



Chronic Otitis Media

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Classification of Chronic Otitis Media

- Chronic Non Suppurative Otitis Media
 - Otitis media with effusion “OME”
 - Adhesive otitis media
- Chronic Suppurative Otitis Media “CSOM”
 - Tubotympanic (Safe)
 - Atticoantral (Unsafe)



Chronic MEE

- MEE middle ear effusion
- Previously thought sterile
- 30-50% grow in culture
- over 75% PCR +





AOM → OME

- Estimates of residual effusion
 - 70% @ 2 wks
 - 40% @ 4 wks
 - 20% @ 8 wks
 - 10% @ 12 wks
- Use of antibiotics does not seem to affect this

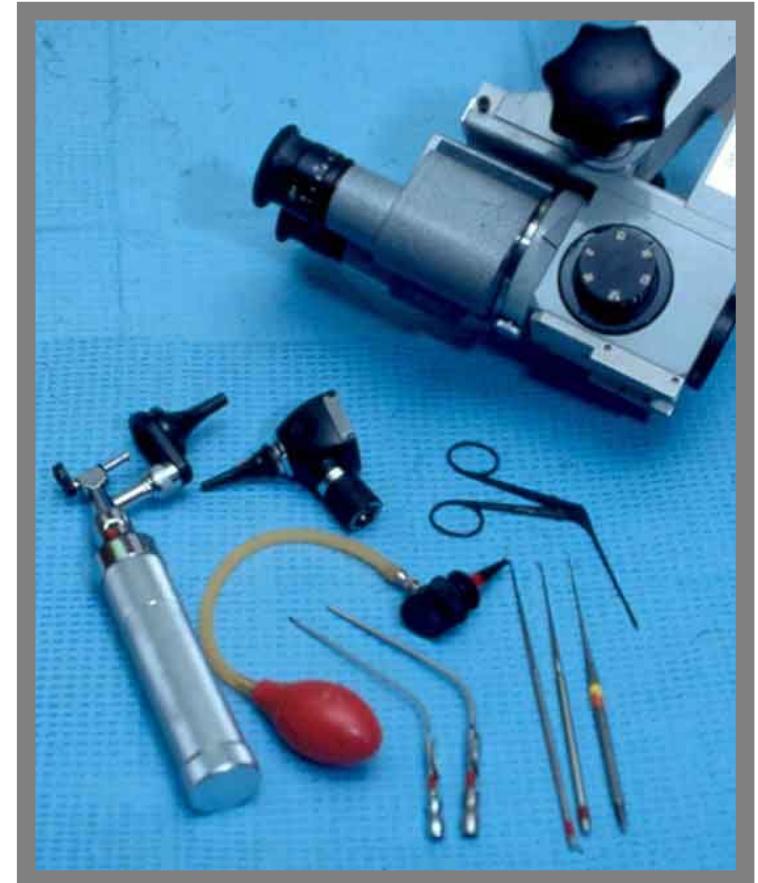


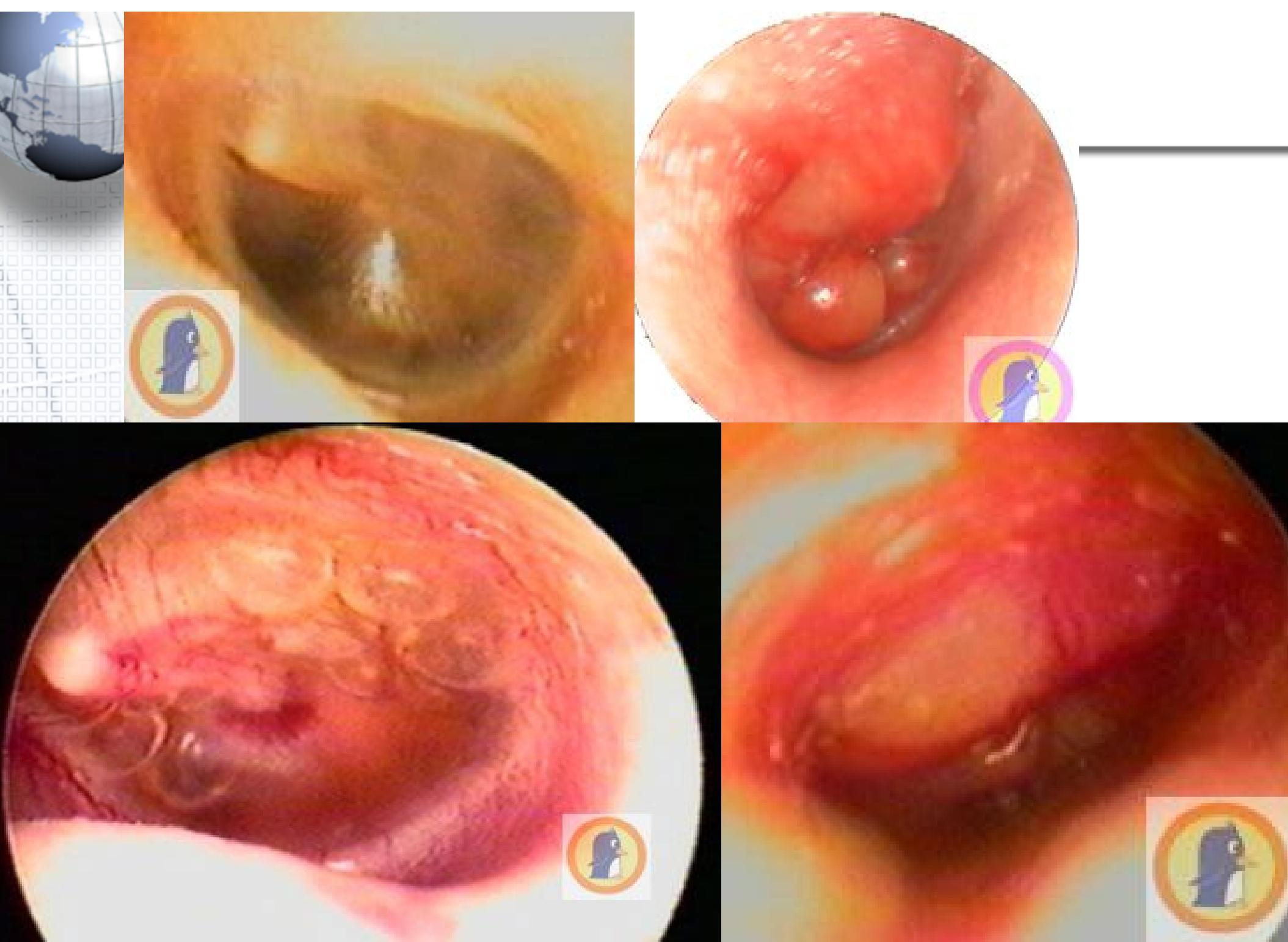
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Diagnosis

- Pneumatic otoscopy
- Color opaque, yellow, red
- Position bulging, retracted







Diagnosis

- Audiogram
 - CHL
 - SNHL
- Impedance
 - Tympanogram
 - Acoustic reflexes



CSOM: Definition

3D Duration, Discharge and Deafness

- **Duration** > 3 months despite treatment
- **Discharge** Purulent otorrhea
- **Deafness** Perforation or PET
- Distinguish between CSOM with or without cholesteatoma



CSOM - Epidemiology

More common

- Lower socioeconomic groups
 - Children
 - Otitis media
-
- Some children eventually outgrow.



CSOM - Pathogenesis

- ET dysfunction
- Poor aeration
- Mucosal edema and ulceration
 - Capillary proliferation
 - Osteitis



Bacteriology

- Mix organisms
 - *P. aeruginosa*
 - *S. aureus.*
 - *Proteus*
 - *Anaerobes*
 - *Fungi*
 - *Aspergillus, Candida*



S/S

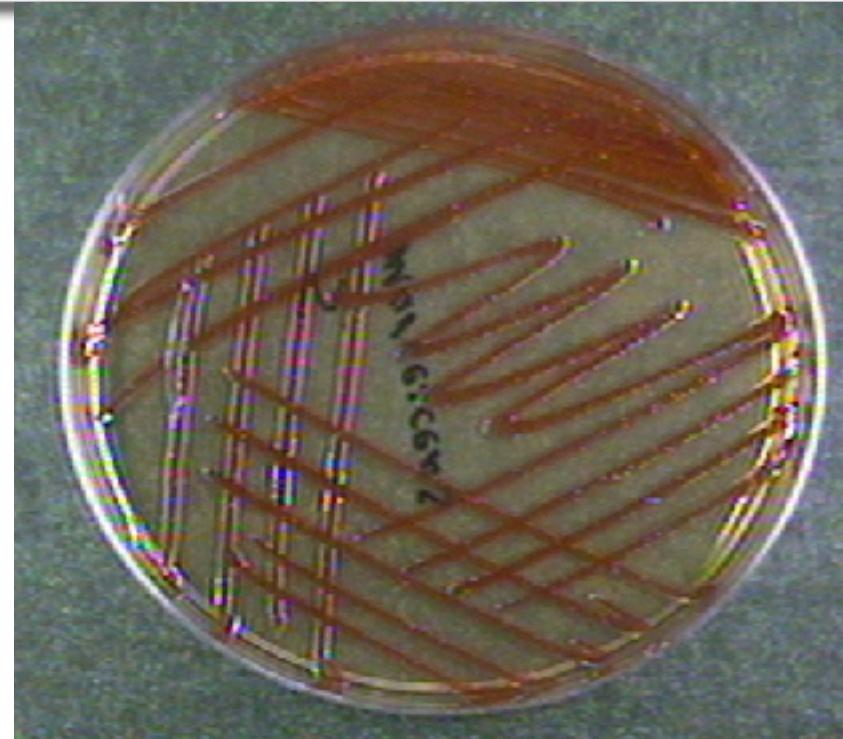
4D

- Deafness (Hearing loss)
- Discharge
- Defect TM (perforation)
- Duration



CSOM & TB

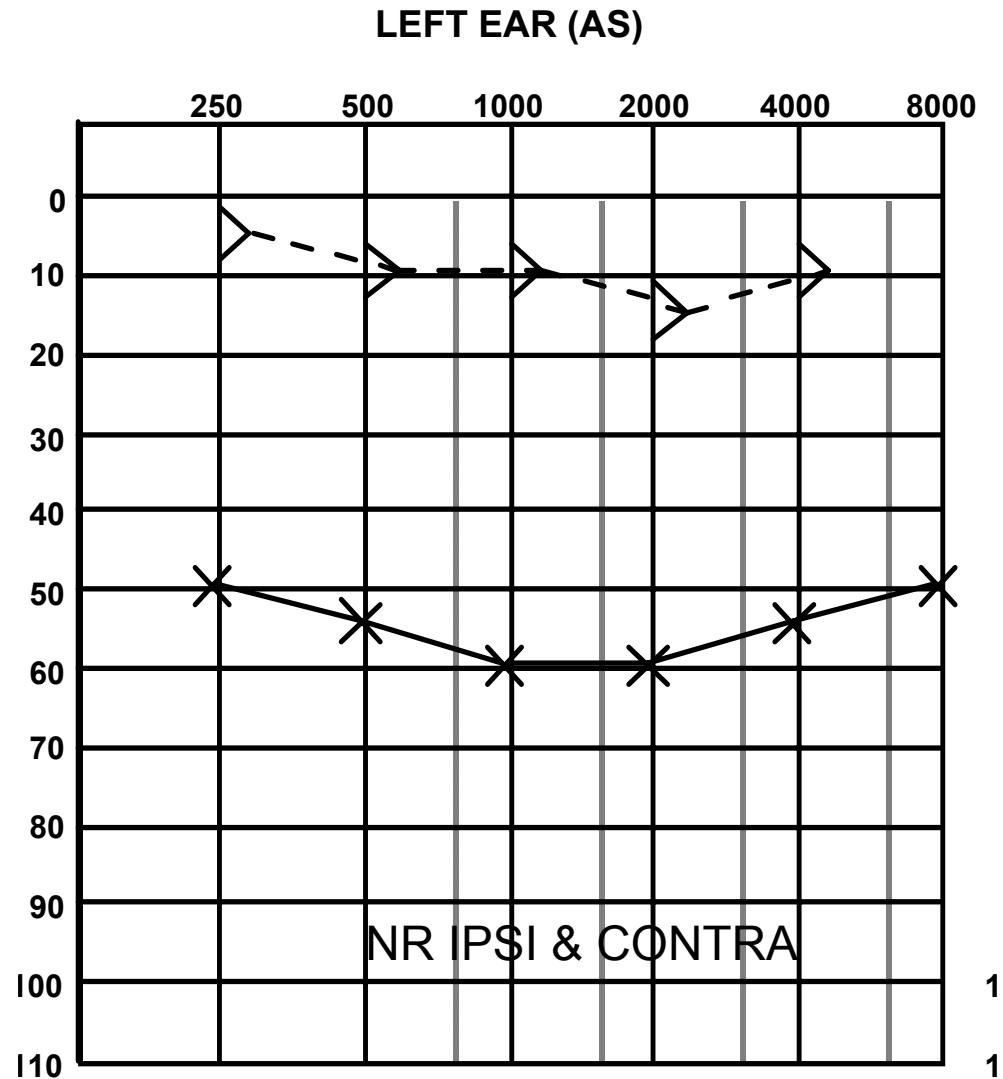
- Uncommon
- Painless
- Odorless
- Scant otorrhea
- Multiple small TM perforation
- From pulmonary TB





Diagnosis

- S/S
- Audiogram CHL
- -/+ CT scan
 - Complication
 - Revision
 - Only hearing





CSOM - Medical management

- Cleaning
- Water protection
- Acetic acid
 - used for cleansing debris
 - inhibits Pseudomonas





CSOM - Medical management

Topical

- Ciprofloxacin (100% dry @ 21 days)
- Neomycin
- Polymyxin B
- Gentamicin,
- Tobramycin
- Steroid (Dexamethazone hydrocortizone)



CSOM - Medical management

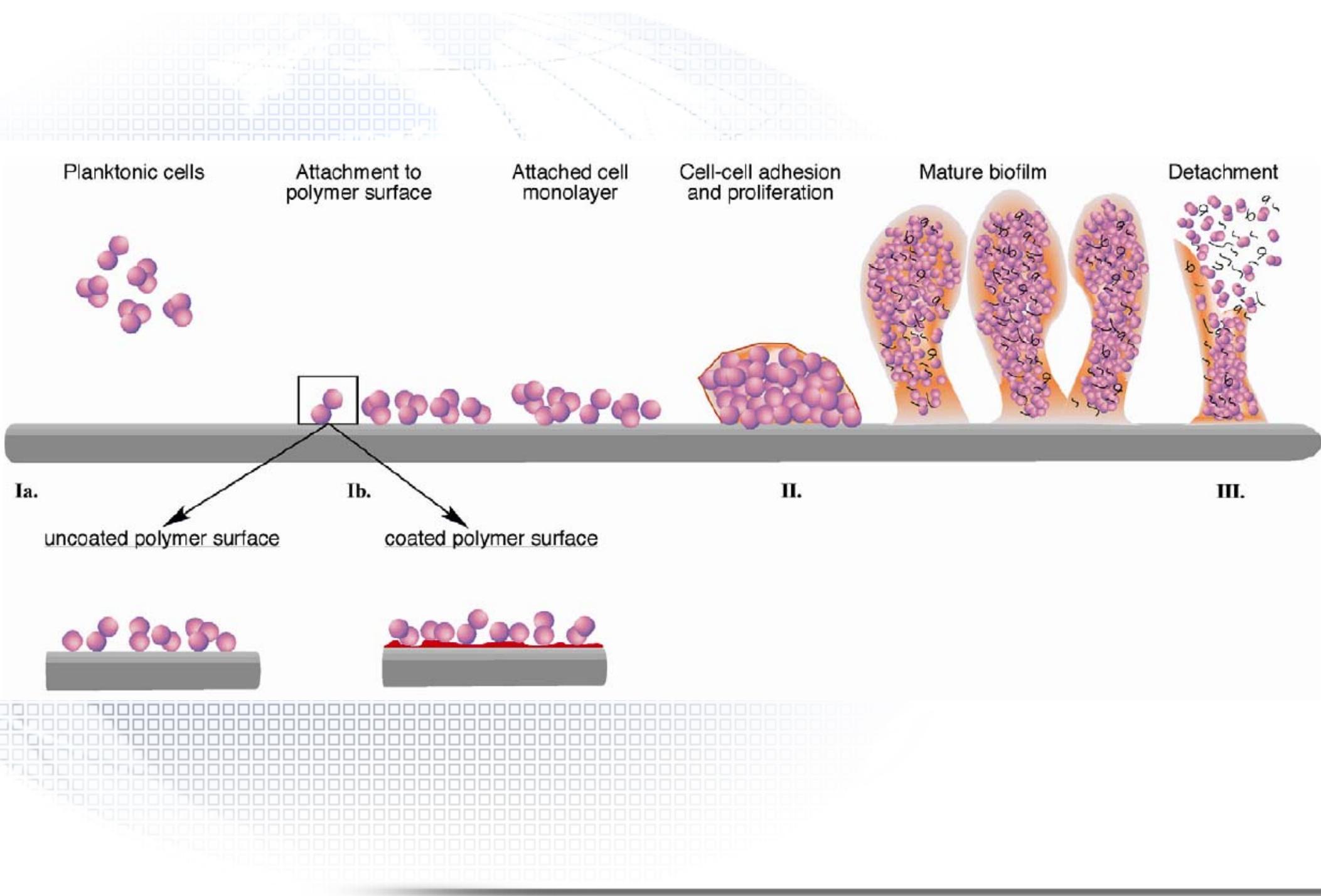
Systemics

- Antistaphlococcal
- AntiPseudo
- Quinolones



CSOM –biofilms

- What is a biofilm?
 - Polysaccharide matrix surrounding bacteria,
 - Spore-like
 - Communication network for the bacteria
- Failure of anti-microbials (hypothesis)
 - Direct barrier effect
 - Biofilms antagonize abx through gene expression
 - Negative charged surface

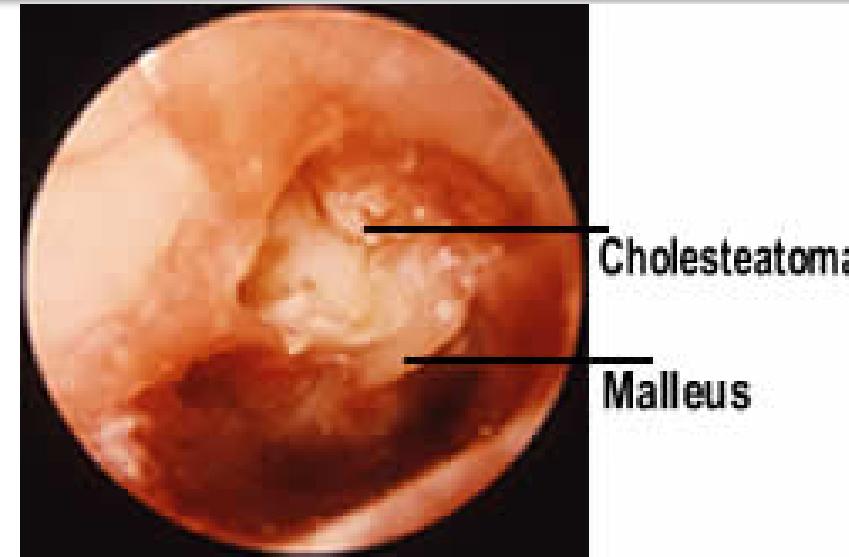




Cholesteatoma

Cholesteatoma

Cholesteatoma



Cholesteatoma



Cholesteatoma

Skin growing in the wrong place

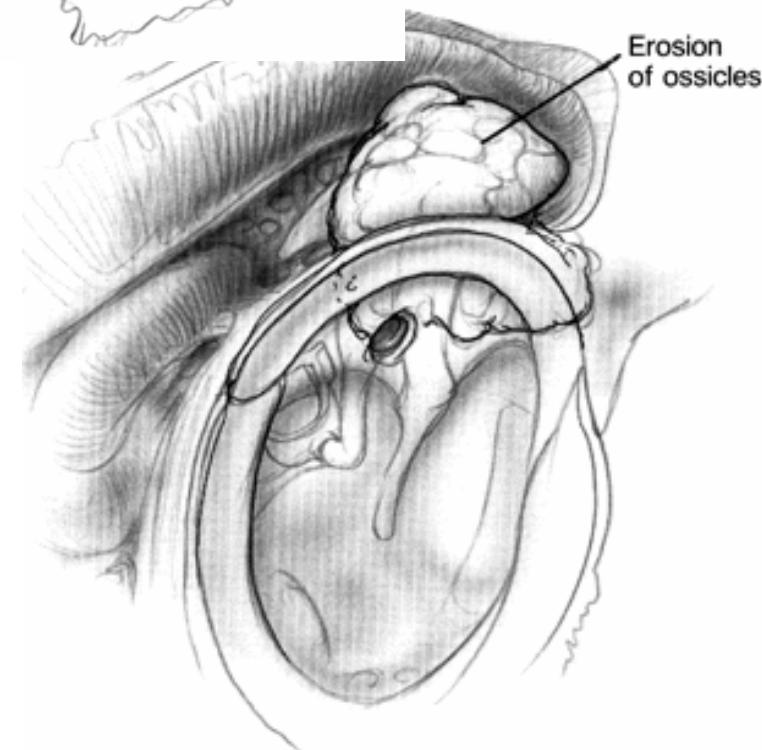
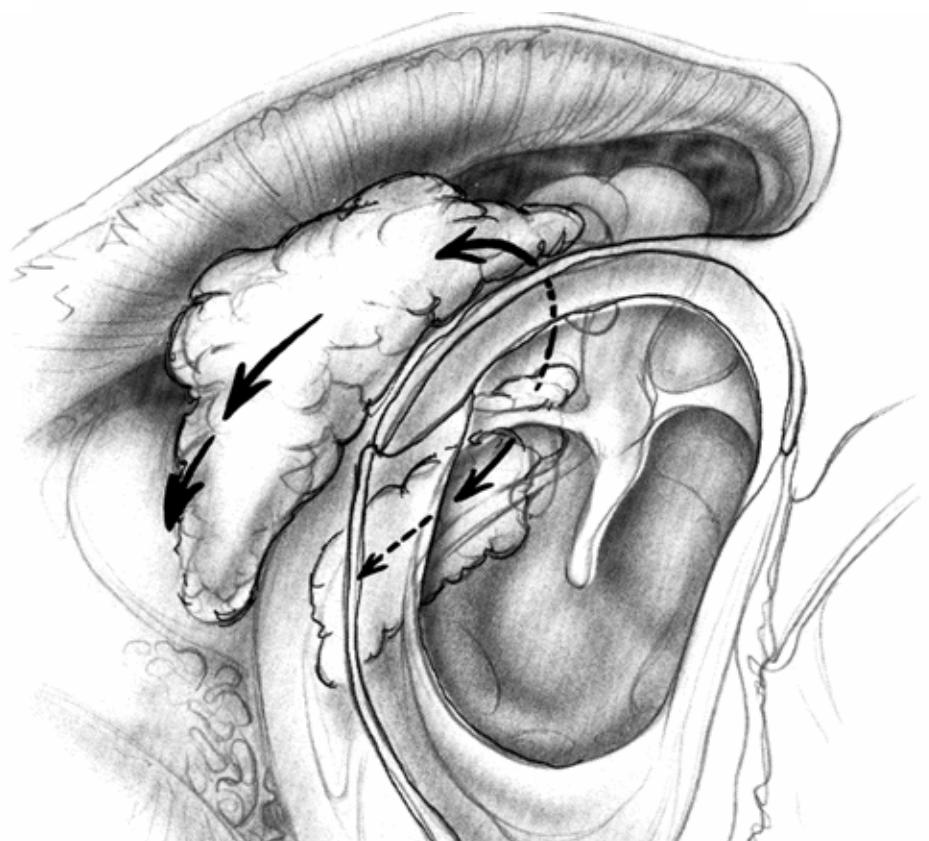
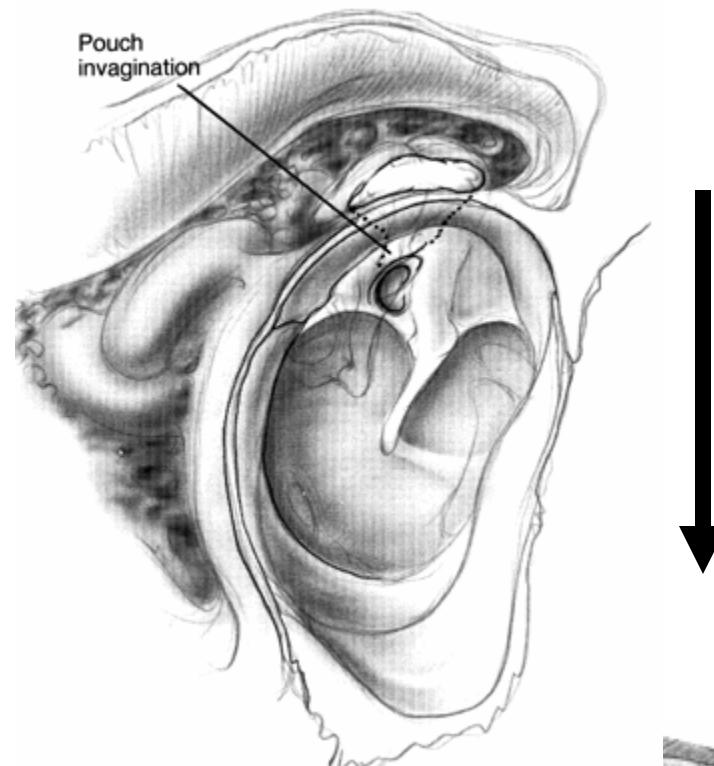
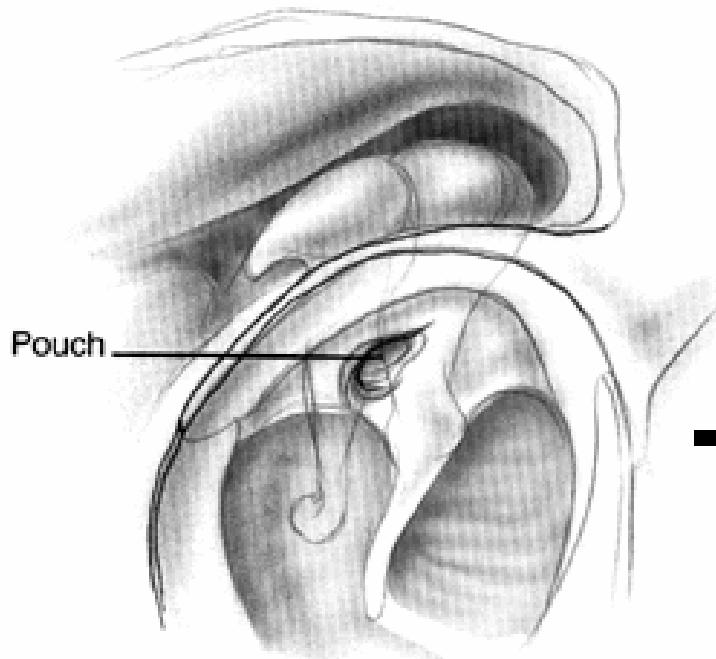
- Middle ear cleft
- Mastoid
- Petrous apex.





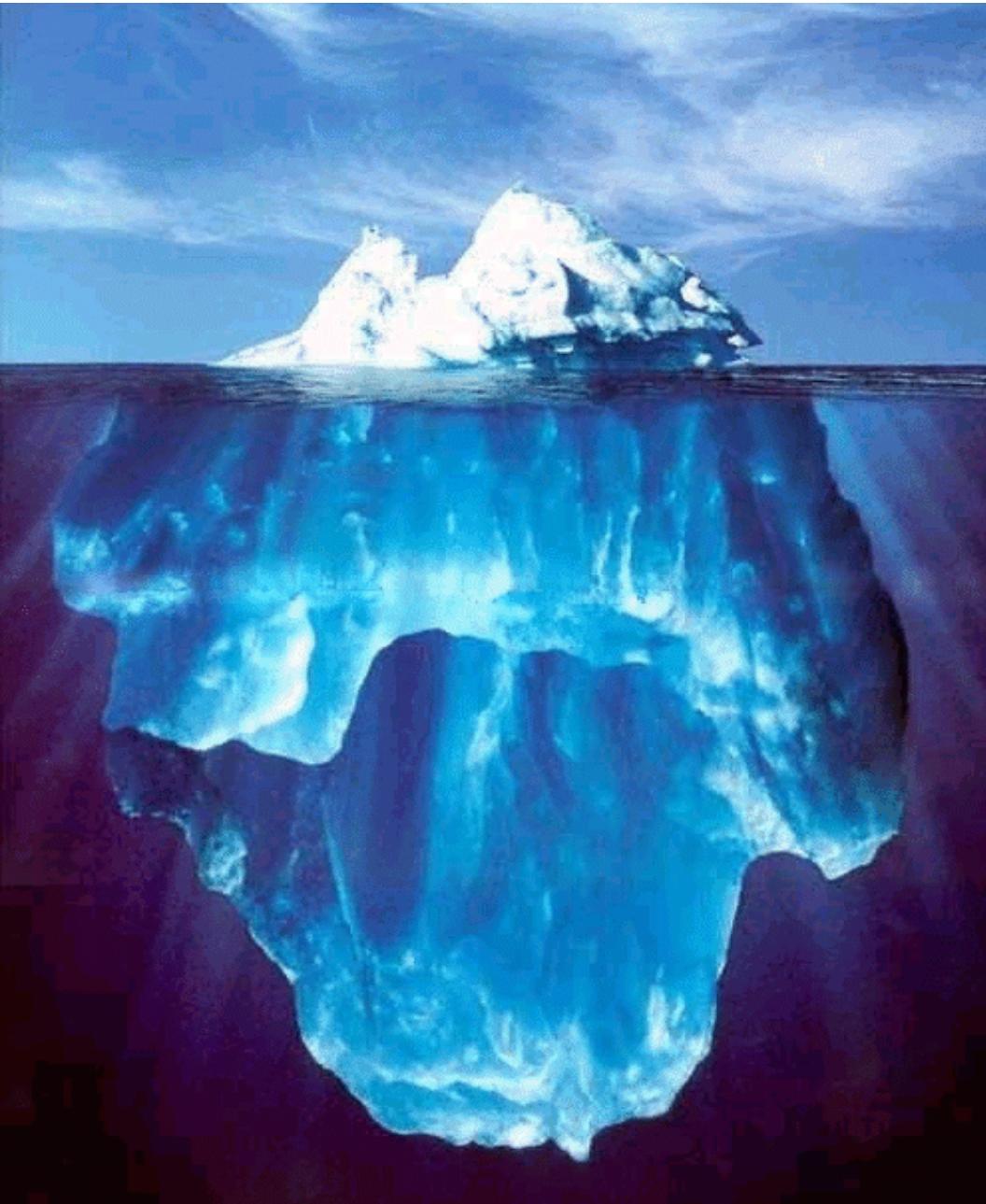
Cholesteatoma

- 1838 Mueller
Cholesteatoma “tumor of fat”
- Schuknecht: keratoma
- Granulation tissue in contact with bone
enzymes “collagenase” → bone destruction.





What you see is just an Ice-burg



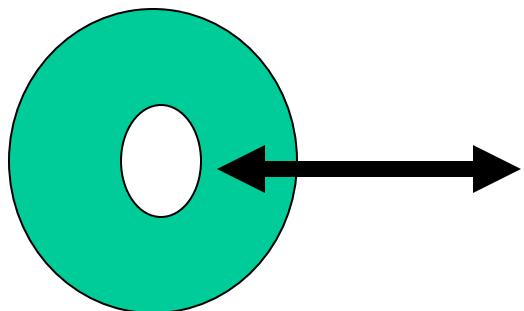


Congenital cholesteatomas

1. Normal TM
2. No history of otorrhea
3. No history of otologic Sx



- Prior OM without otorrhea are not excluding

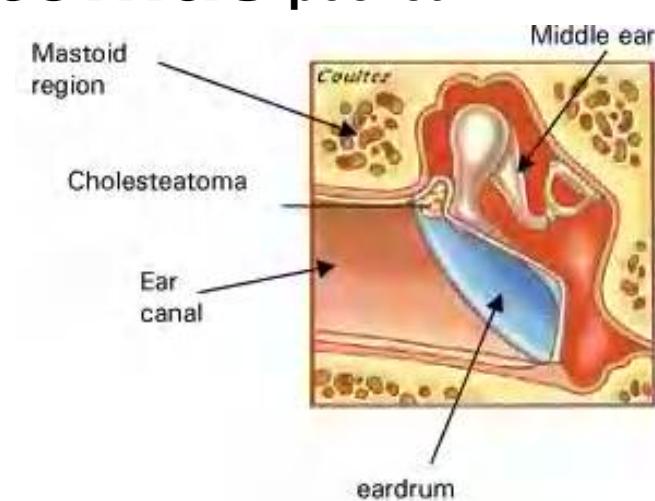




Pathogenesis of cholesteatomas

Primary acquired cholesteatomas

- Invagination
- Basal cell hyperplasia
- Otitis media with effusion
- Epithelial invasion



Secondary acquired cholesteatomas

- Implantation theory
- Metaplasia theory
- Epithelial invasion theory



Cholesteatomas

=

Surgery



Surgical goals for cholesteatoma

1. Treat complications
2. Remove diseased tissue
3. Obtain a dry ear
4. Preserve normal anatomy
5. Improve hearing





Determinants of operative technique for cholesteatoma

Local factors

- Presence of a fistula
- Extent of disease
- Eustachian tube function
- Mastoid pneumatization
- SNHL



General factors

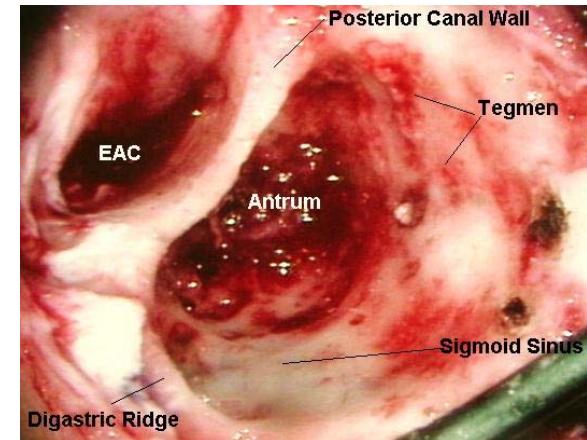
- General medical condition
- Reliability
- Skill of the surgeon



cholesteatoma Surgery

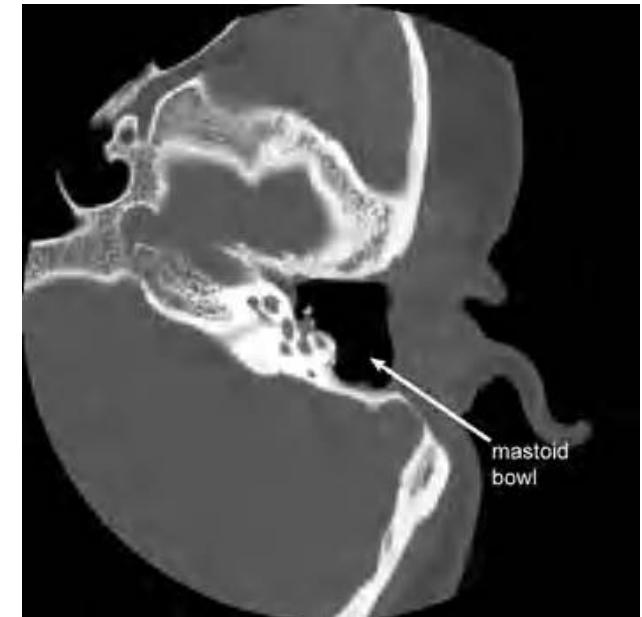
Canal wall up (CWU)

- Complete mastoidectomy



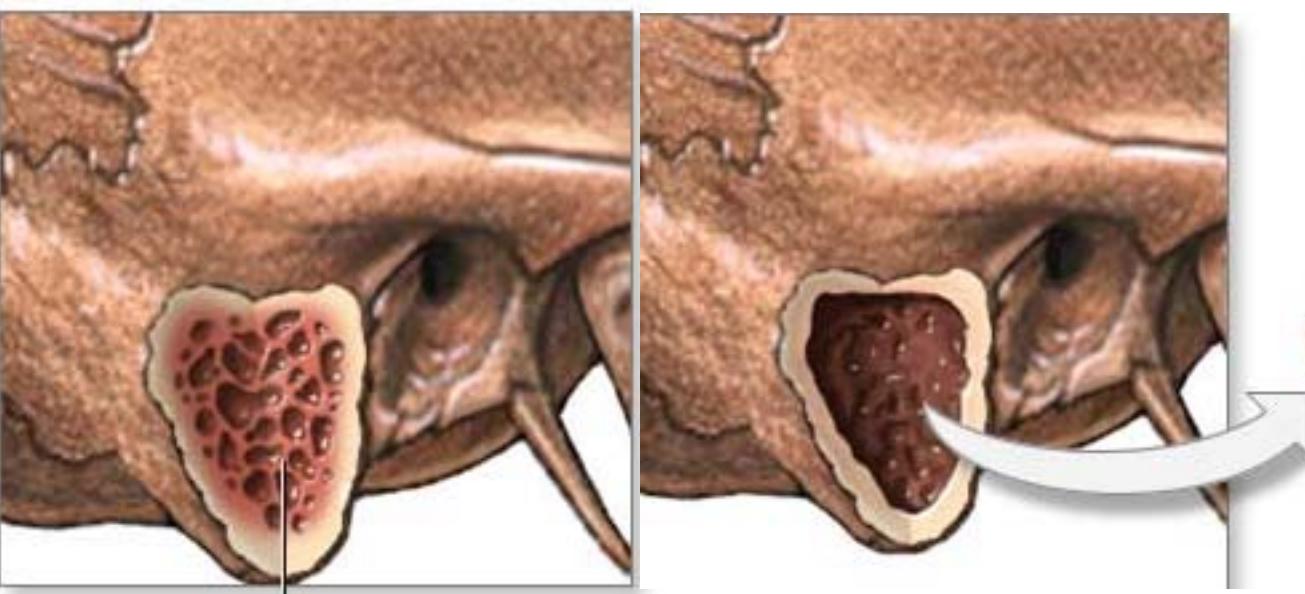
Canal wall down (CWD)

- Modified radical mastoidectomy
- Radical mastoidectomy





CWU Mastoidectomy





Complications

CSOM



COM Complications

Intratemporal

1. Hearing loss (SNHL/CHL)
2. Facial paralysis
3. Mastoiditis
4. Petrositis
5. Inner ear Fistula
6. Labyrinthitis
7. Tympanosclerosis
8. Ossicular discontinuity and fixation



COM Complications

Intracranial

1. Lateral sinus thrombosis
2. Epidural abscess
3. Subdural abscess
4. Meningitis
5. Brain abscess
6. Otitic hydrocephalus



Hearing loss

- SNHL
- Conductive hearing loss common
- Ossicular chain erosion
- Severity of loss varies despite extent of disease
- Silent cholesteatoma?

Sound conductor

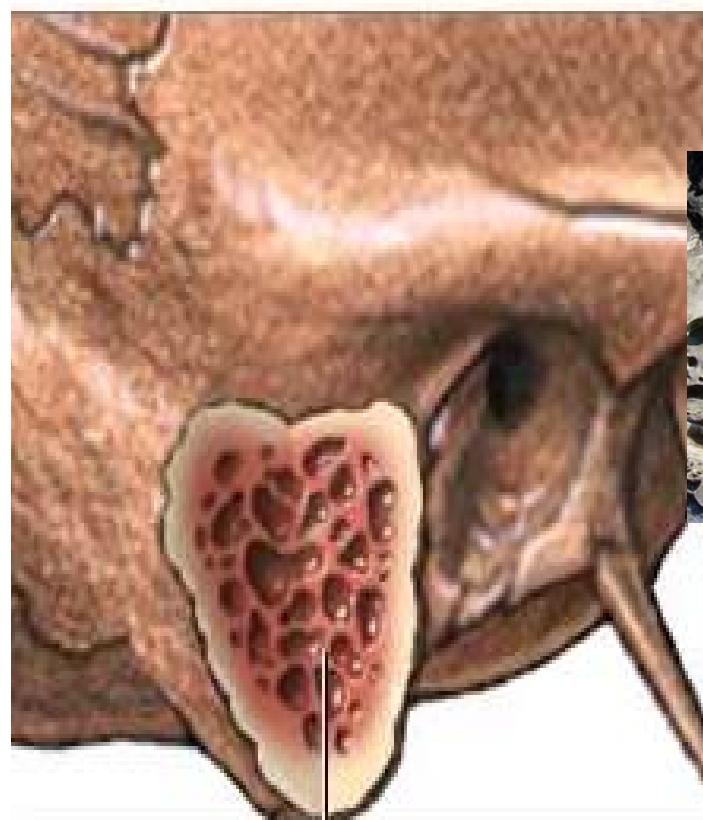
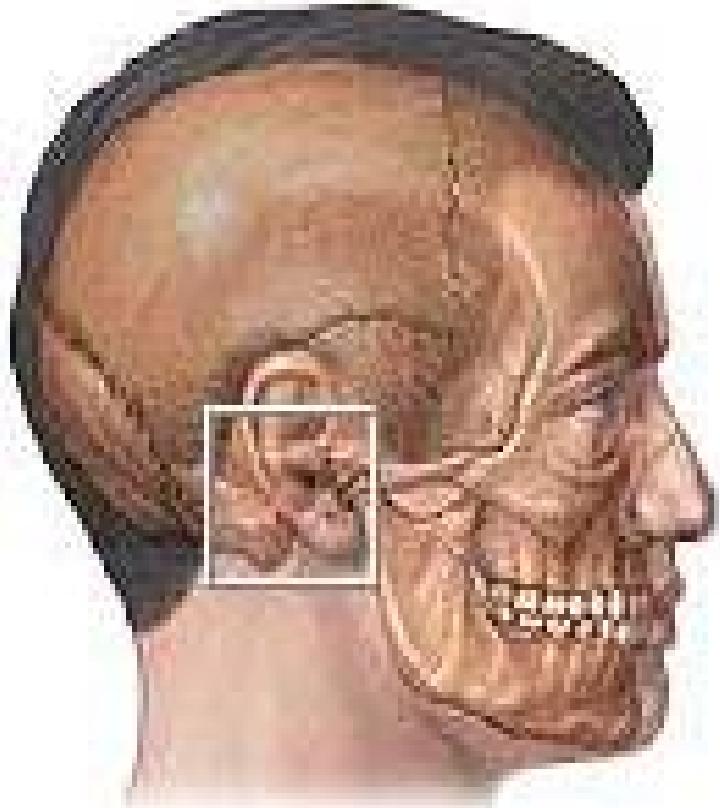


Mastoiditis

- Inflammation of mastoid air cells
- Acute vs Chronic
- Fever
- 2 weeks after OM
- Earache
- Irritability



Mastoid = الخشاء



الخَشَاءُ : مَكَانُ النَّحلِ

(وَأَوْحَى رَبُّكَ إِلَى النَّحلِ أَنْ اتَّخِذِي مِنَ الْجَبَالِ بِيُوتًا وَمِنَ الشَّجَرِ
وَمَا يَعْرِشُونَ)



Labyrinthitis

- Infection of the inner ear
- SNHL
- Vertigo
- Nausea and vomiting

Labyrinth= التَّبِه



(قَالَ فَإِنَّهَا مُحَرَّمَةٌ عَلَيْهِمْ أَرْبَعِينَ سَنَةً يَتَبَاهُونَ فِي الْأَرْضِ فَلَا
تَأْسَ عَلَى الْقَوْمِ الْفَاسِقِينَ)



Tympanosclerosis

- Asymptomatic
- Indicator of OM
- Ear drum stiffness
- Ossicular fixation





Labyrinthine fistula

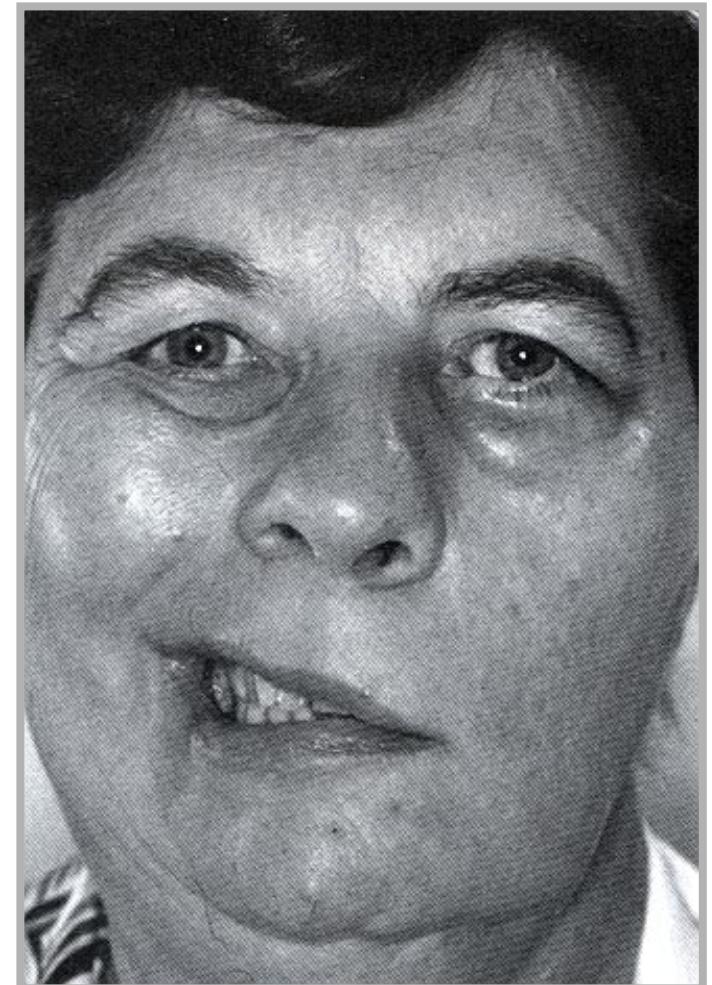
- Suspect with
 - longstanding disease,
 - SNHL
 - vertigo
- Fistula test



Labyrinthine fistula

- CT should be obtained
- Most common horizontal canal
- Requires CWD mastoidectomy

- 56 y
- Earache
- Chronic Discharge





Facial paralysis

- Slow – chronic expansion of disease
- Rapid – infected cholesteatoma
- With cholesteatoma requires immediate surgery
- CT localizes involved portion
- Decompression
- Do not open the nerve sheath



Facial paralysis

- Management
 - Mastoidectomy
 - Remove cholesteatoma and infected debris
 - Acute OM
- Tube, IV antibiotics and +/- steroids +/- mastoidectomy



Petrositis

Only in pneumatised petrous pyramids (30 % normal subjects)

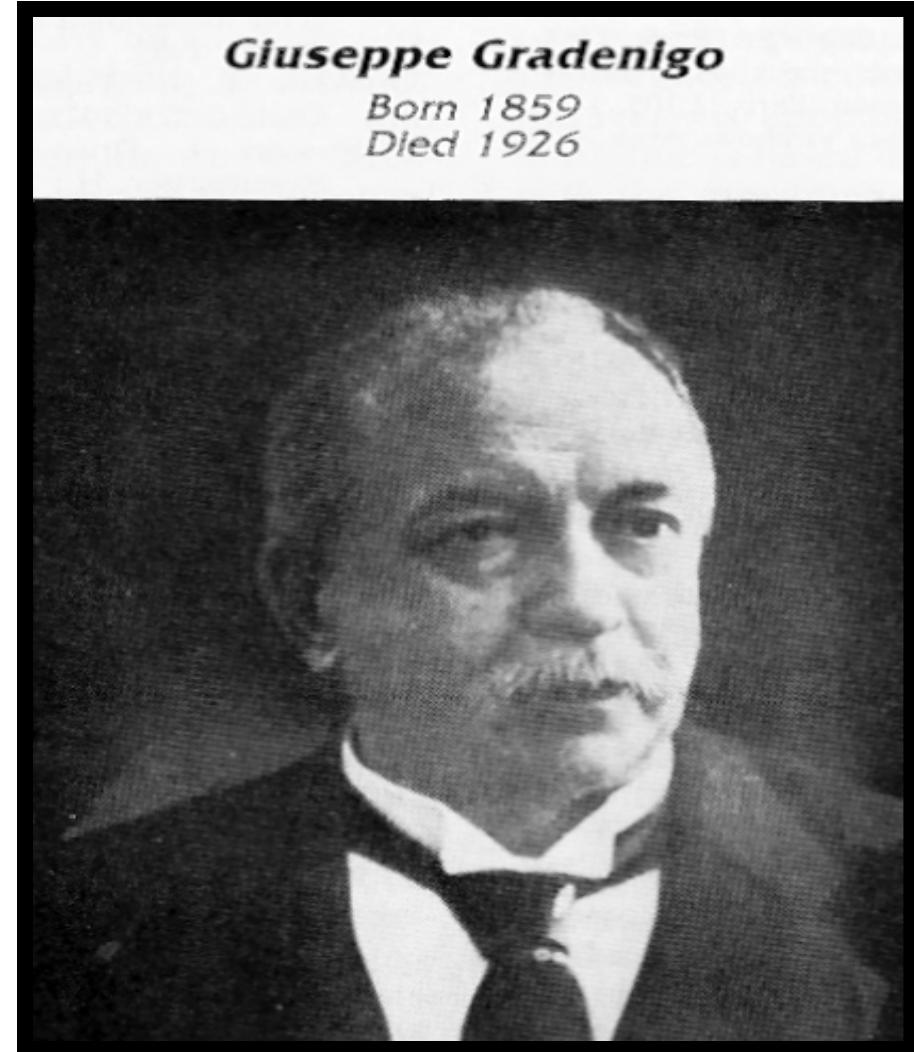
- Infected petrous cells
- Poor drainage
- Bony coalescence → symptoms



SYMPTOMS

GRADenigo

- Retro-orbital Pain
- Abducent →
Diplopia
- Discharge





CNS *Infections*



Impending S/S

- Decreased mental status
- Stiff neck
- Ataxia
- Visual changes
- Seizures
- Other
 - Headache, lethargy, fever, N&V



Anatomic Relationships

Barriers penetration

1. Bone

→ Epidural Abscess

→ LST

2. Dura Mater

→ Subdural Abscess

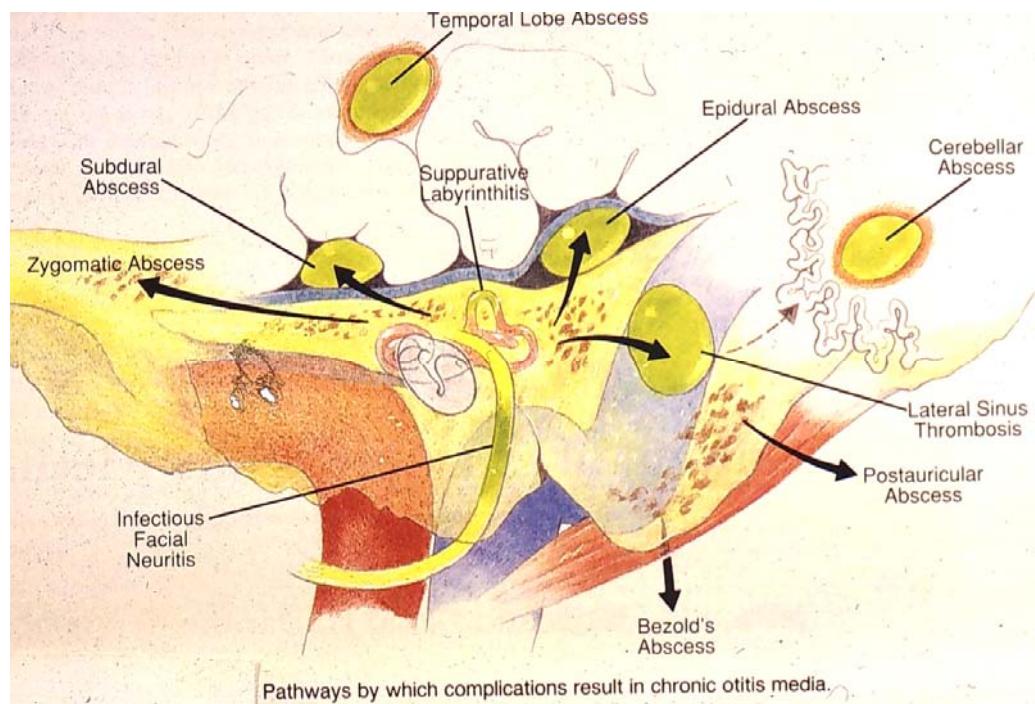
3. Arachnoid

→ Meningitis

4. Pia Mater

→ Brain Abscess

→ Ventricles OHC





COM Complications

Intracranial

1. Lateral sinus thrombosis
2. Epidural abscess
3. Subdural abscess
4. Meningitis
5. Brain abscess
6. Otitic hydrocephalus



Lateral Sinus Thrombosis (sigmoid sinus)

Spread of infection by direct extension or
via mastoid emissary vein



Pus and granulation adjacent to sigmoid
sinus



Reactive thrombophlebitis



intraluminal thrombus

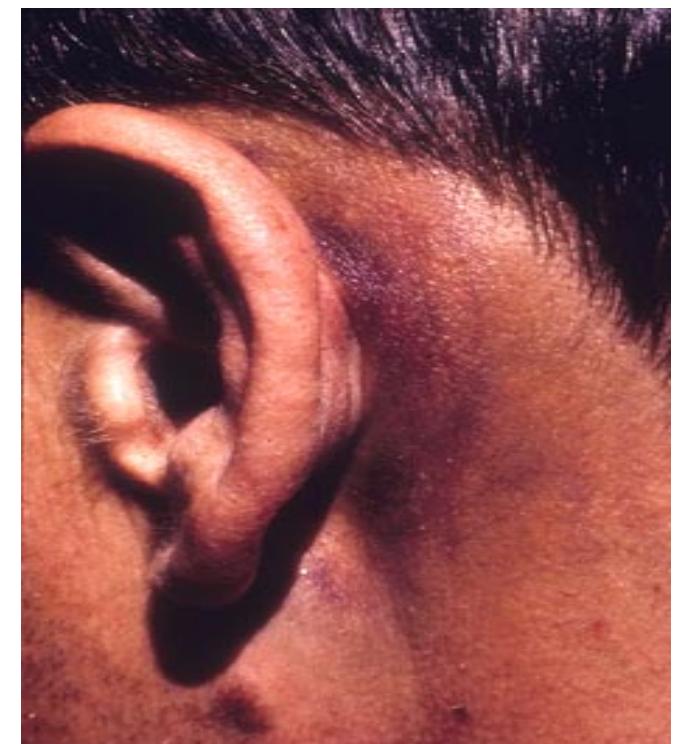


CSF obstruction



Signs of LST

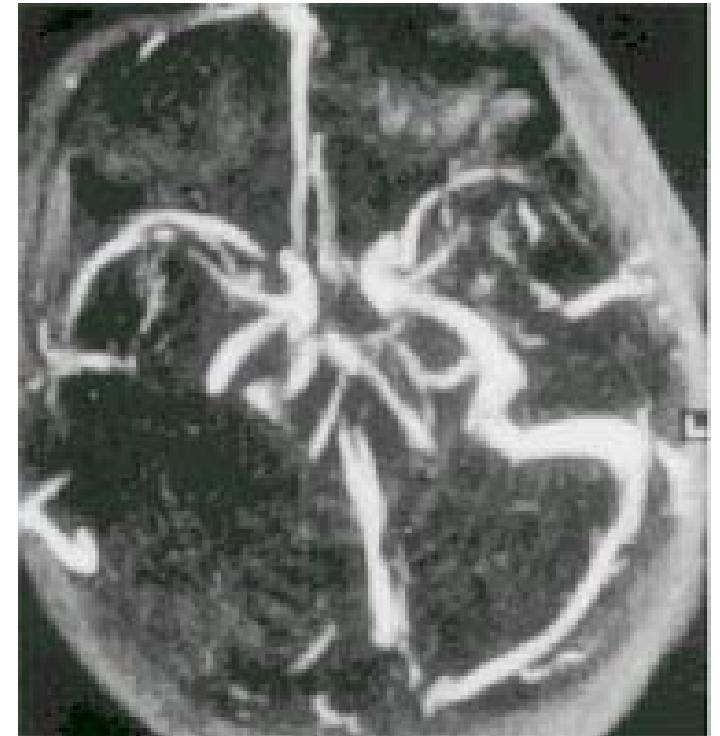
- Picket-fence fever →
- Jugular Foramen syndrome
- Papilledema
- Torticollis
- Greisinger sign →





Lateral Sinus Thrombosis

- 耵 LST rare complication of AOM
- 耵 CT
- 耵 Angio
- 耵 MRI- MRV





Lateral Sinus Thrombosis

Treatment

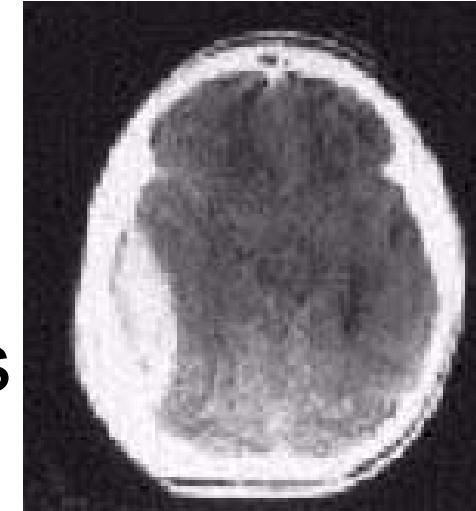
- ⌚ Empiric broad coverage until C&S antibiotic with good CSF penetration

- ⌚ Surgery
 - ⌚ Mastoidectomy
 - ⌚ Decompression
 - ⌚ Thrombus evacuation



Intracranial Epidural Abscess

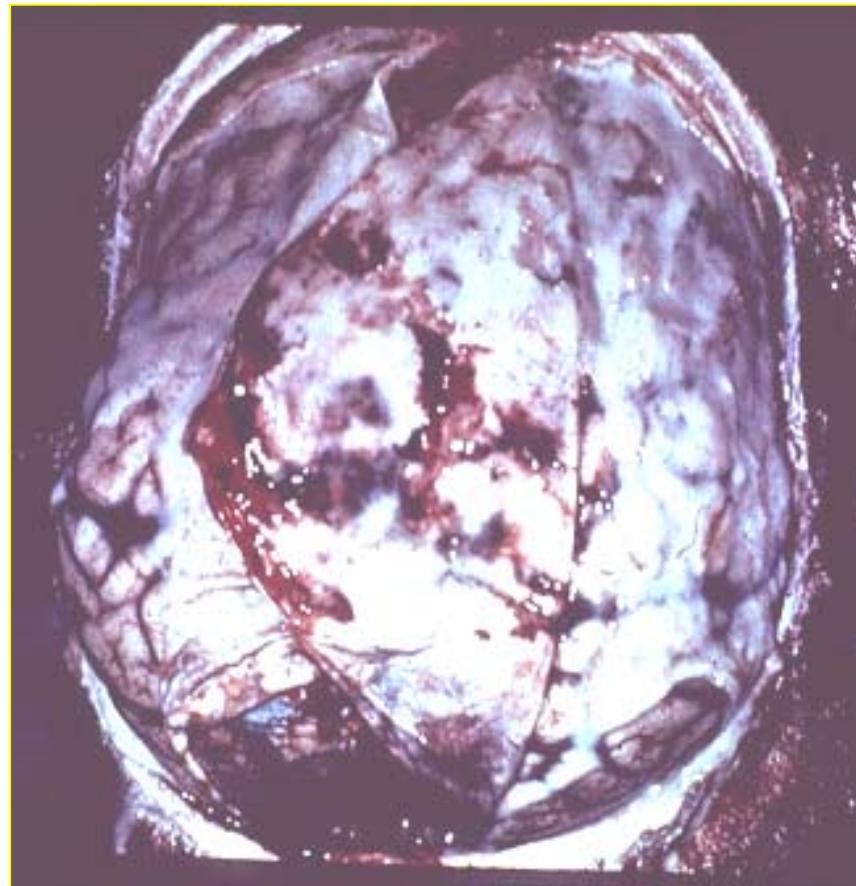
- Localized between dura and bone
- Sharply defined dural adherence to bone at suture lines
- Focal osteomyelitis
- Associated with subdural empyema
- Management and etiology same as subdural empyema





Subdural Empyema

- Between the dura and the arachnoid.
- Potential space
- Lack of anatomical boundaries
→ spread rapidly
- Ear 14%
(paranasal sinusitis 75%)





Subdural Empyema - clinical

- Fever
- Focal neurological deficit
- Nuchal rigidity
- Headache
- Seizures
- Forehead or eye swelling from emissary vein thrombosis
- Vomiting



Subdural Empyema - evaluation

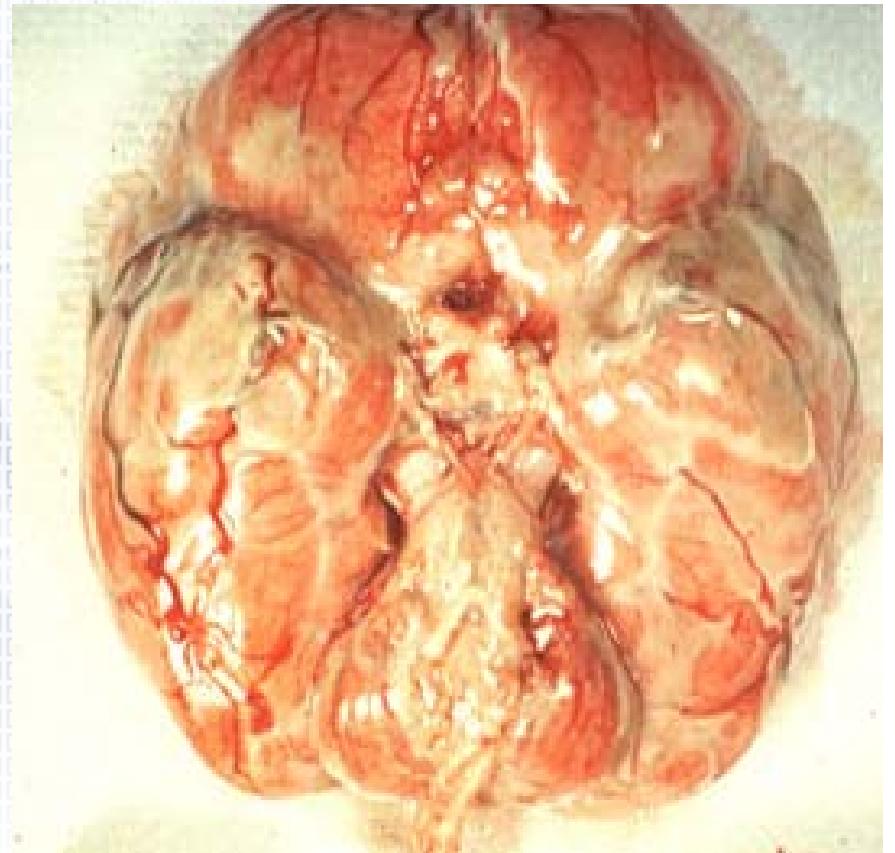
- CT of head both with and without contrast
- LP - hazardous - risk of transtentorial herniation



Management of Subdural empyema

- Antibiotics - initially
 - Vancomycin
 - Chloramphemicol
 - Flagyl
 - Modify based on culture results
- Craniotomy
 - relatively emergency
 - Wide craniotomy
 - because of septations / loculations

Meningitis





Meningitis: Clinical Manifestations

- Headache
- Nuchal rigidity
- Fever and chills
- Photophobia
- Vomiting
- Seizures
- Focal neurologic symptoms
- Altered sensorium (confusion, delirium, or declining level of consciousness)
- Rash

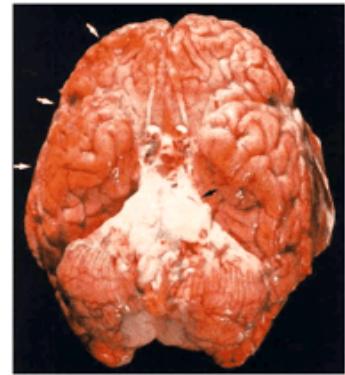


Pathophysiology of Clinical Findings in Meningitis

Pathophysiology	Clinical features
Systemic infection	Fever, myalgia, rash
Meningeal inflammation	Neck stiffness, Kernig's sign, Brudzinski sign, cranial nerve palsies
Cerebral vasculitis	Focal neurologic abnormalities, seizures
↑ICP due to meningeal inflammation & cerebral edema	Change in mental status, headache, cranial nerve palsies, seizures

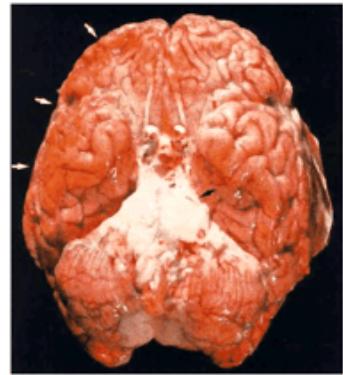
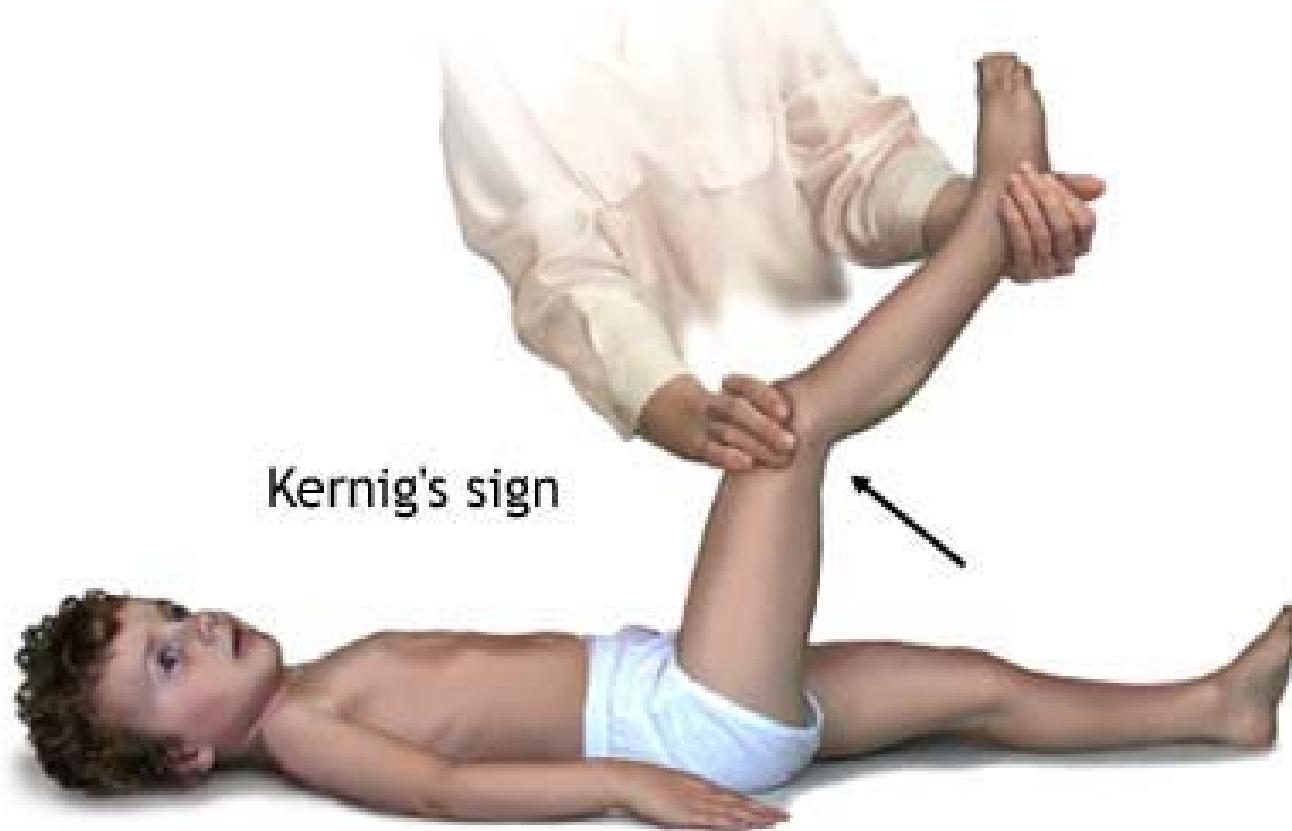


Physical Examination Nuchal Rigidity



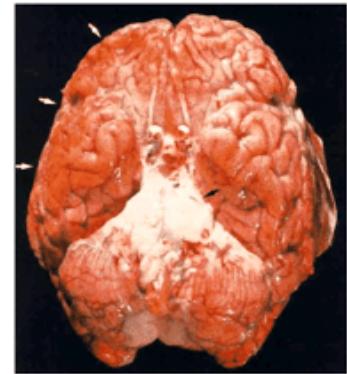


Physical Examination





Physical Examination



Brudzinski's neck sign

Kernig & Brudzinski signs have low sensitivity but high specificity



CSF Findings in Meningitis

	Normal	Bacterial	Viral	Fungal/ TB
WBC	0-5	>1,000	100-1,000	100-500
%PMNs	0-15	90	<50	<50
Glucose	45-65	<40	45-65	30-45
CSF:Blood glucose	0.6	<0.4	0.6	<0.4
Protein	20-45	>150	50-100	100-500

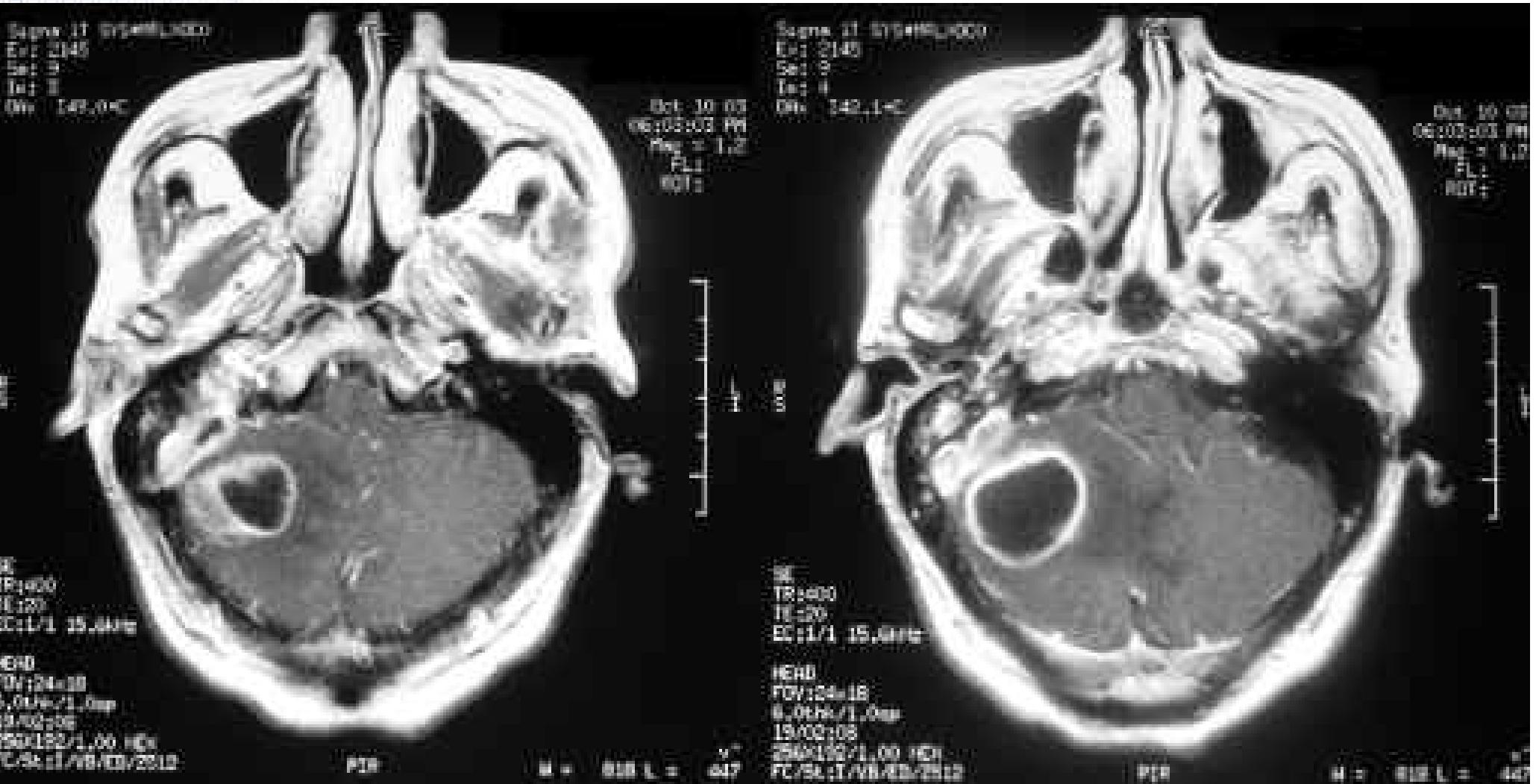


CSF Microbiology

- Gram stain:
 - Sensitivity 60-90%
 - Specificity nearly 100%
 - In pts who received an antibiotic: 40-60% (+)
- Culture (+) in 70-85%
 - <50% (+) in those partially treated
- False-negatives may occur in patients who are partially treated



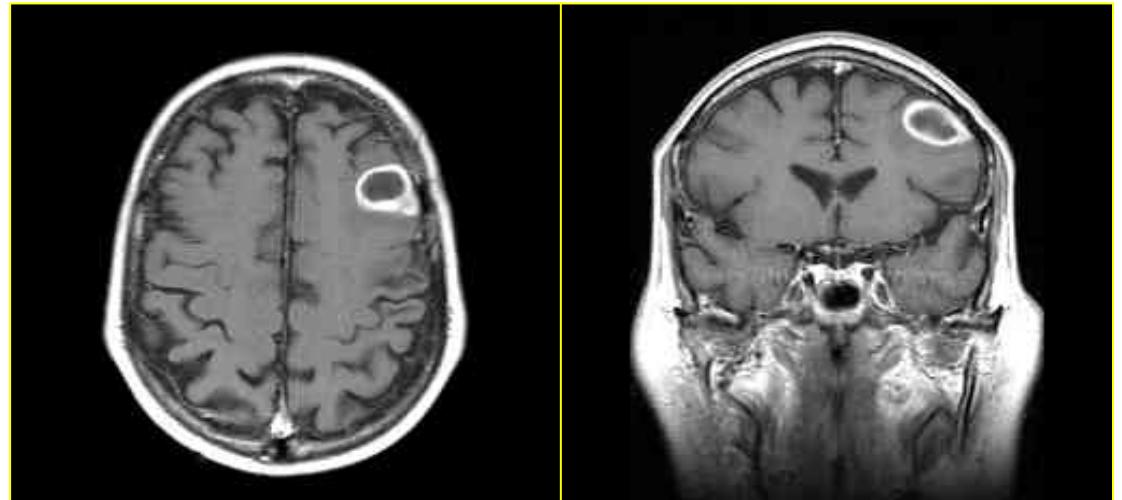
Intraparenchymal abscess



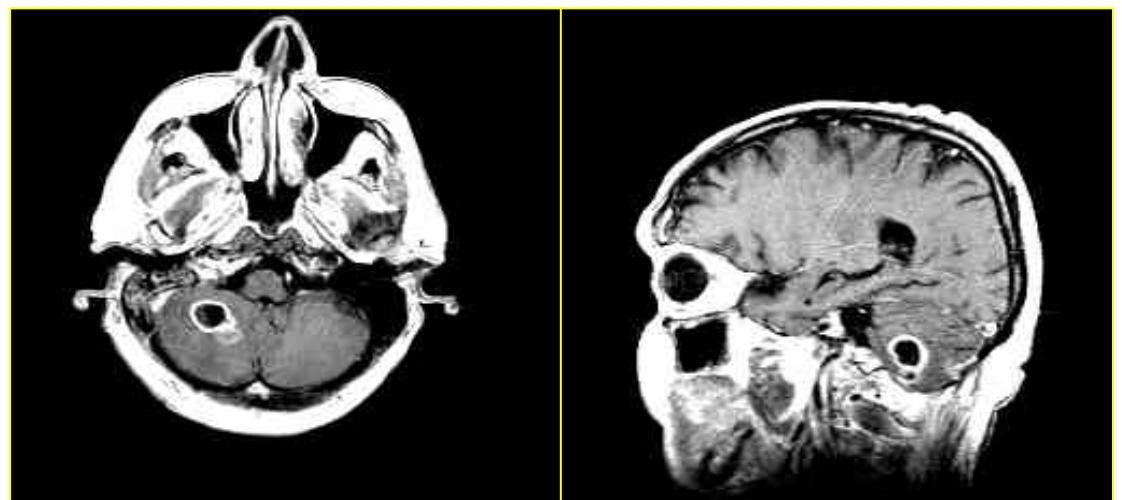


Brain infection

- Temporal Lobe



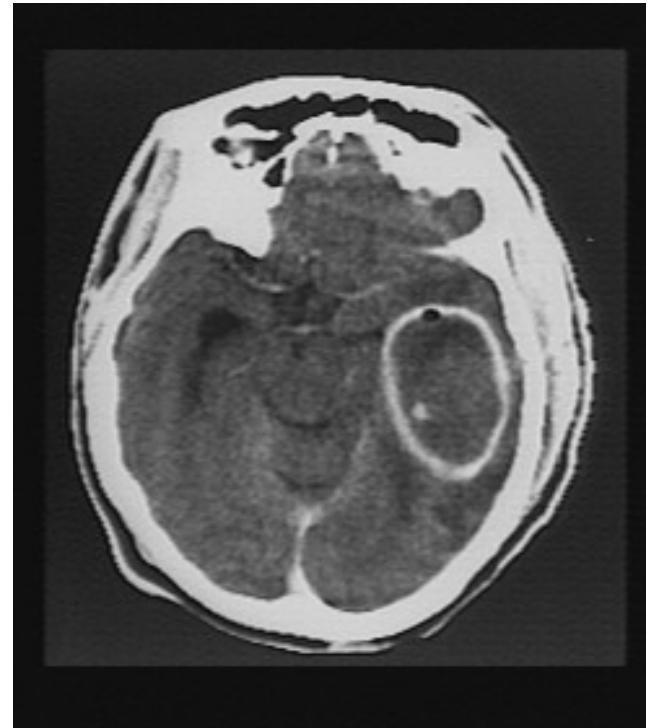
- Cerebellum

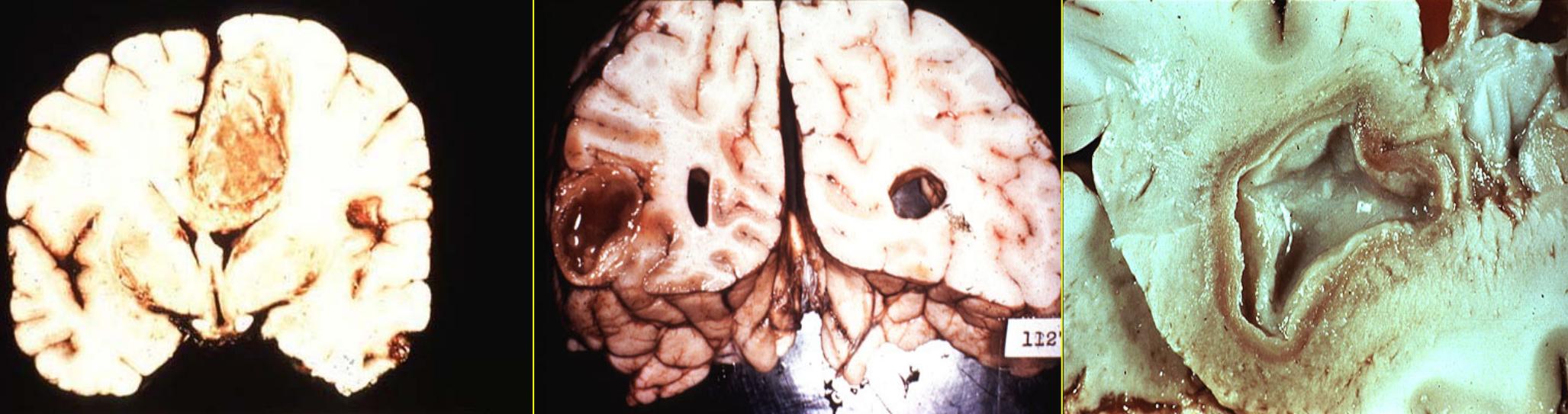




Stages of Brain Abscess

1. Encephalitis
2. Latency
3. Expanding
4. Rupture





Encephalitis

Poorly localized area of discoloration and softening.

Latency

Early Abscess Stage - increasing necrosis of center with beginnings of capsule formation

Expanding

(Late Stage) - dense fibro-gliotic capsular wall and purulent center



Brain Abscess - Clinical Presentation

- non-specific Symptoms for abscess
- increased intracranial pressure
 - Headache,
 - Nausea/Vomiting
 - Lethargy.
 - Seizures.



Otic *hydrocephalus*



Otitic hydrocephalus

- Misnomer (no ventricular dilatation)
- Many terms used including
 - pseudotumour cerebri
 - Benign intracranial hypertension
 - idiopathic intracranial hypertension
 - serous meningitis
 - angioneurotic hydrocephalus
 - meningeal hypertension



Symptoms

- Non-specific
- Headache
- Tinnitus
- Nausea / vomiting
- Visual disturbance
- Others – lethargy, dizziness, mood change



Headache

- Frontal worse on lying down
 - Raised intracranial pressure
 - Papilloedema
 - ± VI n. palsy



Management

- Goals of treatment are
 - Treat underlying disease
 - symptom relief
 - preservation of vision
- Various treatment modalities including
 - medication
 - repeated lumbar punctures
 - surgery



Cont;d

- Oral corticosteroid
- Repeated lumbar punctures
- Lumboperitoneal shunting



Prognosis

- High variable course
- May resolve within months to years
- 10% recur (weeks to years)
- 10 % serious visual loss



Cases



COM

- 45 Y
- Rt Ear Hearing loss
- Discharge





Cholesteatoma

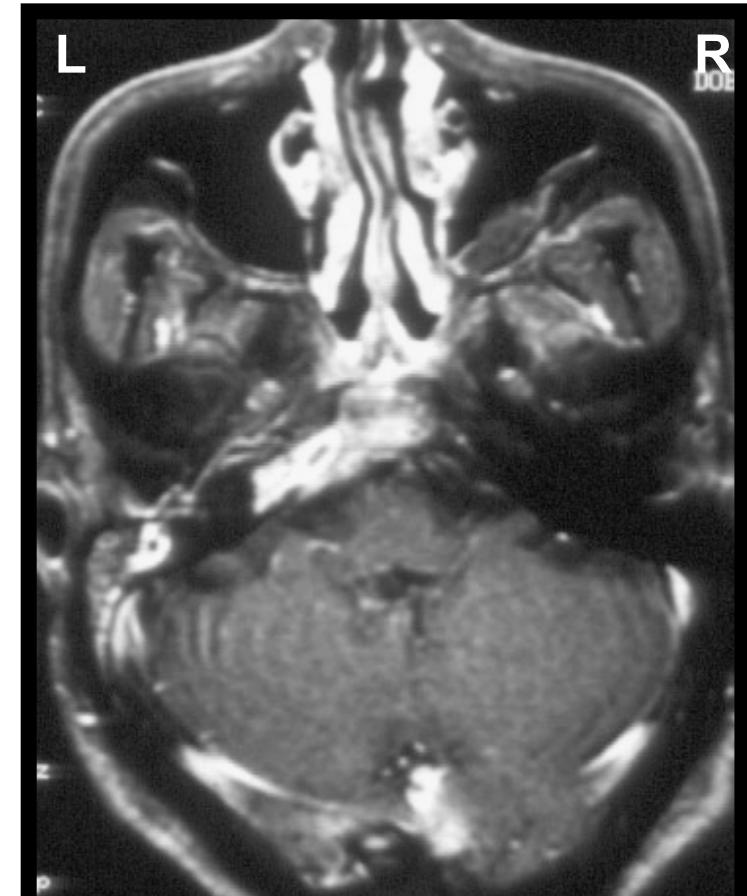
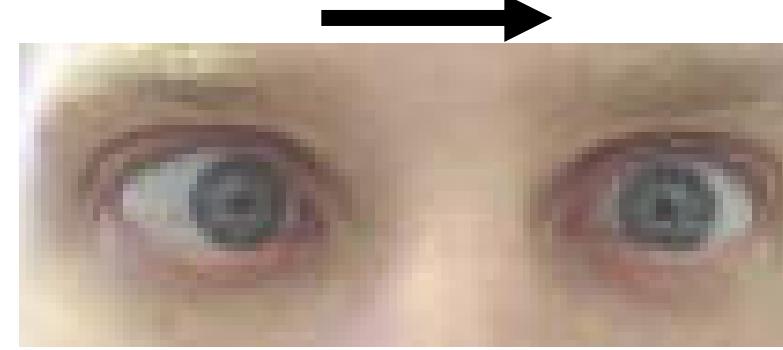
- 35 Y
- Left ear
- Discharge
- Deafness
- Diagnosis?
- Treatment?





Petrositis

- 50 Y
- Headache
- Persistent ear discharge
- Diplopia





Congenital cholesteatoma

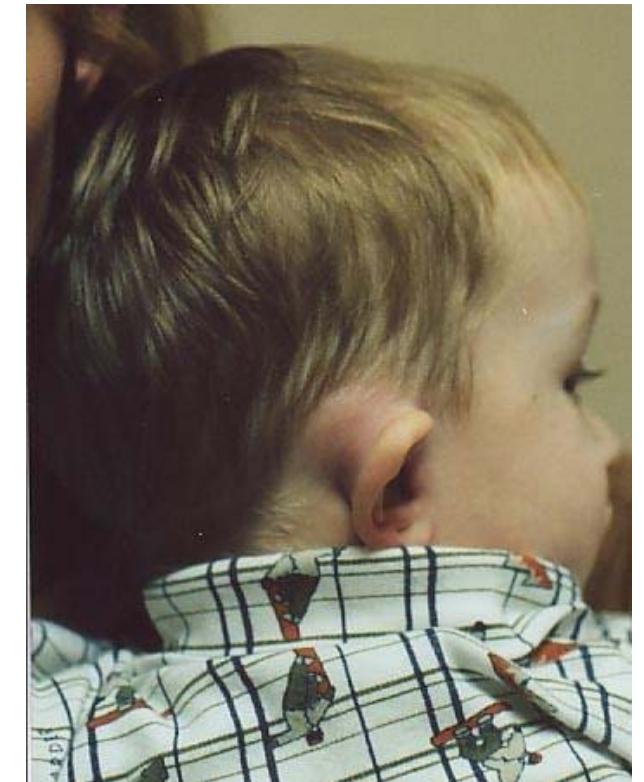
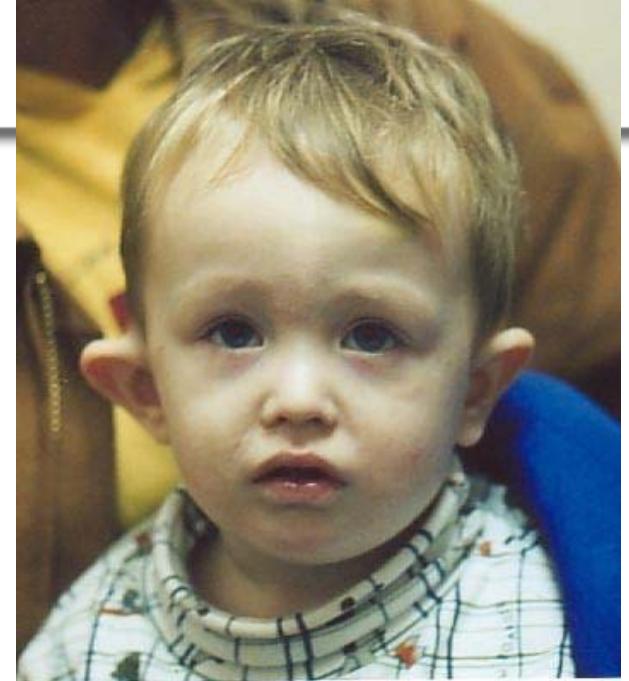
- 3 Y
- Healthy
- Incidental finding →





Mastoiditis

- 3.5 Y
- 2 weeks ago OM
- Fever
- Earache
- Exam →





Brain abscess

- 35 Years
- PMHx Rt CSOM
- Fever
- Headache





The
Find