

Anatomy of the Ear Otitis Externa and Otitis Media

ALHABIB Salman MBBS, DES Assistant Professor KSU Otology, Neurotology and Cochlear Implant Consultant

Objectives

Anatomy of the ear Physiology of the External, Middle, Inner ear Otitis Externa Malignant Otitis Externa **Otitis Media**





Extenal Auditory Canal





External Auditory Canal (EAC)

- EAC is 2.5 cm long;
- Outer cartilaginous canal is 1/3 of canal length:
 - Contains small amount of sub-Q tissue
 - Appendages include hair cells, sebaceous and apocrine glands (together called the apopilosebaceous unit)
- Medial 2/3 is osseous:
 - Skin lining is just 0.2 mm thick
 - No sub-Q tissue or appendages



Function Of The External Ear

Protection of the middle earWax

- Auditory functions:
 - Sound conduction
 - Increase sound pressure by the resonance function

Tympanic membrane





- Fibroelastic Membrane has 3 layers (epidemic, fibrous, mucous).
- Divided in 2 parts : pars flacida et pars tensa
- It separate the external ear from the middle ear

Middle Ear





Lining of middle ear: Ciliated columnar anteriorly and cuboidal or flat elsewhere



Middle Ear Cleft :

- Eustachian (Pharyngo-tympanic) Tube
- Tympanic (Middle Ear) Cavity
- Mastoid antrum and air cells

Eustachian Tube

- Is the conduit through which air is exchanged between the middle ear space and upper aerodigestive tract.
- Open at the torus tubarius.
- Proximal 1/3 formed in petrous bone
- Distal 2/3, the distal segment, is a fibrocartilaginous tube that is collapsed at rest



FUNCTIONS OF THE EUSTACHIAN TUBE



Ossicles









FUNCIONS OF THE MIDDLE EAR

Conduction of sound

- The middle ear plays an important role in the process of impedance matching between the air-filled middle ear and the fluid-filled inner ear to allow for efficient sound transmission(Impedance matching):
 - Area ratio between the TM and the stapes footplate(20:1)
 - Ossicular Coupling : lever ratio
- Protection to the inner ear
 - Stapedial reflex



Impedance of fluid is much greater than the impedance of air



Sensibility



- Great auricular nerve (C2,C3) : lobule, lateral/inferior auricle
- Auricular branch of vagus (Arnold's) :concha, Post canal wall
- Auriculotemporal nerve (V3) : tragus. anterior helix, Ant canal wall
- Lesser occipital (C2) : medial surface of pinna
- TM supplied mainly by V3 (anterior) and X (posterior) on lateral aspect, IX on medial aspect
- Facial nerve: concha, Post canal wall



Referred Earache

Referred Earache: Pain in the ear due to a disease in an area supplied by a nerve that also supply the ear.

- Cervical II & III: Cervical spondylosis, neck injury etc.
- V cranial nerve: Dental infections, sinonasal diseases etc.
- IX cranial nerve: Tonsillitis, post-tonsillectomy, carcinoma etc.
- X cranial nerve: Tumors of hyopharynx, larynx & esophagus

Inner Ear



Cochlea: Coiled, bony tube; 35 mm long

Perilymph: extracellular-like fluid; found in scala tympani and vestibuli K⁺ = 4 mEq/L Na⁺ = 139 mEq/L

Endolymph: intracellular-like fluid; found in scala media; contributes to positive DC resting potential of 80 mV in scala media; produced from perilymph by **marginal cells of stria vascularis**; <u>absorbed within the endolymphatic sac</u>

K⁺ = 144 mEq/L Na⁺ = 13 mEq/L



Spiral lamina

Inner hair cel

Sound of High frequency affect the basal portion of the Cochlea



Sounds of Low frequency affect the apical portion of the Cochlea



Inner Ear



Organ of Corti: rests on basilar membrane and osseous spiral lamina; major components include:

- Outer and inner hair cells
- Supporting cells: provide structural and metabolic support
- Tectorial membrane
- Reticular lamina

Central Auditory System

- The principal human auditory cortex is located deep within the sylvian fissure on the superior surface of the temporal lobe.
- The primary auditory cortex is often referred to as Brodmann area 41.





INNER EAR SENSORY EPITHELIUM

Cochlea: organ of Corti

Utricle & saccule: maculae

Semicircular canals: cristae



Vestibular System



<u>Semi-circular Canals</u>

Angular Acceleration



<u>Utricle & Saccule</u>:

- Macule of the utricle : plan horizontal
- Macule of the saccule: plan vertical
- Linear acceleration horizontal & Vertical (gravity)





Congenital Malformations

Anotia & microtia

Accessory auricle

Preauricular sinus

Protruding ear





Otitis Externa

Acute Otitis Externa (AOE)

- An acute or chronic infection of the whole or a part of the skin of the external ear canal.
- Organisms enter the apopilosebaceous unit by break in skin
- Commonly caused by fingernail or Q-tip to relieve itching
- Periosteal lining of bony canal displaced by swelling
- Subacute or chronic develops if AOE not treated adequately





Otitis Externa (OE)

History:

- Pain,
- Itching,
- Fullness
- Hearing loss

Physical exam:

- Redness, swelling, protrusion, discharge, preauricular or face or neck extension
- Gently tug up and back: if true AOE, patient will not tolerate
- Clean canal thoroughly and examine under Microscope





Otitis Externa (OE)

Bacteriology

- Typically Pseudomonas aeruginosa, Proteus mirabilis, staph, strep and various gram negative bacilli
- Culture not typically needed unless resistant to treatment
- Otomycosis : Fungal infection



Otomycosis

Otitis Externa (OE)

Medical treatment:

- Frequent cleaning
 - Meticulous debridement of debris, pus and cerumen
- antibiotics
 - Anti-pseudomonal drops Ciprodex
- Treatment of pain
- Recommendations regarding prevention
 - Avoid instrumentation
 - Keep H₂O out of the ear when possible

Necrotizing (Malignant) External Otitis

- Life-threatening; osteomyelitis of temporal bone
- AOE can spread via fissures of Santorini or tympanomastoid fissure

Diagnosis:

- Otalgia > 1 month
- Several weeks of purulent otorrhea with granulations
- Diabetes Mellitus , immunocompromised, HIV or elderly
- Cranial nerve involvement



Necrotizing (Malignant) External Otitis

Clinical/radiographic findings

- granulations tissue in EAC
- Almost always caused by *Pseudomonas*; can be fungal HIV
- 25% have CN VII involvement; IX, X or XI possible
- Bony erosion on contrast-enhanced CT
- MRI useful for soft-tissue diagnosis, but not for F-U
- Bone scan is sensitive, but not specific (Tc-99m most sensitive)

Surgical treatment:

Reserved for clear failures of above medical treatment

Necrotizing (Malignant) External Otitis

Medical treatment

- Should culture and biopsy
- Anti Pseudomonas antibiotics
- Blood-sugar control
- Frequent debridement and anti-pseudomonal ear drops
- ID and Endocrinologist should be involved

KERATOSIS OBTURANS

- Accumulation of desquamated epithelium in the bony canal
- It may be associated with
 - Sinusitis,
 - Bronchiectasis
 - Primary ciliary dyskinesia
- Usually cause deafness and pain
- Treatment : periodic removal





BULLOUS MYRINGITIS

BULLOUS MYRINGITIS

- Inflammatory condition involves the lateral surface of the TM and the medial portion of the canal wall.
- It typically occurs in association with upper respiratory infections and is more common in winter.
- Clinical manifestations:
 - Severe otalgia;
 - Serosanguinous otorrhea;
 - Hearing loss.
- Treatment includes analgesics, topical antibiotic/steroid drops to prevent bacterial superinfection



BULLOUS MYRINGITIS

The hallmark clinical finding is : bulla over the TM and medial canal with serous or serosanguinous fluid



- Acute infection of the mucous membrane lining of the middle ear cleft
- estimated 85% of all children experience at least one episode of AOM
- Most common bacterial infection of childhood.





Predisposing Factors:

- Young Age
- Male sex
- Bottle feeding,
- Allergic Rhinitis
- Crowded living conditions
- Smoking within the home





 Associated conditions: cleft palate, immunodeficiency, ciliary dyskinesia, Down syndrome, and cystic fibrosis

ROUTE OF INFECTION

- Eustachian tube
- External auditory canal
- Blood borne

BACTERIOLOGY:

- Streptococcus pneumonia
- Haemophilus influenzae
- M. catarrhalis
- Streptococcus pyogens
- Staphylococcus aureus



Clinical Picture

- Discomfort,
- Autophony,
- Fever,
- Sever earache,
- Deafness,
- Bulging drum
- Tympanic membrane rupture: Otorrhea... temp. & earache subside





COMPLICATIONS OF ACUTE AND CHRONIC OTITIS MEDIA

Extracranial

- Acute mastoiditis
- Chronic mastoiditis
- Postauricular abscess
- Bezold abscess
- Temporal abscess
- Petrous apicitis
- Labyrinthine fistula
- Facial nerve paralysis
- Acute suppurative labyrinthitis

Intracranial

- Meningitis
- Brain abscess
- Subdural empyema
- Epidural abscess
- Lateral sinus thrombosis
- Otitic hydrocephalus
- Encephalocele and cerebrospinal fluid leakage

TREATMENT

- Symptomatic
- Antimicrobials
 - Amoxycillin
 - Amoxycillin/clavulanic acid (Blactamase bacteria)
 - Tri-methoprimsulphamethoxazole
 - Cefaclor, cefixime
- Decongestant
- Myringotomy +/- tube
- Ear toilet and local antibiotics



Thank you