Principles of Immunization



Dr. Shatha Alduraywish, MBBS; MEpi; PhD;TTS

Assistant Professor, Epidemiologist

Department of Family and Community Medicine

College of Medicine - King Saud University

Email: salduraywish@ksu.edu.sa

Dec 2021

Objectives:

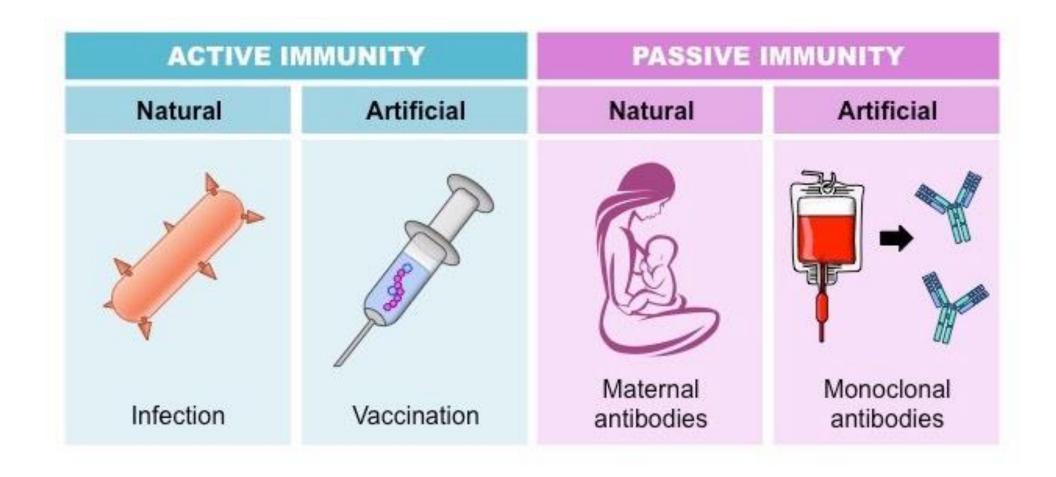


- To understand the types of acquired immunity
- To differentiate between the different types of vaccines used in preventing illness
- To understand the type of vaccine, its mode of delivery, and schedule for important immunizable diseases; TB, Pertussis, Rubella, Diphtheria, Measles, Tetanus, Hepatitis, Meningitis, Rabies, Polio
- To define and understand the cold chain and its importance
- To list the vaccines in the current National compulsory vaccination schedule
- For each disease briefly describe enidemiology and mode of

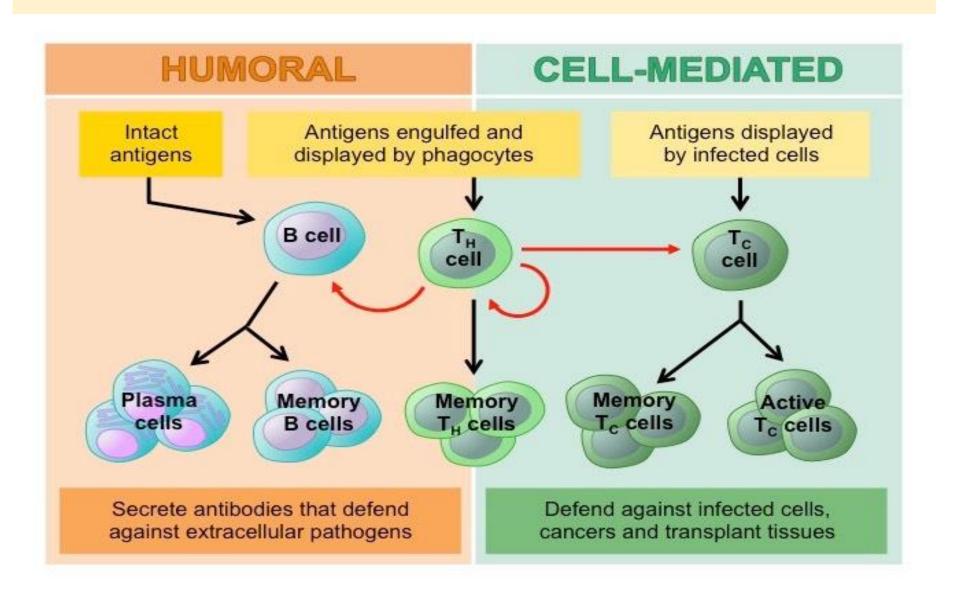
Types of acquired immunity



Types of Immunity

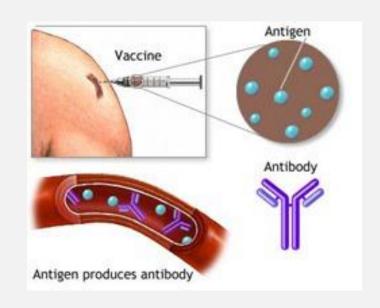


Types of Active Immunity



Advantages of active immunity compared to passive immunity:

- Long-lasting protection
- Sever reactions are rare.
- Higher protective efficacy
- Less expensive.



Herd immunity (Community immunity)

- When vaccination of a portion of population (or herd) provides protection to unprotected individuals.
 - Higher number of immune individuals, the lower likelihood that a susceptible person will come in contact with an infectious agent.
- Provides an immunological barrier to the spread of disease in the human herd.
- On-going immunization programme will keep the herd immunity at a very high level.





Live, attenuated vaccines

- Contain a version of the living virus or bacteria that has been weakened
- It does not cause serious disease in people with healthy immune systems.

Contraindication

- Immunocompromised persons (leukaemia, lymphoma or cancer)
- Persons with immune deficiency disease.
- Prognancy

Examples:

Viral

- Measles, mumps, rubella,
- Zoster,
- Varicella
- Yellow fever,
- Rotavirus
- Influenza
- Oral polio

bacterial

- Bacille Calmette-Guérin (BCG)
- · Oral typhoid vaccine.





Inactivated vaccines

- Produced by growing the bacterium or virus in culture media, then
 inactivating it with heat and/ or chemicals (usually formalin).
- Not alive and cannot replicate.
- Cannot cause disease from infection, even in an immunodeficient person.
- Always require multiple doses.
 - In general, the first dose "primes" the immune system.
 - . A protective immune recogned develops after the second or third dose



Contraindication:

Sever local or general reaction to a previous dose.

Example:

- Polio, Hepatitis A, Rabies
- Pertussis, Typhoid, Cholera, Plague



Polysaccharide Vaccines

- Type of inactivated subunit vaccine composed of long chains of sugar molecules
- Pure polysaccharide vaccines are available for three diseases: pneumococcal disease, meningococcal disease, and Salmonella Typhi.
- The immune response to a pure polysaccharide vaccine is typically T-cell independent, which means that these vaccines are able to stimulate B cells without the assistance of T-helper cells.
- Conjugated polysaccharide (polysaccharide is chemically combined with



Recombinant Vaccines

- Vaccine antigens may also be produced by genetic engineering technology.
- Four genetically engineered vaccines are currently available.
 - Hepatitis B
 - human papillomavirus (HPV)
 - Live typhoid vaccine (Ty21a)
 - Live attenuated influenza

Combinations Vaccines



 If more than one kind of immunizing agent is included in the vaccine it is called a mixed or combined vaccine.

The aims of combined vaccines are to

- Simplify administration
- Reduce costs
- Minimize the number of contacts of the patient with the health system,
- Reducing the storage cost
- Usually does not increase the risk of adverse reactions

Combinations Vaccines



Examples

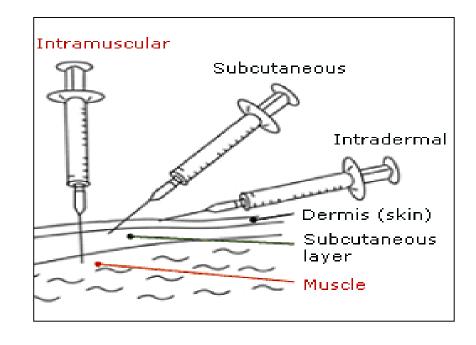
- DPT (Diphtheria-pertussis-tetanus)
- MMR (Measles, mumps and rubella)
- DPTP (DPT plus inactivated polio)
- DPT-Hep B-Hib (Diphtheria, pertussis, tetanus, hepatitis Band haemophilus influenza type B).

Route of administration of Vaccines



Routes of Administrating Vaccines

- The route of administration is the path by which a vaccine is brought into contact with the body.
- This is a critical factor for success of the immunization.
 - Intramuscular route
 - Subcutaneous route
 - Intradermal route
 - Oral route



Intramuscular Subcutaneous Intradermal ermis (skin) Subcutaneous

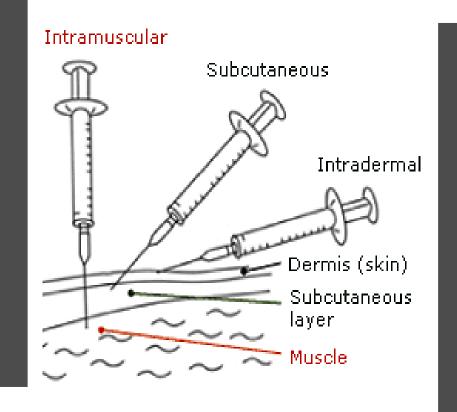
Routes of Administrating Vaccines

Intramuscular (IM) injection

- Administers the vaccine into the muscle mass.
- Vaccines containing adjuvants should be injected IM to reduce adverse local effects.

Subcutaneous (SC) injection

 Administers the vaccine into the subcutaneous layer above the muscle and below the skin.



Routes of Administrating Vaccines

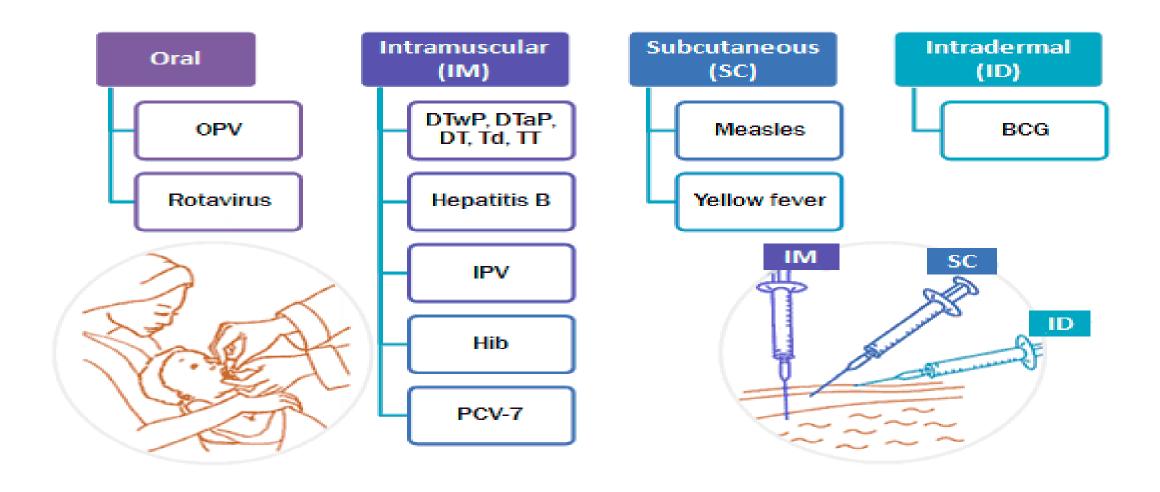
Intradermal (ID) injection

- Administers the vaccine in the topmost layer of the skin.
- BCG is the only vaccine with this route of administration.
- Intradermal injection of BCG vaccine reduces the risk of neurovascular injury.

Oral administration

 Oral administration of vaccine makes immunization easier by eliminating the need for a needle

Routes of Administrating Vaccines

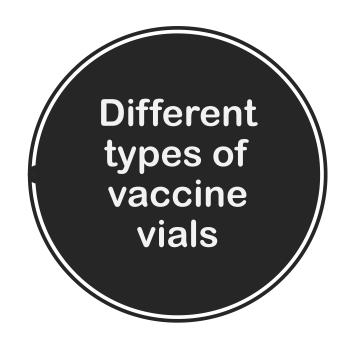






Single-Dose Vials

- A single-dose vial (SDV) contains one dose and should be used one time for one patient.
- SDVs do not contain preservatives to help prevent microorganism growth.





Multidose Vials

- A multidose vial (MDV) contains more than one dose of vaccine.
- MDVs typically contain a preservative to help prevent the growth of microorganisms, they can be entered or punctured more than once.
- Only the number of doses indicated in the manufacturer's package insert should be withdrawn from the vial.
- After the maximum number of doses have been withdrawn, the vial should be discarded, even if there is residual vaccine or the expiration date has not been





Manufacturer-Filled Syringes

- A manufacturer-filled syringe (MFS) is prepared and sealed under sterile conditions by the manufacturer.
- Activate an MFS (i.e., remove the syringe cap or attach the needle) only when ready to use.
- An MFS does not contain a preservative to help prevent the growth of microorganisms.
- Once the sterile seal has been broken, the vaccine should be used or discarded by the end of the workday.

Immunization Schedules



Immunization Schedules

• Each country determines its own immunization schedule and chooses vaccine presentations.

• Health workers should always refer to their national schedules and vaccine handling instructions when providing immunization services.

Vaccination	Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	24 months	4 to 6 years
HepB (protects against hepatitis fi)	1st	21	nd			3	rd			
DTaP (protects against dightheria, tetanus, pertussis)			1st	2nd	3rd		4	th		5th
Hib protects against haemophilus influenzae type b; may be 3 or 4 doses)			1st	2nd	3rd	4	th			
IPV (protects against polio)			1st	2nd		3	rd			4th
RV (protects against rotavirus; may be 2 or 3 doses)			1st	2nd	3rd					
PCV13 (protects against preumococcel disease)			1st	2nd	3rd	4	th			
Flu (protects against influenza)					1	or 2	dose	s eac	h yea	,
MMR (protects against messles, mumps, rubella; if traveling outside the U.S., your baby can get his first dose at 6 months)						1:	st			2nd
Varicella (protects against vericella, also called chickenpos)						1:	st			2nd
HepA (protects against hepatitis A)							and 2			

Diseases and Vaccines

Disease	Name of vaccine	Disease	Name of vaccine	
ТВ	BCG	Meningitis	MCV4	
Hepatitis (A, B)	НерВ, НерА	Measles	MMR	
polio	OPV , IPV	Mumps		
Diphtheria	DT.D	Rubella		
Tetanus	DTaP DT	Chicken box	varicella	
Pertussis	Td	H. Influenza	Hib	
Pneumococcal	PCV	Gastroenteritis	Rota	

National Immunization Schedule

وزارة الصحة Ministry of Health	المملكة العربية السعودية وزارة الصحة
	المحافظه/ المنطقه:
Health Directorate/ Cluster :	الجهة الصحية:
تطعيم	شهادة الن
Health Center/Hospital	مرکز صحہے / مستشفہء
Name:	الاسم:
Date of Birth	تاريخ الميلاد / / هـ الموافق / /
Family/Medical File No.	رقم السجل الطبمي
ID	رقم السجل المدنمي/ الإقامة
HESN Client ID	رقم حصن
Full Address	العنوان كاملاً:
Tel. Home:	هاتف المنزل:
Mobile:	الهاتف الجوال:

National Immunization Schedule



National Immunization Schedule

جدول التطعيمات الوطني

Birth	عند الولادة ٦	2 mc	عمر شهرین nths	4	عمر ٤ شهور months	6 m	عمر ۲ شهور nonths	عمر ۹ شهور 9 months	عمر ۱۲ شهر 12 months	عمر ۱۸ شهر ۱8 months	عمر ۲۶ شهر ۲۶ annths	عمر ۱–٤ سنوات 8-4 4-6	عمر اا سنة 11 years	عمر ۱۲ سنة 12 years	عمر ۱۸ سنة 18 years
						•BCG	• السل						• الثلاثي البكتيري Tdap •		
• HepB	الكبدي ب	• HepB	ئبديب	Hej • الد	pB لكبدي ب	• Hepl	• الكبدي ب								
		• RV	روس الروتا	• RV	غيروس الروتا	• RV	• فيروس الروتا								
		• DTaP	ثلاثي البكتيري	JI• •DTa	الثلاثي البكتيري P	• DTaF	• الثلاثي البكتيري •			• الثلاثي البكتيري DTaP •		• الثلاثي البكتيري DTaP •			
		• Hib	ستديمة النزلية	Hib• الم	لمستديمة النزلية	• Hib	• المستديمة النزلية			• المستديمة النزلية Hib •					
			قديه الرئوية المدمج				• العقديه الرئوية المدمج		• العقدية الرئوية المدمج PCV						
		•IPV (لل أطفال معطر	ம் • IPV	شلل أطفال معطل	• IPV	• شلل أطفال معطل								
						• OPV	• شلل الأطفال الغموي		• شلل الأطغال الغموي OPV •	• شلل الأطفال الغموي OPV •		• شلل الأطفال الغموي OPV •			
								• الحصبة المفردة Measels •							
									• الحمي الشوكية MCV4•						لحمي الشوكية MCV4 •
								الرباعي المدمج	الرباعي المدمج	11 4 1	11 A 1 (1)				باعي المدمج
										• الكبدي أ HepA • الكبدي					
										• الجديري المائي Varicella		• الجديري المائي Varicella		LID\/*	
									- MAMP	- NANAD AUTAU			• فيروس الورم الحليمي*HPV •	•ميروسانورمانحتيمي ١٣٧٠•	
							Influenza		• الثلاثي الغيروسي MMR •	• التلاتي الغيروسي ١٨١٨١٨ •		• الثلاثي الغيروسي MMR •			
							IIIIuciiza								
• *For fer	male only														للإناث فقط
Influenza vac	accine Hilolòlilla rebi	Influenza	vaccine li ilolo illo	shi Influe	aza vaccine الأنفلوانزا	i Influenz	za vaccine lijlolojilla isbī	Influenza vaccine liiloloillo เรคโ	Influenza vaccine li ilolo illo usebi	Influenza vaccine li iloloiไปตารค่า	Influenza vaccine li iloloiill การค	تطعيم الأنفلوانزا Influenza vaccine	Influenza vaccine li iloloilla ushi	Influenza vaccine li iloloi illa usbī	Influenza vaccine li ilo lò ill mus
mideriza va	عصيه الاصوادرا ١١٥٥٥٥	i i i i i i i i i i i i i i i i i i i	ייסות בשניסונו אוויסטוקי	ALL I IIII III	nea vaconio ipignobili agre-	D mildom	الافعوارات المعاددة	וווושם אביים אוני פווווים אונים ווווים אינים	minderiza raconite ipigizasi jagazza	I I I I I I I I I I I I I I I I I I I	ייים און מייים	וווווווווווווווווווווווווווווווווווווו	الاعتوارا السعوارا السعوالي	ווושפונקו אווושפונקו	ווניפניניון איייסיייטיייטיייטיייטיייטיייטיייטיייטייי

National Immunization Schedule



National Immunization Schedule

جدول التطعيمات الوطنمي للكبار

	Tdap or Td ² الثلاثي البكتيري		MMR ⁴	Varicella ⁵	Herpes	HPV ⁷		ococcal المكورات الع		MCV4 ¹¹	Other	
vaccine* التطعيم	Influenza ¹ الانفلوانزا	Adults ² للكبار	Pregnants ³ للحوامل	۱۳۳۳۰۰۰۰ الثلاثي الفيروسي	الجديري المائي	Zoster ⁶ الحلأ النطاقي	فيروس الورم الحليمي	8 PPSV23 المكورة الرئوية المتعدد	PCV ⁹ العقديه الرئويه المدمج	Hep B ¹⁰ الكبدي ب	الحمي الشوكية الرباعي المدمج	Vaccinations تطعیمات اخري
Date and Signture												
Date and Signture												
Date and Signture												
Date and Signture												
Date and Signture												

Timing/Indication

- 1. 1 dose annually
- 2. 1 dose TdaP then Td booster every 10 years.
- 3. Pregnant women (For each pregnancy between 27 & 36 Weeks).
- For unvaccinated individuals, premarital and post natal women if no evidence of immunity or prior disease (1 or 2 doses depend on indication).
- 5. If no evidence of immunity or prior disease (2 doses 8 weeks apart)
- 6. 2 doses 2-6 m apart for adult age 50 years or older
- 7. 3 doses (0,1-2,and 6m) from the first dose catch up immunization for female age 15-26 years
- 8. 1 dose adults aged 65 years or older (1 year after PCV 13 dose) from the first dose.
- 9. 1 dose adults with comrobid/immunocompromised condtions and adults aged 65 years or older.
- 10. 3 doses (0,1m and 6m) if no previous immunization or no evidence of immunity.
- 11. 1 dose depending on indication, then booster every 5 years if risk remains.

الوقت/ دواعي الاستعمال

- جرعة واحدة سنوياً.
- جرعة واحده ثم جرعة منشطة كل ١٠ سنوات.
- ۳. للحوامل جرعة مع كل حمل جديد (في الفترة مابين الأسبوع ۲۷ إلى ۳۱).
- اذا لم تكن هناك مناعة مؤكدة أو مرض سابق جرعة و احدة أو اثنتان تبعاً للحالة تطعيم السيدات قبل النواح معج العلادة.
 - إذا لم تكن هناك مناعة مؤكدة أو مرض سابق جرعتان بينهما ٨ أسابيع.
 - جرعتان بینهما ۲–۲ أشهر لعمر ۵۰ سنة أو أكبر.
- ٧. ثلاث جرعات للنساء عمر ١٥−٢ سنة الجرعة الثانية بعد شهرين من أول جرعة و الجرعة الثالثة بعد ٦ أشهر من الجرعة الاولى.
 - ٨. جرعة واحدة للكبار من عمر ٦٥ أو أكبر بعد جرعة البكتريا العقدية الرثوية بعام واحد.
 - 9. جرعة واحدة لمنقوصى المناعة أو أصحاب الأمراض المزمنة المصاحبة و أيضا لعمر ٦٥ سنة أو أكبر.
- · ا. ثلاث جرعات إذا لم يكن هناك مناعة مؤكدة أو تطعيم سابق الجرعة الثانية بعد شهر من الجرعة الأولى و الجرعة الثالثة بعد ٦ أشهر.
 - II. جرعة واحدة حسب الحالة ثم جرعة منشطة كل ٥ سنوات.

Vaccines (1)

Disease	Vaccine	Dose / Rout of administration	Timing	Side effects
Tuberculosis	Bacille Calmette-Guérin (BCG)	0.05 ml Intradermal	At 6 months	Severe: generalized disease or infections such as osteomyelitis (bone infection); abscess; regional lymphadenitis (lymph node inflammation) Mild: injection site reactions
Hepatitis B	(HepB) Pentavalent → with Diphtheria, tetanus, pertussis, and Haemophilus influenzae type b Quadrivalent → DTP+HepB	0.5 ml Intramuscularly	At birth 2, 4, 6 months	Severe: rare anaphylaxis Mild: injection site reactions (pain, redness, swelling); headache; fever

Vaccines (2)

Disease	Vaccine	Dose / Rout of administration	Timing	Side effects
Diphtheria	(DT/dT) with tetanus (DTP) with tetanus and pertussis Pentavalent → with tetanus, pertussis, hepatitis B and Haemophilus influenzae type b	0.5 ml Intramuscularly	2, 4, 6, 18 months and 4-6 years	Severe adverse events due to diphtheria toxoid alone have not been reported Mild: injection site reactions, fever
Pertussis	(DTP) with tetanus and diphtheria Pentavalent → with tetanus, diphtheria, hepatitis B and Haemophilus influenzae type b	0.5 ml Intramuscularly	2, 4, 6, 18 months and 4-6 years	Severe: rare anaphylaxis, hypotonic— hyporesponsive episodes (loss of muscle tone and responsiveness/consciou sness); febrile seizures; prolonged crying Mild: injection site reactions (pain, redness, swelling); fever and agitation

Vaccines (3)

Disease	Vaccine	Dose / Rout of administration	Timing	Side effects
Tetanus	TT (DT/dT) with diphtheria (DTP) with diphtheria and pertussis Pentavalent → with diphtheria, pertussis, hepatitis B and Haemophilus influenzae type b	0.5 ml Intramuscularly	2, 4, 6, 18 months and 4-6 years	Severe: rare anaphylaxis, brachial neuritis Mild: injection site reactions and fever
Haemophilus influenzae type b (Hib)	Hib Pentavalent → with diphtheria, tetanus, pertussis and hepatitis B	0.5 ml Intramuscularly	2, 4, 6, 18 months	Severe: none reported to date Mild: injection site reactions, fever
Measles	Measles only (M) (MR) → with rubella (MM, MMR) → with mumps/ rubella (MMRV) → with varicella	0.5 ml Subcutaneous	9, 12, 18 months and 4-6 years	Severe: thrombocytopenia, anaphylaxis, encephalitis Mild: fever, rash 5–12 days following administration

Vaccines (4)

Disease	Vaccine	Dose / Rout of administration	Timing	Side effects
Mumps	(MMR)	0.5 ml Subcutaneous	12, 18 months and 4-6 years	Serious: aseptic meningitis (with some strains); orchitis (inflammation of the testicles); sensorineural deafness; acute myositis Mild: injection site reactions; parotid swelling
Rubella	(MR) → with Measles(MMR) → with mumps/ measles	0.5 ml Subcutaneous	12, 18 months and 4-6 years	Mild: injection site reactions
Meningococcal disease	Meningococcal quadrivalent conjugate [A,C,W135,Y-D]	0.5 ml Intramuscular	9 and 12 Months	Severe: rare anaphylaxis • Mild: injection site reaction, fever

Vaccines (5)

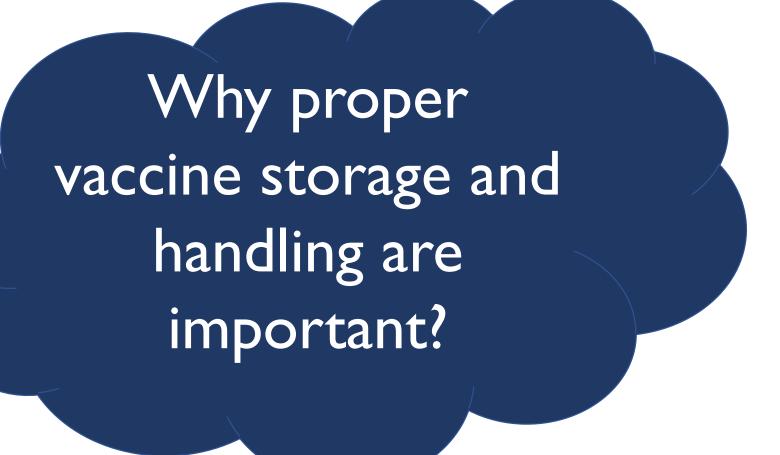
Disease	Vaccine	Dose / Rout of administration	Timing	Side effects
Pneumococcal disease	PCVs	0.5 ml Intramuscular	2, 4, 6 and 12 months	Severe: none known Mild: injection site reactions and fever
Poliomyelitis	OPV IPV	OPV → 2 drops orally IPV → 0.5 ml intramuscularly	2, 4, 6, 12,18 months and 4-6 years	OPV – Rare vaccine- associated paralytic polio (VAPP) IPV – No known serious reactions; mild injection site reactions do occur
Rotavirus gastroenteritis	RV → Monovalent RV, Rotarix	1.5 ml of liquid Oral	2 and 4 months	Severe: intussusception Mild: irritability, runny nose, ear infection, diarrhoea, vomiting

Vaccine Safety and Efficacy



As an immunization provider, you play a key role in helping to ensure the safety and efficacy of vaccines through proper:

- Vaccine storage and handling
- Vaccine administration
- Timing and spacing of vaccine doses
- Observation of precautions and contraindications
- Management of vaccine side effects
- Reporting of suspected side effects
- Communication about vaccine benefits and risks

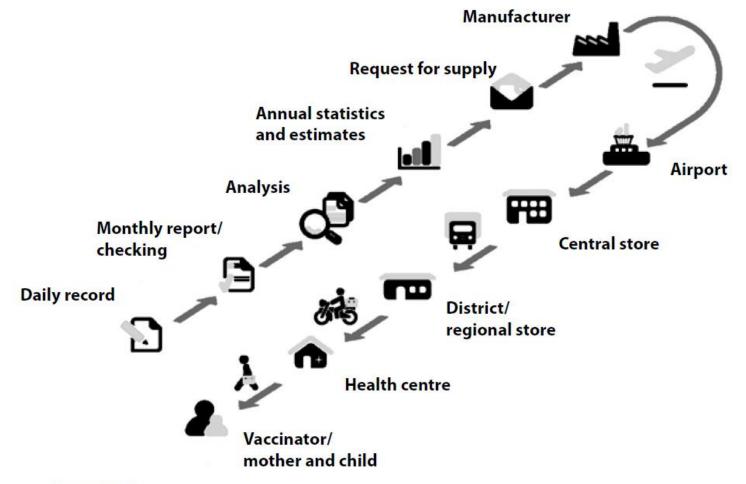




Proper storage and handling begin with an effective

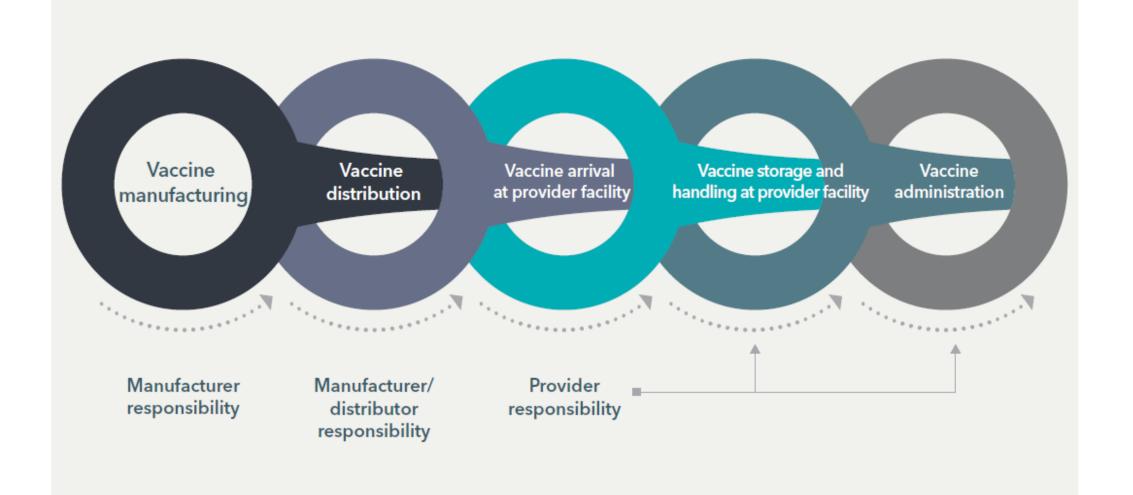
vaccine cold chain

Figure 2.1 The cold chain



Source: PATH/WHO

Cold Chain Flowchart



Cold Chain

• A temperature-controlled supply chain that includes all vaccinerelated equipment and procedures.

• It begins with the <u>cold storage unit</u> at the manufacturing plant, extends to the transport and delivery of the vaccine and correct storage at the provider facility, and ends with administration of the vaccine to the patient.

Cold Chain

 Vaccines are sensitive biological products. Some vaccines are sensitive to freezing, some to heat and others to light. If not maintained, vaccine potency may be lost, resulting in a useless vaccine supply.

• <u>Potency is reduced</u> every time a vaccine is exposed to an improper condition. (This includes overexposure to heat, cold, or light at any step in the cold chain). Once lost, potency cannot be restored.

Cold Chain

• Vaccines that are as sensitive to light as they are to heat include BCG, measles, measles-rubella, measles-mumps-rubella and rubella.

• These vaccines are often supplied in dark glass vials that give them some protection from light damage; but they should be kept in their secondary packaging for as long as possible to protect them during storage and transportation.

Vaccine Storage

Figure 2.4 Freeze sensitive vaccines

DO NOT FREEZE THESE VACCINES!!!

- Cholera
- DTaP-hepatitis B-Hib-IPV (hexavalent)
- DTwP or DTwP-hepatitis B-Hib (pentavalent)
- Hepatitis B (Hep B)
- Hib (liquid)
- Human papillomavirus (HPV)
- Inactivated poliovirus (IPV)
- Influenza
- Pneumococcal
- Rotavirus (liquid and freeze-dried)
- Tetanus, DT, Td

Purpose of the vaccine "cold chain"

To maintain **product quality** from the time of manufacture until the point of administration by ensuring that vaccines are stored and transported within WHO-recommended temperature ranges.

Vaccine Storage

- Carefully select and use the proper vaccine storage units to store vaccines.
- Rotate vaccine stock so the oldest vaccines are used first.
- Store vaccines in their original packaging with lids closed until ready for administration.
- Have a properly calibrated thermometer or temperature recording device inside each storage compartment.
- Check and record storage unit minimum and maximum temperatures at the start of each workday.

Refrigerator and Freezer Recommendations

- There are several types of vaccine storage units available.
- Purpose-built units are specifically designed to store vaccines.

Figure 2.19 Vaccine and diluent arrangement in a front-opening domestic, gas or kerosene vaccine refrigerator Freezer compartment OPV & freeze-dried (if provided) vaccines with diluents Store ice packs upright on top shelf (BCG, to avoid leaks measles, MMR, JE, YF, meningoccocal A and any Ice pack storage: vaccines not freeze-Frozen on left sensitive) Unfrozen on right 30-day refrigerator logger or freeze indicator and thermometer Freeze-sensitive vaccines on middle shelf NEVER store vaccines in Closer expiry date at front door shelves USE FIRST: Box containing vaccines

Diluents on bottom shelf, clearly marked

with darker VVMs and box containing opened vials

Unfrozen icepacks below bottom shelf to stabilise

temperature

Refrigerator and Freezer Recommendations

 Place water bottles on the top shelf and floor and in the door racks.

 Putting water bottles in the unit can help maintain stable temperatures caused by frequently opening and closing unit doors or a power failure.



Refrigerator and Freezer Recommendations



Vaccine Storage Units: Refrigerator and Freezer Recommendations

- Every vaccine storage unit must have a Temperature monitoring devices (TMD).
- An accurate temperature history that reflects actual vaccine temperatures is critical for protecting your vaccines
- There are several types of (TMD)

Figure 2.12 30-day electronic temperature loggers





FridgeTag2™ with USB

LogTag® temperature recorder

Vaccine Organizing and Storing

To confirm vaccines are stored correctly and to minimize the risk of administration errors, implement the following practices:

- Store each type of vaccine or diluent in its original packaging and in a separate container.
- Position vaccines and diluents two to three inches from the unit walls, ceiling, floor, and door.
- Whenever possible, store diluent with the corresponding refrigerated vaccine. Never store diluent in a freezer.

Vaccine Organizing and Storing

- Avoid placing or storing any items other than vaccines, diluents, and water bottles inside storage units.
 - If other medications and biological products must be stored in the same unit as vaccines, they must be clearly marked and stored in separate containers or bins from vaccines.
 - Potentially contaminated items (e.g., blood, urine, stool) should be properly contained and stored below vaccines due to risk of contamination from drips or leaks.

• Arrange vaccines and diluents in rows and allow space between them to promote air circulation.

