

THE PANCREAS

PANCREATIC SECRETION

Maha Saja, M.B.B.S, MSc Physiology, PhD

Office no. 8, Level 3, College of Medicine.

msaja@ksu.edu.sa



OBJECTIVES



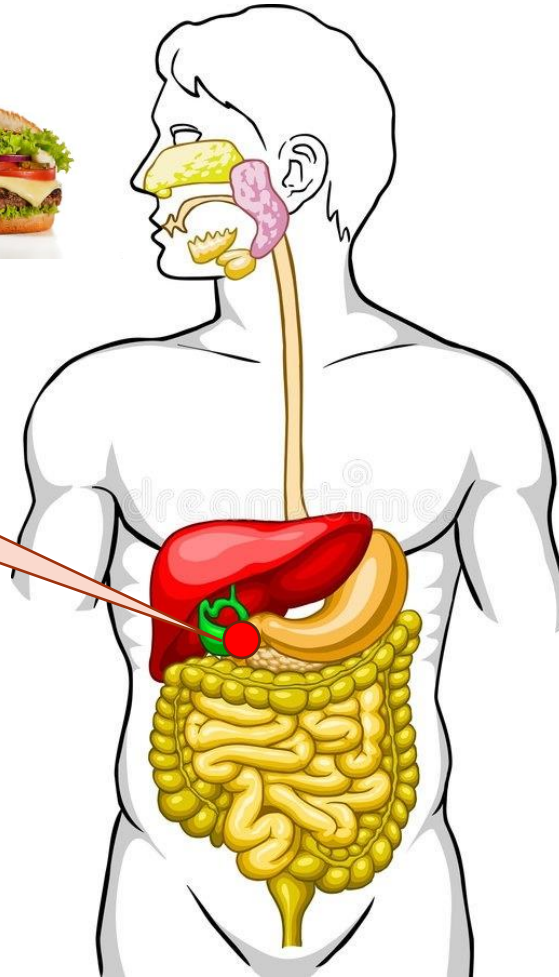
- Discuss the functional anatomy of the pancreas, its division into endocrine and exocrine organ and the role of each.
- Describe the role of the pancreas in digestion.
- Discuss the components of pancreatic juice and their role in digestion.
- List the proteolytic enzymes synthesized by the pancreas and their target.
- Discuss the mechanism of secretion of bicarbonate-rich secretions by the pancreas.
- Describe the mechanism of activation of pancreatic enzymes.
- Discuss the hormonal & neural mechanisms regulating pancreatic secretion.
- Name and describe the phases of pancreatic secretion.



INTRODUCTION



Chyme has arrived into duodenum

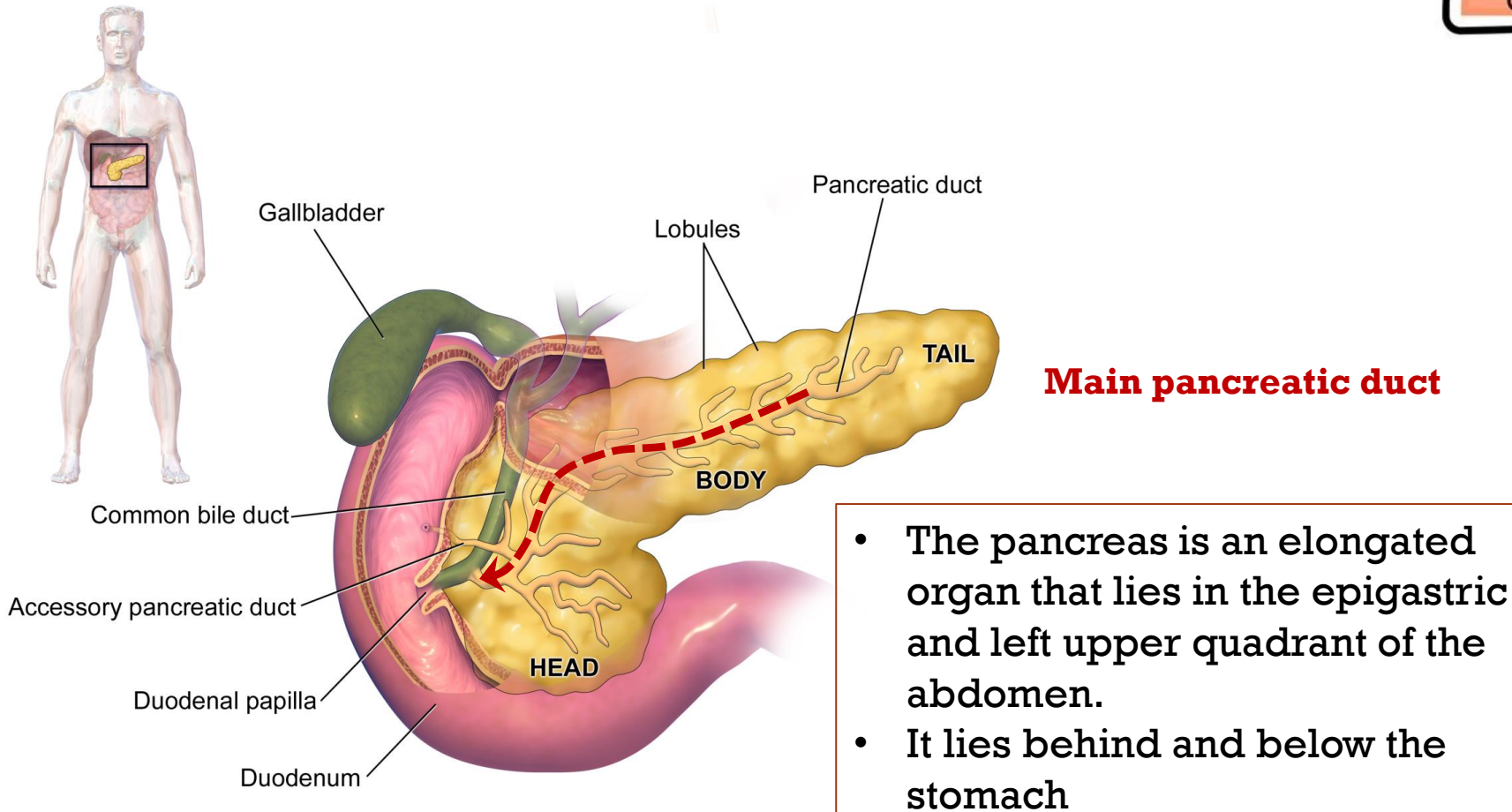


There it will be exposed to various secretions from biliary system and pancreas

Today we will discuss the pancreas



FUNCTIONAL ANATOMY OF PANCREAS



- The pancreas is an elongated organ that lies in the epigastric and left upper quadrant of the abdomen.
- It lies behind and below the stomach



FUNCTIONAL ANATOMY OF PANCREAS

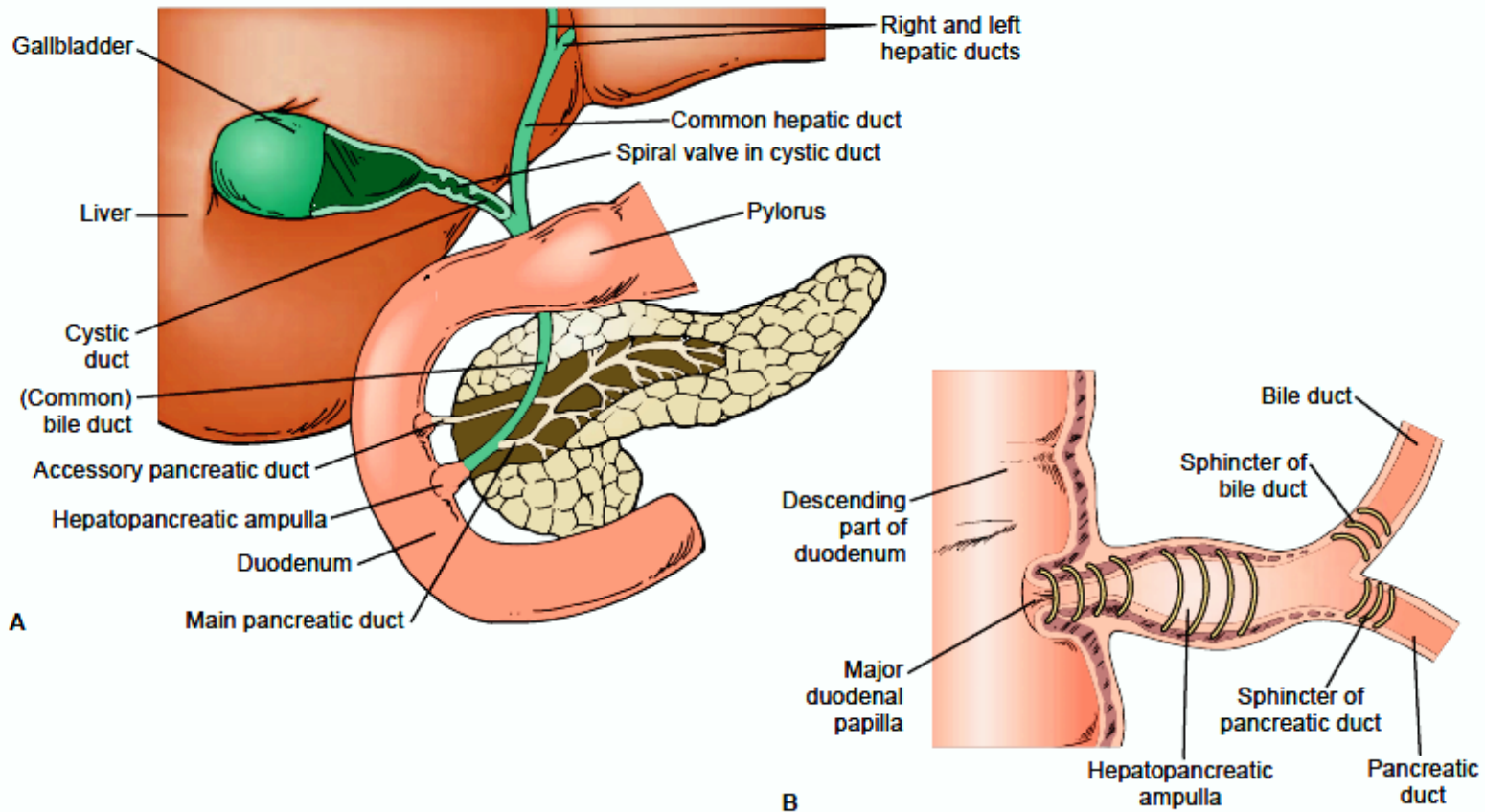


FIGURE 40-18 (A) Extrahepatic bile passages, gall bladder, and pancreatic ducts. **(B)** Entry of bile duct and pancreatic duct into the hepatopancreatic ampulla, which opens into the duodenum.

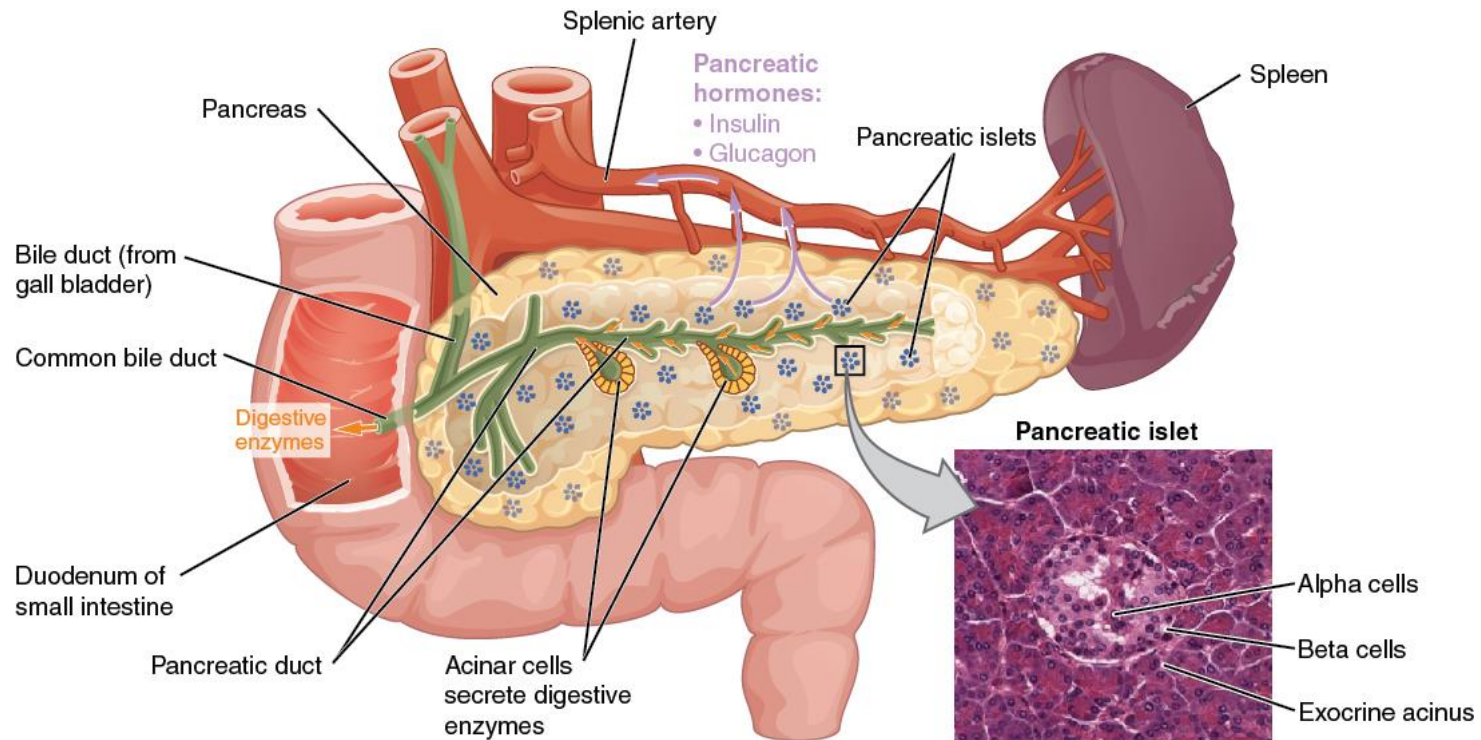


THE PANCREAS



The pancreas is a mixed gland; endocrine & exocrine... *what does that mean?*

What is the difference between endocrine and exocrine glands?



THE PANCREAS



The Pancreas

Exocrine pancreas

Constitute 90% of
pancreas

Made of acinar & ductal
cells.

Secretes digestive
enzymes, HCO_3^-
and water.

Into duodenum

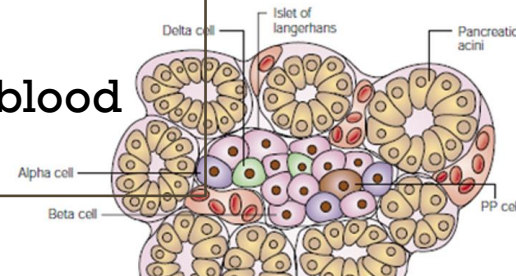
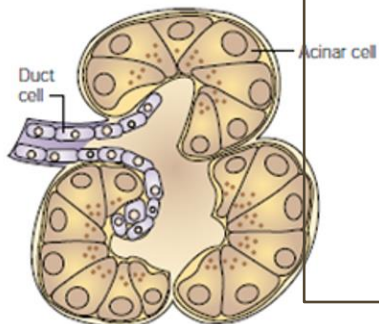
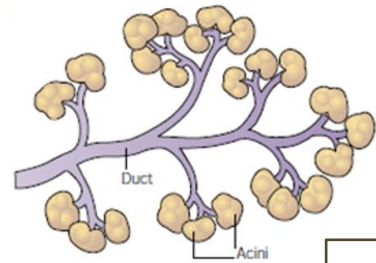
Endocrine pancreas

Constitute 2% of
pancreas

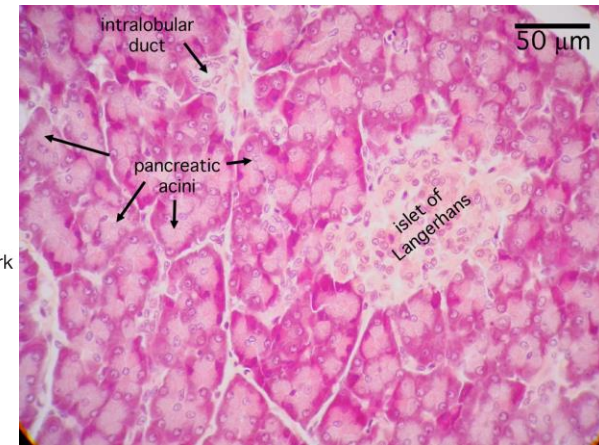
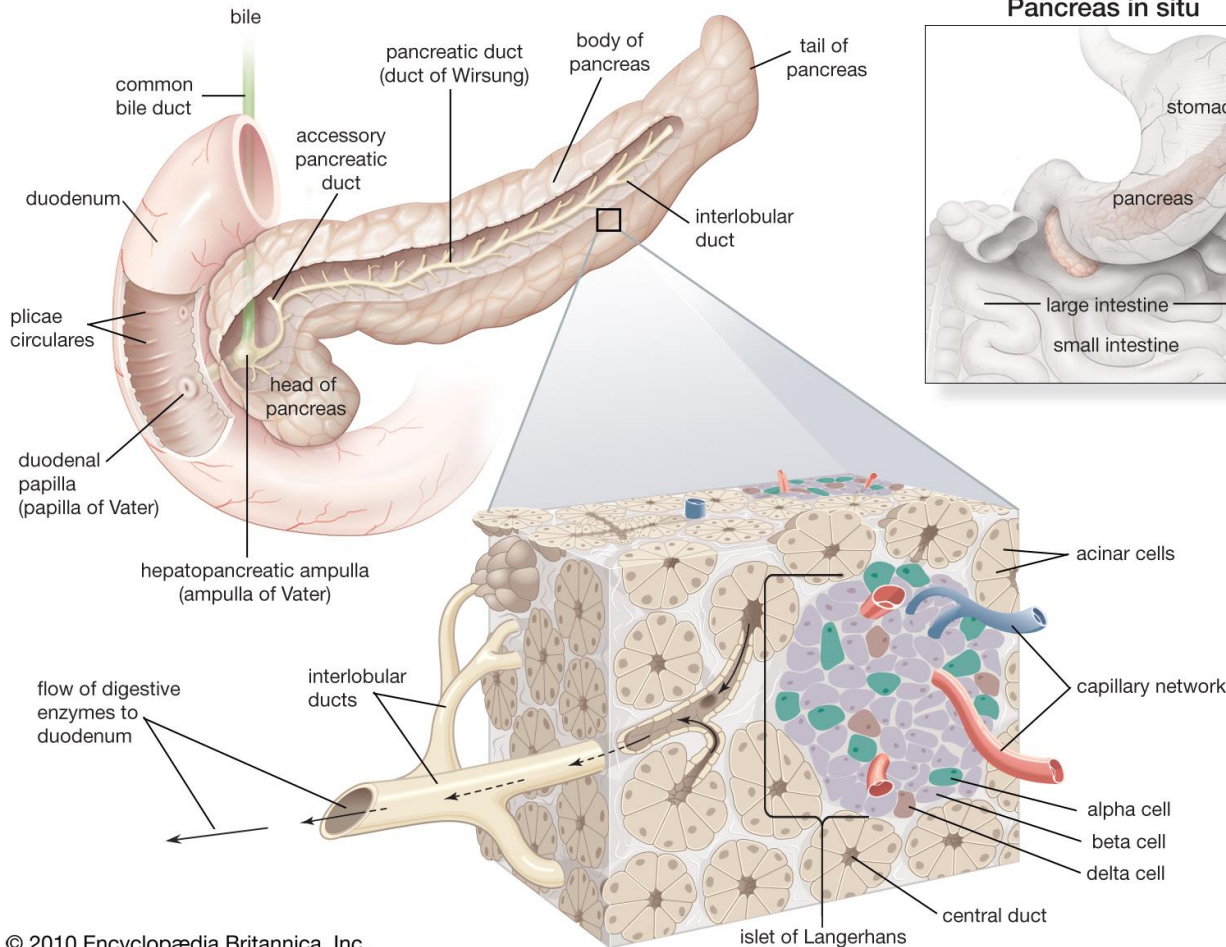
Made of Islets of
Langerhan's.

Secretes hormones.

Directly into blood



THE PANCREAS



© 2010 Encyclopædia Britannica, Inc.

PANCREATIC SECRETION



THE ROLE OF THE PANCREAS



- Digest dietary nutrients.
- Neutralize duodenal acidity arriving from stomach.
- ***Why is it important to neutralize acid arriving at the duodenum from the stomach?***



PANCREATIC SECRETION



- *What are the constituents of pancreatic secretion “juice”?*

Pancreatic secretion (pH = 7.6 to 9.0)

Aqueous solution

Rich in bicarbonate
Water + bicarbonate
Alkaline

Enzymes

For protein digestion

Trypsin
Chemotrypsin
Carboxypolypeptidase

For fat digestion

Pancreatic lipase
Phospholipase
Cholesterol esterase

For carb digestion

Pancreatic amylase

For DNA & RNA

Nucleases



PANCREATIC SECRETION



Acini → secrete the pancreatic digestive enzymes



Ducts → secrete HCO₃ solution

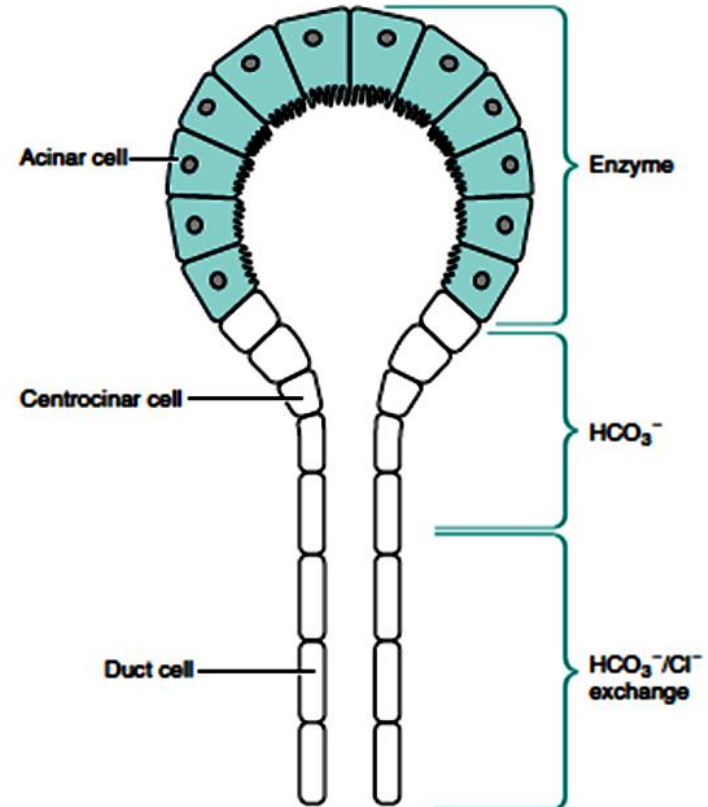


Fig. 5.4
Secretory unit showing the cellular locations of the different secretions.



ACINAR CELL SECRETION



- Secrete a protein-rich (digestive enzymes) secretion in an isotonic plasma-like fluid.
- Constitute 25% of total pancreatic secretion.
- Stimulated by **CCK & Ach**.

1. Secreted as proenzymes (inactive form) which get activated in the lumen of the intestine.
2. The same cells secrete a substance “trypsin inhibitor”.

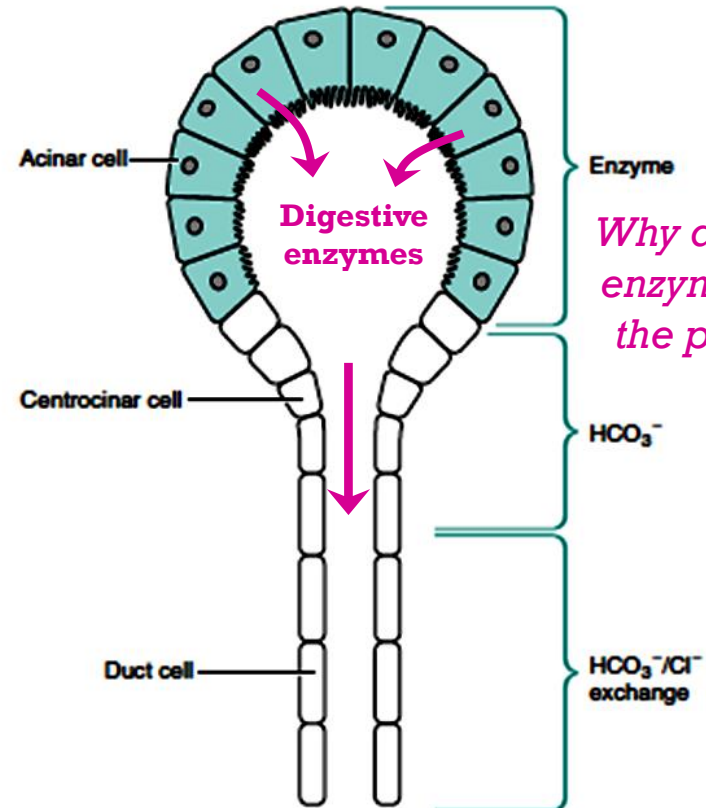


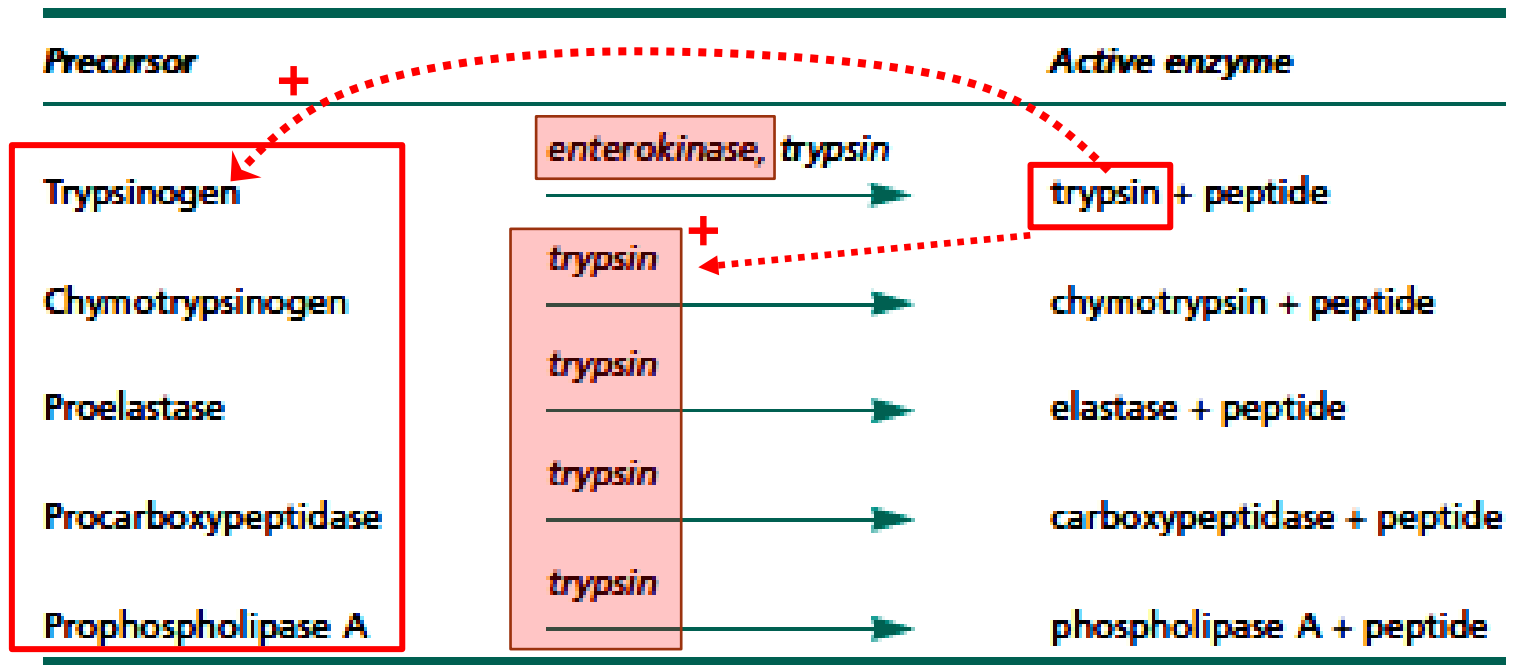
Fig. 5.4
Secretory unit showing the cellular locations of the different secretions.



ACTIVATION OF PANCREATIC ENZYMES



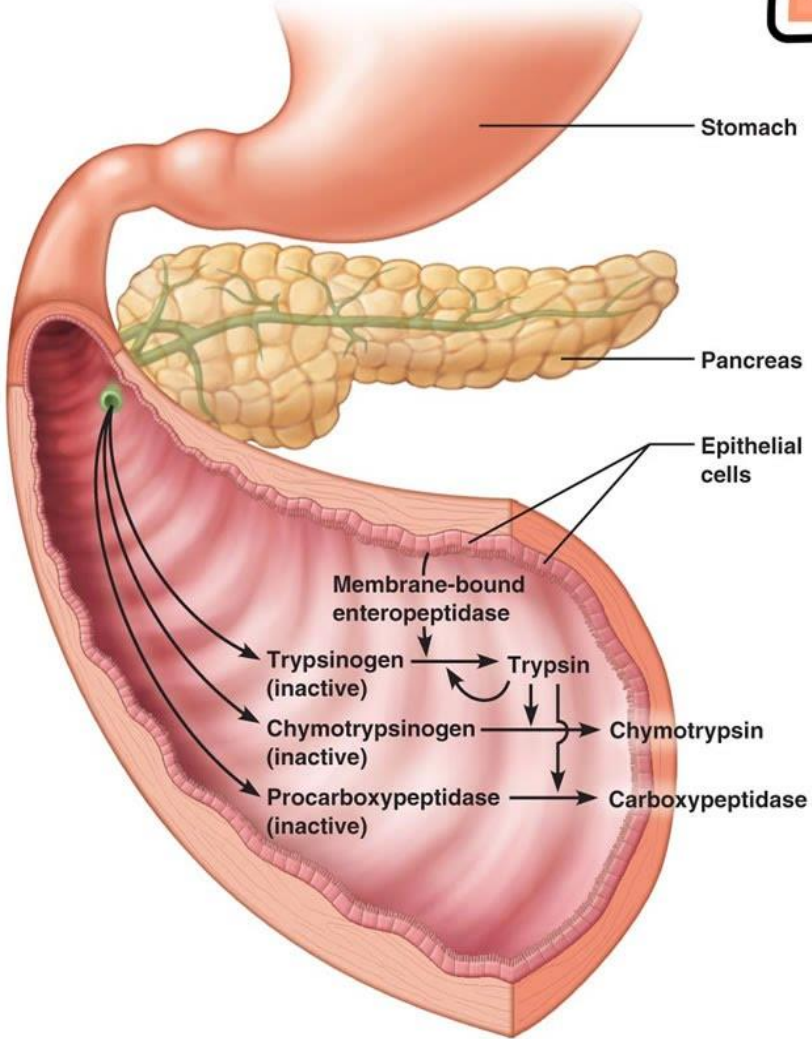
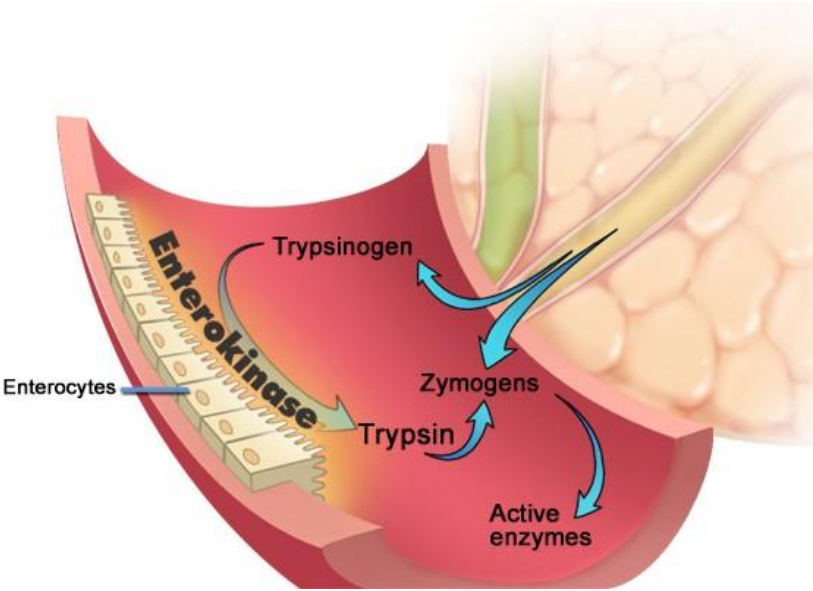
Table 5.1
Activation of enzyme precursors in the small intestine



Enterokinase is an enzyme that is secreted by brush border of small intestine and activate trypsinogen.



ACTIVATION OF PANCREATIC ENZYMES



DUCTAL CELL SECRETION



- Secretes a HCO_3^- -rich fluid that alkalinizes & hydrates the protein-rich secretion of acinar cells ($[\text{HCO}_3^-] = 145\text{mEq/L}$).
- Constitute 75% of pancreatic secretion.
- Stimulated by *Secretin*.
- Effects of Secretin are potentiated by CCK & Ach.

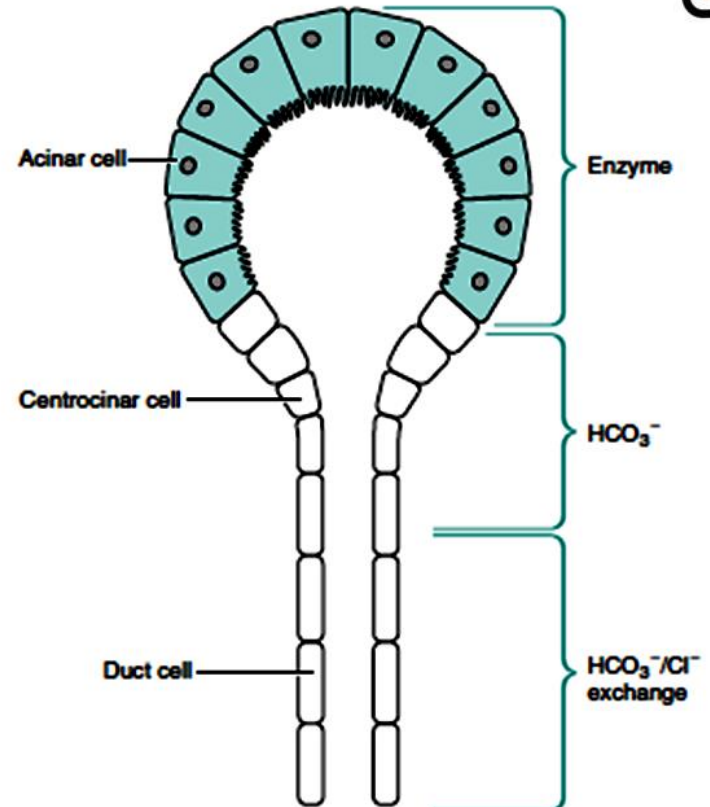


Fig. 5.4
Secretory unit showing the cellular locations of the different secretions.

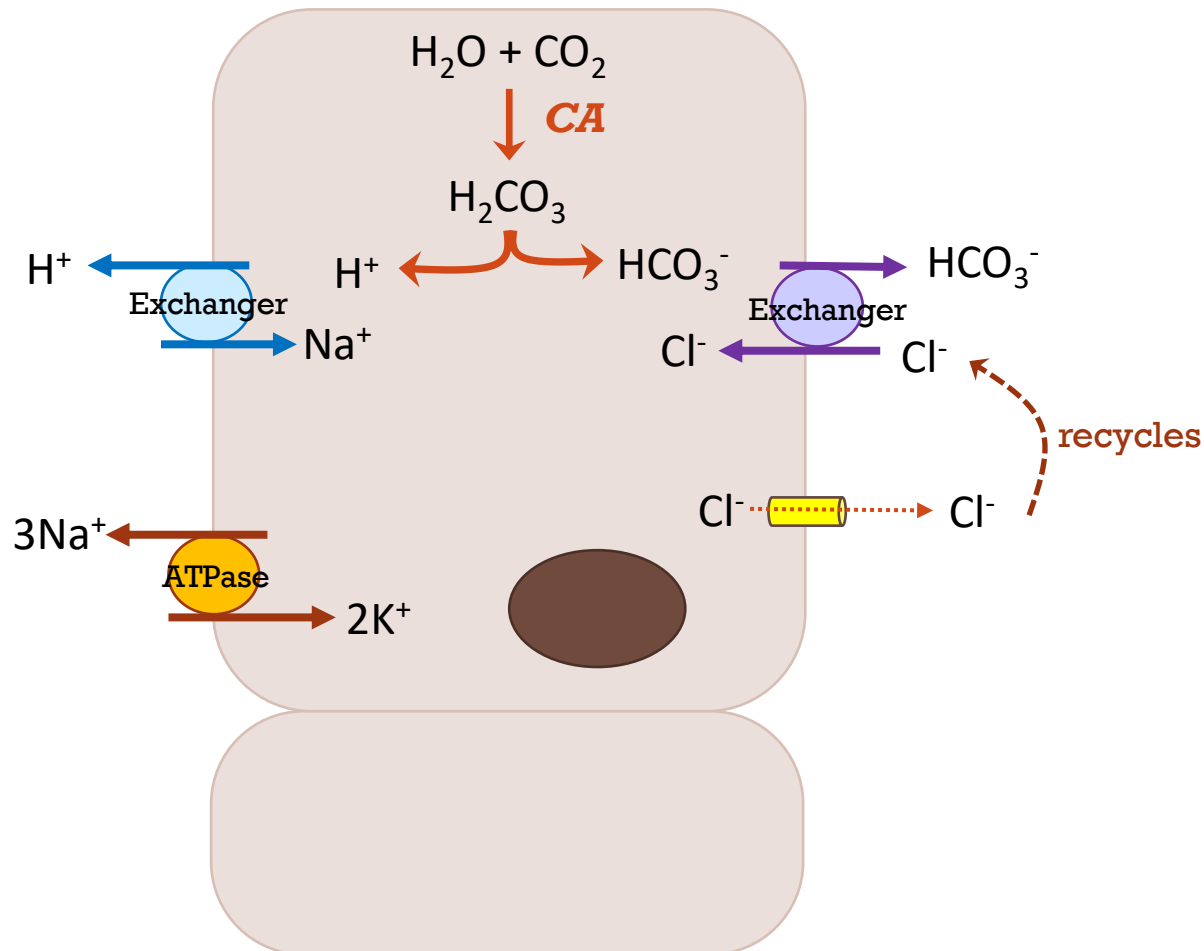


MECHANISM OF DUCTAL CELL SECRETION



Blood side

Luminal side

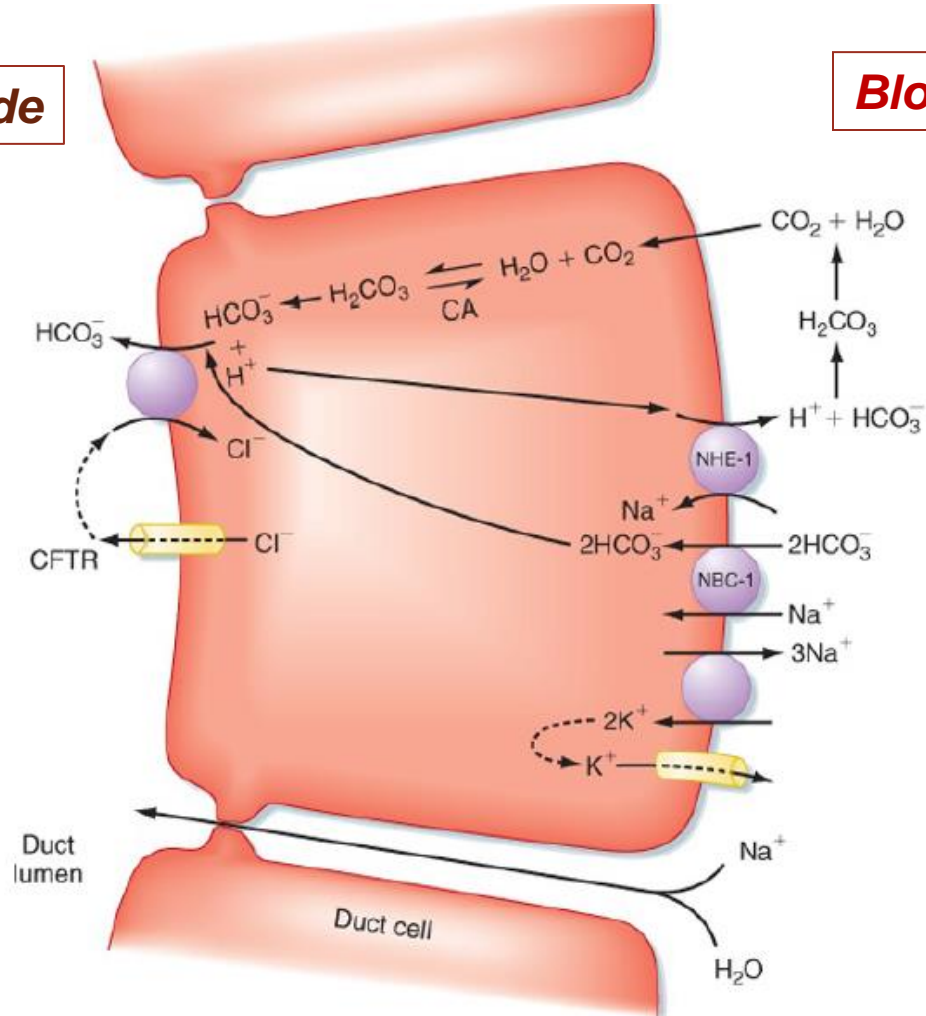


MECHANISM OF DUCTAL CELL SECRETION



Luminal side

Blood



EFFECT OF FLOW RATE ON PANCREATIC SECRETION

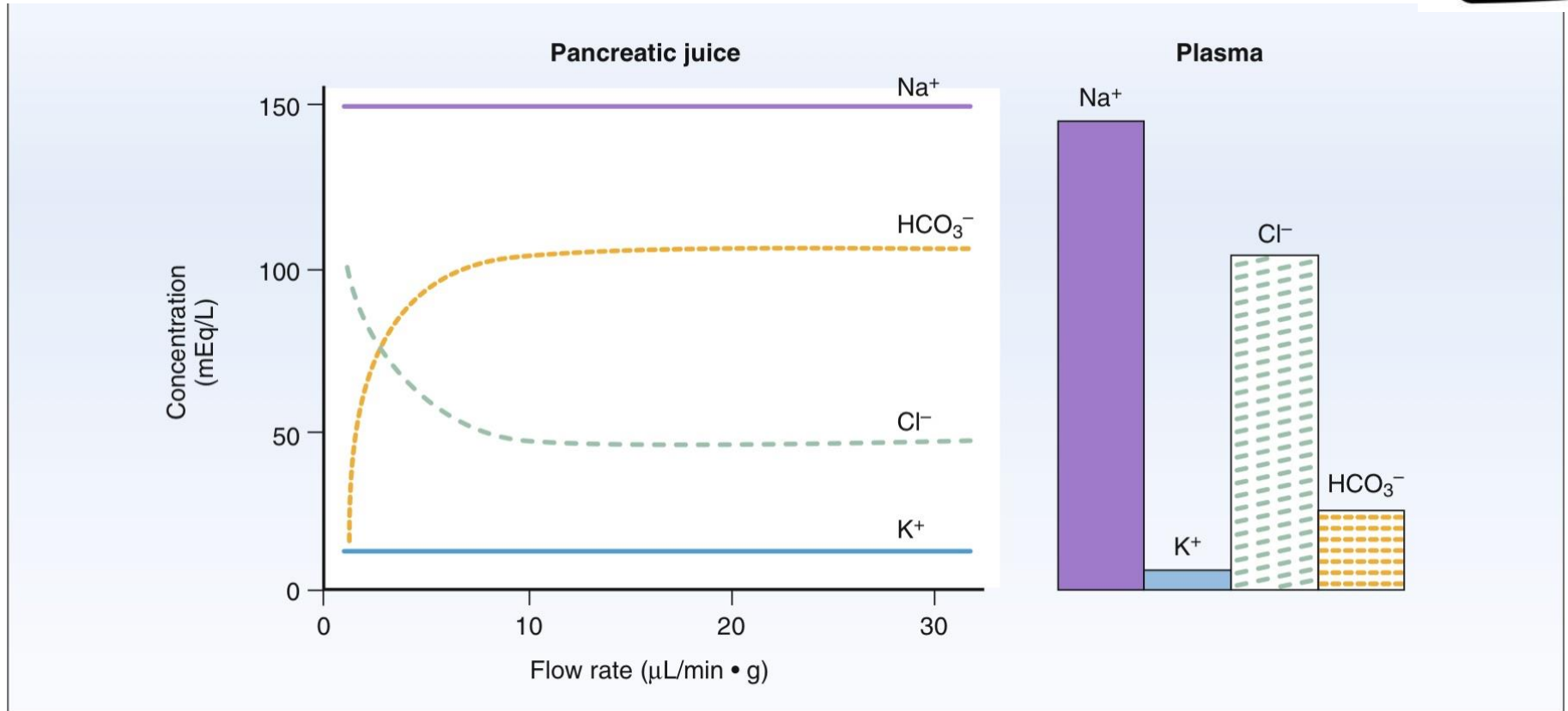


Figure 8-22 Relationship between the composition of pancreatic juice and the pancreatic flow rate. The ionic composition of pancreatic juice is compared with that of plasma.



REGULATION OF PANCREATIC SECRETION

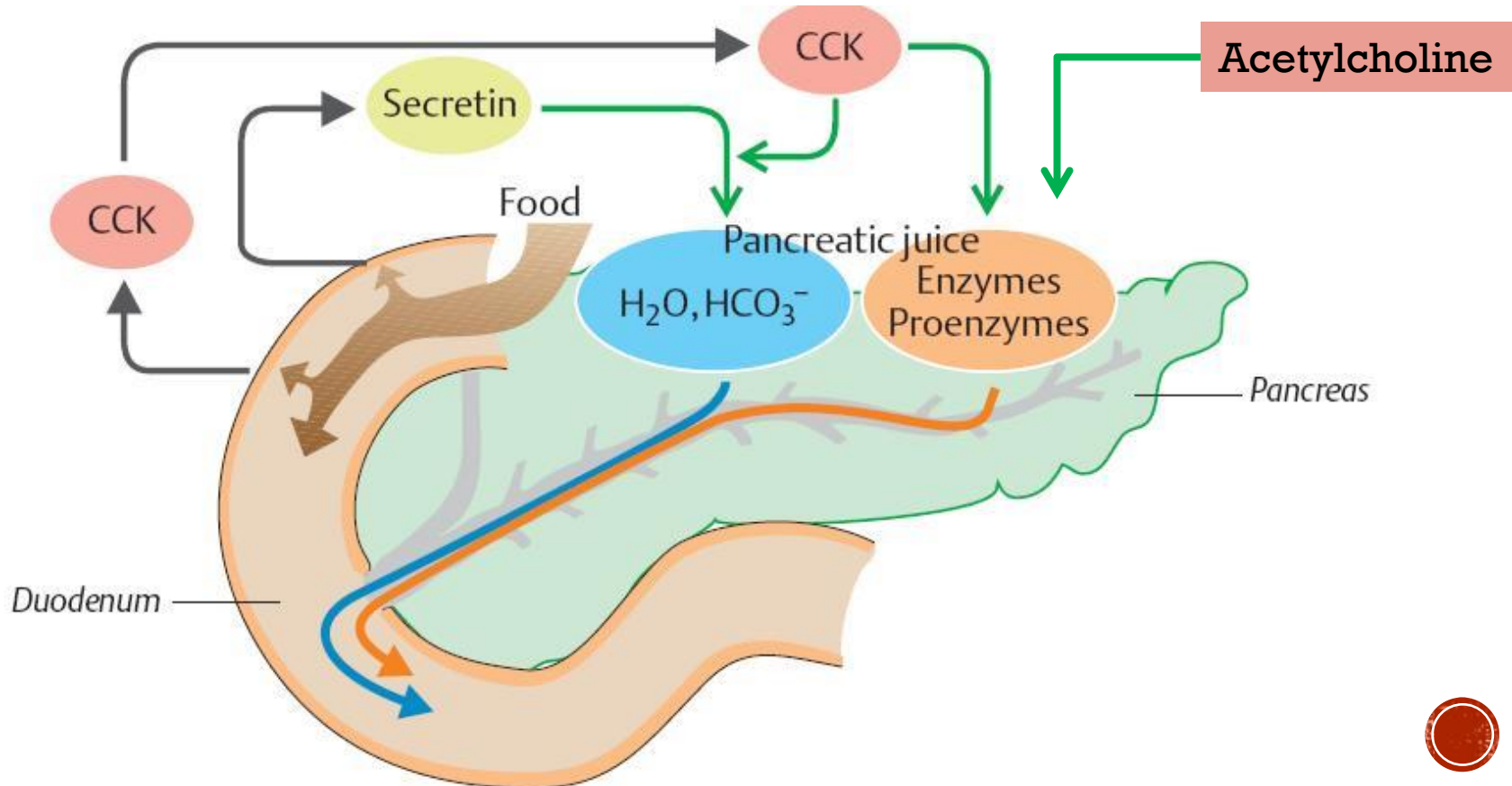


REGULATION OF PANCREATIC SECRETION

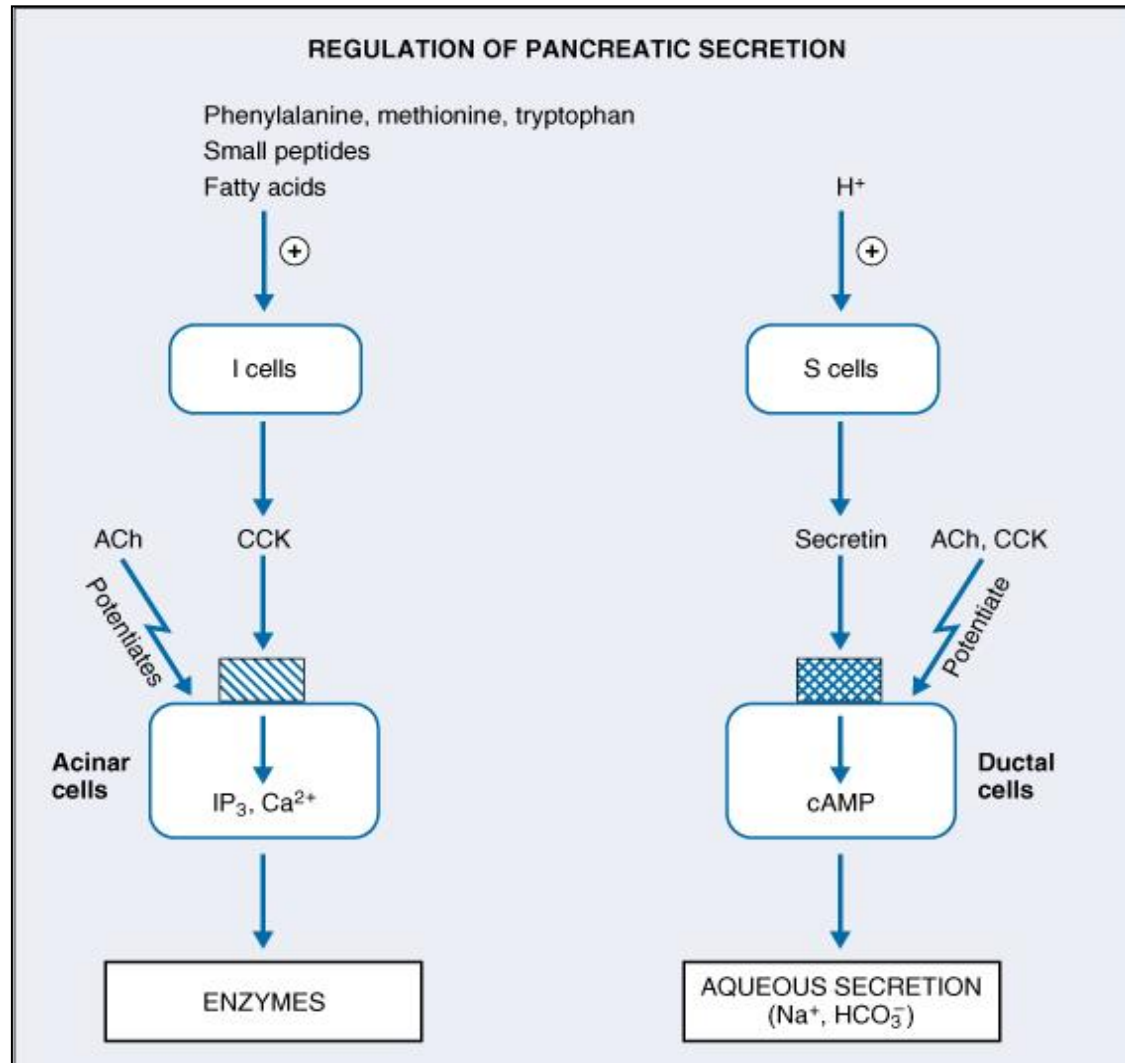


Three basic stimuli:

- Ach
- CCK
- Secretin



REGULATION OF PANCREATIC SECRETION



CHOLECYSTOKININ (CCK)



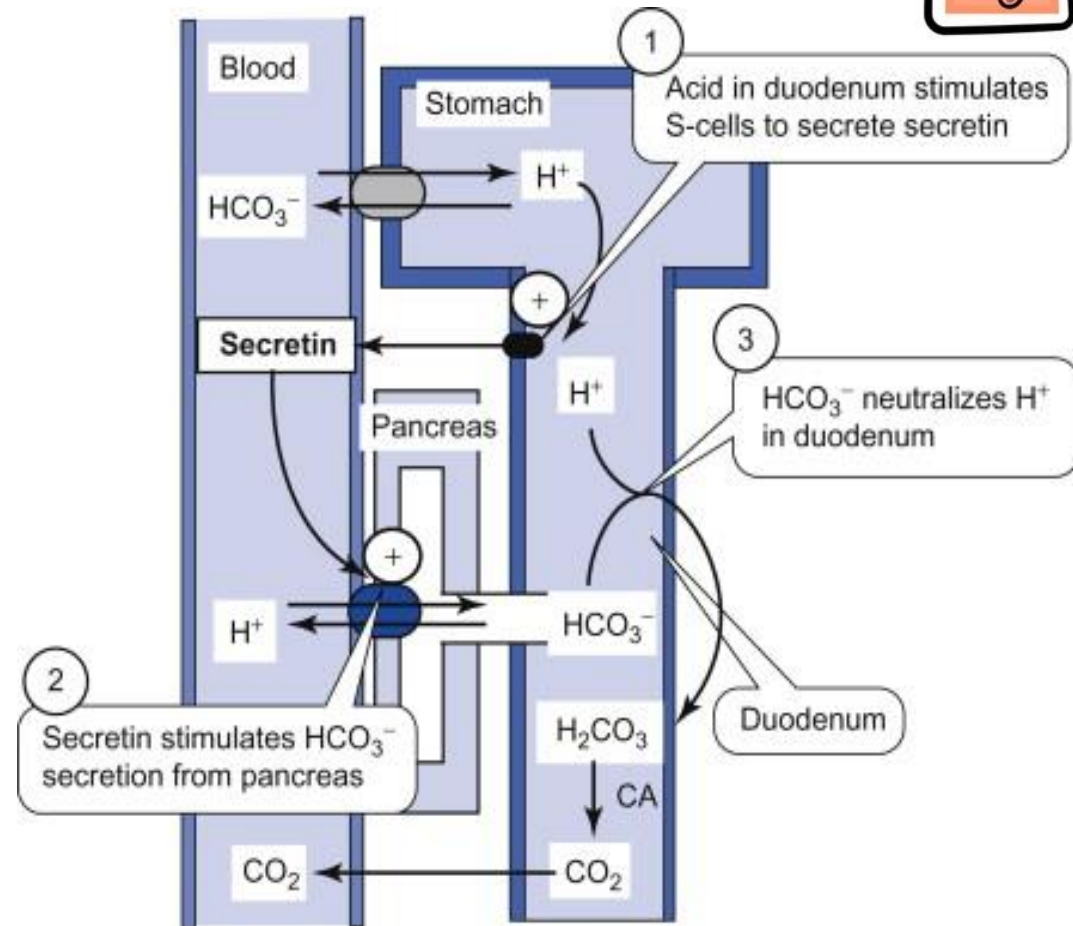
- A 33-amino acid polypeptide.
- Secreted by enteroendocrine cells “*I cells*” in duodenum & upper jejunum.
- Stimulated by the presence of fat and protein degradation products (proteoses & peptides).
- CCK → ↑ pancreatic digestive enzyme secretion.



SECRETIN



- 27 amino acid polypeptide.
- Secreted by “S cells” in the duodenum & upper jejunum.
- When luminal pH < 4.5
- HCO_3^- concentration in pancreatic secretion = 145mmol/L



PHASES OF PANCREATIC SECRETION



PHASES OF PANCREATIC SECRETION



- ***Cephalic phase***
 - Through vagus nerve.
 - 20% of pancreatic enzymes
- ***Gastric phase***
 - Through vagus nerve.
 - 5-10%
- ***Intestinal phase***
 - Through hormonal stimulation (secretin & CCK).
 - 70-75%



PHASES OF PANCREATIC SECRETION



Table 43-2 The Three Phases of Pancreatic Secretion

Phase	Stimulant	Regulatory Pathway	Percentage of Maximum Enzyme Secretion
Cephalic	Sight Smell Taste Mastication	Vagal pathways	25%
Gastric	Distention Gastrin?	Vagal-cholinergic	10%-20%
Intestinal	Amino acids Fatty acids H ⁺	Cholecystokinin Secretin Enteropancreatic reflexes	50%-80%



SUMMARY



TABLE 8-2. Summary of Gastrointestinal Hormones

Hormone	Hormone Family	Site of Secretion	Stimuli for Secretion	Actions
Gastrin	Gastrin-CCK	G cells of the stomach	Small peptides and amino acids Distention of the stomach Vagal stimulation (GRP)	↑ Gastric H ⁺ secretion Stimulates growth of gastric mucosa
Cholecystokinin (CCK)	Gastrin-CCK	I cells of the duodenum and jejunum	Small peptides and amino acids Fatty acids	↑ Pancreatic enzyme secretion ↑ Pancreatic HCO ₃ ⁻ secretion Stimulates contraction of the gallbladder and relaxation of the sphincter of Oddi Stimulates growth of the exocrine pancreas and gallbladder Inhibits gastric emptying
Secretin	Secretin-glucagon	S cells of the duodenum	H ⁺ in the duodenum Fatty acids in the duodenum	↑ Pancreatic HCO ₃ ⁻ secretion ↑ Biliary HCO ₃ ⁻ secretion ↓ Gastric H ⁺ secretion Inhibits trophic effect of gastrin on gastric mucosa
Gastric inhibitory peptide (GIP)	Secretin-glucagon	Duodenum and jejunum	Fatty acids Amino acids Oral glucose	↑ Insulin secretion from pancreatic β cells ↓ Gastric H ⁺ secretion

SUMMARY OF DIGESTION OF FOOD TYPES



DIGESTION OF CARBOHYDRATES

FROM MOUTH TO DUODENUM



Carbohydrates in diet

Most (2/3)
Plant
polysaccharides
"Starch"

Remaining
Are disaccharides;
Sucrose (table sugar)
Lactose (milk sugar)

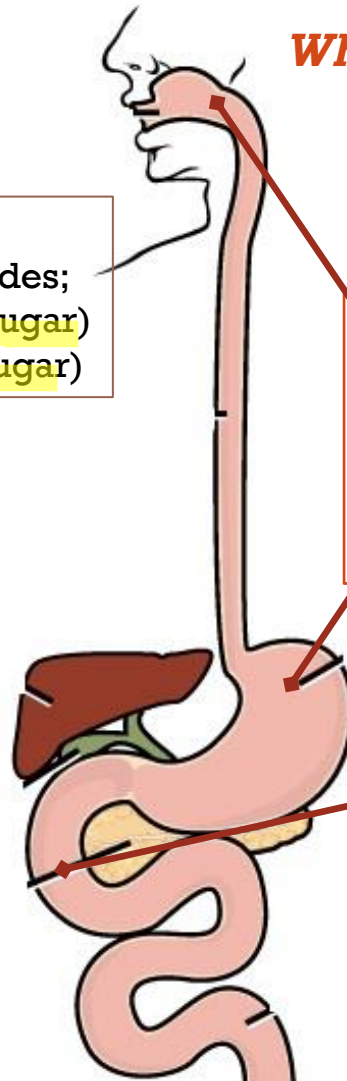
Glycogen
Cellulose "fiber"-not digested
by humans

Dietary carbohydrates

Absorbed form;
Monosaccharides

What are sucrose & lactose made of??

Sucrose = glucose + fructose
Lactose = glucose + galactose



Mouth

20-40%

Starch $\xrightarrow{\text{Salivary amylase}}$ Oligosaccharides
Maltose

Duodenum

50-80%

Starch
Oligosaccharides $\xrightarrow{\text{pancreatic amylase}}$ small
glucose
polymers
Maltose



DIGESTION OF PROTEINS

FROM MOUTH TO DUODENUM



Exogenous protein (diet)
+ endogenous proteins
(digestive enzymes & mucus)

What is the difference between a protein and a peptide??

Starts at stomach **10-20%**

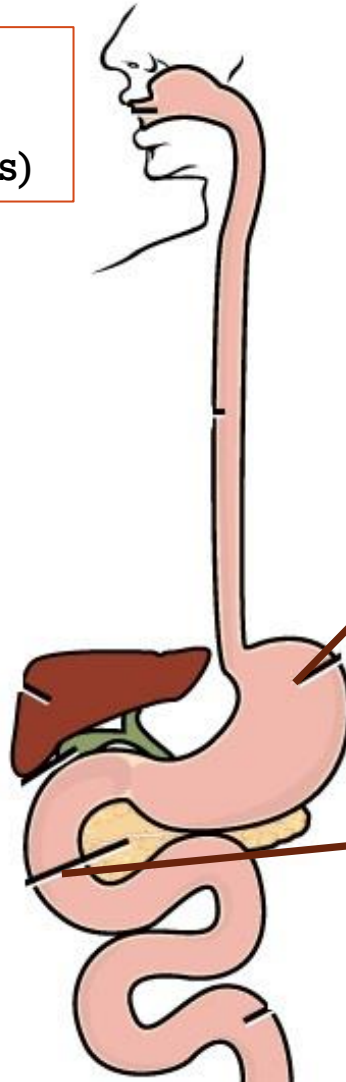
Proteins $\xrightarrow[\text{HCL}]{\text{Pepsin}}$ Partially digested proteins
Polypeptides

Duodenum

Proteoses
Peptones $\xrightarrow[\text{Chemotrypsin}]{\text{Trypsin}}$ Polypeptides

Polypeptides $\xrightarrow{\text{Carboxypeptidase}}$ Releases some a.a.
Smaller peptides
(some Tri- & di-peptides)

Absorbed form;
Amino acids
Dipeptides
tripeptides



DIGESTION OF FAT FROM MOUTH TO DUODENUM

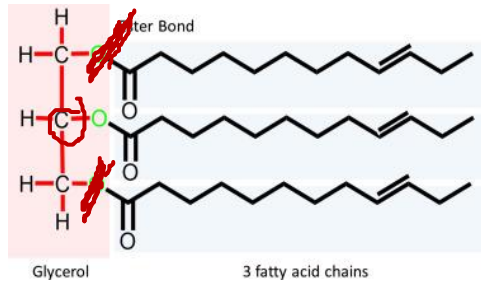


10%

Fat in diet

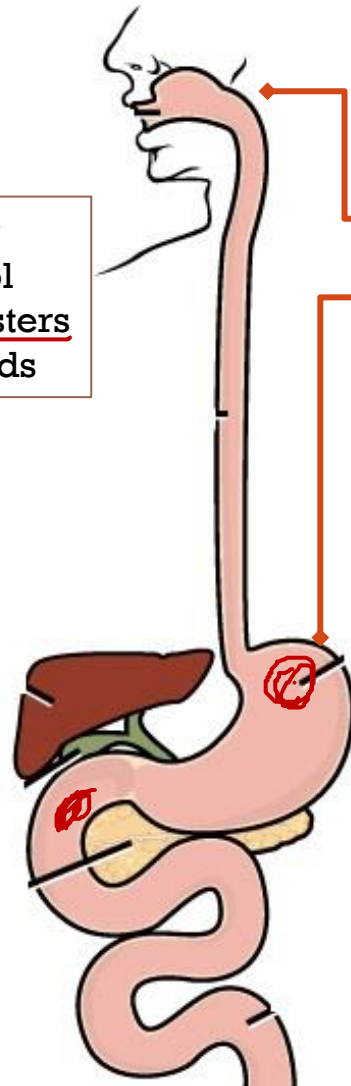
Mostly triglycerides

Remaining
Cholesterol
Cholesterol esters
phospholipids



Dietary fat

Absorbed form:
2-monoglycerides
Cholesterol
Fatty acids



Mouth & stomach

TGs $\xrightarrow{\text{Lingual lipase}}$ Diglycerides
Fatty acids

Intestine

TGs
DAGs $\xrightarrow{\text{Pancreatic lipase}}$ 2-MG
Fatty acids

CE $\xrightarrow{\text{Cholesterol esterase}}$ Chol
FA

Phospholipids $\xrightarrow{\text{Phospholipase A2}}$ Lysoph.
FA



END OF PANCREAS



MIGRATORY MOTOR COMPLEXES



WHAT HAPPENS TO OUR GI SYSTEM IN BETWEEN MEALS?



- We understood that the GI tract motility is involved in mixing and moving food along the tract in an oral to caudad direction.
- ***But what happens when there is no food in the system? During fasting for example?***
- The intestine is relatively quiescent during fasting but exhibit a certain pattern of electric and motor activity

Interdigestive myoelectric complexes

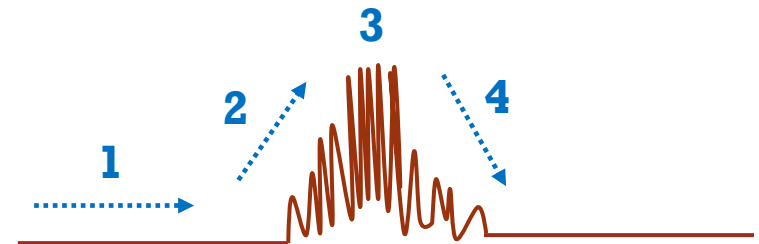
“Migrating Motor Complexes (MMC)”



MIGRATING MOTOR COMPLEXES



- **MMC** is a term that describes the rhythmic contractions of the small intestine during the fasting state.
- Starts at the **stomach** and **moves down to terminal ileum**.
- At intervals of **90-120 min**.



- Consists of four main phases:
 1. Prolonged quiescent period.
 2. A period of increasing AP and contractility.
 3. A period of peak electrical and mechanical activity.
 4. A period of declining activity.

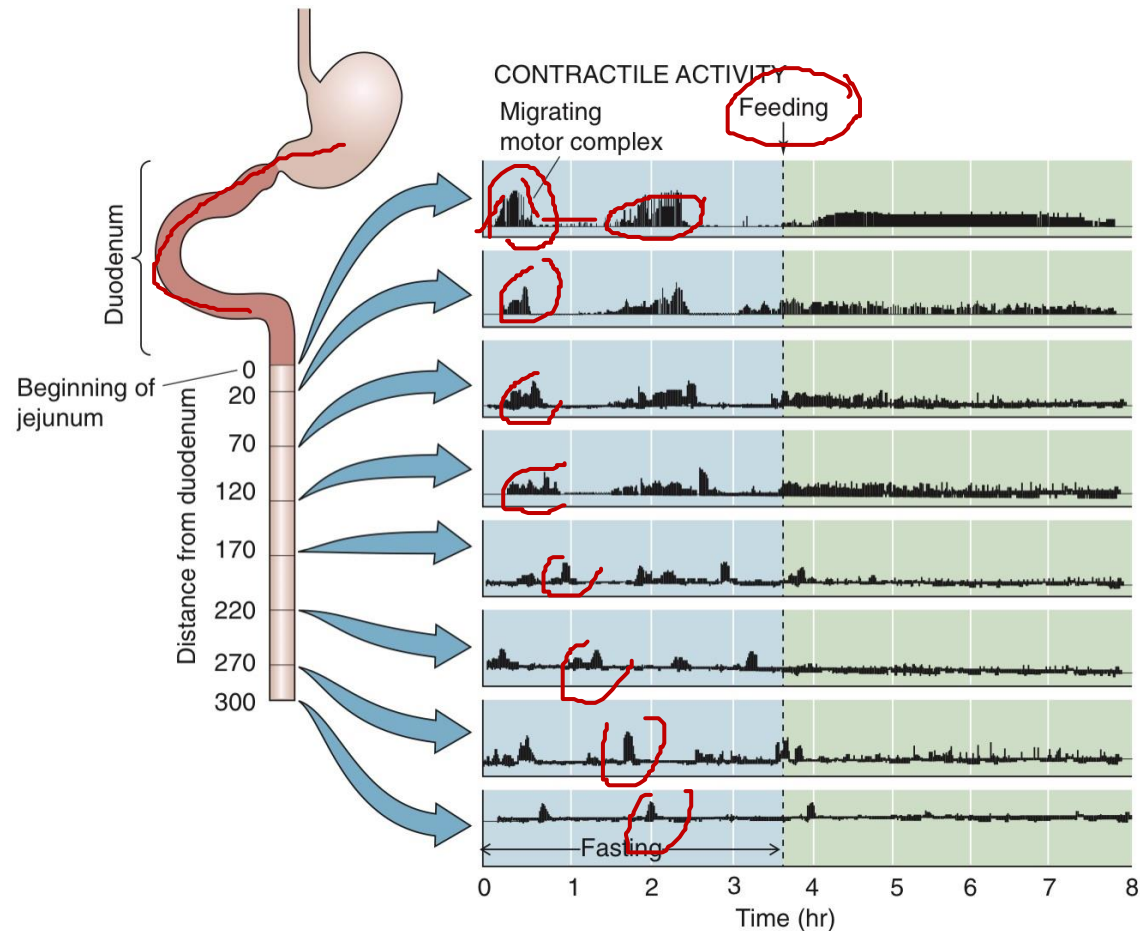


MIGRATING MOTOR COMPLEXES



- These are thought to clear the intestine of its contents.
- Allows particles $> 2\text{mm}$ to pass from stomach to duodenum.
- **Motilin** is thought to play a role in their generation.

Figure 41-6 Mechanical activity in the fasting and fed states. Shown are records of intraluminal pressure along the small intestine of a conscious dog. Before feeding (left side), the pattern is one of MMCs. Feeding triggers a switch to a different pattern, characterized by both segmental contractions that churn the contents and peristaltic contractions that propel the contents along the small intestine. (Data from Itoh Z, Sekiguchi T: *Scand J Gastroenterol Suppl* 1983; 82:121-134.)



Disappear upon feeding

REFERENCES



- Sherwood. Human Physiology: From cells to Systems, 7th ed.
- Guyton & Hall Textbook of Medical Physiology. 13th ed.
- Linda Costanzo Physiology, 4th ed.
- Walter F. Boron, Emile L. Boulpaep- Medical Physiology, Updated Edition.





Thank you

