



History & Physical Examination of Gastrointestinal system

Jaundice:

Chief Complain : Yellow discoloration	
Question	Indications
How did the skin discoloration start?	Sudden → Choledocholithiasis Gradual → Cancer in the head of the pancreas.
Is your urine dark?	Dark → hepatitis, alcoholic liver, hepatotoxicity, biliary obstruction.
Is your stool pale?	biliary obstruction
Do you have itching?	biliary obstruction
Do you have pain?	Choledocholithiasis
Does the pain radiate	Right shoulder →Choledocholithiasis
Characteristic of the pain	Biliary → Choledocholithiasis. Dull → Cancer in the head of the pancreas.
Does anything increase the pain?	Fatty Food → Choledocholithiasis.
Do you have fever?	(Hepatitis, cholecystitis.)
Have you had a change in your appetite or Weight?	(malignancy)
Risk Factors	
Past Medical History:	
Do you have sickle cell- thalassemia?	Hemolysis.

*Did you have a recent blood transfusion?	Hemolysis.
Have you had similar symptoms (pain)?	Choledocholithiasis.
Medication History:	
Have you started any new medications recently?	TB medication → hepatotoxicity
Do you take herbal medication?	Hepatotoxicity
Have you been immunized against hepatitis B?	
Have you had any surgeries?	
Family History:	
*Does anybody in the family have similar symptoms?	Hepatitis
Social History:	
Do you drink alcohol /how much?	Alcoholic liver
Have you ever used IV drugs?	Hepatitis
Have you ever had high-risk sexual behavior?	Hepatitis
Have you traveled recently?(to areas where hepatitis A is endemic)	(Hepatitis)
Have you had any recent contact with patients with jaundice or liver problems?	
what is your occupation (contact with hepatotoxins) ?	
Systemic Review (Review of symptoms related to the system of interest)	

1-Abdominal pain 2-Heartburn 3-Abdominal distension 4-Gas and bloating 5-Abdominal mass 6-Dysphagea 7-Odynophagea	8-Disturbed defecation 9-Stool : diarrhea/ constipation / blood /mucus 10-Vomiting 11-GI bleeding: melena /rectal bleeding. 12-Pruritis
Investigations	
CBC	
Liver function test	
Coagulation profile	
CT	Cancer in the pancreas
US	Choledocholithiasis



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