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Intravenous fluid resuscitation & blood transfusion

{Color index: Important| Notes | Book | Extra | Editing File | comments or errors}

Resources: lecture slides, 435teamwork, Book (Julian stone)

Objectives

- To estimate the perioperative fluid requirements and to prescribe/calculate fluid therapy.
- Identify perioperative factors that affect the patient's fluid requirements.
- To detect the common conditions associated with preoperative fluid deficit.
- To assess a patient with a volume deficit.
- Describe different fluids components and illustrate the advantages and disadvantages of each type.
- Recognize the different types of blood and blood products and to discuss the indications of each type and complications.

Done by: Deena AlNouwaiser, Doaa Abdulfattah, Maha AlGhamdi

Revised by: Amal alshaibi, Shrooq alsomali

Important to know: Types of fluids and characteristic of each type (colloid, crystalloid, albumin), composition of NS and RL, how to calculate maintenance and NPO deficit, third space loss definition, complications and management of blood products transfusion.
I know the lecture is too long, but stick to the basics only.

Doctor started with a 2 scenarios:

1- 25 y/o patient comes to the ER with acute appendicitis and they call surgical team and they assess that he needs an appendectomy. He had a 2 days history of nausea, vomiting and can't tolerate oral intake. In ER he is febrile with tachycardia and hypotension.

- He needs blood or fluid? Fluids

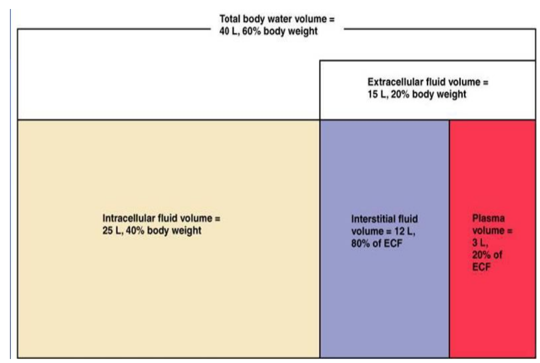
2- Same patient but involved in RTA, and had severe splenic rupture and severe bleeding, he lost more than 20% of his total blood volume, with Tachycardia and hypotension.

- We will start fluid and then for sure he needs blood.

★ Physiology:

Total body water (TBW):

- It varies with age and gender
- The 70 kg (standard male) contains 42L
  - 60% body weight in males
  - 50% body weight in females
  - 80% body weight in new-born.
- Less in obese: fat contains little water



Body Water Compartments:

- Intracellular water: 2/3 of TBW
- Extracellular water: 1/3 of TBW
  - Extravascular water: ¾ of extracellular water
  - Intravascular water: ¼ of extracellular water

Electrolyte Physiology

- Primary ECF cation is Na
  - Very small contribution of K, Ca^{+2}, & Mg^{+2}
- Primary ICF cation is K (controlled by cell membrane Na/K ATPase pump)
  - Smaller Contribution from Mg^{+2} & Na
- Water moves through cells by osmotic pressure

Fluid & Electrolyte Regulation

- Volume regulation (volume sensors)
  - Antidiuretic hormone
  - Renin-angiotensin-Aldosterone system
  - Baroreceptors in carotid arteries & aorta
  - Stretch receptors in atrium & juxtaglomerular apparatus
  - Cortisol stress hormone
- Plasma osmolality regulation (osmotic sensors)
  - Arginine-vasopressin (ADH)
  - Central and peripheral osmoreceptors
- Sodium Concentration regulation (osmotic sensors)
  - Renin-angiotensin/aldosterone system
  - Macula Densa of JG apparatus

★ The aim of maintenance of fluid, electrolytes, acid-base balance & blood volume:

- The final goal is the delivery of adequate oxygen to the tissues.
- Factors affecting oxygen delivery equation includes:
  - Cardiac output = Stroke volume X Heart rate (SV is the amount of blood pumped by the heart per beat.)
  - Hemoglobin concentration
  - Oxygen saturation
- The desirable outcomes of fluid resuscitation (Avoid overhydration)
  - No peripheral edema
  - No ARDS (acute respiratory distress) or pulmonary edema

★ Assessment of fluid status

- Input & output chart
- Blood pressure: supine & standing if there is a difference between the readings of more than 20 in systolic or 10 in diastolic it called Orthostatic hypotension.
- Heart rate (when pt is dehydrated or hypovolemic there will be reflex tachycardia).
- Skin turgor & capillary refill
- Urinary output decrease
- Serum electrolyte/osmolarity especially if the patient is vomiting or has diarrhea
- Mental status affected with severe dehydration
- As monitors: Non/minimal invasive: arterial line wave & measurement of Stroke volume variation, Cardiac index, Transthoracic/Esophageal Echo, Massimo measurement of Pleth Variability Index (PVI)[1].
- As monitors: Invasive: CVP (normal 4-8 mmHg), pulmonary artery catheter

Perioperative Fluid requirement **(Important)**

- The following factors must be taken into account:
  1. Maintenance fluid requirements
  2. NPO and other deficits e.g. NG suction
  3. Third space losses
  4. Replacement of blood loss
  5. Special additional losses: Diarrhea

1. Maintenance fluid requirements:

- Insensible losses such as evaporation of water from the respiratory tract, sweat, feces, urinary excretion occur continually.
- How to calculate? by "4-2-1 Rule"
  - 4 ml/kg/hr for the first 10 kg of body weight
  - 2 ml/kg/hr for the second 10 kg of body weight
  - 1 ml/kg/hr for subsequent body weight
  - Extra fluid for fever, tracheotomy, denuded surfaces.

  E.g: Pt 60 kg = (10x4) + (10x2) + (40x1) = 100. So his maintenance is 100 ml/h.
  Take in consideration if pt is febrile or tracheostomy, he will need more.

2. NPO & other deficits (like a pt fasting for 8h or more after a procedure)

- NPO deficit = number of hours NPO x maintenance fluid compartment.

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[1] is an automatic measure of the dynamic change in Pi that occurs during the respiratory cycle.

For previous pt, if he was fasting for 8h: 100 x 8 = 800
Given in this pattern: in first hour ½, second hour ¼, third hour ¼, so 400>200>200.
^ إذا العمليّة مدتها ساعة، أعطيه نصف الكميّة (400) وبس هو لما يصحى يصير يعوّض الباقي بنفسه.

- Measurable fluid losses e.g. NG suctioning, vomiting, ostomy output, biliary fistula & tube.

3. **Third space losses**

- Isotonic transfer of ECF from functional body fluid compartments to non-functional compartments.
  E.g. in open abdominal procedure, fluids will move to abdominal cavity(non-functional). In open procedures we need more fluid replacement than in close procedures.
- Depends on:
  - Location, duration and type of surgical procedure.
  - Amount of tissue trauma.
  - Ambient temperature
  - Room ventilation
- Replacing third space losses
  - Superficial surgical trauma: 1-2 ml/kg/hr
    - Laparoscopy
  - Minimal surgical trauma: 3-4 ml/kg/hr
    - Head & neck, hernia, knee surgery.
  - Moderate surgical trauma: 5-6 ml/kg/hr
    - Hysterectomy, chest surgery.
  - Severe surgical trauma: 8-10 ml/kg/hr (or more)
    - Abdominal Aortic Aneurysm(AAA) repair, open nephrectomy, open laparotomy.

4. **Blood loss**

- Not every blood loss in surgery is replaced by blood, to some extent it can be replaced by fluids. Here we are talking about when we can replace blood loss with fluid.
- Each 1 cc of blood loss is replaced by 3 cc of crystalloid solution (the crystalloid solutions leave the intravascular space, that's why we need more).
- When using blood products or colloids replace blood loss volume by volume.

5. **Other additional losses**

- Ongoing fluid losses from other sites:
  - Gastric drainage
  - Ostomy output
  - Diarrhea
- Replace volume per volume with crystalloid solutions.

Example: 62 y/o male, 70 kg, for laparotomy bowel resection (hemi-colectomy), NPO after 22:00, surgery at 8:00, 3 hours procedure, 500 cc blood loss.

What are his estimated intraoperative fluid requirements?

- Maintenance: 110 x 3h = 330 ml
- Fluid deficit (NPO): 110 x 10h = 1100 ml (replace ½ first h, ¼ 2nd hour, ¼ 3^{rd}hour).
- Third space losses: 6 ml/kg/hr x (70) x 3 hrs = 1260 ml.
- Blood loss: 500 ml x 3 = 1500 ml.

- Total = 330 + 1100 + 1260 + 1500 = 4190 ml.

For each one, it's important to know what does it mean and how to calculate it

Intravenous fluids

- ★ Conventional crystalloids
- ★ Colloids
- ★ Hypertonic solutions
- ★ Blood/blood products & blood substitutes.

Crystalloids

- Combination of water & electrolytes. EXTRA: Its half-life is 20-30m.
  - Isotonic salt solution
    - Electrolyte composition & osmolality is similar to plasma.
    - Examples: normal saline. (balanced salt solution): lactated Ringer's, plasmlyte, Normosol.
  - Hypotonic salt solution
    - Electrolyte composition is lower than that of plasma.
    - Examples: D5 *half* normal saline, D_5W (water & dextrose).
  - Hypertonic salt solution
    - Electrolyte composition more than the plasma
    - 2.7% NaCl

Normal saline (0.9% NaCl)		
Composition	Osmolarity	Disadvantages
Isotonic 0.9%: 9g/L, Na 154, Cl 154.	304 mosmol/l, nearly similar to plasma.	Hyperchloremic acidosis

Lactated Ringer's		
Compositions	Osmolarity	Disadvantages
Na 130, Cl 109, K 4, Ca 3, Lactate 28.	-273 mosmol/l, nearly similar to plasma. -Sydney Ringer 1880, old name then after adding lactate it called Hartman RL. -Hartmann added lactate = LR -Minor advantage over NaCl, it means that both are nearly similar.	-Not to be used as diluent for blood (Ca citrate). Not used with blood, it has Ca and blood has citrate, together they cause blood clot. NS used instead. -Low osmolarity, may lead to high ICP. Better not given to pt with high ICP or with neurological surgery. -Caution in kidney failure (mainly because of K), in brain injury, high blood sugar (Lactate converted to sugar in the liver).

Hypertonic saline		
Compositions	Advantages	Disadvantages
- Fluids containing sodium concentrations greater than normal saline. - Available in 1.8 %, 2.7%, 3% we use this in our hospital, 5%, 7.5%, 10% solutions. - Hyperosmolarity creates a gradient that draws water out of cells; therefore, cellular dehydration is a potential problem.	- Small volume for resuscitation. Because it may cause cellular dehydration. - Osmotic effect - Inotropic effect (increase calcium influx in sarculima) - Increase MAP, CO - Increase renal, mesenteric, splanchnic, coronary blood flow. - Used in pts with decreased Na (Renal dis)	- Increase hemorrhage from open vessels. Bc it increases blood flow - Hypernatremia - Hyperchloremia - Metabolic acidosis - Not given as bolus

Dextrose 5% water no sodium, just sugar and water.		
Composition	Osmolality	Disadvantages
50g/l dextrose & water.	253 low (hypotonic)	- Enhances CO_2 production. - Enhances lactate production - Aggravate ischemic brain injury.

- Crystalloids in trauma
  - Advantages:
    - Balanced electrolyte solutions
    - Buffering capacity (Lactate)
    - Easy to administer
    - No risk of adverse reactions, no anaphylactic effect.
    - No disturbance of hemostasis
    - Promote diuresis
    - Inexpensive

Colloids

- Fluids containing molecules sufficiently large enough to prevent transfer across capillary membranes.
- Solutions stay in the space into which they are infused (remain intra-vascular).
- Advantages:
  - Prolonged plasma volume support, long term hemodynamic stability.
  - Moderate volume needed
  - Minimal risk of tissue edema
  - Enhances microvascular flow
- Disadvantages:
  - Risk of volume overload. Careful in cardiac and renal problems pts.
  - Adverse effect on hemostasis
  - Adverse effect on renal function

- Anaphylactic reaction
- Coagulopathy
- Expensive

- Examples: the doctor just mentioned Gelatins and Albumin.
  - Gelatins
    - Derived from hydrolyzed bovine collagen
    - Metabolized by serum collagenase
    - 0.5-5 hrs
    - Disadvantages:
      - Histamine release (H1 blockers recommended)
      - Decrease Von W factor (VWF) and cause bleeding.
      - Bovine spongiform encephalopathy, 1:1000.000 rare.

  - Albumin
    - Heat treated preparation of human serum
    - 5% (50 g/l) is used for volume expansion, half of infused volume will stay intravascular. (volume support).
    - 25% (250 g/l) used only in case of hypoalbuminemia
    - Disadvantages:
      - Cardiac decompensation after rapid infusion of 20-25% albumin.
      - Decreased ionized Ca^{+2}
      - Impaired Na+/water excretion from renal dysfunction.

  - Hetastarch (Hespan): synthetic, 6% preparation in isotonic saline MW 240,000, dose 20ml/kg/day. Stopped
    - Disadvantages:
      - Hyperamylasemia
      - Allergy
      - Coagulopathy

  - Pentastarch 10%: MW: 200,000D, DS 0.5 Stopped
    - Low cost
    - Extensive clinical use in sepsis, burns
    - Potential to diminish vascular permeability & reduces tissue edema.

  - Tetrastarch (Voluven): MW 130,000 D Stopped
    - Used for volume therapy
    - Dose: 50 ml/kg/day.

  - Dextran: it inhibits platelet aggregation (bleeding)

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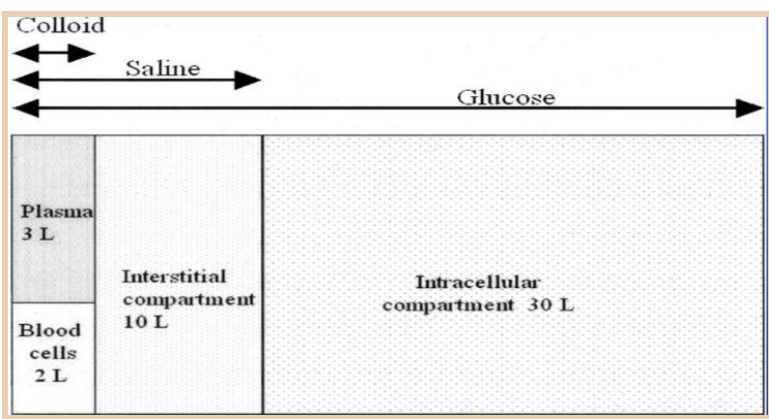
	Osmolality	Na	Cl	K
LD5W	253	0	0	0
0.9 NS	308	154	154	0
LR	273	130	109	4.0
Plasma-lyte	294	140	98	5.0
Hespan	310	154	154	0
5% Albumin	308	145	145	0
3% Saline	1027	513	513	0

This table is **Important**

	Crystalloid	Colloid
Intra-vascular resistance	poor	Good
Hemodynamic stabilization	Transient	Prolonged (better)
Required infusion volume	Large	Moderate
Risk of tissue edema	obvious	Insignificant
Enhancement of capillary	Poor	Good
Risk of anaphylaxis	-	Low to moderate
Colloid oncotic pressure	Reduced	Maintained
Cost	inexpensive	More expensive

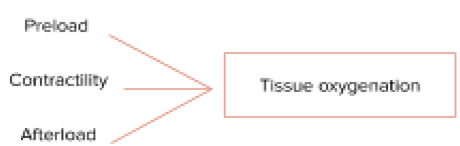


Crystalloid or Colloids:

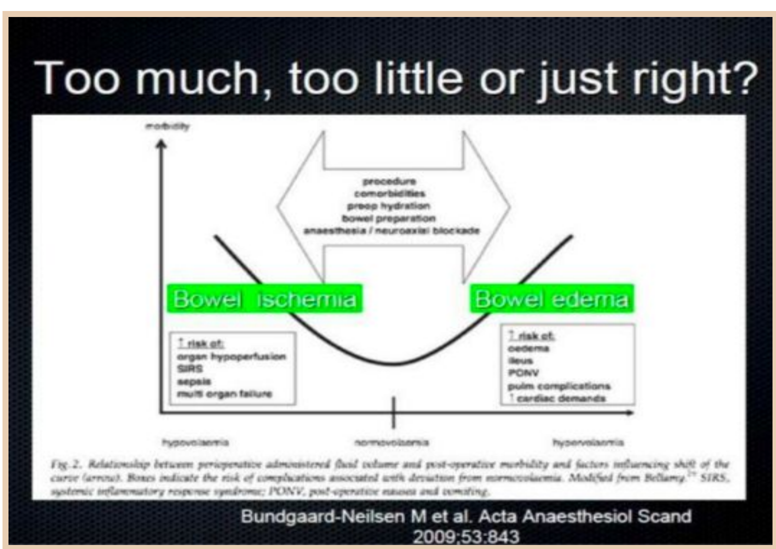
- ACS protocol for ATLS[2]:
  - Replace each ml of blood loss with 3 ml of crystalloid fluid (3 for 1 rule).
- Patient response:
  - Rapid
  - Transient
  - Non-responsive

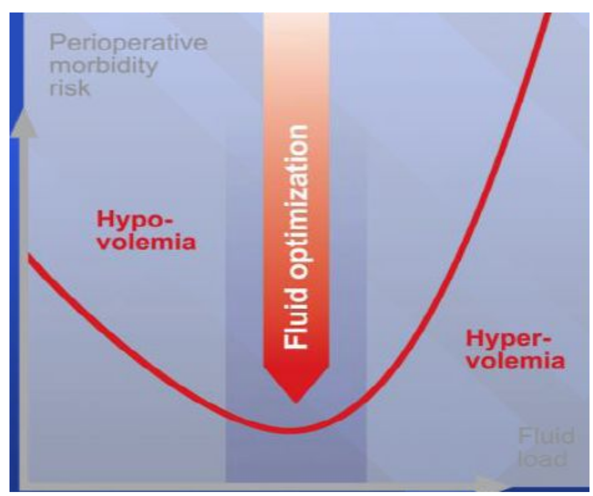
Goal directed fluid therapy in the perioperative setting

- Briefly, we don't want to give pt too much fluid and put him in positive balance (edema), and we don't want to put him in a negative balance (dehydration), our goal is Zero balance.
- GDT is a term used to describe the use of cardiac output (CO) or similar parameters to guide the IV fluids & inotropic therapy.
- It involves goal directed manipulation of: when treating, we look into theses three parameters for tissue oxygenation, not only give fluid.



- Optimal perioperative fluid management is an important component of the ERAS pathways (Enhanced Recovery After Surgery).
- It can reduce postoperative complications.
- In some low-risk patients undergoing low-risk surgery, a "**zero-balance**" approach is encouraged.

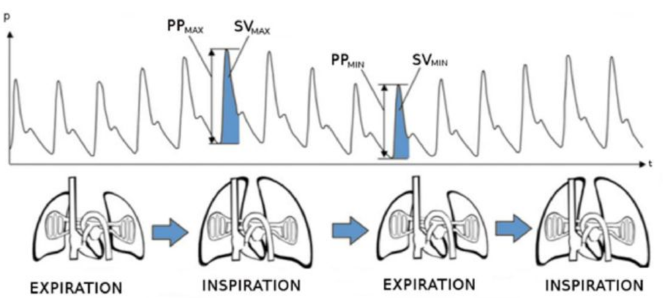


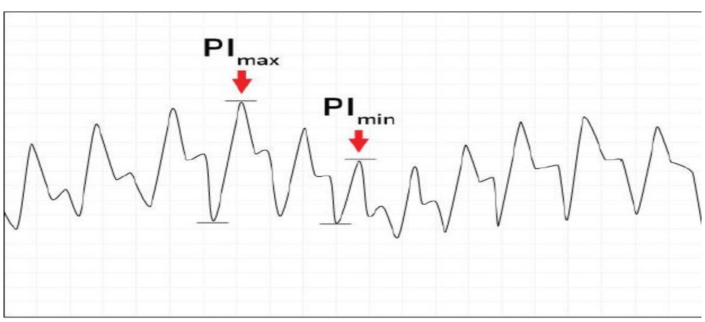


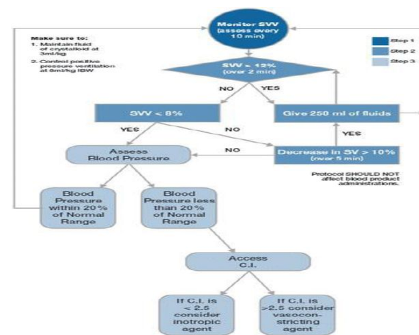
[2] American Trauma Life Support

Non/Minimal invasive measures: "for your information"

- **Edwards life-science** (connected with arterial line): measures stroke volume variation (SVV), the more increase in variation means more fluid need to be given. That is "the change in the amount of blood ejected from the left ventricle into the aorta with each heartbeat"
- This is reflected by arterial blood pressure changes in relation to the pattern of respiration.
- Stroke volume variation (For use on control ventilated patients). Variation in arterial pulsations caused by volume changes during positive pressure inspiration.
- **Masimo measurement of PVI (Pleth Variability Index)**, a noninvasive and continuous measurement of the dynamic changes in perfusion index (Pi) that occur during respiratory cycles, as the basis of a goal-directed fluid therapy (GDFT).
- Pi reflects the amplitude of the pulse oximeter waveform. Pi is expressed as a percentage (0.02- 20%).







★ Transfusion Therapy

- 60% of transfusions occur perioperatively
- The responsibility of transfusing perioperative is with the anesthesiologist.
- Up to 30% of blood volume can be treated with crystalloids.
- If blood loss exceeds 20% of blood volume & still there is ongoing bleeding this will **necessitate** blood transfusion.
- Blood volume formula (It's different from male to female, from adult to neonate…)
  - Neonate – 90 ml/kg
  - Infants 2 years old – 80 ml/kg
  - Adult female – 60 ml/kg

- Adult male – 70 ml/kg
- E.g. female with 50 kg, what is her blood volume? 50 x 60 = 3000ml = 3 L
  If male with 70 kg, his blood volume: 70 x 70 = 4900ml = around 5 L

Why Blood Transfusion?

- Improvement of oxygen transport
- Restoration of red cell mass
- Correction of bleeding caused by platelet dysfunction
- Correction of bleeding caused by factor deficiencies

When is transfusion necessary?

- Transfusion trigger: Hb level at which transfusion should be given.
  - It varies among patients & procedures.
- Tolerance of acute anemia depends on:
  - Maintenance of intravascular volume.
  - Ability to increase cardiac output.
  - Increases in 2,3-DPG to deliver more of the carried oxygen to tissues. Hb dissociation curve will shift to the right which leads to more release of oxygen to the tissues.

Oxygen delivery

- Oxygen delivery (DO_2) is the oxygen that is delivered to the tissues.
- $DO_2 = CO \times CaO_2$
  - Cardiac output (CO) = HR x SV
  - Oxygen content (CaO_2)
    - (Hb x 1.39)[3] O_2 Saturation + PaO_2(0.003)
    - Hb is the main determinant of oxygen content in the blood.
- Therefore, $DO_2 = HR \times SV \times CaO_2$
- If HR or SV are unable to compensate, Hb is the major determinant factor in O_2 delivery.
- Healthy patients have excellent compensatory mechanisms & can tolerate Hb levels of 7 mg/dL.
- Compromised patients may require Hb levels above 10 mg/dL

Blood Groups:

Blood group	Antigen on erythrocyte	Plasma antibody
A	A	anti-B
B	B	anti-A
AB	AB	NONE
0	NONE	anti-A anti-B
Rh	Rh	

Cross Match

- Major: donor's erythrocytes (packed cells) incubated with recipient's plasma. To see if there is any agglutination, hemolysis or complications, which means it's not compatible.

[3] Fixed number

- Minor: donor's plasma incubated with recipient's erythrocyte.
- Agglutination: occurs if either is incompatible.
- Type specific:
  - Only ABO-Rh determined. The chance of hemolytic reaction is 1:1000 with TS blood.

Type & Screen without cross match

- Donated blood that has been tested for ABO/Rh antigens and screened for common antibodies (NOT mixed with recipient blood).
  - Used when usage of blood is unlikely, but needs to be available (as in hysterectomy).
  - Allows blood to available for other patients.
  - Chance of hemolytic reaction: 1:10,000.
- Just take the blood of the pt and test the type, take blood from the bank with the same blood type and keep it without mixing, when needed we do cross match.

Blood components

- Whole blood is separated by differential centrifugation
  - Packed red blood cells (pRBC's)
  - Platelets
  - Fresh frozen plasma; it contains all clotting factors
  - Cryoprecipitate; it contains factor VIII & fibrinogen. Extra: Used in cases of hemophilia & Van Willebrand disease. Should be administered Preoperatively.
  - Factor VIII
  - Albumin
  - Others such as antibody concentrate, plasma protein fraction

Whole blood

- The whole blood is stored at 4° for up to 35 days. For your information
- Indications:
  - Massive blood loss
  - Trauma
  - Exchange transfusion
- Considerations:
  - Use I.V filters
  - Donor & recipient must be ABO identical.

Packed red blood cells only RBC

- 1 unit = 250 ml.
- Hct= 70-80%.
- 1 unit pRBC's raises Hb 1gm/dl
- Mixed with saline: LR has calcium which may cause clotting if mixed with pRBC's.
- RBC transfusions administration
  - Dose:
    - Usual dose of 10 cc/kg infused over 2-4 hours. If i need to give fast in ER as bolus warm the blood. Why not always warming anyway? Heat cause blood hemolysis.
    - Maximum dose of 15-20 cc/kg can be given to a hemodynamically stable patient.

- Procedure:
  - Filter is used routinely.
  - Monitoring.
  - DO NOT mix with medications. USE 2 I.V LINES
- Complications:
  - Rapid infusion may result in pulmonary edema.
  - Transfusion reaction.

Platelet concentrate

- It is stored up to 5 days at 20-24°
- Indications:
  - Thrombocytopenia, platelet <15,000.
  - Bleeding & platelet <50,000.
  - Non-invasive procedures and platelet <50,000.
  - Invasive major procedures and platelet less than 100,000.
  - Each unit increase platelet count by 10,000-20,000.
- Considerations:
  - Contain leukocytes and cytokines.
  - 1 unit/10 kg of body weight increases platelet count by 50,000.
  - Donor & Recipient must be ABO identical. No need for Rh compatible except in children.

Plasma & FFP

- Content: coagulation factors (1 unit/ml)
- Storage: FFP for 12 months at 18 degrees or colder.
- Indications:
  - Coagulation factor deficiency.
  - Fibrinogen replacement
  - DIC
  - Liver disease
  - Exchange transfusion
  - Massive transfusion. When reaching 4 units blood transfusion it's better to give plasma and FPP.
- Each unit increases the level of coagulation factors by 2-3%.
- Considerations:
  - Plasma should be recipient RBC ABO compatible.
  - In children, it should also be Rh-compatible.
  - Usual dose is 20 cc/kg to raise coagulation factors approximately 20%.

Transfusion complications

- Hemolytic reactions (acute or delayed)
  - Wrong blood type administered. Most common cause.
  - Activation of complement system leads to intravascular hemolysis, spontaneous hemorrhage.
  - Signs:
    - Hypotension
    - Fever
    - Substernal pain
    - Back/abdominal pain

- Chills
- Oliguria
- Dyspnea
- Dark urine
- Skin flushing
- Pallor

  - The signs are easily masked by general anesthesia.
    - Free Hb in plasma or urine.
    - Acute renal failure.
    - Disseminated intravascular coagulopathy (DIC).

- Febrile reactions (FNHTR): non hemolytic
  - Most common & is usually controlled by slowing infusion & giving antipyretics.

- Allergic reactions: It resembles hemolytic reaction
  - Increased body temperature, Pruritus, Urticaria.
  - Rx:
    - Antihistamine
    - Discontinuation
  - Examination of plasma & urine for free hemoglobin helps rule out hemolytic reactions.

- Infection:
  - Transmission of viral diseases:
    - Hepatitis C: 1:300000 per unit
    - Hepatitis B: 1:200000 per unit
    - HIV: 1450000-1:600000 per unit
    - 22 day window for HIV infection & test detection
    - CMV may be the most common agent transmitted, but only affects immune-compromised patients.
    - Parasitic & bacterial transmission is very low

- Transfusion Related Acute Lung injury (TRAL) > injury not edema
- Coagulopathy with massive transfusions.
- Other complications:
  - Decreased 2,3-DPG: wit storage ? significance> shift of the curve to the left > ↑affinity of O2 to Hb.
  - Citrate metabolism to bicarbonate; calcium binding > Hypocalcemia
  - Microaggregates (platelets & leukocytes) micropore filters controversial.
  - Hypothermia: warmers are used to prevent it.
  - Coagulation disorders: massive transfusion (>10 units) may lead to dilution of platelets, Factor V & Factor VIII
  - DIC: uncontrolled activation of coagulation system.

What to do if an AHTR (acute hemolytic transfusion reaction) **occurs**

- Stop transfusion
- ABC's: give O2, protect the airway and intubation if needed, IV line.
- Maintain IV access & run IVF (NS or LR)
- Monitor & maintain BP/Pulse

- Give diuretics to protect the kidney
- Obtain blood & urine for transfusion reaction workup
- Send remaining blood back to blood bank

Blood bank work-up of AHTR

- Check paperwork to assure no errors.
- Check plasma for hemoglobin.
- Repeat crossmatch
- Repeat blood group typing.
- Blood culture. To exclude sepsis.

Monitoring in AHTR

- Monitor patient clinical status & vital signs
- Monitor renal status (BUN, creatinine)
- Monitor coagulation status (DIC panel- PT/PTT, fibrinogen, D-dimer/FDP, platelet, anti-thrombin-III)
- Monitor for signs of hemolysis (LDH, bilirubin, haptoglobin).

Massive blood transfusion

- Massive transfusion is generally defined as the need to transfuse one or two times the patients' blood volume. For most adult patients, that is the equivalent of 10-20 units.
- Complications:
  - Coagulopathy due to dilutional thrombocytopenia & dilution of the coagulation factors. So we immediately give platelet and FPP.
  - Citrate toxicity does not occur in most normal patients unless the transfusion rate exceeds 1 U every 5 mins. Rare
  - Hypothermia, use warmer
  - Acid-base balance: The most consistent acid-base abnormality after massive blood transfusion is postoperative metabolic alkalosis.
  - Serum potassium concentration increase:
    - The extracellular concentration of potassium in stored blood steadily increases with time.
    - Hypokalemia is commonly encountered postoperatively, particularly in association with metabolic alkalosis.

Administering blood products

- Consent necessary for elective transfusion.
- Unit is checked by 2 people for unit #, patient ID, expiration date.
- pRBC's are mixed with saline solution (NOT LR lactated ringer's).
- Products are warmed mechanically and given slowly if condition permits.
- Close observation of patient for signs of complications.
- If complications are suspected, infusion discontinued, blood bank notified & proper steps are taken.

Autologous blood

- Pre-donation of patient's own blood prior to elective surgery.
- 1 unit donated every 4 days (up to 3 units) هذا عيبه ان ما نقدر ناخذ اكثر
- Last unit donated at least 72 hrs prior to surgery.
- Reduces chance of hemolytic reactions and transmission of blood-borne diseases.
- Not desirable for compromised patients.

- آخذ دم من المريض نفسه عشان لو احتاجه أعطيه الدم حقه، نسويه للمرضى اللي مانفع معهم ولا عينة دم.
- Done in elective surgeries

Autotransfusion

- Commonly known as (cell-saver)
- Allows collection of blood during surgery for re-administration
- RBC’s are centrifuged from plasma.
- Effective when > 1000 ml are collected.

Practice Questions:

Q1: 38 year old patient will undergo hernia repair surgery. Known history of VWD. Which of the following should be administer it preoperatively?

A. FFP
B. Blood transfusion
C. Cryoprecipitate
D. Low molecular weight dextran

Q2: What's the average hematocrit level of PRBD?

A. 70-80%
B. 70-60%
C. 50-60%
D. 80-90%

Q3: patient had massive blood loss due to post partum hemorrhage. Her Hb is 5 gram/dl. How many units of packed RBCs should be given to reach 10g/dl of Hb?

A. 4
B. 3
C. 5
D. 6

Q4: Which one of the following is the most likely complication of dextran transfusion?

A. Inhibition Platelet aggregation
B. Thrombocytopenia
C. Promote coagulation
D. Hypofibrinogenemia

Q5: Orthopedic surgery pt 21 years old blood loss was 1000, what's your choice of fluid replacement?

A. 1000 FFP
B. 1000 RBC
C. 1500 of NS
D. 1500 Hypertonic saline

Answers:
Q1: C | Q2: A | Q3: C | Q4: A | Q5: B.