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Summary file

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Pathology

Testicular Pathology



439

Color index

- Important
- Doctor's note
- Extra info
- Main text



Revised & Approved



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تجعل الحزن اذا شئت سهلا

Objective

01

Know the predisposing factors and pathology of Epididymitis and orchitis:

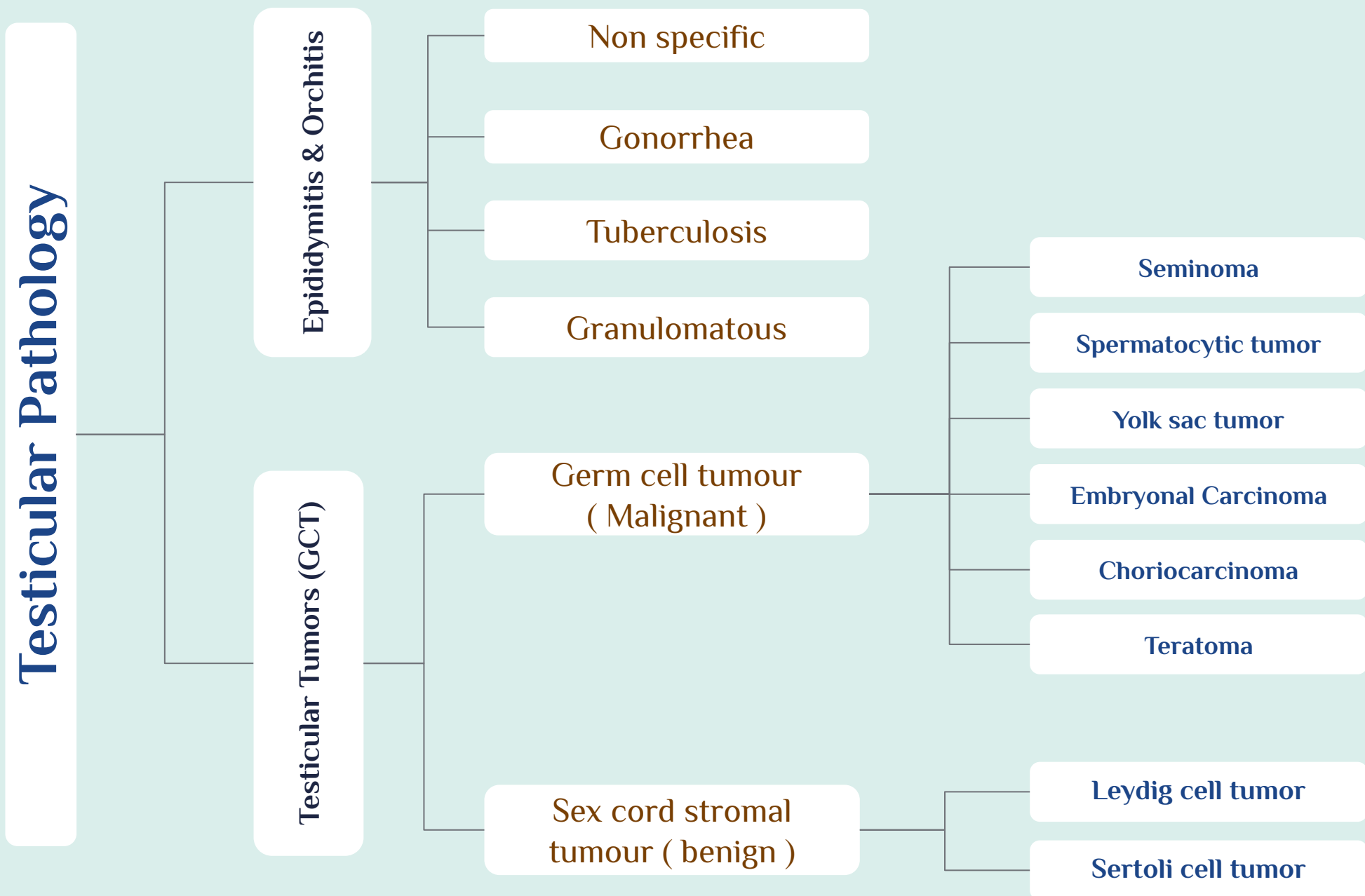
- Non specific Epididymitis and orchitis
- Granulomatous/Autoimmune Orchitis
- Gonorrhoea
- Tuberculosis

02

Be familiar with the basic classification and pathology of testicular tumors:

- Seminoma
- Yolk sac tumor
- Embryonal carcinoma
- Teratoma
- Choriocarcinoma

Overview



Epididymitis and orchitis

Introduction

- ❖ **Epididymitis**: Inflammation of epididymis
- ❖ **Orchitis**: Inflammation of testis
- ❖ Inflammatory conditions are more common in the epididymis than in testis.
- ❖ Some infections (e.g: Syphilis), may begin in testis with secondary involvement of epididymis.

Non specific¹ Epididymitis and Orchitis

Pathology

- ❖ Commonly related to **urinary tract infections** (cystitis, urethritis, and genitoprostatitis).
- ❖ Infections reach the epididymis/testis through:
 - **Vas deferens**
 - The **lymphatics** of spermatic cord

Causative organisms

- ❖ **Children**: Uncommon, but usually associated with Gram -ve rods and a congenital genitourinary abnormality.
- ❖ **Men younger than 35**: Chlamydia trachomatis and Neisseria gonorrhoeae.
- ❖ **Men older than 35**: E.Coli and pseudomonas.

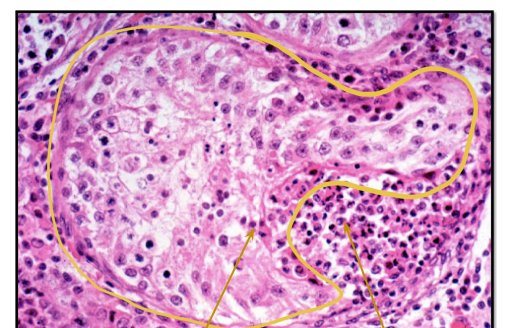
Microscopic findings “Uncommon to have samples, unless aggressive”

- ❖ **Vascular congestion**, edema, and **infiltration** by neutrophils, macrophages and lymphocytes.
- ❖ Initially involves **interstitium** but later involves the seminiferous tubules.
- ❖ May progress to **frank abscess** يتحول من الالتهاب الى خراج, and heals by fibrous scarring. (in case resolution through antibiotics has not been achieved)
- ❖ **fibrosis²** (**testis cannot regenerate**)
- ❖ Leydig cells are not usually destroyed

Clinical features

- ❖ cardinal sign of inflammation (redness , heat , pain loss of function)
- ❖ Swelling of the organ , Painful nodule and tenderness

ORchitis



Seminiferous tubule contain (germ cell , and sertoli cell)

Neutrophils attack the seminiferous tubule + micrabses

1. Secondary involvement of the testis or epididymis.
2. Tissue will not be renewed and replaced.

Epididymitis and orchitis

Specific Epididymitis and Orchitis

Gonorrhea **sexual transmitted disease**

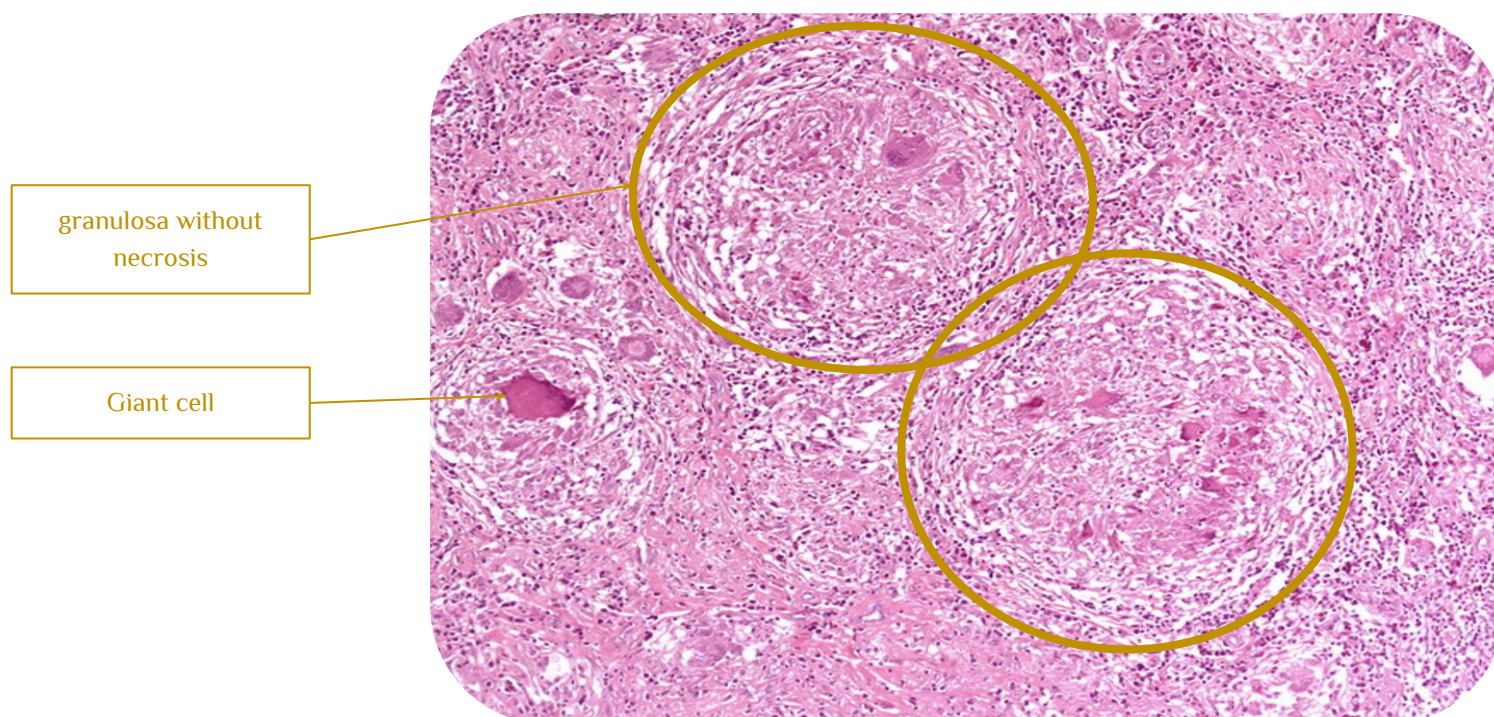
- ❖ Gonococcal infection can spread from urethra to prostate, seminal vesicles then to epididymis/testis leading to **suppurative orchitis** (pus = قيح) and even abscess formation (collection of pus)

Tuberculosis

- ❖ It begins in epididymis and spreads to testis.
- ❖ There is associated tuberculous prostatitis and seminal vesiculitis.
- ❖ **Microscopy: Caseating granulomas (granuloma with central necrosis) , this feature characteristic for M.T in any organ**
- ❖ **It mimics testicular tumors, and may accidentally undergo surgical excision if not diagnosed correctly.**

Granulomatous (autoimmune)

- ❖ It affects **middle-aged men**.
- ❖ Present with **unilateral** testicular mass. mimics testicular tumor (may also accidentally undergo surgical excision).
- ❖ May be in response to **disintegrated sperm¹**, **post-infectious**, due to **trauma or sarcoidosis²**.
- ❖ **Microscopy: “No biopsy → risk of leakage”**
 - **Granulomatous³ (granuloma without cassation)** inflammation with plasma cells and lymphocytes , giant cell .



1. Caused by injury to the seminiferous tubules → sperms are out → autoimmune reaction.
2. Autoimmune disease.
3. Culture to rule out TB, because they are similar microscopically.

Testicular tumors

Classification of testicular tumors

Germ cell tumors 95% of testicular tumor in adults, malignant	Sex cord stromal tumors Uncommon and usually benign.
<ul style="list-style-type: none"> ❖ Tumors with one histologic pattern (Pure form): <ul style="list-style-type: none"> ➤ Seminomatous germ cell tumors: <ul style="list-style-type: none"> ■ Seminoma Most common type in all testicular tumors (50%) ■ Spermatocytic seminoma Less common, older age >65 ➤ Nonseminomatous germ cell tumors (NSGCT) : (malignant) <ul style="list-style-type: none"> ■ Embryonal carcinoma ■ Yolk sac tumor ■ Choriocarcinoma ■ Teratoma: can be mature or immature (malignant transformation) ❖ Tumors with more than one histologic pattern (mixed form): mixed germ cell tumor 	<ul style="list-style-type: none"> ❖ Leydig cell tumor ❖ Sertoli cell tumor

Clinical features :

- Inflammation of testis usually associated with pain and the cardinal inflammatory sign
- Testicular Tumor usually painless , solid mass

Germ cell tumors

- ❖ Testicular tumors are the most important cause of a **firm, painless enlargement** of testis.
- ❖ Peak incidence is between the age of **15 and 34 years**.
- ❖ **Highly aggressive** cancers, capable of **extensive dissemination**.
- ❖ With Current therapy most of them can be cured. (**Responding well to treatment**)
- ❖ Germ cell tumors may have:
 - Single component (Pure form).
 - Mixture (40% of cases) e.g. mixture of seminomatous and nonseminomatous components.
- ❖ Most GCTs originate from **precursor lesion** called **intratubular germ cell neoplasia** (it's like carcinoma-in-situ), **except Spermatocytic tumors (not associated with precursor lesion)** and we have to check **pediatric patients for this lesion too**.

Risk factors of all germ cell tumors

- ❖ **Cryptorchidism**: 3 to 5 fold increase in the risk of cancer in both undescended testis and contralateral descended testis.
 - About 10% cases of testicular cancer have cryptorchidism.
- ❖ Testicular dysgenesis.
- ❖ Genetic factors. (e.g. Klinefelter syndrome).
- ❖ **Strong family predisposition**: brothers, fathers and sons are at risk.
- ❖ **Personal history** : If Contralateral testis has cancer.
- ❖ **Race**: more common in whites than in blacks.

Germ cell tumors

Seminomatous germ cell tumors

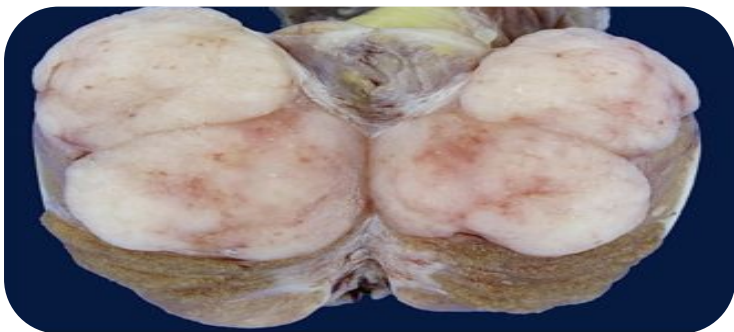
1- Seminoma

- ❖ **Most common type** of testicular tumors.
- ❖ Most common type of germ cell tumors (50%).
- ❖ Identical tumor occurs in the ovary (called dysgerminoma).
- ❖ Secretes **lactate dehydrogenase LDH**.
- ❖ Peak incidence is between **40–50 years of age**. Almost never occur in infants. (it is a bit higher than other GCT)
- ❖ Classic seminoma is **highly sensitive to radiation therapy**, overall 5-year survival is 90%-95%.

Morphology

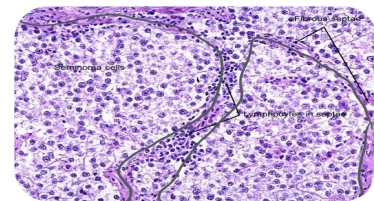
Gross

- ❖ **Enlarged Bulky masses**, sometimes very large.
- ❖ **Homogenous, gray-white, lobulated** cut surface.
- ❖ Large tumors may contain foci of coagulative necrosis, **usually without hemorrhage**

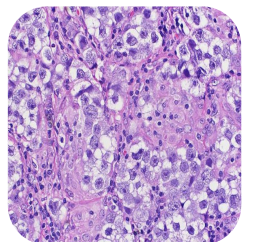


Microscopic

- ❖ **Sheets of uniform cells (undifferentiated¹ germ cells)**
- ❖ Divided into lobules by delicate **fibrous septa containing lymphocytes** (characteristic feature)
- ❖ Cells are large and round with large nucleus and prominent nucleoli.
- ❖ **Clear** Cytoplasm of tumor cell because containing of glycogen (Appears white and vacuolated).
- ❖ Tumor cells are positive for stains: **PLAP, OCT4, and c-kit (CD117)²** “these stains are special in Seminoma, they help with diagnosis “



Lobules separated by fibrous septa that contain Lymphocytes

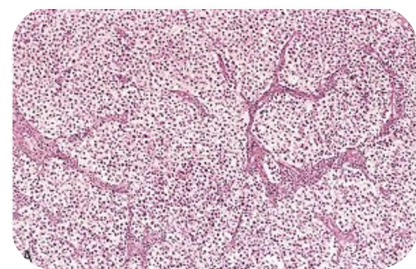


2- Spermatocytic tumor

- ❖ It was called previously spermatocytic seminoma.
- ❖ Uncommon: 1-2 % of testicular GCTs
- ❖ Men **>65 years** of age.

Prognosis

- ❖ Slowly growing tumor that does not metastasize.
- ❖ **Not associated with intratubular germ cell neoplasia.** (Precursor)
- ❖ Prognosis is excellent



Fried egg Seminoma appearance = prominent nuclei with clear cytoplasm.

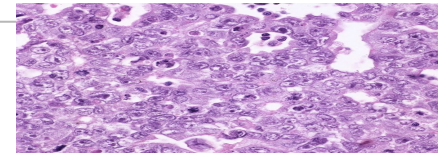
1. Important feature to differentiate it from other germ cell tumors.

2. These are stains used to diagnose certain types of tumors.

Non-seminomatous germ cell tumors

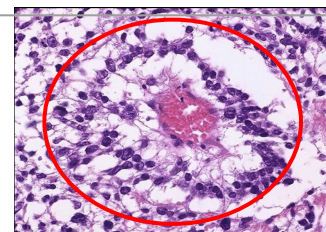
Embryonal carcinoma (15 to 35% of testicular GCTs)

Introduction	<ul style="list-style-type: none"> ❖ Age group: 20 to 30 years ❖ Can be seen combined with other GCTs (in mixed GCTs).
Marker	<ul style="list-style-type: none"> ❖ Tumor cells are positive for cytokeratin (CK) and CD30 stain
Morphology	<ul style="list-style-type: none"> ❖ Gross: smaller than seminomas and poorly demarcated. ❖ Microscopic: variegated surfaces with foci of <u>necrosis</u> and <u>hemorrhage</u>.
Prognosis	<ul style="list-style-type: none"> ❖ More aggressive than seminomas ❖ Metastasizes early via both lymphatic and hematogenous routes ❖ New chemotherapeutic agents are very effective and greatly improve prognosis
Treatment	<ul style="list-style-type: none"> ❖ Not radiosensitive, they are chemosensitive



Yolk sac tumors

Introduction	<ul style="list-style-type: none"> ❖ Yolk sac tumor is also called endodermal sinus tumor. ❖ Occur in two forms : <ul style="list-style-type: none"> ➤ Pure form: seen in young children, rare in adults. ➤ Combination: with other NSGCTs seen in adults, commonly mixed with embryonal carcinoma.
Prevalence	<ul style="list-style-type: none"> ❖ It is the most common tumor in infant and children up to 3 years of age with a very good prognosis
Diagnosis	<ul style="list-style-type: none"> ❖ Patients have elevated <u>serum alpha fetoprotein (AFP)</u> Used as a marker of disease progression and diagnosis. (helps in post treatment follow-up in case any recurrence happens) ❖ Tumor cell are positive for AFP and alpha-1-antitrypsin stain.
Morphology	<ul style="list-style-type: none"> ❖ Gross: non encapsulated, homogenous, yellow white, mucinous. Not specific ❖ Microscopic: <ul style="list-style-type: none"> ➤ Tumor shows structures resembling endodermal sinuses called as Schiller-Duval bodies (characteristic features) ➤ Hyaline-pink globules
Treatment	<ul style="list-style-type: none"> ❖ The biologic behavior of YST is similar to that of embryonal carcinoma . (But responds well to chemotherapy)

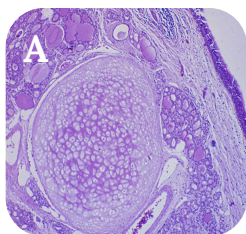
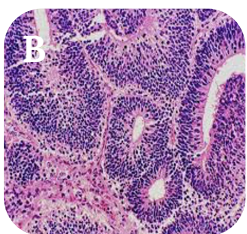



Non-seminomatous germ cell tumors

Choriocarcinoma

Introduction	<ul style="list-style-type: none"> ❖ It is a highly malignant tumor , rare ❖ Pure form is extremely rare and it is the most aggressive non-seminomatous tumor. <small>More common in female</small> ❖ It is more common as a component of mixed GCT. ❖ Tumor cells are positive for human chorionic gonadotropin HCG stain “Helps in diagnosis”
Morphology	<ul style="list-style-type: none"> ❖ Gross: small sized lesions. ❖ Microscopic: <ul style="list-style-type: none"> ➢ Malignant trophoblastic (placental) tissue: cytotrophoblastic and syncytiotrophoblastic cells. ➢ Prominent hemorrhage and necrosis.

Teratoma

Introduction	<ul style="list-style-type: none"> ❖ Composed of various different types of cells or organ components. ❖ They can occur at any age. ❖ Pure form: Second most common in infants and children after yolk sac tumor. VERY COMMON IN FEMALE ❖ Mixed form: usually in adults. 						
Morphology	<p>Gross:</p> <ul style="list-style-type: none"> ❖ Large (5 -10 cm). ❖ Solid and cystic areas. ❖ Heterogeneous: bizarrely distributed collection of different type of cells or organ structures (e.g: bone, cartilage and teeth). <p>Microscopic:</p> <ul style="list-style-type: none"> ❖ Any cell type can be present: neural, cartilage, bone, squamous epithelium, hair, glandular cells, smooth muscle, thyroid tissue, bronchial epithelium of lung, pancreatic tissue etc. <div style="display: flex; justify-content: space-around;">   </div> <table border="1" style="width: 100%; margin-top: 10px;"> <tr> <td style="text-align: center;">A. Mature</td> <td>If the cells/tissue is mature looking.</td> </tr> <tr> <td style="text-align: center;">B. Immature¹</td> <td>If some of the cells/tissue component is immature.</td> </tr> <tr> <td style="text-align: center;">Teratoma with malignant transformation</td> <td>If any of the cells/tissue undergoes non germ cell type of malignant transformation (e.g. squamous cells develop into squamous cell carcinoma).</td> </tr> </table>	A. Mature	If the cells/tissue is mature looking.	B. Immature¹	If some of the cells/tissue component is immature.	Teratoma with malignant transformation	If any of the cells/tissue undergoes non germ cell type of malignant transformation (e.g. squamous cells develop into squamous cell carcinoma).
A. Mature	If the cells/tissue is mature looking.						
B. Immature¹	If some of the cells/tissue component is immature.						
Teratoma with malignant transformation	If any of the cells/tissue undergoes non germ cell type of malignant transformation (e.g. squamous cells develop into squamous cell carcinoma).						
Prognosis	<ul style="list-style-type: none"> ❖ Prepubertal males → benign. (mature only, immature is always malignant) ❖ Postpubertal males → malignant (regardless of maturity, unlike females) ❖ Mature and immature teratomas are both capable of metastasis. 						

¹. Has poor prognosis with bad response to treatment.

Germ cell tumors

Mixed Germ Cell Tumors (GCTs)

- ❖ **Common.** Half of testicular tumors are composed of a mixture of GCTs.
- ❖ The common combinations or mixtures are:
 - Seminoma + embryonal carcinoma.
 - Teratoma + embryonal carcinoma +/- yolk sac tumor.

Clinical Features

- ❖ **Painless solid enlarging** mass in the testis
- ❖ They can secrete hormones and enzymes that can be detected in blood:
 - HCG (**in choriocarcinoma**), AFP (**yolk sac tumor**), and lactate dehydrogenase LDH (**seminoma**)
- ❖ GCTs can metastasize by:
 - **Direct** extension to the epididymis, spermatic cord, or scrotal sac.
 - **Lymphatic spread:** Retroperitoneal and para-aortic nodes are first to be involved.
 - **Hematogenous** spread to Lung, liver, Brain, and bones
- ❖ A biopsy of a testicular tumor is not recommended because it is associated with a risk of tumor spillage.
Using biopsy in the diagnosis is not recommended because it is painful and enhances the spread of tumour

Management

- ❖ The standard management: radical orchiectomy.
 - Seminomatous tumors → **radiosensitive:** respond well to radiotherapy.
 - 95% of patients can be cured.
 - Non-seminomatous tumors → **chemosensitive:** respond very well to chemotherapy.
 - 90% of patients achieve complete remission with aggressive chemotherapy.
 - Pure choriocarcinoma has a poor prognosis (**more common in females**)

Seminomas	Nonseminomatous GCT
Radiosensitive	Non radiosensitive
Chemosensitive	Chemosensitive
Late metastasis	Early metastasis to retroperitoneal lymph nodes.
Excellent prognosis	More aggressive



Summary

Epididymitis and orchitis

Non specific	<ul style="list-style-type: none"> ❖ Related to urinary tract infections. ❖ Causative organism: children (gram -ve rods), men younger than 35 (Chlamydia trachomatis and Neisseria), men older than 35 (E Coli and pseudomonas). ❖ Microscopy: Congestion and infiltration by neutrophils, macrophages & lymphocytes.
Gonorrhea	<ul style="list-style-type: none"> ❖ Spread from urethra to epididymis and testis leading to orchitis and abscess.
Tuberculosis	<ul style="list-style-type: none"> ❖ Begins in epididymis and spread to testis. ❖ Microscopy: Caseating granuloma.
Granulomatous	<ul style="list-style-type: none"> ❖ Mimic testicular tumor (unilateral mass). ❖ Microscopy: Granulomatous inflammation with plasma cells and lymphocytes.

Testicular tumors

Seminomatous germ cell tumors

Seminoma	<ul style="list-style-type: none"> ● Most common type of testicular tumors and germ cell tumors (50%). ● Age group: peak incidence in 30s, almost never occur in infants. ● Secretes lactate dehydrogenase LDH
Spermatocytic tumor	<ul style="list-style-type: none"> ● Uncommon: 1-2% of testicular GCTs ● It affects men over the age of 65 years.

Non-Seminomatous germ cell tumors

Embryonal carcinoma	<ul style="list-style-type: none"> ● They account for about 15% to 35% of testicular GCTs. ● The age group: 20 to 30 years. ● They are more aggressive than seminomas. ● Tumor cells are positive for cytokeratin (CK) and CD30 stain.
Choriocarcinoma	<ul style="list-style-type: none"> ● It is a highly malignant tumor. ● Patients have elevated serum human chorionic gonadotropin (HCG).
Yolk sac tumor	<ul style="list-style-type: none"> ● It is the most common tumor in infant and children up to 3 years of age and it has a very good prognosis in infants and children. ● In adults it occurs as mixed GCT. ● Elevated serum alpha fetoprotein (AFP) ● Microscopy: Schiller-Duval bodies.
Teratoma	<ul style="list-style-type: none"> ● It is a tumor composed of various different types of cells or organ components. ● They can occur at any age ● Benign in prepubertal males and malignant in postpubertal males. ● Microscopy: it can be mature, immature, or with malignant transformation.
Mixed GCTS	<ul style="list-style-type: none"> ● Common, half of testicular tumors are composed of a mixture of GCTs.

MCQs



QUIZ!

01 A 32 year old male present with testicular enlargement, microscopy findings shows granulomatous inflammation with plasma cells and lymphocytes, what's the most likely diagnosis?			
A)Orchitis	B) Seminoma	C) Embryonal carcinoma	D) Urethritis
02 A 32-year-old man presents with a testicular mass that he noticed 2 weeks ago. The mass cannot be transilluminated and appears solid and homogeneous on ultrasound examination. No tumor markers are detected on serologic testing. An orchiectomy is performed, and the surgical specimen shows Bulky masses with homogenous, gray-white, lobulated cut surface. Which of the following is the most likely diagnosis?			
A) Choriocarcinoma	B) Embryonal carcinoma	C) Lymphoma	D) Seminoma
03 Which of the following is the most aggressive type of testicular tumors?			
A) Seminoma	B) Spermatocytic tumor	C) Choriocarcinoma	D) Teratoma
04 Which of the following is the most common testicular tumor in infants and children?			
A) Yolk sac tumor	B) Embryonal cell Carcinoma	C) Seminoma	D) Teratoma
05 A-26-year old male came to the hospital with a right testicular mass and history of cryptorchidism. which of the following is most likely diagnosis?			
A) Sex cord tumors.	B) Germ cell tumors.	C) Tuberculoma of the intrascrotal cord.	D) Vascular aneurysm.
06 A 26 year old man. He was diagnosed with testicular cancer. The patient was treated with radiotherapy. However, treatment was not effective. Later investigations showed Cytokeratin and CD30 positive tumor cells. Which of the following types is most likely in this case?			
A) Yolk sac cells	B) Seminoma	C) Embryonal carcinoma	D) Choriocarcinoma
07 A 32-year-old man has noticed an increased feeling of heaviness in his scrotum for the past 10 months. On physical examination, the left testis is three times the size of the right testis and is firm on palpation. An ultrasound scan shows a 6-cm solid mass within the body of the left testis. Laboratory studies include an elevated serum α -fetoprotein level. Which of the following cellular components is most likely to be present in this mass?			
A) Cytotrophoblasts	B) Embryonal carcinoma cells	C) Seminoma cells.	D) Yolk sac cell
07 A 26-year-old man has occasionally felt pain in the scrotum for the past 3 months. An ultrasound scan shows a 1.5-cm mass within the right testis. A right orchiectomy is performed, and gross examination shows the mass to be hemorrhagic and soft. A retroperitoneal lymph node dissection is done. Microscopic examination shows that areas of viable tumor are composed of cuboidal cells intermingled with large eosinophilic syncytial cells containing multiple dark, pleomorphic nuclei. Immunohistochemical staining of syncytial cells is most likely to be positive for which of the following?			
A) α -Fetoprotein	B)CD20	C)Carcinoembryonic antigen	D)Human chorionic gonadotropin.

MCQs Answer key	01	02	03	04	05	06	07	08
	A	D	C	A	B	C	D	D

Thank You!

We kept 438 pathology theme in the credits to remind you that this wonderful work was originally done by them

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