





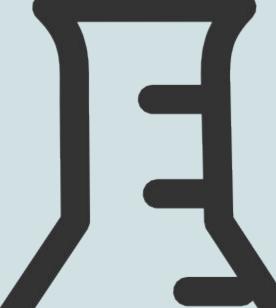
Team Leaders

Khalid Aleedan 🖧 Aseel Badukhon

Done by

Abdullah Altwerki Abdulmajeed Alammar Mohammed Alyousef Samar Alqahtani Muneerah Alzayed

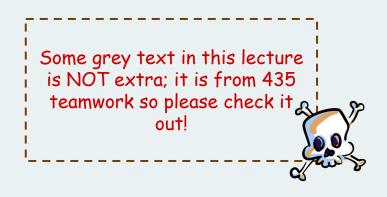
CARDIOVASCULAR Drugs overdose







Not given (:



Notes Extra Book Important Golden notes

Beta-Blockers

Beta-Blockers (Beta-Sympatholytics)

Mechanism of Action

-Inhibits endogenous catecholamines -Rapidly absorbed after oral ingestion, and the peak occurs in 1 to 4 hours MCQ If Patient came in this period and no symptoms, then the patient is fine -Volume of distribution for various beta-blockers generally exceeds 1 L/kg, meaning tissue concentrations exceed those of serum (Hemodialysis is not effective for most "most but not all (:" beta-blockers) -Absence of symptoms 4 hours after ingestion implies a low risk for subsequent morbidity unless a delayed-release preparation is involved. BB has a very high volume of distribution, so the medication will be available intracellular not in the blood. So the dialysis won't help in case of BB overdose.

Manifestations & complications of Overdose in order to decrease frequency

1. Bradycardia (65/90 cases) 2. Hypotension (64/90) 3. Unconsciousness (50/90) 4. Respiratory arrest or insufficiency (34/90) 5. Hypoglycemia (uncommon in adults) 6. Seizures (common only with propranolol, 16/90) like other Na channel blockers Propranolol may cause severe bradycardia or tachycardia 7. Symptomatic bronchospasm (uncommon) 8. VT or VF (VF, ventricular fibrillation; VT, ventricular tachycardia). (6/90) 9. Mild hyperkalemia (uncommon) 10.Hepatotoxicity, mesenteric ischemia, renal failure (rare or single case reports) Bradycardia and hypotension are the most important.

GI Decontamination in BB overdose never work. GI Decontamination you do it if: 1- the patient take a lethal dose. 2present to you in first one hour.3- you make sure that the airway is protected imp, because if not the patient may aspirate the charcoal and develop chemical pneumonitis, and this may kill the patient. Insulin has inotropic effect, but is given with dextrose to prevent further hypoglycemia.

Management

-IV fluids the first thing must do, in ER we give crystalloid.

-Oxygen -Monitoring of card for rhythm and respirations -Activated Charcoal is unproven treatment -Multiple-dose charcoal without supporting evidence for an improvement in outcome The first step in the treatment of BB overdose is: -Atropine, Glucagon(antidote), Crystalloid fluids.

-Others include (Catecholamines if there is no

response with the fluid or Atropine., NaHCO3 if Na blockers if there is a QRS prolongation like with Propranolol overdose.

, Ca will help the heart to pump the blood. , Extracorporeal elimination and circulatory assistance) Other treatments: -High-Dose Insulin Euglycemia (HDIE) Therapy Theoretical -Insulin

To summarize: The first step in the treatment of beta-blocker overdose is: 1- atropine 'first line' 2- if fails glucagon ' some inotropic effect, a well known antidote, but not the first because of nausea, vomiting and hyperglycemia. 3- crystalloid fluids 4-Calcium is a good inotrope but only used as a last resort • Note: Some start with 500ml to 1 L fluid, if it didn't work we add another bolus of fluid and atropine... Others start with atropine immediately.

Phase I (Resuscitation

Summary of the treatment:

Boluses of

atropine,

Glucagon, fluids

Glucagon is the antidote

in my slides and in the_____ exam p chemical pneumonitis, and this may kill the patient. s inotropic effect, but is given with dextrose to prevent poglycemia. Phase II

-Infusions of Glucagon, Insulin-glucose, Catecholamines (epinephrine, norepinephrine, isoproterenol, dobutamine, dopamine, metaraminol) -Phosphodiesterase Inhibitors (Amrinone) -Early cardiac pacing if no prompt response to chronotropic or – dromotropic drugs

-Peripheral arterial and pulmonary artery catheter monitoring if refractory hypotension

(Stabilization)

-Consider hemodialysis** of hydrophilic BBs with low protein binding and low V_d **see, not all can't work with dialysis (:"

(* volume of distribution; memories of pharmacology!)

**(Protein binding varies from 0% for sotalol to 93% for propranolol. But if it is high so it can't be dialyzed

easily Elimination half-lives vary from 8 to 9 minutes for esmolol to as long as 24 hours for nadolol and other.)

Beta-Blockers }

Diagnostic strategies: (435 teamwork)

- Depend on the clinical picture. (Toxidrome; you can't diagnose it by toxicology screen; it's diagnosed clinically)
- Hypoglycemia is common in children



Patients who remain completely asymptomatic for 6 hours after an oral overdose of normal-release preparations can be safely referred for psychiatric evaluation if it was a suicidal attempt, with medical consultation for the first 24 hours



 What is the most common presentation of b-blockers intoxication ? bradycardia

- What could happen with bradycardia ? hypernatremia (uncommon)
- Propranolol can present with wide complex tachycardia (in the majority
- of the cases, it is due to propranolol). Treated with sodium bicarbonate
- Why propranolol ? 1-Most fatalities 2- it has different MOA, by blocking sodium channels so it increases the sympathetic drive .. and the NA blockage will lead to prolonged QRS ..
- Both propranolol and TCA present with wide complex tachys and seizure.. how to differentiate? Really we don't need to differentiate since the treatment is the same. 'Supportive' by IV sodium bicarbonate .. drug levels might help in TCA but we don't usually do it.

Please, don't skip!

{ Beta-Blockers }

Non selective Beta-Blockers

Drug	VD (UKG)	ISA	Elimination half life (HR)	Lipophilic	Protein binding (%)	MSE	Comments
Propranolol Has Na+ blocking effect.	4	0	4	+	93	+	most fatalities
Nadolol	4	0	10-20	0	20	0	dialyzable
Timolol	1.9	0	3-5	+	10	0	dialyzable
Pindolol	3-6	+	3-4	+	51	+	
Labetalol	10	0	4-6	0	50	+	Alpha blocker also
Oxprenolol	1.3	+	2	+	78		
Sotalol	1.6-2.4	0	7-18	÷	0	0	Class III and class II antidysrhythmic; torsades de pointes; dialyzable
Carvedilol	1.5-2	0	6-10	+	95	0	

Selective Beta-Blockers

Metoprolol	5.5	0	3-4	+	12	0	
Atenolol	0.7	0	5-8	0	5	0	dialyzable
Esmolol	2	0	0.13	0	55	0	
Acebutolol	1.2	+	2-4	+	26	+ + +	QT prolongation, VT
Practolol	1.6	 	10-11	+		0	
Bisoprolol	2.9	0	10-12	0	30	0	
Betaxolol	5-13	0	12-22	0	55	0	

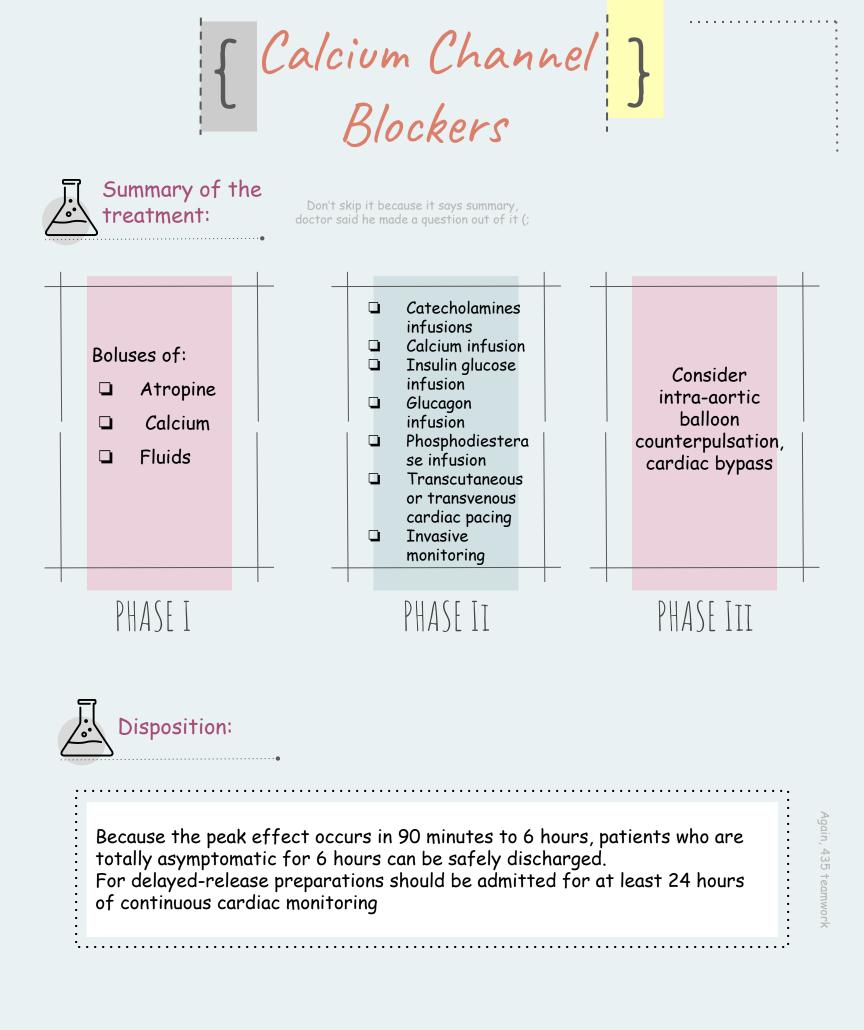
{ Calcium Channel } Blockers

Ca⁺² Channel Blockers

Perspective		Pathophy	rsiology	
 -Most fatalities occur with Verapamil, but severe toxicity and death have been reported for most drugs of this class. -They block the slow calcium channels in the myocardium and vascular smooth muscle, leading to coronary and peripheral vasodilation. - Reduce cardiac contractility, Depress SA nodal activity, Sle conduction. - Both verapamil and Diltiazem act on the heart and blood vest whereas Nifedipine acts on blood vessels, thus primarily caus vasodilation. - In the pancreas, calcium channel blockade inhibits insulin re resulting in hyperglycemia. (Remember BBs cause hypoglycemia) - As with beta-blockers, selectivity is lost in cases of overdo - All calcium channel blockers are rapidly absorbed - Onset of action and toxicity ranges from less than 30 minut 60 minutes so it is likely that the patient is ok if no symptoms occur in 2 hrs. - Peak effect of nifedipine can occur as early as 20 minutes of ingestion. 				
dissociation.jur	nplications rs poisoning: intoxi	They usually are h They usually are h izures and unconsciousness (u commonly happens with l difficult to differentiate be cation; the best way is to do	yperglycemic. incommon)with CCB, it more	
Respiratory	ot with bepridil v depression,apnea; ry edema; adult	Me tabolic	infarction (rare) Metabolic (lactic) acidosis; hyperglycemia (mild);	
respiratory	distress syndrome		hyperkalemia (mild)	

Lactic acidosis and hyperglycemia = you should think of CCB since CCB and beta-blockers have very similar symptoms except for these two symptoms.

Calcium Channel Blockers Diagnostic strategies: Serum levels Ca antagonists are not available. Glucose and Electrolytes (including Ca & Mg) Hyperglycemia secondary to insulin inhibition occurs occasionally but mild and short-lived no treatment is needed Lactic Acidosis occurs with hypotension and hypoperfusion ECG: a prolonged QRS or QT interval suggest bepridil or a co-ingested cardiac toxin such as TCA CCBs intoxication management is the same as beta blockers Management: management, except in CCBs we give calcium salts and that is being in form of Ca chloride and and Ca gluconate. Ca+ is the antidote IV first step in 02 Cardiac monitoring management No evidence for activated charcoal Vomiting is a powerful vagal stimulus that can exacerbate bradycardia and heart block. If you wanna intubate the pt, make sure to sedate him, because intubating him will stimulate the vagus and result in severe nausea and vomiting If there is hypotension and bradycardia: -Atropine -IV Ca -Epinephrine, Norepinephrine and Dobutamine have also led to successful outcomes "catecholamines" -Glucagon has been used for its ionotropic and chronotropic effects -Insulin If symptomatic bradycardia or heart block persists, the next step is a pacemaker (435 teamwork) Other High-Dose Insulin Euglycemia (HDIE) Therapy treatment



.

{ Calcium Channel } Blockers

Ca Channel Blockers

				<mark></mark>
Drug	VD (UKG)	Half Life (HR)	Protein binding (%)	Comments
Verapamil	4	3-12	90	90 Most fatalities; impairs contractility and cardiac conduction more than most other calcium antagonists
Diltiazem	1.5-5.3	3-7.9	70-80	Suppression of atrioventricular node similar to verapamil; myocardial depression otherwise less
Nifedipine	1.4-2.2	1-5	92-98	Vasodilation greatest effect
Nicardipine	0.64	8-9	95	Vasodilation
Nimodipine	0.94-2.3	1-2	95	No reports of oral overdose (2005 PDR)
Amlodipine	21	30-50	98	Vasodilation
Bepridil	8	33-42	99	99 Class I as well as class IV antidysrhythmic; prolongs QT: torsades de pointes
Felodipine	10	10	99	vasodilation
Isradipine	3	1.9-16	95	Vasodilation
Nisoldipine	4-5	7-12	99	Vasodilation

{ Nitrates & } Nitrites

Nitrates & Nitrites

Mechanism of action			Pat	hophysiol	оду
 They are widely used as vasodilators in treatment of heart failure and ischemidisease. They augment coronary blood flow as wreduce myocardial oxygen consumption reducing afterload. At lower doses nitrates primarily dilated at higher doses they also dilate arter. Nitrites are also oxidizing agents that hemoglobin to methemoglobin, impairing delivery Always ask the patient if he take PDE inhibitors (via last 4 hrs before giving nitrates in the ER. 	c heart well as by ate veins e ries t convert g oxygen	responds reductio -Hypoter -Low-dos is best t coronary -Nitrate Before giv	s to supine p n of the dos nsion is usua se pressors o avoid ther syndromes s toxicity is ye any patient	positioning, se ally transier are occasio n in the set s usually iat in the ER N	nally needed, but it ting of acute
T. Methemoglobinemia	IV fluid. usually	and norman			
& Management:	nes with MI a R give nitrat	and he is taking es !! It might k	ill the patient.	nodiesterase PDE If you gave accidentally ors in low doses.	
 When methemoglots sample appears cho even while patients Unlike most cases of 100% O2 doesn't improved Pulse oximetry is no methemoglobinemia, tachyo 	colate brov look remar of cyanosis, ove patient' ot reliable	vn, and t kably cc supplen s color (1 What can cc s.	he skin ap omfortable nental oxy hey have abnor ause hypotens	ppears blu gen even with mal Hb) ion,	
		Blue d	ns smurfs and chocolat		3
Treatment:	EV methyle usually not i methemoglo The usual d adults is 1 t	needed u obinemia ose of m	unless approach Nethylene	es 30% ∞ blue in	5 c says 15% we give them.

Digitalis

Digitalis

-In therapeutic doses, it has two effects: 1-Increasing the force of myocardial contraction 2-Decreasing AV¹ conduction to slow the ventricular rate in AFib² -It inhibits membrane Na-K ATPase³ which increases intracellular Na and Ca and increases extracellular K. -Indirectly increases vagal activity and decreases sympathetic activity low therapeutic window = frequent intoxication

-With toxic levels, digitalis paralyzes the Na-K pump, K can't be transported into

cells "Hyperkalemia >> Arrhythmial" 13.5 mEq/L -Directly halts the generation of impulses in SA node, depresses conduction through AV node, and increases the sensitivity of the SA & AV nodes to catecholamines.

-Digitalis can produce virtually any dysrhythmia or conduction block, and bradycardias are as common as tachycardias. (435 teamwork) Tachy and brady



Hyperkalemia and Hypomagnesemia exacerbate the toxicity

The significant protein binding and large volume of distribution suggest that hemodialysis, hemoperfusion, and exchange transfusion are ineffective

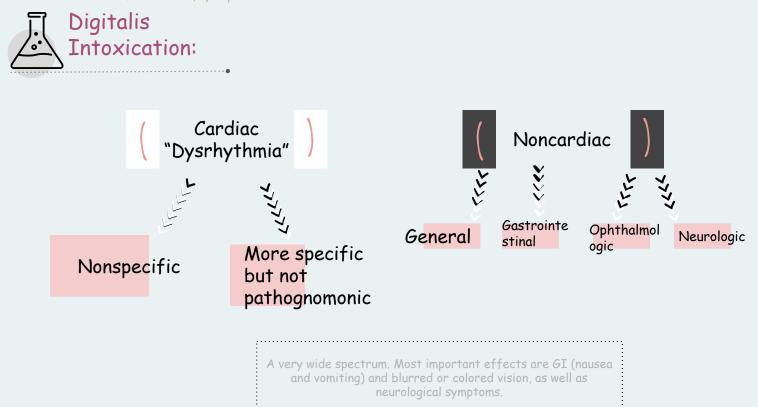
herapeutic dose

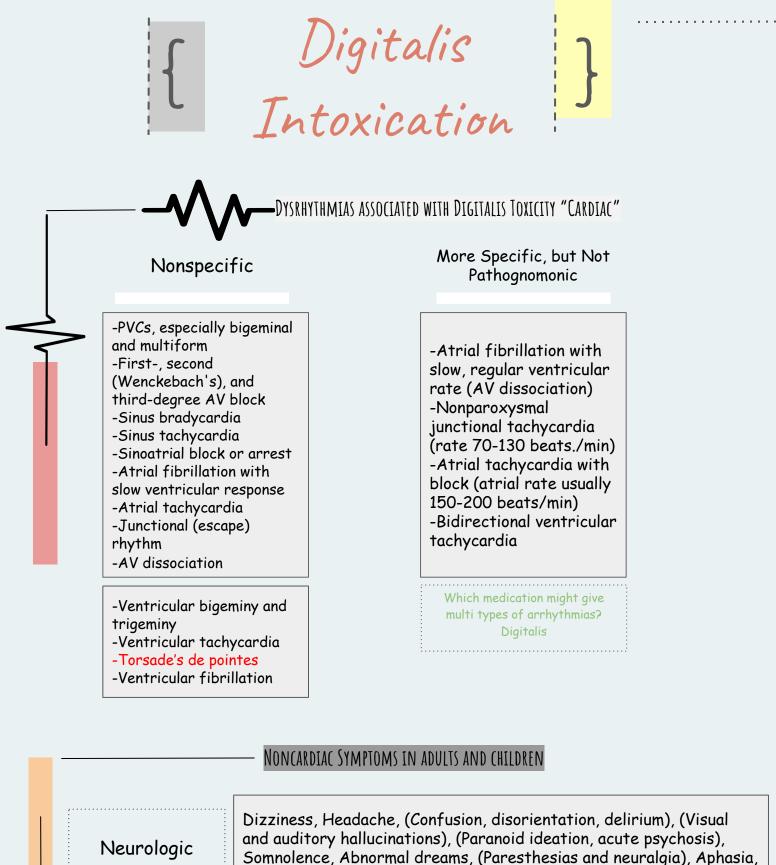
1-Atrioventricular

2-Atrial fibrillation

3-Adenosine triphosphatase

When dialysis can be effective? Low protein binding rate, low molecular weight, low volume of distribution, hydrophilic.





4	Neurologic	and auditory hallucinati	Confusion, disorientation, delirium), (Visual ons), (Paranoid ideation, acute psychosis), dreams, (Paresthesias and neuralgia), Aphasia,
	Ophthalmologic		, Photophobia, Yellow-green chromatopsia wn), (Transient amblyopia, diplopia, scotomata,
))	Weakness Fatigue Malaise	Nausea and vomiting Anorexia Abdominal pain Diarrhea
		General	Gastrointestinal

)igitalis



Diagnostic Strategies:

Serum digoxin levels:

The only drug in this lecture that we depends on its level.

Peak levels after an oral dose of digoxin occur in 1.5 to 2 hours, with a range of 0.5 to 6 hours

Steady-state serum concentrations are not achieved until after distribution, or 6 to 8 hours after dose or overdose, and may be only $\frac{1}{4}$ to $\frac{1}{5}$ of the peak level -The ideal serum digoxin concentration for patients with heart failure is 0.7 to 1.1 ng/mL.

-In acute poisoning, serum potassium may begin to rise rapidly within 1 to 2 hours of ingestion, potassium should be withheld, even if mild hypokalemia is measured initially. i.e. even if there was hypokalemia we don't give K because it's trapped inside the cells, unless very severe. 435 teamwork



.

First thing is you give is fluid, and check for K level

There is no evidence to support:

- Gastric emptying
- Activated charcoal
- Multidose charcoal has no proven benefit

1	Atropine	Supportive (avoid inotropes as much as you can) "435 teamwork"	We use the lower energy because the heart is already irritable and it may cause malignant arrhythmia .
2	Pacing	Cardioversion and defibrillation can cause asystole after attempt to treat tachydysrhythmias	Lower energy settings, such as 25 to 50 J, may be less hazardous
3	Electrolytes correction	A-K:Raising the serum potassium to 3.5 to 4 mEq/L is an important early treatment. Level >5 mEq/L warrants consideration of digitalis antibody (Fab fragment) treatment	B-Mg: For significant magnesium depletion
4	Fab F <mark>ragments</mark>	Digifab or Digibind (These are antibodies) "Next slide for further details"	severe hyperkalemia is indication for treatment with antidote



Digitalis



Recommendations for administration of Digitalis antibody fragments in adults and children: Just know that we give it in high conc of digoxin and if there is organ damage or high K+

- 1. Severe ventricular dysrhythmias
- 2. Progressive and hemodynamically significant bradydysrhythmias unresponsive to atropine
- 3. Serum potassium > 5 mEq/L

In adults

4. Rapidly progressive rhythm disturbances or rising serum potassium level

5. Co-ingestion of cardiotoxic drugs such as beta-blockers, Ca channel blockers, or TCA

6. Ingestion of plant known to contain cardiac glycosides plus severe dysrhythmias (rare)

7. Acute ingestion > 10 mg plus any one of factors 1 through 6 above

Steady-state serum digoxin > 6 ng/mL plus any one of factors
 through 6 above

In children

- Ingestion of > 0.1 0.3 mg/kg or steady-state digoxin > 5 ng/mL plus rapidly progressive symptoms or signs of digitalis intoxication or potentially life-threatening dysrhythmias or conduction blocks or serum K > 6 mEq/L
- Co-ingestion of other cardiotoxic drugs with additive or synergistic toxicity
- Ingestion of plant known to contain cardiac glycosides plus severe dysrhythmias (rare)

{ Summary I }

	mechanism of action	manifestations & complications	diagnostic strategies	management
beta blockers	 Inhibits endogenous catecholamines. Rapidly absorbed and the peak occurs in 1 to 4 hours. 	 Bradycardia Hypotension Unconsciousness Respiratory arrest or insufficiency. Hypoglycemia	 clinical picture. Hypoglycemia is common in children 	I :Boluses of atropine, Glucagon, fluids. II: Catecholamines infusions, Insulin glucose infusion Glucagon
Cat2 channel blockers	 block the slow calcium channels leading to vasodilation. Reduce cardiac contractility, Depress SA nodal activity, Slow AV conduction. inhibits insulin release, resulting in hyperglycemia. rapidly absorbed. verapamil and Diltiazem act on the heart and blood vessels. Nifedipine acts on blood vessels. 	Hypotension, sinus bradycardia, sinus arrest, AV block, AV dissociation, junctional rhythm, asystole. -Respiratory depression, apnea,pulmonary edema, adult respiratory distress syndrome - Lethargy, confusion, slurred speech, coma -Metabolic (lactic) acidosis, hyperglycemia (mild), hyperkalemia (mild). - Flushing, diaphoresis, pallor, peripheral cyanosis.	 Glucose and Electrolytes (Ca & Mg) Hyperglycemia. Lactic Acidosis with hypotension and hypoperfusion ECG: a prolonged QRS or QT interval suggest bedpril or a co-ingested cardiac toxin such as TCA 	Glucagon infusion, Phosphodiesteras e infusion, Transcutaneous or transvenous cardiac pacing,Invasive monitoring for BB: hemodialysis of hydrophilic BBs with low protein binding and low V _d for CCB: Calcium infusion

{ Summary II }

	mechanism of action	manifestations & complications	diagnostic strategies	management
digitalis	 Toxic Dose paralyzes the Na-K pump, K can't be transported into cells Directly halts the generation of impulses in SA node, depresses conduction through AV node, and increases the sensitivity of the SA & AV nodes to catecholamines. 	cardiac:can give any type of arrhythmia non cardiac symptoms : neurologic, Ophthalmologic , general, gastrointestinal	Serum digoxin levels (peak in 1.5 to 2 hours)	supportive (avoid inotropes as much as you can) 2- Antidote: digibind (Fab Fragments). 3- pacing 4- electrolyte correction
Nitrates & Nitrites	 vasodilators augment coronary blood flow ,reducing afterload. At lower doses nitrates primarily dilate veins At higher doses they also dilate arteries oxidizing agents that convert hemoglobin to methemoglobin, impairing oxygen delivery 	Hypotension usually transient and responds to supine		 IV methylene blue, but this antidote is usually not needed unless methemoglobine mia approaches 30%. Unlike most cases of cyanosis, supplemental oxygen doesn't improve patient's color

[How toxic is] your knowledge

Q1) 40-year-old male was brought to the hospital and his wife reports that he took about 40 tablets of immediate-release Metoprolol three hours ago in an attempt to end his life. He is lethargic but arousable. His blood pressure is 90/45 mmHg, his heart rate is 45 beats/minute. Which therapy will you try first?

- A. Start him on activated charcoal
- B. Insert transvenous pacemaker
- C. IV atropine
- D. IV fluid with dextrose

Q2) which of the following make calcium channel blockers considered as the most likely diagnosis ?

- A. diarrhea with nausea and vomiting
- B. hypotension ,bradycardia and lethargy
- C. dry skin and tachycardia
- D. extrapyramidal involuntary movement

Q3) What is the most effective treatment modality in digoxin toxicity?

- A. Activated charcoal
- B. Potassium replacement
- C. Fab fragments
- D. Catecholamine

Q4) which of the following has the highest fatality rate among beta blocker overdose ?

- A. Sotalol
- B. Metoprolol
- C. Propranolol
- D. Atenolol

Q5) What is the most common presentation of nitrate intoxication?

- A. Severe bradycardia
- B. Carboxyhemoglobinemia
- C. Hypotension
- D. Seizures

Q6) One of the complications of BB is hypoglycemia, which one of the following patient groups are at high risk for this complication?

A- Adults

- B-Children
- C-Men over 70 year of age
- D-Women over 60 year of age

Q7) Which of the following is the appropriate antidote for beta-blocker overdose? A. Glucagon

- B. IV potassium
- C. IV magnesium
- D. Metoprolol





diting!

Click here!

THEME WAS DESIGNED BY: ASEEL BADUKHON

LOGO WAS DESIGNED BY: NORAH ALHOGAIL