

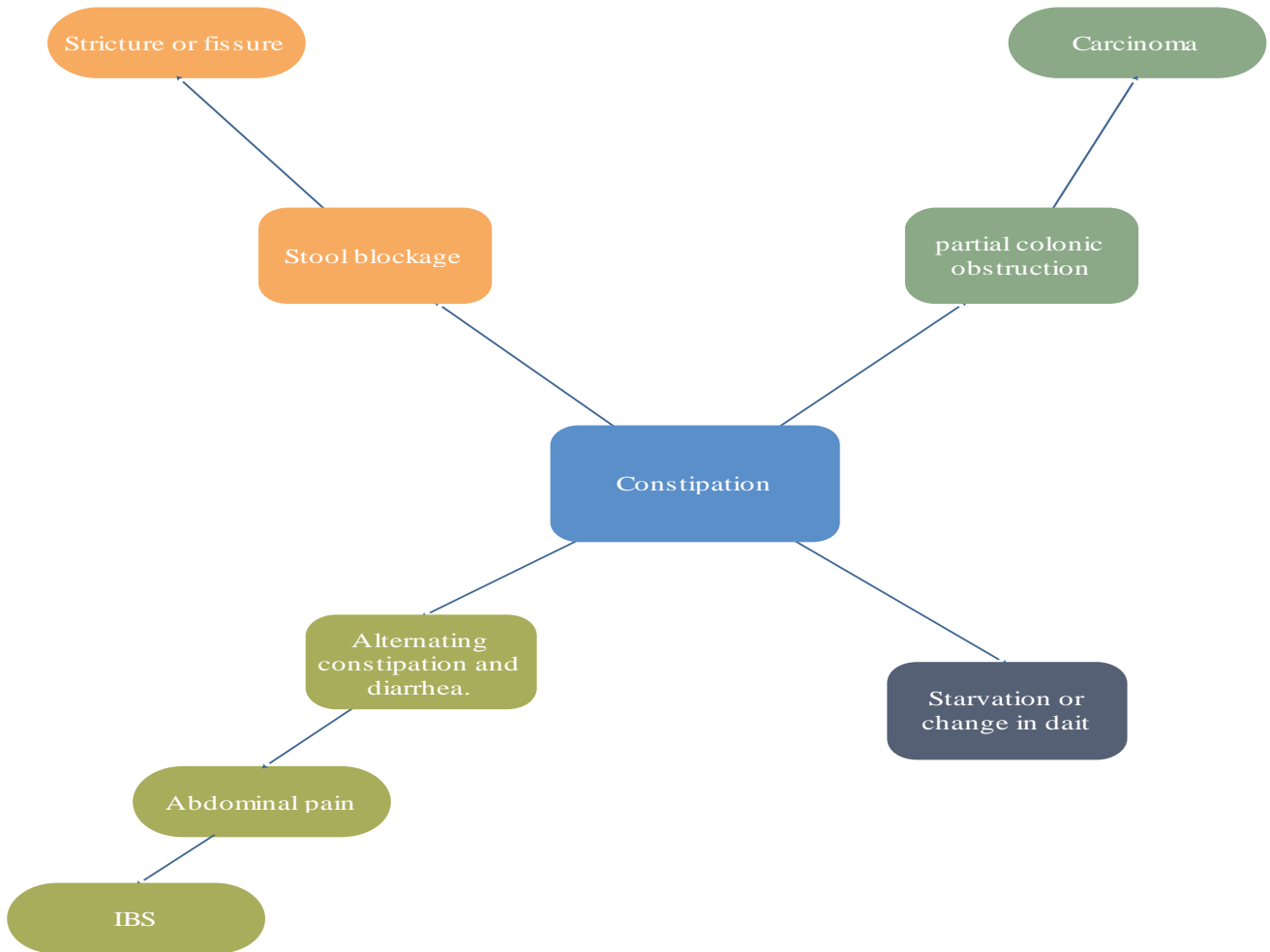


History & Physical Examination of Gastrointestinal system

Constipation: Constipation is a common symptom and can refer to the infrequent passage of stools (fewer than three times per week), hard stools or stools that are difficult to evacuate.

Chief Complain : Constipation	
Question	Indications
How often do you have a bowel movement?	
Are your stools hard or difficult to pass?	
What do the stools look like?	(stool form, e.g. <u>Small pellets</u>)
Do you feel there may be a blockage at the anus area when you try to pass stool?	May occur with disorders of the <u>Pelvic floor muscles</u> or <u>Nerves</u> , or <u>Anorectal disease</u> (e.g. Fissure or Stricture).
Has your bowel habit changed recently?	(Partial colonic obstruction)
Any abdominal pain? Is pain made better by a bowel movement?	IBS
Do you ever have diarrhoea? Alternating with constipation?	IBS
Any recent weight loss?	Malignancy
Past Medical History	
Endocrine diseases (e.g. hypothyroidism, hypercalcaemia, diabetes mellitus,	

phaeochromocytoma,hypokalaemia).	
Past surgical history	
Medication	
E.g. codeine, antidepressants, or calcium antacids.	
Family History	
Social History	
Systemic Review	





Done By:

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