

Endocrinology

PHYSIOLOGY OF HYPOTHALAMO-PITUITARY AXIS AND REGULATORY MECHANISMS

Dr Nervana Mustafa

Associate professor of Physiology

College of medicine

KSU

PHYSIOLOGY OF HYPOTHALAMO-PITUITARY AXIS & REGULATORY MECHANISMS

- ◉ Structure of pituitary gland:

 - Anterior pituitary cell types and hormones.
 - Posterior pituitary cell types and hormones.

- ◉ Hypothalamic control of pituitary gland:

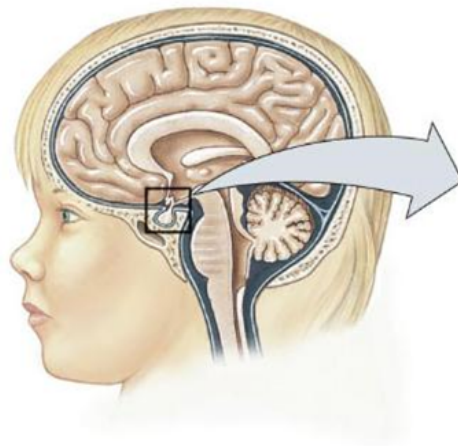
 - Hypothalamo-hypophysial portal system.
 - Hypothalamo-hypophysial tract.

- ◉ Feedback mechanisms:

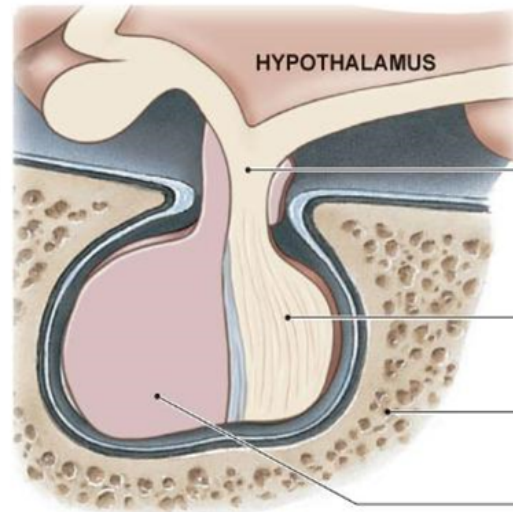
 - Positive feedback.
 - Negative feedback.

STRUCTURE OF PITUITARY GLAND

- Pituitary gland consist of two lobes:
 - Anterior (Adenohypophysis)
 - Posterior (Neurohypophysis)



ANTERIOR ← → POSTERIOR



Infundibulum is the stalk that connects the pituitary to the brain.

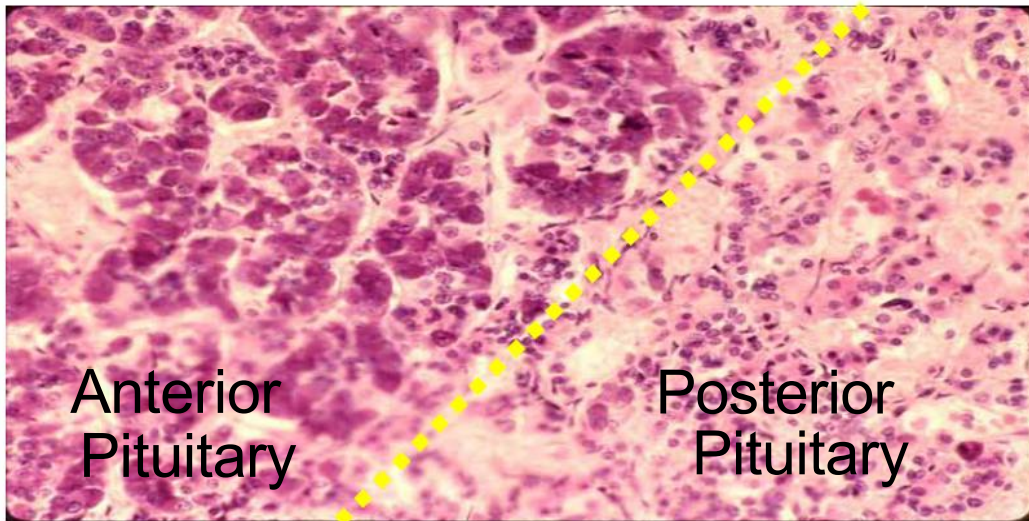
Posterior pituitary is an extension of the neural tissue.

Sphenoid bone

Anterior pituitary is a true endocrine gland of epithelial origin.

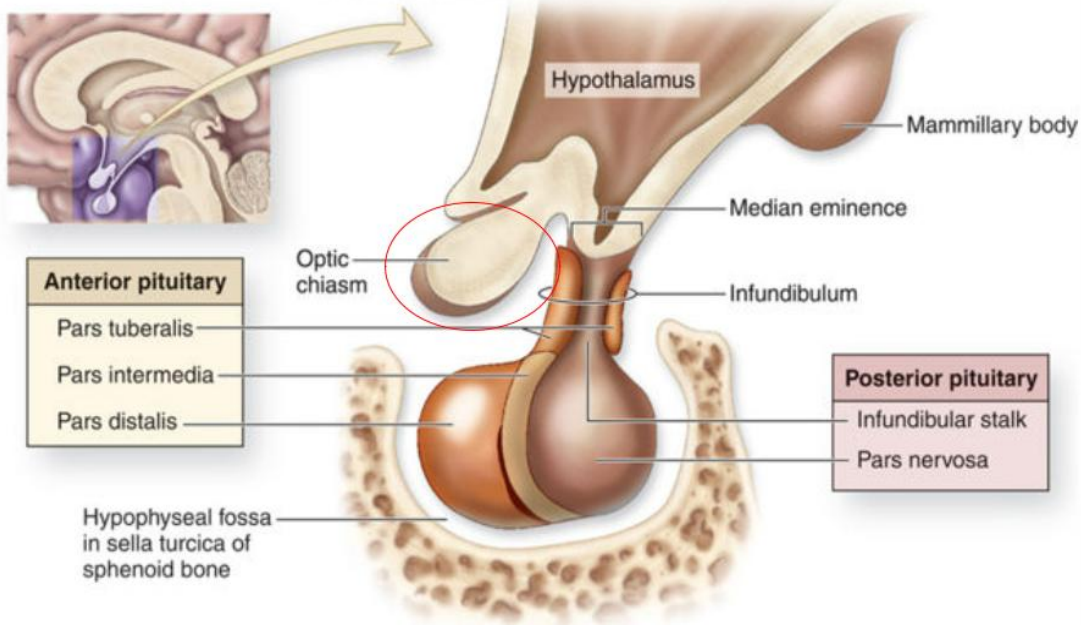
HISTOLOGY OF PITUITARY GLAND

- ◉ Anterior pituitary originates from Rathke's pouch (pharyngeal epithelium).
- ◉ Posterior pituitary originates from hypothalamus (glial-type cells).



STRUCTURE OF PITUITARY GLAND [RELATION TO OPTIC CHIASM]

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HYPOTHALAMIC CONTROL OF PITUITARY SECRETIONS

- ◉ Almost all secretions by the pituitary are controlled by either:

Hormonal secretion of hypothalamus
(The anterior pituitary)

or

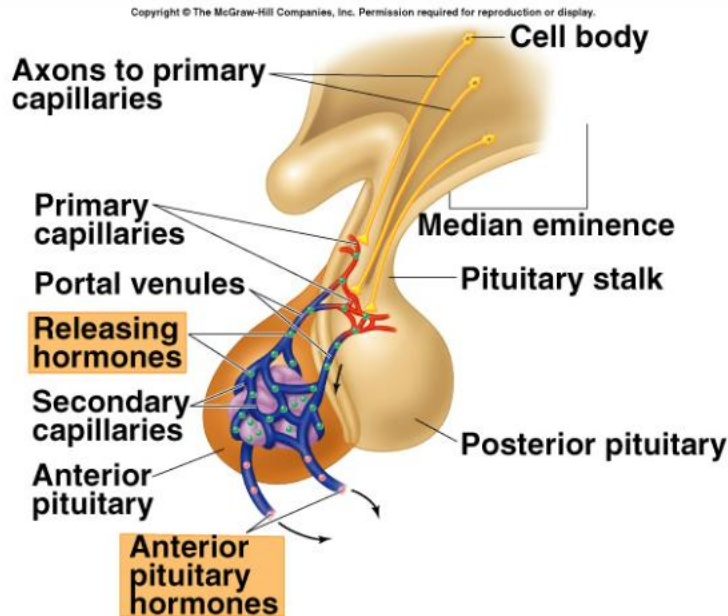
Nervous signals from hypothalamus
(The Posterior pituitary)

CONTROL OF ANTERIOR PITUITARY BY HYPOTHALAMUS

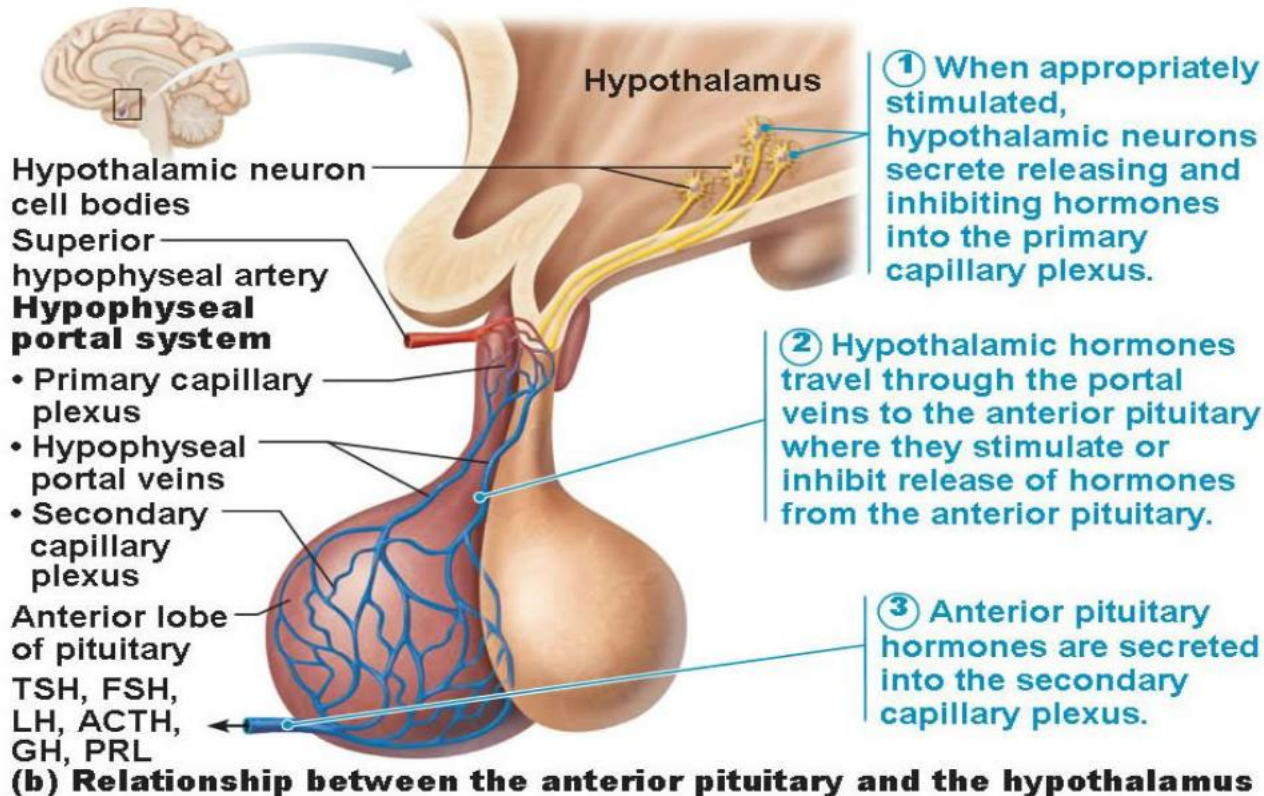
- Special neurons in the hypothalamus synthesize and secrete the hypothalamic releasing and inhibitory hormones that control secretion of anterior pituitary.
- Neurons send their nerve fibers to the median eminence (extension of hypothalamic tissue into the pituitary stalk).
- Hormones are secreted to the tissue fluids, absorbed into the hypothalamic-hypophysial portal system and transported to the sinuses of the anterior pituitary.

HYPOTHALAMIC CONTROL OF ANTERIOR PITUITARY GLAND (**ADENOHYPOPHYSIS**)

- Anterior pituitary gland is connected to hypothalamus by portal system: “**hypothalamic-hypophysial portal vessels**”.



CONTROL OF ANTERIOR PITUITARY BY HYPOTHALAMUS



STRUCTURE OF PITUITARY GLAND

- ◉ Anterior pituitary contains 5 cell types:

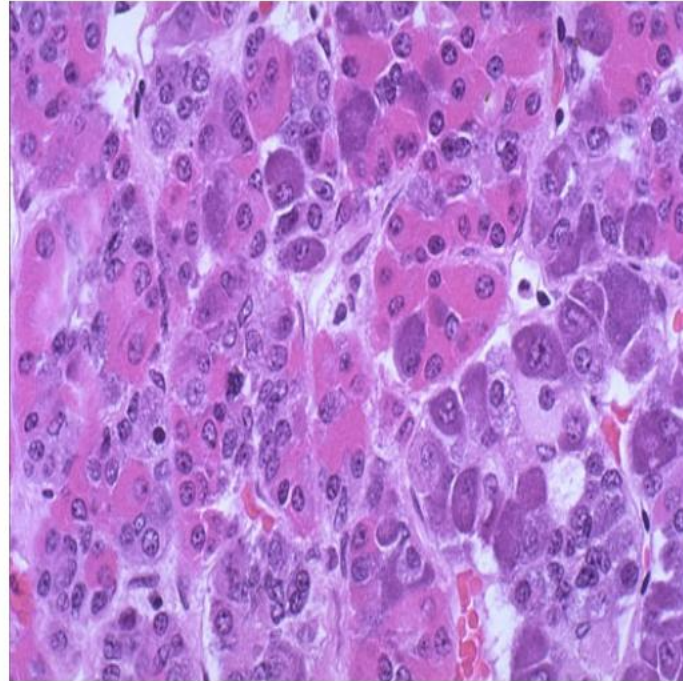
Somatotrops: GH 40%

Corticotrops: ACTH 20%

Thyrotrops: TSH

Gonadotropes: LH & FSH

Lactotrops: PRL



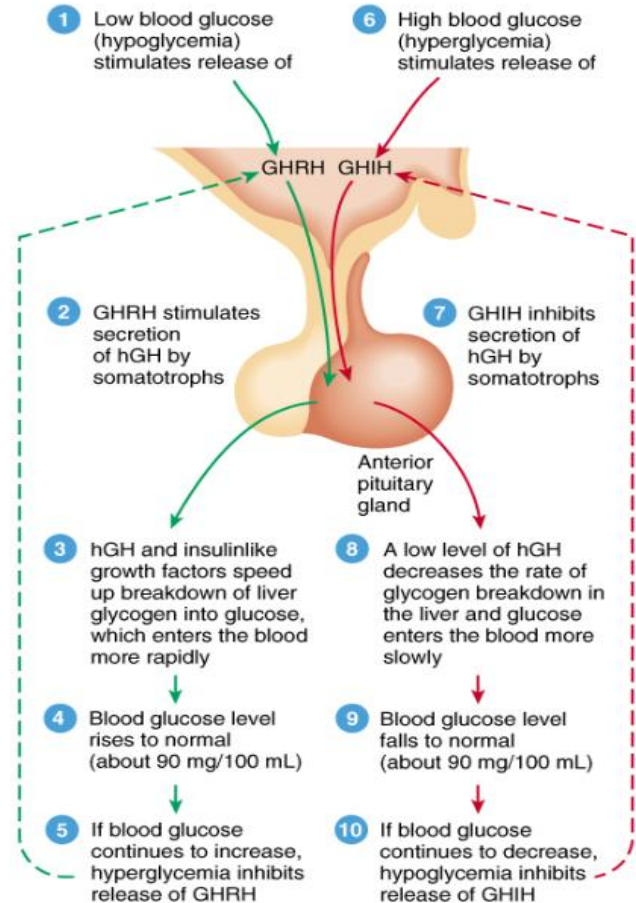
HYPOTHALAMIC RELEASING & INHIBITING HORMONES

○ Growth hormone releasing hormone (GHRH):

■ Stimulates release of growth hormone.

○ Growth hormone inhibiting hormone (GHIH), also called **Somatostatin**:

■ Inhibits release of growth hormone.

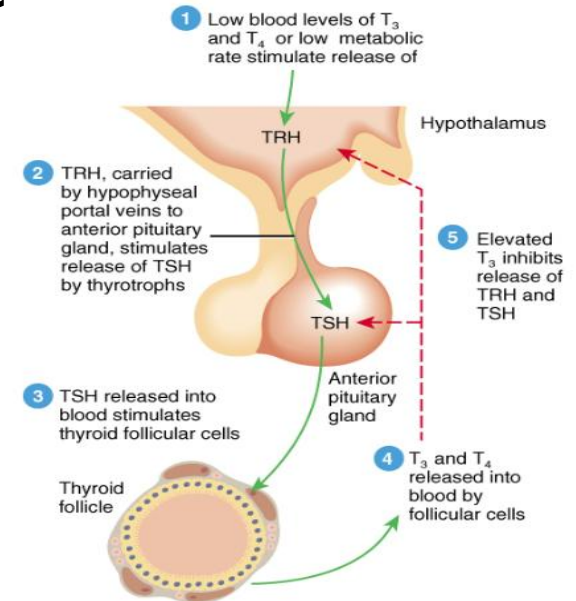


HYPOTHALAMIC RELEASING & INHIBITING HORMONES

○ Thyrotropin-releasing hormone

(TRH):

■ Stimulates release of thyroid stimulating hormone (TSH).



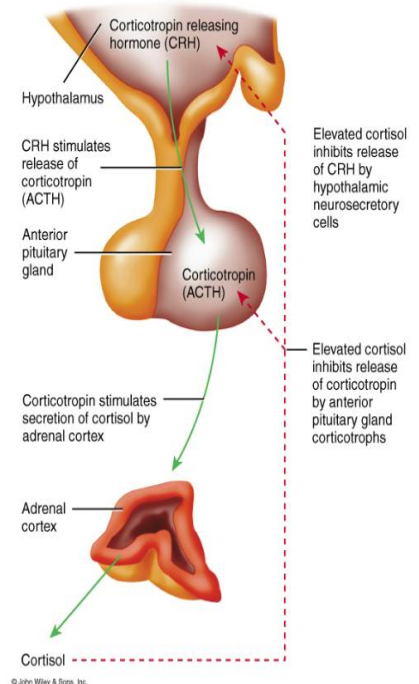
Key:

TRH = Thyrotropin releasing hormone
TSH = Thyroid-stimulating hormone
 T_3 = Triiodothyronine
 T_4 = Thyroxine (Tetraiodothyronine)

HYPOTHALAMIC RELEASING & INHIBITING HORMONES

○ Corticotropin-releasing hormone (CRH):

■ Stimulates release of adrenocorticotropin hormone (ACTH)

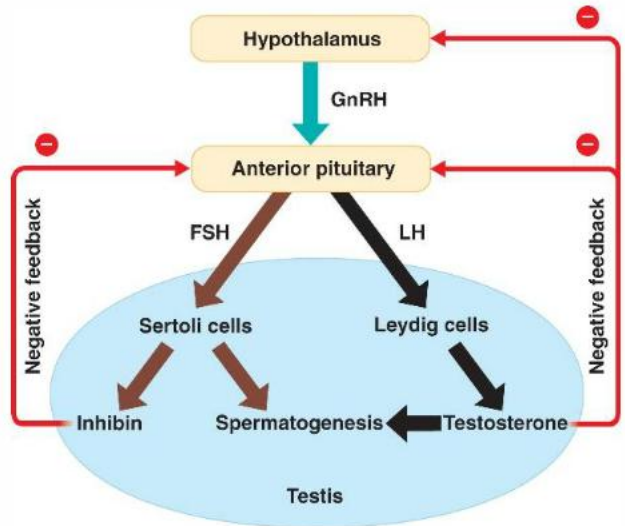
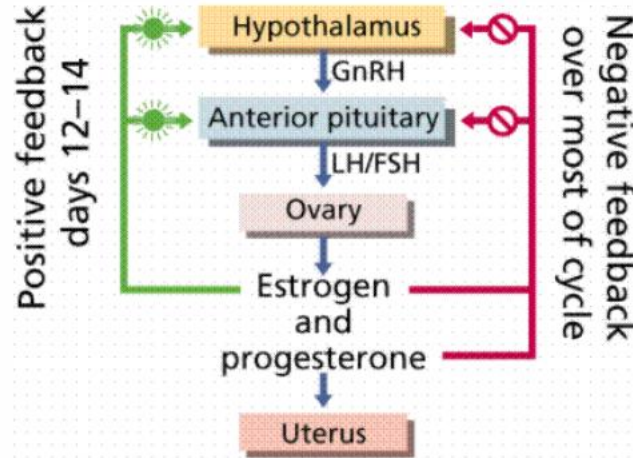


HYPOTHALAMIC RELEASING & INHIBITING HORMONE

● Gonadotropin releasing hormone (GnRH).

● causes release of the 2 gonadotropic hormones:

- Luteinizing (LH).
- Follicle-stimulating hormone (FSH).



HYPOTHALAMIC RELEASING & INHIBITING HORMONES

● Prolactin Inhibitory hormone (PIH) also known as;

Dopamine

■ Inhibits prolactin secretion

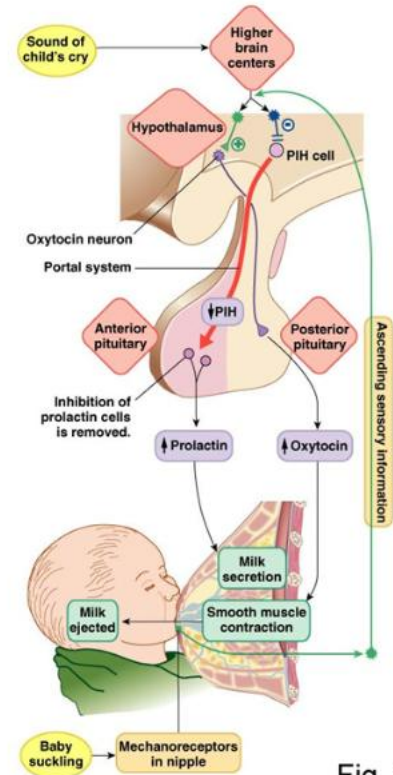


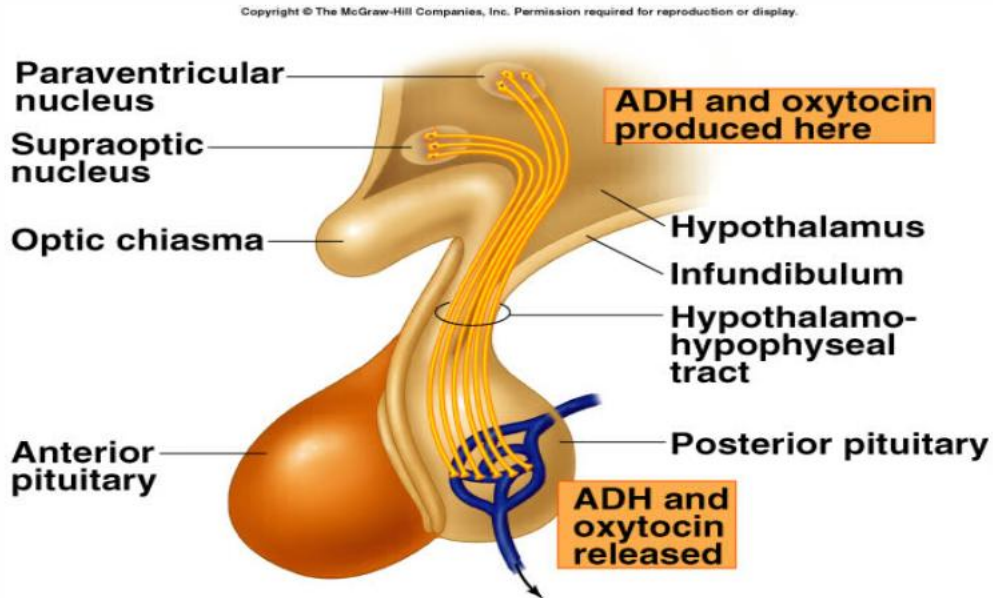
Fig. 26-23

POSTERIOR PITUITARY GLAND

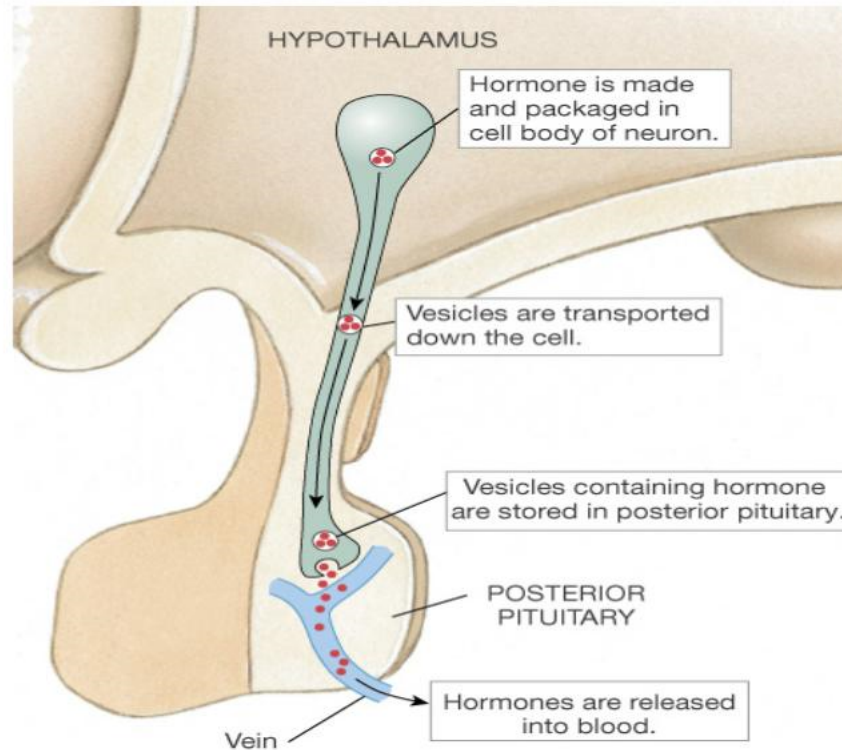
(Neurohypophysis)

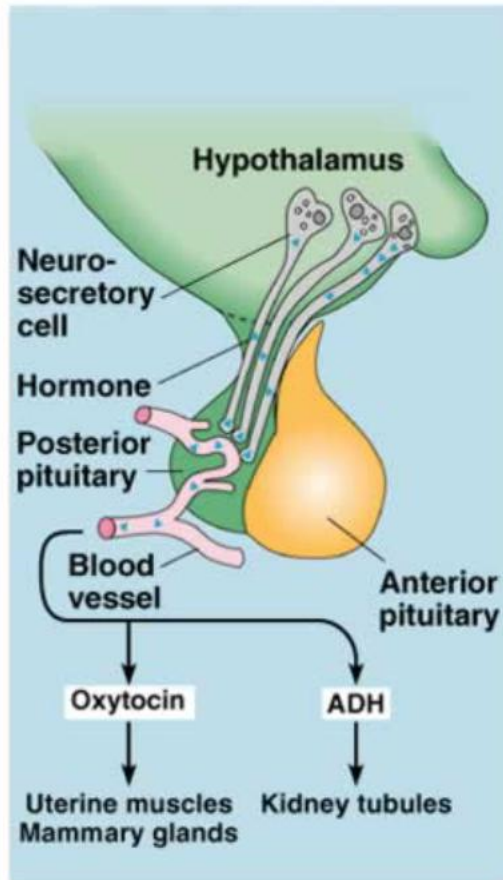
HYPOTHALAMIC CONTROL OF POSTERIOR PITUITARY GLAND (NEUROHYPOPHYSIS)

- Hormones synthesized in the **supraoptic** and **paraventricular** nuclei of the hypothalamus and released in posterior pituitary.



SECRETION OF POSTERIOR PITUITARY HORMONES





FEEDBACK MECHANISM

Positive feedback

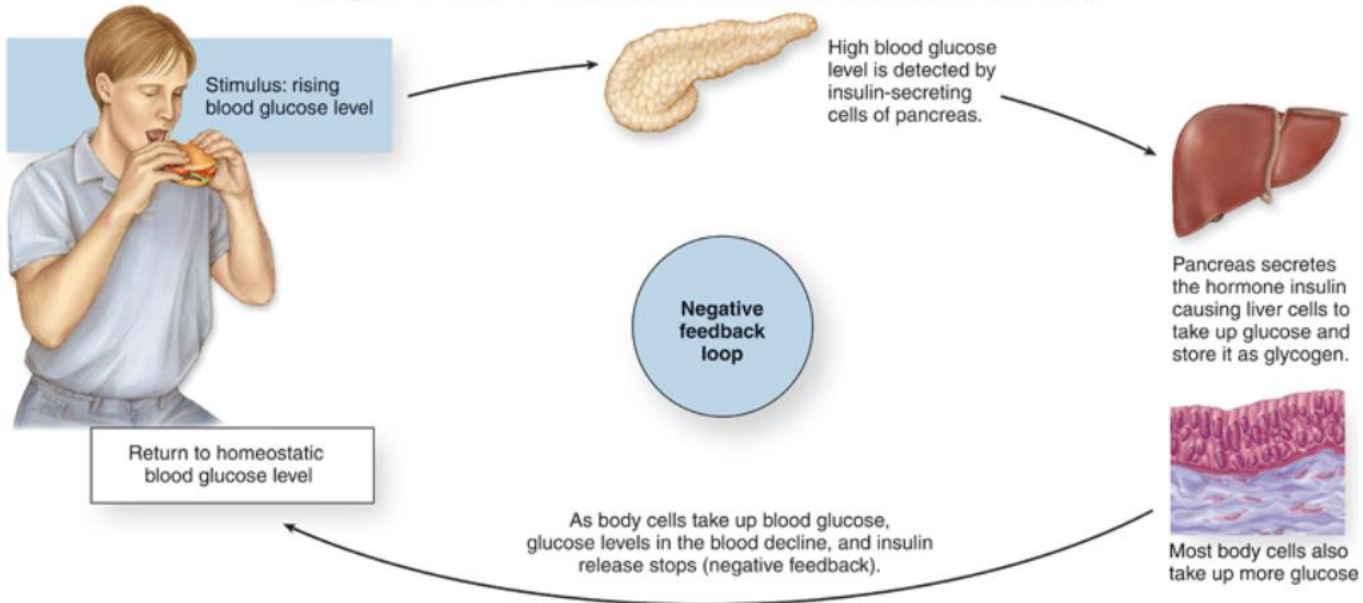
- Release of hormone (A) stimulates the release of hormone (B).
- Hormone (B) stimulates further release of hormone (A).

Negative feedback

- Release of hormone (A) stimulates the release of hormone (B).
- Hormone (B) inhibits the release of hormone (A).

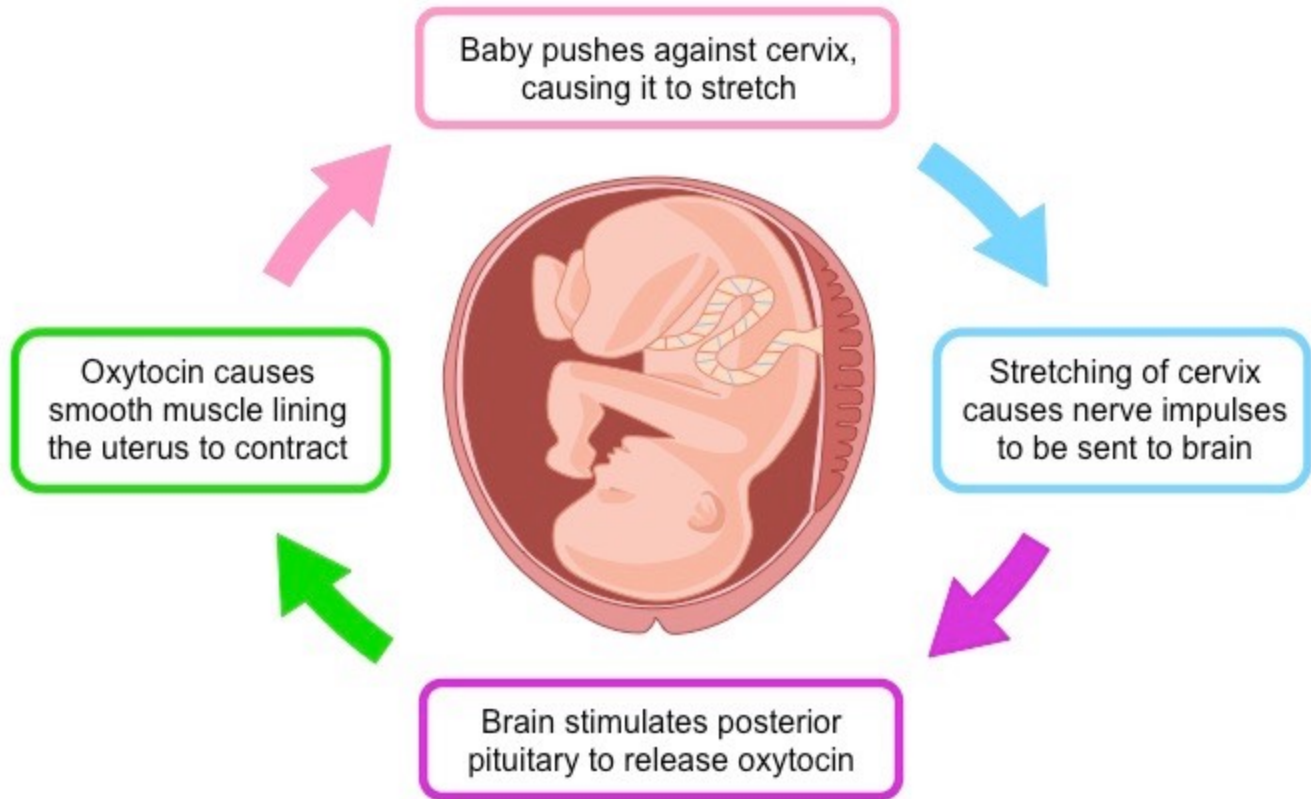
NEGATIVE FEEDBACK

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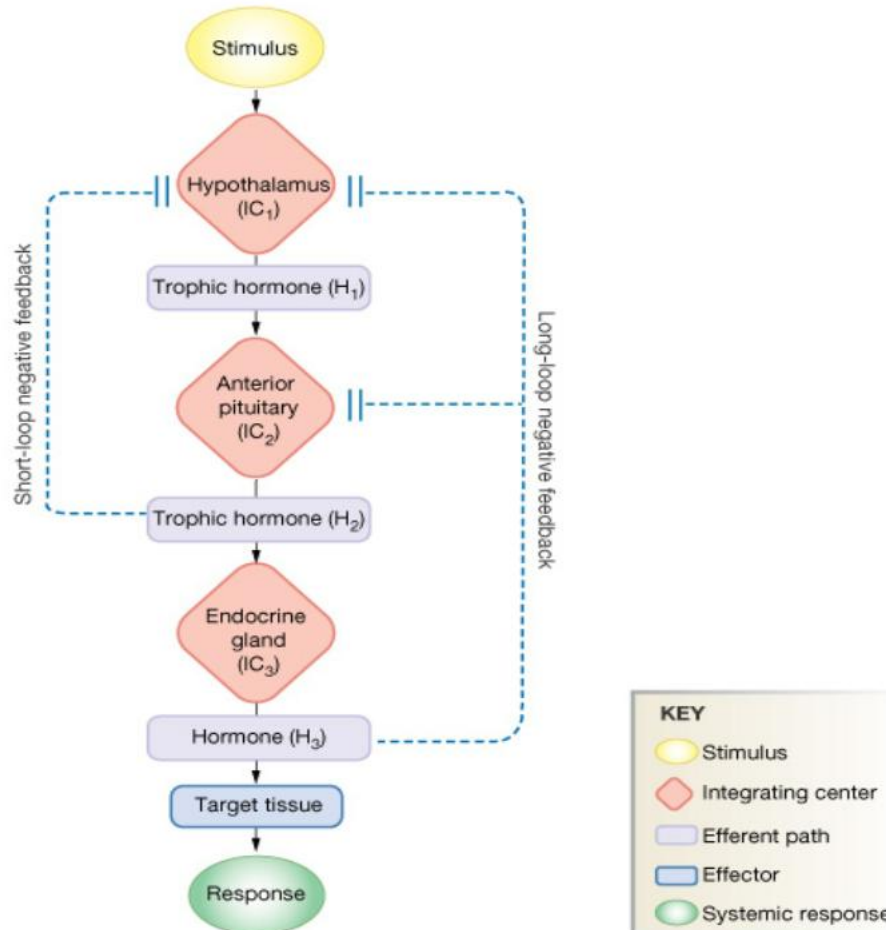


(a) Negative feedback

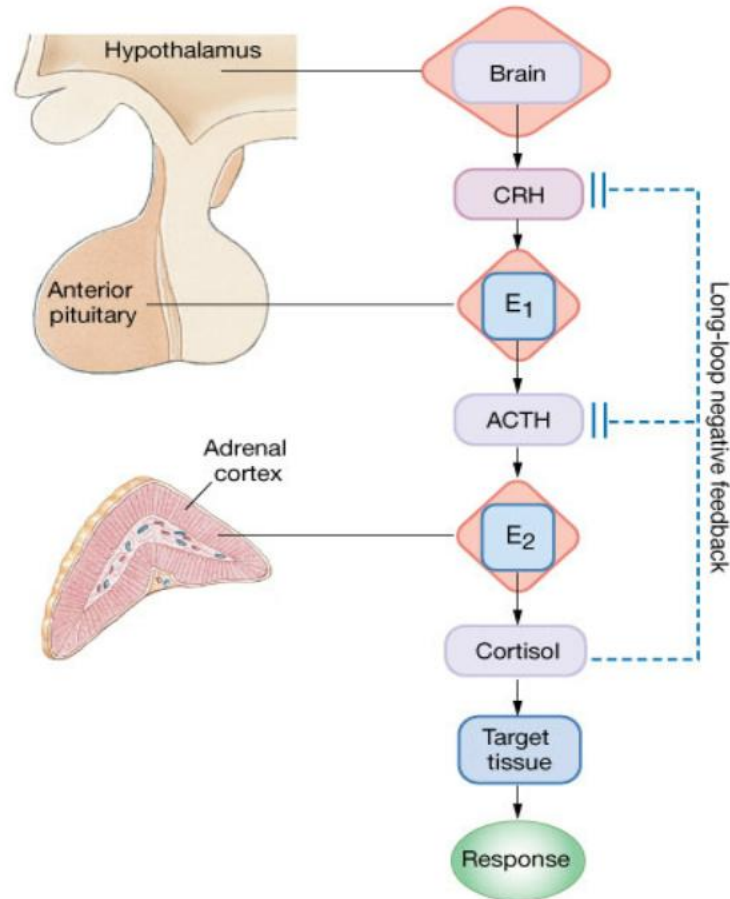
POSITIVE FEEDBACK



NEGATIVE FEEDBACK MECHANISM: Long and short loop reflexes

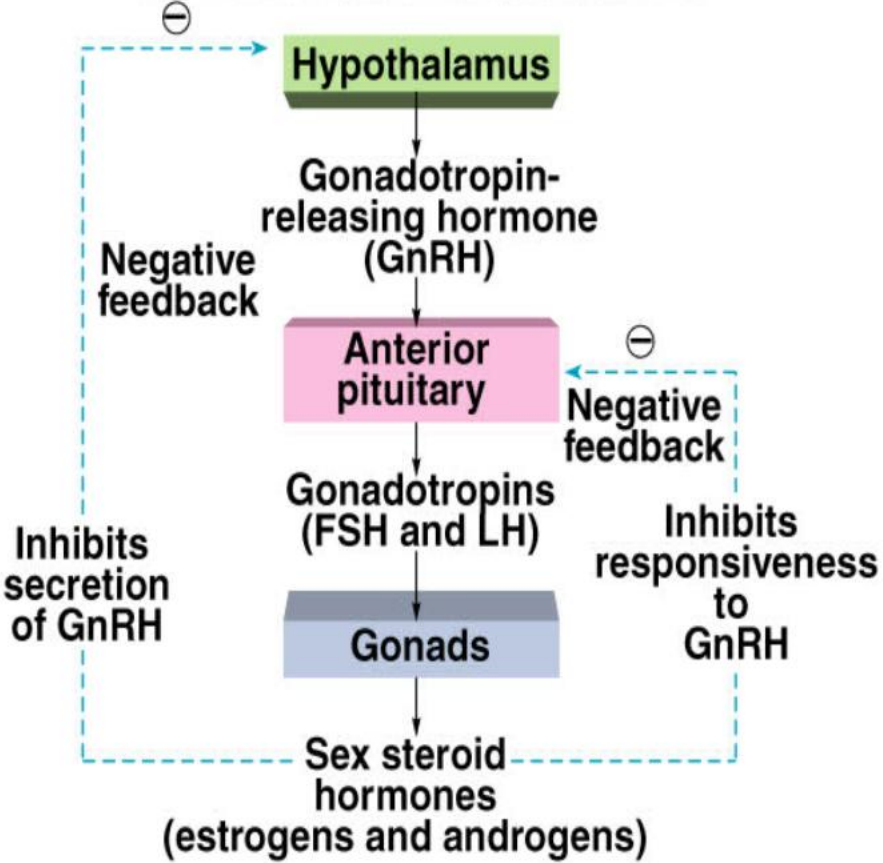


Negative feedback control mechanism of CORTISOL



Negative feedback mechanism of sex steroid hormones

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