

SCREENING

Learning objectives

- Define the term “screening”
- Explain the concept of screening and the lead time
- Explain the difference between “screening”, “case finding”, “periodic examination” and “diagnosis”
- State the uses of screening programs
- State the criteria of health problems amenable for screening
- Outline the differences between screening and diagnostic test
- Distinguish between “mass screening” and “high risk screening”
- State the criteria of an ideal screening test

Performance objectives

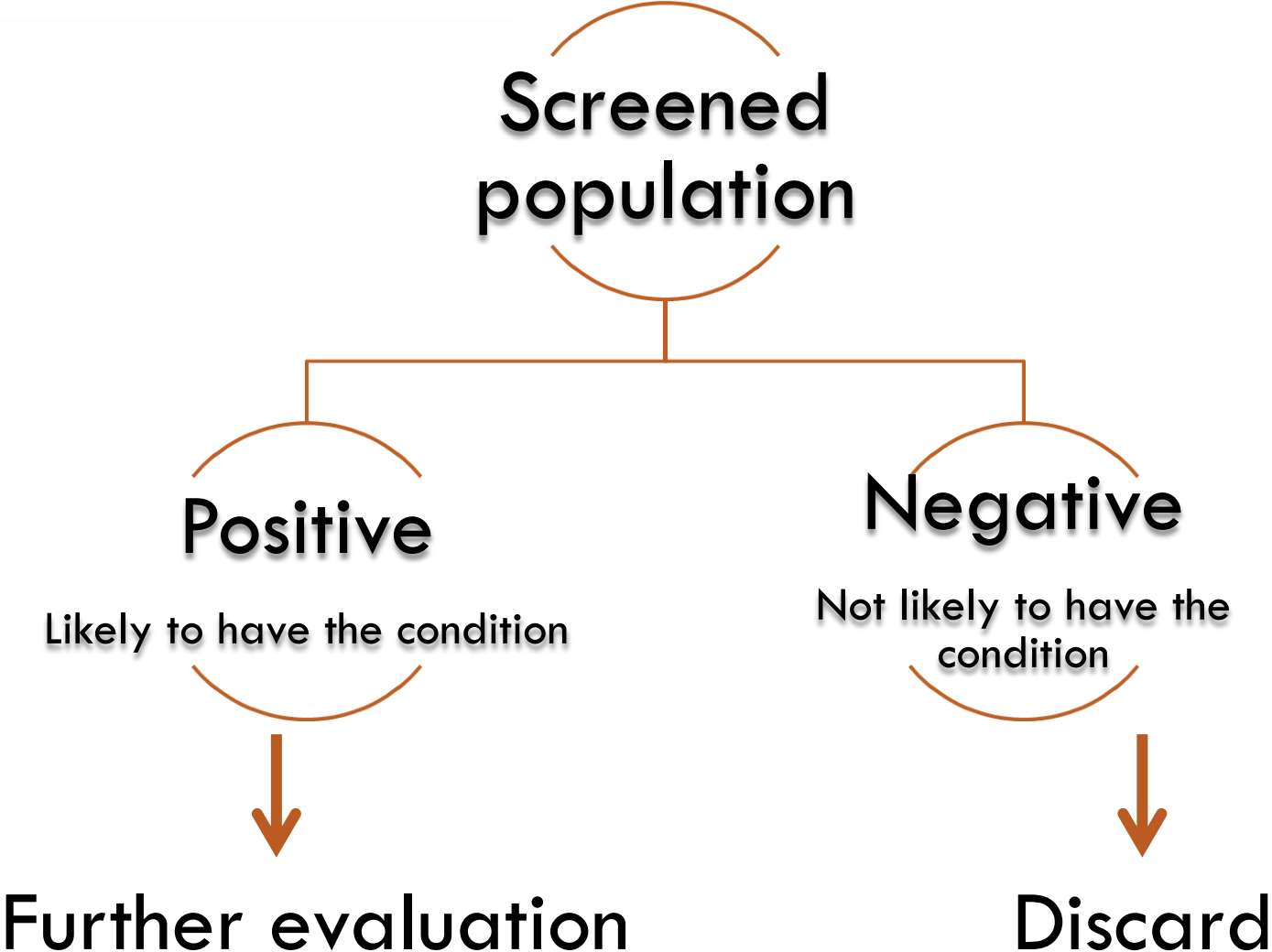
- Compute sensitivity, specificity and predictive values of a screening test
- Evaluate the performance of a screening test

“Screening is defined as the search for unrecognized disease or defect by means of rapidly applied tools in apparently healthy individuals not seeking medical care”

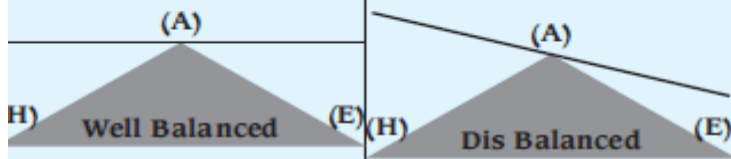
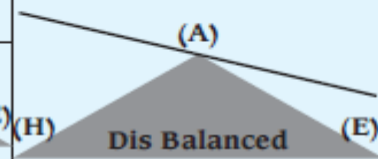
Tools maybe

- Test consisting a series of questions
- Instrument to measure a parameter
- Medical examination
- Radiological test
- Laboratory test

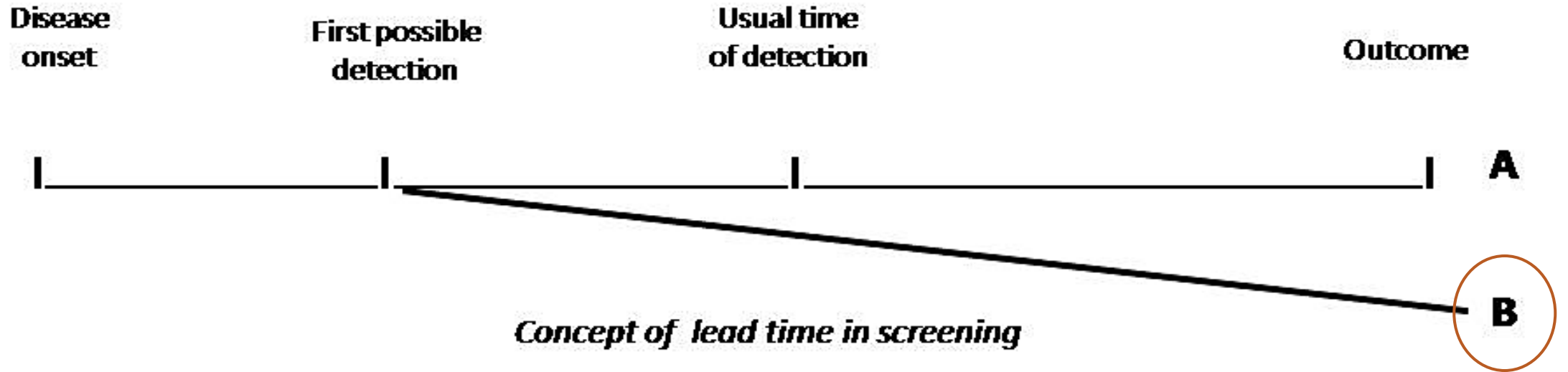
OUTCOME OF SCREENING



NATURAL HISTORY OF DISEASE AND LEVELS OF PREVENTION

		Stages of Pathogenesis			
<i>Stage of Positive Health</i>	<i>Stages of Susceptibility (Pre Pathogenesis)</i>	<i>Asymptomatic (Early Pathogenesis)</i>	<i>Early, Discernible Disease</i>	<i>Full-Blown (Classical) Disease</i>	<i>Termination</i>
 <p>Agent, Host and Environmental factors are in perfect balance</p>	 <p>Balance between Agent, Host and Environmental Factors is disturbed; conditions have been created for disease process to start; however pathological processes have still not started.</p>	<p>Pathological process has started. However, outwardly, there are no signs or symptoms what so ever. Detection is only possible by specialized pathological / investigative studies.</p>	<p>There are very mild or non-specific signs / symptoms which occur at a very early stage of clinical course; not easy to detect at this stage unless very fine clinical acumen and / or specialized equipment is used.</p>	<p>Full fledged disease in classical form; quite easy to diagnose.</p>	<ul style="list-style-type: none"> - Complete Recovery - Chronic Disease - Life With Residual Disability - Death
Health Promotion	Specific Protection	Early Diagnosis and Prompt Treatment		Disability limitation	Rehabilitation
Primary Prevention		Secondary Prevention		Tertiary Prevention	
Levels of Prevention					

CONCEPT OF LEAD TIME



Periodic examination

Seeking of medical care at intervals to evaluate health status and to detect any health problem without the presence of any complaint. In periodic examination, different systems are looked at and a series of investigations are applied.

Case finding

The use of a clinical, laboratory or non laboratory test to detect disease in individuals seeking health care for other reasons. The aim of identifying diabetes among pregnant women is an example of case finding.

Diagnosis

A procedure to confirm or refute the existence of a disease or abnormality among those seeking medical care with a specific complaint. Achieved by obtaining medical history, clinical examination and the application of laboratory or non laboratory tests.

SCREENING & DIAGNOSTIC TEST

Screening tests

Applied to apparently healthy or asymptomatic

Applied to a group of individuals

Results are based on one criterion

Results are not conclusive

Less accurate

Less expensive

Not a basis for treatment

Diagnostic tests

Applied to those with specific complaint or suggestive signs or symptoms

Applied to a single person

Results are based on the evaluation of a number of symptoms, signs and result of investigations

Results are conclusive and final

More accurate

More expensive

Basis for treatment

USES OF SCREENING TESTS

- **Case detection;** It is identification of unrecognized disease or defect that doesn't arise from patients' request
- **Control of diseases;** This is with the purpose to prevent the transmission of the disease to healthy community members
- **Research purposes;** initial screening is conducted to estimate the prevalence of a disease and subsequent screening will provide data on the incidence

TYPES OF SCREENING PROGRAMS

- **Mass screening;** applied to the whole population or population subgroups as adults, school children, industrial's workers irrespective of their risk.
- **High risk or selective screening;** applied to a selective population subgroups who are at a high risk. Among high risk population, the disease is more likely to be prevalent and the screening will result in a better yield.

Eligible conditions for screening

- Major public health problem and/or have serious consequences
- High prevalence among screened population
- Have a detectable pre-clinical phase
- Availability of test for detection in pre-clinical phase
- Evidence that early detection reduces morbidity and mortality
- Available facilities for the confirmation of the diagnosis
- Agreed-on policy whom to treat as a patient
- Available of effective treatment for the disease if identified
- Expected benefits of early detection out-weight the risks and costs of screening

Example of screening programs

- Blood pressure for hypertension
- Fasting blood sugar level for diabetes
- Pap smear for cervical cancer
- Mammogram for breast cancer
- PSA for prostatic cancer
- Elisa followed by RIBA for hepatitis C antibodies
- Thyroid hormone from blood cord for hypothyroidism in newborn
- Hip examination for congenital hip dislocation in the newborn

Characteristics of an ideal screening tool

Feasibility

Simple, inexpensive, capable of wide application

Acceptability

Acceptable by the people to whom it is intended to be applied

Reliability (precision)

Consistent results on repeated application on the same individual under same circumstances

Validity (accuracy)

Ability to distinguish between those who have and those who don't have the disease as confirmed by a gold standard

- Validity of the test reflects its “accuracy” compared to a gold standard.
- Validity has two components
 - Sensitivity: ability of the test to detect correctly those who truly have the condition (true positive)
 - Specificity: ability of the test to detect correctly those who truly don't have the condition (true negative)

Screening test results	Gold standard		Total
	Diseased	Not diseased	
Positive	a True positive	b False positive	a+b
Negative	c False negative	d True negative	c+d
Total	a+c	b+d	a+b+c+d

Sensitivity: ability of the test to detect correctly those who truly have the condition (true positive)

$$\text{Sensitivity} = \frac{a}{a+c}$$

Specificity: ability of the test to detect correctly those who truly don't have the condition (true negative)

$$\text{Specificity} = \frac{d}{b+d}$$

Test	Breast cancer		Total
	Positive	Negative	
Positive	900	1980	2880
Negative	100	97020	97120
Total	1000	99000	100000

Sensitivity $(900/1000) \times 100 = 90.00\%$

Specificity $(97020/99000) \times 100 = 98.00\%$

- **Sensitivity:**

- the test was capable to identify correctly 90% of the those who have the condition
- The false negative rate $(\frac{c}{a+c})$ is only 10%

- **Specificity:**

- the test was capable to identify correctly 98% of the those who don't have the condition
- The false positive rate $(\frac{b}{b+d})$ is only 10%

EXAMPLE

Test	Breast cancer		Total
	Positive	Negative	
Positive	900	1980	2880
Negative	100	97020	97120
Total	1000	99000	100000

Sensitivity $(900/1000) \times 100 = 90.00\%$

Specificity $(97020/99000) \times 100 = 98.00\%$

- **Sensitivity:**
 - A sensitive test will result in few false negative
 - Test with high sensitivity is preferable in screening
- **Specificity:**
 - A specific test will result in few false positive
 - Test with high specificity is preferable for diagnosis

EXAMPLE

- Yield of the test reflects the number of correctly unrecognized subjects with the condition who have been identified and brought into care
- Yield of the test is measured by its predictive value
 - Predictive value positive (P_{v+ve}) is the probability that a person positive by the test truly have the condition

$$P_{v+ve} = \frac{a}{a+b}$$

- Predictive value negative (P_{v-ve}) is the probability that a person negative by the test truly don't have the condition

$$P_{v-ve} = \frac{d}{c+d}$$

Test	Breast cancer		Total
	Positive	Negative	
Positive	900	1980	2880
Negative	100	97020	97120
Total	1000	99000	100000

Sensitivity $(900/1000) \times 100 = 90.00\%$

Specificity $(97020/99000) \times 100 = 98.00\%$

PV + ve $(900/2880) \times 100 = 31.25\%$

PV – ve $(97020/97120) \times 100 = 99.89\%$

- **Pv+ve:**
 - Out of those who are positive by the test only 31.25% were found to have the condition
- **Pv-ve:**
 - Out of those who are negative by the test, 99.89% were found to be free from the condition

EXAMPLE

Test	Breast cancer (Prevalence 1%)		Total
	Positive	Negative	
Positive	900	1980	2880
Negative	100	97020	97120
Total	1000	99000	100000

Sensitivity $(900/1000) \times 100 = 90.00\%$

Specificity $(97020/99000) \times 100 = 98.00\%$

PV + ve $(900/2880) \times 100 = 31.25\%$

PV - ve $(97020/97120) \times 100 = 99.89\%$

Test	Breast cancer (Prevalence 10%)		Total
	Positive	Negative	
Positive	9000	4500	13500
Negative	1000	85500	86500
Total	10000	90000	100000

Sensitivity $(9000/10000) \times 100 = 90.00\%$

Specificity $(85500/90000) \times 100 = 95.00\%$

PV + ve $(9000/13500) \times 100 = 66.67\%$

PV - ve $(85500/86500) \times 100 = 98.84\%$

PREVALENCE & PREDICTIVE VALUE

- Low predictive value positive of a test is a waste of resources; very few of those who tested positive will be found to have the condition
- High predictive value positive is desirable in screening program; detecting and bringing into care subjects with the condition at a pre-clinical stage
- Predictive value positive increases considerably with the increase in the prevalence of the condition among the screened population
- In condition with relatively lower prevalence among the general population but higher prevalence among high risk population, it is recommended to avoid mass screening and to opt for “selective screening” of high risk population

- False positive results are referred to as adverse effects or errors of screening
- False positive result is not desirable
 - It is a waste of resources; incurring the cost of the screening and the confirmation of the diagnosis
 - Unnecessary exposure of subjects to the hazards of the tests
 - Emotional strain of being a probable case
- False negative result is not desirable
 - Giving a false re-assurance that they are free from the condition

- True positive result is desirable
 - It is money well spent
 - Bringing subjects with the condition into care
 - Subjects who incurred the hazards of screening and confirmation of the diagnosis will benefit from therapeutic intervention
- True negative result is desirable
 - Re-assurance that they are free from the condition