



History & Physical Examination of Gastrointestinal system

Inflammatory bowel disease:

IBS Case	
Question	Indications
Rectal bleeding	
Please refer to the GI bleeding OSCE teamwork	
Diarrhea	
Onset	Sudden onset (gastroenteritis, IBD)
Blood	Fresh blood (anal fissures, hemorrhoids) Melena (UGI bleeding, malignancy)
Mucous	IBS, IBD
Urgency	IBS, IBD, Gastroenteritis
Abdominal pain	
SOCRATES	Pain in the right iliac fossa s mainly Crohns
Weight loss / Anorexia	
How much weight is lost and over how long?	Malignancy
Appetite?	
Why did you lose your appetite?	Eating becomes associated with fear of abdominal pain before the end of the meal in ulcerative colitis.
Fatigue/SOB?	Suggests anemia
<i>Associated symptoms</i>	
<i>Tenesmus</i>	Difficulty and pain when assessing stool
<i>Severe lower abdominal pain</i>	
<i>Dehydration</i>	

<i>Abdominal distention</i>	Toxic megacolon
Bone fractures	
Skin disorders (rashes...)	Patients with ulcerative colitis have a higher risk for skin disorders and may experience an ulcerative rash called pyoderma gangrenosum that tends to heal in the center but continue to spread. Patients may also have mouth sores.
Eye inflammation (uveitis)	
Risk Factors:	
Smoking	
Past Medical History:	
Appendectomy	Linked to a reduced risk for developing ulcerative colitis, but an increased risk for Crohn's disease.
Family History:	
IBD?	
Colorectal caners	Risk factor for IBD
Social History:	
Race	More common in white
Religion	More common in Ashkenazi Jews
Type of food?	Western lifestyle
Where the pt lives?	More common in industrialized areas
Systemic Review	



Done By:

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