

Prof.Meo's Final revision

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DISCLAIMER!

This file is completely a personal effort, it is not by any mean a primary source to study and prepare for the exam, study your slides or the team work first then check this file, some points I want to clarify:

- I suggest opening this file hand by hand while reading the lectures and focusing on the important things mentioned by doctor to have a full picture and imagination.
- Any slide number mentioned in this file it would be according to Prof.Meo's slides



- Slide 5 VERY IMPORTANT "please remember this slide" (Rule of 3)
- Slide 8 **IMPORTANT** "please remember these names"
- Slide 9 "just know the peduncles and where the got their inputs from"
- Slides 10-12 he went through them quickly "just read them".
- Slides 13-14 are VERY IMPORTANT Slides.
- He skipped slide 15.
- He just read slides 16-17.
- Slide 18 cerebellum lobes functions are **IMPORTANT**
- He said about slides 18-20 "Please keep these slides in your mind, VERY IMPORTANT slides"
- He just went through slide 21 quickly.
- Slide 22 "Clinical features & tests related to cerebellum are IMPORTANT"
- Dysdiadochokinesia & tremors are VERY IMPORTANT
- Slide 23 (Finger nose test), he just went through it quickly.
- Slides 24-26 were skipped. "I just explain these things"

- Slide 27 "If motor and sensory systems are intact, an abnormal asymmetric heel to shin test is highly suggestive of an ipsilateral cerebellar lesion"
- slide 28 He just read the graph very quickly.

Autoregulation of Cerebral blood flow

- Slide 3 was skipped
- Slides 4-5 he just read them
- Slide 6 is **VERY IMPORTANT** slide
- Slide 7 "know the red highlighted factors"
- Slide 8 he just read it
- Slide 9 is **VERY IMPORTANT** slide
- Slide 10 is VERY IMPORTANT (know the values)
- Slide 11"Make sure to understand it"
- Slide 12 "know the myogenic theory"
- Slide 13 is VERY IMPORTANT (know the range of regulation 60-140)
- Slide 14 he read it quickly
- Slide 15 is **VERY IMPORTANT** (CO2 is very IMPORTANT)
- Slides 16-20 he just read them
- Slide 21 "please know the oxygen limits"
- Slide 22 he just read it
- Slide 23 he just read it and said "ANS and Neurochemical control has minor role"
- Slides 24-25 he just read them
- Slides 26-29 were skipped
- Girls Dr : the Values are important

Taste and smell

- Slides 2-4 he just read them.
- Slide 5 "Saliva is very important in taste process"
- Slide 6 he just read it quickly
- Slide 7 "Please remember this slide"
- Slide 8 is **VERY IMPORTANT** (know the receptors)
- Slides 9-13 are VERY IMPORTANT slides
- Slide 14 "same previous slides"
- Slide 15 he read it and explained each pathophysiology briefly.
- Slides 17-18 were skipped
- Slide 19 he just read it
- Slides 20-23 were skipped
- Slide 24 is **VERY IMPORTANT**
- Slide 25 "same mechanism mentioned on slide number 24"
- Slides 26-28 were skipped
- Slide 29 he read it quickly without saying any hints, but <u>I</u> <u>think</u> it is important.
- Slide 30 he just read each pathophysiology quickly without explanation.

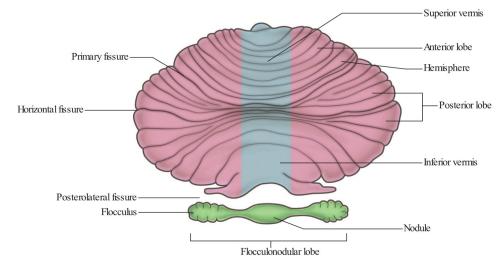
Speech

- Slide 3 (know the type of communications)
- Slide 4 he went through it quickly
- Slide 5 he just read the definitions
- Slide 6-13 he just read them without any hints
- Slide 14 "please remember this slide"
- Slide 15-21 he just read them
- Slide 22 is **VERY IMPORTANT** slide
- Nuclei X and XII receive corticobulbar pathway from both ipsilateral and contralateral hemispheres (Bilateral innervation).
- Slide 23-24 he just read them and said please remember slide number 24.
- Slide 25 is **VERY IMPORTANT** slide
- Slides 26-28 were skipped
- Slide 29 he just read it "Stuttering is more common in children"
- Slide 30 he just read it
- Slide 31 was skipped
- "please remember slides 22, and 25 they are very IMPORTANT slides please do not miss them"
- Girls Dr: Function + Lesion are important
- don't worry about the difference between girls and boys slides داکروا سلایداتي

functions are IMPORTANT Cerebellar Divisions

- The anterior & posterior lobes on each side constitute 2 large cerebellar hemispheres, which are separated by a narrow band called the vermis.*
 - **Guyton:** The flocculonodular lobe is the oldest of all portions of the cerebellum; it developed along with (and functions with) the vestibular system in controlling body equilibrium.

	Anatomically	Physiological	Functional	Hemisphere Vermis	
male slide only	Anterior lobe	Paleocerebellum	Spinocerebellum		
	Posterior lobe	Neocerebellum	Cerebrocerebellum	Posterior lobe	
	Flocculonodular lobe	Archicerebellum	Vestibulocerebellum	Lateral zone of hemisphere Intermediate zone of hemisphere Figure 56-2 Functional parts of the cerebellum as seen from the posteroinferior view, with the inferiormost portion of the cerebellum rolled outward to flatter the surface.	



Functional Divisions: Extra : Explanation for images in slides

Spinocerebellum: Regulation of muscle tone, coordination of skilled voluntary movement. Receives proprioceptive input and copy of the motor plan from the motor cortex and sends impulse to medial and lateral descending system for motor execution. Guyton: This consists of most of the vermis of the posterior and anterior cerebellum plus the adjacent intermediate zones on both sides of the vermis.

- **Cerebrocerebellum**, **planning and initiation of voluntary activity.** Interacts with motor and **premotor cortices**. **Guyton:** This consists of the large lateral zones of the cerebellar hemispheres, lateral to the intermediate zones.
- **Vestibulocerebellum: Maintenance of balance, control of eye movement.** Connects with **vestibular nuclei. Guyton:** This consists principally of the small flocculonodular cerebellar lobes that lie under the posterior cerebellum and adjacent portions of the vermis.

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VERY IMPORTANT SLIDE Structure and Connections of the cerebellum

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Cells

Cortex nuclei

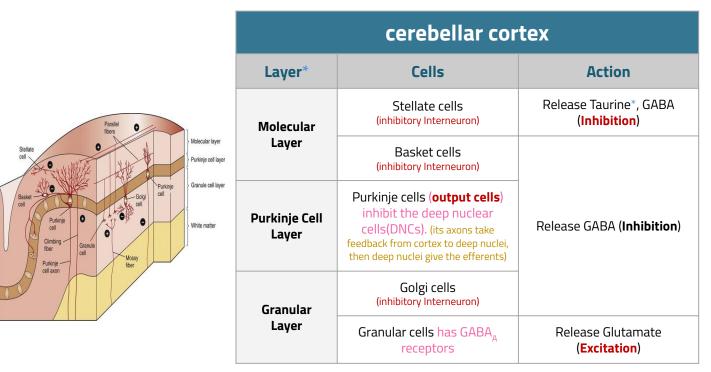
- 1. Purkinje cell.
- 2. Granule cell.
- 3. Basket cell.
- 4. Golgi cell.
- 5. Stellate cell.

Fibers

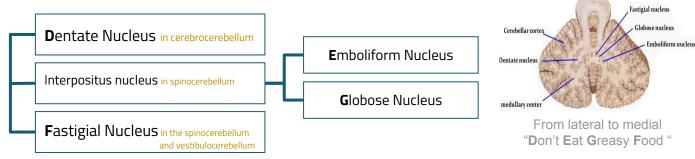
- 1. Climbing fiber.
- 2. Mossy fiber.
- 3. Parallel fiber.

Nuclei

- 1. Inferior olivary nucleus.
- 2. Deep cerebellar nuclei.
- The cortex is deeply infolded, giving a large surface area, and it contains five different cell types.*
- The cerebellum has an external cerebellar cortex (gray matter) separated by inner white matter =medulla from the deep cerebellar nuclei as follows:



Cerebellar nuclei (Deep nuclei in white matter):



 All afferent fibers (have specific target cell) relay first at the deep nuclei and the cerebellar cortex, then the latter discharges to the deep nuclei, from which the efferent fibers originate and leave the CB.*

- The CB receives both sensory and motor information through a rich afferent nerve supply.
- This arises from : 1-Other areas of the brain 2-Peripheral receptors.
 and enters the CB via the 3 cerebellar peduncles.

IMPORTANT Types of Afferent Fibers		
Climbing fibers	Mossy fibers	
From the Inferior olivary nucleus	From all other afferents that enter the cerebellum + some fibers coming from the inferior olivary nucleus (So they are greater than climbing fibers)	
It learns the cerebellum to perform new patterns of movements precisely ستعلم ابي movement skills	Help the precise execution (التنفيذ الدقيق) of the voluntary movements (concerning their initiation, duration and termination), which occurs by controlling the turn on and turn off output signals from the cerebellum to the muscles.	
They synapses with only one Purkinje cell.	They synapses with Granule cells, which in turn affect many Purkinje cells.	

They both give of afferent fibers to to deep cerebellar nuclei, which are excitatory.

VERY IMPORTANT

The Rule of 3*

3 lobes:	Floculonodular Lobe	Anterior lobe	Posterior lobe	
3 Cortical Layers:	Molecular layer	Purkinje cell layer	Granular layer	
3 purkinje's cells afferent paths:	Mossy fibers	Climbing fibers	Aminergic fibers	
3 pairs of deep nuclei:	Fastigial	Interposed (globose & emboliform)	Dentate	
3 pairs of peduncles:	Superior (pri.output)	Middle (pri.Input)	Inferior (pri.Input)	
3 functional division:	Vestibulocerebellum	Spinocerebellum	Cerebrocerebellum	

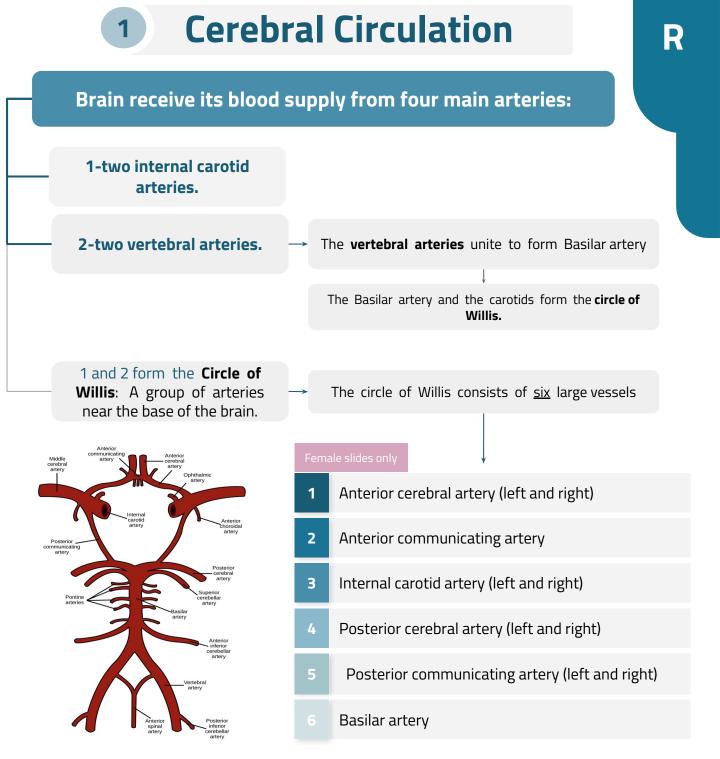
Abnormalities associated with <u>cerebellar disease</u>*

Disorder	Description	
Ataxia	Reeling, wide-based gait	
Decomposition of movement	Inability to correctly sequence fine, coordinated acts	
Dysarthria	Inability to articulate words correctly, with slurring and inappropriate phrasing	
Dysdiadochokinesia	Inability to perform rapid alternating movements	
Dysmetria	Inability to control range of movement	
Hypotonia	Decreased muscle tone	
Nystagmus	Involuntary, rapid oscillation of the eyeballs in a horizontal, vertical, or rotary direction, with the fast component maximal toward the side of the cerebellar lesion	
Scanning speech	Slow enunciation with a tendency to hesitate at the beginning of a word or syllable	
Tremors	Rhythmic, alternating, oscillatory movement of a limb as it approaches a target (intention tremor) or of proximal musculature when fixed posture or weight bearing is attempted (postural tremor)	

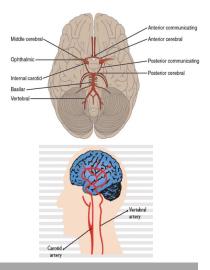
TESTS RELATED TO CEREBELLUM*

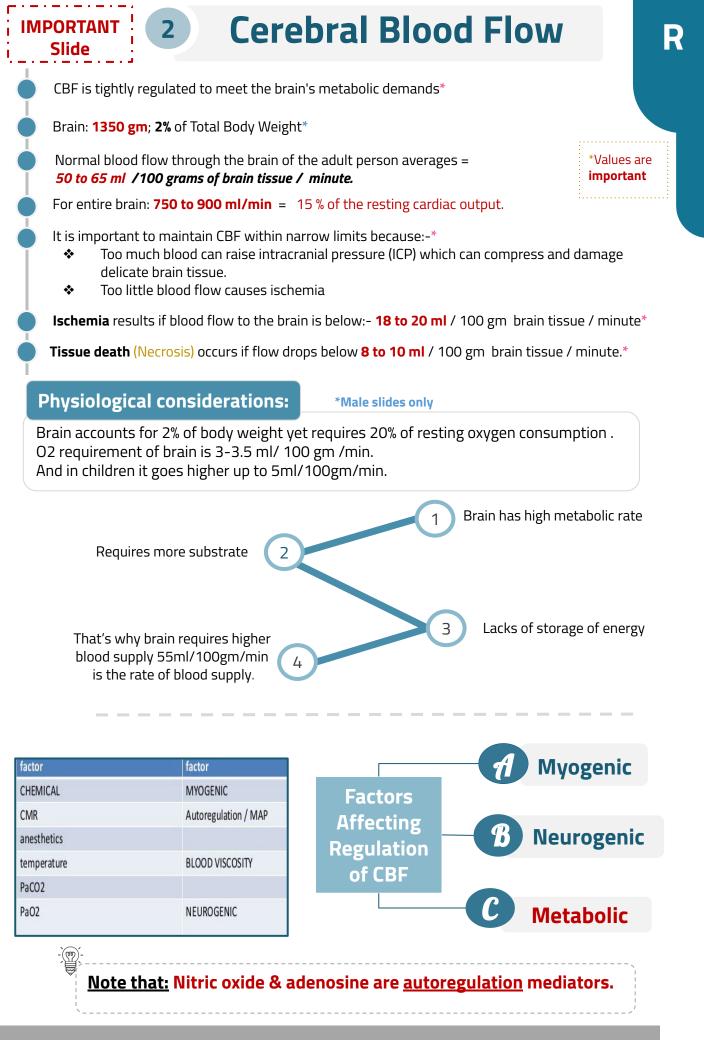
Test	Description	Image
Finger nose test	nger nose test While the examiner holds his finger at arm's length from the patient. Patient touches her nose and then touches the examiner's finger. After several sequences, the patient is asked to repeat the exercise with her closed eyes. A patient with a cerebellar disorder tends to miss the target.	
Heel to shin test	The heel to shin test is a measure of coordination and may be abnormal if there is loss of motor strength, proprioception or a cerebellar lesion. If motor and sensory systems are intact, an abnormal, asymmetric heel to shin test is highly suggestive of an ipsilateral cerebellar lesion .	A Views
Dysdiadochokinesis: Inability to performation rapidly alternating movements. Is call dysdiadochokinesia. It is usually cause multiple sclerosis in adults and ceret tumors in children.DysdiadochokinesisPatients with other movement disord Parkinson's disease) may have abnorn rapid alternating movement testing secondary to akinesia or rigidity, thus a false impression of dysdiadochokines		
Cerbellar signs	 Response delays Hypometria. Ataxia. Incoordination/ rapid alternating movements (disdiadocho kinesia). 	Response delays Hypometria & Hypometria & Annexis Anne

Autoregulation of Cerebral blood flow

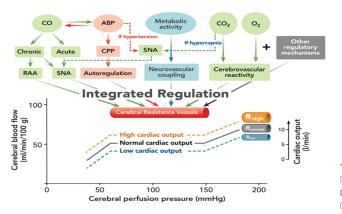


- The Middle Cerebral Arteries (MCA), supplying the brain, are not considered part of the circle.
- The MCA is by far the largest cerebral artery and is the vessel most commonly affected by cerebrovascular accident.
- The clinical consequences of vascular disease in the cerebral circulation is depend upon which vessels or combinations of vessels are involved.
- Substances injected into one carotid artery distributed completely to the cerebral hemisphere on that side. Normally no crossing over occurs because of equal pressure on both sides.

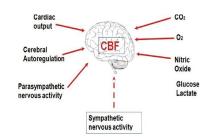




Regulation of CBF



VERY IMPORTANT slide



*Cardiac output (CO); Sympathetic nervous activity (SNA); Renin–angiotensin–aldosterone (RAA) system; Arterial blood pressure (ABP); **Cerebral perfusion pressure (CPP)**; Carbon dioxide (CO2) and oxygen (O2); (R) Cerebral resistance vessels at high (R high), normal (R norm), and low (R low)*

Myogenic AutoRegulation

-Arterioles dilate or constrict in response to changes in <u>BP</u> and <u>ICP</u> to maintain a constant CBF.*
 -Vascular smooth muscle within cerebral arterioles contract to stretch response, regulating pressure changes. Autoregulation of CBF completely **BP-dependent.***

Myogenic theory: The vascular smooth muscles are highly responsive to changes in pressure, a process called myogenic activity, that contributes to auto-regulation of cerebral blood flow.*

Cerebral blood flow (CBF) is well extremely "**auto-regulated**" between arterial pressure limits *of 60 and 140 mm Hg*.

The brain maintains proper Cerebral Perfusion Pressure (CPP) through the process of autoregulation.*

Mean arterial pressure can be decreased acutely to as low as 60 mm Hg or increased to as high as 140 mm Hg without significant change in cerebral blood flow.*

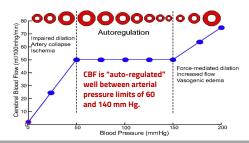
- The response to lower pressure is arteriolar dilation in the brain, while when blood pressure rises they constrict.*

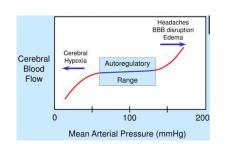
At their most constricted condition, blood vessels create a pressure of 150 mmHg, and at their most dilated the pressure is about 60 mmHg.*
 Thus, changes in the body's overall blood pressure do not normally alter cerebral perfusion pressure (CPP) drastically.*

When pressures are outside the range of **60 to 150 mmHg (to 180 mmHg)**, the blood vessels' ability to autoregulate pressure through dilation and constriction is lost, and cerebral perfusion is determined by blood pressure alone without autoregulation.

Thus, **hypotension can result in severe cerebral ischemia** (=*If arterial pressure falls* below 60 mmHg, cerebral blood flow become severely decreased => ischemia) & hypertension can result in stroke.

Guyton: Cerebral Blood Flow Autoregulation Protects the Brain From Fluctuations in Arterial Pressure Changes. During normal daily activities, arterial pressure can fluctuate widely, rising to high levels during states of excitement or strenuous activity and falling to low levels during sleep. However, cerebral blood flow is "autoregulated" extremely well between arterial pressure limits of 60 and 140 mm Hg. That is, mean arterial pressure can be decreased acutely to as low as 60 mm Hg or increased to as high as 140 mm Hg without significant change in cerebral blood flow.





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Autoregulation of Cerebral blood flow

	1 - Carbon dioxide (CO2) & 2 - Hydrogen ions (H+)	
	Carbon dioxide increase cerebral blood flow by combining first with <u>water</u> in the body fluids <u>to form carbonic acid</u> , with subsequent dissociation of this acid <u>to form</u> hydrogen ions.* (CO2 diffuse through Blood-Brain-Barrier (BBB) <u>into the CSF to form</u> H+ <u>via</u> (Carbonic acid) which then causes the vasodilation .)	
Acidity & Carbonic Acid	 When activity in a given region of the brain is heightened, the increase in CO2 and H+ concentrations causes cerebral vasodilatation, and deliver more blood to the area to meet the increased demand.[*] Blood vessels dilate in response to low pH (acidity), Arterioles dilate in response to potent chemicals that are by-products of metabolism such as lactic acid, carbon dioxide, pyruvic acid and H+. tissue metabolism → acidic substance (ex; CO2, H+) → increase CBF. 	
 Increase in vasodilatio 	Acidosis: Alkalosis: cerebral blood flow, due to increase neurotransmitter. on. Increase neurotransmitter. eurotransmitter. No effect on cerebral blood flow.	

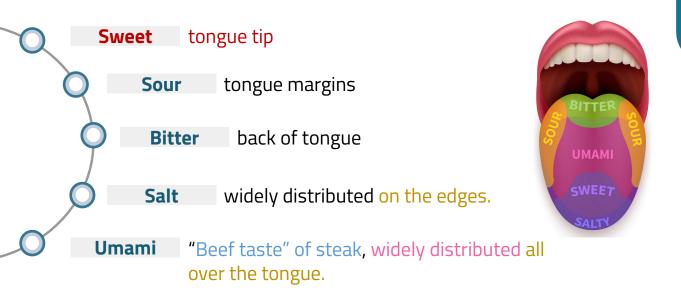
1 - CO2 is a potent vasodilator

Increased CO2 (Hypercapnia)	 ★ Hypercapnia is a condition of abnormally elevated carbon dioxide (CO₂) levels in the blood. ★ Increased CO2 / decreased BP → Vasodilation.* ★ As the arterial tension of CO2 (PCO2) rises, CBV and CBF increases.* ★ Excess carbon dioxide can dilate blood vessels up to 3.5 times their normal size.* ★ 70 % increase in arterial PCO2 approximately doubles the cerebral blood flow.* 	
Decreased CO2 (Hypocapnia)	 ◆ Decreased CO2 / increased BP → Vasoconstriction.* ◆ As the arterial tension of CO2 (PCO2) falls, CBV and CBF Decreases, When it is decreased vasoconstriction is induced.* ◆ During hyperventilation → decreased CBF → cerebral hypoxia. 	
CBF: CO2 and O2	O2 concentration J CO2 J CO2 J CO2 Vascollator vasconstriction dilation of cerebral vessels T CBF T BF J BF J BF	

Taste and Smell

Taste and smell

- there are 5 established taste buds
- Distribution of taste buds on the tongue is not uniform
- There are no taste buds at the mid dorsum of the tongue



Taste Sensation

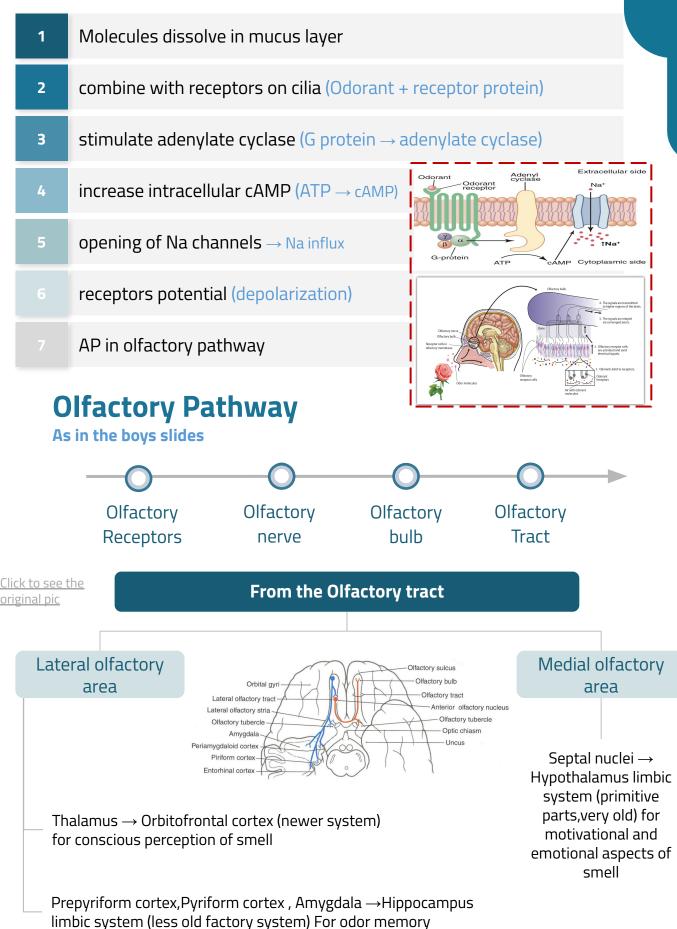
When the taste buds are stimulated they produce nerve impulse to specific brain area through:

- —• Anterior 2/3 of the tongue \rightarrow VII Facial
- --- Posterior 1/3 of the tongue \rightarrow IX Glossopharyngeal
- --• Receptors on the palate, pharynx, epiglottis \rightarrow X Vagus

Taste Mechanism

1	Molecules dissolve in the saliva without it? less taste
2	Attached to receptors on cillia of gustatory cells. Combination between molecules and receptors are week (since taste can be easily abolished by washing mouth with water)
3	receptors potential
4	action potential

Olfactory Mechanism



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IMPORTANT slide

Speech

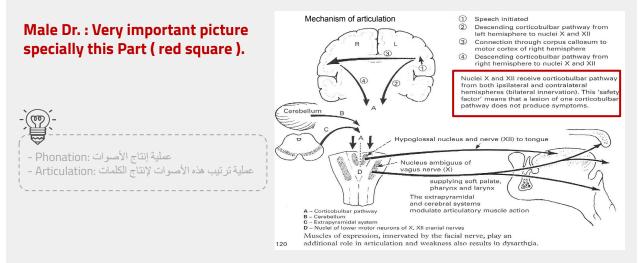
Girls Dr: Function + Lesion are important
 don't worry about the difference between girls and boys slides داکروا سلایداني



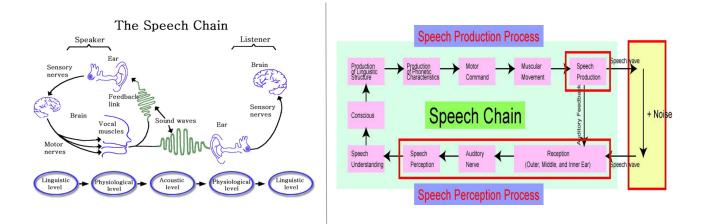
Speech

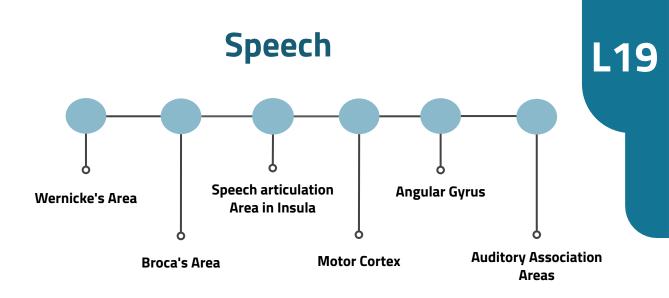


- Muscular movements of the mouth, tongue, larynx, vocal cords.
- Contribution by structures to shape airflow.
- A variety of speech sounds can be produced in terms of another way of airstream change Articulation.
- Articulation is done mainly at **vocal cord.**
- An specific part of the vocal apparatus involved in the production of a speech sound.
- Active articulators: Lips, tongue, lower jaw, velum (structures of the mouth).
- Responsible for the intonations, timing, and rapid changes in intensities of the sequential sounds.



More pictures explaining the Speech production processes:





Wernicke's area:*

- At the posterior end of the **superior temporal gyrus**.
- Closely associated with 1 & 2 auditory areas.
- Responsible about **comprehension of auditory & visual information**, then projects it to Broca's area via arcuate fasciculus.
- Interpretations of sensory experience.
- Formation of thought in response to sensory experience.
- Choice of words to express thoughts.
 Language comprehension, intelligence, cognitive function, analysis, choice of the way we response,

Broca's area:

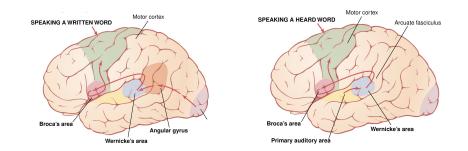
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• A special region in the frontal cortex, called Broca's area, provides the neural circuitry for **word formation**.*

Broca's Area

> Wernicke Area

- This area, is located partly in the posterior lateral prefrontal cortex and partly in the premotor area (At the lower end of premotor area*).*
- It is here that **plans and motor patterns for expressing individual words** or even short phrases are initiated and executed.*
- This area also works in close association with Wernicke's language comprehension center in the temporal association cortex.*
- In adult who learn second language during adulthood. The MRI shows portion of Broca's area concerned with it is adjacent to but separate from area concerned with the native language. But in children who learn second language early in life there is only single area involved for both languages. *



Speech

Lesions of Different Areas in The Brain: This table is in males slide only + Important

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Area		Lesion Features
Auditory association areas		Word deafness
Visual association areasWernicke's AphasiaBroca's Area Causes		Word blindness called dyslexia
		Unable to interpret the thought
		Motor Aphasia
Global Aphasia		Unable to interpret the thought Motor Aphasia
Lesion area		Type of aphasia Girls Dr said its IMPORTANT
Wernicke's Area	 Sensory or Wernicke's aphasia (fluent): Broca's area receive unprocessed disorganized information from wernicke's area Lesion of wernikes area +/- arcuate fasucul.* Impaired comprehension / understanding.* Loss of intellectual function.* Failure to interprets meaning of written or spoken words.* Meaningless words & excessive talk (in severe cases).* FLUENT: Meaningless words with loss of comprehension/ understanding.* 	
Broca's Area	Projection t Pa or NC Pa	Broca's aphasia (non fluent): o motor cortex is not working tient will understand spoken & written words but find it difficult to speak to write.* IN FLUENT, Understanding normal but Voice production defective.* porly articulated speech, slow with great effort & abnormal rhythm.* some cases speech may be limited to 2-3 words.*
Fasciculus* Meaningless speech. Normal comprehension but the Transmission broca's area is disrupted. Angular Gyrus* Angular Gyrus* Capeech & auditory comprehension is normal abnormal, due to visual information is not proven wernicke's area.* Dyslexia (word blindness) interruption in th Wernicke's area from visual area.* Depending on the extent of lesion in the angular gyrus (major le will be affected using the output of t		sion of nerve fibres of arcuate fasiculus. tient understand speech of others but can not repeat it. eaningless speech. rmal comprehension but the Transmission from wernicke's area to
		sion of angular gyrus, thus Broca's & Wernicke's are intact.* able to name the objects.* eech & auditory comprehension is normal but visual comprehension is normal, due to visual information is not processed & not transmitted to rnicke's area.* slexia (word blindness) interruption in the flow of visual experience into ernicke's area from visual area.*



Summary of Speech Disorders

Dysphonia

Abnormal sound production due to problem in vocal cord.

Dysarthria

Abnormality in articulation (motor dysfunction) Due to neurological conditions involving motor function. e.g. :

1. Slurred Speech:

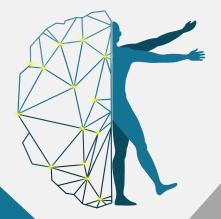
Language is intact, Paralysis, slowing or in coordination of muscles of articulation or local discomfort causes various different patterns of dysarthria.

2. Stuttering:

Talking with involuntary repetition of sounds, especially initial consonants.

Aphasia

loss of or defective language from damage to the speech center within the left hemisphere. 2. Broca's aphasia (non fluent): 1. Wernicke's aphasia (fluent): understand spoken & written words Impaired comprehension + but find it **difficult to speak** or to Meaningless words. (Sensory) write (motor). 4. Anomic aphasia: 3. Conductive aphasia (fluent): visual comprehension is abnormal, Normal comprehension but the due to visual information is not Transmission from wernicke's area processed & not transmitted to to broca's area is disrupted. wernicke's area. 6. Global Aphasia: 5. Insula damage: Progressive non-fluent aphasia: the **combination** of the expressive problems of Broca's aphasia and the deterioration of normal language loss of comprehension of function. Wernicke's.



Thank you