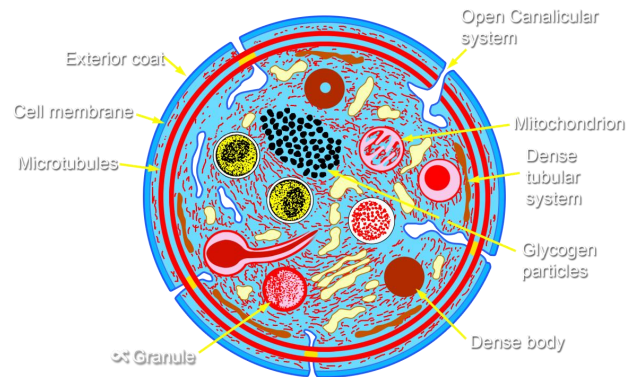


بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ



Platelet Structure & Function

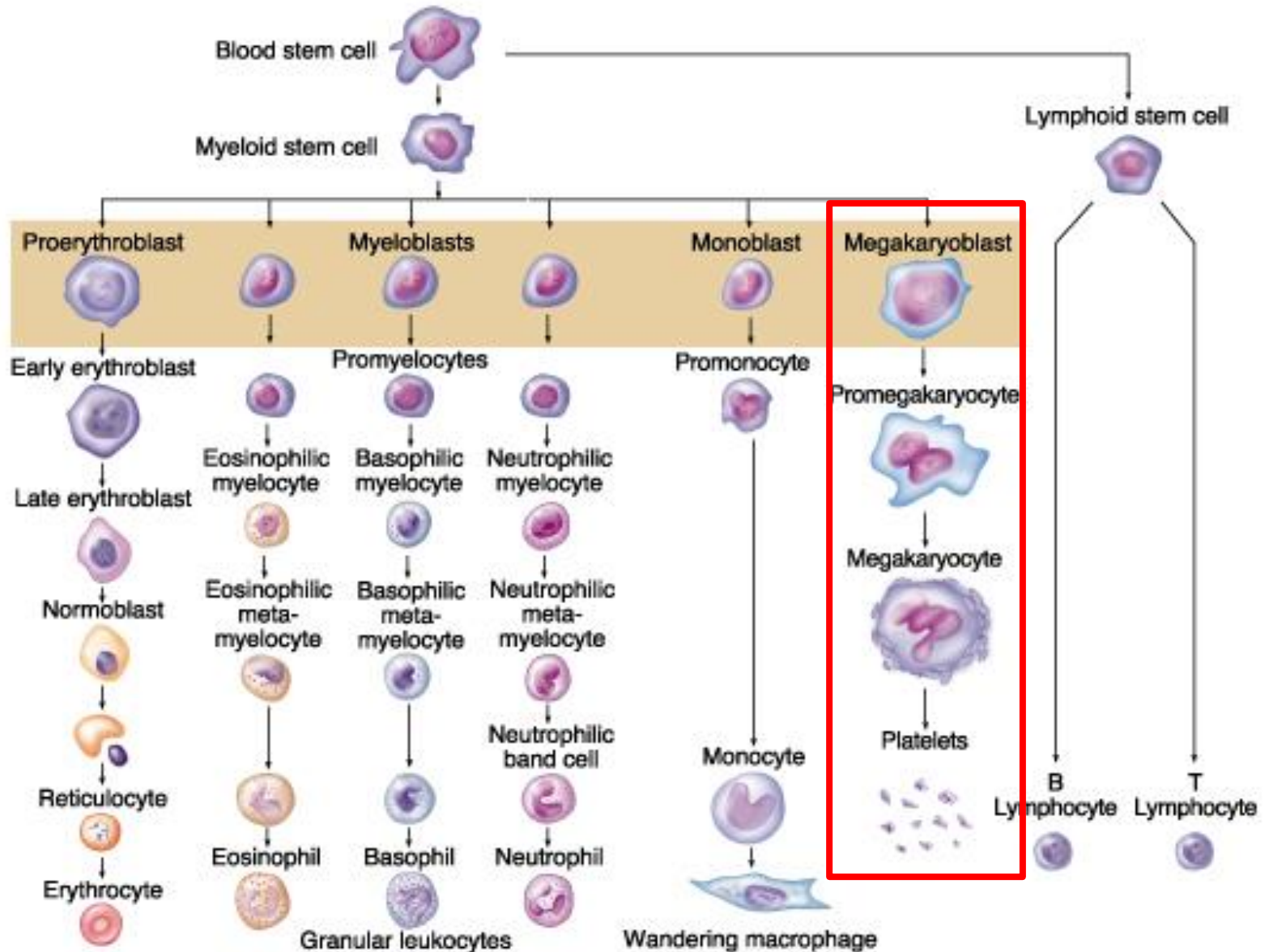
Dr. Abeer Al-Ghumlas
MB.BS, MSc, Ph-D



Objectives

- Understand platelet normal ultrastructure
- Understand the functions of different platelets organelles and surface receptors
- Understand the mechanisms of platelet functions
-
- Relate membrane receptors and granule content to normal function in hemostasis and bleeding (platelet) disorders

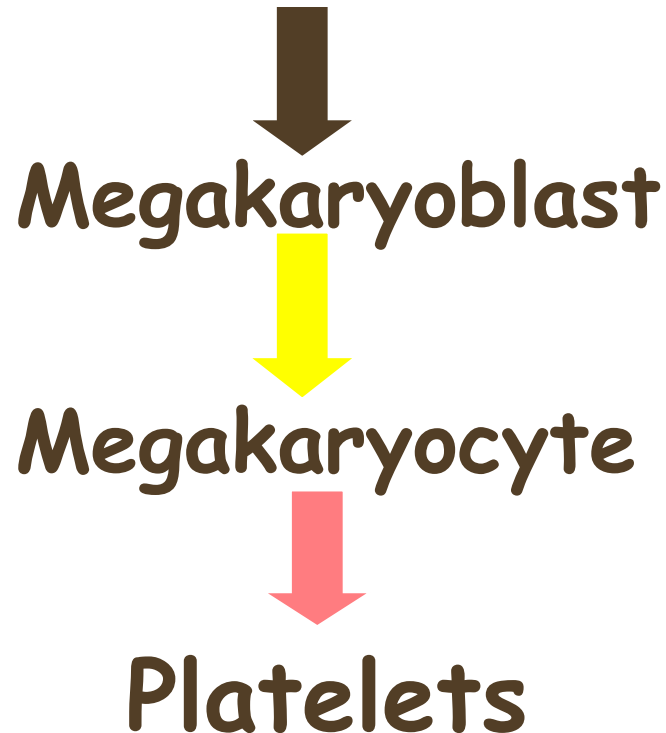
Megakaryocyte and platelet formation



Platelets - cont.

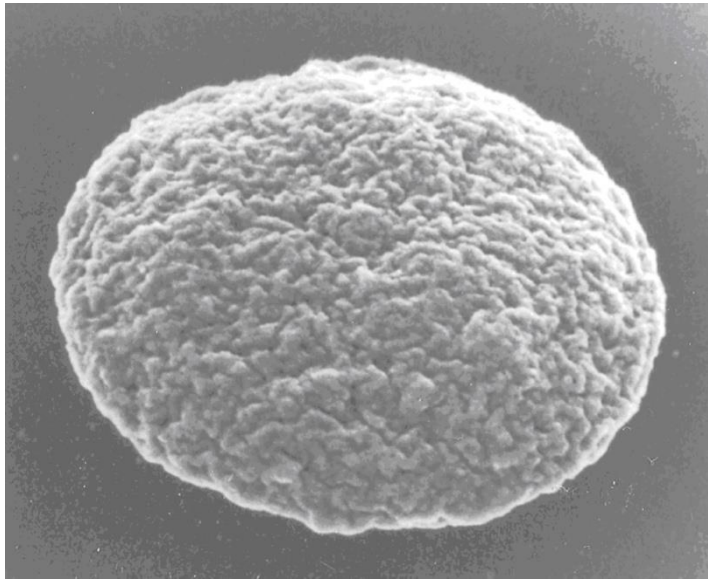
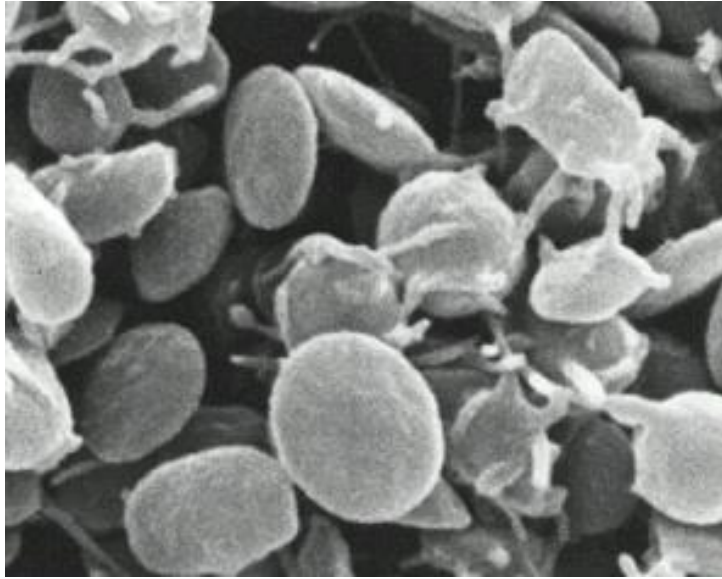
- **Site of formation: Bone marrow**

- **Steps: Stem cell**



Platelets Formation (Thrombopoiesis)

Regulation of thrombopoiesis
by
Thrombopoietin

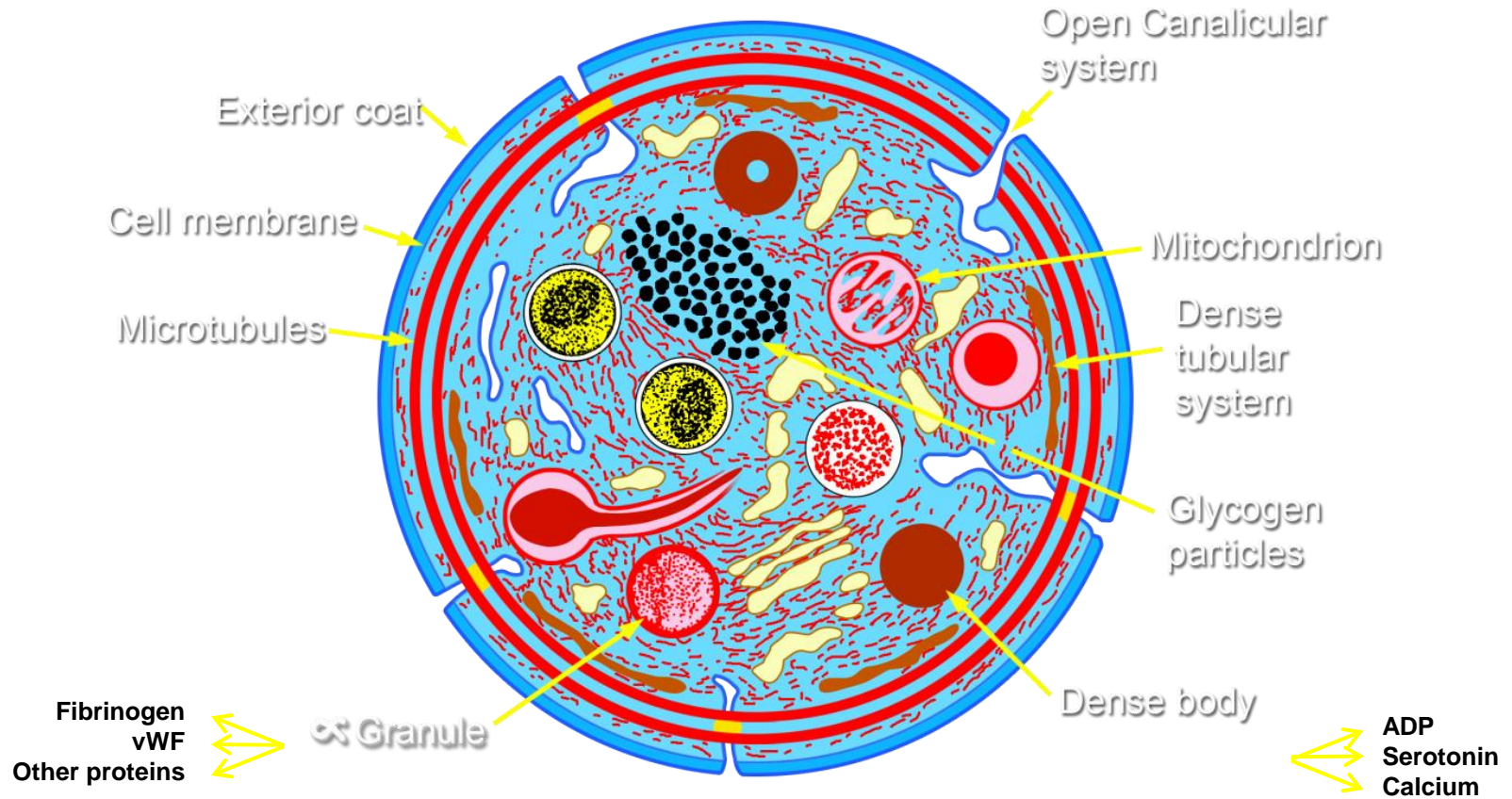


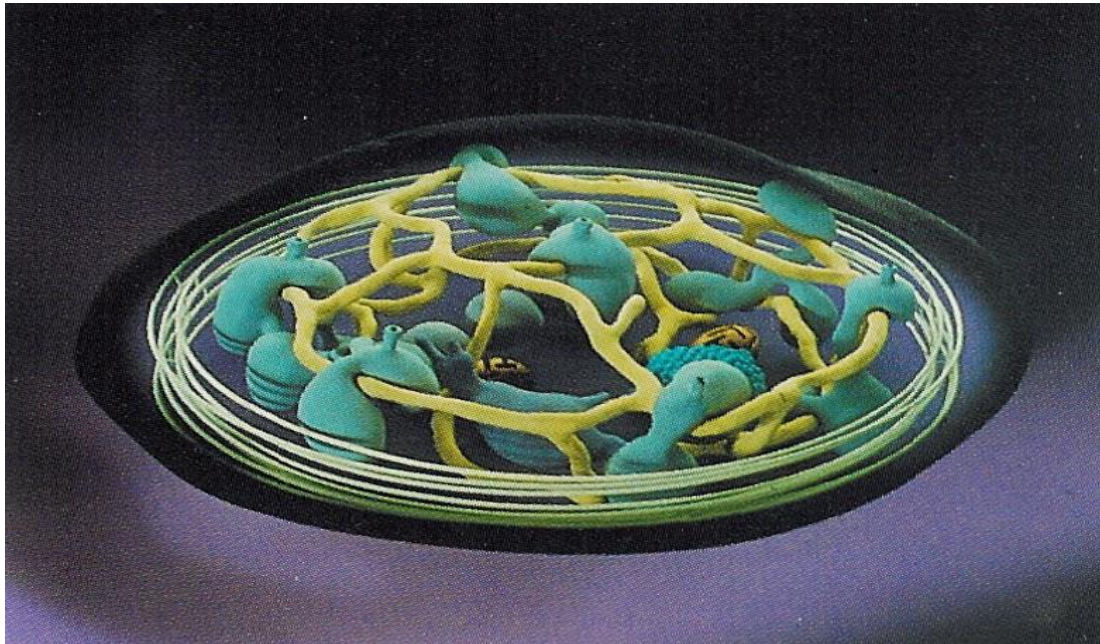
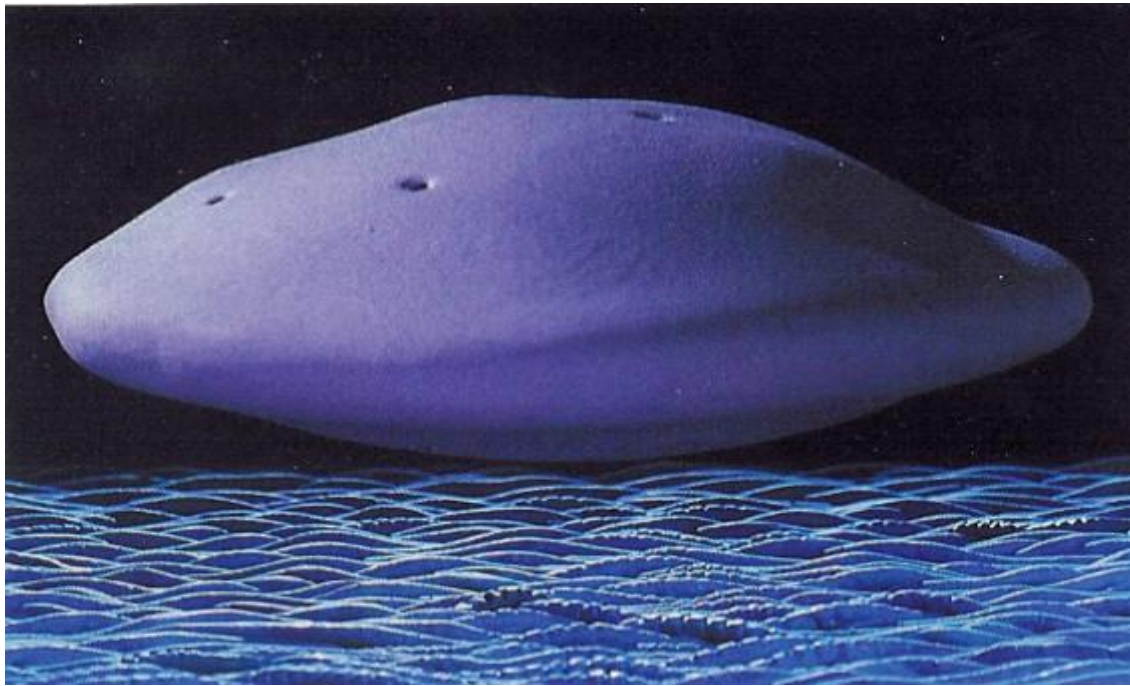
(Thrombocytes)

- Anuclear and discoid cell → spherical when activated
- Platelet count = $150 \times 10^3 - 300 \times 10^3 / \text{ml}$
- Size: 1.5-3.0 μm
- Life span: 7-10 days
- Sequestered in the spleen;
- 80% in the blood, and 20% in the spleen
- hypersplenism may lead to low platelet counts.

Platelet ultra-structure

Platelet Ultrastructure





Platelet Ultrastructure

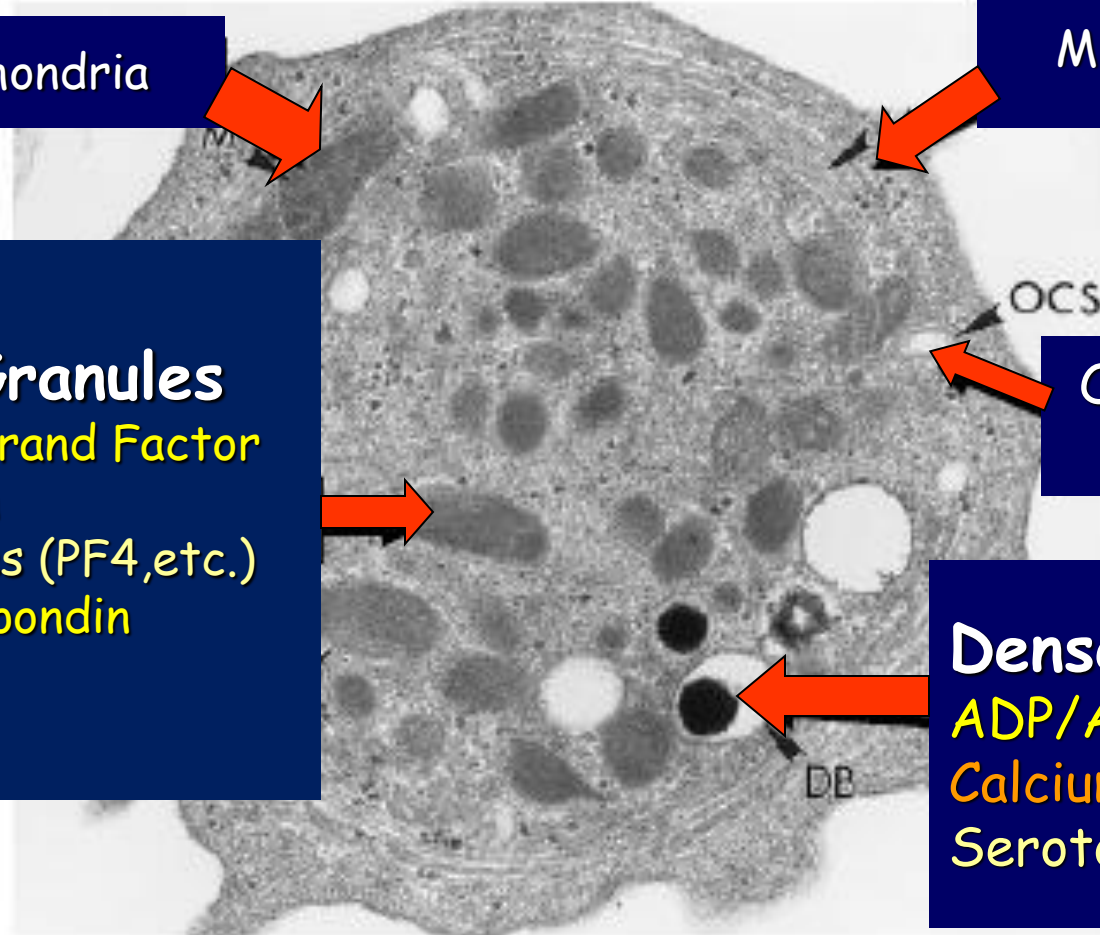
Mitochondria

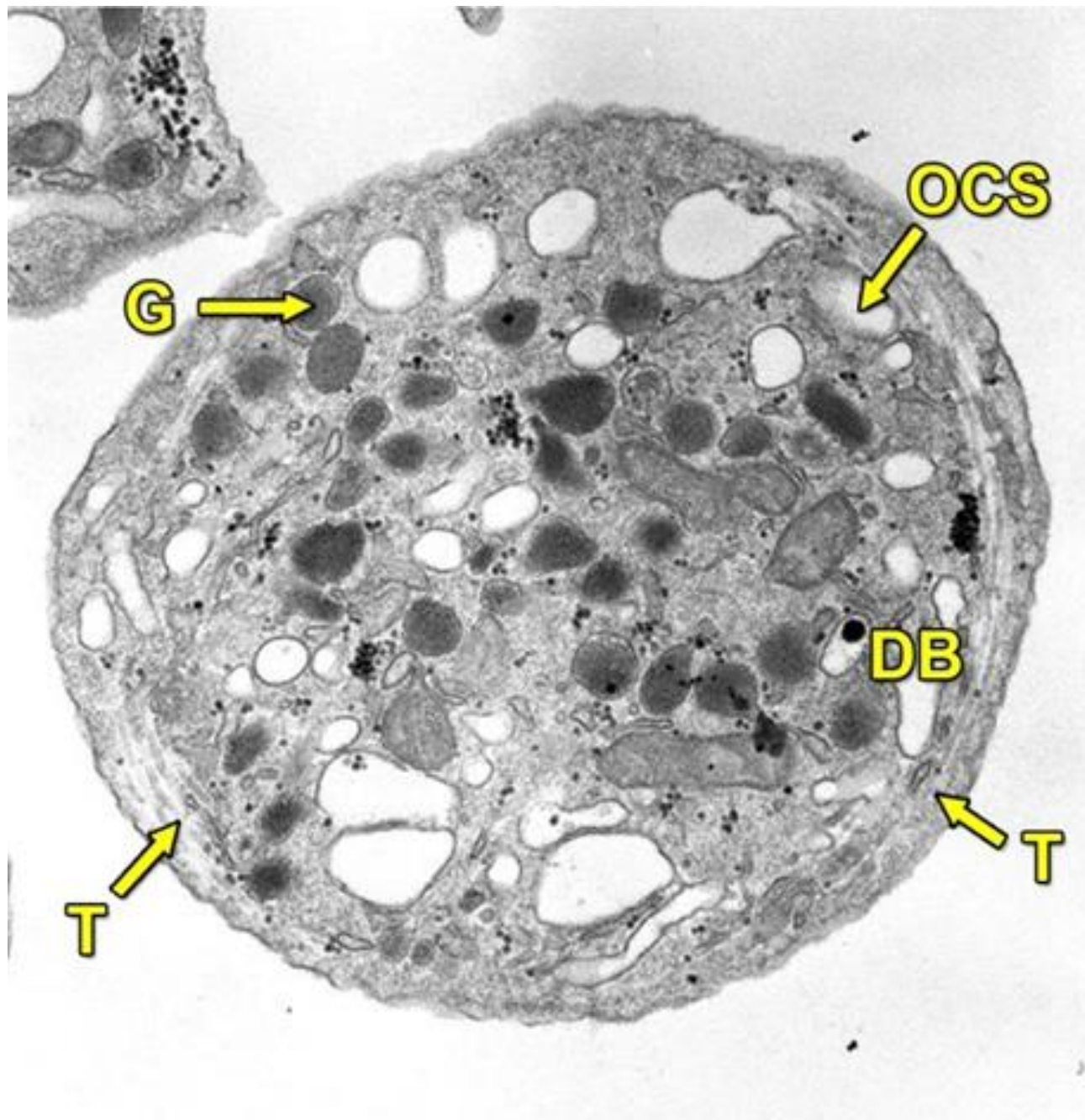
Microtubules

Alpha Granules
von Willebrand Factor
Fibrinogen
Chemokines (PF4, etc.)
Thrombospondin
P-selectin

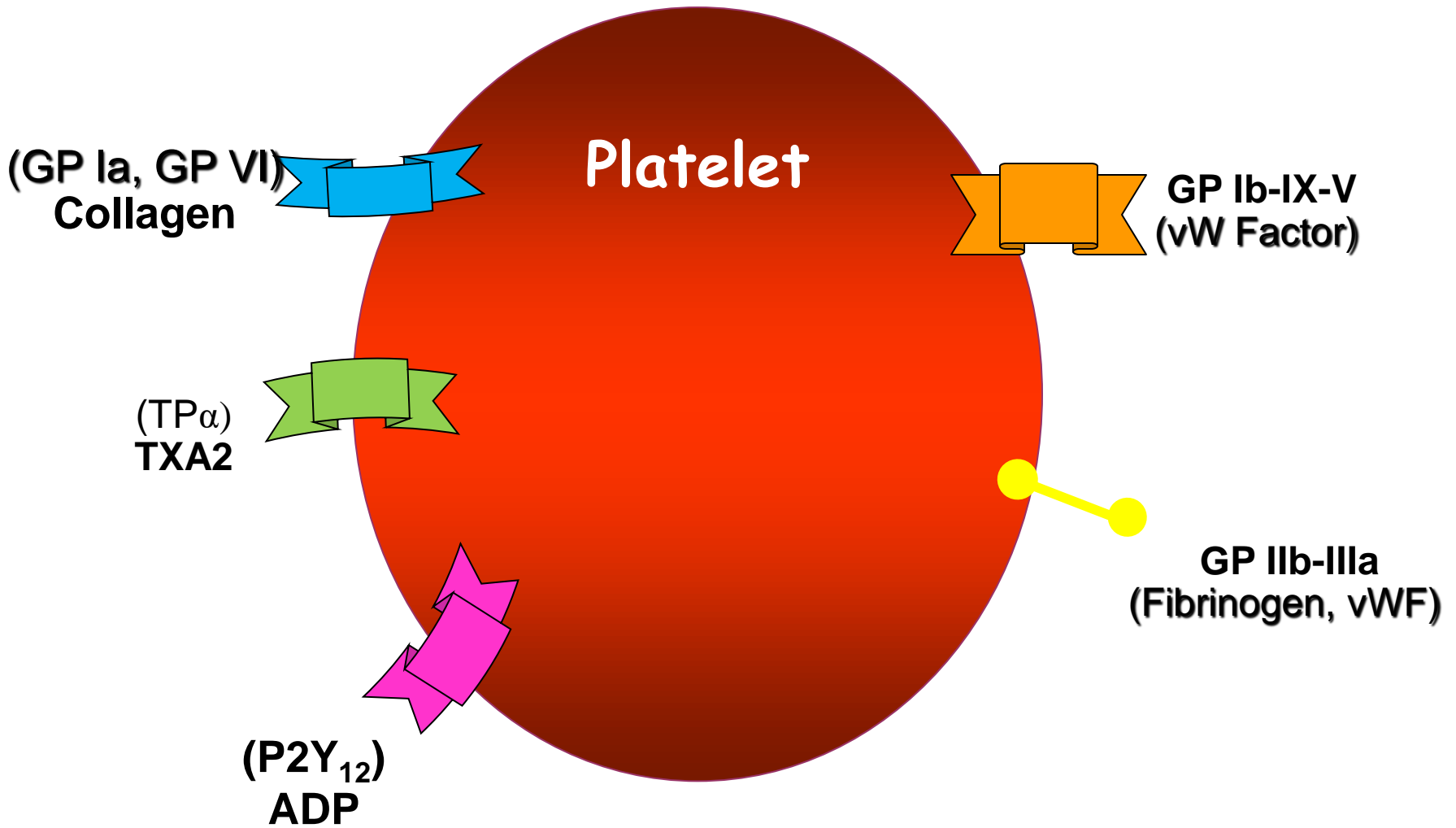
Open canalicular system

Dense Granules
ADP/ATP
Calcium
Serotonin



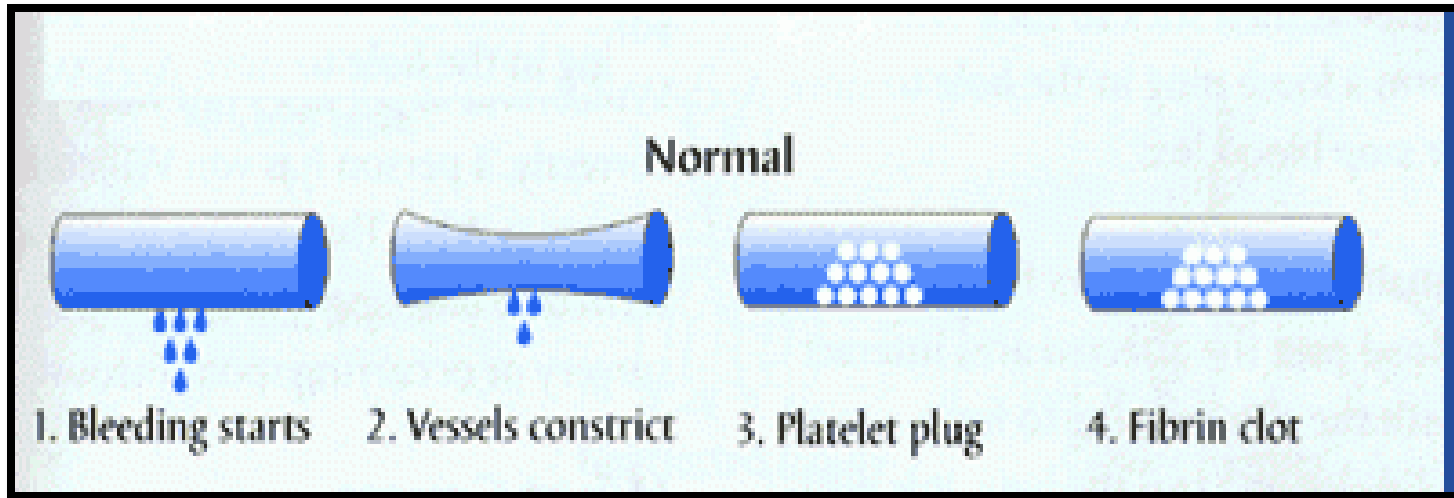


Platelet Receptors



General functions of the platelets

HEMOSTASIS



1. VASCULAR PHASE

2. PLATELET PHASE

3. COAGULATION PHASE

4. FIBRINOLYTIC PHASE

Hemostatic Mechanisms

1. Vessel wall
2. Platelet
3. Blood coagulation
4. Fibrinolytic system

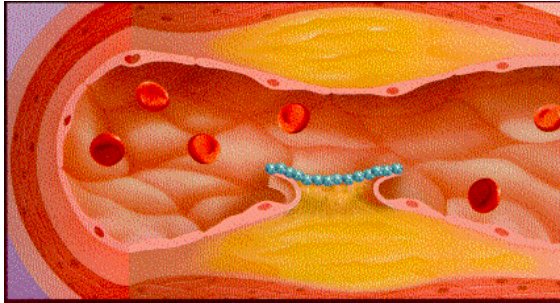
Platelet activation:

1. Adhesion
2. Shape change
3. Aggregation
4. Release reaction
5. Clot retraction

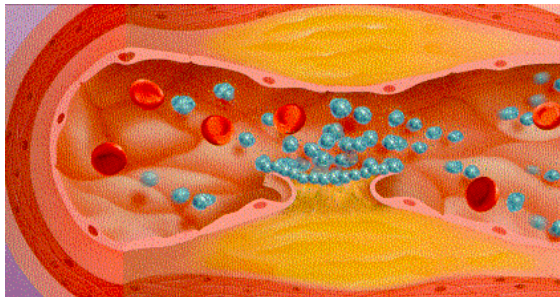
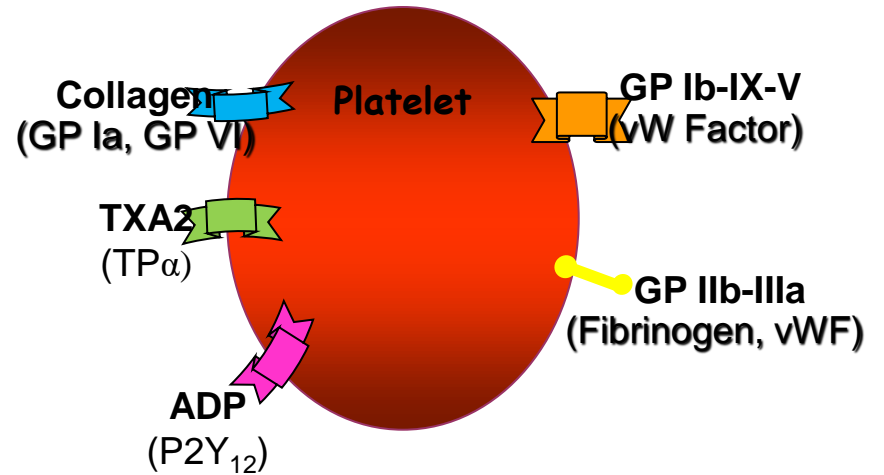
Platelet Activation

- **Adhesion**
- **Aggregation**
- **Release**
- **Clot Retraction**

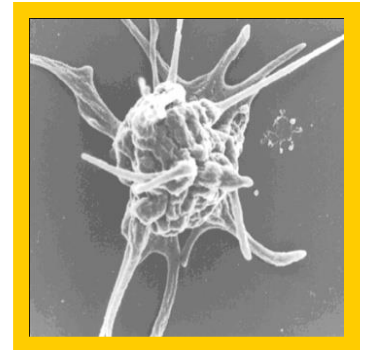
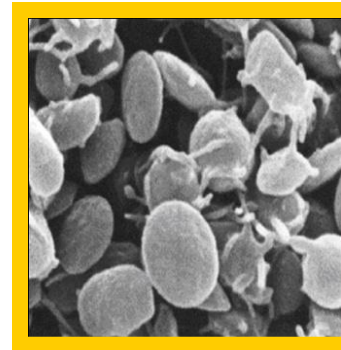
Platelet function



Adhesion



Activation

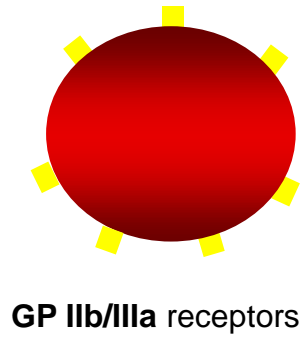


Platelet Aggregation

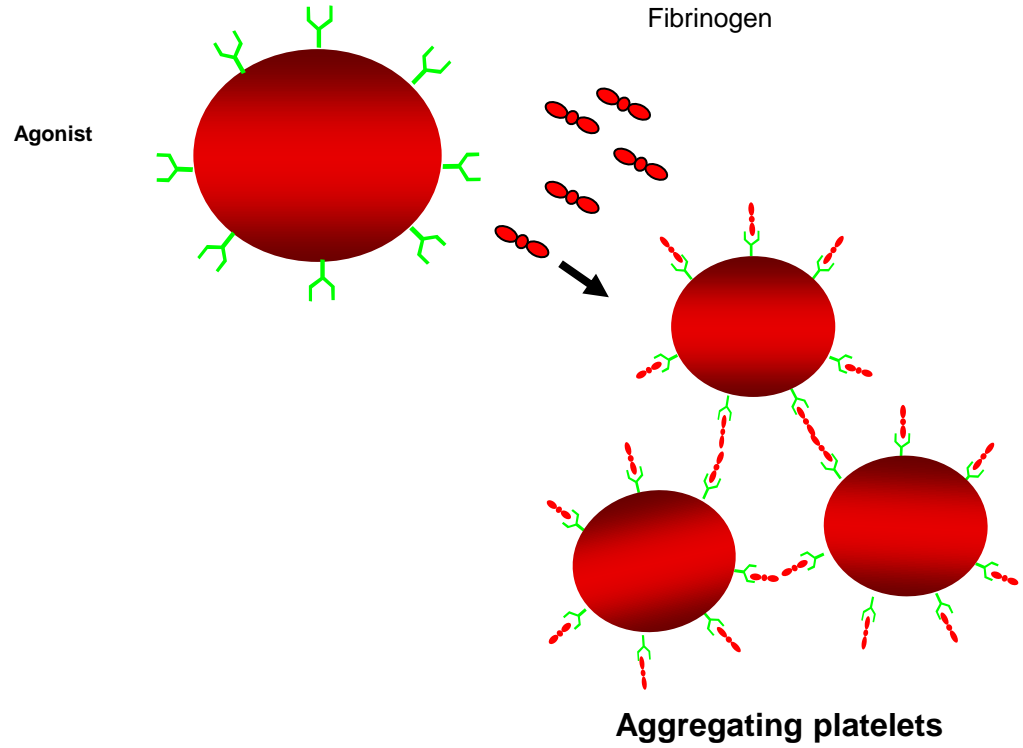
- **Aggregation:**

Fibrinogen is needed to join platelets to each other via platelet fibrinogen receptors

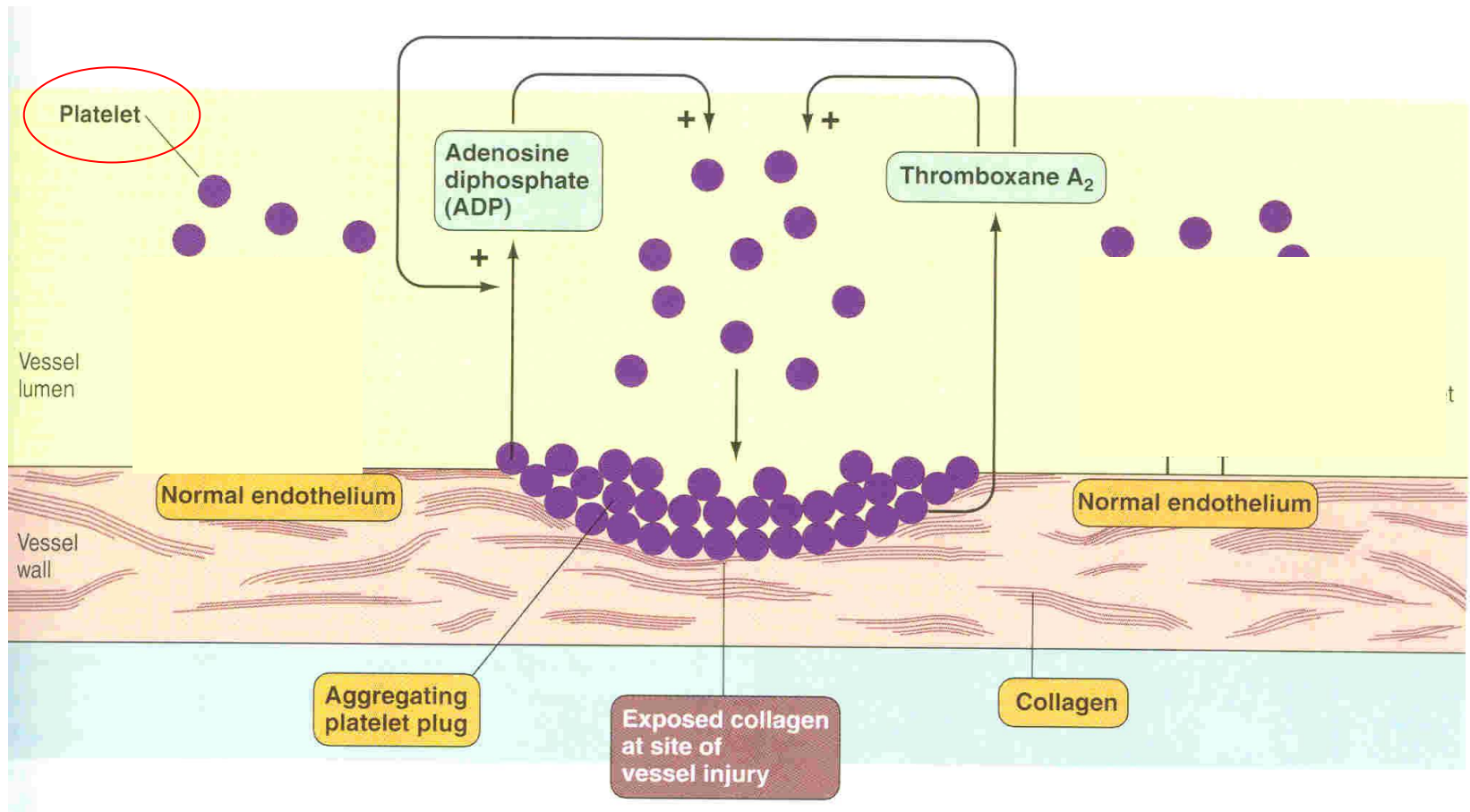
Resting platelet

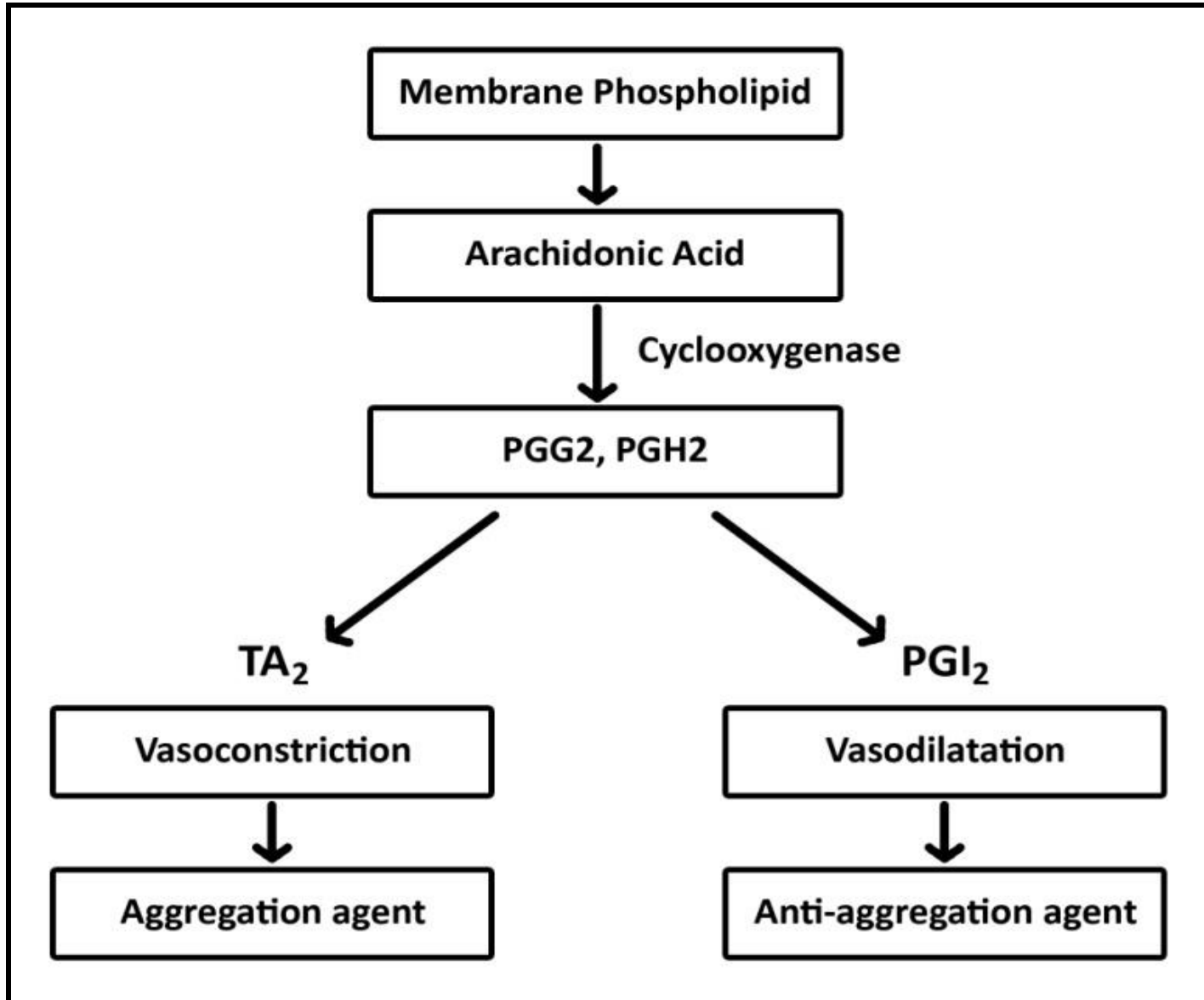


activated platelet



Platelets aggregation





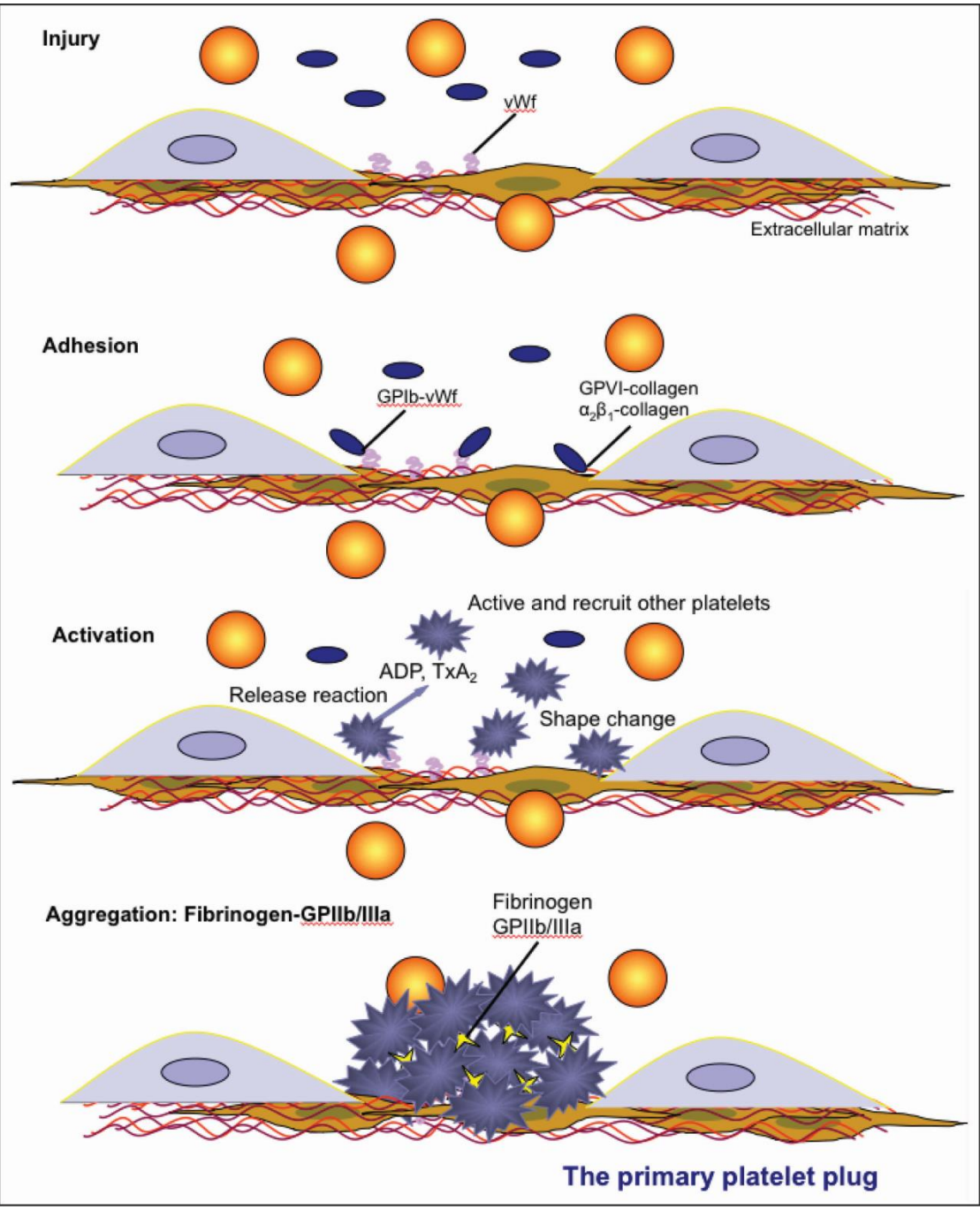
Activated Platelets

Secrete:

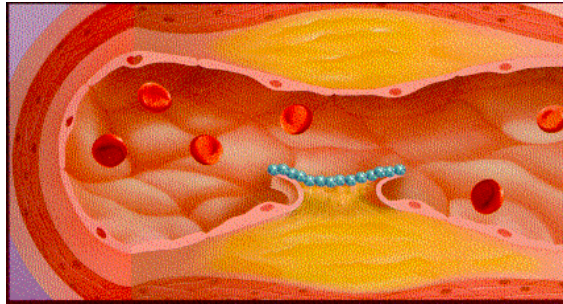
1. ADP
2. 5HT → vasoconstriction
3. Platelet phospholipid (PF3) → clot formation
4. Thromboxane A2 (TXA2) is a prostaglandin formed from arachidonic acid

Function:

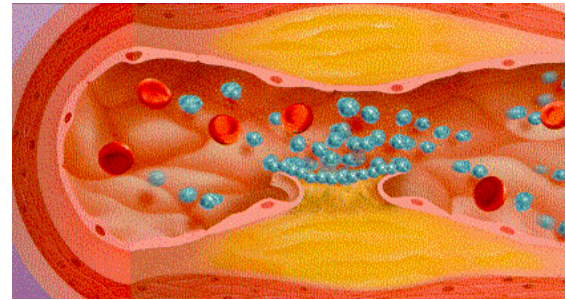
- vasoconstriction
 - Platelet aggregation
- (TXA2 inhibited by aspirin)



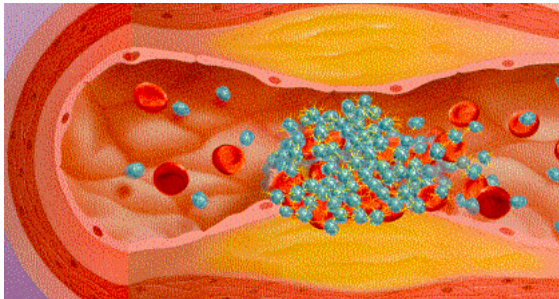
Platelet function



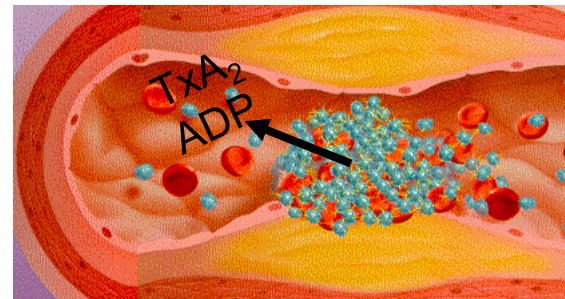
Adhesion



Activation



Aggregation



Secretion

Platelet Activation

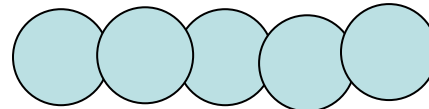
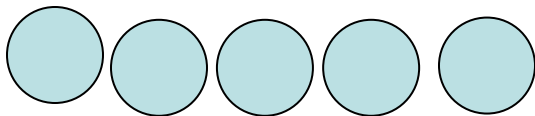
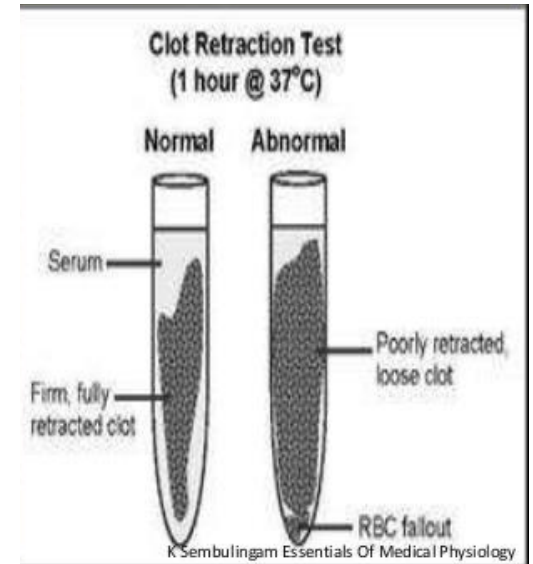
- **Clot Retraction:**

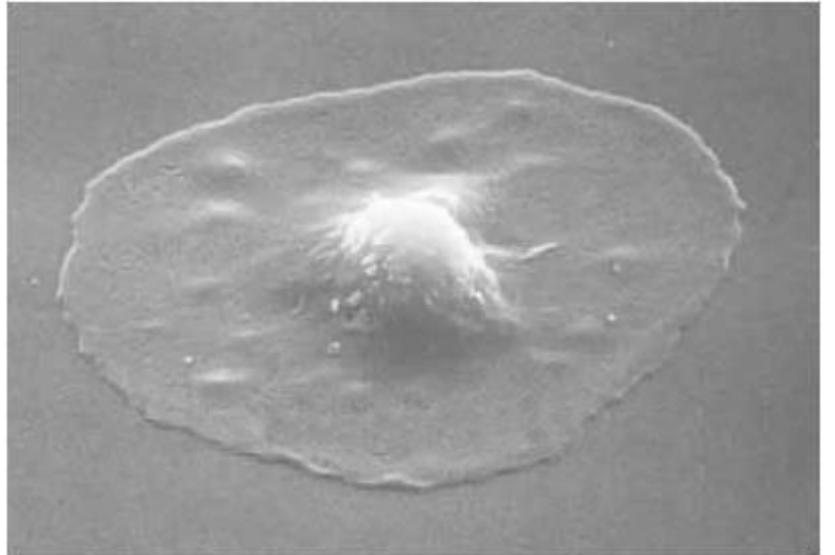
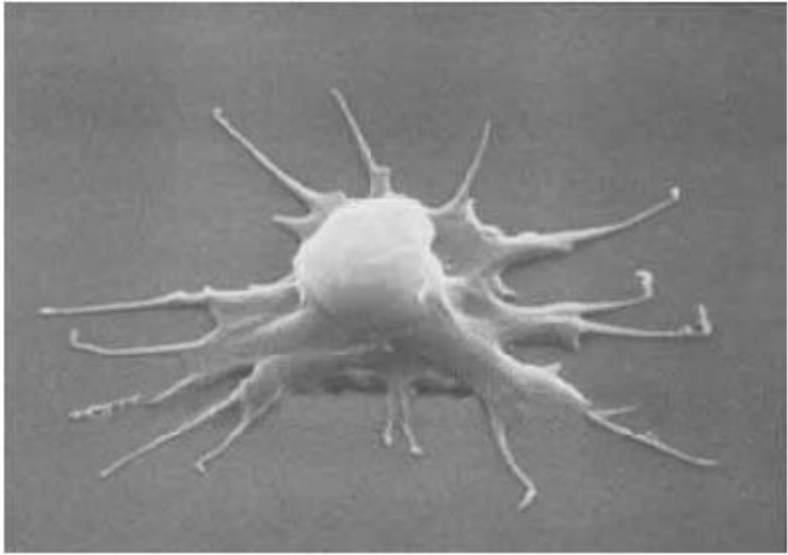
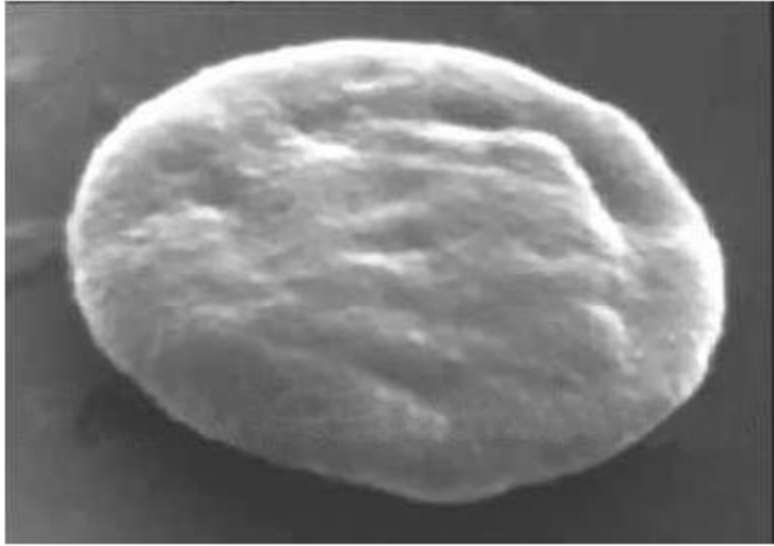
Myosin and actin filaments in platelets are stimulated to contract during aggregation further reinforcing the plug and help release of granule contents

Clot Retraction:

Myosin and actin filaments in platelets are stimulated to contract during aggregation further:

- reinforcing the plug
- help release of granule contents





Platelet haemostatic plug formation

- Platelets activated by adhesion
- Extend projections to make contact with each other
- Release:
thromboxane A₂, serotonin & ADP >>> activating other platelets
- Serotonin & thromboxane A₂ are vasoconstrictors decreasing blood flow through the injured vessel.
- ADP causes stickiness and enhances aggregation

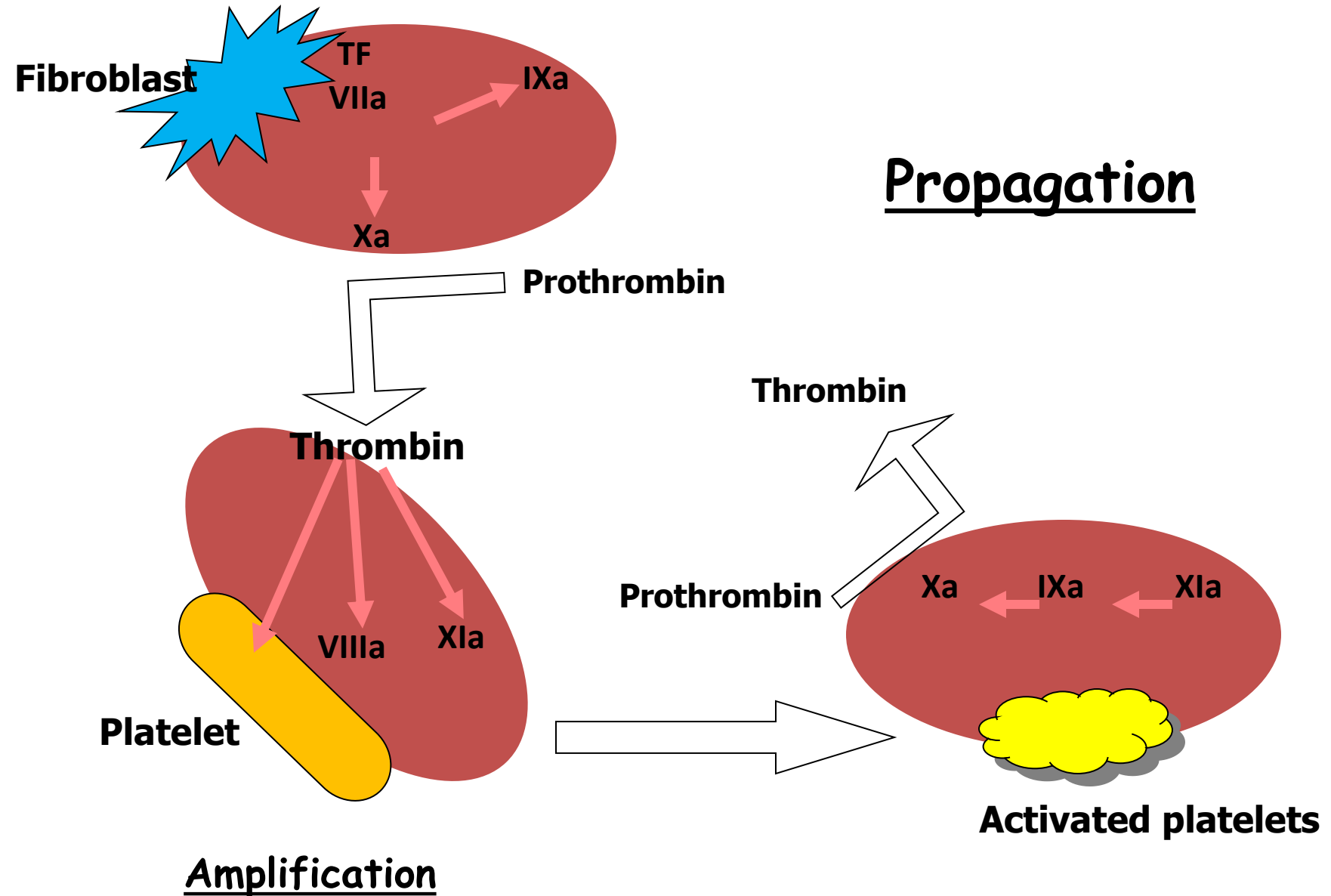
<https://www.youtube.com/watch?v=0pnpoEy0eYE>

Functions of the platelets..cont

Role of platelet in blood coagulation

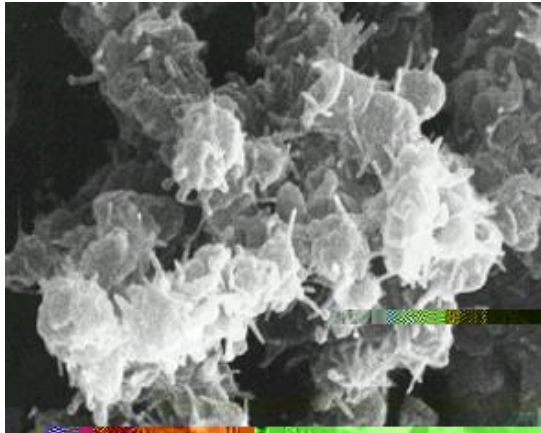
(The cell based model of blood coagulation)

Cell based model

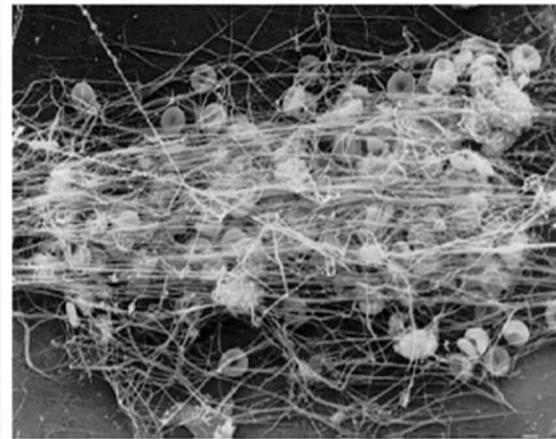


Platelet function: Maintenance of vascular integrity

➤ Initial arrest of bleeding by platelet plug formation

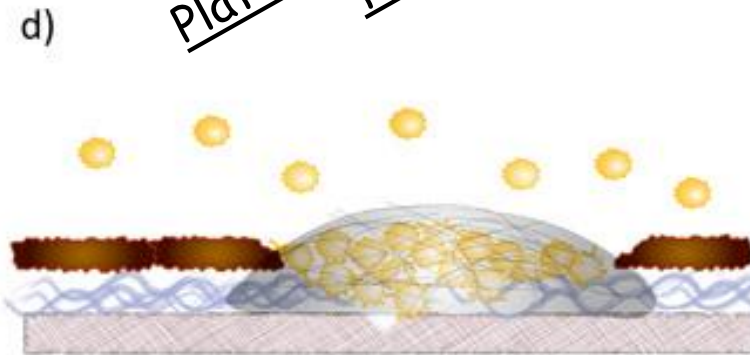
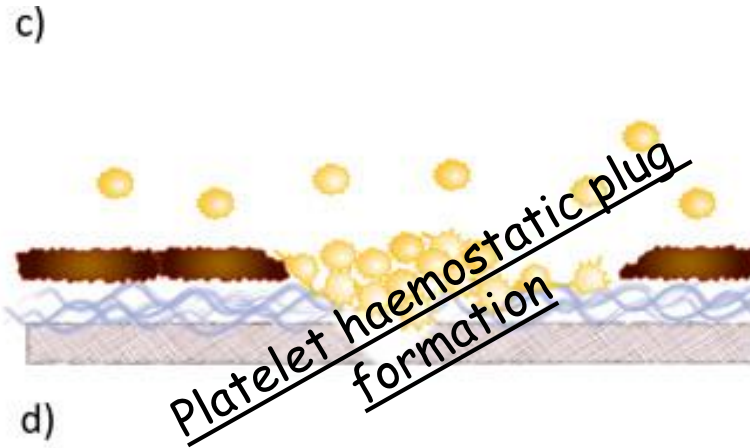
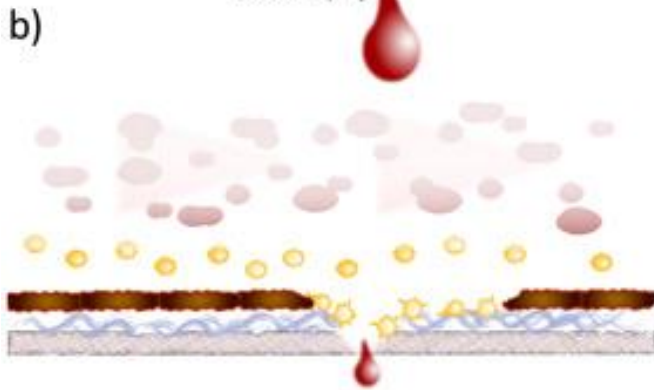
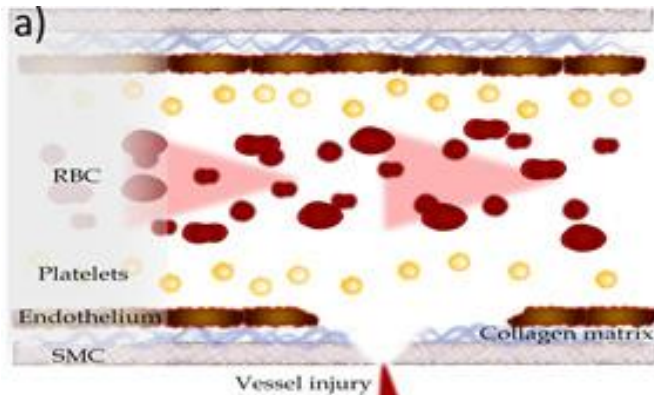


➤ Stabilization of hemostatic plug by contributing to fibrin formation

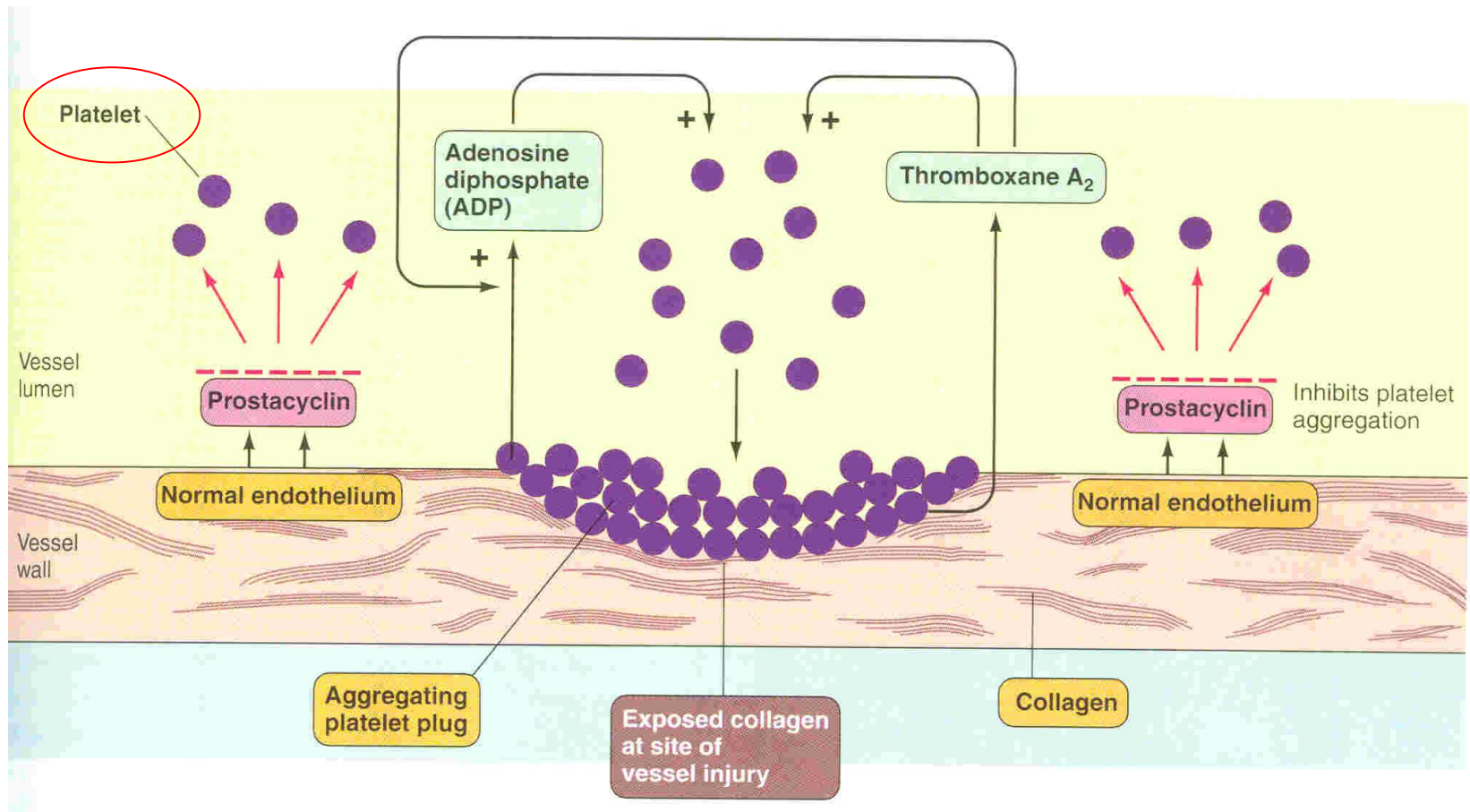


**Adequate number and function of
platelet is essential to participate
optimally in haemostasis**

Platelet haemostatic plug formation



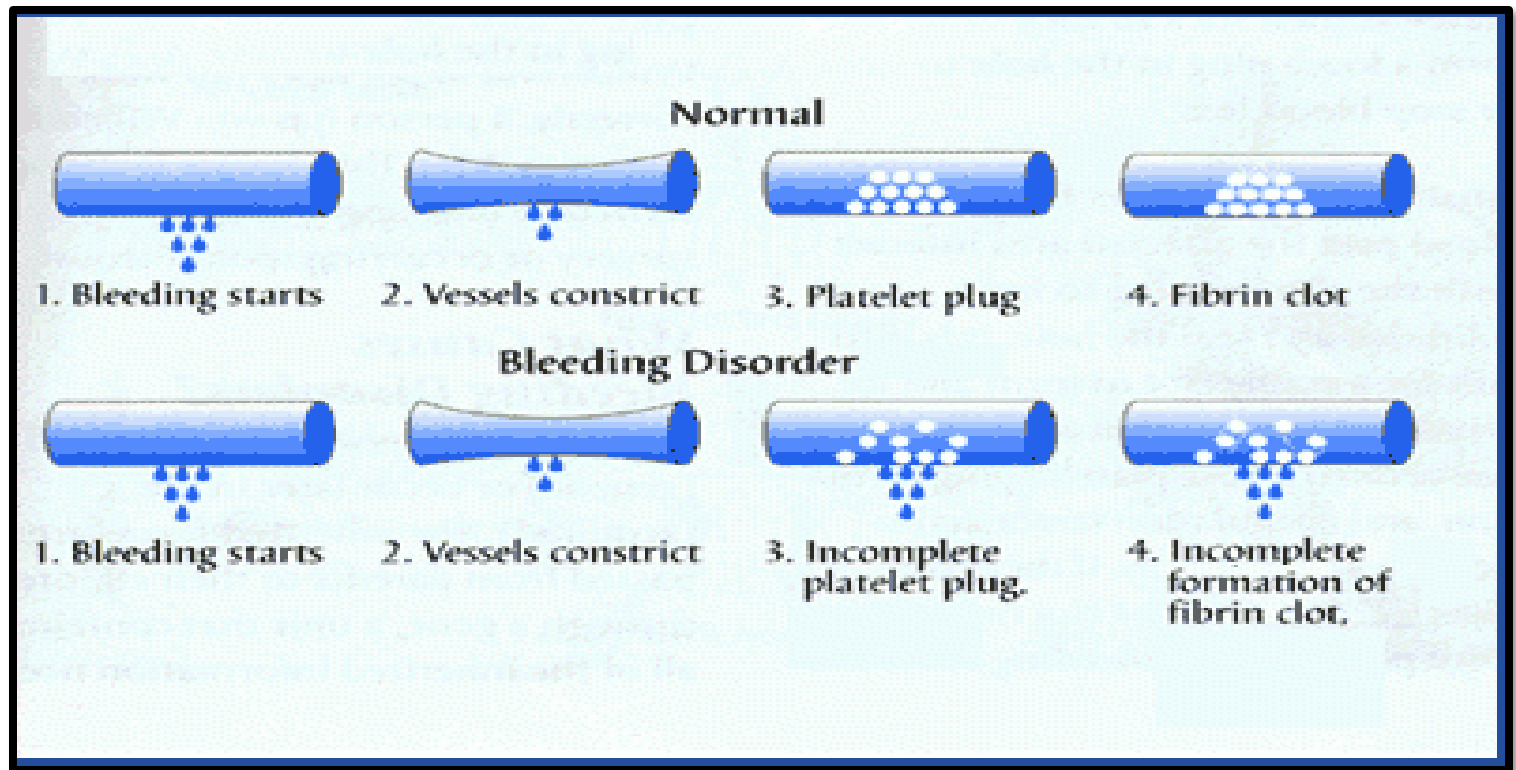
Platelets aggregation



Platelet Activation- summary

- **Platelets are activated when brought into contact with collagen exposed when the endothelial blood vessel lining is damaged**
- **Activated platelets release a number of different coagulation and platelet activating factors**
- **Transport of negatively charged phospholipids to the platelet surface; provide a catalytic surface for coagulation cascade to occur**
- **Platelets adhesion receptors (integrins): Platelets adhere to each other via adhesion receptors forming a hemostatic plug with fibrin**
- **Myosin and actin filaments in platelets are stimulated to contract during aggregation further reinforcing the plug and help release of granule contents**
- **GPIIb/IIIa: the most common platelet adhesion receptor for fibrinogen and von Willebrand factor (vWF)**

Bleeding Disorders



Bleeding Disorders

Deficiency in number (Thrombocytopenia)

- Decreased Production
 - Leukaemia
 - Lymphoma
 - chemotherapy
- Increased destruction
 - Autoimmune diseases:
Idiopathic thrombocytopenic purpura (ITP).

Defect in function

- Acquired
(Drugs)
- Congenital

(Thrombocytopenia)

The causes of decreased platelet counts are:

- **Decreased Production**

Leukemia or lymphoma

Cancer treatments such as radiation or chemotherapy

Various anemias

Toxic chemicals

Medications: diuretics, chloramphenicol

Viruses: chickenpox, mumps, Epstein-Barr, parvovirus, AIDS

Alcohol in excess

Genetic conditions: Wiskott-Aldrich, May-Hegglin,

- **Abnormal distribution**

Splenomegaly with sequestration in the spleen

- **Increased destruction**

Autoimmune diseases: Idiopathic (immune) thrombocytopenic purpura

Medications: quinine, antibiotics containing sulfa, Dilantin®, vancomycin, rifampin, heparin-induced thrombocytopenia

Surgery: man-made heart valves, blood vessel grafts, bypass machines

Infection: septicemia

Pregnancy: about 5% of pregnant women develop mild decrease Thrombotic thrombocytopenic purpura

Disseminated intravascular coagulation

- **Pseudothrombocytopenia**

Partial clotting of specimen

EDTA-platelet clumping

Platelet satellitism around WBCs

Cold agglutinins

Giant platelets

Congenital Platelet Disorders

Disorders of Adhesion:

- . Bernard-Soulier

Disorder of Aggregation:

- . Glanzmann thrombosthenia

Disorders of Granules:

- . Grey Platelet Syndrome
- . Storage Pool deficiency
- . Hermansky-Pudlak syndrome
- . Chediak-Higashi syndrome

Disorders of Cytoskeleton:

- . Wiskott-Aldrich syndrome

Disorders of Primary Secretion:

- . Receptor defects (TXA₂, collagen ADP, epinephrine)

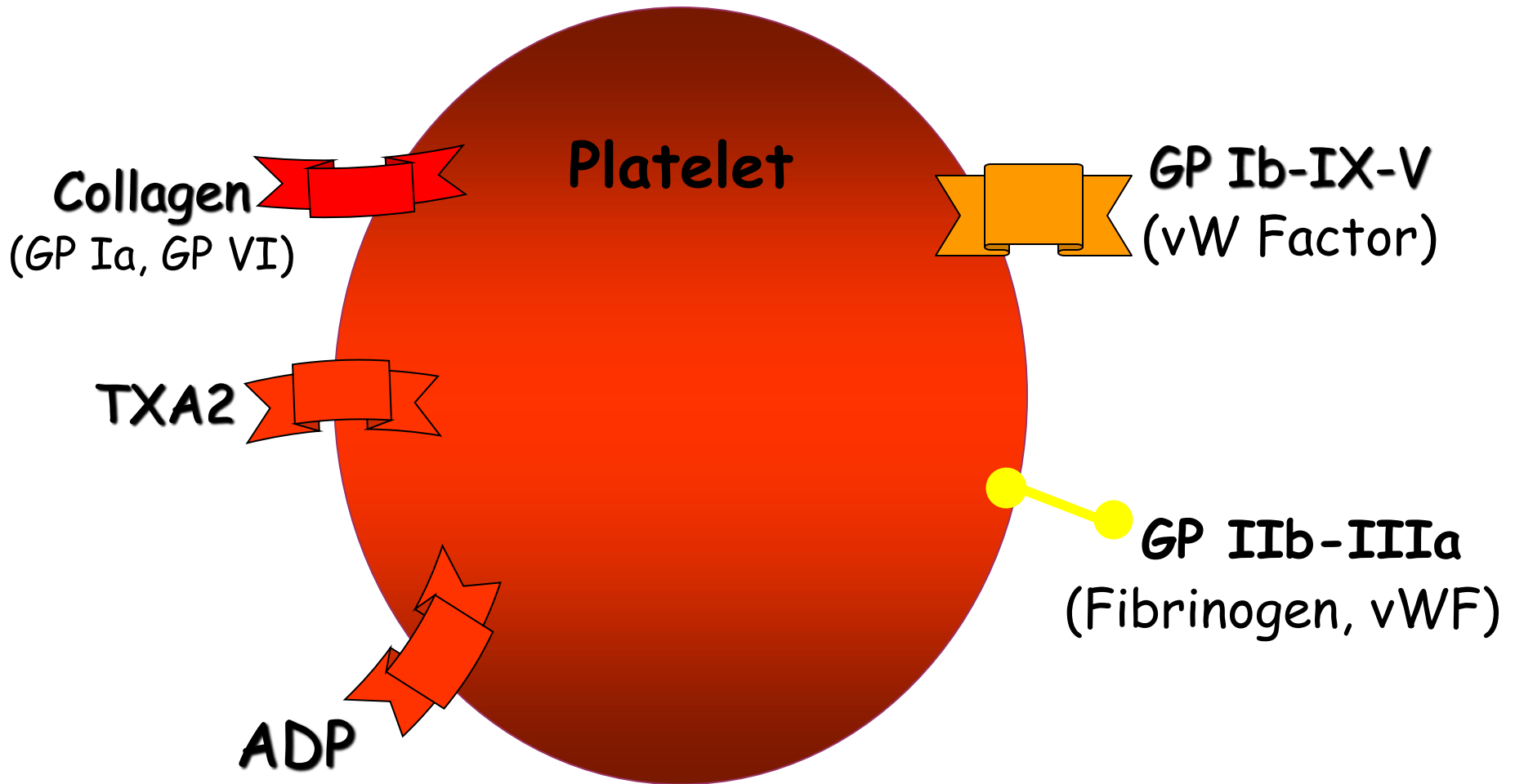
Disorders of Production:

- . Congenital amegakaryocytic thrombocytopenia
- . MYH9 related disorders
- . Thrombocytopenia with absent radii (TAR)
- . Paris-Trousseau/Jacobsen

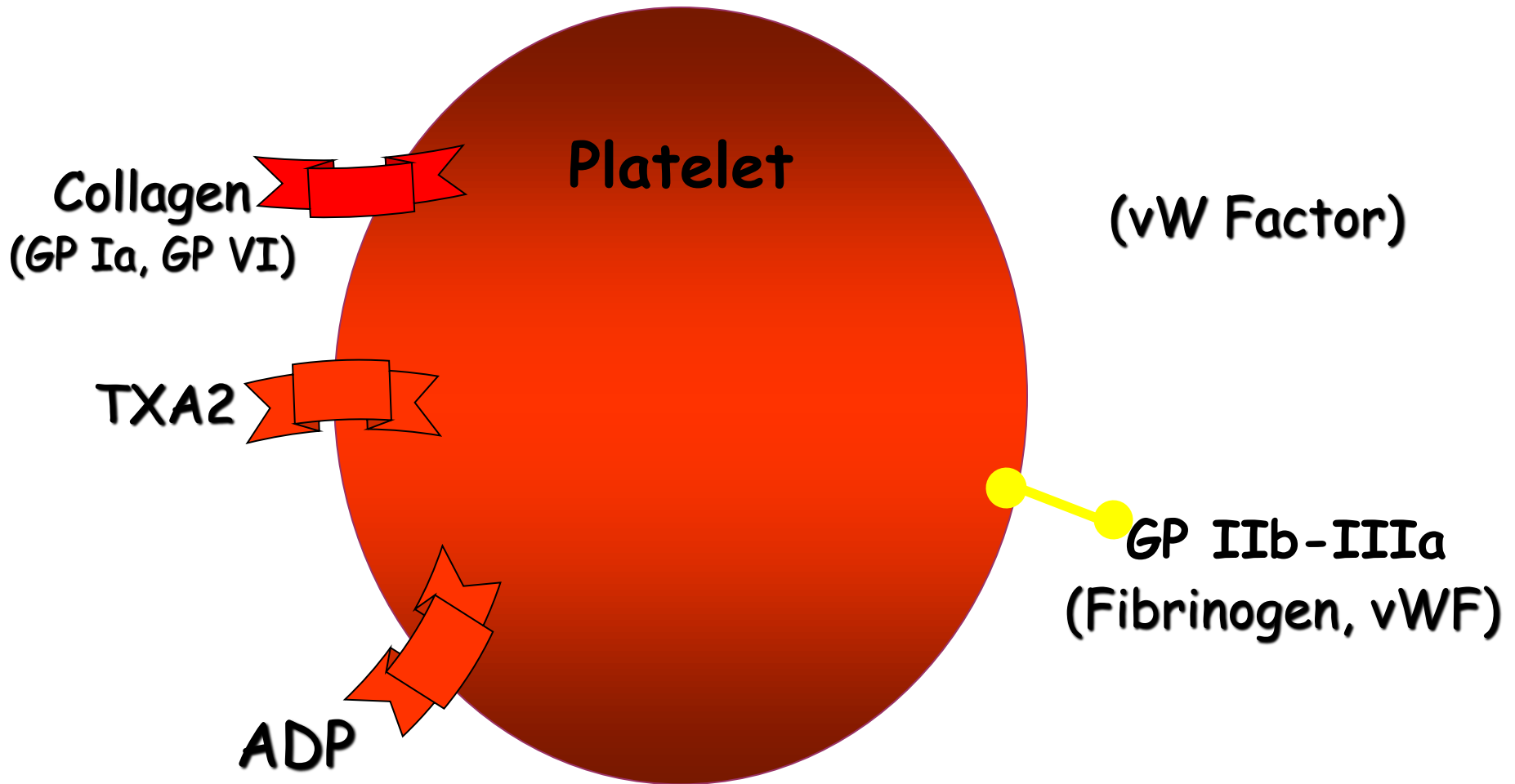
Platelet Activation

- **Adhesion:**
- **Shape change**
- **Aggregation**
- **Release**
- **Clot Retraction**

Bernard-Soulier Syndrome



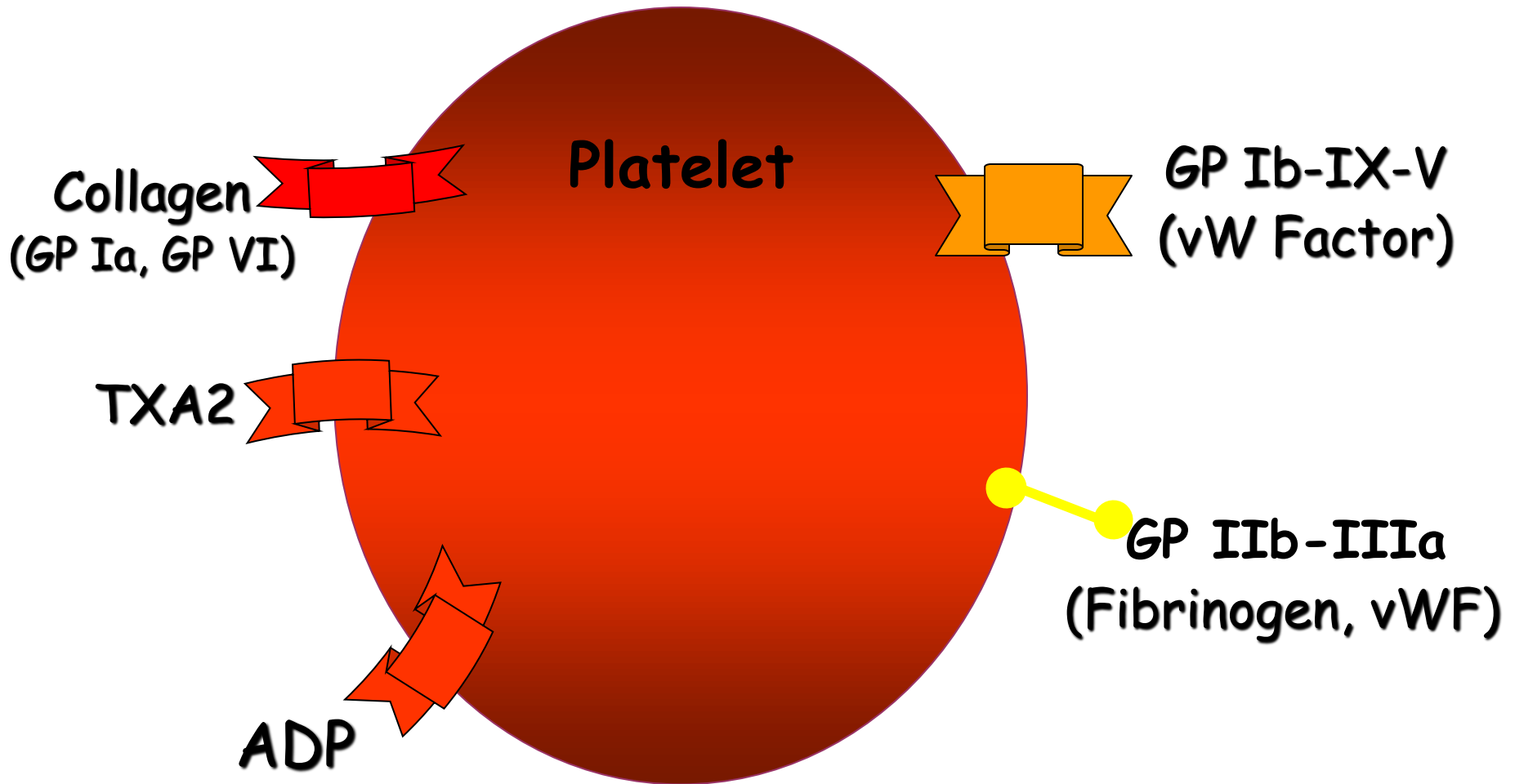
Bernard-Soulier Syndrome



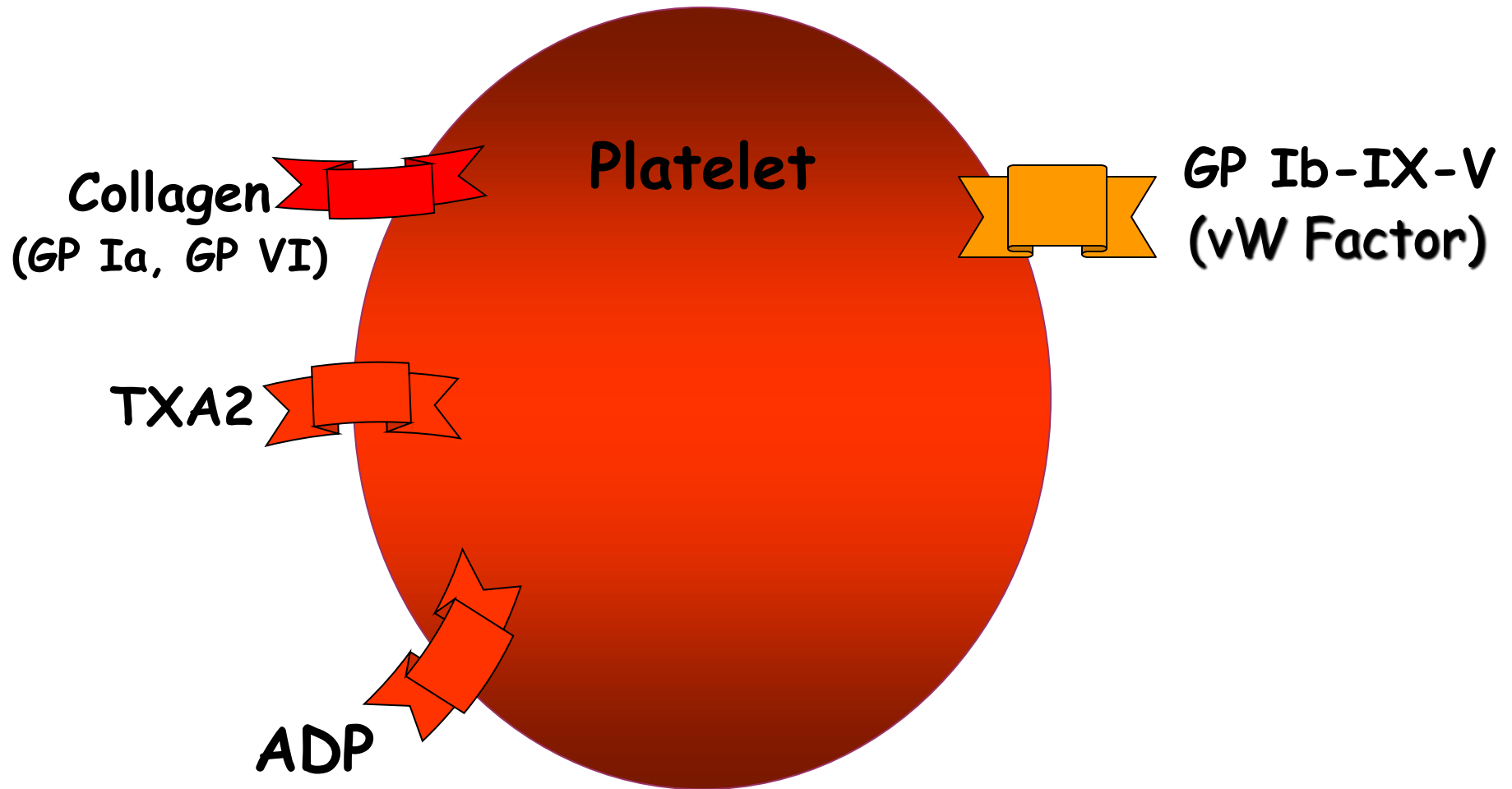
Platelet Activation

- **Adhesion:** Bernard-Soulier Syndrome (BSS)
- **Shape change**
- **Aggregation**
- **Release**
- **Clot Retraction**

Glanzmann Thrombasthenia



Glanzmann Thrombasthenia



Platelet Activation

- **Adhesion:**
- **Shape change**
- **Aggregation** Glanzmann Thrombasthenia
- **Release**
- **Clot Retraction**

**How to investigate for a
platelet disorder?**

Laboratory Testing of Platelet Functions

- Platelet count (& shape)
- Electron-microscopy
- Bleeding time
- Platelet Aggregation
- Platelet Function Analyzer (PFA-100)
- Flow-cytometry
- Granule release products

Bleeding Time



platelet function test

Platelet Aggregometry



Laboratory Testing of Platelet Functions

Platelet Aggregation

in (PRP) Platelet rich plasma):

Provides information on time course of plat. activation.

Agonists:

ADP

Adrenaline

Collagen

Arachidonic acid

Ristocetin

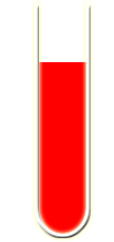
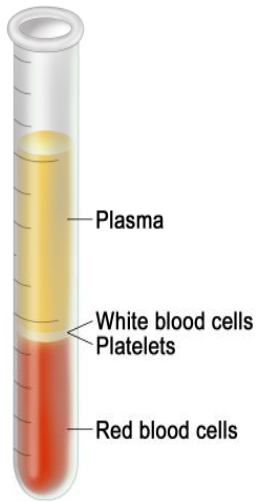
Thrombin

Reference ranges need to be determined for each agonist

Platelet Aggregation

Agonists:

- ADP
- Adrenaline
- Collagen
- Arachidonic acid
- Ristocetin
- Thrombin



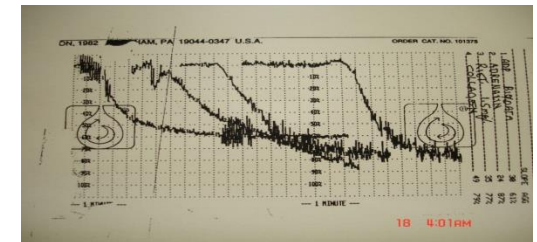
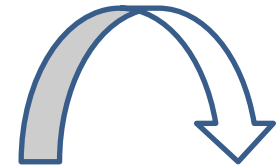
Whole blood

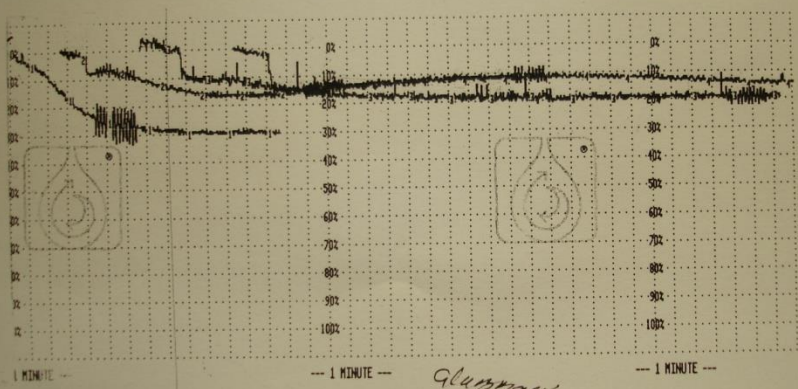


RBC



PRP

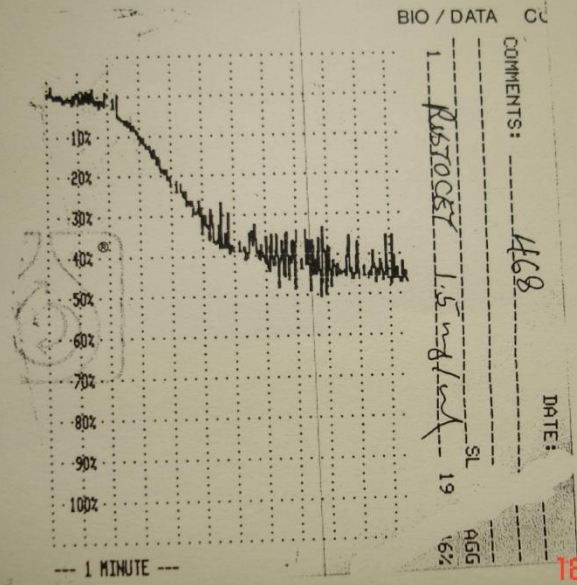




1. ADP BIO/DATA SLOPE AGG
 2. ARACHIDONIC 13 38%
 3. ADRENALIN 04 11%
 4. COLLAGEN 06 28% 83 15%

Glumay's

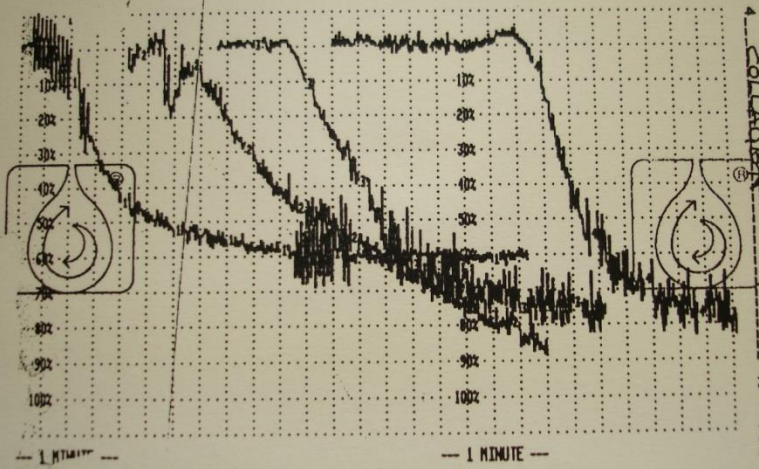
18 4:02AM



BIO / DATA CC
 COMMENTS: _____
 DATE: _____
 1. RUSTOCEI 1.5 mg/lead SL 19
 AGG 6%

18 4:04AM

ON, 1982 MORSHAM, PA 19044-0347 U.S.A. ORDER CAT. NO. 101375

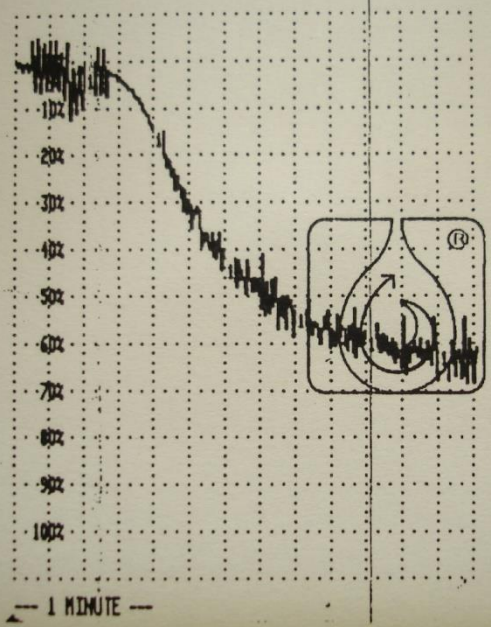


1. ADP BIO/DATA SLOPE AGG
 2. ADRENALIN 30 61%
 3. RIST 1.5mg 24 87%
 4. COLLAGEN 35 77% 49 79%

ECG 201

18 4:01AM

© BIO/DATA CORPORATION, 1982 MORSHAM, PA 19044



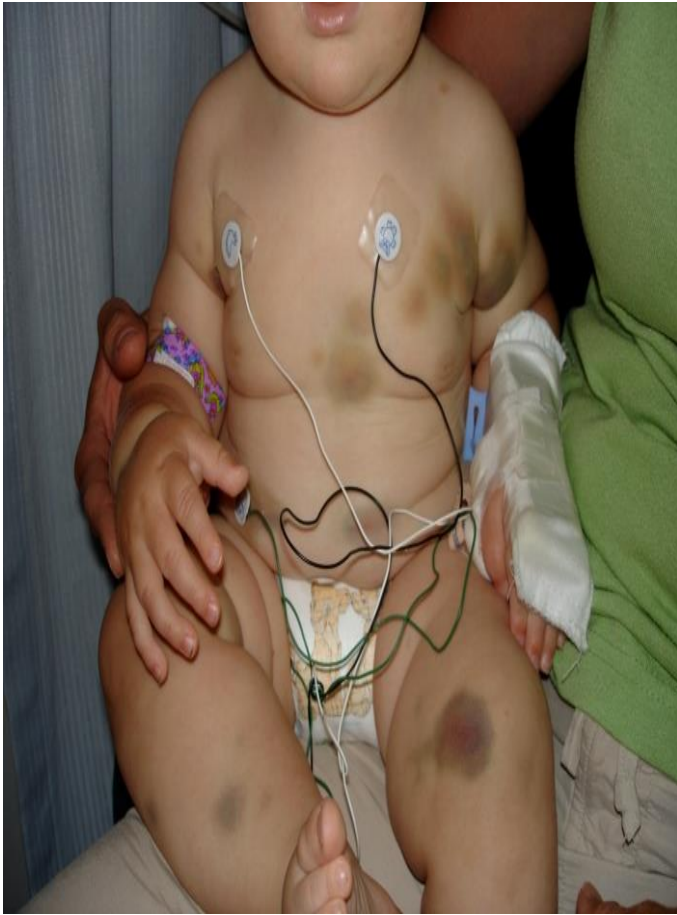
COMMENTS: _____
 DATE: _____
 1. ARACHIDONIC SLOPE AGG
 28 65%

18 4:02AM

summary

- platelets are cell fragments derived from megakaryocyte in the bone marrow.
- Platelets play a pivotal role in haemostasis by arresting bleeding from an injured blood vessels
- Bleeding can result from: Platelet defects acquired or congenital
- Platelet function tests are used to detect abnormal platelet function.

Case study:



- A 7 years old girl complaining of:
- severe bruising since birth and if she had injury she would bleed for days.
- She had epistaxis which lasted for days
- Her mother said “she just bruise more easily than her older sister”

Case study:

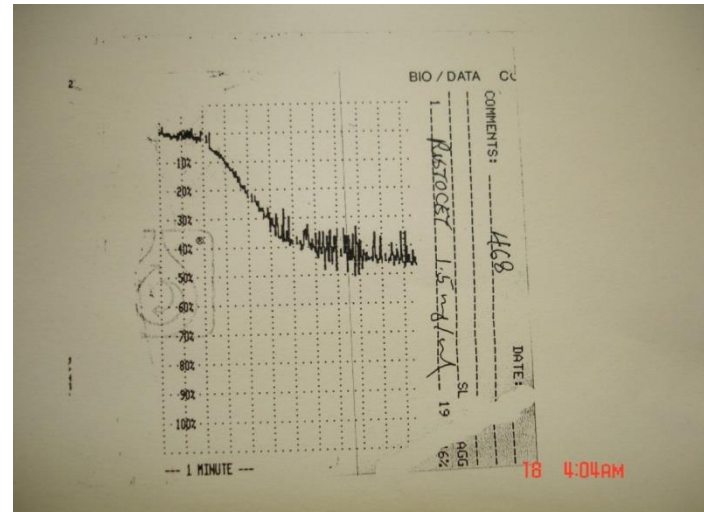
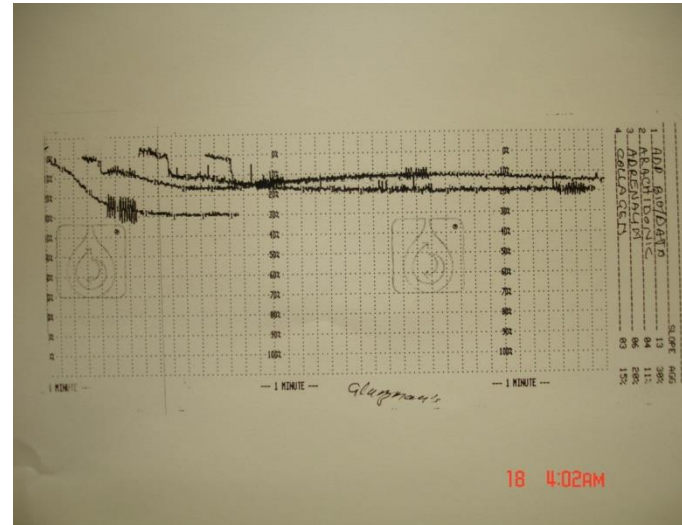
- Investigation:
- CBC:
RBC
WBC
Platelets
- Platelet morphology:
normal
- Aggregometry:
- absent platelet aggregation in response to ADP, collagen, thrombin, & epinephrine,

Aggregometry:

Absent platelet aggregation in response to ADP, collagen, thrombin, & epinephrine.

Diagnosis:

Glanzmann's Thrombasthenia



وَفَقَّنَ اللَّهُ

