



Psychiatry Course

Credits hours: 4

Duration: 5 weeks

Objectives of the course

To provide the undergraduate medical students with 1-knowledge 2-attitude 3- clinical skills relevant to clinical psychiatry and essential for their future career as non-psychiatric clinicians in whatever specialty they choose.

- 1- **Knowledge:** To acquire basic essential facts in clinical psychiatry that includes:
 - a. Psychopathology (signs and symptoms) of psychiatric disorders.
 - b. Classification and etiology in clinical psychiatry (bio-psycho-social).
 - c. Common psychiatric disorders:
 - Clinical features and course.
 - Epidemiology and etiology.
 - Differential diagnosis.
 - Treatment (bio-psycho-social) and prognosis.
 - d. Treatment modalities in psychiatry:
 - Physical: pharmacotherapy, electroconvulsive therapy (ECT) and others.
 - Psychological: behavioral, cognitive, supportive psychotherapy and others.
- 2- **Attitude:** To develop the scientific attitude towards:
 - Psychiatric patients and their families
 - Psychiatric interventions (bio-psycho-social)
 - Mental health and providers (psychiatrists, psychologists, social workers and others)
 - Psychiatry as a branch of medicine.
- 3- **Clinical Skills:** To conduct a psychiatric interview with proper interview techniques and skills for proper assessment of psychiatric problems in outpatient, inpatient, and emergency settings.
 - Sufficient psychiatric history to enquire about various psychiatric symptoms.
 - Standard “mental state examination” to elicit signs of psychiatric disorders.

Activities: lectures, clinical cases/ inpatients-outpatients, video cases, others (see schedule).

Course Textbook: Basic Psychiatry, by Mohammed. Al-Sughayir, KSU Academic Publishing & Press-2011.

References:

- Introductory Textbook of Psychiatry by Donald Black. 6th Edition.
- Psychosomatic Medicine An Introduction to Consultation-Liaison Psychiatry by Amos & Robinson.
Translated into Arabic by Dr. Fahad Alosaimi, KSU Academic Publishing & Press. 2014.

Evaluation:

Midterm clinical exam (4th week-Monday morning):

Part A (8-9 am): Five video cases: detecting and eliciting clinical features= 20 marks.

Part B (9:15- 11:45): Two short cases: see essential clinical skills in psychiatry = 20 marks.

Final exam (11th week-Sunday afternoon 1-2:30): 60 MCQs/single best answer = 60 marks.

Passing mark is 60.

Course organizers: Male Students > Prof. Mohammed Alsughayir (malsughayir@ksu.edu.sa).

Female students > Dr. Noor Almodihesh (nalmodihesh@ksu.edu.sa)

Course secretary: Mrs. Van. 4671717