



The Consultation tasks and Competencies

Color Index

IMPORTANT

NOTES

GOLD

EXTRA

OBJECTIVES

- Explain the tasks of consultation.
- Interpret the consultation competencies.
- Apply patient centered consultation.
- Assess the consultation and health outcomes

DONE BY

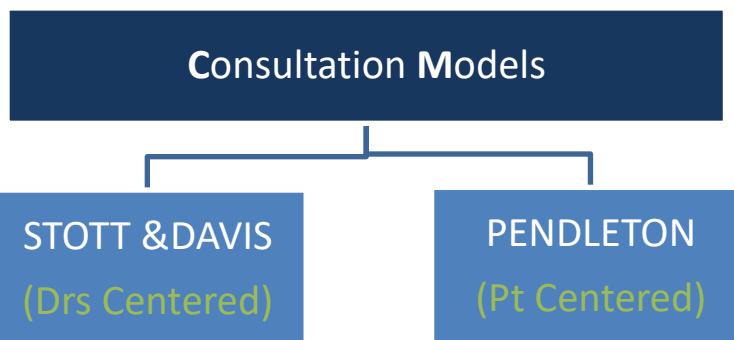
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Members	-
Revise	Moaid Alyousef
Sources	Drs Slides and Notes

Definitions

- The occasion when, a person who **is ill**, or **believes himself to be ill**, seeks the advice of a doctor whom he trust. - Wright & Macadam
- It is a goal-seeking activity in which the goals of one party may or may not be clear to other party -Byrne & Long

Case Scenarios

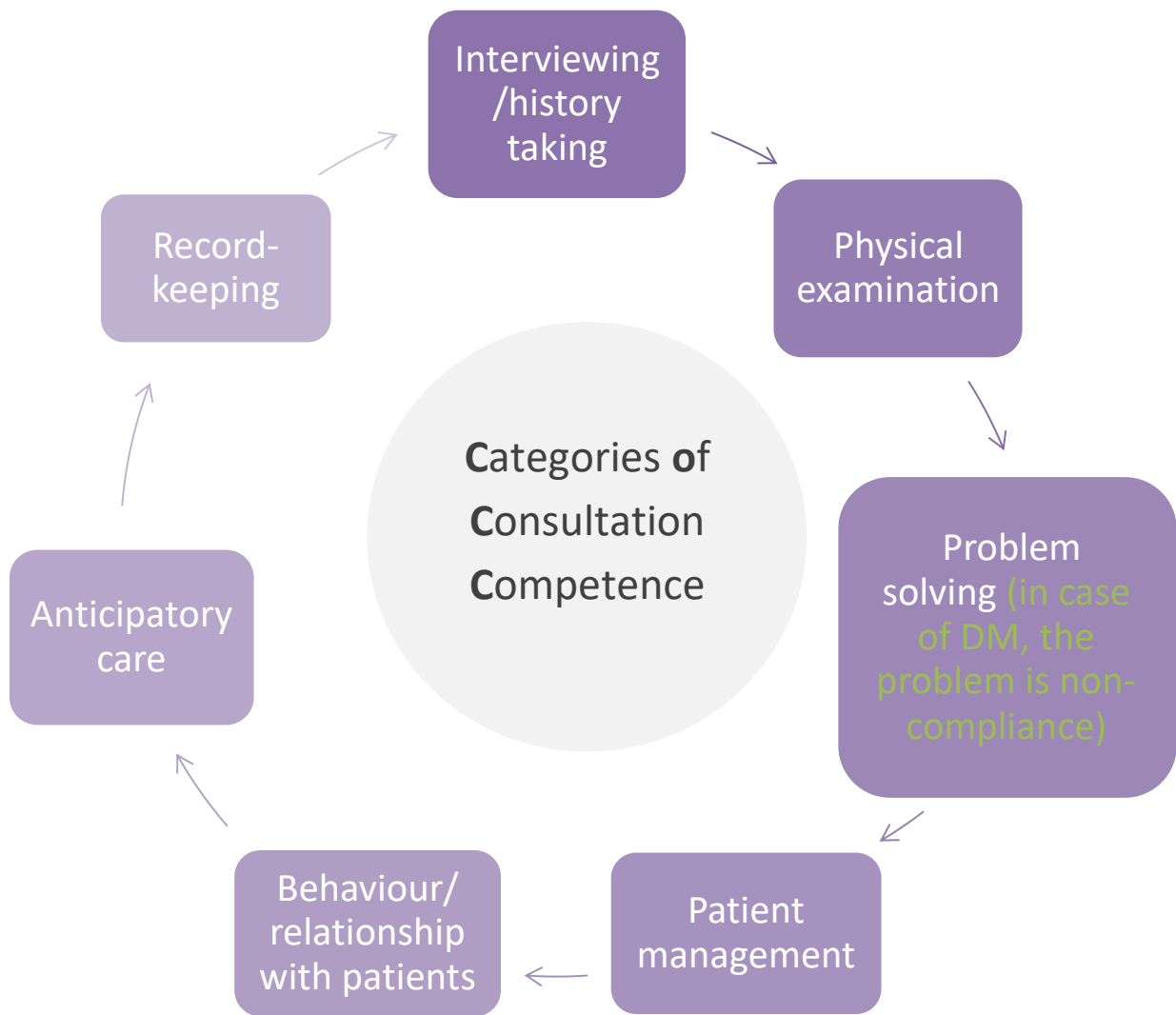
- 1) IBRAHIM 53 YEARS OLD COME TO FAMILY MEDICINE CLINIC AT KCUH C/O BAD WOUND IN HIS RT FOOT. HE IS KNOWN DM AND HYPERTENSIVE PATIENT FOR THE LAST 15 YEARS. WHEN YOU REVIEW HIS FILE, YOU NOTICE MOST OF PREVIOUS VISITS WERE FOR REFILL. HE IS SMOKER FORTHE LAST 30 YEARS. HE LOOK OBESE. BMI IS 37. HIS LAST HBA1C WAS 11.5
- 2) AHMED 20 YEARS OLD COME TO FAMILY MEDICINE CLINIC AT KCUH TO DO MRI FOR HIS RT KNEE. PATIENT WAS SEEN IN PRIVATE CLINIC AND TOLD TO DO MRI TO DIAGNOSE HIS KNEE PROBLEM. HE CANNOT DO IT IN PRIVATE HOSPITAL BECAUSE IT IS EXPENSIVE.



1. MANAGEMENT OF **PRESENTING PROBLEM**
2. MODIFICATION OF **HELP SEEKING BEHAVIOUR** (Don't come to appointment)
3. MANAGEMENT OF **CONTINUING PROBLEM**
4. OPPORTUNISTIC **HEALTH PROMOTION** (Like managing the Pt smoking + obesity even when it's not the complaint)

5. TO **INVOLVE THE PATIENT IN THE MANAGEMENT** AND ENCOURAGE HIM TO ACCEPT APPROPRIATE RESPONSIBILITY
6. TO **USE TIME AND RESOURCES** APPROPRIATELY:
- IN THE CONSULTATION - IN LONG TERM
7. TO **ESTABLISH AND MAINTAIN A RELATIONSHIP** WITH THE PATIENT WHICH HELPS TO ACHIEVE THE OTHER TASKS.

1. TO **DEFINE THE REASON** FOR PATIENT'S ATTENDANCE, INCLUDING:
 - THE NATURE AND HISTORY OF PROBLEM
 - THEIR AETIOLOGY
 - **THE PATIENT'S IDEA, CONCERNS, AND EXPECTATION**
 - THE EFFECTS OF PROBLEMS
2. TO CONSIDER **OTHER PROBLEMS**
 - CONTINUING PROBLEMS
 - AT RISK FACTORS.
3. TO ACHIEVE A **SHARED UNDERSTANDING** OF THE PROBLEMS WITH THE PATIENT
4. **WITH THE PATIENT**, TO CHOOSE AN APPROPRIATE ACTION FOR EACH PROBLEMS



Patient-Centred Consultations

- A Patient-centred Consultation approach results in significantly improved health outcomes for patients

Evidence-based Consultation

- Family physicians should base their consulting behavior on research evidence of best practice, even when this conflicts with their usual professional habits.

النموذج الإسلامي للاستشارة الطبية / ISLAMIC CONCEPT IN CONSULTATION

• UTILIZATION OF ISLAMIC AND CULTURAL ASPECT IN CONSULTATION

- - السلام وطلاقة الوجه: قال رسول الله صلى الله عليه وسلم (لا تحقرن من المعروف شيئاً ولو أن تلقى أخاك بوجه طلق) رواه مسلم
- - لا تداو أحدا حتى تعرف داءه: قال رسول الله صلى الله عليه وسلم: (إن الله لم ينزل داء إلا أنزل له شفاء علمه من علمه وجهله من جهله) أخرجه أحمد
- - فكان خيرا له: قال رسول الله صلى الله عليه وسلم: (عجباً لأمر المؤمن إن أمره كله له خير وليس ذلك لأحد إلا للمؤمن: إن أصابته سراء شكر فكان خيرا له وإن أصابته ضراء صبر فكان خيرا له) رواه مسلم
- - أنصح لكم: قال رسول الله صلى الله عليه وسلم: (لا يؤمن أحدكم حتى يحب لأخيه ما يحب لنفسه) متفق عليه
- - رفع الحرج: قال تعالى: (ليس على الأعمى حرج ولا على الأعرج حرج ولا على المريض حرج) سورة النور، الآية 61.
- - المشاورة: قال تعالى: (وشاورهم في الأمر) سورة آل عمران، الآية 159.
- - يملك نفسه: قال رسول الله صلى الله عليه وسلم: (ليس الشديد بالصرعة إنما الشديد الذي يملك نفسه عند الغضب) متفق عليه.

QUESTIONS

QUESTIONS (1)

- Which of the following is considered Patient centered?

C) STOTT DAVIS

B) PENDLETON

C) EB CONSULTATION

QUESTIONS (2)

- Which of the following is considered Doctor centered?

A) STOTT DAVIS

B) PENDLETON

C) EB CONSULTATION

QUESTIONS (3)

- Which of the following is the meaning of ICE?

B) Frozen water

B) Idea, Concerns, and Expectations

C) anti-HTN medication

QUESTIONS (4)

- TRUE OR FALSE, Interviewing is same as History Taking?

A) TRUE

B) FALSE

ANSWERS

B, A, B, B