

Ethical, legal, and Social Issues in Biomedical Informatics

301 MEDICAL INFORMATICS

Dr. Ahmed Albarrak

Associate Professor of Health Informatics

Chairman, Medical Informatics,

College of Medicine

King Saud University

Agenda:

Ethical Issues in Health Informatics:

- General Principles of Informatics Ethics
- Stakeholders in Health Informatics Ethics
- Primary sources of ethical attention in informatics
- Ethics Resources

- Health informatics applications:
 - Appropriate use, users, and contexts
 - Privacy, confidentiality, and data sharing
 - Electronic clinical and research data
- Legal and regulatory matters
- Legal issues in Healthcare Informatics
 - Liability under Tort Law
 - Computer Programs as Potential Expert Witnesses
 - Privacy and Confidentiality
 - Copyrights, Patents, and Intellectual Property:
- Health Insurance Portability and Accountability Act (HIPAA)

Ethical Issues in Health Informatics:

- Confidentiality of electronic patient information
- Proper selection/use of informatics tools in clinical settings
- Determination of who uses these tools
- The role of system evaluation
- The obligations of system developers, maintainers, vendors
- The use of computers to track clinical outcomes to guide future practice.
- Considering ethical issues in health informatics - explore a significant intersection among several professions:
 1. Healthcare delivery and administration
 2. Applied computing
 3. Ethics



Introduction

- Electronic Medical Records (EMR) and e-health applications is becoming widely **accepted**
- Motivated by the great **benefits** to patient care, and health care in general
- However having medical records on-line, is increasing the **risk** of exposing private and sensitive information to unauthorized



Ethics historical

- Patient information should be used only in the **context** of providing health and medical care,
- Medical **Oath** of more than 2,000 years ago, and reinforced by acts and codes including the Code of Ethics of the American Medical Association and the federal Privacy Act of 1973.
- Eventually, **security** and **privacy** of information in health care is a people problem. Privacy generally applied to people while confidentiality is best applied to information.

Ethical Issues in Health

Informatics:

- Human values should govern research and practice in health professions.
- Health informatics, like other health professional, encompasses issues of appropriate and inappropriate behavior, of honorable and disreputable actions. practitioners share an important obligation to explore the moral underpinnings and ethical challenges related to their research and practice.
- Informatics now constitutes a source of some of the most important and interesting ethical debates in all health care professions.

Ethical Issues in Health Informatics:

- Health Informatics Ethics is encompassing ethical issues resulting from the use of technology and health informatics tools in managing healthcare information and delivering health and medical services.
- **Ethics:** is a social concept of good behavior. It is a collective concept that evolves gradually, usually over years, as a result of interaction between individuals living or working together



Legal and regulatory matters:

- Difference between law and ethics:
ethical and legal issues often overlap.
- **Ethical** considerations apply in attempts to determine what is good or meritorious and which behaviors are desirable or correct in accordance with higher principles.
- **Legal principles** are generally derived from ethical ones but deal with the practical regulation of morality or behaviors and activities .
- **laws** directly tell us how to behave under various specific circumstances and prescribe remedies or punishments for individuals who do not comply with the law.

Ethics Resources:

1) Codes of ethics

Ethics codes are formal documents that list ethical principles and duties. Such as World Health Organization (WHO) code of ethics and International Medical Informatics Association (IMIA) code of ethics.

2) Case studies

There are often available reference to similar ethical conflicts and situations in the past that may have been resolved in a certain manner. These cases can be applied as jurisprudence.

3) Ethics committees and personnel

Organizations can have committees and trained staff to discuss and resolve ethics issues. These may include ethics boards or ethics professionals that are contacted for consultation when ethical conflicts occur.

4) Informal discussions

Chats with friends or colleagues can lead to informal advice about how an ethical conflict can be resolved.

Stakeholders in Health Informatics

Ethics

- It is important to identify the stakeholders involved in the health informatics setting because ethical conflicts arise as a result of interactions between these stakeholders.

1- Patient

2- Healthcare professionals

3- Institutions and employers

4- Society

5- Regulator

6- Others



Electronic Medical Records

- Medical records contain information about patients , such as:
 - height , weight, blood pressures, and notes about diseases and incidents like flu, cuts, or broken bones.
 - fertility and abortions, emotional problems and psychiatric care, sexual behaviors, sexually transmitted diseases, HIV, substance abuse, physical abuse problems, and genetic predispositions to diseases, etc.
- Disclosure of such information can harm concerned person by causing **social** embarrassment or prejudice, by affecting insurability, or by limiting ability to get and hold a job.
- Of course, such damage can occur no matter whether medical records are in paper or electronic form.



Cont...

- Medical record serves a variety of functions for organizations not involved directly in care:
 - Insurers (government and private) to justify payment for medical services rendered, and to detect fraud.
 - Quality reviews, administrative reviews, and utilization studies to manage the business aspects of health care.
 - Used for societal purposes, such as, social service and welfare system management, law enforcement, screening and licensing and determining life insurance eligibility.
 - Medical research, public health management
 - Education and medical training



Ethics in Health Informatics

There are three concepts involved in protecting health care information:

- **Privacy** :the right and desire of a person to control the disclosure of personal health information.
- **Confidentiality** : the controlled release of personal health information to a care provider or information custodian under an agreement that limits the extent and conditions under which that information may be used or released further.
- **Security**: a collection of policies, procedures, measures, and safeguards that help maintain the integrity and availability of information systems and control access to their contents.



Examples...

- A hacker infiltrated the University of Washington Medical Center's computer system and stole at least 5000 cardiology and rehabilitation medicine patients' records
- In another incidence, a Dutch Hacker had pointed out the vulnerabilities of the system, because he had penetrated an unidentified medical centre in New York and another in Holland [19].
- The University of Michigan Medical Center patients' records were left exposed to the public on the Internet because they thought that they were on a special server protected with special password [20]. It was an innocent mistake but the patient's confidentiality was breached.
- The case of the Florida state public health worker who sent the names of 4000 HIV positive patients to two Florida newspapers was a case of abuse of access privilege and access for the purpose of profit.

The standard view of appropriate use:

- The standard view state that, when adequate decision-support tools are developed, they should be used as supplementary and subservient to human clinical judgment. e.g. clinical expert systems
- Consequences of the standard view:
 - 1-Practitioners have an obligation to use any computer-based tool responsibly, through adequate user training and by understanding of the system abilities and limitations.
 - 2- Practitioners must not abrogate their clinical judgment reflexively when using computer based decision aids.

Appropriate users and educational standards:

Who should use a healthcare related computer application?

- user of systems include physicians, nurses, student to health sciences, patients, and insurance and government evaluators
- Are members of all these group appropriate users?

The standard view of appropriate use:

- Users of most clinical systems should be health professionals who are qualified to address the question at hand on the basis of their licensure, clinical training and experience . Software systems should be used to augment or supplement , BUT to replace such individual's decision making.
- All uses of informatics tools, especially in patient care , should be preceded by adequate training and instruction, which should include review of all available forms or previous product evaluations.

Obligations and Standards for systems Developers and Maintainers

- Users depend on the developers and maintainers of a system and must trust evaluators who have validated a system for clinical use.
- Health care software applications are among the most complex tools in the technological area, which commits system developers, designers and maintainers to adhere to standards and acknowledge their moral responsibility.

Obligations and Standards for systems Developers and Maintainers

- People who develop, maintain and sell healthcare computing systems and components have obligations which include holding patient care as the leading value.
- Professional-patient relationship principal- also applies to the people who produce and attend to healthcare information systems.
- Quality standards should stimulate scientific progress and innovation while safe guarding against systems error and abuse.



e.g. evaluation criteria:

- How well have individuals been trained to use it?
- What are the anticipated long term effects on how departments interact?
- What are the long-term effects on the delivery of medical care?
- Will the system have an impact on the control in the organization?
- To what extent do effects depend on practice setting?

Ethical principles for appropriate use of decision support system:

1-A computer program should be used in clinical practice only after appropriate evaluation of its efficacy, safety and documentation that it performs its intended task at an acceptable cost in time and money.

2-Users of most clinical systems should be health professionals who are qualified to address the question at hand on the basis of their licensure, clinical training, and experience. In addition, software system should be used to augment or supplement, NOT to replace individuals decision making.

3-All uses of informatics tools, especially in patient care, should be preceded by adequate training and instructions.

Technologies Helps Protect Health Care Information

- In paper-based patient records, access control is almost entirely manual and procedural, Technological security tools are an integral part of EMR systems and offer varieties of advantages:
 - Confidentiality and privacy
 - Information and data security
 - The appropriate use of informatics tools in clinical sitting.
 - The determination of who should use such tools.
 - The role of system evaluation.
 - The obligations of system developers, maintainers, and vendors.
 - Use of computer to track clinical outcomes to guide future practice.
 - Audit trail

Importance of computer application in healthcare:

at the highest level with respect to ethics and security, it serves five key functions:

- *Availability* : ensuring that accurate and up-to-date information is available when needed at appropriate places.
- *Accountability* : ensure that health care providers are responsible for their access , and uses of information are based on a documented need and right to know
- *Perimeter Definition* : knowing and controlling the boundaries of trusted access to the information system, both physically and logically.
- *Role-Limited Access* : enabling access for personnel only to information essential to the performance of their jobs, and limiting the real or perceived temptation to access information beyond a bona fide need.
- *Comprehensibility and Control* : ensuring that record owners, data stewards, and patients can understand and have effective control over appropriate aspects of information privacy and access.

- 
- there are three general classes of technological interventions to improve system security
 - **Deterrents** depend upon the **ethical behavior** of people and provide reminders and oversight to reinforce those standards.
 - **Obstacles** directly **control** the ability of a user to get at information, with the goal of **constraining access** only to information for which they have a need or right to know.
 - **System management** precautions involve **proactively** surveying an information system to ensure that known sources of vulnerability are eliminated.
 - It has been shown that deterrents , alerts, reminders, and education of users are very effective in reinforcing already highly ethical behavior of the great majority of health care providers
 - systems, will record the identities and circumstances of all users accessing information, and that these records are reviewed regularly, ethical users will think twice about abusing their privileges.

Technologies Applicable to Information System Security Management

Intervention	Function	Example Technologies
Deterrents		
Alerts and reminders	Reinforce user ethics	Vendor-specific
Audit trails	Document access/give alerts	Custom research systems
Obstacles		
Authentication	Determine who is connecting	Accounts/passwords, kerberos, tokens (e.g., SecurID), public key systems, biometric systems
Authorization	Define who can access what information	OS file and database vendor access controls, DCE access control lists
Integrity management	Ensure information content is as intended	Cryptographic checksums
Digital signatures	Validate notes and orders	Evolving standards
Encryption	Prevent eavesdropping	PGP, kerberos, DES, public key systems, secure sockets
Firewalls and network service management	Define system perimeter and control means of access	Many vendors
Rights management tools	Control information distribution and access	IBM Cryptolopes
System Management Precautions		
Software management	Guard against viruses, Trojan horses, etc.	Tripwire and controls over loading of uncertified software
System vulnerability analysis tools	Detect unintended system vulnerabilities	SATAN, crack, National Computer Security Association



The consensus among health care CIOs is that the most important threats to patient information confidentiality are the following, in decreasing frequency of occurrence:

- From inside the patient care institution:

Accidental Disclosures : medical personnel make innocent mistakes and cause unintentional disclosures. A conversation may be overheard between care providers in the corridor or elevator.

A lab technician may notice test results for an acquaintance. Information may be left on a computer screen where it can be seen by a passerby, or email or FAX messages may be misaddressed. Insider Curiosity : medical personnel abuse their record access privileges out of curiosity or for their own purposes. Some do so out of concern for the well being of fellow employees or family members. Some want to know about celebrities being treated. Some may be concerned about the possibility of sexually transmitted diseases in a colleague they are dating.

Insider Subornation : medical personnel knowingly access information and release it to outsiders for spite, revenge, or profit. Embarrassing health information about prominent people finds its way into grocery-store tabloids or the public press with relative ease. It is said that Nicole Brown Simpson's (paper) medical records were available to the press within a week of her murder in 1994.



Conti...

The London Sunday Times reported in November 1995 that the contents of anyone's (electronic) medical record in Great Britain could be purchased on the street for £200.

- From within secondary user settings

Uncontrolled secondary usage : those who have access rights to patient information for a purpose in support of primary care may exploit that access for other purposes not envisioned in patient consent forms , broadly (data Mining) in modern parlance .

- 
- Insider abuse Accidental disclosures ---- Education, alerts, reminders
 - Insider curiosity --- Education, authentication, authorization, audit trail, rights management tools (future possibility)
 - Insider subornation --- Same as above
 - Secondary users --- Rights management tools (future possibility)
 - Outsider intrusion --- All available obstacles and system management precautions

Way to restrict inappropriate access to electronic records:

- They are generally divided into technological methods and policy approaches.

1- Technological methods: computers can provide the means for maximizing their own security by making sure that users are who they say they are, prohibiting people without professional need from access health information, and using audit trails or logs of people who do inspect confidential records so that patients and other people can review the logs.

2- Policy approaches: the National Research Council has recommended that hospitals and other healthcare organizations create security and confidentiality committees and establish education and training programs

Method to safeguard electronic data:

- 1- Establish mechanisms to anonymize the information in individual records or to decouple the data contained in the records from any unique patients identifiers.
 - This task is not always straightforward: a specific job description, or rare disease diagnosis coupled with demographic data may act as a surrogate unique identifier. Such challenges point to a second means.
- 2- Use of institutional panel such as medical record committees or institutional review boards. Submission of research to appropriate institutional scrutiny is one way to best use of more or less anonymous electronic patient records.

Legal issues in Healthcare Informatics

- Major legal issues related to the use of software applications in clinical practice and in biomedical research include:
 - Liability under tort law
 - Potential use of computer applications as expert witnesses in the court room.
 - Legislation governing privacy and confidentiality.
 - Copyrights, patents, and intellectual property issues.

- 
- In the United States, Federal Register, Health Insurance Portability and Accountability Act of 1996 (HIPAA) and National Committee on Vital and Health Statistics have strongly emphasized the importance of health privacy [21,22].
 - The National Research Council has discussed in detail the limitations of Federal and State protection, technical approaches and organizational approaches for protection of privacy in medical records [23].
 - In Australia, Parliament passed the Health Record and Information Privacy Act (HRIPA) in 2002

Privacy and Confidentiality:

- In the united states, a key federal initiative, the Health Insurance Portability and Accountability Act (HIPAA) of 1996, called for the legislative or executive branch of government to establish the first-ever nationwide protection of electronic patient records .

Copyrights, Patents, and Intellectual Property:

- Another underdeveloped area of law, with respect to clinical information systems, is Intellectual Property protection afforded to developers of software programs, biomedical knowledge base, and World Wide Web pages. Copyright law protects intellectual property from being copied verbatim, and Patents protect specific methods of implementing or instantiating ideas.

Health Insurance Portability and Accountability Act (HIPAA):

- In 1996, the Health Insurance Portability and Accountability Act (HIPAA) was endorsed by the U.S. Congress.
- HIPAA is composed of several sets of standards like transactions and code sets, privacy and security.
- The main purpose of the standards are to modify the administration of health insurance claims and lower costs, to give patients more easily access to their health care information.



HIPAA (cont.)

- HIPAA calls for:
 - Standardization of electronic patient health, administrative and financial data.
 - Unique health identifiers for individuals, employers, health plans and health care providers.
 - Security standards protecting the confidentiality and integrity of "individually identifiable health information," past, present or future.



HIPAA (cont.)

- HIPAA's administrative simplification provision is composed of four parts, each of which have generated a variety of rules and standards.
- The four parts of administrative simplification are:
 - Electronic health transaction standards.
 - Unique identifiers.
 - Security and electronic signature standards.
 - Privacy and confidentiality standards.



HIPAA (cont.)

- The HIPAA Privacy Rule, also called the Standards for Privacy of Individually Identifiable Health Information, provided the first nationally-recognizable regulations for the use/disclosure of an individual health information. Essentially, the Privacy Rule defines how covered entities use individually-identifiable health information or the PHI (Personal Health Information). Covered entities is a term often used in HIPAA-compliant guidelines.
- A covered entity can be a:
 - Health plan.
 - Healthcare clearinghouse.
 - Healthcare provider.



HIPAA (cont.)

Overview of the Privacy Rule :

- Gives patients control over the use of their health information.
- Defines boundaries for the use/disclosure of health records by covered entities.
- Establishes national-level standards that healthcare providers must comply with.
- Helps to limit the use of PHI and minimizes chances of its inappropriate disclosure.
- Strictly investigates compliance-related issues and holds violators accountable with civil or criminal penalties for violating the privacy of an individual PHI.
- Supports the cause of disclosing PHI without individual consent for individual healthcare needs, public benefit and national interests.

References:

- Shortliffe, Perreault, Wiederhold, Fagan & Fagan (eds). Medical Informatics: Computer applications in healthcare and biomedicine. 2nd edition. Springer. 2003.
- The IMIA Code of Ethics for Health Information Professionals.
- Samuel H, Zaïane O, Sobsey D. Towards a Definition of Health Informatics Ethics. 1st ACM International Health Informatics Symposium, IHI '10, November 11–12, 2010, Arlington, Virginia, USA.
- Val Verde Regional Medical Center. Health Insurance Portability and Accountability Act (HIPAA). [Online]. 2010 [cited 2010 Nov 28]; Available from: URL: <http://www.vvrmc.org/hipaa.html>
- Health Insurance Portability And Accountability Act. Hippa – Health Insurance Portability And Accountability Act. [Online]. 2010 July 27 [cited 2010 Nov 28]; Available from: URL: <http://www.hipaagives.org/articles/hippa-health-insurance-portability-and-accountability-act/>
- What is HIPPA?. [Online]. 2009 [cited 2010 Nov 28]; Available from: URL: <http://whatishipaa.org/>



Thank you

Any questions?