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Being effective team player

Objectives:

1. Understand the importance of teamwork in health care;
2. Know how to be an effective team player
3. Identify teams type and nature
4. Differentiate between the stages of team development
5. Assess the successful teams
6. Utilize different tools to promote communication and the performance of the team

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Important

Doctors notes

Extra



What is a Team?

A team is a group of two or more individuals (have limited lifespan of membership) who:

1

Have a common goal/objective/mission

2

Have been assigned for specific tasks

3

Possess specialized and complementary skill

4

Interact dynamically

Why teamwork is an essential element of patient safety?

The importance of effective teams in health care is increasing due to factors such as:

Increasing co-morbidities

Global workforce shortages

The increased incidence of complexity and specialization of care

Increasing incidence chronic disease

Initiatives for safe working hours

- Example: a pregnant woman with diabetes who develops a pulmonary embolism.
- The health-care team might include nurses, a midwife, an obstetrician, an endocrinologist and a respiratory physician, as well as the patient.

Teams found in health care:

1. Ancillary Services

2. Contingency Teams

3. Coordinating Teams

4. Support Services

5. Core Teams

6. Administration

Teams Found in Healthcare

Core Teams	Core teams consist of team leaders and members who are directly involved in caring for the patient. Include direct care providers such as nurses, pharmacists, doctors, dentists, assistants and, of course, the patient.
Coordinating Teams	Is the group responsible for day-to-day operational management, coordination functions and resource management for core teams. Nurses often fill such coordinating.
Contingency Teams	Contingency teams are formed for emergent or specific events(e.g. cardiac arrest teams disaster response teams, rapid response e teams).
Ancillary Services	Ancillary service teams consist of individuals who provide direct, task-specific, time-limited care to patients or support services that facilitate patient care. Such as radiologist, pharmacist..
Support services	Support services teams consist of individuals who provide indirect, task-specific services in a health-care facility. Such as Transportation team, security team.
Administration	Administration includes the executive leadership of a unit or facility and has 24-hour accountability for the overall function and management of the organization.

Stages of Team Development

1. Forming

2. Storming

3. Norming

4. Performing

Forming Stage:

1

1. Initial stage when the team is formed and the members are coming together for the first time.
2. A best candidate should be selected to form a dynamic team, but a flexibility should be adopted in selection process.
3. The skills of the members should match the team task and goals.
4. Voluntary team membership seems to work best when given as a choice.

Storming Stage:

2

1. Each member tend to rely on his/her own experience.
2. Resistance to work together openly.
3. Hesitate to express new ideas and opinions.
4. Interpersonal disagreement and conflicts.
5. Personal goals rather than team goal.

Norming Stage :

3

1. Start to know each other.
2. Start to accept each others ideas and opinions.
3. Understand the strengths and weaknesses of the team.
4. Members become friendly to each other.
5. Work together to overcome personal disagreement.
6. Share responsibilities and help each other.

performing stage :

4

1. Members are satisfied with the team progress.
2. Members are capable to deal with any task based on their strength and weaknesses.
3. Work together to achieve the team goals.

How to Move From Storming to Norming Stage

1

Team members should be introduced to each other in more details by using icebreakers.

2

Responsibilities must be assigned accordingly.

3

Clear communication.

4

Social activities.

5

Role should be in rotation.

6

Everyone should be treated equally.

Characteristics of Successful Teams

Measurable Goals

Teams set goals that are measurable and focused on the team's task.

Mutual Respect

Effective teams have members who respect each others talents and beliefs, in addition to their professional contributions.

Common Purpose

Team members generate a common and clearly defined purpose that includes: Collective interests and demonstrates shared ownership.

Good Cohesion

Cohesive teams have a unique and identifiable team spirit and commitment and have greater longevity as team members want to continue working together.

Effective leadership

★ Teams require effective leadership that set and maintain structures, manage conflict, listen to members and trust and support members.

★ Effective leadership is a key characteristic of an effective team.

Effective Communication

★ The following strategies can assist team members in sharing information accurately.

★ **SBAR:**

○ **Situation** What is going on with the patient?

○ **Background** What is the clinical background or context?

○ **Assessment** What do I think the problem is?

○ **Recommendation** What would I do to correct it?

Challenges to Effective Teamwork

Changing Roles

In many health-care environments there is considerable change and overlap in the roles played by different health-care professionals.

Changing Settings

The nature of health-care is changing in many ways, including increased delivery of care for chronic conditions in community care settings and the transfer of many surgical procedures to outpatient centers.

Health-Care Hierarchies

Health care is strongly hierarchical in nature, which can be counterproductive to well functioning and effective teams where all members' views should be considered.

Individualistic Nature of Health Care

Many health-care professions, such as nursing, dentistry and medicine, are based on the autonomous one-to-one relationship between the provider and patient.

Conclusion

- The effective teamwork in health-care delivery can have an immediate and positive impact on patient safety.
- The teamwork can have benefits for the individual practitioners in the team and the team as a whole, as well as the organization.
- The effective teamwork is essential for minimizing adverse events caused by miscommunication, associated with improved and reduced medical errors.
- The Characteristics of the effective team are: Common purpose, Measurable goals, Effective leadership (the key element), Effective communication.
- SBAR, Call-out, Check-back are strategies can assist team members in accurately sharing information.

Leaders

Abdulaziz Alrabiah

Nourah Alklaib

Members

Abdulaziz Alderaywsh

Ghada Alothman

Abdulaziz Alomar

Mohammed Beyari

Abdulrhman Alsuhaibany

Noura Alkathiri

Abeer Alawwad

Raed Alnutaifi

Alaa Alsulami

Raghad alasiri

Alia Zawawi

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