Tutorial: NCDs

***Question 1:***

**Compare communicable diseases to non-communicable diseases, in terms of age groups, natural history of disease, socioeconomic determinants and prevention measures.**

***Question 2:***

**With regards to Obesity, what are the different risk factors you can think of (modifiable, non-modifiable, cultural, political and environmental)?**

**Question 3:**

**You are working in the Ministry of Health and would like to plan and prevention and control program to address the rising epidemic of obesity in KSA. With regards to the framework of NCD prevention, how would you like to proceed?**

**Primary prevention measures:**

**Secondary prevention measures:**

**Tertiary prevention measures:**

**Question 4:**

**Discuss the strategies/programs/ modes of obesity prevention that are currently available in the region. What others methods of prevention do you suggest?**

***Question 5:***

**A patient came to your clinic complaining of painless breast lump. After examination and investigations she was diagnosed to have breast cancer. What are the different risk factors for cancer in general and in this specific case (modifiable, non-modifiable, cultural, political and environmental)?**

**Question 6:**

**You are working in the Ministry of Health and would like to plan and prevention and control program to address the rising prevalence of Cancers in KSA. With regards to the framework of NCD prevention, how would you like to proceed?**

**Question 7:**

**Discuss the strategies/programs in place for tobacco cessation that are currently available in the region. What others methods of prevention do you suggest?**