

Radiologic investigation of Chest and CVS diseases

By

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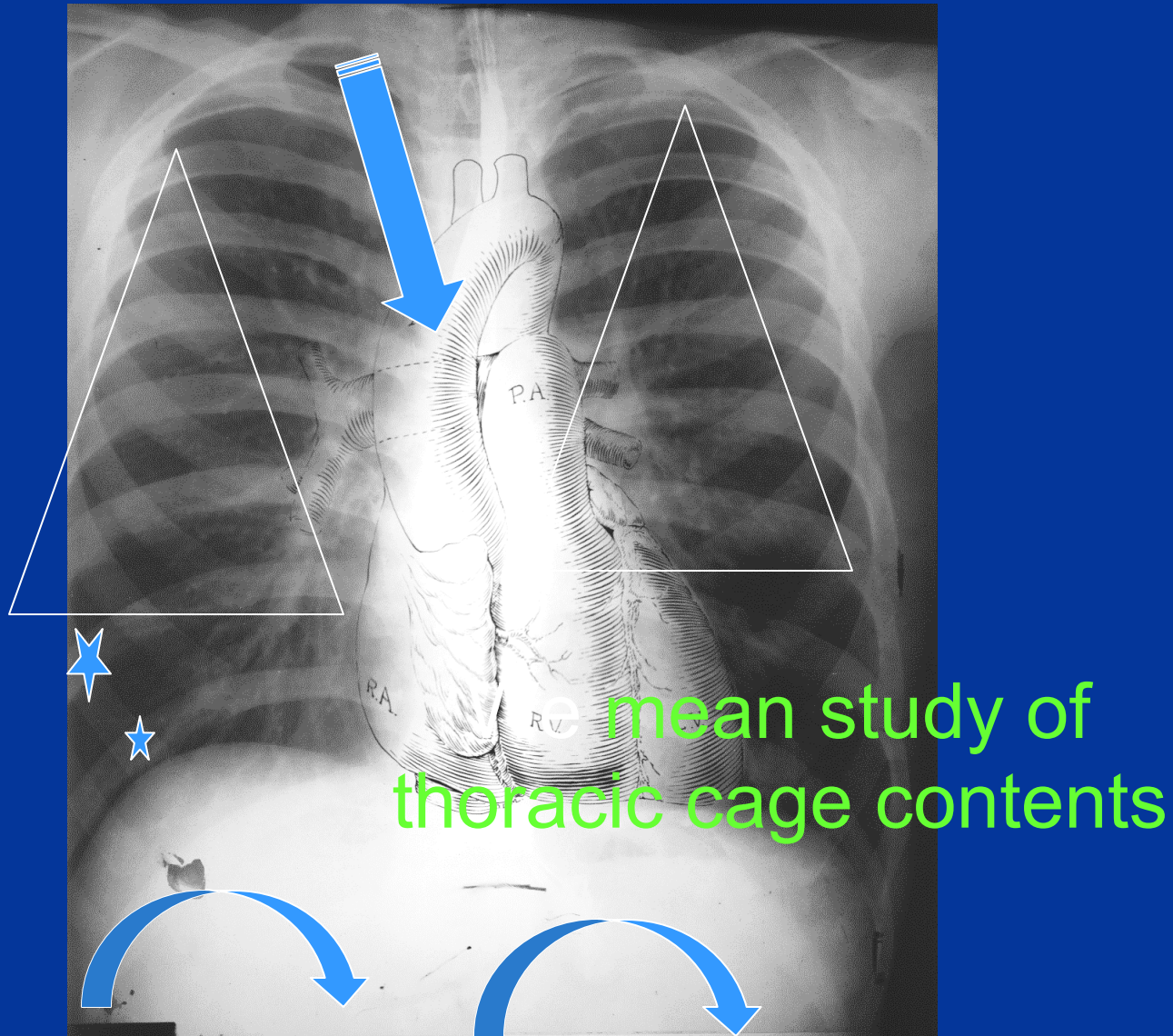
ASSOCIATE PROF. and Consultant Radiologist

KKUH

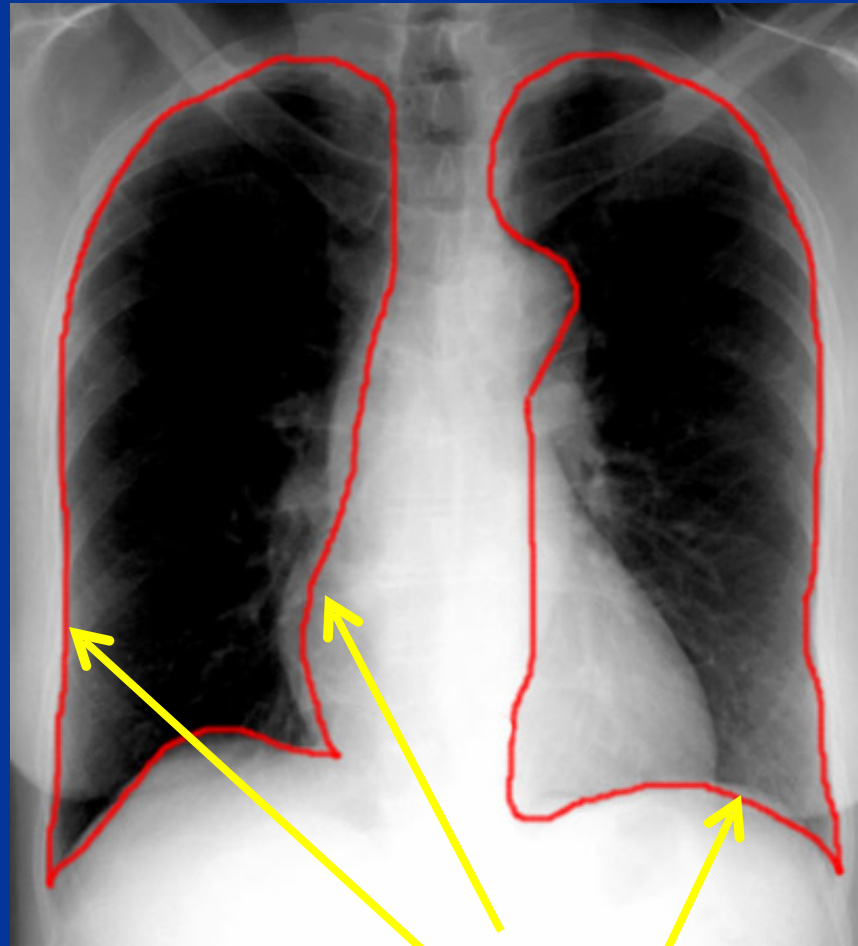
KING SAUD UNIVERSITY

LAST UPDATE
October 2016 5 LECTURES
SERIES

What do we mean by chest



LUNGS



Pleural lining

BASIC CHEST EXAMS

- PLAIN FILM=CHEST X-RAY(CXR)
- CT FOR CHEST AND MEDIASTINUM
- CT FOR LUNG PARENCHYMA *HRCT*
- MRI
- ANGIOGRAMS

BASIC CHEST EXAM FOR THE HEART

- PLAIN FILM=CHEST X-RAY(CXR)
- CT FOR HEART AND MEDIASTINUM
- ANGIOGRAMS
- MRI
- ULTRASOUND (ECHOCARDIOGRAPHY)
- ISOTOPIC SCANNING

Imaging Modalities for chest and CVS examinations

1-Plain films

2-COMPUTED TOMOGRAPHY

CT LUNGS AND MEDIASTINUM

CT- angiography (CTA)

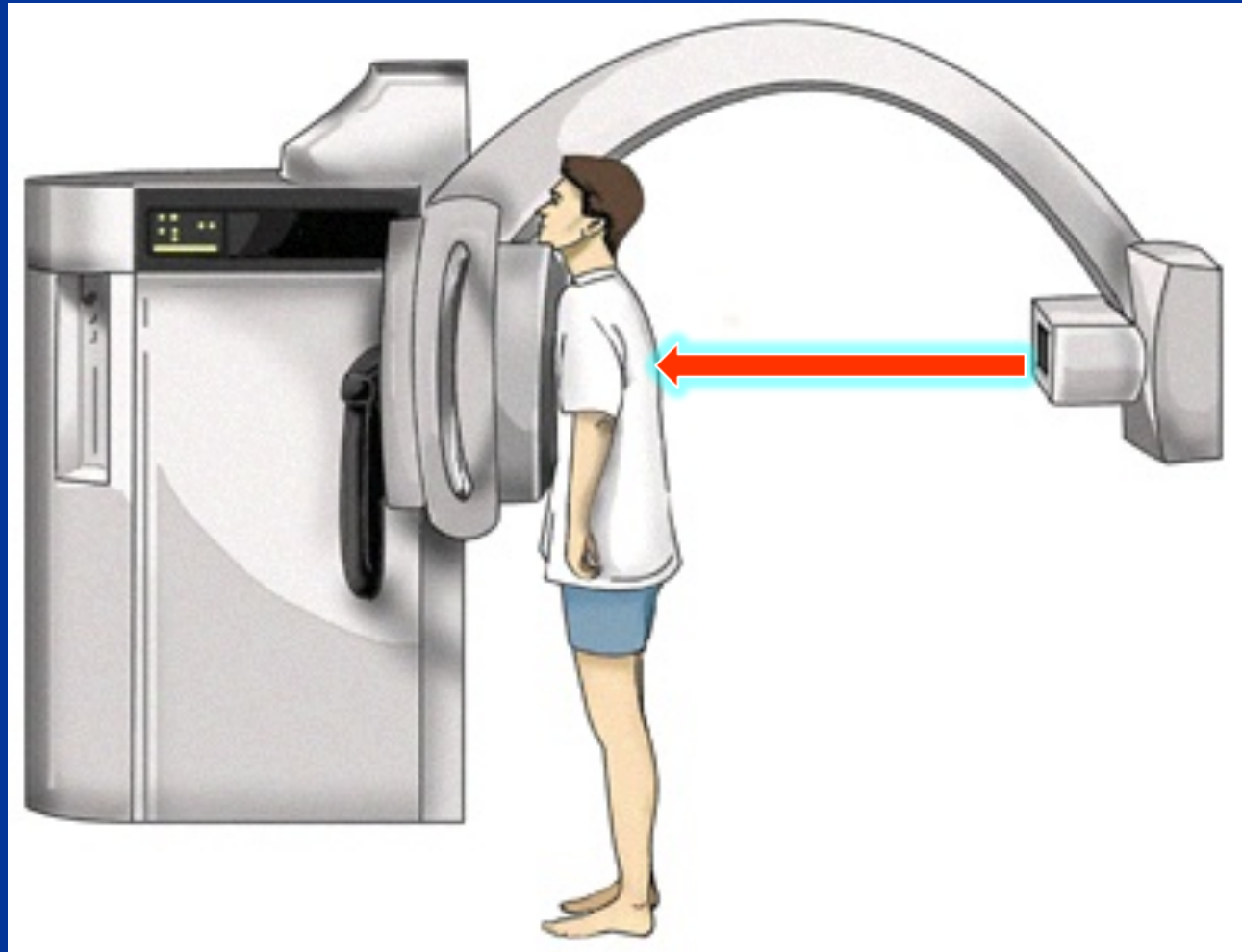
**High resolution CT of the chest
(HRCT)**

3-Angiography

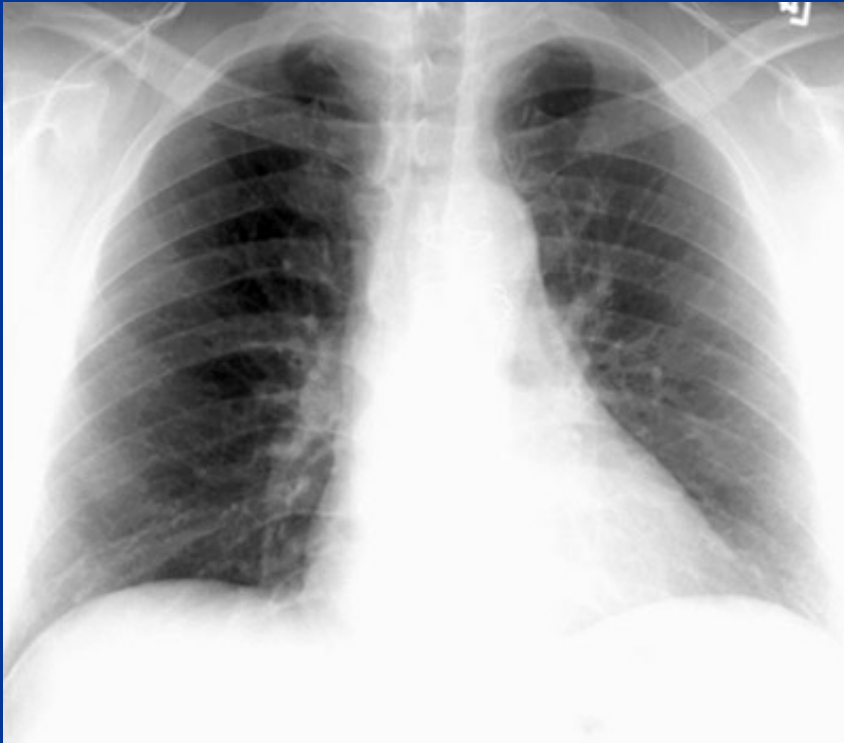
4-M



Basic Chest X-Ray



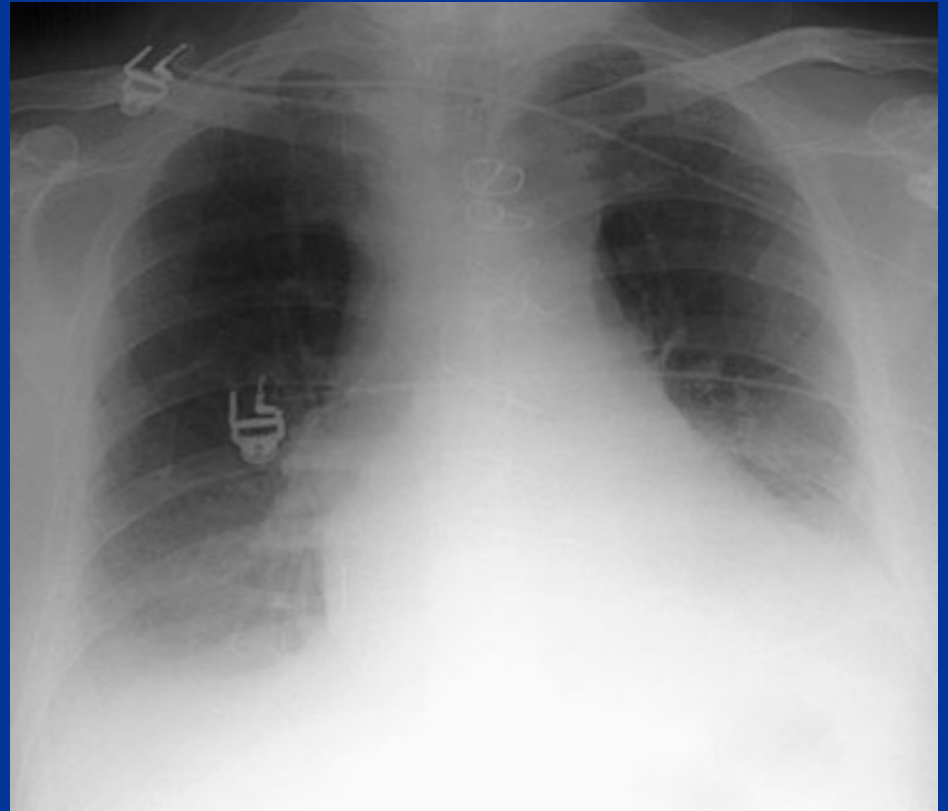
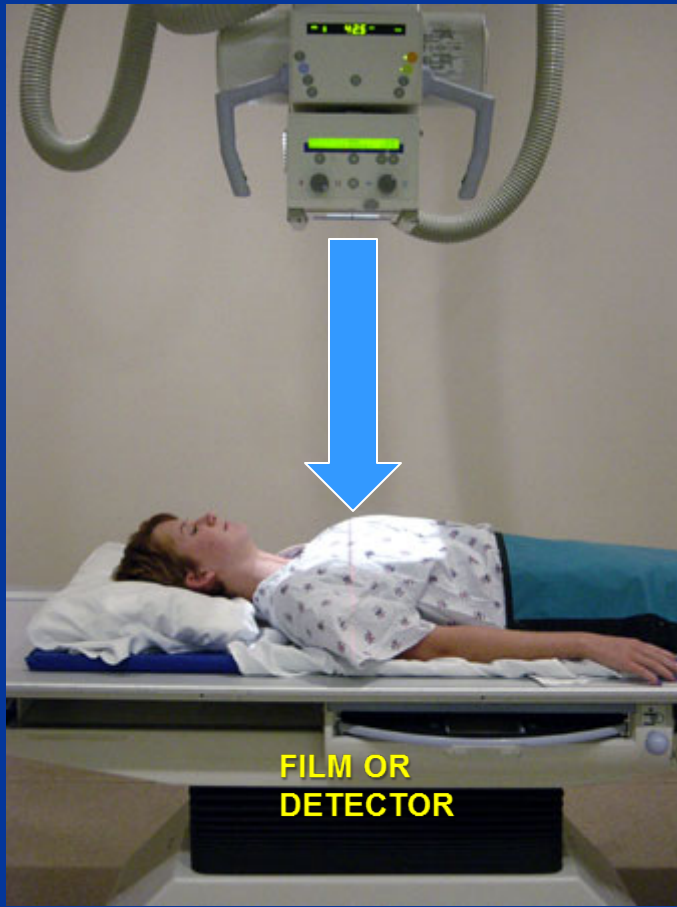
PA VIEW



LATERAL VIEW



AP VIEW



OPTIMAL EXAMINATION

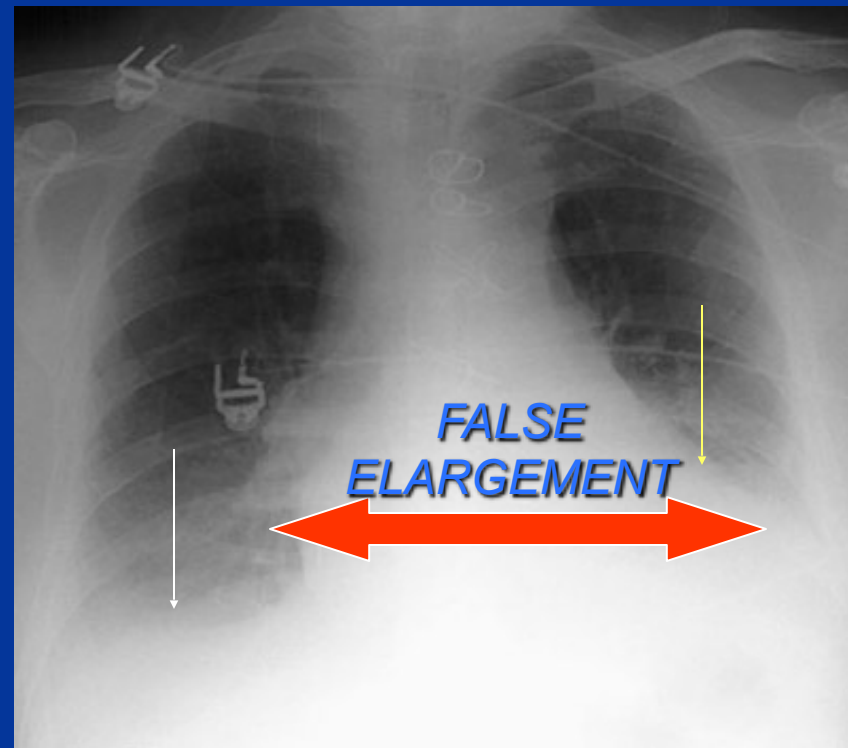
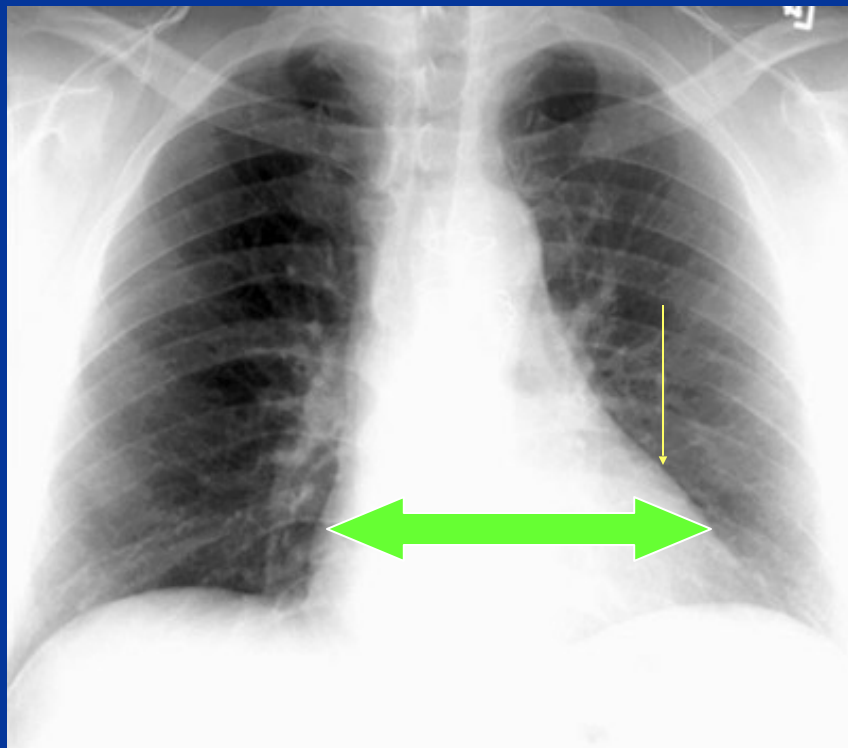
Patient data



PA

vs.

AP

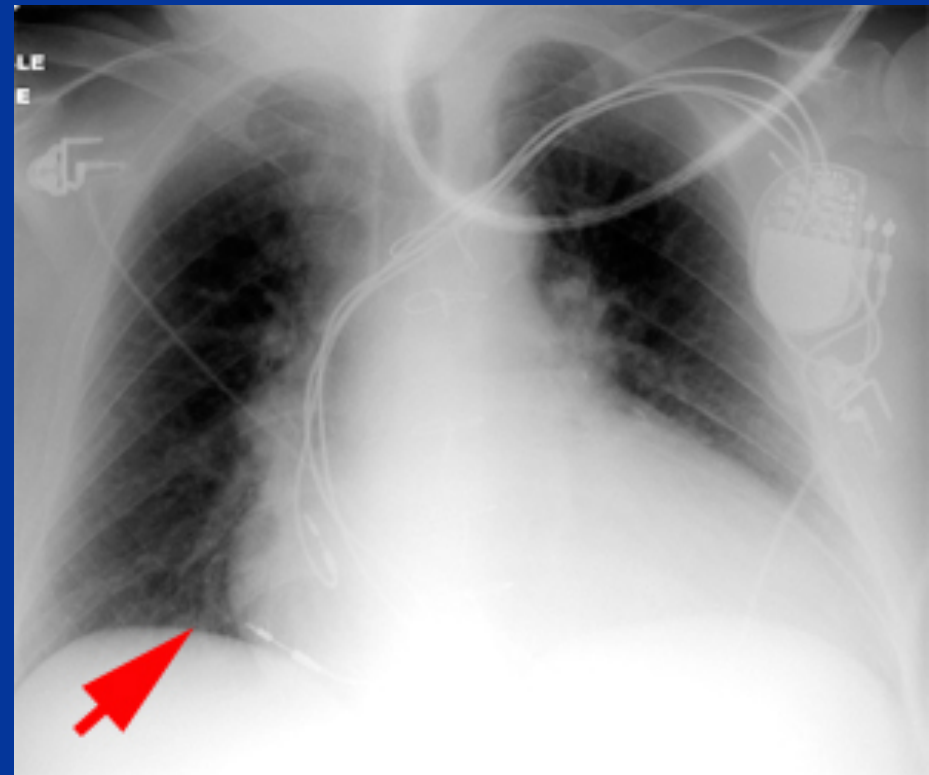
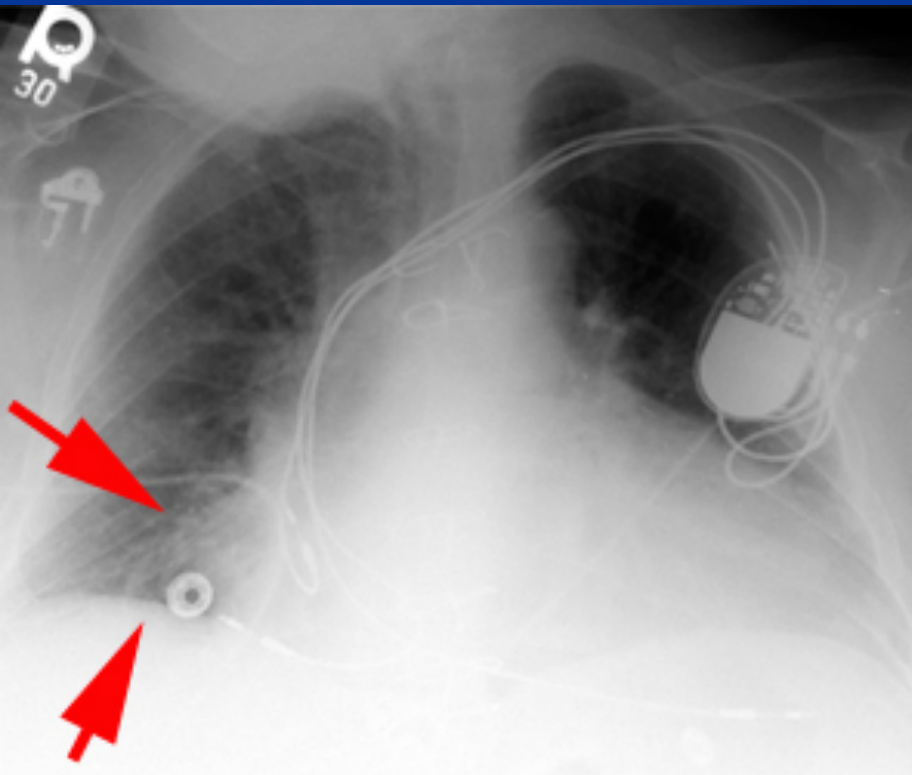


Technical Factors

- Depth of inspiration
- Visualization of pathology depends on contrast provided by air in the lungs
- Count ribs!
- PATIENT NOT ROTATED

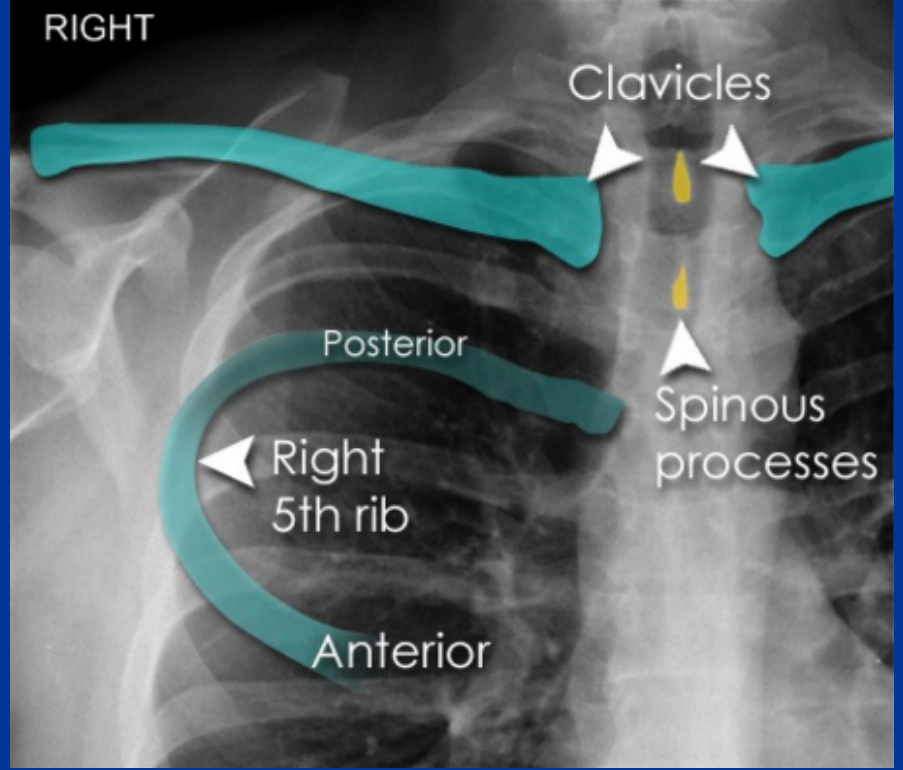
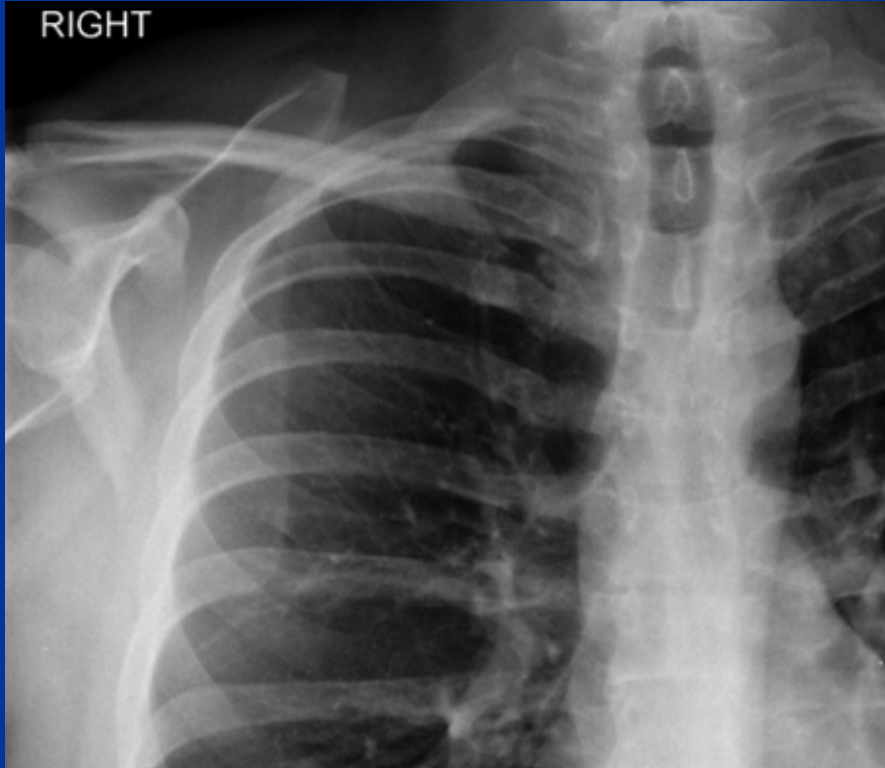


Hypo-inspiratory vs inspiratory

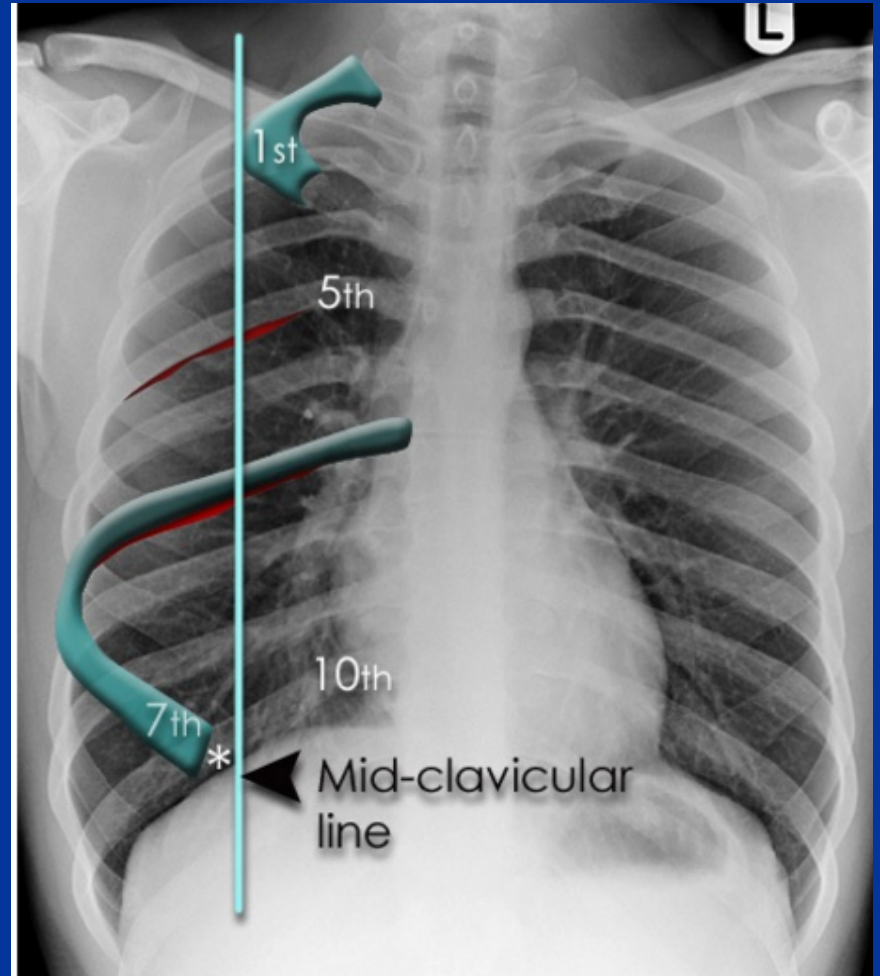
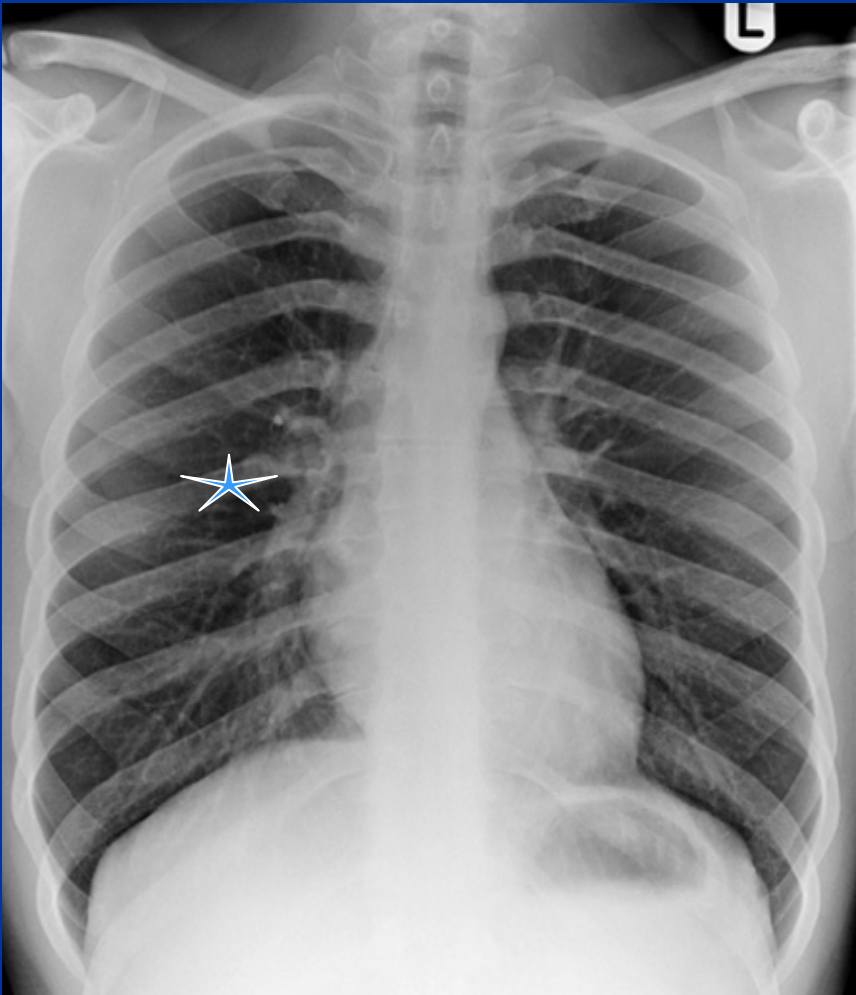


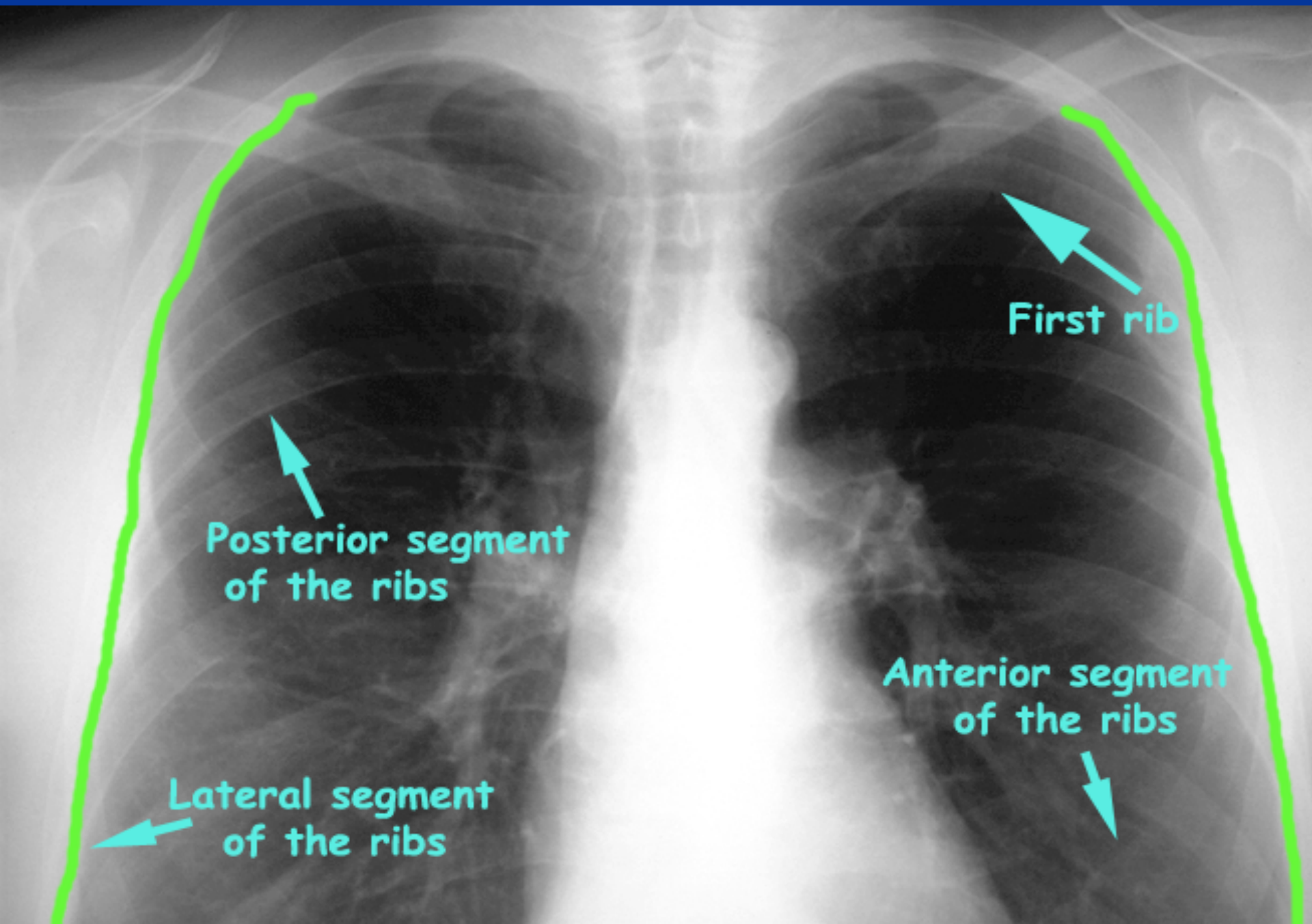
Inspiration

- This greatly helps the radiologist to determine if there are **intrapulmonary abnormalities**.
- The diaphragm should be found at about the level of the **8th - 10th** posterior rib or **5th - 6th** anterior rib on good inspiration.



RIBS





First rib

Posterior segment
of the ribs

Anterior segment
of the ribs

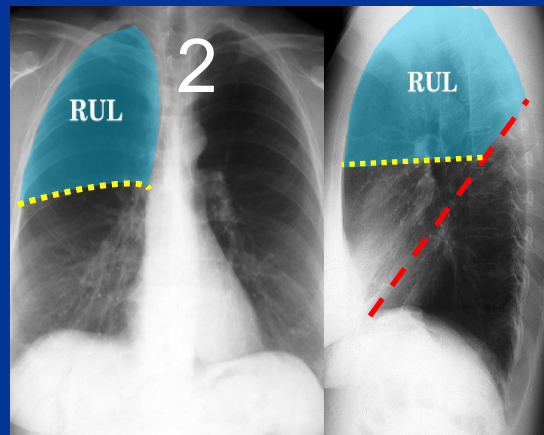
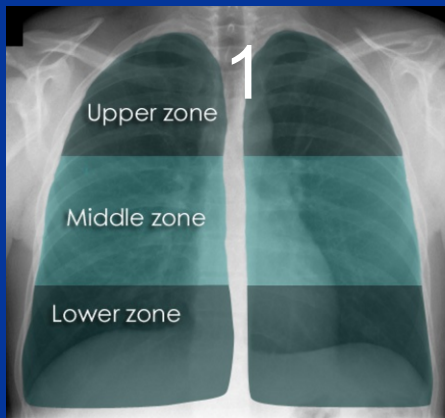
Lateral segment
of the ribs

FOR DIAGNOSTIC REASONS

DIVIDING LUNG FIELDS

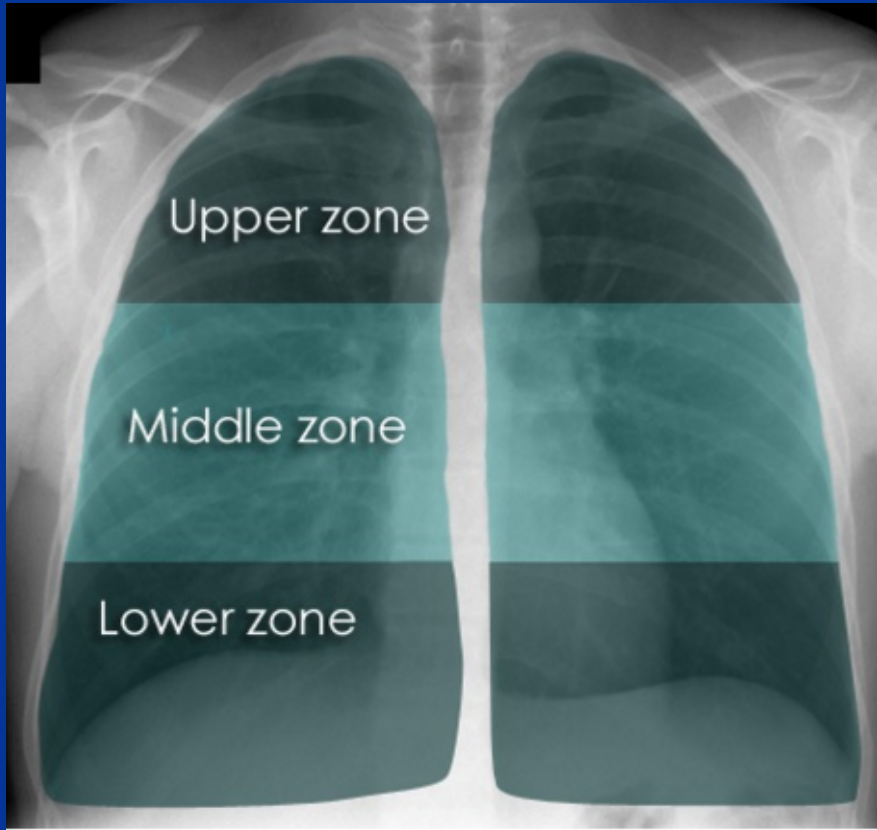
1-BY ZONES

2-BY LOBES



Assessing the lung zones

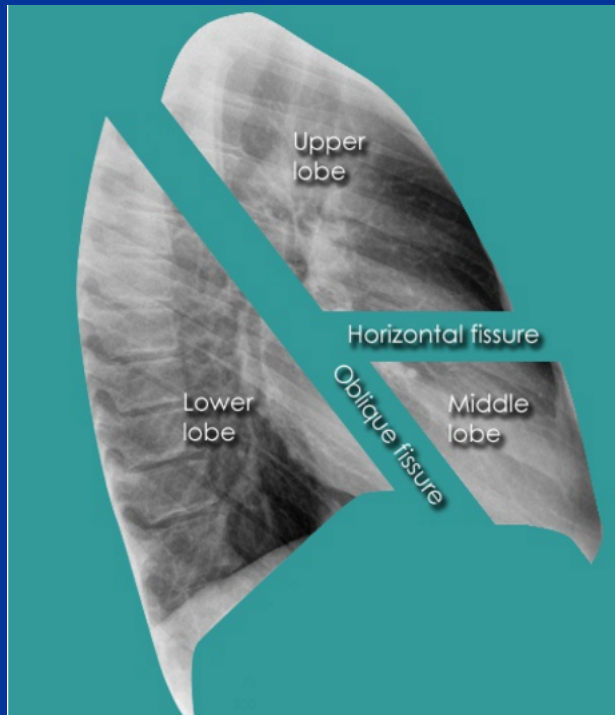
BY ZONES



- **Each zone is compared with its opposite side paying attention to any asymmetry.**
- If the lungs appear asymmetrical, it should be determined if this can be explained by asymmetry of normal structures, technical factors such as rotation, or lung pathology.
- If there is genuine asymmetry, decide which side is abnormal. Often a dense (whiter) area is abnormal, but some diseases cause reduced density (blackier). If there is an area that is different from the surrounding ipsilateral lung, then this is likely to be the abnormal area. You should also be aware that some diseases result in bilateral lung abnormalities, making comparison of left with right difficult. In these cases it is still important to assess each zone in turn, to avoid missing subtle abnormalities on the background of abnormal lung.
- Lung zones
- Dividing the lungs into zones allows more careful attention to be paid to each smaller area. If this is not done it is easy to ignore important abnormalities.
- Note that the lower zones reach below the diaphragm. This is because the lungs pass behind the dome of the diaphragm into the posterior sulcus of each hemithorax. Normal lung markings can be seen below the well defined edges of the diaphragm.

ASSESSING LUNG FIELDS

BY LOBES

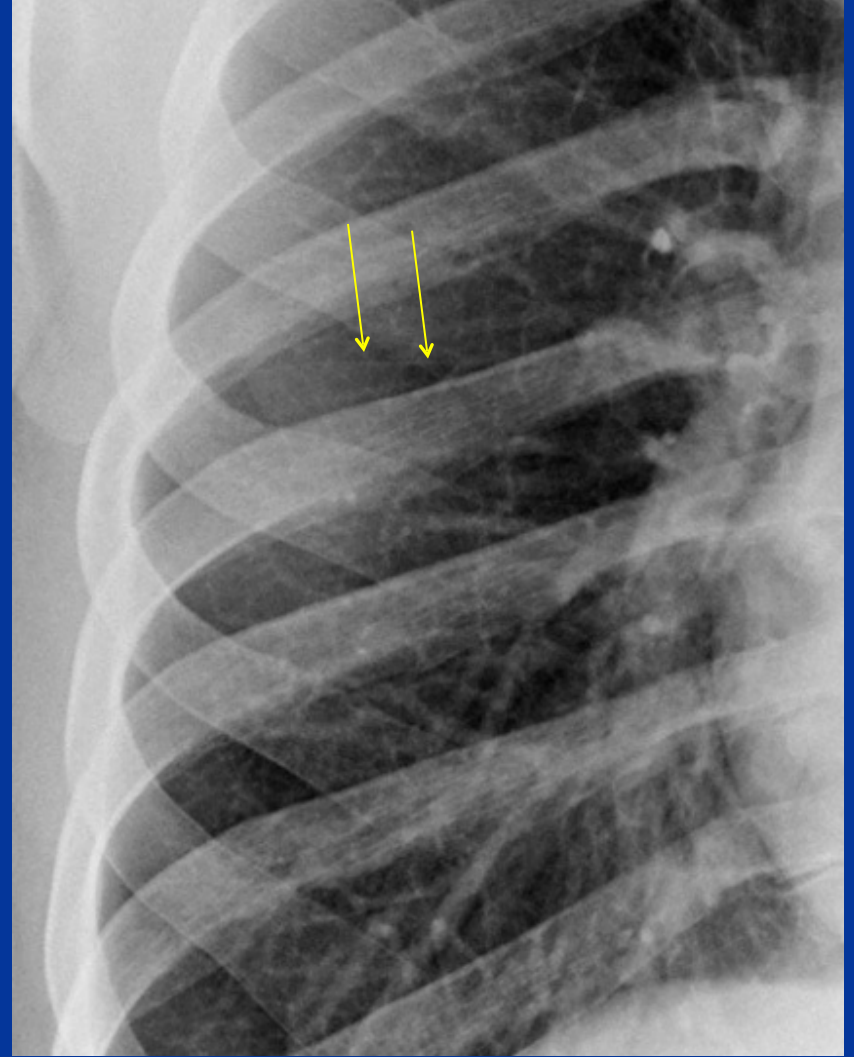
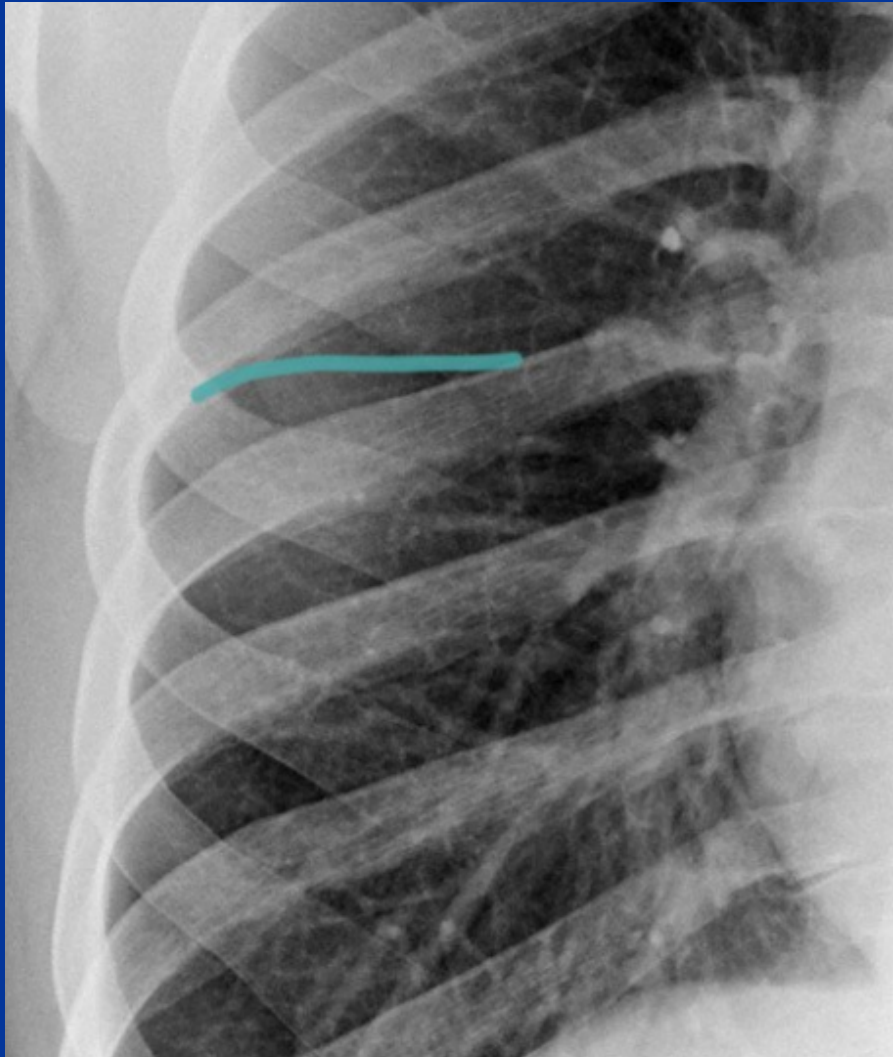


- The surface of the visceral pleura that covers the lung, is continuous with the visceral pleura that covers the fissures. The left lung is divided into two lobes, upper and lower. These lobes have their own pleural covering and these lie together to form the oblique (major) fissure. In the right lung there is an oblique fissure and a horizontal fissure, separating the lung into three lobes - upper, middle, and lower. Each lobe again has its own visceral pleural covering.
- Lateral chest X-rays are helpful in demonstrating the oblique fissures (also known as the major fissures)

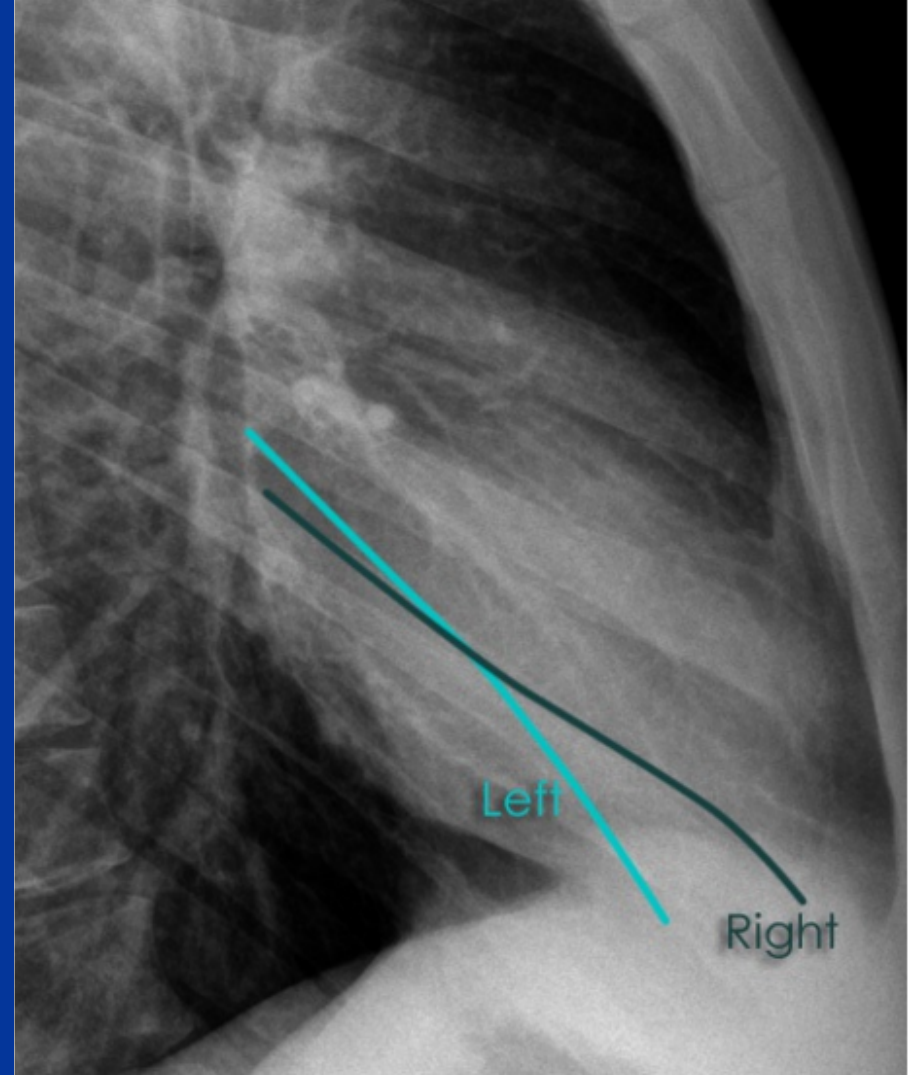
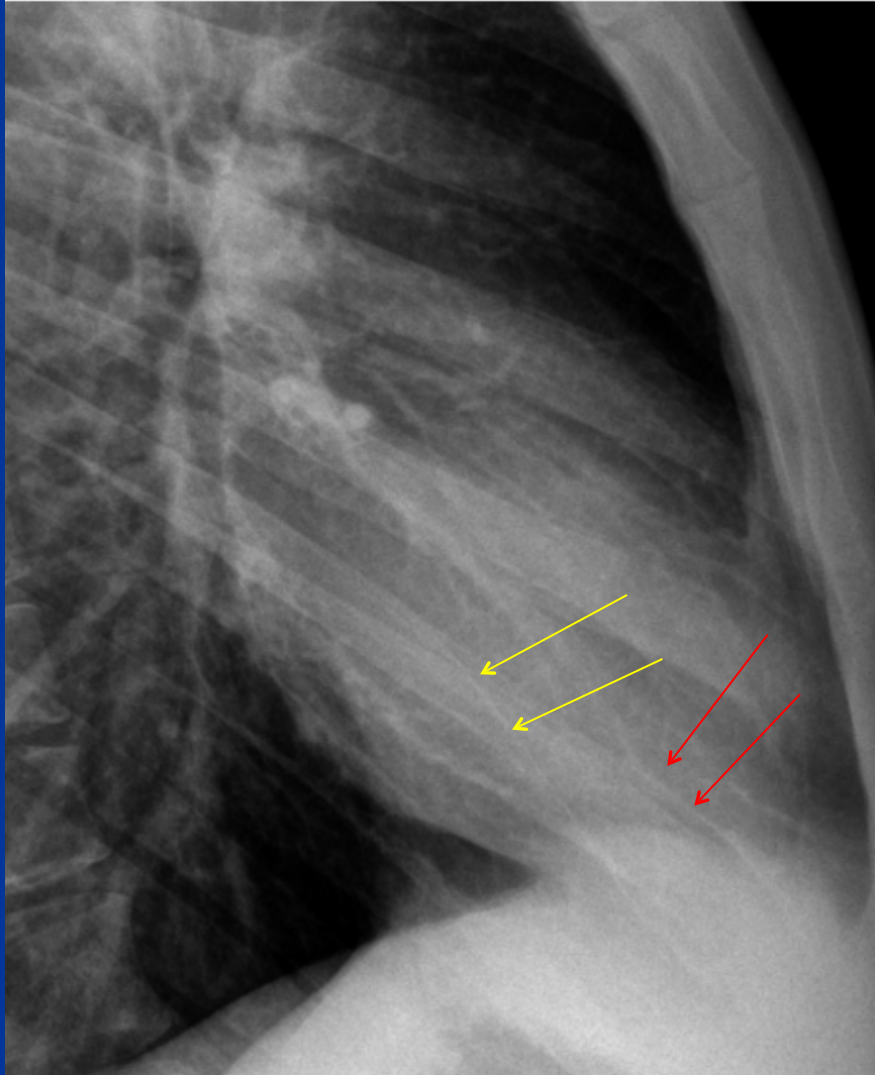
Lobes and fissures

- **This cut-out of a lateral chest X-ray shows the positions of the lobes of the right lung**
- **On the left the oblique fissure is in a similar position but there is usually no horizontal fissure, and so there are only two lobes on the left.**

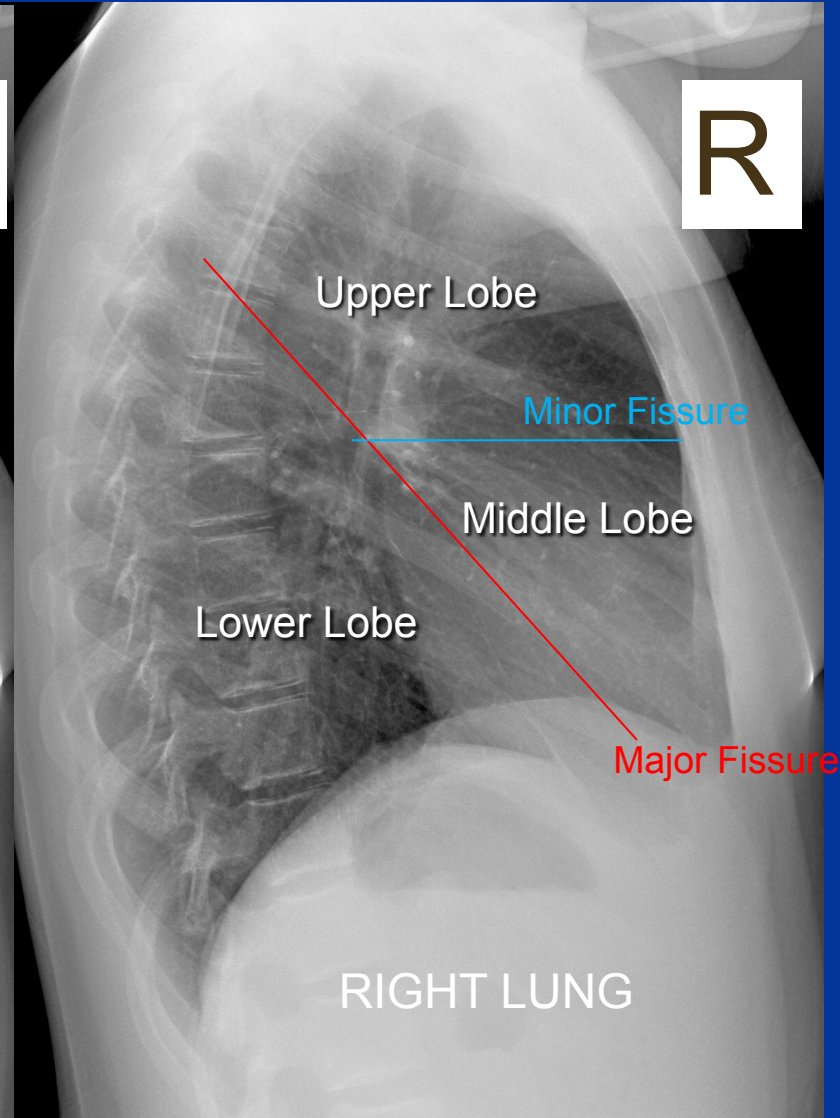
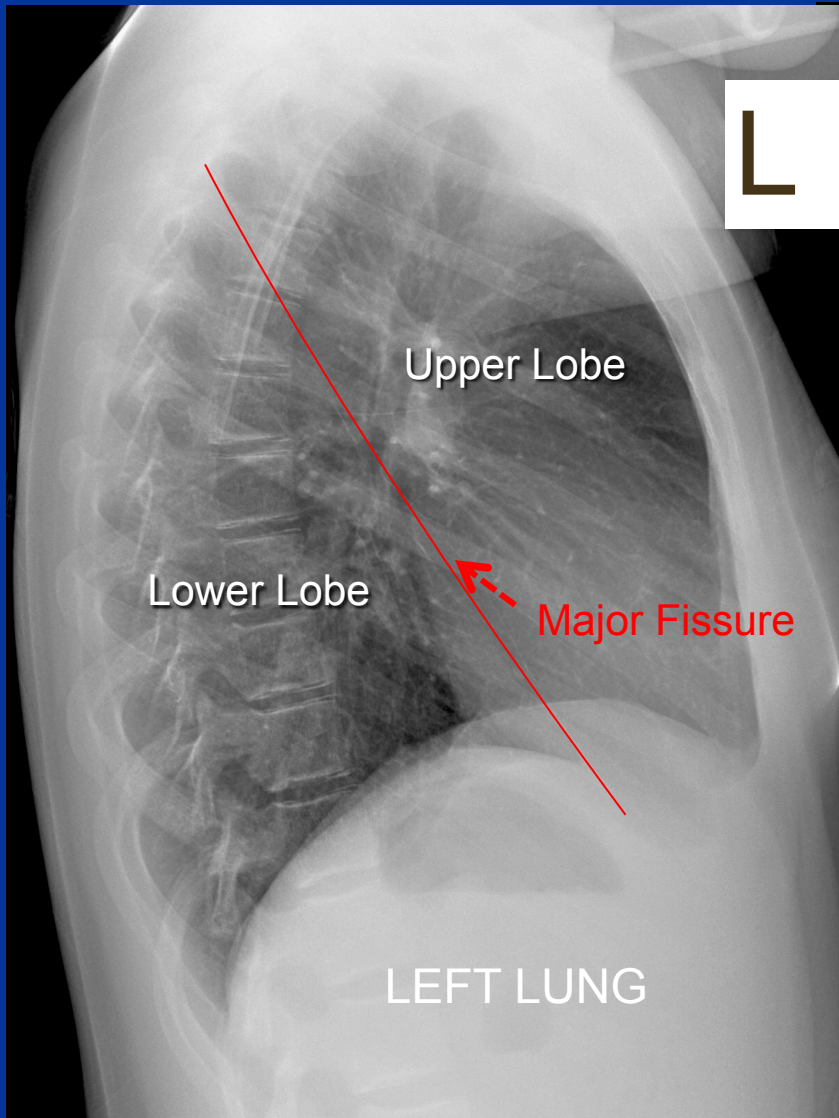
Transverse fissure



Oblique fissure

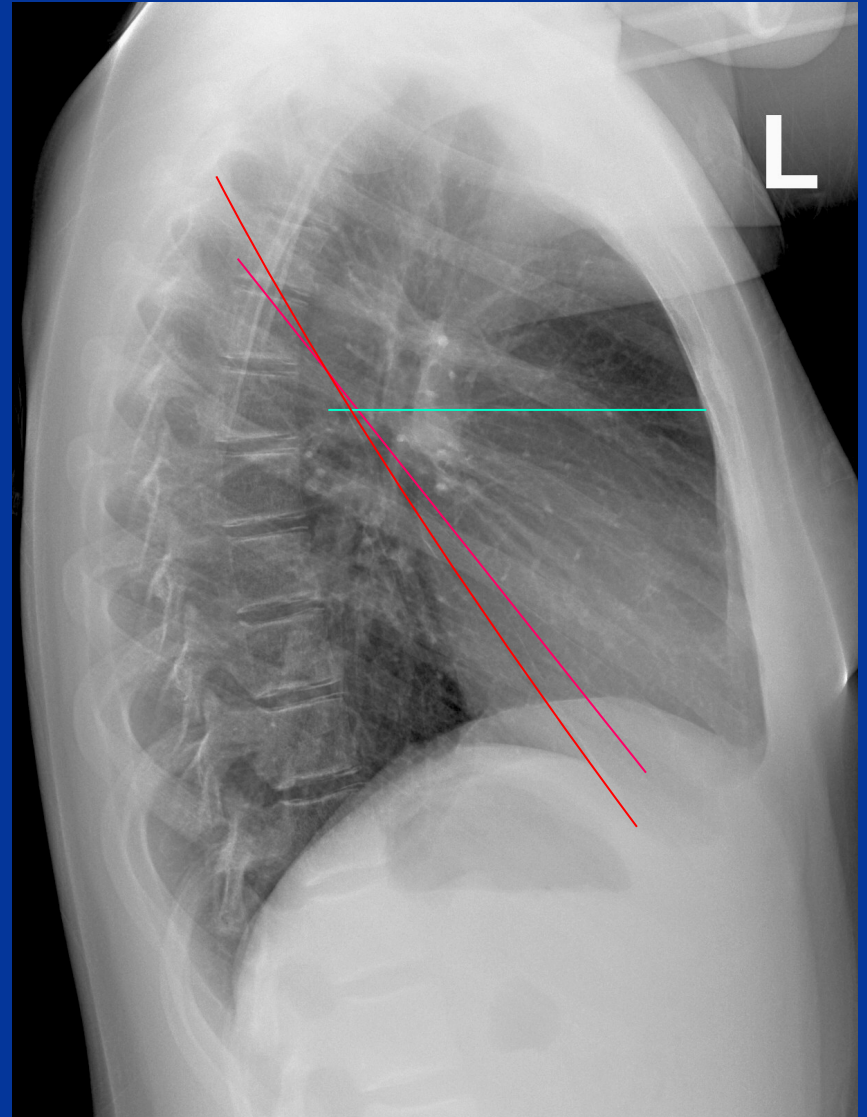


Radiological Anatomy of the Chest



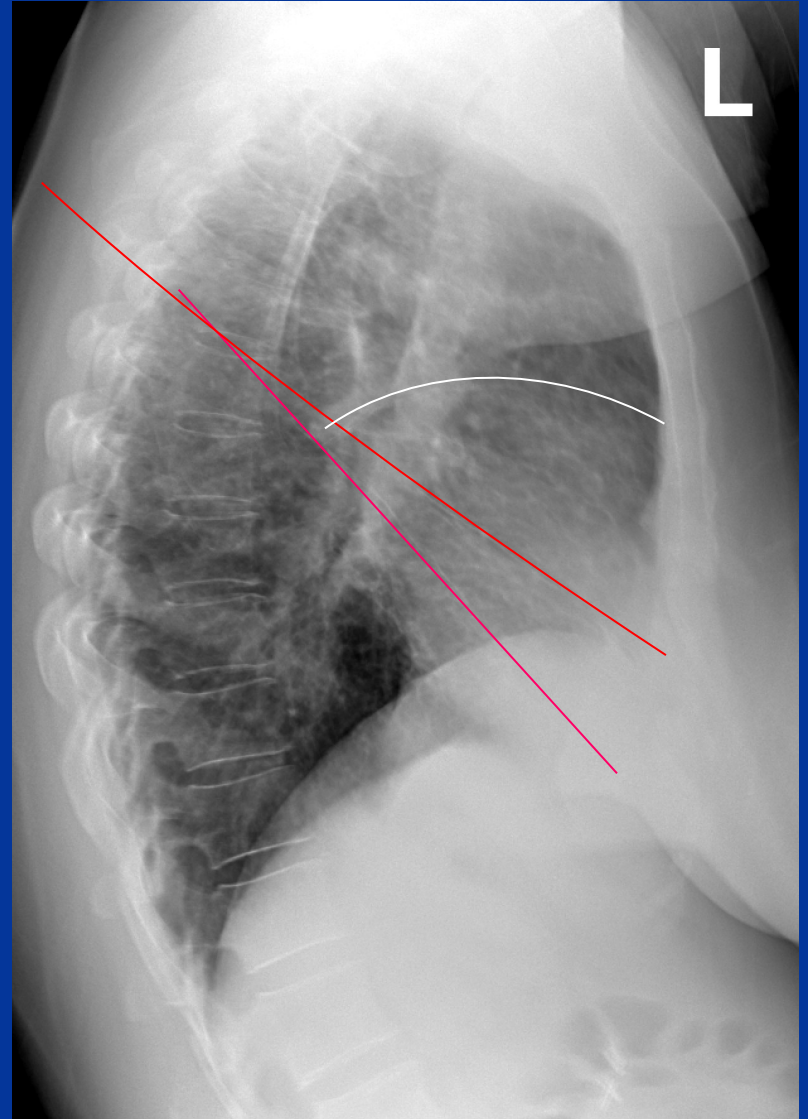
Radiological Anatomy of the Chest

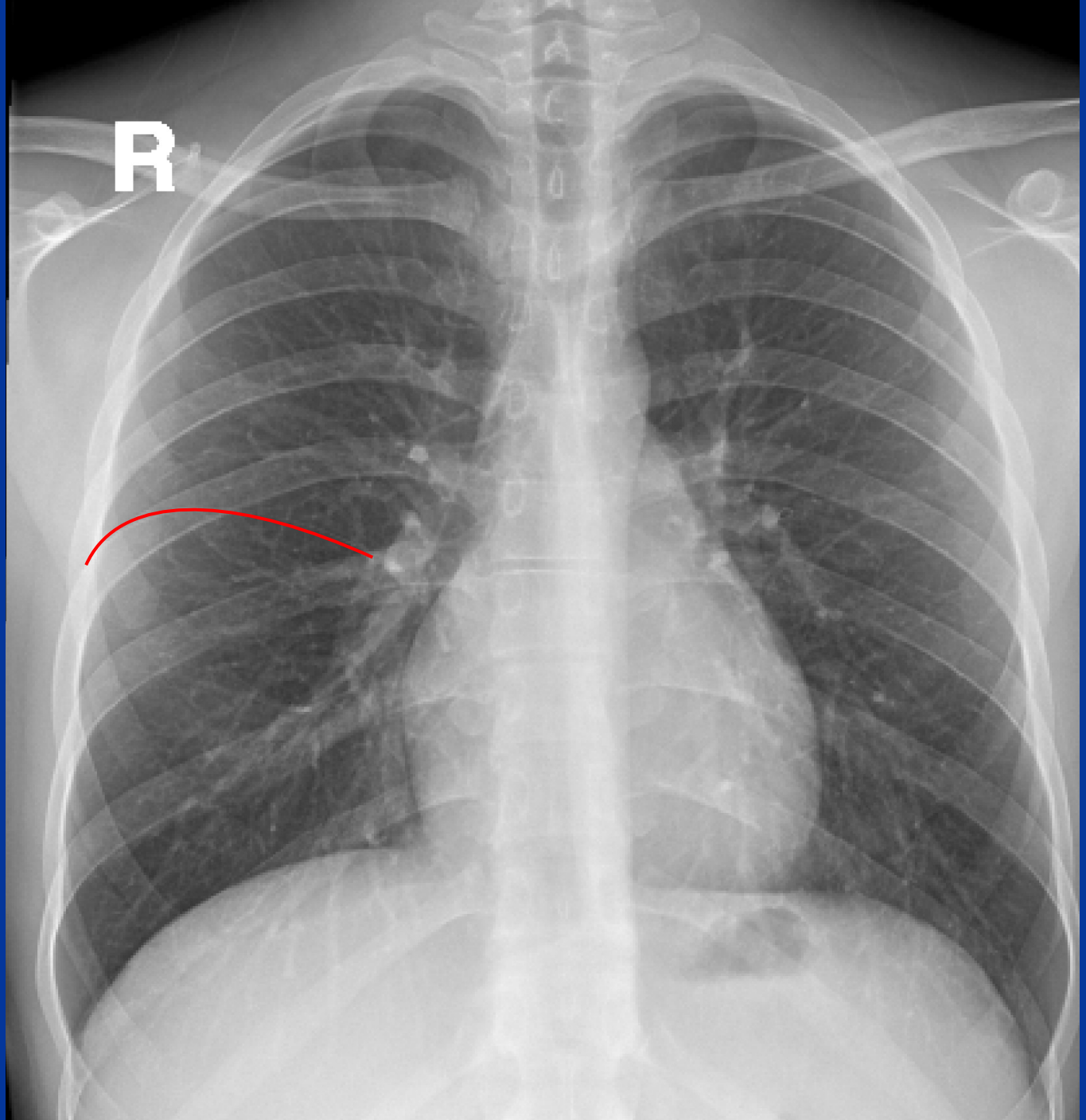
Fissures



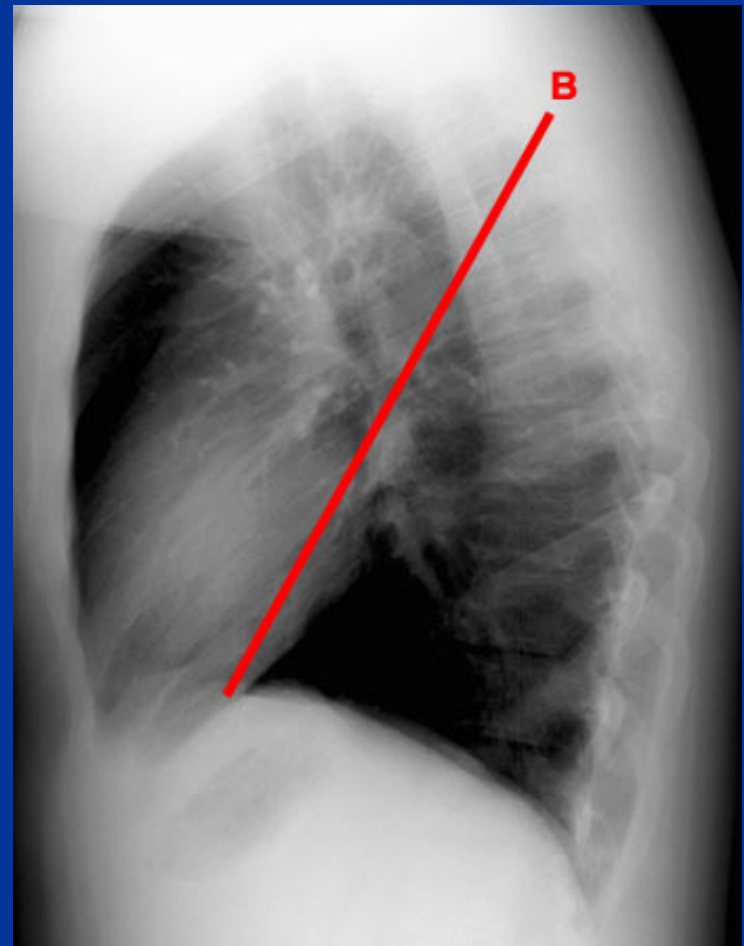
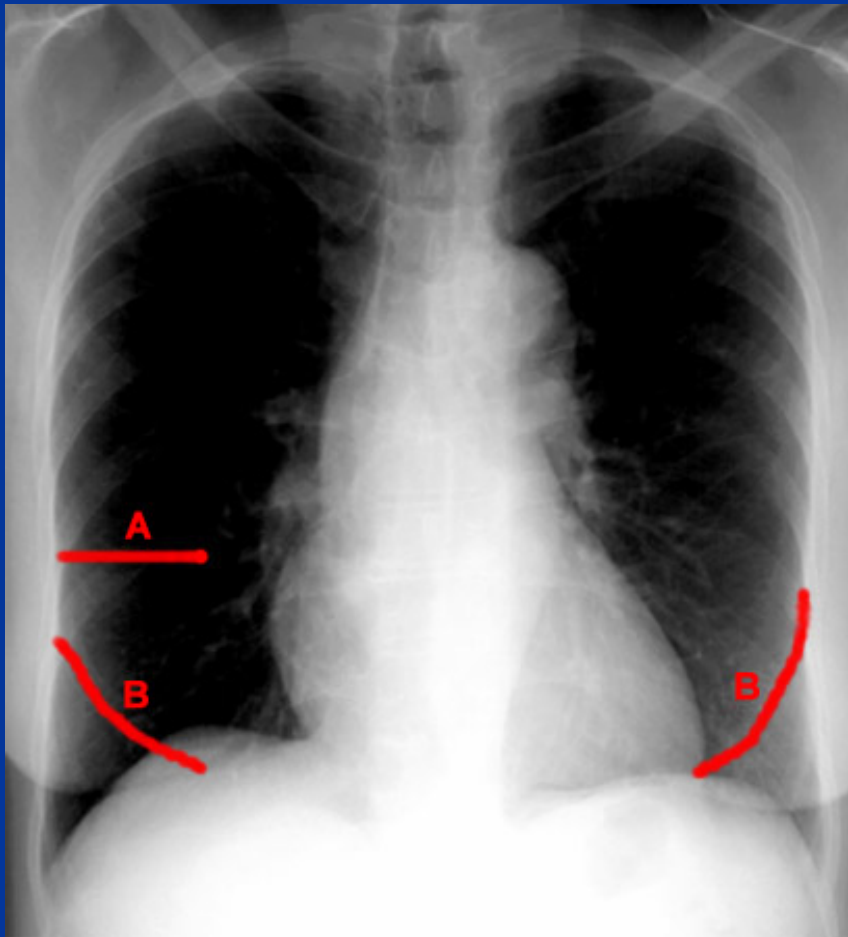
Radiological Anatomy of the Chest

Fissures

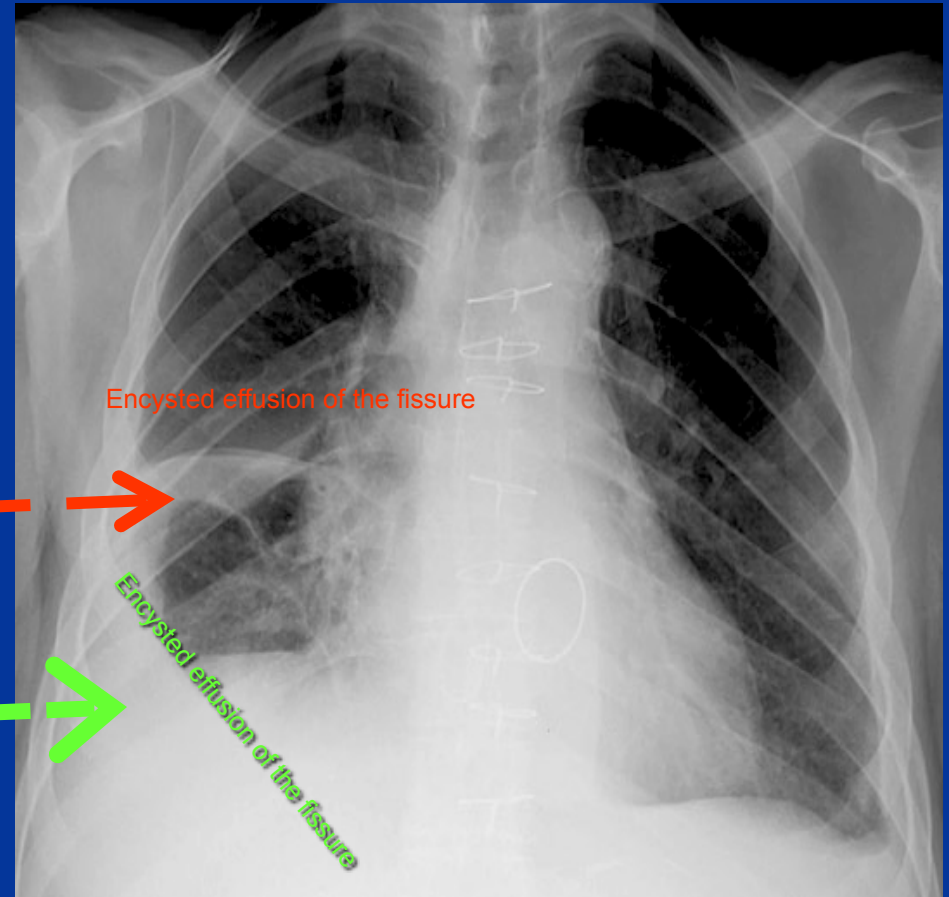
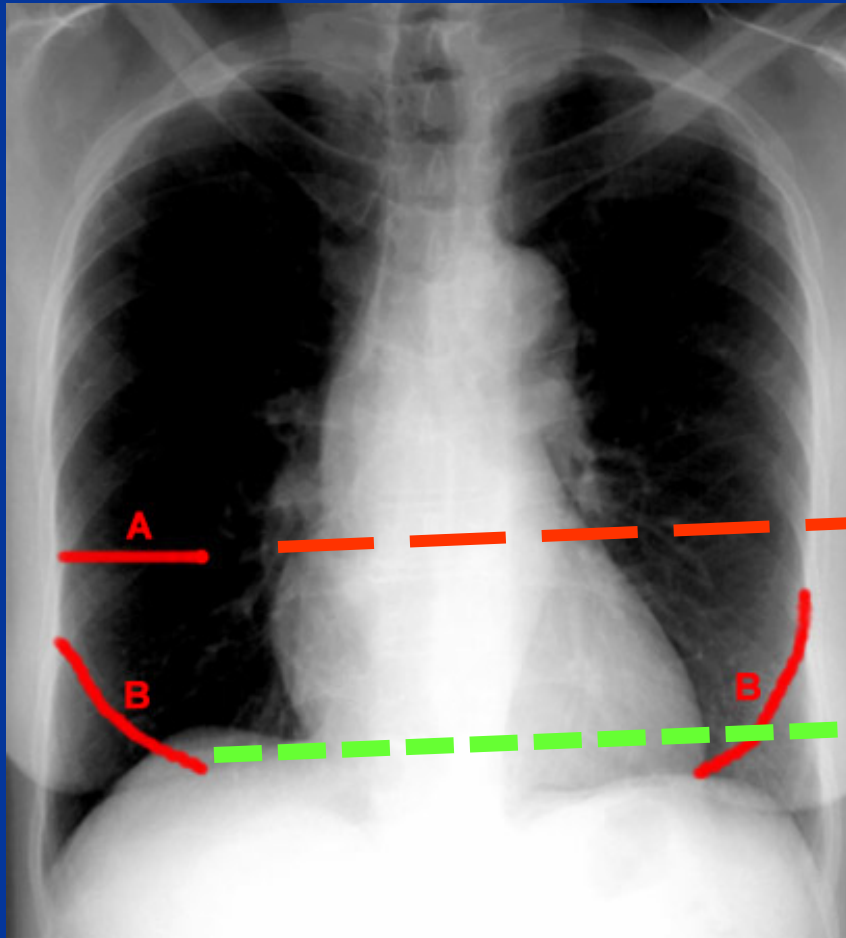




FISSURES

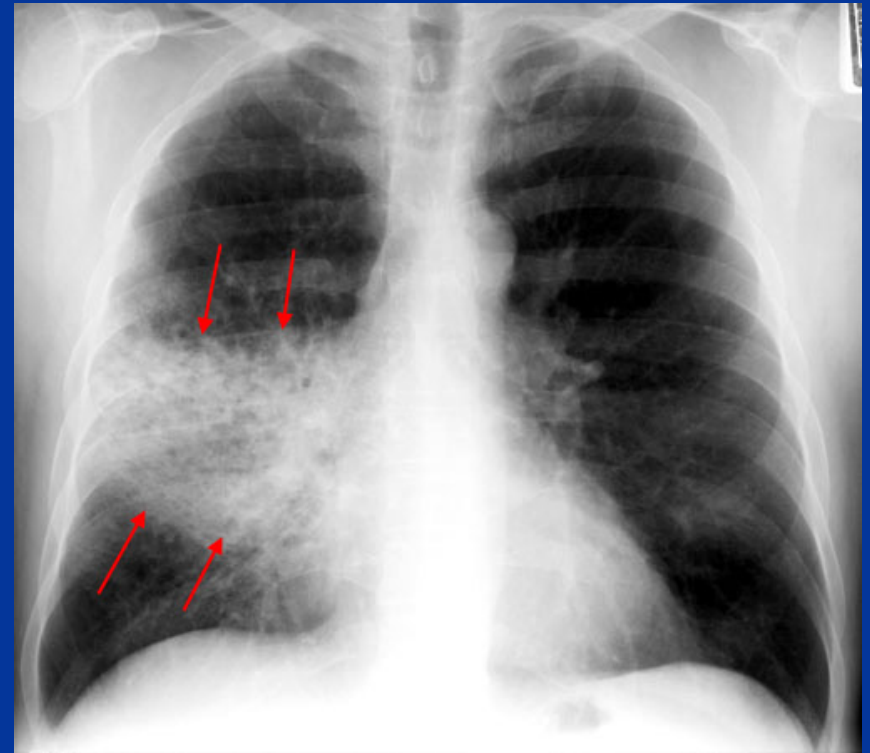
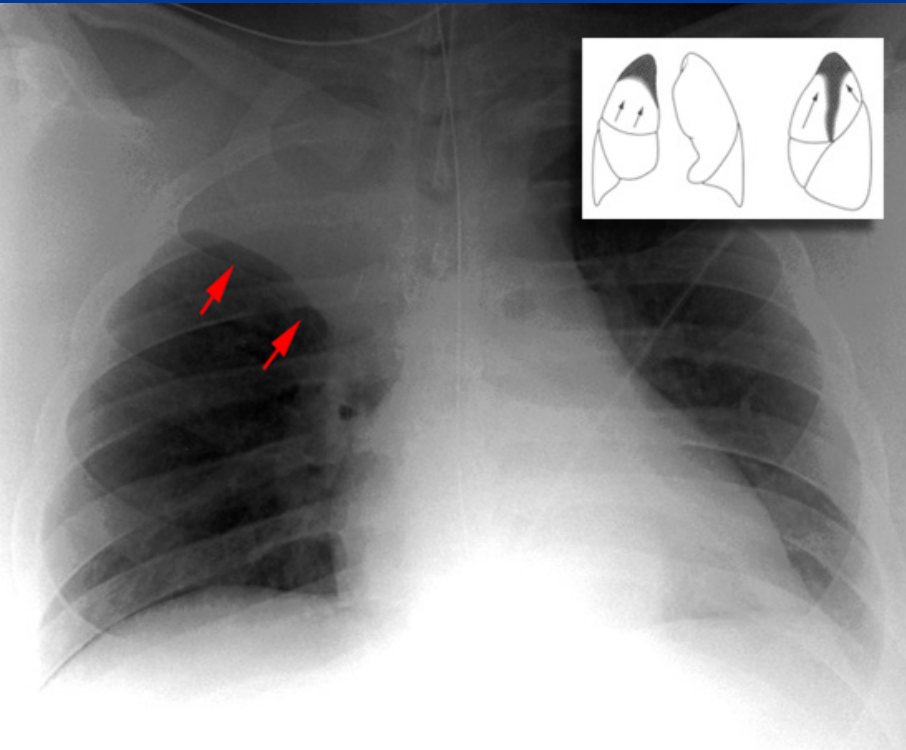


FISSURES



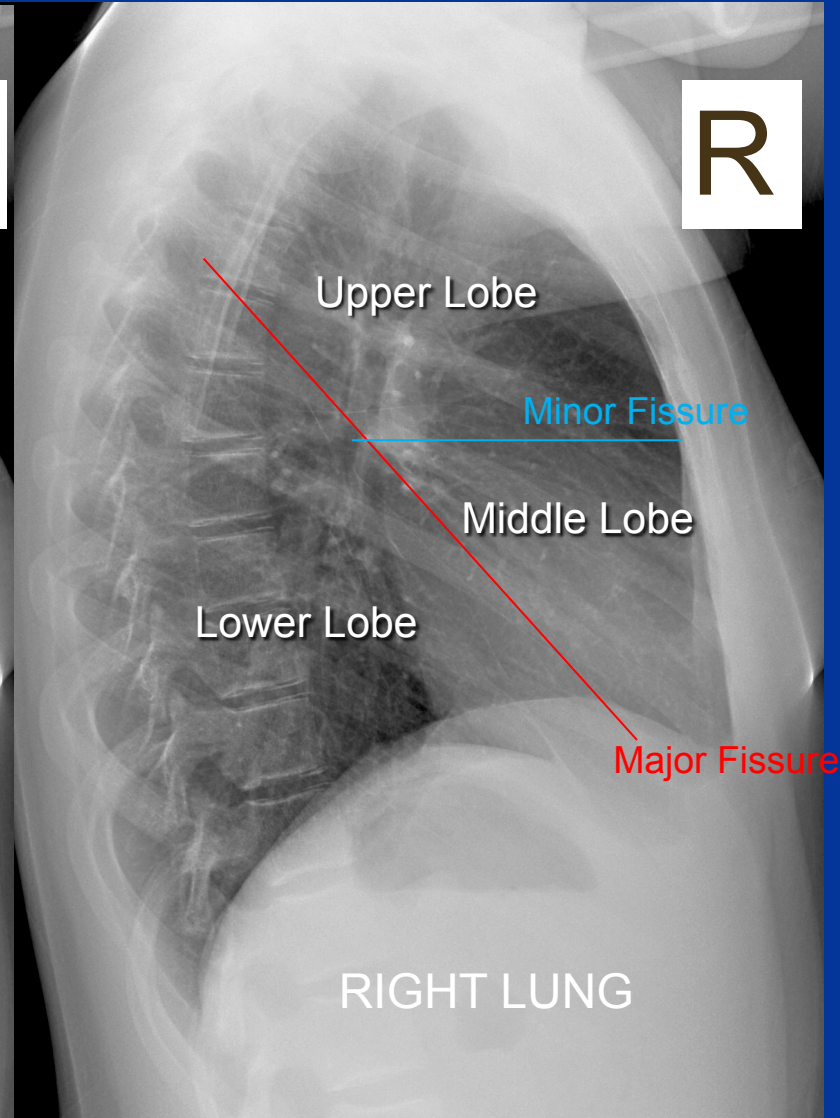
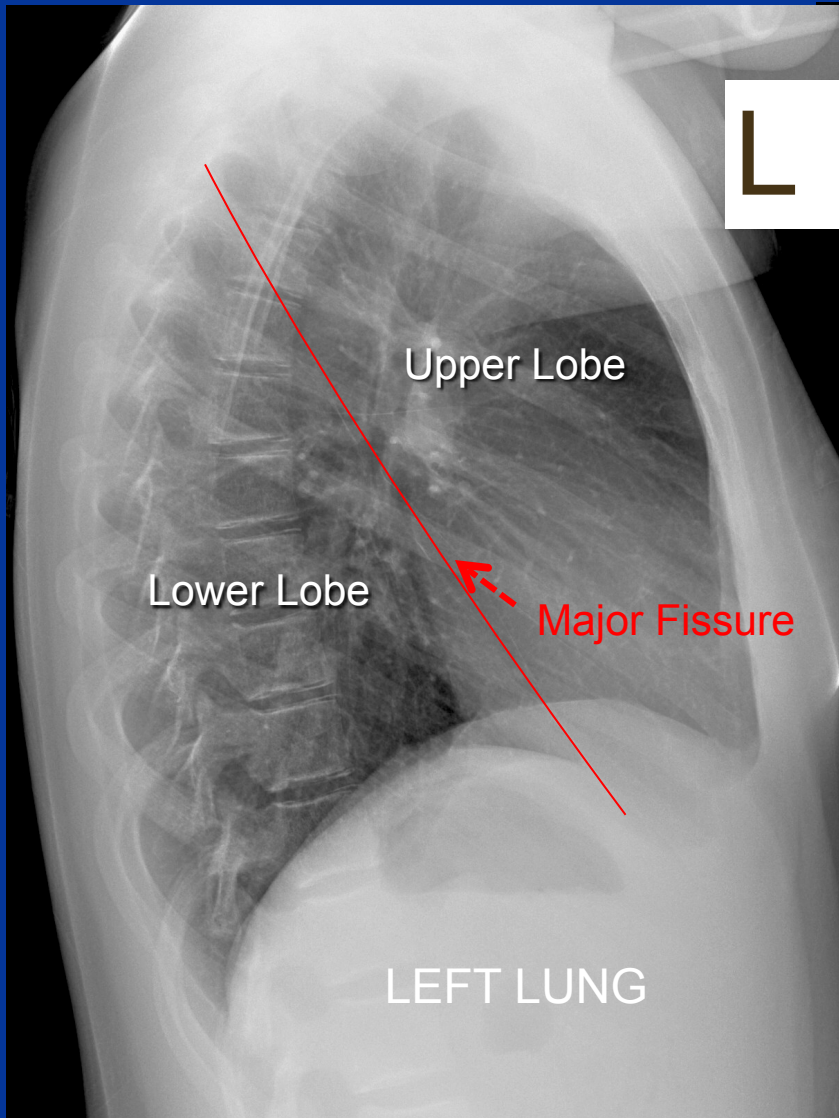
Fissures outlines segments

ATELECTASIS Vs *PNEUMONIA*

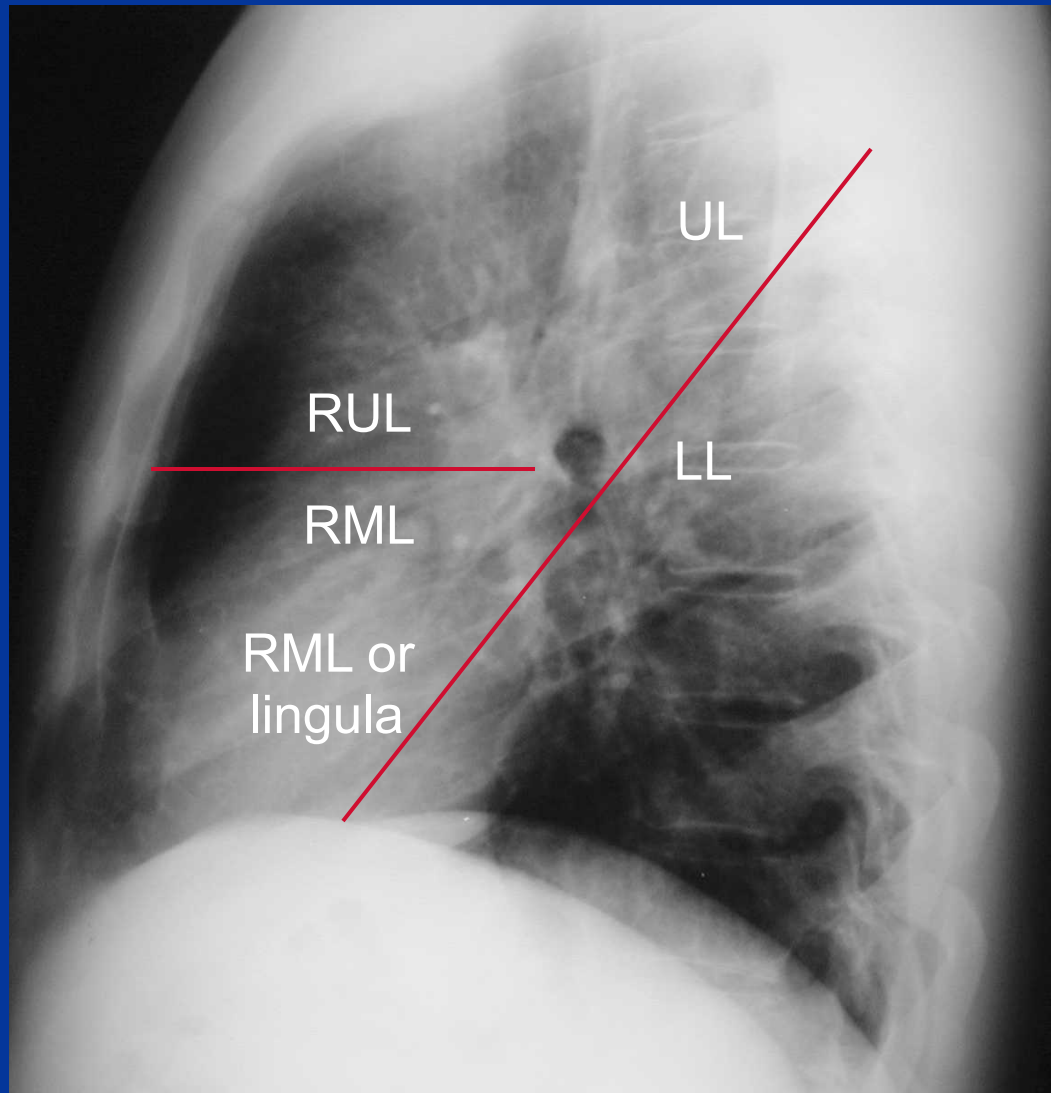


Radiological Anatomy of the Chest

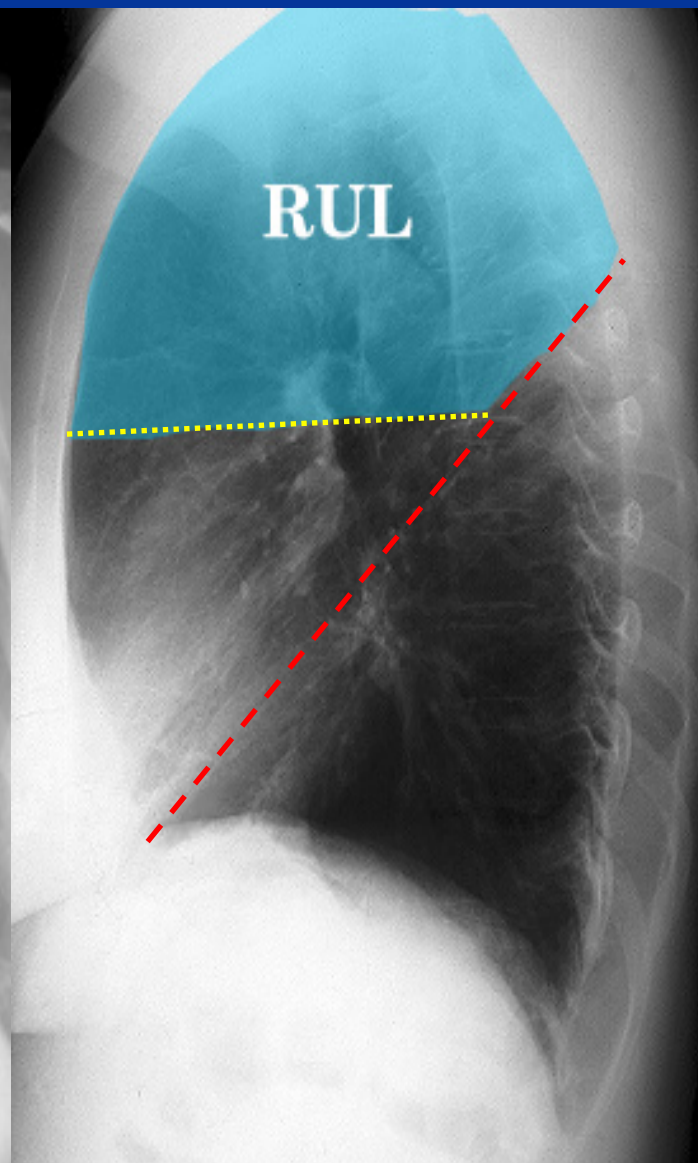
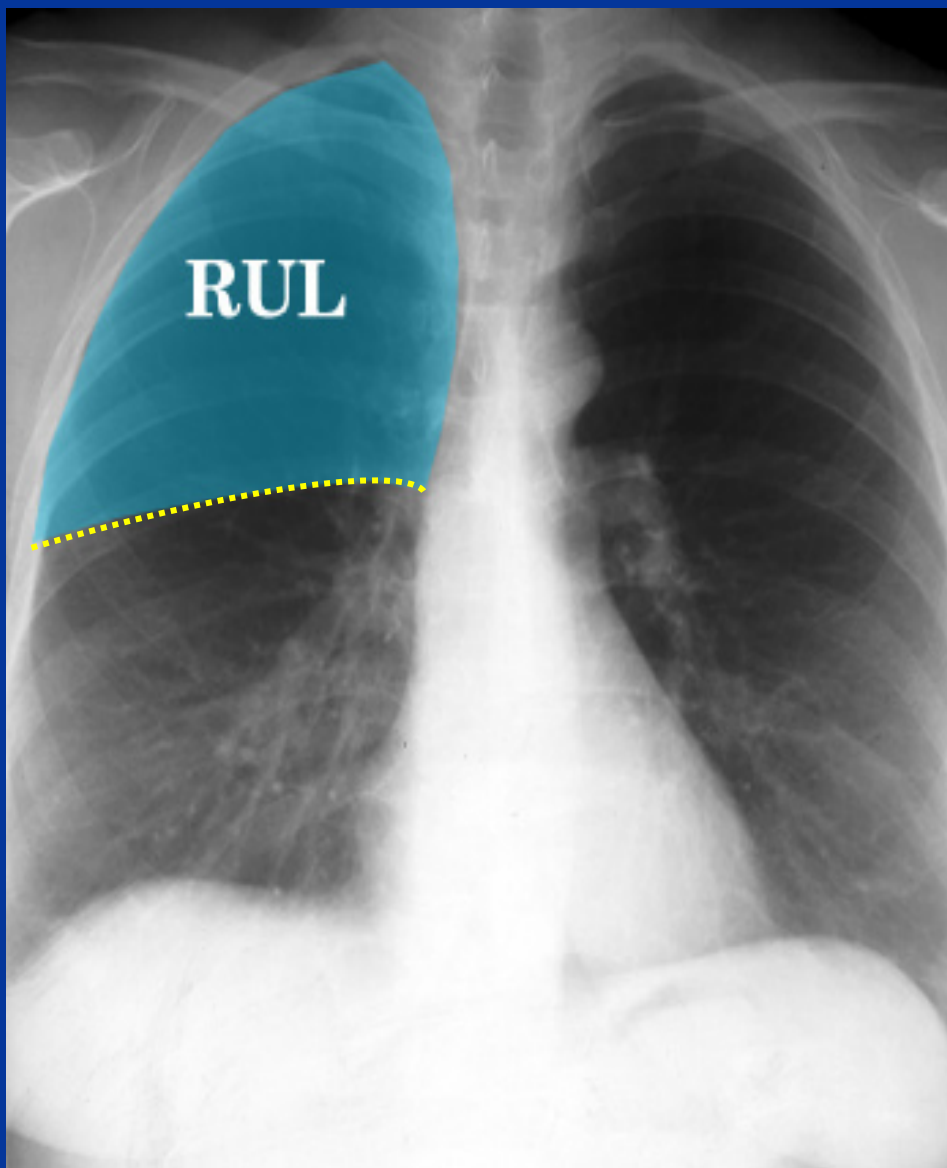
Localizing disease by fissures



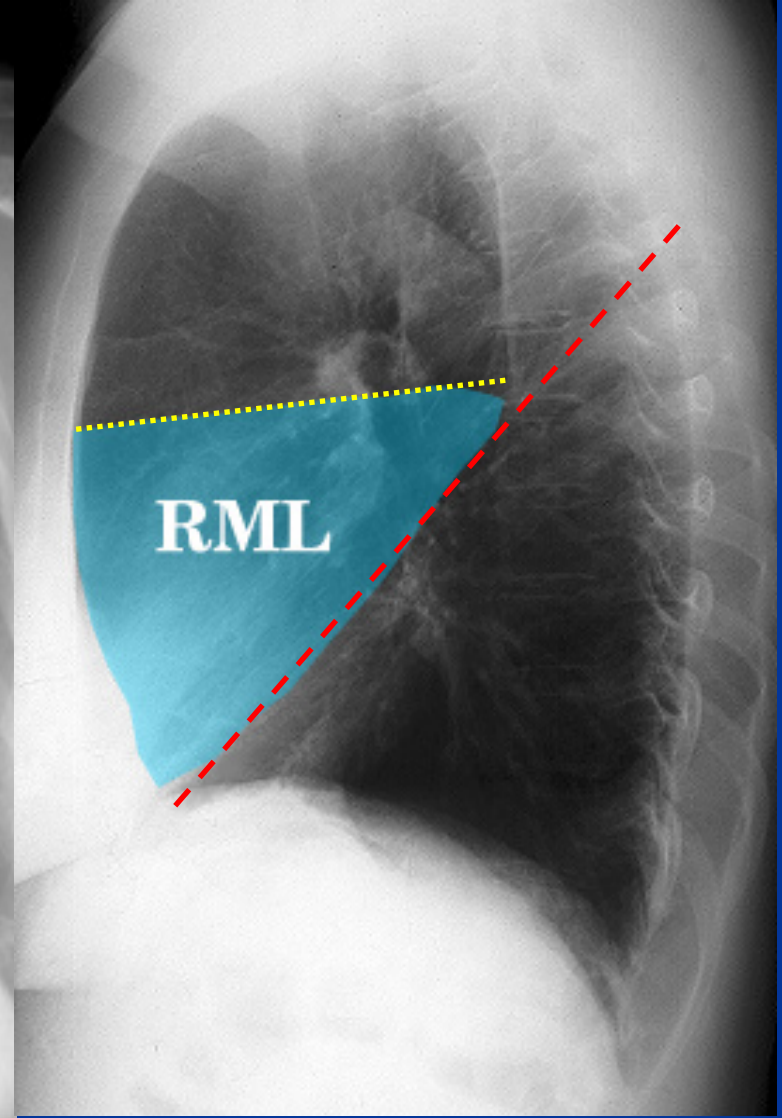
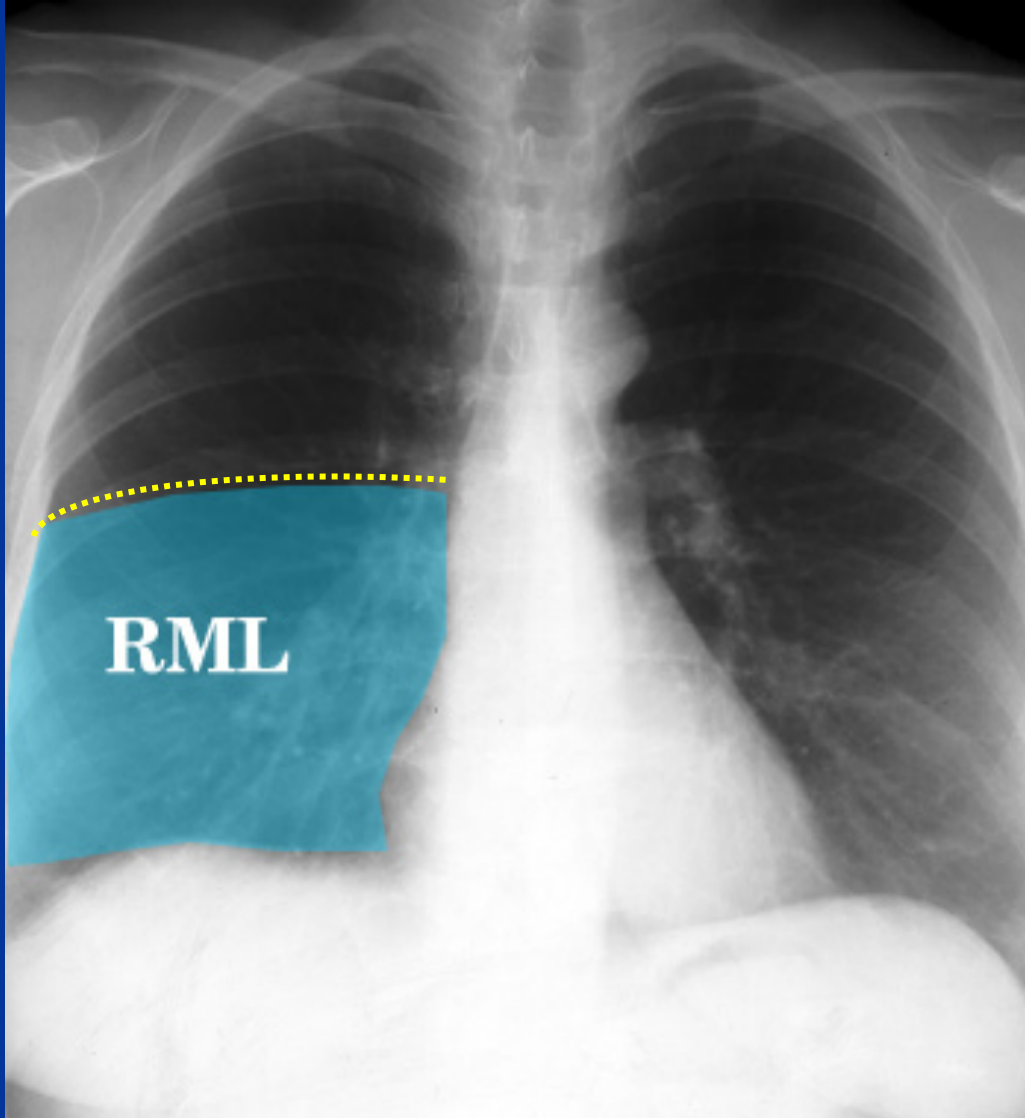
Localizing disease by fissures



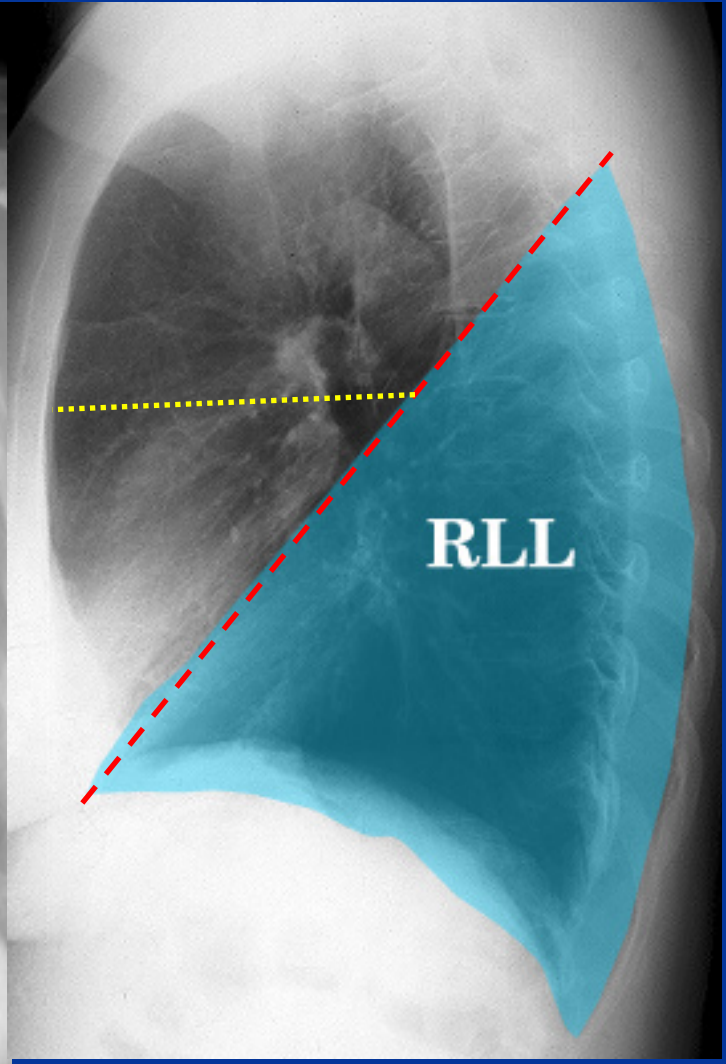
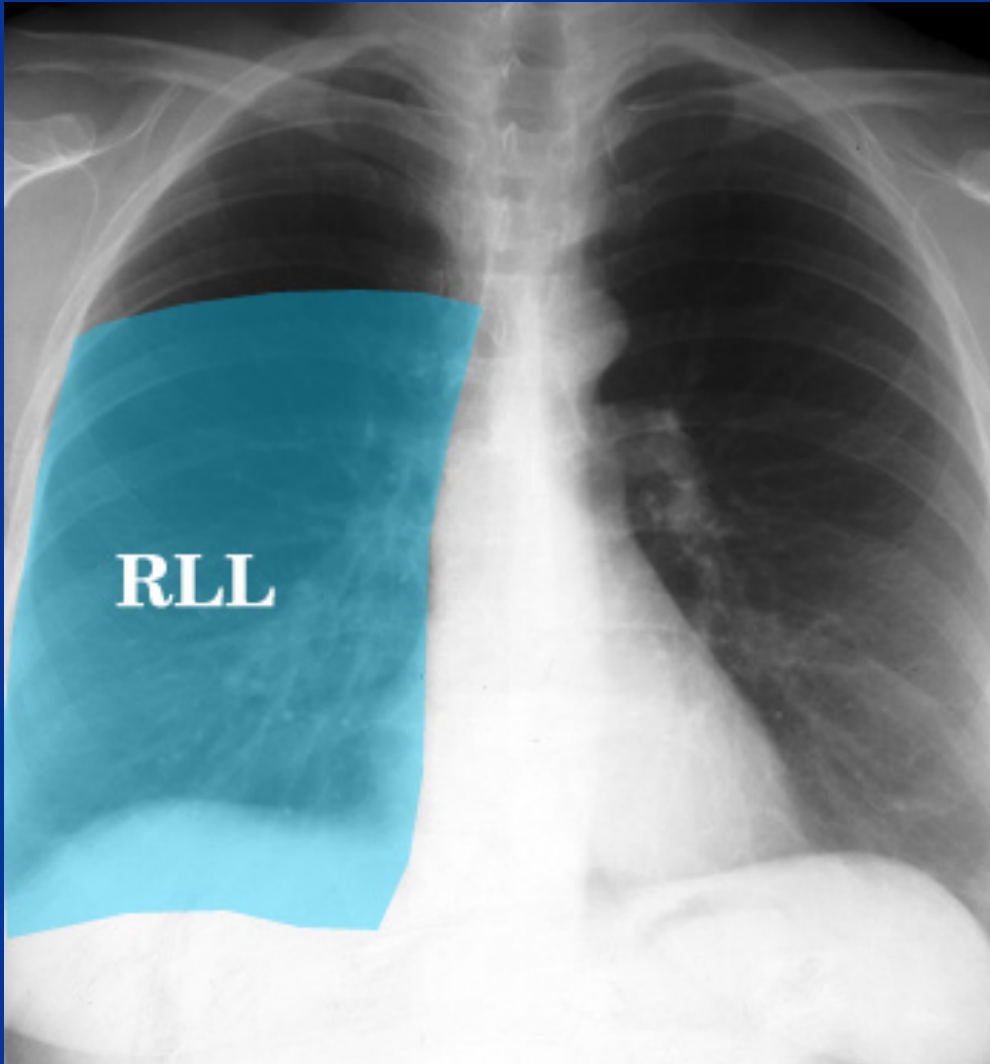
Radiological Anatomy of the Chest



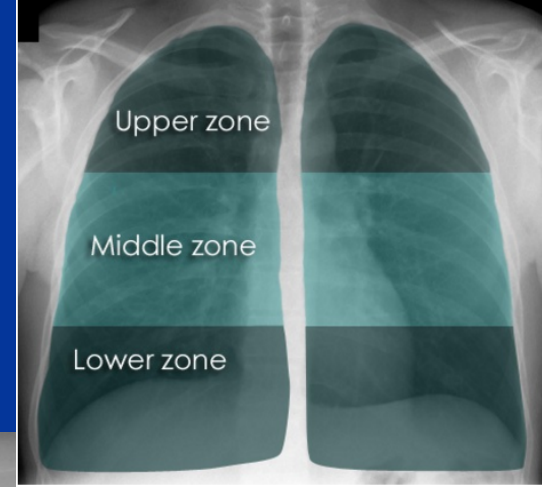
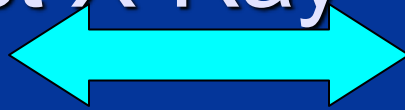
Radiological Anatomy of the Chest



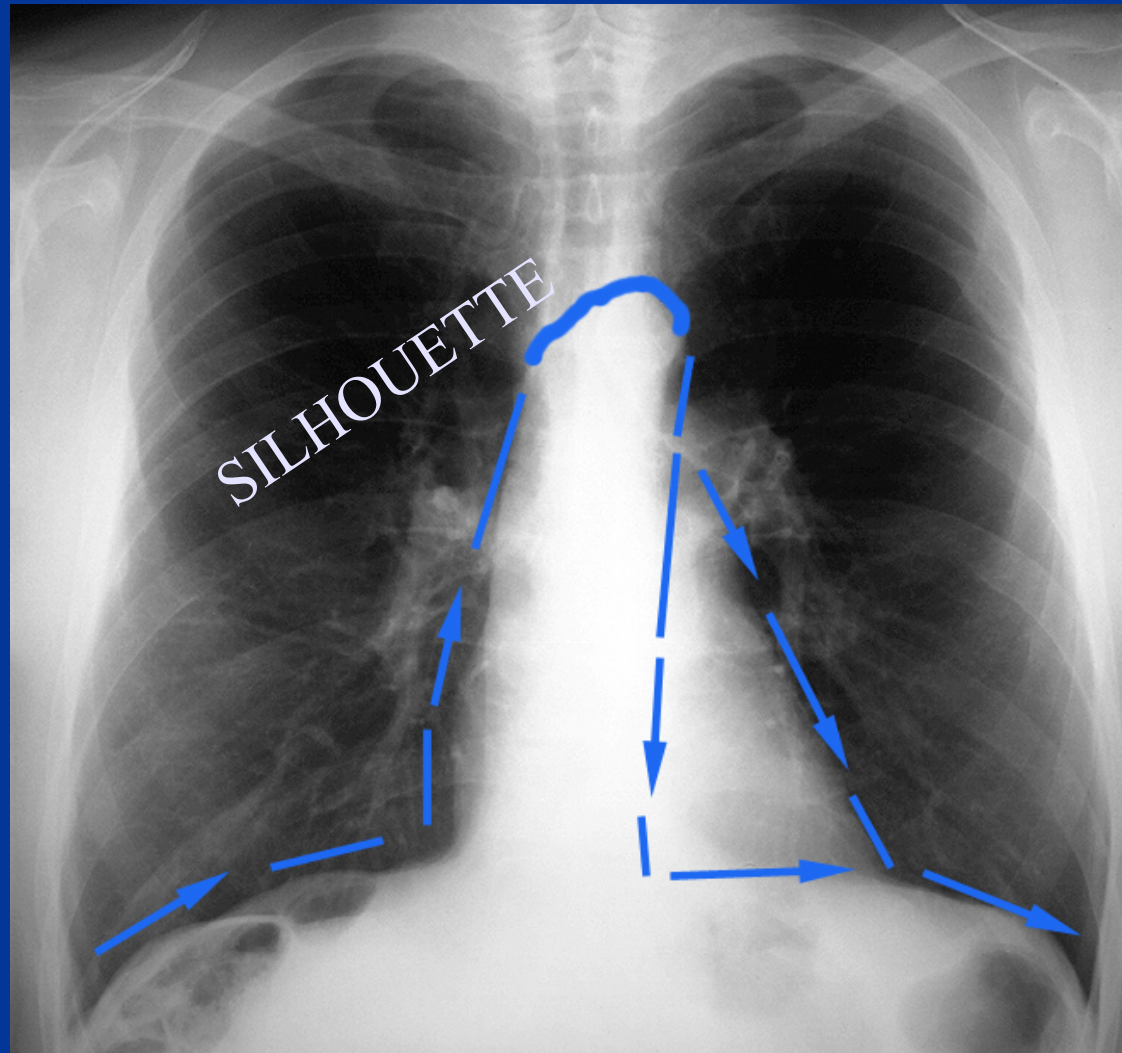
Radiological Anatomy of the Chest



How to read Frontal Chest X-Ray

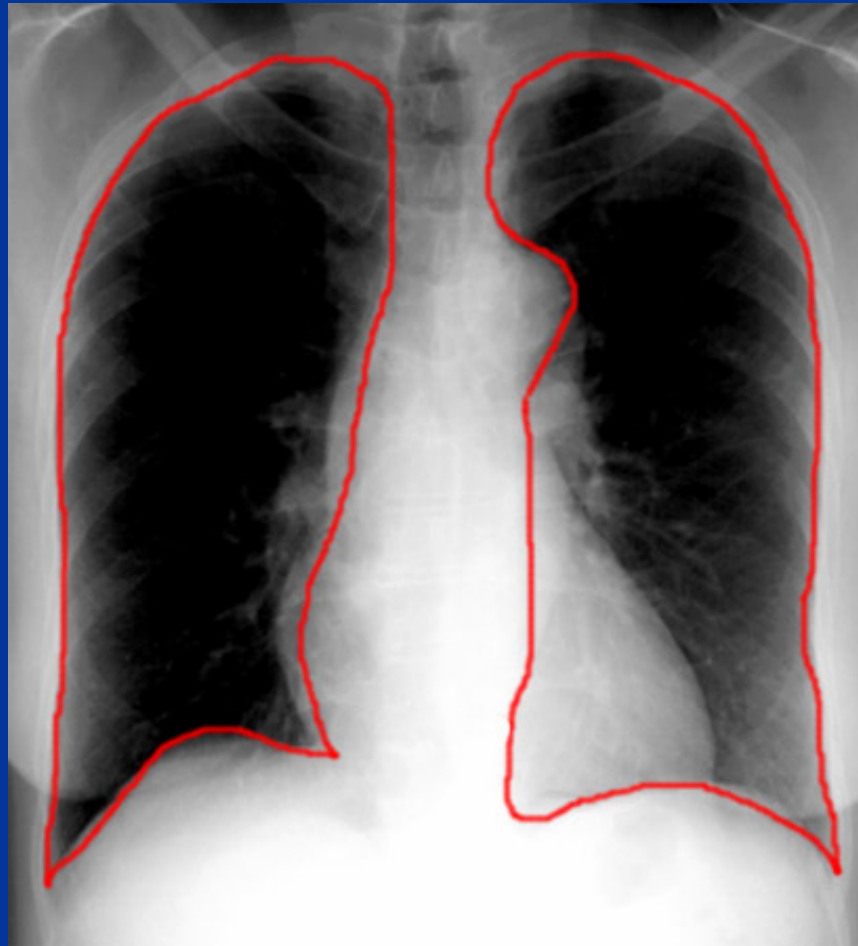


Frontal Chest X-Ray

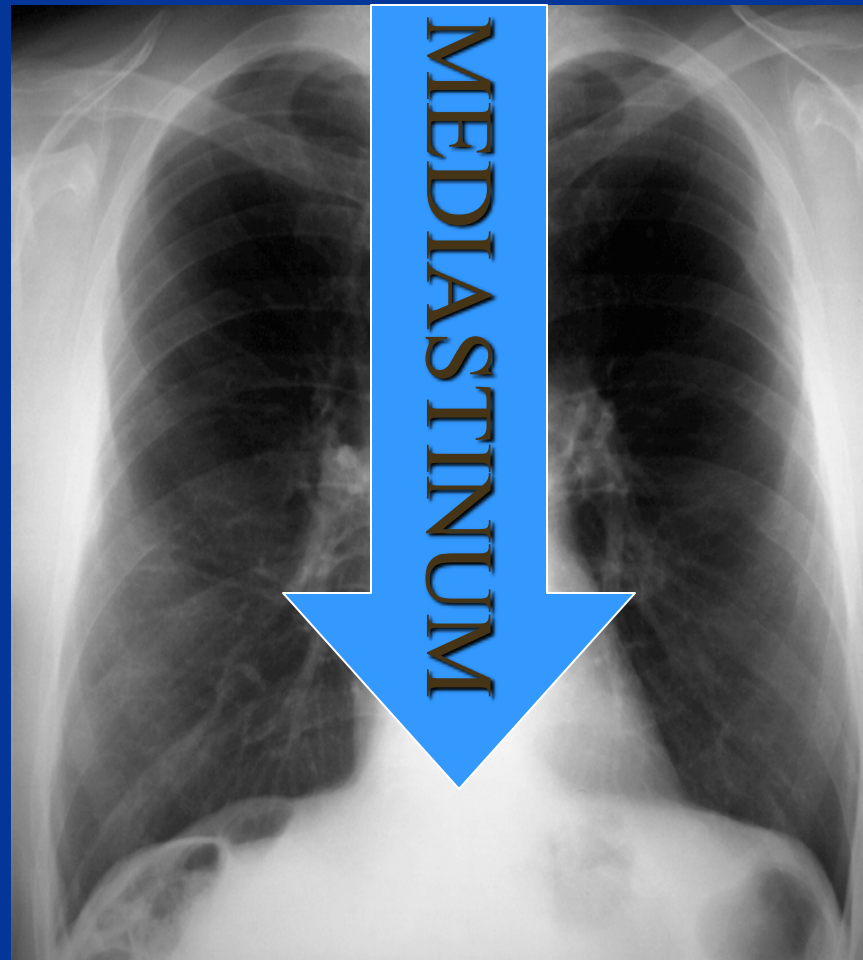


See
Section on the Silhouette
Sign

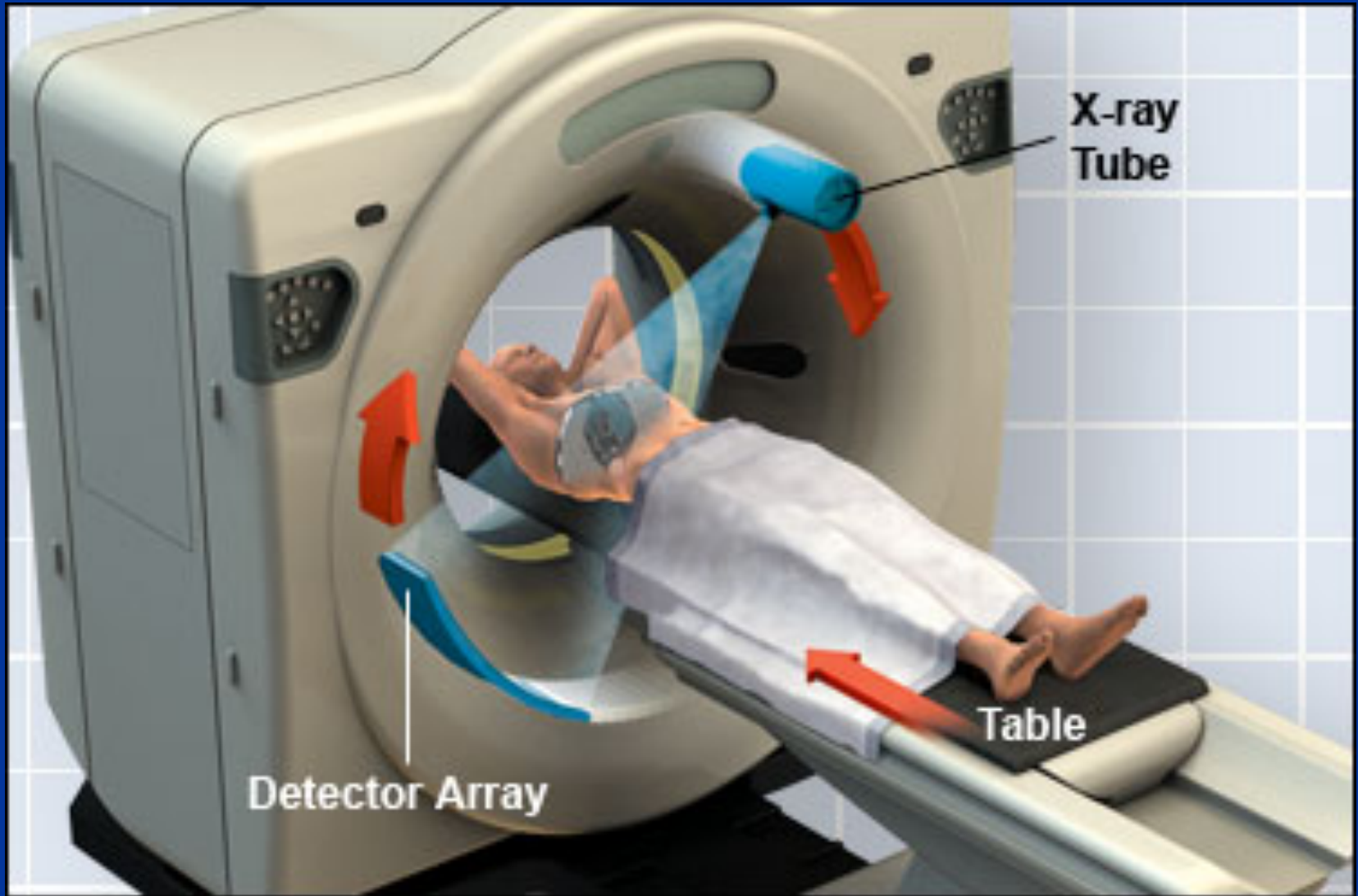
LUNGS



Frontal Chest X-Ray



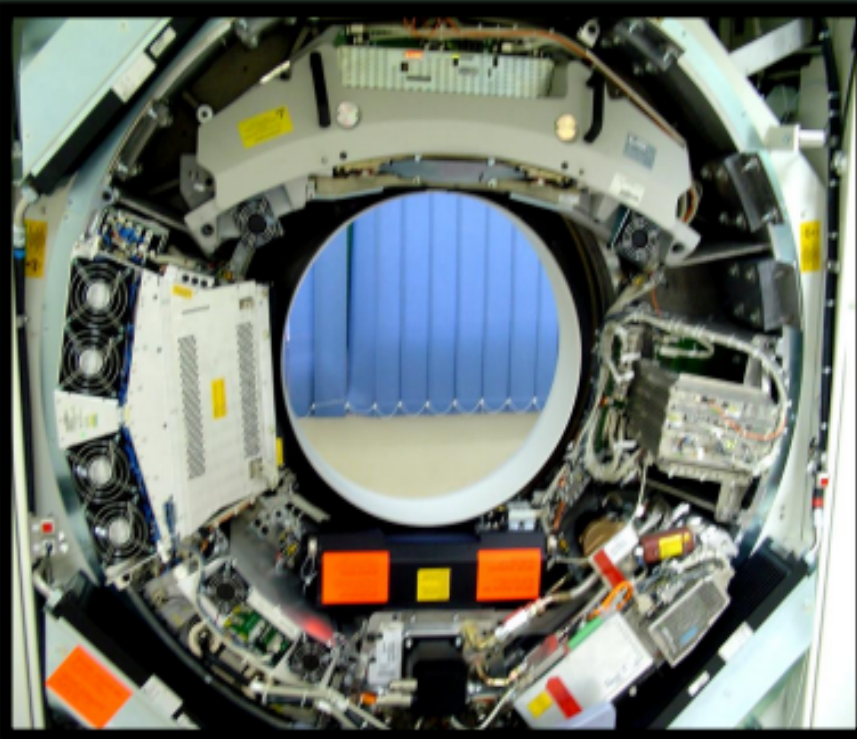
CT EXAMINATION OF THE CHEST



The Examination

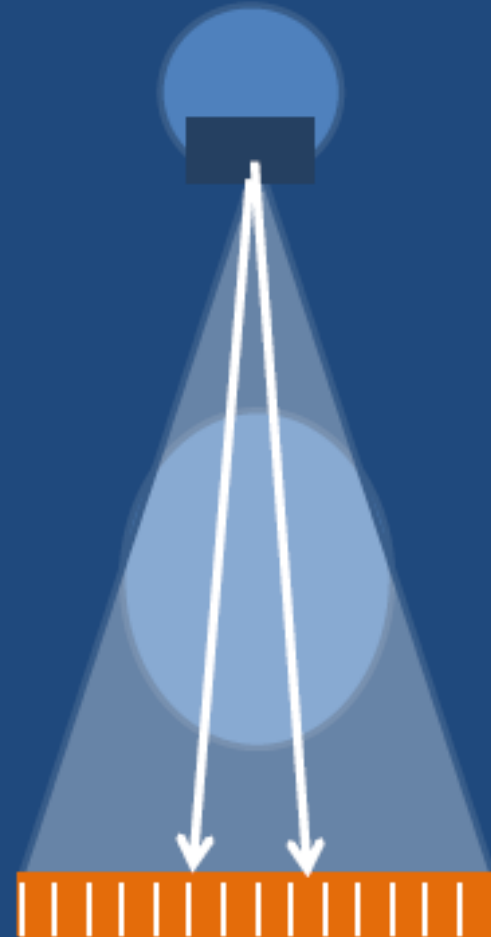
Scanning techniques

- ➔ Standard Examination
- ➔ High resolution [HRCT]

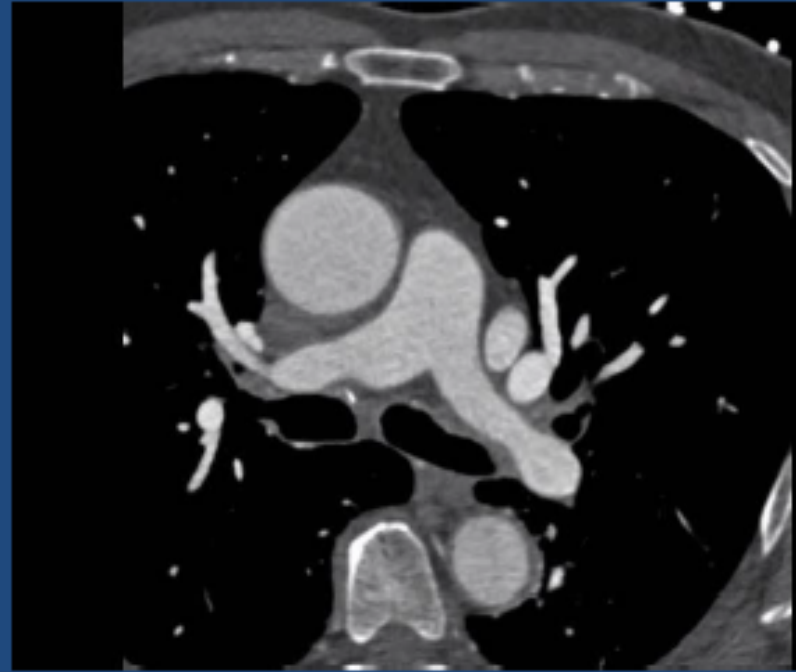
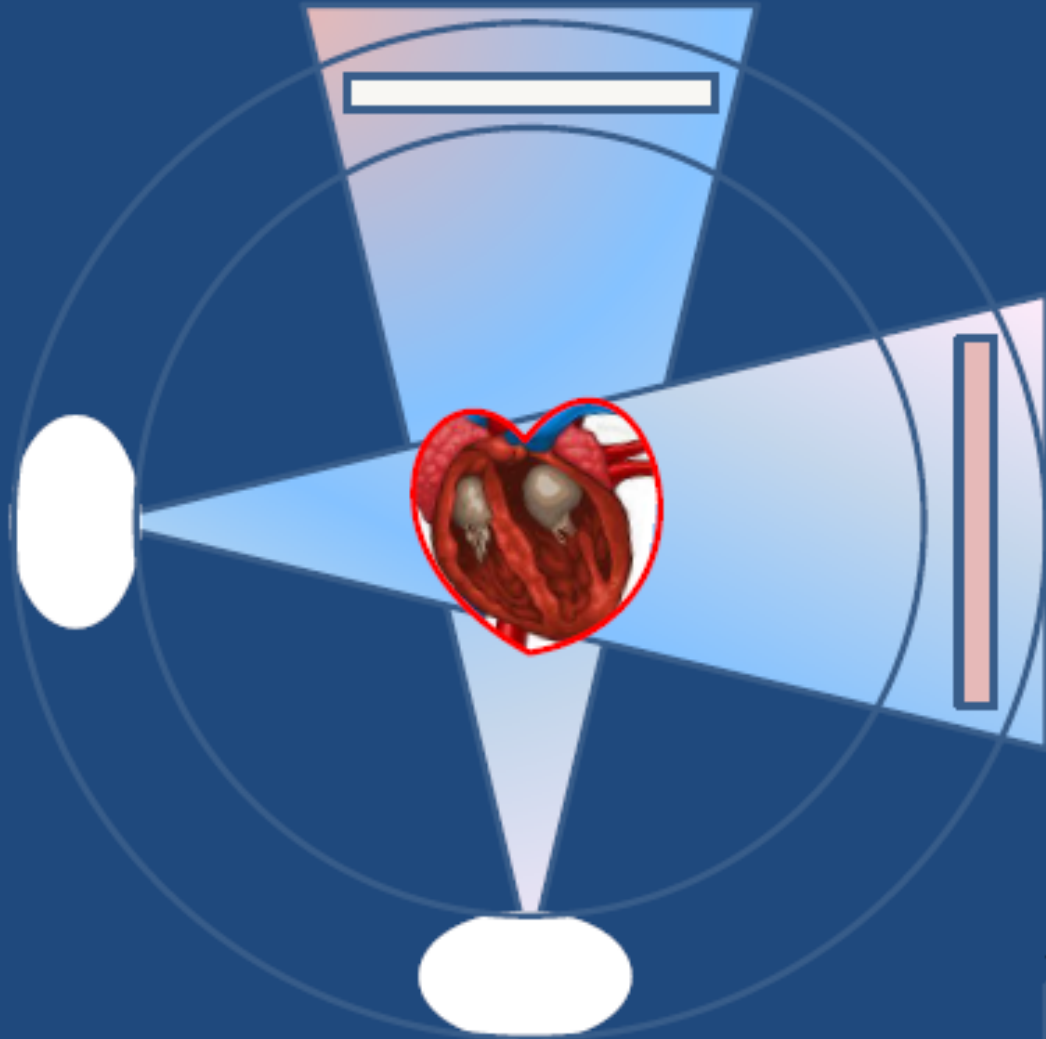


Third Generation CT

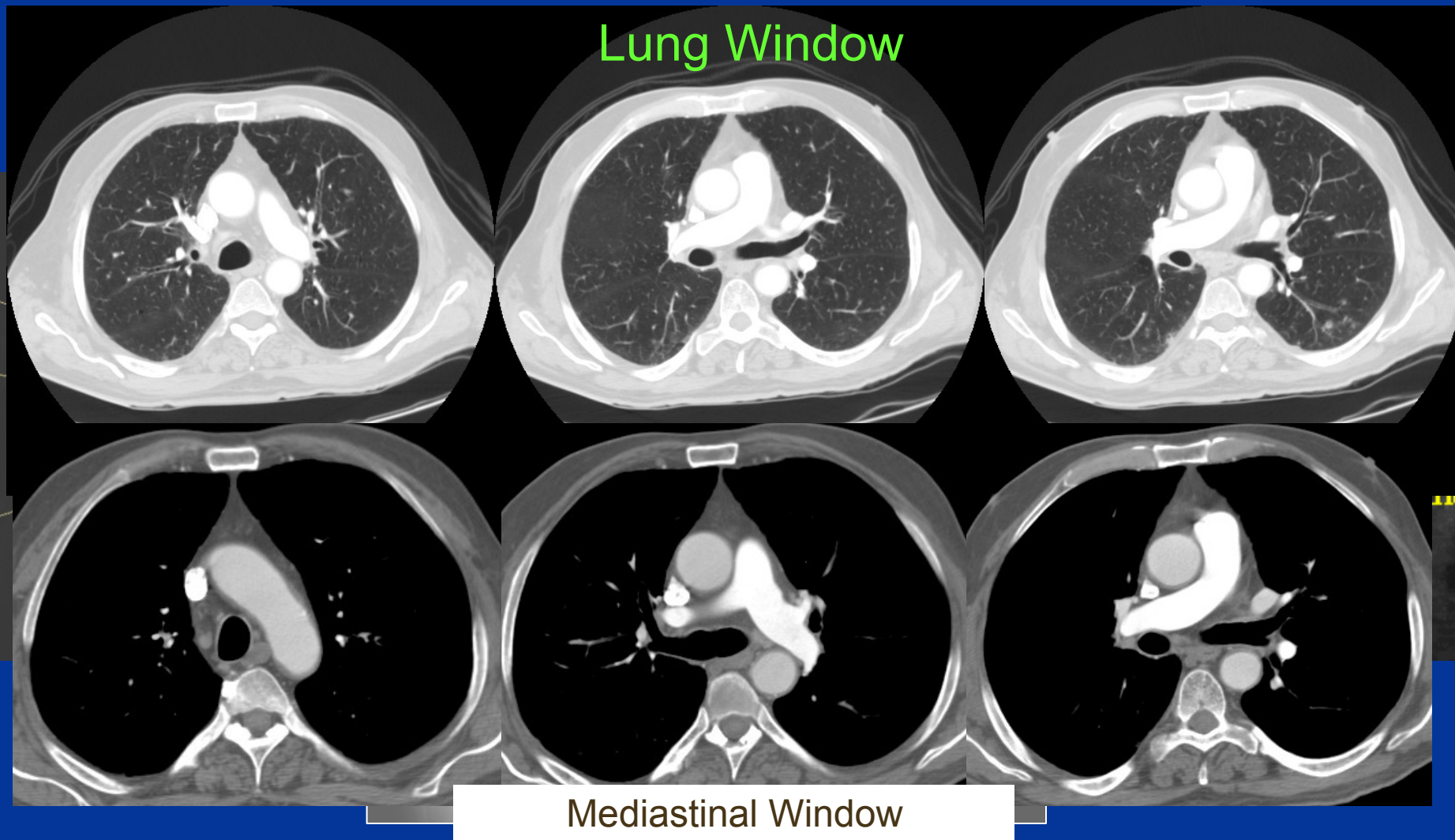
- Arc of detector elements
- Wider fan beam
- Translation of tube and detector
- Faster scan speed



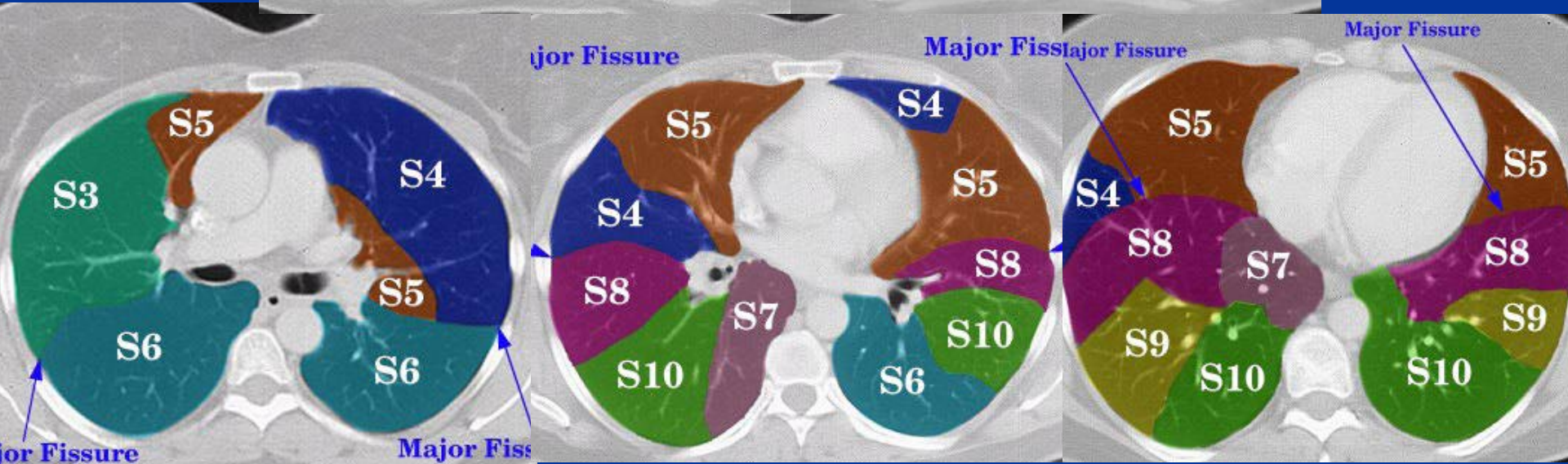
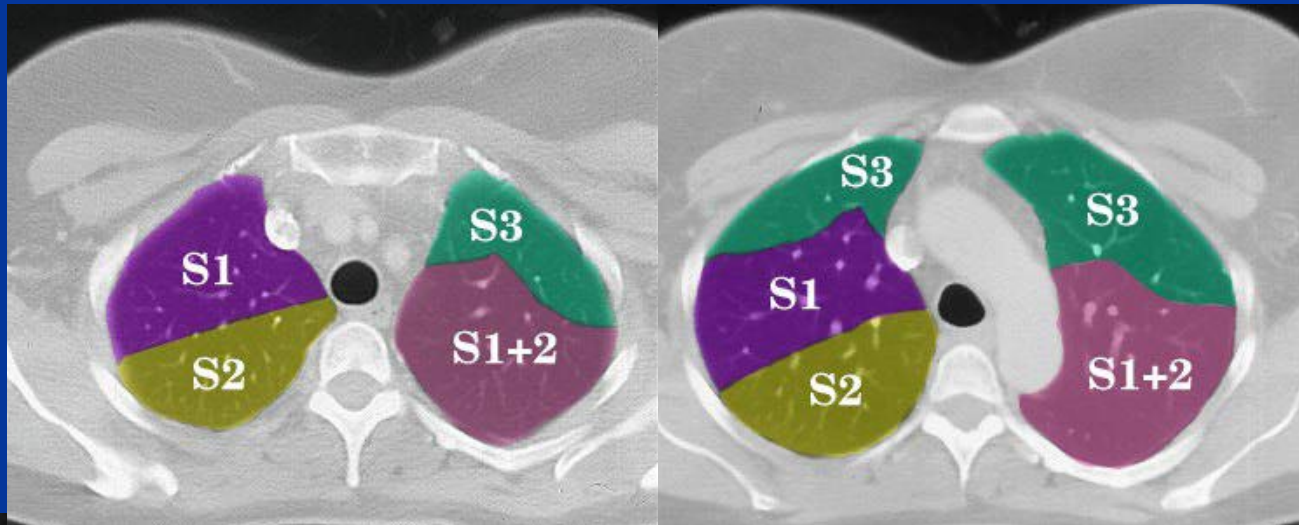
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Radiological Anatomy of the Chest

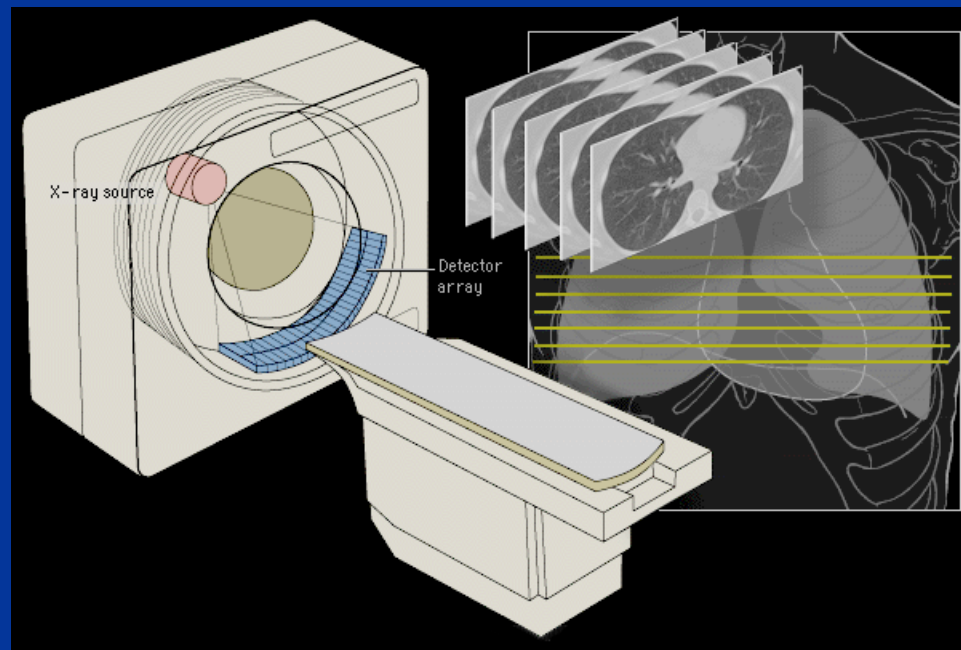


Radiological Anatomy of the Chest



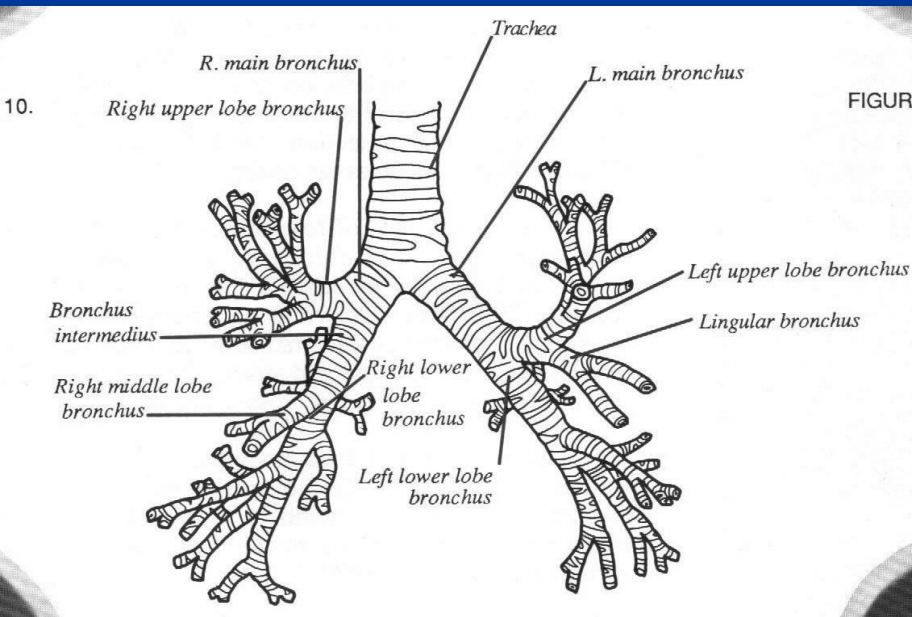
High Resolution CT Scan

- HRCT uses very **thin slices** (1mm) to achieve better spatial resolution & precision.
- HRCT is indicated after normal CXR in a symptomatic patient - the setting of high clinical suspicion of disease.
- Advantages
 - High sensitivity for adenopathy, infiltrates, and architectural distortion.
 - HRCT can identify areas of reversible vs. irreversible lung damage.

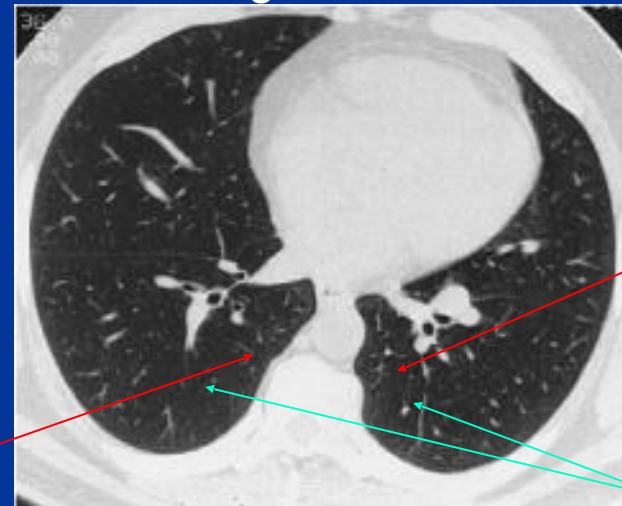


Normal Lung Anatomy

Tracheobronchial Tree



Normal lung at level inferior

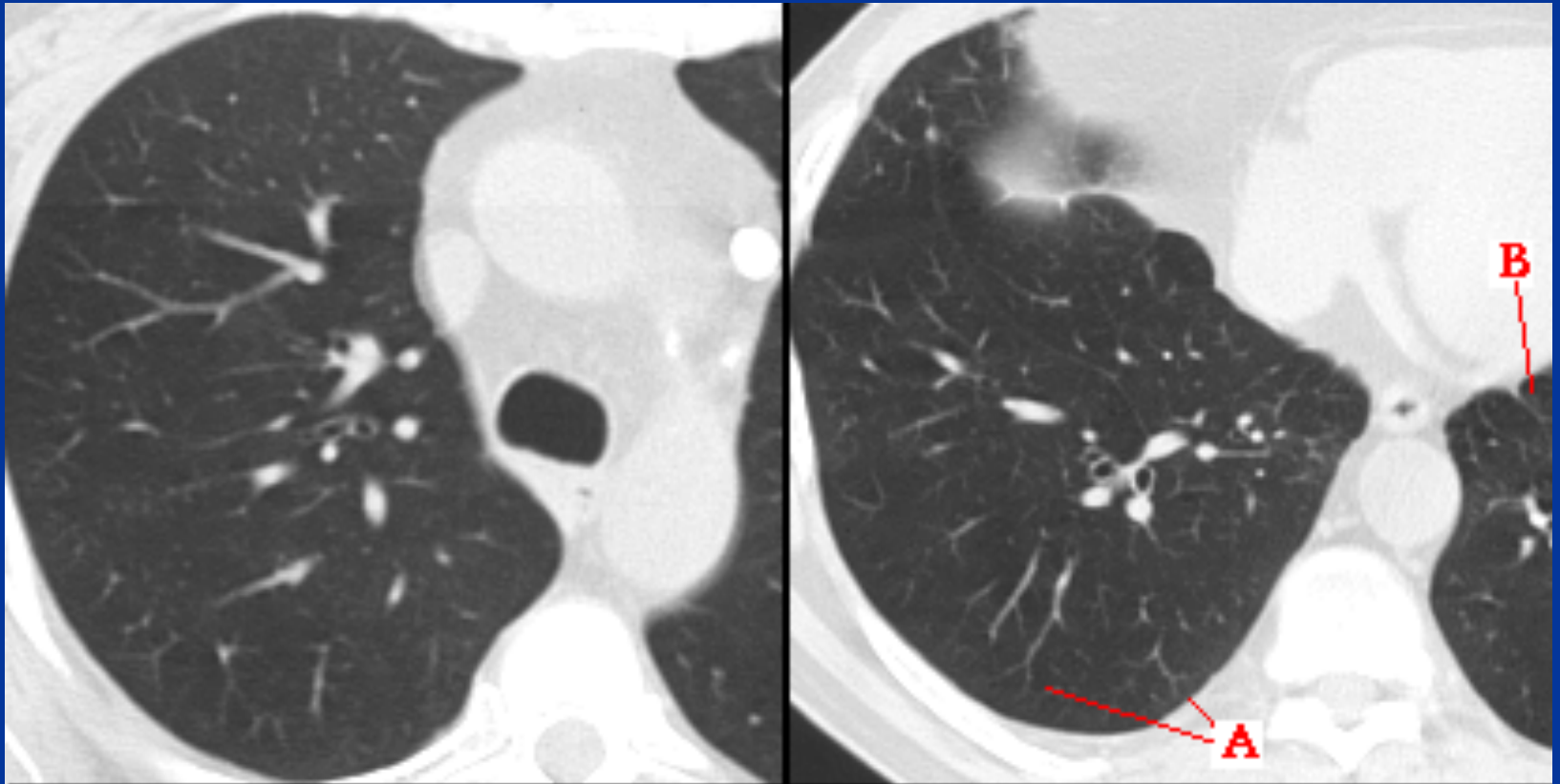


R inferior pulmonary vein

L inferior pulmonary vein

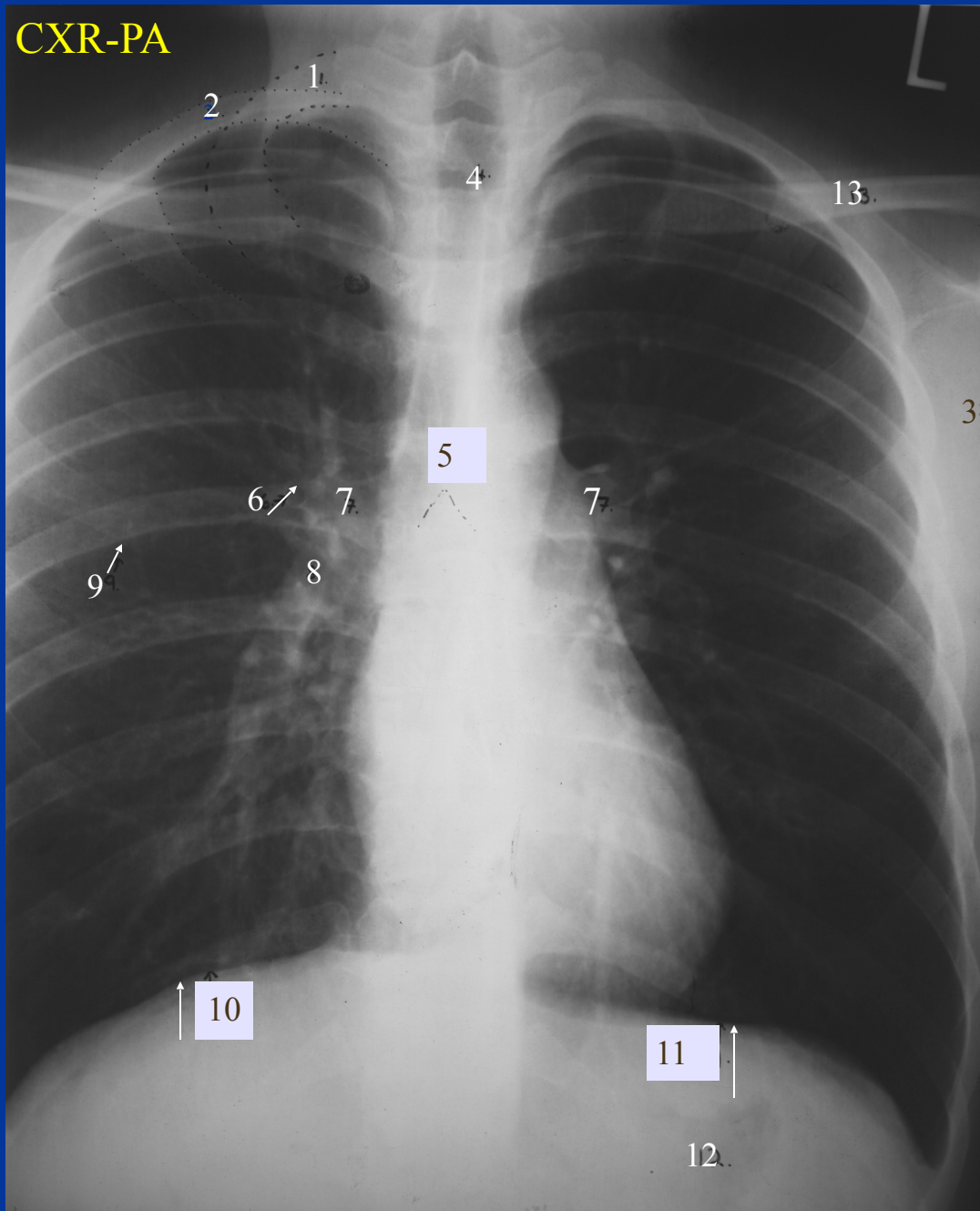
Lower lobe bronchi

Normal HRCT



Normal upper (left) and lower (right) HRCT scans obtained in the prone position. The center of a pulmonary lobule is defined by the presence of a distal pulmonary artery (A). The faint outline of a distal interlobular septum is noted in the lower lobes (B). A subpleural clear space is normally present in the nondependent lung.

CXR-PA

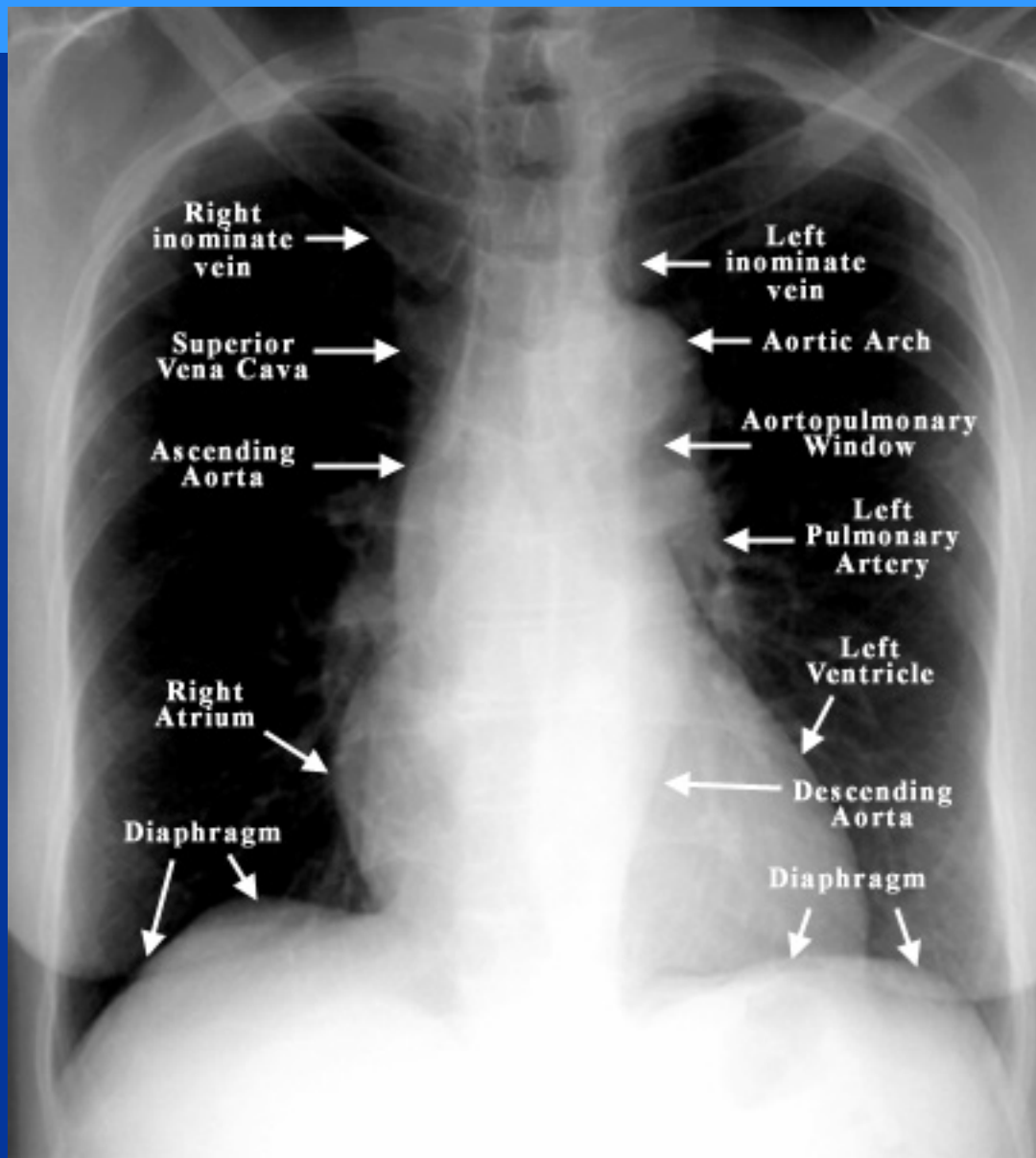


Anatomy on Normal Chest X-Ray

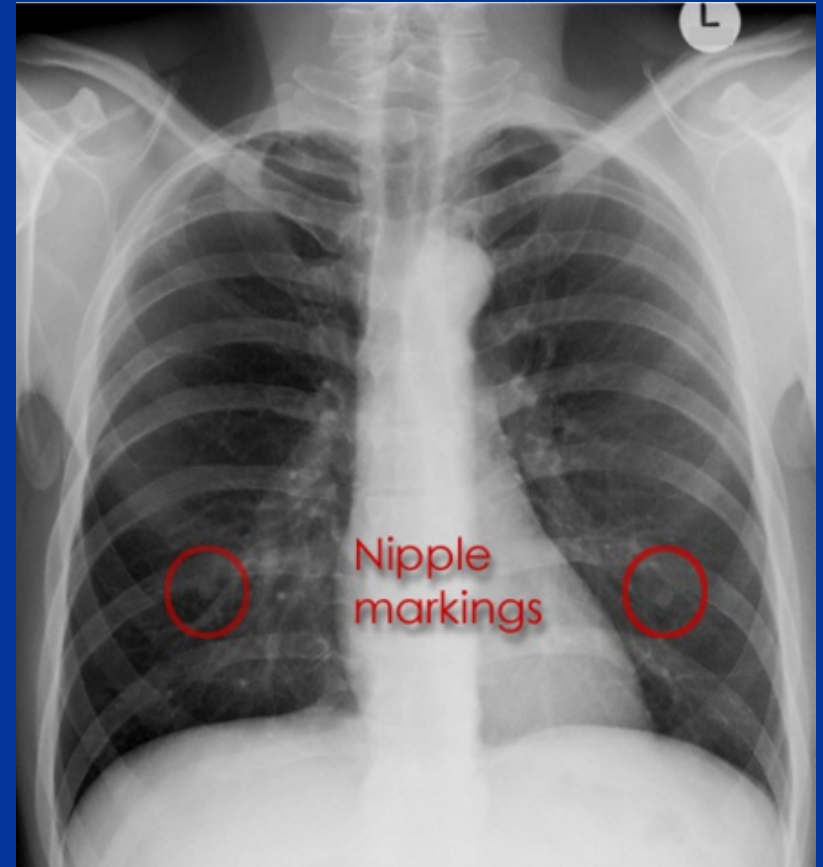
Key:

1. Right 1st rib
2. Right 2nd rib
3. Scapula
4. Trachea
5. Carina
6. Bronchus seen end on
7. Bilateral hila
8. Branch of right main descending pulmonary artery
9. Right minor (horizontal fissure)
10. Right hemi diaphragm
11. Left hemi diaphragm
12. Gastric air bubble
13. Left clavicle

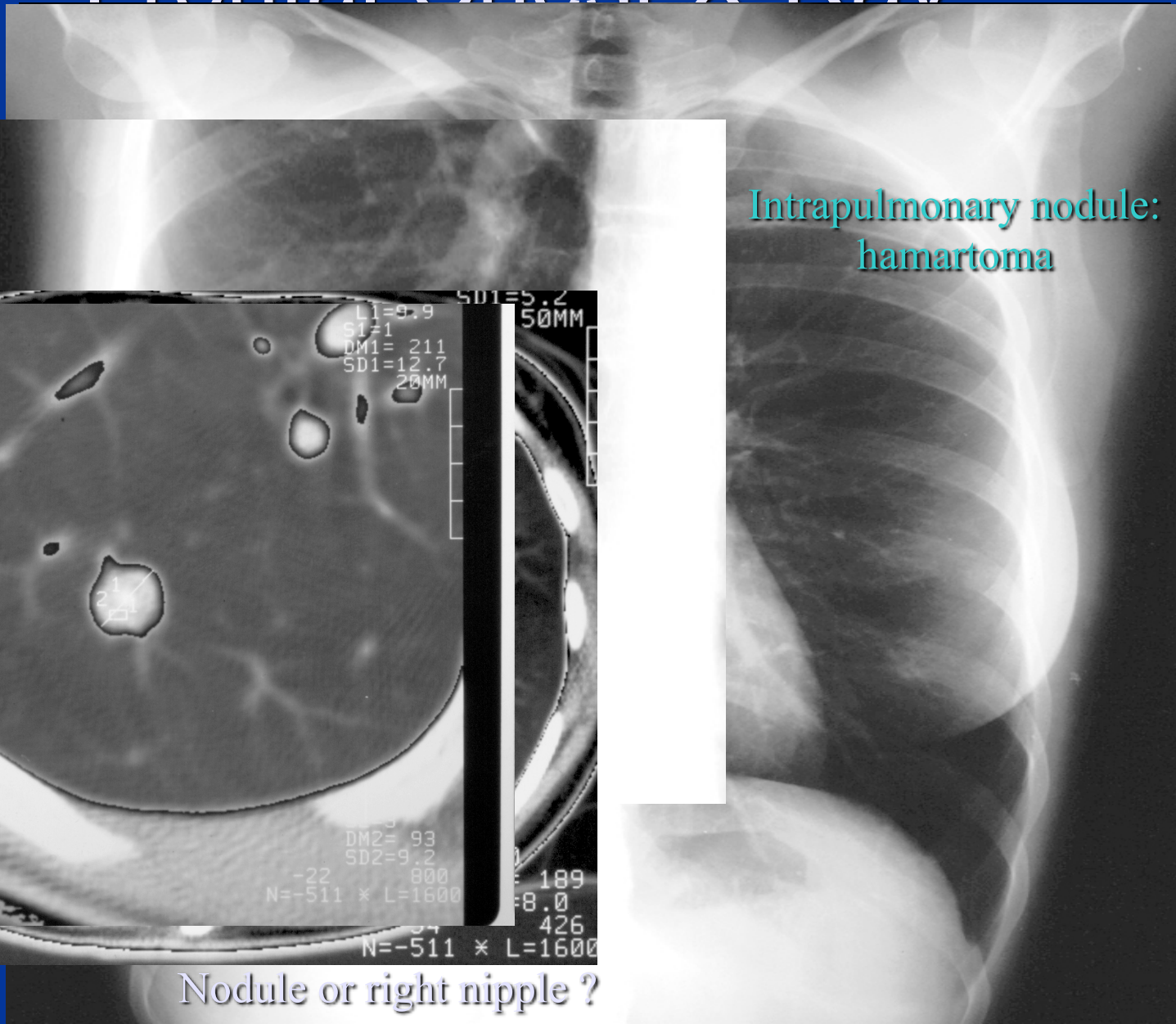
PA VIEW ANATOMY



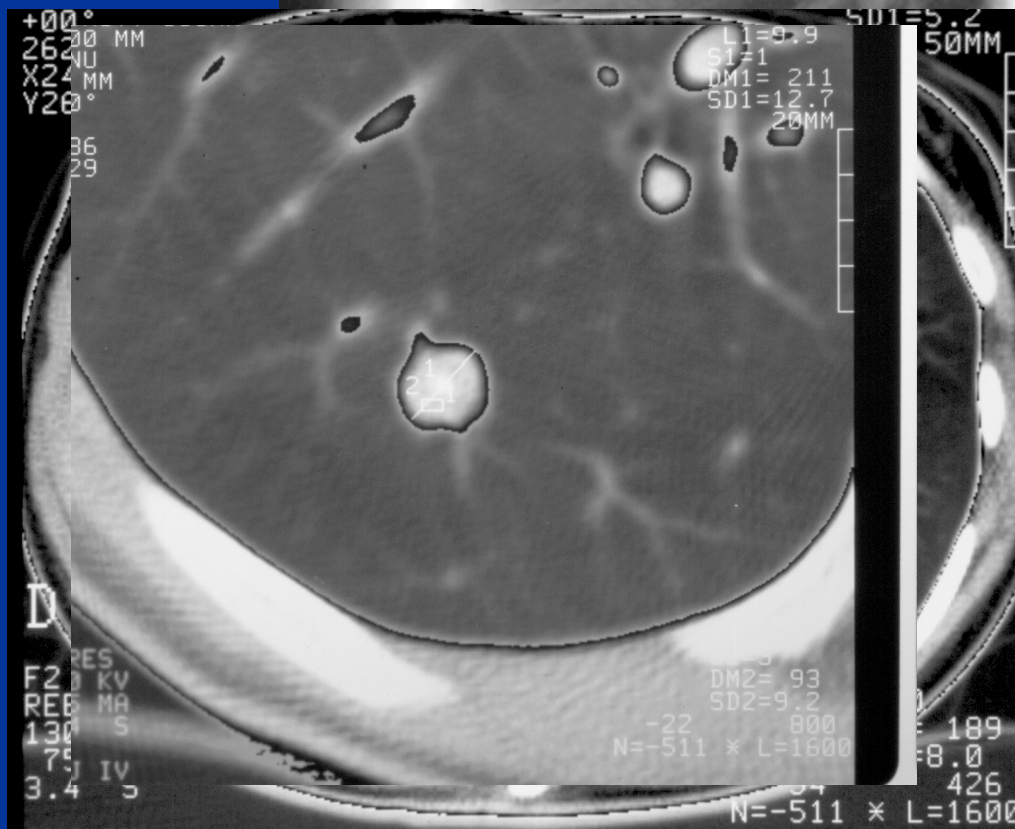
Nipple shadows



Frontal Chest X-Ray



Intrapulmonary nodule:
hamartoma



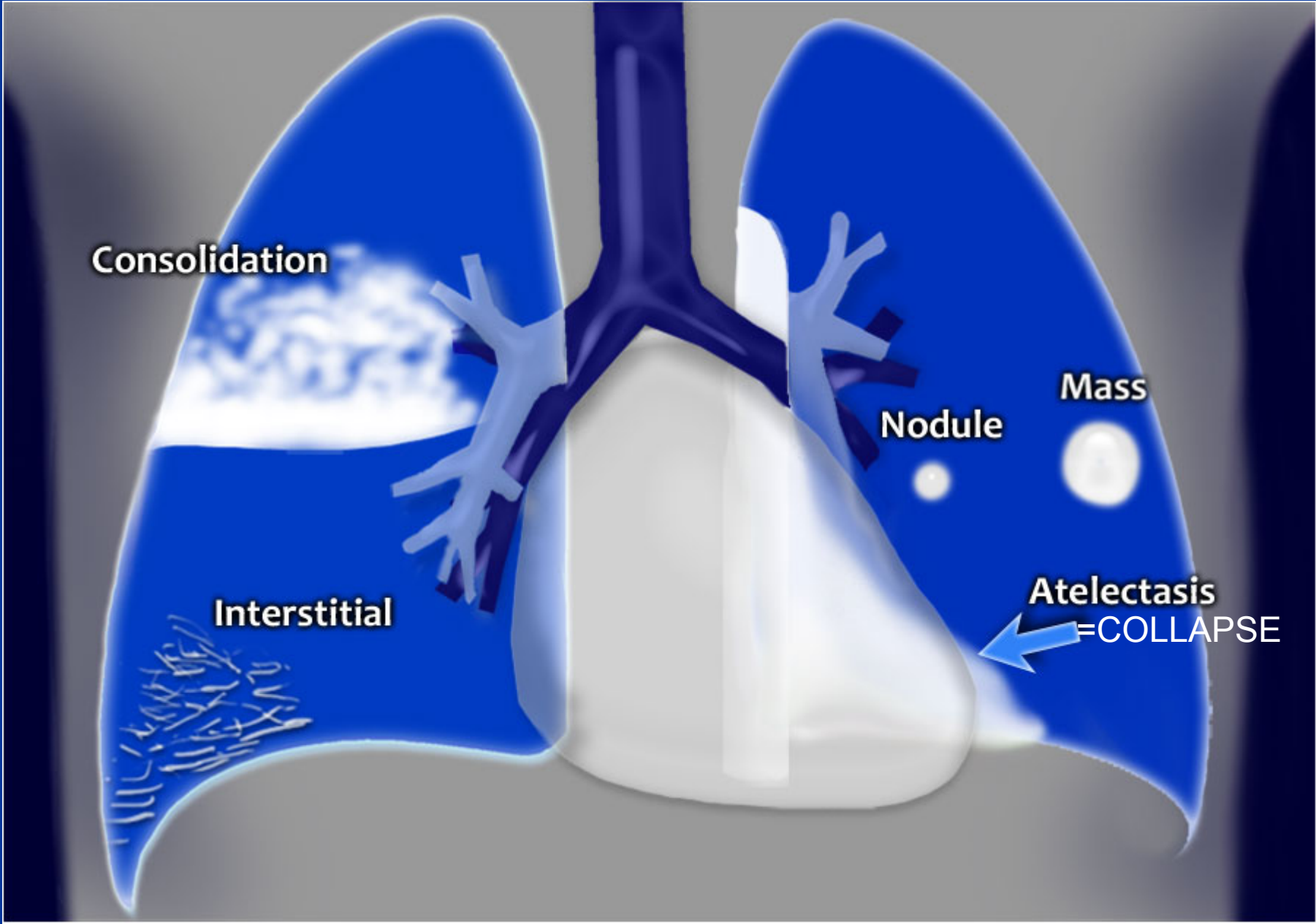
Nodule or right nipple ?

Remember

It's a **chest** x-ray,

not a **lung** x-ray.

LUNG DISEASES

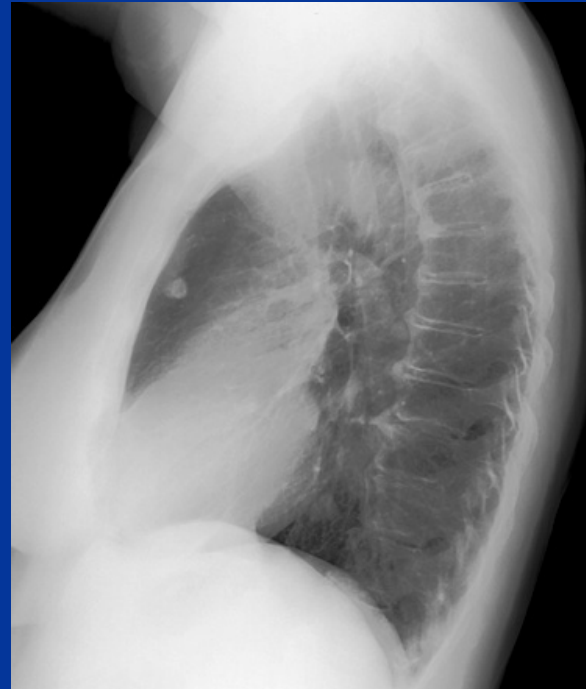


MASS Vs DIFFUSE INFILTRATION

- The basic diagnostic instance is to detect an abnormality.
- In both of the cases, there is an **abnormal opacity**.
- In each of the cases, there is an abnormal opacity in the left upper lobe.
- In the case ABOVE , the opacity would best be described as a **mass** because it **HAS EDGES well-defined 3-D STRUCTURE**
- The case BELOW has an opacity that is **poorly defined**. This is airspace disease such as **pneumonia**.

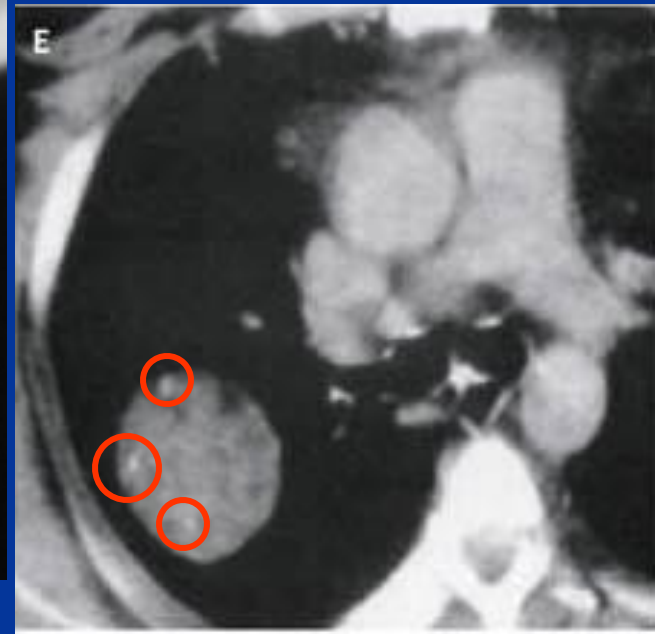
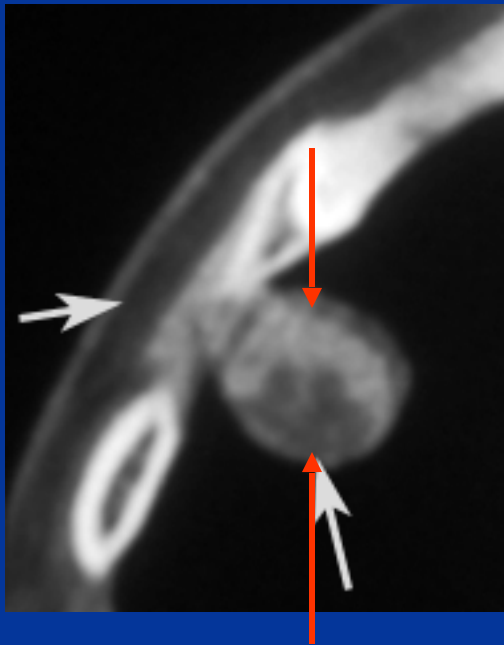
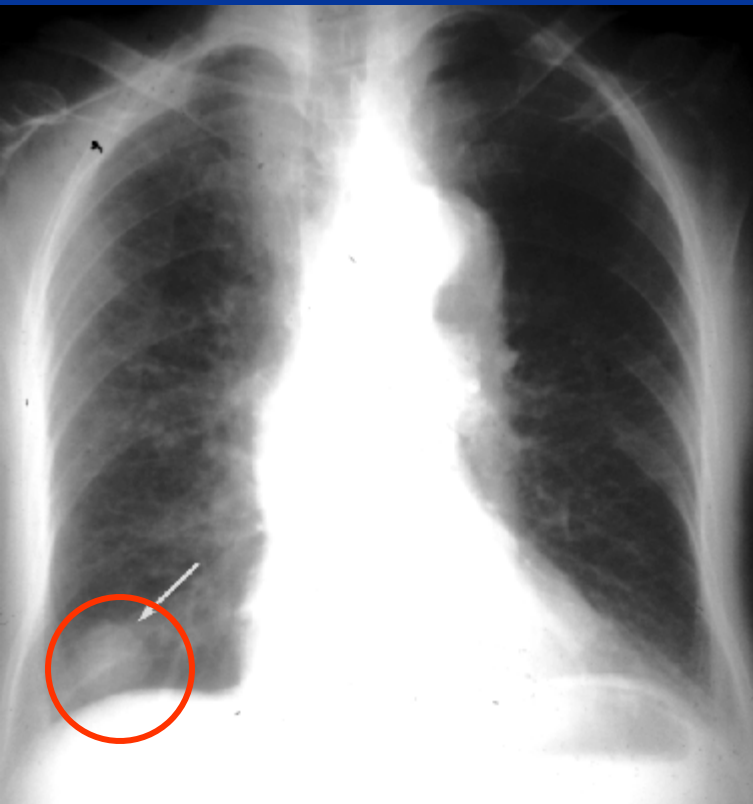


solitary nodule in the lung

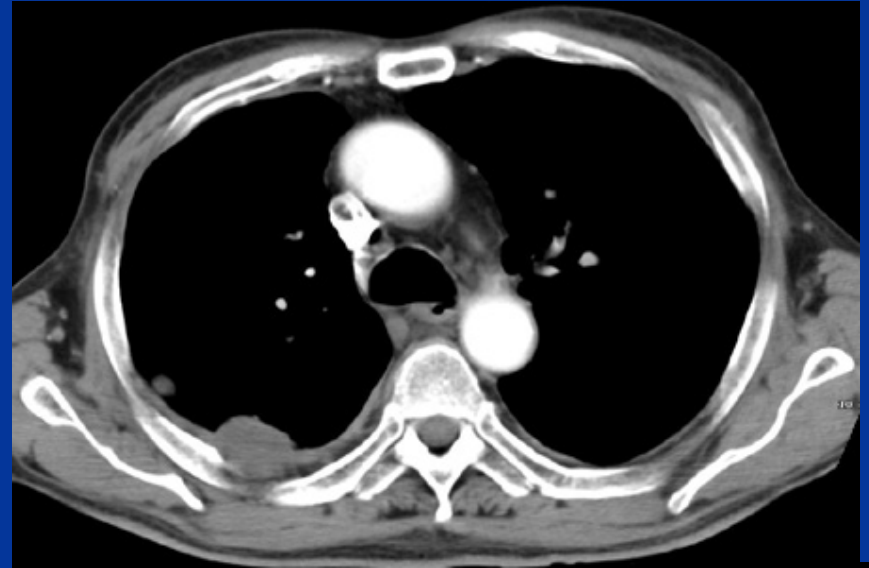
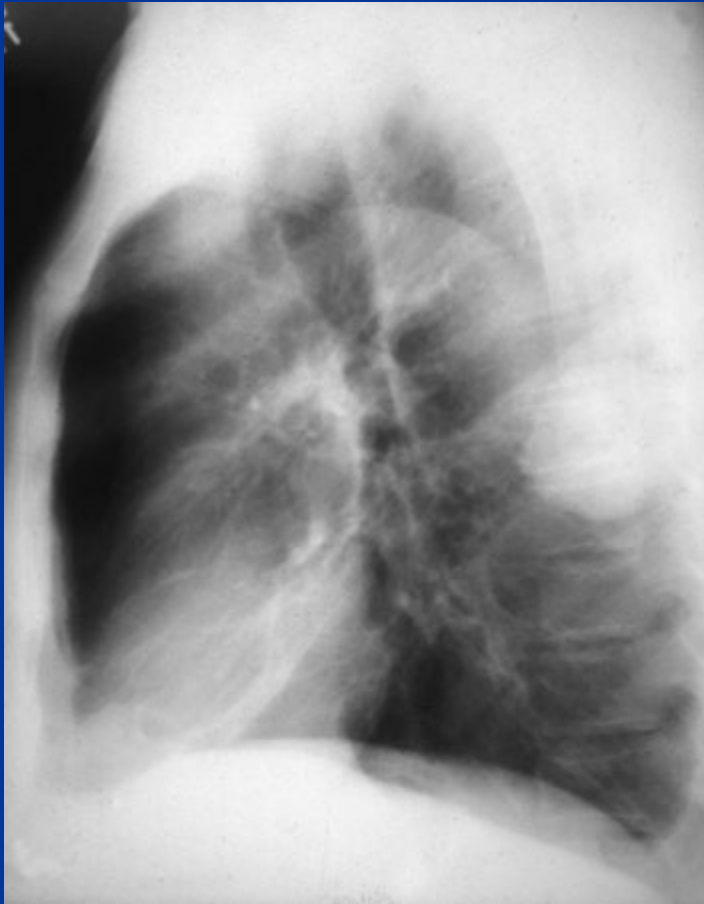


- A solitary nodule in the lung can be totally innocuous or potentially a fatal lung cancer. After detection the initial step in analysis is to compare the film with prior films if available. A nodule that is unchanged for two years is almost certainly benign. Be sure to evaluate for the presence of **multiple nodules** as this finding would change the differential entirely.
- If the nodule is indeterminate after considering old films and calcification, subsequent steps in the work-up include ordering a CT and a tissue biopsy.

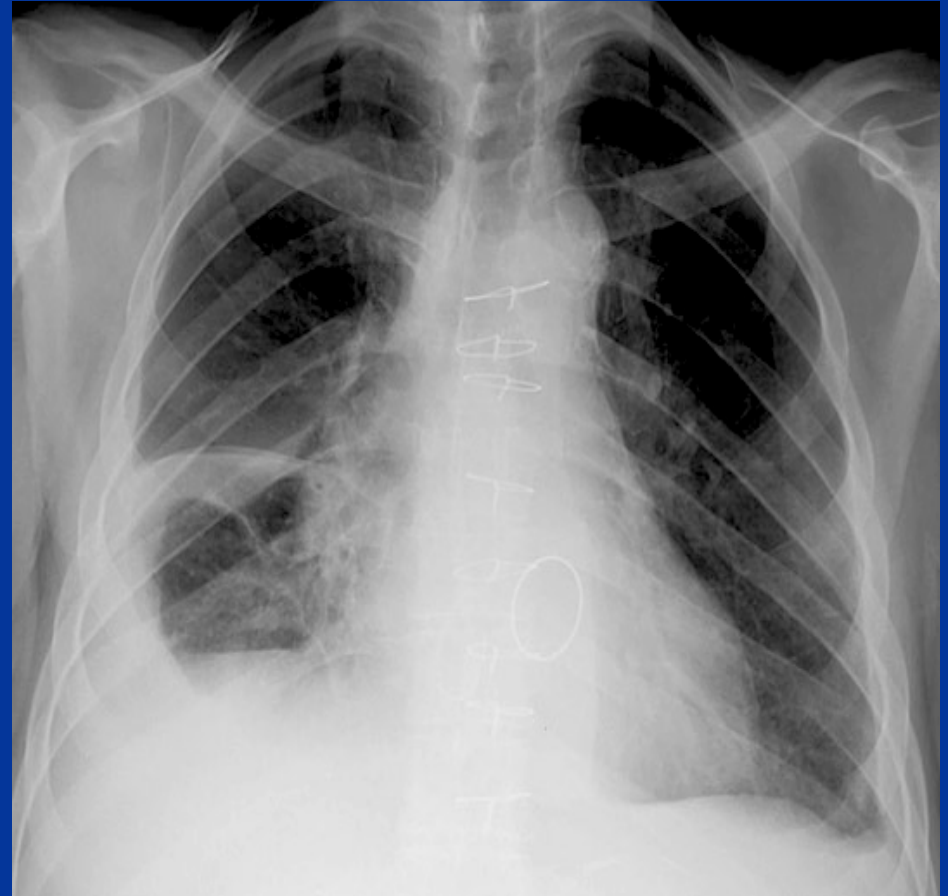
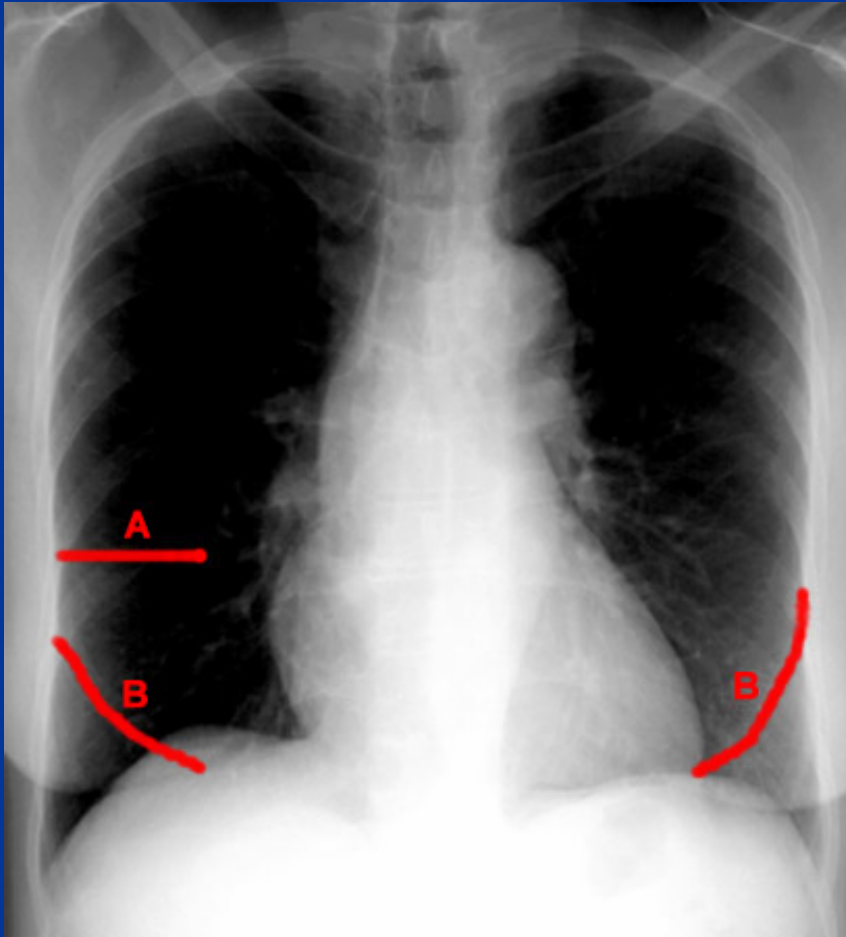
MASS



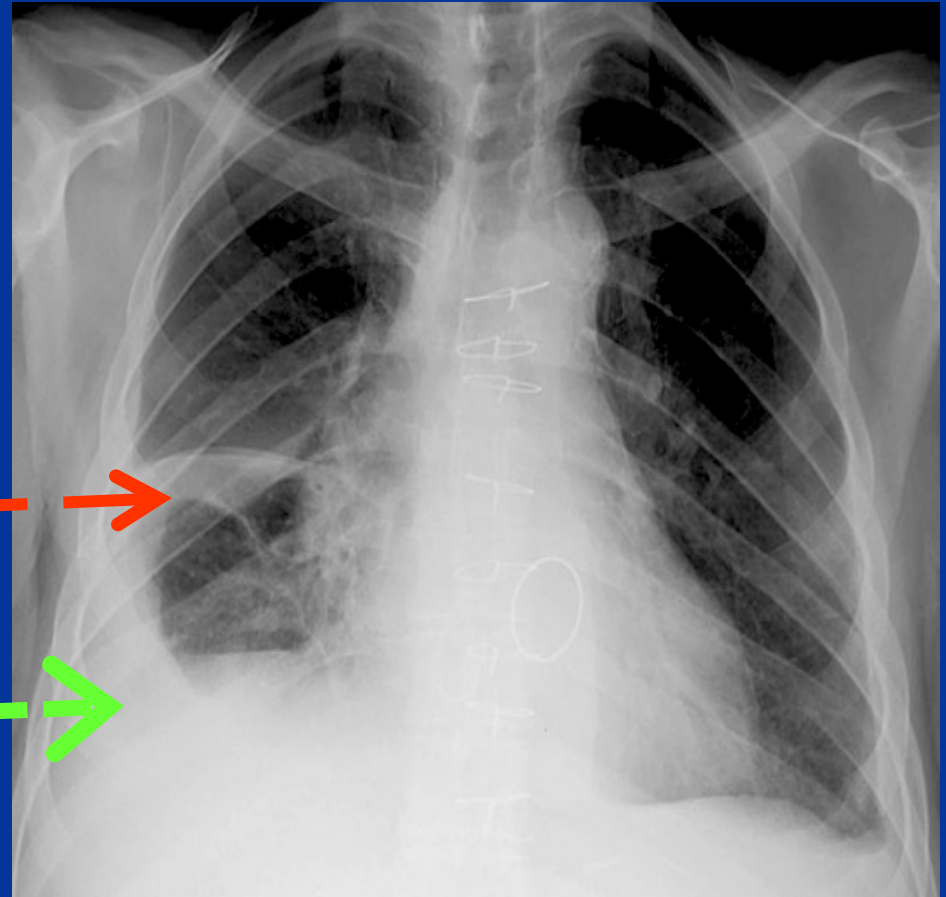
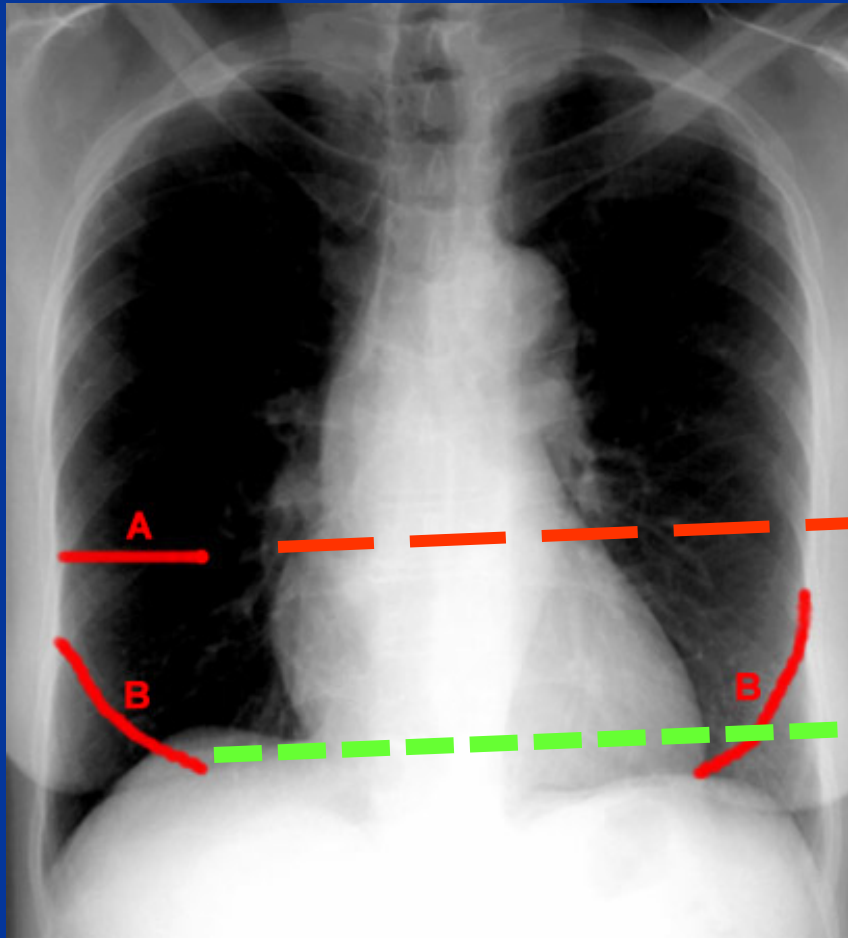
PLEURAL BASED LESION



FISSURES



FISSURES



DEFINITIONS

- **ATELECTASIS**

Loss of volume of lobe, segment or sub segment of the lung.

Example collapse (lung)

- **Consolidation**

Loss of air in lobe, segment or sub segment of the lung.

Example= pneumonia (lobe)

Major differentiating factors between atelectasis and pneumonia

Atelectasis

Volume **Loss**

Associated Ipsilateral Shift

Linear, Wedge-Shaped

Apex at Hilum

Pneumonia

Normal or Increased Volume

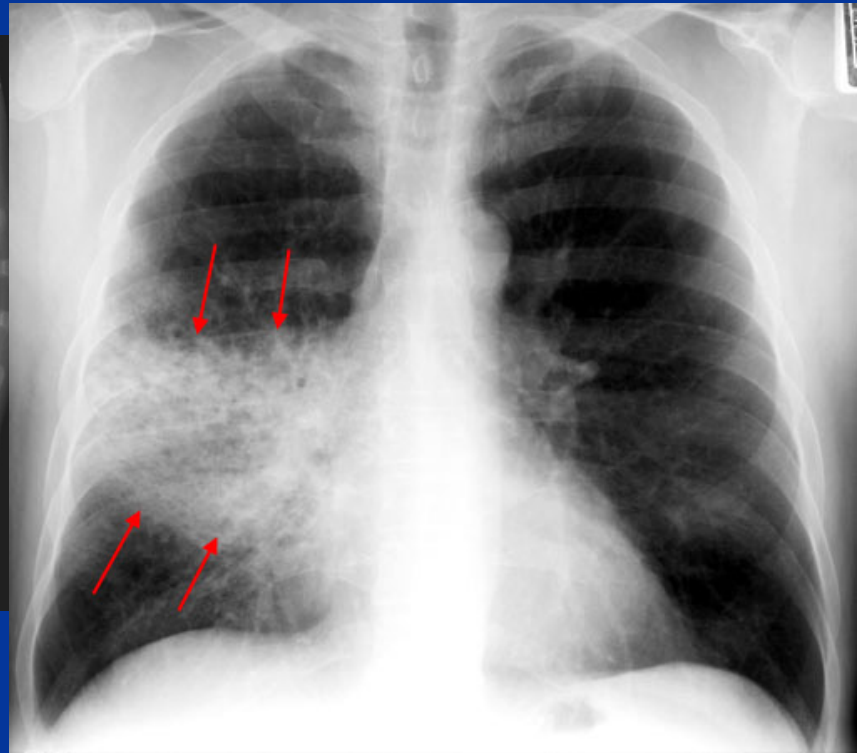
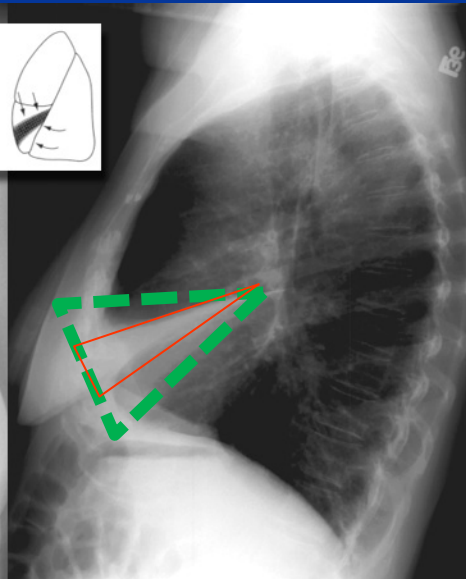
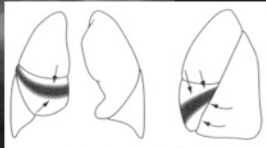
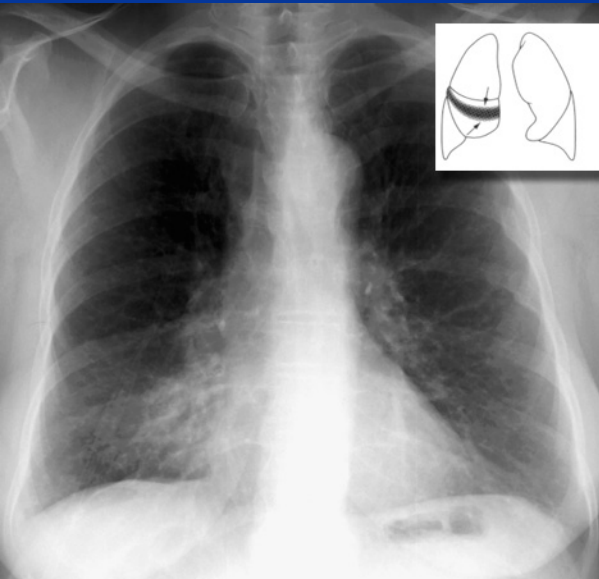
No Shift, or if Present Then Contralateral

Consolidation, Air Space Process

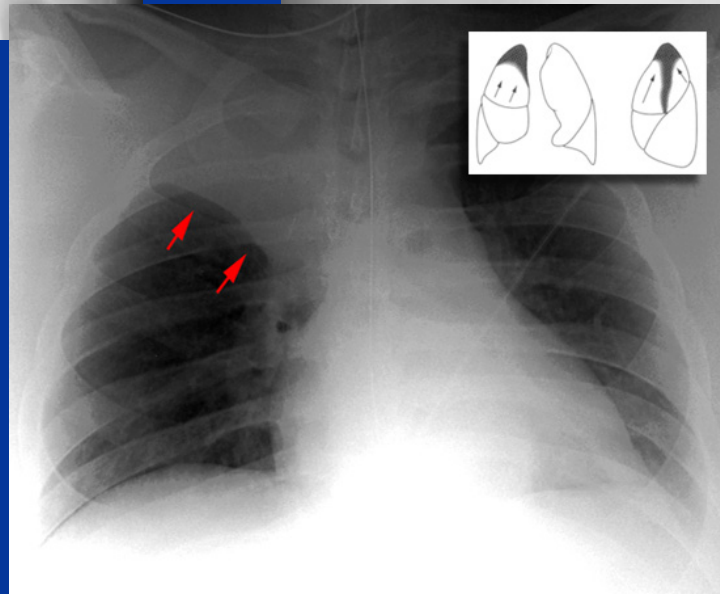
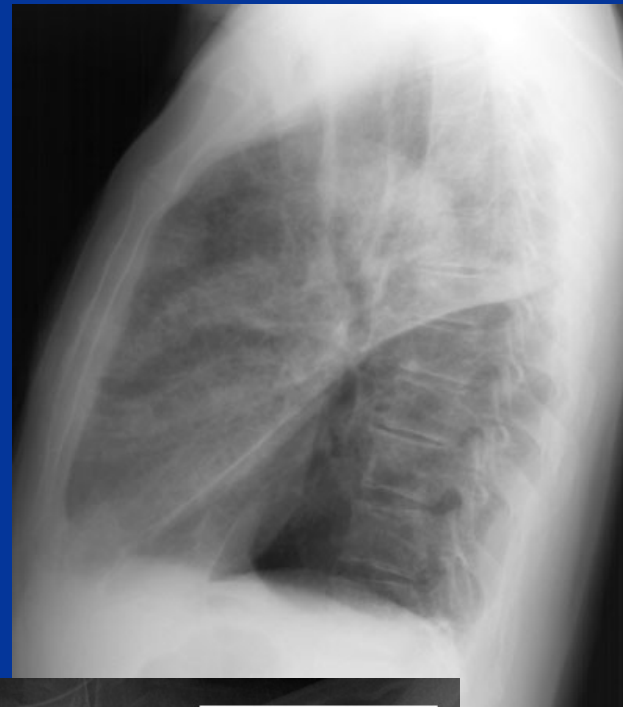
Not Centered at Hilum

Air bronchograms can occur in both.

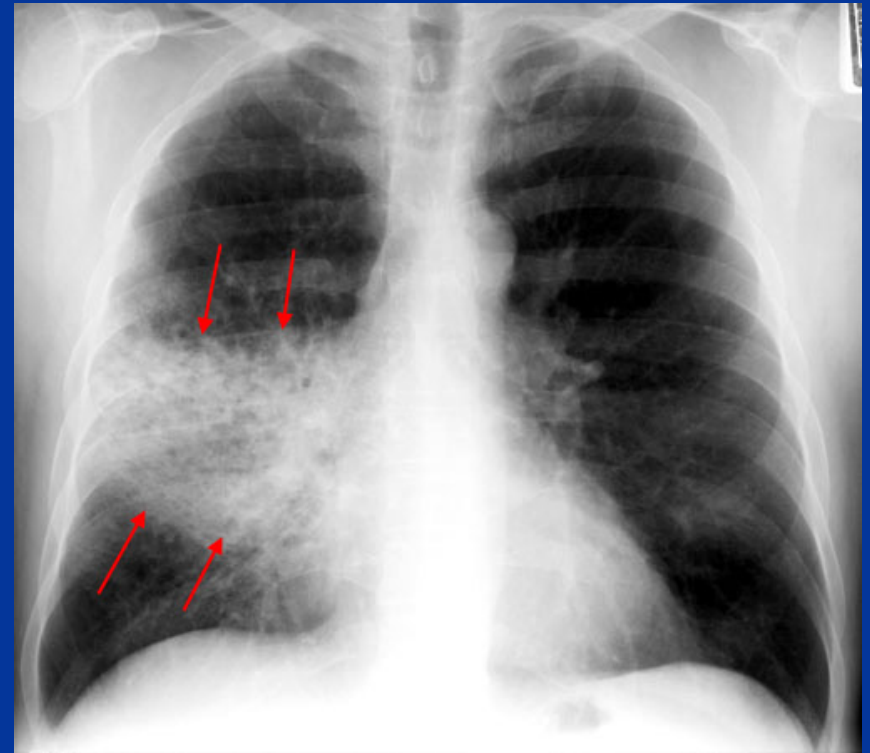
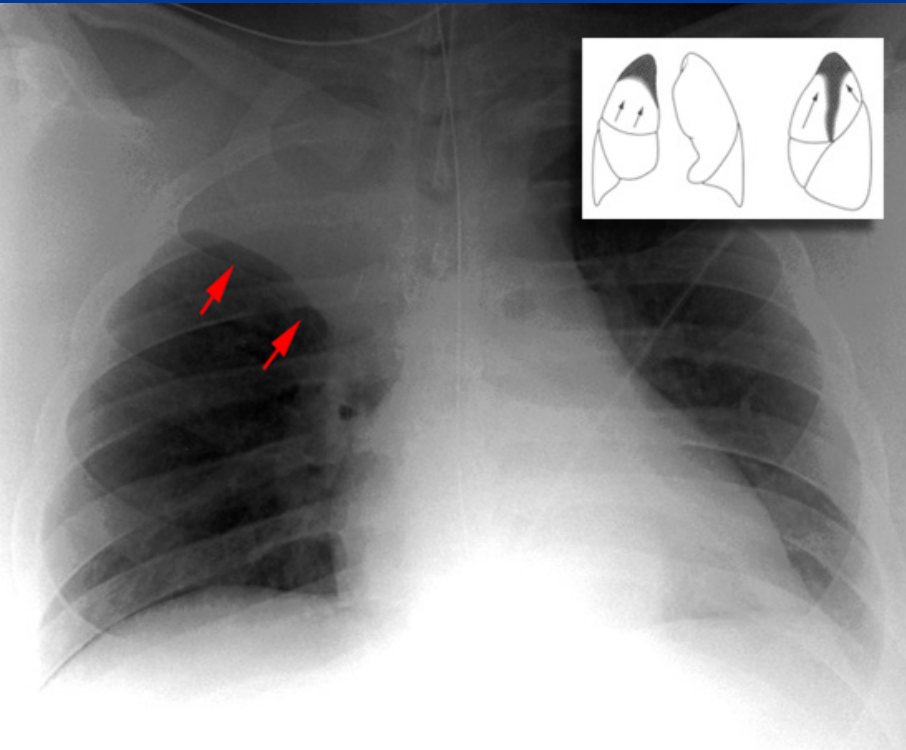
PNEUMONIA VS ATELECTASIS



PNEUMONIA Vs ATELECTASIS



ATELECTASIS Vs PNEUMONIA



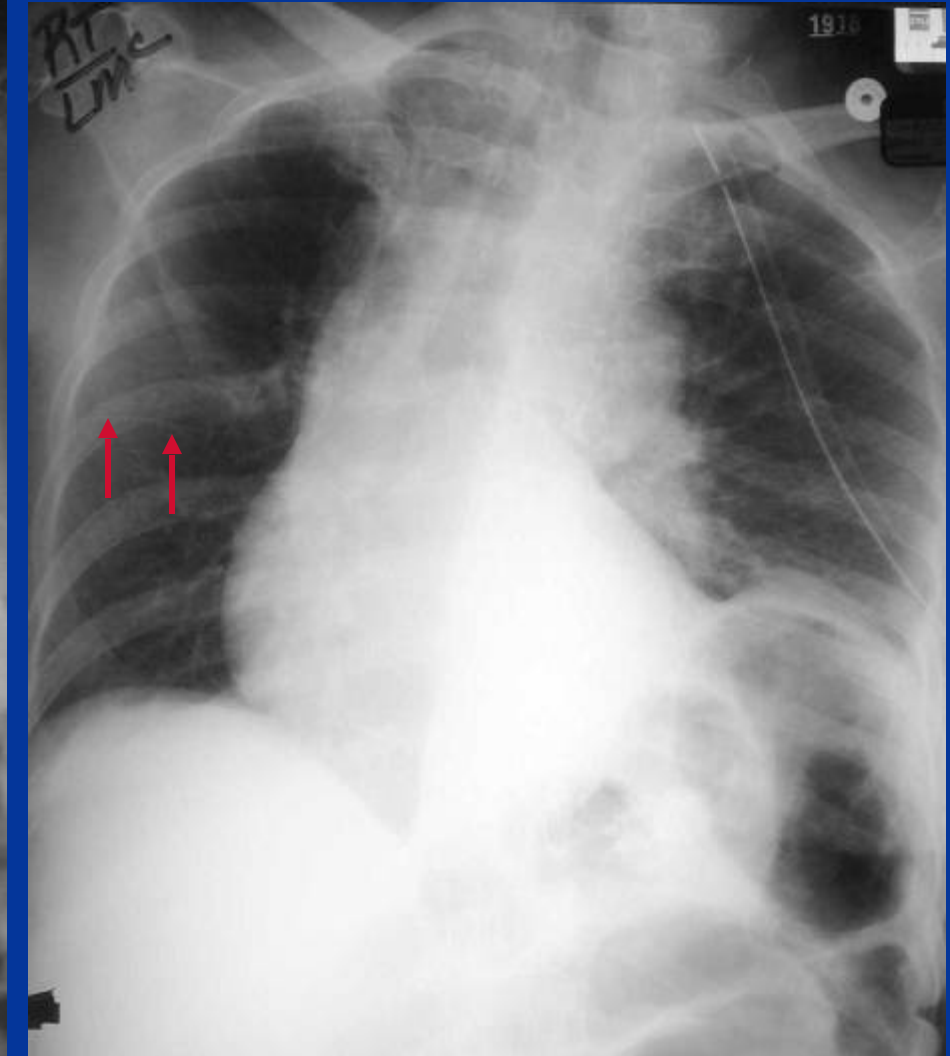
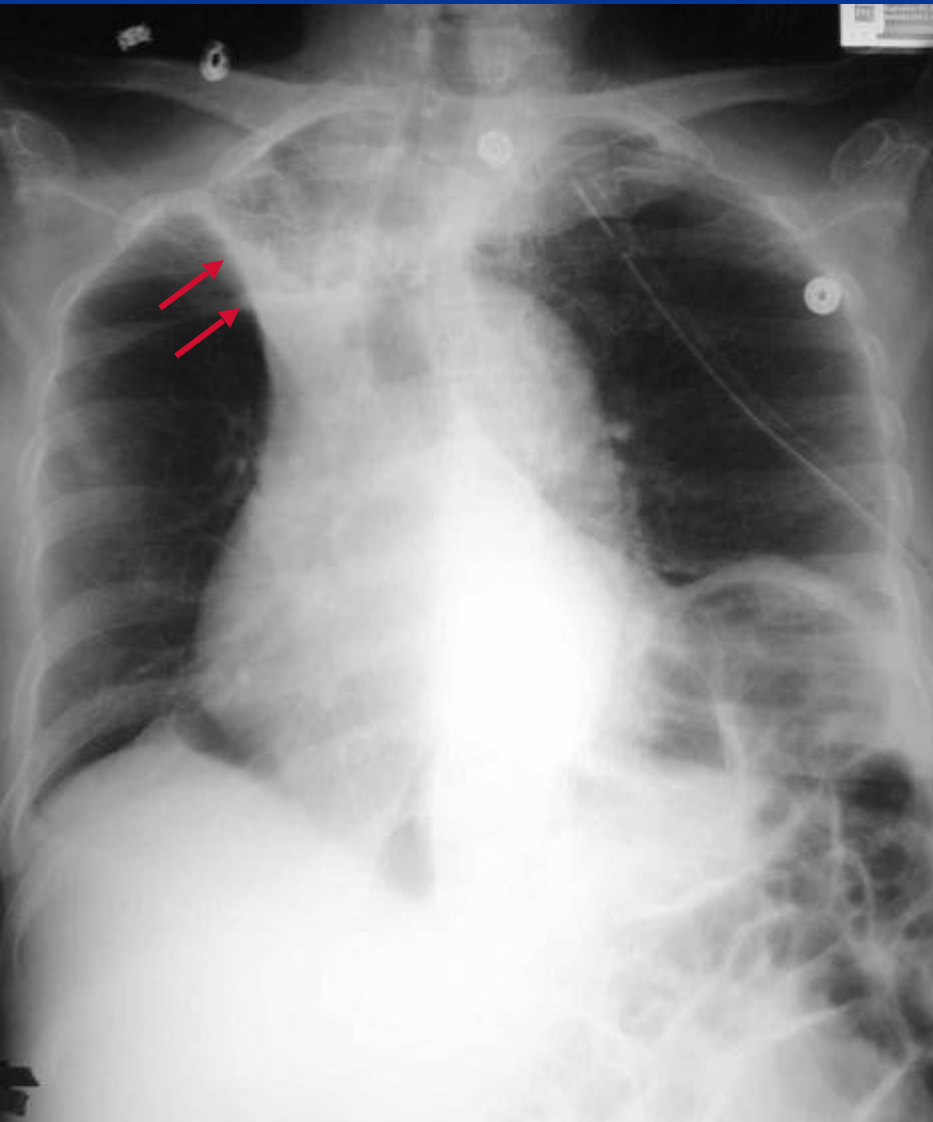
Recognizing air space disease

- Alveolar spaces filled with...something.
- Radiologist's report:
 - “consolidation”
 - “air space opacity”
 - “fluffy density”
 - “infiltrate”
- Nonspecific:
 - Atelectasis, pneumonia, bleeding, edema, tumor

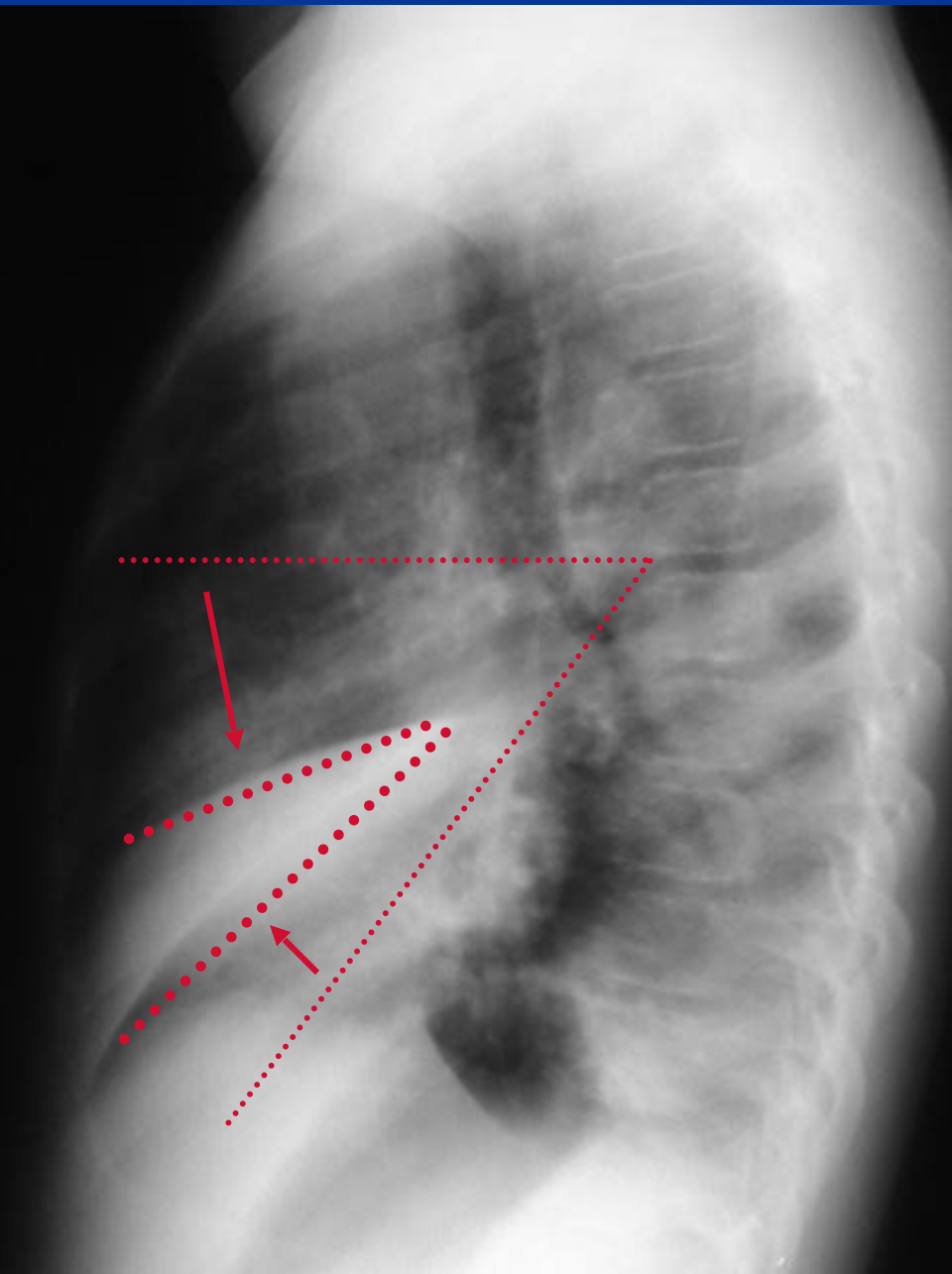
Lobar Atelectasis

- Best sign – **shift of a fissure**
- Rapid development and clearance
- **Air bronchograms** if non-obstructive
- Secondary signs:
 - Mediastinal shift
 - Elevated diaphragm
 - Ribs closer together
 - Vague increased density

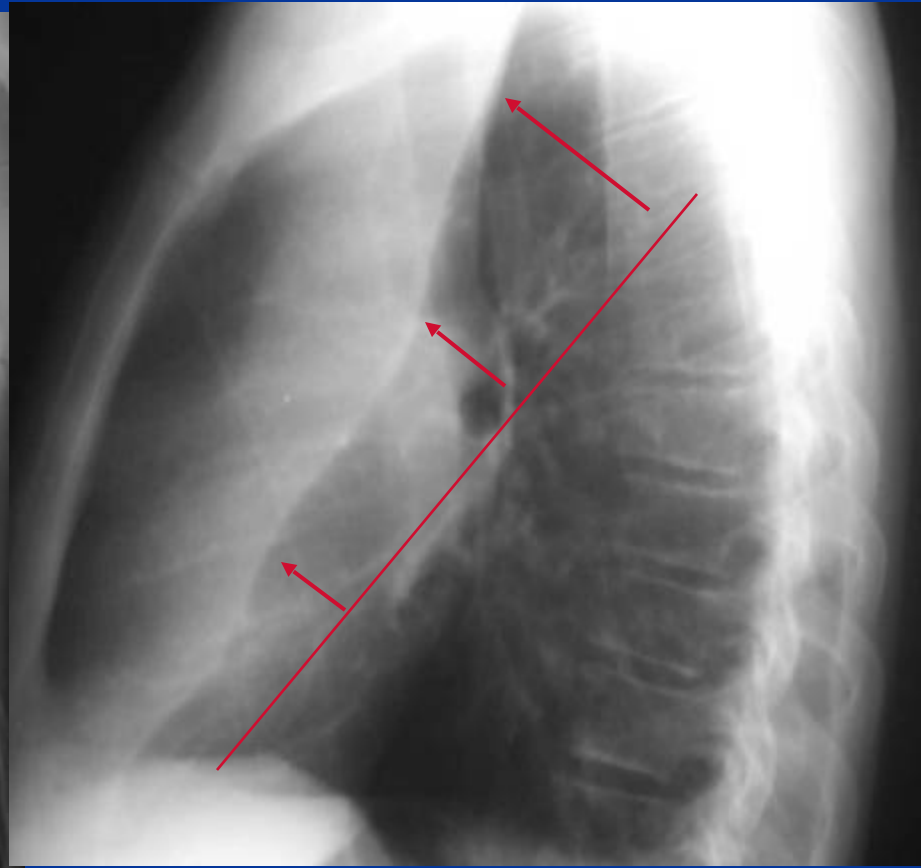
RUL Atx



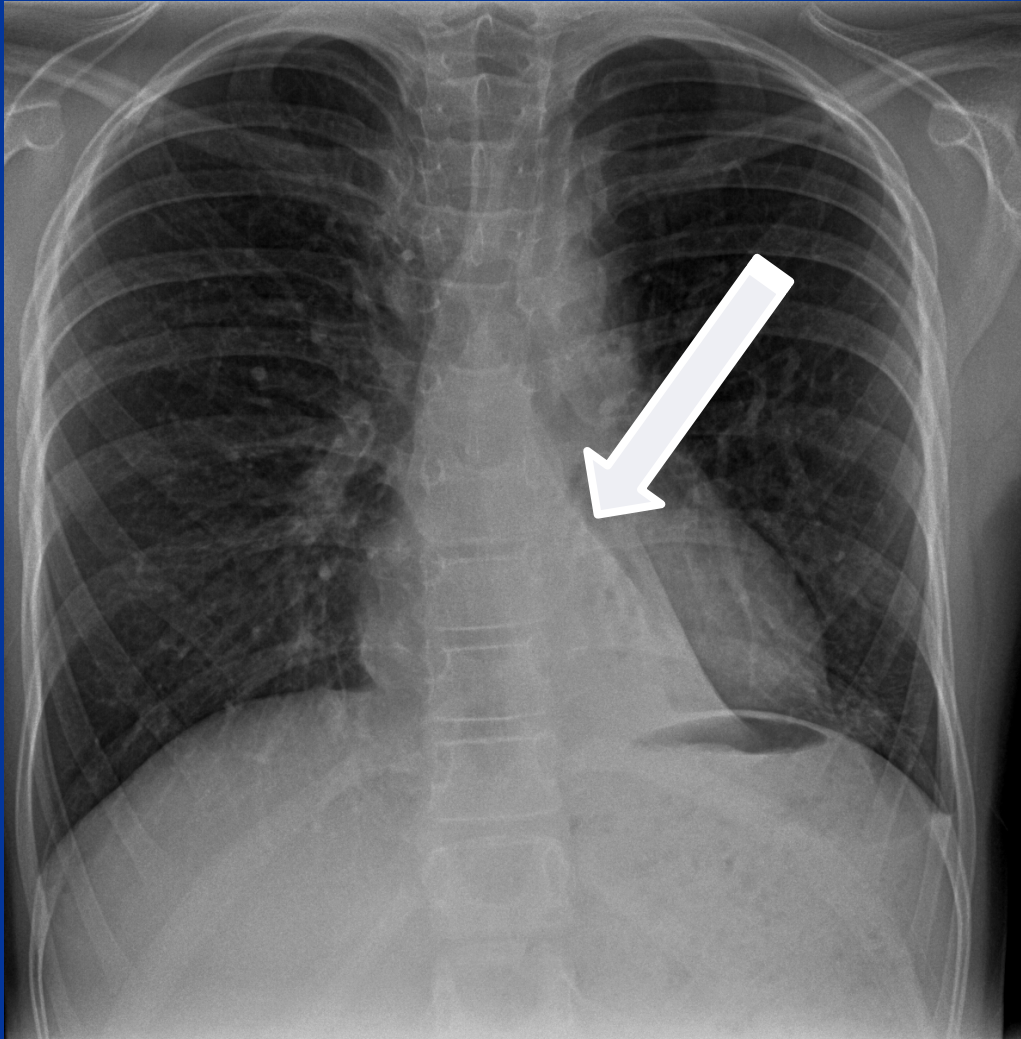
RML Atx



LUL Atx



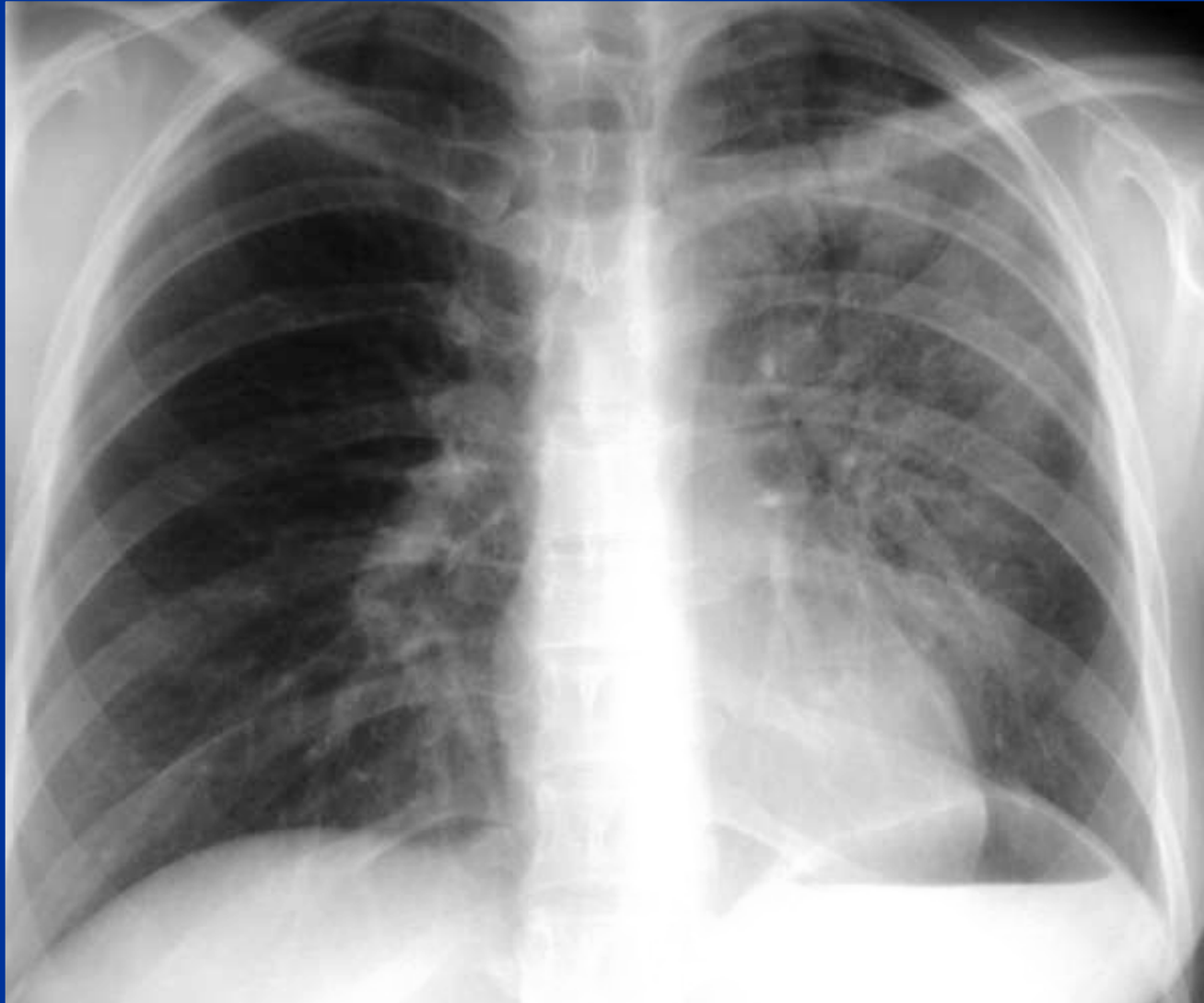
LLL COLLAPSE



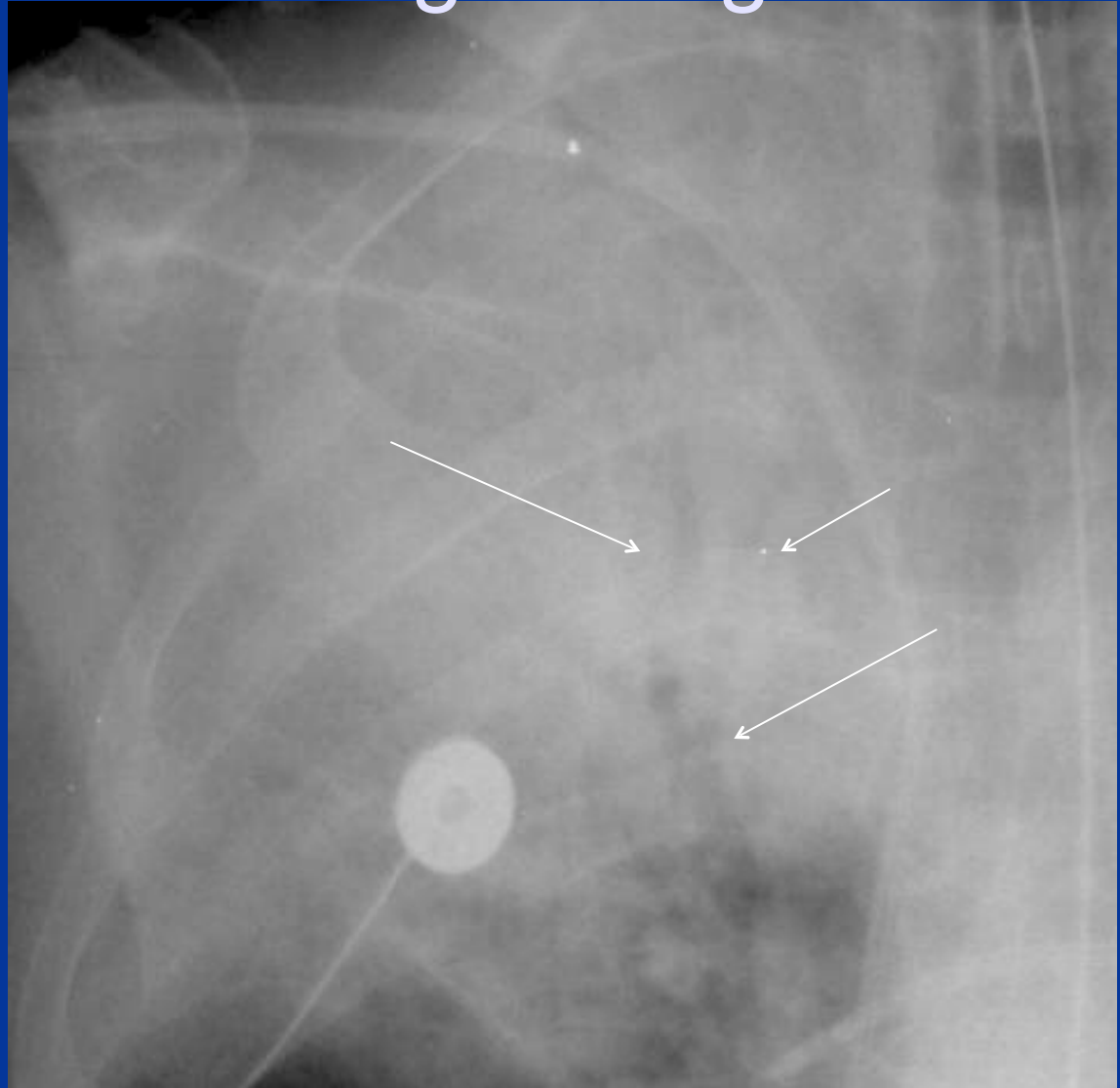
Pneumonia

- Signs:
 - **Air bronchogram**
 - **Silhouette** - “positive” or “negative”
 - Dense hilum
 - “Spine” sign
- All are signs of any air space process
- Dx of pneumonia depends on appropriate clinical scenario.

AIR-BRONCHOGRAM



Air bronchogram sign



Pseudomonas
pneumonia

Air bronchograms — CT

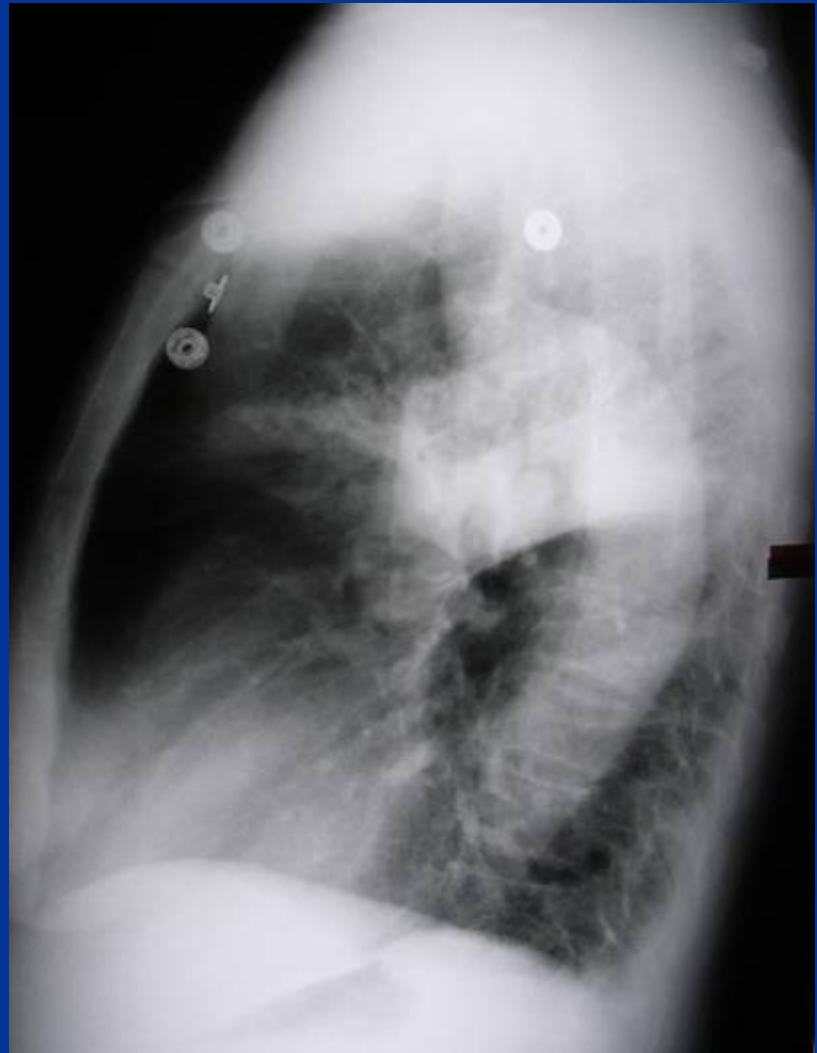


Pneumonia

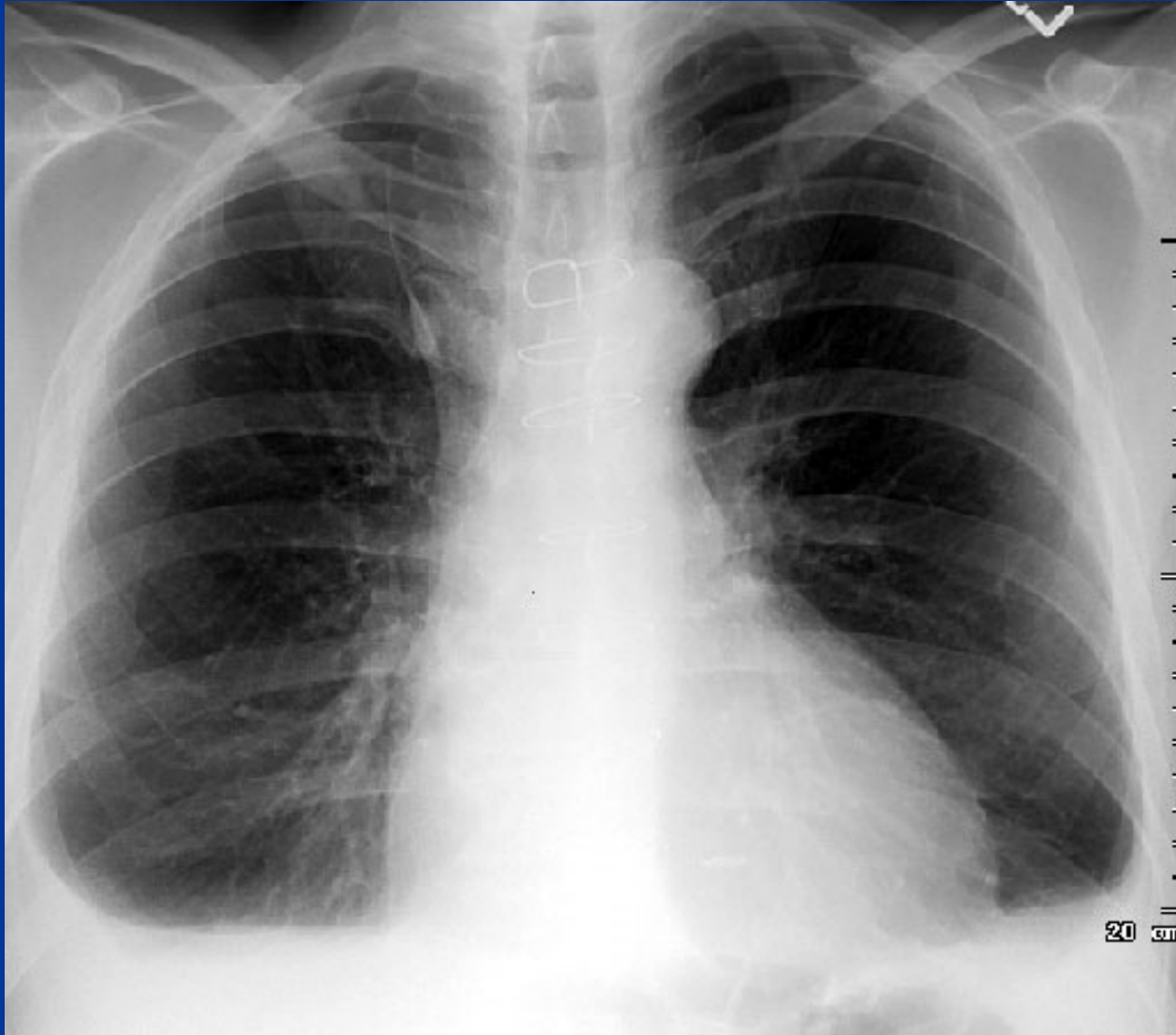
Right middle lobe



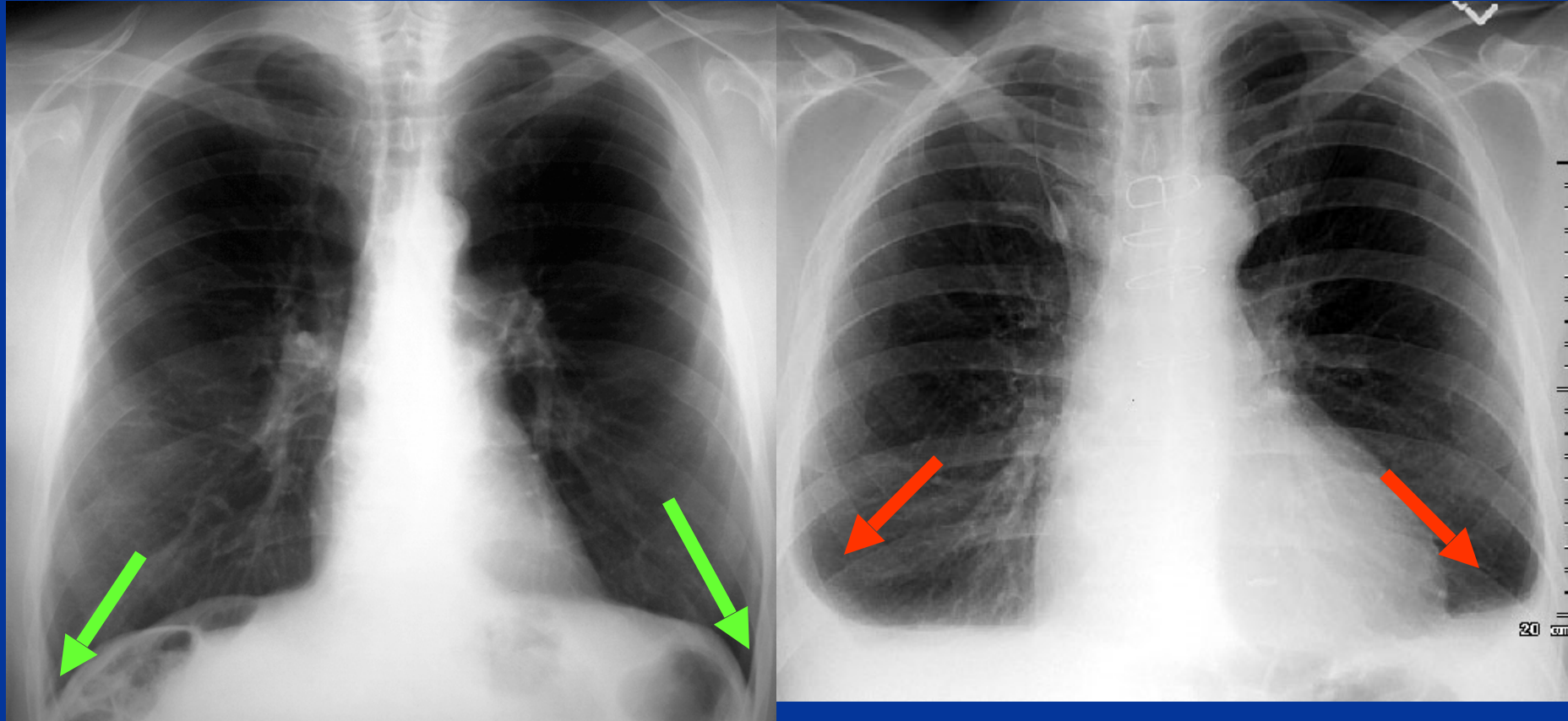
Right upper lobe



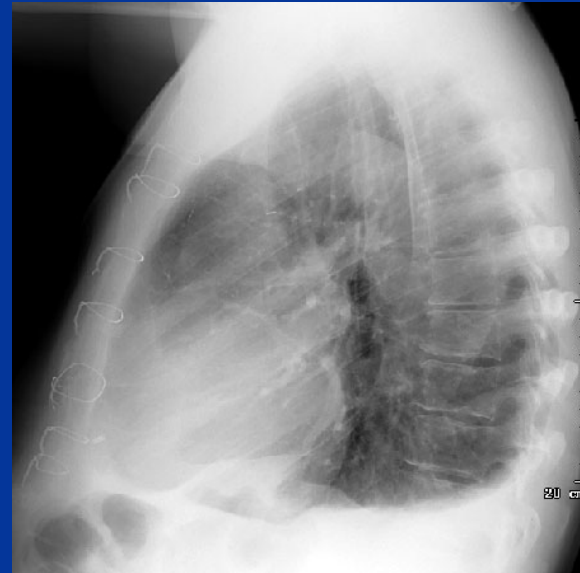
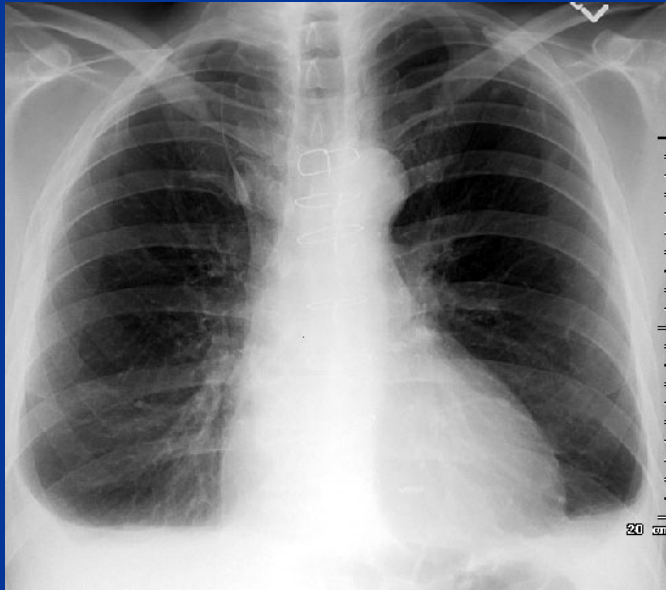
PLEURAL EFFUSION



COMPARE COSTO-PHRENIC ANGLES

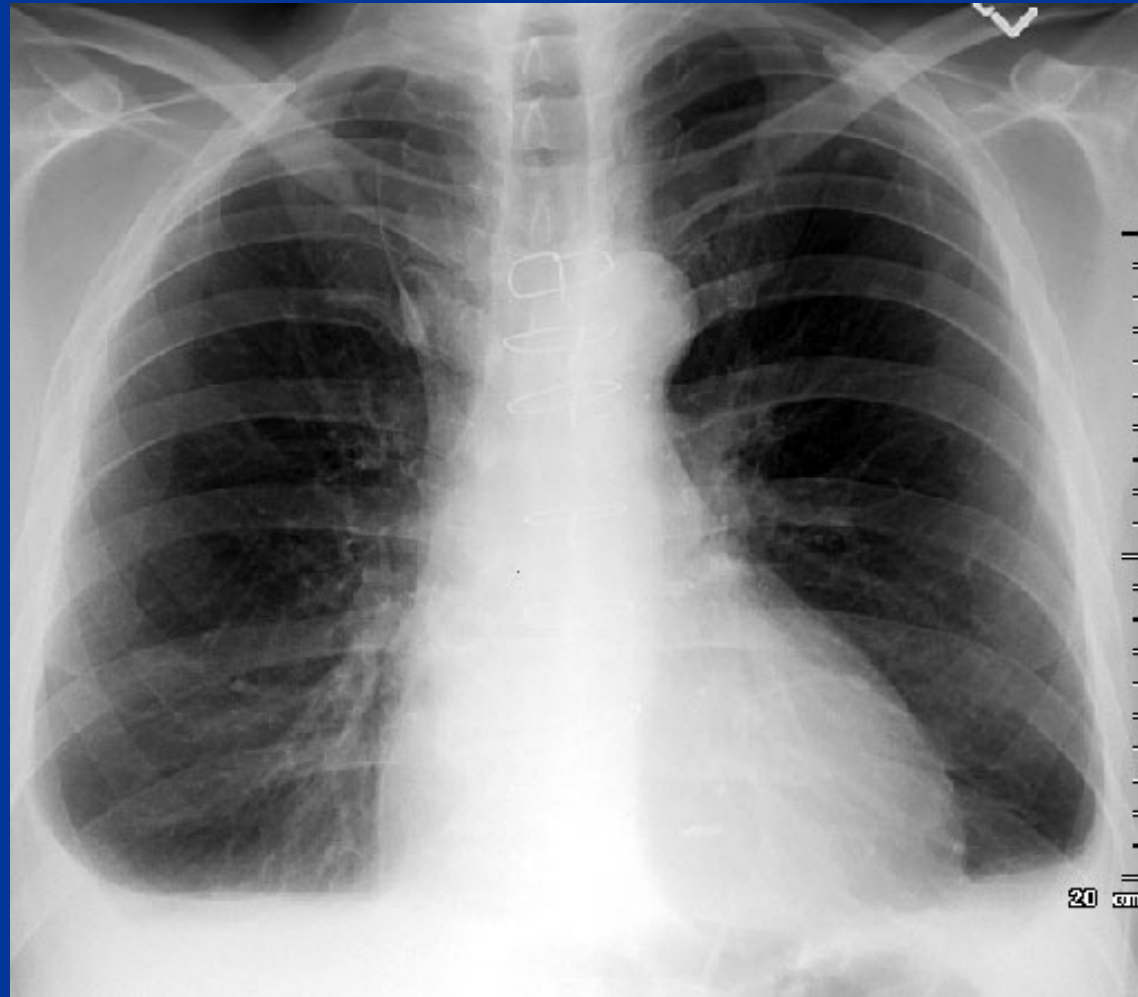


PLEURAL EFFUSION

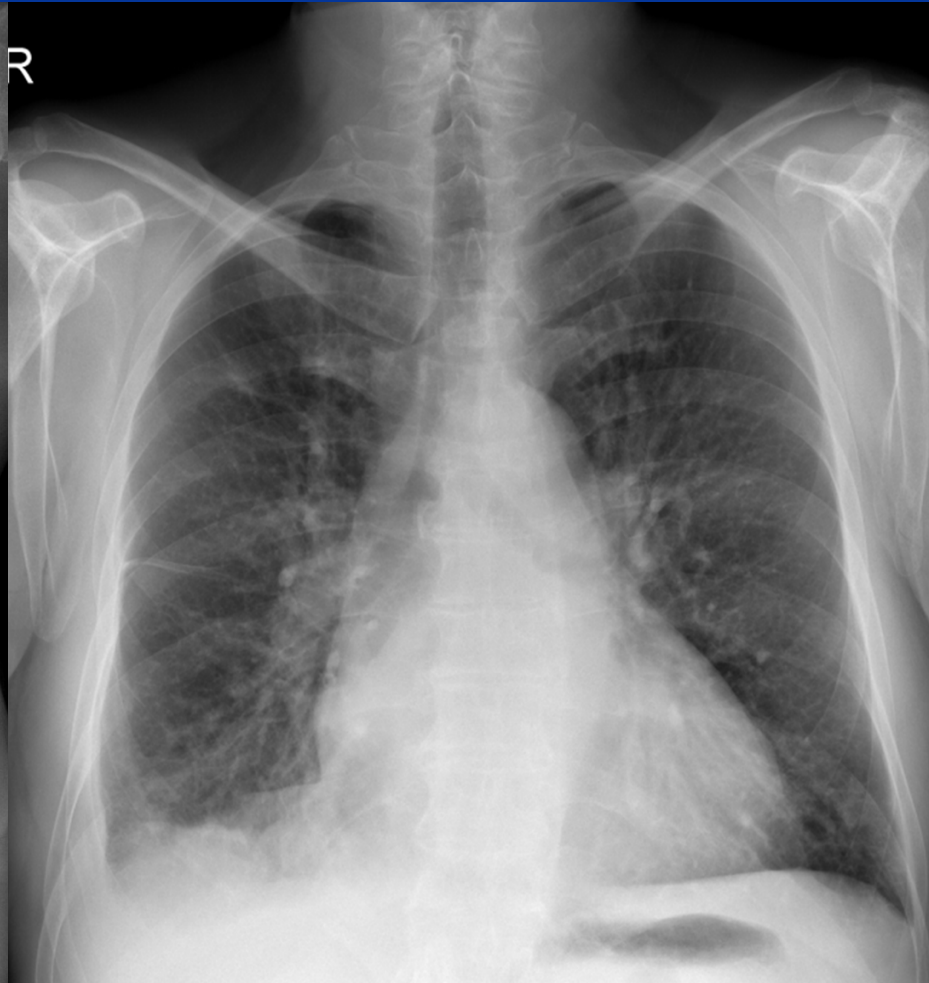
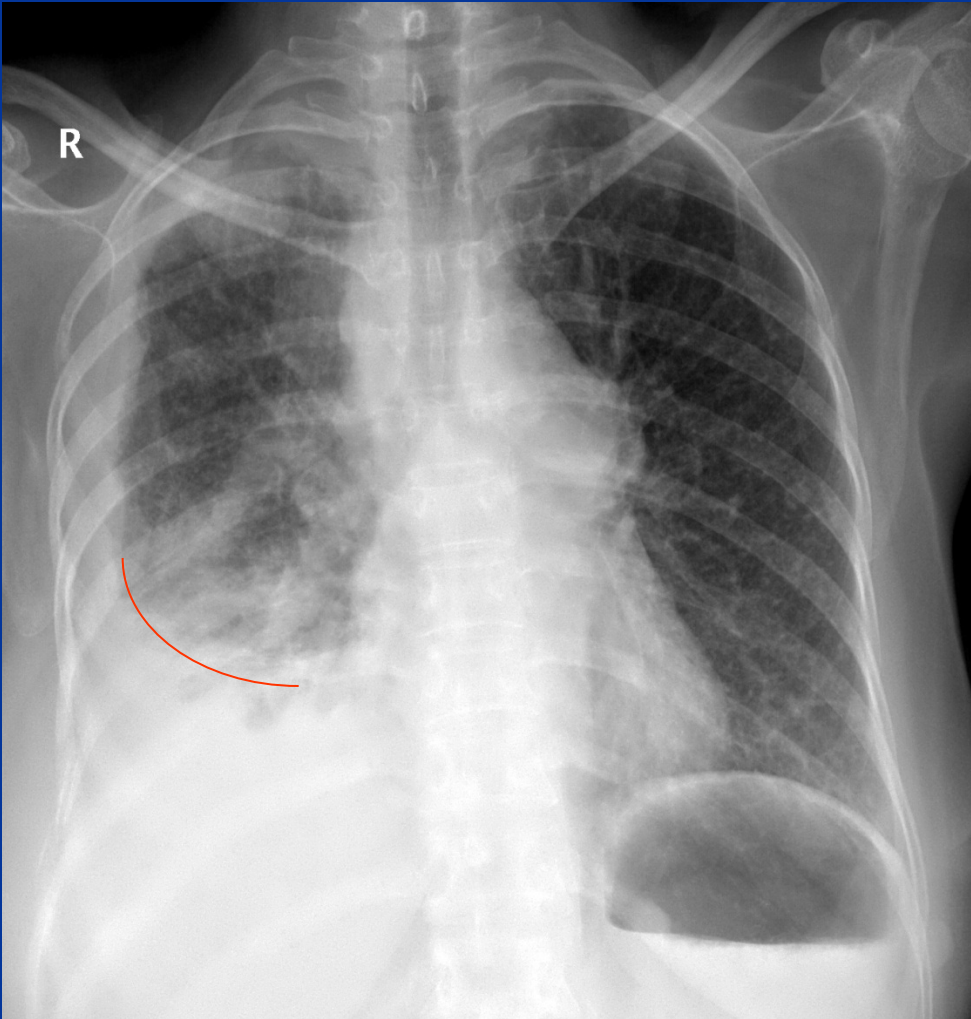


- On an upright film, an effusion will cause blunting on the lateral and if large enough, the posterior costophrenic sulci. Sometimes a depression of the involved diaphragm will occur. A large effusion can lead to a mediastinal shift away from the effusion and opacity the hemithorax. Approximately 200 ml of fluid are needed to detect an effusion in the frontal film vs. approximately 75ml for the lateral. Larger effusions, especially if unilateral, are more likely to be caused by malignancy than smaller ones.

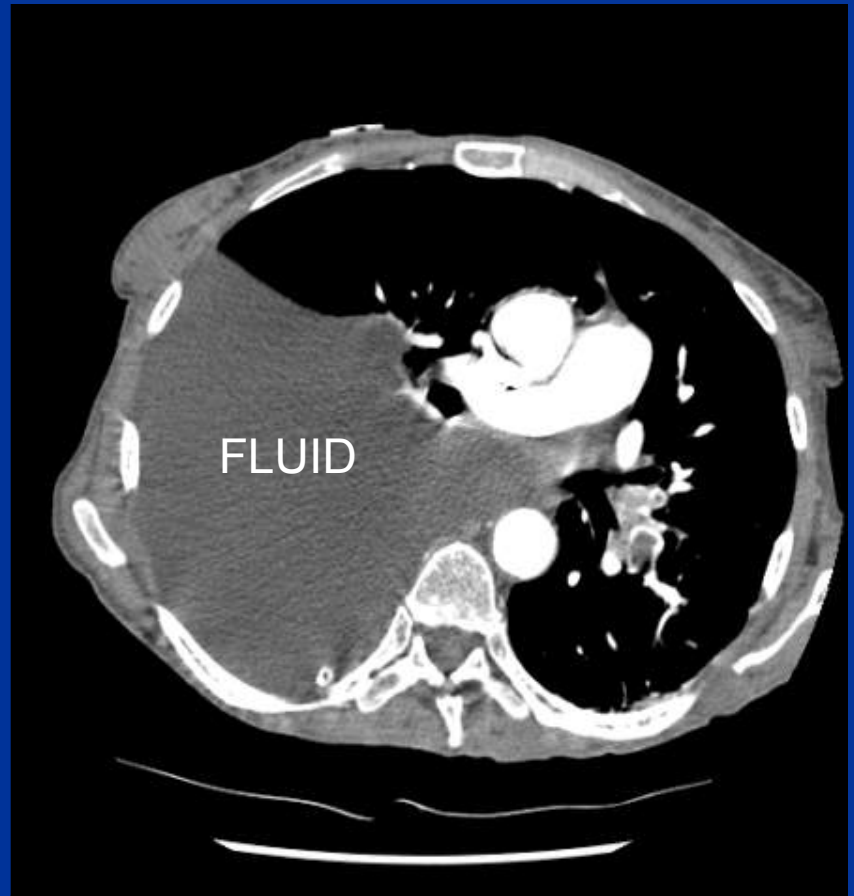
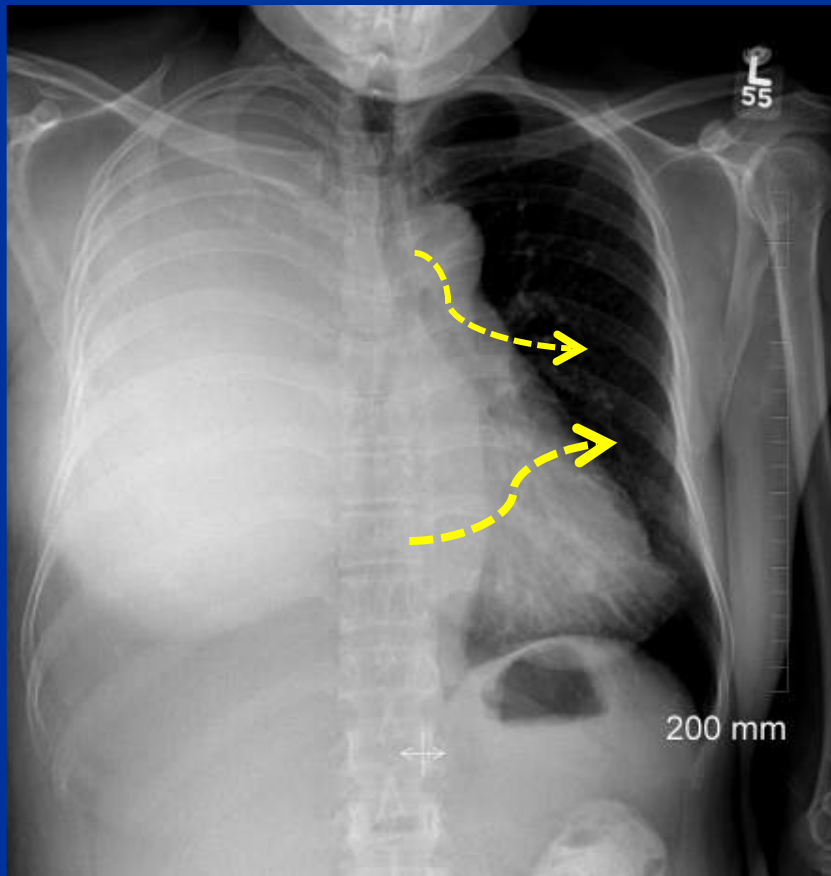
BLUNTED C/P ANGLE BOTH SIDES



PLEURAL EFFUSION

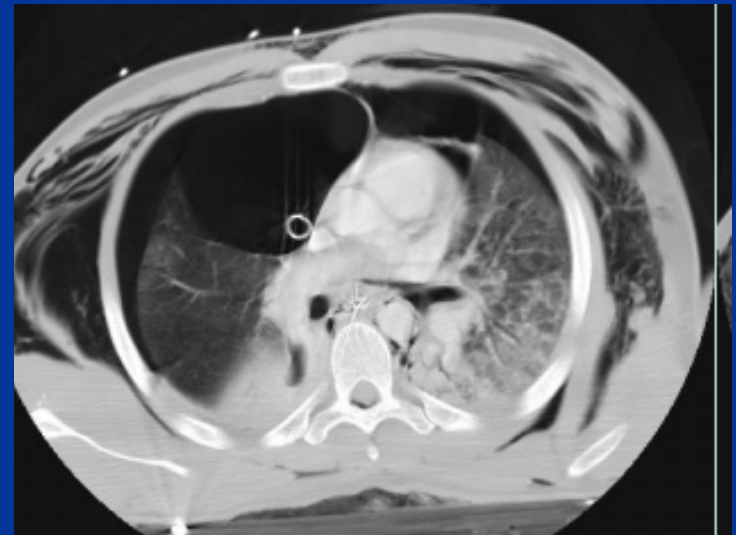
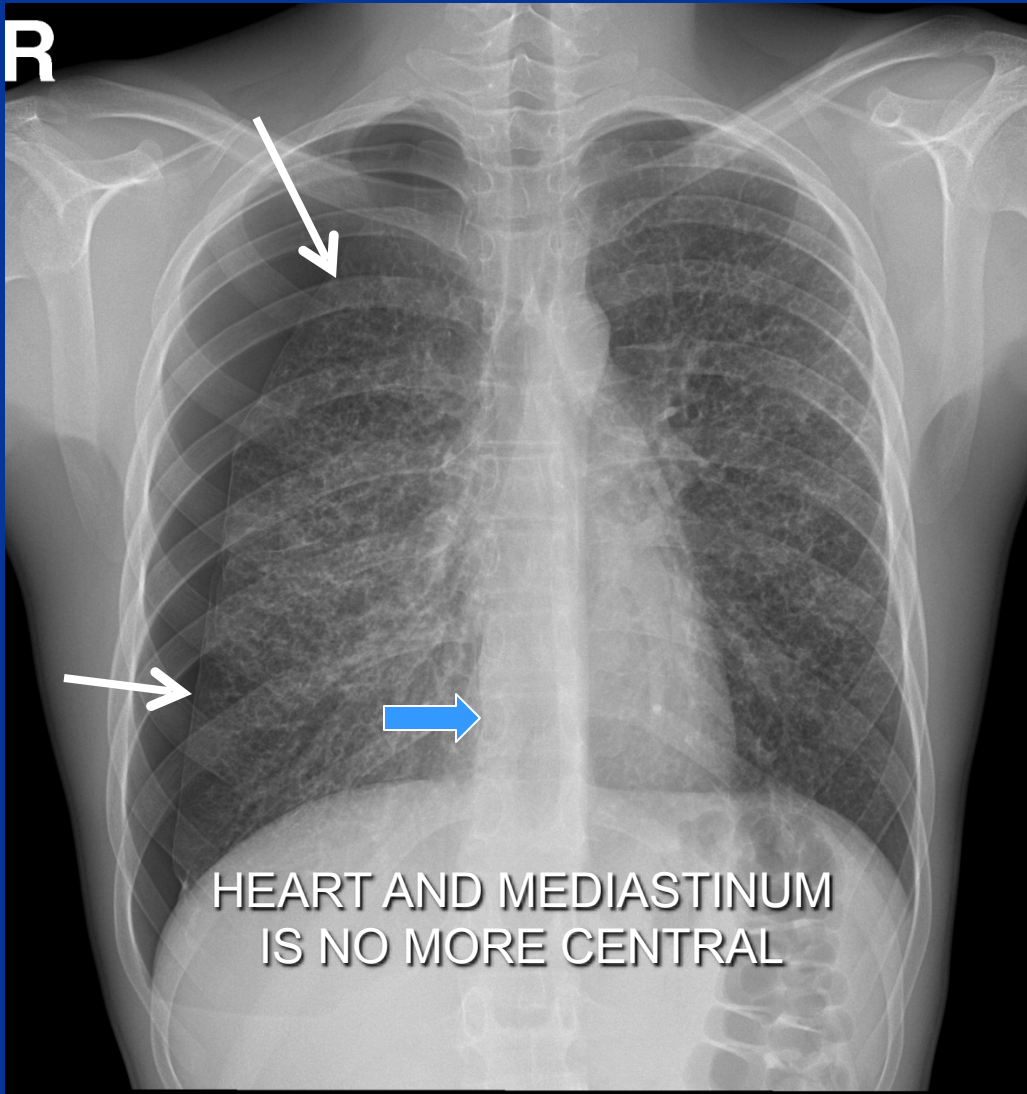


SEVER PLEURAL EFFUSION

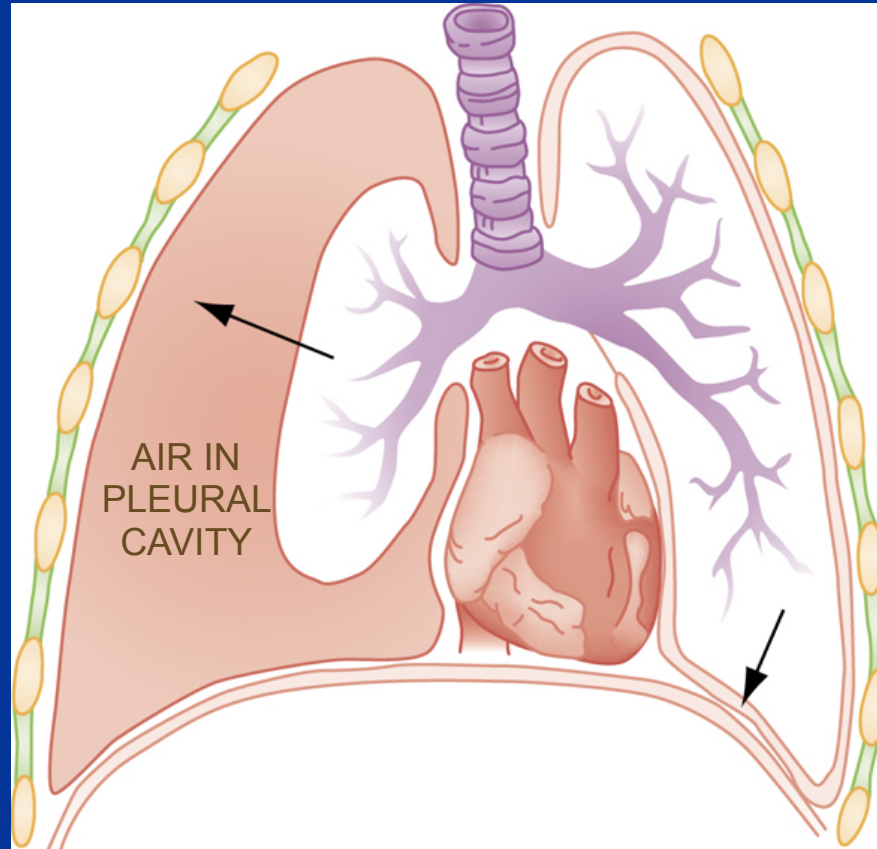


PNEUMOTHORAX

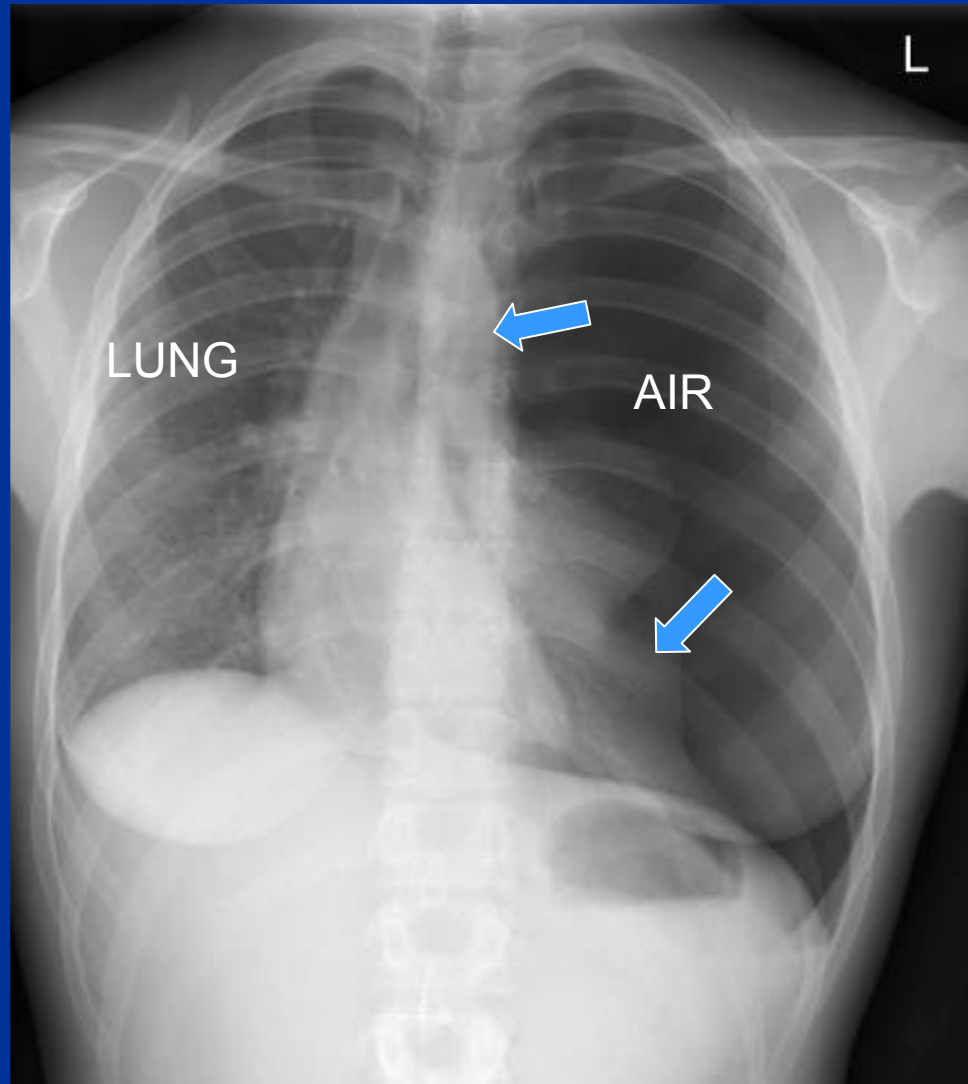
A pneumothorax is defined as air inside the thoracic cavity but outside the lung. A spontaneous pneumothorax is one that occurs without an obvious inciting incident.



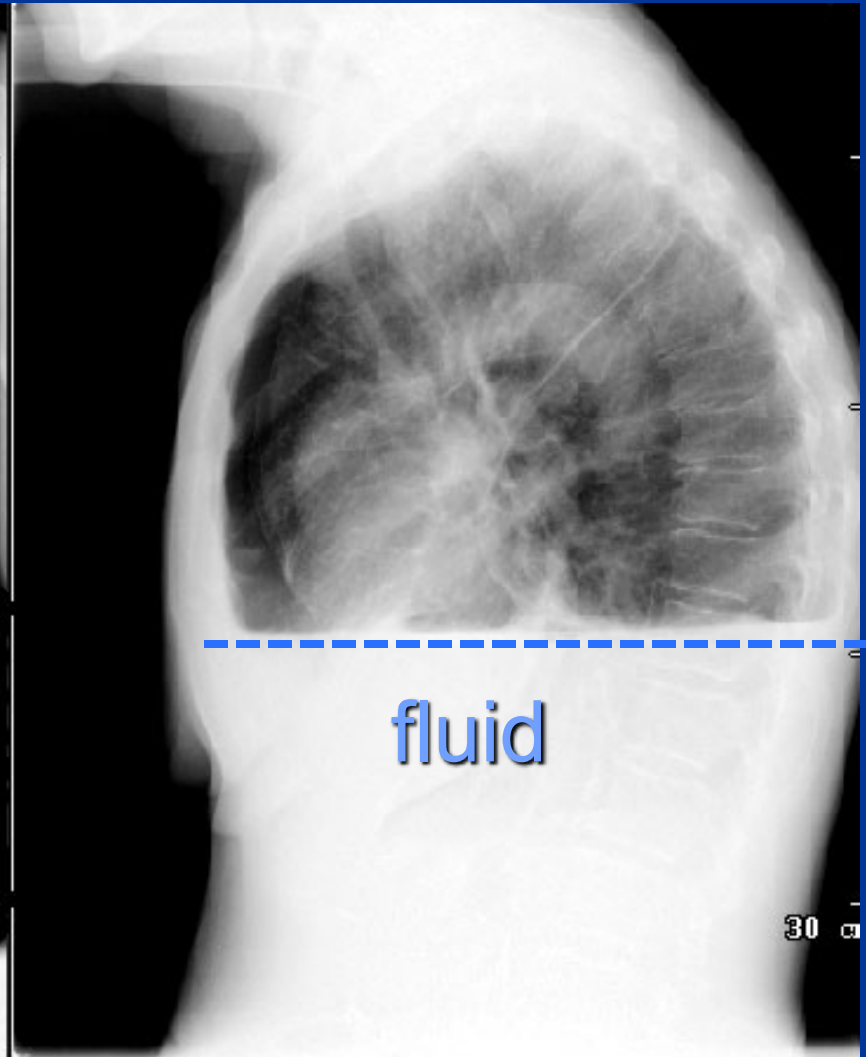
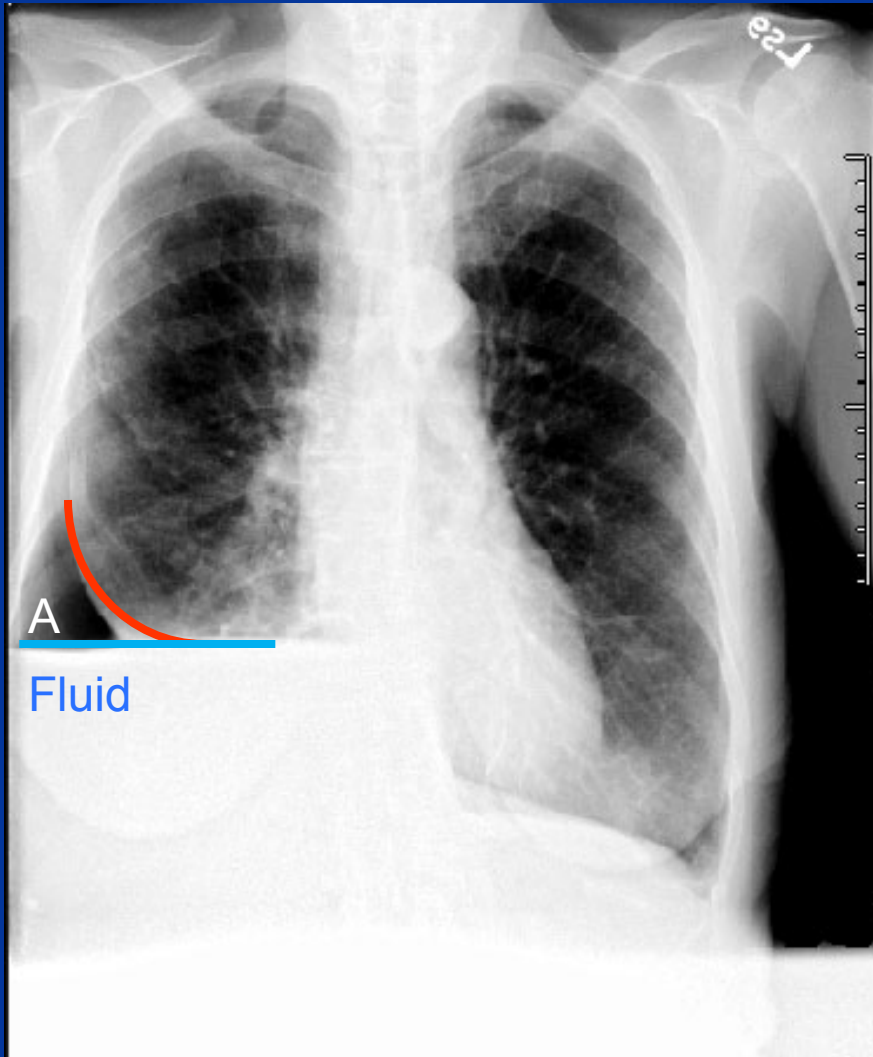
PNEUMOTHORAX



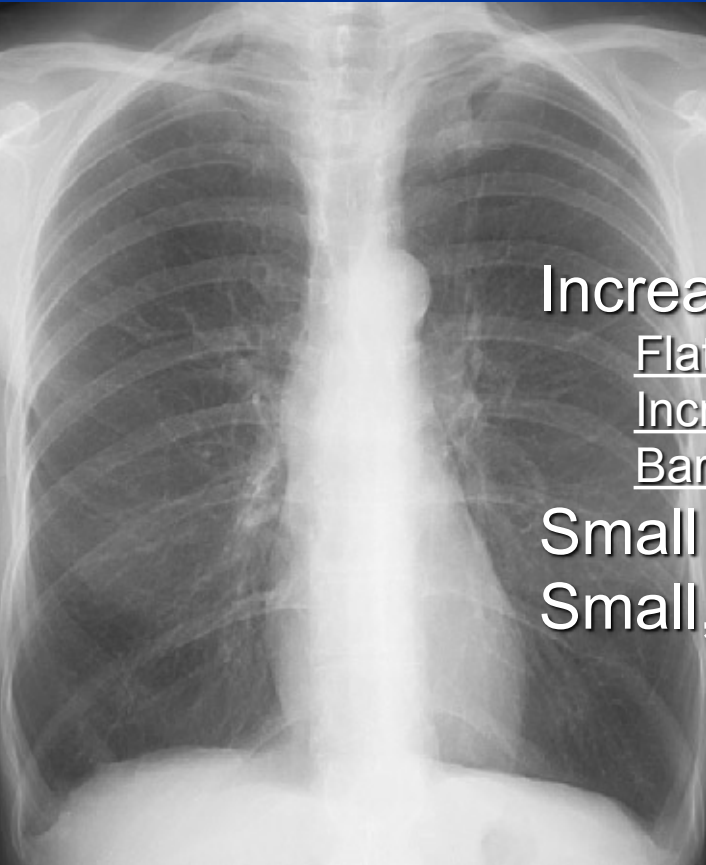
PNEUMOTHORAX



Hydro-pneumo-thorax



EMPHYSEMA



Increased Lung Volume

Flattened Diaphragms

Increase in Retrosternal Airspace

Barrel chest

Small Vessels

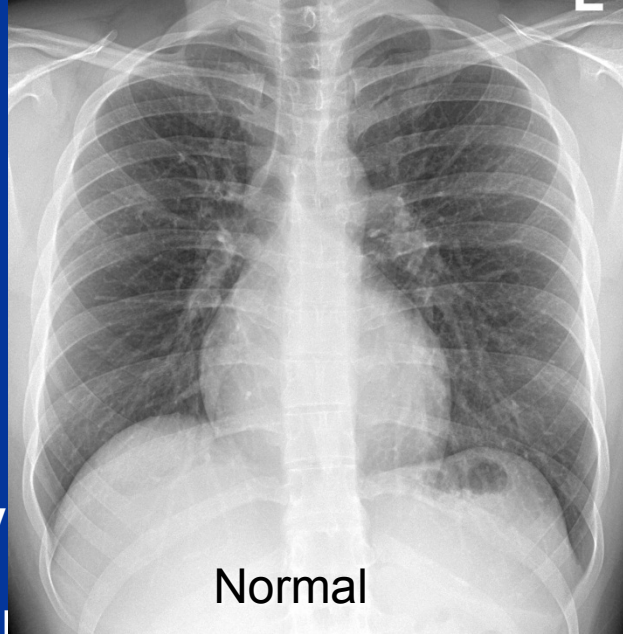
Small, narrow cardiac SHADOW



- Emphysema is **loss of elastic recoil of the lung** with destruction of pulmonary capillary bed and alveolar septa. It is caused most often by cigarette smoking and less commonly by alpha-1 antitrypsin deficiency.



EMPHYSEMA



Normal

- Emphysema is commonly seen on CXR as diffuse hyperinflation with flattening of diaphragms, increased retrosternal space, bullae (lucent, air-containing spaces that have no vessels that are not perfused)



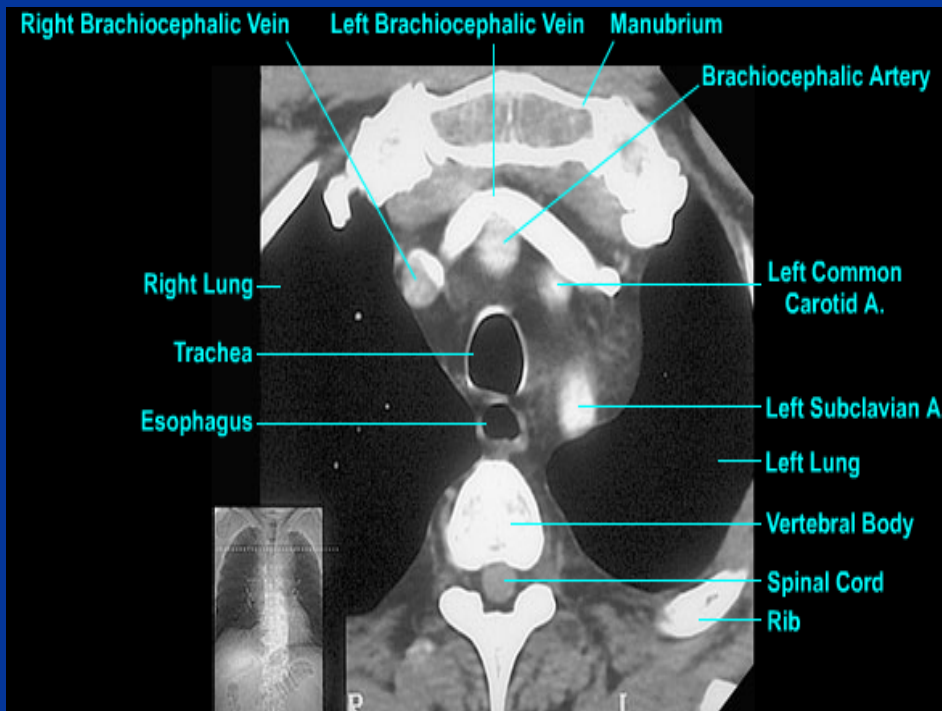


EMPHYSEMA



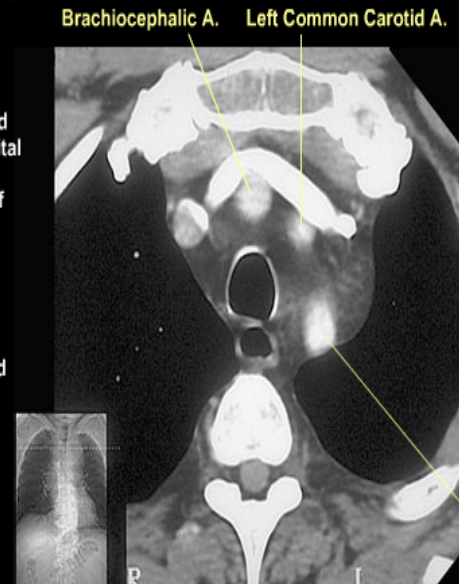
- **Emphysema is commonly seen on CXR as diffuse hyperinflation with flattening of diaphragms, increased retrosternal space, bullae (lucent, air-containing spaces that have no vessels that are not perfused) and enlargement of PA/RV (secondary to chronic hypoxia) an entity also known as cor pulmonale. Hyperinflation and bullae are the best radiographic predictors of emphysema.**

CT anatomy



Thoracic CT scan #1 of 7 in series from the same patient (radiographs #12 - #18). Intravascular contrast was injected into the left antecubital vein of the arm. This CT lies at the level of the superior mediastinum. Note:

1) The esophagus positioned directly anterior to the vertebral column and the trachea directly in front of the esophagus.



2) The brachiocephalic, left common carotid, and left subclavian arteries.

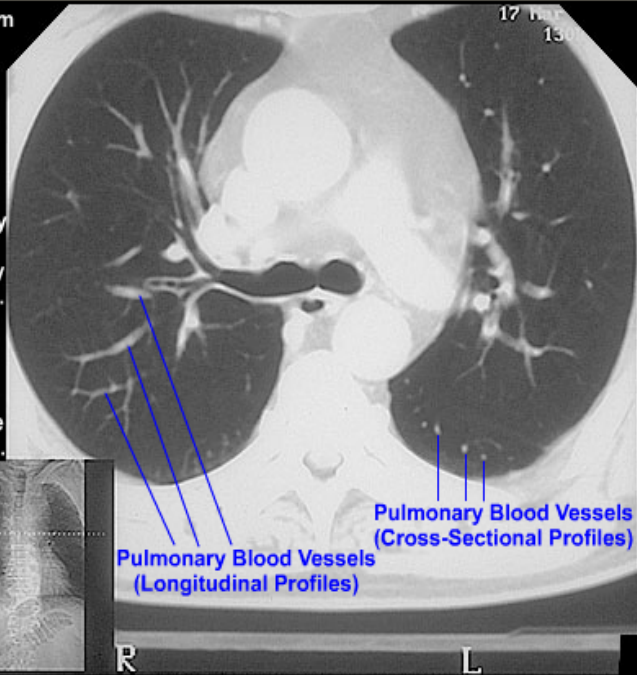
3) The left brachiocephalic vein crossing from left to right anterior to the ascending branches of the aortic arch. The left brachiocephalic will join the right brachiocephalic vein at a slightly lower level.

The three arteries are ascending from the more inferior arch of the aorta. Note their positions from anterior to the trachea (brachiocephalic artery) to left of the esophagus (left subclavian artery), reflecting the position of the aortic arch at a lower level (see CT scan #2 of the sequence).

CT

CT scan #1 of 2 from the same patient; level of the bifurcation of the trachea. The radiographic technique emphasizes pulmonary anatomy at the expense of soft tissue anatomy in the mediastinum. Bronchi are identified by their air-filled lumens, pulmonary blood vessels have dense blood-filled lumens.

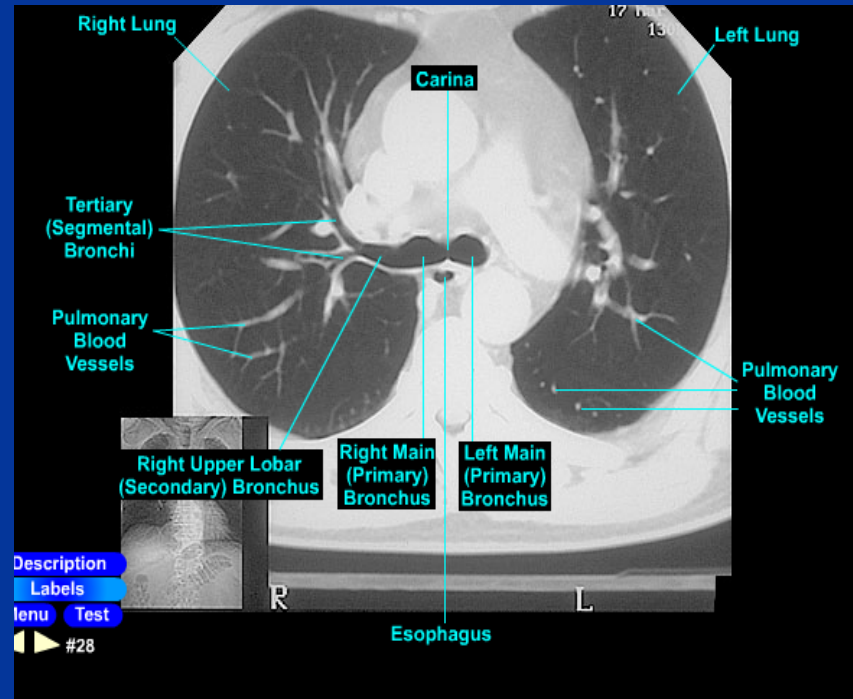
Note:



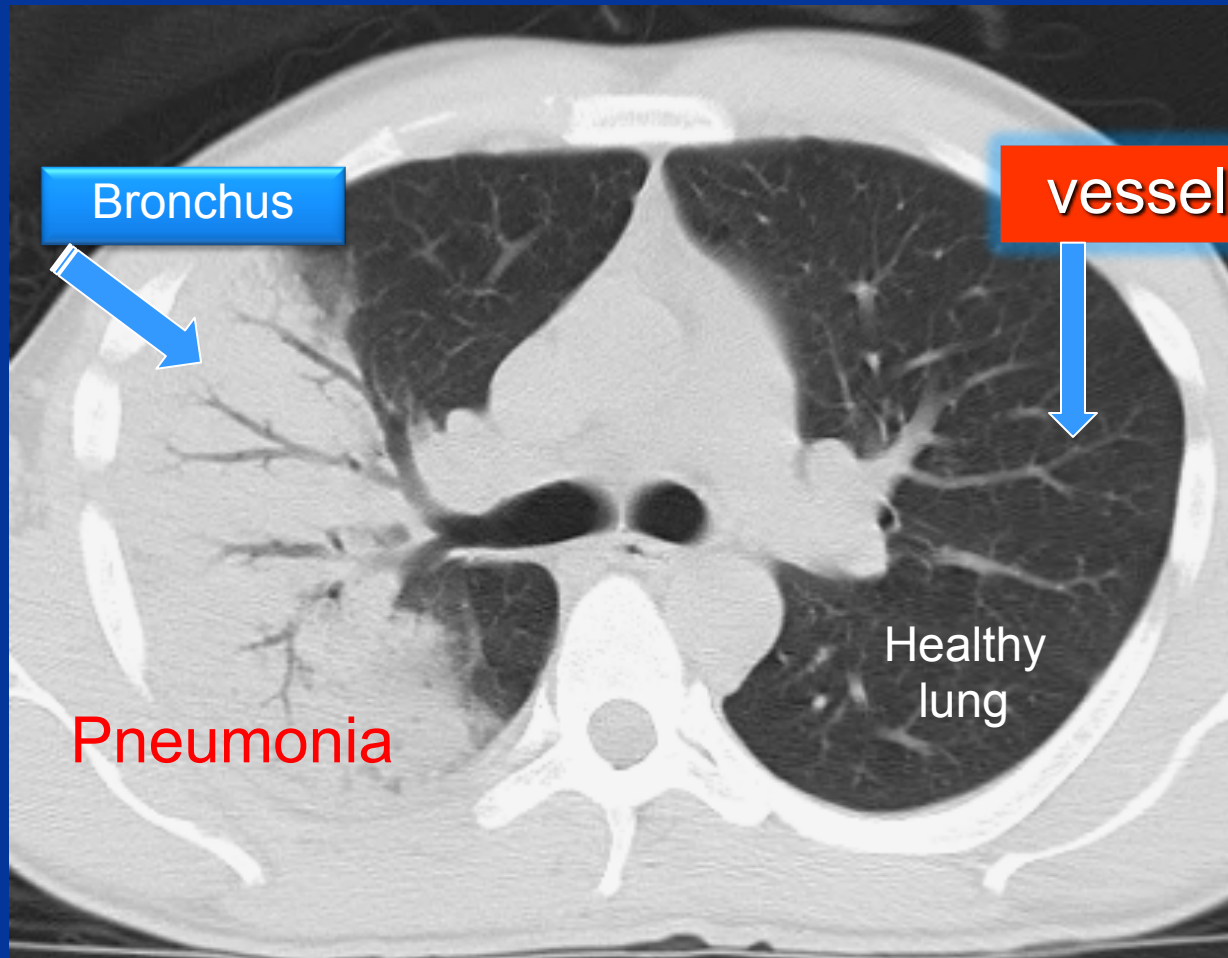
1) The carina (a tracheal cartilage) at the bifurcation of the trachea into left and right main (primary) bronchi.

2) The right upper lobar (secondary) bronchus and its subsequent branching into tertiary bronchi.

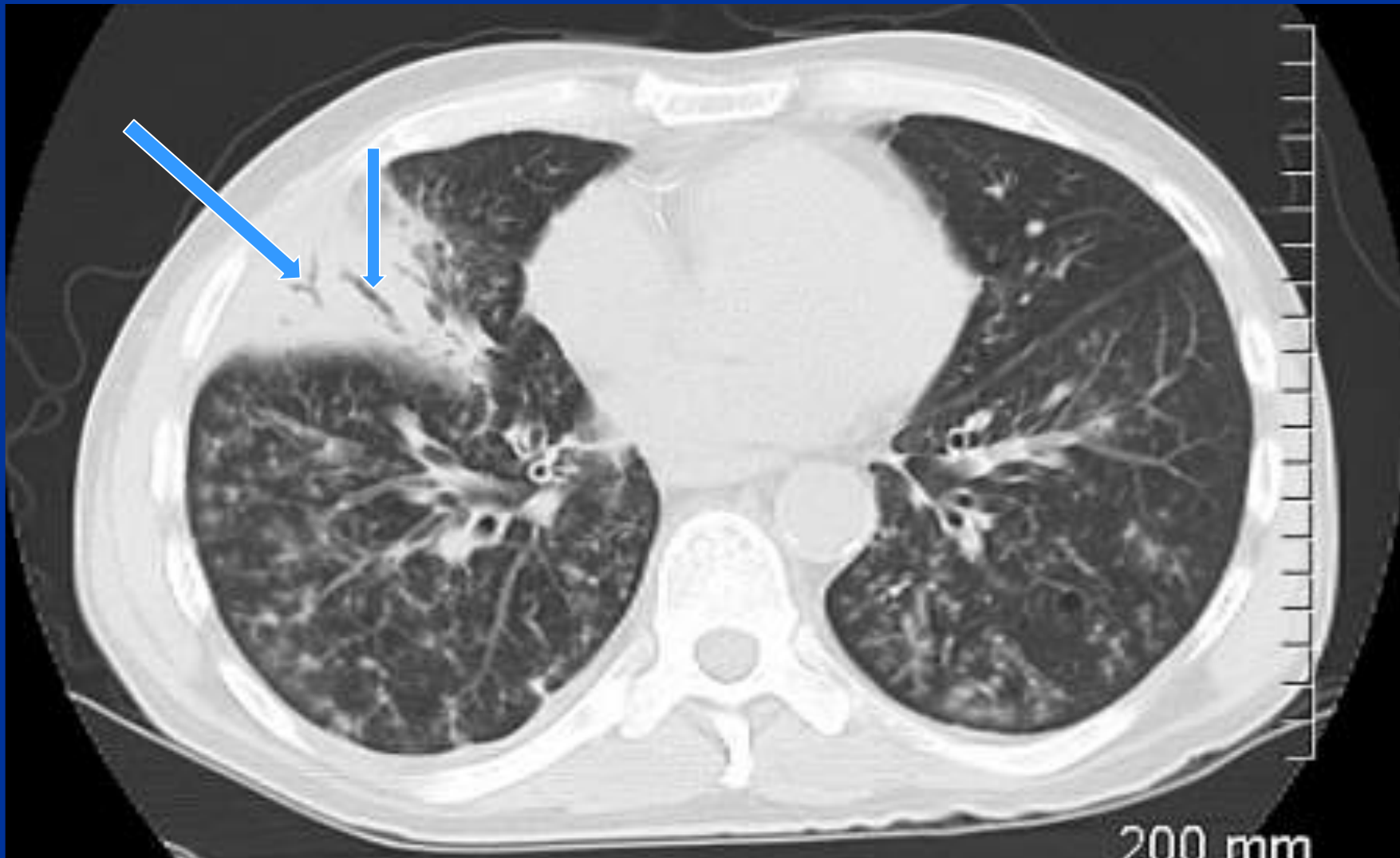
3) Various profiles of pulmonary blood vessels.



Air bronchograms — CT



Air bronchograms — CT



CARDIOVASCULAR IMAGING

Radiologic investigation of Chest and CVS diseases

By

Dr Mohamed Sherif El-Sharkawy

ASSOCIATE PROF. and Consultant Radiologist

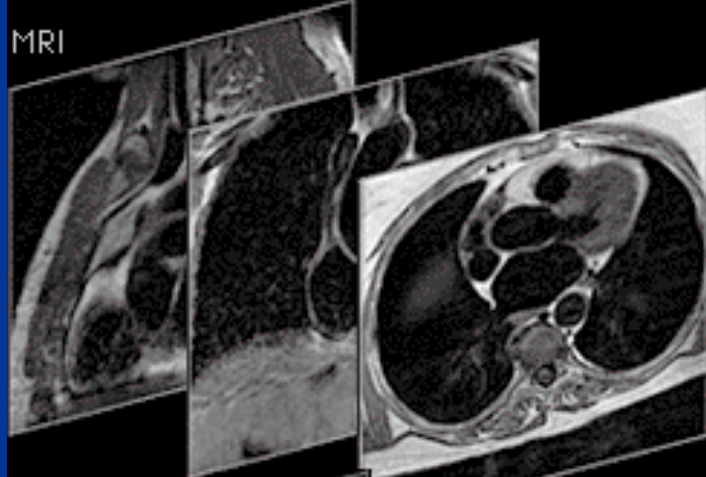
KKUH

KING SAUD UNIVERSITY

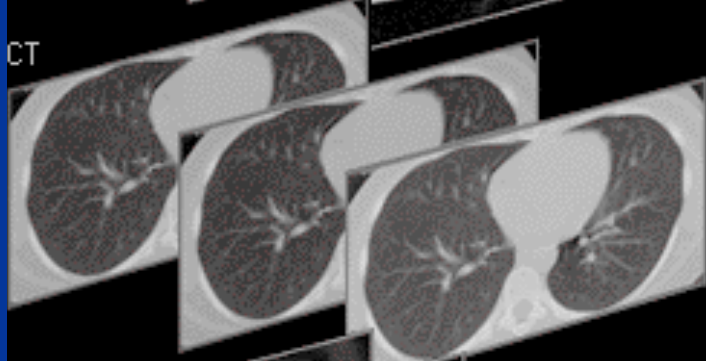
LAST UPDATE
SEPT 2013

HEART

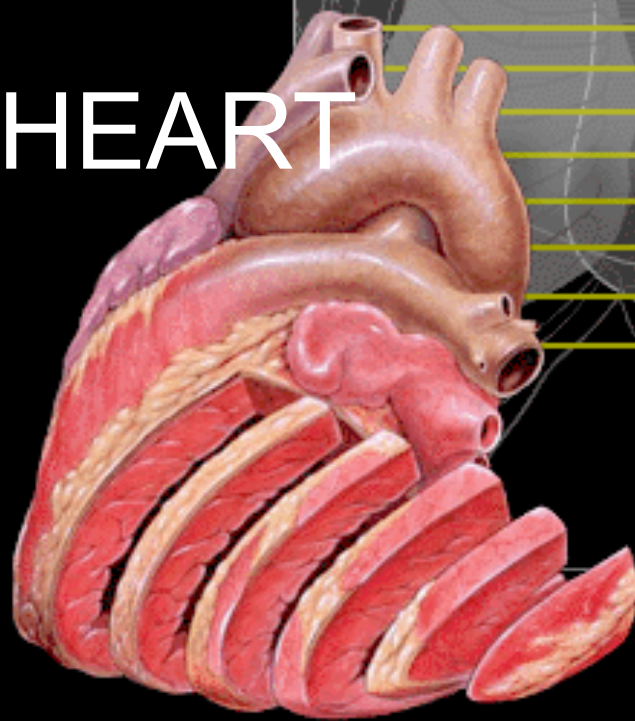
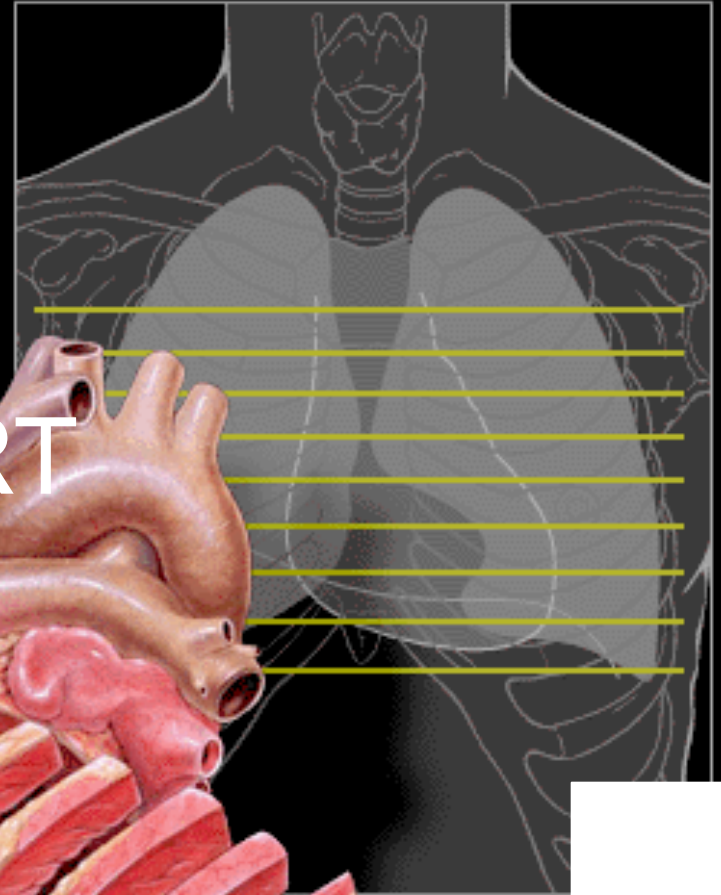
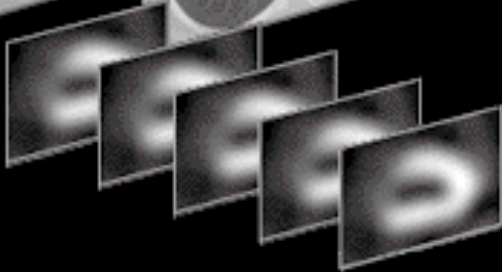
MRI



CT



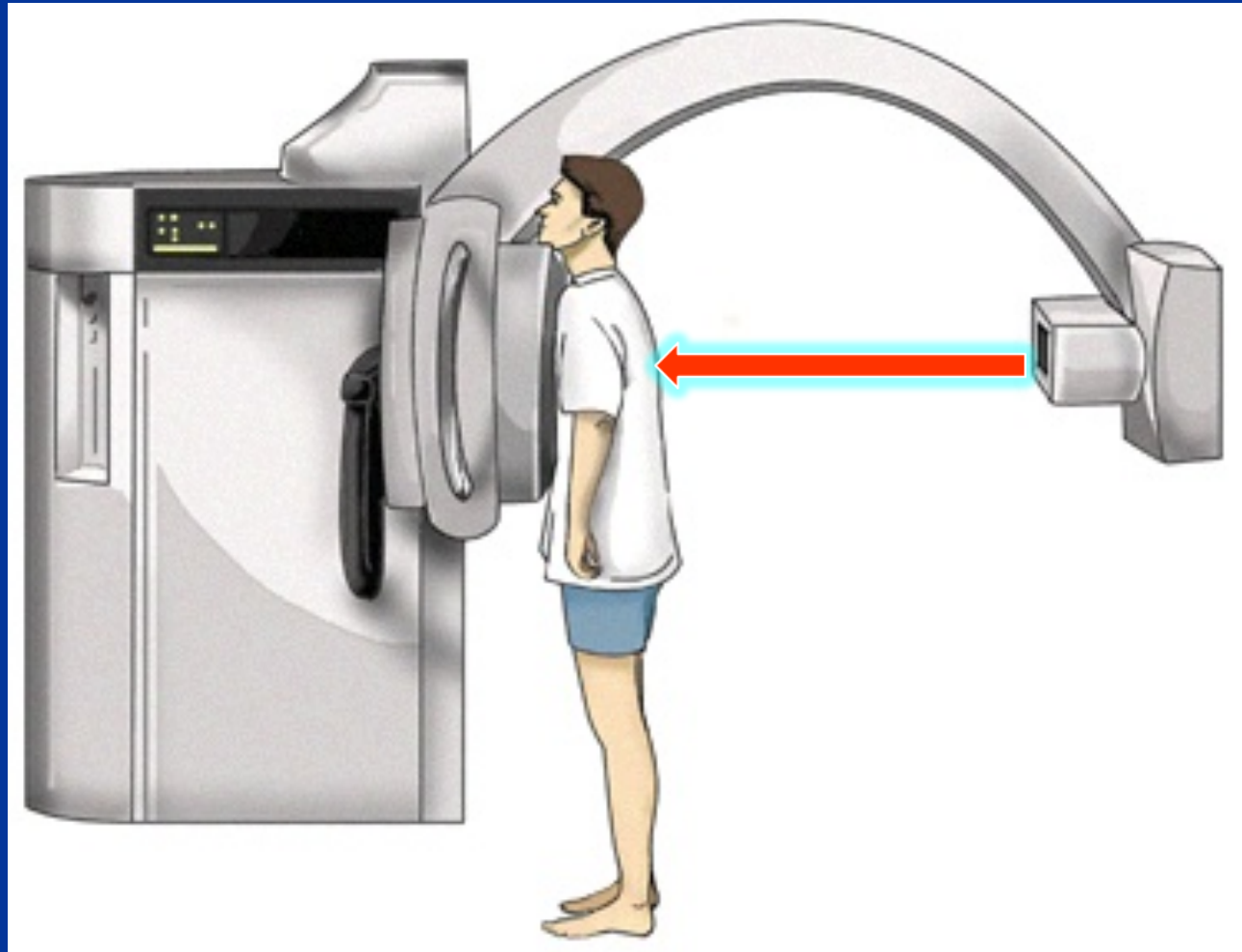
Nuclear
SPECT



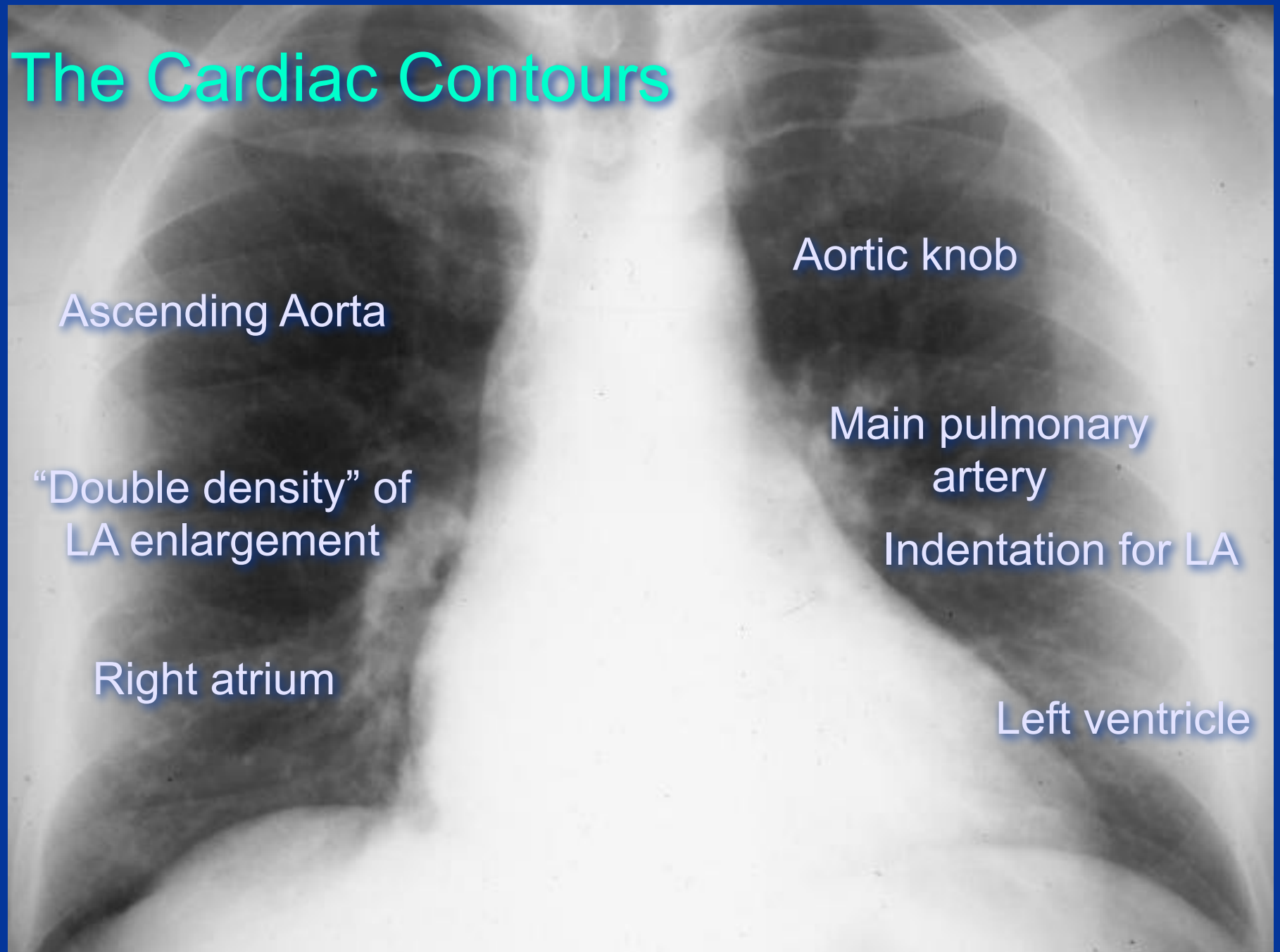
BASIC CHEST EXAM FOR THE HEART AND GREAT VESSELES

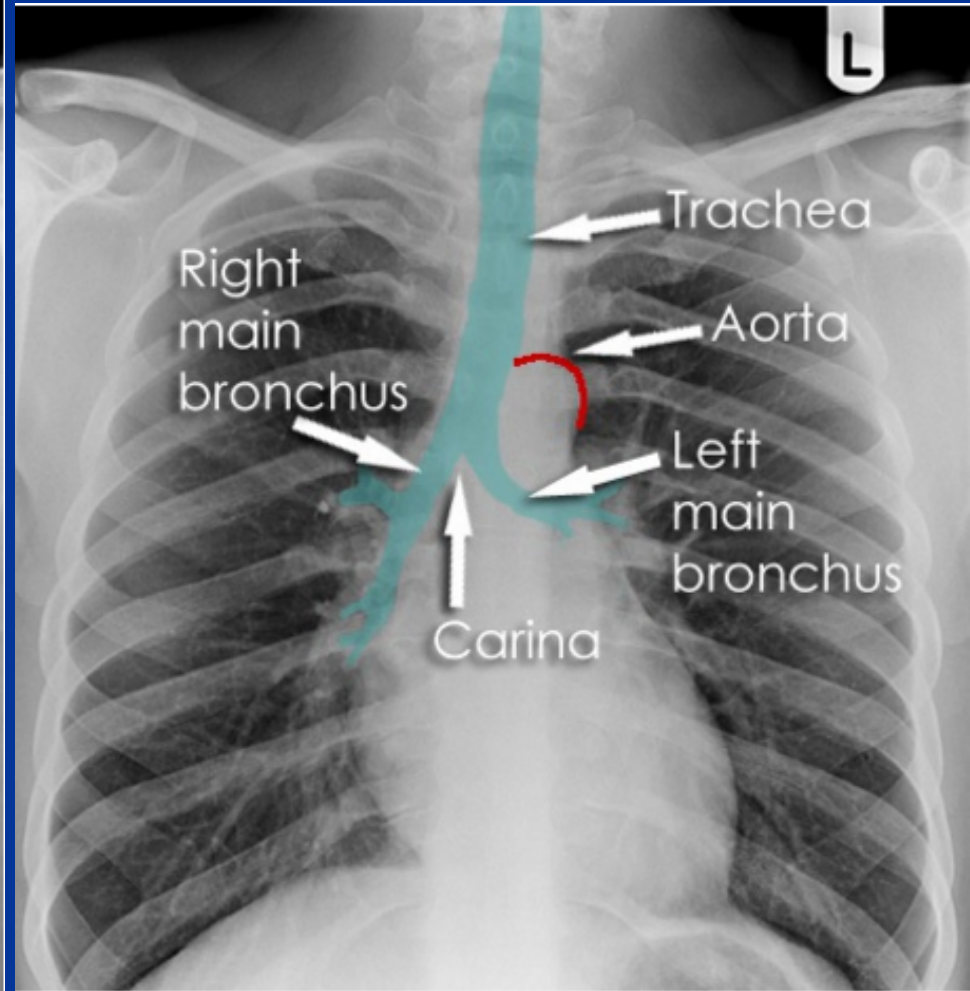
- PLAIN FILM=CHEST X-RAY(CXR)
- CT FOR HEART AND MEDIASTINUM
- ANGIOGRAMS
- MRI
- ULTRASOUND (ECHOCARDIOGRAPHY)
- ISOTOPIC SCANNING

Basic Chest X-Ray



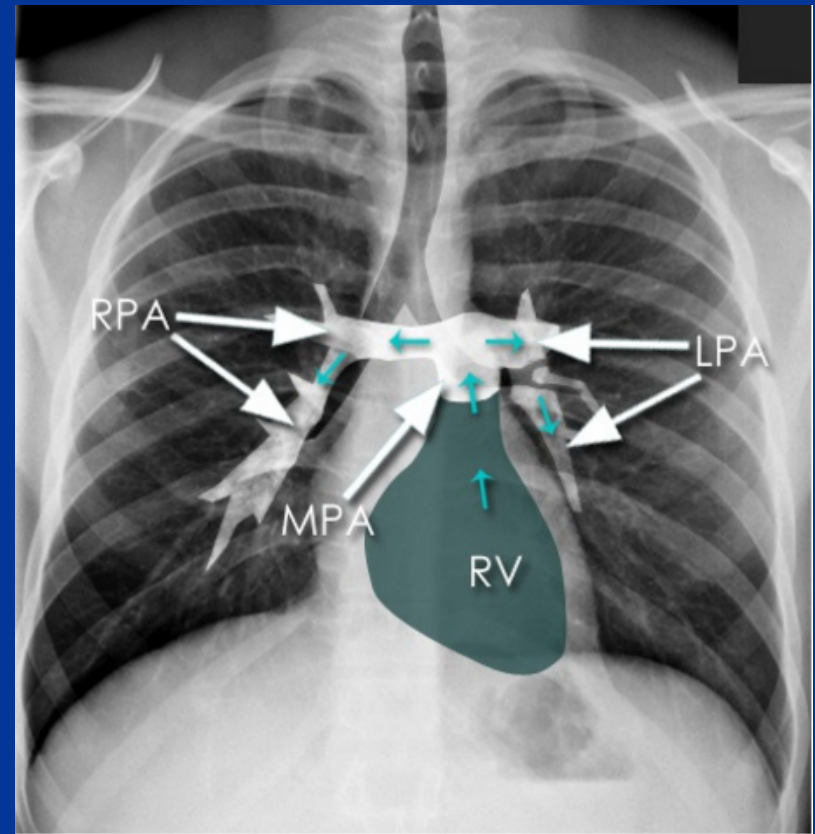
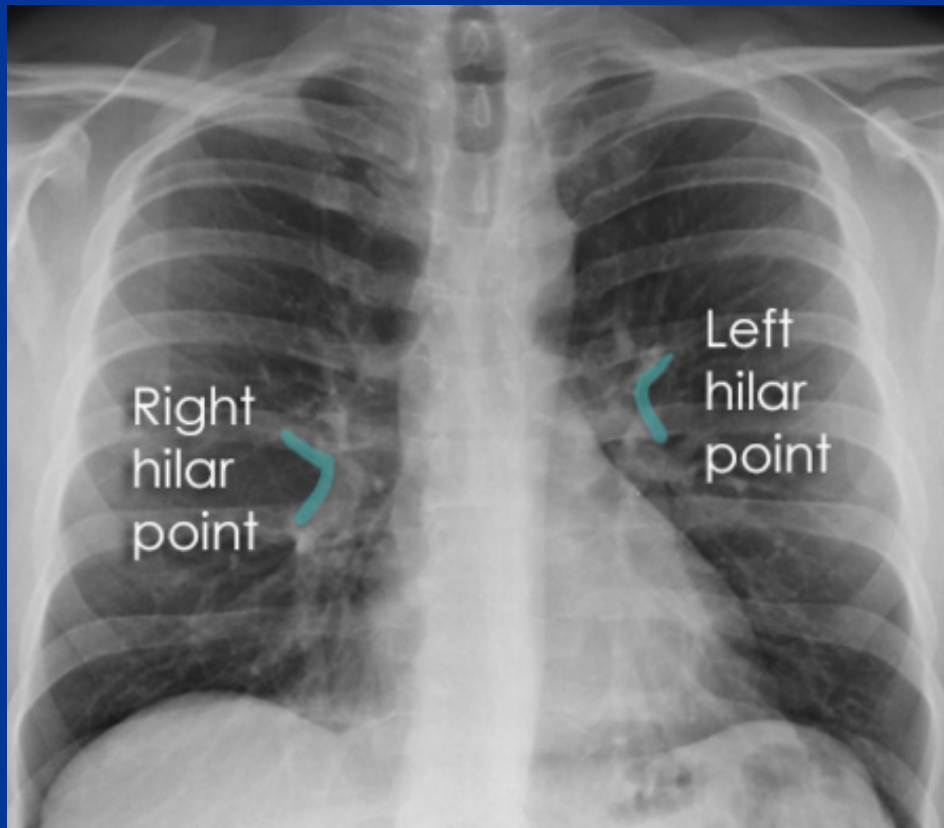
The Cardiac Contours



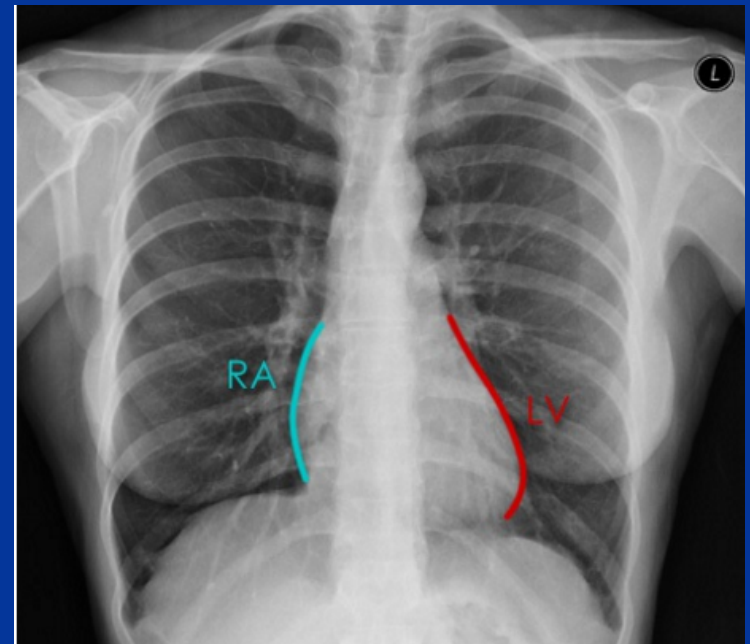
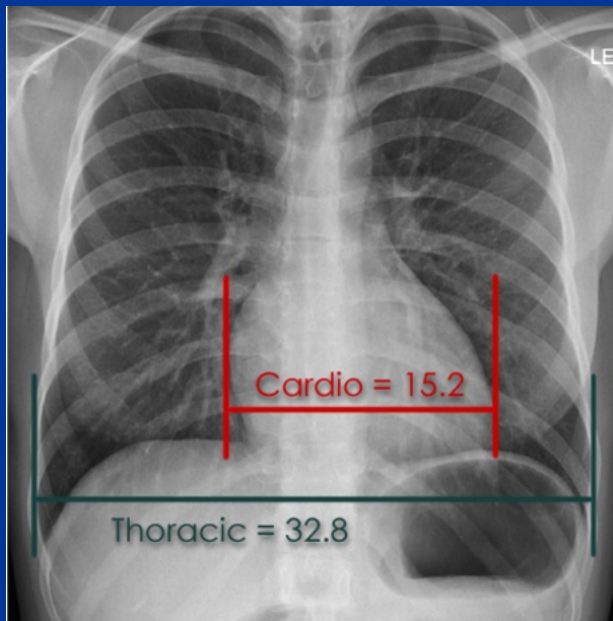


Hilar levels

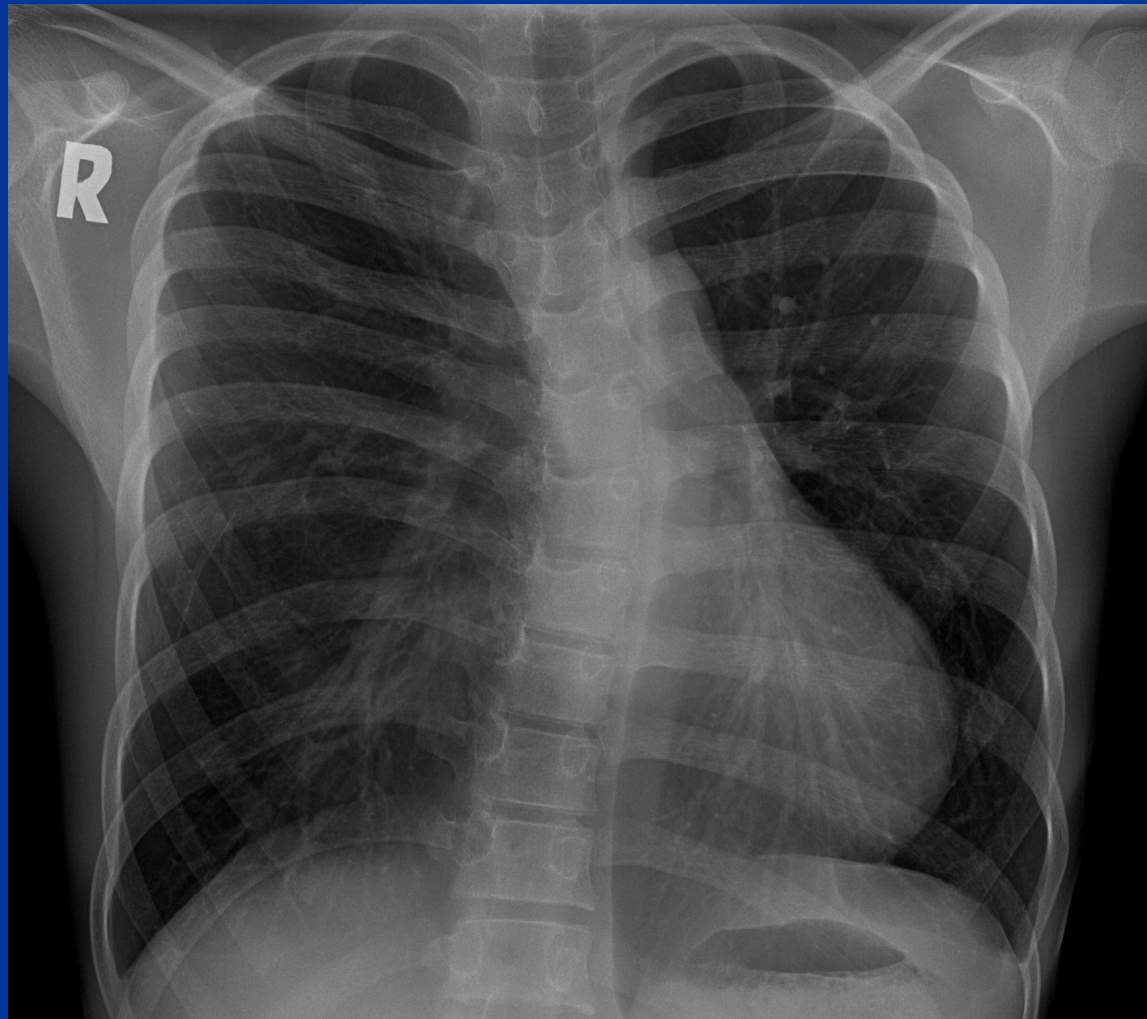
- look for increase in density as well as size. If the hila are out of position, ask yourself if they are pushed or pulled, just as you would when assessing the trachea.



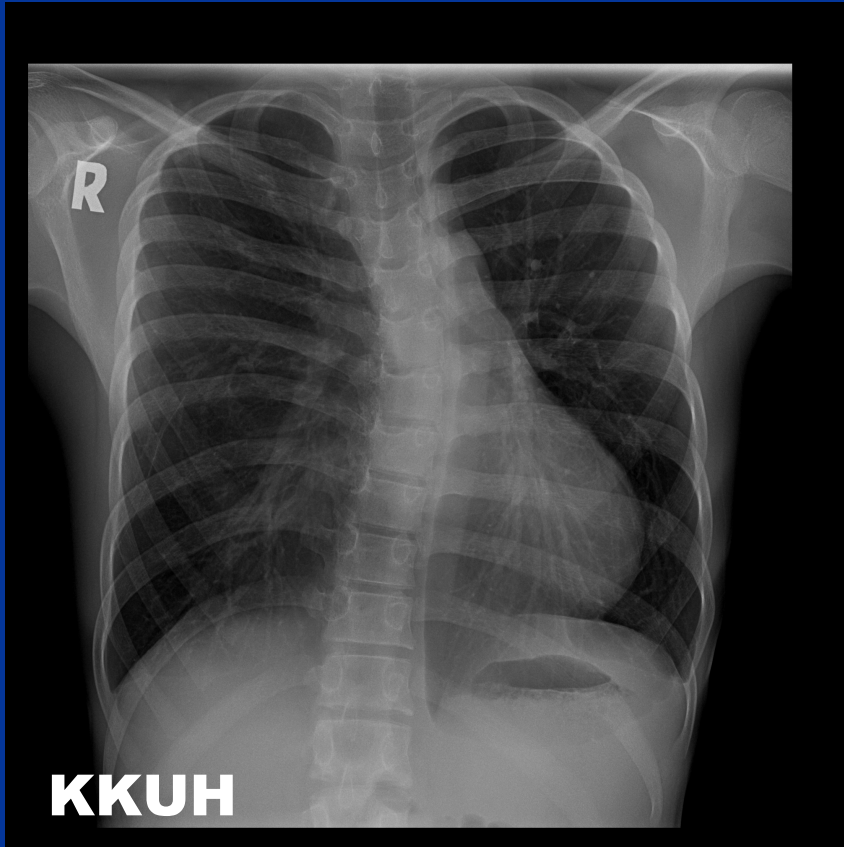
Cardiac contours



Cardiac displacement

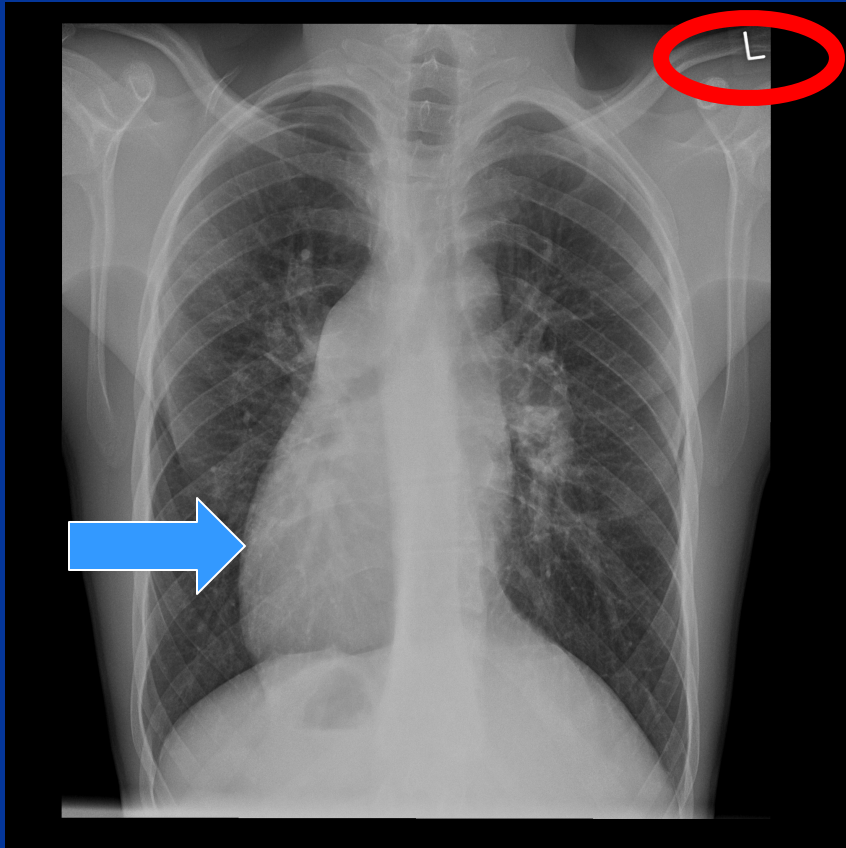


Cardiac displacement



Pectus excavatum

DEXTROCARDIA



HEART

Intravascular
Ultrasound

Optical
Coherence
Tomography

Cardiac Computed
Tomography

Anatomy

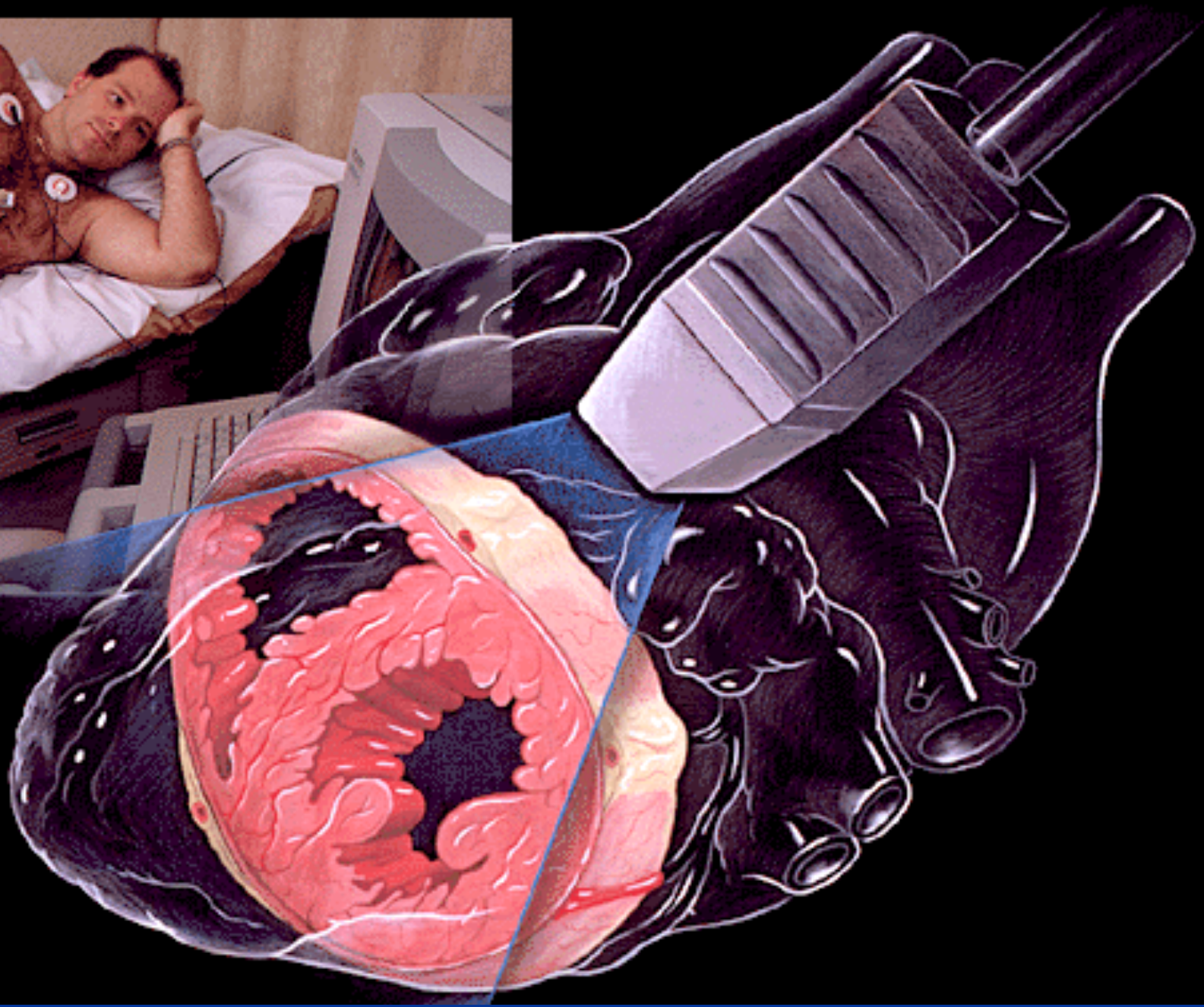
Cardiac Magnetic Resonance
Imaging

Echocardiography
TEE/TTE

Function

Intracardiac
Echocardiography

Nuclear Imaging



Echocardiography Methods

- Transthoracic echocardiography
- Transesophageal echocardiography
- Intracardiac echocardiography
- Intravascular echocardiography

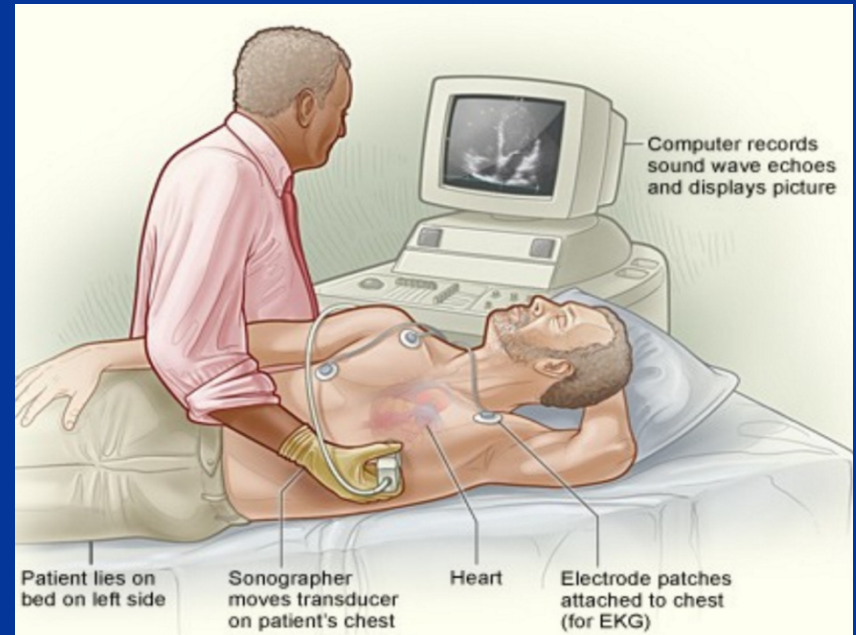
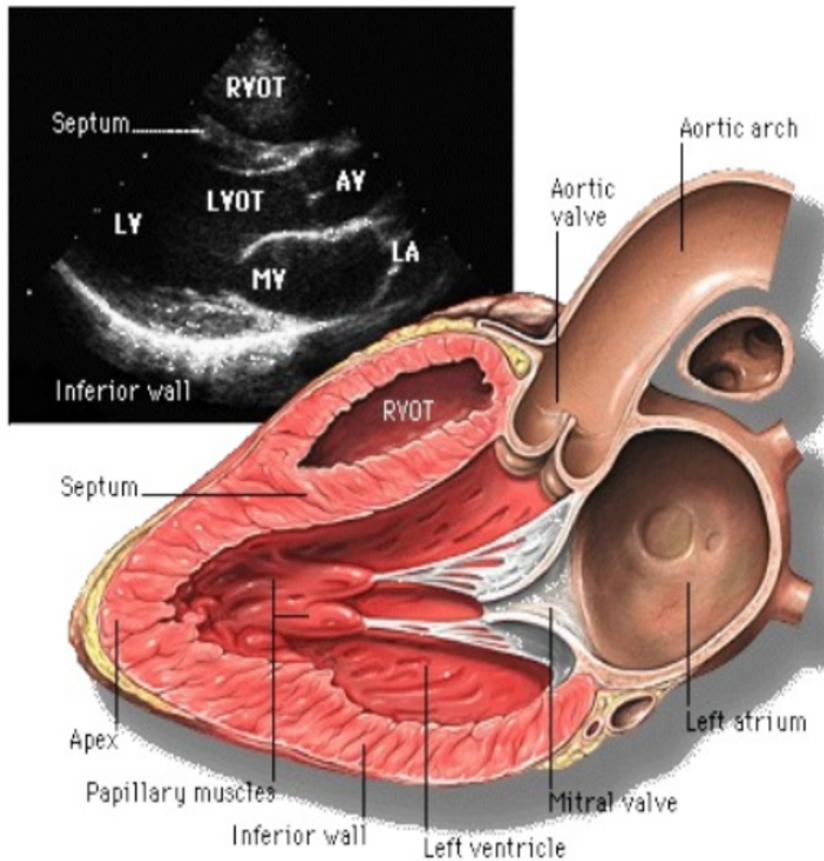


Transesophageal Echocardiography

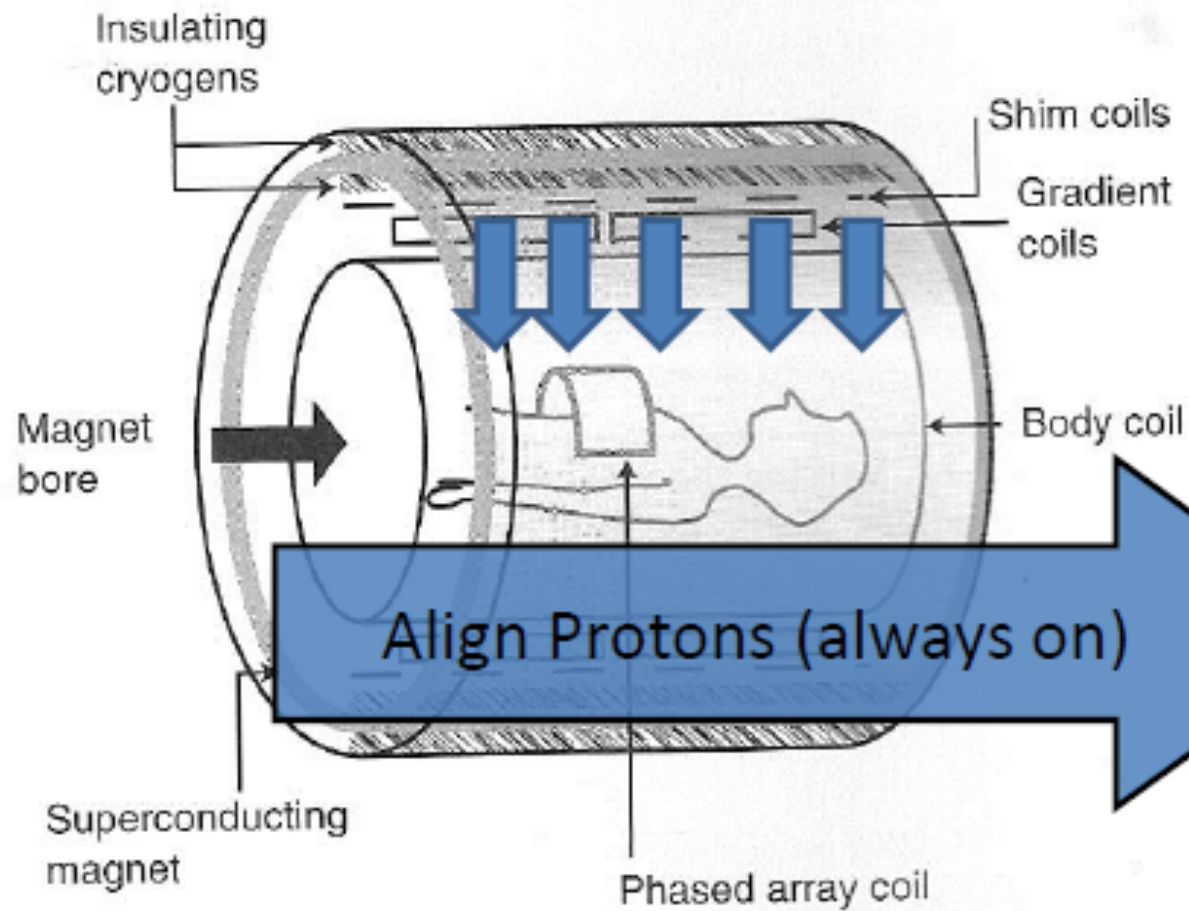


- Evaluate for cardiac source of embolism (36%)
- Endocarditis (14%)
- Prosthetic valve function (12%)
- Valvular disease, aortic dissection or aneurysm, tumor, mass or thrombus (6-8% each).
- Congenital heart disease (4%)
- Interventional cardiology guidance
- Intraoperative evaluation cardiothoracic surgery.

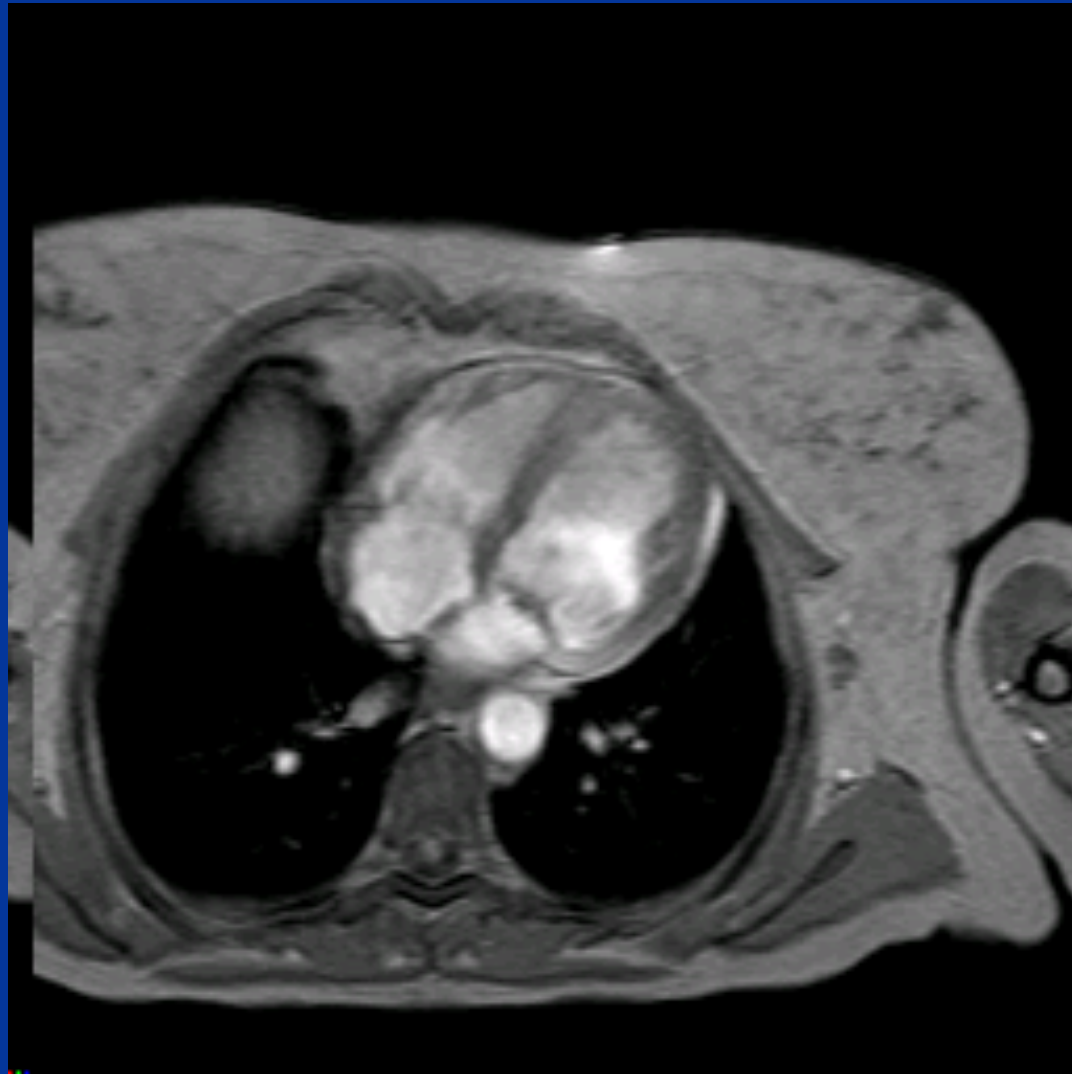
TRANS-THORACIC ECHOCARDIOGRAPHY



MRI

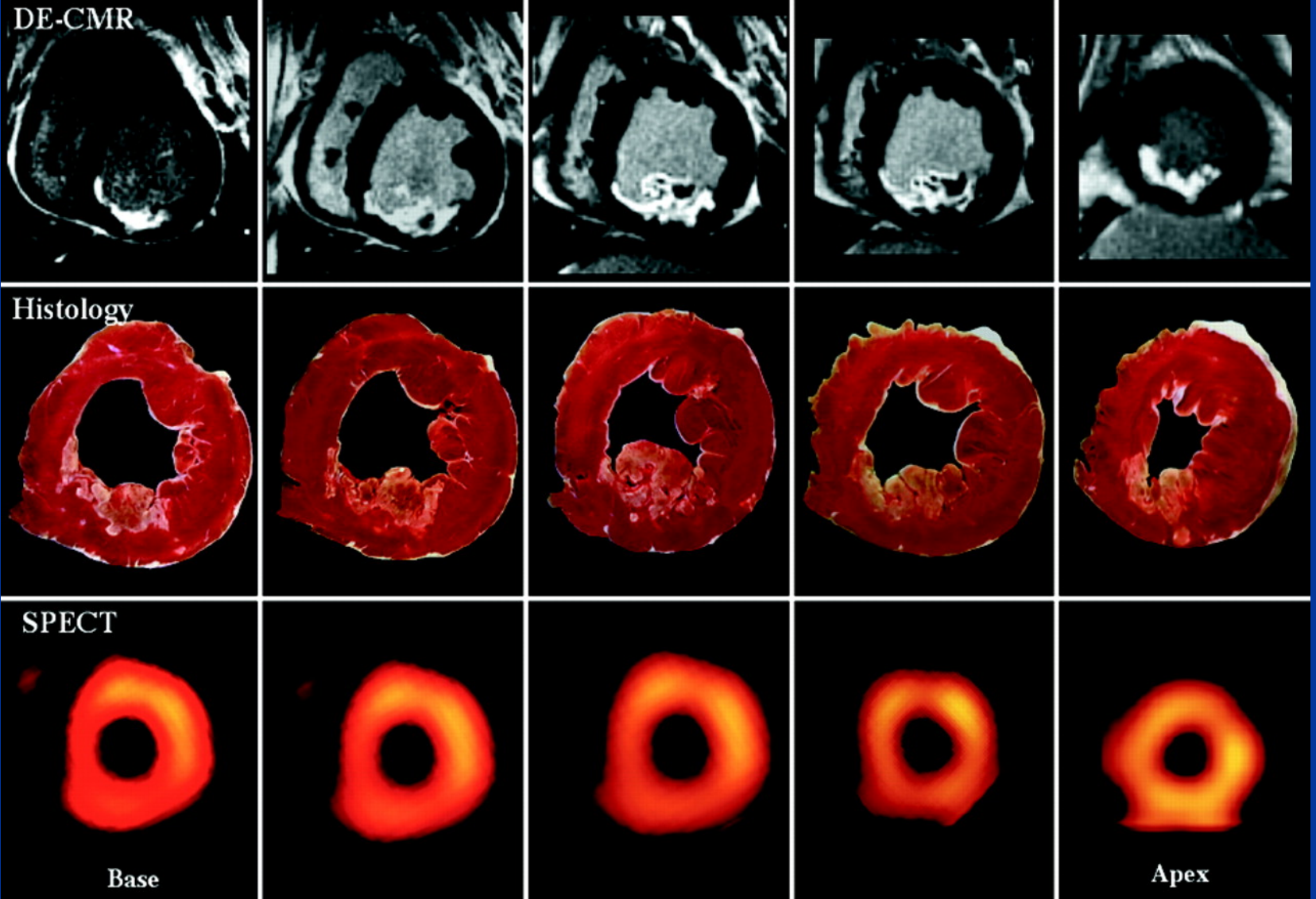


Cardiac Magnetic Resonance



Viability Assessment

CMR Delayed Hyper-Enhancement



Hazards of MRI

Magnet-Seeking Projectiles

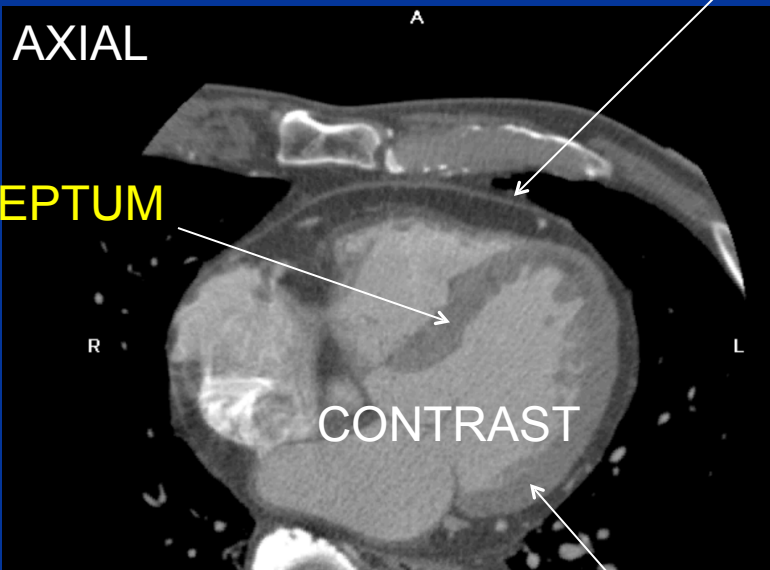


CARDIAC CT

FOR THE HEART AND CORONARY VESSELS

PERICARDIUM

PERICARDIUM

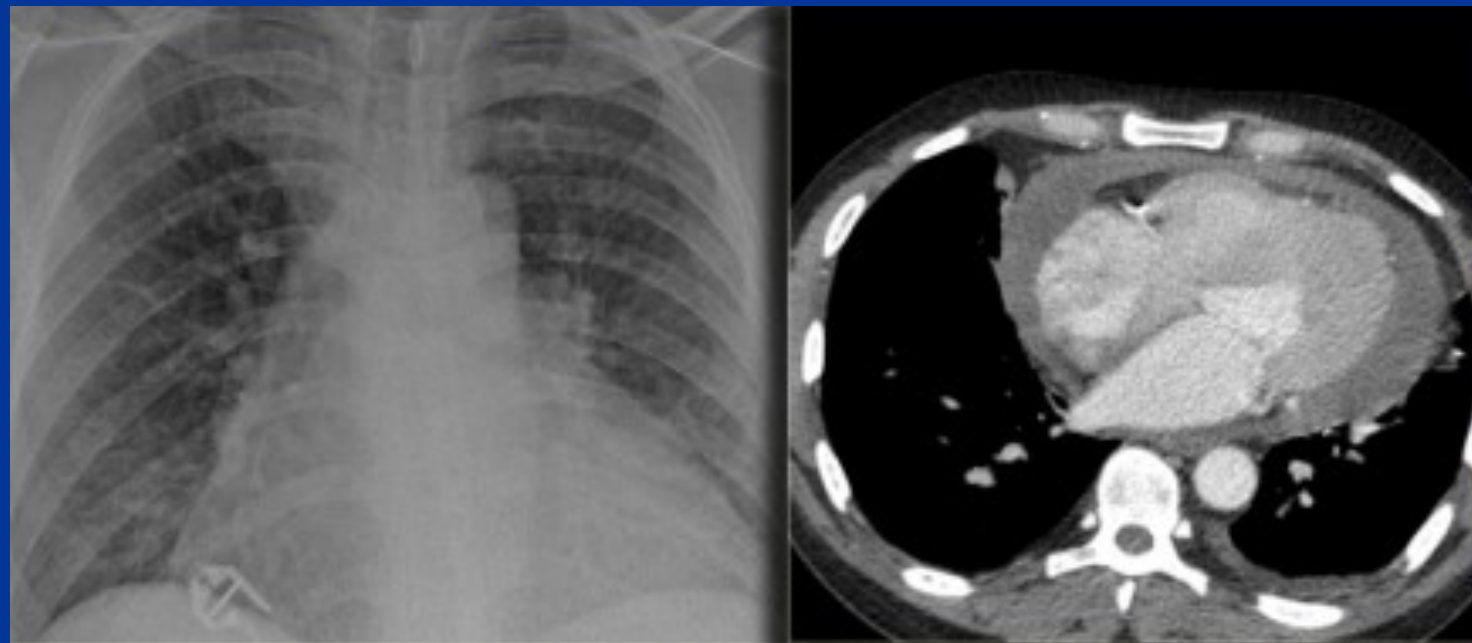


MYOCARDIUM

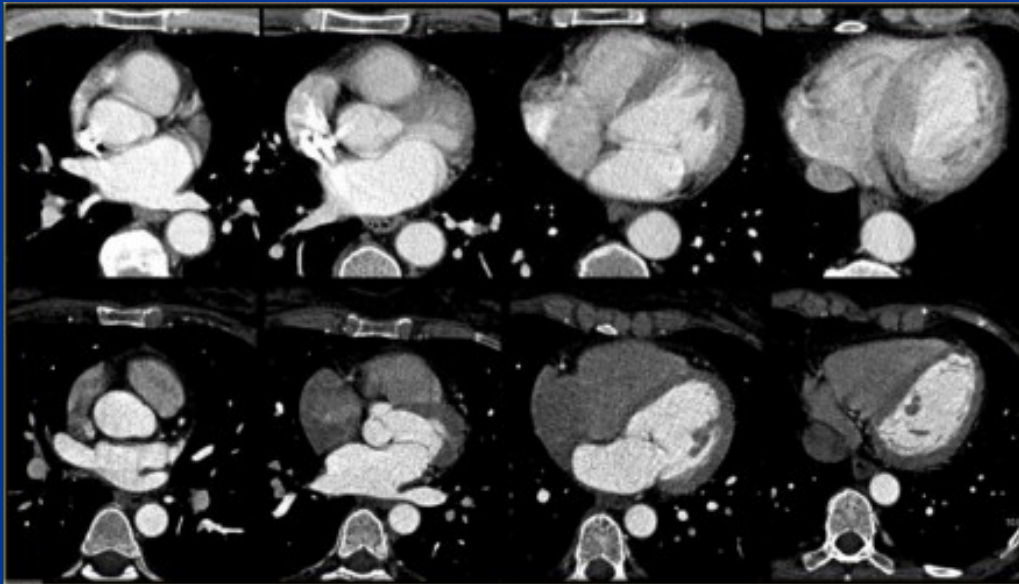
Pericardial effusion

Whenever we encounter a large heart figure, we should always be aware of the possibility of pericardial effusion simulating a large heart.

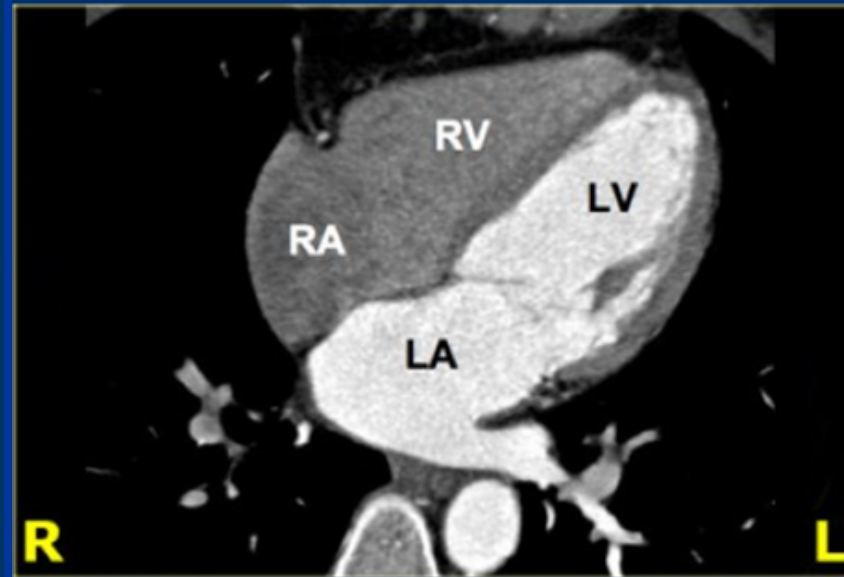
On the chest x-ray it looks as if this patient has a dilated heart while on the CT it is clear, that it is the pericardial effusion that is responsible for the enlarged heart figure.



CARDIAC CHAMBERS



Axial slices through the heart



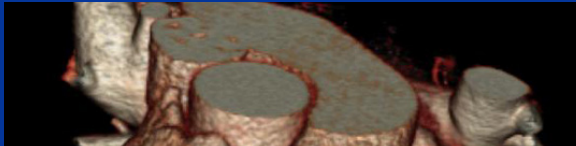
4-chamber view. RA=right atrium, RV=right ventricle, LA=left atrium, LV=left ventricle

4 to 64 Slice Scans

Five Heart Beats

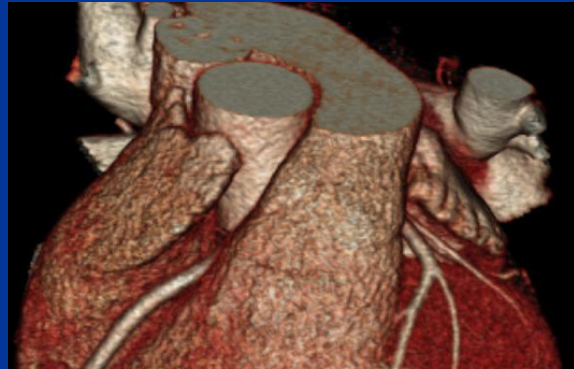
10 mm detector
Pitch ~0.25

3 cm in 5 sec



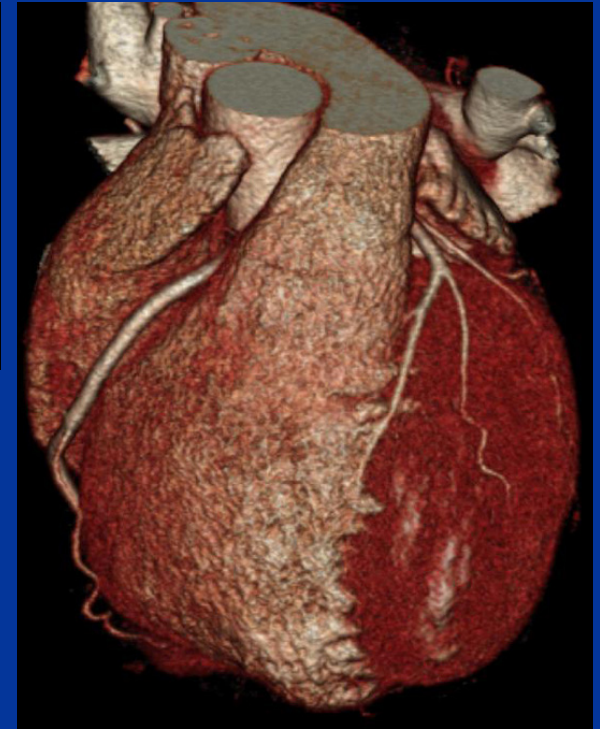
20 mm detector
Pitch ~0.25

6.2 cm in 5 sec

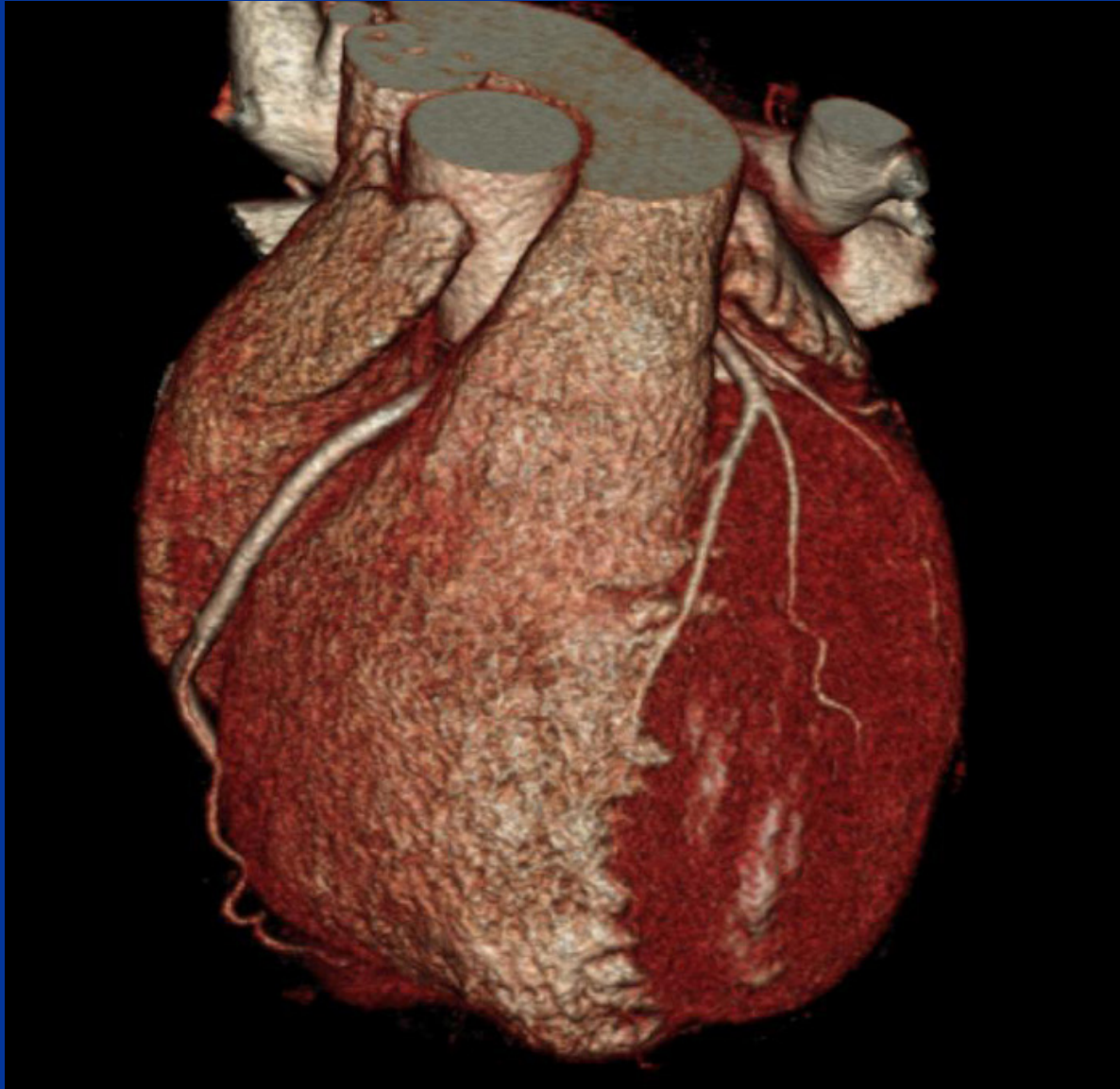


40 mm detector
Pitch ~0.25

12.5 cm in 5 sec



3-D Volume Rendered Image



Maximum Intensity Projection

Soft Plaque in Proximal LAD



Curved Planar Image

05.01.14-09:07:53-STD-1.3.12.2.1107.5.1.4.54056

Age:47 years

M

14 Jan 2005

09:07:53.781000

CT
Cardiac^01_LoHR_Coronary_CTA (Adult)



kVP:120
mA:542

Case12
12
*8/27/1920, M, 84Y
11/17/2004
10:52:57.69
7 IMA 0
VRT

HRP

Toyohashi Heart Center
Sensation Cardiac 64
CT 2005A

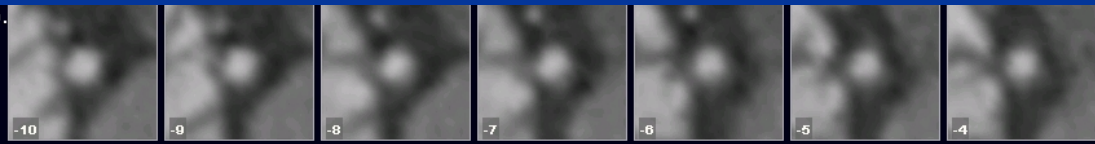
Spin: -28
Tilt: 27

RAF

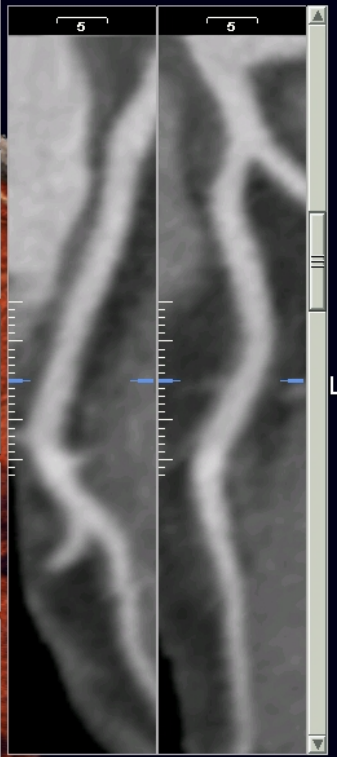
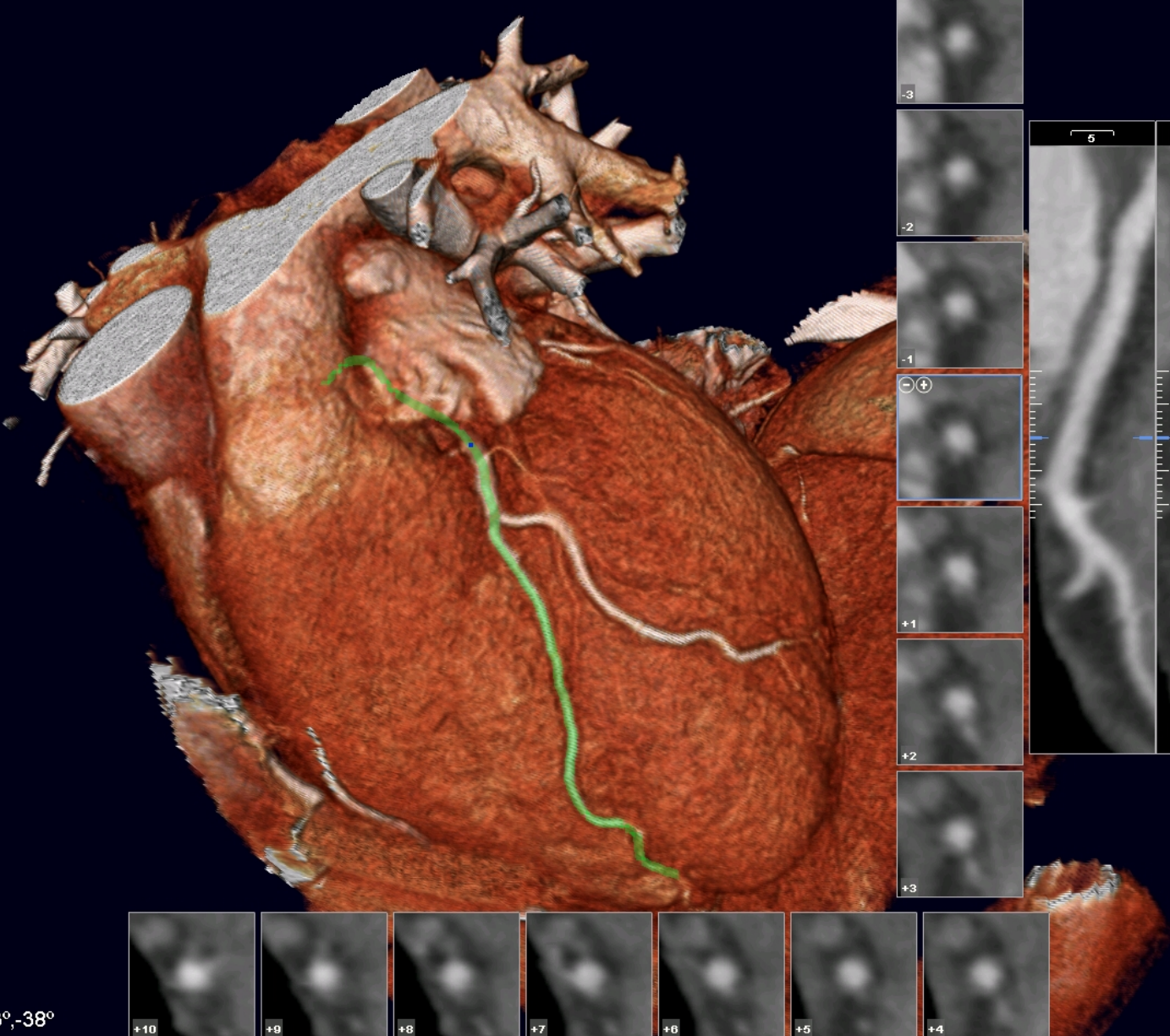


05.01.14-09:07:53-STD-1.3
Age:47 years
M
14 Jan 2005
09:07:53.781000

CT
oHR_Coronary_CTA (Adult)



R



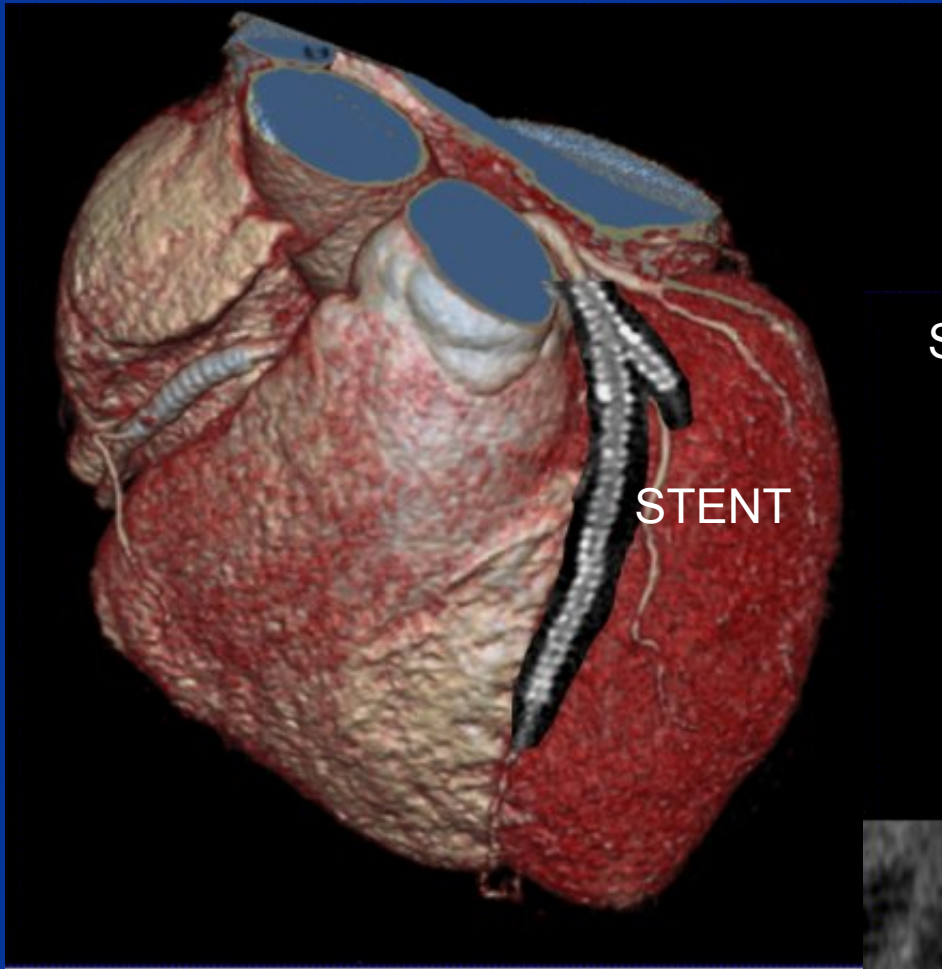
kVP:120
mA:542
msec:270
mAs:850
Thk:0.75 mm
Sensation 64
Orient: -43°,33°,-38°



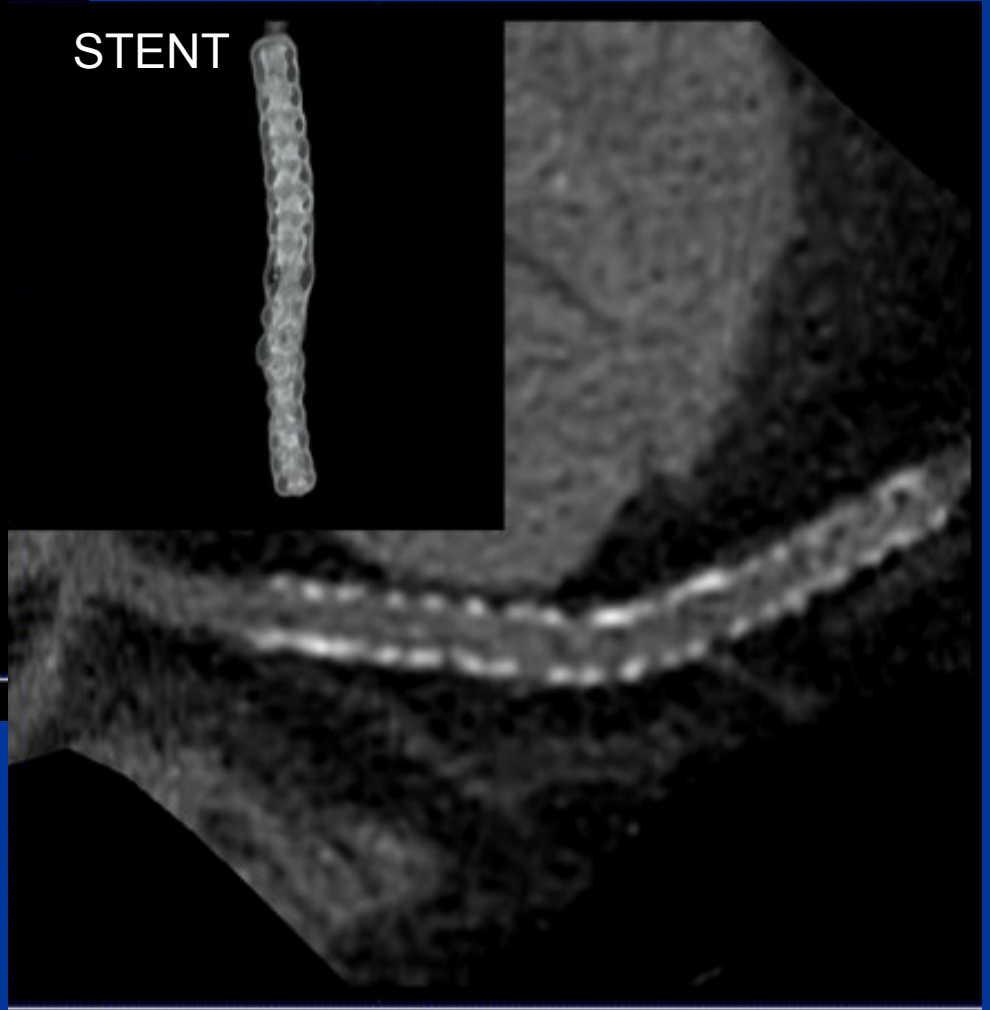
Vitrea®
W/L:250/100
Segmented
Vessel 1





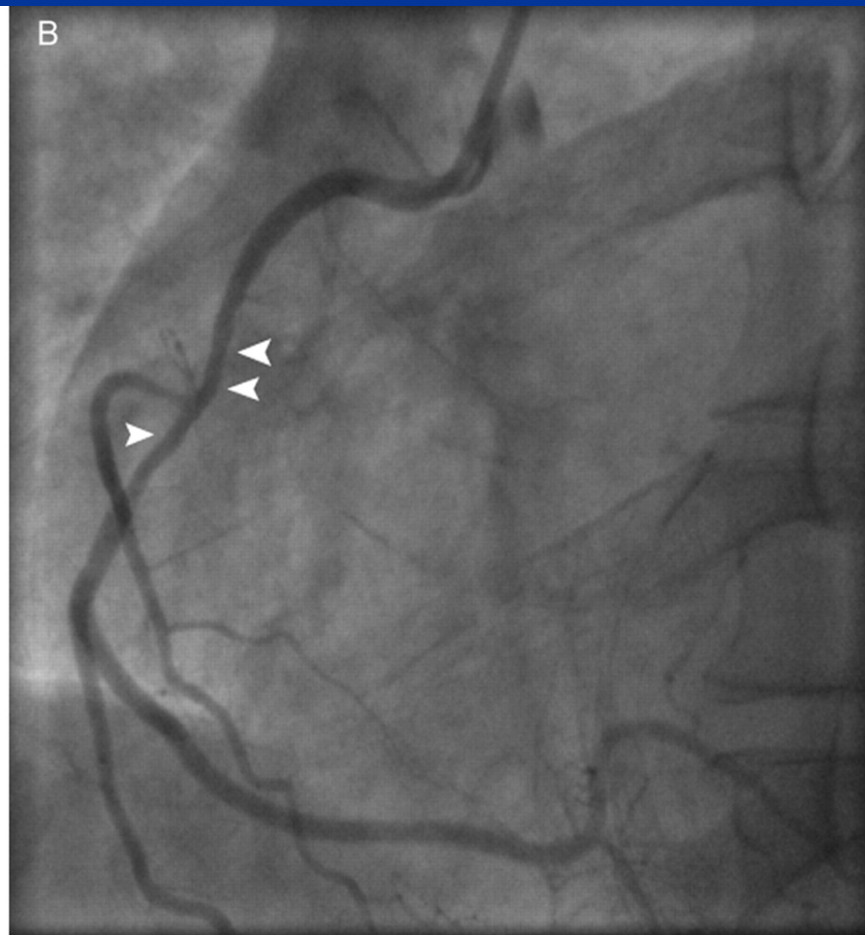
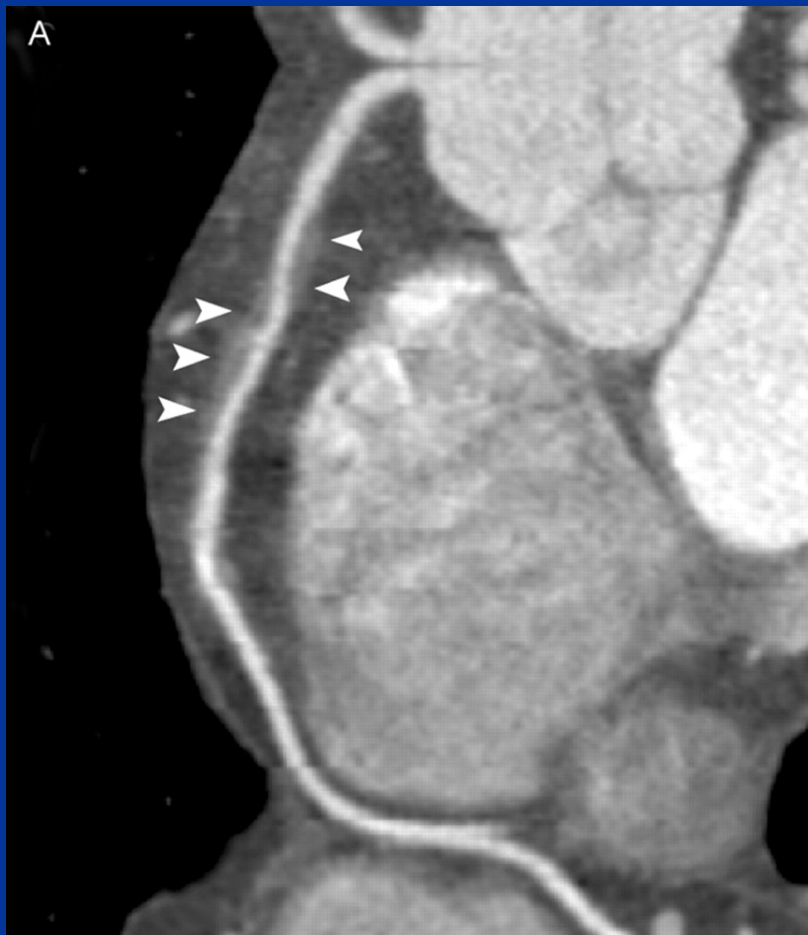


Courtesy of Erasmus Medical Center Rotterdam / Netherlands

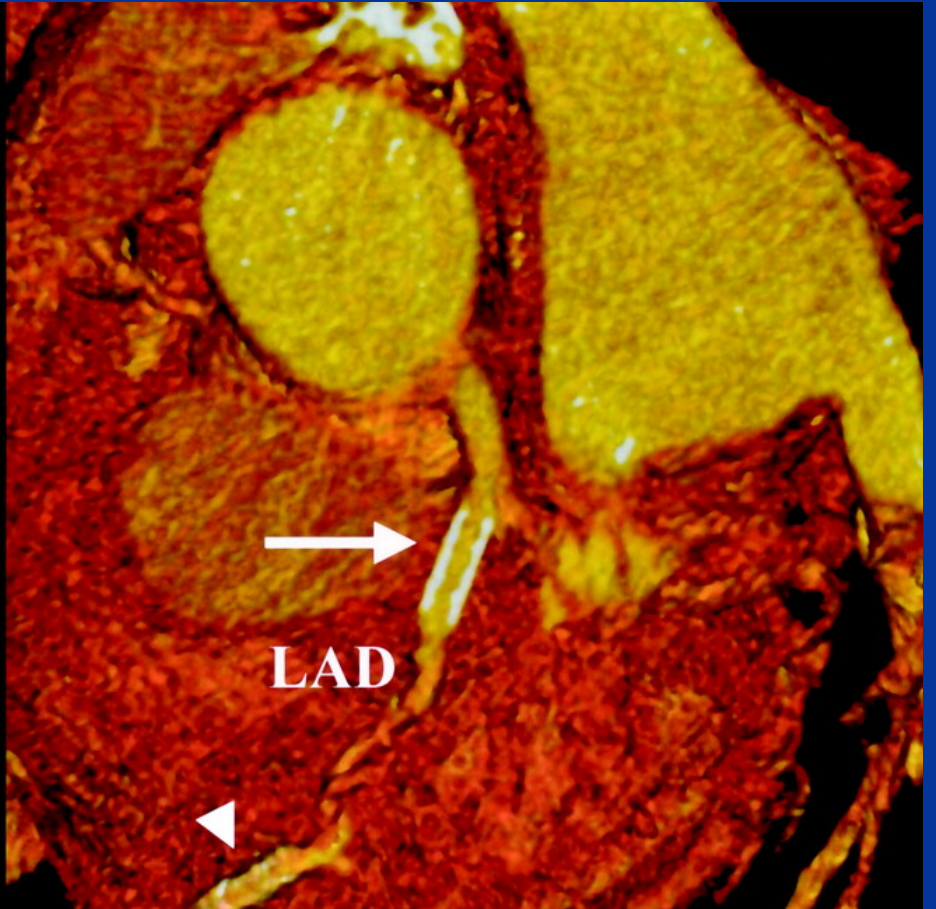
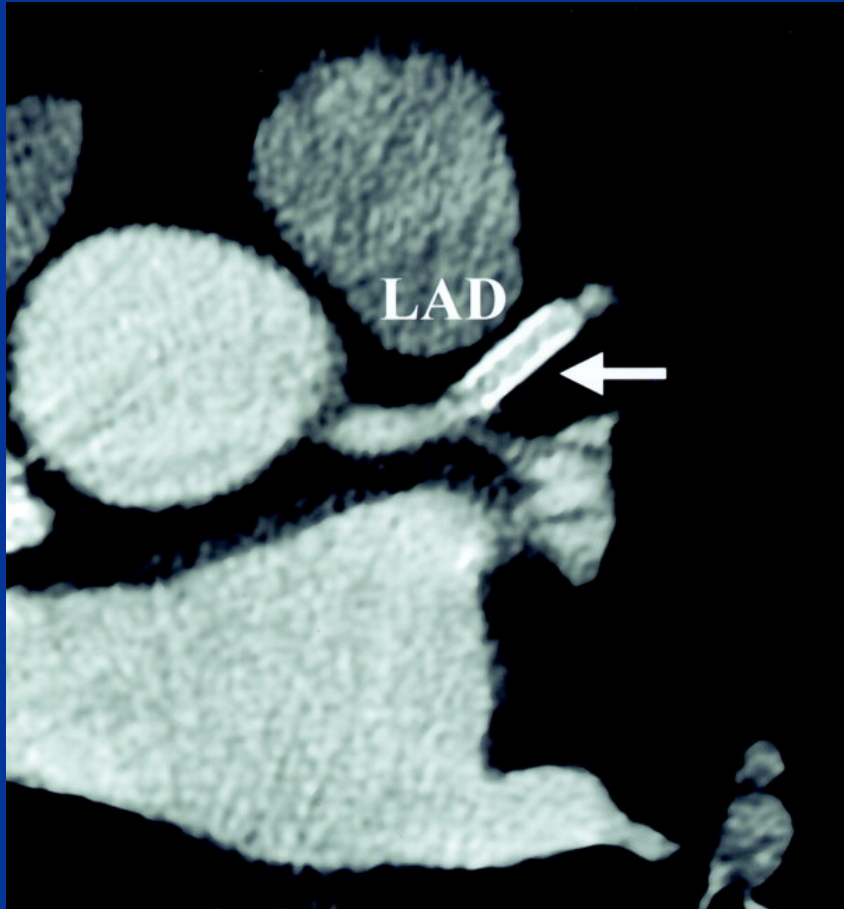


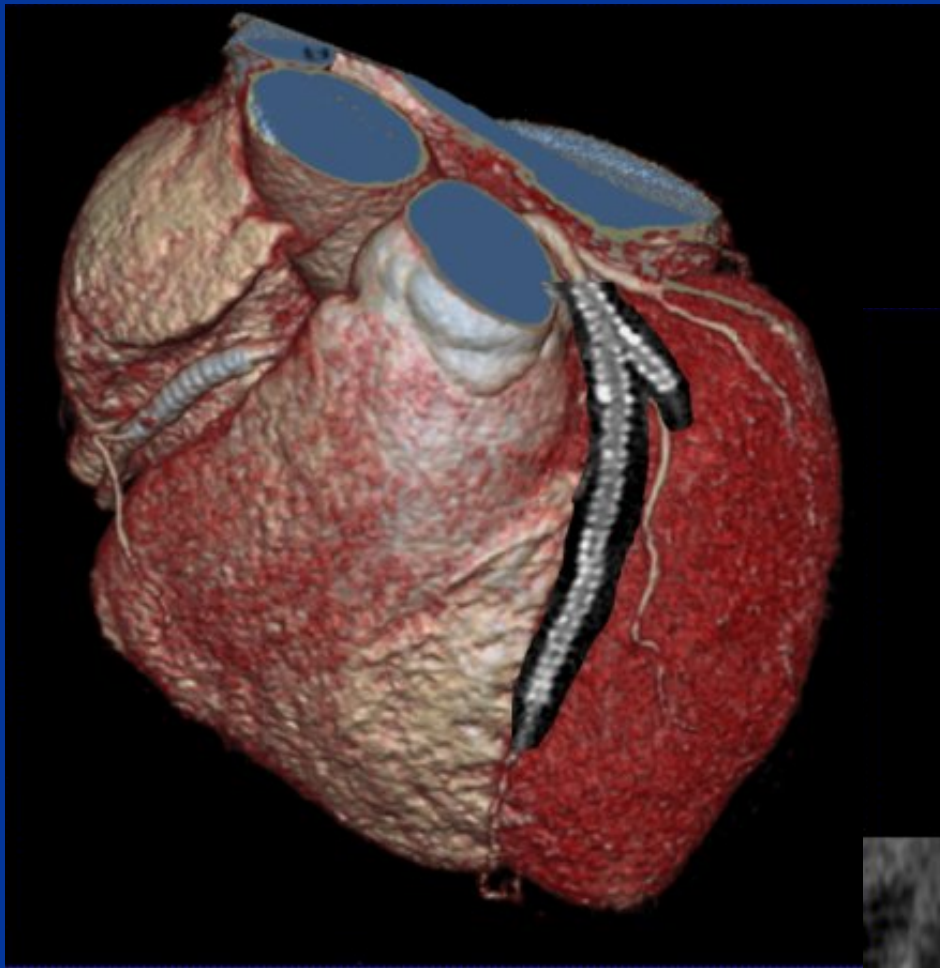
Courtesy of Toyohashi Heart Center, Japan

Soft Plaque Visualization





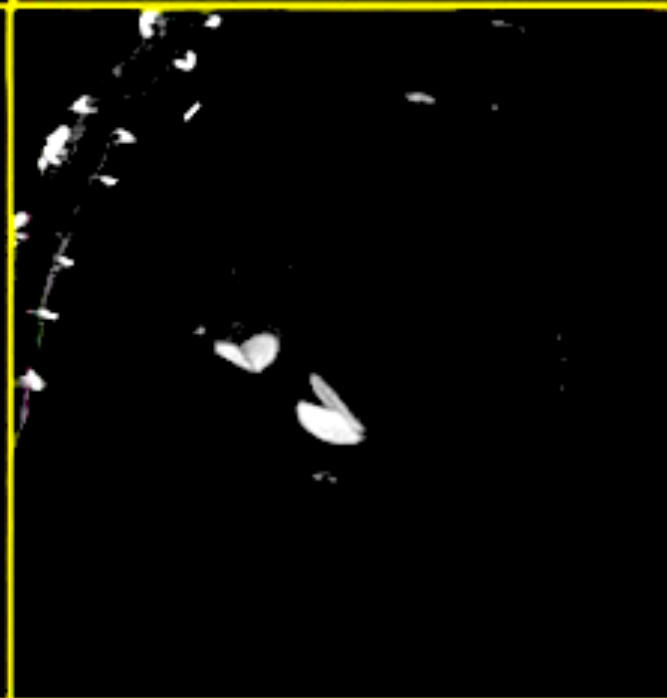
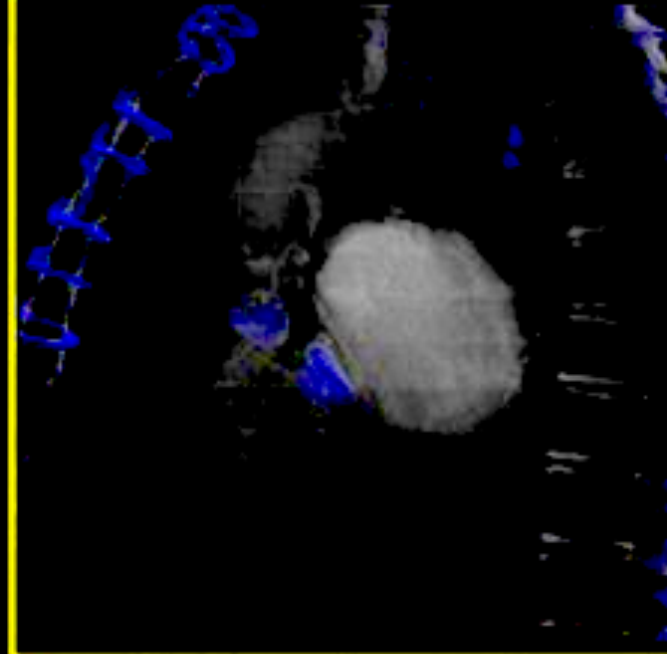




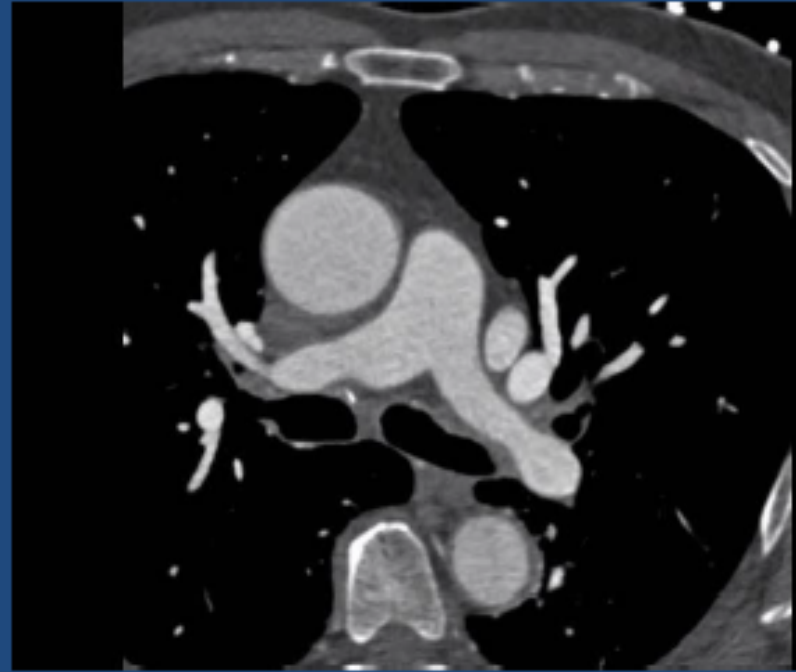
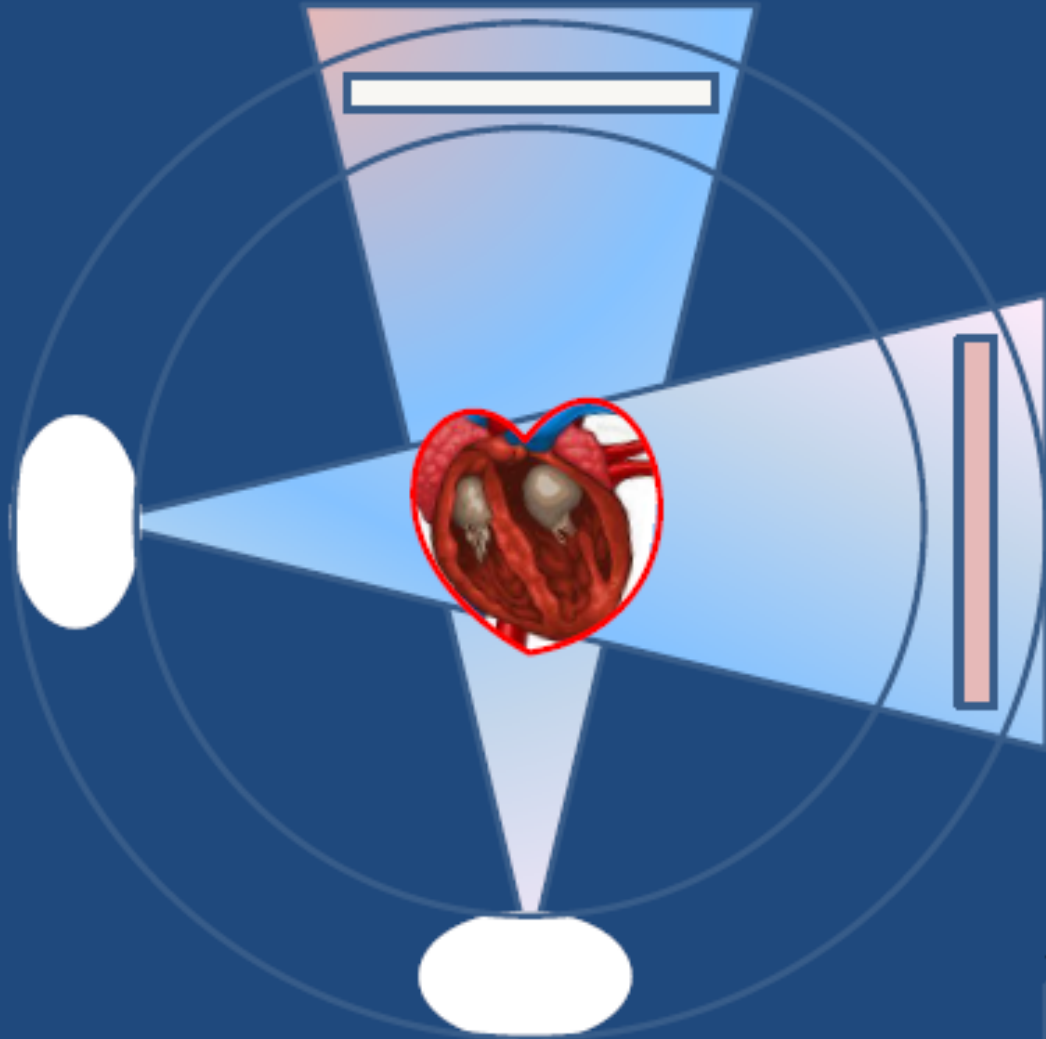
Courtesy of Erasmus Medical Center Rotterdam / Netherlands



Courtesy of Toyohashi Heart Center, Japan

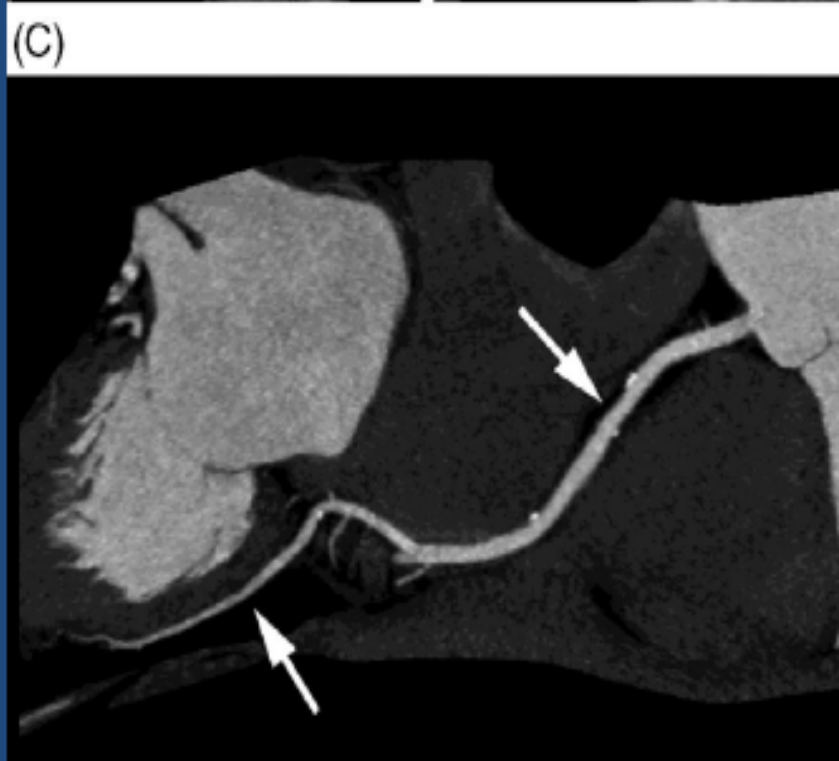
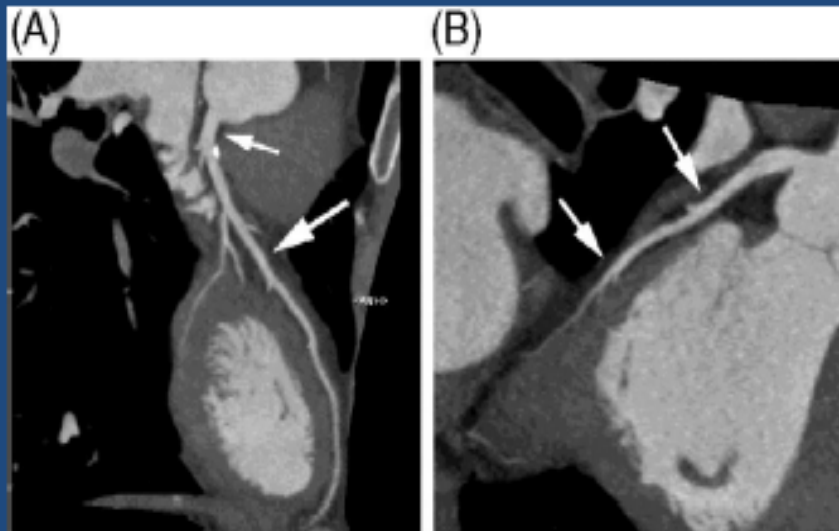



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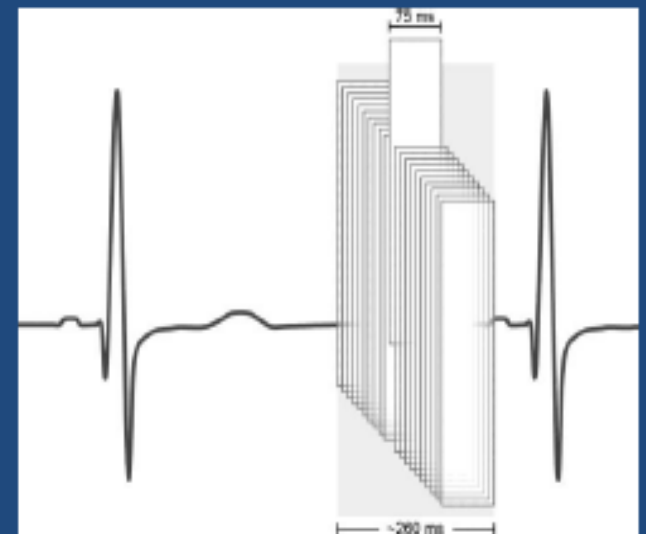
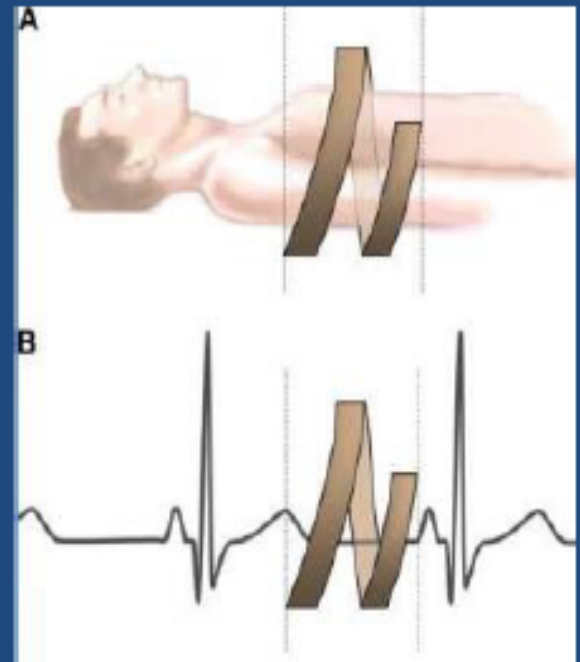


High Pitch Coronary CT Scanning

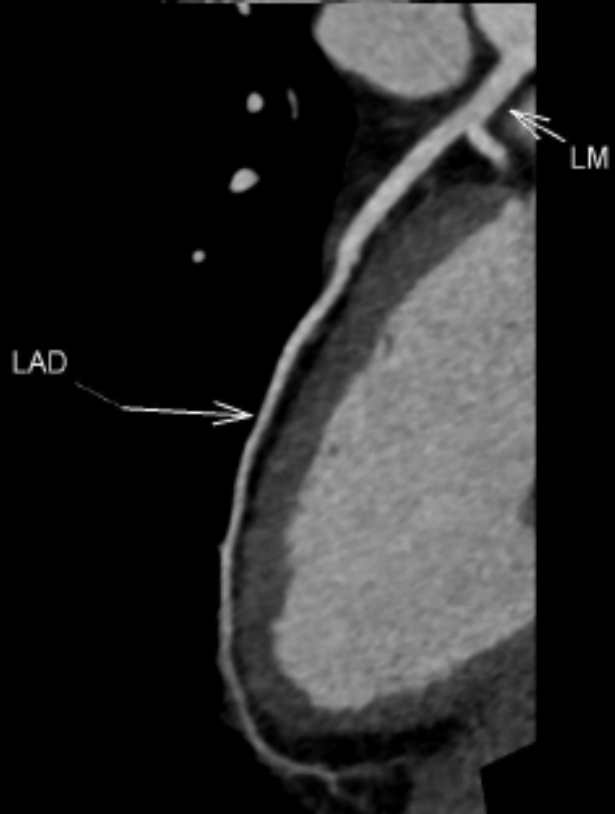
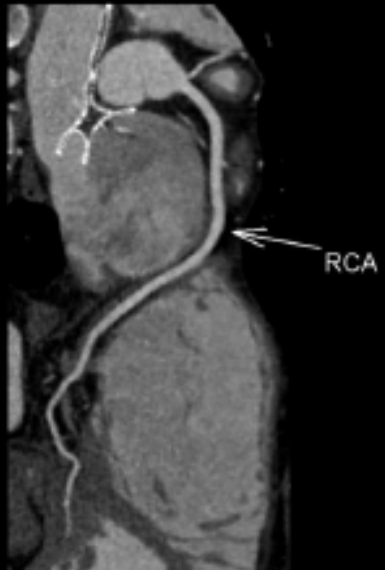
Male patient (183 cm, 78 kg, heart rate 54 b.p.m.)



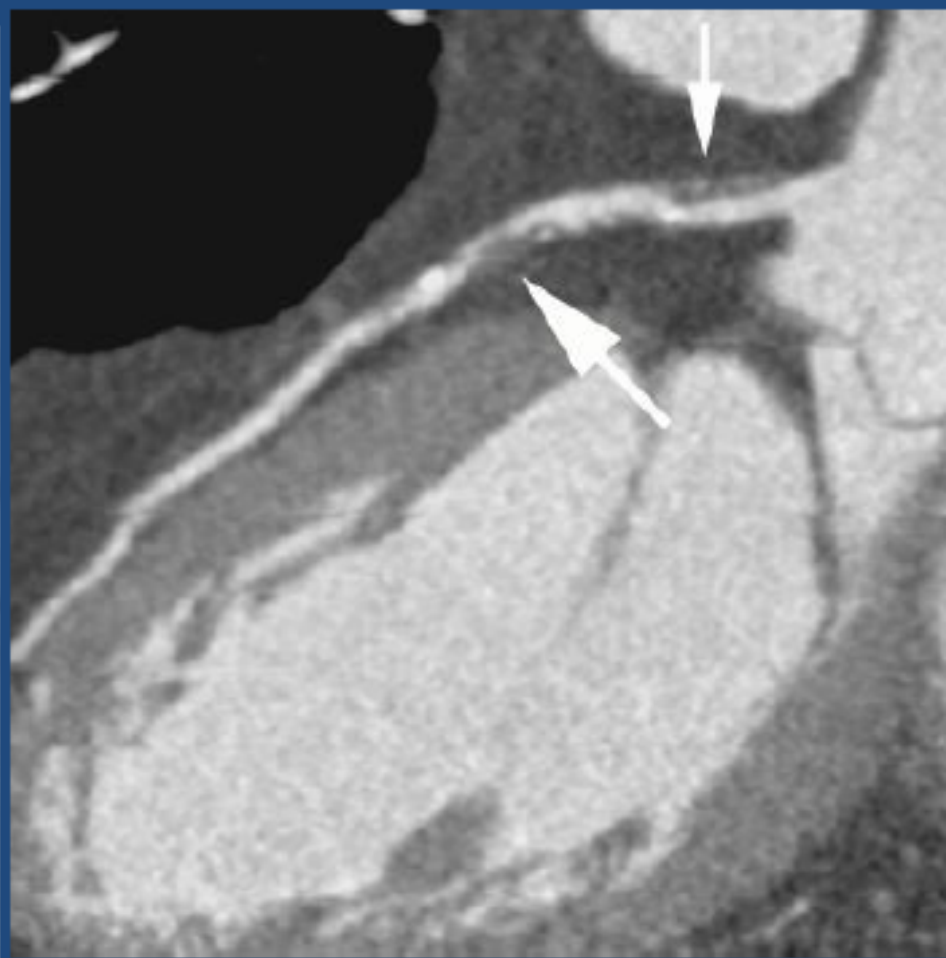
0.89 mSv



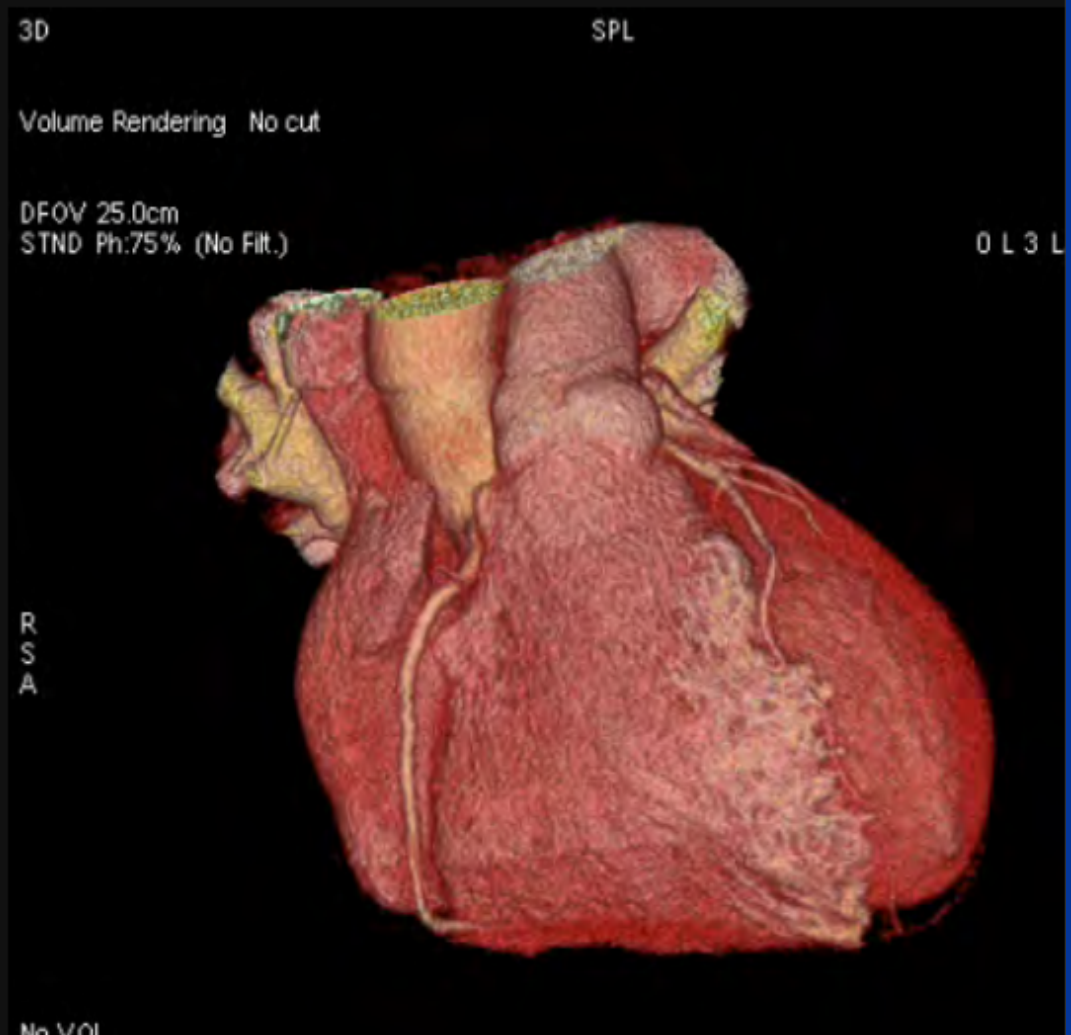
Gated with contrast

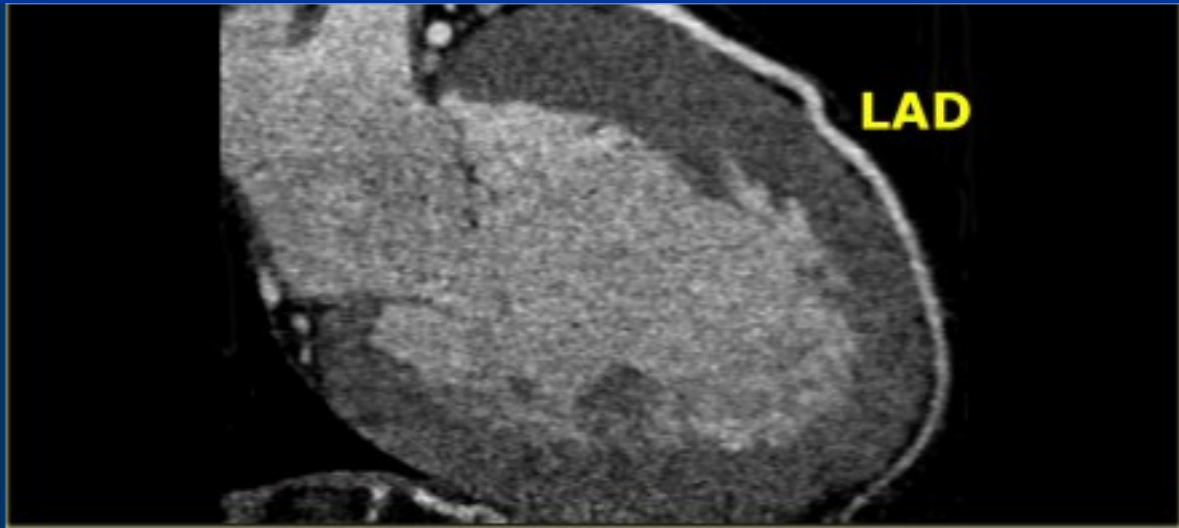


Plaque visualization

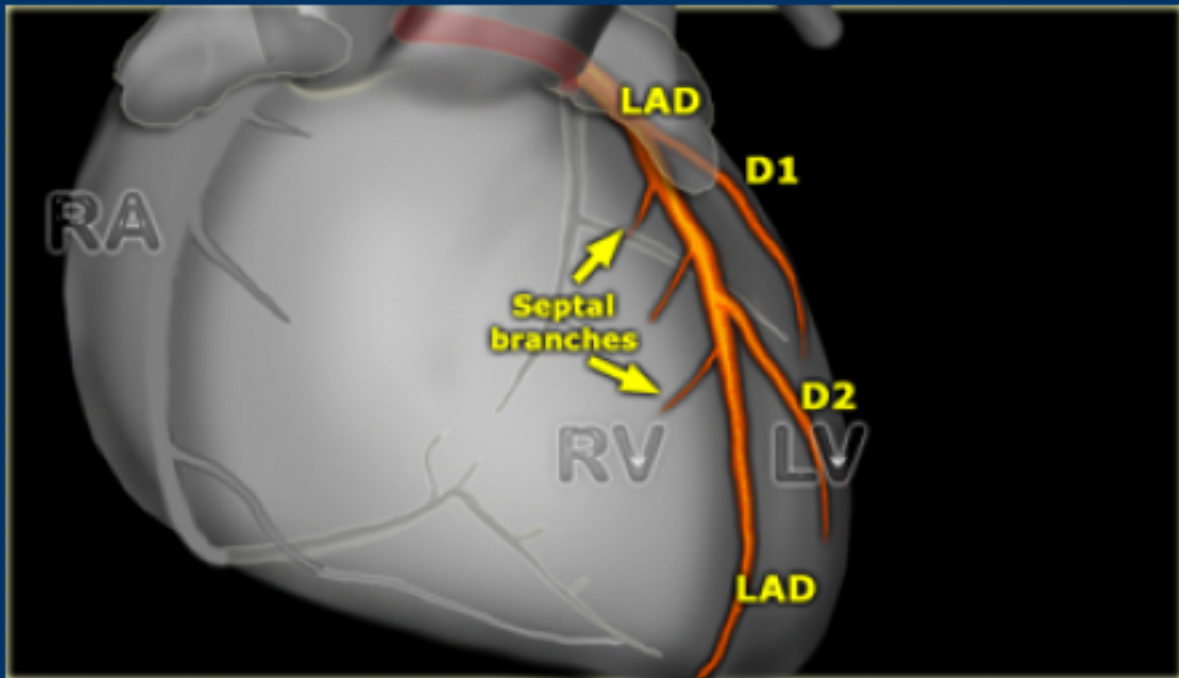


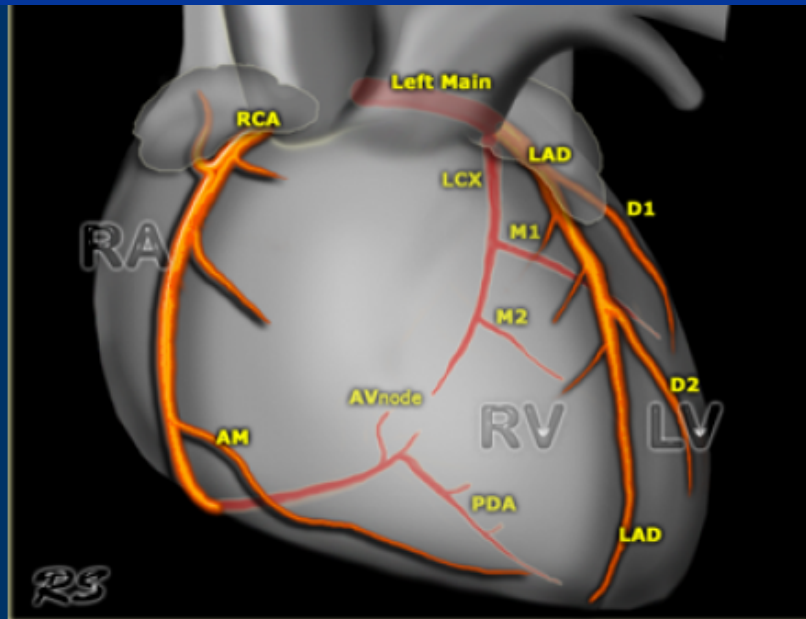
- **Knowledge of normal anatomy will allow for ideal imaging planes and sections.**
- **Knowledge of normal anatomy will allow for the identification of pathology and proper CT scan interpretation.**



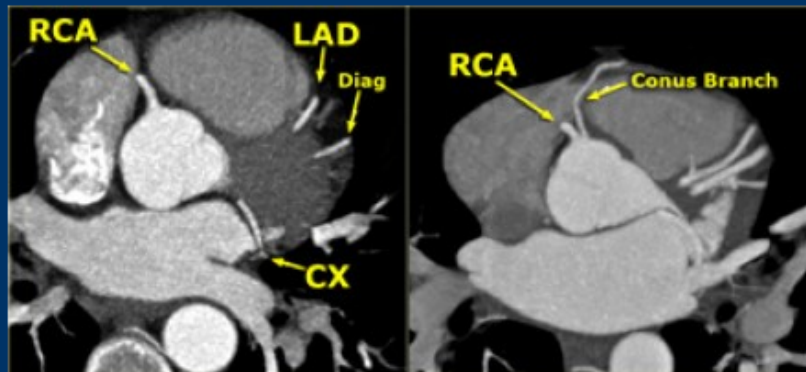
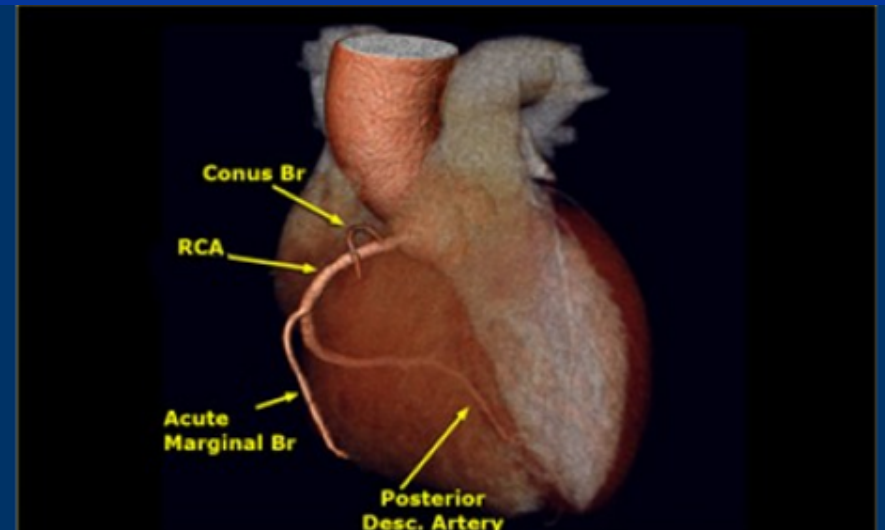


CT image of the LAD in RAO projection



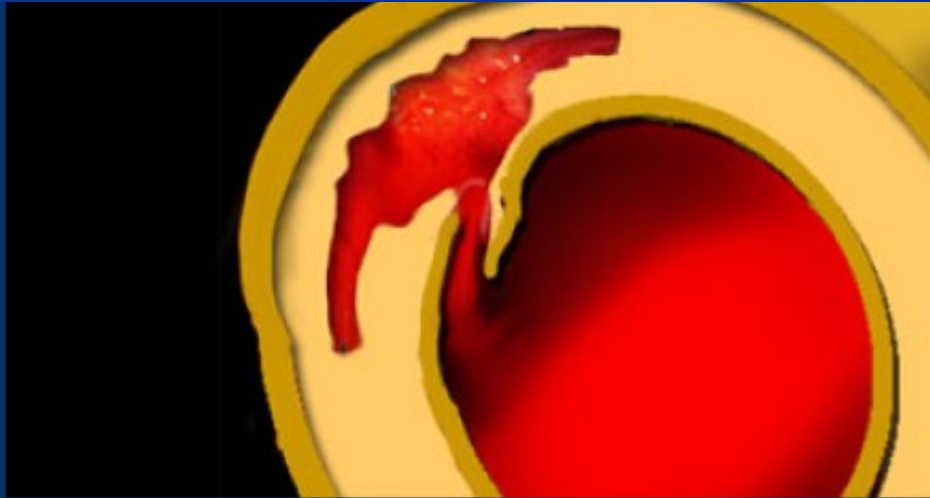


RCA, LAD and LCx in Anterior projection

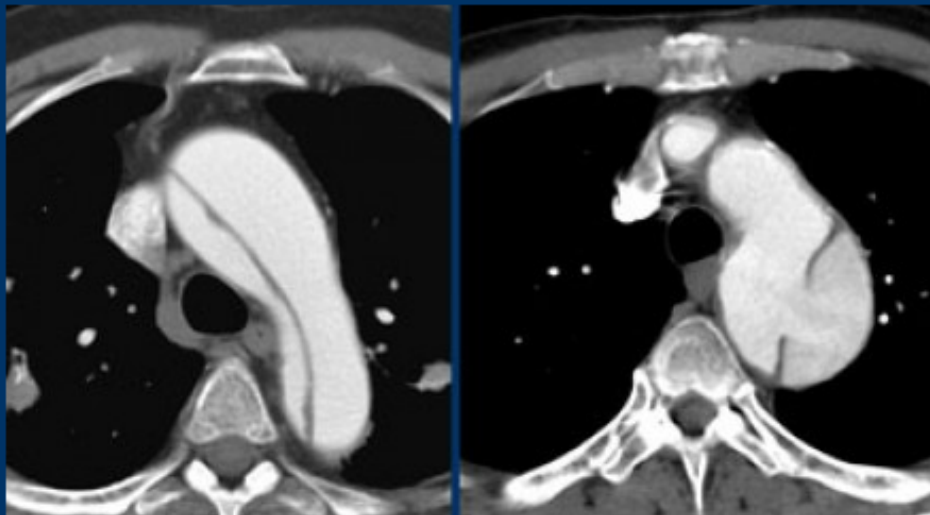


LEFT: RCA comes off the right sinus of Valsalva
RIGHT: Conus artery comes off directly from the aorta

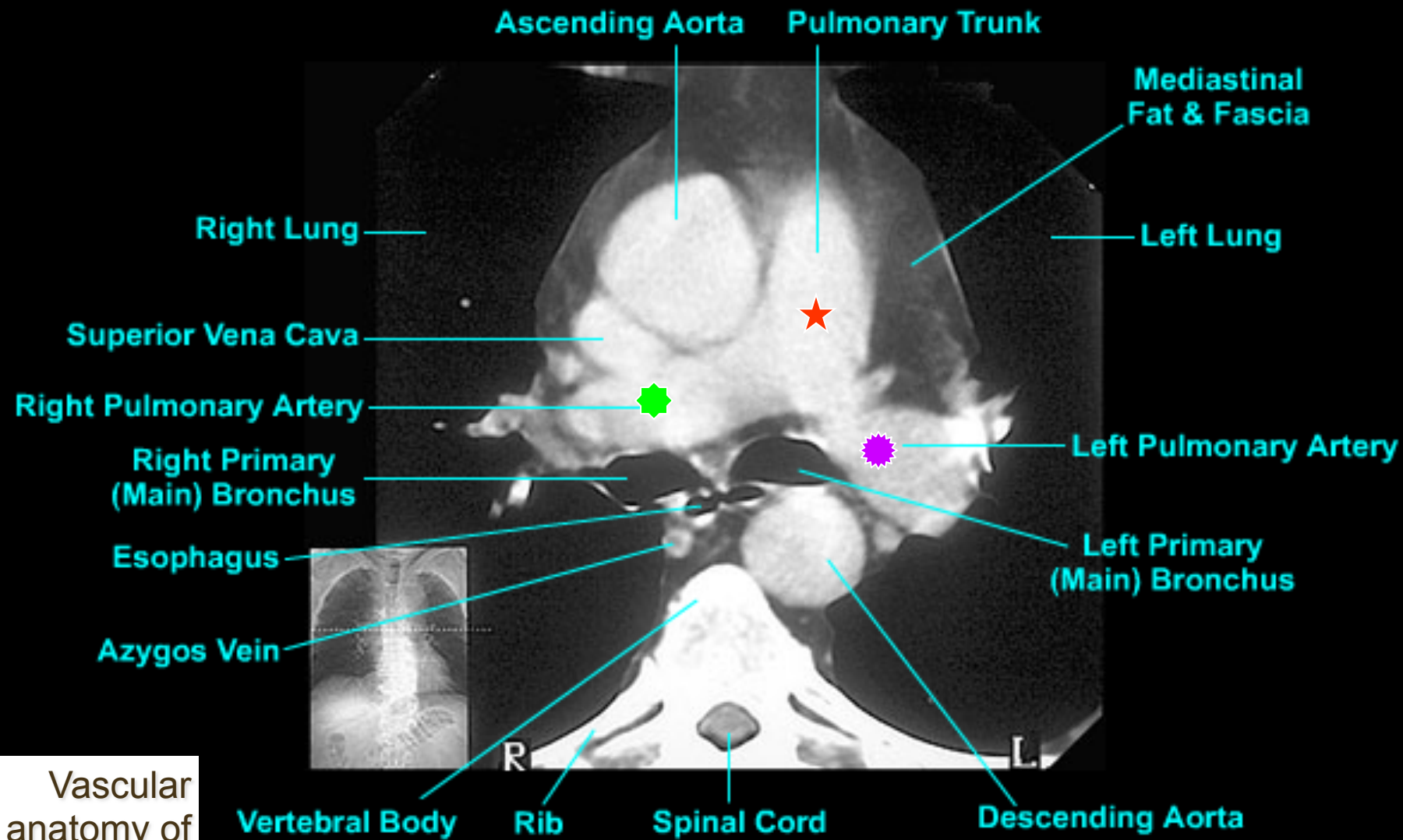
AORTIC DISSECTION



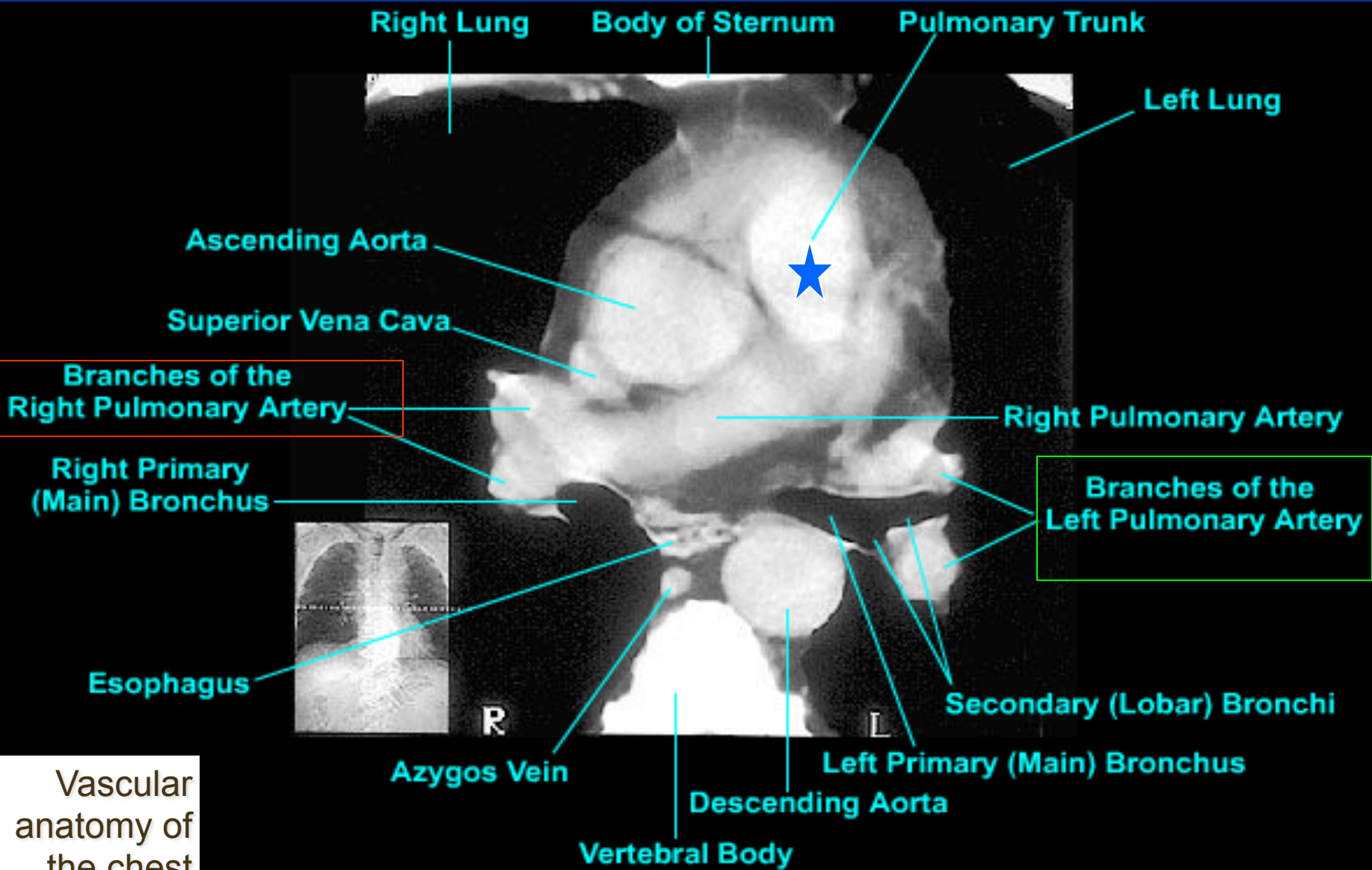
Classic Aortic Dissection



LEFT: Type A dissection with clear intimaflap seen within the aortic arch. RIGHT: Type B dissection. Entry point distal to left subclavian artery.

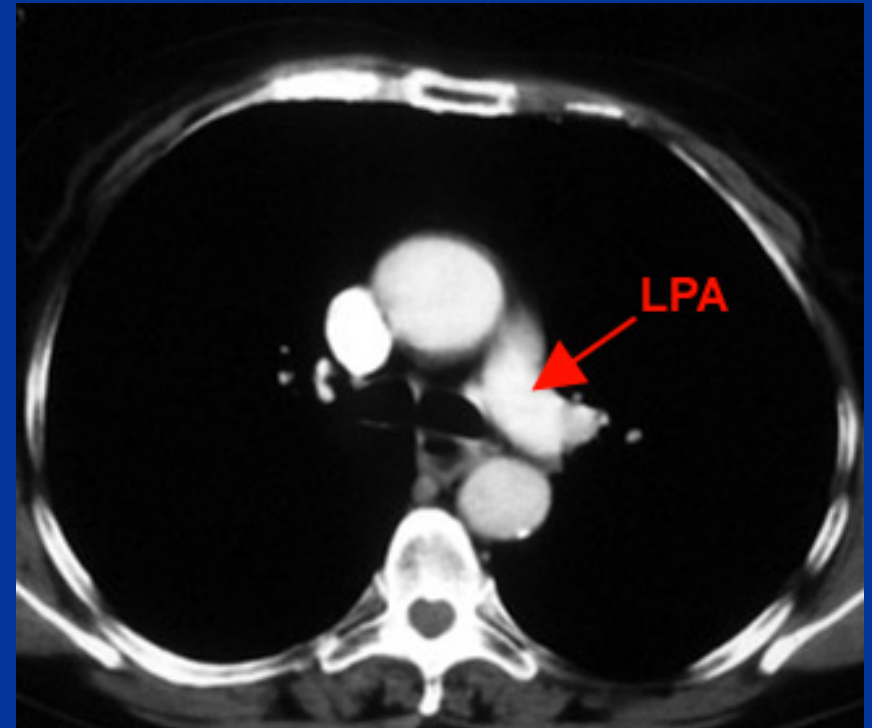
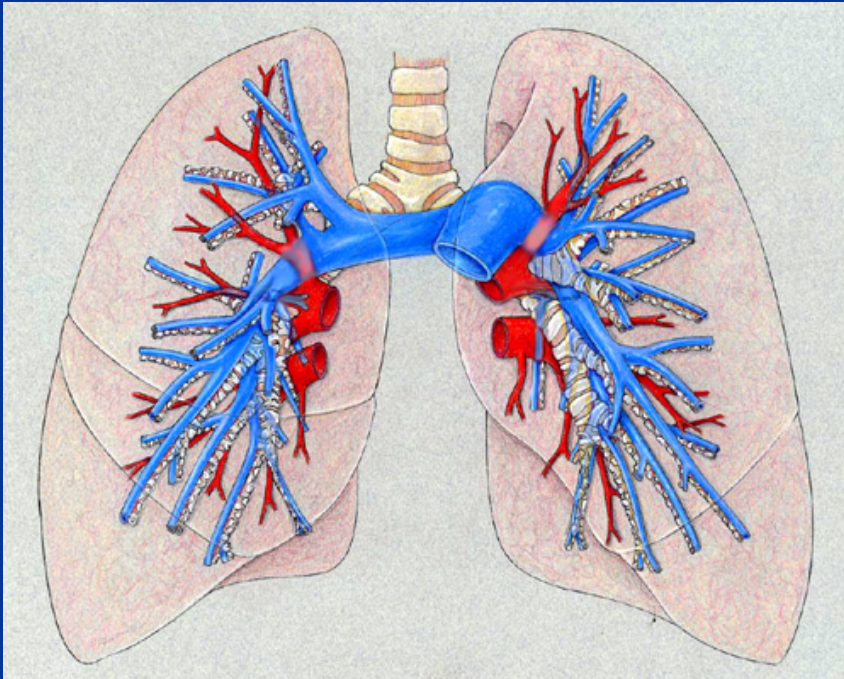


Vascular anatomy of the chest

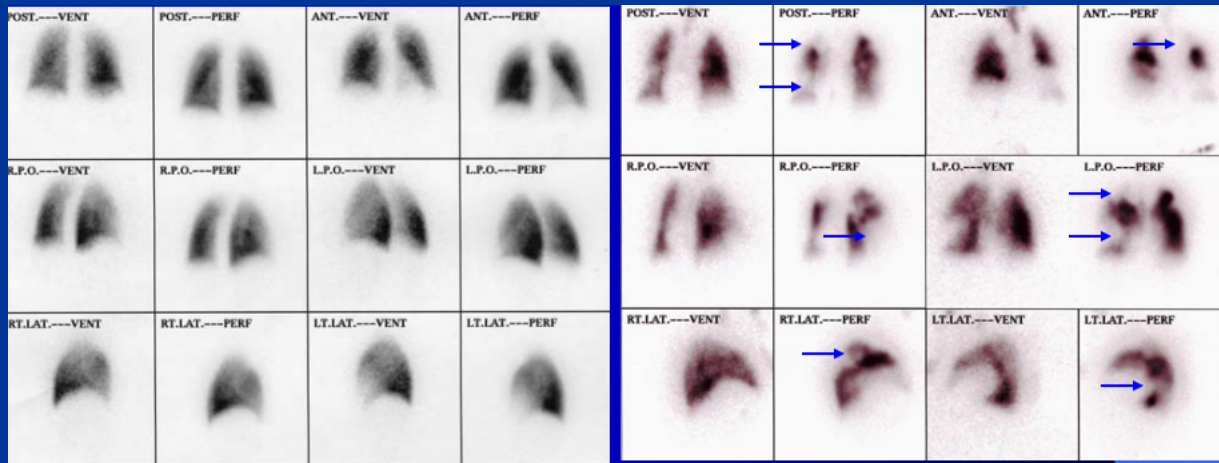


Vascular anatomy of the chest

Pulmonary artery

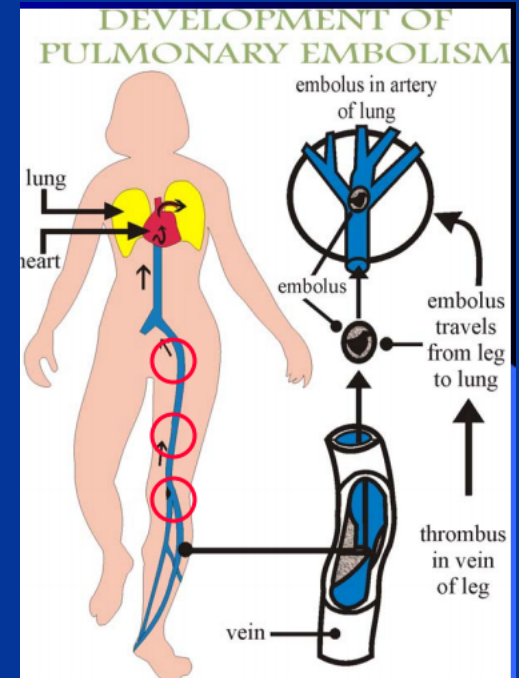


VIQ SCAN



NORMAL

HIGH PROBABILITY OF PE

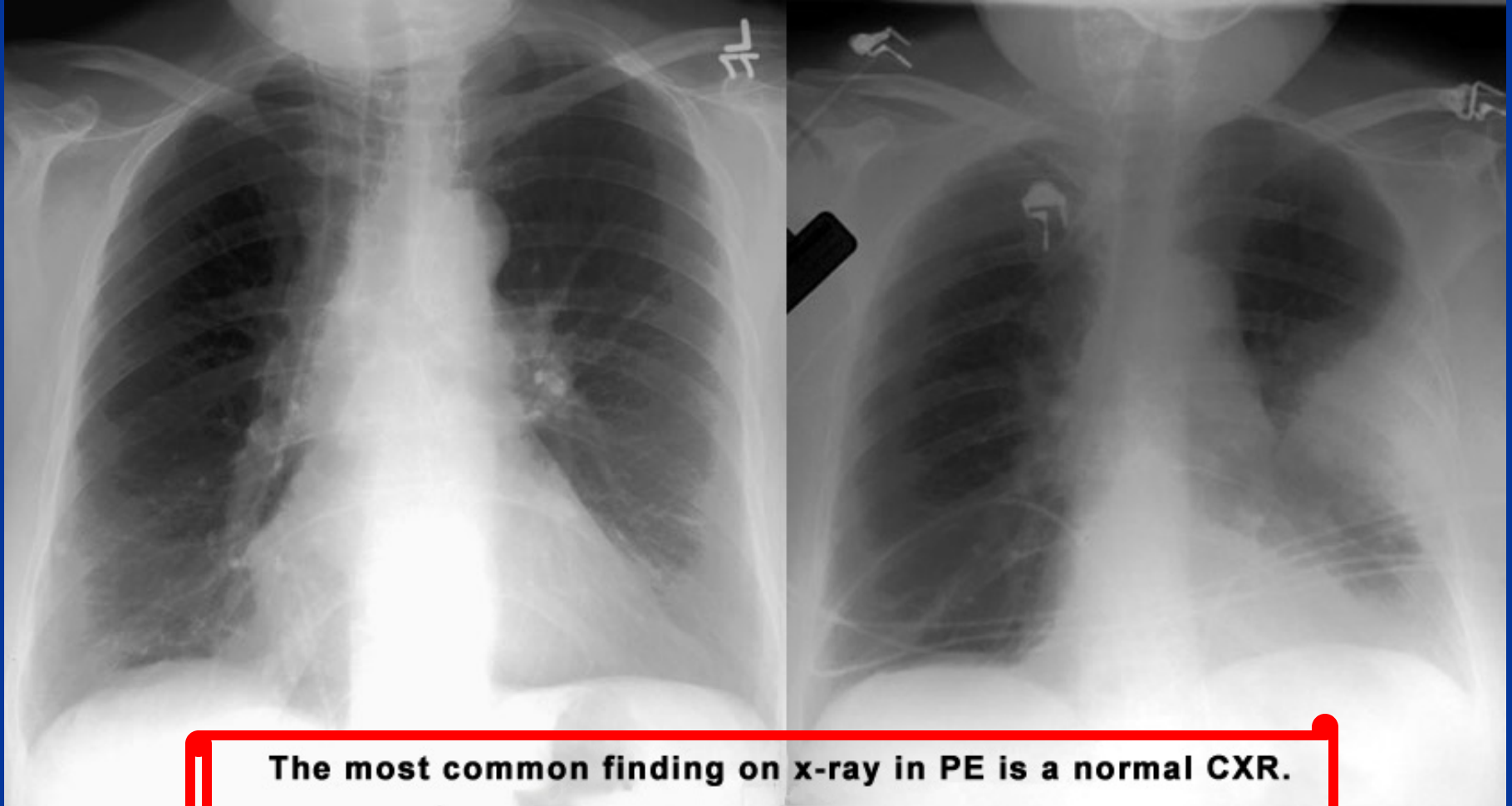


Pulmonary embolism



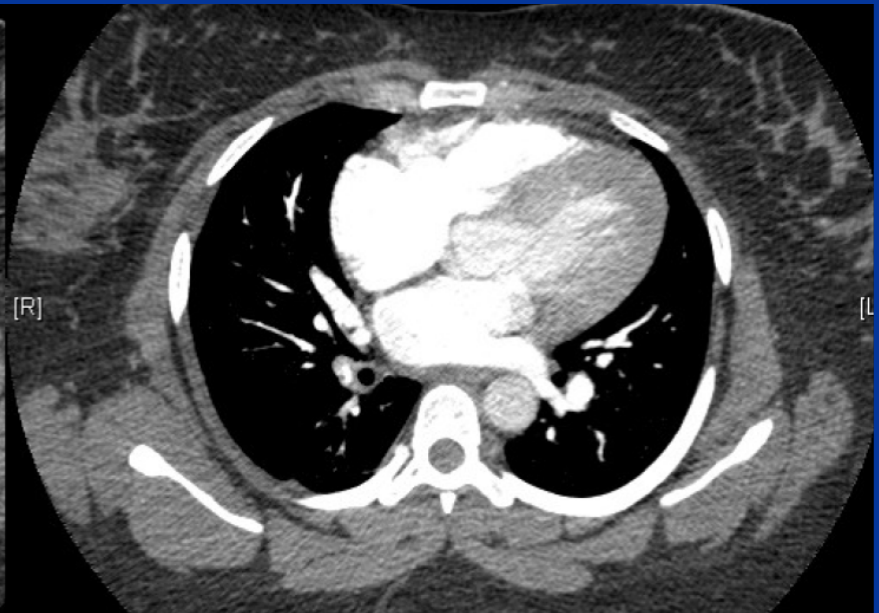
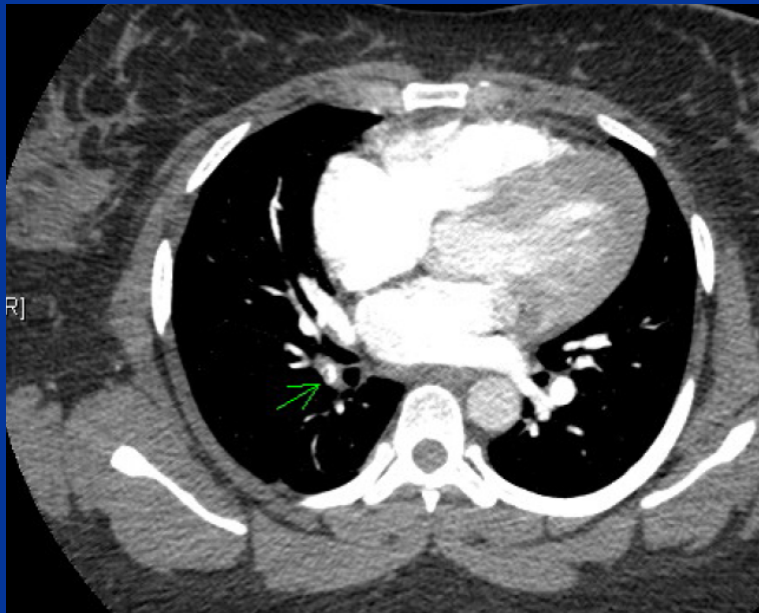
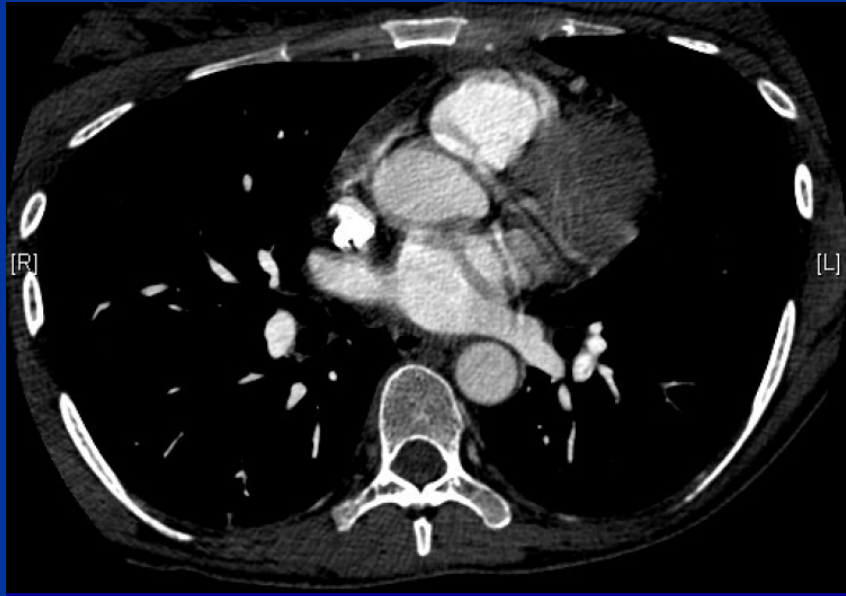
The most common finding on x-ray in PE is a normal CXR.

Pulmonary embolism

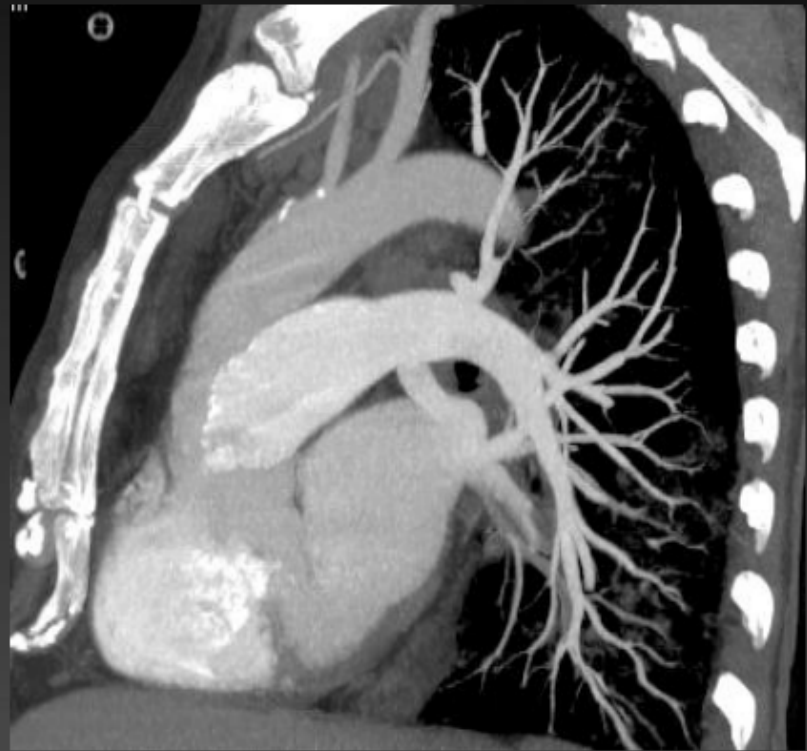
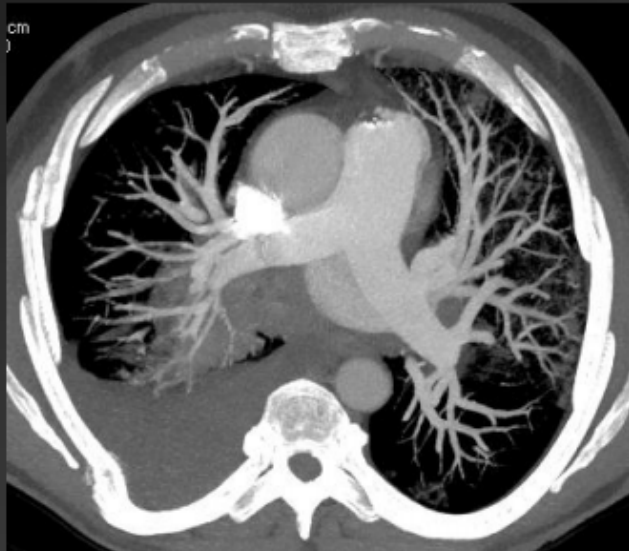


The most common finding on x-ray in PE is a normal CXR.

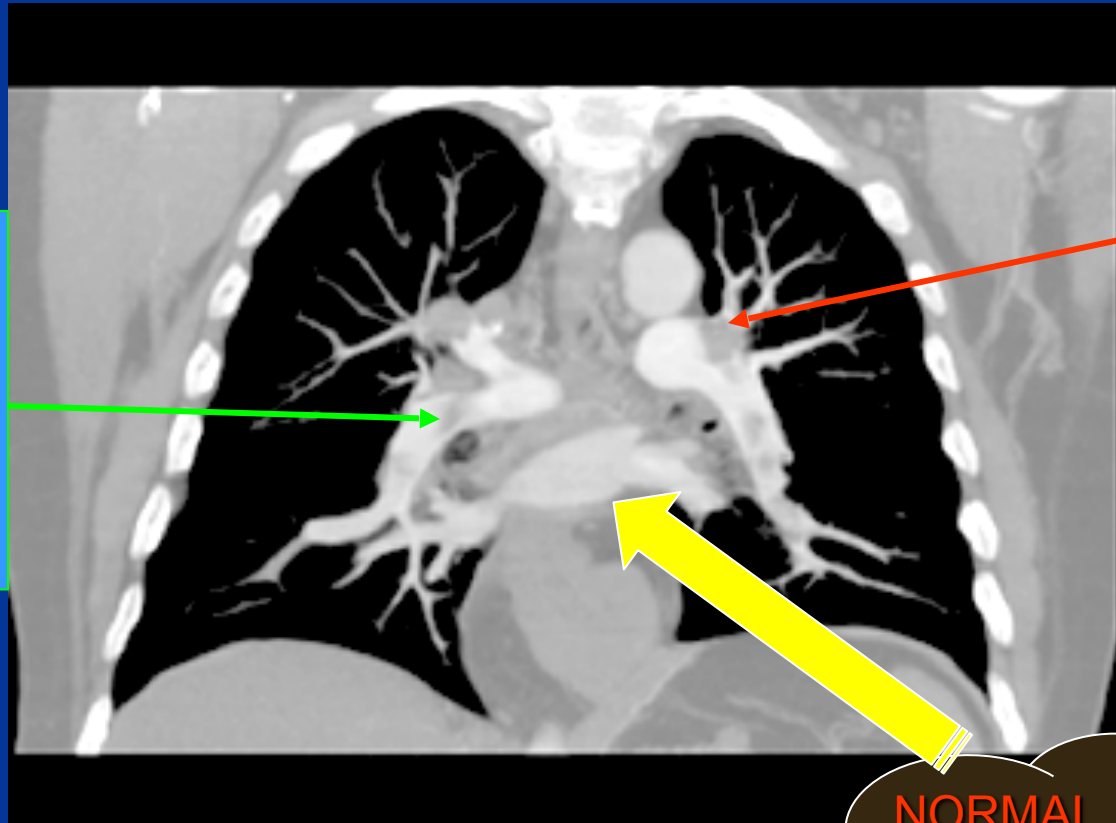
**THE GOLD STANDARD FOR
DIAGNOSIS OF PE IS CTA**



CTA PULMONARY VASCULATURE



CTA (Coronal Reconstruction)

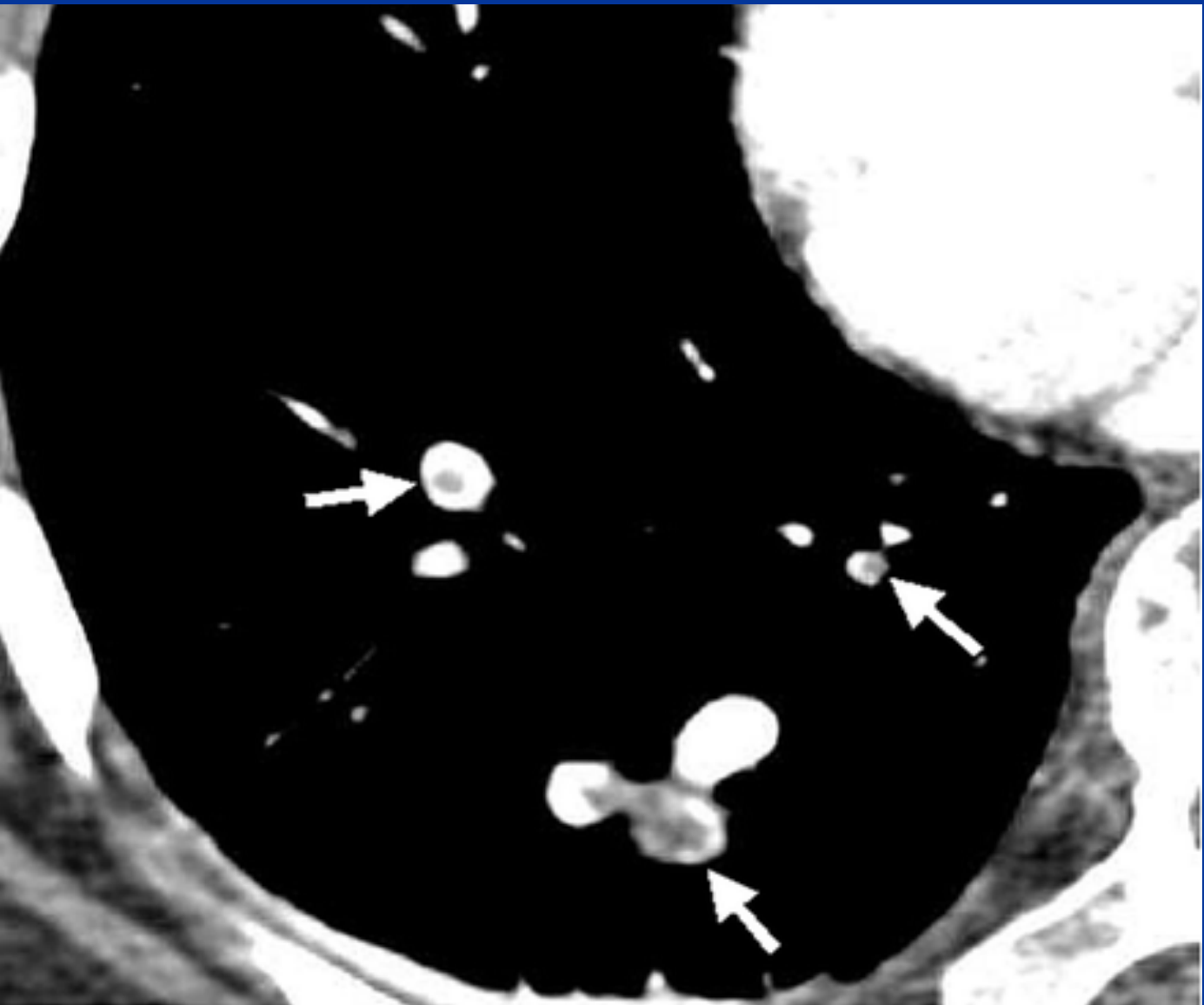


Embolus in
descending
right
pulmonary
artery

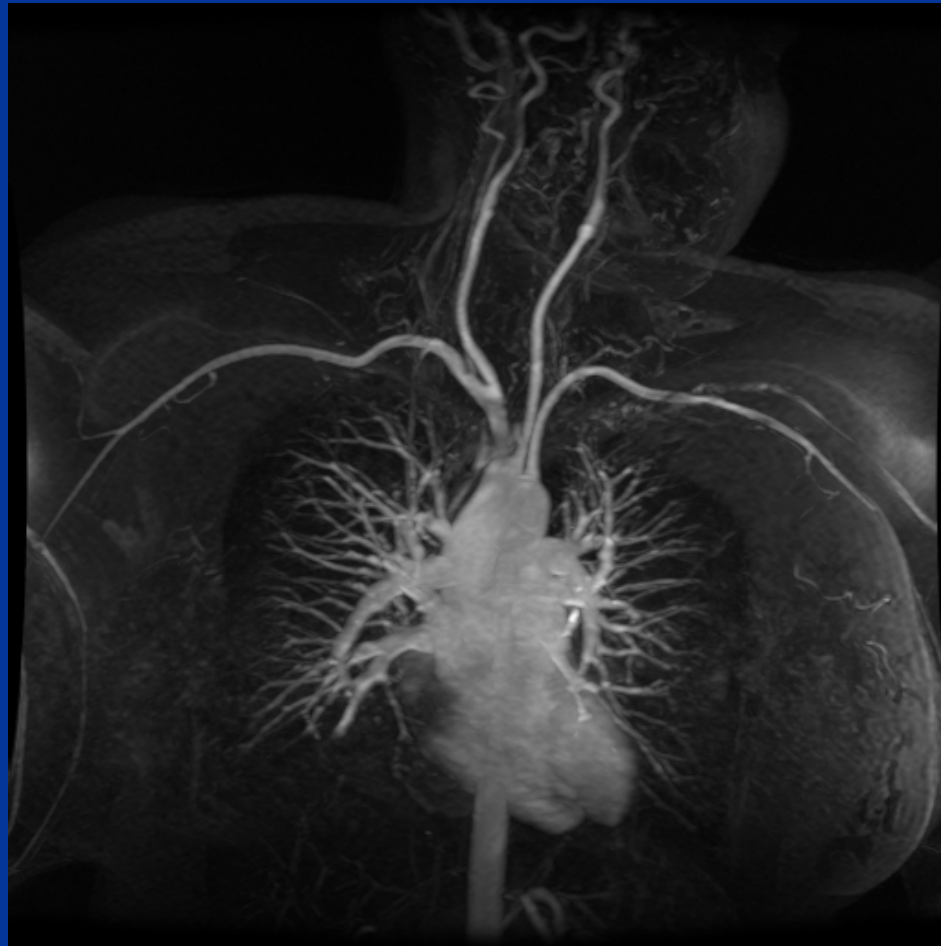
Embolus in
left main
pulmonary
artery

NORMAL
HOMOGENOUS
FILLING OF THE
VESSELS

CT Angiogram



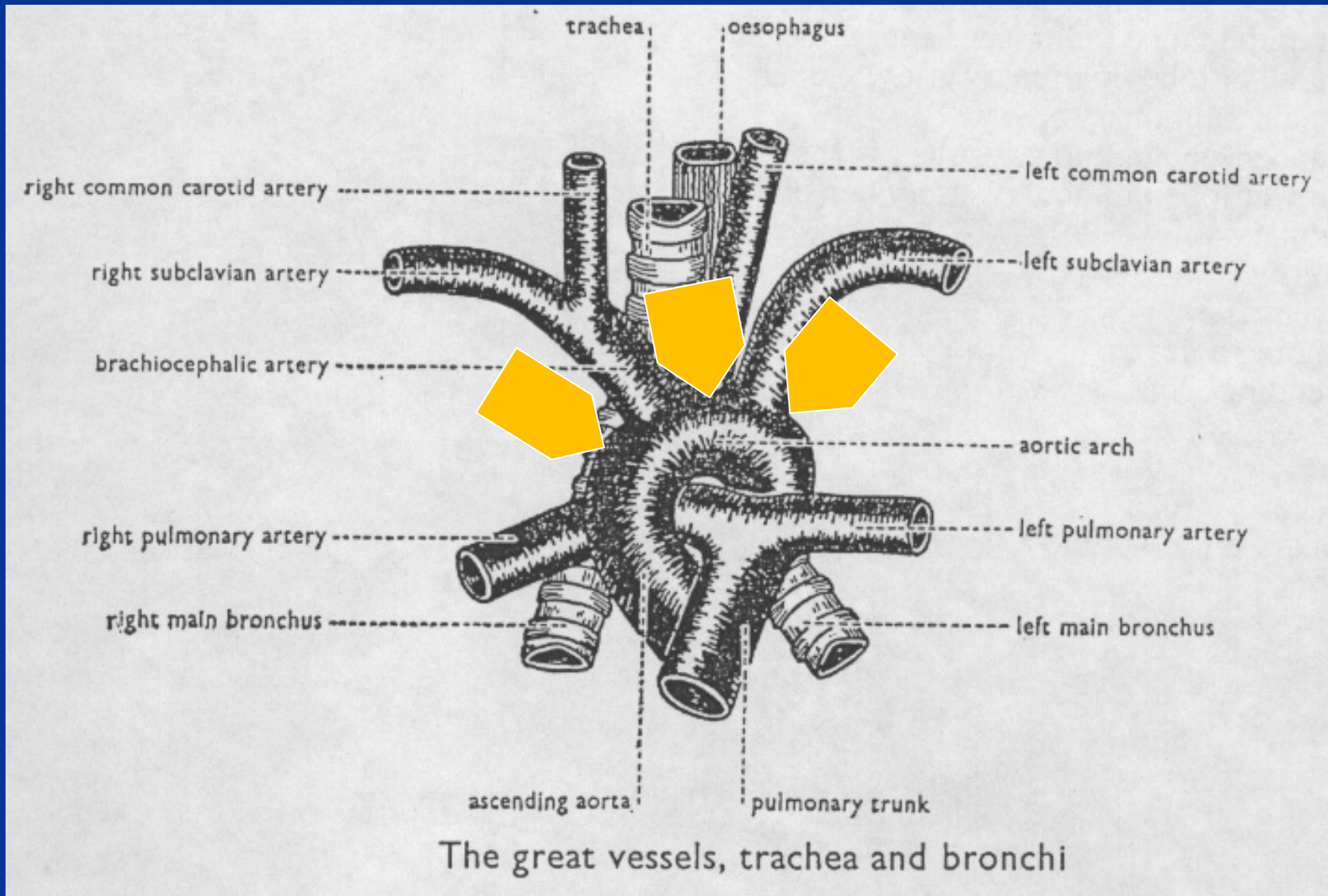
AORTIC ARCH ANATOMY



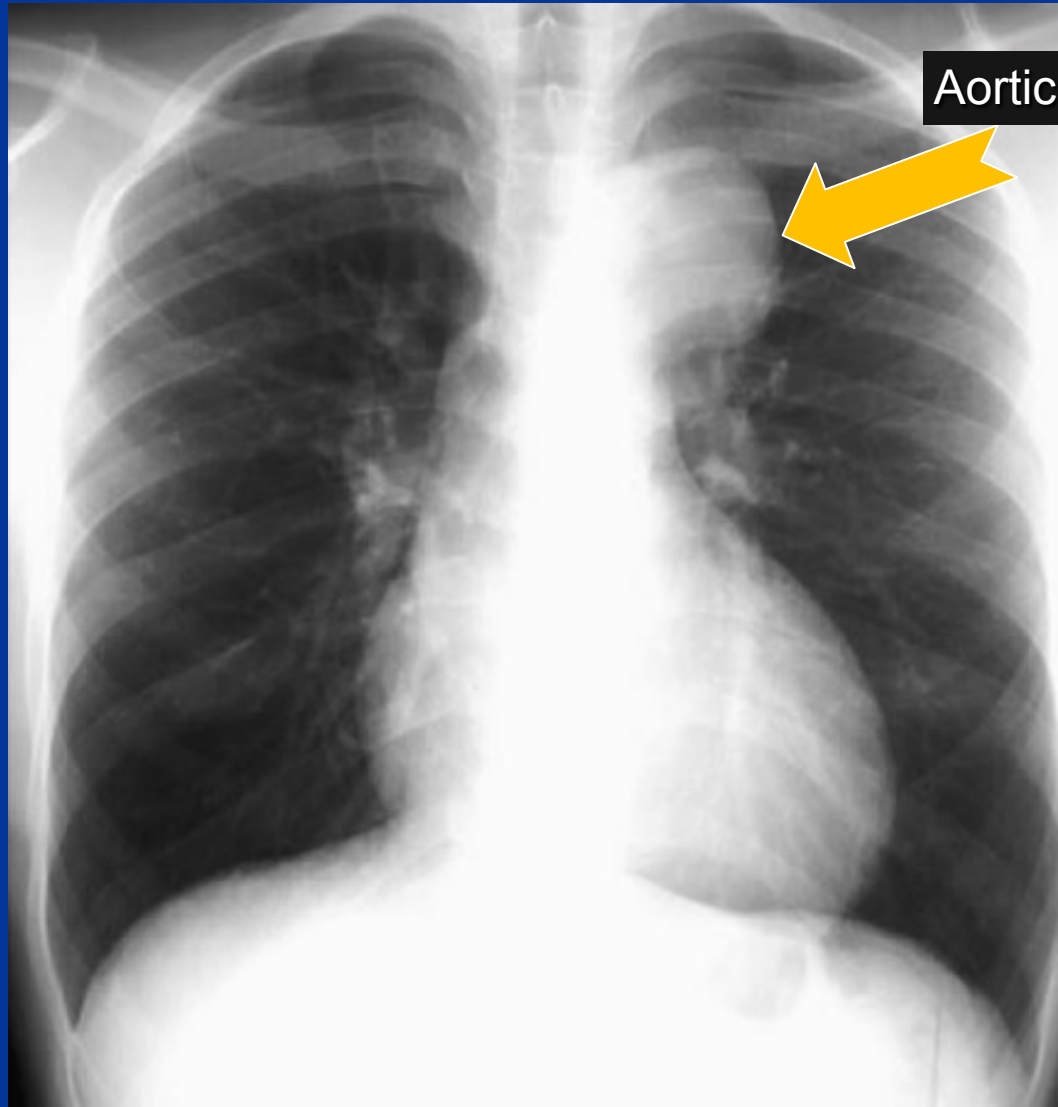
KKUH

KKUH

The Aortic arch/great vessels



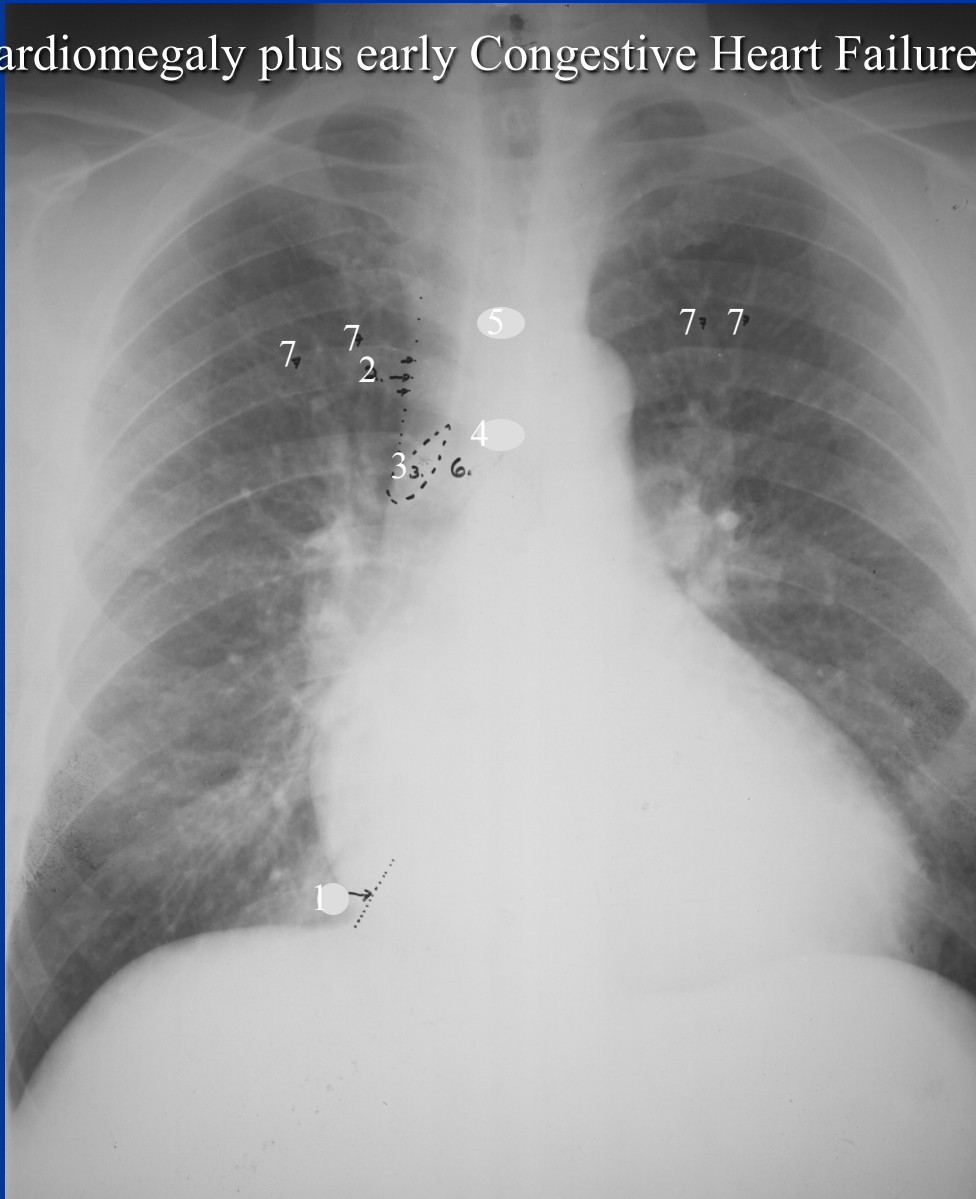
Aortic aneurysm



Aortic knob/knuckle

Heart and Vessels

Cardiomegaly plus early Congestive Heart Failure (CHF) Key:



1. Inferior vena cava (IVC)
2. Superior vena cava (SVC)
- *3. Azygos vein
4. Carina
5. Trachea
6. Right main stem bronchus
7. Prominent pulmonary vessels

Any and or all heart chambers may enlarge when the heart becomes diseased. Cardiomegaly = a big heart.

A patient's heart enlarges due to a number of diseases e.g. valve disease, high blood pressure, congestive heart failure.

If the heart fails, the lung often become congested. Early on the pulmonary vessels appear more prominent as in this case. More advanced failure can result in a condition of pulmonary edema which is fluid flooding into the alveoli of the lungs causing the patient marked shortness of breath.

Cardio-thoracic Ratio

One of the easiest observations to make is something you already know: the cardio-thoracic ratio which is the widest diameter of the heart compared to the widest internal diameter of the rib cage

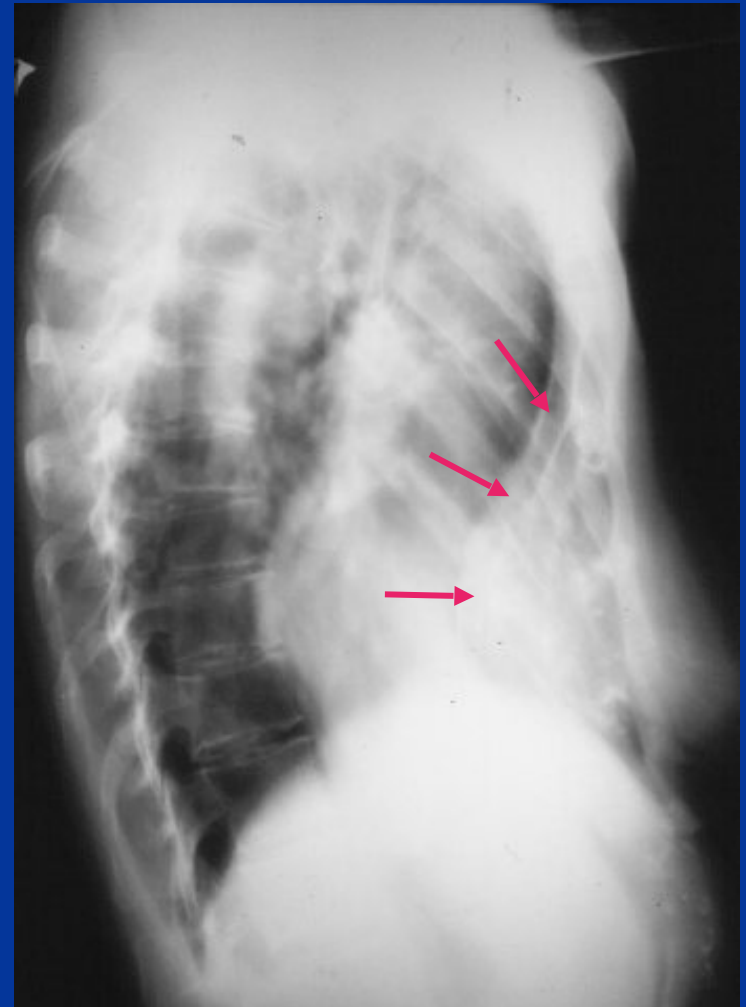
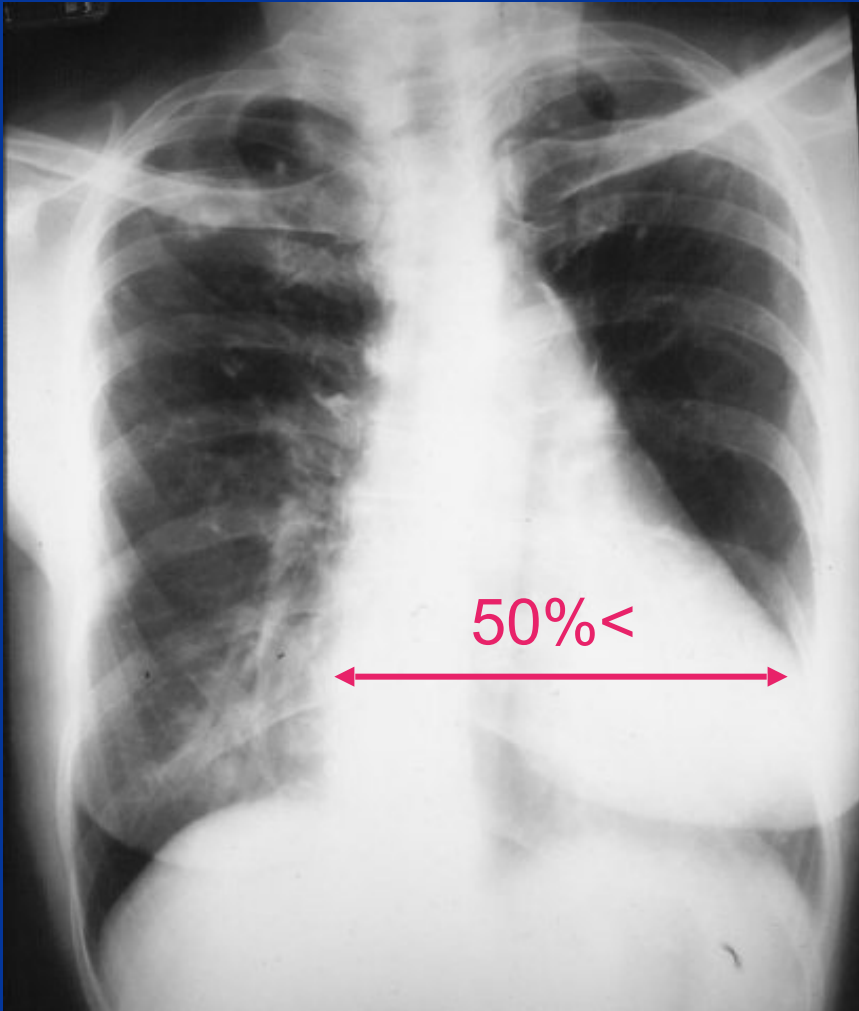
50% >



Sometimes, CTR is more than 50%

But Heart is Normal

- Extracardiac causes of cardiac enlargement
 - Portable AP films
 - Obesity
 - Pregnant
 - Ascites
 - Straight back syndrome
 - Pectus excavatum



Here is a heart that is larger than 50% of the cardiothoracic ratio, but it is still a normal heart. This is because there is an extracardiac cause for the apparent cardiomegaly. On the lateral film, the arrows point to the inward displacement of the lower sternum in a pectus excavatum deformity.

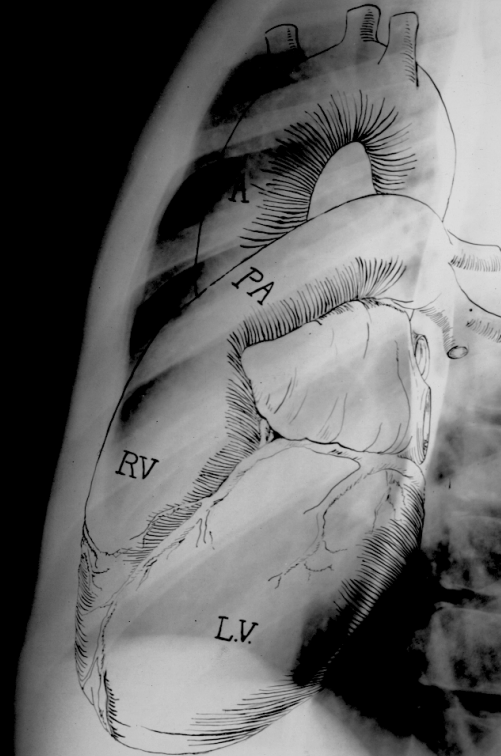
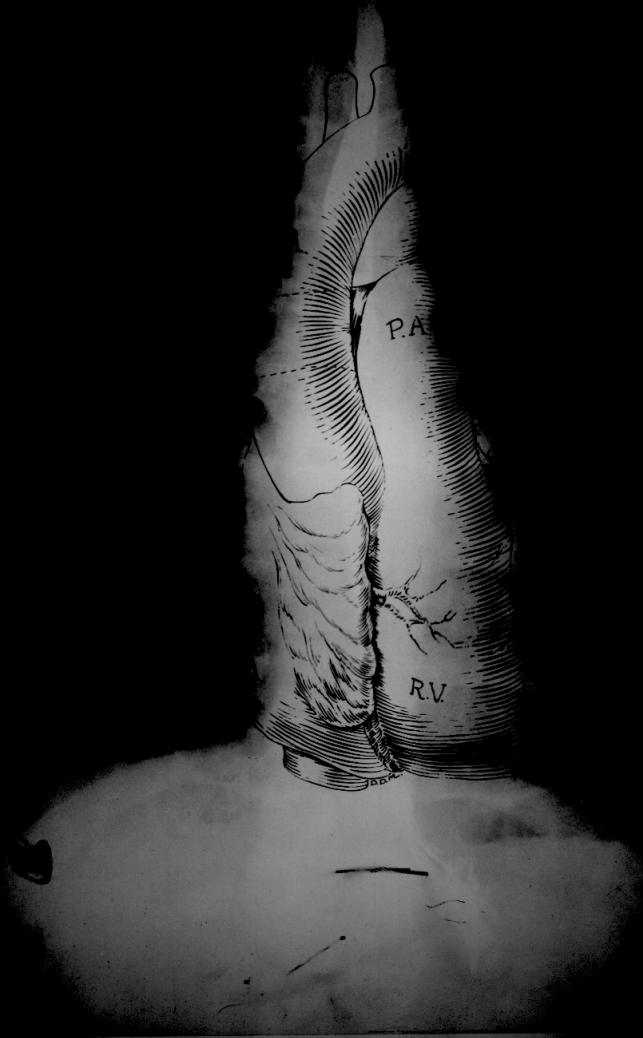
Sometimes, CTR is less than 50%

But Heart is Abnormal

- Obstruction to outflow of the ventricles
 - Ventricular hypertrophy
- Must look at cardiac contours

Anatomy on Normal Chest X-Ray

Heart borders and chambers of the heart on PA and lateral views.



The Cardiac Contours

Ascending Aorta

“Double density” of
LA enlargement

Right atrium

Aortic knob

Main pulmonary
artery

Indentation for LA

Left ventricle

There are 7 contours to the heart in the frontal projection in this system.

The Cardiac Contours

Ascending Aorta

“Double density” of
LA enlargement

Right atrium

Aortic knob

Main pulmonary
artery

Indentation for LA

Left ventricle

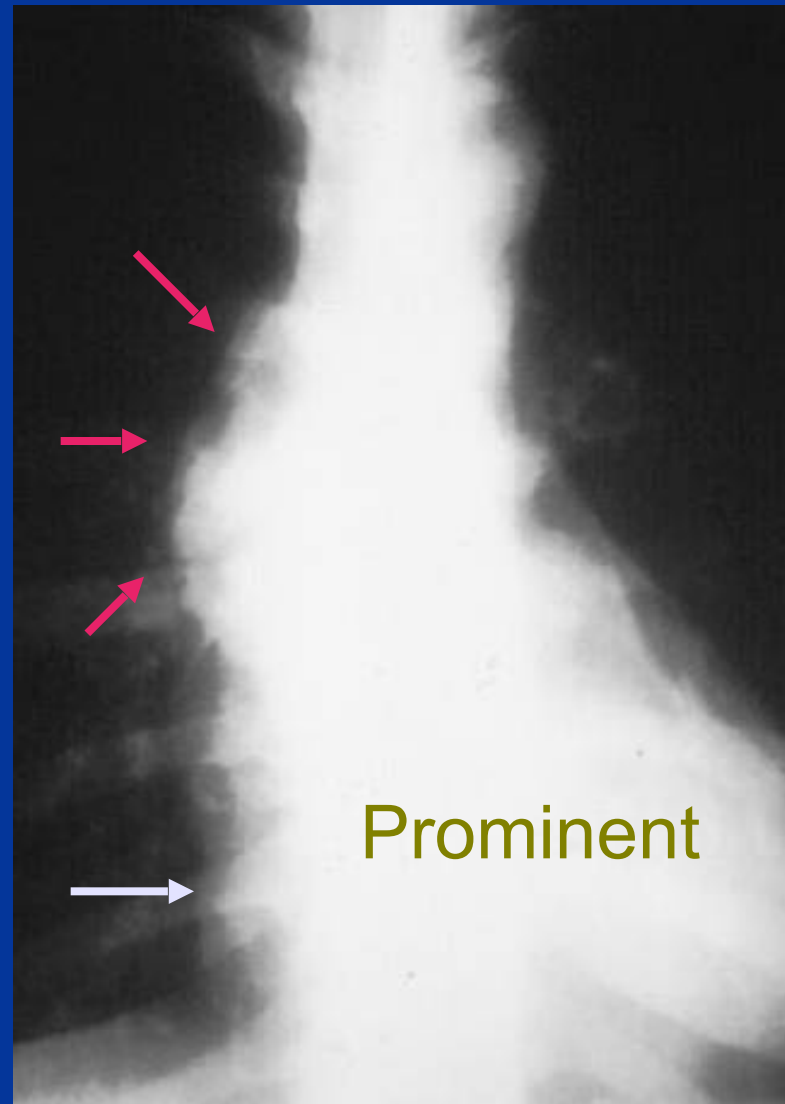
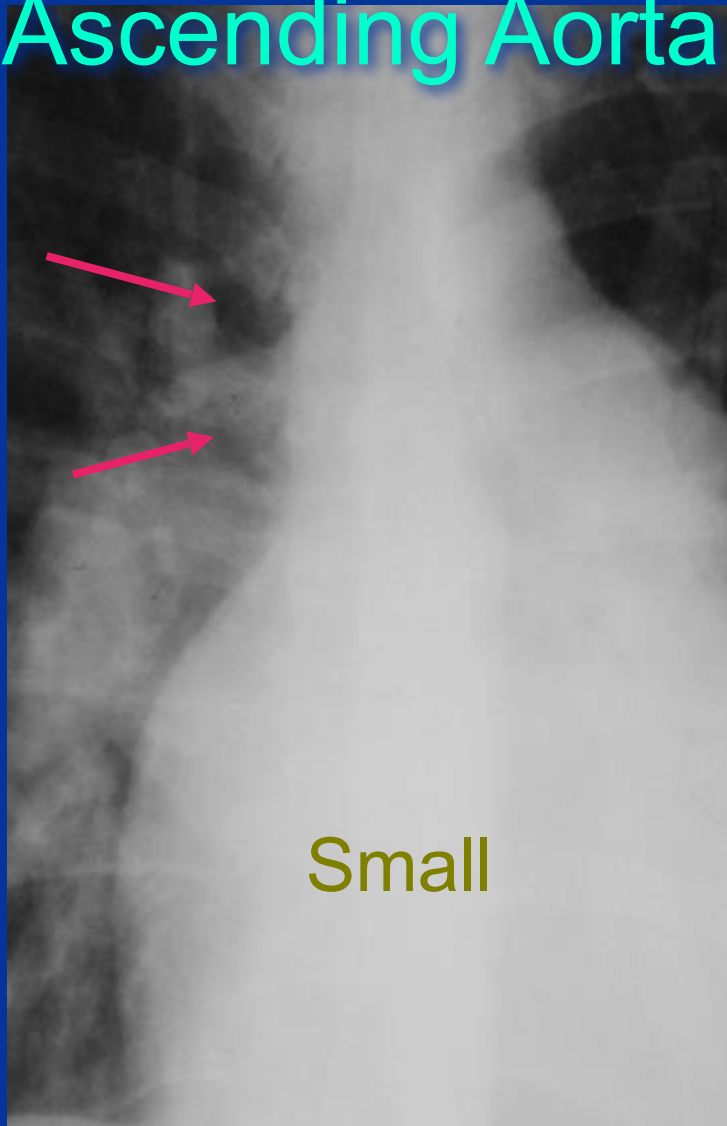
But only the top five are really important
in making a diagnosis.

Ascending Aorta

Low density,
almost straight edge
represents size
of ascending aorta



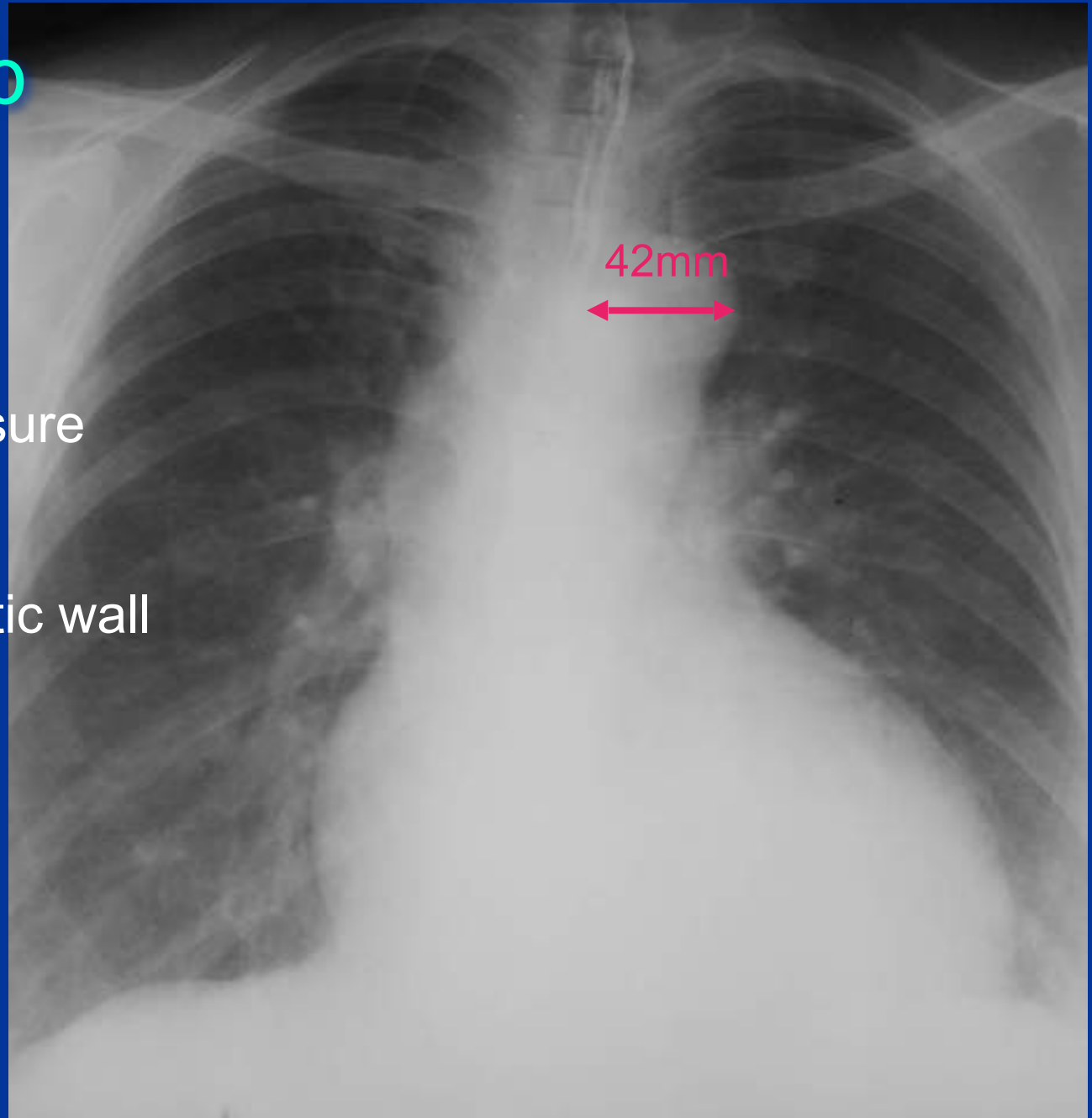
Ascending Aorta

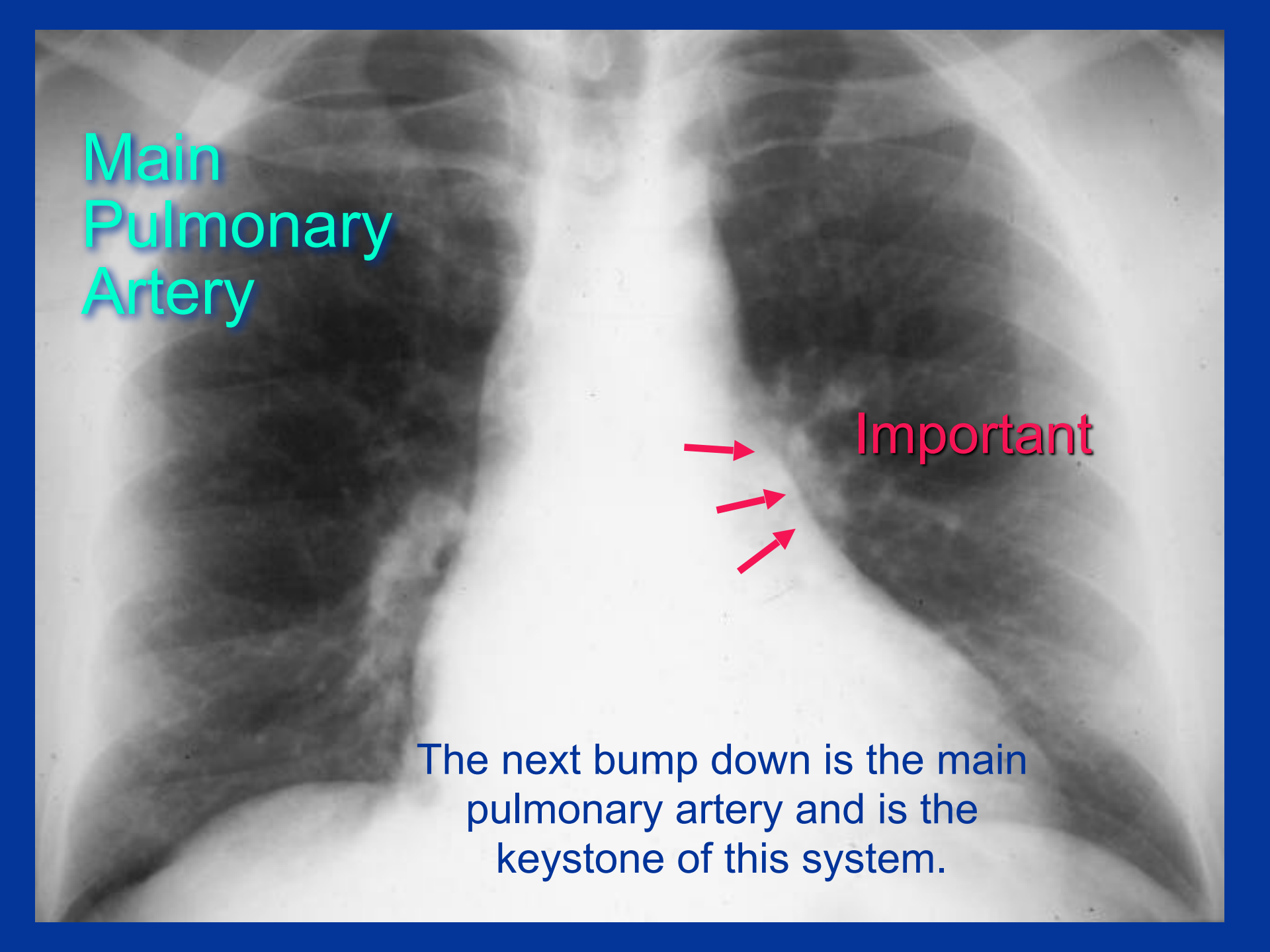


Aortic Knob

Enlarged with:

- Increased pressure
- Increased flow
- Changes in aortic wall



A chest X-ray showing the lungs and mediastinum. The main pulmonary artery is highlighted with red arrows and labeled as 'Important'. The text 'Main Pulmonary Artery' is written in cyan on the left side of the image.

Main
Pulmonary
Artery

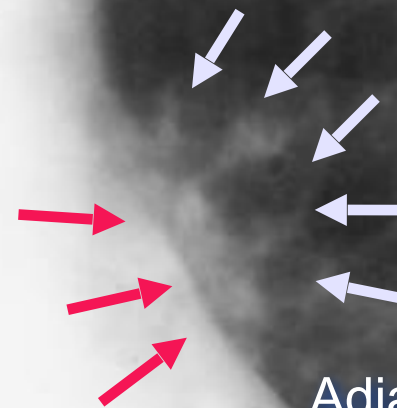
Important

The next bump down is the main pulmonary artery and is the keystone of this system.

Finding the
Main
Pulmonary
Artery



Finding the Main Pulmonary Artery



Adjacent to left
pulmonary artery

We can measure the main pulmonary artery . . .

Left atrial enlargement

Concavity where L atrium will appear on left side when enlarged

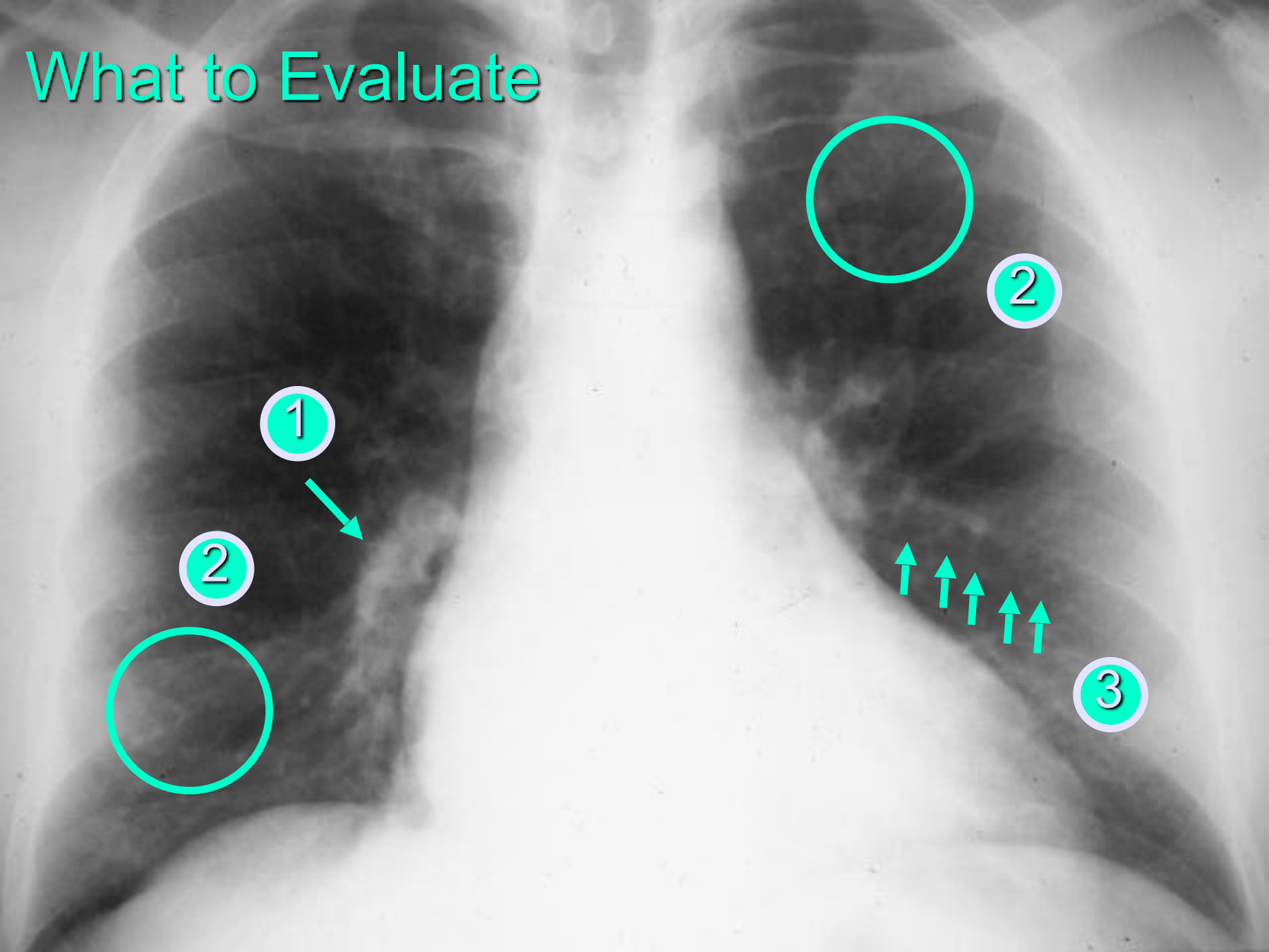


The Pulmonary Vasculature

Five States of the Pulmonary Vasculature

- Normal
- Pulmonary venous hypertension
- Pulmonary arterial hypertension
- Increased flow
- Decreased flow

What to Evaluate

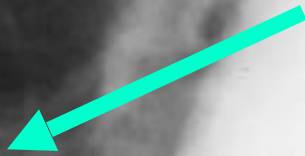


2. Normal Distribution of Flow Upper Versus Lower Lobes

In erect position,
blood flow to bases
> than flow to
apices

Size of vessels
at bases is
normally
> than size
of vessels
at apex

You can't measure size of vessels
at the left base because the heart
obscures them



3. Normal Distribution of Flow

Central versus peripheral

Central vessels give rise to progressively smaller peripheral branches

Normal tapering of vessels from central to peripheral



Normal Vasculature - review

RDPA
< 17 mm in
diameter

1



Lower lobe
vessels larger
than upper
lobe vessels

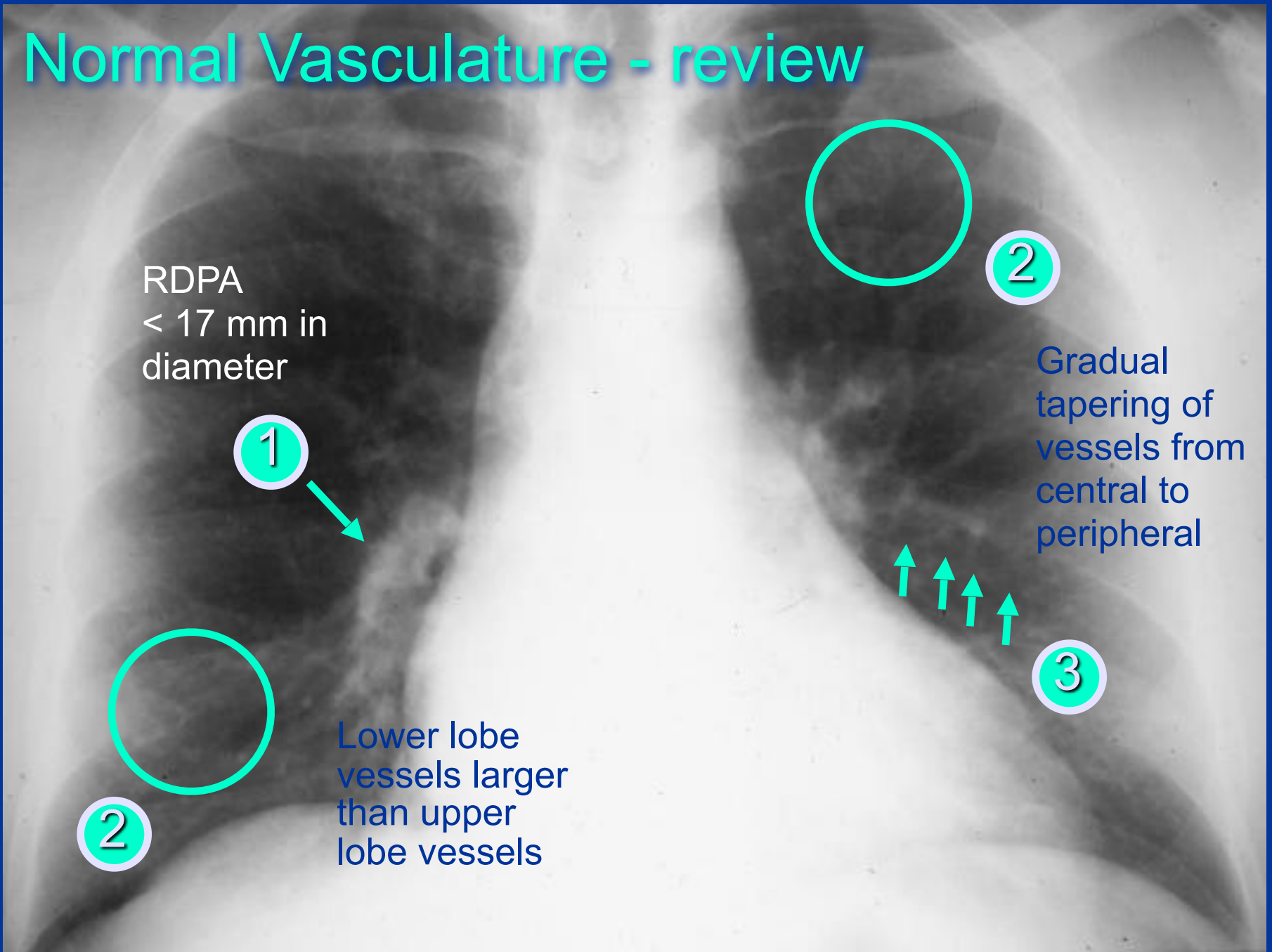
2

2

Gradual
tapering of
vessels from
central to
peripheral

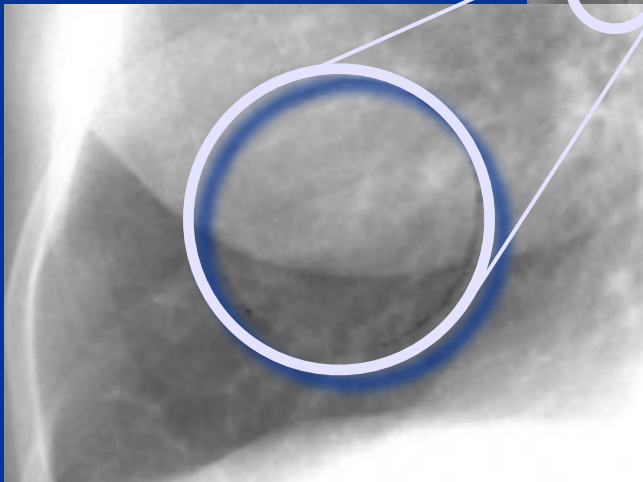
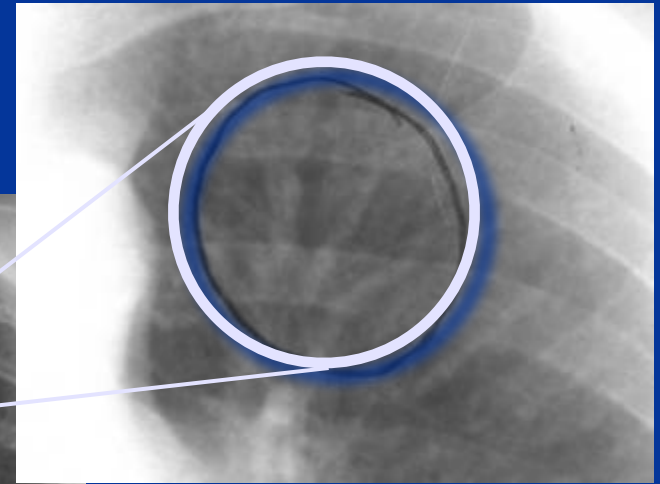
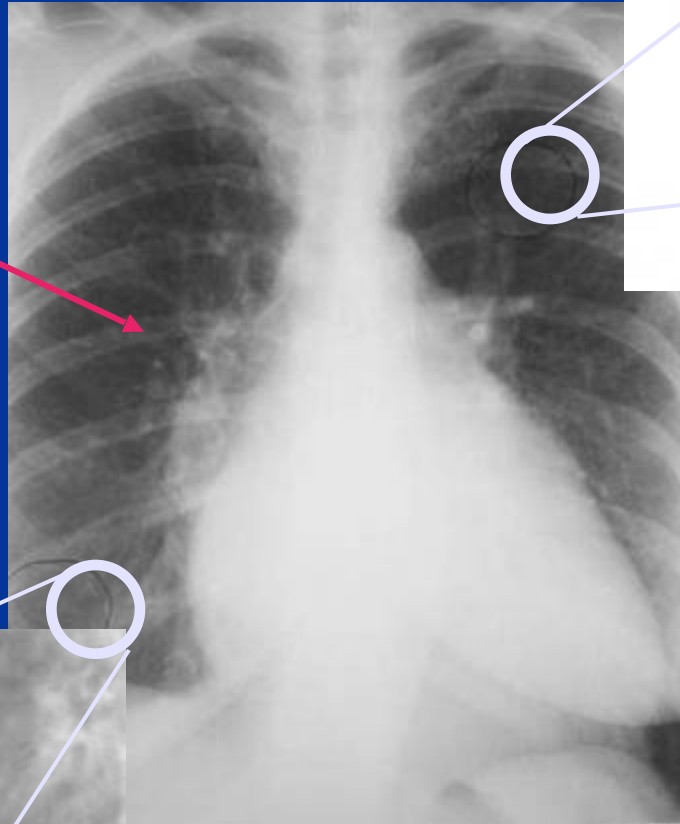


3



Venous Hypertension

RDPA usually
> 17 mm

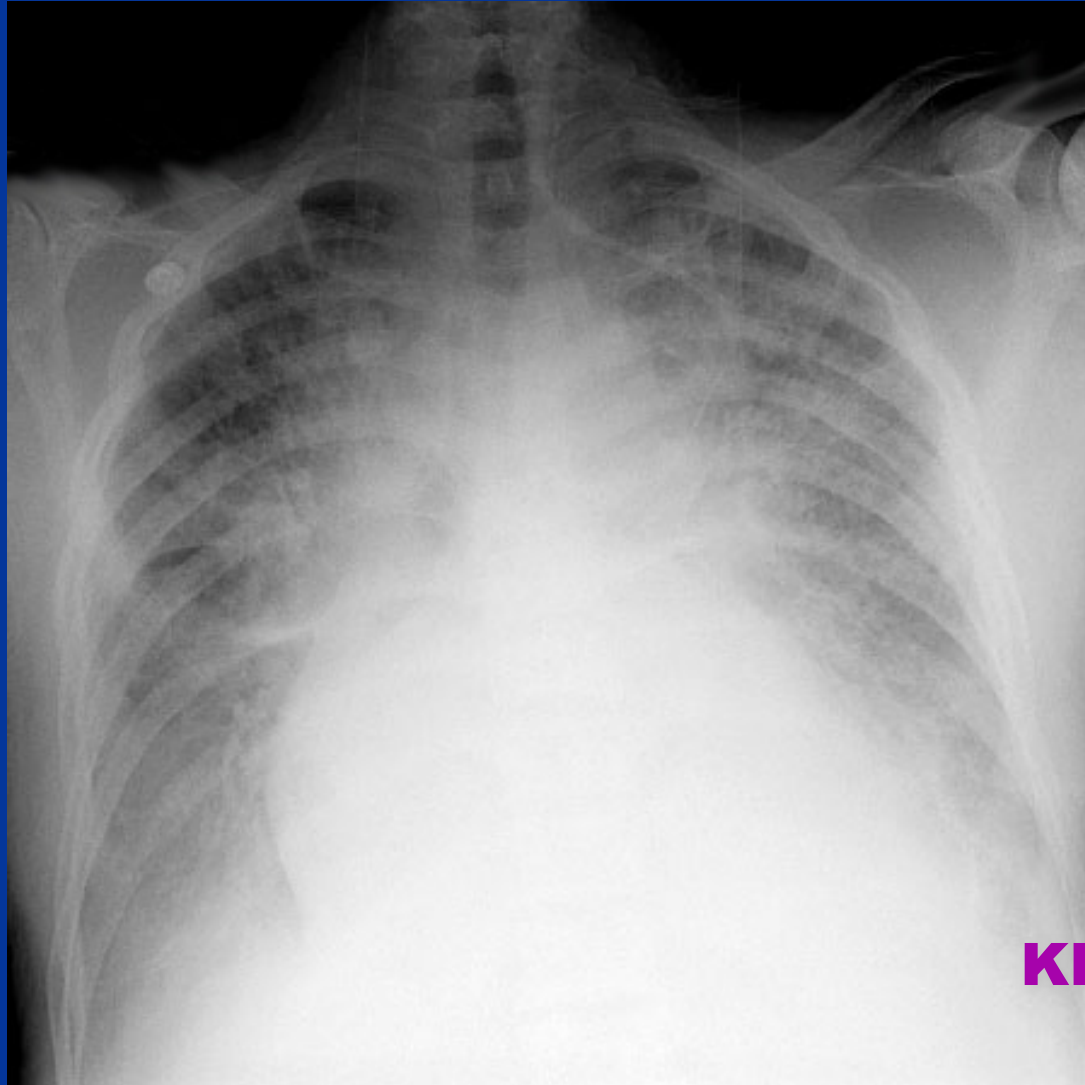


Upper lobe
vessels equal
to or larger than
size of lower
lobe vessels =
Cephalization

The Pulmonary Vasculature

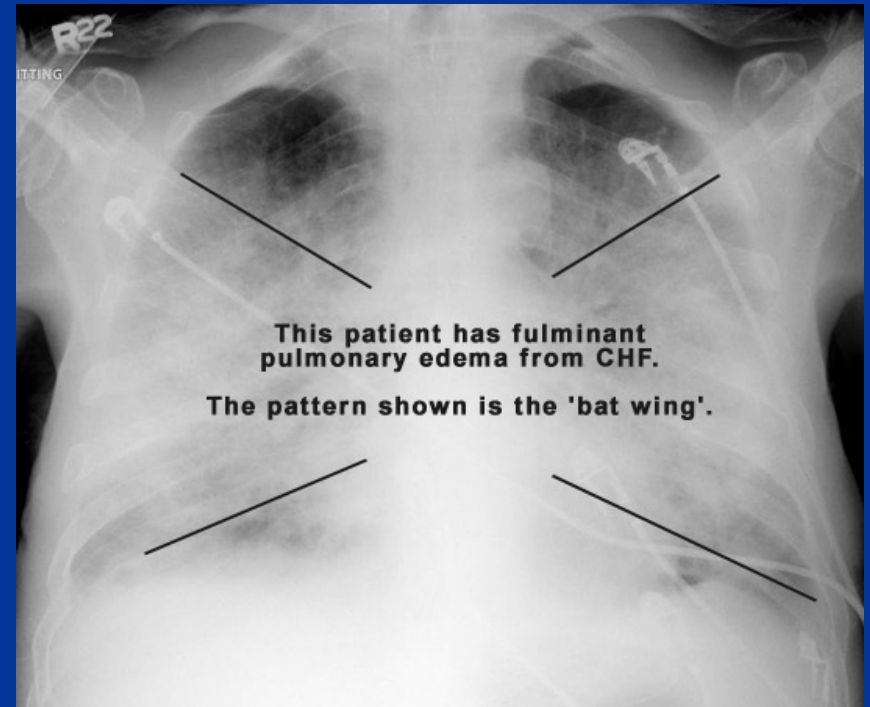
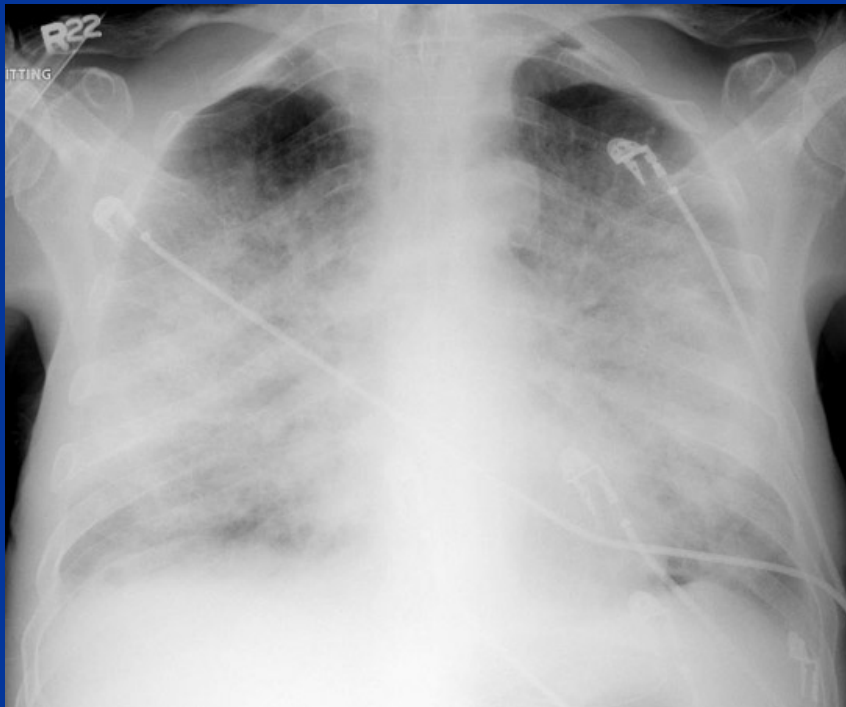
- Normal
- Pulmonary venous hypertension
- Pulmonary arterial hypertension
- Increased flow
- Decreased flow - mostly unrecognizable even when it is present

CHF

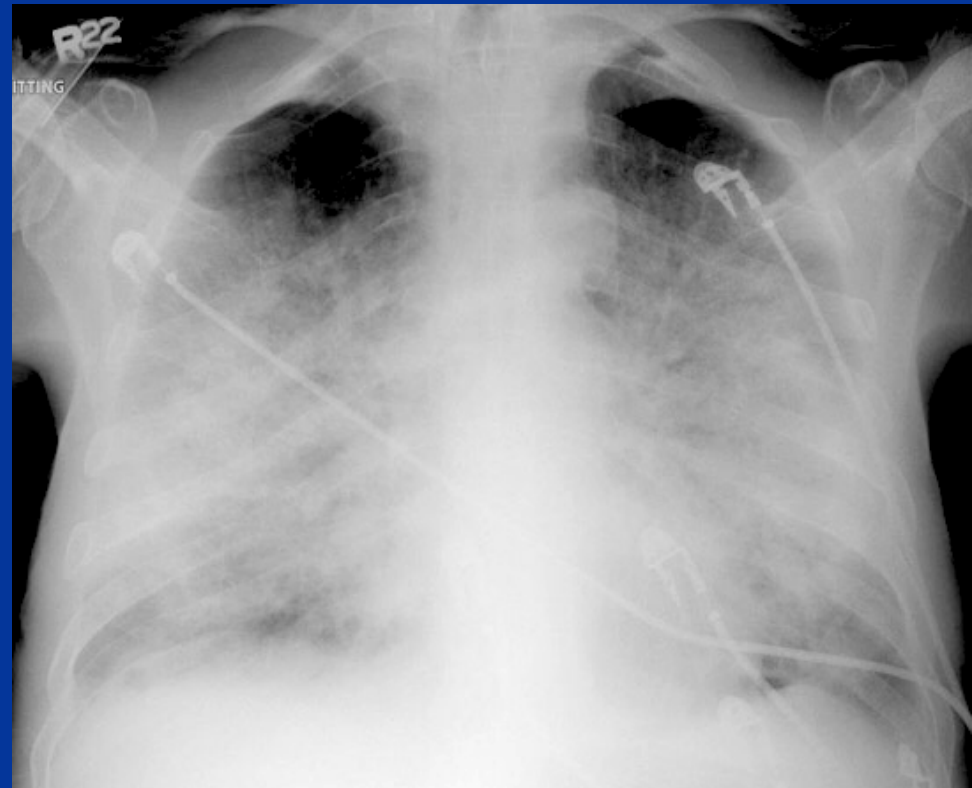


KKUH

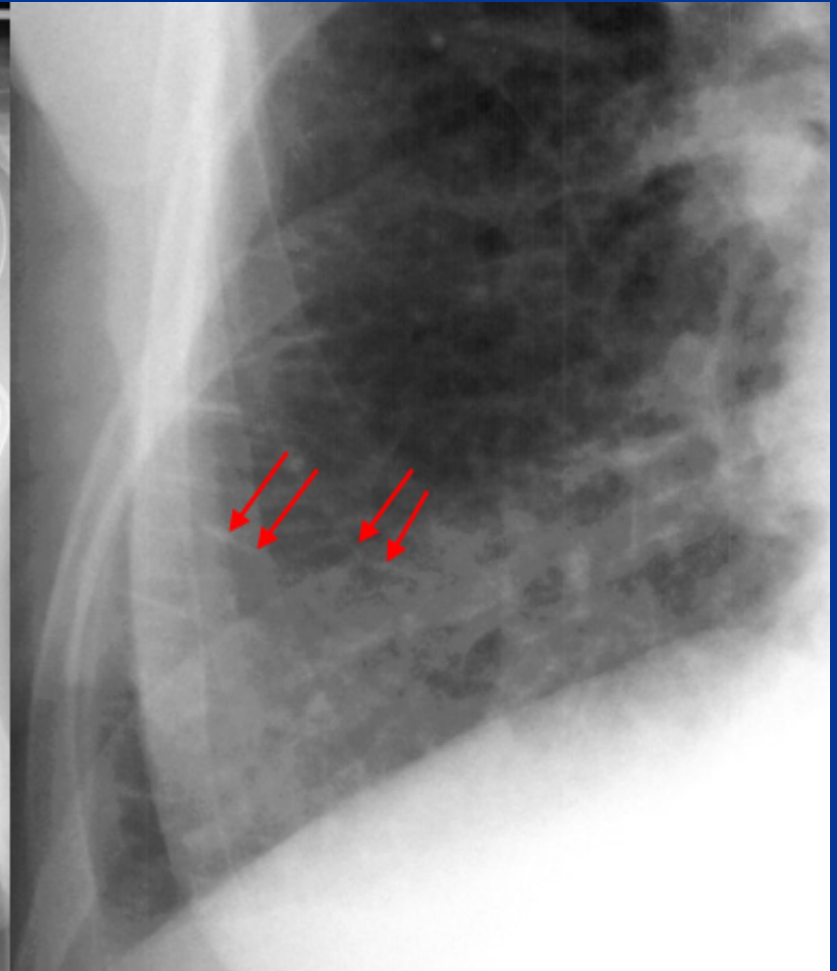
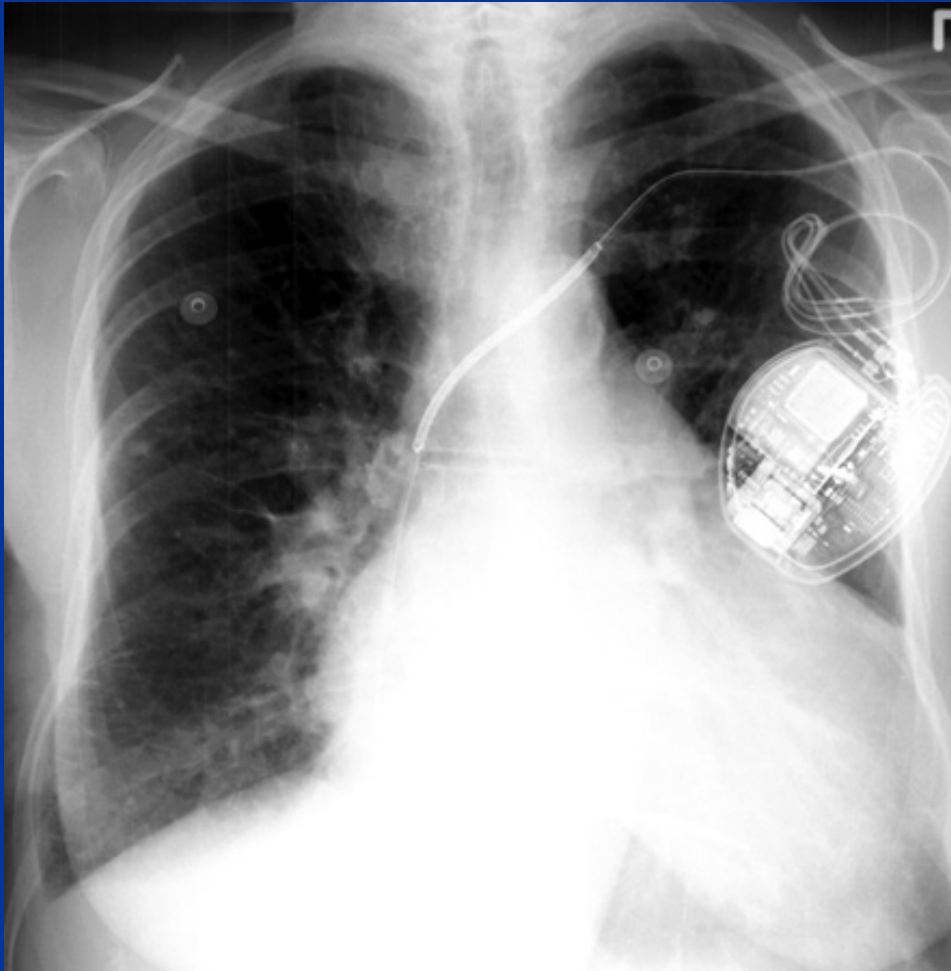
ACUTE PULMONARY EDEMA



CLEARED APE



KERELY'S B-LINES



THANK YOU

DR SHARKAWY