

Adverse reactions of blood transfusion

immune- mediated reactions

Case 1 (Acute hemolytic transfusion reactions):

-when recipient has preformed antibodies that lyse donor erythrocytes.

-**symptoms:** hypotension, tachypnea, tachycardia, fever, chills, hemoglobinemia, hemoglobinuria, chest and/or flank pain, and discomfort at the infusion site.

-**Management:**

step 1: Transfusion must be stopped immediately, intravenous access maintained, and the reaction reported to the blood bank.

step 2: The laboratory evaluation for hemolysis :

1-measurement of serum haptoglobin.

2-lactate dehydrogenase (LDH).

3-indirect bilirubin levels.

Step 3:

-immune complexes from RBC lysis → Cause renal dysfunction and failure → diuresis with I.V fluid and furosemide or mannitol.

-Tissue factor released from the lysed erythrocytes → initiate DIC → Coagulation studies should be monitored (PT - aPTT - fibrinogen - platelet count).

Case 2 (Febrile nonhemolytic transfusion reaction) "FNHTR":

-The most frequent reaction.

-associated with the transfusion of cellular blood components (leucocytes).

symptoms:

1-chills. 2-rigors. 3-a $\geq 1^\circ\text{C}$ rise in temperature.

Case 3 (Allergic reactions):

-Donors plasma proteins → Urticarial reactions (Mild reaction).

-**Management:**

1-treated symptomatically by temporarily stopping the transfusion.

2-administering antihistamines (diphenhydramine).

Case 4 (Anaphylactic reaction):

-After transfusion of a few milliliters of the blood component → "sever reaction".

-**Symptoms and signs:**

bronchospasm, SOB, coughing, nausea and vomiting, hypotension, loss of consciousness, respiratory arrest, and shock.

-**Management:**

1-Stopping the transfusion

2-maintaining vascular access,

3-administering epinephrine

4-if severe: Glucocorticoids.

Case 5 (Graft-versus-host-disease) "GVHD":

-An allogeneic stem cell transplantation in which donor T lymphocytes attack host HLA antigens as a foreign and mount an immune response that cannot be eliminated by an immunodeficient host.

-**symptoms:** fever, a characteristic cutaneous eruption, diarrhea, and liver function abnormalities.

Case 6 (Transfusion-related acute lung injury):

-Acute respiratory distress → either during or within 6 h of transfusion.

-Characterized by respiratory compromise and signs of noncardiogenic pulmonary edema, including bilateral interstitial infiltrates on chest x-ray.

-**management:** Supportive, and patients usually recover without sequelae.

NONIMMUNOLOGIC REACTIONS	<p>Case 1 (Fluid overload): -transfusion may quickly lead to volume overload → Because they are excellent volume expanders. -Management: 1-Monitoring the rate and volume of the transfusion. 2-Diuretics.</p>	
	<p>Case 2 (Hypothermia): -rapidly infused Refrigerated (4°C) or frozen (-18°C or below) blood components→ result in hypothermia which could cause cardiac dysrhythmias by the exposure of the sinoatrial node to cold fluid -Management: Use of an in-line warmer</p>	
	<p>case 3 (Electrolyte toxicity) 1- long time stored RBC →↑k+ concentration in unit 2a- citrate in unit → used for anticoagulation of blood component → chelates ca++ → thereby inhibits coagulation cascade. 2b- multiple rapid transfusions result in Hypocalcemia, manifested by circumoral numbness and/or tingling sensation of the fingers and toes 2c- citrate is quickly metabolize to bicarbonate→ because of that ca++ infusion is rarely required in this setting</p>	
	<p>case 4 (Iron overload) “ normal total-body iron load of 20 g” -after 100 units of RBCs have been transfused→ Symptoms and signs of iron overload affecting endocrine, hepatic, and cardiac function are common -Each unit of RBCs contains 200–250 mg of iron -Management: 1-using alternative therapies (e.g., erythropoietin) 2-judicious (good judgment) transfusion is preferable and cost effective. 3- chelating agent (binding agent with iron to lower its toxicity) such as deferoxamine and deferasirox but their response is often suboptimal.</p>	
INFECTIOUS COMPLICATIONS	Viral infections	Other infectious agents
	1.Hepatitis C virus 2.Human immunodeficiency virus type 1 3.Hepatitis B virus 4.Cytomegalovirus 5.Parvovirus B-19 6.Bacterial contamination	<ul style="list-style-type: none"> • Various parasites, including those causing malaria, babesiosis, and Chagas disease, can be transmitted by blood transfusion. • Dengue, chikungunya virus, variant Creutzfeldt-Jakob disease, and yellow fever ◆ Geographic migration and travel of donors shift the incidence of these rare infections.

Done by:
 Lama Alwallan.
 Najd AlOmran.