Presentation and Management of Raised Intracranial Pressure

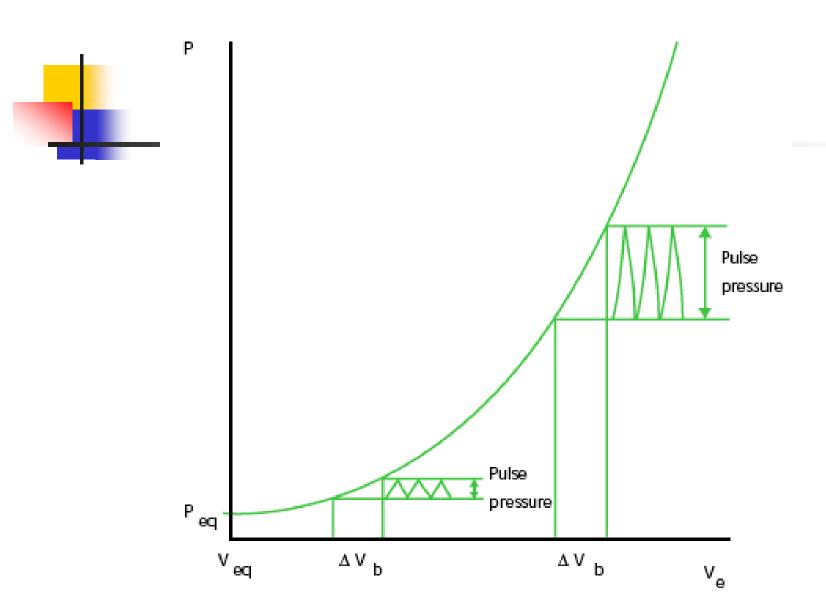
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Neurosurgery

Basics

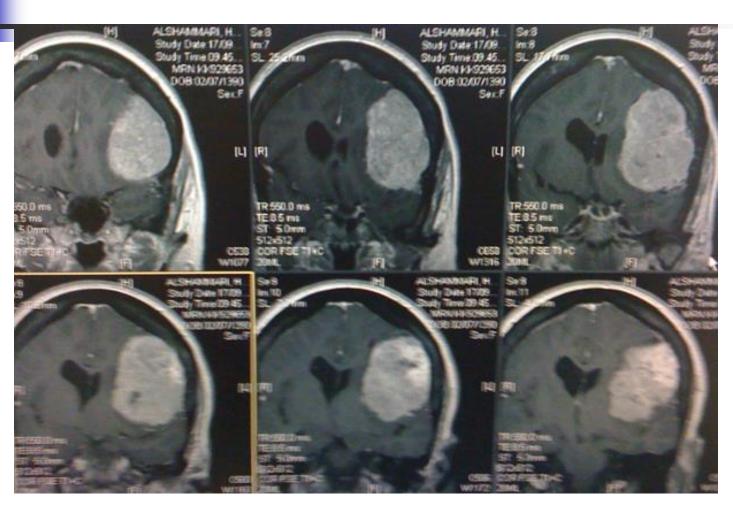
- Components of cranium
 - Brain 1400 ml
 - CSF 75-100 ml
 - Blood 75ml
- Monro-Kellie Doctrine
 - These contents are incompressible
 - Therefore, change in volume of the brain is associated with change in CSF or blood volume

Pressure-Volume

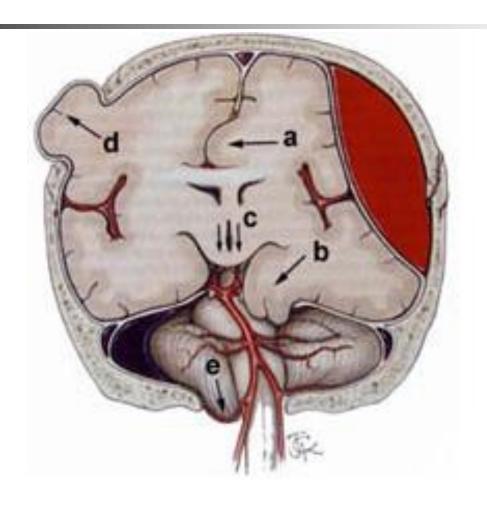
- Increase in volume in one compartment leads to change in volume in the other ones.
 - E.g. brain tumor ---> CSF volume ↓then blood volume ↓
- For how long could this go on?



Can somebody walk around with a raised ICP?

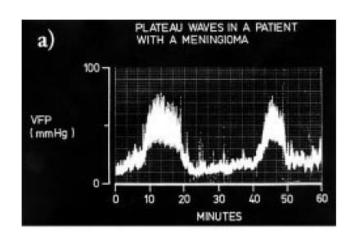


Raised ICP and brain shift

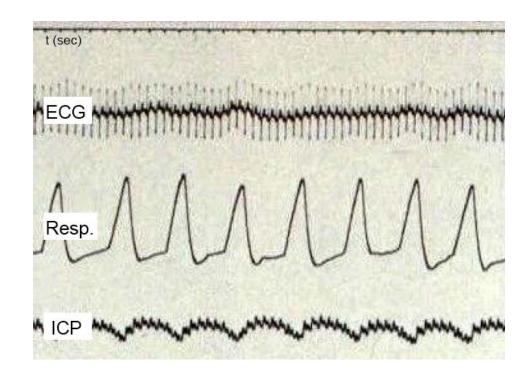


- A. Cingulate herniation
- B. Uncal herniation
- c. Central herniation
- D. Outside herniation
- E. Tonsillar herniation

ICP waveform









Normal ICP

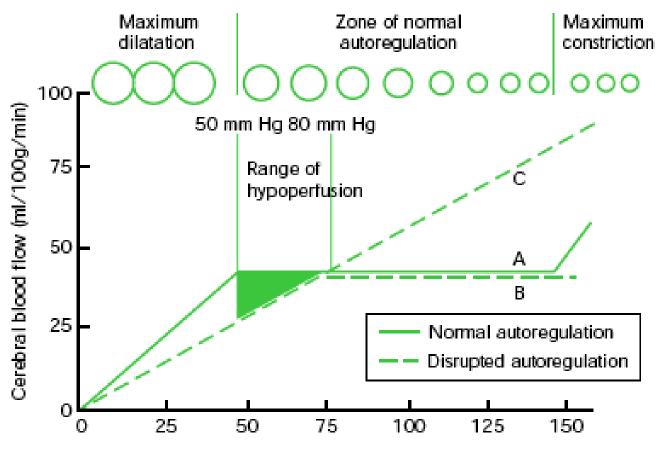
Table 1 Normal intracranial pressu	e values	re values
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Age group	Normal range (mm Hg)
Adults	<10–15
Children	3–7
Term infants	1.5–6



- Cerebral autoregulation
 - Ability of cerebral vessels to maintain cerebral perfusion within strictly determined limits
 - Rise in SBP ----> Constriction of cerebral arteries
 - Low SBP ----> cerebral vessels dilate to accommodate
 - Loss of autoreglation: Change in cerebral blood flow with the change in BP





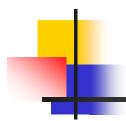
Cerebral perfusion pressure (mm Hg)

BP and CBF

- If ICP goes up, how does the brain get perfusion?
 - Process of autoregulation
 - CPP = MAP ICP
 - If:
 - MAP=85 mmHg
 - ICP=15 mmHg
 - CPP ?



CPP 50-140 mmHg



 20 year old man. Had car accident (MVC) as unrestrained driver.
 He presented with BP 75/30, HR 125 bpm. Unconscious, with right hemiplegia.

What is going on?



Possible Causes

VITAMEN D

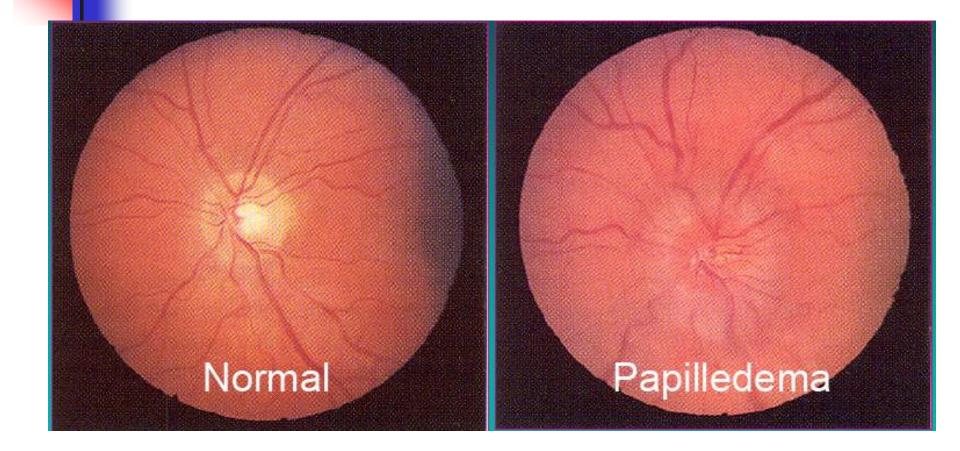
Other:

Table 2	Examples	of causes	of raised	intracranial	pressure
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Pathological process	Examples
Localised mass lesions	Traumatic haematomas (extradural, subdural, intracerebral)
	Neoplasms (glioma, meningioma, metastasis)
	Abscess
	Focal oedema secondary to trauma, infarction, tumour
Disturbance of CSF circulation	Obstructive hydrocephalus
	Communicating hydrocephalus
Obstruction to major	Depressed fractures overlying major venous sinuses
venous sinuses	Cerebral venous thrombosis
Diffuse brain oedema or swelling	Encephalitis, meningitis, diffuse head injury, subarachnoid haemorrhage, Reye's syndrome, lead
	encephalopathy, water intoxication, near drowning
Idiopathic	Benign intracranial hypertension

Clinical Presentation of raised ICP

- Headache, vomiting, papilloedema
 - Headache
 - Early morning
 - Throbbing / Bursting
 - ↑ sneezing, coughing
 - Papilleodema
 - Reliable but may take several days
 - Associated fundal hge indicates acute and severe rise in ICP



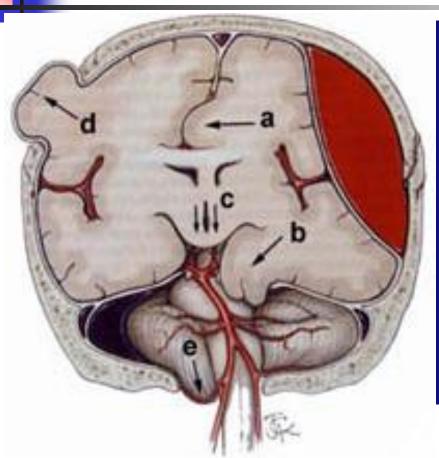


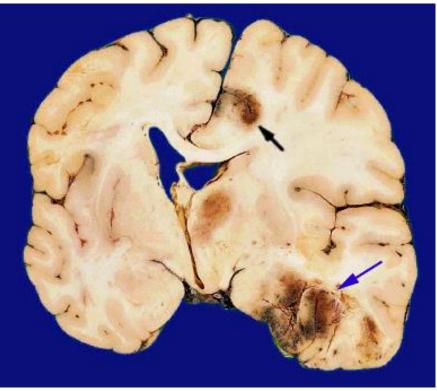
Glasgow Coma Score			
Eye Opening (E)	Verbal Response (V)	Motor Response (M)	
4=Spontaneous	5=Normal conversation	6=Normal	
3=To voice	4=Disoriented conversation	5=Localizes to pain	
2=To pain	3=Words, but not coherent	4=Withdraws to pain	
1=None	2=No wordsonly sounds	3=Decorticate posture	
	1=None	2=Decerebrate	
		1=None	
		Total = E+V+M	

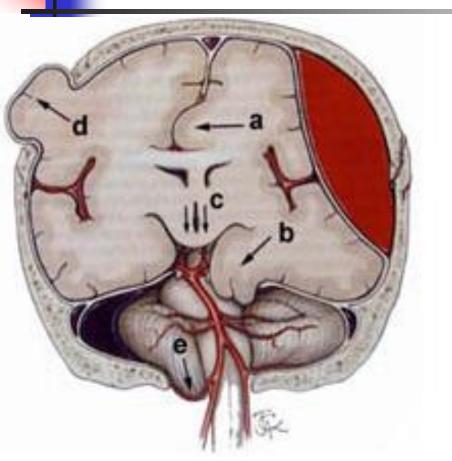
Decreased Level of Consciousness

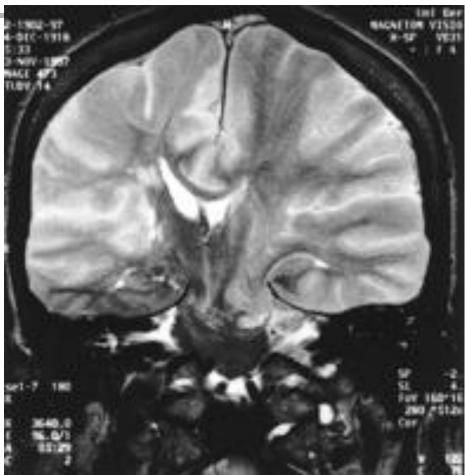


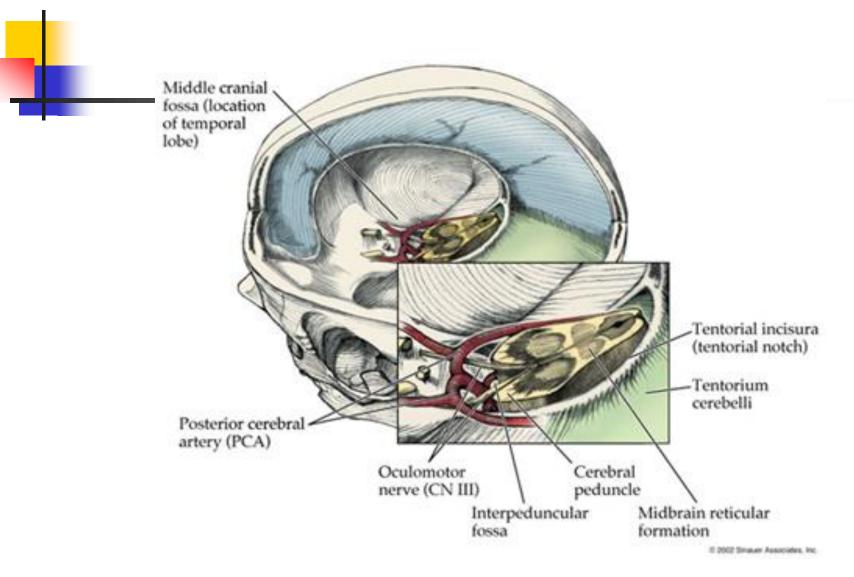
- Neurological:
 - Pupillary dilation
 - Hemiplegia
 - Cranial nerve deficit

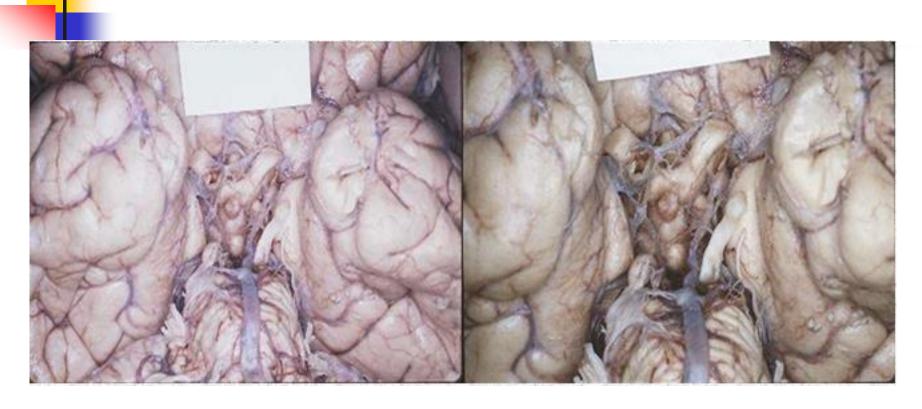




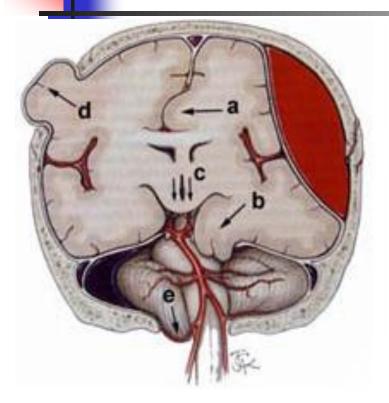


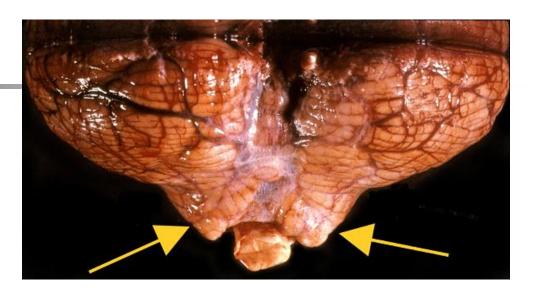






Trans-tentorial herniation: - Ipsilateral dilated pupil - Contra-lateral weakness

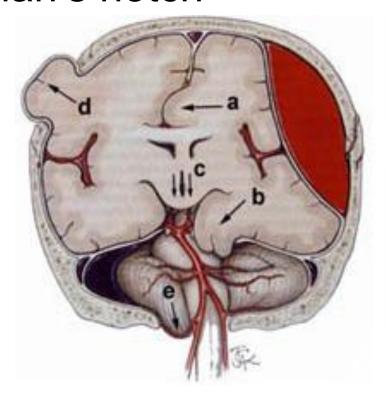






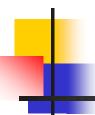
False localization

Kernohan's notch



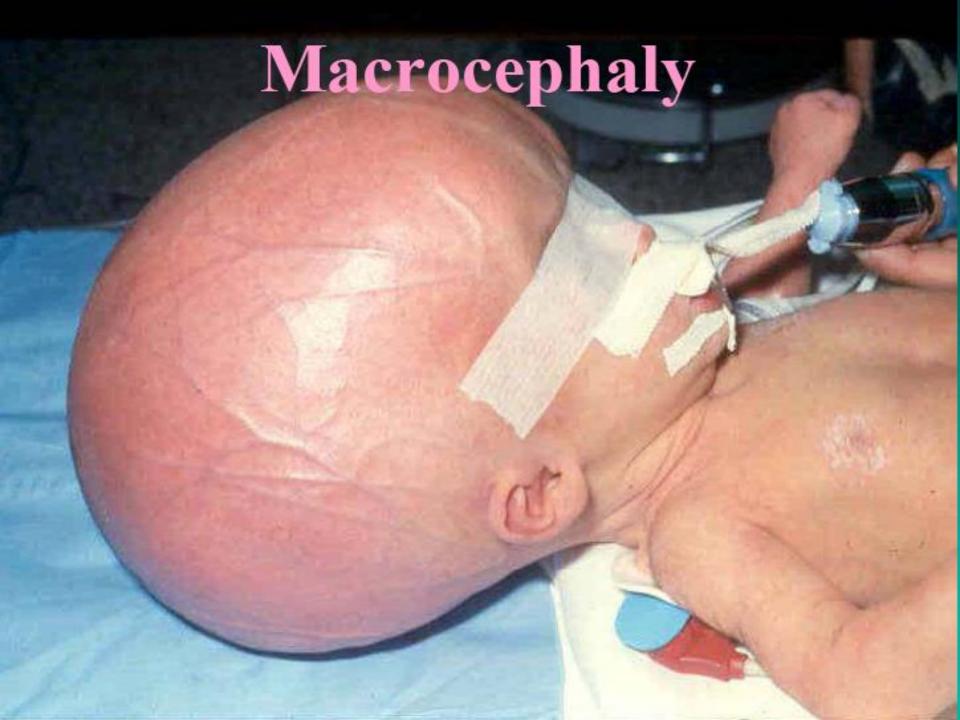


- Systemic:
 - Raised BP (recall: CPP=MAP-ICP)
 - Respiratory change:
 - Cheyne-Stokes breathing:
 - Oscillating periods of apnea-tachypnea
 - Respiratory centers compromise



Raised ICP in infants

- Widened sutures
- Increased Head circumference
- Dilated head veins
- "Sun set" eyes



Investigations

- URGENT CT head
- NO Lumbar Puncture

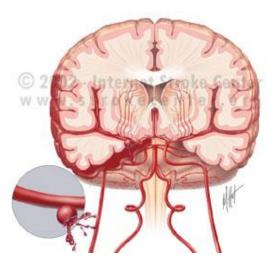
What is the treatment of high ICP?

- General measures:
 - Head elevation (30 degrees)
 - No neck compression
 - Mannitol for patients who have decreased LOC (or Furosemide)
 - Steroids (Dexamethazone) for tumors
 - Hyperventilation: controlled to PCO2 35-40 mmHg
 - Sedation, muscle relaxants
 - Hypothermia
 - Barbiturates: terminal option

What is the treatment of high ICP?

- Specific treatment:
 - Depends on the cause
 - VITAMEN D

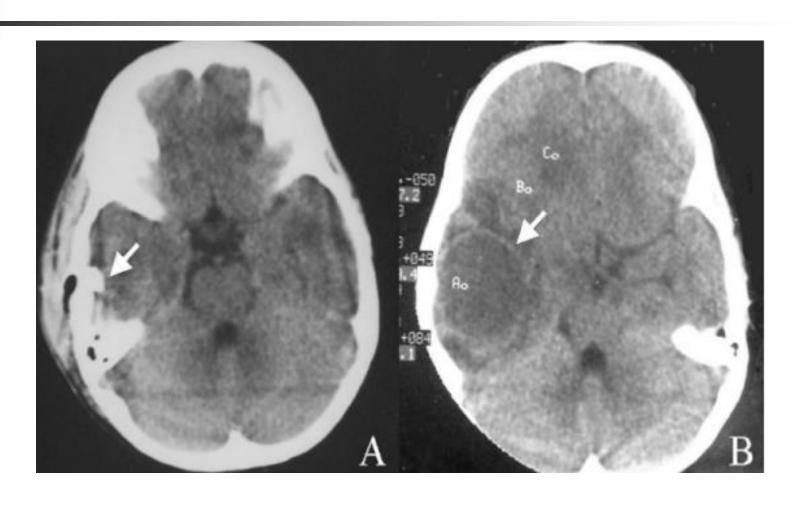
Vascular - SAH / ICH





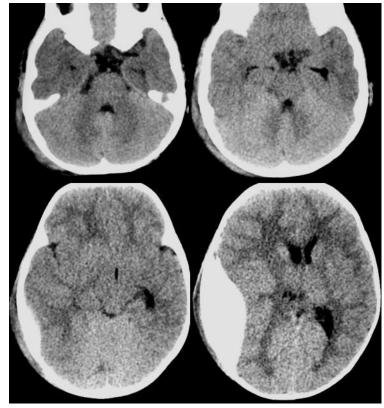


Infection - Abscess



Trauma

Localized



Epidural Hematoma



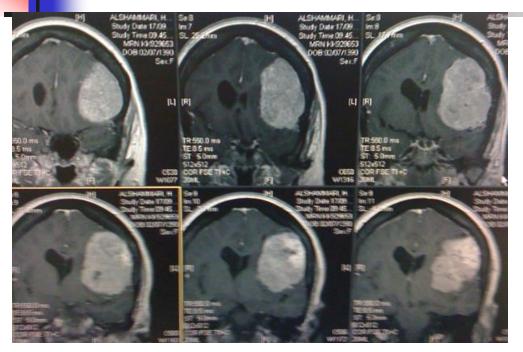
Subdural Hematoma

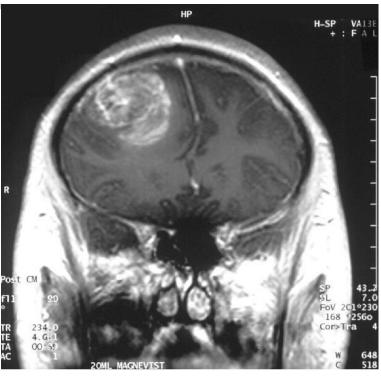
Trauma

Diffuse

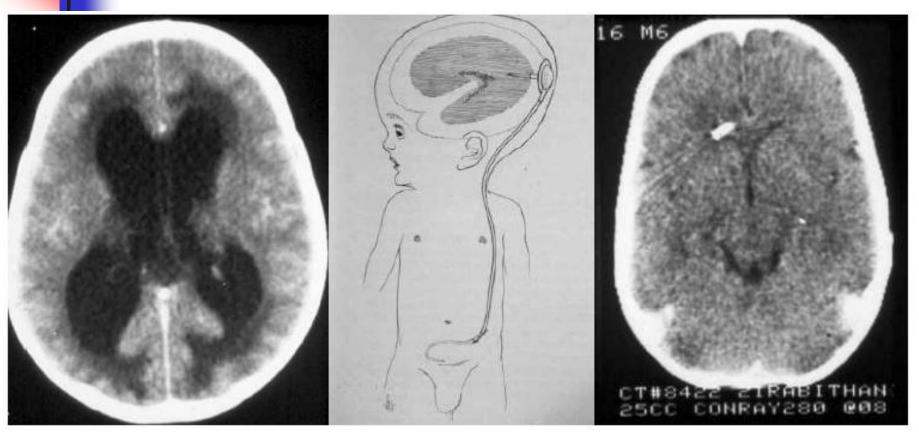


Tumor





Hydrocephalus



Can we monitor ICP?

Brain Surgery - Ventriculostomy and Placement of Intracranial Pressure (ICP) Monitor Bolt

