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Qualitative Research

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Overview of the presentation

- What is qualitative research?
- Uses of qualitative methods in health research
- Compare qualitative with quantitative approach
- Major qualitative data collection methods: interviews, focus groups, observations
- Overview of qualitative data analysis

Introduction

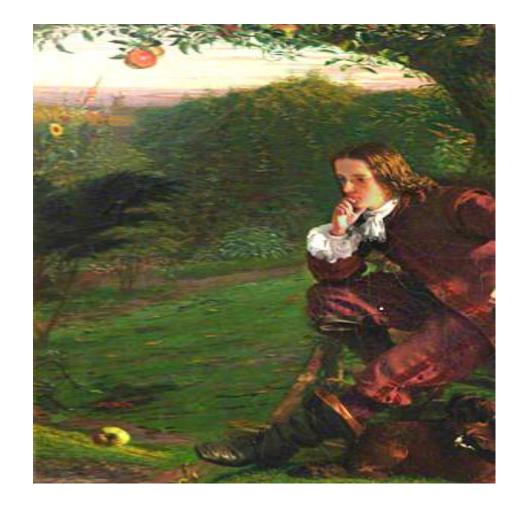
• What is research?

Systematic approach

General classification of types of research methods

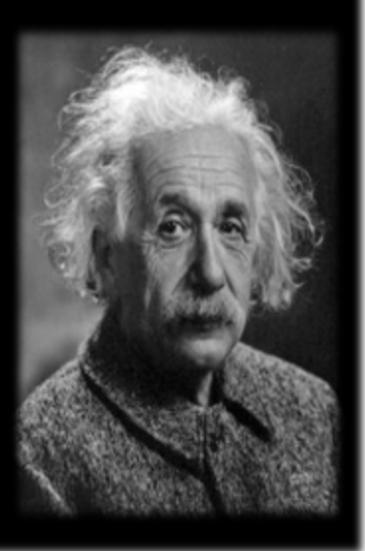
Quantitative research

Newton's apple



Everything that can be counted does not necessarily count; everything that counts cannot necessarily be counted.

(Albert Einstein)



Example

- 81% of deaths in the hospitals are due to RTAs
- 20% of hospital beds are occupied by RTA victims
- Excessive speeding is the most common reported cause of RTAs
- The young and economically productive age groups are the most affected
- The reported gross loss due to accidents is between 2.2 9 %



The magnitude of the problem

SAHER system to reduce RTAs in KSA

- SAHER
- Recognize



How can I reduce RTAs ?

- Why do people speed?
- Why do people cross red lights?

Consider these questions

- <u>Why</u> do people smoke ?
- <u>Why</u> do people eat what they eat ?
- <u>Why</u> don't most people in our part of the world exercise ?
- <u>How</u> do people contract infection ?
- <u>How</u> is such information useful ?

What is qualitative research?

A strategy for systematic collection, organization and interpretation of

textual information.

- Answers how and why a certain phenomenon occurs.
- Uses inductive approach to generate novel insights into phenomena

Why qualitative?

- Focuses on lived experience
- Preserves chronological flow
- Makes sense of incongruent data
- Rich and holistic
- Compliments quantitative data

When to use qualitative research?

- Exploring a health problem or issue about which little is known
- Produce conceptual models
- Investigating the feasibility, acceptability and appropriateness of potential programmes.
- Identifying problems in on-going interventions and suggesting appropriate solutions to those problems

- Can help in identifying cultural and social factors that affect health care positively or negatively.
- Complementing quantitatively collected data by helping to interpret its results.
- Designing more valid survey instruments.

Qualitative approaches

- Phenomenology
- Grounded theory
- Ethnography
- Case study

Comparing Approaches (I)

Qualitative

- Understanding
- Interview/observation
- Discovering frameworks
- Text (words), images, objects
- Theory generating
- Quality of informant more important than sample size
- Subjective
- Embedded knowledge
- Models of analysis: fidelity to text or words of interviewees

Quantitative

- Prediction
- Survey/questionnaires
- Existing frameworks
- Numerical
- Theory testing (experimental)
- Sample size core issue in reliability of data
- Objective
- Public
- Model of analysis:parametric, non-parametric

Comparing Approaches (II)

Qualitative

- Methods
 - Focus Groups
 - Interviews
 - Surveys
 - Self-reports
 - Observations
 - Document analysis
 - Sampling: Purposive
- Quality Assurance:
 - Trustworthiness: Credibility, Confirmability, Dependability, Transferability

Quantitative

- Methods
 - Observational
 - Experimental
 - Mixed
 - **Sampling**: Random (simple, stratified, cluster, etc) or purposive
- Quality Assurance:
 - **Reliability:** Internal and External
 - Validity: Construct, Content, Face

Characteristics of Qualitative Research

- Purpose is understanding meanings people have constructed
- "Naturalistic"
- Uses subjective data
- Interpret results in contexts
- The researcher is the instrument
- The researcher's signature is apparent
- Deals with local conditions not controlled

Exercise

Area of investigation	Qualitative investigation	Quantitative investigation
GP Consultation		
Lung Cancer		

Examples of Qualitative Research Methods

- Focus group discussions
- Key informant interviews
- Ethnography
- Phenomenology

Qualitative Methodologies (Example)

- Ethnography
 - An ethnography is a description and interpretation of a cultural or social group or system. The research examines the group's observable and learned patterns of behaviour, customs, and ways of life

Qualitative Methodologies (Example)

- Phenomenology:
 - Phenomenology is the study of human experience and of the ways things present themselves to us in and through such experience (Sokolowski 2000, 2).
- Phenomenology is the study of structures of consciousness as experienced from the first-person point of view. (Smith 2008)

 The main difference between ethnography and phenomenology is that ethnography focuses on the collective experiences of a community whereas phenomenology focuses on the individual experiences of individuals. **Qualitative Research Techniques**

- Participant observation (field notes)
- Interviews / Focus groups
- Video / Text and Image analysis (documents,

media data)

Qualitative Research Techniques

• Interviews

Content analysis









Involves Skills of

- Observing
- Conversing
- Participating
- Interpreting

How might you collect data for a qualitative study

- Interviews
- Focus groups
- Observations



1- Qualitative interviews

- Structured
- Semi-structured
- Unstructured



2- Focus groups

Why do a focus group?

- Little is known about a topic
- At the early stages of a research project
- Mixed methods



3- Observation

• Researcher observes participants in natural environments



Sampling in Qualitative research

- Types of sampling e.g. purposive, snowballing...
- Collect data until data saturation

IMG 11: 47y/o Syrian female, 6 y experience in SA.

N: OK Dr. IMG11

IMG11: OK.

N: Dr. Sonia is a 33 years old Indian physician who works in a PHCC in Riyadh for 3 years as a GP. In your opinion, what are the challenges that she might face living in Riyadh?

IMG11: Ummm...for her the first challenge is language. People in Riyadh speak Arabic only. It is rare to find someone who speaks English. This could be a challenge in the first years however it can be solved quickly after couple of years. Customs and habits are, for sure, are different for a new comer.

N: What about customs and habits?

IMG11: You know, Saudi Arabia is rich in tradition. Saudis usually link their traditions with their religion. A Muslim new comer may find some conflicts. They may be judged by others just because they do not follow a Saudi tradition that is though by Saudis to be part of Islam

N: <u>Can you give me an example for that?</u>

IMG11: For example..ummm...most women here cover their faces. I do not even cover my head in Syria but here I have to cover even my face to avoid being judged by my patients if they see me in a supermarket or anywhere else. And yes, women do not drive and they say it is (Haram) [religiously forbidden], since when driving a car is Haram!? Providing a personal driver is costly and my husband is busy most of the times, he is a cardiac surgeon in X hospital, he is very busy. Sometimes I feel like if I am imprisoned and cannot do anything, you know, taxis are not safe.

N: I want to talk more about patients judging you if you do not try to look like them. How does that affect your work?

IMG11: It may affect trust between my patients and I. People her are so much connected to their religion, which is good of course, so I know by looking d

Data Analysis Steps

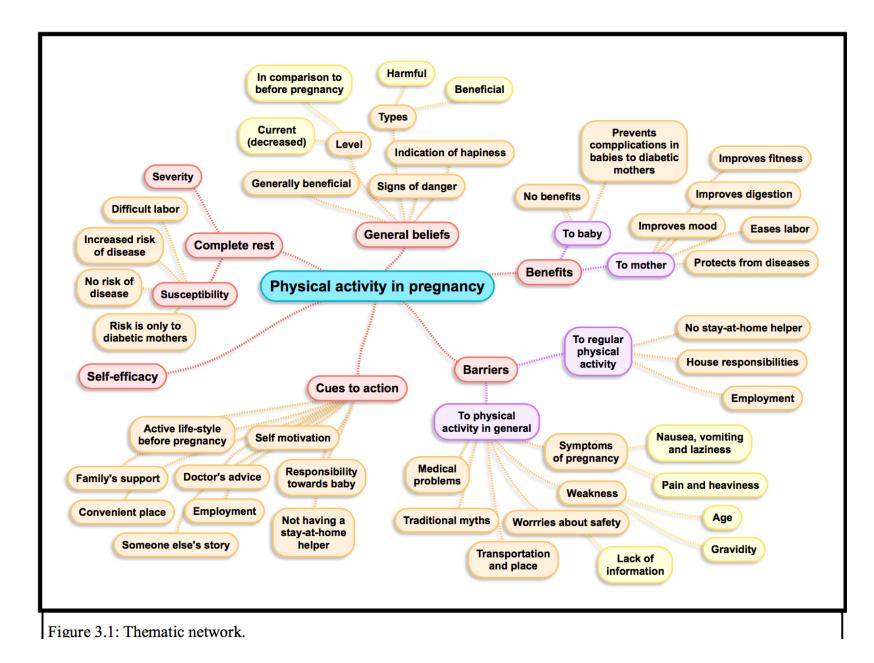
- Organize and prepare the data for analysis
- Read all data, get a sense of the whole
- Begin detailed analysis with coding process
- Generate a description of the setting /people as well as categories or themes for analysis
- Represent themes (writing, visual, etc.)
- Interpret and make meaning out of data
- *iterative, non-linear process

Analyzing data



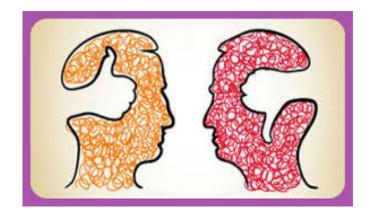
- Cut and past
- Software programmes, e.g. NVivo, ATLAS.ti, NUD*IST

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Relationships	Delphi protocol can be applied when	a community of experts is requi	ed to deliver a c	onsensual answer.		Codi			
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	an agreement among the experts ab	out what the answer should be.	This consensus	reaching problem					
	has been already considered in the li	it-erature, though its automatisa	tion remains as	a challenge.					
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	The Delphi Process in general is not rigid and its structure depends on the								
	situation. Looking for guidelines, this paper follows the steps and guidelines stated in [5]. The Delphi								
	approach has been applied for several areas for dimensional uses. For								
	instance, Roth [31] used the Delphi approach for acquiring knowledge from mul- tiple experts. Recently;								
	Bryant [4] applied the Delphi method for estimating the risk factors of the terrestrial chemical spill; Hayes								
	[13] did a Delphi study of the future of								
	method to reach consensus among								
	adolescents. The automatisation of Delphi is considered first as a set of computers and software assisting human experts in the process. In this line, literature mentions DEMOS[19], which is an								
	on-line discussion system based on								
Sources	computer assistance.	Delphi, and Turo 1 [54], who pre	sents a Deiphi II	ethod with					
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How can I reduce subjectivity in qualitative research

- Reflectivity
- Probing
- Triangulation





• Often, the person most changed by the research is the researcher

Concluding remarks

- Qualitative research identify what really matters for patients and care providers
- Qualitative methods can provide unique contributions to health services and clinical research
- There are widely accepted procedures for study design, sampling, data collection,

and data analysis in qualitative research

Useful further readings

- Bryman, A. (2016). Social research methods. Oxford university press.
- Creswell, JW. (2003). *Research Design: Qualitative and Quantitative and Mixed- Method Approaches*, Thousand Oaks, CA: Sage Publications.
- Mays, N., & Pope, C. (2000). Assessing quality in qualitative research. *Bmj*, *320*(7226), 50-52.
- Pope, C., & Mays, N. (1995). Qualitative research: reaching the parts other methods cannot reach: an introduction to qualitative methods in health and health services research. *Bmj*, *311*(6996), 42-45.

