

FAMILY MEDICINE ROTATION COMM-421

Formerly, Primary Health Care Rotation

*Course Specifications
Female Students*

Second Batch

29.5.1435 (30.1.14)

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A COUPLE OF THANKS.....



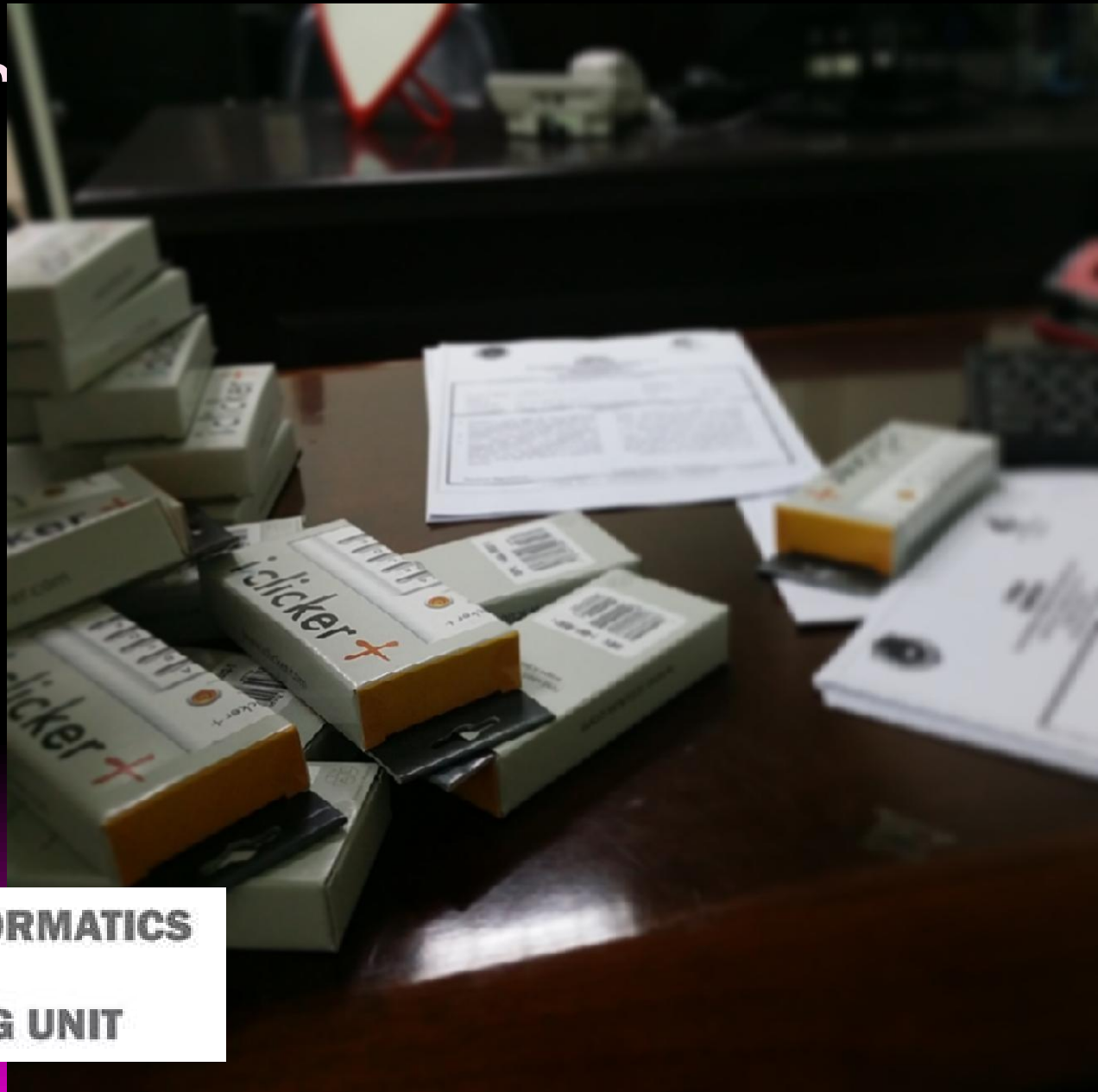
King Saud University
College of Medicine
Department of Family and Community Medicine



مقرر 421 طبع

FAMILY MEDICINE ROTATION
Formerly **(PRIMARY HEALTH CARE ROTATION)**
COMM-421

iClicker



**MEDICAL INFORMATICS
&
e-LEARNING UNIT**

The Learning contact

Student's Name: _____ No.: _____

Student Objectives and expectations

1. What do you hope to gain from this course?

1.

2.

3.

4.

5.

6.

7.

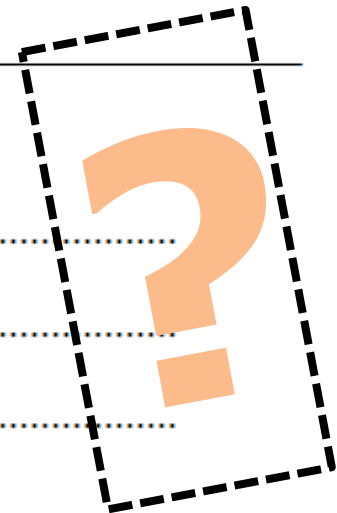
8.

9.

2. Ideas about how to achieve these goals.

1.

2.



Models of Care

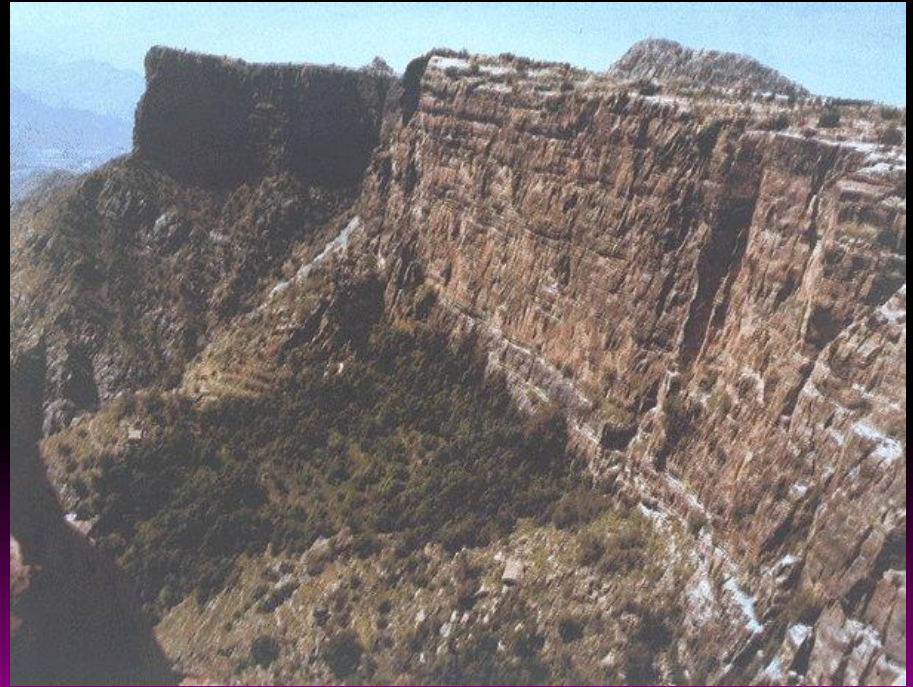
- Biomedical model
- Biopsychosocial model



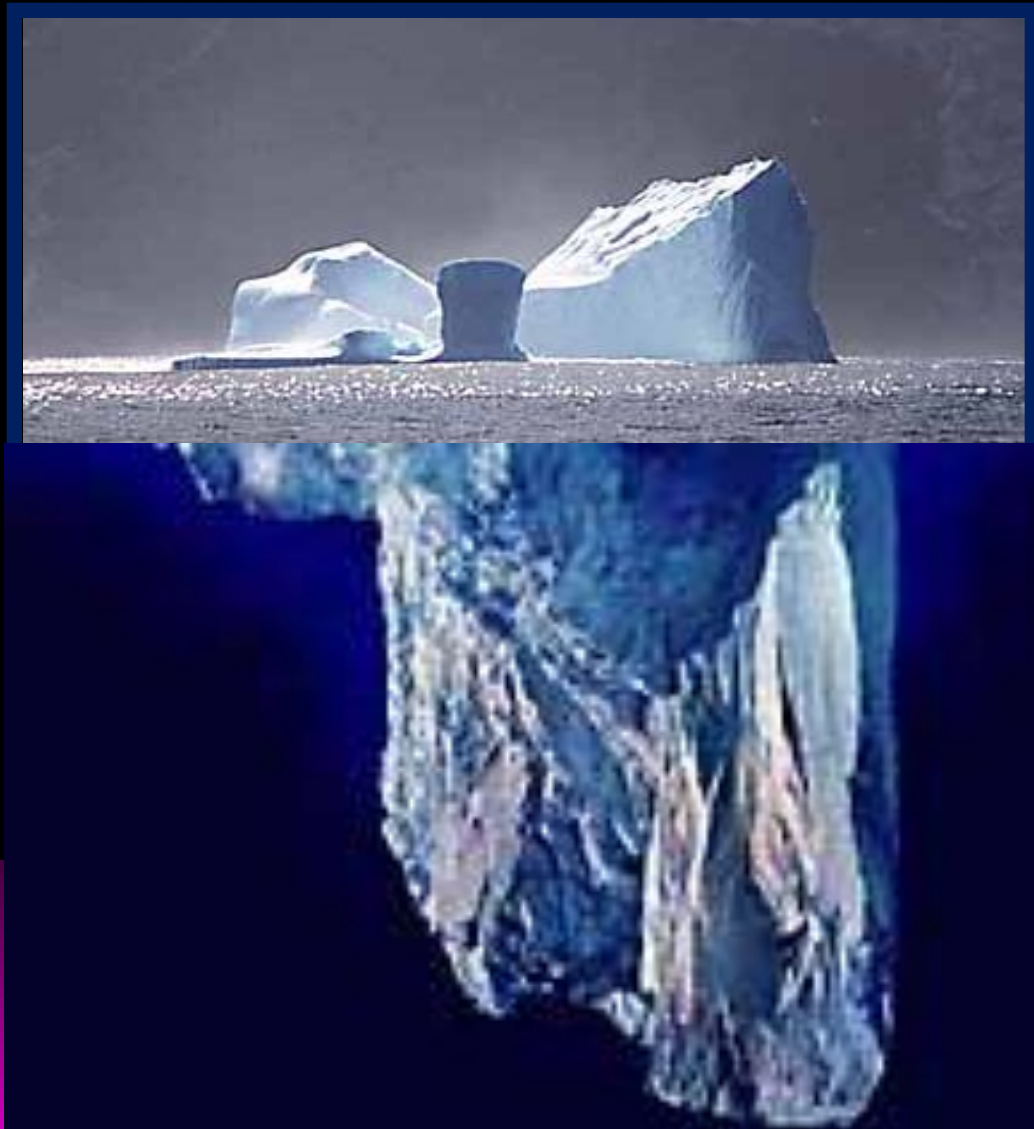
How Wide Is Family Medicine?



How Wide Is Family Medicine?

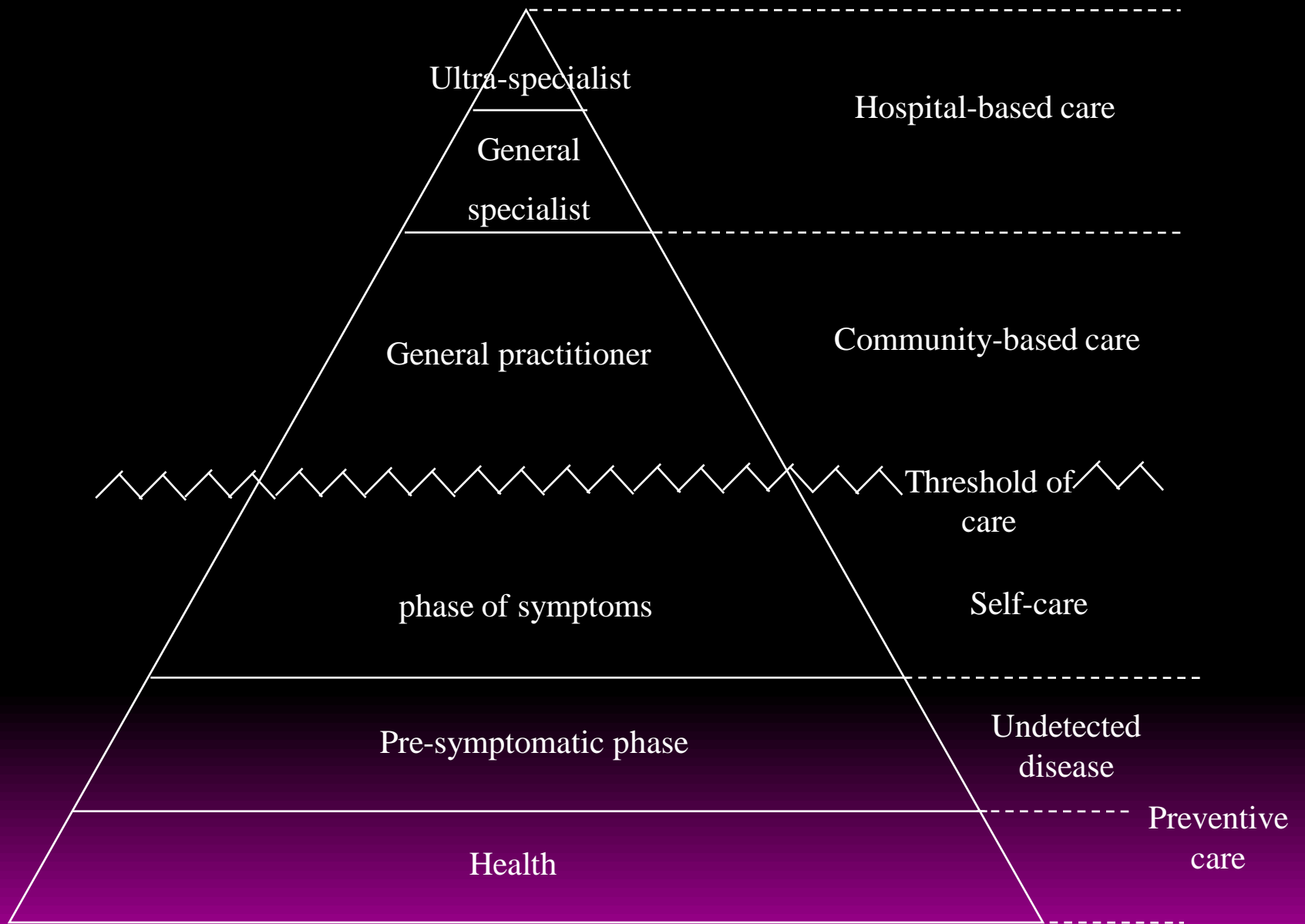


‘AN INCOMPLETE PICTURE’



'THE COMPLETE PICTURE'

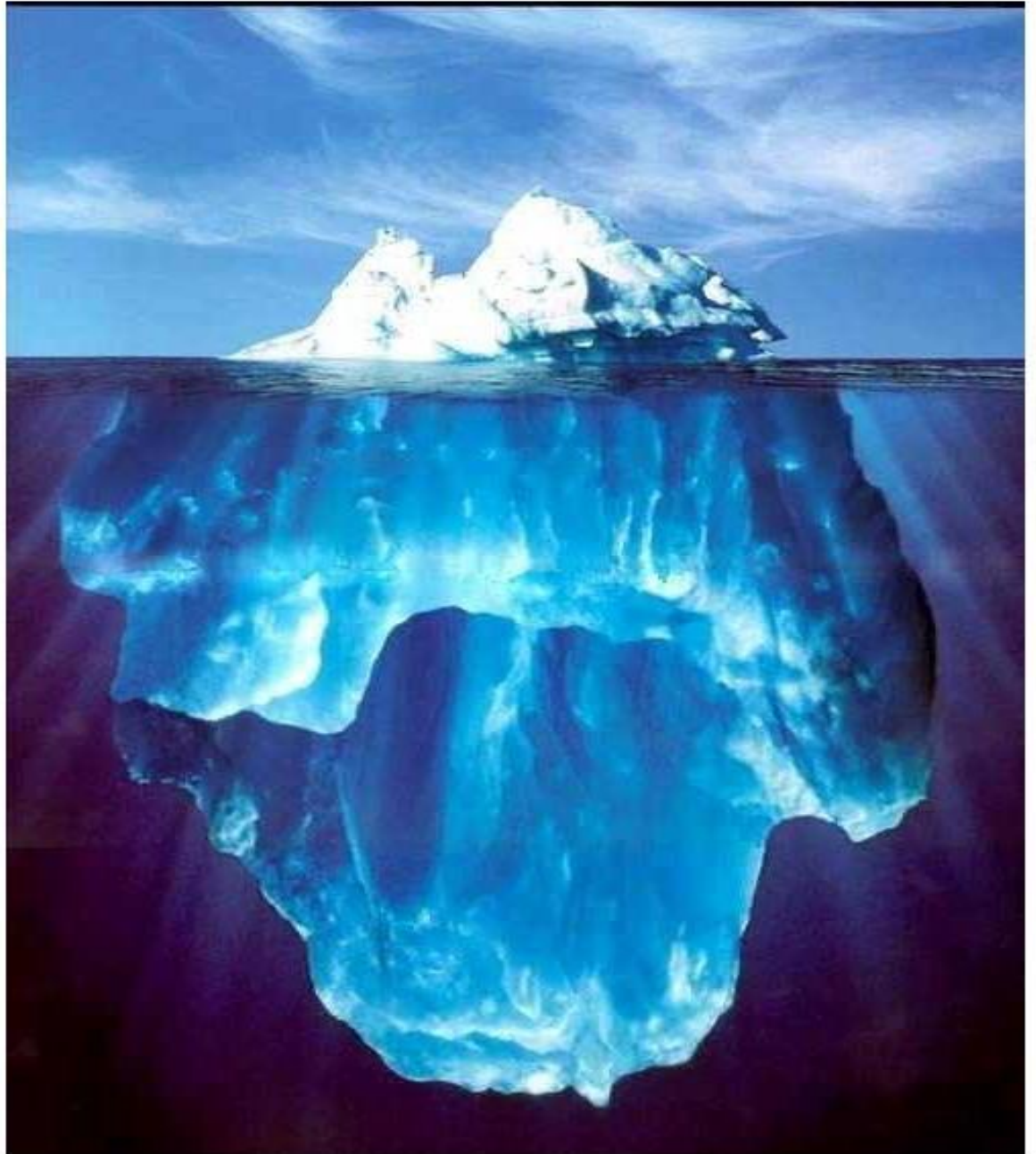




Clinical iceberg and levels of care

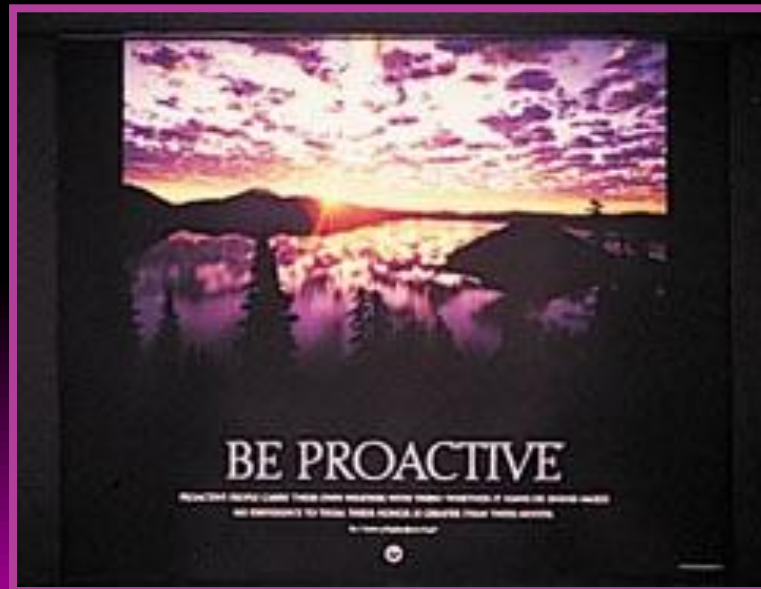
1,000 — Adult population at risk

- *Have you ever seen an iceberg from tip to bottom?*



Approach to Care

- Reactive
- Proactive



Family Medicine

**Any
other
specialty**

Any questions?

Points to remember...

Biopsychsocial approach

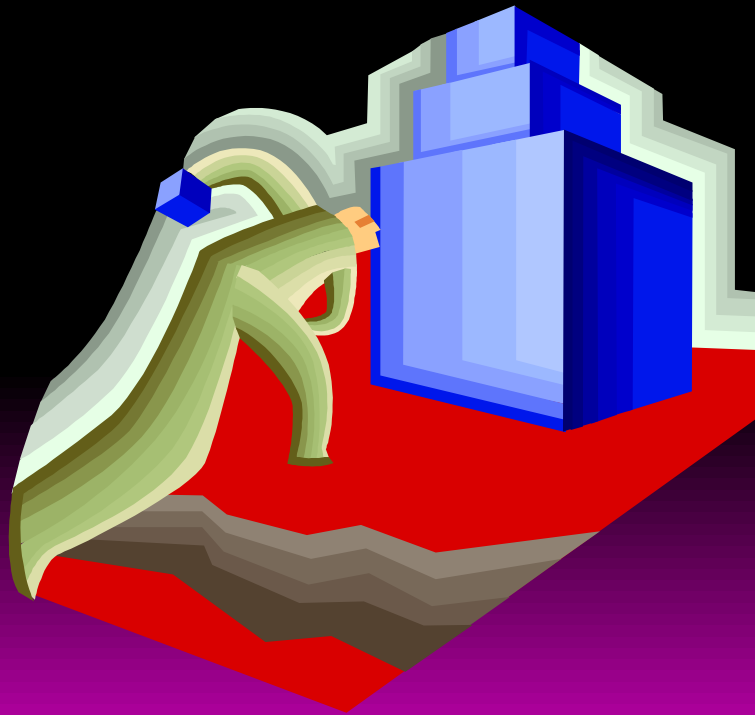
Reactive Vs proactive care

Wider scope:

Whole-person oriented

Family/ community oriented

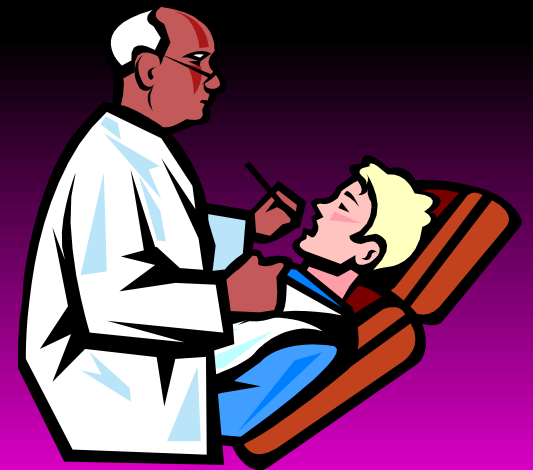
Aims and Objectives



Aims

1. To gain an overview of FM specialty:

- Philosophy
- Features
- Methods
- Holistic approach



Aims

2. To help students become familiar with

- *Knowledge*
- *Attitudes*
- *skills*



Aims

3. To advance the **k**nowledge and **s**kills acquired by students during their study in *other departments/specialties* of the medical school



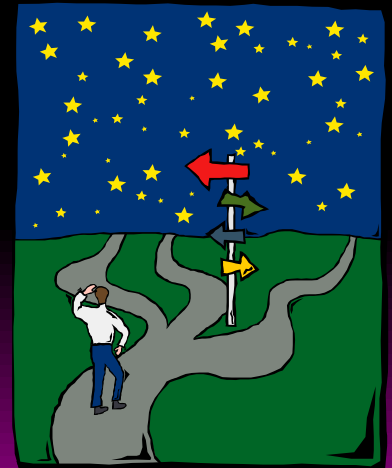
Family Medicine

Aims

4. To provide an appropriate exposure to the discipline of FM/PHC



Career Decision-making



Knowledge

Objectives

1. List the principles of PHC and demonstrate an understanding of its role in patient care in Saudi Arabia
2. Discuss the diagnosis and management of common family medicine problems
3. Recognize different models of consultations
4. Demonstrate and understand the role of social, psychological and environmental factors in the pathogenesis and management plan of illness

Knowledge (Cont'd)

Objectives

5. Recognize the functions of family medical records
6. Demonstrate awareness of community resources and appropriate use of consultants
7. Be familiar with the concept and methods of *life-long learning* and *evidence-based medicine*

Skills

Objectives



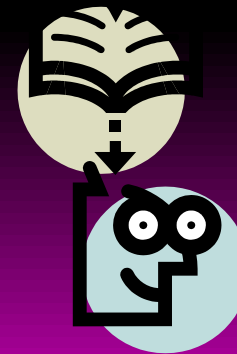
Interviewing skills



Physical exam skills



Problem-solving skills



Evidence-based medicine skills

Attitudes

Objectives



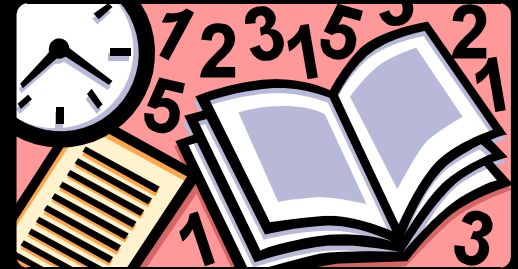
Motivation

Teamwork



Respect

Responsibility for
own learning



Critical
thinking

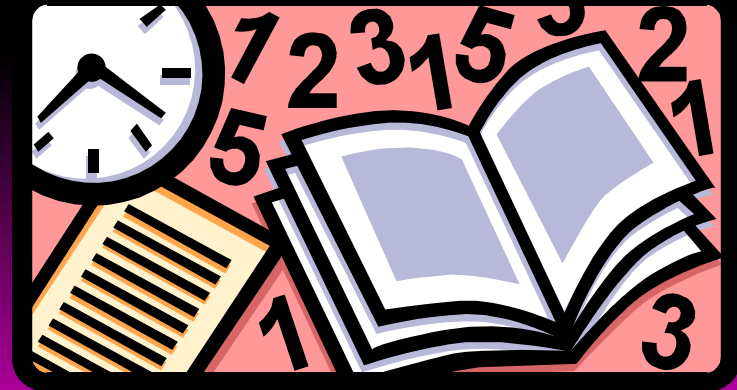


Good professional &
ethical standards

How to do that?!



Methodology



General Weekly Schedule (P 13)

Days	T I M E		
	8:00 - 12:00	12:00-1:00	1:00-4:00
Sunday	Clinical Attachment*	Prayer and Lunch	Clinical Attachment*
Monday	DIDACTICS	Prayer and Lunch	DIDACTICS
Tuesday	*Clinical Attachment	Prayer and Lunch	Clinical Attachment*
Wednesday	DIDACTICS	Prayer and Lunch	DIDACTICS
Thursday	Clinical Attachment	Prayer and Lunch	Clinical Attachment

Distribution of Learning Opportunities

Interactive lectures and practicals	16
Large group tutorial (LGT)	13
Log diary and logbook discussion	5
Primary health care center (PHCC)	16
Self-directed learning	12 hr



REVIEW SCHEDULES AND DATES.....

Week		Week 31 (30 March To 03 April 2014) (29 Jumada' I To 03 Jumada' II 1435)							
		Introduction To Primary Health Care							
Day	Time	8:00 – 9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00
Sunday (30/03/2014) 29/05/1435		(Primary Health Care) Overall Outline Of The Course Dr. Nada Alyousefi	Patient Counselling and Terminal And Palliative Care (Lecture) Dr. Nada Alyousefi	PHC System In Saudi Arabia (Lecture) Dr. Basma Alkhodhier	Anticipatory Care (Lecture) Dr. Nora Alrowais	Lunch Break	(Primary Health Care) Consultation/ Communication Skills (1) (Lecture) Dr. Aljohara M Alquaiz		Self-Directed Learning
Monday (31/03/2014) 30/05/1435		Critical Appraisal Skills (Lecture) Dr. Amani AlMualllem (Primary Health Care)		Consultation/Communication Skills(2) Dr. Aljohara M Alquaiz			Social Issues In health care (Lecture) Ms. Haya AlMaryad	Introduction To Clinical Audit (Lecture) Dr. Nora Alrowis	Self-Directed Learning
Tuesday (01/04/2014) 01/06/1435		Data Interpretation I HBV Markers, Thyroid, Metabolic (Interactive Practical Session) Dr. Hussein Saad		Rational Use Of Medications And Compliance (Lecture) Dr. Abeer Alshahrani			Consultation/ Communication Skills (Approach To Difficult Patient) (3) (Lecture) Dr. Aesha Alsaghier		Self-Directed Learning
Wednesday (02/04/2014) 02/06/1435		Data Interpretation II HBV Markers, Thyroid, Metabolic (Interactive Practical Session) Dr. Hussein Saad		(Primary Health Care) Evidence Based Medicine II (Lecture+ Critical Appraisal) Dr. Nada Alyousefi			Desirable Qualities Of Family Physician (Lecture) Dr. Riaz Quraishi		Self-Directed Learning
Thursday (03/04/2014) 03/06/1435		Family Medicine Approach To Patient With Headache (Student Led Seminar) Dr. Enas Demyati		(Primary Health Care) Principles Of Patient Education (Lecture) Breast Feeding As Example Dr. Fouzia Athreashy			Family Medicine Approach To Diabetic Patient (Student Led Seminar) Dr. Ghada Alarfaj		Self-Directed Learning

Week		Week 32 (06 April 2014 To 10 April 2014) (06 Jumada' II To 10 Jumada' II 1435)							
Theme		Exposure To Primary Health Care							
Day	Time	8:00 – 9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00
Sunday (06/04/2014) 06/06/1435		Clinics				Lunch Break	Clinics		
Monday (07/04/2014) 07/06/1435		Case Presentation Skills 1 Dr. Nora Alroais Dr. Basma Alzahrani		Smoking Epidemiology, Risks, How Can We Help Smoker To Quit, Update In Pharmacological Intervention (Student Led Seminar) Dr. Haya Alabbad			Family Medicine Approach To Obese Patient (Student Led Seminar) Dr. Fouzia Alhreasby		Self-Directed Learning
Tuesday (08/04/2014) 08/06/1435		Clinics					Clinics		
Wednesday (09/04/2014) 09/06/1435		Family Medicine Approach To Patient With Back Pain (Student Led Seminar) Dr. Basma Alkhodhier		Evidence Based Approach To High BP (Student Led Seminar) Dr. Aljohara M Alquaiz			Breaking Bad News (Student Led Seminar/Role Play) Dr. Nada Alyousefi		Self-Directed Learning
Thursday (10/04/2014) 10/06/1435		Clinics					Clinics		

Week		Week 33 (13 April To 17 April 2014) (13 Jumada' II To 17 Jumada' II 1435)							
Theme		The Family Physician							
Day	Time	8:00 – 9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00
Sunday (13/04/2014) 13/06/1435		Clinics				Lunch Break	Clinics		
Monday (14/04/2014) 14/06/1435		Home Health Care (Lecture) Dr. Aesha Alsaghier		Evidence Based Approach To Do A Cardiovascular Risk Assessment For A Patient (Student Led Seminar) Dr. Faten Alradini			Case Presentation Skills 2 Dr. Nada Alyousefi Dr. Abeer AlRuhaili		Self-Directed Learning
Tuesday (15/04/2014) 15/06/1435		Clinics					Clinics		
Wednesday (16/04/2014) 16/06/1435		Family Medicine Approach To Patient With Abdominal Pain And Changes In Bowel Movement (Student Led Seminar) Dr. Nora Alrowis		Case Presentation Skills 3 Dr. Aljohara M Alquaiz Dr. Mariam Almisfer			Women Health (Student Led Seminar) Dr. Monira Baraja		Self-Directed Learning
Thursday (17/04/2014) 17/06/1435		Clinics					Clinics		

Week		Week 34 (20 April To 24 April 2014) (20 Jumada' II To 24 Jumada' II 1435)							
Theme		Exposure To Primary Health Care							
Day	Time	8:00 – 9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00
Sunday (20/04/2014) 20/06/1435		Clinics				Lunch Break	Clinics		
Monday (21/04/2014) 21/06/1435		Upper Respiratory Tract Infection Sore Throat, Sinusitis, Otitis Media... (Student Led Seminar) Dr. Basma Alzahrani		Case Presentation Skills 4 Dr. Abeer AlRuhaili Dr. Mariam Almisfer			Consultation/ Communication II Role Play, Preparation For OSCE Dr. Nada Alyousefi		Self-Directed Learning
Tuesday (22/04/2014) 21/06/1435		Clinics					Clinics		
Wednesday (23/04/2014) 23/06/1435		Case Presentation Skills 5 Dr. Abeer AlRuhaili Dr. Basma Alzahrani		Common Psychiatric Problems (Student Led Seminar) Dr. Mariam Almisfer			Family Medicine Approach To Patient with Bronchial Asthma (Student Led Seminar) Dr. Nora Alzamil		Self-Directed Learning
Thursday (24/04/2014) 24/06/1435		Evidence Based Medicine Presentations Dr. Nada Alyousefi Dr. Amani AlMusalllem		Evidence Based Medicine Presentations Dr. Nora Alrowis Dr. Basma Alkhodhier			Evidence Based Medicine Presentations Dr. Aljohara M Alquaiz Dr. Aesha Alsaghier		Self-Directed Learning

How to learn in this rotation?

- ✓ "Participate" in the lectures
- ✓ "Search, gather, present patient-oriented material"-**Large group tutorials**
- ✓ "Think"- your practice profile

How to learn in this rotation? (Cont'd)

- *"Express your ideas and comments about patients"* - **Log diary discussion** (page 25- Appendix 6)
- *"Ask, search and critically appraise"* - **EBHC presentation and report**
- *"Communicate"* - **Evaluation forms** (see pp 27-30)

- 
- ✓ Large Group Tutorials
 - ✓ Log Diary / EBHC Groups
 - ✓ PHCC lists



LOCATE YOUR NAME!



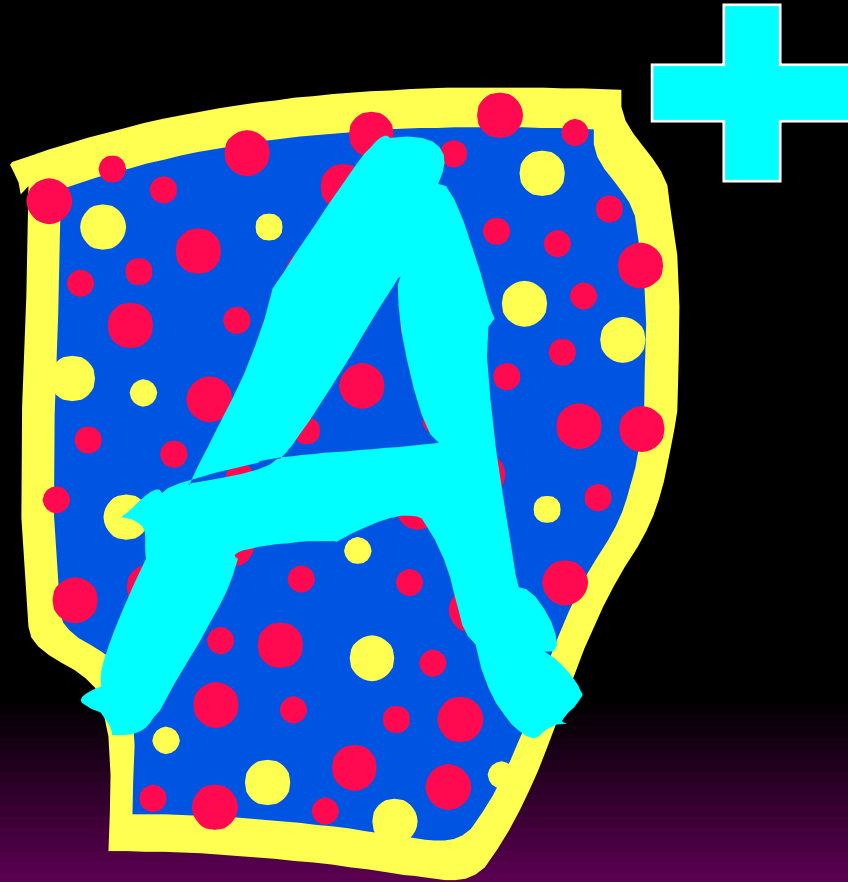
Other Matters...

- Venue
 - Plenaries
 - Small groups (log diary sessions)
 - PHCC
- Reading material
- Punctuality and attendance

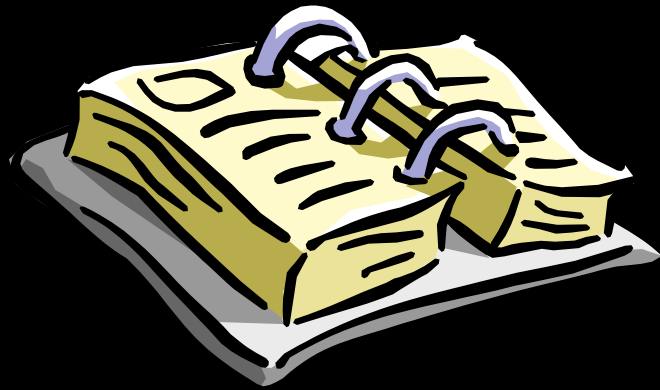
More questions?

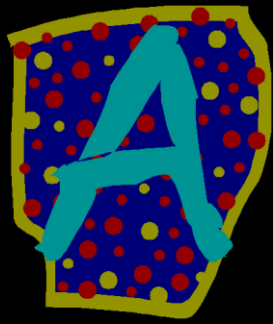


What Do You Need?



What Do You Need?





Assessment

Continuous assessment (40 marks)

- Group tutorials on common health problems in Family Practice (Practical Session) (**10 marks**)
- EBM Presentation and Report (**10 marks**)
- Problem based presentations (Log Diary) (**10 marks**)
- Data Interpretation (Scenario) (**10 marks**)



Assessment

Final assessment (60 marks)

- Multiple Choice Question (60 MCQ) (30 marks)
- Objective Simulated Clinical Examination (OSCE) (25 marks)
- Participation in Centers (5 marks)

Thank you...

