|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Week | | **Week 1** **(27/01/2019 to 31/01/2019)** | | | | | | | | |
| Theme | | **Primary Care** | | | | | | | | |
| Day | Time | **8:00 – 9:00** | **9:00 – 10:00** | **10:00 – 11:00** | | **11:00 – 12:00** | **12:00 – 1:00** | **1:00 – 2:00** | **2:00 – 3:00** | **3:00 – 4:00** |
| **Sunday**  **(27/01/209)** | | **Orientation**  Dr. Norah Alshehri | | | **Family Physician Desirable**  **Competency**  **(Lecture)**  Dr. Norah Alshehri | | **Lunch Break** | **Consultation Skills**  **(Lecture)**  Prof. Aljohara Alquaiz | | **Self-directed learning** |
| **Monday**  **(28/01/2019)** | | **PHC Principles and Health System in Saudi Arabia**  **(Lecture)**  Prof. Sulaiman Al-Shammari | | | **Communication Skills**  **(Lecture)**  Prof. Aljohara Alquaiz | | **Approach to Difficult Patient**  **(Lecture)**  Dr Lamees Alwatbaan | | **Self-directed learning** |
| **Tuesday**  **(29/01/2019)** | | **Rational Use of Medications and Compliance**  **(Lecture)**  Prof Norah Alrwais | | | **Evidence Based Medicine I**  **(Lecture)**  Dr Nada Alyousefi | | **Patient Counselling**  **(Lecture)**  Dr Norah Alshehri | | **Self-directed learning** |
| **Wednesday**  **(30/01/2019)** | | **Patient Safety**  **(Lecture)**  Dr Aljohara Almeneessier | | | **Patient Education and Health Promotion**  **(Lecture)**  Prof. Sulaiman Al-Shammari | | **Evidence Based Medicine II**  **(Lecture)**  Dr Nada Alyousefi | | **Self-directed learning** |
| **Thursday**  **(31/01/2019)** | | **Sexual Transmitted Diseases**  **(Lecture)**  Dr Lamees Alwatbaan | | | **Breaking Bad News**  **(Lecture)**  Dr Nada Alyousefi | | **Domestic Violence**  **(Lecture)**  Dr Aljohara Almeneessier | | **Self-directed learning** |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Week | | **Week 2** **(03/02/2019 to 07/02/2019)** | | | | | | | |
| Theme | | **Primary Care** | | | | | | | |
| Day | Time | **8:00 – 9:00** | **9:00 – 10:00** | **10:00 – 11:00** | **11:00 – 12:00** | **12:00 – 1:00** | **1:00 – 2:00** | **2:00 – 3:00** | **3:00 – 4:00** |
| **Sunday**  **(03/02/2019)** | | **IHD, Dyslipidaemia and CV Risk Assessment**  **(Team Based learning)**  Dr Norah Alshehri | | **ECG Interpretation I**  **(Interactive Practical session)**  Dr Abdullah Al Rashid | | **Lunch Break** | **Upper Respiratory Tract Infection**  Sore throat, sinusitis, otitis media...  **(Student led seminar)**  Prof. Aljohara Alquaiz | | **Self-directed learning** |
| **Monday**  **(04/02/2019)** | | **Clinics** | | | | **Clinics** | | |
| **Tuesday**  **(05/02/2019)** | | **Data interpretation I**  CBC, urine, stool, biochemistry  **(Interactive practical session)**  Dr Hussein Saad | | **Adolescent Health**  **(Student led Seminar)**  Dr Aljohara Almeneessier | | **Case Based Discussion 1**  **(2 groups)**  Dr Lamees Alwatbaan  Dr Nada Alyousefi | | **Self-directed learning** |
| **Wednesday**  **(06/02/2019)** | | **Maternal Child Health**  **(Student led seminar)**  Dr Lamees Alwatbaan | | **ECG Interpretation II**  **(Interactive Lecture)**  Dr Abdullah Al Rashid | | **Smoking and Substance Abuse**  **(Student led seminar)**  Prof Norah Alrwais | | **Self-directed learning** |
| **Thursday**  **(07/02/2019)** | | **Approach to a patient with headache**  **(Team Based learning)**  Dr Nada Alyousefi | | **Data interpretation II**  HBV markers, thyroid, metabolic  **(Interactive practical session)**  Dr Hussein Saad | | **Case Based Discussion 2**  **(2 groups)**  Dr Aljohara Almeneessier  Dr Norah Alshehri | | **Self-directed learning** |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Week | | **Week 3 (10/02/2019 to 14/02/2019)** | | | | | | | | |
| Theme | | **Primary Care** | | | | | | | | |
| Day | Time | **8:00 – 9:00** | **9:00 – 10:00** | **10:00 – 11:00** | | **11:00 – 12:00** | **12:00 – 1:00** | **1:00 – 2:00** | **2:00 – 3:00** | **3:00 – 4:00** |
| **Sunday**  **(10/02/2019)** | | **Elderly Care**  **(Lecture)**  Dr A. Aziz Al-Odhayani | **Home Health Care**  **(Lecture)**  Dr A. Aziz Al-Odhayani | **Bronchial Asthma**  **(Team Based Learning)**  Dr Aljohara Almeneessier | | | **Lunch Break** | **Case Based Discussion 3**  **(2 groups)**  Prof. Aljohara Alquaiz  Dr Nada Alyousefi | | **Self-directed learning** |
| **Monday**  **(11/02/2019)** | | **Clinics** | | | | | **Clinics** | | |
| **Tuesday**  **(12/02/2019)** | | **Hypertension**  **(Team Based Learning)**  Prof Norah Alrwais | | | **Case Based Discussion 4**  **(2 groups)**  Prof. Norah Alrwais  Dr Lamees Alwatbaan | | **Women Health**  **(Student led seminar)**  Dr Lamees Alwatbaan | | |
| **Wednesday**  **(13/02/2019)** | | **Clinics** | | | | | **Clinics** | | |
| **Thursday**  **(14/02/2019)** | | **Approach to a patient with Back Pain**  **(Student led seminar)**  Dr Norah Alshehri | | | **Screening and Prevention**  **(Student led seminar)**  Dr Norah Alshehri | | **Approach to Obese patient**  **(Student led seminar)**  Dr. Nada Alyousefi | | |

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Week | | **Week 4 (17/02/2019 to 21/02/2019)** | | | | | | | | | |
| Theme | | **Primary Care** | | | | | | | | | |
| Day | Time | **8:00 – 9:00** | **9:00 – 10:00** | **10:00 – 11:00** | | **11:00 – 12:00** | **12:00 – 1:00** | **1:00 – 2:00** | **2:00 – 3:00** | | **3:00 – 4:00** |
| **Sunday**  **(17/02/2019)** | | **Case Based Discussion 5**  **(2 groups)**  Dr Lamees Alwatbaan  Dr Norah Alshehri | | | **Osteoporosis and Vitamin D deficiency**  **(Team Based learning)**  Prof. Aljohara Alquaiz | | **Lunch Break** | **Change in bowel habits**  **(Student led seminar)**  Dr Aljohara Almeneessier | | **Self-directed learning** | |
| **Monday**  **(18/02/2019)** | | **Clinics** | | | | | **Clinics** | | | |
| **Tuesday**  **(19/02/2019)** | | **Diabetes Mellitus**  **(Team Based Learning)**  Dr Lamees Alwatbaan | | | **Common Psychiatric problems**  **(Student led seminar)**  Prof. Norah Alrwais | | **Case Based Discussion 6**  Dr Aljohara Almeneessier  Dr Norah Alshehri | | **Self-directed learning** | |
| **Wednesday**  **(20/02/2019)** | | **Clinics** | | | | | **Clinics** | | | |
| **Thursday**  **(21/02/2019)** | | **Clinics** | | | | | **Clinics** | | | |

**\* Primary Care course ends by 4:00pm on Thursday, 21 February 2019.**

**\*Psychiatry and Dermatology course starts by 8:00am on Sunday, 24 February 2019.**

* **Examination weeks: 10 and 11; from (24/03/2019 to 28/03/2019) and (31/03/2019 to 04/04/2019).**