Ocular Emergencies

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Ocular Emergencies

- Corneal abrasion
- Corneal ulcer
- Chemical injury
- Uveitis
- Acute angle closure glaucoma
- Orbital cellulitis
- Endophthalmitis
- Retinal detachment

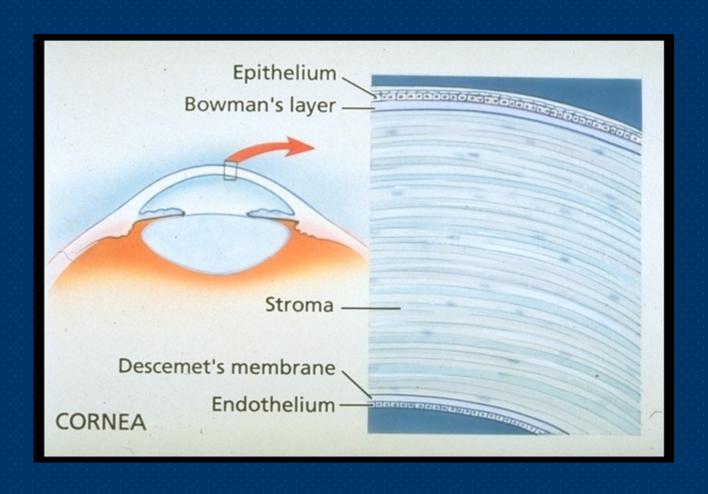
- Orbital/Ocular trauma
 - Corneal and conjunctival foreign bodies
 - Hyphema
 - Ruptured globe
 - Orbital wall fracture
 - Lid Laceration

Top 10 Eye Emergencies

- 10. Orbital Cellulitis
- 9. Chemical (Alkali) Injury
- 8. Endophthalmitis
- 7. AACG
- 6. Open Globe
- 5. Microbial Keratitis

- 4. Acute 3rd CN palsy
- 3. Macula-on
 Rhegmatogenous
 Retinal Detachment
- 2. CRAO
- 1. Ischemic Optic Neuropathy

Corneal Abrasion

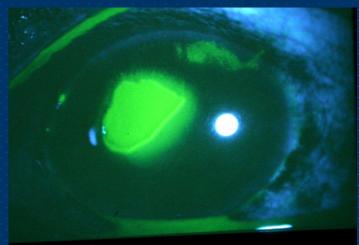


Corneal Abrasions

- History of scratching the eye
- Symptoms:
 - Foreign body sensation
 - Pain
 - Tearing
 - Photophobia







Corneal Abrasions

- Treatment:
 - Topical antibiotic
 - Pressure patch over the eye
 - Refer to ophthalmologist



Corneal Ulcer

- Corneal ulcer occurs secondary to lid and conjunctival inflammation but is often due to trauma or contact lens wear
- Bacterial, viral, fungal or parasitic

Corneal Ulcer

Ocular pain, redness and discharge with decrease vision and white lesion on the

cornea



Corneal Ulcer

- Prompt diagnosis of the etiology by doing corneal scraping
- Treatment with appropriate antimicrobial therapy are essential to minimize visual loss

Contact lens wearer

- Any redness occurring for patients who wear contact lens should be managed with extreme caution
- Remove lens
- Rule out corneal infection
- Antibiotics for gram negative organisms
- Do not patch
- Follow up with ophthalmologist in 24 hours

Chemical Injuries

- A vision-threatening emergency
- The offending chemical may be in the form of a solid, liquid, powder, mist, or vapor.
- Can occur in the home, most commonly from detergents, disinfectants, solvents, cosmetics, drain cleaners.....

Chemical Injuries

- Can range in severity from mild irritation to complete destruction of the ocular surface
- Management
 - Instill topical anesthetic
 - Check for and remove foreign bodies

Chemical Injuries

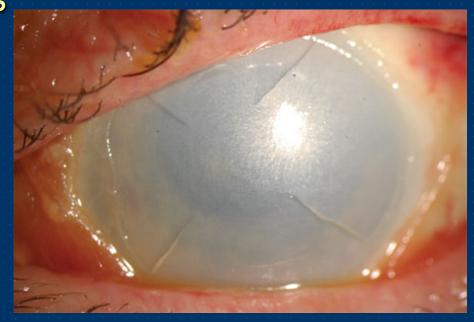
 Immediate irrigation essential, preferably with saline or Ringer's lactate solution, for at least 30 minutes





Chemicals Injuries

- Irrigation should be continued until neutral pH is reached (i.e.,7.0)
- Instill topical antibiotic
- Frequent lubrications
- Oral pain medication
- Refer promptly to ophthalmologist



Corneal and Conjunctival Foreign Bodies

- History of trauma
- Foreign body sensation-Tearing



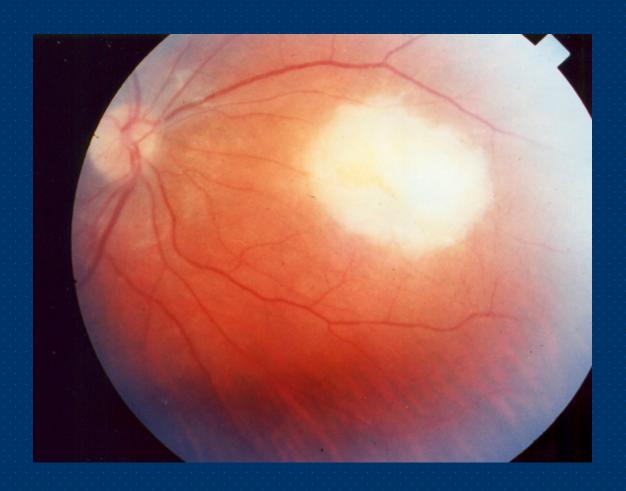


Corneal and Conjunctival Foreign Bodies

- Management
 - Instill topical anesthetic
 - Removal of the foreign body
 - Topical antibiotic
 - Treat corneal abrasion

- Inflammation of the uveal tissue (iris, ciliary body, or choroid), retina, blood vessels, optic disc, and vitreous can be involved.
- Etiology
 - Idiopathic
 - Inflammatory diseases
 - HLA B27, Ankylosing spondylitis, IBD, Reiter's syndrome, Psoriatic arthritis
 - Sarcoidosis, Behcet's, Vogt-Koyanagi-Harada Syndrome
 - Infectious
 - Toxoplasmosis
 - Tuberculosis
 - Syphilis

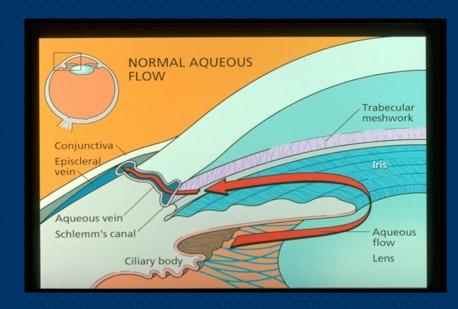


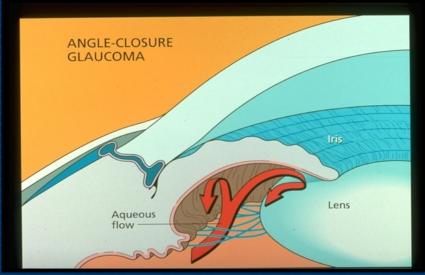


- Management
 - Identify possible cause
 - Treat infectious agent
 - Topical steroid
 - Topical cycloplegic
 - Systemic immunosuppressive medication
 - Steroid
 - Cyclosporine
 - Methotrexate
 - Azathioprine
 - Cyclophosphamide
 - Immunomodulating agents
 - Infliximab

Acute Angle Closure Glaucoma

Result from peripheral iris blocking the outflow of fluid



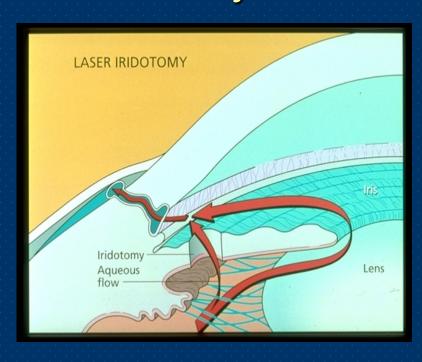


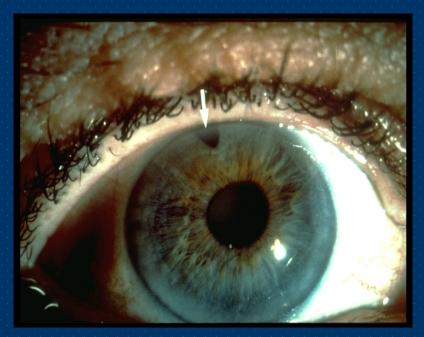
Acute Angle Closure Glaucoma

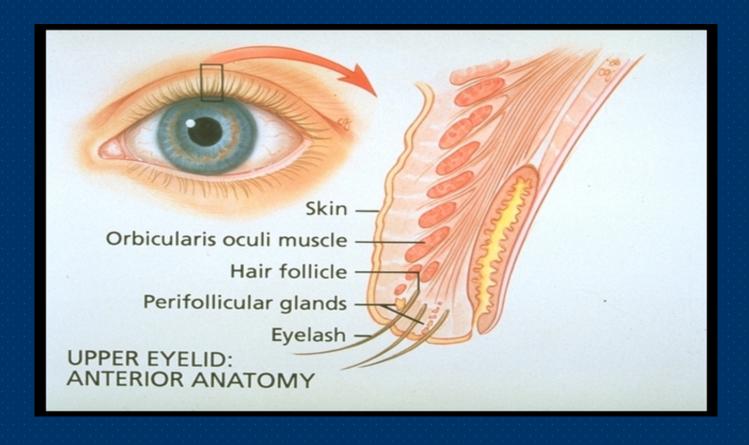
- Present with pain, redness, mid-dilated pupil with decrease vision and coloured haloes around lights
- Severe headache or nausea and vomiting
- Intraocular pressure is elevated
- Can cause severe visual loss due to optic nerve damage
- Medical Tx and peripheral laser iridotomy will be curative in most cases

Acute Angle Closure Glaucoma

Medical Tx and peripheral laser iridotomy will be curative in most cases







- Lid swelling and erythema
- Visual acuity ,motility, pupils, and globe are normal



- Etiology
 - Puncture wound
 - Laceration
 - Retained foreign body from trauma
 - Vascular extension, or extension from sinuses or another infectious site (e.g.,dacryocystitis, chalazion)
 - Organisms
 - Staph aureus Streptococci- H.influenzae

- Management:
 - Warm compresses
 - Systemic antibiotics
 - CT sinuses and orbit if not better or +ve history of trauma

Orbital Cellulitis

- Pain
- Decreased vision
- Impaired ocular motility/double vision
- Afferent pupillary defect
- Conjunctival chemosis and injection
- Proptosis
- Optic nerve swelling







Orbital Cellulitis

- Management:
 - Admission
 - Intravenous antibiotics
 - Nasopharynx and blood cultures
 - Surgery maybe necessary

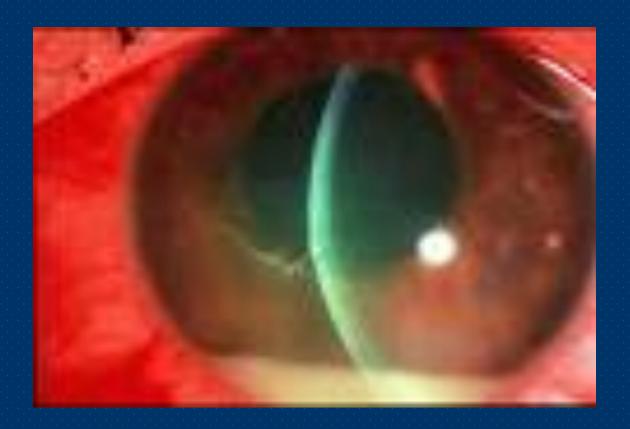
Orbital Cellulitis



Endophthalmitis

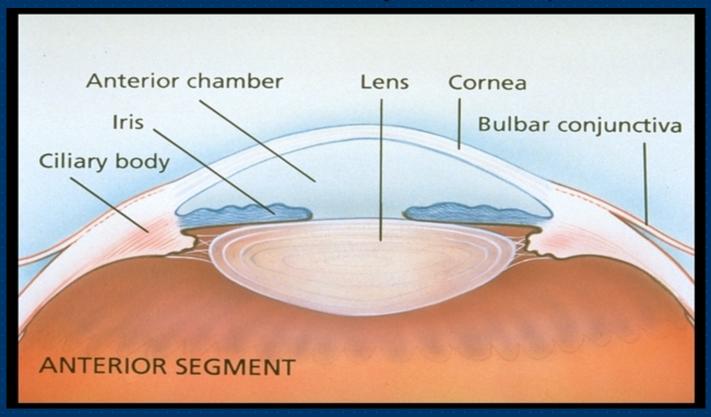
- Potentially devastating complication of any intraocular surgery
- Any patient in the early postoperative period (within 6 weeks of surgery) c/o pain or decrease vision should be evaluated immediately

Endophthalmitis



Endophthalmitis

- Management
 - Vitreous sample for culture
 - Intravitreal antibiotics injection plus topical antibiotics



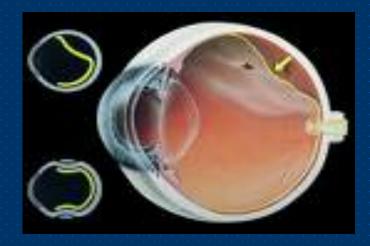
Retinal Detachment

- Symptoms
 - Flashes, floaters, a curtain or shadow moving over the field of vision
 - Peripheral and/ or central visual loss



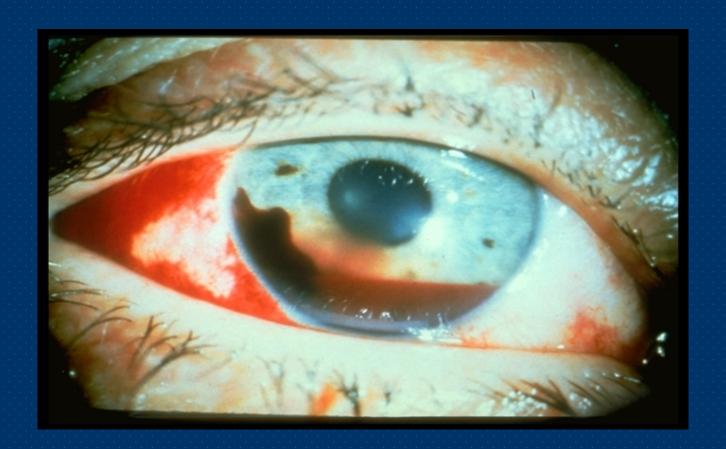
Retinal Detachment





Hyphema

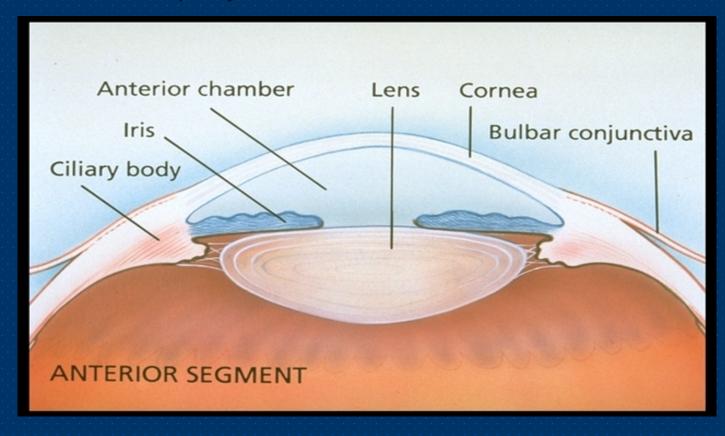
- Can occur with blunt or penetrating injury
- Blood in the anterior chamber



Hyphema

- Can lead to high intraocular pressure
- Detailed history (Sickle cell)
- Management
 - Bed rest
 - Topical steroid
 - Topical cycloplegic
 - Antifibrinolysis agents (Tranexamic acid)
 - Surgical evacuation

- Suspect a ruptured globe if:
 - Severe blunt trauma
 - Sharp object

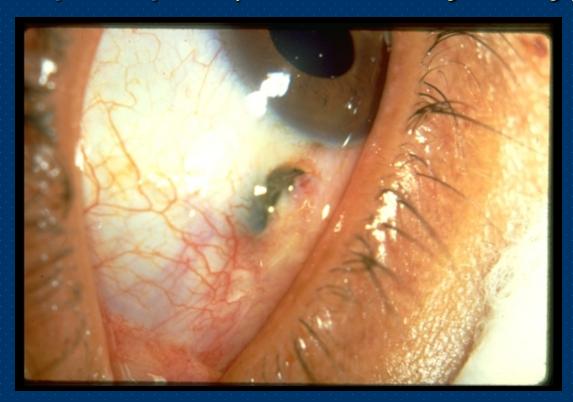


- Suspect a ruptured globe if:
 - Bullous subconjunctival hemorrhage
 - Uveal prolapse (Iris or ciliary body)
 - Irregular pupil
 - Hyphema
 - Vitreous hemorrhage
 - Lens opacity
 - Lowered intraocular pressure

Bullous subconjunctival hemorrhage



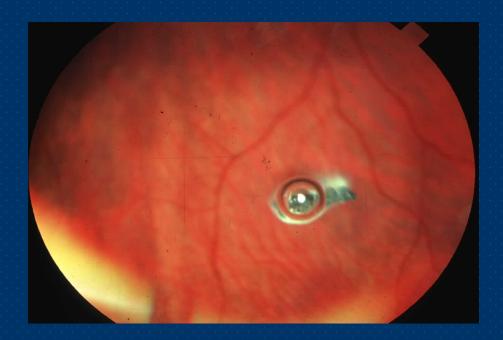
Uveal prolapse (Iris or ciliary body)



Irregular pupil



Intraocular foreign body





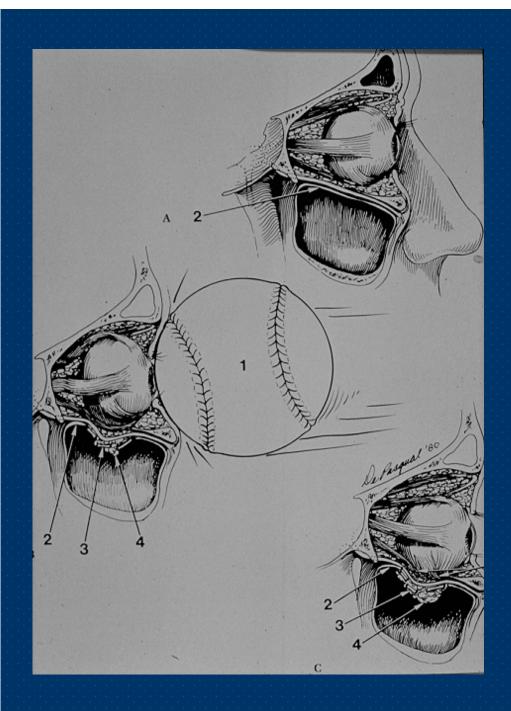
If globe ruptured or laceration is suspected

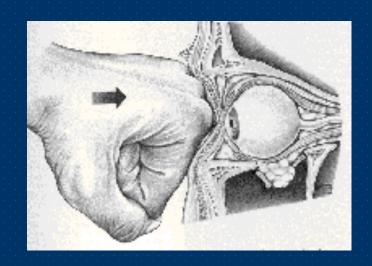
- Stop examination
- Shield the eye
- Give tetanus prophylaxis
- Refer immediately to ophthalmologist

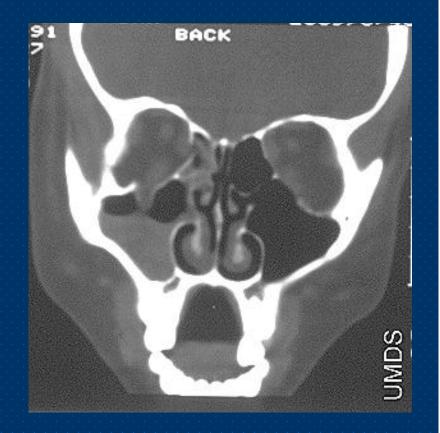
Orbital Floor Fractures

- Assess ocular motility
- Assess sensation over cheek and lip
- Palpate for bony abnormality



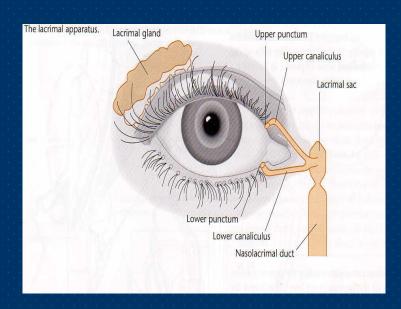






Lid Laceration

- Can result from sharp or blunt trauma
- Rule out associated ocular injury





Thank you