

Dr. Hamdan Al-Hazmi

- Urologic emergency arises when a condition require rapid diagnosis and immediate treatment.
- Compared to other surgical fields there are relatively few emergencies in urology.

Urological Emergencies:

Non traumatic

- ✤ Hematuria
- Renal Colic
- Urinary Retention
- ✤ Acute Scrotum
- Priapism

Traumatic

- Renal Trauma
- Ureteral Injury
- Bladder Trauma
- Urethral Injury
- Testicular Trauma

Non-Traumatic Urological Emergencies

HEMATURIA:

- Blood in the urine
- <u>Types:</u>
 - Macroscopic (frank, or gross hematuria)/ Dipstick hematuria / Microscopic hematuria (the presence of >3 red blood cells per high power microscopic field).
 - Painless or painful.
 - Initial / Terminal / Total

• Causes:

- Nephrological (medical) or urological (surgical)
- Medical causes:
 - \checkmark glomerular and nonglomerular
 - \checkmark blood dyscrasias, interstitial nephritis, and renovascular disease



Dr. Hamdan Al-Hazmi

- Surgical/urological nonglomerular causes:
 - ✓ renal tumours, urothelial tumours (bladder, ureteric, renal collecting system), prostate cancer, bleeding from vascular benign prostatic enlargement, trauma, renal or ureteric stones, and UTI.
 - ✓ Haematuria in these situations is usually characterised by circular erythrocytes and absence of proteinuria and casts.

Presentation:

- ✤ Hematuria
- ✤ Anemia: bleeding is so heavy (this is rare)
- Urine retention or ureteric colic (Clot retention)

Work Up:

- ✤ History
- Examination
- nvestigation :
 - \checkmark All patients
 - \checkmark Urine culture and cytology
 - ✓ Renal US
 - ✓ Flexible cystoscopy,
 - ✓ IVU or computed tomography (CT) scan in selected groups.
- Treat the cause.

Note:

Most imp. risks factor for renal tumor are: male gender-middle age --smoking

ACUTE FLANK PAIN - URETERIC OR RENAL COLIC:

- The commonest urologic emergency.
- One of the commonest causes of the "Acute Abdomen".
- Sudden onset of severe pain in the flank
- Most often due to the passage of a stone formed in the kidney, down through the ureter.



Dr. Hamdan Al-Hazmi

The pain is characteristically :

- very sudden onset
- colicky in nature
- * Radiates to the groin as the stone passes into the lower ureter.
- May change in location, from the flank to the groin, (the location of the pain does not provide a good indication of the position of the stone)
- ◆ The patient cannot get comfortable, and may roll around in agony.
- Associated with nausea / Vomiting
- *the pain of a ureteric stone as being worse than the pain of labour.*

Differential diagnosis:

- Leaking abdominal aortic aneurysms
- Pneumonia
- Myocardial infarction
- Ovarian pathology (e.g., twisted ovarian cyst)
- ✤ Acute appendicitis
- Testicular torsion
- Inflammatory bowel disease (Crohn's, ulcerative colitis)
- ✤ Diverticulitis
- Ectopic pregnancy
- Burst peptic ulcer
- Bowel obstruction

Work Up:

- History
- Examination: patient want to move around, in an attempt to find a comfortable position.
- ✤ +/- Fever
- Pregnancy test
- ✤ MSU
- Radiological investigation :
 - ✓ *KUB*(90% sensitivity) / *Abdominal US*
 - ✓ IVP (was)
 - ✓ *Helical CTU:*
- Specific points in history of pt with renal colic:
 1-history of passing stones
 2- family history

.....

- - *1- Exclude ectopic pregnancy*
 - 2- As a caution before any CT or X-ray



Dr. Hamdan Al-Hazmi

- advantages over IVP:
 - greater specificity (95%) and sensitivity (97%) for diagnosing ureteric stones
 - » Can identify other, non-stone causes of flank pain.
 - » No need for contrast administration.
 - >> Faster, taking just a few minutes
 - **>>** the cost of CTU is equivalent to that of IVU
- ✓ MRI
 - very accurate way of determining whether or not a stone is present in the ureter
 - very high cost

Gold slandered for diagnosis of renal stone is **helical** CT because:

- 1- No contrast
- 2- View other sustems that may cause acute abdomen

Acute Management of Ureteric Stones:

- ✤ Pain relief
 - ✓ NSAIDs
 - ✓ Intramuscular or intravenous injection, by mouth, or per rectum
 - ✓ +/- Opiate analgesics (pethidine or morphine).
- Hyper hydration ??
- ✤ 'watchful waiting' with analgesic supplements
 - \checkmark 95% of stones measuring 5mm or less pass spontaneously
 - Hydration not safe 100% because it may lead to ureter dilatation and then loss of peristalsis and the system become static
 - Management of small stones:
 - Drink a lot of fluid
 - Analgesics
 - Back to ER if fever complicated



Dr. Hamdan Al-Hazmi

Indications for Intervention to Relieve Obstruction and/or Remove the <u>Stone:</u>

- Pain that fails to respond to analgesics.
- ✤ Associated fever.
- Renal function is impaired because of the stone (solitary kidney obstructed by a stone, bilateral ureteric stones, or preexisting renal impairment)
- Obstruction unrelieved for >4 weeks
- Personal or occupational reasons

Treatment of the Stone:

Temporary relief of the obstruction:

✓ Insertion of a JJ stent or percutaneous nephrostomy tube.

✤ Definitive treatment of a ureteric stone:

- ✓ ESWL.
- ✓ PCNL
- ✓ Ureteroscopy
- ✓ Open Surgery: very limited.

ESWL= extracorboral shock wave lithiatomy

PCNL= percutanous nephrolithiatomy

URINARY RETENTION:

- Acute Urinary retention.
- Chronic Urinary retention.

Acute Urinary retention

• Painful inability to void, with relief of pain following drainage of the bladder by catheterization.

Pathophysiology:

- ◆ Increased urethral *resistance*, *i.e.*, *bladder outlet obstruction* (BOO)
- Low bladder pressure, i.e., impaired bladder contractility
- ✤ Interruption of sensory or motor innervations of the bladder



Dr. Hamdan Al-Hazmi

Causes:

- ✤ Men:
 - ✓ Benign prostatic enlargement (BPE) due to BPH
 - ✓ *Carcinoma of the prostate*
 - ✓ *Urethral stricture*
 - ✓ Prostatic abscess
- ✤ Women
 - ✓ *Pelvic prolapse (cystocoele, rectocoele, uterine)*
 - ✓ *Urethral stricture;*
 - ✓ *Urethral diverticulum;*
 - ✓ Post surgery for 'stress' incontinence
 - ✓ pelvic masses (e.g., ovarian masses)

South Sex

- ✓ Haematuria leading to clot retention
- ✓ Drugs
- ✓ Pain
- ✓ Sacral nerve compression or damage(cauda equina compression)
- ✓ Radical pelvic surgery
- ✓ Pelvic fracture rupturing the urethra
- ✓ Neurotropic viruses involving the sensory dorsal root ganglia of S2–S4 (herpes simplex or zoster);
- ✓ Multiple sclerosis
- ✓ Transverse myelitis
- ✓ Diabetic cystopathy
- ✓ Damage to dorsal columns of spinal cord causing loss of bladder sensation (tabes dorsalis, pernicious anaemia).

Initial Management:

- ✤ Urethral catheterisation
- Suprapubic catheter (SPC)

Late Management:

Treating the underlying cause





Dr. Hamdan Al-Hazmi

Chronic urinary retention:

- Obstruction develops slowly, the bladder is distended (stretched) very gradually over weeks/months, so *pain is not a feature*.
- Presentation:
 - ✤ Urinary dribbling
 - Overflow incontinence
 - Palpable lower suprapubic mass
- Usually associated with
 - Reduced renal function.
 - Upper tract dilatation
- R/x is directed to renal support.
- Bladder drainage under slow rate to avoid sudden decompression> hematuria.
- Late R/x of cause.

 Normal capacity of bladder is 500 ml but if it exceed 800 ml then retention is expected

ACUTE SCROTUM:

• Emergency situation requiring prompt evaluation, differential diagnosis, and potentially immediate surgical exploration



Dr. Hamdan Al-Hazmi

Differential Diagnosis

Table 67–2. DIFFERENTIAL DIAGNOSIS OF THE ACUTE/ SUBACUTE SCROTUM

Torsion of the spermatic cord Torsion of the appendix testis Torsion of the appendix epididymis Epididymitis Epididymo-orchitis Inguinal hernia Communicating hydrocele Hydrocele Hydrocele of the cord Trauma/insect bite Dermatologic lesions Inflammatory vasculitis (Henoch-Schönlein purpura) Idiopathic scrotal edema Tumor Spermatocele Varicocele Nonurogenital pathology (e.g., adductor tendinitis)

Differential Diagnosis:

- Torsion of the Spermatic Cord (Intravaginal)
 - ✓ Most serious.
- * Torsion of the Testicular and Epididymal Appendages.
- ***** Epididymitis.
 - ✓ Most common



Dr. Hamdan Al-Hazmi

Torsion of the Spermatic Cord



(A) extra-vaginal

(B) Intra-vaginal

Torsion of the Spermatic Cord (Intra-vaginal):

- True surgical emergency of the highest order
- Irreversible ischemic injury to the testicular parenchyma may begin as soon as *4 hours*
- Testicular salvage \downarrow as duration of torsion \uparrow
- Extravaginali=spermatic cord &tunica vaginalis are twisted
- Intravaginalis=only spermatic cord is twisted
- The rotation of the torsion is from lateral to medial and the manual detorsion is from medial to lateral





Dr. Hamdan Al-Hazmi

Presentation:

- ✤ Acute onset of scrotal pain.
- Majority with history of *prior episodes* of severe, self-limited scrotal pain and swelling.
- ✤ N/V
- * Referred to the ipsilateral lower quadrant of the abdomen.
- Dysuria and other bladder symptoms are usually absent.

Physical examination:

- ✤ The affected testis is high-riding Transverse orientation.
- ✤ Acute hydrocele or massive scrotal edema
- ✤ Cremasteric reflex is absent.
- ✤ Tender larger than other side.
- Brehns sign Positiv.Manual detortion.

Brehs sign=elevation of pt testis if it torsion the pain will increase if the pain decrease so it is orichitis



Adjunctive tests:

- ✤ To aid in differential diagnosis of the acute scrotum.
- To confirm the absence of torsion of the cord.
- * *Doppler examination* of the cord and testis
 - ✓ High false-positive and false-negative results
- Color Doppler ultrasound:
 - ✓ Assessment of anatomy and determining the presence or absence of blood flow.
 - ✓ Sensitivity: 88.9% specificity of 98.8%
 - ✓ Operator dependent.
- ***** Radionuclide imaging :
 - ✓ Assessment of testicular blood flow.
 - ✓ PPV of 75%, a sensitivity of 90%, and a specificity of 89%.
 - ✓ False impression from hyperemia of scrotal wall.
 - ✓ Not helpful in Hydrocele and Hematoma



Dr. Hamdan Al-Hazmi

Surgical exploration:

- ◆ A median raphe scrotal incision or *a transverse* incision.
- ✤ The affected side should be examined first
- ✤ The cord should be detorsed.
- Testes with *marginal viability* should be placed in warm sponges and reexamined after several minutes.
- ✤ A necrotic testis should be removed
- If the testis is to be preserved, it should be placed into the dartos pouch (*suture fixation*)



The contralateral testis must be fixed to prevent subsequent torsion.

Epid.Orchitis:

Presentation:

- Indolent process.
- Scrotal swelling, erythema, and pain.
- Dysuria and fever is more common
- The most common causes of acute scrotum are torsion then orchitis
- Pt with epi-orichitis usually has history of UTI or bladder obstruction



Dr. Hamdan Al-Hazmi

P/E :

- localized epididymal tenderness, a swollen and tender epididymis, or a massively swollen hemiscrotum with absence of landmarks.
- Cremasteric reflex should be present

Urine:

◆ pyuria, bacteriuria, or a positive urine culture(Gram-negative bacteria) .

Management:

- Bed rest for 1 to 3 days then relative restriction .
- Scrotal elevation, the use of an athletic supporter
- parenteral antibiotic therapy should be instituted when UTI is documented or suspected.
- Urethral instrumentation should be avoided

Utheral catheter should be avoided in case of epi-orichitis because it will augment the obstruction

PRIAPISIM:

• Persistent erection of the penis for more than *4 hours* that is not related or accompanied by sexual desire.

• 2 Types:

- ✤ ischaemic (veno-occlusive, low flow (most common)
 - ✓ Due to haematological disease, malignant infiltration of the corpora cavernosa with malignant disease, or drugs.
 - ✓ *Painful*.
- ✤ nonischaemic (arterial, high flow).
 - ✓ Due to perineal trauma, which creates an arteriovenous fistula.
 - ✓ Painless

Age:

- ✤ Any age
- two main age groups affected are 5- to 10-year-old boys and 20- to 50-year-old men.



Dr. Hamdan Al-Hazmi

Causes:

- Primary (Idiopathic) : 30% 50%
- ✤ Secondary:
 - ✓ Drugs
 - ✓ Trauma
 - ✓ Neurological
 - ✓ Hematological disease
 - ✓ Tumors
 - ✓ Miscellaneous

• The diagnosis:

Usually obvious from the history

- ✓ Duration of erection >4 hours?
- ✓ Is it painful or not?.
- ✓ Previous history and treatment of priapism ?
- ✓ Identify any predisposing factors and underlying cause

✤ Examination

- ✓ Erect, tender penis (in low-flow priapism).
- ✓ Characteristically the corpora cavernosa are rigid and the glans is flaccid.
- ✓ Abdomen for evidence of malignant disease
- ✓ *DRE*: to examine the prostate and check anal tone.

✤ Investigations:

- ✓ CBC (white cell count and differential, reticulocyte count)
- ✓ Hemoglobin electrophoresis for sickle cell test
- ✓ Urinalysis including urine toxicology
- ✓ Blood gases taken from either corpora,
 - <u>low-flow (dark blood; pH <7.25 (acidosis); pO2 <30mmHg (hypoxia);</u> pCO2 >60mmHg (hypercapnia))
 - <u>high-flow</u> (bright red blood similar to arterial blood at room temperature; pH = 7.4; pO2 >90mmHg; pCO2 <40mmHg)</p>
- ✓ Colour flow duplex ultrasonography in cavernosal arteries:
 - Ischaemic (inflow low or nonexistent)
 - Nonischaemic (inflow normal to high).
- Penile pudendal arteriography

Treatment:

- Depends on the type of priapism.
- Conservative treatment should first be tried
- Medical treatment
- ✤ Surgical treatment.

The most common cause of priapism is sickle cell anemia (the clot of blood will obstruct the venous drainge



Dr. Hamdan Al-Hazmi

- ✤ Treatment of underlying cause
- $\blacksquare \to \to$ It is important to warn all patients with priapism of the possibility of impotence.

Traumatic Urological Emergencies

RENAL INJURIES:

- The kidneys relatively protected from traumatic injuries.
- Considerable degree of force is usually required to injure a kidney.

• Mechanisms and cause:

- Blunt
 - ✓ direct blow or acceleration/ deceleration (road traffic accidents, falls from a height, fall onto flank)
- Penetrating
 knives, gunshots, iatrogenic, e.g., percutaneous nephrolithotomy (PCNL)

Indications for renal imaging:

- Macroscopic hematuria
- Penetrating chest, flank, and abdominal wounds
- Microscopic [>5 red blood cells (RBCs) per high powered field] or dipstick hematuria a hypotensive patient (SBP <90mmHg)
- ✤ A history of a rapid acceleration or deceleration
- Any child with microscopic or dipstick hematuria who has sustained trauma.

• What Imaging Study?

✤ IVU:

- ✓ replaced by the contrast-enhanced CT scan
- ✓ On-table IVU if patient is transferred immediately to the operating theatre without having had a CT scan and a retroperitoneal haematoma is found,
- Spiral CT: does not allowaccurate staging
- Renal US:
 - ✓ Advantages:
 - can certainly establish the presence of two kidneys
 - the presence of a retroperitoneal hematoma
 - power Doppler can identify the presence of blood flow in the renal vessels.



Dr. Hamdan Al-Hazmi

- ✓ Disadvantages:
 - cannot accurately identify parenchymal tears, collecting system injuries, or extravasations of urine until a later stage when a urine collection has had time to accumulate.
- ✤ Contrast-enhanced CT:
 - ✓ the imaging study of choice
 - ✓ accurate, rapid, images other intra-abdominal structures
- Staging (Grading)
- American Association for the Surgery of Trauma Organ Injury Severity Scale



Management:

- Conservative:
 - ✓ Over 95% of blunt injuries
 - ✓ 50% of renal stab injuries and 25% of renal gunshot wounds (specialized center).
 - ✓ Include:
 - Wide Bore IV line.
 - IV antibiotics.
 - Bed rest
 - serial CBC (Htc)
 - F/up US &/or CT.
 - 2-3 wks.

• Surgical exploration:

- Persistent bleeding (persistent tachycardia and/or hypotension failing to respond to appropriate fluid and blood replacement
- Expanding perirenal haematoma (again the patient will show signs of continued bleeding)
- Pulsatile perirenal haematoma



Dr. Hamdan Al-Hazmi



URETERIC ENJURIES:

• The ureters are protected from external trauma by surrounding bony structures, muscles and other organs

• Causes and Mechanisms :

- External Trauma
- ✤ Internal Trauma
- External Trauma:
 - Rare
 - Severe force is required
 - Blunt or penetrating.
 - Blunt external trauma severe enough to injure the ureters will usually be associated with multiple other injuries
 - Knife or bullet wound to the abdomen or chest may damage the ureter, as well as other organs.



Dr. Hamdan Al-Hazmi

Internal Trauma

- Uncommon, but is more common than external trauma
- Surgery:
 - ✓ *Hysterectomy, oophorectomy, and sigmoidcolectomy*
 - ✓ Ureteroscopy
 - ✓ Caesarean section
 - ✓ Aortoiliac vascular graft placement,
 - ✓ Laparoscopic procedures,
 - ✓ Orthopedic operations

Diagnosis:

- Requires a high index of suspicion
- ✤ Intraoperative:
- ✤ Late:
 - ✓ 1. An ileus: the presence of urine within the peritoneal cavity
 - ✓ 2. Prolonged postoperative fever or overt urinary sepsis
 - ✓ 3. Persistent drainage of fluid from abdominal or pelvic drains, from the abdominal wound, or from the vagina.
 - ✓ 4. Flank pain if the ureter has been ligated
 - ✓ 5. An abdominal mass, representing a urinoma
 - ✓ 6. Vague abdominal pain
 - ✓ 7. The pathology report on the organ that has been removed may note the presence of a segment of ureter!

Treatment options:

- ✤ JJ stenting
- Primary closure of partial transection of the ureter
- Direct ureter to ureter anastomosis
- Reimplantation of the ureter into the bladder (ureteroneocystostomy), either using a psoas hitch or a Boari flap
- Transureteroureterostomy
- Autotransplantation of the kidney into the pelvis
- Replacement of the ureter with ileum
- Permanent cutaneous ureterostomy
- ✤ Nephrectomy



Dr. Hamdan Al-Hazmi

Ureteric injuries



BLADDER INJURIES:

- Causes:
 - ✤ Iatrogenic injury
 - ✓ Transurethral resection of bladder tumour (TURBT)
 - ✓ Cystoscopic bladder biopsy
 - ✓ *Transurethral resection of prostate (TURP)*
 - ✓ Cystolitholapaxy
 - ✓ Caesarean section, especially as an emergency
 - ✓ Total hip replacement (very rare)
 - Penetrating trauma to the lower abdomen or back
 - Blunt pelvic trauma—in association with pelvic fracture or 'minor' trauma in the inebriated patient
 - Rapid deceleration injury—seat belt injury with full bladder in the absence of a pelvic fracture



Dr. Hamdan Al-Hazmi

- Spontaneous rupture after bladder augmentation
- Types of Perforation
 - A) intra-peritoneal perforation:
 - the peritoneum overlying the bladder, has been breached along with the wall the of the bladder, allowing urine to escape into the peritoneal cavity.





Dr. Hamdan Al-Hazmi

B) extra-peritoneal perforation:

• the peritoneum is intact and urine escapes into the space around the bladder, but not into the peritoneal cavity.



Presentation:

- Recognized intraoperatively
- The classic triad of symptoms and signs that are suggestive of a bladder rupture
 - ✓ suprapubic pain and tenderness, difficulty or inability in passing urine, and haematuria

• Management:

- Extraperitoneal
 - ✓ Bladder drainage +++++
 - ✓ *Open repair* +++
- ✤ Intra peritoneal :
 - ✓ open repair...why?
 - Unlikely to heal spontaneously.
 - Usually large defects.
 - Leakage causes peritonitis
 - Associated other organ injury.



Dr. Hamdan Al-Hazmi

URETHRAL INJURIES:

- ANTERIOR URETHRAL INJURIES
- POSTERIOR URETHRAL INJURIES

Anterior urethral injuries:

- Rare
- Mechanism:
 - * The majority a result of a straddle injury in boys or men.
 - Direct injuries to the penis
 - Penile fractures
 - Inflating a catheter balloon in the anterior urethra
 - Penetrating injuries by gunshot wounds.

Symptoms and signs:

- Blood at the end of the penis
- Difficulty in passing urine
- Frank hematuria
- Hematoma may around the site of the rupture
- Penile swelling

Diagnosis:

- Retrograde urethrography
 - ✓ Contusion: no extravasation of contrast:
 - ✓ Partial rupture : extravasation of contrast, with contrast also present in the bladder:.
 - ✓ Complete disruption: no filling of the posterior urethra or bladder

Management:

- Contusion
 - ✓ A small-gauge urethral catheter for one week
- Partial Rupture of Anterior Urethra
 - \checkmark No urethral catheterization
 - ✓ Majority can be managed by suprapubic urinary diversion for one week
 - Penetrating partial disruption (e.g., knife, gunshot wound), primary (immediate) repair.
- Complete Rupture of Anterior Urethra
 - ✓ patient is unstable a suprapubic catheter.
 - ✓ patient is stable, the urethra may either be immediately repaired or a



Dr. Hamdan Al-Hazmi

suprapubic catheter

- Penetrating Anterior Urethral Injuries
 - ✓ generally managed by surgical debridement and repair

Posterior urethral injuries:

- Great majority of posterior urethral injuries occur in association with pelvic fractures
- 10% to 20% have an associated bladder rupture
- Signs:
 - * Blood at the meatus, gross hematuria, and perineal or scrotal bruising.
 - ✤ High-riding prostate
- **Classification** of posterior urethral injuries:
 - type I:(rare)
 - stretch injury with intact urethra
 - ✤ type II : (25%)
 - partial tear but some continuity remains)
 - ✤ type III:(75%)
 - complete tear with no evidence of continuity
 - In women, partial rupture at the anterior position is the most common urethral injury associated with pelvic fracture.



- Management:
 - Stretch injury (type I) and incomplete urethral tears (type II) are best treated by stenting with a urethral catheter.



Dr. Hamdan Al-Hazmi

Type III

- ✓ Patient is at varying risk of urethral stricture, urinary incontinence, and erectile dysfunction (ED)
- ✓ Initial management with suprapubic cystotomy and attempting primary repair at 7 to 10 days after injury.



