



11- NOSE I

Objectives:

- Anatomy of the external nose, nose, nasal cavity and paranasal sinuses.
- Physiology of the nose and paranasal sinuses.
- Blood and nerve supply of the external nose, nose, nasal cavity and paranasal sinuses.
- Functions of the nose and paranasal sinuses.
- Congenital anomalies.
- Choanal atresia.

Resources: Team 435, Slides, Dr. notes.

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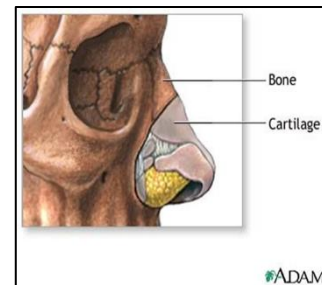
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Introduction:

highly recommend video

- The nose is made up of a framework of **bone** and **cartilage**, lined with skin on the outside and with mucosa on the inside (check the figure below).
- The nasal mucosa is lined for the most part with ciliated columnar epithelium except for a small area of highly specialized olfactory mucosa, which is receptive to scents and odours and communicates with the olfactory nerve.
- The largest of the cartilages that makes up the nose is the **septal cartilage**, dividing the nasal cavity in two (right and left).
- The **anterior** part of the nose is termed the nasal **vestibule** المدخل, the **posterior** nasal apertures are the **choanae**. **choanae is important in pediatric because of choanal atresia, and it opens in the nasopharynx.**
- These open to the upper part of the pharynx – the nasopharynx.



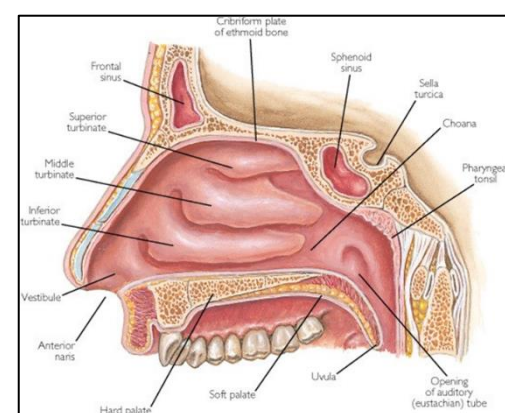
- The lateral wall of the nose is contoured with three bony swellings (above each other), covered with mucosa, projecting into the nasal cavity. These are the **turbinates**, which can become engorged and swollen when inflamed - '**rhinitis**'.

- **Functions of the nose:**

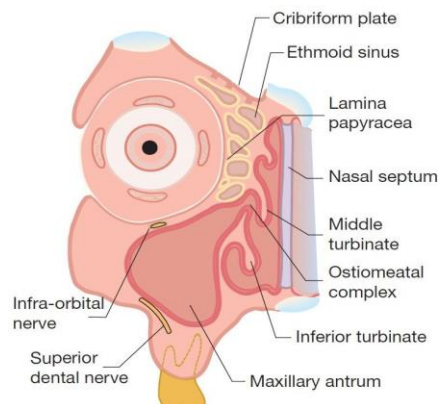
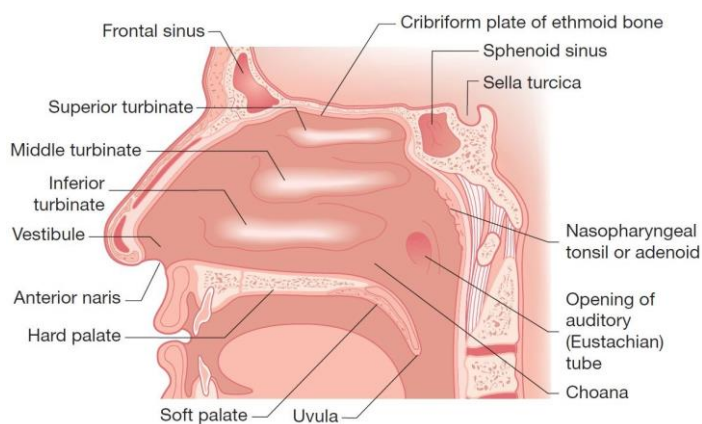
- A conduit for the **passage of air**-the first part of the respiratory tract.
- Part of the respiratory **defence** against infection.
- Warms and **humidifies** inspired air.
- **Olfaction**.

- **The sinuses:**

- The paranasal sinuses are a series of air-filled cavities that communicate directly with the nose.
- They are lined with **nasal mucosa** and are subject to the same diseases as the nose itself – notably inflammatory processes. Hence the term 'rhinosinusitis' is more accurate than 'sinusitis'
- The maxillary sinus or 'antrum' is the largest of the sinuses with a capacity in the adult of approximately 15 mL. The orbit lies above.
- Medially the antrum is separated from the nose by the lateral nasal wall made up of the middle and inferior turbinate bones, each with a corresponding recess or 'meatus' below it (check the figure below).
- The ethmoidal sinuses form a honeycomb of air cells between the 'lamina papyracea' or thin bone at the medial wall of the orbit and the upper part of the nose. An upward extension forms the **fronto-nasal duct** draining the **frontal sinus**.
- The frontal sinus is within the frontal bone in the forehead and the sphenoidal sinus is in the midline within the sphenoid bone behind the nose.
- The openings of the sinuses under the middle turbinate form the **ostiomeatal complex**. It is now recognized that abnormality of this area leads to failure of sinus drainage and thence to sinusitis.
- Abnormalities may be structural, as with a large aerated cell blocking the ostial openings. Functional anomalies such as oedema, allergy or polyp formation can also obstruct the ostiomeatal complex.



DR said: note that , the anatomy of the nose is very important , but the physiology is not that important as in the ear , but still you have to read from your references .



❖ Postnatal development of the nose

● Chronology:

- **At birth:** Frontal sinus furrows appear, only two to three ethmoidal turbinates remain, Craniofacial ratio 8:1.
- **Six months:** Nares double their birth diameter.

→ Lateral Bony Wall

● In neonate:

- The nasal and orbital floors are located at the same level.
- Lateral nasal wall serves as the medial orbital wall.
- Maxilla contributes minimally in fetus and neonate.

● In adult:

- Only the upper half of the lateral nasal wall forms the medial orbital wall
- The nasal floor is at a lower level than the orbital floor.

The nasal Pyramid:¹

you know that nose has functional and cosmetic components, in external nose there is no pathology same much as cosmetic issues but inside we have a lots of pathology .

- ❖ **Bony constituents:** the upper part of the nose, it's important to know the bony parts in your life. because they commonly get fractures.

¹ Surface anatomy is important.

- Support the **upper** part of the external nose:
 1. Nasal processes of the **frontal** bones.
 2. **Nasal bones.** the major nasal bones in the external nose. the most common bones to get fractures in the nose.
 3. Ascending processes of the **maxillae.** frontal process of the maxillary bone.

❖ **Cartilaginous constituents:** the lower part of the nose which is usually flexible and rare to get a fracture there unlike the bony part.

- Support the **lower** part of the external nose:

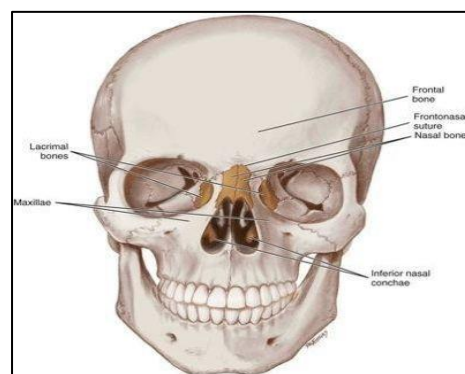
1. **Upper lateral cartilages.** between the nasal bones and the lower lateral cartilage.
2. **Lower nasal cartilages.** like U shape. it has 2 crus medially making the columella and laterally making the Major Alar cartilage.
3. Quadrilateral cartilages of nasal septum medially. only part of the septum is cartilage.
4. Minor Alar cartilages. (sesamoid small cartilages) تشبه حبوب السمسم صغيرات

- The cartilages are connected with each other and with the bones by continuous perichondrium and periosteum.

(Important to know where is the dorsum and the caudal part of the nose)

→ The Piriform Aperture (Anterior Nasal Aperture):

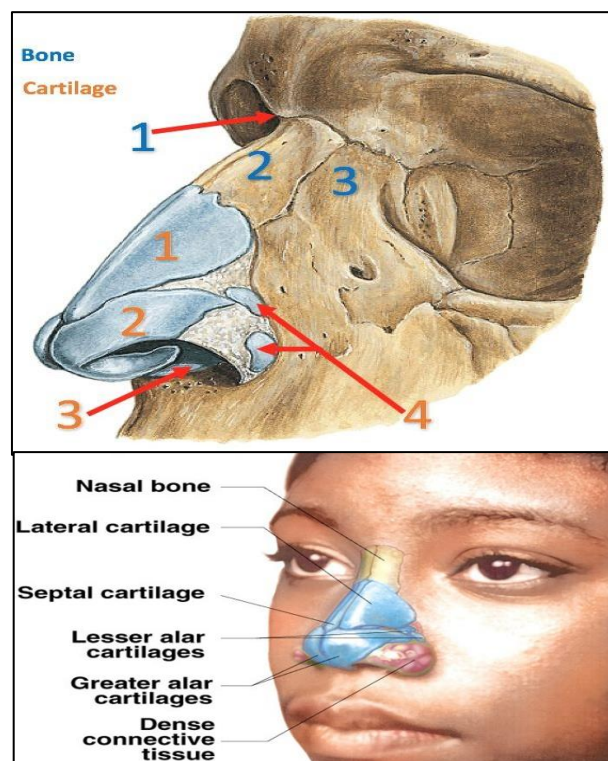
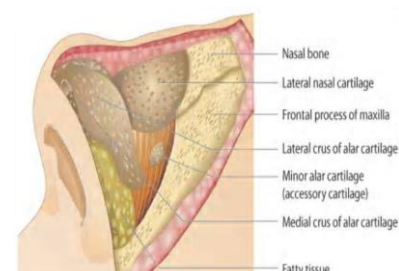
- It is a heart-shaped opening in the skull that is bounded by:
 - Inferior borders of the **nasal bones** superiorly.
 - Nasal surfaces of the **maxilla** laterally.
 - The **anterior nasal spine** inferiorly.



External nose:

Note that the nasal septum is very common to be asked about.

- ❖ Is pyramidal in shape, its shape is maintained by skeletal framework. The external nose has 3 main components, the skin, muscles and osteocartilaginous framework.

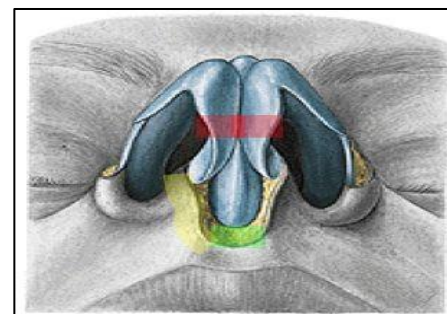
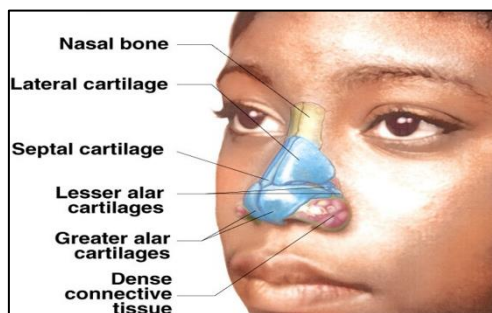
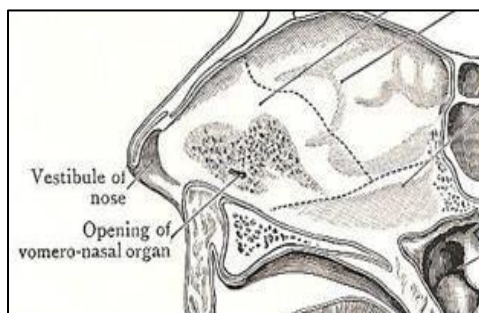
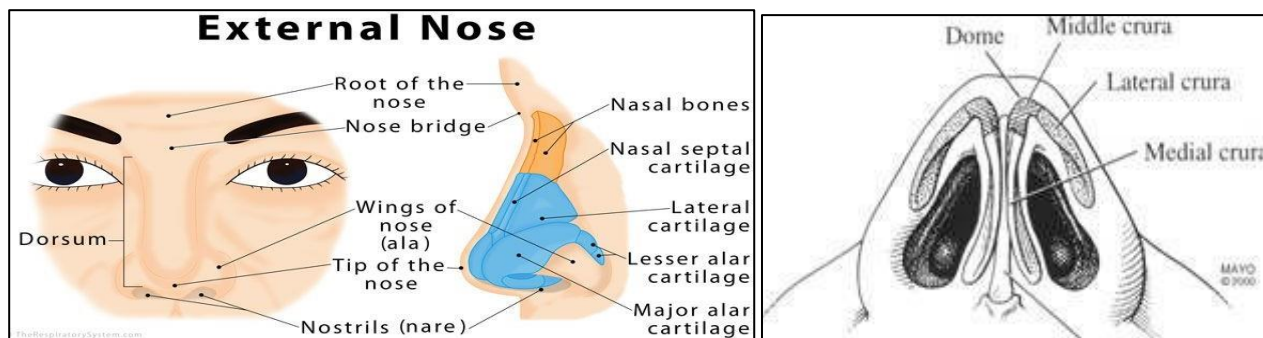


❖ skin:

- Thin **mobile skin** over the upper part of the nose with **no hair or sebaceous glands**, and thicker **very adherent of the overlying tissue** over the lower cartilaginous part, where it contains large sebaceous glands and **hair follicles**.

❖ Anterior nares (Nostrils):

- Situated in the base of the nose and open downwards, they are separated by (columella²), a strip of **skin, connective tissue** and **medial crura** of the lower lateral cartilage.
- Inside the aperture of the nostril is a slight dilatation, **the vestibule**. It is lined by skin containing hairs (**Vibrissae**³) and sebaceous glands, and extends as a small recess toward the apex of the nose. **the anatomy of the external nose is composed of 3 things in the middle (dorsum, nasal tip and the columella) and 3 things laterally in both sides (sidewall, ala, sil "between the ala and the columella" which you will never hear of it in your life maybe).**



- In facial nerve palsy > affect part of the nose compared to the unaffected side. Due to paralysis of external muscles of the nose.
- Nasal flaring: in respiratory distress to aid in respiration. ([video](#))

² The **columella** is the bridge of tissue that separates the nostrils at the **nasal** base.

³ شعر الخشم .

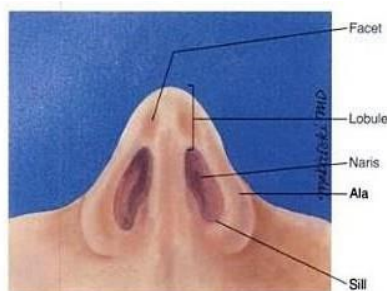
❖ **Muscles of external nose: the muscles are not important**

- The nose has a number of muscles which in man has vestigial importance.
- The elevator muscle group: procerus, levator labii superioris alaeque nasi.
- The depressor muscle group: alar nasalis, depressor septi nasi.
- The compressor muscle group: transverse nasalis.
- The dilator muscle group: dilator naris anterior and posterior.

❖ **Nerve Supply of the External Nose:** The infratrochlear and external nasal branches of the ophthalmic nerve (CN V) and the infraorbital branch of the maxillary nerve (CN V).

❖ **Blood Supply of the External Nose:** The skin of the **external nose** is supplied by branches of the **ophthalmic** (branch of internal carotid artery) and the **maxillary arteries** (branch of external carotid artery). The skin of the **ala** and the **lower part of the septum** are supplied by branches from the **facial artery** (branch of external carotid artery).

❖ **Venous drainage:** through facial and ophthalmic veins they drain to cavernous sinus.



Call mom

❖ **Lymphatic drainage:** either follows anterior facial vein and opens in to submandibular nodes, or drains to preauricular lymph nodes.

The Lobule:

1. Alae
2. Lower lateral cartilages that form the medial and lateral crura.

Nasal fossa (nasal cavity):

- The nasal cavity extends from the nostrils anteriorly to the choanae posteriorly.
- The right and left nasal fossae (cavities) are separated by the nasal septum.
- The nasal fossae are lined with mucous membranes.
- Each fossa communicates with:
 1. **The paranasal sinuses**, through their Ostia.
 2. **The nasopharynx**, through the posterior choanae.

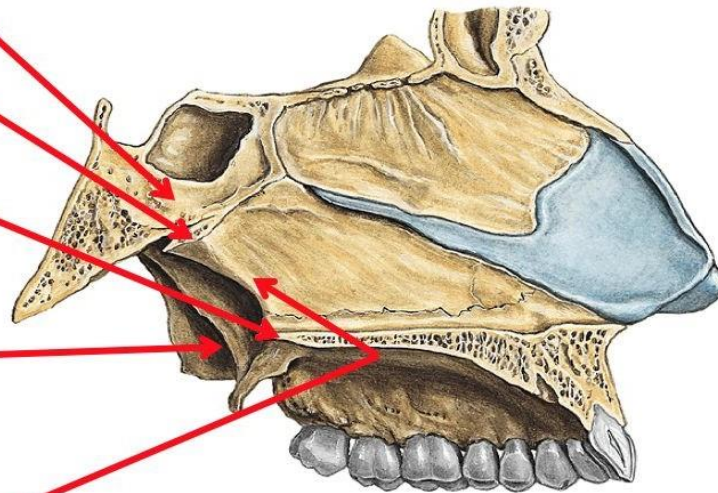
❖ **Boundaries of posterior choanae (Posterior Nasal Aperture):**

Above: by body of sphenoid and ala of vomer.

Below: by posterior margin of horizontal part of palatine bone.

Laterally: by medial pterygoid plate of sphenoid bone.

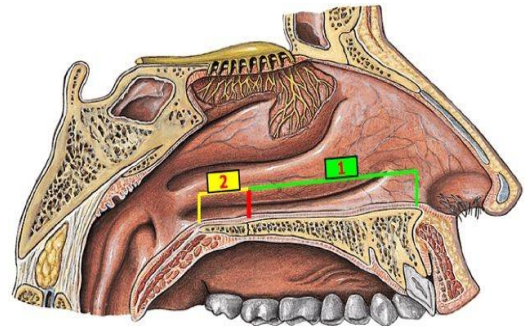
Medially: by posterior free margin of vomer.



❖ **Boundaries of nasal fossa:**

➤ **Floor:**

1. Palatine process of maxilla in the anterior three quarters.
2. Horizontal part of palatine bone in posterior one quarter.

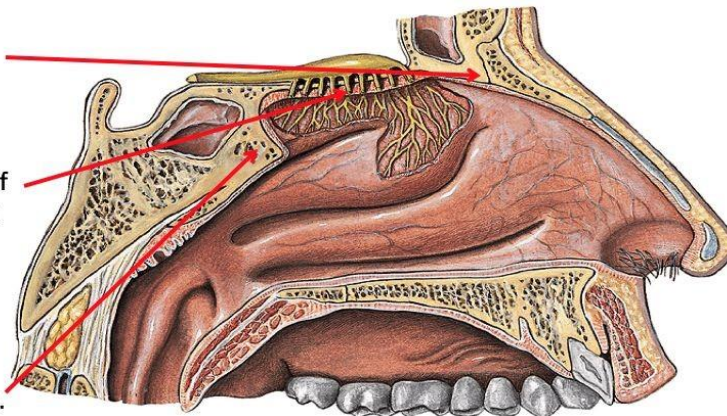


➤ **Roof (very narrow):** it's very important because it is separate the nasal cavity from cranial cavity

Anteriorly: Nasal process of frontal bone.

Inbetween: Cribriform plate of ethmoid, through which fibers of olfactory nerve pass.

Posteriorly: Body of Sphenoid bone.



*Maxilla bone and palatine bone set on the floor of the hard palate

*Olfactory epithelium is in the upper part of the nose. When removing polyps on the upper part you have to be cautious not to injure the olfactory epithelium.

*One of the complications of sinus surgery is losing smell.

❖ **Medial wall (Nasal septum): Important**

it gives support to the nasal dorsum and the nasal tip. makes a partition between the two sides of the nasal cavities.

- The three main constituents are:

1. **Perpendicular plate of ethmoid**, superior (above and behind).
2. **Vomer**, inferior (below and behind).
3. **Quadrilateral (septal) cartilage**, anterior (in the angle between first and second).

- Other bones which contribute to the formation of the septum:

1. Anterior nasal spine of maxilla.
2. Nasal crests of maxillary and palatine bones
3. Nasal spine of frontal bones
4. Rostrum and crest of sphenoid bone
5. Crests of nasal bone.

❖ **Lateral wall:**⁴

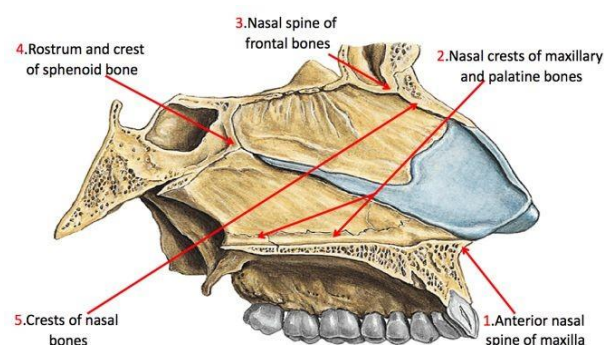
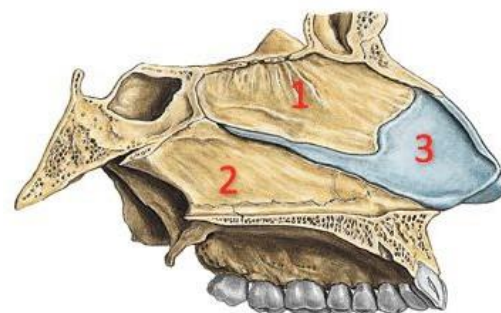
1. Medial wall of maxilla.
2. Lateral mass of ethmoid and lacrimal bone.

- Other contributions are derived from:

- Ascending process of maxilla (anteriorly).
- Perpendicular part of palatine bone and behind it, medial pterygoid process of sphenoid posteriorly.

- **The main features of lateral wall are:**

- **Turbinates (conchae)** **القرنبيات زي الستائر**: three bony elevations covered by mucus membranes; superior, middle, and inferior turbinates. They divide the nasal cavity into **4** groove-like air passages. **they warm, humidify the air and protect the sinuses.**



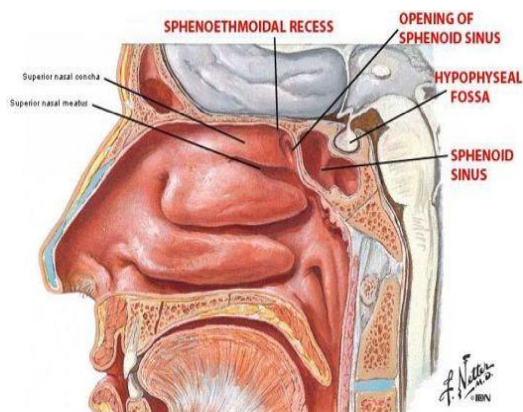
⁴ The medial surface of the maxilla is incomplete (maxillary hiatus) => the aperture of the hiatus is reduced by presence of palatine and lacrimal bones and the inferior concha
The lateral wall is marked by 3 projections: **Turbinates (conchae)**: three bony elevations covered by mucus membranes: **Superior concha, Middle concha, Inferior concha.**

- The space below each concha is called a meatus and each meatus receive the opening of a paranasal sinus. (433team)

- **Meatus:** 3 in number, named after the turbinates, each lies below and lateral to the corresponding turbinate. some people have extra meatus called supreme meatus. where the sinus drain is common to be ask about.

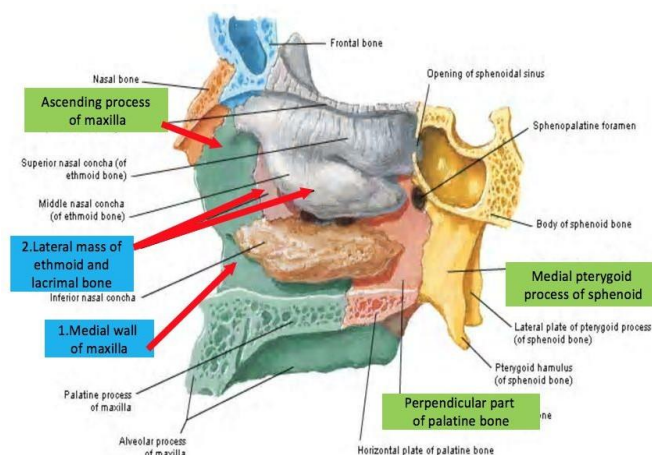
1. Sphenoethmoidal recess:

- Lies above the superior turbinate and receives the ostium of sphenoid sinus.



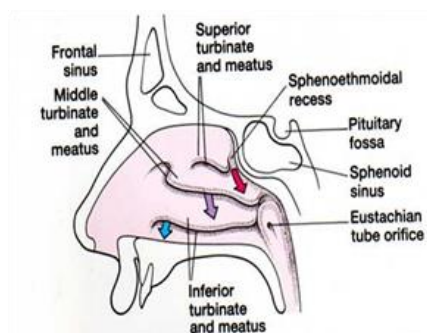
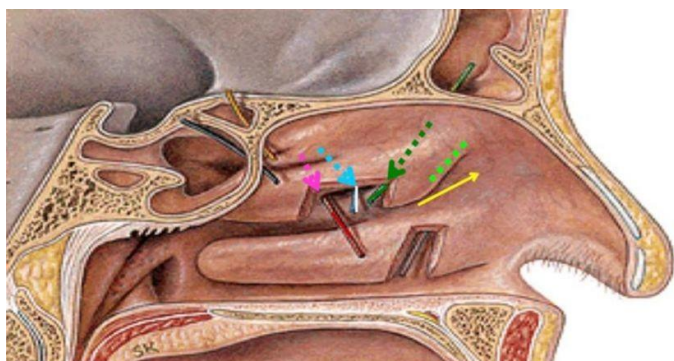
2. Superior Meatus: the smallest

- Occupies the posterior third of the lateral wall.
- Contains the ostia of posterior ethmoidal cells. drain the posterior ethmoid sinus.



3. Middle meatus: Important

- Occupies the posterior two thirds of the lateral wall, it is the most complex and by far the most important.
- The ostia of **maxillary**, **anterior & middle ethmoidal**, and **frontal** sinuses open into it. drain the 3 anterior sinuses.
- The **atrium** is forward continuation of middle meatus.
- The **agger nasi** is curved ridge lying above the atrium.



- The **bulla ethmoidalis** is a smooth rounded mass formed by anterior ethmoidal cells, the ostia of these cells open on to the bulla.
- The **hiatus semilunaris** lies below and in front of bulla. It is bounded below by **uncinate process** of ethmoid. The anterior end of the hiatus leads to a funnel-shaped channel called

the **infundibulum**, which is continuous with the frontal sinus. The maxillary sinus opens through the hiatus semilunaris.

- Agger nasi is the most anterior cell in the anterior ethmoid. When agger nasi enlarge they cause obstruction leading to sinusitis.
- Bulla ethmoidalis is the largest cell of the anterior ethmoid. It is adjacent to the maxillary sinus and one of the good landmarks during surgeries.

4. **Inferior meatus: The largest.**

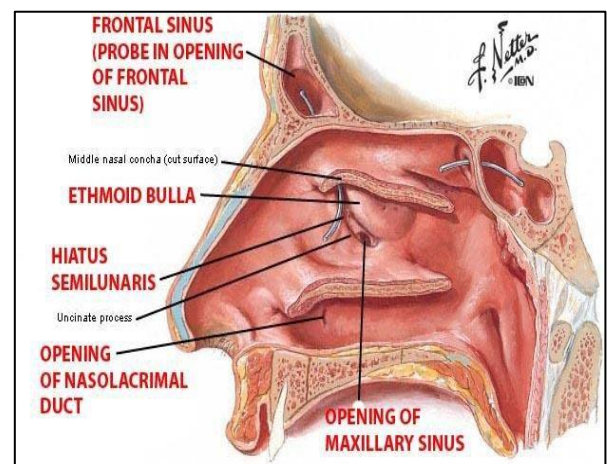
- The inferior meatus **runs the length of the lateral wall.**
- **Receives the opening of the nasolacrimal duct**

عشان كذا لمن البنات يحطون كحل بالعين يطلع مع المخاط أحيانا

some patients go to the ophthalmologist and they put Fluorescein dye into their eye. the patient will complain from yellow secretions from their nose.

❖ **Ostiomeatal Complex:**

- A common channel that links the frontal sinus, anterior and middle ethmoid sinuses and the maxillary sinus to the middle meatus that allows air flow and mucociliary drainage.
- Composed of the following structures: **Uncinate process, Ethmoid bulla, Middle turbinate**, and the spaces between these structures (**ethmoidal infundibulum, middle meatus, and hiatus semilunaris**).

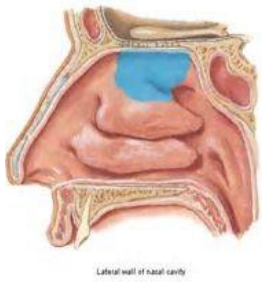


❖ **Mucosal Lining of the nasal cavity: lining depends of the function**

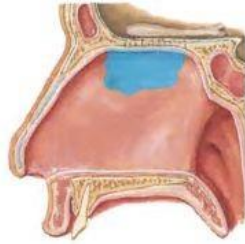
- **Modified Skin:** Keratinized stratified squamous epithelium covering the vestibule. It contains sebaceous glands, sweat glands, and short, curved hair called **vibrissae**.
- **Olfactory:** Specialized olfactory epithelium. Present in the **olfactory cleft**, which occupies the area between the superior turbinate, cribriform plate⁵, and the corresponding area of the septum. contains **neuroepithelium**, a special type of epithelium with contains receptors for the olfactory function.
- **Respiratory mucosa:** **Ciliated pseudostratified columnar epithelium with goblet cells**. It lines the lower two-thirds of the nasal septum, the lateral wall of the nose below the superior turbinate, and the floor of the nasal cavity. It extends into the sinuses

⁵ كأنها منخل contains nerve fibers of nasal cavity and is the closest part of the brain. so what's the most common cranial nerve the gets traumatized? the olfactory nerve. abducens nerve is common in surgery.

through their Ostia and is thinner there. It is also continuous with the epithelia of the nasolacrimal duct and Eustachian tube. it's full of blood vessels, venous sinusoids, serous and sebaceous glands that secretes the mucus to warm and humidify the area. some doctors remove the turbinates in people who have swollen turbinates and obstruction of the nose. these patients will not tolerate the air that comes inside their nose because they lack the warming and humidity (cold intolerance) of air and they have continuous dryness.



Lateral wall of nasal cavity

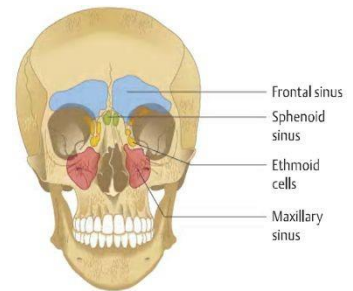
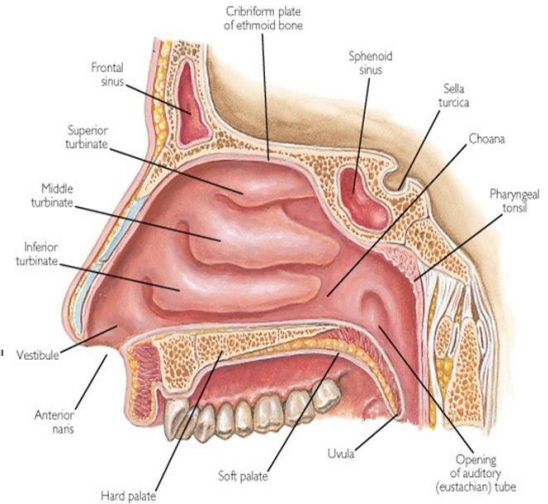
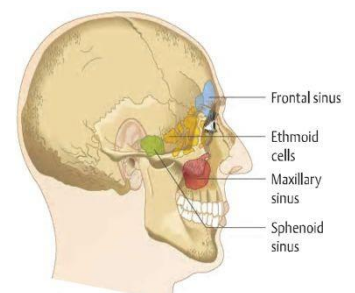


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Frontal
Ethmoidal
Sphenoidal
Maxillary

Paranasal sinuses:

- These are air spaces within certain bones of the skull.
- They are lined with a mucous membrane continuous with that of the corresponding nasal fossa through their ostia.
- The sinuses develop as outgrowths from the nasal cavity; hence they all drain directly or indirectly into the nose. ⁶
- The lining of the sinuses (mucoperisteum) is continuous with the nasal mucosa. ⁷
- The sinuses develop mostly after birth, and their degree of development varies greatly.
- Their exact functions are uncertain, but they may have a role in:
 1. Resonators of the voice
 2. They also reduce the skulls weight
 3. Help warm and moisten inhaled air
 4. Act as shock absorbers in trauma
 - Drainage of mucous:
 - The mucus produced by the mucous membrane is moved into the nose by ciliary action of the columnar cells.
 - Drainage of the mucus is also achieved by the siphon action created during the blowing of the nose.

Frontal sinus
Sphenoid sinus
Ethmoid cells
Maxillary sinusFrontal sinus
Ethmoid cells
Maxillary sinus
Sphenoid sinus

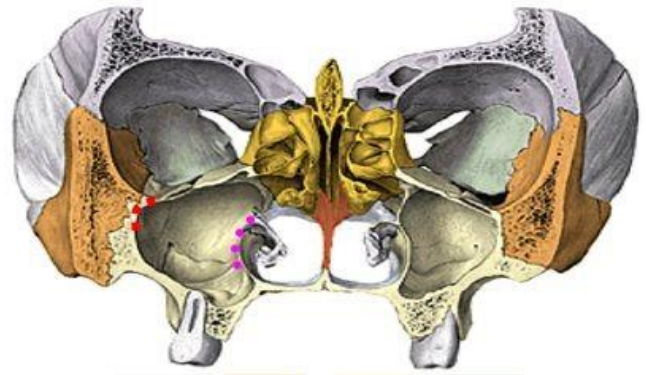
⁶ they communicate with the nasal cavity through relatively a small apparatus.

⁷ The nasal and paranasal sinuses are lined with respiratory mucosa composed of pseudostratified ciliated columnar epithelium

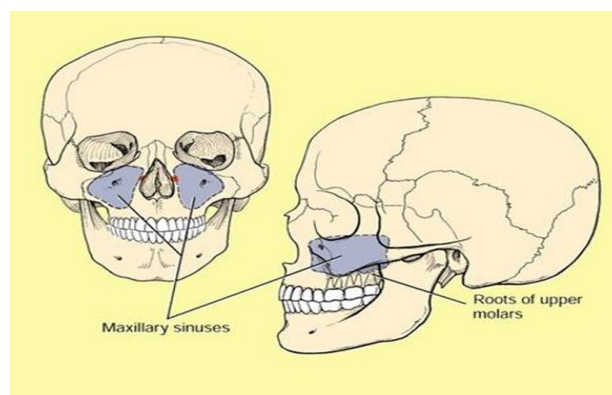
- Facial growth center is present in paranasal sinus.
- Maxillary sinus is the first to develop.
- Frontal sinus is the last sinus to develop during puberty.
- Most dangerous sinus during surgery is sphenoidal due to its relation with cavernous sinus contents, mainly carotid > massive bleeding if injured.

1. Maxillary Sinuses:⁸

It is the **largest** of the sinuses, with an average capacity of 15 ml in the adult. It is **pyramidal in shape**⁹ and occupies the body of maxilla. The **base** lies medially, the **apex** is in the zygomatic portion of the maxilla. Medial wall is the wall between the sinus and the nasal fossa.



- The maxillary sinus drains into the **middle meatus** by means of the semilunar hiatus. The **floor** is formed by **the alveolar process** and **hard palate**.
- **In children**, the floor lies at or above the level of the floor of the nasal fossa. **In adults**, it lies about 1.25 cm below the floor of the fossa.
- The roots of several teeth may project into, or even perforate, the floor (**sometimes the maxillary sinus gets penetrated during dental surgery**).

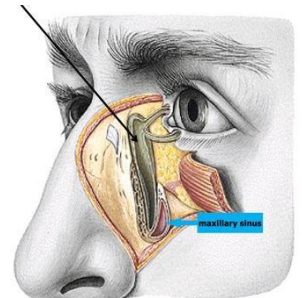
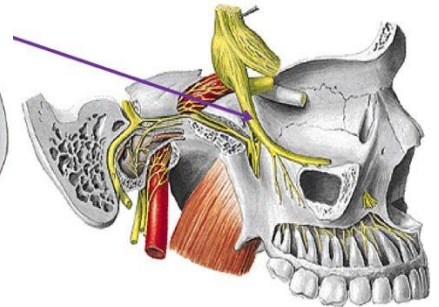
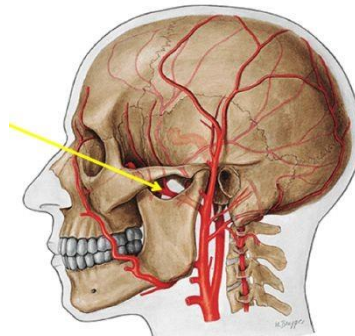
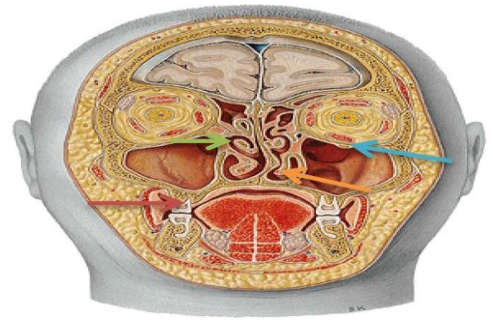


⁸ First one to develop

⁹ paired and symmetric.

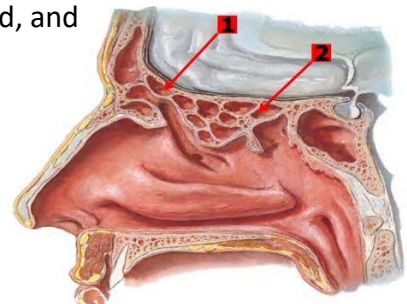
Relations of maxillary sinus:

- A. **Orbit:** Separated from the antrum by the thin roof of the sinus, which contains the infraorbital nerve (blue arrow).
the roof of the maxillary sinus is the floor of the orbit.
- B. **Teeth (red arrow):** May produce elevations in the floor of the sinus and the number of related teeth depends on the size of the antrum. The second premolar and first molar are usually related.
- C. **Middle meatus of the nose (green arrow):** related to the upper part of the antrum.
- D. **Inferior meatus of the nose (orange arrow):** Separated from the middle part of its medial wall by bone, which is usually thick in front and below but thinner above and behind.
- E. **Maxillary artery (yellow arrow):** Related to the posterior wall, where it occupies the pterygopalatine fossa. It may be approached through the antrum for ligature.
- F. **Maxillary division of the 5th cranial nerve (purple arrow):** also traverses the pterygopalatine fossa.
- G. **Nasolacrimal duct (black arrow):** Passes downwards, medial to the antrum, to open into the inferior meatus.
- **Infraorbital nerve (sensation of anterior part of the cheek)** is a continuation of the maxillary nerve. When a patient has paraesthesia in the cheek suspect mass around the infraorbital nerve, common in RTA also when there is fracture of the floor.
 - Lacrimal canaliculi > lacrimal sac > lacrimal duct > lacrimal open in the inferior meatus.



2. Ethmoidal Sinuses¹⁰ (Labyrinths):

- Consists of a number (approximately 7-15) thin-walled cavities within the lateral masses of the ethmoid bones, in the agger nasi, and middle turbinate.
 - The cells may invade any of the surrounding bones, including the frontal, sphenoid, and maxillary bones. There are two groups of cells:
1. **Anterior:** Usually small and numerous. They open into the upper part of the hiatus semilunaris or above the bulla ethmoidalis, **ultimately draining into the middle meatus**.



¹⁰It's a sensitive area because of its relation to the orbit it could cause orbital complications. The orbit lies laterally to the sinus and the turbinates are medially between the nose and the septum.

2. **Posterior:** Usually large and few, they open **into the superior meatus**.

Nasal septum divides the right and left ethmoid. The anterior and posterior groups of ethmoid are separated by the basal lamella (3rd part of the middle turbinates).

3. Frontal Sinuses¹¹:

● Should be regarded as an upward extension of an anterior ethmoidal cell that has invaded the frontal bone postnatally. It occupies a very variable extent of the frontal bone and may be partly loculated. Its average capacity is about 7 ml in the adult.

● The right and left sinuses are **often asymmetrical**. They are separated by a thin bony septum that is usually deviated to one side. The bony septum may be deficient in part. **In the floor of frontal sinus there is agger nasi.**

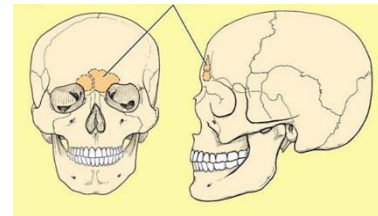
● open into the **middle meatus**.

● The frontonasal duct:

○ It passes through the anterior part of the ethmoidal labyrinth.

○ Its length and curvature vary considerably.

○ Its lower end (ostium) usually opens into the infundibulum, less often independently above this level.



→ Relations of frontal sinuses:

Extending upward above the medial end of the eyebrow and backward into the medial part of the roof of the orbit.

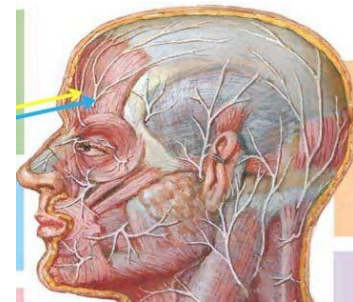
1. **Anterior cranial fossa:** Separated from the sinus by the compact bone of the posterior wall.

2. **Orbit:** Lies below the floor of the sinus. This is also compact bone, which may rarely be deficient.

3. **Skin and periosteum of forehead:** Cover the anterior wall, which is of diploic bone and is related to **supratrochlear (yellow arrow)** and **supraorbital** nerves.

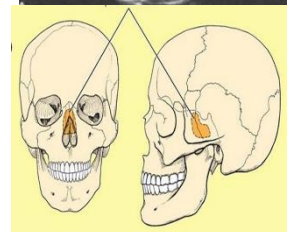
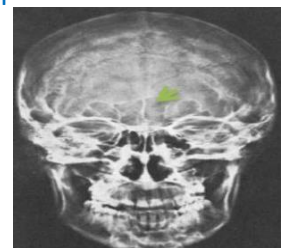
● In frontal sinus, if infection extend posteriorly towards the brain it will cause meningitis.

● And if infection extend anteriorly it will cause osteomyelitis (Pott's puffy tumor is osteomyelitis of the anterior bone of the frontal sinus) e.g. patient with two weeks history of frontal swelling and redness, CT shows some collection and abscess and inflammation, the patient has Pott's puffy tumor



4. Sphenoidal Sinuses:

● Lies behind the upper part of the nasal fossa. It occupies the body, and sometimes the wings and pterygoid processes of the sphenoid bone.¹²

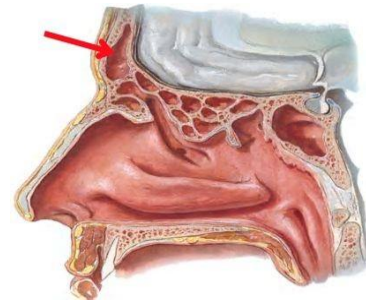
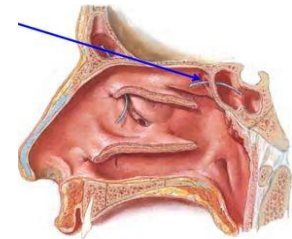
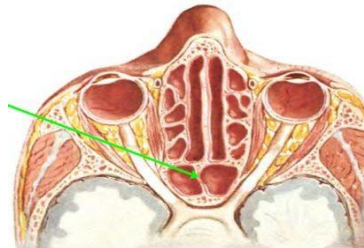
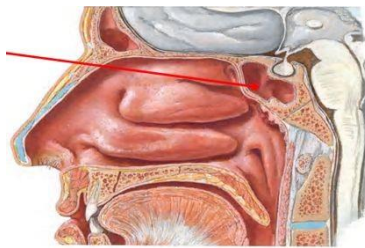


¹¹ we usually have 2 frontal sinuses but some people only have one. sometimes both are hypoplastic or aplastic. not necessarily symmetrical (rarely symmetrical)

The frontal sinuses are the only paranasal sinuses that are absent at birth. The right and left sinuses develop separately.

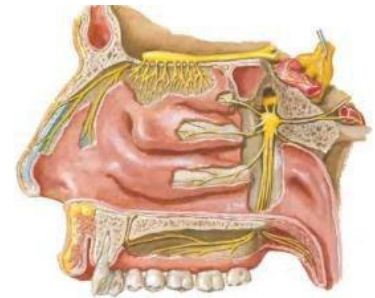
¹² lies within the body of sphenoid, below the sella turcica

- The average capacity is about 7ml in the adult.
- They are separated by a septum (**green arrow**), which may be deficient in part and is often oblique.
- The ostium (**blue arrow**) of sphenoid sinus is situated in the upper part of the anterior wall of the sinus.
- It communicates with the **superior meatus indirectly through the sphenothmoidal recess.**



Relations: not mentioned in the male slide

- I. **Laterally:** the **cavernous sinus** containing:
 - A. Cranial nerves: 3rd, 4th, 5th (ophthalmic and maxillary divisions), and 6th.
 - B. Internal carotid artery
 - C. Optic nerve
- II. **Above** the sinus: Pituitary gland, optic chiasm, frontal lobe of brain, and olfactory tract.
 - A. The pituitary gland may be approached surgically through the sinus.



- The nasion is the **midline bony depression between eyes where the frontal and two nasal bones meet.**
- Lower nasal cartilage makes the shape of the nose (e.g. flat, long or straight).

Blood supply of nose, nasal cavity and paranasal sinuses:

❖ Arterial supply: **Important**

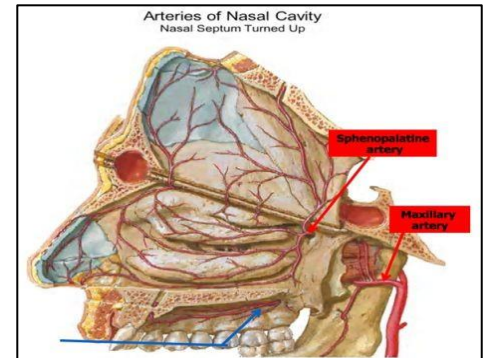
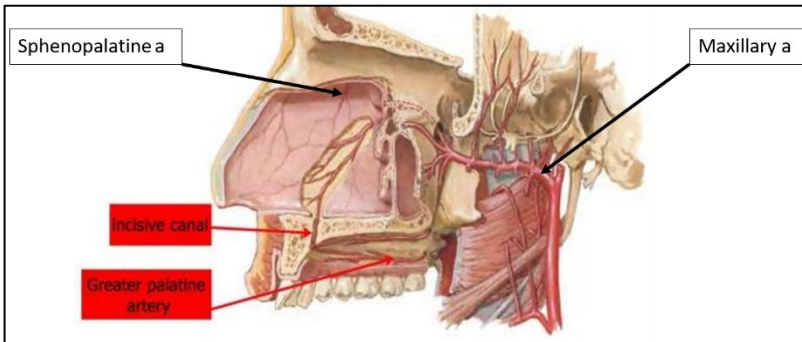
- The nasal fossae and paranasal sinuses are supplied by branches of the **external and internal carotid arteries:**

A) **Derivatives of external carotid artery:**

1. **Sphenopalatine artery (the artery of epistaxis):**

via the **maxillary artery** supplies the turbinates and meatus of the nose and most of the septum. **It passes through the sphenopalatine foramen.**

(Important to know the 3 segments of the maxillary artery).

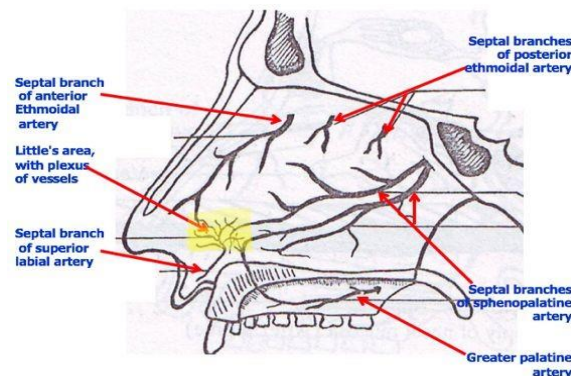


2. Greater palatine artery:

- a branch of the **maxillary artery** contributes branches to the lateral nasal wall and (via the incisive canal) to the anterior part of the septum.

3. Superior labial artery:

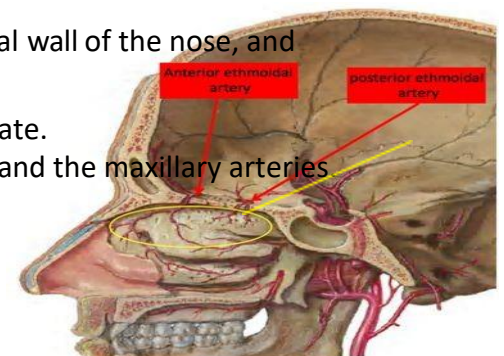
- A branch of the **facial artery**. It sends branches to the tip of the septum and the alae nasi.
- Its anastomosis with a branch of the spheno- palatine artery and the greater palatine artery forms **Kiesselbach's plexus**, in Little's area¹³ (**most common site for epistaxis¹⁴**).
most common cause of epistaxis is nasal dryness.



B) Branches of internal carotid artery:

→ Anterior and posterior ethmoidal arteries:

- Branches of the **ophthalmic artery**.
- They supply the roof of the nose, anterior parts of the septum and lateral wall of the nose, and the ethmoidal and frontal sinuses.
- Bleeding from these vessels is seen above the level of the middle turbinate.
- The skin of the external nose is supplied by branches of the ophthalmic and the maxillary arteries



¹³ very rich in blood supply to warm up the inspired air. هي منطقة زي الي بين ة شوارع جاية الي هم الأوعية الدموية. you should know the blood supply to this area. 1- greater palatine. 2-sphenopalatine. 3-superior labial. 4-anterior ethmoid.

¹⁴ management? apply pressure, pressure, pressure. and put your head down. when you put your head down, you're doing two things 1- compressing the internal jugular and carotid arteries a little bit to avoid loss of consciousness. 2- preventing choking by blood. and YOU DON'T blow your nose to prevent opening of blood vessels again.

431 Team:

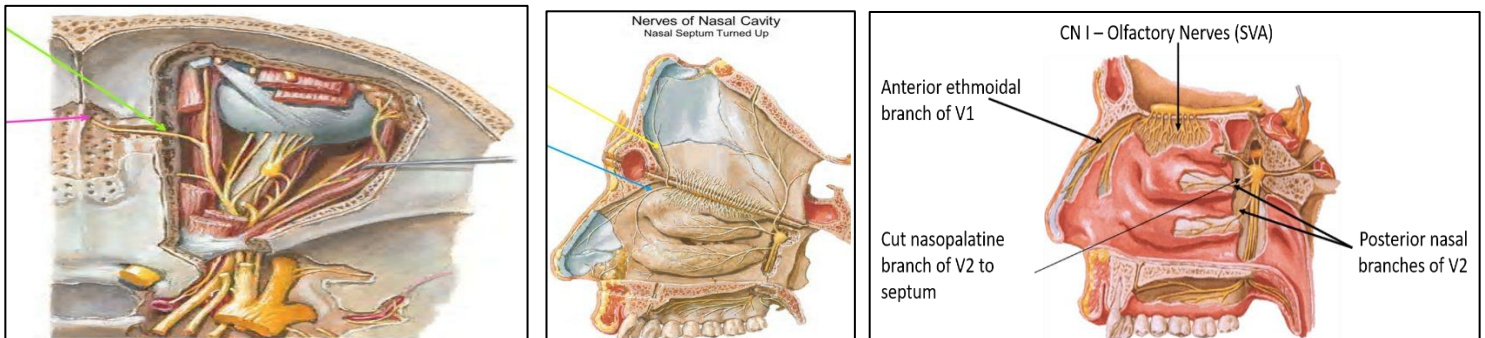
Frontal Sinus: Supraorbital and supratrochlear divisions of ophthalmic artery. Ethmoid Sinus: Sphenopaltine and anterior and posterior ethmoidal arteries. Sphenoid Sinus: Posterior ethmoidal and sphenopalatine arteries.
Maxillary Sinus: Superior alveolar and infraorbital arteries (divisions of maxillary).

❖ Venous drainage:

- The veins form a cavernous plexus beneath the mucous membrane. They open into:
 - 1) Sphenopalatine vein and anterior facial vein, from the plexus.
 - 2) Ophthalmic veins, from the ethmoidal veins.
 - 3) Veins on the orbital surface of the frontal lobe of the brain, through the foramina in the cribriform plate.
 - 4) Superior sagittal sinus, through the foramen caecum.
- they are valveless so they can go anterograde , retrograde -> infection can spread to the brain.433team.

❖ Nerve supply: contains the olfactory nerve, common sensation and autonomic supply.

- Nerves of common sensation are derived from:
 - Branches of the Vth cranial nerve trigeminal nerve:
 - Anterior ethmoidal nerve (green arrow) (a branch of ophthalmic, 1st division). It enters the nasal cavity through the anterior ethmoidal foramen (pink arrow) and divides into:
 - A. Medial branch (yellow arrow): which supplies the anterior part of the septum.
 - B. Lateral branch (blue arrow): which supplies the anterior part of the lateral wall of the nose, and the anterior parts of the middle and inferior turbinate.

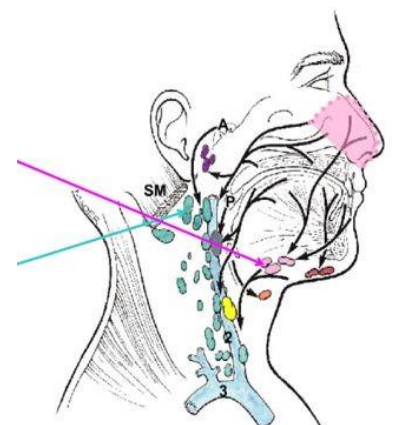


- Posterior nasal branches of greater palatine nerve supply the lateral posterior walls of the nasal cavity - including the superior, middle, and inferior nasal concha. **nasopalatine branch** called the **long sphenopalatine nerve** supply posterior of the septum. (both branches of Maxillary, 2nd division).

autonomic nerves supply function: control the congestion and decongestion of the nose.

❖ Lymphatic drainage:

- The lymphatic vessels arise from a continuous network in the superficial part of the mucous membrane.
 - **Submandibular lymph nodes** (pink arrow): collect lymph from the external nose and anterior part of the nasal cavity vestibule end.
 - **Upper deep cervical nodes** (blue arrow): drain the rest of the nasal cavity, either directly or through the retropharyngeal nodes.



Physiology:

the physiology of the nose is NOT that important as in the ear , doctor did not talk about it

Functions of the Nose:

1. Respiration:

The nose is the primary passage for the inspiratory air current in a continuous stream over the inferior and middle turbinates where it's divided by anterior ends of these turbinates into two streams above and below each turbinate to increase the contact surfaces with the mucosa for better conditioning of the inspired air to the lungs, considering that eddie's stream which may happen for a reason or another is not ideal for air passage and it may form obstruction to the subsequent current behind it. **Choanal atresia¹⁵**, we learn how to breath from our mouths it's an acquired skill it's not something you were born with. newborns are obligate nasal breathers until age of 3 months. newborns with choanal atresia keep crying because when they cry they can breathe from their mouths so they cry to breath. suspect choanal

atresia in newborns who keep crying!! it's a life threatening situation.

2. Purification of inspired air:

Large particles are detected by the vibrassies of the nasal vestibule and the smaller particles are dealt with by lysosomal enzymes, macrophages and antibodies in the mucosal blankets of the nasal fossa.

3. Humidification and warming of inspired air:

- A function which is carried out by the submucosal venous plexus of sinusoids and lakes of the inferior and middle turbinates by transduction of the heat to the cold inspiratory air and from the air to the sinusoids of the hot air.
- Vascular mucosa increases relative humidity to 95% before air reaches the nasopharynx. Physiologic nasal fluids and ciliary function are vital to maintain immune defense through normal mucociliary flow. A number of nasal neurovascular reflexes occur as well. The nasopulmonary reflex suggests that pressure on one nasal sidewall causes ipsilateral pulmonary congestion.¹⁶

4. Olfaction:

Carried out in the superior part of the nasal fossa in the olfactory area where the odors of nearly 30 odorant types are carried by the olfactory nerve ending across the olfactory filament to the olfactory bulb where it is perceived as an odor, a sense which is intimately related to taste (agusia).

¹⁵ **how to diagnose?** you put a suction tube size 5 into their nose if it passes through the mouth it means that the choana is normal. if not, there's a problem.

management: intubation or oropharyngeal airway.

¹⁶ people with prolonged nasal obstruction may have pulmonary hypertension.

5. Cosmose of the nose:

The nose occupying the middle part of the face, gives the main feature of cosmose to the face making it one of the main part of the body where plastic surgery most frequently carried on.

6. Adding tone to the speech:

The voice is produced by voice box larynx and it's formulated into a meaningful speech by supralaryngeal vocal apparatus of pharyngeal, palatal, lingual, and lip muscles. Main tone of this spoken speech is added by the nose.

7. Lightening of the facial skeleton over the neck:

The nose and the paranasal sinuses by the virtue of their pneumatization lightens the facial bone weight over the neck.

8. Nasal Cycle:

- This cycle causes turbinate hypertrophy to periodically alternate between the 2 sides of the nose, causing periodic unilateral obstruction approximately every 3 hours. During the nasal cycle, the airway that conducts most of the airflow, and with it, most of the transfer of heat and water mass, undergoes some airway surface liquid dehydration, while the other airway maintains enough hydration to allow continuous mucociliary clearance.
- The nasal cycle is the function of alternate opening and obstruction of one nasal fossa in turn with the other lasting for 3-8 hrs. (mainly 4 hrs.), this function is carried by the autonomic nervous supply to the nose where by sympathetic overactivity with parasympathetic underactivity produce venous engorgement of turbinal submucosal venous plexus of sinusides and lakes and consequently turbinal engorgement causing obstruction of the lower nasal fossa and an opposite event in the upper nasal fossa causing widening and consequently opening of that fossa.

Nasal Resistance:

Nasal airway resistance accounts for more than 50% of total airway resistance. The nasal cavity has been modeled as 2 resistors in parallel. The 3 components of nasal resistance are as follows: the nasal vestibule, nasal valve, and nasal cavum.

*The secretion of the nasal mucosa has three layers thin, semi-thin and thick layers. Nasal mucosa and paranasal sinuses secrete 800cc per day.

(431 Team)

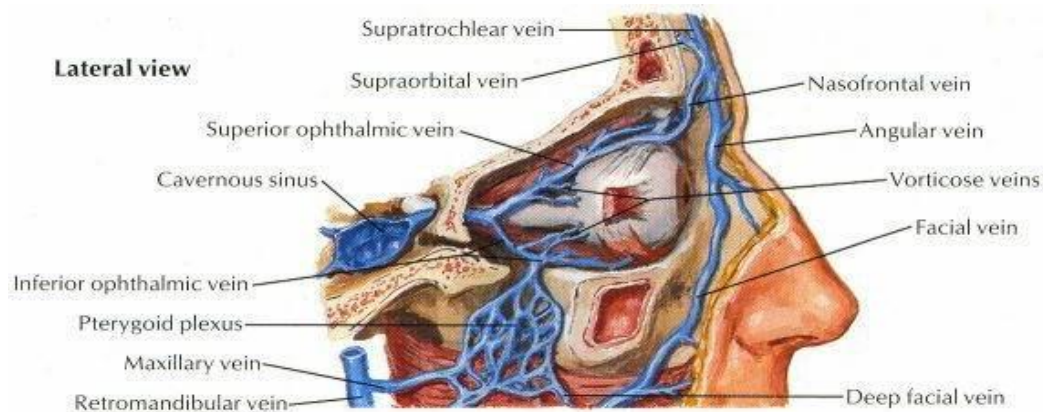
Venous Drainage of the Nose:

The veins form a cavernous plexus beneath the mucous membrane. They open into:

- **Sphenopalatine** and **greater palatine veins** > Pterygoid plexus > Maxillary vein > **External jugular vein.**
- **Anterior and posterior ethmoidal veins** > Ophthalmic vein > **Cavernous sinus.**
- **Angular, lateral nasal,** and **superior labial veins** > Facial vein > **Internal jugular vein.**

The pterygoid venous plexus and facial vein also communicate with the cavernous sinus:

Pterygoid venous plexus > Emissary vein > Cavernous sinus.

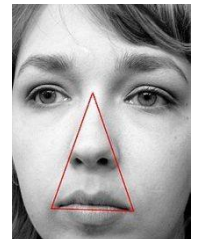
**Facial vein >**

1. Angular vein > Nasofrontal vein > Superior ophthalmic vein > Cavernous sinus
2. Deep facial vein > Pterygoid venous plexus > Emissary vein > Cavernous sinus

The Dangerous Area of the Face (Bermuda Triangle):

It is the area between the root of the nose and the 2 angles of the mouth. The veins that drain this region (mostly facial vein) are:

1. Connected to the cavernous sinus

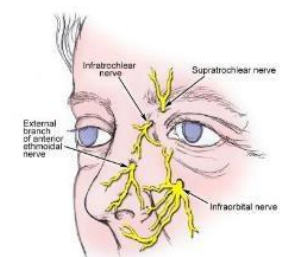


2. Valveless, which facilitates retrograde flow of blood from the face to the cavernous sinus. Any infection in this area may lead to cavernous sinus thrombosis and intracranial complications.

Nerve Supply of the Nose:**1. External Nose (Skin)**

It is innervated by the ophthalmic (V1) and maxillary (V2) divisions of the trigeminal nerve (CN V).

- **Ophthalmic** (V1) > The superior aspect of the nose, including the tip >
 - Infratrochlear nerve
 - Supratrochlear nerve
 - External nasal branch of the anterior ethmoidal nerve
- **Maxillary** (V2) > Inferior and lateral aspects of the nose >
 - Infraorbital nerve



2. Nasal Cavity Olfactory Sensation:

Olfactory nerve > The roof and the uppermost parts of the medial and lateral walls.

General sensation:

Trigeminal nerve (CN V) > Ophthalmic and maxillary divisions (via sphenopalatine ganglion)

o Lateral wall:

1. Anterior ethmoidal nerve (V1) > **Lateral internal nasal branch**.
2. Sphenopalatine nerve (V2) > **Lateral posterior inferior branch**.
3. Sphenopalatine ganglion (V2) > **Lateral posterior superior nasal branch** (Short sphenopalatine nerve).

o Nasal septum:

1. Sphenopalatine ganglion (V2) >
 - a. Nasopalatine nerve (Long sphenopalatine nerve)
 - b. Medial posterior superior branch.
2. Anterior ethmoidal nerve (V1) > Medial internal nasal branch.

Autonomic Fibers:

Sensory branches of the sphenopalatine ganglion supplying the nasal mucosa carry postganglionic secretomotor fibers from the sphenopalatine fibers ganglions to the nasal glands.

Autonomic fibers control the vascular tone and secretion of the nasal mucous glands.

Sympathetic (GPPN)¹⁷ > vasoconstriction.

Parasympathetic deep petrosal nerve > vasodilation and increased nasal secretion.

Pathway of Autonomic Fibers:

Postganglionic sympathetic fibers pass from the superior cervical ganglion > deep petrosal nerve.

Preganglionic parasympathetic fibers pass via the sensory root of the facial nerve

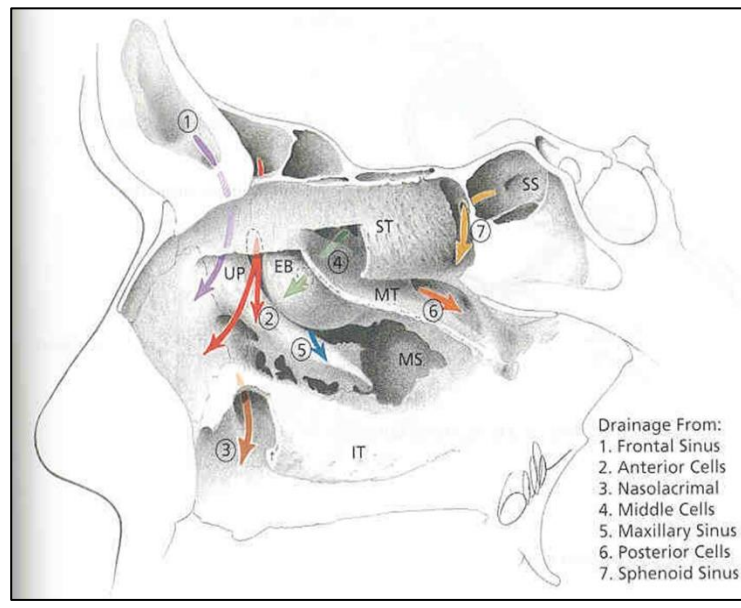
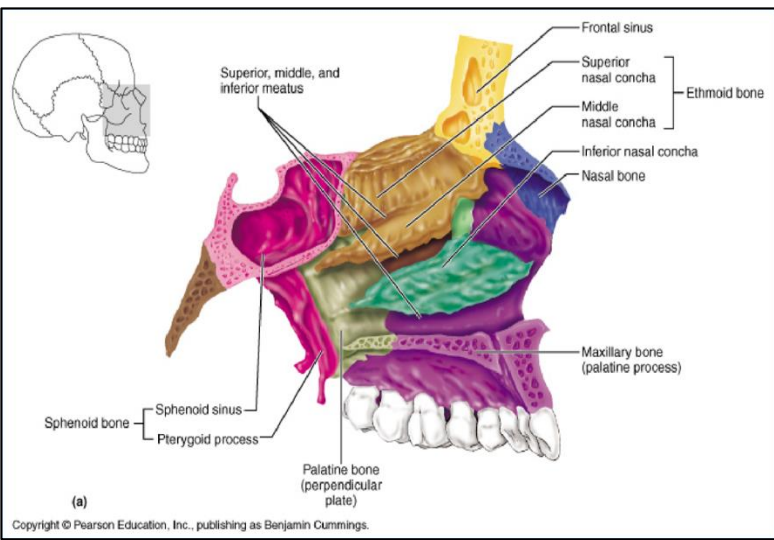
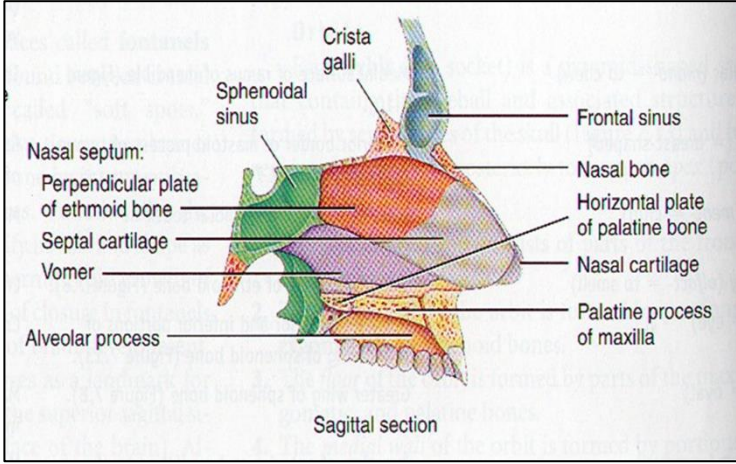
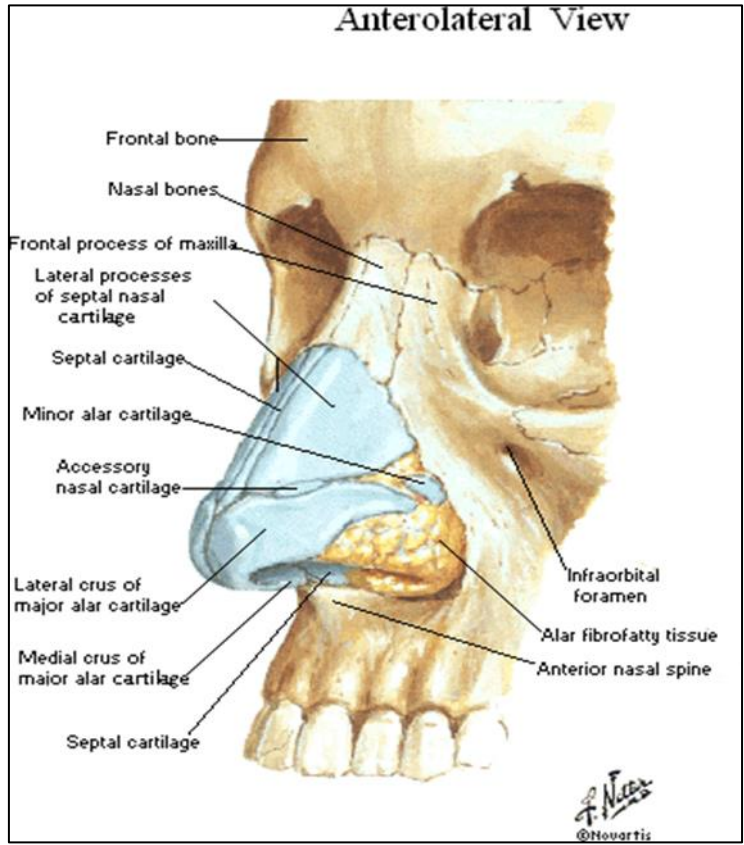
> greater petrosal branch.

o The deep petrosal and great petrosal nerves merge to form the **vidian nerve (important)** (Nerve of the pterygoid canal) > pterygopalatine ganglion > parasympathetic fibers synapse with the postganglionic secreto-motor fibers.

o Pterygopalatine ganglion gives terminal branches carrying the postganglionic sympathetic and parasympathetic fibers to their targets in the nasal cavity (blood vessels and nasal glands).

¹⁷ greater superficial petrosal nerve

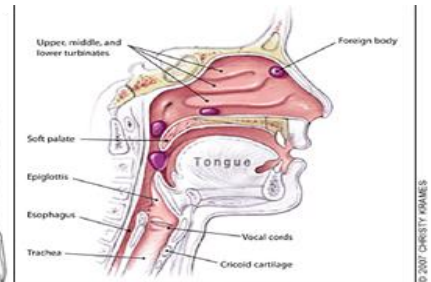
Pictures from doctor slides



Clinical notes

Examination of nasal cavity:

- Trauma to the Nose
- Infection of the Nasal Cavity
- Foreign Bodies in the Nose
- Nose Bleeding (Epistaxis)



Examination of the Paranasal Sinuses>

- Sinusitis
- Basal skull fracture

