






Psoriasis

Chronic Non infectious inflammatory skin disease (skin, nails and joints) results in red, dry patchy or thickened skin. The epidermal turnover time shortened to less than 10 days.

Types	Plaque (Vulgaris)	Guttate	Inverse	Erythrodermic
Description	Most common Round to oval scaly erythematous plaque and distributed May evolved into more severe disease; pustular or erythrodermic	Small droplike 1-10 mm salmon-pink papules with fine scales >30 years URTI secondary to group A beta hemolytic streptococci Resolves within few months Usually in children – should do throat swap	The erythema and scales are very similar to that seen in seborrhoeic dermatitis	Emergency Scaly erythematous lesions Few typical psoriatic plaques Unwell, fever, leucocytosis Hypothermia Increase cutaneous blood flow Increase percutaneous loss of water, protein and iron
Site	Extensor body surfaces and the scalp	Trunk and proximal extremities	Over body folds	Involving 90% or more of the cutaneous surface
	Well defined symmetrical raised with silvery scales 			

Types	Pustual		Nail	Arthritis
Description	uncommon form of psoriasis pustules on an erythematous background psoriasis vulgaris may be present before, during, or after Causes : Withdrawal of systemic steroids Drugs, including salicylates, lithium, phenylbutazone, hydroxychloroquine, interferon Strong, irritating topicals, including tar, anthralin, steroids under occlusion, and zinc pyrithione in shampoo Infections Sunlight or phototherapy Cholestatic jaundice Hypocalcemia Idiopathic in many patients		Psoriatic nail disease occurs in 10-55% of all patients with psoriasis Less than 5% of psoriatic nail disease cases occur in patients without other cutaneous findings	5% of patients with psoriasis develop psoriatic arthritis. Most commonly a seronegative oligoarthritis. Asymmetric oligoarthritis 70%. DIP joint involvement 5-10%. Arthritis mutilans is a rare form of psoriatic arthritis 5%.
Site	Generalized type (von Zumbusch variant): generalized erythema studded with interfollicular pustules fever, tachypneic, tachycardic Emergency	Localized form (palms and soles)	Oil drop or Salmon patch, Nail plate pitting, Subungual hyperkeratos Onycholysis Beaus lines	Joints
		With background of erythema 