#### CHRONIC VISUAL LOSS

BY

SAMIR AL-MANSOURI, MD

#### Chronic = slowly progressive visual loss

#### Major causes:

- e.g. cataract
  - glaucoma
  - macular degeneration
  - diabetic retinopathy

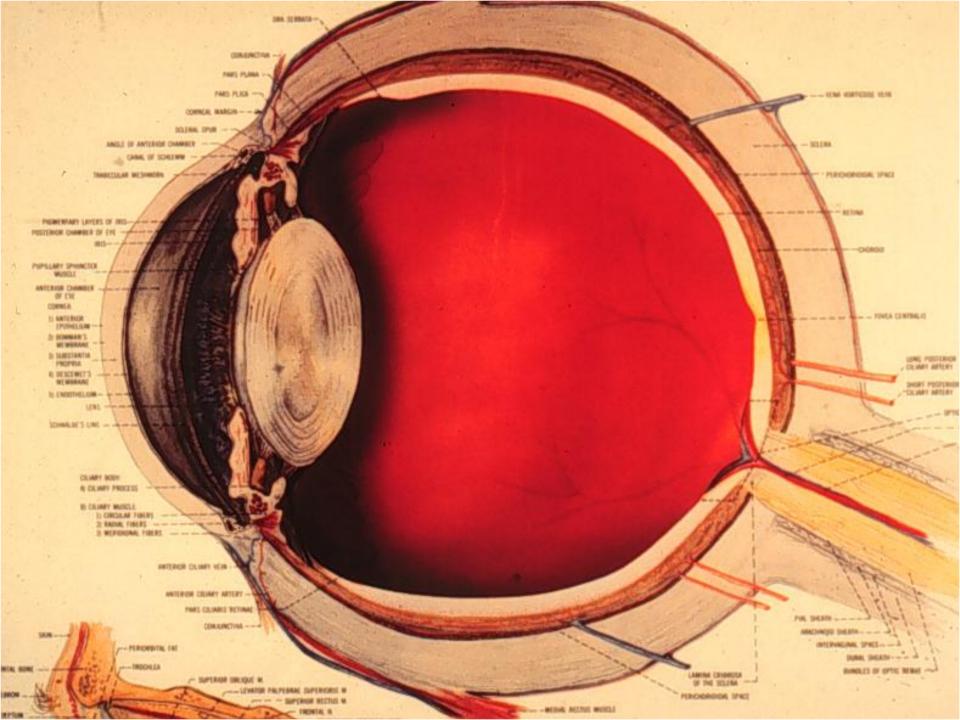
# One should recognize the normal 1<sup>st</sup> to be able to identify the abnormal.

- e.g. Normal macula
  - Lens clarity
  - Optic nerve head
  - Normal retina

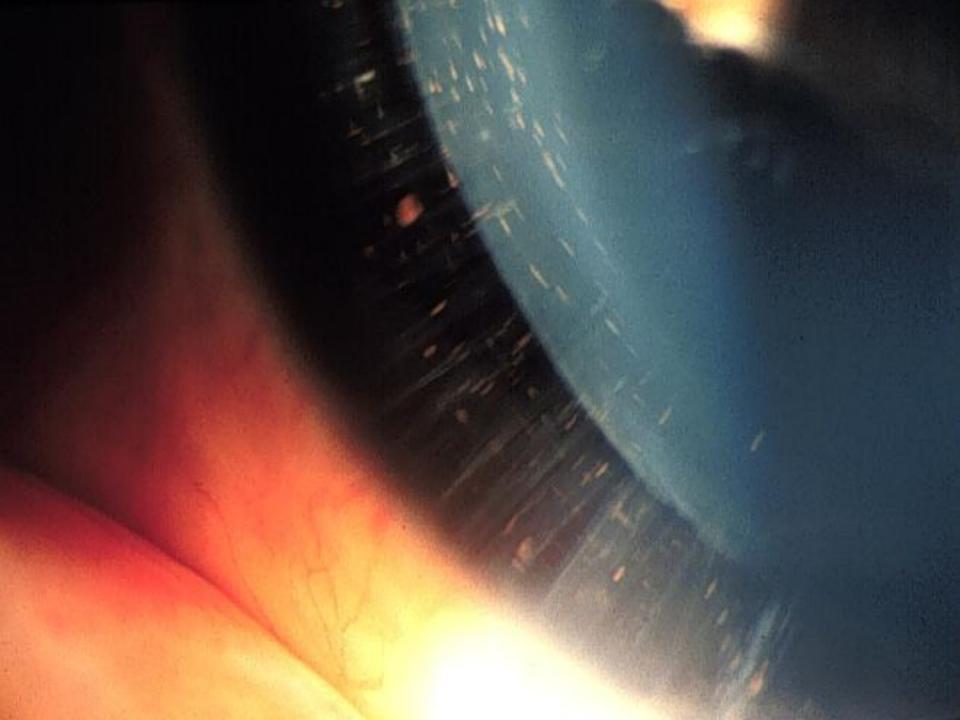
etc.



## WHAT IS CATARACT?



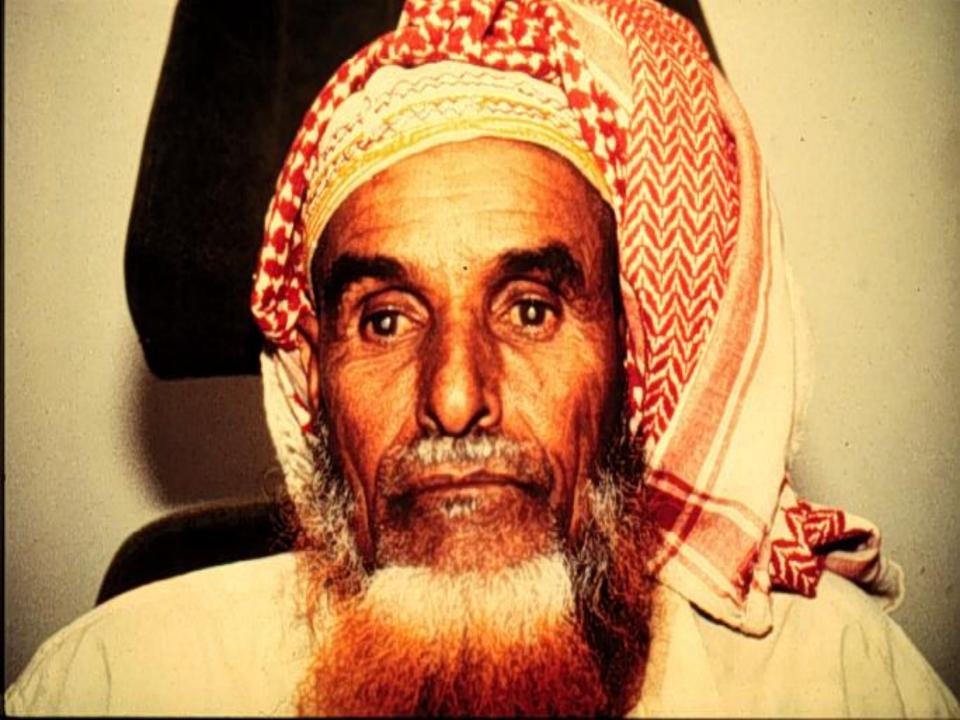


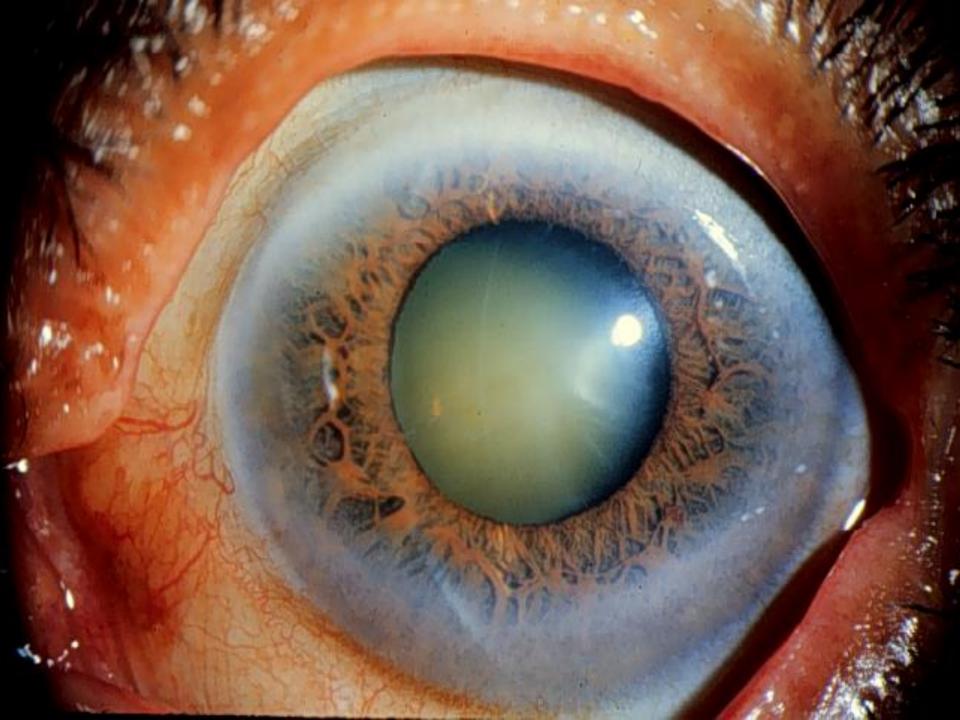


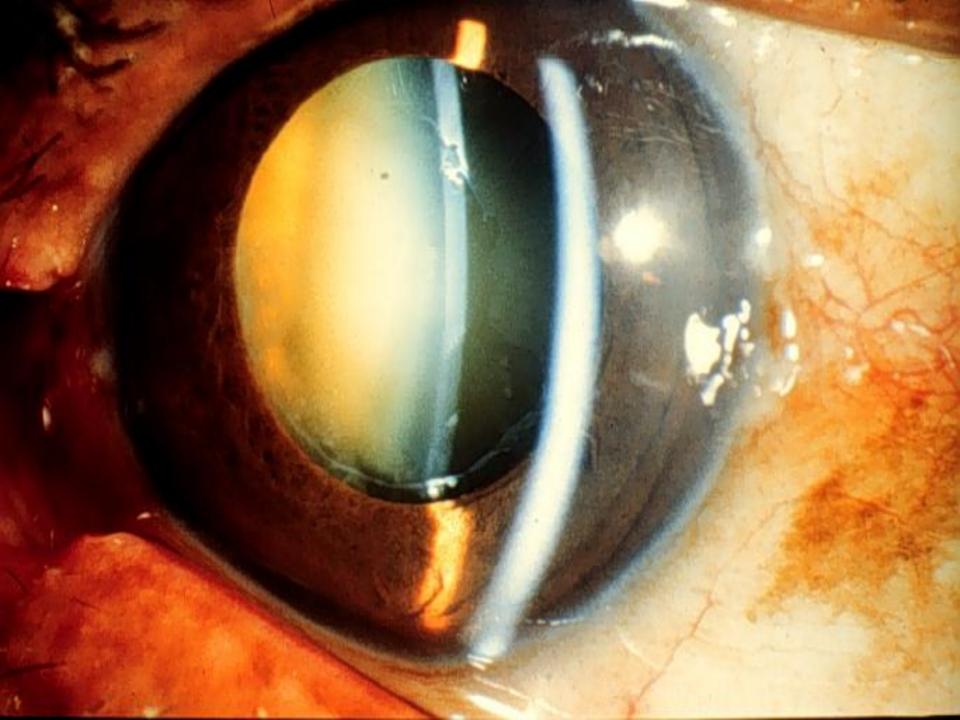


## CONGENITAL CATARACT

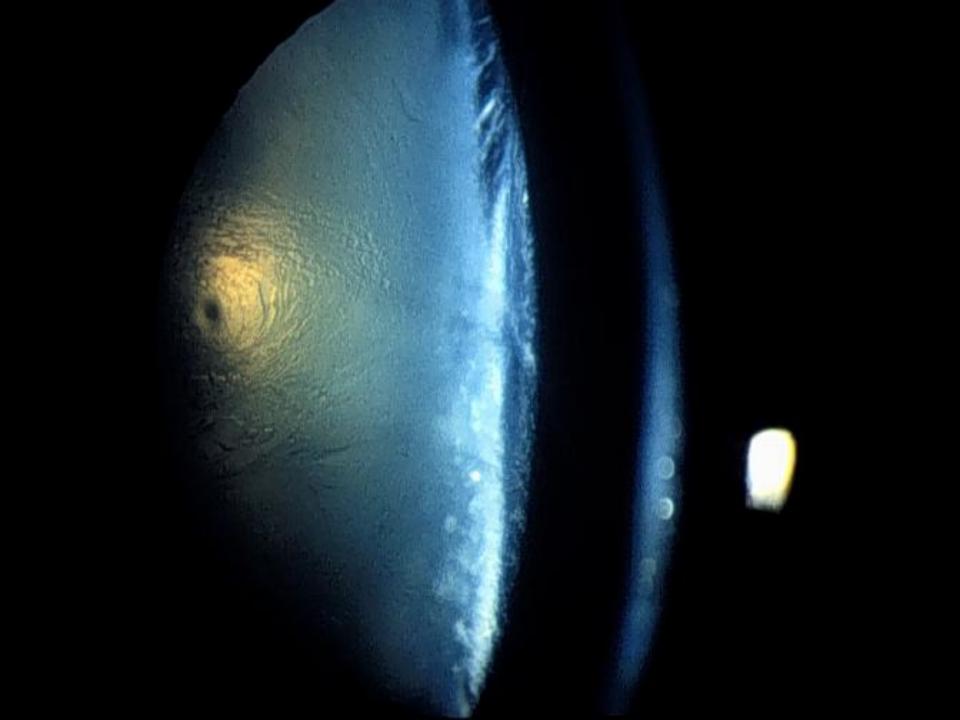
- GALACTOSEMIA
- HYPOGLYCEMIA
- MYOTONIC DYSTROPHY
- CONGENITAL ICHTHYOSIS
- RUBELLA CATARACT

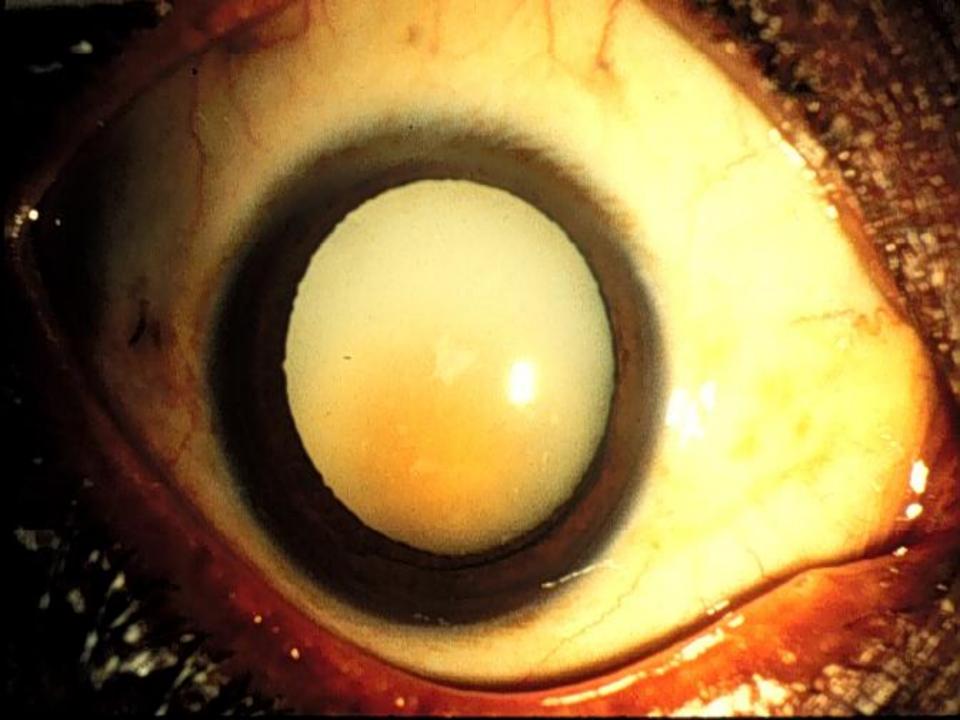


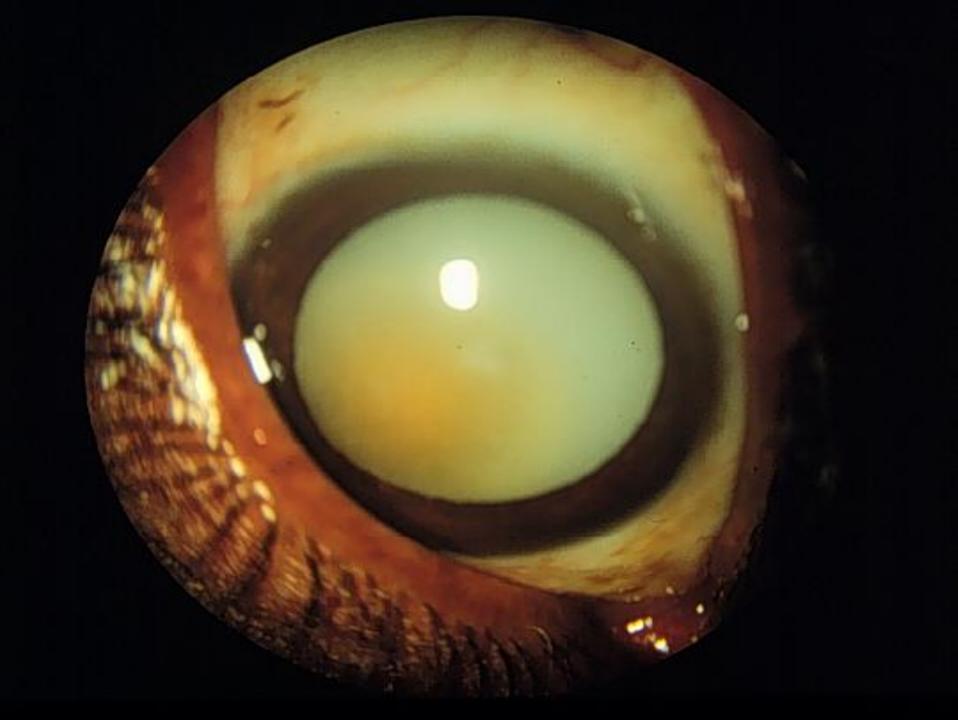


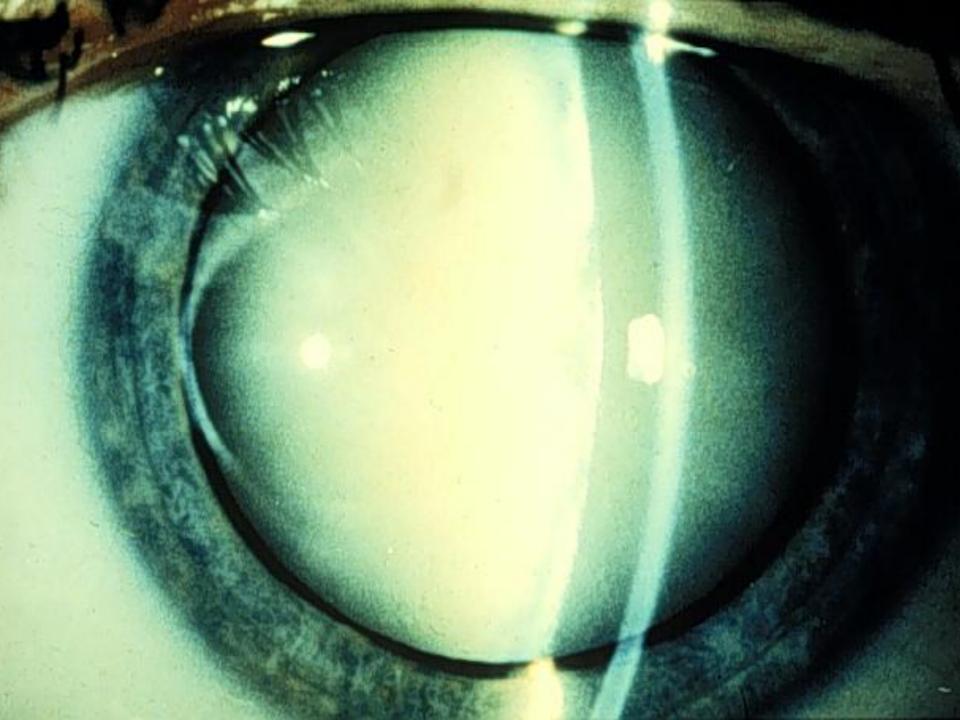


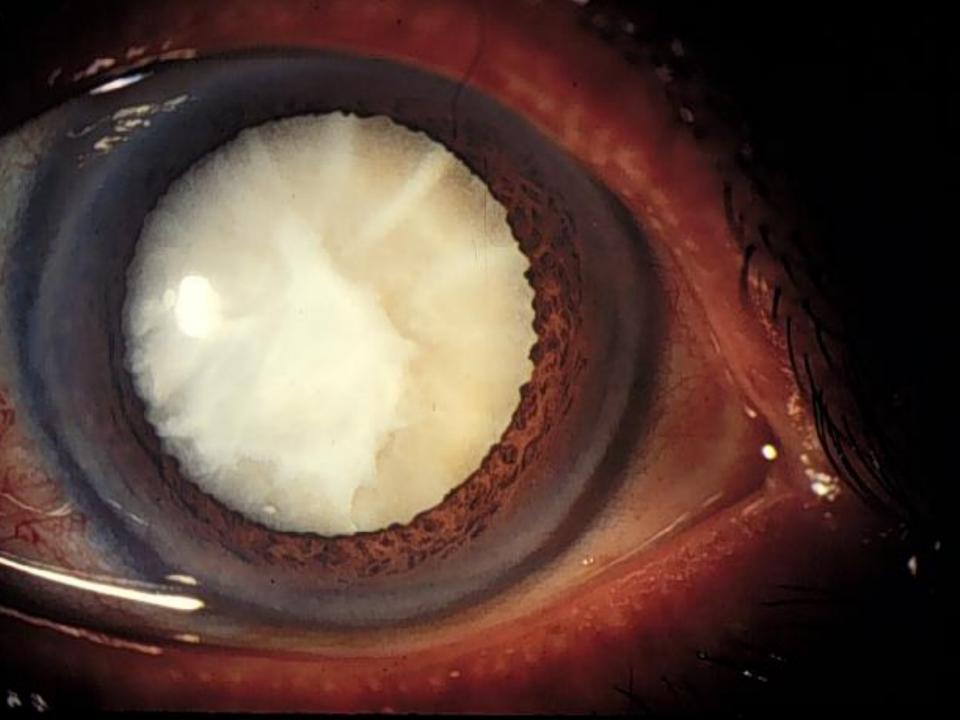






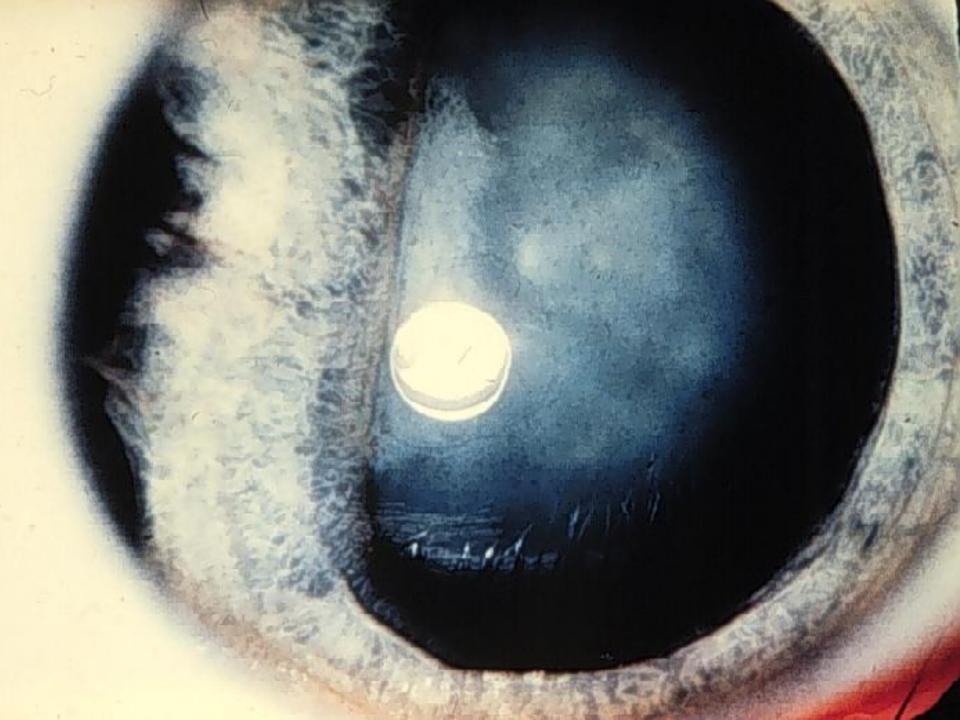






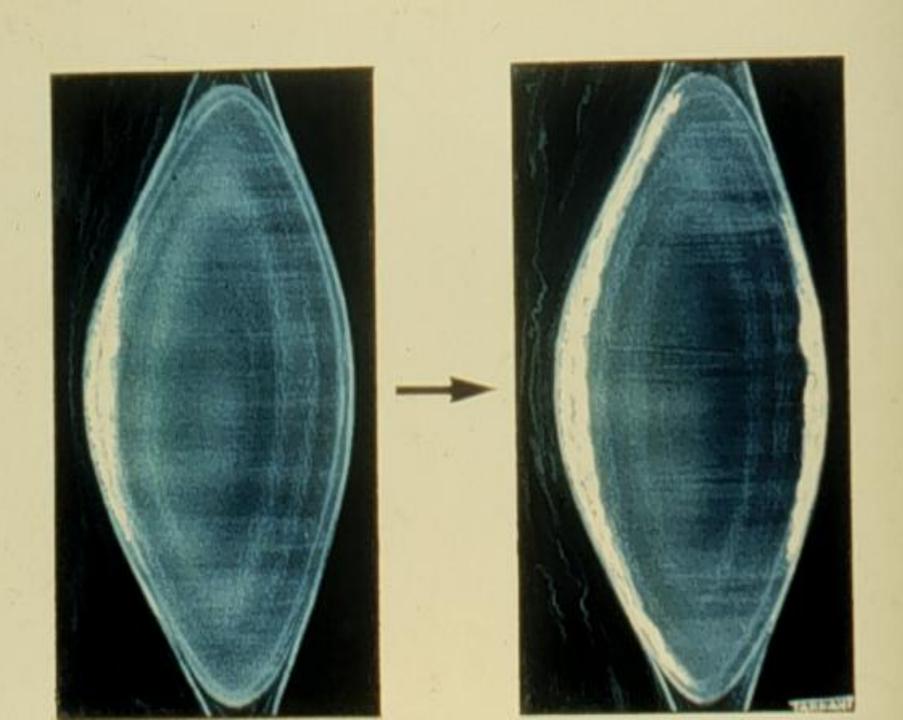
#### SECONDARY CATARACT

- TRAUMATIC
- INFLAMMATORY
- NEOPLASM
- TOXIC

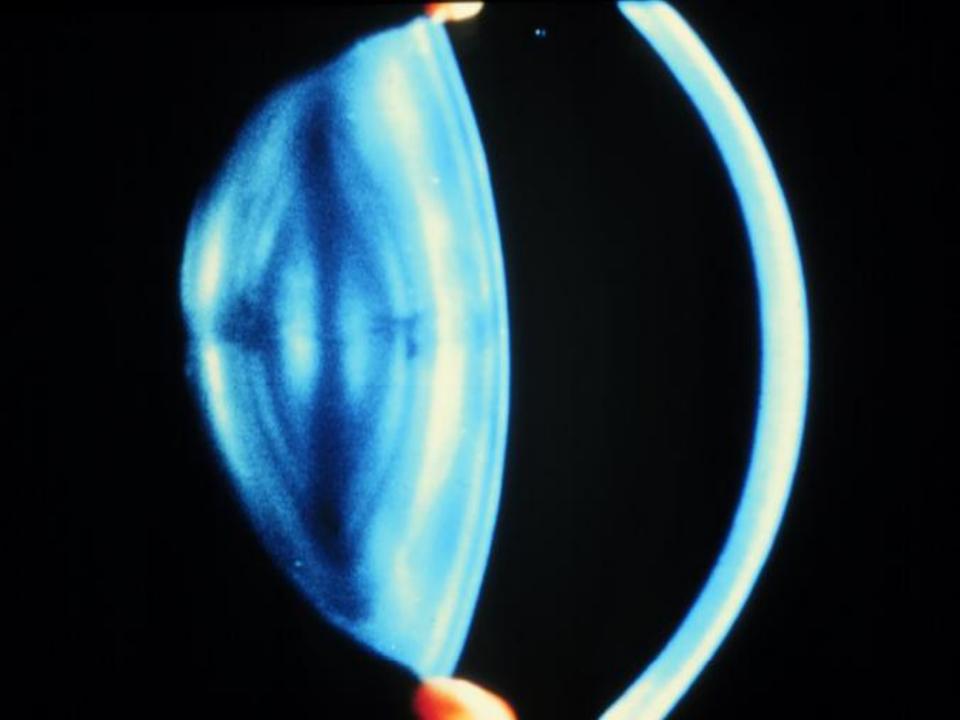


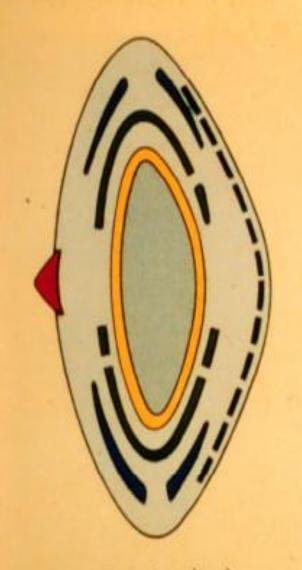


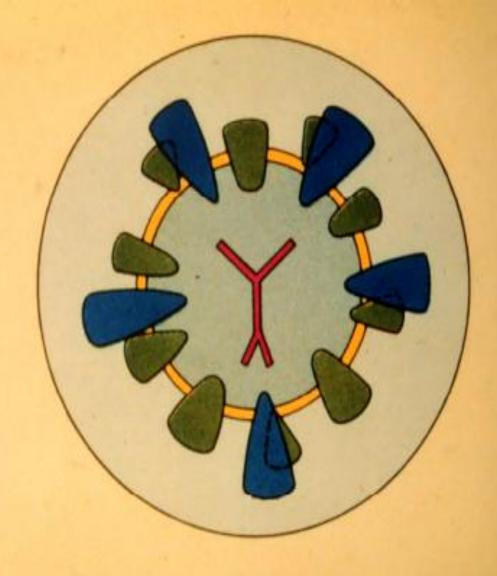




# SITE OF CATARACT







- capsular (polar)
- subcapsular (cupuliform)
- supranuclear (coronary)
- cortical (cuneiform)
- o nuclear (lamellar)
- sutural
- o nuclear

#### DIAGNOSTIC TESTS

- VISUAL ACUITY
- FLASHLIGHT EXAMINATION
- DIRECT OPHTHALMOSCOPE
- SLIT LAMP
- REFRACTION AND RETINOSCOP
- RED AND GREEN LIGHT
- ULTRASONOGRAPHY

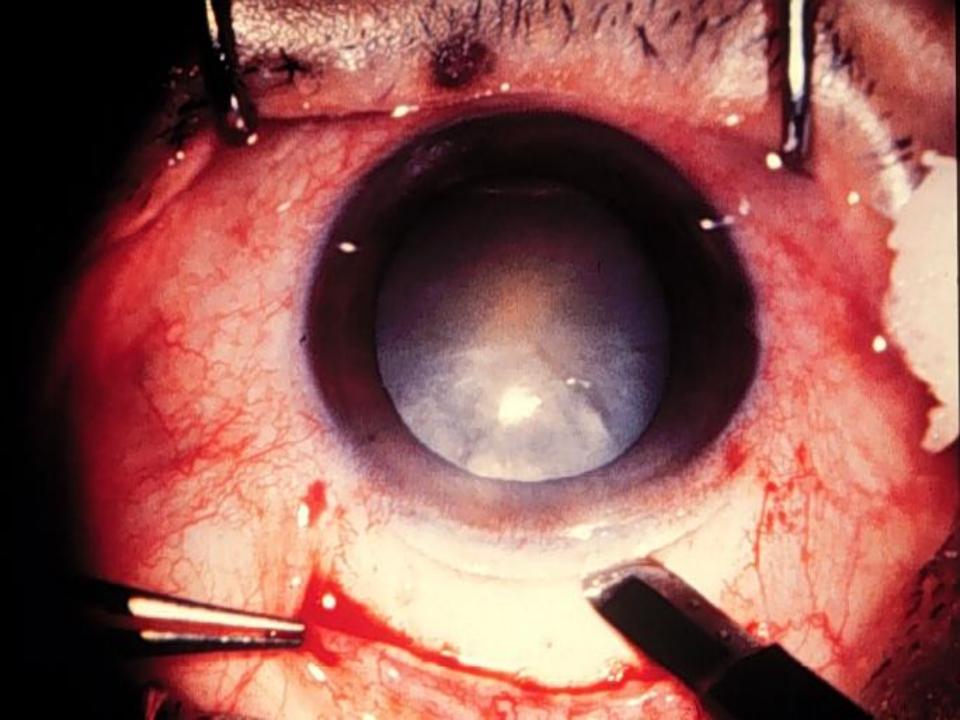


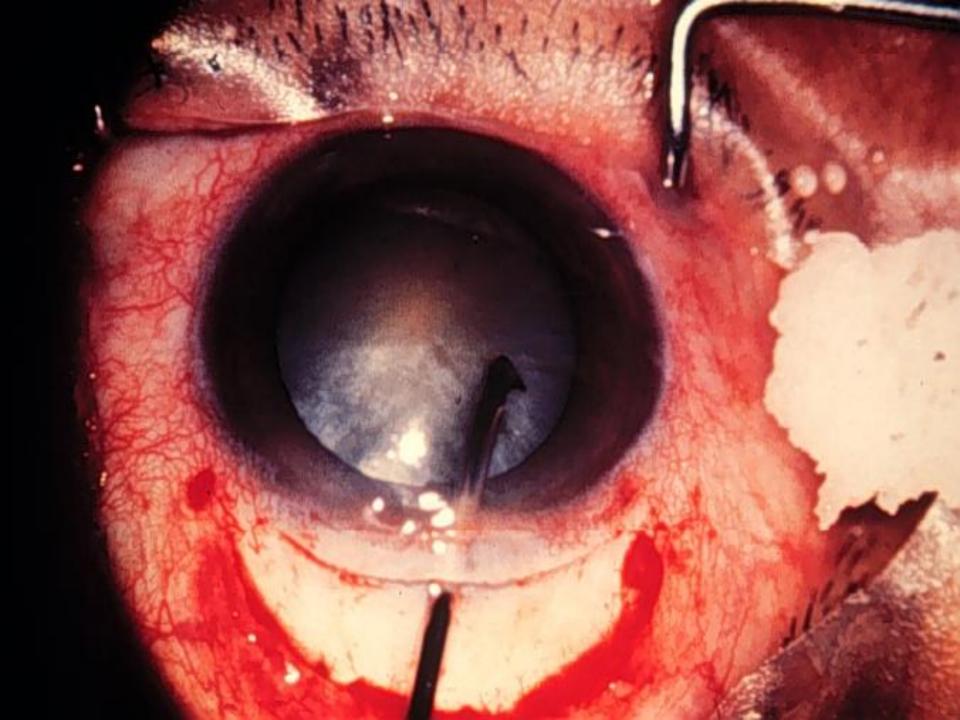
### TREATMENT

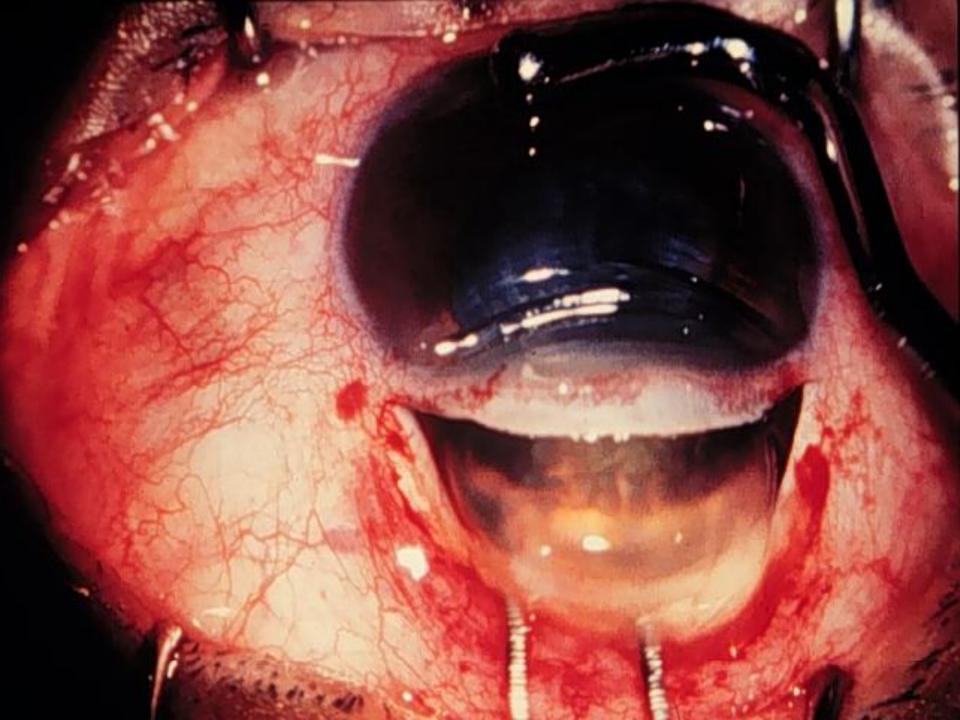
- MEDICAL
- SURGICAL

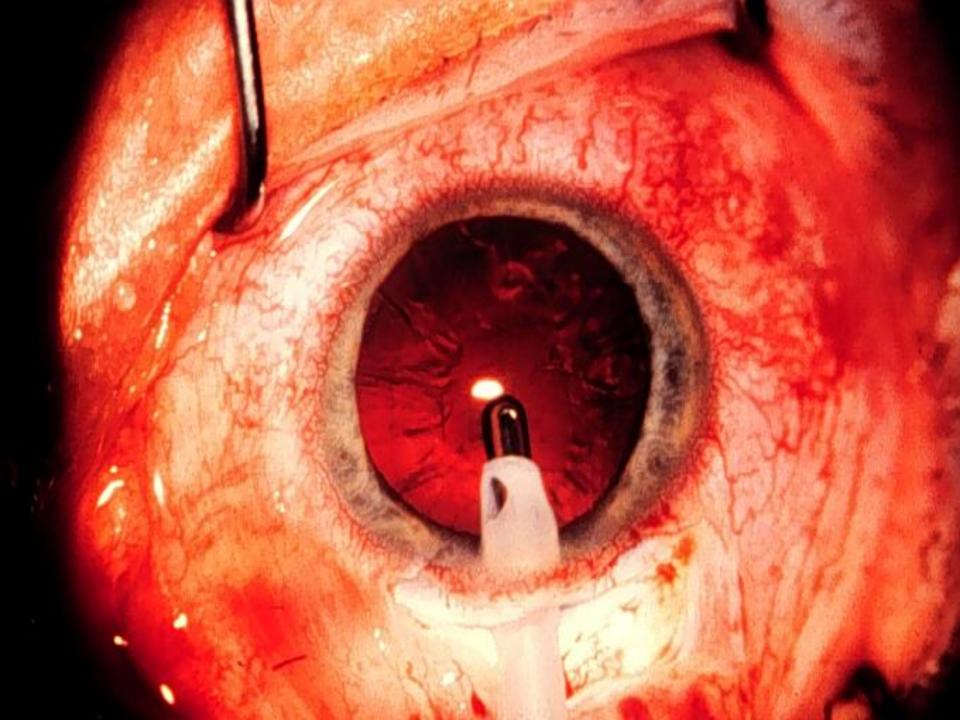
# TYPES OF SURGICAL TECHNIQUE

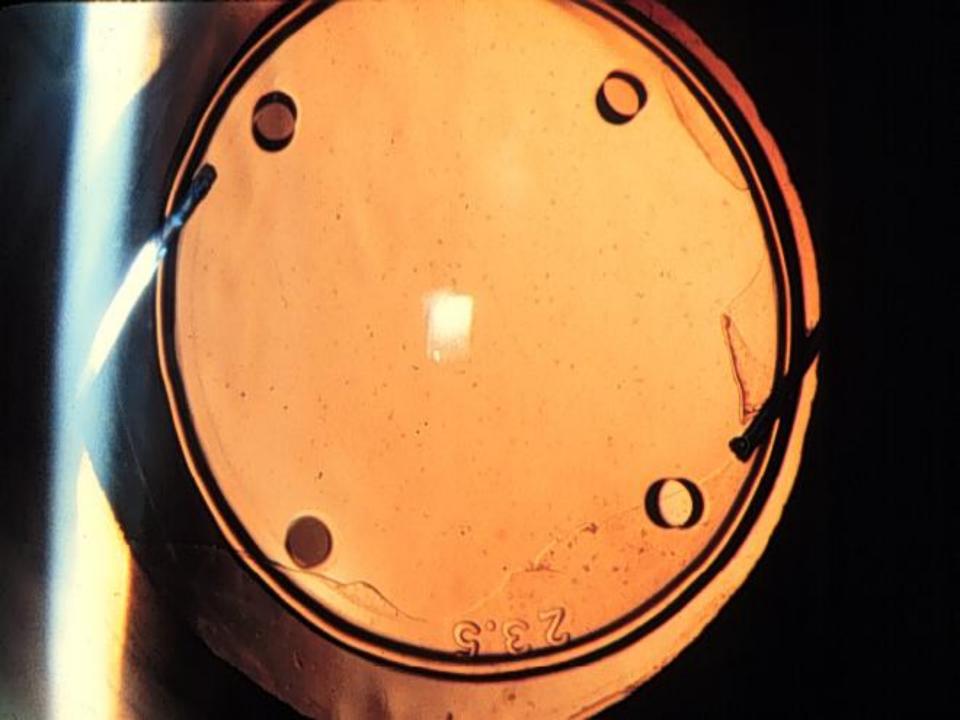
- COUCHING
- IRRIGATION ASPIRATION
- ICCE
- ECCE
- PHACOEMULSIFICATION
- PHACOFRAGMENTATION

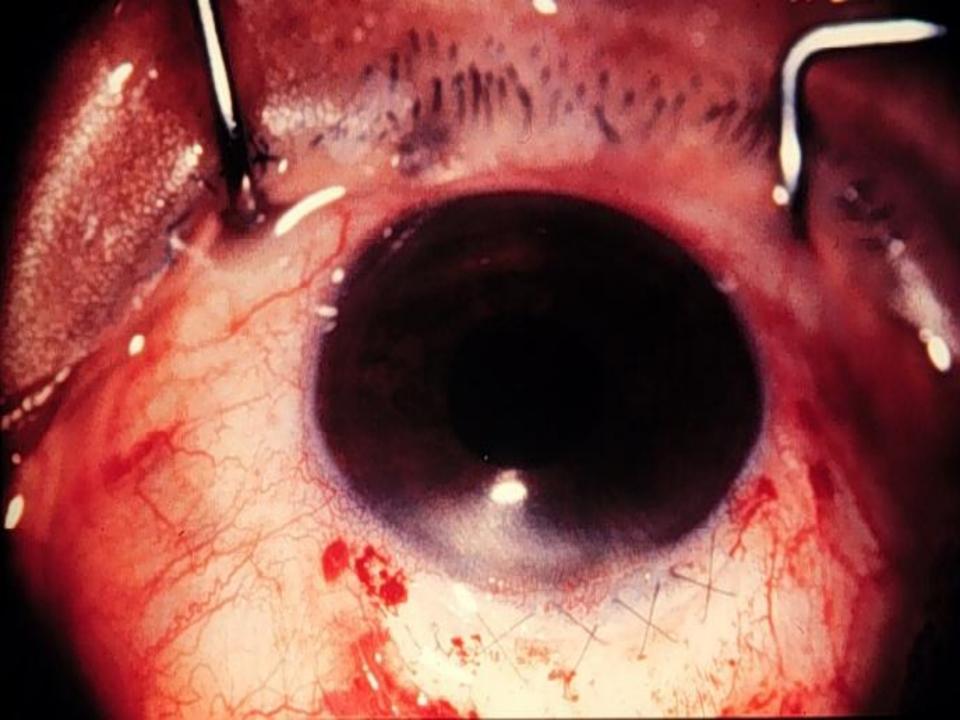






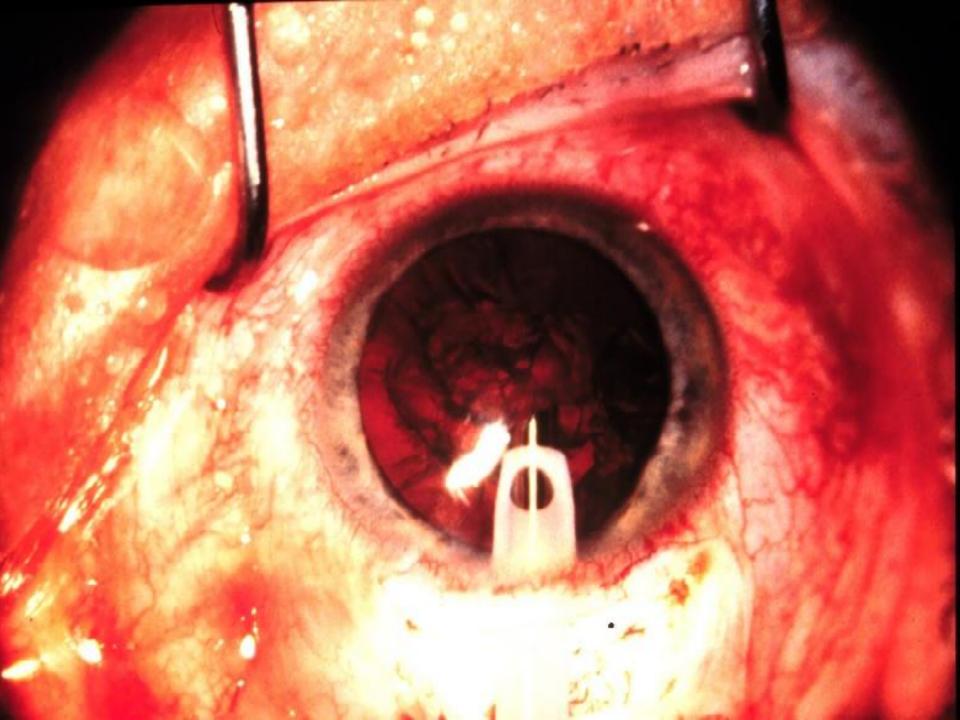






# PHACOEMULSIFICATION





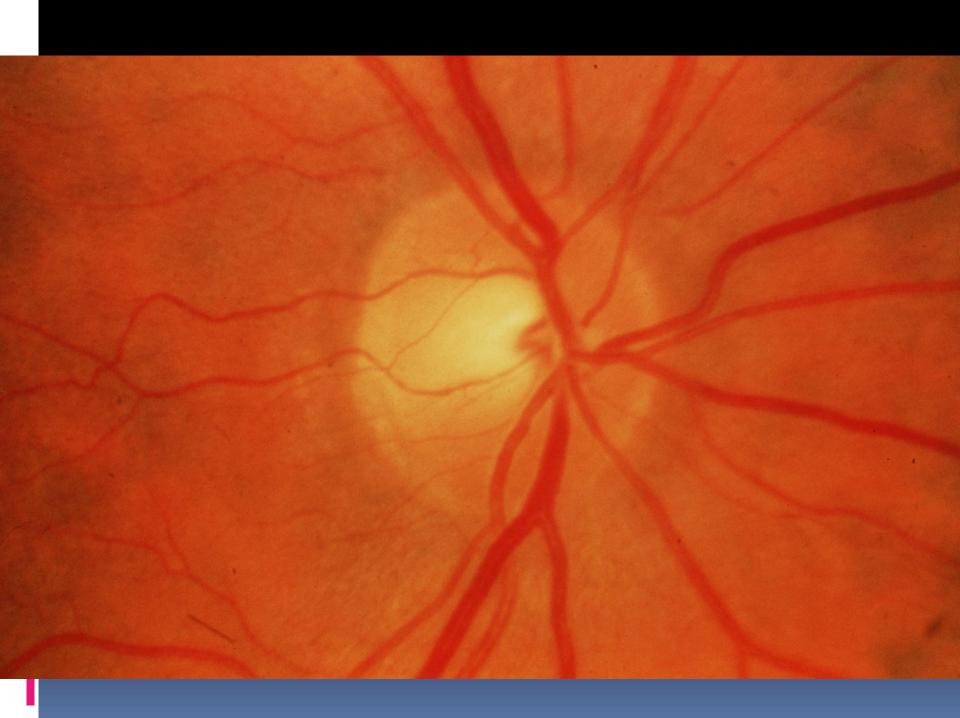
### Glaucoma

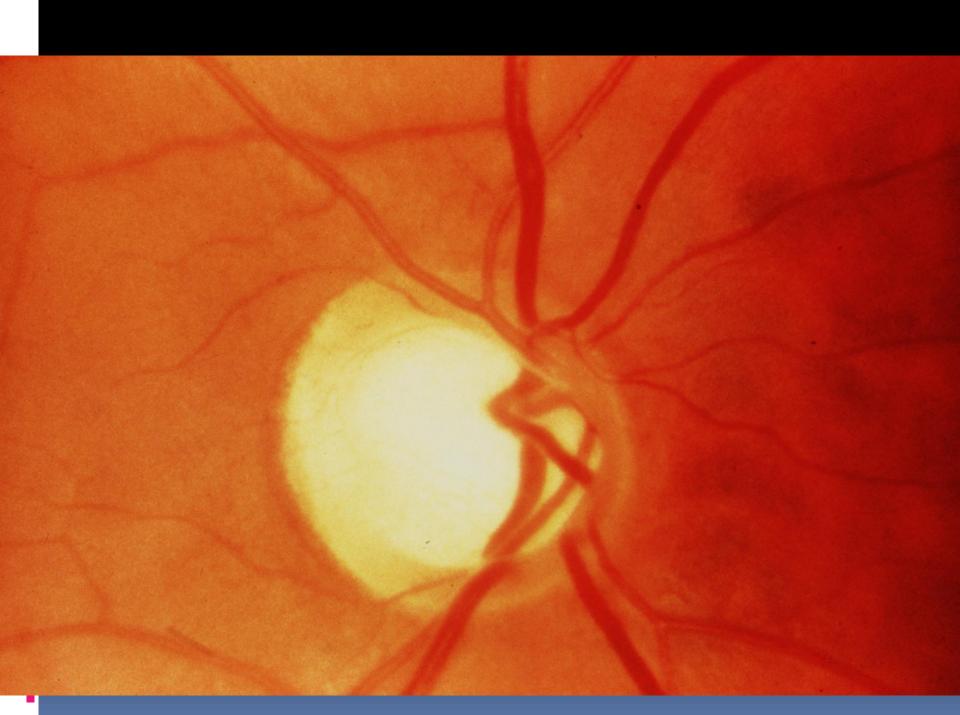
- Definition

- NB a) If detected early and treated, blindness can be prevented.
  - b) Most patients in early glaucoma are asymptomatic.

# **Investigation:**

- 1. IOP
- 2. V.F.
- 3. Exam ONH
- 4. Gonioscopy





### Basic information

- 1. IOP
  - Aqueous humor circulation
  - Open-angle glaucoma
  - Acute angle-closure glaucoma →
    symptoms

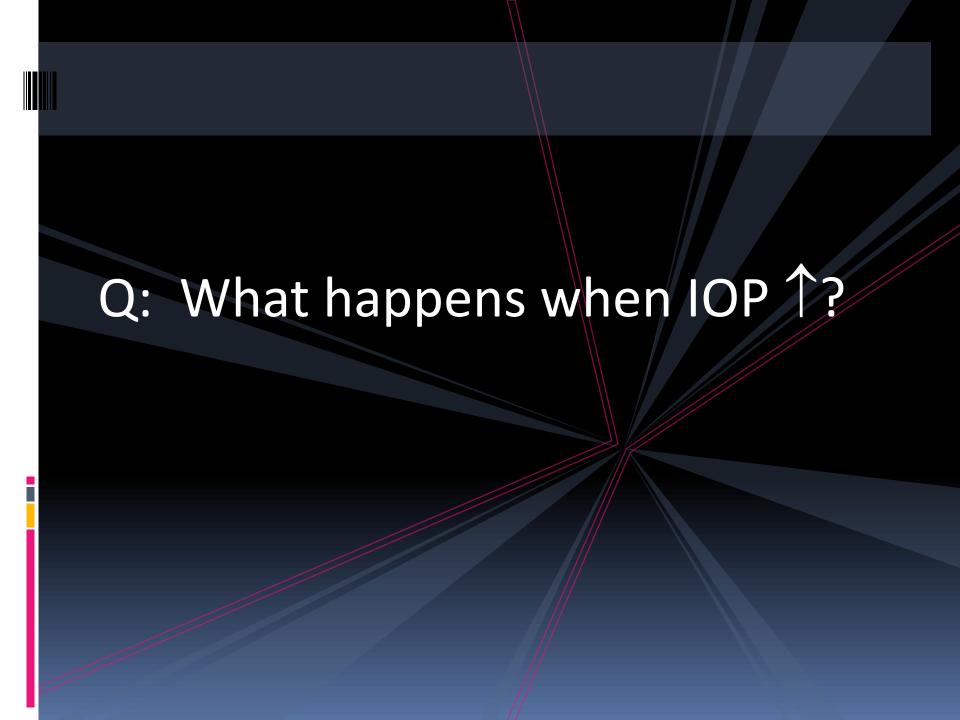
# **Basic information**

- 2. Optic nerve
  - Optic disc

Cupping

physiological

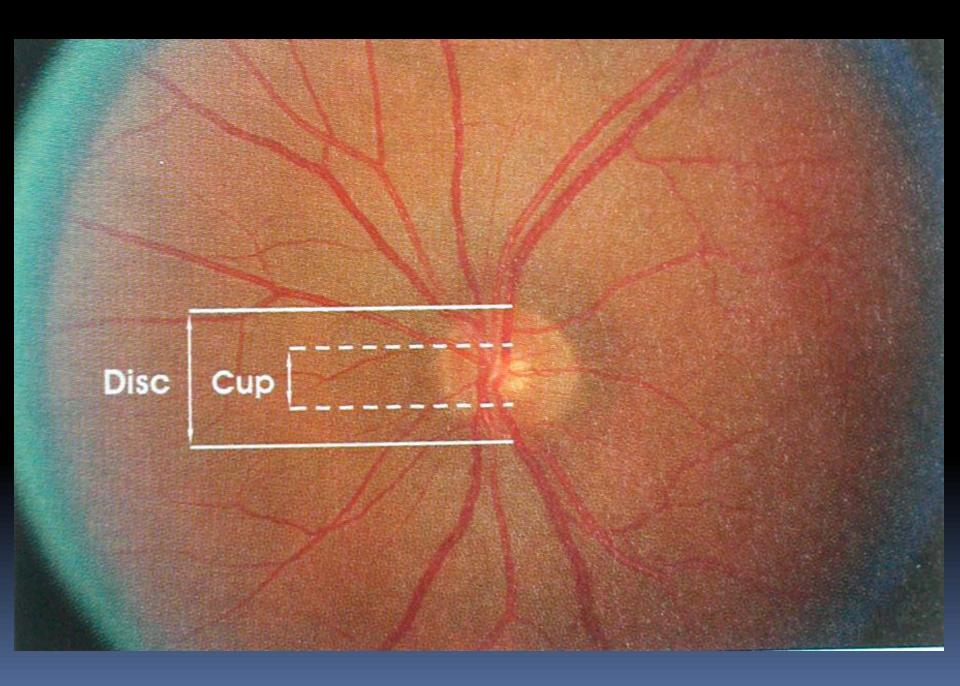
pathological



### **Examination**

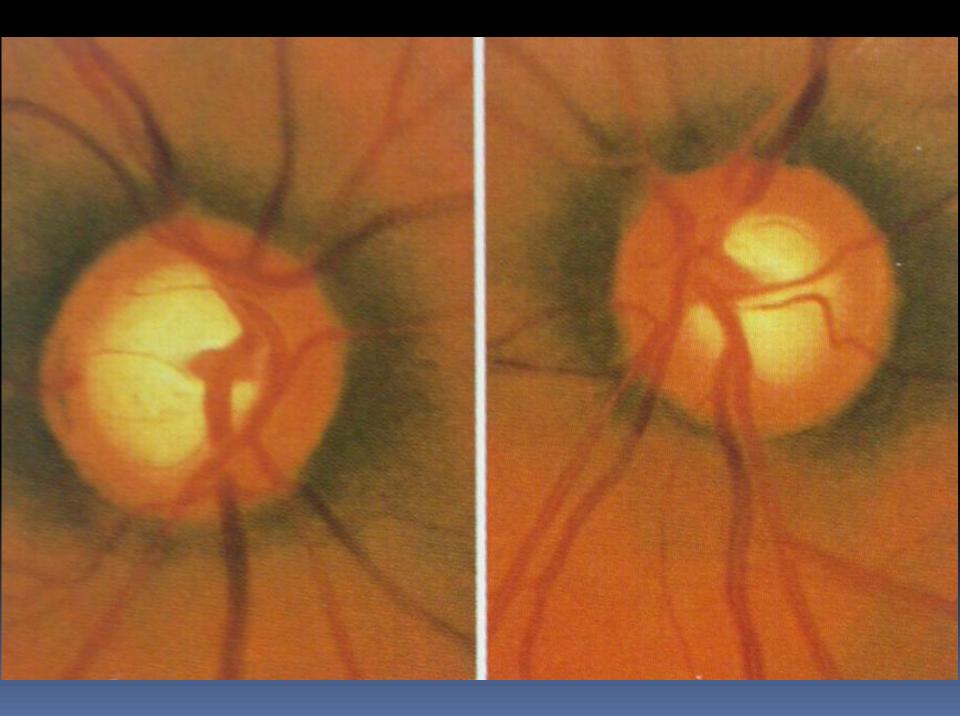
Q: When? Every 2 → 4 y past age 40.
 Particular attention when family history +ve.

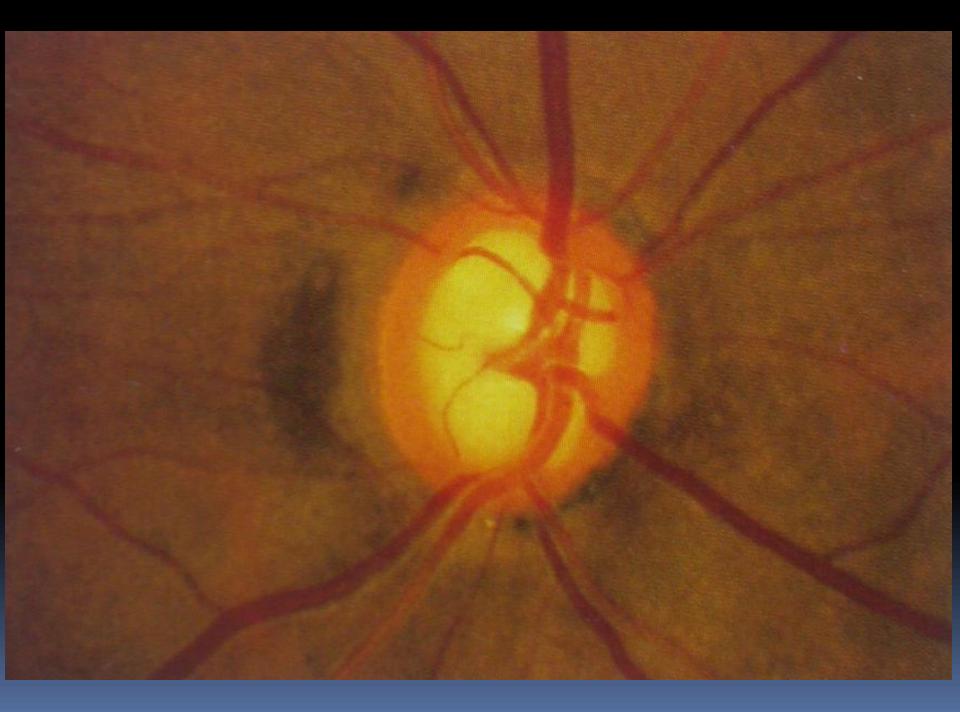
Q: How? Tonometry / cup: disc ratio



### Should be referred for management if:

- 1. IOP over 21 mmHg.
- 2. C/D ratio 0.5 or greater.
- 3. One cup significantly larger in one eye.





## Age-Related Macular Degeneration

Changes in the macular affect

Outer retinal layer

Retinal pigment epithelium

Bruch's membrane

& chorio capillaris

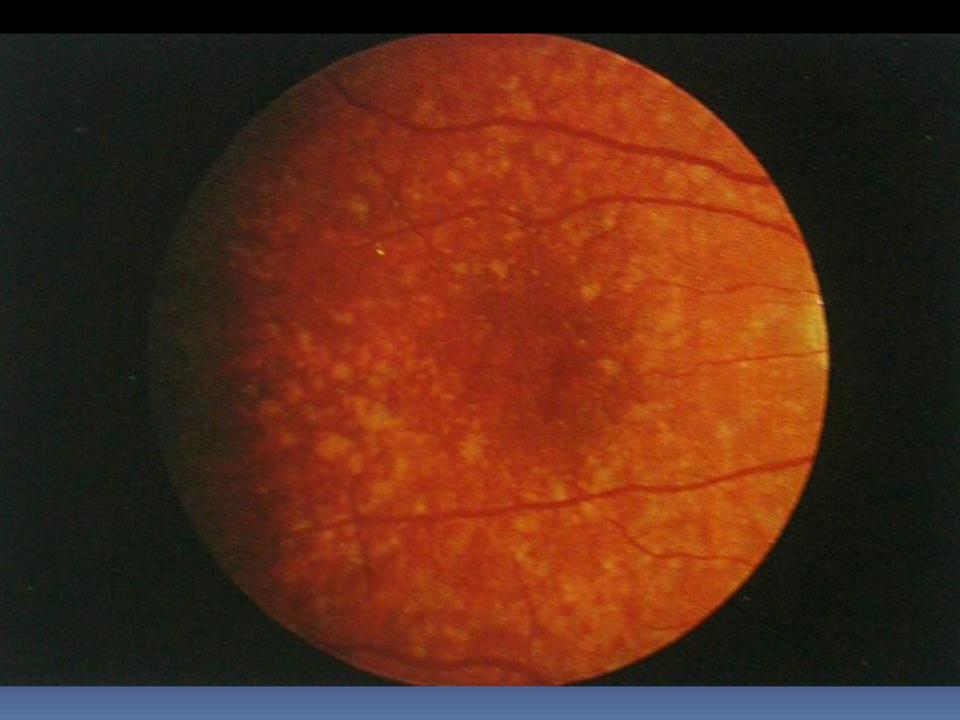


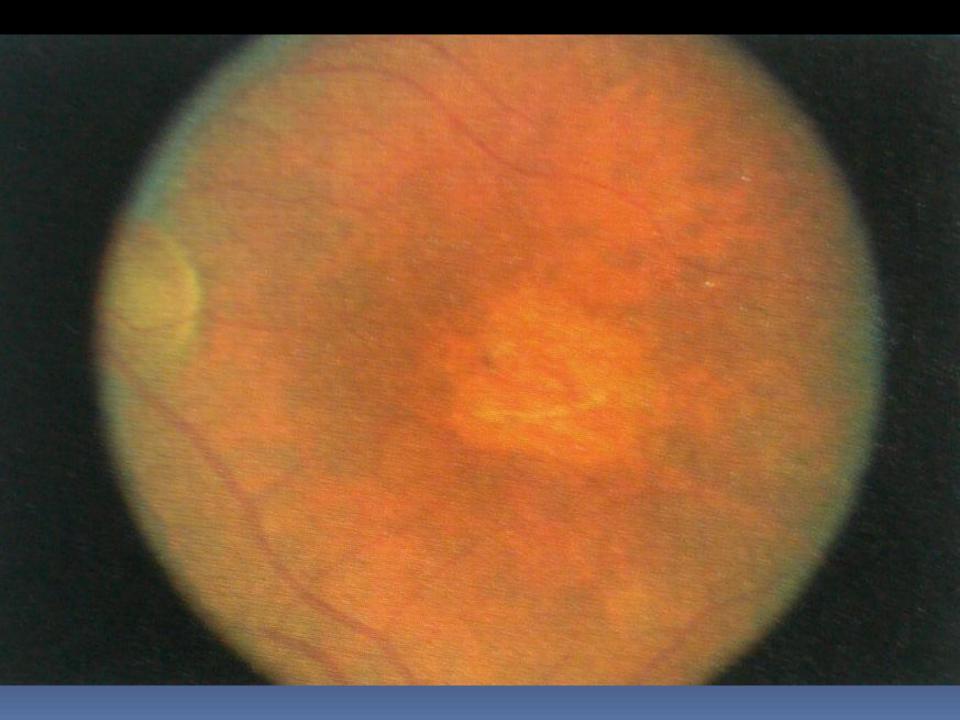
### Pathological changes include:

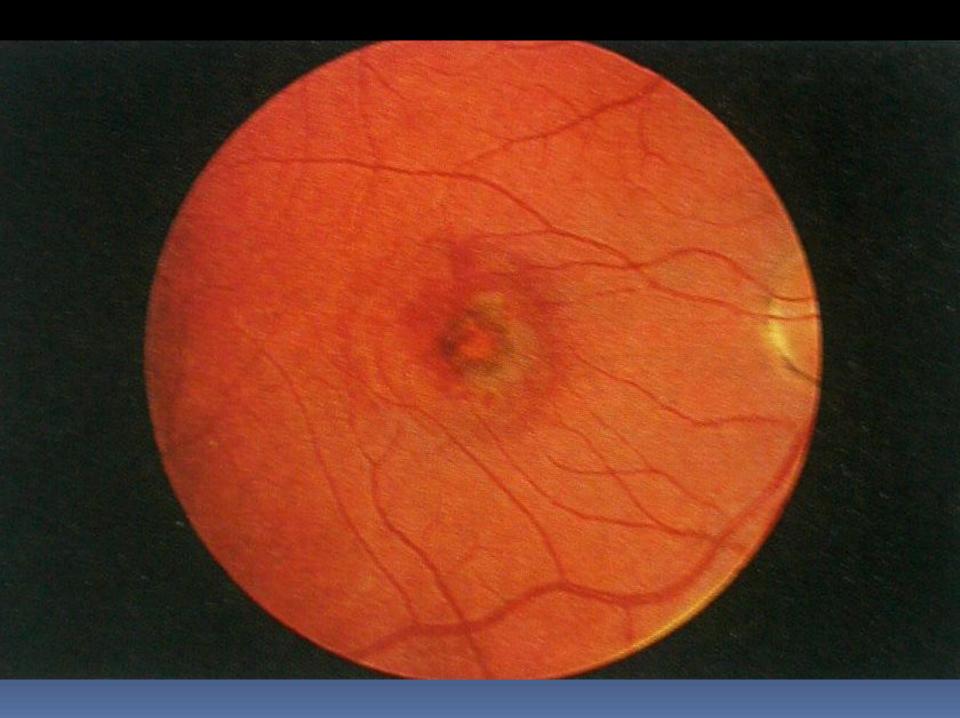
Drusen deposition

Degenerative changes

& subretinal neovascular membranes.



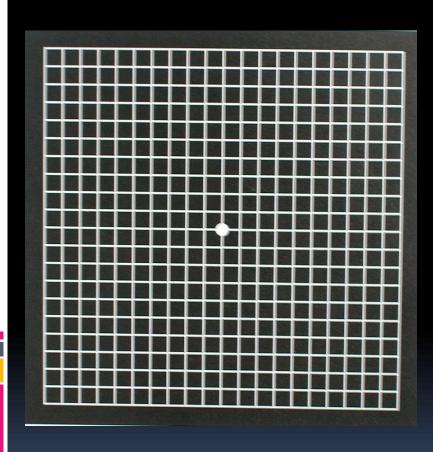


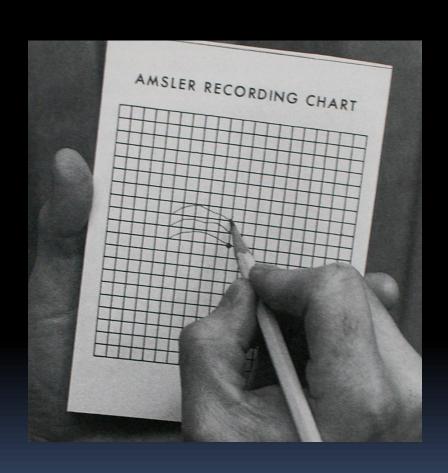


### **Examination & Tests**

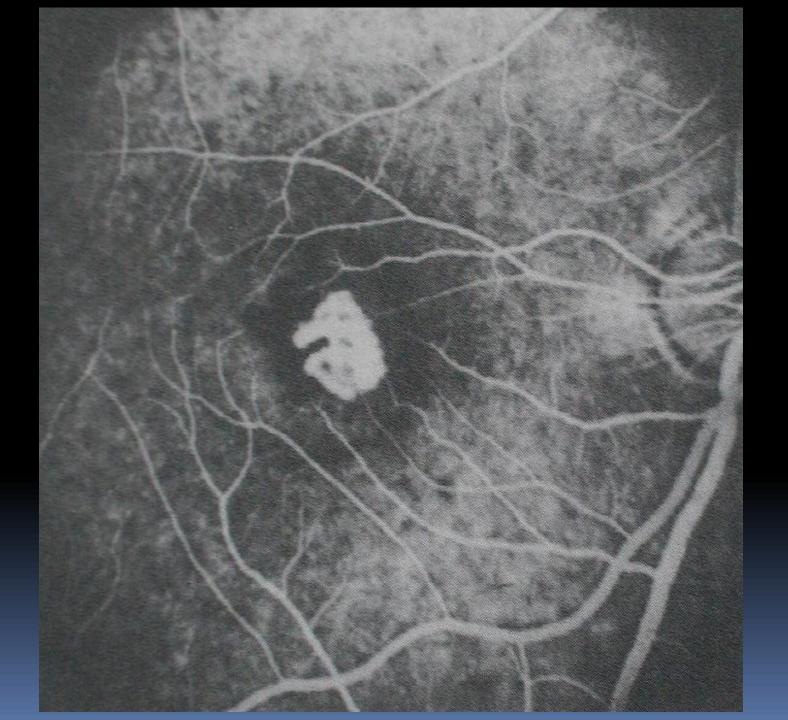
- 1. Visual acuity
- 2. Amsler grid testing
- 3. Ophthalmoscopy
- 4. Others
  - Fluorescein angiography
  - Indocyanine green dye
  - OCT (Optical Coherence Tomography)

# **Amsler Grid Testing**

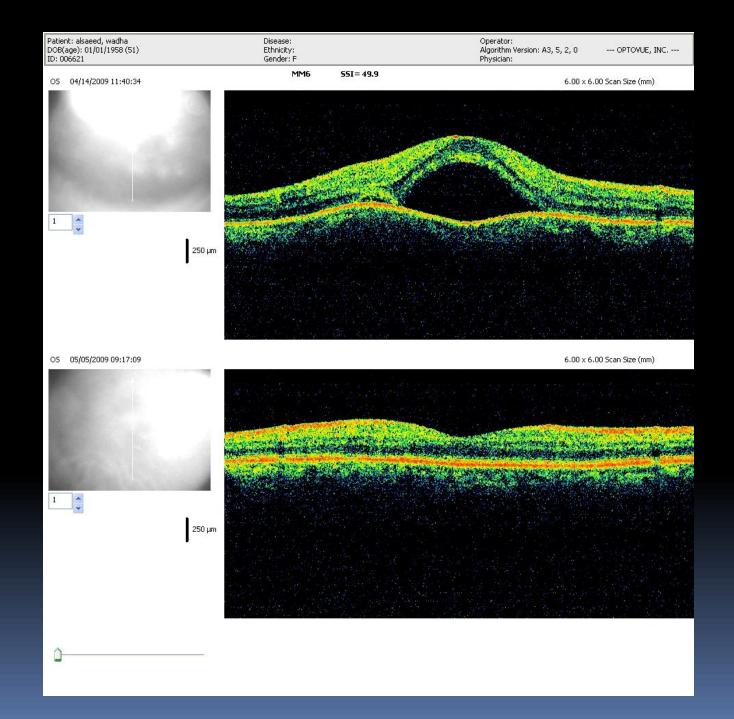












### Symptoms include:

- visual acuity
- 2. Metamorphosia or distortion of vision.
- 3. Scotoma or blind spot

### Management:

Laser treatment of neovascular membrane

Low-vision aids

# **Diabetic Retinopathy**



