

# Strabismus, Amblyopia& leukocoria

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## **Strabismus**

- ocular misalignment.
- 2%-3% of children and young adults.
- Male=Female

#### Causes of Strabismus:

- 1. Inherited pattern.
- 2. Idiopathic.
- 3. Neurological conditions

(CP,Hydrocephalus & brain tumors).

- 4. Down syndrome.
- 5.A congenital cataract, Eyes Tr.

# Why we are concerned about strab?

- ❖Binocular single vision.
- **❖**Double vision.
- **❖**Cosmetic.

# Consequenses

- ❖Lazy eye (amblyopia) .
- **❖**Double vision.

#### **Tests for deviation**

#### 1. Hirschberg test:

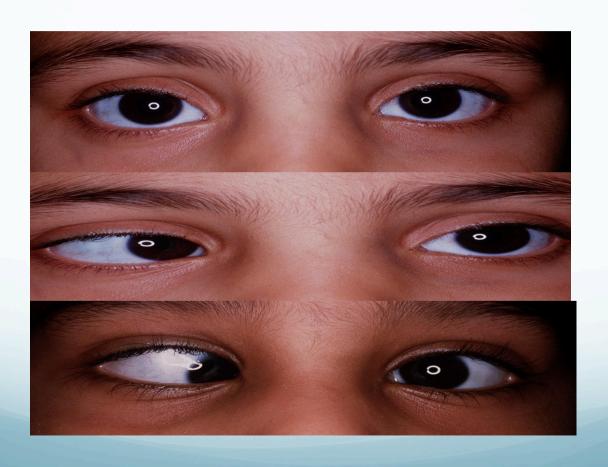
1mm from pupil center=15PD or 7°.

#### 2-Krimsky:

place prism on fixating eye until control reflex in deviated eye.

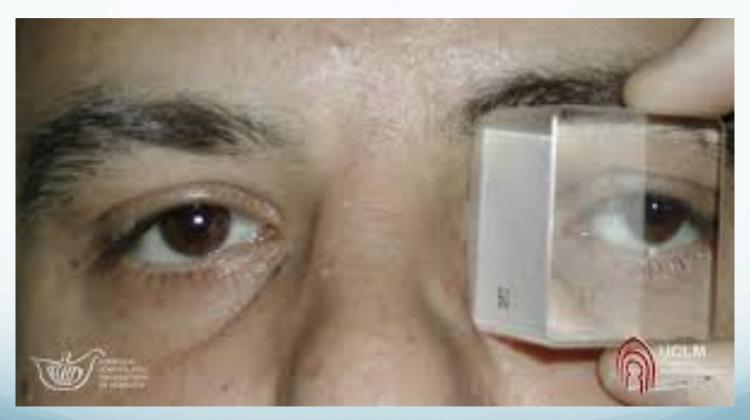
- 3.Cover test.
- 4. Prism cover test.

# Hirschberg test





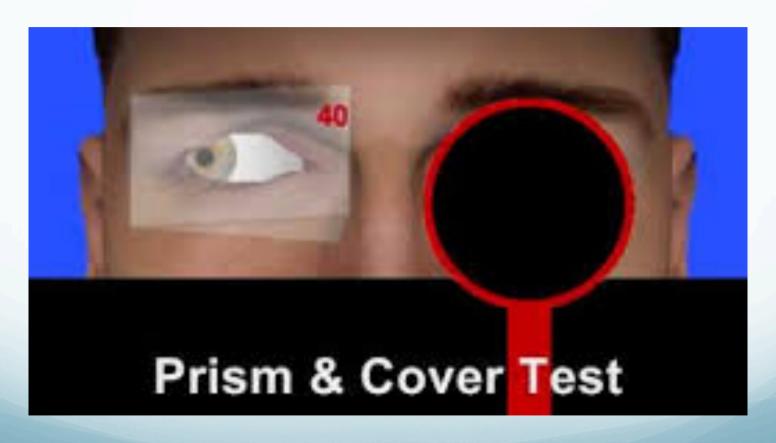
# Krimsky test



### **Cover test**



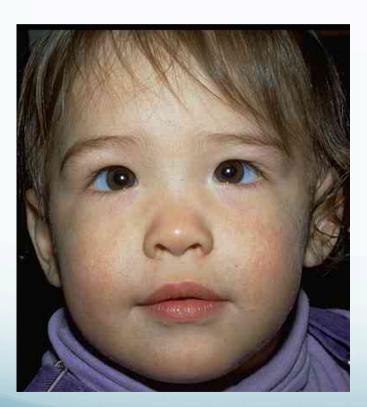
#### Prism cover test



#### **Pseudostrabismus**

Pseudoesotropia is a condition in which alignment of the eyes is straight (also known as orthotropic); however, they appear to be crossed.

### Pseudostrabismus



- a flat nasal bridge
- prominent epicanthal folds.

# pseudostrabismus

A careful ocular examination (eg, pupillary light reflex, cover test) reveals that the eyes are straight.

# Types of Strabismus

1.Commitant: XT or ET

Almost same angle in any direction of gaze.

2.Non-Commitant: XT or ET

angle change with direction of gaze(Paretic, restrictive).

### Commitant strabismus

**ET20** 

ET 25 ET 30 ET 25

**ET30** 

## Non-commitant

ET 20

ET 10 ET 12 ET40

ET18

# Types of strabismus

- Esotropia (ET).
- Exotropia (XT).
- Hypertropia (HT).
- Hypotropia(HPO).

# **Esotropia**

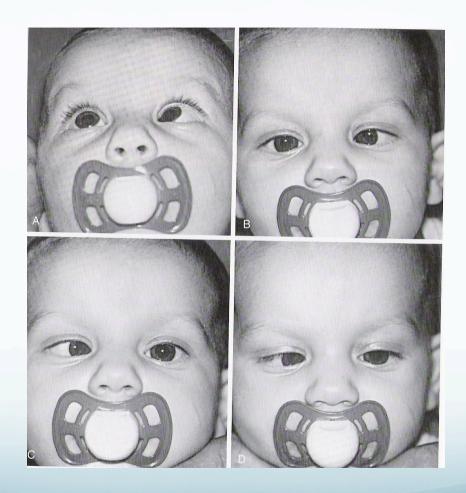
- 1.Infantile (congintal) ET.
- 2.Accomodative ET:
  - a.hypermetropic(refractive)
  - b.high AC/A ratio.
  - c.partially accommodative ET.
- 3. Aquired non acommodative ET(DIVERGENCE paralysis).
- 4. Sensory ET.
- 5.Cyclic ET.

## Infantile ET

- 1. Large Angle.
- 2. Small hypermetropia.
- 3. Before age of 6months.
- 4. Cross fixation (turning the face to fixate the eye contralateral to the target).

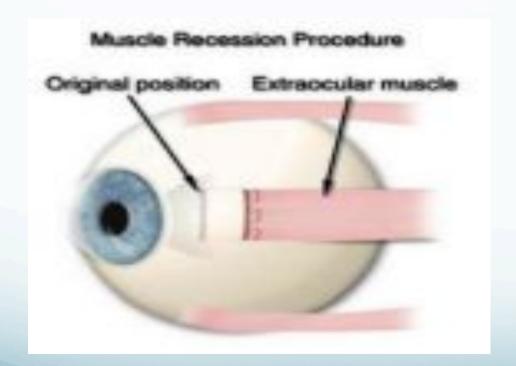
#### Ocular association of infantile ET

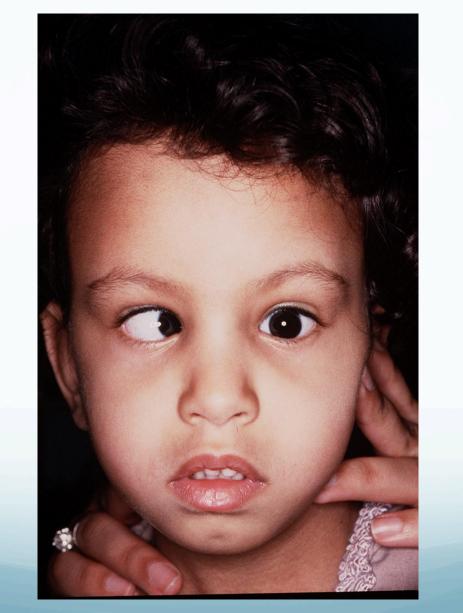
- DVD (dissociate vertical deviation) .
- IOOA.
- Latent nystagmus.
- Smooth pursuit asymmetry(slow laging temp. on OKN).
- DHD( dissociate horizontal deviation) .

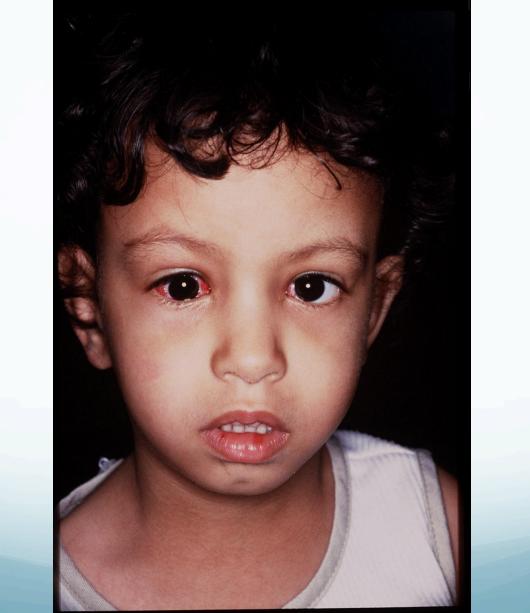


#### Treatment of infantile ET

- Surgically by weakening the medial rectus muscles at age of 10-11months to achieve monofixation syndrome.
- Prognosis: gross stereopsis.







# Clinical example

A 4-month-old healthy child presents with a history of his eyes turning in most of the time, since about 8 weeks of age.

#### **Examination:**

ET for both distance and near 60 PD.

EOM is Full.

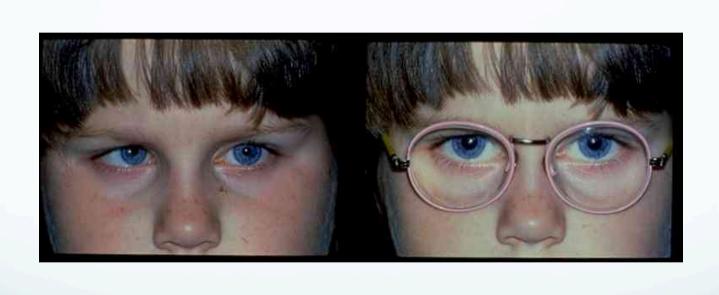
Cycloplegic retinoscopy is +1.25 D

Fundus :normal.

## Acc ET

- 1.>+2.00 hypermetropia.
- 2.age>6mo-7years (4yrs).
- 3. High risk of amblyopia.
- 5.Intermettent at onset then constant.
- 4. Corrected totally (<10PD residual N+D) with glasses.





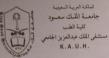
# High AC/A ratio ET

- -The accommodative convergence/accommodation (AC/A) ratio gives the relationship between the amount of convergence (inturning of the eyes) that is generated by a given amount of accommodation (focusing effort).
- -Esotropia with high AC/A ratio (also termed nonrefractive accommodative esotropia).









R.A.U.H.				
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	IOPTIC SHEET			
PRESENT CONDITION:	yold havi	DA DA	ATE:	
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King Saud University Press

### Treatment of highh AC/A



#### Partial acc ET

 >10 PD residual for D+N with full hypermetropic correction.

Treatment :

Surgery Sx for the residual deviation.

## Divergence paralysis

ET at D>N.

• MRI: arnold chiari, pontine Tr.

## **Sensory ET**

- ET due to unilatral blindness.
- Treatment: Sx

### Cyclic ET

- Very rare.
- Acquired(2-6yrs).
- Cycle between straight and ET.
- Treatment: if hypermetropia ~glasses

if not hypermetropia ~ Sx

#### **Exodeviation**

**\*** a horizontal form of strabismus characterized by visual axes that form a divergent angle.

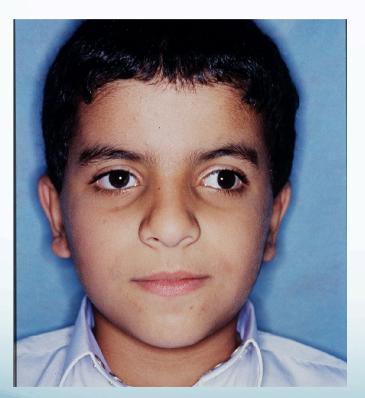


### **XT Types**

- 1. Intermittent exotropia X(T).
- 2. Congenital XT.
- 3. Sensory XT.
- 4. Convergence insufficiency.

#### Intermittent exotropia

- Acquired.
- Early childhood.
- Intermittently controlled by fusional convergence.
- Close one eye n the bright light.



 This deviation may later progress to constant exotropia

#### **Treatment**

- 1.Surgical treatment.
- 2. non surgical: alternate patching.

over minus.

### Indications of surgery:

- 1.poor control.
- 2. The deviation ocures more than 50% of time.
- 3.Lost distance stereopsis.

### Types of X(T)

#### Basic

- XT D=N
- BLR weakening

#### Pseudo divergence excess

- Xt D>N
- Patch 30-60min
- XT D=N
- BLR weakening

#### True divergence excess

- XT D>N
- Patch 30-60min
- XT D>N
- R&R

### **Congenital XT**

- Very rare.
- Constant large angle
- Poor fusion prognosis
- High risk of amblyopia
- Associated with craniofacial abnormalities, albinism, CP.
- Tx: BLR Weakening.

# **Sensory XT**

- Blind eye drift outward.
- SX.



### Convergence insufficiency

- Inability to maintain the convergence on objects approching from D to N.
- C/O: asthenopia, diplopia.
- X or XT at N ,Stright at D.
- Remote near point of convergence (normal 5-6cm).
- Tx: orthoptic exercise.

### **Amblyopia**

Amblyopia refers to reduced vision, uncorrectable with glasses or contact lenses, due to failure or incomplete development of the visual cortex of the brain.

### **Amblyopia**

- VA is <20/40 or 2 lines below the good eye.</li>
- 2 ~4%.
- Almost during visual immaturity till the 9<sup>th</sup> BD.
- Unilateral or bilateral.

#### Calssification

Strabismus Amblypoia Refractive Amblypoia Occlusive :organic ,cataract Idiopathic ,2ry to nystagmus

#### Criteria of Dx

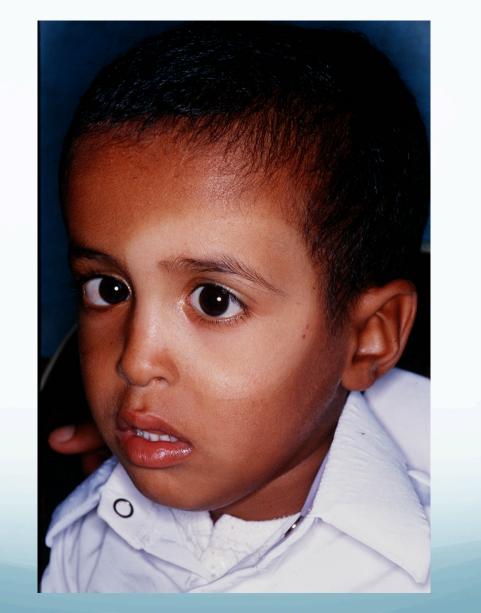
- VA<20/40 OU or in one eye.</li>
- FHx.
- Hx of visual deprivation during infancy.

#### **Treatment**

- Optical correction.
- PTO.
- Defocusing (penalization).

#### **Patching**





#### Leukocoria









#### Leukocoria

- Cataract .
- RB.
- PHPV
- COLOBOMA
- RD.
- Astrocytoma
- Coat's disease, uveitis.

# Thank you