Introduction to Psychiatry

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1434-1435 / 2013-2014
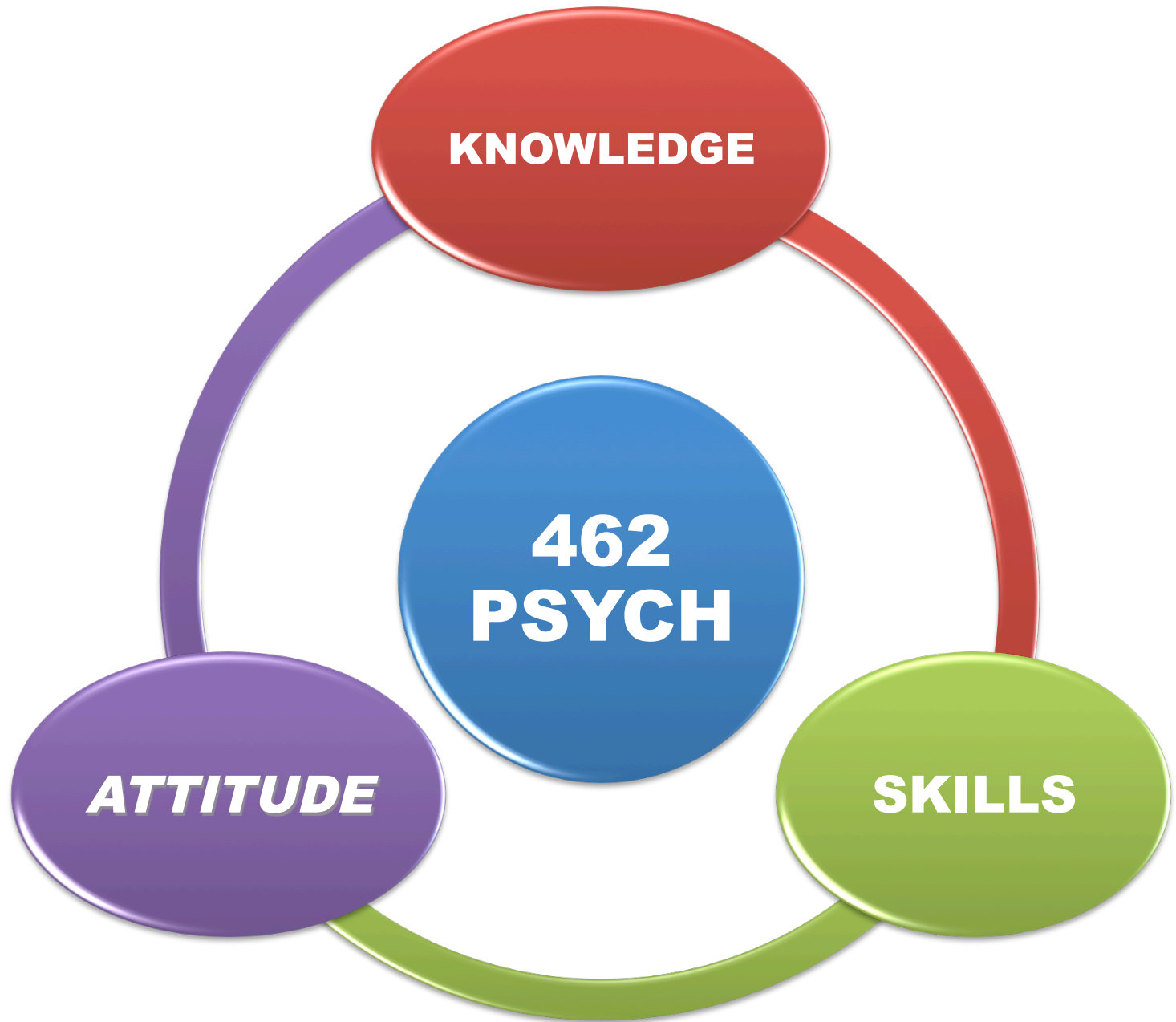
*Welcome To course*PSY 462

WHAT IS PSYCHIATRY ?

Pre-requisites

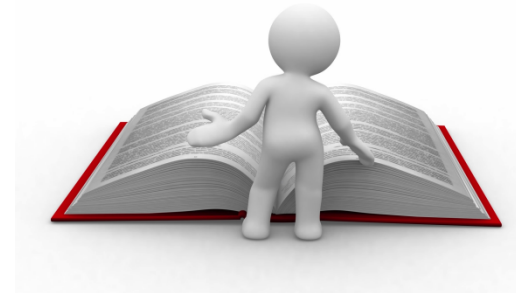**Neuroanatomy**

Neurophysiology

Psychopharmacology

Behavioral Sciences

KNOWLEDGE

- **Phenomenological psychopathology (signs and symptoms) of psychiatric disorders.**

- **Classification and etiology in clinical psychiatry (bio-psycho-social).**

- **Common psychiatric disorders:**
  - **Clinical features and course.**
  - **Epidemiology and etiology.**
  - **Differential diagnosis.**
  - **Treatment (bio-psycho-social) and prognosis.**

- **Treatment modalities in psychiatry:**
  - **Physical: pharmacotherapy, electroconvulsive therapy**
  - **Psychological: behavioral, cognitive, supportive psychotherapy and others.**

SKILLS

- **To conduct a full psychiatric interview with:**
  - Proper interview techniques and skills.
  - Sufficient psychiatric history.
  - Standard "mental state examination".
- **To present a diagnostic formulation for common psychiatric disorders.**
- **To set an outline of a management plan for common psychiatric disorders following the bio-psycho-social approach.**
- **To assess and appropriately refer psychiatric patients in the primary care settings.**
- **To assess and deal competently and safely with psychiatric emergencies.**
- **To assess and dispose properly consultation-liaison cases.**

Attitude

- **Toward Patients (Empathy)**

- **Toward colleagues**

- **Toward Treating Team (Physicians, Psychologists, Social workers, Nurses, Secretaries)**

462 COURSE OVERVIEW

The course lasts for 5 weeks (3 days each) and contains

1. Cognitive Disorders Theme
2. Psychotic Disorders Theme
3. Mood Disorders Theme
4. Anxiety Disorders Theme
5. Child Psychiatry Theme

❖ Clinical Activities (in-patient, outpatient, consultation-liaison, child psychiatry) include clinical cases log with a help of an assigned supervisor.

CASE-BASED LECTURE

- **3 lectures of 3 important topics were taken at 2nd year in CNS block.**

- **In 462 course, we will follow the manual...case then some theory..then another piece of the case..etc.**

- **You need to prepare in advance for the Case-based lectures.**

- **The tutors will focus on important clinical issues.**

- **You need to read all the topics related to the theme from the recommended textbook. You can ask about difficult issues at anytime.**

CLINICAL ACTIVITIES
(Out-patient Clinics and Ward Round Attendance)

1) You will be divided into 6 groups & during each clinical session:

   A) 3 out of the 6 groups will be assigned to attend 3 different general, consultation liaison or child clinical psychiatry activities.

   B) 3 out of the 6 groups will have Video session.

2) Each student should log all clinical cases (minimum is one case per clinical session) that they see while joining different clinical teams.

KING KHALID UNIVERISTY HOSPITAL
DEPARTMENT OF PSYCHIATRY
LOG BOOK FOR CLINICAL ACTIVITIES (PSYCHIATRY COURSE 462)

	FIRST NAME OF THE PATIENT:	MRN:	PRESENTING COMPLAINTS/ IMPORTANT HISTORY FINDING:	ABNORMAL FINDING IN MSE:	DIAGNOSIS:	MANAGEMENT:	ADDITIONAL COMMENTS (e.g. Investigations)	DATE & TIME WAS SEEN:	NAME & SIGNATURE OF CONSULTANT:

CLINICAL ACTIVITIES
(Out-patient Clinics and Ward Round Attendance)

3) Video Sessions:

- Once per week

- About the same theme in that week.

- Real and simulated Patients.

- Arabic and English Language

- The main goal:
    - see how signs and symptoms presented.
    - How to ask?

Other course activities

- **Patient Clinical Discussion**
  - **Clinical Morning Meetings**
  - **Sunday and Tuesday 8-8:30 am**

- **Literature and case presentation**
  - **Ground round, Monday 10:30 am**

Week	Week 1								
Day	Time	8:00 – 9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00
Sunday (01/12/2013) 28/01/1435		Orientation to course 462 Psych *Dr. Alhadi*	Classification, Etiology & Cultural issues in Psychiatry *Prof. Al-Sughayir*	Signs & Symptoms in Psychiatry *Prof. Al-Sughayir*		Lunch Break		Clinic G1-3 G1: Ward 02 round G2: Dr. Al-Yousif Clinic G3: CL round (Dr. Al-Osaimi) --------- Video G4-6 *Dr. Al-Wahibi*	
Monday (02/12/2013) 29/01/1435		History, MSE & Psychiatric Interview *Dr. Al-Jarad*		Literature & Case Presentations		Lunch Break		Video G 1-3 *Dr. Alhadi* --------- Clinic G4-6 G4: Dr. Al-Yousif round G5: Dr. Al-Osaimi Clinic G6: Dr. Al-Sinaidi Clinic	
Tuesday (03/12/2013) 30/01/1435		Clinical case discussion	Cognitive disorders-I Clinical Picture, Types & Etiology + Alcohol Abuse *Dr. Al-Osaimi*	Cognitive disorders-II Assessment, Management and ability to give consent *Dr. Al-Osaimi*		Lunch Break		Psychosomatic Medicine *Dr. Al-Osaimi*	

COURSE ASSESSMENT & EXAMINATION

Modified Essay Questions (MEQ): 40 Marks

– Five-Six clinical cases; four questions each, in the last week.

Final Examination: 60 Marks

– An **MCQ exam** , at examinations week (for 2 rotations together), 60 MCQs (30 marks).

– An **OSCE exam** , at examinations week (for 2 rotations together), 4 OSCE stations (30 marks).

The pass mark is 60 out of 100.

COURSE REFERENCES

All course activities ... both theoretical & clinical.

- **Basic Psychiatry** – **Professor M. A. Al-Sughayir**

- **USMLE – FIRST AID FOR THE PSYCHIATRY CLERKSHIP**.

- **Others:**
  - **Textbook of Psychiatry, by Linford Rees, Oxford University Press.**
  - **Pocket Handbook of Clinical Psychiatry by Kaplan & Sadock, Williams & Wilkins.**
  - **Emergency Psychiatry by Allen, Micheal. American Psychiatric Press.**
  - **Clinical Manual to Psychosomatic Medicine: A guide to Consultation-liaison Psychiatry (Concise Guide), By Michael Wise & James Rundle, American Psychiatric Publishing.**
  - **Trusted Psychiatry websites including , UpToDate , medscape psychiatry..etc**

What are the expectations?

- To have safe non-psychiatric doctors who can:
  - ❖ Identify (common, treatable or serious) psychiatric co-morbidities.
  - ❖ Treat or follow up mild/stable psychiatric disorders.
  - ❖ Refer the patient to psychiatry service whenever needed.
- To recruit some medical students to psychiatry speciality.

COURSE EVALUATION

- Your evaluation is highly appreciated.

- Kindly evaluate both the course & the tutors at the end of the course.

- Course organizer & course co-organizer will be happy to help you whenever you need.