# UNPROFESSIONAL BEHAVIOR

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# OBJECTIVES By the end of this lecture You should be able to;

- Define unprofessional behavior
- Identify various elements of human nature that contribute to unprofessionalism
- Provide examples of such behaviors from daily life
- Avoid unprofessional behaviors.

• http://www.al-jazirah.com/2019/20190825/ln23.htm

#### What is Unprofessionalism?

Not pertaining to the characteristic of a profession.

## Unprofessional behavior:

- Increased workplace difficulties
- Decreased morale in other staff
- Decline in patient care







#### **Signs and Symptoms**

- The work of Project Professionalism (ABIM, 2001) describes unprofessional behaviour in terms of seven broad categories of 'signs and symptoms'.
- 1- Abuse of power (abuse while interacting with patients and colleagues; bias and sexual harassment; and breach of confidentiality);
- 2- Arrogance (offensive display of superiority and self-importance);
- 3- Greed (when money becomes the driving force);

#### **Signs and Symptoms**

- 4- Misrepresentation (lying, which is consciously failing to tell the truth; and fraud, which is conscious misrepresentation of material fact with the intent to mislead);
- 5- Impairment (any disability that may prevent the physician from discharging his/her duties);
- 6- Lack of conscientiousness (failure to fulfill responsibilities);
- 7- Conflicts in interests (self-promotion/ advertising or unethical collaboration with industry; acceptance of gifts; and misuse of services overcharging, inappropriate treatment or prolonging contact with patients).

# What specific behaviors are unprofessional in your settings?

#### Classroom Setting-Students/Trainee

- Arriving for class late and/or leaving early
- Being unprepared for group sessions
- Not completing assigned tasks
- Disrupting class sessions
- Failing to attend scheduled class sessions
- Cheating on an exam

#### Classroom Setting-Students/Trainees

- Using Mobile Phone during class
- Chatting during class
- Focusing on the test vs. learning
- Prejudging content in advance
- Intolerance of the opinions of others

#### Classroom Setting-Faculty

- Plagiarism
- Judgmental attitude or favoritism
- Coming late
- Sloppy handouts and syllabi
- Abusive behavior
- Using Mobile Phone during class

#### Clinical Setting-Students

- Dressing inappropriately
- Avoiding work and/or responsibilities
- Exhibiting little empathy for patients
- Demonstrating lack of sensitivity to patients' cultural backgrounds
- Not protecting patient confidentiality

#### Clinical Setting: Faculty

- Showing favoritism
- Failing to attend scheduled sessions
- Using inappropriate language or behavior
- Asking learners to perform personal tasks, for example, picking up laundry

#### Practical clinical examples

- Marketing for a new drug?
- Conflicts between government vs private commitments

#### Unprofessional behavior:

In general terms, acts that may be characterized as "unprofessional" fall into five categories:

1. Illegal or criminal acts



2. Immoral acts



3. Business related acts



4. Negligent practices



5. Plagiarism





## 1. Illegal or Criminal acts:

A physician may be disciplined and lose his medical license based solely on the fact that he was convicted for a crime or offense.





"Immoral" acts generally fall into the

limited category of sexual activity with

individuals that may be patients.



# :3. Business related acts

These acts are related to the operation of the business, not the quality of the care

Obtain, maintain, or renew a license to practice medicine by bribery, fraud or misrepresentation



## 4. Negligent practices

- □ Failure to maintain records of a patient, relating to diagnosis, treatment and care
- Altering medical records
- ☐ Failure to make medical records available for inspection



#### 5. Plagiarism

Is an unethical, dishonest act whereby an individual uses the work of another, commit literacy theft, or present work as an original idea without crediting the source or stating that it is derived from an existing source.

## Types of Plagiarism

- 1. Direct copying.
- 2. Word switching.
- 3. Working with others.
- 4. Concealing sources.
- 5. Buying assignments.
- 6. Self plagiarism.

#### Direct copying

Copying someone else's work using the exact words and putting it as your own. This is the most common type of plagiarism.

#### Word switching

Putting someone else's writing as your own by changing words without showing that you are using someone else's ideas.

#### Working with others

- Copying all or part of another student's writing.
- Sharing an assignment.
- Group work on individual assignment.
- Writing in Arabic and asking some else to translate your work.

# What is acceptable when working with others

- Group assignments.
- Discussing your work and ideas with other students.
- Getting advice on sources of information from other students, lecturers or professionals.

#### Concealing sources

Hiding the sources of your work and not revealing them.

#### This includes:

- 1. Putting someone else's ideas on your words without referring to them.
- 2. Using a reference more than one time, but only pointing it out once.

#### Buying assignments

Buying an assignment is the worst kind of plagiarism and may have serious consequences.

#### Self plagiarism

Re-using all or part of an assignment or a project that you have used before without making it clear is considered as plagiarism.

## Unprofessional physician

- ☐ Impaired
- □ Disruptive behavior
- Dishonest
- ☐ Greedy
- □Abuses power
- □ Lacks interpersonal skills
- Conflict of interest
- □ Self-serving



#### Impairment:

Impairment means more than making incorrect diagnosis.

- 1. Avoidance of patients and their psychological needs
- 2. Dehumanized care
- 3. Inappropriate treatment

#### Disruptive behavior

Include repeated episodes of:

- Sexual harassment
- Racial or ethnic slurs
- Intimidation and abusive language
- Persistent lateness in responding to calls at work

## Early warning signs

- Late or incomplete charting
- Delayed or no responses to call or pagers
- Abusive treatment of staff
- Unkempt appearance and dress
- Inability to accept criticism
- Gender or Religious bias

# Complaints as indicators of unprofessional behavior

- 20–25% apparently disappoint their patients
- More than 2/3 of physicians never or very rarely generate patient complaints (Hickson et al. 2002, 2007a,2007b).
- A total of 6% of doctors, however, received 25 or more complaints over a 6-year period
- Nurse surveys suggest that 4–5% of physicians display such behavior

(Diaz & McMillin 1991; Rosenstein and O'Daniel 2005a)

## Unprofessional behavior and patient safety

- Unprofessional behavior by clinicians poses a definite threat to patient safety.
- In a 2008 <u>survey</u> of nurses and physicians at more than 100 hospitals, 77% of respondents reported witnessing physicians engage in disruptive behavior (most commonly verbal abuse of another staff member), and 65% reported witnessing disruptive behavior by nurses.
- Most respondents also believed that unprofessional actions increased the potential for medical errors and preventable deaths.
- has been linked to adverse events in the <u>operating room</u>.

- Unprofessional Behaviors Among Tomorrow's Physicians
- Review of the Literature With a Focus on Risk Factors,
   Temporal Trends, and Future Directions
- Fargen, Kyle M. MD, MPH; Drolet, Brian C. MD;
   Philibert, Ingrid PhD, MBA
- Academic Medicine: <u>June 2016 Volume 91 Issue 6 p</u> 858–864

 A total of 51 publications met criteria for inclusion in the study. The data in these reports suggest that plagiarism, cheating on examinations, and listing fraudulent publications on residency/fellowship applications were reported in 5% to 15% of the student and resident populations that were studied. Other behaviors, such as inaccurately reporting that a medical examination was performed on a patient or falsifying duty hours, appear to be even more common (reportedly occurring among 40% to 50% of students and residents).

### Disruptive behavior pyramid

Intervention

Norm

Disciplinary

Pattern persists

Guided by authority

Apparent pattern

Awareness

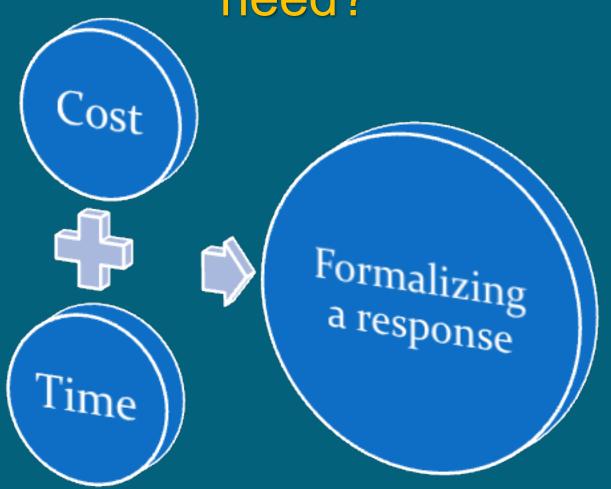
Single 'unprofessional' incident

**Informal** 

Vast majority of doctors: no professionalism issues

None

# What does formalizing a response need?



عن أبي تميم بن أوس رضي الله عنه ، أن النبي صلى الله عليه وسلم قال : ( الدين النصيحة ، قلنا : لمن يا رسول الله ؟ قال : (الله ، ولكتابه ، ولرسوله ، ولأئمة المسلمين وعامتهم) رواه البخاري ومسلم

Abu Tameem ibn Aws may Allah be pleased with him, that the Prophet peace be upon him said:

(Debt advice, we say: To whom, O Messenger of God? Said: (Allah and His Book, His Messenger, the leaders of the Muslims and their common folk

Ruahalhoukhara and Muslim

### Summary

- □Not pertaining to the characteristic of a profession.
- Unprofessional behavior fall into five categories:
  - Illegal or criminal acts
  - Immoral acts
  - Business related acts
  - Acts that violate acceptable medical practices
  - Plagiarism
- ■Do not have to wait until patient dies to determine that medical care suffered.

## More examples

A senior doctor, head of a high profile department, is known to bring in research dollars, to be very hard working and adept at specialized medical procedures. S/he is well known for shouting at nurses, throwing instruments back at them, and humiliating junior medical staff. S/he is often absent from department, Complaints are made to hospital administration from staff members; increased numbers of "critical incidents" and staff resignations are noted.

A general practitioner is consistently late or **absent** for pre-scheduled sessions. S/he gives no explanation, leaving the partners to fill in and make excuses. When confronted, s/he becomes **abusive** in front of office staff and patients.

A final-year medical student has caused disruptions throughout the course by monopolizing time in tutorials, behaving inappropriately with patients and being unwilling to heed advice. Many patients refuse to be interviewed by her/him and have complained to staff. S/he has not failed any exams, but several tutors and nurses have raised concerns about the student's "attitude" and ability to work as an intern.

A 54 year old male patient is admitted for the fourth time in two months for complaints of severe ridiculer pain following several attempts at decompressive back surgery. His pain has been sub-optimally controlled with very high-dose narcotics and other adjuvant pain-management medications. The nursing staff take his vital signs at the start of every shift but otherwise only appear when his medications are due or he rings the call bell. The pain waxes and wanes but is so severe at times that he cries out. The medication orders for breakthrough pain is ineffective. When he tells one nurse this, she responds, sighing, :you have had your medication and you'll just have to wait three hours for your next does. I'm going on break, so don't bother me by ringing the bell"

### FOR YOUR READING

### **Unprofessional Behavior among Medical Students**

http://www.nejm.org/doi/full/10.1056/NEJMc060089

#### **Unprofessional physicians**

http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1237990/pdf/westjmedoo257-0121.pdf

#### **Unprofessional or Disruptive Conduct by Physicians**

http://macmedlaw.hubpages.com/hub/Unprofessional-or-Disruptive-Conduct-by-Physicians

### The Unprofessional Student Objectives Professionalism

web1.aapa.org/10ACSyllabi/1509UnprofessionalStudent.pdf

#### **Plagiarism**

http://www.bradford.ac.uk/library/help/plagiarism/what-is-plagiarism/ http://owll.massey.ac.nz/referencing/referencing-styles.php

#### **Medical Errors:**

Hussein GM, Alkabba AF, Kasule OH. Professionalism and Ethics Handbook for Residents (PEHR): A Practical Guide. Ware J, Kattan T (eds). 1st Edition. Riyadh, Saudi Arabia: Saudi Commission for Health Specialties, 2015. MODULE 6 - MEDICAL MALPRACTICE AND MEDICAL ERRORS

https://psnet.ahrq.gov/primers/primer/15/Disruptive-and-Unprofessional-Behavior

Unprofessional behaviour and patient safety. Kevin Stewart etal. The International Journal of Clinical Leadership 2011;17:93–101

TOUGH TIMES
DONT LAST
TOUGH PEOPLE
DO



### THANK YOU VERY MUCH

