









Pharmacology Team 439



## **Color index:**

Main Text

**Important** 

Dr's Notes

Female Slides

Male Slides

Extra

# Anti-Coagulant Drugs

We highly recommend studying physiology of coagulation before this lecture

## **Objectives:**

- 1- Introduction about coagulation cascade
- 2- Classification of drugs acting as anticoagulants
- **3-** Elaborate on their mechanism of action, correlating that with methods of monitoring.
- **4-** Contrast the limitations & benefits of injectable anticoagulants in clinical settings.
- **5-** Emphasis on the limitations of VKAs & on variables altering or modifying their response.
- **6-** Apply such variability in a clinical scenario

## **Anticoagulants drugs**

Drugs Anti Coagulation

#### **Antiplatelet Drugs:**

Molecules that do not allow platelets to aggregate and thus prevent clotting, especially in the arteries

#### **Anticoagulants:**

are molecules that prevent blood from clotting. They inhibit the chemical process of formation of the fibrin polymer (MOA).

#### Fibrinolytic agents:

Molecules that disintegrate a pre-formed clot

aspirin

ticlopidine

heparin

low molecular weight heparin

coumarins/ Warfarin (vitamin K antagonis

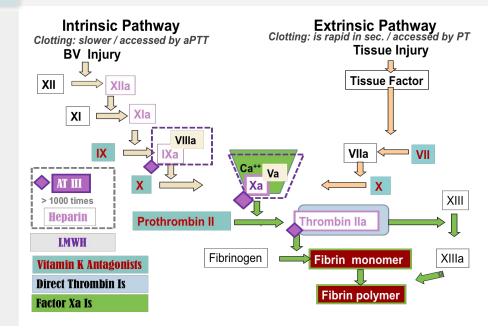
Streptokinase (Enzyme)

Anticoagulant and Antiplatelet drugs are for prevention while fibrinolytics are for treatment. All of them can be combined in emergencies

## **Coagulation Pathways:**

\*Extra: only the pictures are found

- \*Two Major pathways: a. Intrinsic pathway b. Extrinsic pathway
- \*Intrinsic pathway: All clotting factors are within the blood (tissue factor=thromboplastin) less important for initial coagulation, more important for amplification
- 1b \*Extrinsic pathway: Initiating factor is outside the blood.
- 2 \*Both converge to common pathway
- \*13 soluble factors are involved in clotting which normally circulate in an inactive state and must be activated to form a fibrin clot.
- 4 \*Endogenous Inhibitors of Coagulation:



Coagulation cascade: is a sequence of interactions between proteins to cause fibrin deposition at the site of tissue injury

#### **Antithrombin III:**

Antithrombin III, is a plasma protein that inhibits activated thrombin (factor IIa) and Xa, it is the site of action of heparin.

It inactivates thrombin and other coagulation factors (IXa, Xa, Xla and Xlla) by forming complex with these factors

Heparin like molecules enhances these interactions.

#### Protein C and protein S:

these are vitamin K dependent proteins that slow the coagulation cascade by inactivating factor Va and VIIIa.

## **Anticoagulants**

| Parenteral                   |  |   |  | Oral   |  |
|------------------------------|--|---|--|--|--|
| Act as t                     | Act as Vitamin K<br>antagonist (e.g. Warfarin) |   |  |  |  |
| Unfractionated heparin (UFH) | Low mol. Weight<br>heparin <b>(LMWH)</b>       | Factor Xa inhibitors  | Direct Thrombin inhibitors   | Vitamin K antagonists  |  |
| 3000-30000                   | < 800  | < 800 Pentasaccharide   |  | Coumarins*;  |  |
| Antithrombin III             | > Xa Xa  |   | lla  | Warfarin > 40 potency  |  |
|                              | Enoxaparin<br>Dalteparin                       | Indirect:Fondaparin<br>ux IR<br>direct: Rivaroxaban<br>R (Oral) | Bivalirudin R<br>Lepirudin IR<br>Argatroban R<br>Dabigatran R (Oral) | than Dicumarol  *A family of drugs, including warfarin & Dicumarol. Dr: Just remember warfarin |  |

R=reversible, IR=irreversible

## **Anticoagulants indications**

Myocardial infarction (MI)

Peripheral arterial emboli, pulmonary embolism (PE) and many other conditions



Deep venous thrombosis (DVT)

Blood transfusions and dialysis procedures

## Parenteral anticoagulants: Indirect Thrombin Inhibitors

| Paren    | iteral anticoagulants. Indirect infolibili infibitors   |  |  |  |  |  |
|----------|---|--|--|--|--|--|
| Drug     | Heparin (Unfractionated heparin "UFH")  |  |  |  |  |  |
| Origin   | <ul> <li>Normally occurs as macromolecule in mast cells with histamine     (its physiological role is unknown)</li> <li>Commercial preparations are extracted from beef lung or pig intestine     (can cause hypersensitivity reaction)</li> </ul>  |  |  |  |  |  |
| Function | <ul> <li>Heparin stops the expansion of a thrombus and prevents the formation of new thrombis<br/>but it does not dissolve an existing thrombus</li> </ul>  |  |  |  |  |  |
| M.O.A    | <ul> <li>Heparin acts indirectly by increasing the activity of the endogenous anticoagulant "antithrombin III" inactivate thrombin (essential for clot formation) and other serine proteases (clotting factors) e.g VIIa, IXa and particularly Xa, The anticoagulant effect of heparin is mediated via antithrombin III.</li> <li>In the absence of heparin this inactivation is slow, when Heparin binds to antithrombin III (heparin acting as a cofactor), it causes conformational changes that accelerates its rate of action 1000 fold.</li> <li>Heparin binds to both antithrombin III and thrombin to form a ternary complex.</li> <li>Heparin dissociates leaving the thrombin bound to its inhibitor.</li> <li>Once dissociated, Heparin is free to bind to another antithrombin molecule and subsequently inhibits more thrombin.</li> </ul> Dr explanation of the illustration: |  |  |  |  |  |
|          | Dr explanation of the illustration:-  -Top left panel: We can see heparin attached to antithrombin 3. Antithrombin 3 alone isn't really active but when it is paired with heparin the complex becomes 1000x more active to degrade thrombin and when thrombin is inactivated you don't have   |  |  |  |  |  |

-Bottom Left panel: Although the complex is still very active, thrombin doesn't have any active sites to offer because it is already bound to fibrin so the complex won't

-Right panels: Direct thrombin inhibitors work on both free and fibrin bound thrombin

# Limitations

- <u>No predictable anticoagulant effects</u>; inter-patient & intra-patient variability in response to a given dosage → in hospital setting, repeated monitoring
- <u>Low bioavailability</u> → binds to plasma proteins, endothelium & macrophages (this is different for every patient which is why the dose is also different for each patient)
- Re-thrombosis → activates platelets (since it's a large molecule, it can activate antigen antibody reactions) as it does not neutralize fibrin-bound IIa
- UFH carries a risk of **heparin-induced thrombocytopenia (HIT)**: a fall in the platelet count and increased risk of thrombosis due to binding to platelets
- Generally, if the number of platelets is too low, excessive bleeding can occur, If the number of platelets is too high, blood clots can form thrombosis.
- There are disorders that reduce the number of platelets, such as heparin-induced thrombocytopenia (HIT) that typically <u>cause thrombosis or clots</u>, instead of bleeding.
- It happen in 4% pts. on heparin, latency 5-10 days after 1st exposure or 2-3 days. after re-exposures → Venous > Arterial thrombosis

#### if HIT happened:

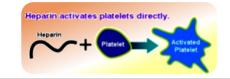
- **Heparin discontinuation,** No packed platelets → More thrombosis
- No warfarin (takes too long) → precipitate venous gangrene, give → DTIs (Direct thrombin inhibitor)
- The need for regular monitoring (aPTT)
- The major adverse effect of heparin is bleeding
- Allergic reactions (chills, fever, urticaria) as heparin is of animal origin and
- Should be used cautiously in patients with allergy
- ★ Long-term heparin therapy is associated with osteoporosis
- ★ Heparin-induced thrombocytopenia (HIT)

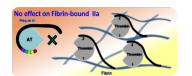
#### C.I

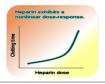
**ADRs** 

- Bleeding disorders, hemophilia
- Patients with hypersensitivity to the drug
- Recent surgery of the brain, eye or spinal cord, threatened abortion

#### Limitations Pictures







# Indirect Thrombin Inhibitors, cont. Low-Molecular-Weight Heparins (LMWHs)

#### Drug

## Heparin fragments (enoxaparin)

## Synthetic pentasaccharide (fondaparinux)

#### MOA and uses

LMWHs increase the action of antithrombin III on factor Xa (ONLY), BUT not its action on thrombin, because the molecules are too small to bind to both enzyme and inhibitor Used increasingly in place of unfractionated heparin.

- ↑ Predictability of anticoagulant response i.e. little inter-patient and intra- patient variability in response to a given dosage. without the need for laboratory monitoring (suitable for outpatient therapy)
- Good bioavailability; as it hardly binds to plasma proteins, endothelium & macrophages.
- \(\psi\) Incidence of thrombocytopenia; as it seldom sensitive to PF4.
- \(\psi\) Incidence of bleeding tendency; \(\psi\) effect anti thrombin III & \(\psi\) platelet interactions.
- Binding to platelets and osteoblasts
- Less platelet activation and lower risk of re-thrombosis and thrombocytopenia; **Fondaparinux** is less likely than UFH or LMWH to trigger HIT
- Much better tolerability;
- Given subcutaneously
- | Frequency of administration due to longer duration of action
- ↓ Need for regular monitoring
- Outside hospital settings

## Advantages

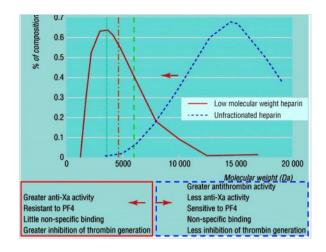
## **UF heparin and LMW Heparin**

**Important** 

The theoretical pharmacologic advantages of LMWH over UFH arise from the preferential binding ratio to factor Xa over thrombin.

#### LMWH (Enoxaparin, Dalteparin) have:

- Less plasma protein binding,
- Less platelet activation and lower risk of re-thrombosis and thrombocytopenia.,
- Good bioavailability
- More predictable response

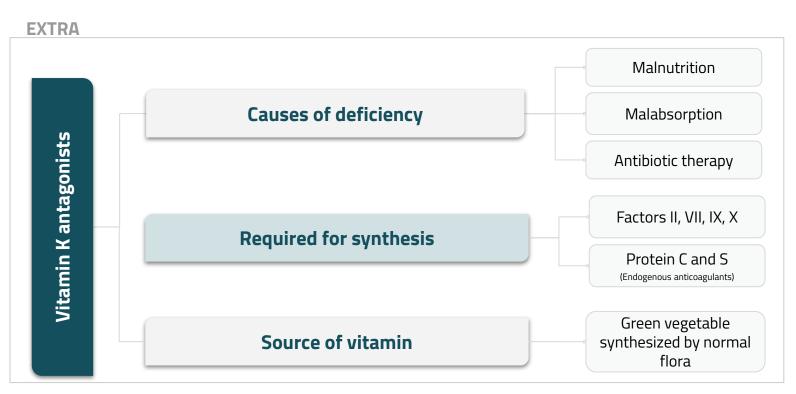


Not in the slides but Important

## Differences between UFH and LMWH Heparins

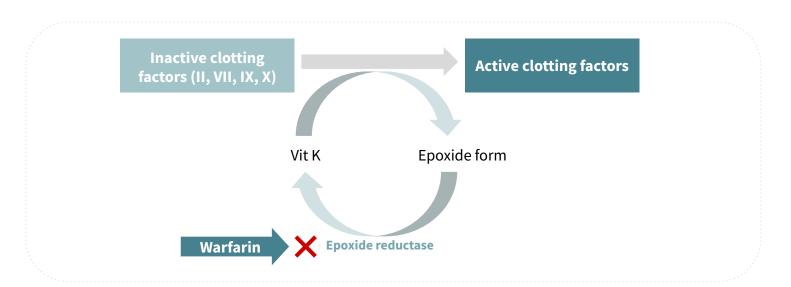
|                                    | Heparin (UFH)                        | LMWH                                   |  |  |  |
|------------------------------------|--------------------------------------|--|--|--|--|
| IV ½ life                          | 2 hours                              | 4 hours                                |  |  |  |
| Bioavailability after SC injection | 20%                                  | 90%                                    |  |  |  |
| Non-specific binding               | Greater                              | Little                                 |  |  |  |
| Anticoagulant response             | Variable                             | Predictable                            |  |  |  |
| Major adverse effect               | Frequent bleeding, HIT, osteoporosis | Less frequent bleeding                 |  |  |  |
| Specific Antagonist                | Protamine sulfate                    | Incomplete                             |  |  |  |
| Setting for Therapy                | Hospital                             | Hospital & outpatient clinic           |  |  |  |
| Laboratory Monitoring              | Needed (aPTT)                        | Not needed                             |  |  |  |
| Anti-Xa activity                   | Less                                 | Greater                                |  |  |  |
| Antithrombin activity              | Greater                              | -                                      |  |  |  |
| Inhibition of thrombin generation  | Less                                 | Greater Because of anti-Xa activity    |  |  |  |
| PF4                                | Sensitive                            | Resistant<br>No risk for<br>thrombosis |  |  |  |

# Oral anticoagulants Vitamin K antagonists (Warfarin)



## M.O.A of Warfarin

For better understanding, refer to Biochemistry of Vitamin K lecture



- **1.** Precursors of factors II, VII, IX & X (1972) require carboxylation of their glutamic acid residues to allow them to bind to phospholipid surfaces, this is provided by Vit. K as it changes from its oxidized to its reduced form.
- 2. Instantaneously, the oxidized Vit K has to recycle back to reduced form by Vit K epoxide reductase.
- 3. This enzyme is blocked by Vitamin K Antagonists → losing the coagulation factors the ability to function.

## Oral anticoagulants Vitamin K antagonists, cont...

| Drug  | Coumarin (Warfarin)  |  |  |  |
|---|--|--|--|--|
| M.O.A   | <ul> <li>Inhibits synthesis of Vitamin K-dependent coagulation factors II, VII, IX, &amp; X as well as anticoagulant proteins C &amp; S</li> <li>3-4 days until effect is seen, Why?</li> <li>Does not have an effect on <u>already-synthesized</u> coagulation factors; therefore, the therapeutic effects are not seen until these factors are depleted. So it acts in liver only, NOT peripheral blood unlike heparin.</li> </ul>   |  |  |  |
| PK  | <ol> <li>98% bound to plasma proteins (albumin)1</li> <li>Monitoring anticoagulant effect of warfarin by measuring PT, which is expressed as an International Normalized Ratio (INR)</li> <li>their effect takes several days (3-4) to develop because of the time taken for degradation for circulating functional coagulate factors. Therefore the onset of action starts when these factors have been eliminated</li> <li>Warfarin has a slow offset of action due to the time required for synthesis of new functional coagulation factors</li> </ol>  |  |  |  |
| Limitations   | <ul> <li>Wide variation in drug response</li> <li>Has narrow therapeutic window, So any change in that level can be hazardous.</li> <li>Slow onset of action, so not in given in emergency conditions</li> <li>Polymorphisms in CYT P450 isoforms that metabolizes warfarin adds to its non predictable response → liability to toxicities or under use.</li> <li>Numerous food- &amp; drug-drug interactions → liability to toxicities or under use.</li> </ul>   |  |  |  |
| Drug interactions  Mnemonic  ↑ activity (Splanch): Salicylates Phenylbutazone, Liquid paraffin Antibiotics (oral) NSAIDs Heparin  ↓ activity (B rock): Barbiturates | <ul> <li>Increase Warfarin activity         <ol> <li>Inhibition of Vit. K synthesis by intestinal flora; oral antibiotics</li> <li>Inhibition of Vit K absorption; liquid paraffin Remember Constitution drugs lecture?</li> </ol> </li> <li>Decrease in drug metabolism by microsomal enzyme inhibitors; chloramphenicol, &amp; cimetidine Remember Cytochrome lecture?</li> <li>Displacement of the drug from protein binding sites; phenylbutazone &amp; salicylates</li> <li>Co-administration of drugs that increase bleeding tendency by;         <ol> <li>Inhibiting platelet function; NSAIDs</li> <li>Inhibiting coagulation factors; heparin</li> </ol> </li> <li>Decrease Warfarin activity         <ol> <li>Inhibition of drug absorption from GIT; cholestyramine, colestipol Remember #CUS?</li> </ol> </li> </ul> |  |  |  |
| Barbiturates Rifampicin Oral contraceptives Carbamazepine, Cholestyramine, Colestipol K (Vitamin)   | <ol> <li>Inhibition of drug absorption from GIT; cholestyramine, colestipol Remember #CVS?</li> <li>Increase in synthesis of clotting factors; Vit K, oral contraceptives</li> <li>Increase in drug metabolism by microsomal enzyme inducers;</li> <li>Carbamazepine; barbiturates, rifampicin Remember Cytochrome lecture?</li> </ol>   |  |  |  |
| Contraindication  | → Pregnancy as it can cross the placental barrier and cause abortion, hemorrhagic disorder in the fetus and birth defects → give heparin or LMWH instead (DOC)   |  |  |  |

## Reverse warfarin action

If the patient develops bleeding due to Warfarin:

- Stop the drug
- IV injection of **vitamin K**
- Fresh frozen blood

## Factors that Alter the response to VIT K Antagonists

#### **Factors increase the response:**

Impaired synthesis of clotting factors

Hepatocellular disorders:

Hepatitis; infective or chronic alcoholism

Vitamin K deficiency Inadequate diet:

- Malnutrition
- Dieting
- Decreased GI absorption

Increased catabolism of clotting factors

> In hypermetabolic states; as in fever, thyrotoxicosis

#### Factors decrease the response:

Decreased plasma protein binding<sup>1</sup>

↑ Elimination of free drug & shortening of its t 1/2 **E.g** patient with nephrotic syndrome (proteinuria)

Genetic

Hereditary resistance to oral anticoagulants

Decreased catabolism of clotting factors

Hypothyroidism

1) Normally 90% of warfarin is bound to proteins. If the binding is decreased, we will see an initial increase in activity followed by an increase in metabolism and elimination of warfarin

| Comparison between Heparin and Warfarin |   |  |  |  |  |
|---|---|--|--|--|--|
| Drug                                    | Heparin   | Warfarin   |  |  |  |
| Chemical nature                         | Large polysaccharide, water soluble   | <ul> <li>Small molecule, lipid soluble derivatives<br/>of vit k</li> </ul>   |  |  |  |
| M.O.A                                   | <ul> <li>Activity of Antithrombin III, resulting in the inactivation of coagulation factors IIa ,IXa, Xa, XIa, XIIa.</li> <li>Action in vivo and vitro</li> <li>Rapid / variable</li> </ul>                   | <ul> <li>Hepatic synthesis of Vit K- dependent factors II, VII, IX, X, cournarins prevent their Gamma-carboxylation.</li> <li>Has no effect on factors already present.</li> <li>Action in vivo only</li> <li>Slow / latency / variable</li> </ul> |  |  |  |
| P.k                                     | <ul> <li>Given parenterally (IV, SC)</li> <li>Hepatic and reticuloendothelial elimination</li> <li>Half life = 2 h</li> <li>Does not cross placenta</li> </ul>  | <ul> <li>Given orally</li> <li>98% protein bound</li> <li>Liver metabolism</li> <li>Half life= 30+ h</li> <li>Placental access</li> </ul>  |  |  |  |
| Monitoring                              | <ul> <li>Partial thromboplastin time (PTT) 1.5-2.5 times normal (30sec)</li> <li>Clotting time 2-3 times normal (5-7 min)</li> </ul>  | <ul> <li>Prothrombin time (PT); expressed as<br/>International Normalized Ratio (INR)</li> </ul>   |  |  |  |
| Antagonist<br>(Antidote)                | <ul> <li>Protamine sulfate I.V (1mg/100 units UFH)<br/>(chemical antagonism, fast onset)</li> <li>+ Fresh blood</li> </ul>  | <ul> <li>† Vit K cofactor synthesis (slow onset)</li> <li>Fresh frozen plasma (fast onset) / fresh blood +needs de novo synthesis</li> </ul>   |  |  |  |
| Uses                                    | <ul> <li>Rapid anticoagulation         (intensive, emergency) for:         Thromboses, emboli, unstable angina         disseminated intravascular coagulation         (DIC), open heart surgeryetc</li> </ul> | Long term anticoagulation (controlled, prophylaxis) for: Thromboses, emboli, post MI, heart valve damage, atrial arrhythmiasetc  |  |  |  |

Bleeding

**Drug** interactions

Skin necrosis (if low protein C)

Teratogenic (Bone dysmorphogenesis)

Bleeding

**Toxicity** 

Osteoporosis

Hypersensitivity

Thrombocytopenia (HIT)

## **Summary**

Drug M.O.A Uses ADRs/ADV/DisA C.I

### **Parenteral Anticoagulant**

#### Indirect Thrombin Inhibitors (Unfractionated heparin "UFH")

# Unfractionated heparin

Rapidly Acting

It acts indirectly by increasing the activity of the anticoagulant antithrombin III which inhibits activated clotting factors mainly thrombin (factor IIa) and factor Xa

Important note: heparin does not inhibit the clotting factors!

## Rapid anticoagulation (intensive,

emergency) for:
Thromboses, emboli,
unstable angina
disseminated
intravascular
coagulation (DIC), open
heart surgery ...etc

**ANTIDOTE:** protamine sulfate

#### Limitations

- No predictable anticoagulant effects: inter-patient & intra-patient variability in response to a given dosage → in hospital setting, repeated monitoring
- <u>Low bioavailability</u> → binds to plasma proteins, endothelium & macrophages
- Re-thrombosis → activates platelets (since it's a large molecule, it can activate antigen antibody reactions) as it does not neutralize fibrin-bound lla
- heparin-induced thrombocytopenia (HIT)
- It happen in 4% pts. on heparin, latency 5-10 days. after 1st exposure or 2-3 days. after re-exposures → Venous > Arterial thrombosis \*No warfarin (takes too long) → precipitate venous gangrene, give → DTIs (Direct thrombin inhibitor)
- Heparin discontinuation, No packed platelets → More thrombosis

#### Indirect Thrombin Inhibitors (Low-Molecular-Weight Heparins "LMWHs")

Heparin fragments: -enoxaparin -dalteparin

Synthetic pentasaccharide (fondaparinux)

#### ADVANTAGE:

- ↑ Predictability of anticoagulant response i.e. little inter-patient and intra- patient variability in response to a given dosage. without the need for laboratory monitoring (suitable for outpatient therapy)
- Good bioavailability; as it hardly binds to plasma proteins, endothelium & macrophages.
- Incidence of thrombocytopenia; as it seldom sensitive to PF4.
- ↓ Incidence of bleeding tendency; ↓ effect anti thrombin III & ↓ platelet interactions.
- Much better tolerability;
- Given subcutaneously
- \preprinction Frequency of administration due to longer duration of action
- Need for regular monitoring
- Outside hospital settings

#### **Oral Anticoagulants**

### Vit K Antagonist

## Warfarin

Has delayed onset

Inhibits synthesis of Vitamin K-dependent coagulation factors II, VII, IX, & X as well as anticoagulant proteins C & S

Vit K epoxide reductase antagonism

## Long term anticoagulation (Controlled)for:

Thromboses, emboli, post MI, heart valve damage, atrial arrhythmias ...etc

#### **ANTIDOTE:**

-Stop the drug

-IV **injection of vitamin K** to ↑Vit k
cofactor synthesis
slow Onset

-Fresh frozen blood (Fast onset)

#### **DISADVANTAGES: -**

- Wide variation in drug response
- Has narrow therapeutic window, So any change in that level can be hazardous.
- Slow onset of action, so not in given in emergency conditions
- Polymorphisms in CYT P450 isoforms that metabolizes warfarin adds to its non predictable response → liability to toxicities or under use.
- Numerous food- & drug-drug interactions → liability to toxicities or under use.

Pregnancy as it can cross the placental barrier and cause abortion, hemorrhagic disorder in the fetus and birth defects → give heparin or LMWH instead

(DOC)

## **MCQs**

| MCQS  |   |  |   |  |  |  |  |                                 |
|---|---|--|---|--|--|--|--|---------------------------------|
| Q1: A 60-year-<br>mechanism of  |   |  | spitalization for ar                      | n acute myd  | ocardial infarction, i   | s treated w  | ith warfarin. Wh   | nat is the                      |
| A- Increase in<br>factor IX   | ncrease in the plasma level of<br>or IX |  | B- Activation of plasminogen              |  | C- Binding of Ca 2+ion<br>cofactor in some<br>coagulation steps    |  | D- Inhibits synthesis of<br>Vitamin K-dependent<br>coagulation factors |                                 |
| started a treat   | ment that incl                          | uded a d   | • , ,                                     | celerating   | ith a presumptive of<br>the binding betwee<br>tion?                | _  | •  |                                 |
| A- Warfarin   |   |  | B- Heparin C- Alteplase D- Clopidogrel    |  |  |  |  |                                 |
| Q3:A 55-year-old man complained to his physician of red blood in his stools and pink urine. Two weeks earlier, the man had started a treatment with warfarin for recurrent deep vein thrombosis. On physical examination, the patient appears pale and diaphoretic. Vital signs were blood pressure 85/55 mm Hg, heart rate 105 bpm, respirations 20/min. An appropriate therapy was started. Which of the following drugs was most likely administered intravenously to the patient? |   |  |   |  |  |  |  |                                 |
| A- Protamine  | sulfate                                 |  | B- Vitamin K                              |  | C- Fresh frozen plasma   |  | D- Alteplase   |                                 |
| Q4: A 62-year-old woman complained to her physician of nose bleeds and red eyes. The woman had been receiving warfarin for 1 month because of deep venous thrombosis. Four days earlier, she had started treatment with erythromycin for acute pharyngitis. Which of the following drug-induced changes was most likely responsible for the patient's symptoms?   |   |  |   |  |  |  |  |                                 |
| A- Erythromycin-induced inhibition of warfarin metabolism   |   | B- Warfarin-induced<br>decreased of vitamin K<br>production by intestinal<br>flora |   | C- Erythromycin-induced<br>decrease of intestinal<br>absorption of vitamin K |  | D-Erythromycin-induced inhibition of warfarin metabolism |  |                                 |
| pregnancy con   | firmed by a por<br>ration [FDA] c       | ositive pro<br>ategory f   | egnancy test. Her<br>for teratogenic risk | current me   | t for rheumatic hea<br>dications include th<br>of the following wo | ne anticoagi   | ulant warfarin (l  | J.S. Food and                   |
| A- Stop all medications throughout pregnancy  |   |  | B- Replace warfarin with heparin          |  | C- Continue warfarin   |  | D- Reduce the dose of<br>warfarin                                      |                                 |
| guaiac on adm   | ission was ne                           | gative, bu   |   | ne has had a   | one week is being t<br>an episode of hema                          |  |  |                                 |
| A- Protamine sulfate  |   | B- Vitamin K   |   | C- Dipyridamole  |  | D- Aminocaproic acid                                     |  |                                 |
| examination a   | nd lab exams,                           | a diagno:  | sis of deep venous                        | thrombos   | essive swelling and is was made, and a standard unfraction         | treatment  | with enoxaparir  |                                 |
| A- Complete absence of bleeding complications   |   | B- Lower risk of<br>re-thrombosis and<br>thrombocytopenia                          |   | C- Less predictable response   |  | D- Less bioavailability                                  |  |                                 |
|   | 1 2                                     |  | 3 4                                       |  | 5 6  |  | 7  |                                 |
|   | D                                       | B  | В   | A  | В  | А  | В  | -<br>-<br>-<br>-<br>-<br>-<br>- |
|   | <u> </u>                                | .i   | i   | i  |  | <u></u>  |  | _ i                             |

## SAQ

Q1) A 63-year-old man told his physician that in the morning he discovered his urine was cloudy and red. The man was suffering from persistent atrial fibrillation and had been stabilized on warfarin therapy for 1 month. Three days earlier, he had started taking an over-the-counter preparation containing cimetidine for heartburn.

- a. What's the MOA of warfarin?
- b. Describe the effect of cimetidine on warfarin? List 4 drugs that can cause the same effect?
- c. What test you'll be using to monitor his coagulation function?
- d. List two possible consequences in the case of toxicity?

Q2) A 34-year-old woman in her second trimester of pregnancy presented with a tender, red, swollen calf that was diagnosed as a deep vein thrombosis (DVT) and was treated successfully. However, because of the high risk of recurrence of the DVT, she was treated with an anticoagulant for the remainder of her pregnancy.

- a. The most appropriate drug for her condition is?
- b. Mention its MOA?
- c. What drug you should avoid? why?
- Q3) Anticoagulation is needed immediately in a 55 year old man with deep vein thrombosis. (Qa-c are about the same drug)
  - a. What's the appropriate anticoagulant for his condition? Why?
  - b. What test you'll be using to monitor his coagulation function?
  - c. List four possible consequences in the case of toxicity?
  - d. What would you prescribe as a maintenance therapy for his condition?

#### Q4) Compare between UFH and LMWH

## **Answers**

A1) a. Inhibits synthesis of Vitamin K-dependent coagulation factors II, VII, IX, & X as well as anticoagulant proteins C & S,

b. **Increased warfarin activity** (by Decreasing drug metabolism by microsomal enzyme inhibitors), ↑ activity:Salicylates, Phenylbutazone, Liquid paraffin, Antibiotics (oral), NSAIDs, Heparin

c. Prothrombin time (PT); expressed as International Normalized Ratio (INR). d.Bleeding, Skin necrosis

A2) a. Heparin e.g. Enoxaparin

- b. It acts indirectly by increasing the activity of the anticoagulant antithrombin III which inhibits activated clotting factors mainly thrombin (factor IIa) and factor Xa
- c. Warfarin, it can cross the placental barrier and cause abortion, hemorrhagic disorder in the fetus and birth defects.
- A3) a. Heparin, because our other option "warfarin" has slow onset of action, so not in given in emergency conditions
- b. Partial thromboplastin time (PTT) it should be 1.5-2.5 times normal (30sec) c. Bleeding, Osteoporosis,

Thrombocytopenia (HIT), Hypersensitivity d. warfarin

A4) LMWH (Enoxaparin, Dalteparin) have: Less plasma protein binding, Less platelet activation and lower risk of re-thrombosis and thrombocytopenia., Good bioavailability, More predictable response



Feedback Form



## Gastrointestinal Block

Pharmacology Team 439

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