Cones synapse on Bipolar Cells , which in turn , synapse on Ganglion Cells .
- Axons of **Ganglion Cells** constitute the Optic Nerve .
- These axons converge at the Optic disc ,which is also called Blind Spot

(Why?)... Because there are no photoreceptor only way for optic nerve to pass through

Passing through the Blind Spot they leave the eye , constituting the Optic Nerve



3

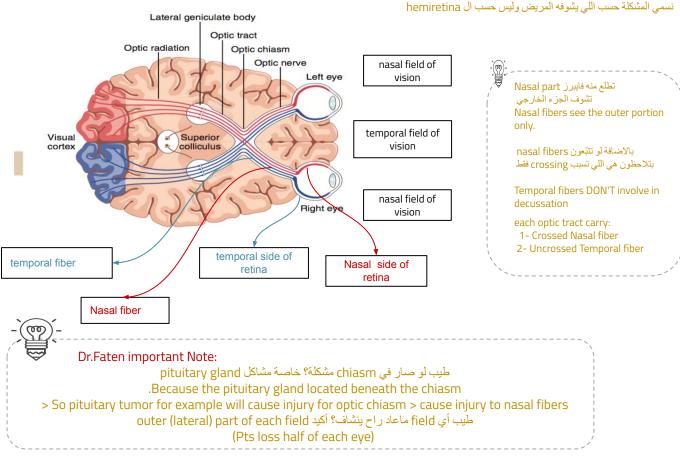
Some axons from lateral geniculate body in thalamus to superior colliculus in midbrain to control rapid directional movements of the two eyes and accomodation. R & its miosis component مسؤول عن أيش؟ accommodation reflex and miosis of pupil

VISUAL Pathway More Explanation for the previous slide

- Optic nerve fibers from the medial (nasal) side of retinae decussate **Optic Chiasma**
- Therefore an Optic Chiasma lesion (e,g, Pituitary Tumor) will cause vision loss from the both.. lateral(temporal) halves of the Field of Vision (bitemporal hemianopia)
- Optic nerve fibers from the lateral (temporal) parts of the retinae do not decussate
- Therefore , each optic tract carries fibers from the both the temporal side of the ipsilateral retina + nasal side of the contralateral retina.
- Therefore , a lesion in optic tract will cause loss of vision from the ipsilateral nasal field of vision + contralateral temporal field of vision .

There are two vision fields 1-temporal 2-nasal, the temporal visual field is represented on the nasal hemiretina while the nasal visual field is represented on the temporal hemiretina.

the nasal hemiretina (temporal visual field) decussate in the optic chiasm -> a lesion here can cause loss of the temporal visual field called bitemporal hemianopia (tubal vision), the temporal hemiretina (nasal visual field) doesn't decussate so a lesion in the optic tract can cause problems with both fields called homonymous hemianopia



VISUAL PATHWAY & FIELD Girls slide only.

- The nasal fibers (medial) cross to opposite side at optic chiasma
- The temporal fibers (lateral) do not cross
- Nasal fibers conveys temporal field (outer) of vision
- Temporal fibers conveys nasal field (inner)of vision

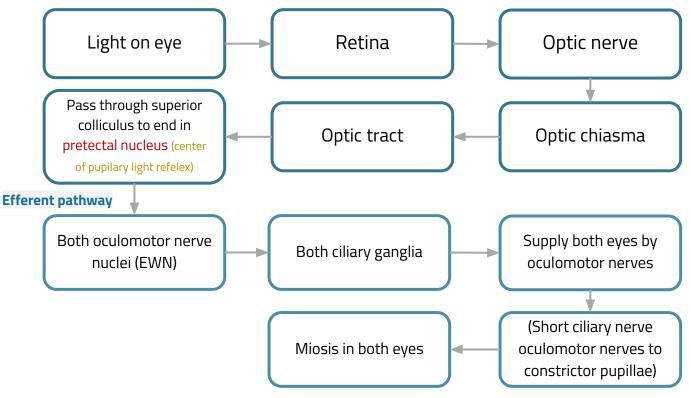
OPTIC TRACT :

- \checkmark The left optic tract corresponds to the right ½ of the visual field
- The right optic tract corresponds to the left ½ of the visual field

Pupilary light reflex (استجابة العين للضوء)

Pathway of Pupilary light reflex (indirect):- girls slide only

Afferent pathway



Conversely, in darkness, the reflex becomes inhibited, which results in dilation of the pupil.

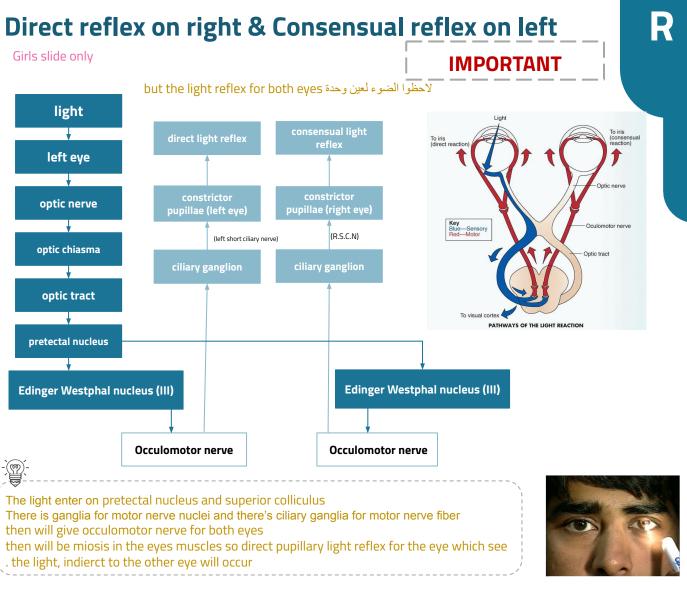
The pupil constricts in response to:

- The accomodation Reflex Its center: superior colliculus
- The light reflex, ts center: pretectal nuclus

IMPORTANT

الزهري مرض تتاسلي (Neurosyphilis) الزهري مرض تتاسلي

- Pupils constrict in response: to accomodation reflex ,but not to the light reflex
- In syphilis tabes dorsalis which destroy pretectal nucleus only, away from superior colliculus & fibers of accomodation.
- light .R is lost but accomodation R remains can be seen in SLE and DM2 as well



Three types of retinal ganglion cells and their respective fields

boys doctor said its for your knowledge

W cells: 40% with small diameter , sensitive or detecting directional movement in the field of vision, and they are probably important for much of our **rod** vision under dark. تشيل الفايبرز بتاع ال rods اكثر

2

X Cells: 55% has a medium size diameter Transmission of the Visual Image and Color Vision تخدم ال cones اكثر لانها تاخذ اغلب الفايبر منه وهي المسؤولة عن الالوان

3

1

Y Cells: 5% only with large diameter to Transmit Instantaneous & rapid Changes in the Visual Image , either rapid movement or rapid change in light intensity

Phototransduction

R

IMPORTANT

Photoreceptors

Types of Visual Receptors (Photoreceptors)

Rods	Cones
Abundant in the periphery of the retina	Abundant in & around fovea (More central)
Best for low light (dim light) conditions	best for bright light conditions.
see black/white and shades of gray (Monochromatic)	see all colors
100,000,000-120,000,000 rods	5,000,000-6,000,000 cones
 Sensitivity to light: Low Threshold Sensitive to low intensity light Night vision 	 Sensitivity to light: High Threshold Sensitive to High intensity light Day vision Photochemistry of color vision by the cones: The cones are about 30 to 300 times less sensitive than rods to light
Low acuit	High acuity
Color vision: No	Color vision: Yes
Dark adaptation: Adapt late	Dark adaptation: Adapt early

Shape of Visual Receptors (Photoreceptors) Rods & Cones

Outer segments	Inner segments
Outer segment (modified cilia) has disks full of photosensitive pigment (rhodopsin) react with light to initiate action potential	There is Na-K pump In inner segment
In cones is conical , small and contain 3 types of photosensitive pigments/rhodopsin	Full of mitochondria (source of energy for Na-K pump), it is thick in cones synthesis of the pigment
In rods it is big, rode like and contain one type of rhodopsin	-
There are Na channels in the outer segment (Open and close in response to cGMP)	-
The inner and outer segment are connected by a ciliary stalk t	brough which the photosensitive

The inner and outer segment are connected by a ciliary stalk through which the photosensitive compound travel from the inner segment (where they are manufactured) to the outer segment of the rods and cones (where they are used)

Photosensitive Compound (Rhodopsin)

Cones

- In cones rhodopsin (iodopsine) formed of:
- Opsin protein (photopsin) + Retinal (also known as retinene1) = aldehyde form of Vit A)
- There are 3 types of rhodopsin/iodopsin in cones (photopsine I,II,III) each respond to a certain wavelength of light for color vision.

Rods

- In rods its rhodopsin formed of:
- Scotopsin protein (opsin) + Retinal (also known as retinene1) = aldehyde form of Vit A) =
 Visual purple
- Rhodopsin of the rods most strongly absorbs green-blue light and, therefore, appears reddish-purple
- Rhodopsin forms 90% of rods protein ,stored in disks of rods at outer segment
- At dark At dark rhodopsin is in 11 cisretinal form (inactive) *Activated and degraded in response to light* but light sensitive form which increase sensitivity of rods to light.

Retinal (Retinene) is produced in the retina from Vitamin A, from dietary beta-carotene.

Photoreceptor pigment:

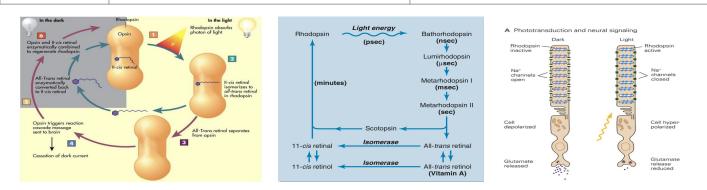
Composition:

- Retinine1 (Aldehyde of vitamin A) , Same in all pigments
- Opsin (protein), Different amino acid sequence in different pigments
- Rhodopsin (Rod pigment): Retinine + scotopsin

R

Visual cycle (Bleaching & regulation):

	Light	Dark
In :	Light induce Isomerization of 11-cis-retinal into metarhodopsin I then into metarhodopsin II, then into all-trans-retinal (more broken form of metarhodopsin) by a conformational change (bleaching) and all trans-retinal separate from opsin by light and opsin remains alone. Light breaks down rhodopsin.	In Dark trans-retinal is enzymatically re-converted to the 11-cis- retinal form via an retinal isomerase enzyme. Since the scotopsin is present alone (having been removed from the rhodopsin) it immediately will combine with 11-cis-retinal to regenerate new rhodopsin. Dark regenerate rhodopsin. At dark: 11cis-Retinal in rods + scotopcin → rhodopsin regeneration
cyclic GMP Boys slides only*	In the light, there is a decrease in cyclic GMP levels, which closes NA+ channels in the photoreceptor membrane, reduces inward NA+ current, and produces hyperpolarization.	In the dark, there is an increase in cyclic in cyclic GMP levels, which produces an NA+ inward current (or "dark current")
The potential recording: Boys slides only*	Hyperpolarization of the photoreceptor membrane decreases the release of glutamate, from the synaptic terminals of the photoreceptor (this creates a negative potential on the inside of the entire cell of about -70 to -80mv)	depolarization of the photoreceptor membrane (the cell remains at about -40mv), which leads to steady release of glutamate at dark
Retinal Visual cycle:	When there is excess retinal in the retina, it is converted in light back into vitamin A, thus reducing the amount of light-sensitive pigment in the retina	The amount of rhodopsin in the receptors varies inversely with the incident light level. (decreases with light) More exposure to light → more Rhodopsin breakdown.



Dark Adaptation:

- It means: increase sensitivity of the photoreceptors when
- vision shifts from bright to dim light
- ♦ When a person moves from lighted environment → a dimly lighted environment,
- the retina becomes more sensitive to light & the person will see at dark (accustomed to dark) in about 20 min.(only gross features but no details or colors).
- Rhodopsin in darkness is essential for depolarization of rodes to see in dark & for dark adaptation)
- Reaches max in 20 minutes
- First 5 minutes threshold of cones decrease
- 5 to 20 Sensitivity of rods increase
- Mechanism of dark adaptation: increase regeneration of rhodopsin.

Light Adaptation:

When light switch on again, the rodes are knocked out of action (they stop sending AP at high levels of light) & cones start to function to adjust & adapt to the level of brightness in 5 min this is called Light adaptation, it takes less time because here we are breaking the pigments (bleaching) and it takes less time, in dark we are regenerating the pigment which takes more time time at a start of a start of the start of the start because here we are breaking the pigments (bleaching) and it takes less time, in dark we are regenerating the pigment which takes more time time at a start of the st

Other mechanisms of light and dark adaptation:

In addition to adaptation caused by changes in concentrations of rhodopsin or colour photochemicals, the eye has two other mechanisms for light and dark adaptation:

1. A change in pupillary size:

This change This change can cause adaptation of approximately 30-fold within a fraction of a second because of changes in the amount of light allowed through the pupillary opening

2. Neural adaptation:

Involving the neurons in the successive stages of the visual chain in the retina itself and in the brain. That is, when light intensity first increases, the signals transmitted by the bipolar cells, horizontal cells, amacrine cells, and ganglion cells are all intense. However, most of these signals decrease rapidly at different stages of transmission in the neural circuit

Nyctalopia: (Night Blindness):

This condition is called night blindness because the amount of light available at night it too little to permit adequate vision in vitamin A-deficient persons.

Vitamine A (main source of retinal of rhodopsin)

Vitamin A deficiency cause rods , cones & retinal degeneration & loss of rods

R/ its not enough to just take dietary Vitamin A so we give Intravenous vit A if receptors are well So it can make rhodopsin before it degenerates completely

Physiology of synapses

R

Make sure you can differentiate/compare them

Make Sure you can unrerentiate/compare them		
Chemical Synapse	Electrical Synapse	
Exhibits synaptic delay eg at NMJ reveal a delay of 0.5 to 4.0 mili sec	Almost no delay in transmission.	
20- to 40-nanometer distance that separates cells (know that there is distance)	Cells approach within about 3.8 nm of eacl other <mark>(Almost no distance)</mark>	h
Two separate cells that do not touch	Gap junctions are intercellular connection that directly connect the cytoplasm of cel	
Slower than Electrical	Faster: many neurons fire synchronously	
Mostly unidirectional	Mostly bidirectional	
More complex behaviors (thinking)	Are fast, but can produce only simple behaviors (Sleep arousal)	
Act on receptors which are specific	Without the need for receptors to recognize chemical messengers	ze
The response may not be the same as the source.	The response is always the same sign as the source.	he
The response in the postsynaptic neuron is variable. (speed can increase or decrease)	Lack Gain the signal in the postsynaptic neuron is the same or smaller than that of t originating neuron (Speed is almost always constant)	he

Factors affecting synaptic transmission: "this always comes in MCQs"

Changes in internal environment:

- Alkalosis: \uparrow neuronal excitability ; e.g. overbreathing in epilepsy The overbreathing blows off carbon dioxide and therefore elevates the pH of the blood momentarily over breathing will cause faint in people with abnormal brain cells
- Acidosis: 1 neuronal activity; e. g. diabetic or uremic acidosis coma
- **Hypoglycemia**: 1 neuronal activity
- **Hypocalcemia**: \uparrow neuronal excitability (tetany) Ca competes with Na to enter the cell, if Ca is low it's easier for Na to enter therefore hypocalcemia increases neuronal activity
- **Hypoxia**: Depression of neurons

Drugs:

- **Caffeine** found in coffee, tea, increases neuronal excitability, by reducing the threshold for excitation of neurons.depolarizes postsynaptic membrane
- Strychnine: competes with inhibitory transmitters
- **Theophylline** and **theobromine** increases neuronal excitability, by reducing the threshold for excitation of neurons.
- **Sedatives**, **hypnotics** & **anesthetics**: hyperpolarize (*†*threshold) postsynaptic membrane.

Diseases:

- Tetanus: Inhibits release of GABA (spastic)
- Botulism: Inhibits release of Ach (Flaccid)

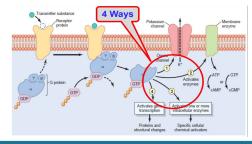
Comparison		D
EPSPs	Action Potentials	
Localized	All or none	
Graded	Not localized	
Does not propagate	Propagate	

EPSPs	IPSPs
1- Opening of Na channels to threshold level (Most Common).	Opening of Cl ion channels through the postsynaptic neuronal membrane.
2. Decrease conduction through CI or K channels, or both.	2. Increase in conductance of K ions out of the Neuron
3. Various changes in the internal metabolism of the postsynaptic neuron to excite or, in some instances, to Increase excitatory membrane receptors or decrease inhibitory membrane receptors	3. Activation of receptor enzymes that inhibit cellular metabolic functions that increase inhibitory membrane receptors or decrease excitatory membrane receptors.

Fate of Neurotransmitter

After a transmitter substance is released at a synapse, it must be removed by:

- 1. Diffusion out of synaptic cleft into surrounding fluid.
- 2. Enzymatic destruction e.g Ach esterase for Ach.
- 3. Active transport back into presynaptic terminal itself e.g norepinephrine



2nd messenger acts in 4 ways

- 1- Opening channels
- 2- Activates membrane enzymes
- 3- Activates intracellular enzymes
- 4- Activates gene transcription

Synaptic features

(You should know the details) One way conduction Synaptic delay (0.5 ms) Synaptic inhibition

Convergence and divergence Fatigue Summation

Spinal cord functions & reflexes

R

Classification of reflexes (according to site of receptor):

A) Deep Reflexes

Know which are Mono/Polysynaptic Know which are Deep, Superficial, Visceral

BY STIMULATION OF RECEPTORS DEEP IN MUSCLES AND TENDONS

1- Stretch reflex (tendon jerk), they are monosynaptic such as knee-jerk (patellar reflex) and ankle jerk.
 The receptor for all these is the muscle spindle (is located deep within the muscle itself).
 2- Inverse Stretch Reflex (Golgi Tendon organ reflex), polysynaptic. The receptor is called Golgi Tendon Organ present deep in the muscle tendon
 Stretch —>Maintain Muscle Tone in

Also there are -Extensor Standing/Posture/Stepping • Rhythmic Walking/Scratching

B) Superficial Reflexes

Are **polysynaptic** reflexes . The receptor are **superficial in the skin** or mucous membrane.

Examples are:

- Withdrawal
- Abdominal reflexes and plantar reflex
- Corneal and conjunctival reflexes.

the receptors for the abdominal wall reflex are found on the skin of the anterior abdominal wall

C) Visceral (autonomic)

Are the reflexes where at least one part of the reflex arc is **autonomic nerve**. Stimulation receptors in viscera as micturition, and defecation

Examples are:

- Pupillary reflex
- Carotid sinus reflex

Physiology of brainstem

<u>A sample case</u>

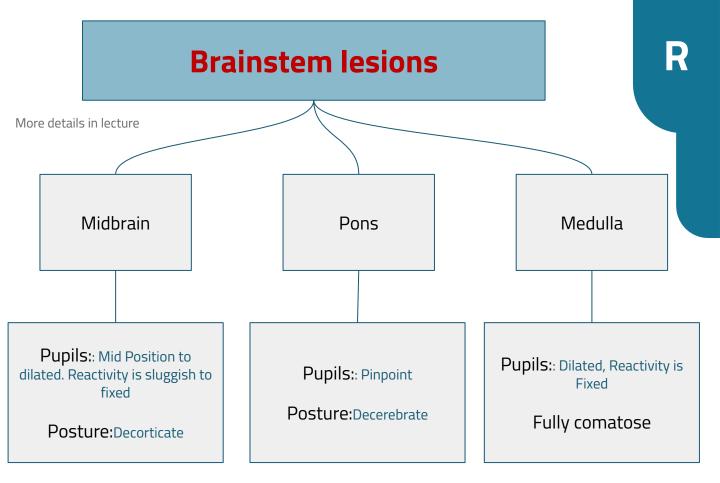
A 58 y/o female patient was referred to you because of recent onset of left **hemiparesis (Corticospinal tract involvement)**, left-sided **loss of proprioception (Dorsal column involvement)** and **right-sided tongue deviation. (Hypoglossal nerve)** → **Right side means Right side of brainstem**

Integrative functions

You should know what structure is responsible for each function

- It controls consciousness & sleep cycle (alertness and arousal) through reticular formation.
- It has got center for cardiovascular, respiratory & autonomic nervous system.
- It has centers for cough, gag, swallow and vomit.
- Sense of body balance (vestibular function).
- Substantia Nigra which is a part of the basal ganglia is present in midbrain and is involved in control of movement.
- Midbrain also contain red nucleus which regulate the motor activity through cerebellum.
- Superior and inferior colliculi are situated on the dorsal surface of the midbrain and is involved in visual & auditory processing required for head movements.
- Pain sensitivity control: Periaqueductal grey matter of mesencephalon is an area which is rich in endogenous opioid and is important in modulation of painful stimuli.

Origin and function of cranial nerves		
Midbrain	CN 3 (Oculomotor) CN 4 (trochlear)	Eye movement (CN3 constricts the pupils and accommodates)
	CN 5 Trigeminal	Chews, facial sensation
Pons	CN 6 Abducens	Eye movement
	CN 7 Facial	Facial movement, Taste, Salivation
	CN 8 Vestibulchoclear	Hearing, Balance
Medulla	CN 9 Glossopharyngeal	Taste, salivation, Swallowing, Monitors chemo and baroreceptors
	CN 10 Vagus	Taste, Swallow, Lifts palate, Talk, Parasympathetic communication
	CN 11 Accessory	Turns head, Lifts shoulder
	CN 12 Hypoglossal	Moves tongue

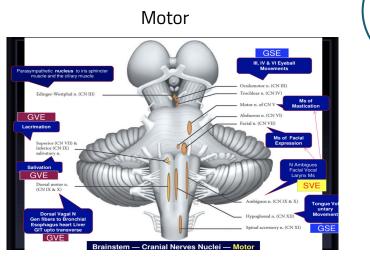


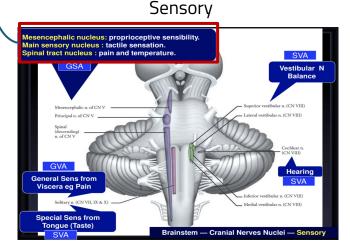
To test brainstem reflexes "these are attractive questions"

- Pupillary and corneal reflexes \rightarrow CN 3 \rightarrow Midbrain
- Conjunctival reflex → CN 7 → Pons
- Vestibulo-ocular reflex: Injection of iced water into the ear will produce eyes movement.
- Oculocephalic reflex: Eyes will be fixed when head is moved in or another direction.
- Gag & cough reflexes.

Know the location and the function of nuclei

Trigeminal nuclei, You must know functions of every nucleus "I like this nuclei" "I would be interested in these ones"





Thank you