

Lymphoma

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Objectives

- Introduction of some important terminologies.
- Know the major subtypes of lymphoma.
- Know the typical presentation of the major subtypes.

Lymphomas



Not only they all look the same but also...



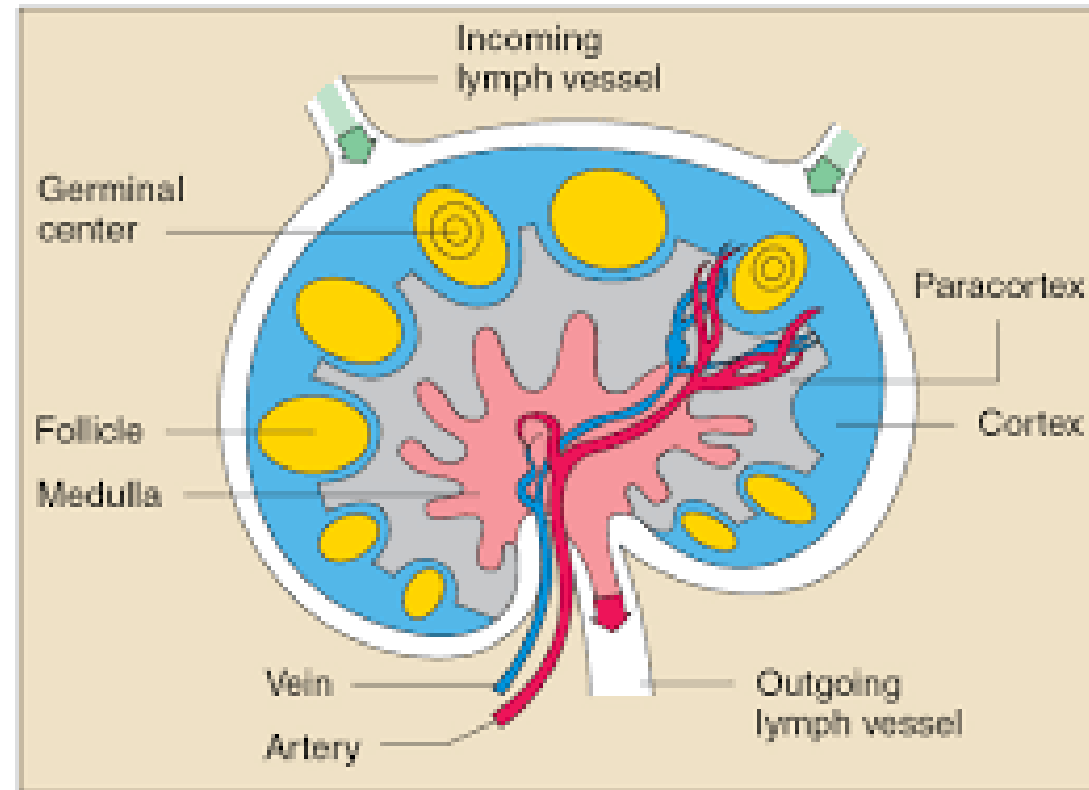
Table 21-3 2008 World Health Organization classification of B-cell and T-cell neoplasms

B-cell neoplasms	T-cell neoplasms
Precursor B-cell neoplasms*	Precursor T-cell neoplasms*
B-lymphoblastic leukemia/lymphoma NOS	T-lymphoblastic leukemia/lymphoma
B-lymphoblastic leukemia/lymphoma with recurrent genetic abnormalities	
Mature B-cell neoplasms	Mature T-cell neoplasms
Aggressive lymphomas	Leukemic or disseminated
Diffuse large B-cell lymphoma: variants, subgroups, and subtypes/entities	T-cell large granular lymphocytic leukemia [†]
Diffuse large B-cell lymphoma, NOS	Chronic lymphoproliferative disorders of NK cells [†]
Common morphologic variants: centroblastic, immunoblastic, anaplastic	T-cell prolymphocytic leukemia [†]
Rare morphologic variants	Aggressive NK-cell leukemia
Molecular subgroups: germinal center B-cell like (GCB) and activated B-cell like (ABC)	Adult T-cell leukemia/lymphoma
Immunohistochemical subgroups: CD5 ⁺ DLBCL, GCB, and non-GCB	Systemic EBV-positive T-cell lymphoproliferative disorders of childhood
Diffuse large B-cell lymphoma subtypes	Extranodal
T-cell/histiocyte-rich large B-cell lymphoma	Extranodal NK/T-cell lymphoma, nasal type
Primary DLBCL of the CNS	Enteropathy-type T-cell lymphoma
Primary cutaneous DLBCL, leg type	Hepatoerythroid T-cell lymphoma
EBV-positive DLBCL of the elderly	
Other lymphomas of large B cells	Cutaneous
Primary mediastinal large B-cell lymphoma	Mycosis fungoides [†]
Intravascular large B-cell lymphoma	Sézary syndrome [†]
DLBCL associated with chronic inflammation	Primary cutaneous CD30 ⁺ T-cell lymphoproliferative disorder [†]
Immunodeficiency-associated lymphoma	Primary cutaneous CD4 ⁺ small/medium T-cell lymphoma [†]
Lymphomatoid granulomatosis	Primary cutaneous anaplastic large cell lymphoma
ALK-positive large B-cell lymphoma	Lymphomatoid papulosis
Plasmablastic lymphoma	Subcutaneous panniculitis-like T-cell lymphoma
Large B-cell lymphoma arising in HIV-8-associated multicentric Castleman disease	Primary cutaneous γδ T-cell lymphoma
Primary effusion lymphoma	Primary cutaneous CD8 ⁺ aggressive epidermotropic cytotoxic T-cell lymphoma
B-cell lymphoma, unclassifiable, with features intermediate between DLBCL and Burkitt lymphoma	Hydrus vacciniiformis-like lymphoma
B-cell lymphoma, unclassifiable, with features intermediate between DLBCL and classical Hodgkin lymphoma	
Burkitt lymphoma	Nodal
Mantle cell lymphoma	Peripheral T-cell lymphoma, NOS
	Angioimmunoblastic T-cell lymphoma
Indolent lymphomas	Anaplastic large-cell lymphoma, ALK positive
Follicular lymphoma	Anaplastic large-cell lymphoma, ALK negative
Primary cutaneous follicle center lymphoma	
Extranodal marginal zone lymphoma of mucosa-associated lymphoid tissue (MALT)	
Nodal marginal zone lymphoma	
Splenic marginal zone lymphoma	
Splenic B-cell lymphoma/leukemia, unclassifiable	
Lymphoplasmacytic lymphoma	
Heavy chain disease	
Plasma cell neoplasms	
CLL/SLL	
B-cell prolymphocytic leukemia	
Hairy cell leukemia	

765 types!!!

CLL = chronic lymphocytic leukemia; CNS = central nervous system; DLBCL = diffuse large B-cell lymphoma; HIV-8 = human herpesvirus 8; NK = natural killer; NOS = not otherwise specified; SLL = small lymphocytic lymphoma.
 * All precursor neoplasms are considered aggressive.
 † Indolent T-cell neoplasms, all other T-cell neoplasms are considered aggressive.

Lymph node structure



How do we classify lymphomas?

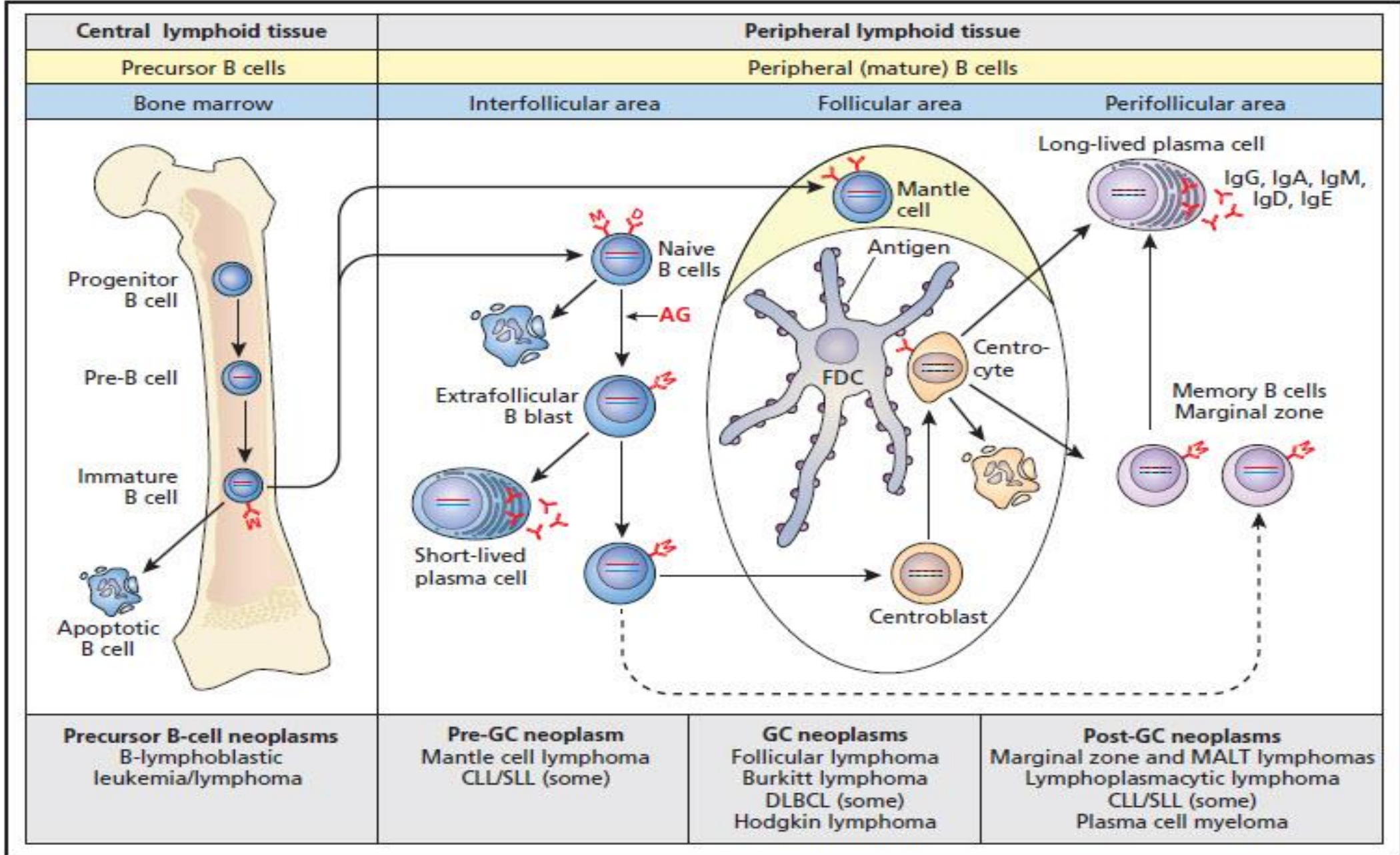
- Knowledge of B- and T-cell development is important
- Lymphomas are derived from their normal B- and T-cell counterparts

B-cell development

- Lymphocytes are derived from hematopoietic stem cells in the bone marrow.
- B-cell maturation occurs in the bone marrow.
- Begins with recombination of the *V*, *D*, *J* gene segments of the immunoglobulin heavy chain (IgH) followed by the light chain
- To generate a functional immunoglobulin that is expressed on the cell surface as B-cell receptor (BCR).

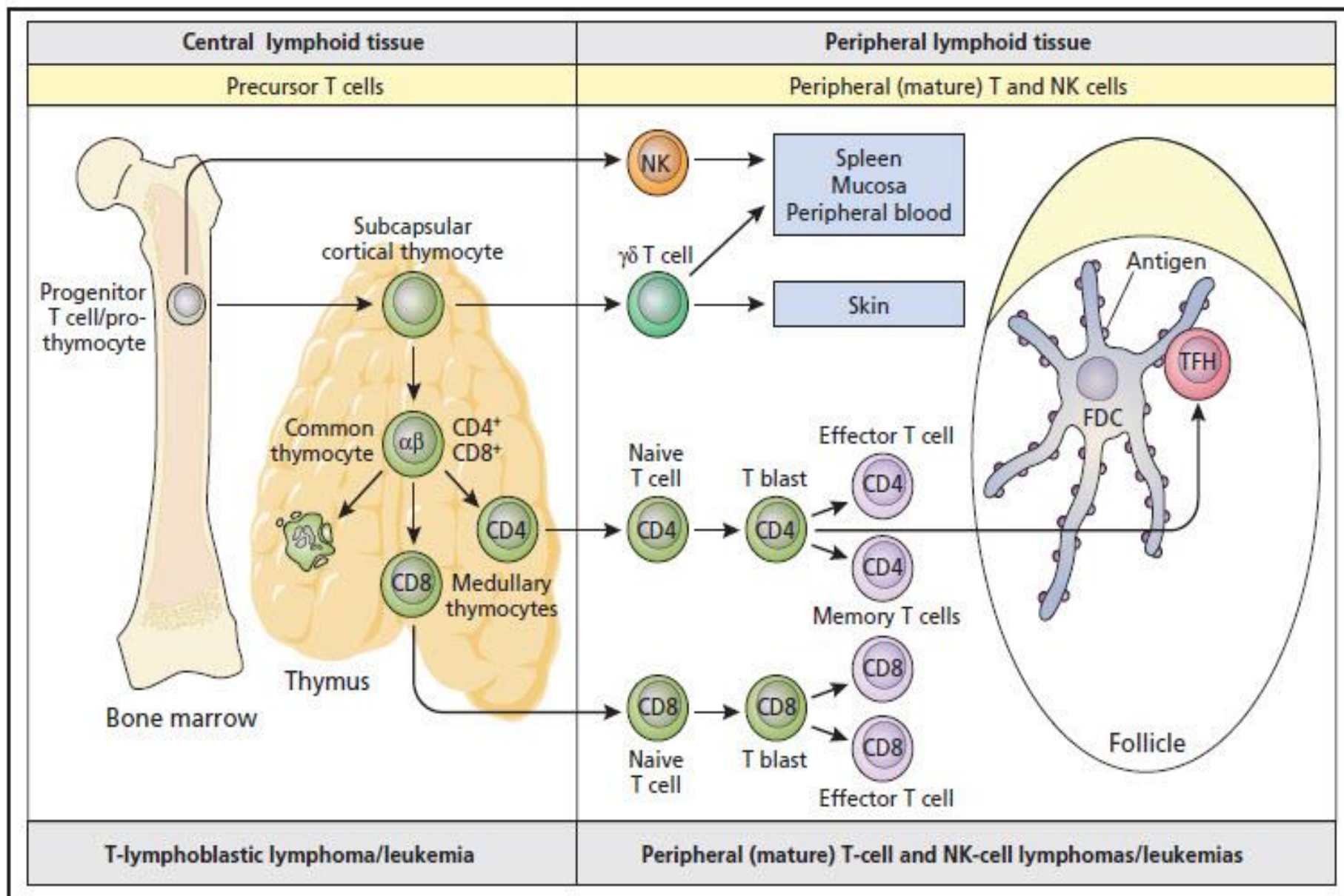
B-cell development

- The primary function of B-cells is to produce a vast diversity of immunoglobulins.
- Diversity come from **random** *V*, *D*, and *J* rearrangements.
- Rearrangement results in expression of IgM and IgD on the surface mature B-cells that exit the marrow.
- These are mature but (naïve B-cells).
- Then they get exposed to antigen in the germinal centers of secondary lymphoid organs:
 - such as lymph nodes
 - mucosa associated lymphoid tissue (MALT)
 - or the spleen
- Here, somatic hypermutation occurs in the *V* genes of the heavy and light chains:
 - Multiple antibodies with different affinity to the antigen.
 - Those with good affinity differentiate to memory B-cells or plasma cells.
 - The others undergo apoptosis.
- Finally, class switching occurs in the germinal center and involves changing the heavy chain to produce IgG, IgA, or IgE.



T-cell development

- In contrast to B-cell, T-cell exit the marrow and develop in the thymus.
- Similar to B cells, each T cell recognizes a specific antigen, but through a T-cell receptor (TCR) rather than BCR.
- Similar to BCRs, diversity of TCRs is generated through recombination of *V*, *D*, and *J* gene segments of the four TCR genes, *alpha* (α), *beta* (β), *gamma* (γ) and *delta* (δ).
- Mature T-cells express either $\alpha\beta$ TCR or $\gamma\delta$ TCR.

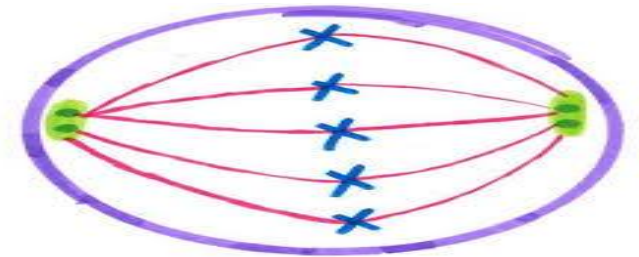


Cytogenetic techniques

- Cytogenetic techniques:
 - Conventional cytogenetic
 - FISH
- Molecular:
 - PCR

Conventional cytogenetics

- Metaphase **cytogenetics** = chromosomal analysis = Conventional cytogenetic techniques = karyotyping
 - Numeric chromosomal abnormalities (too many or too few chromosomes)
 - Deletion
 - Translocation.
- Bone marrow or tissue → maintained in culture → exposed to a mitotic inhibitor → blocks formation of the spindle → arrests cell division at the metaphase stage.
- Thus, cytogenetic studies require dividing cells.



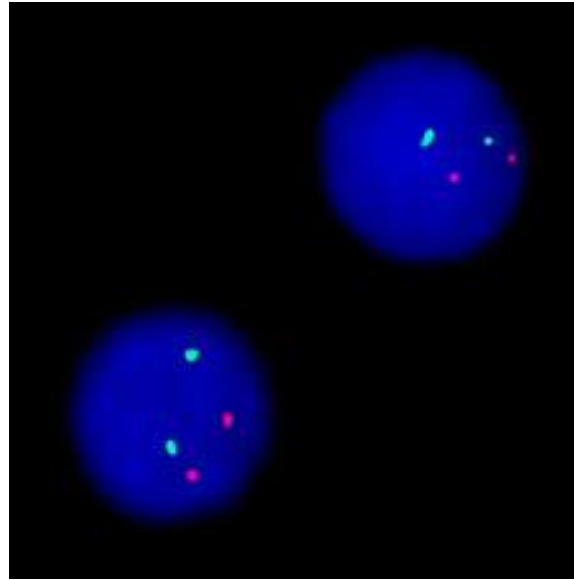
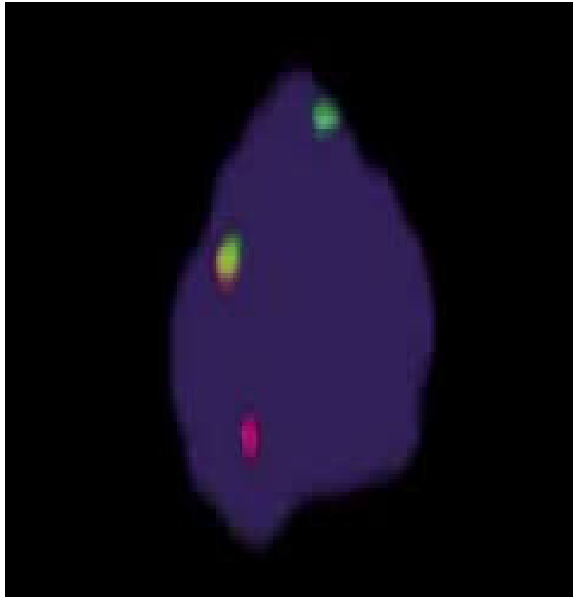
Limitations

- Require active cell division.
- Insensitive to submicroscopic abnormalities
- Small number of cells are analyzed

Fluorescence in situ hybridization (FISH)

- A specific single-stranded DNA probe corresponding to a gene or chromosomal region of interest is labeled for fluorescent detection.
- Probes are then incubated with the sample and examined by microscopy.

FISH

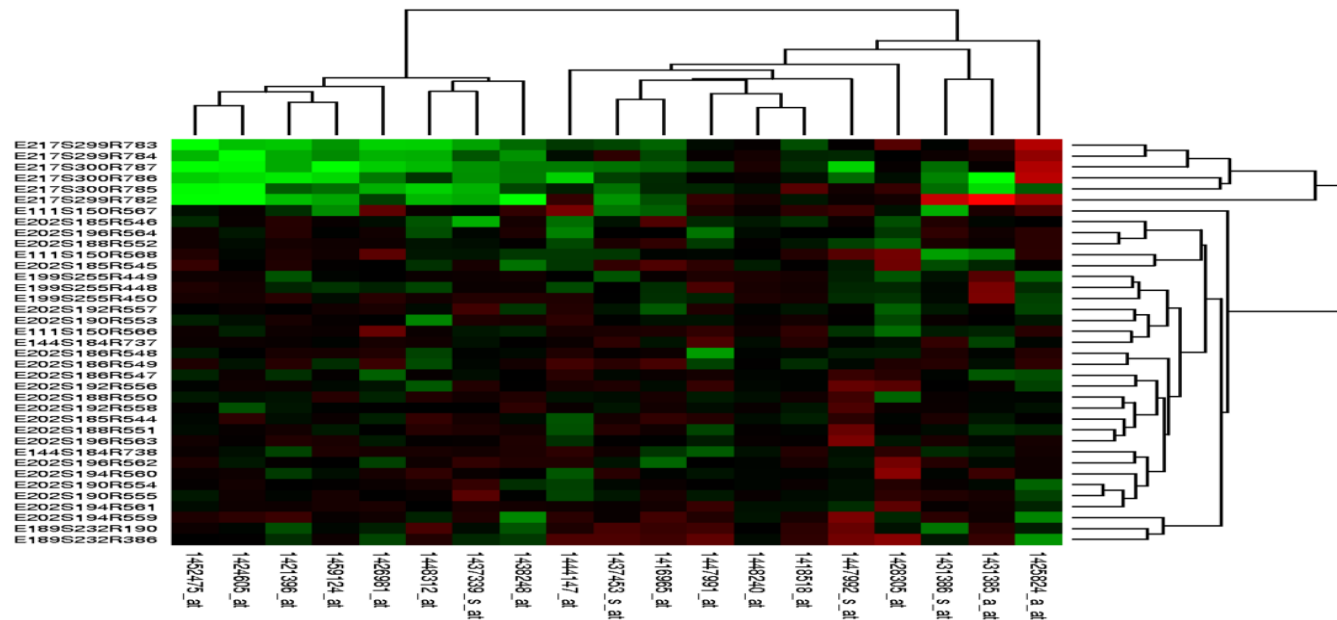


FISH

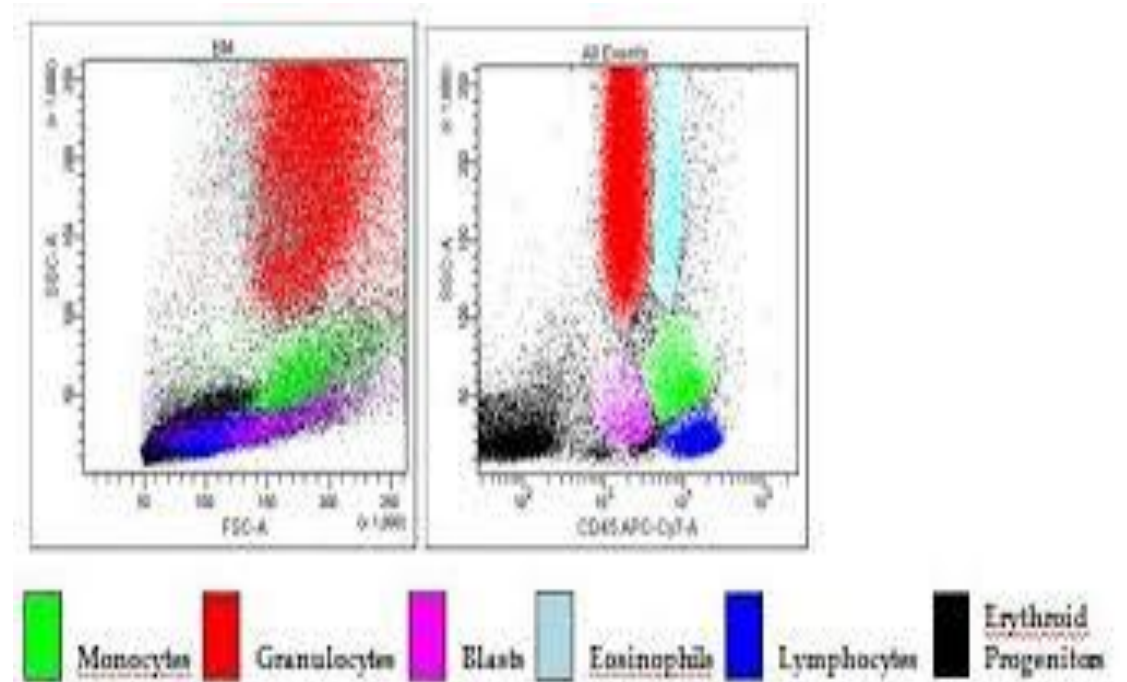
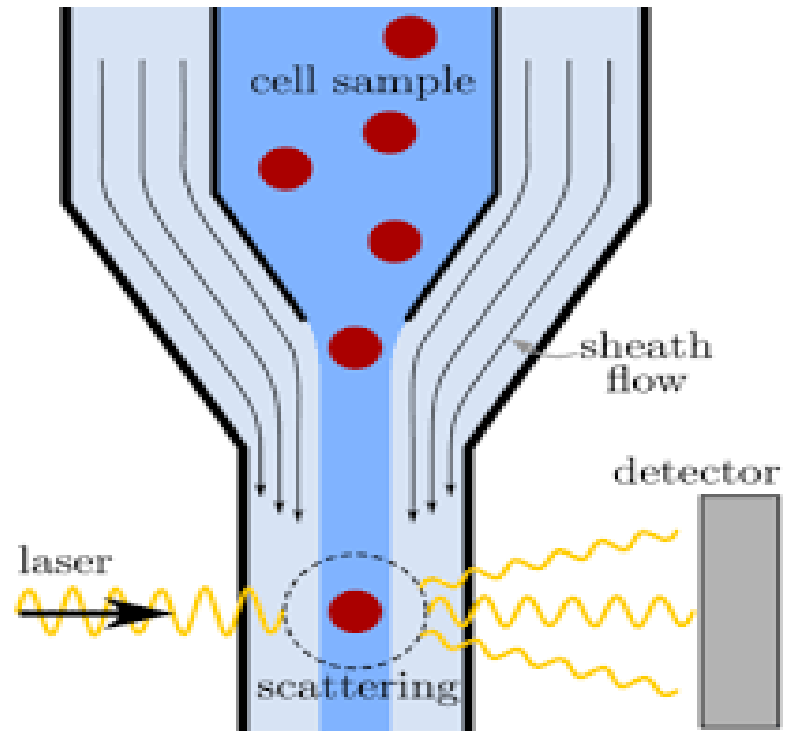
- Abnormalities can be seen in non-dividing cells (interphase nuclei)
- Peripheral blood slides can be directly processed.
- Specific molecular abnormalities
- More sensitive than conventional cytogenetic.

RNA expression arrays

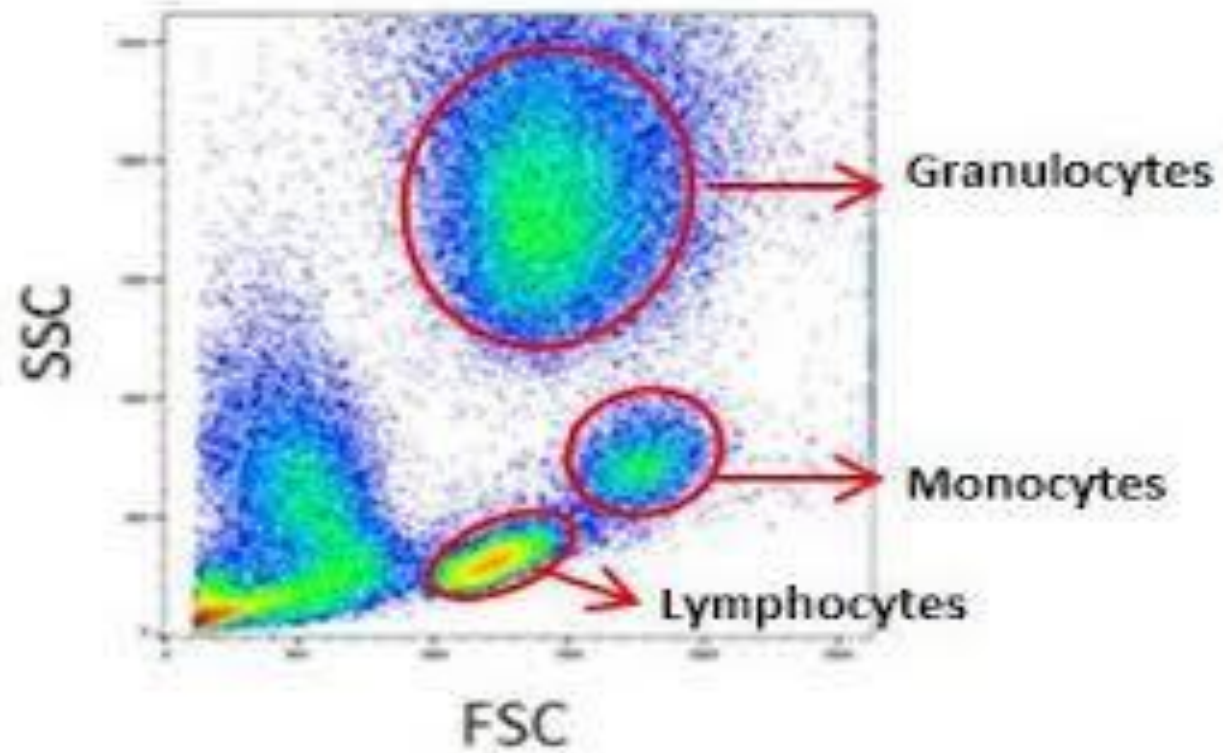
- Characterization of the gene expression patterns within the cells of interest
- Referred to as a **gene expression profile (GEP)**



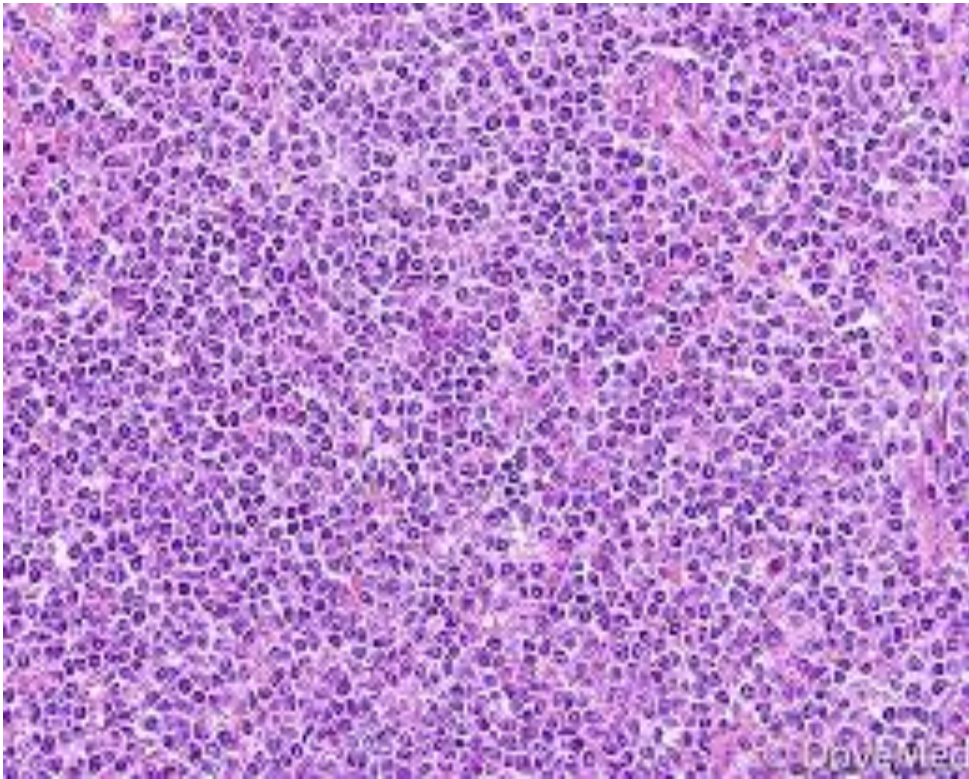
Flow cytometry



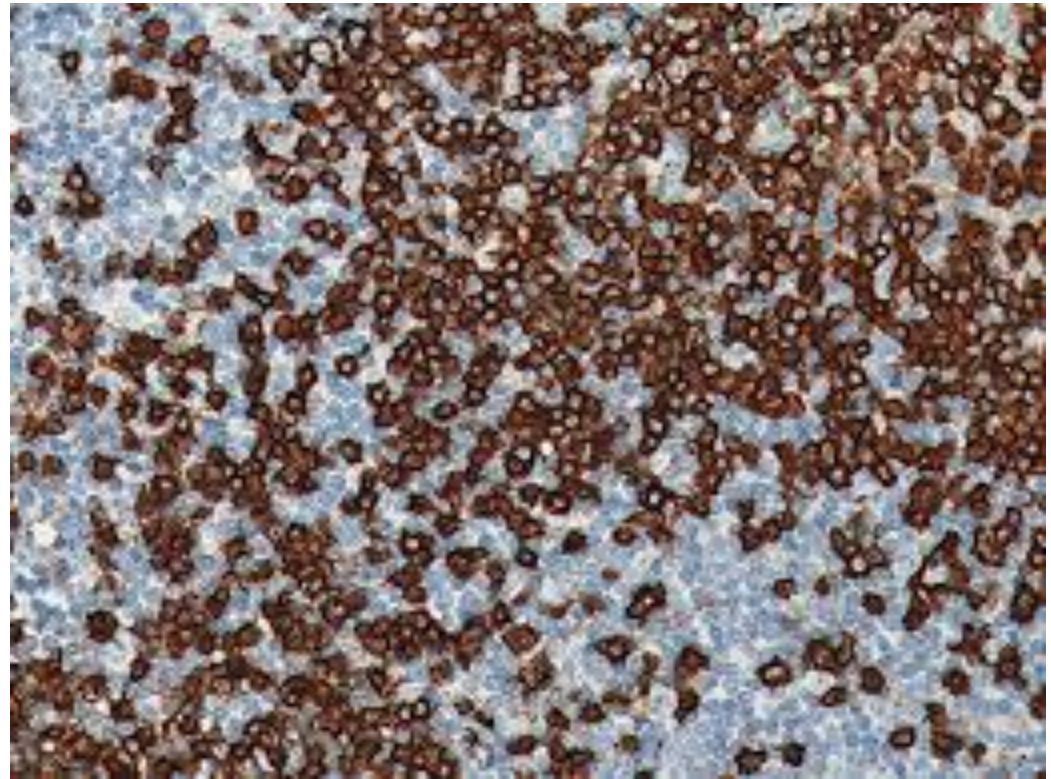
Forward vs side scattered



Morphology



Immunohistochemistry



Lymphomas

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graph TD; A[Lymphomas] --> B[Hodgkin lymphoma 15-20%]; A --> C[Non-Hodgkin lymphoma 80-85%];
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Hodgkin
lymphoma
15-20%

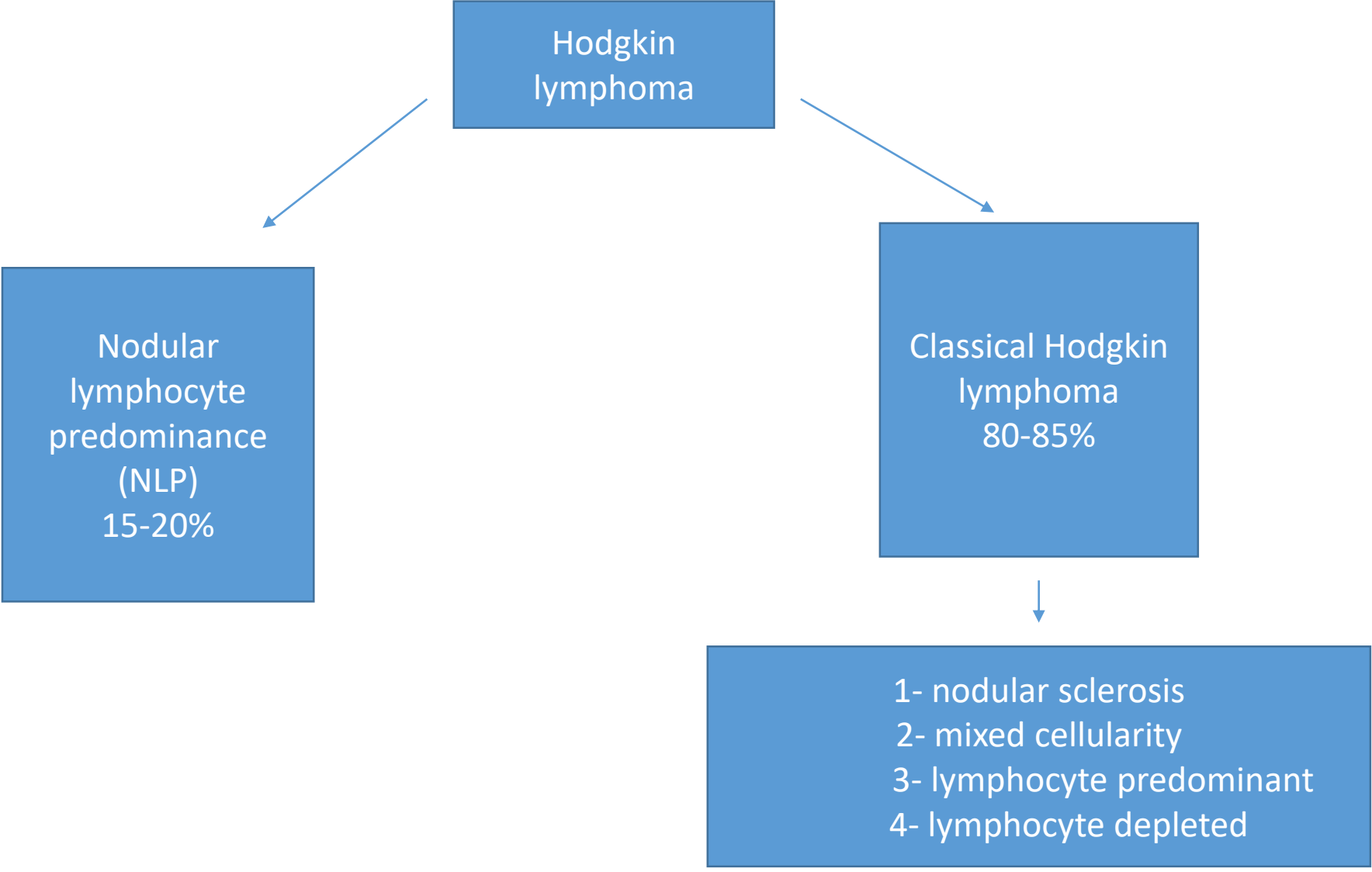
Non-Hodgkin
lymphoma
80-85%

Hodgkin
lymphoma

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graph TD; A[Hodgkin lymphoma] --> B["Nodular lymphocyte predominance (NLP) 15-20%"]; A --> C["Classical Hodgkin lymphoma 80-85%"];
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Nodular
lymphocyte
predominance
(NLP)
15-20%

Classical Hodgkin
lymphoma
80-85%

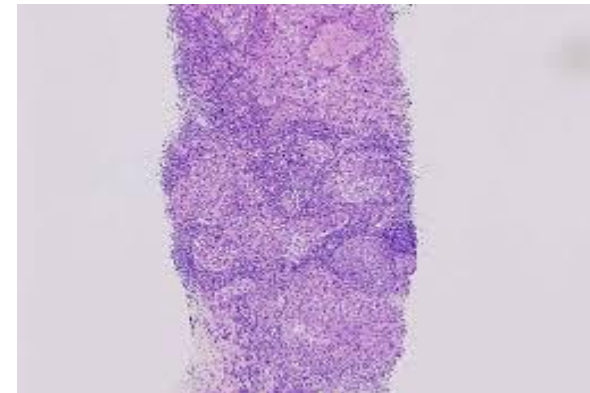
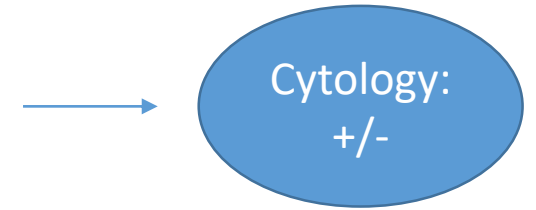
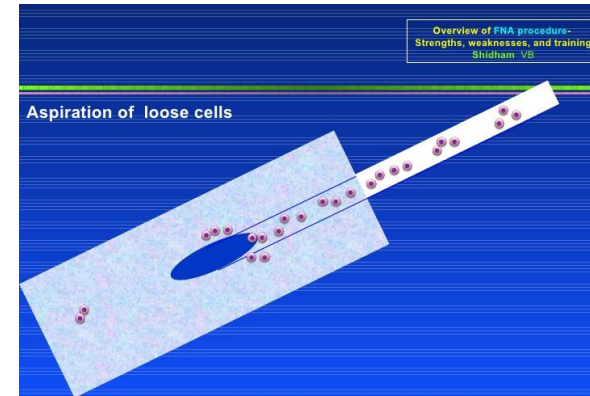
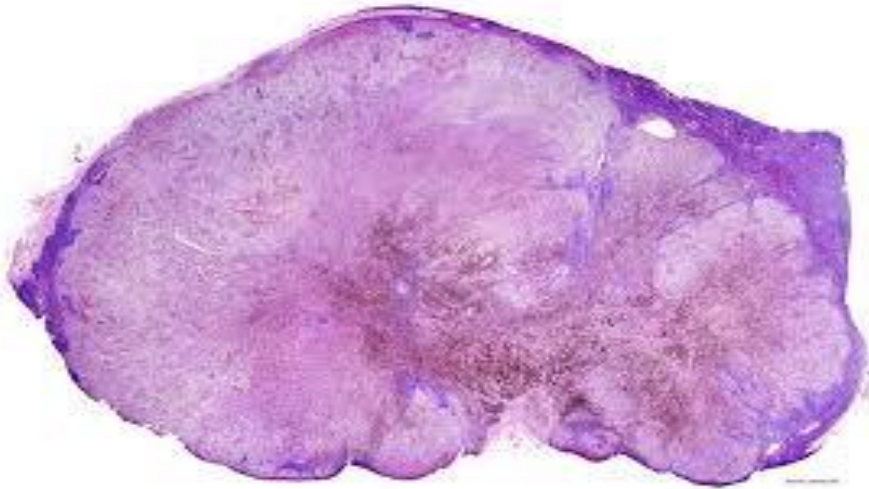


How to diagnose lymphomas?

- A tissue biopsy!

Types of LN biopsies

- FNA: Looks at cells not tissues.
- Incisional (tissue of lymph node)
- Excisional (whole lymph node out)



How to stage lymphoma?

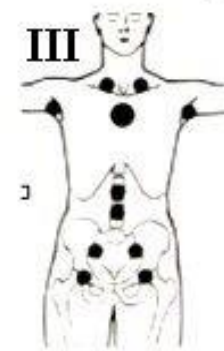
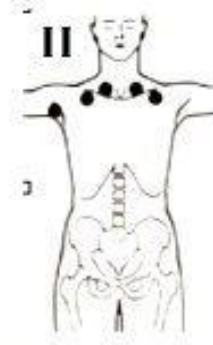
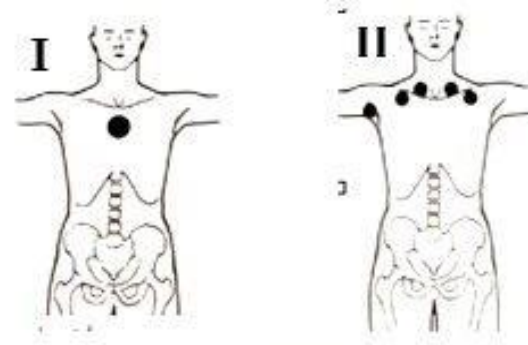
- CT scan: neck, chest abdo and pelvis.
- PET scan: in curable lymphomas:
 - Hodgkin lymphoma.
 - Aggressive NHL: DLBCL, Peripheral T-cell lymphoma.
 - Less role in indolent lymphomas.
- Bone marrow biopsy:
 - No need in PET staged Hodgkin.
 - We still do it in all NHL although the role in DLBCL is fading out of favor.
- Investigations:
 - CBCD, LDH, LFTs, Hepatitis serology (Hb C, Hb B core and surface antigen, HIV)
 - Quantitative immunoglobulins

Ann Arbor Staging

- I Single LN region
- II One side of diaphragm
- III Both sides of diaphragm
- IV Disseminated

- A No systemic symptoms
- B Fever, night sweats, weight loss

- E Extralymphatic site
- S Splenic disease



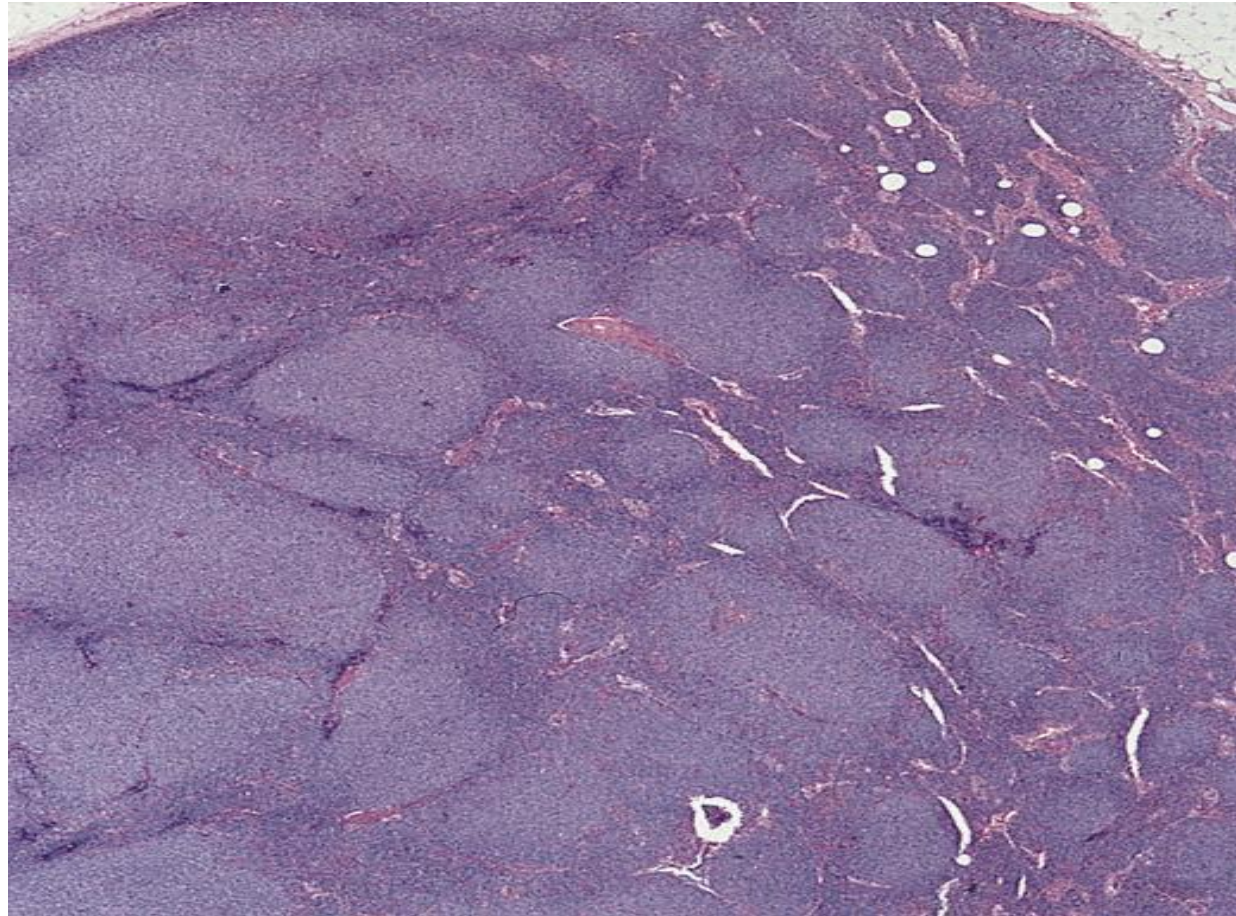
B-cell types

Indolent (kills in yrs)	Aggressive (kills in months-weeks)	Highly aggressive (kills in days to weeks)
Follicular lymphoma (FL) Lymphoplasmacytic lymphoma (LPL) Marginal zone lymphoma (MZL): <ul style="list-style-type: none">- Nodal MZL- Extra nodal MZL Small lymphocytic lymphoma (SLL)/CLL Hairy cell leukemia (HCL) Mantle cell lymphoma	Diffuse large B-cell lymphoma (DLBCL) Mantle cell lymphoma High grade B-cell lymphoma (previously called Burkitt's like)	Burkitt's lymphoma (BL) B-Lymphoblastic lymphoma (LBL)

T-cell types

Indolent	Aggressive	Highly aggressive
<p>T-cell large granular lymphocytic leukemia (T-LGL)</p> <p>Mycosis Fungoides</p> <p>Primary cutaneous types</p>	<p>PTCL</p> <p>Angioimmunoblastic T-cell lymphoma (AITCL)</p> <p>Anaplastic T-cell lymphoma:</p> <ul style="list-style-type: none">- ALK negative (bad prognosis)- ALK + (good prognosis) <p>Aggressive NK-cell leukemia</p> <p>Extranodal NK/T-cell lymphoma, nasal type</p> <p>Enteropathy associated T-cell lymphoma (celiac)</p> <p>Adult T-cell leukemia/lymphoma (ATLL)</p> <p>Hepatosplenic T-cell lymphoma</p> <p>Sezary syndrome</p>	<p>T-Lymphoblastic lymphoma (LBL)</p>

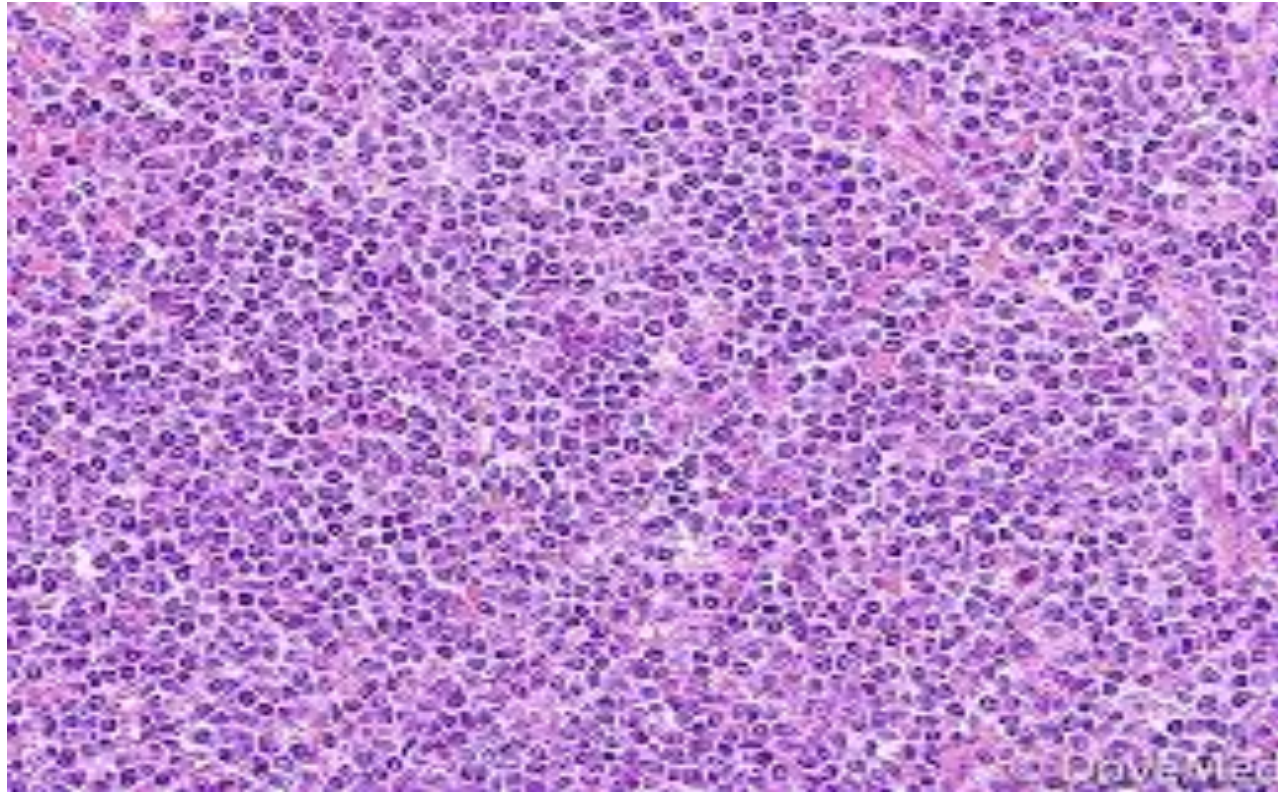
Follicular lymphoma



Follicular lymphoma

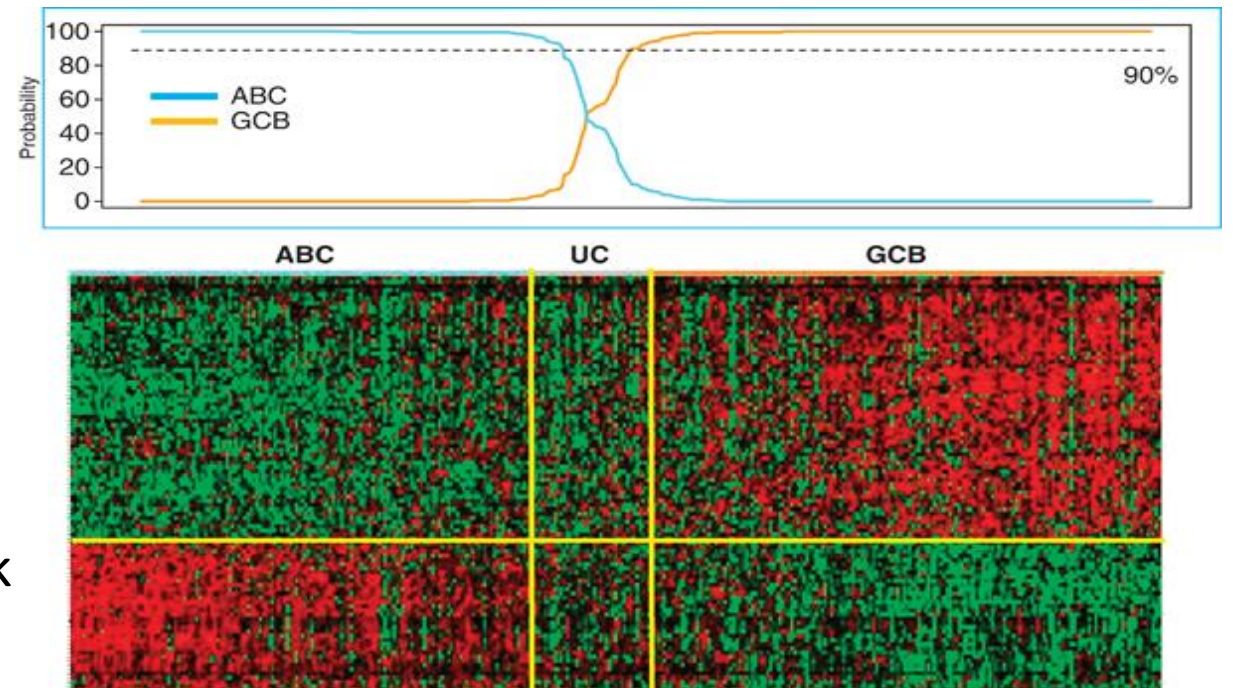
- Germinal center lymphoma (+ CD10, BCL6)
- t(14:18) results in overexpression of the anti-apoptotic protein bcl-2.
- The translocation moves the bcl-2 gene on 18 to near the enhancer element of the immunoglobulin heavy chain on chromosome 14.
- The problem is cells don't die (not a problem of hyperproliferation)
- The proliferative rate is low (proliferative index Ki67 20-40%)
- Incurable but responsive to treatment

Diffuse large b-cell lymphoma (DLBCL)



DLBCL

- Morphological diagnosis is a key (large cells & diffuse infiltration).
- The problem is with high proliferative rate (not with apoptosis)
- The proliferative index is very high (Ki67 = 80-90%)
- Curable (>60% cure rate).
- Many clinical forms:
 - DLBCL-NOS (most common)
 - Mediastinal Large B-cell lymphoma
 - Primary CNS DLBCL
- 2 molecular forms:
 - Activated B-cell type (ABC) poor risk
 - Germinal center B-cell (GCB) better risk



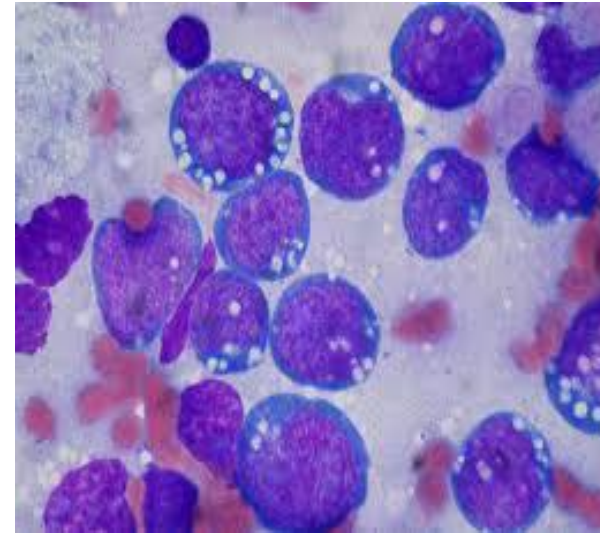
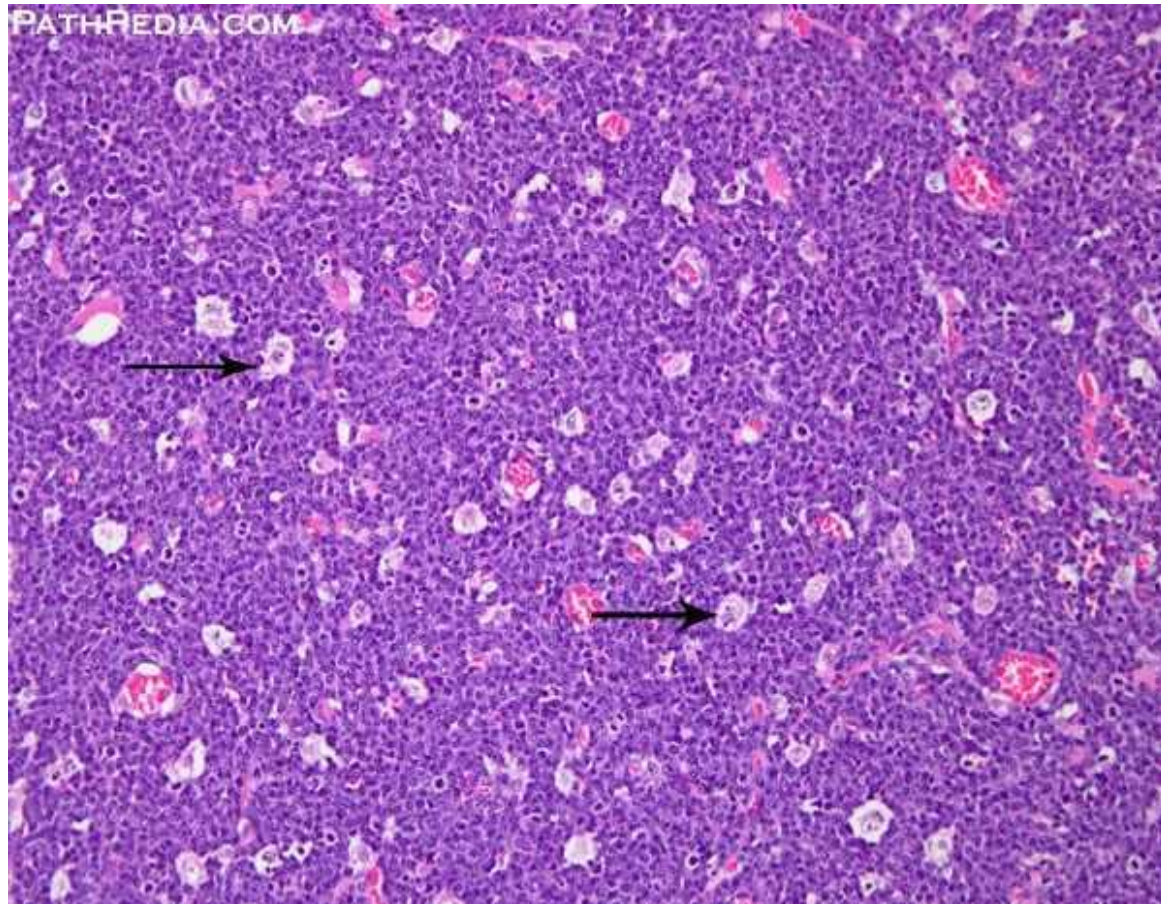
Mantle cell lymphoma

- Has the 2 worse features of both DLBCL and FL
- t(11:14) Cyclin D1
- Cells don't die and they also proliferate !!!
- Bad bad type!
- Incurable and poor prognosis.
- Treated differently:
 - Young <60: R-chemo then ASCT
 - Elderly: R-chemo (BR, RCHOP, RCVP)
 - Ibrutinib (BTK inhibitor) in relapsed refractory cases.

Burkitts lymphoma

- t(8:14) c-myc on chromosome 8 is translocated near the enhancer of IGH gene on chromosome 14.
- Cells have a very high proliferate rate (100% ki67)
- High rate of apoptosis (cells die easily)
- Very sensitive to chemotherapy
- Highly curable (>90%) but fatal if you don't treat
- High risk for tumor lysis syndrome (like ALL, in fact ALL-3=BL)

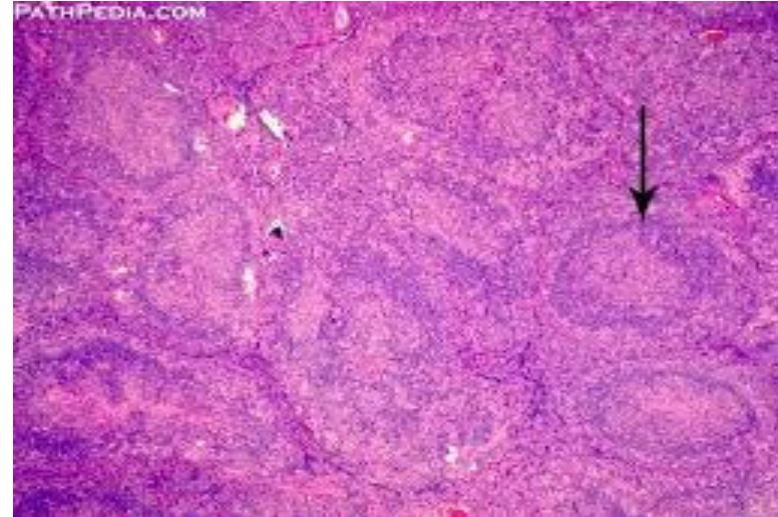
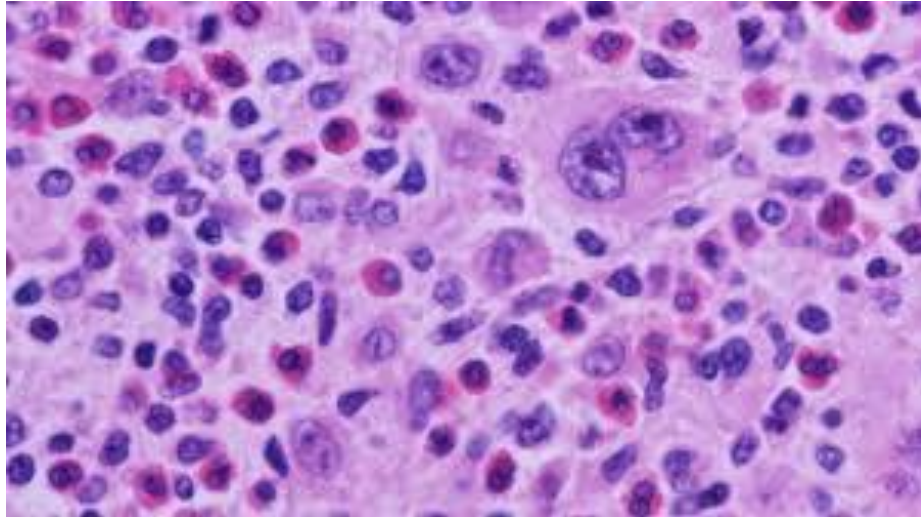
Burkitts lymphoma



Double Hit lymphoma

- Imagine a lymphoma with: 2 translocations:
 - Anti-apoptotic BCL-2
 - C-myc
 - Double hit (poor prognosis)
- Triple HIT: BCL-2 and BCL-6 and c-myc (poor prognosis)
- Treated with dose adjusted EPOCHR
 - Infusional chemotherapy to target continuous cell kill
 - Adjusted to ANC nadir
 - Adding Etoposide (compared to RCHOP)

Hodgkin lymphoma



Hodgkin lymphoma

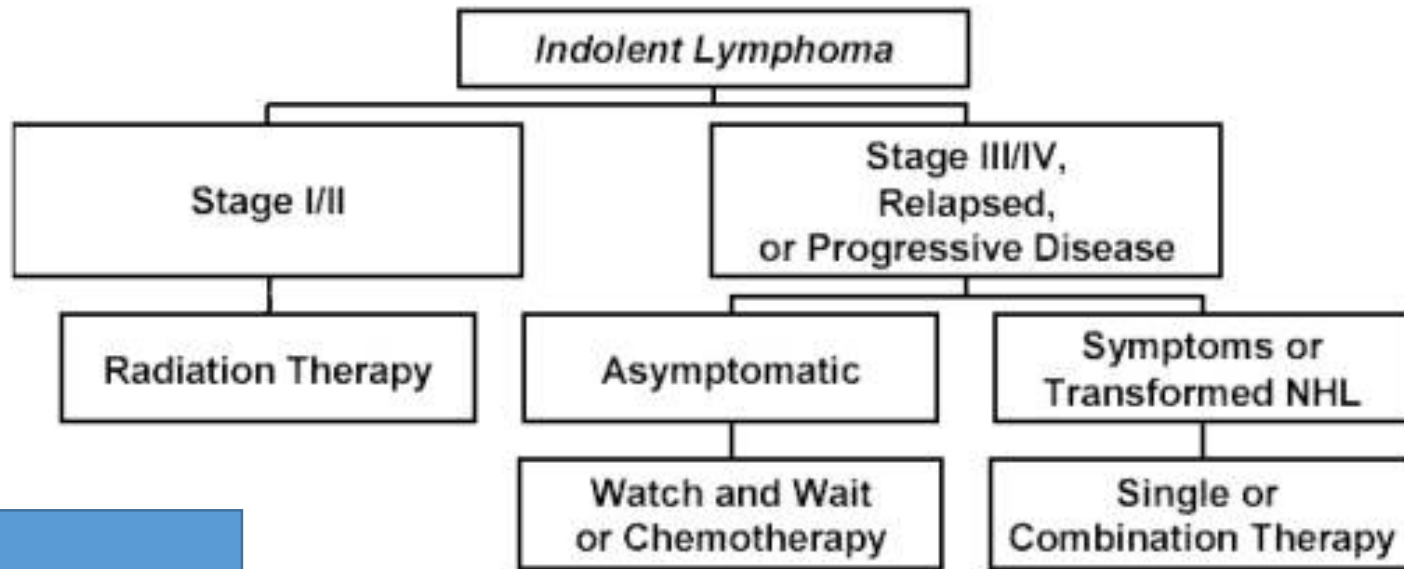
- B-cell origin
- Contiguous spread (typically neck → mediastinum → abdo/spleen)
 - NHL spread non-contiguously
- Highly Curable >90%
- Typical presentation is with a young pt with cervical and or mediastinal LN.

Treatment Hodgkin

- Limited stage:
 - ABVD x 2 then PET can if in CR then 1-2 cycles then stop.
- Advanced:
 - ABVD x 2 then PET if in CR then 4 more cycles of AVD
 - If not in CR: consider escalation (escalated BEACOP) or continue ABVD x 4

Treatment of indolent lymphoma

Treatment Strategy



Rituximab weekly
x 4 in FL

1. Bendamustine Rituximab (BR)
2. RCHOP
3. RCVP

R-chemo

Treatment of aggressive types

- DLBCL:
 - Limited: RCHOP x 3 cycles then PET if –ve 1 last cycle then stop. If + RT.
 - Advanced: RCHOP x 6 cycles
- PTCL:
 - Limited: CHOP x 3 cycles then PET if –ve 1 last cycle then stop. If + RT.
 - Advanced: CHOP x 6
- High grade B-cell:
 - Double HIT: DA-EPOCHR x 6
- Highly aggressive Burkitts:
 - Aggressive short course chemotherapy: (CODOX-MR/IVACR)

Relapsed/refractory lymphoma

- Salvage chemotherapy.
- Multiple regimens exist with equal efficacy but different side effect profile:
 - ESHAP, EHAP, DHAP, GDP, RICE etc
 - If in CR: proceed to auto stem cell transplant
 - In not in CR: palliation
- Targeted therapies exist and may be helpful in relapsed diseases
 - Brentuximab (anti CD30) in HL and some T-cell lymphomas

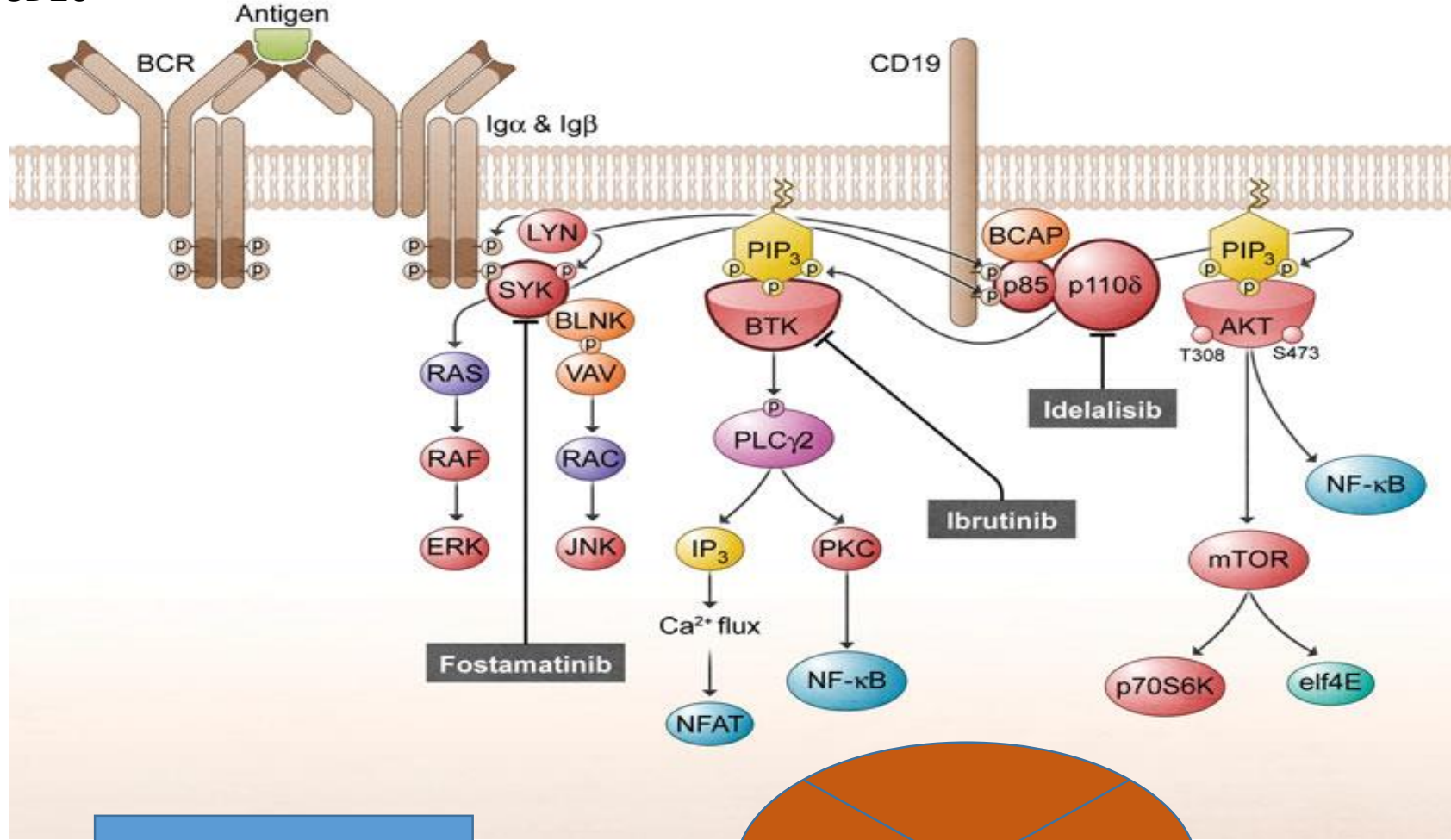
New novel therapies

- Plethora of new therapies in the past few years
- Very effective even in high risk pts
- E.g. BCL-2 inhibitors (venetoclax in CLL)
- Other small molecule inhibitors (targeting BCR signalling)

B-cell receptor (BCR) signalling

Rituximab

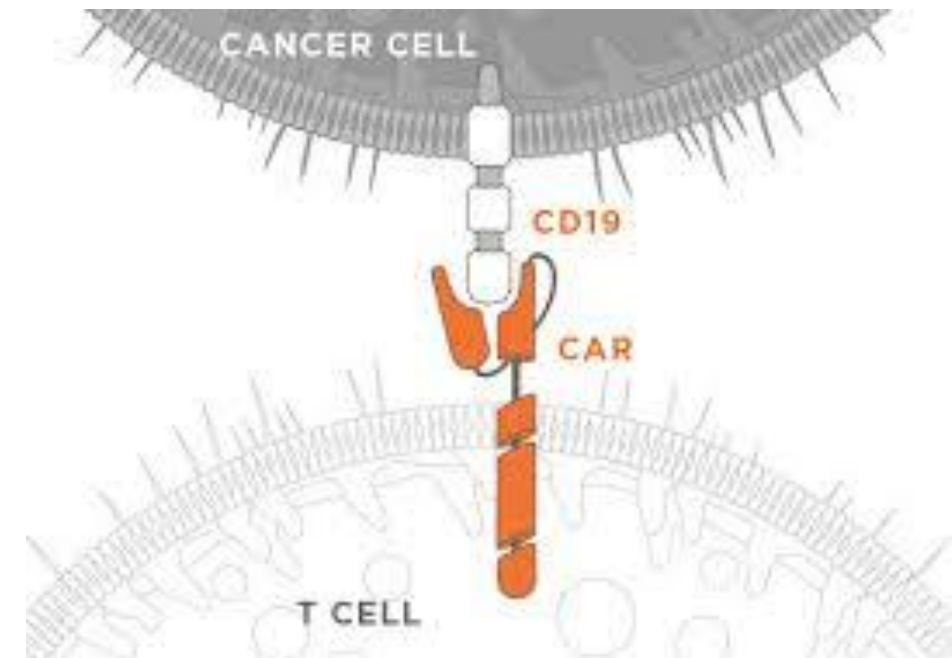
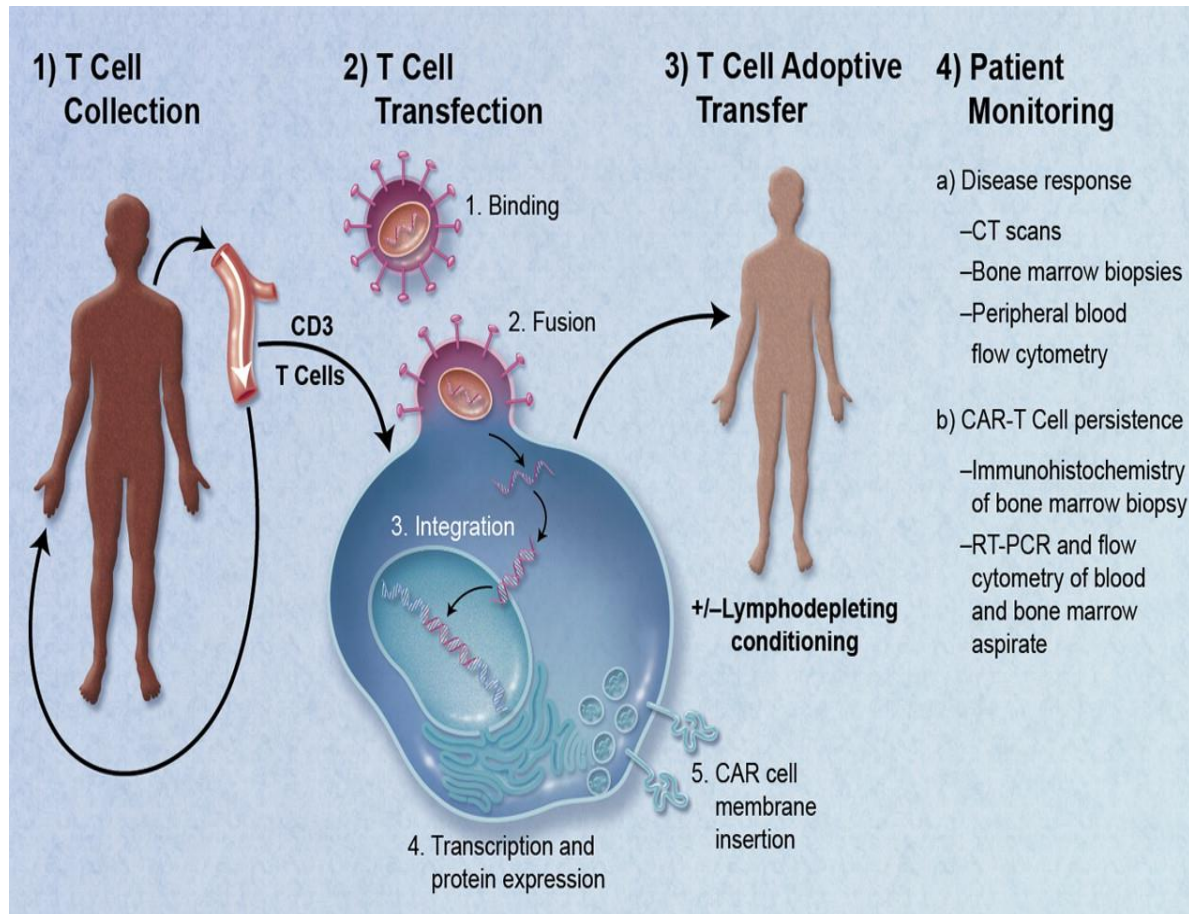
CD20



Chemotherapy

Nucleus

CAR T cells



Thanks

- questions?

