# Presentation &Management Of Common Thoracic Diseases

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# <u>The Lung</u>

#### Embryology

- Bronchial system
- Alveolar system
- Anatomy
  - Lobes
  - Fissures
  - Segments
  - Blood supply

## Airways



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# **Bronchopulmonary Segments**



# **Bronchopulmonary Segments**



## **Bronchopulmonary Segments**



# **Blood Supply**

- Lungs do not receive any vascular supply from the pulmonary vessels (pulmonary aa. or veins).
- Blood delivered to lung tissue via the bronchiole arteries.
- Vessels evolve from aortic arch.
- Travel along the bronchial tree.

### **Blood Supply**



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# **Blood Supply**

#### **Bronchial Arteries**



# Airways

- Trachea, primary bronchi, secondary bronchi, tertiary bronchi out to 25 generations
- All comprised of hyaline cartilage
- Trachea
  - Begins where larynx ends (about C6)
  - 10 cm long, half in neck, half in mediastinum
  - 20 U-Shaped rings of hyaline cartilage keeps lumen intact but not as brittle as bone
  - Lined with epithelium and cilia which work to keep foreign bodies/irritants away from lungs

# Bronchioles

- First level of airway surrounded by smooth muscle; therefore can change diameter as in brocho-constriction and broncho-dilation
- Terminal
- Respiratory
- 3-8 orders
- alveoli



#### Trachea and Major Bronchi Anterior View





#### Intrapulmonary Airways

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# **DISEASES OF THE LUNG**

#### Congenital

- Agenesis.
- Hypoplasia.
- Cystic Adenomatoid Malformation.
- Pulmonary Sequestration.
- Lobar Emphysema.
- Bronchogenic Cyst.







#### A. Lung Abscess

- Causes
- Clinical Features
  - Copious production of foul smelling sputum
  - Cough
- Investigation
  - **C** X R
  - CT Scan Chest





- Antibiotics.
- Drainage:
  - Internal Drainage
  - External Drainage
- Pulmonary resection.

#### Indications:

- 1. Failure of medical management.
- 2. Giant abscess ( >5cm).
- 3. Hemorrhage.
- 4. Inability to Role Out carcinoma.
- 5. Rupture with resulting Empyema.

#### Type of Resection

- Lobectomy.
- Segmentectomy.

B. Bronchiectasis
Definition
Definition
Bronchial dilatation
Types
Cystic or Cylindrical
Causes
Congenital

- Infection
- Obstruction, e.g. FB

### **Clinical Features**

- Morning Cough, Productive
- Dyspnea
- Hemoptysis (50%)
- Clubbing

### **Investigation**

- Chest X-ray
- CT Scan chest
- Bronchogram
- Bronchoscopy

#### **Treatment**

- Medical
  - Resolve most of the cases
- Surgical
  - Failure of the Medical treatment
  - Patient with localized disease
  - Cystic type
  - Non Perfused











#### C. <u>Tuberculosis</u>

- \* 30,000 new cases occur annually in U.S.A
- Cause
  - Pulmonary
  - Extra-pulmonary
  - e.g. TB Empyema, TB Lymphadenitis,
- Investigation
  - **CXR**
  - CT Scan Chest
  - Bronchoscopy





#### Treatment

- Medical
- Surgical
  - Failure of medical Rx
  - Destroyed lobe or lung
  - Pulmonary haemorrhage
  - Persistent open cavity with + ve sputum
  - Persistent broncho pulmonary fistula

### D. <u>Aspergillosis</u>

- Cause
  - Aspergillus fumigatus, Asp. niger
- Mode of Transmission
- Forms
  - Allergic
  - Saprophytic
  - Invasive
- Saprophytic form
- <u>C-F</u>
  - Aspergilloma
  - Chronic productive cough
  - Haemoptysis (patient with preexisting Disease like TB or immune compromised).

#### Investigations

- Skin test
- Sputum
- Biopsy (Invasive)
- C X R
- CT Scan Chest

### Treatment

- Medical, Anti fungus medications
- Surgical
  - Indications
    - A significant Aspergilloma
    - Hemoptysis
  - Type of resection
    - Segmentectomy
    - Lobectomy
    - Pneumonectomy





### E. <u>Hydatid cyst</u> <u>Cause</u>

Echinococcus granulosus

**Diagnosis** 

**Treatment**












# <u>Tumor</u>

### ≻<u>Benign</u>

- ≻<u>Malignant</u>
  - Primary
  - Secondary

# A. <u>Primary lung carcinoma</u>

### **Incidence**

**Risk Factor** 

- Smoking
- Others

## **Pathology**

- 1. Adenocarcinoma
- 2. Squamous cell carcinoma
- 3. Large cell carcinoma
- 4. Small cell carcinoma
- NSCLC vs. SCLC

### **Clinical Features**

- Asymptomatic
- Symptomatic
  - Lung
  - Surrounding structures
  - Rec. L. nerve
  - Oesophagus
  - C8, T1 nerve
  - Sympathetic
  - Pleura
  - SVC

- distal (para-neoplastic syndrome)
  - PTH
  - ADH
  - ACTH
  - Hypertrophic pulmonary osteoathropathy

### **Investigations**

- CXR
- Bronchoscopy
- Trans-thoracic needle aspiration FNA, True cut biopsy
- CT Scan
- MRI



# Tumor



# Tumor









# Bronchoscope



# Tumor



### lung-cancer-upper-lobe



### <u>Management</u>

### **Depends on:**

- Stage
- Cell Type
- Patient Physical fitness

# NSCLC

- Surgical
- Radiotherapy
- Chemotherapy

# SCLC

- Chemotherapy
- Radiotherapy

#### NEW INTERNATIONAL REVISED STAGE GROUPING

Stage 0	TIS
Stage IA	T1, NO, MO
Stage IB	T2, NO, MO
Stage IIA	T1, N1, MO
Stage IIB	T2, N1, MO
	T3, NO, MO
Stage IIIA	T1-3, N2, MO
	T3, N1, MO
Stage IIIB	T4, Any N, MO
	Any T, N3, MO
Stage IV	Any T, Any N, M1

Mountain CF. Chest 1997; 111



## **B. Secondary Lung Carcinoma**e.g.Metastatic.

## Solitary Lung Nodule

- Primary Lung Carcinoma
- Tuberculous Granuloma
- Mixed tumor
- Secondary Lung Carcinoma
- Miscellaneous, e.g. disk pneumonia

# Benign Vs. Malignant

Hamartoma-Carcinoid

- Age
- Sex
- X-ray
  - Size
  - Time
  - Calcification



# THE MEDIASTINUM

### Anatomy

- Boundaries
- Divisions
  - Traditional
  - Clinical
- Access: Mediastinoscopy, Mediastinotomy.
- Mediastinal mass lesions
  - A. Anterior Mediastinum(5 T's)
  - **B.** Middle Mediastinum(Cyst)
  - C. Posterior Mediastinum (Neurogenic tumors)











# **THYMOMA**

## ►<u>Incidence</u>

- The commonest tumor of Ant. Mediastinum.
- Peak 40-60 y.
- M:F(1:1)

## > Pathology

- Classification
  - -Epithelial
  - -Lymphocystic
  - -Lymphoepithelial
  - -Spindle cell
- Benign vs. malignant
- Stages
  - I, II, III, IV

### **Clinical Features**

- Asymptomatic
- Symptomatic
  - Mass effect
  - Systemic effect
    - M.G. is the commonest 40-50%

}

**}** 

## **Investigation**

- CXR
- CT Scan
- Biopsy
- Bronchoscopy }
- Esophagoscopy
- Angiogram

Selected cases

#### Prognostic Factors And Treatment Outcome of Thymoma





#### Prognostic Factors And Treatment Outcome of Thymoma





### Treatment

- Benign → complete excision
- Malignant → complete excision if possibal
  If non-resectable } post-op
  - Or } Radiotherapy Resection incomplete }
### <u>Trauma</u>

- RTA
- Fracture Ribs Simple Complicated
- Haemothorax
- Pneumothorax
- Flail chest
- Lung Contusion and ARDS







# **Flial Chest**

Fracture of several adjacent ribs in two or more places. Flait may be complicated by lung contusion or laceration

Complete sternochondral separation with depression of sternum. Possibility of injury to heart and/or great vessels must also be considered



### Haemothorax









#### Lung Contusion and ARDS









## **Chest Wall**

- Deformity:
  - Pectus excavatum
  - Pectus Carniatum

### **Pleural Cavity**

Infection e.g. Empyema







### **Pleura Cavity**

- Spontaneous pneumothorax
- Pleural effusion
- Empyema
- Mesothelioma.



















Position of skin incisions, showing camera port and working port anteriorly



Use of a retractor to hold open the working port.