Radiology of cardiac diseases

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LECTURE OBJECTIVES:

 To list radiological exams used to image to the heart and mediastinal vessels.

• To list advantages and disadvantages of each exam in relation to heart and mediastinal vessels imaging.

 To Identify normal appearance of the heart and mediastinal vessels on each modality.

What radiological exams are used in imaging heart and mediastinal vessels?

- X ray
- Angiogram
- Echocardiogram
- CT scan
- MRI
- Nuclear scan

What radiological exams are used in imaging heart and mediastinal vessels?

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ALL ARE USED

Xray

Chest X ray = Radiograph = Plain film





Chest X ray

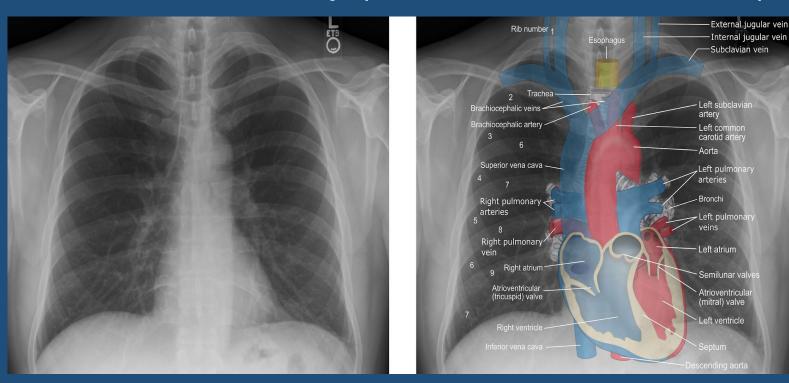
☐ Advantages:

- > Widely available, portable, cheap, easy to read.
- > Proper in assessing heart size.
- > Proper in assessing heart position (e.g. dextrocardia).
- > Proper in assessing lung changes secondary to cardiac diseases (e.g. pulmonary edema).

□ <u>Disadvantages:</u>

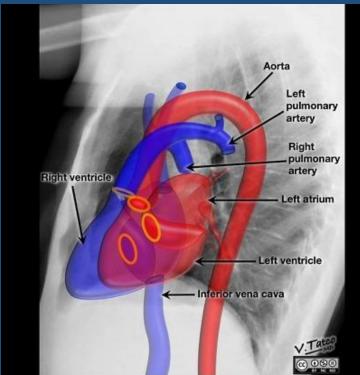
- > Use Ionizing radiation.
- > Limited assessment of heart cambers and myocardium.
- > Limited assessment of heart valves (only when calcified).
- > Limited assessment of pericardium.
- > Limited assessment of mediastinal vessels.

Normal chest x-ray (Posterior–Anterior view)



Normal chest x-ray (lateral view)





The Cardiac Contours)normal(

Ascending Aorta

Aortic knob

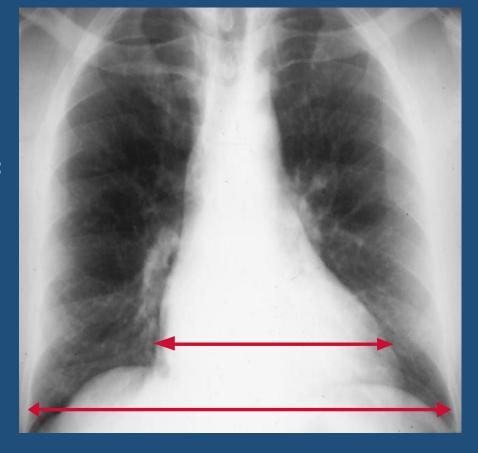
Main pulmonary artery Indentation for LA

Right atrium

Left ventricle

Cardio-thoracic Ratio

One of the easiest observations to make is something you already know: the cardio-thoracic ratio which is the widest diameter of the heart compared to the widest internal diameter of the rib cage



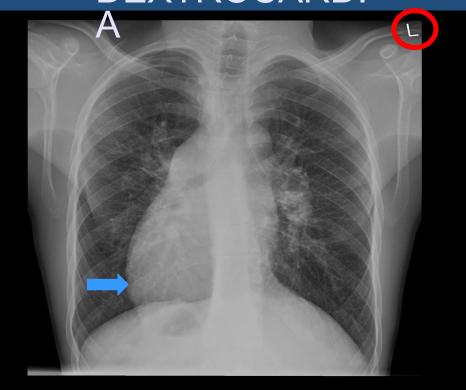
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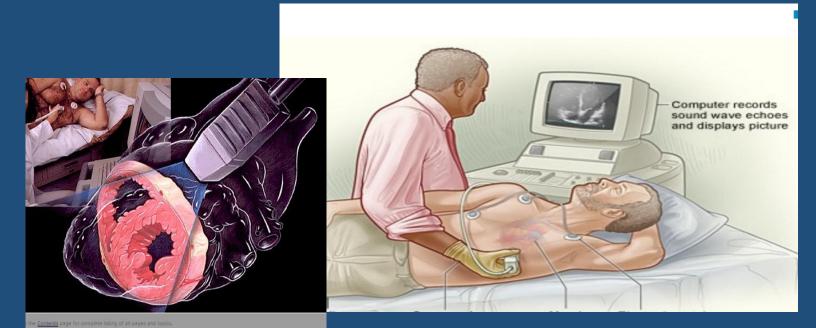
Cardiac displacement) Pectus excavatum(





DEXTROCARDI



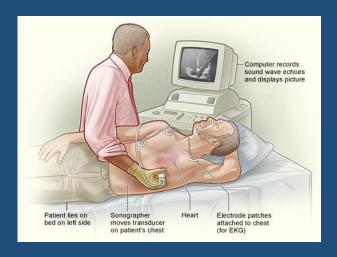


□ Advantages:

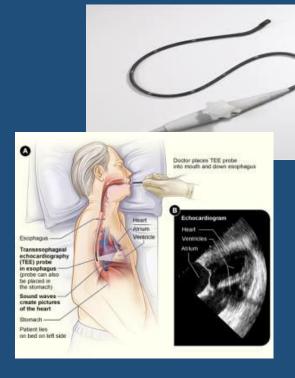
- > No lonizing radiation
- > Widely available, portable.
- > Proper in assessing heart morphology (cardiac chambers, myocardium and valves).
- > Proper in assessing heart function (ejection fraction).
- > Proper in assessing pericardial effusion.

□ <u>Disadvantages:</u>

- > Operator dependent.
- > Not proper to assess coronary arteries

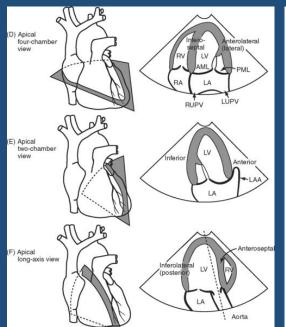


Trans-Thoracic



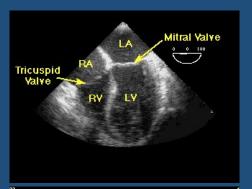
Trans-Esophageal

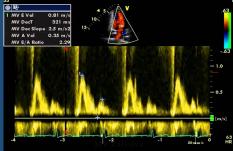
Echocardiogram (normal)











Angiogram

Angiogram= x-ray + I.V.

contrast

Angiogram

<u>Cardiac catheterization:</u> assessment of coronary arteries and left ventricle.

Aortogram: assessment of aorta and main branches.

<u>Pulmonary angiogram:</u> assessment of pulmonary arteries

Angiogram

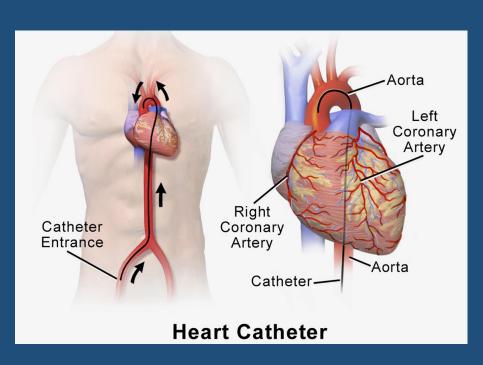
□ <u>Advantages:</u>

- Minimal invasive procedure and can replace surgery.
- > Proper in assessing and treating coronary stenosis.
- > Proper in assessing left ventricle.
- > Proper in assessing and treating aortic dissection or aneurysm.
- > A treatment option in extensive pulmonary embolism.

□ Disadvantages:

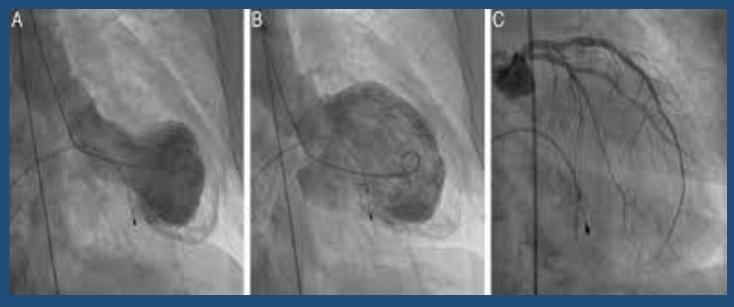
- > Use Ionizing radiation.
- > Invasive procedure.
- > Contrast complications.

cardiac catheterization





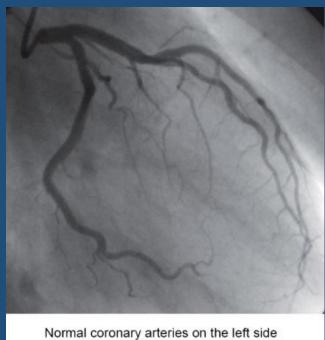
cardiac catheterization



Left ventricle

Coronary arteries

Normal coronary arteries

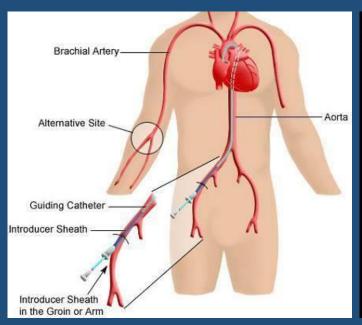


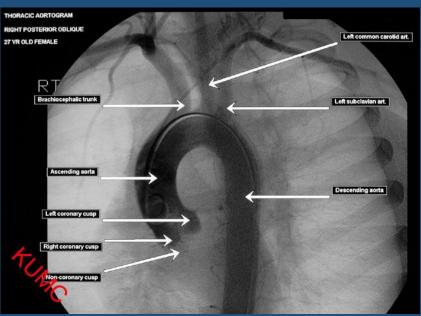
Normal coronary arteries on the left side of the heart



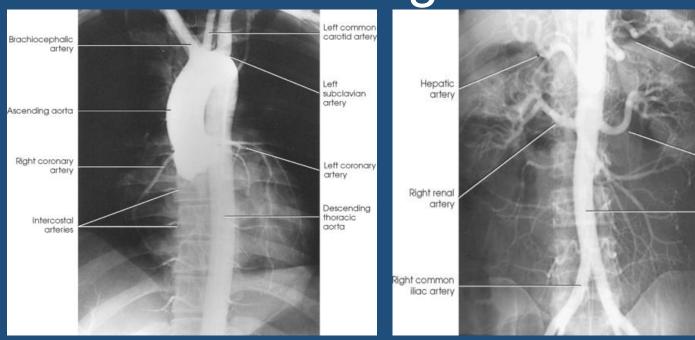
Normal coronary arteries on the right side

Aortogram





Aortogram



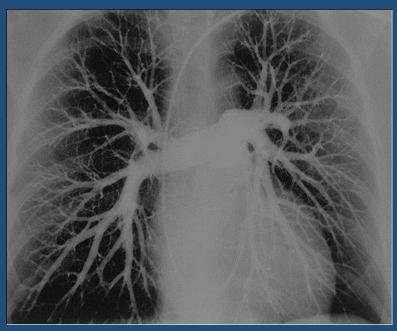
Splenic artery Left renal artery Abdominal aorta

Thoracic aorta

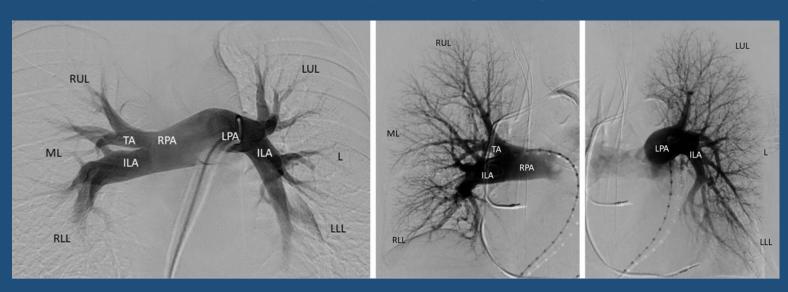
Abdominal

Pulmonary angiogram





Pulmonary angiogram



RPA = Right Pulmonary Artery; LPA = Left Pulmonary Artery; ILA = Interlobar Artery; TA =Truncus Anterior; RUL = Right Upper Lobe; ML = Middle Lobe; RLL = Right Lower Lobe; LUL = Left Upper Lobe; L = Lingual; LLL = Left Lower Lobe.

CT scan

CT scan



CT scan

□Advantages :

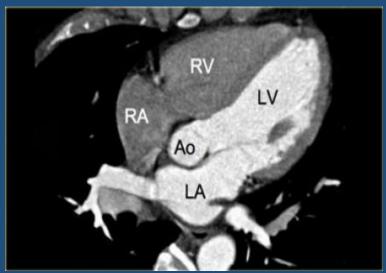
- > Widely available, relative cheap.
- > Proper in assessing pulmonary artery and aorta.
- > Proper in assessing coronary arteries (e.g. stenosis, calcification).
- > Proper in assessing heart anatomy.
- > Proper in assessing structure around the heart and mediastinal vessels (e.g. lungs).

□<u>Disadvantages:</u>

- > Use Ionizing radiation.
- ➤ Heart rate < 60 beat/min for an adequate cardiac exam.
- > Intravenous contrast complications.

Cardiac CT





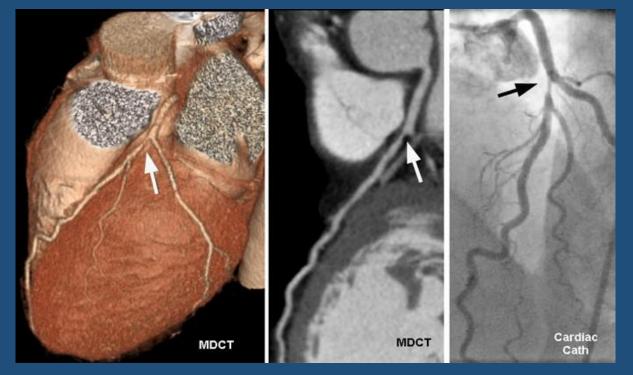
Cardiac chambers

Cardiac CT



Coronary arteries

Cardiac CT vs cardiac cath.

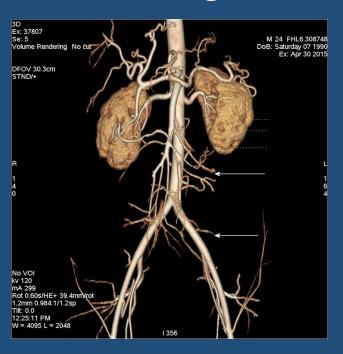


CT aortogram



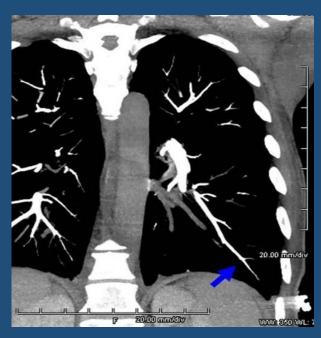


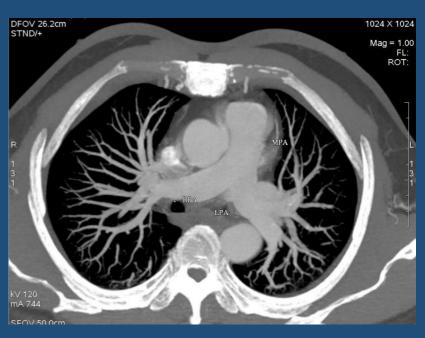
CT aortogram



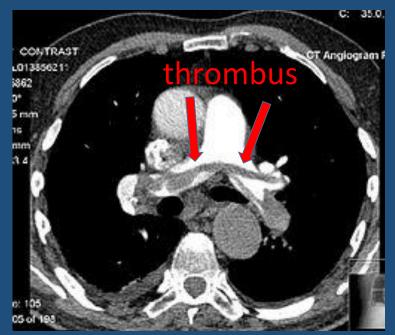
Volume rendering

CT Pulmonary angiogram





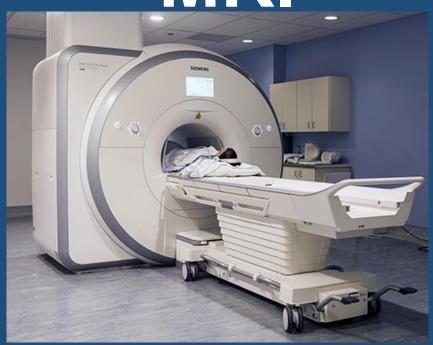
CT Pulmonary angiogram



Gold standard exam to diagnose Pulmonary Embolism

MRI

MRI



MRI

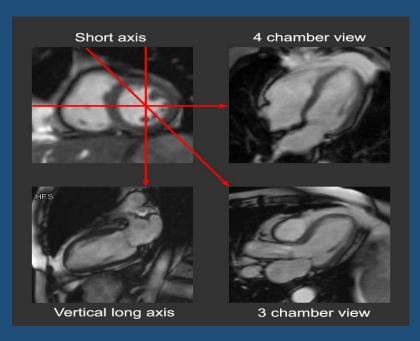
☐ Advantages :

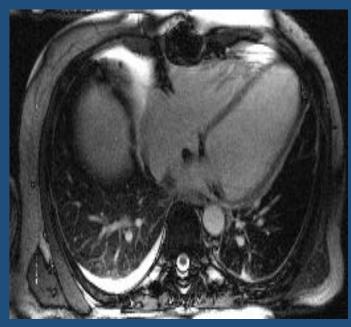
- No lonizing radiation.
- > Better soft tissue Characterization.
- > Proper in assessing myocardium (e.g. infarction, infiltrative diseases).
- Proper in assessing cardiac valves.
- Proper in assessing aorta.

Disadvantages:

- Not widely available.
- Contra indications (cardiac devices)
- Intravenous contrast complications.

Cardiac MRI





MRI Aortogram





MRI vs



CT



Nuclear scan

Nuclear scan



Nuclear scan

☐ Advantages:

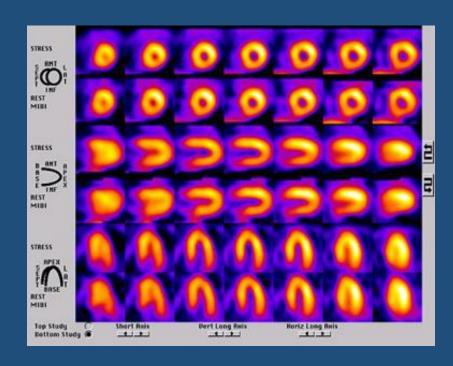
- Assess physiology/ pathophysiology
- > Proper in assessing myocardium perfusion (e.g. ischemia vs infarction).
- > Proper in assessing lung perfusion (pulmonary embolism) alternative to CT scan.

□ Disadvantages:

- Use ionizing radiation.
- > Not widely available.
- Poor in assessing anatomy.

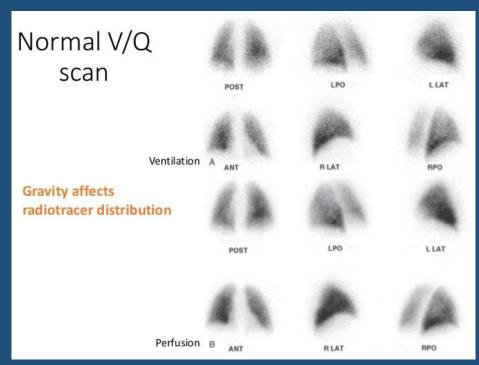
Cardiac scan

- A study to assess myocardial perfusion (mainly left ventricle).
- Includes a stress and rest phases.
- Normal exam shows continuous uptake of left ventricle (no defects).



V/Q scan

- > A study to diagnose pulmonary embolism.
- > Alternative to CT scan.
- Includes ventilation phase and perfusion phase.
- Normal exam shows similar lungs uptake in ventilation and perfusion phases.



Thank you