

Medicine's criteria of diagnosis:

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Cardiorespiratory:

The CHA₂DS₂VASc Index *Stroke Risk Score for Atrial Fibrillation*

	<u>Weight (points)</u>
Congestive heart failure or LVEF \leq 35%	1
Hypertension	1
Age >75 years	2
Diabetes mellitus	1
Stroke/TIA/systemic embolism	2
Vascular Disease (MI/PAD/Aortic plaque)	1
Age 65-74 years	1
Sex category (female)	1
Moderate-High risk	≥ 2
Low risk	0-1

B. Diagnosis of acute rheumatic fever (requires two major criteria or one major and two minor criteria)

1. Major criteria
 - a. Migratory polyarthritis
 - b. Erythema marginatum
 - c. Cardiac involvement (e.g., pericarditis, CHF, valve disease)
 - d. Chorea
 - e. Subcutaneous nodules
2. Minor criteria
 - a. Fever
 - b. Elevated erythrocyte sedimentation rate
 - c. Polyarthralgias
 - d. Prior history of rheumatic fever
 - e. Prolonged PR interval
 - f. Evidence of preceding streptococcal infection

Framingham Criteria for Dx of Heart Failure

- Major Criteria:
 - PND
 - JVD
 - Rales
 - Cardiomegaly
 - Acute Pulmonary Edema
 - S₃ Gallop
 - Positive hepatic Jugular reflex
 - ↑ venous pressure > 16 cm H₂O

Dx of Heart Failure (cont.)

- Minor Criteria
 - LL edema,
 - Night cough
 - Dyspnea on exertion
 - Hepatomegaly
 - Pleural effusion
 - Tachycardia 120 bpm
 - Weight loss 4.5 kg over 5 days management



B. Diagnosis

1. Duke's clinical **criteria** (Table 1-2): Two major criteria, one major and three minor criteria, or five minor criteria are required to diagnose infective endocarditis.

TABLE 1-2 Duke's Criteria

Major	Minor
<ul style="list-style-type: none"> • Sustained bacteremia by an organism known to cause endocarditis • Endocardial involvement documented by either echocardiogram (vegetation, abscess, valve perforation, prosthetic dehiscence) or clearly established new valvular regurgitation 	<ul style="list-style-type: none"> • Predisposing condition (abnormal valve or abnormal risk of bacteremia) • Fever • Vascular phenomena: septic arterial or pulmonary emboli, mycotic aneurysms, intracranial hemorrhage, Janeway lesions^a • Immune phenomena: Glomerulonephritis, Osler's nodes,^b Roth's spots,^c rheumatoid factor • Positive blood cultures not meeting major criteria • Positive echocardiogram not meeting major criteria

CLINICAL PEARL 2-15

Dichotomized Clinical Decision Rule for Suspected Acute Pulmonary Embolism (Modified Wells Criteria)

Factor	Points
Symptoms and signs of DVT	3.0
Alternative diagnosis less likely than PE	3.0
Heart rate >100 beats/min	1.5
Immobilization (>3 days) or surgery in previous 4 weeks	1.5
Previous DVT or PE	1.5
Hemoptysis	1.0
Malignancy (current therapy, or in previous 6 months, or palliative)	1.0

Adapted from Van Belle A, Büller HR, Huisman MV, et al. *JAMA* 2006;295:172–179 and Wells PS, Anderson DR, Rodger M, et al. *Thromb Haemost* 2000;83:416–420.

If more than 4 do a spiral CT scan, if less do D-Dimer test.

CURB65 Criteria as a Guide to Treatment Location	
Number of criteria present	Treatment location
0–1	Outpatient
2	Inpatient, general floor
3–5	Intensive care unit

C = Confusion

U = Urea (BUN above 20)

R = Respiratory rate above 30 per minute

B = Blood pressure (systolic below 90, diastolic below 60)

65 = age above 65

The CURB65 score is a handy way of quickly assessing the severity of a patient's pneumonia.

- Gold criteria:

I : Mild	II : Moderate	III : Severe	IV : Very severe
<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • FEV₁ ≥ 80% predicted 	<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • 50% ≤ FEV₁ < 80% predicted 	<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • 30% ≤ FEV₁ < 50% predicted 	<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • FEV₁ < 30% predicted or FEV₁ < 50% predicted <i>plus</i> chronic respiratory failure
Active reduction of risk factor(s); influenza vaccination			
Add short-acting bronchodilator (when needed)			
Add regular treatment with one or more long-acting bronchodilators (when needed)		Add rehabilitation	
		Add inhaled glucocorticosteroids if repeated exacerbations	
		Add long-term oxygen if chronic respiratory failure	
		Consider surgical treatments	

Fig. 19.28 Global Initiative for Chronic Obstructive Lung Disease (GOLD) guidelines for treatment of COPD. Post-bronchodilator FEV₁ is recommended for the diagnosis and assessment of severity of COPD. From www.goldcopd.com – see p. 732.

Lights Criteria

- ▶ Pleural effusion is exudative if one or more of the following:
 - ▶ Ratio of pleural fluid protein level to serum protein level > 0.5
 - ▶ Ratio of pleural fluid LDH level to serum LDH level > 0.6 Lactate Dehydrogenase
 - ▶ Pleural fluid LDH level > 2/3 the upper limit of normal for serum LDH level.
- ▶ **98% sensitive and 83% specific for exudative effusion using Lights criteria.**
- ▶ **Absence of all 3 criteria = transudative**

Lights criteria for pleural effusion

Urology:

syndrome of inappropriate antidiuretic hormone secretion (SIADH)	
Definition	is characterized by excessive unsuppressible release of antidiuretic hormone (ADH) either from the posterior pituitary gland, or an abnormal non-pituitary source. Unsuppressed ADH causes hyponatremia and hypo-osmolality
Causes	<u>(Lung, Brain, Drug & Cancer)</u> pulmonary disorders, CNS diseases, medications, malignant tumors, and severe stress.
Diagnostic criteria <small>In the absence of a single laboratory test to confirm the diagnosis, the syndrome of inappropriate antidiuretic hormone secretion (SIADH) is best defined by the classic criteria :</small>	<p><u>Helpful mnemonic "HIVE":</u></p> <ul style="list-style-type: none"> ▪ H: Hypoosmolar Hyponatremia (Plasma osm <275 mOsm/Kg H₂O) Hypouricemia³ (<238 μmol/L) and low Urea (<3.5 mmol/L) ▪ I: Inappropriate urine concentration (Urine osm >100 mOsm/Kg H₂O) ▪ V: Euvolemia, No diuretic use ▪ E: Endocrine = normal Thyroid, adrenal and renal function <p style="text-align: center;">The diagnostic criteria for SIADH is advance for u, thus just remember HIVE</p>

HINT: ADH cause water reabsorption & Fractional "little" excretion of (Na, urea & uric acid) in urine.

Acute kidney injury

KDIGO Definition: Latest 4/11/11

An abrupt (within 48 hours)

- absolute increase in creatinine by 0.3 mg/dl (26.4 μ mol/l) or
- percentage increase of >50% from base line or
- urine output <0.5 ml/hour for 6 hours

Gastrointestinal:

Rome III diagnostic criteria* for irritable bowel syndrome

Recurrent abdominal pain or discomfort* at least 3 days per month in the last 3 months associated with 2 or more of the following:

- (1) Improvement with defecation
- (2) Onset associated with a change in frequency of stool
- (3) Onset associated with a change in form (appearance) of stool

* Criteria fulfilled for the last 3 months with symptom onset at least 6 months prior to diagnosis.

• Discomfort means an uncomfortable sensation not described as pain. In pathophysiology research and clinical trials, a pain/discomfort frequency of at least 2 days a week during screening evaluation for subject eligibility.

Reproduced with permission from: Longstreth GF, Thompson WG, Chey WD, et al. Functional bowel disorders. *Gastroenterology* 2006; 130:1480.