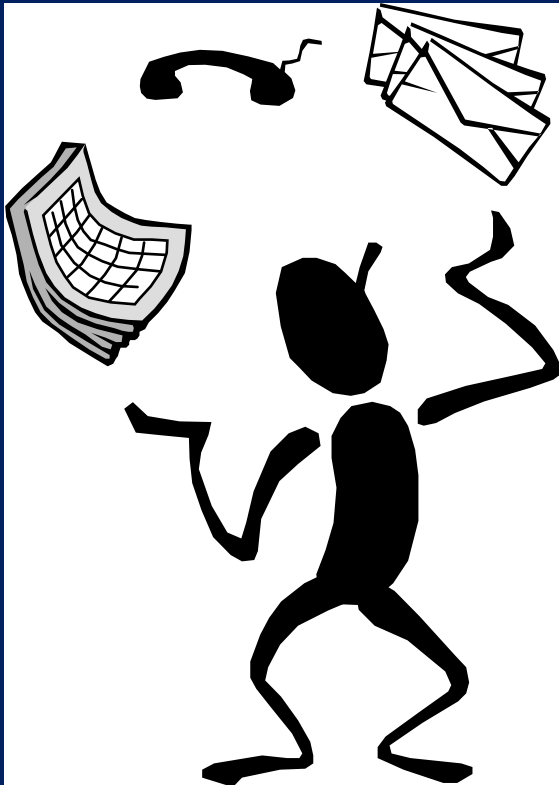


# Basic concepts and terminology in Biostatistics

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# Objectives of this session

- Definition of statistics, biostatistics, and its application
- To understand different Levels of measurements
- To understand different Types of data
- To use these concepts appropriately



***Statistics*** is the science of conducting studies to collect, organize, summarize, analyze, present, interpret and draw conclusions from *data*.

Any values (observations or measurements) that have been collected

# What is Statistics?

- 1. Collecting Data**  
e.g., Sample, Survey, Observe, Simulate
- 2. Characterizing Data**  
e.g., Organize/Classify, Count, Summarize
- 3. Presenting Data**  
e.g., Tables, Charts, Statements
- 4. Interpreting Results**  
e.g. Infer, Conclude, Specify Confidence



**Data  
Analysis**



**Why?**



**Decision-  
Making**



**Biostatistics is the science  
that helps in managing  
medical uncertainties  
and variability of data**

# “Biostatistics”

- Statistics arising out of biological sciences, particularly from the fields of medicine and public health.
- The methods used in dealing with statistics in the fields of medicine, biology and public health for planning, conducting and analyzing data which arise in investigations of these branches.

## Medical Statistics

Medical statistics deals with application of statistical methods to the study of diseases ( risk factors, prognostic factors etc.), Efficacy of new treatments or vaccine etc.,

## Health Statistics

Health statistics deals with application of statistical methods to varied information of public health importance



## Vital Statistics

Vital statistics is the ongoing collection of government agencies of data relating to vital event such as births and deaths which are deemed reportable by local health authorities.

# Basic Concepts

*Data* : Set of values of one or more variables recorded on one or more observational units (singular: Datum)

*Sources of data*

1. Routinely kept records
2. Surveys (census)
3. Experiments
4. External source

## *Categories of data*

1. Primary data: observation, questionnaire, record form, interviews, survey,
2. Secondary data: census, medical record, registry

# Datasets and Data Tables

**Dataset:** Data for a set of variables collection in group of persons.

**Data Table:** A dataset organized into a table, with one column for each variable and one row for each person.

# Typical Data Table

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OBS	AGE	BMI	FFNUM	TEMP(°F)	GENDER	EXERCISE LEVEL	QUESTION
1	26	23.2	0	61.0	0	1	1
2	30	30.2	9	65.5	1	3	2
3	32	28.9	17	59.6	1	3	4
4	37	22.4	1	68.4	1	2	3
5	33	25.5	7	64.5	0	3	5
6	29	22.3	1	70.2	0	2	2
7	32	23.0	0	67.3	0	1	1
8	33	26.3	1	72.8	0	3	1
9	32	22.2	3	71.5	0	1	4
10	33	29.1	5	63.2	1	1	4
11	26	20.8	2	69.1	0	1	3
12	34	20.9	4	73.6	0	2	3
13	31	36.3	1	66.3	0	2	5
14	31	36.4	0	66.9	1	1	5
15	27	28.6	2	70.2	1	2	2
16	36	27.5	2	68.5	1	3	3
17	35	25.6	143	67.8	1	3	4
18	31	21.2	11	70.7	1	1	2
19	36	22.7	8	69.8	0	2	1
20	33	28.1	3	67.8	0	2	1

# Definitions for Variables

- AGE: Age in years
- BMI: Body mass index,  $\text{weight}/\text{height}^2$  in  $\text{kg}/\text{m}^2$
- FFNUM: The average number of times eating “fast food” in a week
- TEMP: High temperature for the day
- GENDER: 1- Female 0- Male
- EXERCISE LEVEL: 1- Low 2- Medium 3- High
- QUESTION: what is your satisfaction rating for this Biostatistics session ?  
1- Very Satisfied 2- Somewhat Satisfied 3- Neutral  
4- Somewhat dissatisfied 5- Dissatisfied

# Types of variables and data

- When collecting or gathering data we collect data from individuals cases on particular variables.
- A *variable* is a unit of data collection whose value can vary.
- Variables can be defined into *types* according to the level of mathematical scaling that can be carried out on the data.
- There are four types of data or levels of measurement:

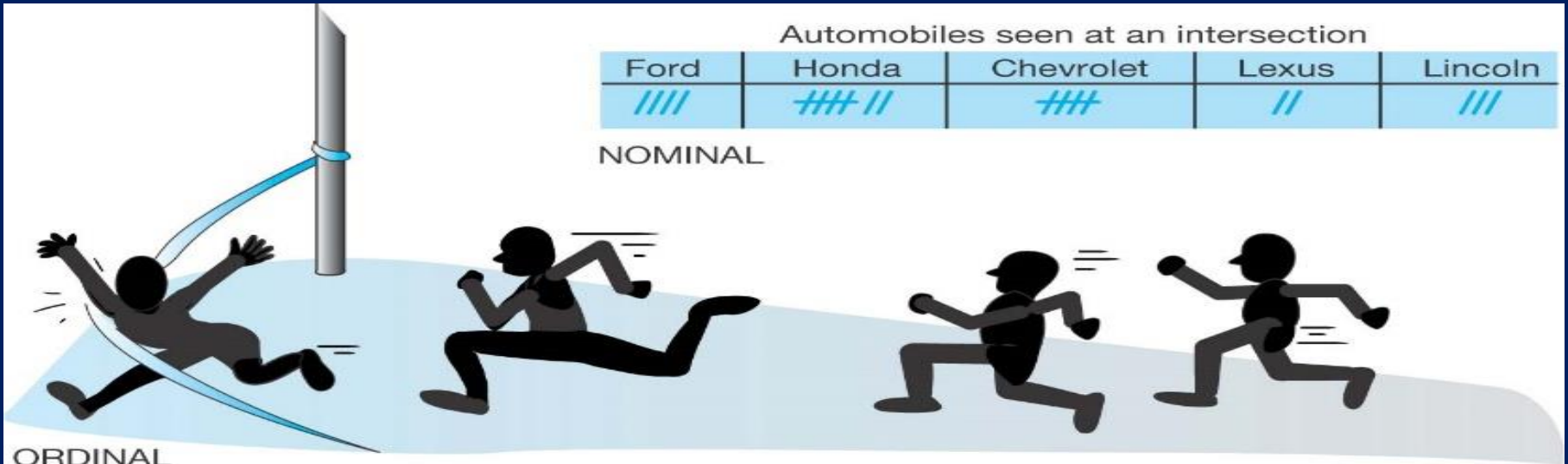
1. Nominal	2. Ordinal
3. Interval	4. Ratio

# Scales of Measurement

Automobiles seen at an intersection

Ford	Honda	Chevrolet	Lexus	Lincoln
////	###//	###	//	///

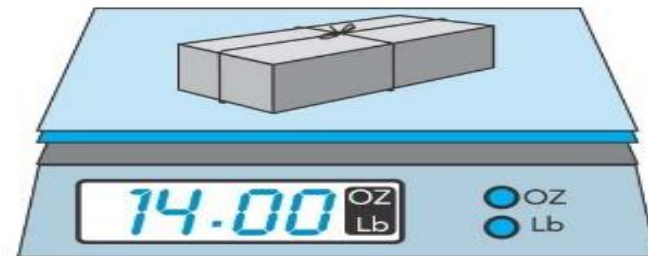
NOMINAL



ORDINAL



INTERVAL



RATIO

# Nominal scale variables

- A type of categorical data in which objects fall into *unordered* categories.
- Studies measuring nominal data must ensure that each category is mutually exclusive and the system of measurement needs to be exhaustive.
- Variables that have only two responses i.e. Yes or no, are known as *dichotomies*.



# Ordinal Scale variables

- Ordinal data is data that comprises of categories that ***can be rank ordered.***
- Similarly with nominal data the distance between each category cannot be calculated but the categories can be ranked above or below each other.

# Interval Scale Variables

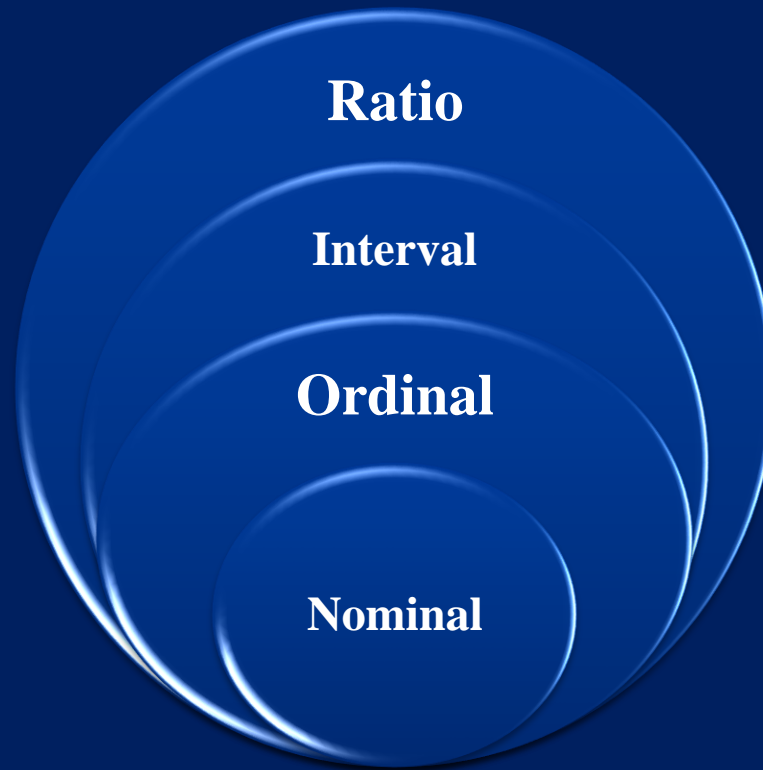
- Fahrenheit temperature scale- **zero is arbitrary**- 40 degrees is not twice as hot as 20 degrees.
- IQ tests. No such thing as zero IQ. 120 IQ not twice as intelligent as 60.
- Question- Can we assume that attitudinal data represents real, quantifiable measured categories? (i.e.. That ‘*very happy*’ is twice as happy as plain ‘*happy*’ or that ‘*very unhappy*’ means *no happiness at all*). “*Statisticians not in agreement on this*”.

# Ratio Scale Variables

- The distance between any two adjacent units of measurement (intervals) is the same and **there is a meaningful zero point.**
- Income- someone earning SAR20,000 earns twice as much as someone who earns SAR10,000.
- Height
- Weight
- Age

# Hierarchical data order

These levels of measurement can be placed in hierarchical order.



# Hierarchical data order

- Nominal data is the least complex and give a simple measure of whether objects are the same or different.
- Ordinal data maintains the principles of nominal data but adds a measure of order to what is being observed.
- Interval data builds on ordinal by adding more information on the range between each observation by allowing us to measure the distance between objects.
- Ratio data adds to interval with including an absolute zero.

# Categorical (Qualitative) Data

- The objects being studied are grouped into categories based on some **qualitative** trait.
- The resulting data are merely labels or categories.
- **Nominal and Ordinal** scales will be used for categorical data or qualitative data.



# Examples of Nominal Data

- Type of car  
BMW, Mercedes, Lexus, Toyota, etc.,
- Ethnicity  
White British, afro-caribbean, Asian, Arab, Chinese, other, etc.
- Smoking status  
Smoker, non-smoker



# Binary Data

- A type of categorical data in which there are ***only two categories***.

## Examples:

- Smoking status- smoker, non-smoker
- Attendance- present, absent
- Result of a exam- pass, fail
- Status of student- undergraduate, postgraduate

# Examples of Ordinal Data

- Grades in exam- A+, A, B+ B, C+, C ,D , D+, and fail.
- Degree of illness- none, mild, moderate, acute, chronic.
- Opinion of students about stats classes-  
Very unhappy, unhappy, neutral, happy, ecstatic!

# Examples of categorical (nominal & ordinal) data

- Eye color  
Blue, brown, black, green, etc.
- Smoking status  
Smoker, non-smoker
- Attitudes towards the death penalty  
Strongly disagree, disagree, neutral, agree, strongly agree.

# Nominal data (Binary) & Ordinal data

## Examples

**What is your gender?** *(please tick)*

Male

Female

**Did you enjoy the teaching session ?** *(please tick)*

Yes

No

**What is the level of satisfaction with the new curriculum at a medical school received?** *(please tick)*

Very satisfied

Somewhat satisfied

Neutral

Somewhat dissatisfied

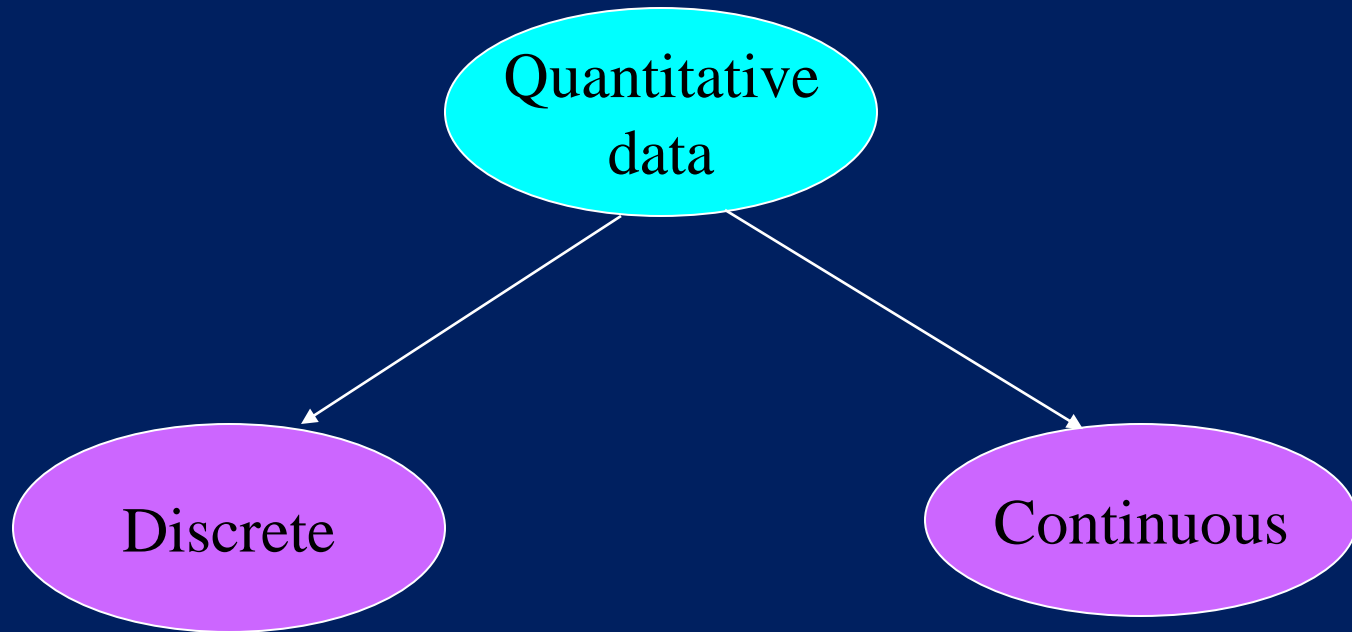
Very dissatisfied

# Quantitative Data

- The objects being studied are ‘measured’ based on some **quantitative** trait.
- The resulting data are set of numbers.
- **Interval and Ratio** scales will be used to measure quantitative data.

## Examples

- Pulse Rate
- Height
- Age
- Exam marks
- Time to complete a Bio-statistics exam
- Number of cigarettes smoked



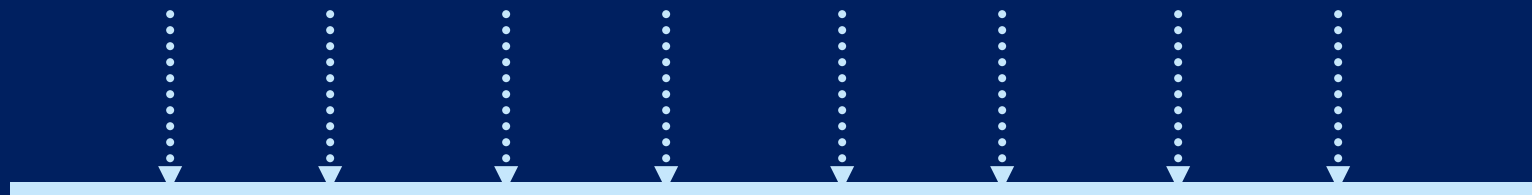
## **Discrete Data**

Only certain values are possible (there are gaps between the possible values). Implies counting.

## **Continuous Data**

Theoretically, with a fine enough measuring device. Implies measuring.

# Discrete data -- Gaps between possible values



Number of Children

**Continuous data -- *Theoretically*,  
no gaps between possible values**



Hb



# Examples of Discrete Data

- Number of children in a family
- Number of students passing a stats exam
- Number of crimes reported to the police
- Number of bicycles sold in a day.

*Generally, discrete data are counts.*

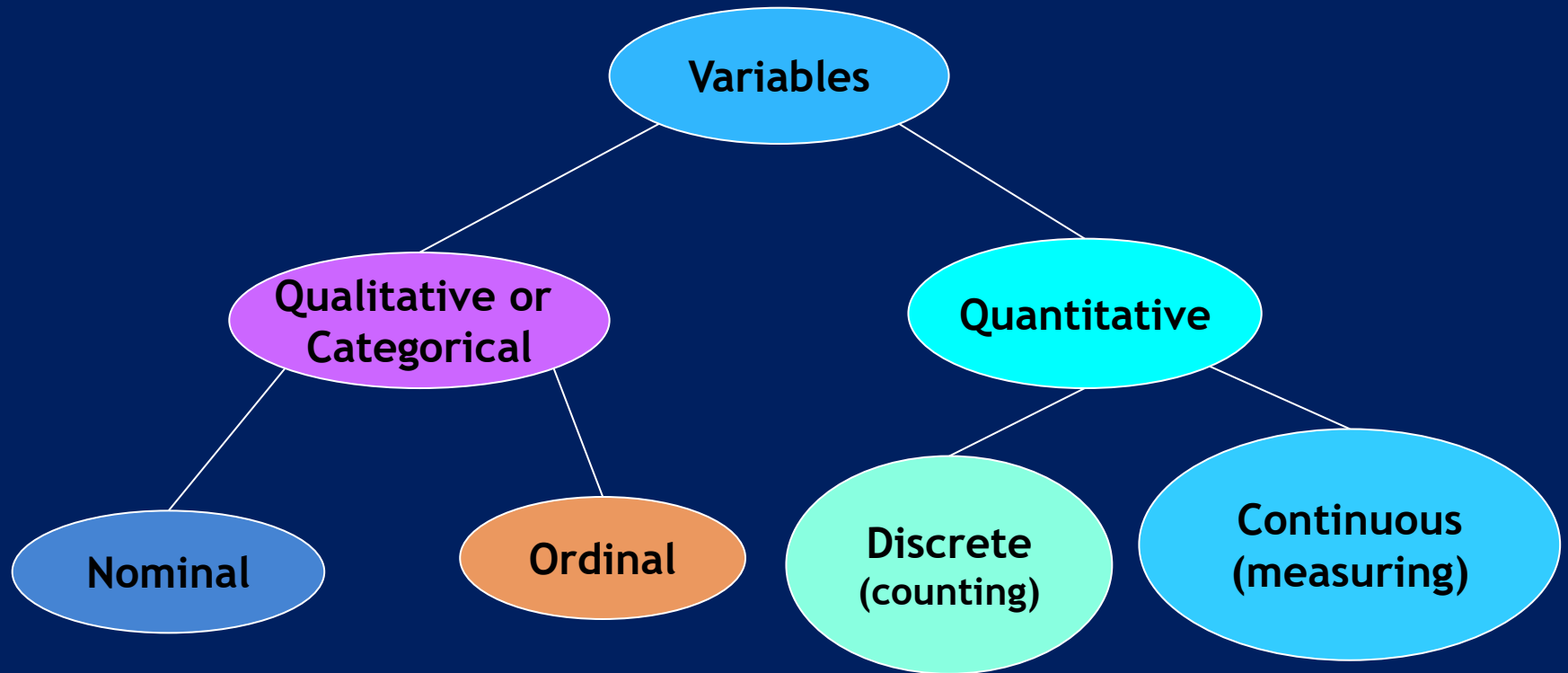
*We would not expect to find 2.2 children in a family or 88.5 students passing an exam or 127.2 crimes being reported to the police or half a bicycle being sold in one day.*

## Example of Continuous Data

- Age ( in years)
- Height( in cms.)
- Weight (in Kgs.)
- Sys.BP, Hb., Etc.,

***Generally, continuous data come from measurements.***

# Relationships between Variables



CONTINUOUS DATA



QUALITATIVE DATA

Wt. (In kg.) : Under wt, normal & over wt.

Ht. (In cm.): Short, medium & tall

**Table 1 Distribution of blunt injured patients  
according to hospital length of stay**

<b>hospital length of stay</b>	<b>Number</b>	<b>Percent</b>
1 – 3 days	5891	43.3
4 – 7 days	3489	25.6
2 weeks	2449	18.0
3 weeks	813	6.0
1 month	417	3.1
More than 1 month	545	4.0
<b>Total</b>	<b>14604</b>	<b>100.0</b>
<b>Mean = 7.85 SE = 0.10</b>		

# The following table illustrates the examples of Quantitative and Qualitative variables

Quantitative variables	Qualitative variables
Height (cm/feet)	Short/Medium/Tall
Weight ( kg/ pound)	Underweight/Normal Weight/Overweight
Blood sugar (mg %)	Non-Diabetic/Diabetic
Blood pressure (mm)	Normal blood pressure/Hypertension
Hemoglobin (mg%)	Non-anaemic /Anaemic

# Clinimetrics

A science called clinimetrics in which qualities are converted to meaningful quantities by using the scoring system.

## Examples:

- (1) Apgar score based on appearance, pulse, grimace, activity and respiration is used for neonatal prognosis.
- (2) Smoking index: no. of cigarettes, duration, filter or not, whether pipe, cigar etc.,
- (3) APACHE (Acute Physiology and Chronic Health Evaluation) score: to quantify the severity of condition of a patient

# Data types – important?

- Why do we need to know what type of data we are dealing with?
- The data type or level of measurement influences the type of statistical analysis techniques that can be used when analysing data.



## To conclude

Type of variables in any data set are:

Categorical(Qualitative)

&

Quantitative

Whereas the scales to measure these two variables are:

Nominal, Ordinal, Interval and Ratio scales