**King Khalid University Hospital**

**College of Medicine**

**KSU**

**Patient Brief Records:**

**Patient Name: Ahmad**

**Age: 45 years**

**Occupation Teacher, Primary School.**

**No frequent visit to clinic**

**Ahmad is a 45-year old, came with complaint of abdominal pain and indigestion.**

**TASKS:**

* **Take a focus history, to reach a probable diagnosis.**
* **Inform the patient about the possible diagnosis.**
* **Explain to the patient the management plan.**
* **No need of physical examination, as physical examination is normal.**

**Patient Scenario:**

**A 45-year-old man, who works as a teacher for long time, has presented to the clinic today with the complaint of indigestion and upper abdominal pain.**

**These complaints initiated for last 3 months. Pain and indigestion are usually felt after heavy meals.**

**Bowel movements are normal.**

**He does not use NSAID or any other medication.**

**He is smoker, 10-20 cigarettes per day.**

**No history of hematemesis or melena.**

**No history recent weight loss or generalized weakness.**

**He is not known to have any other chronic illness.**

**Initially, he could manage this problem taking antacid brought over the counter.**

**During the last week he could not get relief by the antacid and has vomited 2-3 times.  
Patient’s idea: is not as before, something serious,**

**Patient’s concern: it could be an ulcer,**

**Patient’s expectation: is to get X-ray, and microbes analysis**

**Any other points, please relate to your own personal & family history.**