

# Chapter 19 : ALCOHOL

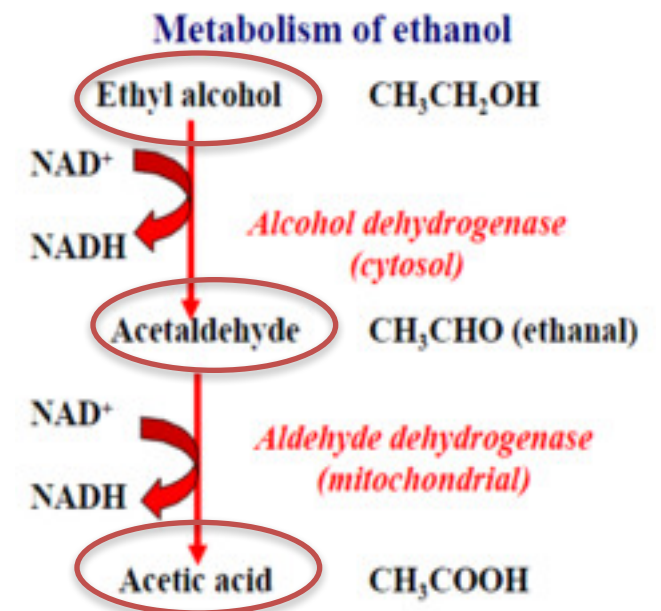
# ALCOHOL

## General facts about alcohol (ethanol):

- **?** **Blood alcohol concentration (BAC)** can be measured by **Winnek's formula:**

**BAC** = (150/body weight in pounds) (% ethanol/50) (ounces consumed) (0.025).

- Eg: If a 200-pound (90.7 kg) man drank five 12-ounce (354.9 mL) cans of beer, that contain 4% his BAC will be:  $BAC = (150/200) (4/50) (60) (0.025) = 0.090\%$  (90 mg%).
- **Ethanol absorption:**
  - Alcohol is absorbed from the stomach and small intestine by diffusion, with most of the absorption occurring in the small intestine.
  - The rate of absorption **increase** by: **High alcohol concentration.**
  - The rate of absorption **decrease** by: **Food, High fluid volume, low alcohol concentration.**
- **Elimination of alcohol:**
  - **Acetaldehyde** is responsible for most of the clinical side effects of alcohol.
  - The measured alcohol concentration depends on both **weight and sex** because these two factors determine the total volume of body water. Eg: someone who is obese or has a greater proportion of body fat will have a lower BAC than a thin person. Women have more fat tissue than men of the same weight and, therefore, a smaller volume of body water. As a result, BAC will be slightly higher in women than in men after consuming an equal amount of alcohol.
  - **High total body water = Low alcohol concentration.**
- **Ethanol measurement:**
  - **Breath testing** is used by most enforcement agencies in most countries with respect to road traffic (driving) offences.
  - ethanol contained in the sample is oxidized with an electrochemical sensor. If done correctly, the value measured is directly proportional to the concentration of the ethanol present in the body.
  - 'Breathalyser' type devices have repeatedly been proven accurate and reliable, and they do not react with acetone, which might be present in a poorly controlled diabetic.



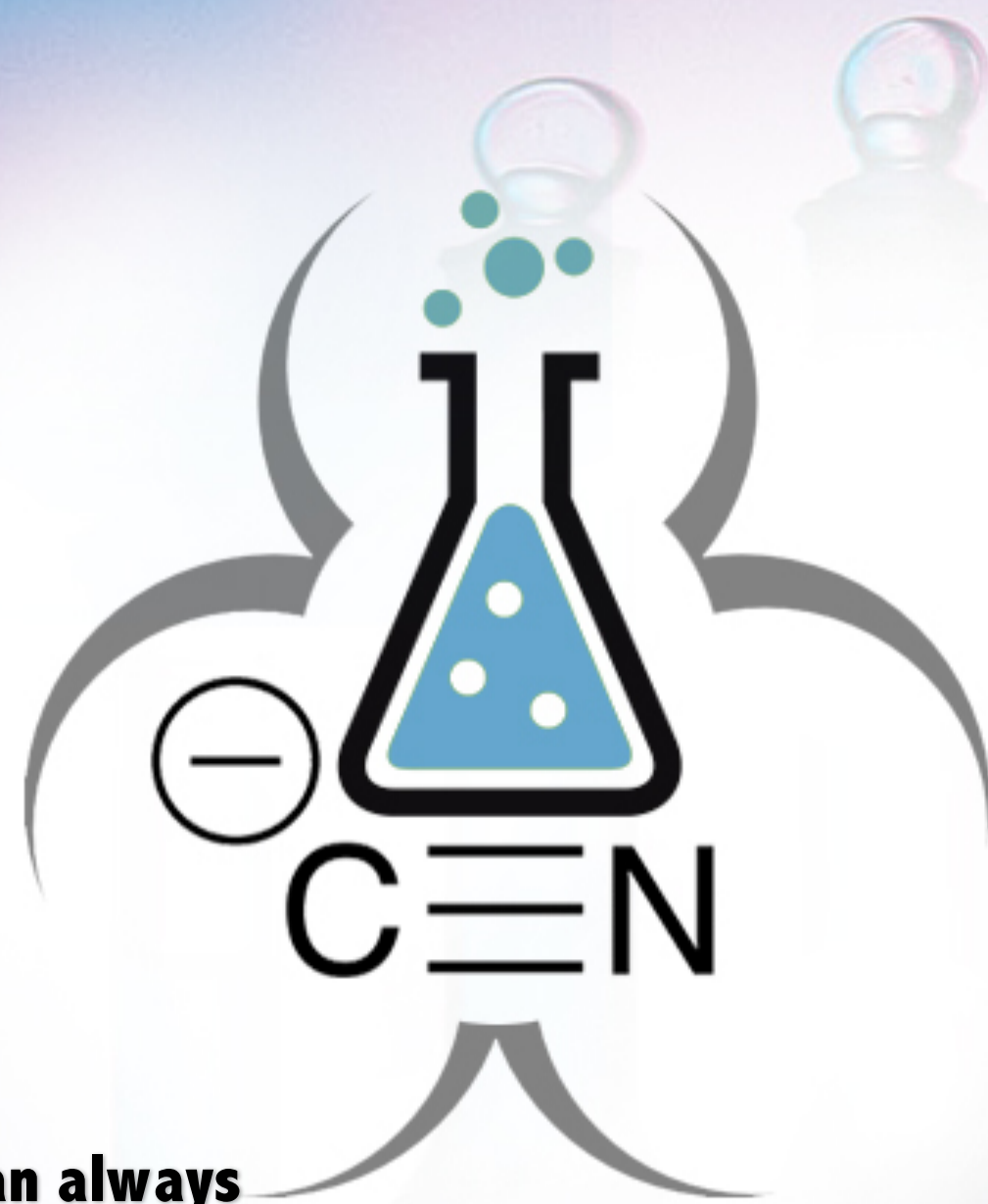
# Clinical effects of alcohol:

- **Ethanol** is a potent central nervous system depressant.
- Initial feelings of **relaxation and cheerfulness** give way to **blurred vision, loss of coordination and behavioral issues**.
- After excessive drinking, **unconsciousness** → **alcohol poisoning and death**.
- In case of severe intoxication, **vomit aspiration may lead to asphyxiation & death**.
- Chronic alcoholics are able to tolerate higher BAC than non-alcoholics.

## ❖ Post-mortem considerations :

- After death, **bacterial enzymes** (predominantly alcohol dehydrogenase and acetaldehyde dehydrogenase) act upon carbohydrates within the cadaver. Glycogen or lactate is converted to pyruvate and then ethanol.
- Postmortem ethanol production will be greater in some tissues than in others depending on the amount **of glycogen or substrate available**. (*e.g. postmortem ethanol production will be greater in liver compared to vitreous humour*).
- **Factors increase postmortem ethanol production: High terminal hyperthermia, bowel trauma, severe body disruption (trauma), high glycogen/substrate amount.**
- We compare the **ethanol content of urine (UAC)** and/or **vitreous humour** with the **amount measured in blood (BAC)** to know whether alcohol detected was formed before or after death.
- **UAC:BAC ratio:**
  - **is less than 1:2**, this is generally considered confirmation that ethanol concentrations were **rising at time of death**.
  - **A ratio of greater than 1:3** suggests that the **decedent was in the post-absorptive stage**.
  - **Ratios much greater than 1:3** indicate **heavy consumption over a long period of time**.





**If you have any questions You can always  
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